

## Chapter 1

### Stress and Strain

This chapter will discuss about the concept of stresses and strain created in various members and connection by the loads applied to a structure. The students also will learn an important aspect of the analysis and design of structures relates to the deformation caused by the loads applied to the structures. The mechanical properties of the selected materials also will be discussed with simple stress-strain diagram for a specific material

After successfully completing this chapter the student should be able to:

- defined the relationship between stress and strain
- analyse the stress and strain using related equations
- determine and analyse the deformation of a rod of uniform or variable cross section under one or several load
- determine the principal stress using equation and Mohr's circle method

#### 1.0 Types and system of force

(i) Normal force

In geometry the word "normal" means perpendicular. Therefore, normal force can be defined as a force perpendicular to the plane or surface where an object is resting or moving. The force may be acting as a tension force (pull) or compression force (push). The SI unit is newton or N

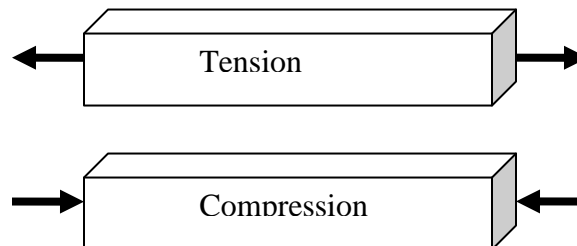


Figure 1.1: Tension and compression force

(ii) Shear force

Shear force can be defined as a force that attempts to cause the internal structure of a material to slide against itself. The force acting in

a direction parallel to a surface of a body. Shear force also often result in shear strain. The SI unit of shear force is Newton or N.

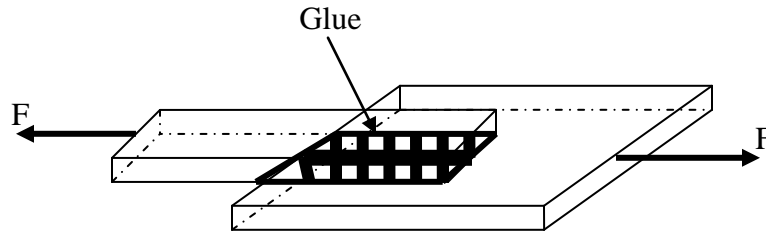


Figure 1.2: Shear force

(iii) Torque or Torsion

Torque is the tendency of a force to rotate an object about an axis. A torque can be thought of as a twist to an object. Mathematically, torque is defined as the product of force and the lever-arm distance, which tends to produce rotation. Torque is calculated by multiplying force and distance. The SI units of torque are Newton-meter or Nm.

## 1.1 Stress

Stress is defined as force per unit area. It has the same units as pressure, and in fact pressure is one special variety of stress. However, stress is a much more complex quantity than pressure because it varies both with direction and with the surface it acts on. Basically stress can be divided into three types:

- (i) normal stress
- (ii) bearing stress
- (iii) shear stress

### 1.1.1 Normal stress

Normal stress is a stress that acts perpendicular to a surface. It can be considered if the applied force is perpendicular to the plane of the cross-sectional area under consideration. It can also be either compression or tension. Compression stress is considered as a stress that causes an object to shorten. Meanwhile tension stress is a stress that acts to lengthen an object. The stress in an axially loaded bar is:

$$\sigma = \frac{P}{A}$$

Stress is positive in tension ( $P > 0$  means  $\sigma > 0$ ), and negative in compression ( $P < 0$ ). English units: psi (pounds per square inch), or ksi (kilopounds per square inch). S.I. units: Pa (Pascal,  $\text{N/m}^2$ ), or usually MPa (megapascal,  $1 \text{ Mpa} = 1,000,000 \text{ Pa}$ ).

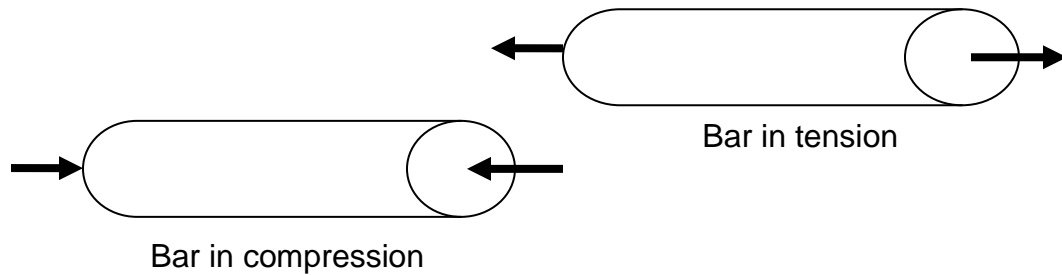


Figure 1.3: Normal stress in tension and compression

**Example 1.1**

A hollow steel tube with an inside diameter of 100 mm must carry a tensile load of 400 kN. Determine the outside diameter of the tube if the stress is limited to 120 MN/m<sup>2</sup>.

**Solution**

Given:

$$P = 400 \text{ kN} = 400\,000 \text{ N}$$

$$\sigma = 120 \text{ MPa}$$

$$A = \frac{1}{4} \pi D^2 - \frac{1}{4} \pi (100^2)$$

$$A = \frac{1}{4} \pi (D^2 - 10\,000)$$

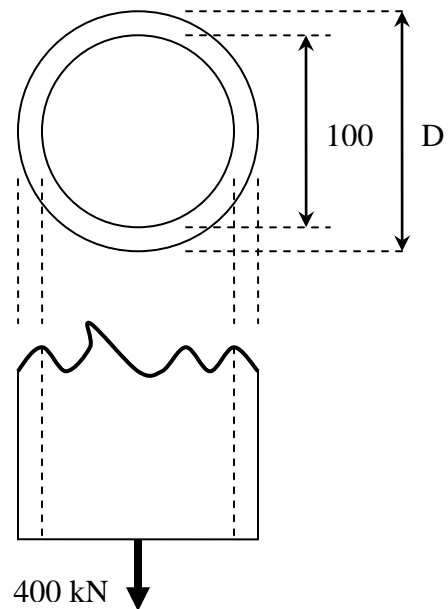
Thus,

$$400\,000 = 120 \left[ \frac{1}{4} \pi (D^2 - 10\,000) \right]$$

$$400\,000 = 30\pi D^2 - 30\,000\pi$$

$$D^2 = \frac{400\,000 + 30\,000\pi}{30\pi}$$

$$D = 119.35 \text{ mm} \quad \text{answer}$$



**Example 1.2**

A homogeneous 800 kg bar AB is supported at either end by a cable as shown in Figure E1.2. Calculate the smallest area of each cable if the stress is not to exceed 90 MPa in bronze and 120 MPa in steel.

