



# CEYLON COLLEGE OF PHYSICIANS

COLLEGE NEWS 2014/2

Newsletter 2014 / 2

September 2014

## 4<sup>th</sup> Foundation Sessions

The 4<sup>th</sup> Foundation Sessions of the Ceylon College of Physicians (CCP) was held in collaboration with the Kandy Society of Medicine (KSM) on 25-26 July 2014 at Earl's Regency Hotel, Kandy. The academic programme included lectures from all subspecialties in medicine. Second day consisted of an update on infectious diseases. The 4<sup>th</sup> Foundation Sessions of the CCP was a great success by all accounts.

## Annual Academic Sessions 2014

The 47<sup>th</sup> Annual Academic Sessions of the Ceylon College of Physicians will be held on 5-8th October 2014 at the Cinnamon Grand, Colombo.

CEYLON COLLEGE OF PHYSICIANS  
FOUNDATION SESSIONS - 2014  
IN COLLABORATION WITH  
KANDY SOCIETY OF MEDICINE



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4th Foundation Sessions 2014—Earl's Regency Hotel, Kandy  
Dr Gamini S Edirisinghe delivering the welcome address

# President's Message

Dear Fellows and Members,

I am proud to announce the successful completion of the 4<sup>th</sup> Foundation sessions of the college in association with the Kandy Society of Medicine in the hill capital of Kandy on the 25<sup>th</sup> and 26<sup>th</sup> of July 2014. I am very grateful to all the speakers who contributed to the excellent academic program which was very well received by a large audience.

The Cyril Fernando Oration delivered by Dr Gamini Galappatti on ASD device closure amply exemplified the dedication and commitment of the modern physician. They keep Sri Lankas' medical practice up to date and abreast with novel advances. Needless to say that these achievements make us feel proud to be Sri Lankans.

The president Kandy Society of Medicine, Dr Gamini Edirisnghe along with his team were indeed a great source of strength along with our dedicated team from the CCP to make this event a reality. Personally the sessions in Kandy brought back nostalgic memories to me and it was a great time to meet up with my teachers and friends after a lapse of many years. I am grateful to the Ministry of Health for having granted official leave for all participants to attend the College sessions. It is my fervent hope that we will be able to establish a merit point scheme along with the other colleges to strengthen the Continuous Medical Education program for the benefit of updating the knowledge amongst the medical fraternity.

We have had many activities in the college since our last news letter.

The CCP Corpus Medici web link has enabled easy access to all our academic programs to those who are unable to attend, due to work commitments and long travel. Our records indicate that a large number of our membership is now utilizing the online lectures, which is a commendable achievement of the college. We have had several college lectures, updates on specialties and Beyond Medicine lectures, over the past few months, all of which has been well attended.

The dialog with the Royal College of Physicians UK has progressed. The President of the RCP, Prof Jane Dacre was in Sri Lanka briefly and was very positive with regards to the MD recognition and the newly structured MD program.

We have also undertaken to facilitate the Medical Training Initiative Scheme of the RCP thus providing job opportunities to our doctors. Currently we are in the process of setting up a PACES center for the MRCP in Colombo which is expected to attract candidates from the region in addition to Sri Lankan applicants.

Collaboration with the finer specialties and the Ministry of Health has also taken many strides addressing major medical issues in the country.

The Annual Academic Sessions are around the corner, scheduled from the 5<sup>th</sup> to the 8<sup>th</sup> of October. This year there would be a new addition of "Meet the Experts Session" which will enable the participants to have small group discussions with the experts on a wide array of important medical topics. Over 50 local and foreign speakers are expected to participate in this year's sessions thus providing a wide spectrum of lectures from all specialties for the benefit of the participants. It would be interspersed with 3 orations which have been arduously selected from highly competitive submissions. A post congress session on "Clinical Immunology Update" would conclude the sessions.

May I take this opportunity to invite all our membership to participate actively and enjoy the Annual Academic Sessions and the fellowship this year.

Dr KirthiGunasekera  
President





# 4<sup>th</sup> Foundation Sessions 2014

The 4<sup>th</sup> Foundation Sessions of the Ceylon College of Physicians (CCP) was held in collaboration with the Kandy Society of Medicine (KSM) on 25-26 July 2014 at Earl's Regency Hotel, Kandy.

Inauguration ceremony was held on 25<sup>th</sup> evening at the Regent Ballroom, Earl's Regency hotel. Participation of Professor Gananath Obeyesekere, Professor of Anthropology, Emeritus, Princeton University as the chief guest and Professor Channa Ratnatunga, Former Professor of Surgery, University of Peradeniya as the guest of honour, added colour to this ceremonial event.

