



Core-Scientific Program

21ST-23RD MARCH

2019

Old Campus Tipu Road, Rawalpindi



Chaudhry Muhammad Sarwar Chancellor of Rawalpindi Medical University



Prof. Dr. Yasmin Rashid

Health Minister Punjab

I am extremely pleased to hear about 4th RMU International Scientific Conference. It is endeavor of Government to ensure equitable health facilities for every part of society. Holding such events will help to upgrade existing facilities and bring new knowledge regarding patient management.

It is indeed a noble gesture of the health community working nationally and abroad to come forward and help their countrymen.

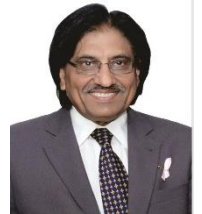
I extend my full cooperation to Prof. Muhammad Umar and Organizing Committee, on behalf of Government of Punjab, in holding such an important event and wish RMU faculty every Success.



Prof. Muhammad Umar

Vice Chancellor RMU

It is my immense pleasure to invite you and accompany us at 4 th International Scientific Conference going to be held from 20th-23rd March 2019. Being the Rawalian graduate and now proudly first Rawalian VC, this was may ambition to hold such an endeavor of international standard which aimed to apprise, nurture and globalize mastery technological innovation, knowledge and research of medicine which help the young Rawalians to make an early debut on international stage. I hope this conference will be the landmark to implement our mission as university. I wish great success to conference.



Prof. Muhammad Ajmal

Chairperson

It is indeed an occasion of great pride and pleasure for the organizing committee to host 4th International Rawalpindi Medical University conference on 21st to 23rd March 2019. The theme of this conference is "From Excellence to Revolution in Medical Education." Rawalpindi Medical University has always taken a lead to play a pivotal role in this regard.

The preconference workshops in almost all the disciplines will go a long way to exchange the knowledge and skills. Tributes to all the of organizing committee for their overwhelming support and untiring commitment.

At the end I would reaffirm our resolve to entertain our honorable guests in this beautiful twin city of Rawalpindi and Islamabad.



Prof. Rizwana Chaudhri

Co-Chairperson

I feel privileged to be part of the 4th RMU Conference, this journey to Rawalpindi Medical University started with the mission to bring Rawalians under one roof in order to enhance each other's future prospects.

Hopefully the mission will continue to progress and enable young talents to prosper under experienced and honorable supervision.



Prof. Muhammad Idrees

Co-Chairperson

It gives me great pleasure to be part of yet another RMU international Conference. I welcome both national and International participants. We stand committed for continuous improvement of

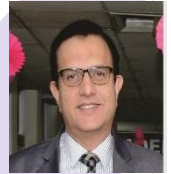


medical education and research culture. We take pride in initiating healthcare delivery projects/programmers in the best interest of public.

Prof. Jahangir Sarwar Khan

Conference Secretary

It is a matter of great contentment to be one of the Conference Secretary of the 4th RMU International Conference. Our struggle is to bring the Rawalians working all over the world to platform by which they can bestow and contribute to progression and advancements of Rawalpindi Medical University. In this way, we can boost the standard of RMU and also the patient care, ultimately serving the humanity in excellent way.



Dr. Shazia Zeb

Conference Secretary

I am honored being part of the fantastic team for the 4th RMU International Conference. This occasion shall serve to bring Rawalians together and immensely help the RMU students in their ambitions and future career planning, Up-to-date information regarding medical developments will surely enhance patient care, which is our common goal



Dr. Saqib Abbasi

President Rawailan's

It gives me a great pleasure to be part of the 4th International RMU Conference. As the President of Rawalians Association, such an event is an example of humble effort of Rawalian Association to bring our Alumni working all over the world to improve our standards and promote the band between world renowned health institutions and RMU. On behalf of Association, I wish Prof. Muhammad Umar and RMU Faculty every success for the event.



Dr. Shahid Hameed

Advisor to Vice Chancellor RMU on Developmental Affairs

I Feel privileged to extend my gratitude to Prof. Muhammad Umar Faculty and administration of RMU who were instrumental in helping us (the team) develop a state of the art infrastructural support in establishing the University. We have envisaged RMU's moto of Truth, Wisdom and service in our developmental milestones so that all the facets of education, patient care and administration work in harmony.



Dr. Lalarukh

It is an immense honor and pleasure to have been invited yet again to the continuing legacy of the International Rawalpindi Medical University Conference. This year marks a new beginning for strengthening my Alma mater after it's recognition to the level of University. I congratulate the entire team, under the leadership of Prof. Muhammad Umar, for arranging another mega event. The participant of International Faculty as always would be recognized as an immense opportunity for the undergraduates to seek help for their future endeavors.