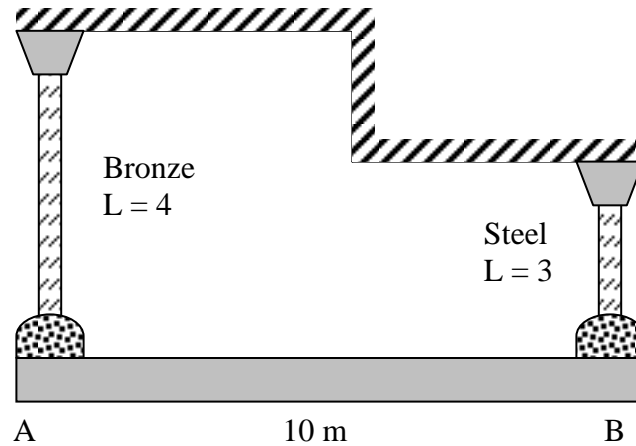


Figure E1.2

**Solution**

By symmetry:

$$P_{br} = P_{st} = \frac{1}{2} (7848)$$

$$P_{br} = P_{st} = 3924 \text{ N}$$

For bronze cable:

$$P_{br} = \sigma_{br} A_{br}$$

$$3924 = 90 A_{br}$$

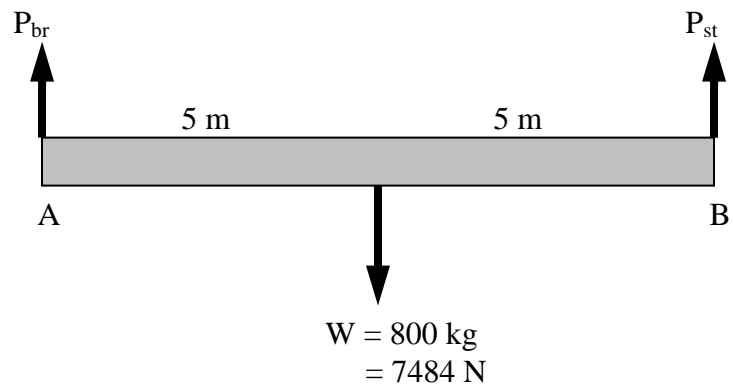
$$A_{br} = 43.6 \text{ mm}^2 \quad \text{answer}$$

For steel cable:

$$P_{st} = \sigma_{st} A_{st}$$

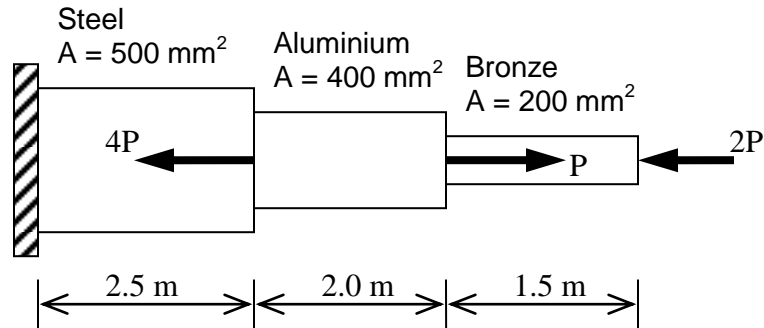
$$3924 = 120 A_{st}$$

$$A_{st} = 32.7 \text{ mm}^2 \quad \text{answer}$$



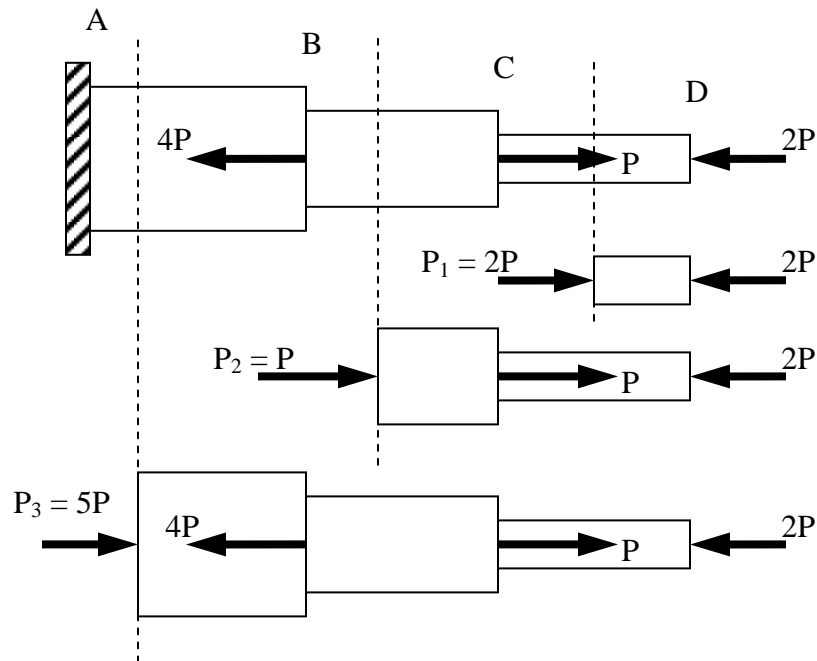
**Example 1.3**

An aluminum rod is rigidly attached between a steel rod and a bronze rod as shown in Figure E1.3. Axial loads are applied at the positions indicated. Find the maximum value of  $P$  that will not exceed a stress in steel of 140 MPa, in aluminum of 90 MPa, or in bronze of 100 MPa.