Dr Gamini Galappatthy presented the Cyril Fernando Memorial Oration "Atrial Septal Defect (ASD) Device Closure – The Revolution Continues."

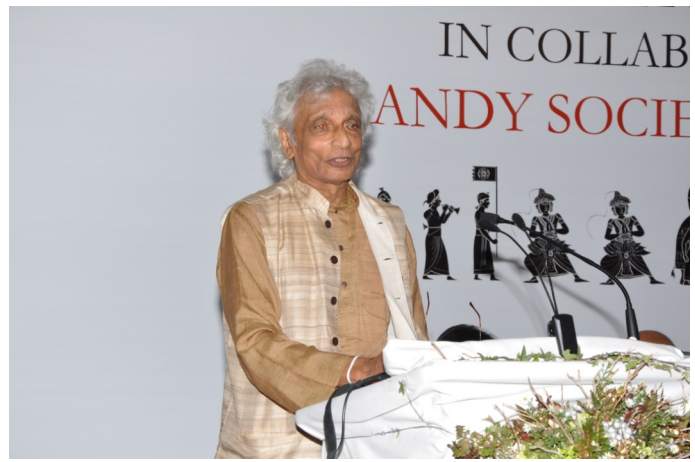


*Dr Kirthi  
Gunasekera and  
Dr Gamini  
Edirisinghe  
lighting the oil  
lamp at the  
commencement of  
the academic  
programme*

*Question from  
the audience*







*Address by the President CCP - Dr Kirthi Gunasekera*

*Address by the chief guest - Prof Gananath Obeyesekere*





*Address by the guest of honour - Professor Channa Ratnatunga*



*Dr Kirthi Gunasekera presenting the orators medal to Dr Gamini Galappatthy*



*Dr Gamini Galappatthy delivering the oration on "Atrial Septal Defect (ASD) Device Closure – The Revolution Continues."*



*Dr Chandimani Undugodage - Honorary Joint Secretary, delivering the vote of thanks*



*Musical Interlude  
Dr Yamuna Rajapaksa & Dr Pradeep Rangana*

# 47<sup>th</sup> Annual Academic Sessions

5<sup>th</sup> - 8<sup>th</sup> October 2014, Cinnamon Grand, Colombo

The 47<sup>th</sup> Annual Academic Sessions of Ceylon College of Physicians will be held from 05<sup>th</sup> to 08<sup>th</sup> October 2014 at the Cinnamon Grand, Colombo.

The line-up for the sessions includes, plenary lectures, thematic symposia, interactive sessions, orations and free paper and poster presentations. The sessions will cover content related to rheumatology, neurology, nephrology, endocrinology, respiratory medicine, critical care, geriatrics, palliative care, infections, adolescent medicine, toxicology, gastroenterology and cardiology.

Experts from around the world and Sri Lanka are invited to share their vast expertise.

The sessions will be inaugurated on the 05<sup>th</sup> October at the Cinnamon Grand Colombo. The College Banquet will be held on the 07<sup>th</sup> October.

**Clinical Immunology Update** which is a joint venture by the CCP and UK-SLIF (United Kingdom - Sri Lanka Immunology Foundation) will be on the 08<sup>th</sup> of October at the same venue. As the previous years it is free of charge for participants.

## Registration

Category	FULL REGISTRATION		DAY REGISTRATION
	Till 18 <sup>th</sup> September	From 19 <sup>th</sup> September	
CCP Member	Rs 5000	Rs 6000	Rs 3000
Non Member	Rs 7000	Rs 8000	Rs 4000
Overseas Delegate	USD 140	USD 150	-
SAARC Delegate	USD 90	USD 100	-
Associate Member	Rs 2500	Rs 3500	Rs 2000
PG Trainee - non member, Junior Doctor	Rs 3000	Rs 4000	Rs 2500
Symposium Registration	Rs 750		

For online registration: visit our website [www.ccp.lk](http://www.ccp.lk) / [www.conference.ccp.lk](http://www.conference.ccp.lk)





# Ceylon College of Physicians

## 47<sup>th</sup> Annual Academic Sessions

05<sup>th</sup>-08<sup>th</sup> October

### Programme

“Unity in Diversity”

## CEYLON COLLEGE OF PHYSICIANS Annual Academic Sessions – 2014

“Unity in Diversity”