Dr. Zahid Rafiq

It gives me great pleasure and i am proud to see RMC embarking the level of RMU, the long awaited cornerstone in Medical Education, finally being fulfilled.

I congratulate the entire Alma Mater both National and International, for their continuous support and hardwork which helped this Institute achieve the recognition of current time.

I am sure our students and postgraduates would benefit from the conference.



PATRON IN CHIEF

Prof. Yasmeen Rashid
Minister Health Punjab

PATRON:

Prof. Muhammad Umar
Vice Chancellor RMU

Chairperson: Prof Muhammad Ajmal

Co-Chairpersons: Prof. Rizwana Chaudhri
Prof. M Idrees Anwar

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Prof. Jahangir Sarwar Khan
Dr. Shazia Zeb

Conference Coordinator: Dr. Usman Qureshi

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Prof. M Ajmal



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Prof. Dr. Syed Arshad Sabir



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Prof. Tehzeeb ul Hassan



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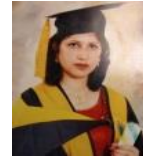
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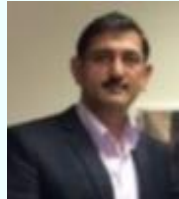
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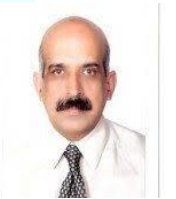
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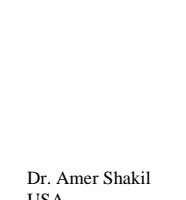
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Scientific Program (21st March 2019)

Day 1 (Thursday - 21st March 2019)

TIME	LECTURE HALL A	LECTURE HALL B	LECTURE HALL C	LECTURE HALL D
07:00 AM 08:30 AM (90 Mins)	LECTURE HALL A Rawalian Students Research Society (RSRS) Forum			
08:30 AM 09:00 AM (30Mins)	LATIF AUDITORIUM State of the Art Lecture I (Prof. Muhammad Umar, Vice Chancellor RMU)			
09:00 AM 10:30 AM (90 Mins)	Medicine & Allied Session-I	Surgery & Allied Session-I	Gynecology & Obstetrics Session-I	Pathology Session-I
10:30 AM 11:00 AM	TEA BREAK			
11:00 AM 11:30 AM (30Mins)	LATIF AUDITORIUM State of the Art Lecture II (Dr. Sameen Siddiqui, Chair Dept. of Community Health Sciences, AKU)			
11:30 AM 12:30 PM (60 Mins)	Pediatrics	Orthopedics	Gynecology & Obstetrics Session-II	Pathology Session-II
12:30 PM 01:30 PM (60 Mins)	Cardiology	Ophthalmology		Allied Health Sciences Session-I
01:30 PM 02:30 PM	LUNCH & PRAYER BREAK			
02:30 PM 04:30 PM (120 Mins)	Vice Chancellors & Principals Forum: Challenges of Medical Education in Pakistan	Guest Lectures on Quality Assurance in Medical Education Basic Sciences (Biochemistry, Physiology & Pharmacology)	Evidence Based Medicine- Global Perspective	Allied Health Sciences Session-II

Inaugural Session Day 1 (Thursday - 21st March 2019) Latif Auditorium

06:00 – 06:10 PM	Tilawat-e-Quran Pak
06:10 – 06:20 PM	Naat-e-Rasool Maqbool
06:20 – 06:40 PM	Address by the Chairman Organizing Committee
06:40 – 07:10 PM	Address by the Vice Chancellor Rawalpindi Medical University
07:10 – 07:40 PM	Address by the Chief Guest
07:40 – 08:00 PM	Vote of thanks by the Secretary Organizing Committee



Scientific Program (21st March 2019)

Day 2 (Friday– 22nd March 2019)

