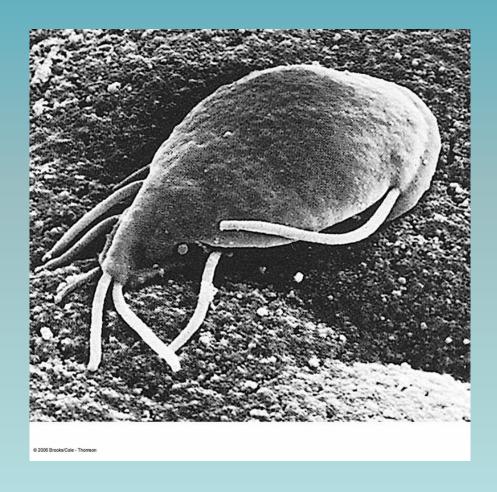
Chapter 5

Mechanisms of Disease

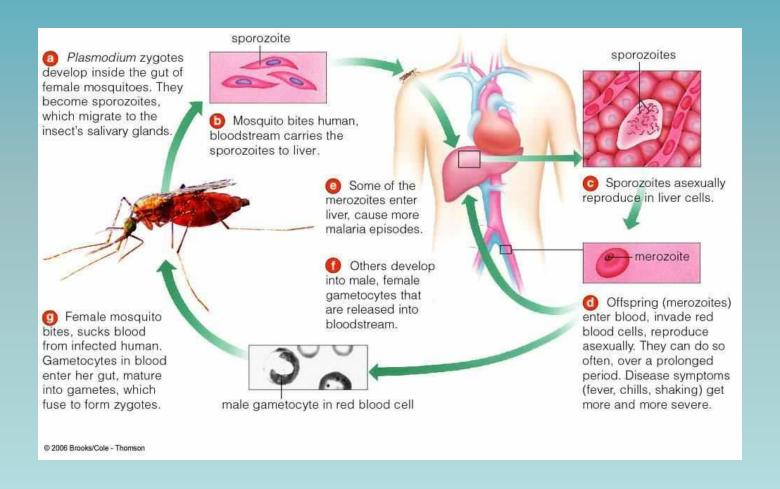
Spirochette bacteria causing Syphillis



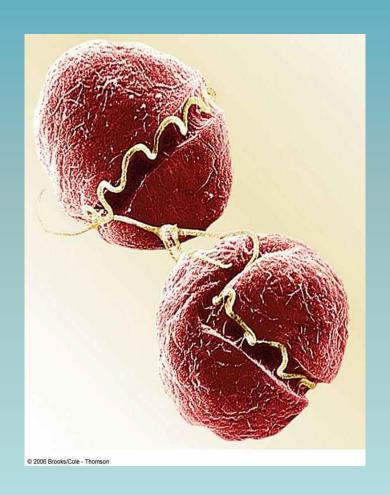
Diplomonad protozoa that causes Giardia



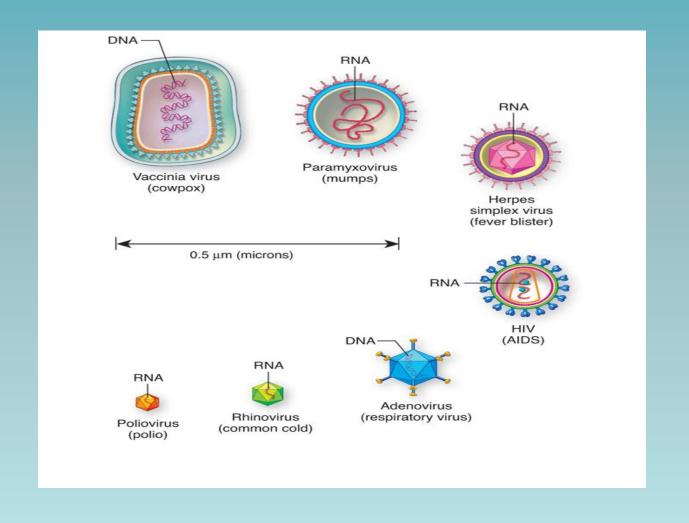
Protozoan causing malaria



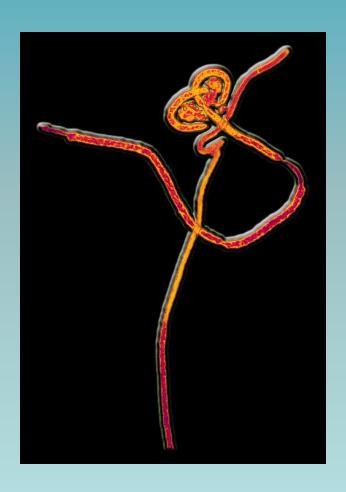
