

"Knowing that if you have the faith of a mustard seed, your faith can move mountains"

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Certificate in Gospel Medical Missionary Literature Evangelist (GMMLE) Program Outline

















INTRODUCTION

Congratulations on the wonderful choice you have made to serve the Lord in this mighty work! In this series you will find precious, precious information that if adhered to will save lives.

In our Certificate program, you will find that some modules will be taught to you in the classroom and from our reading materials then there are some text books which you would need to carefully read to answer the study guides for the relevant assignments in order to complete the program. We encourage you to read the books in its entirety, for they will prove to be of invaluable information that you will need in doing your work. Once you have completed all the study guides you will need to forward them to us for evaluation before you are certified.

Our distance-learning component works great for those who find it difficult to attend our on-site training sessions. "Many who desire to obtain knowledge in medical missionary lines have home duties that sometimes prevent them from meeting with others for study. These may learn much in their own homes in regard to the express will of God concerning these lines of missionary work, thus increasing their ability to help others." Counsels *on Health, p. 427*

Part of your training will involve practical sessions in consultations, in which you will learn how to meet and help someone find relief from their ailment with the use of natural remedies.

Completion of the program requires you to be disciplined to study and complete the various assignments. Therefore, we encourage you to be diligent and to set goals aimed toward completion within the quickest possible time. We are here to answer any questions you may have and give guidance to you as you may require.

As guided by our Lord, you are encouraged to implement the teachings as you learn, in so doing, the practical experience will enable you to easily understand, remember and be better able to share the information.

May God be with you in your Christian walk as you engage upon this wonderful work and may He richly bless you and your family.

James Luke & Natalie Nash Natural Healing Through the Laws of Health

CERTIFICATE PROGRAM

- 1. LAWS OF THE MIND
- 2. PURE AIR
- 3. SUNLIGHT
- 4. REST
- 5. EXERCISE
- 6. ABSTEMIOUSNESS
- 7. PROPER DIET
- 8. USE OF WATER
- 9. TRUST IN DIVINE POWER
- **10. CLEANLINESS**
- 11. PURITY
- 12. PROPHETIC GUIDANCE
- 13. SPIRITUAL COMPONENT OF HEALTH
- 14. WHY THE MEDICAL MISSIONARY WORK
- 15. THE BIBLE AND HEALTH
- 16. THE TRUTH ABOUT GOD'S HEALING POWER
- 17. DRUG THERAPY: CAUTIONS AND COUNSELS
- 18. MEDICAL MISSIONARY WORK
- **19. BOTANICAL MEDICINE**
- 20. TO SELL OR NOT TO SELL
- 21. HOW TO STUDY DISEASES
- 22. INTRODUCTION TO MASSAGE
- 23. INTRODUCTION OF HYDROTHERAPY
- 24. REVERSING CHOLESTEROL
- 25. REVERSING HYPERTENSION
- 26. REVERSING DIABETES
- 27. TREATING MENTAL HEALTH
- 28. TREATING DEPRESSION
- 29. DRESS REFORM
- **30. LIFESTYLE ASSESSMENT FORM**
- 31. COOKING SCHOOL
- 32. MINISTRY OF HEALING (Reading assignment)
- 33. COUNSELS ON DIET AND FOODS (Reading assignment)
- 34. SERVING GOD'S PURPOSE IN OUR GENERATION (Reading assignment)
- 35. COLPORTEUR MINISTRY (Reading assignment)
- 36. HELP IN DAILY LIVING (Reading assignment)
- **37. PROJECT GUIDELINES**
- 38. ANATOMY AND PHYSIOLOGY 101
- 39. GLUTEN SENSITIVITY, LEAKY GUT AND GMO FOODS

COURSE DESCRIPTIONS

COURSES FOR CERTIFICATE – GMMLE PROGRAM

NHTLH 01 The 10 Laws of the Mind

This introductory course demonstrates that the body and the mind are closely connected. It teaches you how to take control of your mind and let it rule your body rather than be servant of impulse.

NHTLH 02 **Pure Air**

This course presents the importance of breathing pure fresh air and the harmful effect on the body from dwelling in impure air.

NHTLH 03 Sunlight

This course presents the amazing benefits of brilliant sunlight on the human body and how it can prevent many diseases and contribute to great health.

NHTLH 04 Abstemiousness/Temperance

This course presents the topic of balance in life with the highlight of indulgences which we need to reduce or avoid in our daily habits of eating, drinking or dressing. It also discusses how to keep free from addictions.

NHTLH 05 Rest

This course presents the benefits of daily and weekly rest. How to get the most from your sleep and what it can do in healing the body and preventing disease.

NHTLH 06 Exercise

This course presents the importance of daily exercise and the benefits of walking as the best exercise for diseased bodies.

NHTLH 07 Proper Diet

Proper nutrition plays a major role in keeping healthy. This course gives an in depth understanding of the importance of various vitamins and minerals required for the body and the plant-based food sources available.

NHTLH 08 Use of Water

This course teaches that Heaven's choicest blessing, water, is important in cleansing the tissues and maintaining healthy skin.

Trust in Divine Power NHTLH 09

This course teaches that healing comes from a Divine source and it is important that we cooperate with Him in simple childlike trust and faith.

NHTLH 10 Cleanliness

Keeping the home and surroundings clean is not only Godly but healthful. This course shows how unhealthy conditions can lead to sickness and disease

1 credit

1 credit

1 credit

1 credit

1 credit

1 credit

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1 credit

1 credit

64 CREDITS

1 credit

Spiritual Component of Health NHTLH 12

This course demonstrates through biblical references and modern illustrations that health is spiritual and sickness and disease can be caused because of spiritual violation. In such case, the disease can be cured only as one comes in harmony with the will of God.