**Figure E1.3**

**Solution**



*Note: The all loads are under compression (-ve)*

Expressing that each of the free bodies is in equilibrium, therefore

$$P_1 = -2P$$

$$P_2 = -P$$

$$P_3 = -5P$$

**For bronze:**

$$\sigma_{br}A_{br} = 2P$$

$$100(200) = 2P$$

$$P = 10\,000\text{ N}$$

For aluminum:

$$\sigma_{al}A_{al} = P$$

$$90(400) = P$$

$$P = 36\,000\text{ N}$$

For Steel:

$$\sigma_{st}A_{st} = 5P$$

$$140(500) = 5P$$

$$P = 14\,000\text{ N}$$

For safe value of P, use the smallest above. Thus,

$$P = 10\,000\text{ N} = 10\text{ kN} \quad \text{answer}$$

### 1.1.2 Shear stress

Shear stress is a stress that acts parallel to a surface. It can cause one object to slide over another. It also tends to deform originally rectangular objects into parallelograms. Shearing stress is also known as tangential stress. The most general definition is that shear acts to change the angles in an object.

$$\tau = \frac{P}{A} = \frac{P}{hb}$$

Where  $P$  = applied tensile force  
 $A$  = area of the shearing plane between the two bars

The unit for shearing stress is same with the normal stress. The example of shearing stress are shown in Figure 1.5

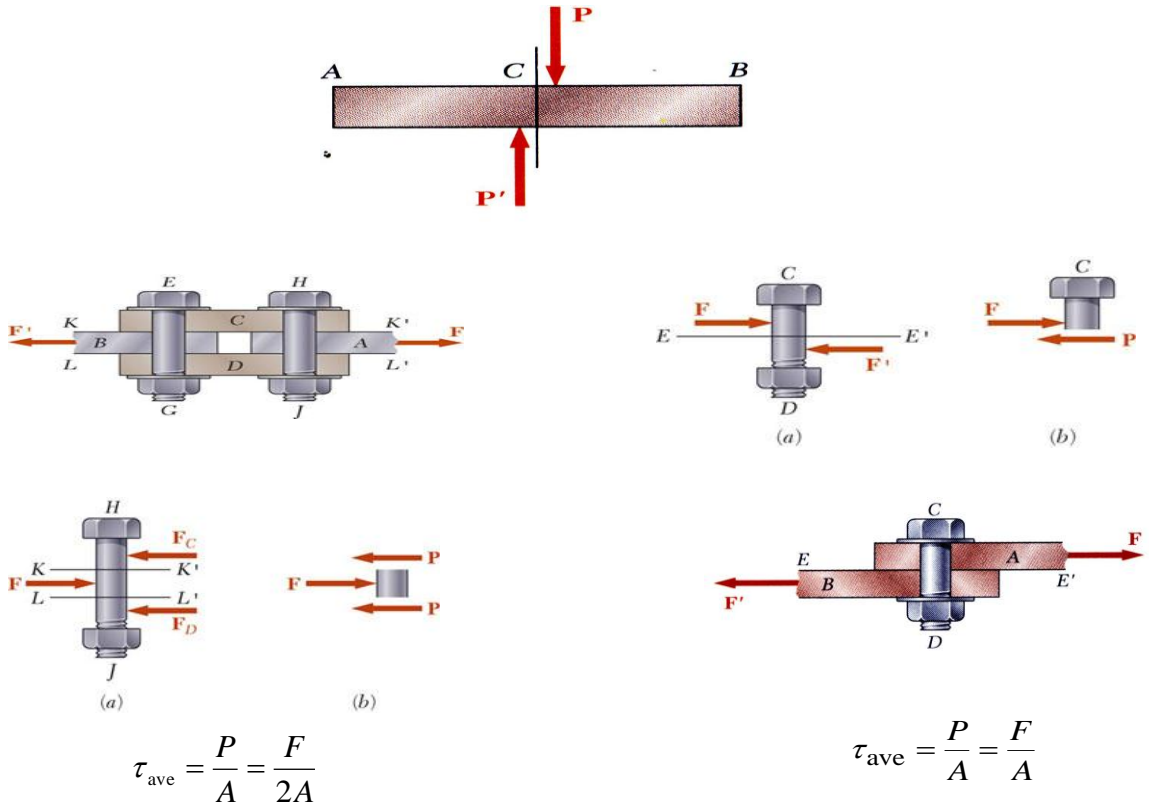


Figure 1.5: Shear stress

**Example 1.4**

The joint is fastened using three bolts with diameter 20 mm each. Determine the shear stress within the bolt.

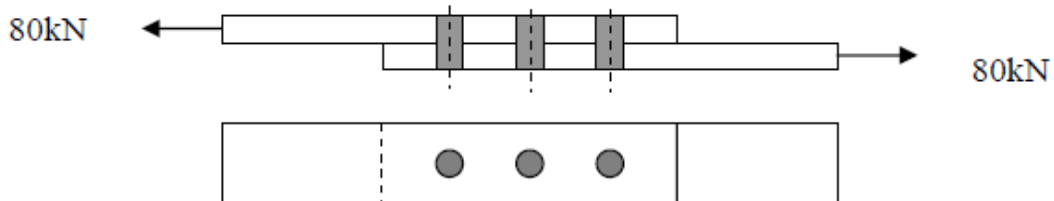


Figure E1.4

Solution;

The figure above is single-shear connections. So, the formula should;  $\tau = \frac{P}{A}$

But the joint is fastened by using 3 bolts;

$$\tau = \frac{P}{3A} = \frac{80 \times 10^3}{3 \left( \frac{\pi(20^2)}{4} \right)} = 84.87 \text{ N/mm}^2$$

### Example 1.5

The joint is fastened using two bolts as shown in figure below. Determine the required diameter of the bolts if allowable shear stress for the bolts is  $\tau_{\text{allow}} = 110 \text{ Mpa}$