Protist causing red tide



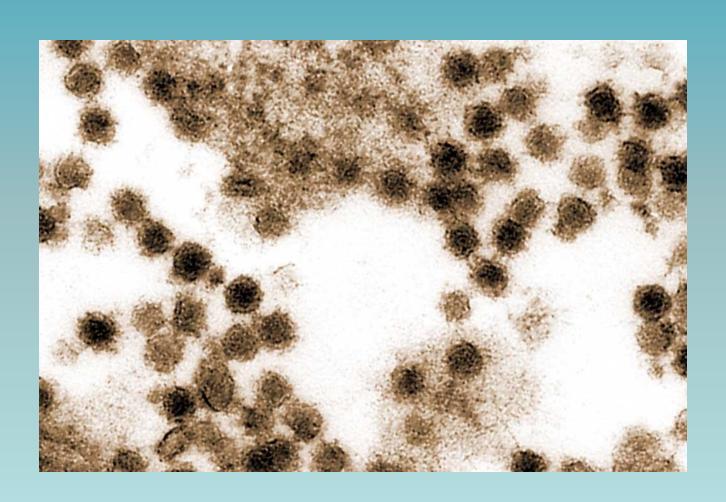
Types of Viruses



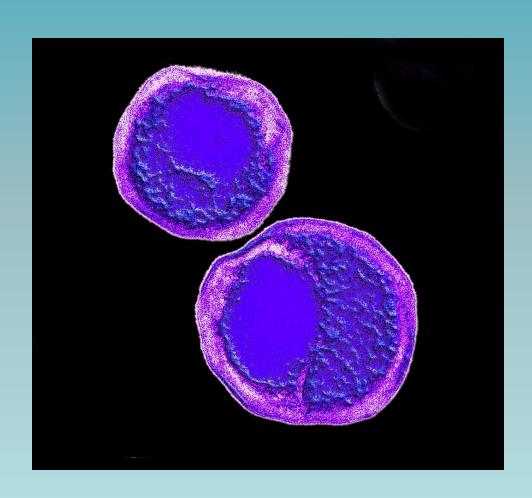
Ebola Virus-Hemorrhagic fever



West Nile Virus



Chlamydia bacteria—gram negative



Spirchete bacteria causing lyme disease



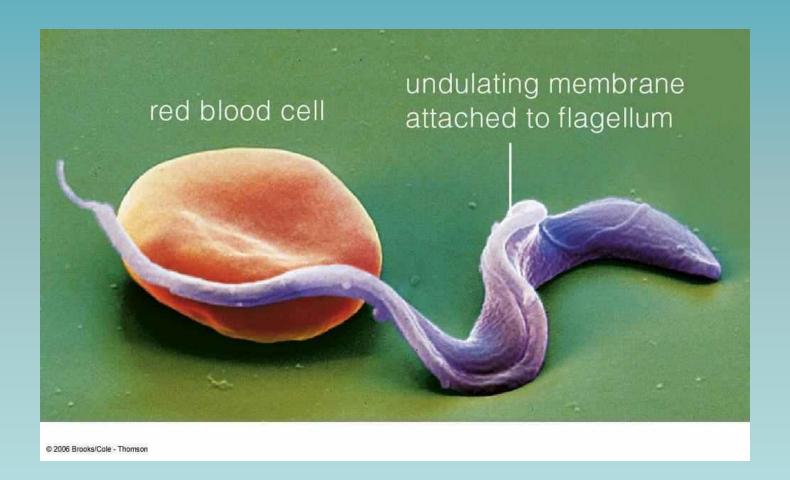
Pathogenic aminal-Ticks-transmit spirochette bacteria



