

































	n=0.01m. $-0+v$ 7.7
The ave	rage speed during this period is $v = \frac{0 + v_i}{2} = \frac{7.7}{2} = 3.8 m / s$
The time	e period the collision lasts is $\Delta t = \frac{d}{v} = \frac{0.01m}{3.8m/s} = 2.6 \times 10^{-3} s$
Since th	e magnitude of impulse is $I = \overline{F}\Delta t = 540N \cdot s$
The ave this land	rage force on the feet during $\overline{F} = \frac{I}{\Delta t} = \frac{540}{2.6 \times 10^{-3}} = 2.1 \times 10^5 N$
How larg	ge is this average force? Weight = $70kg \cdot 9.8m/s^2 = 6.9 \times 10^2 N$
	$\overline{F} = 2.1 \times 10^5 N = 304 \times 6.9 \times 10^2 N = 304 \times Weight$
	ed in stiff legged, the feet must sustain 300 times the body weight. The person ely break his leg.