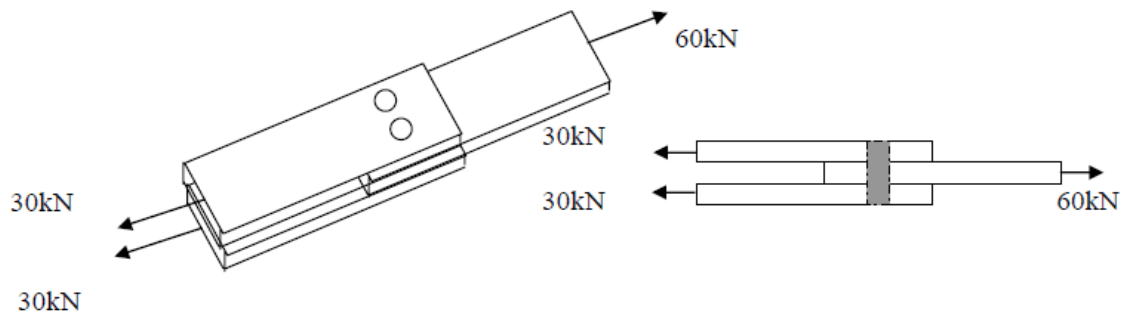


Figure E1.5

### Solution

The figure above is double shear connection, therefore  $\tau = \frac{P}{2A}$

However, the joint fastened using two bolts, so  $\tau = \frac{P}{2(2A)} = \frac{P}{4A}$

$$A = \frac{\pi d^2}{4}$$

$$110 \times 10^6 = \frac{60 \times 10^3}{4 \left( \frac{\pi d^2}{4} \right)}$$

$$d = 0.013 \text{ m}$$



### 1.1.3 Bearing Stress

Bearing stress is a type of normal stress but it involves the interaction of two surfaces. The bearing stress is the pressure experience by the second surface due to the action from the first surface. Example: the pressure between bolt and plate at a joint.

$$\sigma = \frac{P}{A} = \frac{P}{tD}$$

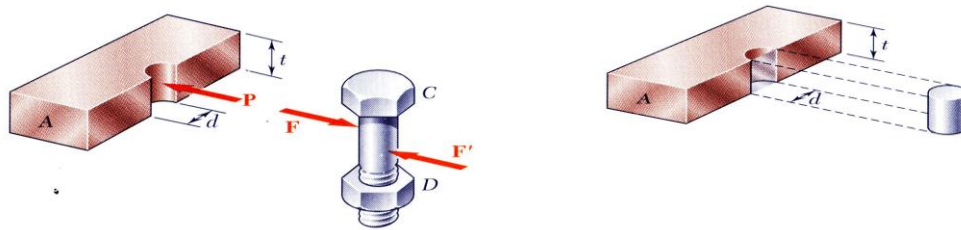


Figure 1.6: Bearing stress

#### Example 1.7

In Figure E1.7, assume that a 20-mm-diameter rivet joins the plates that are each 110 mm wide. The allowable stresses are 120 MPa for bearing in the plate material and 60 MPa for shearing of rivet. Determine (a) the minimum thickness of each plate; and (b) the largest average tensile stress in the plates.

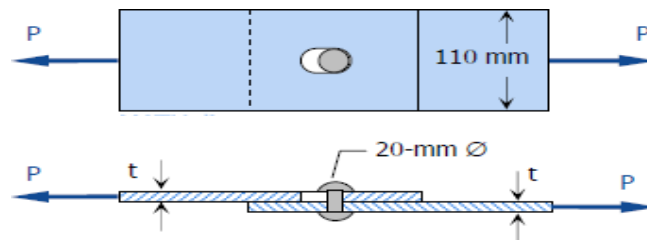


Figure E1.7

#### Solution:

Part (a):

From shearing of rivet:

$$P = \tau A_{\text{rivets}}$$

$$P = 60 \left[ \frac{1}{4} \pi (20^2) \right]$$

$$P = 6000\pi$$

From bearing of plate material:

$$P = \sigma_b A_b$$

$$6000\pi = 120(20 \times 2t)$$

$$t = 3.925 \text{ mm}$$

Part (b): Largest average tensile stress in the plate:

$$P = \sigma A$$

$$6000\pi = \sigma[3.925(110 - 20)]$$

$$\sigma = 13.335 \text{ MPa}$$

## 1.2 Strain

Strain is a measure of deformation of a body which undergoes elongation, contraction or twisted through a certain angle. Generally, strain can be classified into two types namely:

- (i) normal strain ( $\epsilon$ )
- (ii) shear strain ( $\gamma$ )

### 1.2.1 Normal strain

Normal strain ( $\epsilon$ ) is the deformation of a body which involved elongation or contraction. When a bar of length  $L$  and cross-sectional area  $A$  is subjected to axial tensile force  $P$  through the cross-section's centroid, the bar elongates. The change in length divided by the initial length is the bar's engineering strain. The symbol for strain is  $\epsilon$  (epsilon). The strain in an axially loaded bar is:

$$\epsilon = \frac{\delta}{L}$$

Strain is positive in tension and negative in compression. Strain is a fractional change in length (it is dimensionless). Due to the strain is much smaller than 1, it is typically given as a percentage: e.g.,  $= 0.003 = 0.3\%$ .

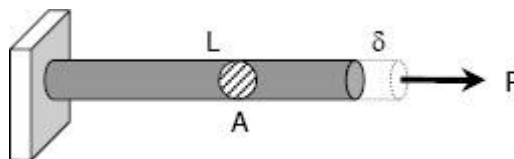


Figure 1.7: Normal strain

**1.2.2 Shear strain**

Shear strain is a strain which involved a shear deformation i.e. body twist due to torsion and a distorted cuboid as shown in Figure 1.8. Strain changes the angles of an object and shear causes lines to rotate.