Pre Congress Session: 05 <sup>th</sup> October 2014				
Registration				
7.30 – 8.30 am	<b>Systemic Lupus Erythematosus</b>	<b>Bronchiectasis</b>	<b>Diabetes</b>	<b>Ischemic Heart Disease</b>
Foreign Expert	Dr Gim Gee Teng	Prof Neil Barnes	Prof Devaka Fernando & Dr Vakkat Muraleedharan	Prof Andrew Boyle
Local Expert	Dr Nihal Gunatillaka	Dr Amitha Fernando / Dr Rajiva De Silva	Dr Prasad Katulanda	Dr Vajira Senaratne
Facilitator	Dr Duminda Muidasa	Dr Ravini De Silva Karunatillake	Dr Chaminda Garusinghe	Dr Bhathiya Ranasinghe
10.00 – 10.30 am	<b>TEA</b>			
10.30 – 12.00 noon	<b>Systemic Lupus Erythematosus</b>	<b>Bronchiectasis</b>	<b>Diabetes</b>	<b>Ischaemic Heart Disease</b>
Foreign Expert	Dr Gim Gee Teng	Prof Neil Barnes	Prof Devaka Fernando & Dr Vakkat Muraleedharan	Prof Andrew Boyle
Local Expert	Dr Nihal Gunatillaka	Dr Amitha Fernando / Dr Rajiva De Silva	Dr Prasad Katulanda	Dr Vajira Senaratne
Facilitator	Dr Duminda Muidasa	Dr Ravini De Silva Karunatillake	Dr Chaminda Garusinghe	Dr Bhathiya Ranasinghe
12.00 – 01.00 pm	<b>LUNCH</b>			
01.00 – 02.30 pm	<b>Systemic Lupus Erythematosus</b>	<b>Bronchiectasis</b>	<b>Diabetes</b>	<b>Ischaemic Heart Disease</b>
Foreign Expert	Dr Gim Gee Teng	Prof Neil Barnes	Prof Devaka Fernando & Dr Vakkat Muraleedharan	Prof Andrew Boyle
Local Expert	Dr Nihal Gunatillaka	Dr Amitha Fernando / Dr Rajiva De Silva	Dr Prasad Katulanda	Dr Vajira Senaratne
Facilitator	Dr Duminda Muidasa	Dr Ravini De Silva Karunatillake	Dr Chaminda Garusinghe	Dr Bhathiya Ranasinghe
02.30 pm	<b>TEA</b>			
06.30 pm	<b>Inauguration Ceremony</b>			
	<b>P. B. Fernando Memorial Oration</b> <i>Mediators of Vascular Leak in Dengue Infections</i> <i>Dr Neelika Matavige</i>			