Rash is sign of lyme disease



Trypanosme protist carried by tsetse fly Causes African Sleeping Sickness



Tinea fungus causing athlete's foot



What do we want to learn from chapter 5

- Define the terms health and disease
- List and describe the basic mechanisms of disease and risk factors associated with disease
- List and describe five categories of pathogenic organisms and explain how they cause disease

- Distinguish between the terms benign and malignant as they apply to tumors
- Describe the pathogenesis of cancer
- Outline the events of the inflammatory response and explain its role in disease

- Disease terminology
 - Health—physical, mental, and social wellbeing—not merely the absence of disease
 - Disease—an abnormality in body function that threatens health
 - Etiology—the study of the factors that cause a disease

Disease terminology

- Idiopathic—refers to a disease with an unknown cause
- Signs and symptoms—the objective and subjective abnormalities associated with a disease
- Sign-observed by a doctor, objective
- Symptom-felt by the patient
- Pathogenesis—the pattern of a disease's development

Patterns of disease

- Epidemiology is the study of occurrence, distribution, and transmission of diseases in human populations
- Endemic diseases are native to a local region
- Epidemics occur when a disease affects many people at the same time

- Patterns of disease, cont'd
 - Pandemics are widespread, perhaps global, epidemics--AIDS
 - Discovering the cause of a disease is difficult because many factors affect disease transmission
 - Disease can be fought through prevention and therapy (treatment)

Mechanisms of disease

- Pathophysiology—the study of underlying physiological aspects of disease
- Genetic mechanisms-ex. Sickle cell, hemophillia.
 Litterally hundreds
- Infectious mechanism (pathogenic organisms and particles)
- Neoplastic mechanism (tumors and cancer)
- Traumatic mechanism (physical and chemical agents)

- Mechanisms of disease, cont'd
 - Metabolic mechanism (endocrine imbalances or malnutrition ex. Graves dis.)
 - Inflammatory mechanism
 - Autoimmunity
 - Inflammation
 - Degeneration

- Risk factors (predisposing conditions)
 - Genetic factors
 - Age
 - Lifestyle
 - Stress
 - Environmental factors
 - Preexisting conditions

Viruses

- Microscopic, intracellular parasites that consist of a nucleic acid core with a protein coat
- Invade host cells and pirate organelles and raw materials
- Classified by shape, nucleic acid type, and method of reproduction

- Mechanisms of disease
 - Physical and chemical agents
 - Autoimmunity-own immune system overresponds and attacks body
 - Inflammation
 - Degeneration-breaking apart of tissue, ex snakebite, poison

- Risk factors (predisposing conditions)
 - Genetic factors
 - Age
 - Lifestyle
 - Stress
 - Environmental factors
 - Preexisting conditions

- Types of organisms and particles
 - Viruses
 - Microscopic, intracellular parasites that consist of a nucleic acid core with a protein coat
 - Invade host cells and pirate organelles and raw materials
 - Classified by shape, nucleic acid type, and method of reproduction

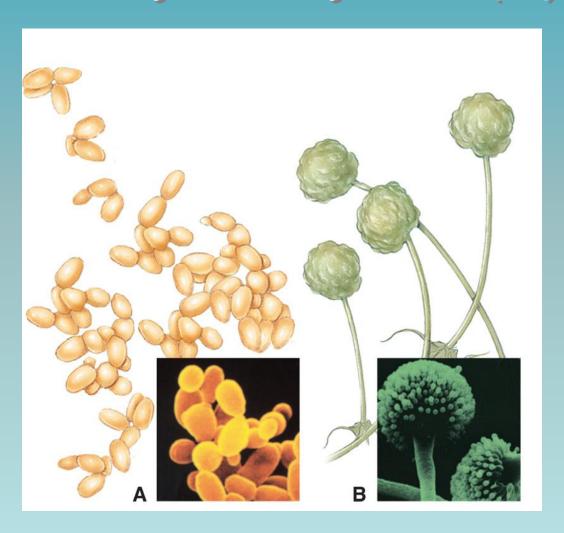
- Types of organisms and particles
 - Bacteria
 - Tiny cells without nuclei
 - Secrete toxins, parasitize host cells, or form colonies
 - Classification
 - By growth requirements
 - » Aerobic—require oxygen
 - » Anaerobic—require no oxygen