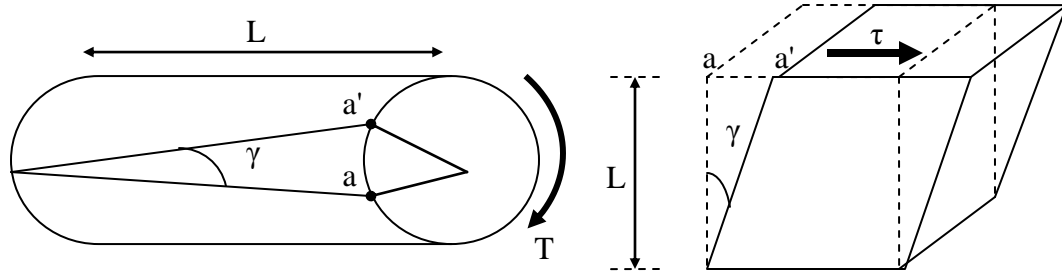


Figure 1.8 Shear strain due to twisting moment (T) and shear stress (τ)

Shear strain  $\gamma = \frac{aa'}{L}$  but it is considered small in practice

The relationship between the shear strain, shear stress and the modulus of rigidity is as follows:

$$\gamma = \frac{\tau}{G}$$

Where  $\tau$  = shear stress  
 $\gamma$  = shear strain in radians  
 $G$  = modulus of rigidity

### 1.3 Normal stress and strain relationship

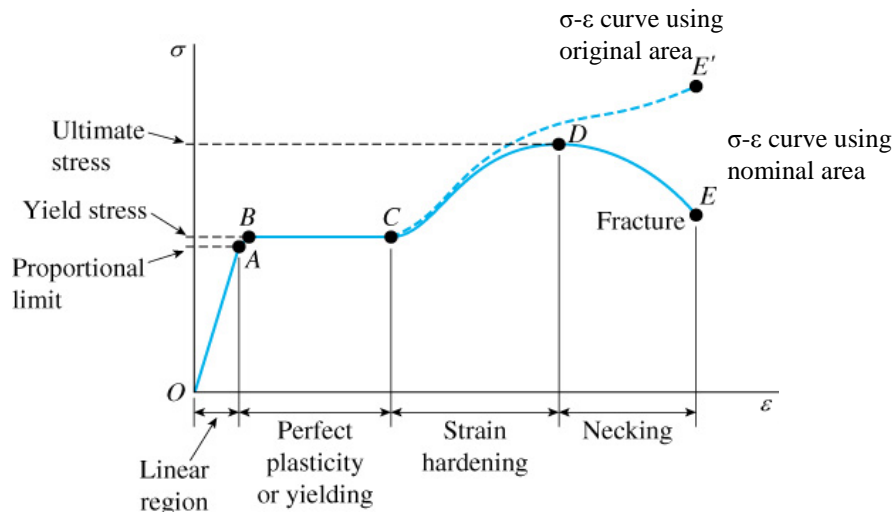


Figure 1.9: The stress-strain relationship

The stress-strain relationship of a material usually can be obtained from tensile or compression test on a specimen of the material. Figure 1.9 shows the stress-strain behavior which indicates how the material deforms on the application of load. The normal stress for the material is computed by dividing the load ( $P$ ) by the original cross-sectional area ( $A$ ). Stress-strain diagrams of various materials vary widely, and different tensile tests conducted on the same material may yield different result, depending upon the temperature of the specimen and the speed loading.

#### Proportional Limit (Hooke's Law)

From the origin  $O$  to the point called proportional limit, the stress-strain curve is a straight line. This linear relation between elongation and the axial force causing was first noticed by Sir Robert Hooke in 1678 and is called Hooke's Law that within the proportional limit, the stress is directly proportional to strain. The constant of proportionality  $k$  is called the Modulus of Elasticity  $E$  or Young's Modulus and is equal to the slope of the stress-strain diagram from  $O$  to  $P$ .

#### Elastic Limit

The elastic limit is the limit beyond which the material will no longer go back to its original shape when the load is removed, or it is the maximum stress that may be developed such that there is no permanent or residual deformation when the load is entirely removed. However, in practice this point is very difficult to determine because very close to proportional limit point.

**Yield Point**

Yield point is the point at which the material will have an appreciable elongation or yielding without any increase in load. The material is said to undergo plastic deformation.

**Strain hardening**

Point C to D is called as strain hardening region whereas the curve rises gradually until it flattens at D. The stress which corresponds to point D is called ultimate strength/stress

**Ultimate Strength/Stress**

The maximum ordinate in the stress-strain diagram is the ultimate strength or tensile strength.

**Rapture Strength (Fracture)**

Rapture strength is the strength of the material at rapture. This is also known as the breaking strength (final point).

**1.3.1 Offset Method**

Beside steel, other materials such as aluminium, glass, brass and zinc, constant yielding will not occur beyond the elastic range. This metal often does not have a well defined yield point. Therefore, the standard practice to define yield strength for this metal is graphical procedure called the offset method. Normally a 0.2% (0.002 mm/mm) is chosen, and from this point on the strain ( $\epsilon$ ) axis, a line parallel to the initial straight-line portion of the stress-strain diagram is drawn (Figure 1.10). The point where this line intersects the curves defines the yield strength.

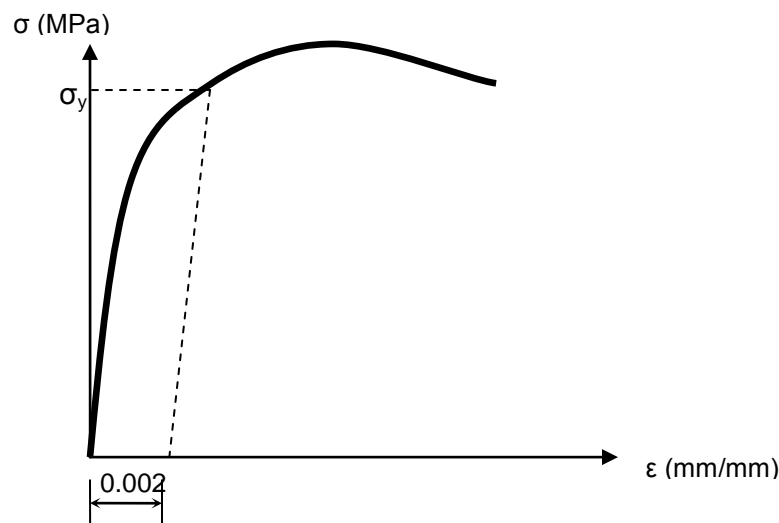


Figure 1.10: Determination of yield strength using offset method

**Example 1.8**

A rod with the diameter 5 mm and length 100 mm is stressed slowly with the load up to failure. The result for this test is shown in Table E1.8. Draw the stress-strain curve and determine