Day 1: 06 <sup>th</sup> October 2014			
08.00 – 08.30 am	<b>Registration</b>		
08.30 – 09.00 am	<b>Plenary 1</b>	Management of type 2 DM – from major clinical trials to patient centered guidelines <b>Prof Stephen Gough</b>	
09.00 – 09.30 am	<b>Plenary 2</b>	Clinical Management of Multiple Myeloma: Best Practices & Challenges <b>Dr Karthik Ramasamy</b>	
09.30 – 10.15 am	<b>E V Peiris Memorial Oration</b>	<i>Leptospirosis: Challenges in Diagnosis, and Predictors of Severity</i> <b>Prof Senaka Rajapakse</b>	
10.15 – 10.30 am	TEA		
	<b>Parallel Sessions – Hall A</b>	<b>Parallel Sessions – Hall B</b>	<b>Parallel Sessions</b>
	<b>Symposium - Rheumatology</b>	<b>Symposium - Neurology</b>	<b>Ivy room</b>
10.30 – 11.00 am	Vasculitis demystified <i>Dr Gim Gee Teng</i>	Parkinson Disease with complex issues <i>Dr Chandana Kanakarathna</i>	
11.00 – 11.30 am	Knee Osteoarthritis management: a shift in the paradigm <i>Dr Inoshi Atukorala</i>	A heredo - degenerative approach to the dementias <i>Dr Rajith De Silva</i>	Free Papers
11.30 – 12.00 noon	Rheumatoid Arthritis – Beyond Joints <i>Dr Duminda Munidasa</i>	Measures to improve ALS care <i>Dr Padma Gunaratne</i>	
	<b>Parallel Sessions – Hall A</b>	<b>Parallel Sessions – Hall B</b>	<b>Parallel Sessions</b>
	<b>Symposium - Nephrology</b>	<b>Symposium - Endocrinology</b>	<b>Ivy room</b>
12.00 – 12.30 pm	How to set up a CAPD programme in a developing country as renal replacement therapy <i>Prof Georgi Abraham</i>	The diagnosis and treatment of adrenal insufficiency <i>Prof Devaka Fernando</i>	
12.30 – 01.00 pm	Early markers of chronic kidney disease <i>Prof Iffat Yazdani</i>	Testosterone and Cardiovascular risk in Men with Type 2 diabetes <i>Dr Vakkat Muralieedharan</i>	Free Papers
01.00 – 01.30 pm	Acute Kidney Injury - recent thoughts in diagnosis and management <i>Dr Harun Rashid</i>	Do antihyperglycaemic agents affect renal functions? <i>Dr Ashok Kumar Das</i>	
01.30 – 02.30 pm	LUNCH		
	<b>Parallel Sessions – Hall A</b>	<b>Parallel Sessions – Hall B</b>	
	<b>Symposium - Respiratory</b>	<b>Symposium - Critical care</b>	
02.30 – 03.00 pm	Phenotyping for COPD - has it arrived? <i>Prof Neil Barnes</i>	ICU care in resource-limited settings <i>Prof Arjen Dondorp</i>	
03.00 – 03.30 pm	Pleural effusion - empyema? <i>Dr Ed Neville</i>	Management of Hypertension related crises <i>Dr Fraz Mir</i>	
03.30 – 04.00 pm	All that wheezes is not asthma <i>Prof Philip Eng</i>	Critical illness in tropical medicine <i>Prof Senaka Rajapakse</i>	
04.00 – 04.30 pm	<b>Plenary 3</b>		
04.30 – 05.00 pm	Post infarction left ventricular remodeling <b>Prof Andrew Boyle</b>		
	TEA		



Day 2: 07 <sup>th</sup> October 2014	
08.00 – 08.30 am	<b>Registration</b>
08.30 – 09.00 am	<b>Plenary 4</b> A systemic approach to the diagnosis and management of Hypertrophic Cardiomyopathy <b>Dr Charles Ilsley</b>
09.00 – 09.30 am	<b>Plenary 5</b> Things go wrong – when are you negligent? <b>Dr Ed Neville</b>
09.30 – 10.15 am	<b>K Rajasuriya Memorial Oration</b> <i>The Role of Single Nucleotide Variations in Genetic Predisposition, Diagnosis, and Therapy – A Decade of Work In The Sri Lankan Population</i> <b>Prof Vajira Dissanayake</b>
10.15 – 10.30 am	<b>TEA</b>
	<b>Parallel Sessions - Hall A</b>
	<b>Symposium - Geriatrics</b>
10.30 – 11.00 am	Dementia isn't just for psychiatrists, it's everybody's business! <i>Dr Duncan Forsyth</i>
11.00 – 11.30 am	Why fallers fail and why we fail fallers <i>Dr Andrew Haden</i>
11.30 – 12.00 noon	"Fighting the 'blues' in old age" <i>Dr Shehan Williams</i>
	<b>Parallel Sessions - Hall A</b>
	<b>Symposium - Infections</b>
12.00 – 12.30 pm	Management of Difficult cases in Dengue <i>Prof Siripen Kalyanaraj</i>
12.30 – 01.00 pm	TB in the Immunocompromised <i>Dr Dushantha Madegedara</i>
01.00 – 01.30 pm	Viral Hepatitis: a global overview <i>Dr Graham Cooke</i>
01.30 – 02.30 pm	
02.30 – 03.00 pm	<b>LUNCH</b>
	<b>Guest Lecture</b>
	Urticaria and angioedema – a new dawn in treatment <b>Dr Suranjith Seneviratne</b>
	<b>Parallel Sessions - Hall A</b>
	<b>Symposium - Gastroenterology &amp; Hepatology</b>
03.00 – 03.30 pm	Ulcerative colitis - managing inflammation <i>Prof Derek Jewell</i>
03.30 – 04.00 pm	Asian IBD – Is it different? <i>Prof Arjuna De Silva</i>
04.00 – 04.30 pm	Liver function tests – Interpretation <i>Dr Sujeewa Kumarasena</i>
04.30 – 05.00 pm	<b>TEA</b>
	<b>Parallel Sessions - Hall B</b>
	<b>Symposium 08</b>
10.30 – 11.00 am	The Moody adolescent <i>Dr Dulshika Waas</i>
11.00 – 11.30 am	Sexuality in "Midlife and Beyond" <i>Dr Lasantha Malavige</i>
11.30 – 12.00 noon	"A heart for sports" <i>Dr Gamini Galappatthy</i>
	<b>Parallel Sessions - Hall B</b>
	<b>Symposium - Toxicology</b>
12.00 – 12.20 pm	Fresh insights into poisoning <i>Dr Arosha Dissanayake</i>
12.20 – 12.40 pm	Six decades of pesticide poisoning in Sri Lanka <i>Prof Ravindra Fernando</i>
12.40 – 01.00 pm	Emerging trends in poisoning in Sri Lanka <i>Prof Indika Gawarammana</i>
01.00 – 01.20 pm	A tingling agony of fishermen of North – Jellyfish sting <i>Dr Sujanitha Vathulan</i>
	<b>Young Physicians Forum</b>
	The Changing Face of Lung Cancer - advances in staging and management <b>Dr Yamuna Rajapakse</b>
	<b>Parallel Sessions - Hall B</b>
	<b>Symposium – Cardiology</b>
03.00 – 03.20 pm	"Pulmonary Arterial Hypertension - a disease for all specialists" <i>Dr Carol Wilson</i>
03.20 – 03.40 pm	Sudden Cardiac Death: prevention better than cure <i>Dr Charles Ilsley</i>
03.40 – 04.30 pm	An interactive ECG session <i>Dr James Leitch</i>