TIME	LECTURE HALL A	LECTURE HALL B	LECTURE HALL C	LECTURE HALL D
07:00 AM 08:30 AM (90 Mins)	LECTURE HALL A University Residents Research (URR) Forum			
08:30 AM 09:00 AM (30Mins)	LATIF AUDITORIUM State of the Art Lecture I (Dr. Assad Hafeez, D.G Health, Federal Govt, Executive Board of W.H.O)			
09:00 AM 10:30 AM (90 Mins)	Medicine & Allied Session-II	Surgery & Allied Session-II	Community Medicine & Public Health	Neurosurgery
10:30 AM 11:00 AM	TEA BREAK			
11:00 - 11:30 PM (30Mins)	LATIF AUDITORIUM State of the Art Lecture II (Prof. Gohar Wajid, DME, Imam Abdul Rahman bin Faisal University, KSA)			
11:30 AM 01:00 PM (90 Mins)	Otorhinolaryngology	Surgery & Allied Session-III	GLOBAL RAWALIAN SESSION Career Guidance / Planning: International Perspective for Medical Students / Residents (Faculty from USA, UK & Australia)	Tele Medicine Session MAHSA University Malaysia
01:00 PM 02:00 PM	LUNCH & PRAYER BREAK			
02:00 PM 03:00 PM (60 Mins)	RMU Policy Statement Faculty Research Forum	Global Mental Health Symposium	Family Physicians Symposium	Nursing Symposium
03:00 PM 04:30 PM (90 Mins)	Medical Journalism: Challenges & Solutions			

Rawalian Students Research Society (RSRS) Forum

21st March, 2019 (Thursday)

Chairman:	<i>Prof. Arshad Sabir, RMU</i>	
Panel of Judges:	<i>Prof. Babar Rao, USA Prof. Ayaz Abbasi, UK Prof. Shahid Rafiq, USA Prof. Shahid Latif, UK Prof. Zahid Rafiq, USA Prof. Fawad Aleem Ch., USA Prof. Umair Anwar, UK Prof. Khurram Siddique, UK Prof. Tayyeb Tahir, UK Prof. Lalarukh Khan, UK Prof. Syeda Anjum Raza, Australia Prof. Imran Majeed, UAE</i>	<i>Prof. Muhammad Waseem, Brunei Prof. Lutfee Hayimad, Thailand Prof. Muhammad Ajmal Prof. Fareed Aslam Minhas Prof. Rizwana Chaudhri Prof. Muhammad Idrees Anwar Prof. Rai Muhammad Asghar Prof. Shagufta Saeed Sial Prof. Naeem Akhtar Prof. Atifa Shuaib Prof. Prof. Muhammad Khurram Prof. Syed Arshad Sabir Prof. Riaz Sheikh</i>
Moderators:	<i>Dr. Shazia Zeb, RMU Dr. Faiza Aslam, RMU Dr. Yasmeen Iqbal, RMU Hamza Waqar Bhatti, Mahnoor Waqar (Presidents RSRS)</i>	

No	Time	Topic	Presenter
1.	6:50 AM 7:00 AM	Reception And Seating	
2.	7:00 AM 7:05 AM	Introduction To RSRS	Hamza Waqar, Mahnoor Waqar
3.	7:05 AM 7:10 AM	Address Of VC, Chair Person	Prof. M Umar, VC RMU Prof. Dr. Arshad Ali Sabir
4.	7:10 AM 7:15 AM	Address Of Ex-President RSRS	
5.	7:15 AM 7:23 AM	Resistance Pattern Of Acinetobacter Against Sulzone, Amikacin And Tazocin	Saira Anwar
6.	7:23 AM 7:31 AM	In-Vitro Effectiveness of Triterpenoids And Their Synergistic Effects With Antibiotics Against Staph. Aureus	Mashal Daud
7.	7:31 AM 7:39 AM	A Survey Of Peri-Operative Complication With Clavien-Dindo Classification	Muhammad Talha Khan
8.	7:39 AM 7:47 AM	Relationship Between Endometrial Thickness And Outcomes Of In-Vitro Fertilization	Aamna Arif
9.	7:47 AM 7:55 AM	Assessment Of Knowledge And Health Beliefs Regarding Osteoporosis Among Young Females Of Rawalpindi	Aiza Irfan
10.	7:55 AM 8:03 AM	Attitude Of Medical Students Of RMU Towards Doctor-Patient Relationship	Laibah Safdar
11.	8:03 AM 8:11 AM	Left Artial To Left Ventricular End Diastolic Diameter Ratio In Left Ventricular Dysfunction	Zaina Sajid
12.	8:11 AM 8:19 AM	Frequency Of Attention Deficit Hyperactivity Disorder Among School Age Children Of Rawalpindi	Mehak Ruqia
13.	8:20 AM 8:28 AM	Closing Address Of VC And Chair Person, Certificate Distribution	Prof. M Umar, VC RMU Prof. Dr. Arshad Ali Sabir
14.	8:28 AM 8:30 AM	Vote Of Thanks	Prof. Dr. Arshad Ali Sabir