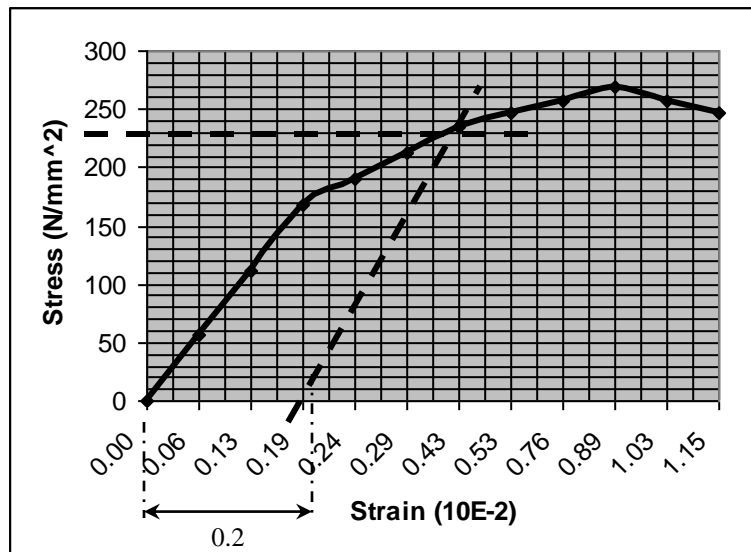
- (a) modulus of elasticity
- (b) yield stress
- (c) stress maximum

Table E1.8

Force P (N)	Elongation $\delta$ (mm)
1100	0.0625
2200	0.0125
3300	0.1875
3740	0.2375
4180	0.2875
4620	0.4275
4840	0.5300
5060	0.7625
5280	0.8900
5060	1.0250
4840	1.1525

**Solution**

Force P (N)	Elongation $\delta$ (mm)	Strain $\epsilon$	Stress $\sigma$ (N/mm <sup>2</sup> )
1100	0.0625	0.00063	56.04
2200	0.0125	0.00013	112.07
3300	0.1875	0.00188	168.11
3740	0.2375	0.00238	190.52
4180	0.2875	0.00288	212.94
4620	0.4275	0.00428	235.35
4840	0.5300	0.00530	246.56
5060	0.7625	0.00763	257.77
5280	0.8900	0.00890	268.98
5060	1.0250	0.01025	257.77
4840	1.1525	0.01153	246.56

**Figure E1.8**

From the graph;

(a)  $E = 112.07/0.000125 = 89\,600\text{ N/mm}^2$

(b)  $\sigma_y = 230\text{ N/mm}^2$

(c)  $\sigma_{\max} = 270\text{ N/mm}^2$

## 1.4 Hooke's Law

### Stiffness; Modulus Young

Stiffness is a material's ability to resist deformation. The stiffness of a material is defined through Hooke's Law:

$$\sigma = E\varepsilon$$

where  $E$  is Young's Modulus (the modulus of elasticity), a material property. Values of  $E$  for different materials are obtained experimentally from stress-strain curves. Young's Modulus is the slope of the linear-elastic region of the stress-strain curve.

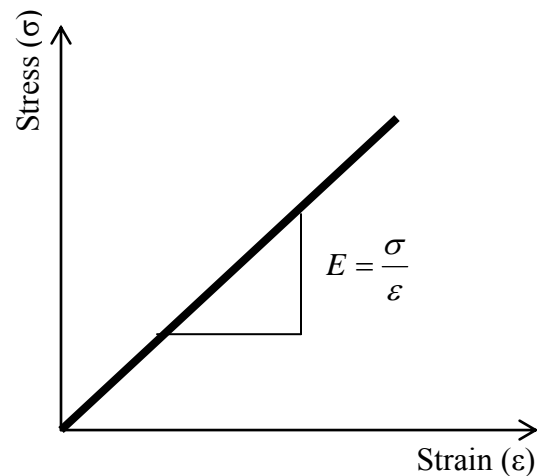


Figure 1.11: Stress-strain relationship at the linear-elastic region

$E$  is generally large and given in either ksi (kilopounds per sq.inch) or Msi (megapounds per sq. inch = thousands of ksi), or in GPa (gigapascal).

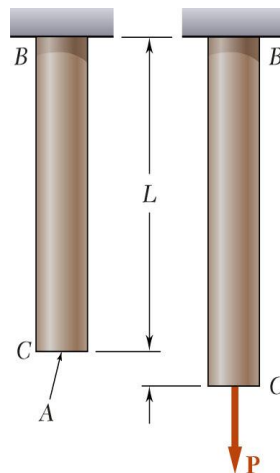


Figure 1.12: Deformation due to axial load



Consider a homogenous rod BC of length  $L$  and uniform cross section of area  $A$  subjected to a centric axial load  $P$  (Figure 1.12). If the resulting axial stress  $\sigma = P/A$  does not exceed the proportional limit of the material, the Hooke's law can be applied and written as follows:

$$\sigma = E\varepsilon$$

From which it follows that

$$\varepsilon = \frac{\sigma}{E} = \frac{P}{AE}$$

The strain;

$$\varepsilon = \frac{\delta}{L}$$

So,

$$\delta = \varepsilon L$$

Therefore;

$$\delta = \frac{PL}{AE}$$

### Example 1.9

A steel rod having a cross-sectional area of  $300 \text{ mm}^2$  and a length of  $150 \text{ m}$  is suspended vertically from one end. It supports a tensile load of  $20 \text{ kN}$  at the lower end. If the unit mass of steel is  $7850 \text{ kg/m}^3$  and  $E = 200 \times 10^3 \text{ MN/m}^2$ , find the total elongation of the rod.