# Save the dates...

## Specialty updates

The Ceylon College of Physicians has arranged a series of Speciality Updates in collaboration with the relevant sub speciality societies, associations and colleges.

Speciality updates will be held at the Lionel Memorial Auditorium, Sri Lanka Medical Association, Wijeyrama Mawatha, Colombo 7.

<b>Date</b>	<b>Specialty</b>
23 <sup>rd</sup> September	- Palliative care
28 <sup>th</sup> October	- Elderly medicine
25 <sup>th</sup> November	- Haematology

## New members

### Life members

Dr B K Mohotti

Dr D B Y N De Silva

Dr I Harshini Rajapakse

Dr B N M Jayawardhana

### Associate members

Dr B M T P Nawasiwatte

Dr P Kugaseelan

Dr M Niraj

Dr Uditha I Hewarathna

Dr Nalaka Egodawela

Dr G N D Perera

Dr K G K P Sirikelum

Dr K P K Dias



# Physicians won the six a side tournament

The six a side soft ball inter collegiate cricket tournament organized by the Sri Lanka medical association was held at the Health Ministry Cricket grounds at Castle street, on the 04th of May 2014. All together ten teams took part in the tournament.

The Physicians lost the 1st game against the dental surgeons but managed to qualify for the quarter finals by defeating the neurologists in the next game.

In the quarter finals the Physicians limited the SLMA team to 32 runs and reached the target without much of a difficulty. In the semi finals the Physicians met the Surgeons. A close tussle was expected, but the surgeons hopes were blown away by a fluent half century by Wasantha Kumara which helped the Physicians to score a mammoth 78 runs and restricted the Surgeons to 40 runs in their allotted five overs.

The final was played between the Physicians and the Dental Surgeons, to whom the Physicians lost in the 1st game. The Physicians managed to score a decent 50 runs in their innings. They then bowled out the Dental Surgeons for 34 runs winning comfortably by 16 runs.

The Physicians were brilliantly led by Krishantha Jayasekera who came in to the tournament with a minor injury. He later picked up a groin strain during the semi finals match against the Surgeons, but still played in the final contributing with both the bat and the ball. In his over he conceded only 7 runs taking two vital wickets. Overall it was the fine all round team effort by the whole team which helped the Physicians to win the tournament. The performances of two individual players stood out above the rest. These were batting of Wasantha Kumara who made 34 and 50 in the matches against the Neurologists and the Surgeons, and the wicket keeping of Chemindra who accounted for some unimaginable catches and stumps throughout the tournament.

The following doctors represented the Physicians team.

- Dr Krishantha Jayasekera (Captain)
- Dr Chemindra Biyanwila (Wicket Keeper)
- Dr Nilantha Gamage
- Dr Ravi Wijesinghe
- Dr Dilshan Priyankara
- Dr Lasantha Wickramasinghe
- Dr Wasantha Kumara Abeywickrama



The article was compiled by Dr. Nihal Gunatillaka

# Completed activities

## Young Physicians' Forum and College Lectures

YPF and College lectures were held successfully once a month from February to September 2014, at the SLMA Auditorium.