- Types of organisms and particles
 - Bacteria
 - Classification
 - By staining properties (depend on composition of cell wall)
 - » Gram-positive—stained purple
 - » Gram-negative—not stained

- Types of organisms and particles
 - Bacteria
 - Classification
 - By shape and size
 - » Bacilli—rod-shaped cells
 - » Cocci—round cells, ex. staphylococci
 - » Curved or spiral rods
 - » Small bacteria—ex. chlamydia
 - Spores—bacteria that resist unfavorable environmental conditions. Ex desert, acid

- Types of organisms and particles
 - Fungi
 - Simple organisms similar to plants but lacking chlorophyll
 - Yeasts—small, single-celled fungi, ex. Vaginal yeast infection
 - Molds—large, multicellular fungi
 - Mycotic infections—often resist treatment

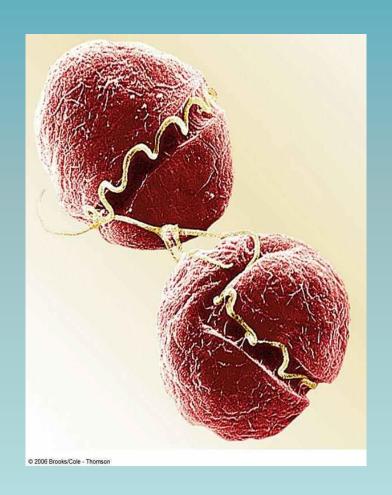
Pathogenic fungi, vaginal and urinary tract yeast (A)



- Types of organisms and particles
 - Protozoa
 - Large one-celled organisms that have organized nuclei
 - May infest human fluids and parasitize or destroy cells

- Types of organisms and particles
 - Protozoa
 - Major groups
 - Amoebas—possess pseudopodia
 - Flagellates—possess flagella
 - Ciliates—possess cilia
 - Sporozoa (coccidia)—enter cells during one phase of a two-part life cycle; borne by vectors (transmitters) during the other phase

Protist causing red tide



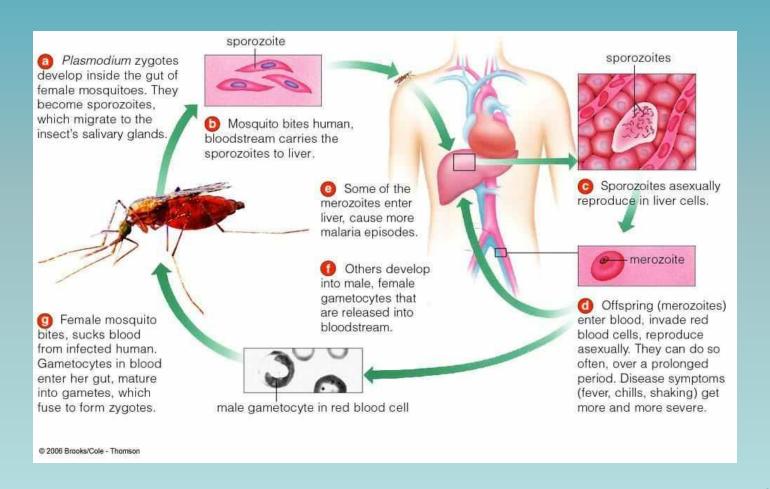
Diplomonad protozoa that causes Giardia



Pathogenic Organisms

- Types of organisms and particles
 - Pathogenic animals
 - Large complex multicellular organisms
 - Parasitize or otherwise damage human tissues or organs