### Solution

Elongation due to its own weight:

$$\delta_1 = \frac{PL}{AE}$$

Where:

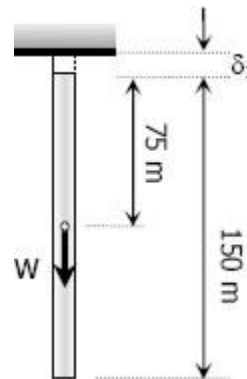
$$P = W = 7850 \times 300 (1/1000^2) \times 150 \times 9.81$$

$$P = 3465.3825 \text{ N}$$

$$L = 75(1000) = 75\,000 \text{ mm}$$

$$A = 300 \text{ mm}^2$$

$$E = 200\,000 \text{ MPa}$$



Thus,

$$\delta_1 = \frac{3465.3825(75000)}{300(200000)}$$

$$\delta_1 = 4.33\text{mm}$$

Elongation due to applied load:

$$\delta_2 = \frac{PL}{AE}$$

Where:

$$P = 20 \text{ kN} = 20\,000 \text{ N}$$

$$L = 150 \text{ m} = 150\,000 \text{ mm}$$

$$A = 300 \text{ mm}^2$$

$$E = 200\,000 \text{ MPa}$$

Thus,

$$\delta_2 = \frac{20000(150000)}{300(200000)}$$

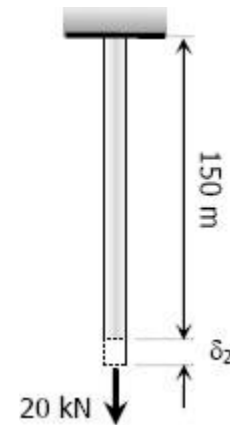
$$\delta_2 = 50\text{mm}$$

Total elongation:

$$\delta = \delta_1 + \delta_2$$

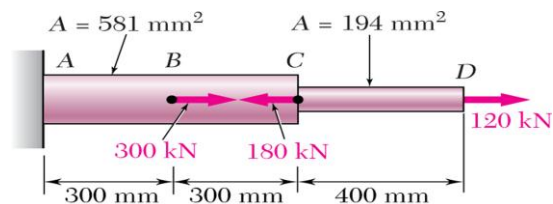
$$\delta = 4.33 + 50$$

$$\delta = 54.33\text{mm}$$

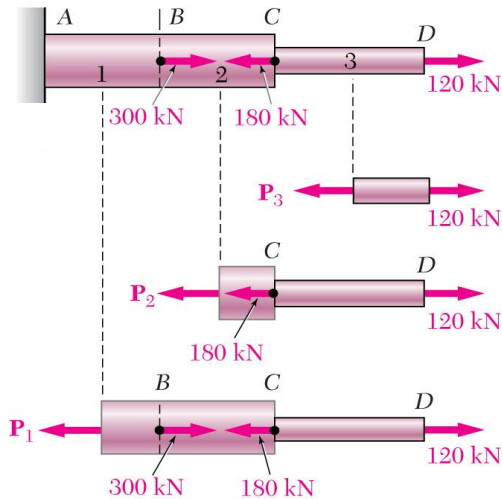


**Example 1.10**

Determine the deformation of the steel rod shown in Figure E1.10 under the given loads ( $E=200 \text{ GPa}$ )



**Figure E1.10**



$$L_1 = L_2 = 300 \text{ mm}$$

$$A_1 = A_2 = 581 \text{ mm}^2 = 581 \times 10^{-6} \text{ m}^2$$

$$P_1 = 240 \times 10^3 \text{ N}$$

$$P_2 = -60 \times 10^3 \text{ N}$$

$$P_3 = 120 \times 10^3 \text{ N}$$

$$\delta = \sum_i \frac{P_i L_i}{A_i E_i} = \frac{1}{E} \left( \frac{P_1 L_1}{A_1} + \frac{P_2 L_2}{A_2} + \frac{P_3 L_3}{A_3} \right)$$

$$= \frac{1}{200 \times 10^9} \left[ \frac{(240 \times 10^3) 0.3}{581 \times 10^{-6}} + \frac{(-60 \times 10^3) 0.3}{581 \times 10^{-6}} + \frac{(120 \times 10^3) 0.4}{194 \times 10^{-6}} \right]$$

$$= 1.73 \times 10^{-3} \text{ m}$$

### 1.5 Poisson ratio

Poisson's ratio is the ratio of lateral contraction strain to longitudinal extension strain in the direction of stretching force. Tensile deformation is considered positive and compressive deformation is considered negative. The definition of Poisson's ratio contains a minus sign so that normal materials have a positive ratio. Poisson's ratio, also called Poisson ratio or the Poisson coefficient. Poisson's ratio is a materials property.

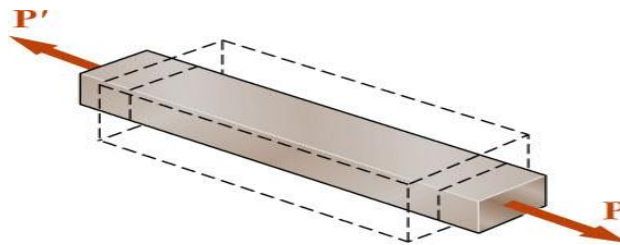
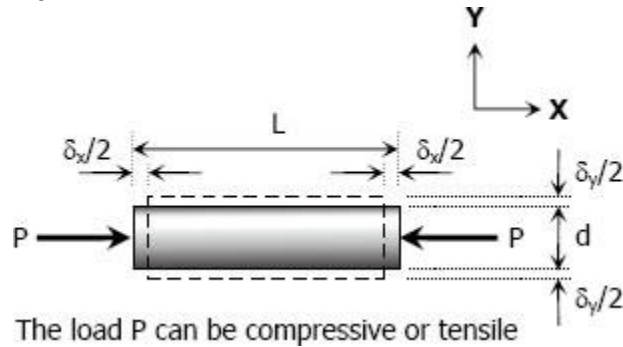