## Specialty Updates

Specialty updates on rheumatology, pregnancy related medical conditions, nephrology and cardiology were successfully held on 20<sup>th</sup> May, 09<sup>th</sup> June, 22<sup>nd</sup> July and 26<sup>th</sup> August 2014 respectively, at the SLMA auditorium, with above 80 participants at each event. The most updated diagnostic and management strategies were discussed by well experienced clinicians.

“Specialty Update” is a programme held once in every month from the month of January to December.

## Webcasting of academic events

For the first time in the history of Ceylon College of Physicians we initiated recording and webcasting of academic events commencing with the update on Endocrinology. This step was initiated with special consideration of physicians and post graduate trainees in medicine who have difficulty in participating in these important academic discussions. This would further enable them to be acquainted with the activities of the college.

Visit college website for more details. ([www.ccp.lk](http://www.ccp.lk))

## Beyond Medicine Lecture

The second lecture on the Beyond Medicine Lecture series was held on 29th June 2014 by Mr Shehan Cooray at Oak room, Cinnamon Grand Hotel with over 100 participants which included past presidents of the college, physicians and many other distinguish invitees.

Mr Shehan Cooray has taken part in high altitude treks to the base camp of Mt. Everest in Nepal and Mt. Kanchenjunga in Sikkim. He has climbed on Mt. Everest from Tibet, up to an altitude of around 6600m. In July 2014 he will be attempting to summit Mt. Lenin in Kyrgyzstan (7100m), which is one of the 5 peaks that comprise the prestigious Snow Leopard Award for mountaineering

The college lecture at this event was delivered by Dr Channa Ranasinha on “Controversies in the Management of Mild-Moderate Asthma”. Both lectures were very well received.



*Part of the gathering at  
the Beyond Medicine  
Lecture*



# Medical Training Initiative Scheme



**Royal College  
of Physicians**

Setting higher medical standards



**Ceylon College  
of Physicians**

*Unity in Diversity*

Ceylon College of Physicians together with Royal College of Physicians carried out Medical Training Initiative (MTI) to offer up to 2 years of Clinical training and experience in the NHS.

Posts which were available included Acute Medicine, Core Medical Training, Gastroenterology, Respiratory Medicine, Geriatric Medicine, Endocrinology & Diabetes and Renal Medicine.

Applications were called in this regard, which was closed on the 15<sup>th</sup> August 2014. There were 55 applicants and out of them 42 were shortlisted.

Shortlisted candidates were interviewed on 25<sup>th</sup> and 26<sup>th</sup> of August at the Board Room of Ceylon College of Physicians, in order to assess knowledge and communication skills.

Representatives of the Royal Colleges Physicians arrived in Sri Lanka to conduct interviews with the local experts.

## Research Grant

The Ceylon College of Physicians is offering 5 research grants worth of Rs.100,000/= each for the year 2014. This is to encourage the membership to initiate research and enhance the quality of research done locally.

Please handover your application to the college office on or before 17th October 2014.

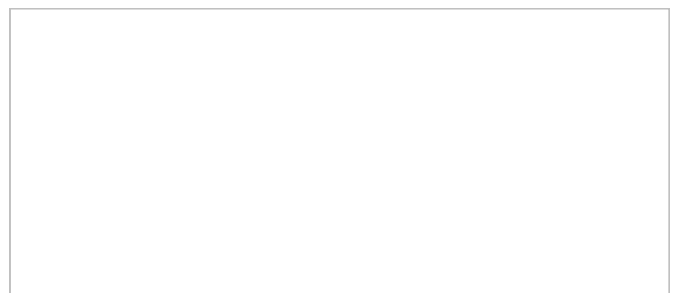
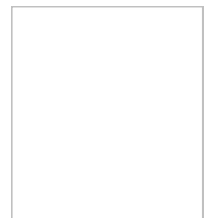
The application should consist of,

- A single A 4 paper summary of the research proposal
- Detailed project proposal
- Breakdown of expenses
- CV of the applicant



## **College News**

CEYLON COLLEGE OF PHYSICIANS



### **Contact Us**

Ceylon College of Physicians  
341/1, Kotte road, Rajagiriya.  
Tel - 0112888146 / 0113094140 Fax - 0112888119  
Email - [office@ccp.lk](mailto:office@ccp.lk) Web - [www.ccp.lk](http://www.ccp.lk)  
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