Protozoan causing malaria



Pathogenic Organisms

- Types of organisms and particles
 - Pathogenic animals
 - Major groups
 - Nematodes—roundworms
 - Platyhelminths—flatworms and flukes
 - Arthropods—these are often vectors of disease
 - » Parasitic mites, ticks, lice, fleas
 - » Biting or stinging wasps, bees, mosquitoes, spiders

Prevention and Control

- Mechanisms of transmission
 - Person-to-person contact
 - Can be prevented by education
 - Can be prevented by using aseptic technique
 - Environmental contact
 - Can be prevented by avoiding contact
 - Can be prevented by safe sanitation practices

Prevention and Control

- Mechanisms of transmission
 - Opportunistic invasion
 - Can be prevented by avoiding changes in skin and mucous membranes
 - Can be prevented by cleansing of wounds
 - Transmission by a vector-lyme disease carried by deer tick
 - Can be prevented by reducing the population of vectors and reducing contact with vectors

Prevention and Control

- Other prevention and treatment strategies
 - Vaccination—stimulates immunity
 - Chemicals—destroy or inhibit pathogens
 - Antibiotics—natural compounds derived from living organisms
 - Synthetic compounds (e.g., ACV and AZT for HIV)

- Neoplasms (tumors)—abnormal growths of cells
 - Benign tumors remain localized
 - Malignant tumors spread, forming secondary tumors
 - Metastasis—cells leave primary tumor and start a secondary tumor at new location

- Classification of tumors
 - Benign, epithelial tumors
 - Benign, connective tissue tumors

- Classification of tumors
 - Carcinomas (malignant epithelial tumors)
 - Melanoma—involves melanocytes
 - Adenocarcinoma—glandular cancer
 - Sarcomas (connective tissue cancers)
 - Lymphoma—lymphatic cancer
 - Osteosarcoma—bone cancer
 - Myeloma—bone marrow tumor
 - Fibrosarcoma—cancer of fibrous tissue

- Causes of cancer—varied and still not clearly understood
 - Cancer involves hyperplasia (growth of too many cells) and anaplasia (development of undifferentiated cells)

- Causes of cancer
 - Factors that play a role in causing cancer
 - Genetic factors (e.g., oncogenes—cancer genes)
 - Carcinogens—chemicals that alter genetic activity
 - Age—changes in cell activity over time or accumulated effects of cell damage
 - Environment—chronic exposure to damaging substances
 - Viruses—cause change in genetic "machinery"

- Pathogenesis of cancer
 - Signs of cancer
 - Methods of detecting cancers
 - Self-examination
 - Diagnostic imaging—radiography (e.g., mammogram and CT scan), magnetic resonance imaging (MRI), ultrasonography
 - Biopsy (e.g., Pap smear)
 - Blood tests

- Staging—classifying tumors by size and extent of spread
- Grading—assessing the likely pattern of a tumor's development
- Cachexia—syndrome including appetite loss, weight loss, and general weakness
- Causes of death by cancer—secondary infections, organ failure, hemorrhage, and undetermined factors

Treatments

- Surgery
- Chemotherapy (chemical therapy)
- Radiation therapy (radiotherapy)
- Laser therapy
- Immunotherapy
- New strategies (e.g., rational drugs that target specific molecules, enzymes, or receptors)

Inflammation

- Inflammatory response—reduces injury to tissues, thus maintaining homeostasis
 - Signs—redness, heat, swelling, and pain
 - Inflammation mediators (histamine, prostaglandins, and kinins)
 - Some cause blood vessels to dilate, increasing blood volume (redness and heat); white blood cells travel quickly to injury site

Inflammation

- The inflammatory response reduces injury to tissues, thus maintaining homeostasis
 - Inflammation mediators (histamine, prostaglandins, and kinins)
 - Some increase blood vessel permeability (causing swelling or edema and pain); white blood cells move easily out of vessels; irritant is diluted; and exudate accumulates
 - Some attract white blood cells to injury site (chemotaxis)

Inflammation

- Inflammatory diseases
 - Inflammation can be local or systemic (body-wide)
 - Fever—high body temperature caused by a resetting of the body's "thermostat"; destroys pathogens and enhances immunity
 - Chronic inflammation can constitute a disease itself because its causes damage to tissues