Figure 1.9: Lateral and longitudinal strain is same in all direction

$$\nu = - \frac{\epsilon_{lateral}}{\epsilon_{longitudinal}}$$

**Example 1.11**

A solid cylinder of diameter  $d$  carries an axial load  $P$ . Show that its change in diameter is  $4P\nu / \pi E d$

**Solution**

$$\nu = -\frac{\varepsilon_y}{\varepsilon_x}$$

$$\varepsilon_y = -\nu \varepsilon_x$$

$$\varepsilon_y = -\nu \frac{\sigma_x}{E}$$

$$\frac{\delta_y}{d} = -\nu \frac{-P}{AE}$$

$$\delta_y = \frac{Pd}{\frac{1}{4} \pi d^2 E}$$

$$\delta_y = \frac{4P\nu}{\pi E d}$$

**1.6 Working stress, permissible stress and temperature stress****1.6.1 Temperature Stress**

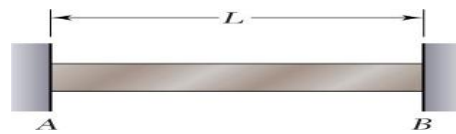
An object will expand when heated and contract when the temperature drops. This phenomenon is very important because if these movements are prevented, then internal stress and strain will be developed within the body of the structural member and the effect can be very disastrous. Since this is the effect of temperature on the member then the corresponding stress and strain are called temperature stress and temperature strain. For this reason, most civil engineering structure is provided with expansion joint to allow for free expansion and contraction of the member.

The variation of the length due to temperature change depends upon its coefficient of linear expansion or contraction  $\alpha$  where  $\alpha$  is the change in length for a unit change of temperature per unit original length.

### 1.6.2 Superposition Method

This method is applied for indeterminate problem where the reactions at the support are more than what is required to maintain its equilibrium. In this method, one of the support is released and let it elongate freely as it undergoes the temperature change  $\Delta T$ .

Step 1 Consider a rod AB is placed between two fixed supports. Assuming there is no temperature stress or strain in this initial condition.

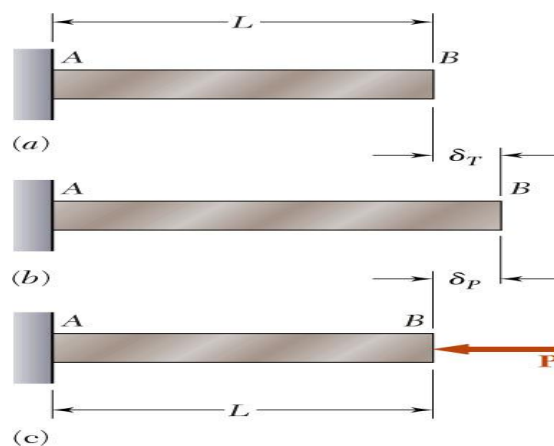


Step 2 Released the support B and let it elongate freely as it undergoes the temperature change  $\Delta T$ . The corresponding elongation ( $\delta_T$ ) is:

$$\delta_T = \alpha(\Delta T)L$$

Step 3 Applying to end B the force ( $P$ ) representing the redundant reaction and we obtain a second deformation ( $\delta_P$ ):

$$\delta_P = \frac{PL}{AE}$$



The total deformation must be zero:

$$\delta = \delta_T + \delta_P = \alpha(\Delta T)L + \frac{PL}{AE} = 0$$

From which, we conclude that

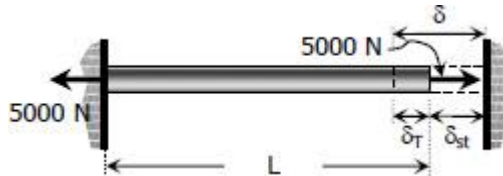
$$P = -AE\alpha(\Delta T)$$

An the stress in the rod due to the temperature change is

$$\sigma = \frac{P}{A} = -E\alpha(\Delta T)$$

### Example 1.12

A steel rod is stretched between two rigid walls and carries a tensile load of 5000 N at 20°C. If the allowable stress is not to exceed 130 MPa at -20°C, what is the minimum diameter of the rod? Assume  $\alpha = 11.7 \mu\text{m}/(\text{m}\cdot^\circ\text{C})$  and  $E = 200 \text{ GPa}$ .



### Solution

Therefore:

$$130 = (11.7 \times 10^{-6})(200000)(40) + \frac{5000}{A}$$

$$\delta = \delta_T + \delta_{st}$$

$$\frac{\sigma L}{E} = \alpha L(\Delta T) + \frac{PL}{AE}$$

$$A = \frac{5000}{36.4} = 137.36 \text{ mm}^2$$

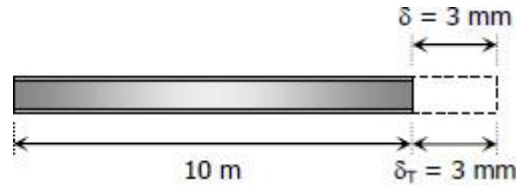
$$\sigma = \alpha E(\Delta T) + \frac{P}{A}$$

$$\frac{1}{4} \pi d^2 = 137.36$$

$$d = 13.22 \text{ mm}$$

**Example 1.13**

Steel railroad reels 10 m long are laid with a clearance of 3 mm at a temperature of 15°C. At what temperature will the rails just touch? What stress would be induced in the rails at that temperature if there were no initial clearance? Assume  $\alpha = 11.7 \mu\text{m}/(\text{m}\cdot^\circ\text{C})$  and  $E = 200 \text{ Gpa}$ .

**Solution**

Temperature at which  $\delta_T = 3 \text{ mm}$ :

$$\delta_T = \alpha L(\Delta T)$$

$$\delta_T = \alpha L(T_f - T_i)$$

$$3 = (11.7 \times 10^{-6})(10000)(T_f - 15)$$

$$T_f = 40.64^\circ\text{C}$$

Required stress:

$$\delta = \delta_T$$

$$\frac{\sigma L}{E} = \alpha L(\Delta T)$$

$$\sigma = \alpha E(T_f - T_i)$$

$$\sigma = (11.7 \times 10^{-6})(200000)(40.64 - 15)$$

$$\sigma = 60 \text{ MPa}$$