NHTLH 13 Why the Medical Missionary Work

This course highlights the compassion of Christ and his method of reaching lost souls and restoring them to health both physically and spiritually.

NHTLH 14 The Bible and Health

This course focuses on various verses in the bible that gives guidance and remedies for treating various health issues.

NHTLH 15 The Truth about God's Healing Power 2 credits

disposition, which leads to freedom from worry and stress a leading cause of illness.

There are many ways to the healing art but only one way God approves. Find out in this course how to identify God's true method of healing amidst the mirage of false methods in our world today.

Drug Therapy: Cautions and Counsels NHTLH 16

This course shares cautions and counsels on the adverse effects on the body through the use of drug medications.

NHTLH 17 Medical Missionary Work

This course gives an insight of what constitutes medical missionary work, the call for all to participate and the need for institutions to be established to conduct the work.

NHTLH 18 **Botanical Medicine**

This course reviews the harmful effects of some frequently used drugs and shares natural alternatives for treating common ailments.

NHTLH 19 **To Sell or Not To Sell**

This course gives an introduction to the colporteur ministry work and shares the assurance that you are never alone as you go out to the frontlines of literature evangelism.

NHTLH 20 **Prophetic Guidance**

This course reviews God's blessing in the life of Ellen G. White from her childhood to the end of her days and the prophetic messages to the growing Advent people of her day. It also includes her contribution to health reform at a time when the world needed answers for a better way to treating diseases.

How to Study Diseases NHTLH 21

This course provides students with the tools required to research and study diseases and understand what treatments are applicable.

NHTLH 22 **Introduction to Massage**

Christ's touch imparted life-giving power. In this course you would learn how to do a simple chair massage to bring about relief to aching muscles.

NHTLH 11 **Purity** This course shares how a pure heart and mind and doing well to others is linked to a cheerful healthy

2 credits

1 credit

1 credit

1 credit

2 credits

1 credit

1 credit

3 credits

1 credit

1 credit

1 credit

NHTLH 23 **Introduction of Hydrotherapy**

Water used both internally and externally can be both refreshing and healing. Understanding its use is important in treating disease. This course gives an introduction to some simple but effective remedies which can bring about great relief.

NHTLH 24 **Reversing Cholesterol**

It is true that all lifestyle diseases are one hundred percent reversible. In this course you would clearly understand how blood cholesterol levels are elevated and what you can do to reverse this condition and totally unclog your arteries and prevent heart disease.

Reversing Hypertension NHTLH 25

This course tells of the subtle warning signs of hypertension to help identify and how to treat to reverse this condition.

NHTLH 26 Reversing Diabetes

This course gives information and understanding of the true cause of Diabetes and simple but profound steps to reversing it in less than five days.

NHTLH 27 Treating Mental Health

Ninety percent of diseases begin in the mind. This course focuses on how to protect the frontal lobe and keep it free from suppression to maintain a strong and healthy mind.

NHTLH 28 Treating Depression

This course teaches how to strengthen the brain and shares natural remedies for treating depression.

NHTLH 29 Dress Reform

Healthful dressing yields healthy bodies more that we think. This course will show the effects of cold on the body and why women are more susceptible to diseases because of how they dress. You would also learn of appropriate guidelines of healthful dress for the entire family.

NHTLH 30 Lifestyle Assessment Form

The Plan, the ultimate in disease reversal is our keynote to experiencing greater health. This course teaches you to chart the way for making personal changes to your diet and lifestyle to achieve restoration of health.

NHTLH 31 Cooking School

As you begin to make changes and share information with others, you would surely be asked show how to prepare meals. This course teaches you how to run a successful cooking class in your home, church or community.

NHTLH 32 **Ministry of Healing**

This course provides information on the role of healing by Christ, the physician, the home and several factors to prevent diseases.

Textbook: Ministry of Healing by Ellen G. White

NHTLH 33 Counsels on Diet and Foods

This dynamic course teaches several principles of diet and food preparation. It also shares numerous examples of benefits or adverse effects if the diet is not appropriate.

Textbook: Counsels on Diet and Foods by Ellen G. White

1 credit

2 credits

2 credits

2 credits

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1 credit

3 credits

3 credits

3 credits

3 credits

NHTLH 34 Serving God's Purpose in Our Generation

This course shares practical experiential knowledge on how to meet and sell literature or other material in a way that brings about life-changing rewards.

Textbook: Serving God's Purpose in Our Generation by Bill Beckworth

NHTLH 35 **Colporteur Ministry**

Colporteur ministry and medical missionary work are two occupations which will be around until the end of time. It is also a viable way of sustaining yourself and reaching souls for Christ. In this course you will learn of how to be successful in the work.

Textbook: Colporteur Ministry by Ellen G. White

NHTLH 36 Help in Daily Living

This course provides various guidance and help on understanding and working along with different personalities successfully.

Textbook: Help in Daily Living by Ellen G. White

NHTLH 37 Project Guidelines

This course shares guidance to students to enable them to participate in mission projects. It also gives important tips for appropriate behaviors and expectations when out on the battlefield.

NHTLH 38 Anatomy and Physiology 101

This course presents the process of digestion of food, absorption and elimination, its importance and benefits. The function and maintenance of a healthy Liver is also explored.

NHTLH 39 Gluten Sensitivity, Leaky Gut and GMO Foods

This course discusses the many symptoms of gluten sensitivity in individuals though they may not be Celiac. It also highlights Leaky Gut as the main cause of numerous health issues and the effect of GMO foods.

3 credits

1 credit

3 credits

1 credit

2 credits

3 credits