State of the Art Lecture - I

21st March, 2019 (Thursday)

Chairman: *Prof. Fazl-e-Hadi*
Co-Chairman: *Dr. Amjad Mehmood Raja, PIMS, Islamabad*
Moderator: *Dr. Shahid Latif, UK*

No	Time	Topic	Presenter
01	08.30AM 09.00AM	RMU: Journey of 18 Months	Prof. Muhammad Umar, Vice Chancellor RMU

Medicine and Allied Session - I

21st March, 2019 (Thursday)

Chairpersons: *Prof. Hamma tul Bushra, Prof. Syed Irfan Ahmed*
Co-Chairman: *Prof Masood Ahmed, Prof. Muhammad Khurram*
Moderators: *Dr. Shahzad Manzoor, Dr. Fazalur Rahman*

No	Time	Topic	Presenter
01	09.00 AM 09.20 AM	Role of biologics in dermatological diseases	Prof. Babar Rao, USA
02	09.20 AM 09.40 AM	Role of Endobronchial USG and Esophageal UEG in mediastinal staging in lung cancer	Dr. Fawad Chaudry USA
03	09.40 AM 09.55 AM	Growing Epidemic of Kidney Disease and challenges	Dr. Khalil Ur Rahman, KSA
04	09.55 AM 10.15 AM	Blood Products Transfusion Guidelines	Dr. Amer Akmal. USA
05	10.15 AM 10.30 AM	Endoscopic management of local complications of Acute Pancreatitis an introduction to therapeutic EUS	Dr. Shahzad Riaz, Shifa International Hospital. Islamabad

Surgery and Allied Session- I

21st March, 2019 (Thursday)

Chairman: *Prof. Muhammad Iqbal*
Co-Chairman: *Prof. Tanveer Khaliq*
Moderator: *Dr. Hasnain Khan*

No	Time	Topic	Presenter
01	09:00 AM 09:18 AM	Guided esophageal dilatation	Dr. Anwar UI Haq, Shifa International Hospital, Islamabad
02	09:18 AM 09:36 AM	Management of Multi-system Trauma in a Major Trauma Centre in UK	Prof. Khalid Shahzad, UK
03	09:36 AM 09:54 AM	High dependency unit (HDU) impact of care on outcome of surgical patients an experience of surgical unit of district teaching hospital	Prof. Muhammad Ateeq, Nawaz Sharif Medical College, Gujrat
04	09:54 AM 10:12 AM	Colorectal Cancer "A Battle Worth Winning"	Dr. Rehan Masood, Canada
05	10:12 AM 10:30 AM	Paediatric Surgery: Past, Present & Future. A Global perspective	Dr. Khizer Mansoor, UK

Gynecology and Obstetrics Session- I 21st March, 2019 (Thursday)

Chief Guest: Prof. Asma Tanveer Usmani
Chairman: Brig. Nadra Sultana
Co-Chairman: Prof. Nabeela Waheed, Dr. Attiya Begum
Moderator: Dr. Saadia Khan

No	Time	Topic	Presenter
01	09:00 AM 09:15 AM	Poor ovarian responders and premature ovarian failure	Prof Syeda Batool Mazhar, Pakistan Institute of Medical Sciences, Islamabad
02	09:15 AM 09:30 AM	Management of pelvic organ prolapse. How to choose an option?	Prof Nasira Tasneem, Pakistan Institute of Medical Sciences, Islamabad
03	09:30 AM 09:45 AM	Management of menopause	Prof Azra Saeed Awan, Foundation University Medical College, Rawalpindi
04	09:45 AM 09:55 AM	Role of simulation in OB / GYN	Prof Fareesa Waqar Islamic International Medical College, Islamabad
05	09:55 AM 10:05 AM	Perinatal depression in Pakistani women and factors contributing to depression	Prof Nabia Tariq Shifa College of Medicine, Islamabad
06	10:05 AM 10:20 AM	Effect of consanguinity on perinatal outcome	Prof Brig Abeera Choudry Army Medical College, Rawalpindi
07	10:20 AM 10:35 AM	Mnemonics in Obstetrics	Prof. Shagufta Saeed Sial RMU

Pathology Session- I 21st March, 2019 (Thursday)

Chairman: Prof. Dr. Khalid Hassan
Co-Chairman: Brig. Gohar Zaman, Brig. Rizwan
Moderator: Dr. Naureen Saeed

No	Time	Topic	Presenter
01	09:00 AM 09:20 AM	To be Awaited	Maj. Gen. Raza Jafar, AMC, Rawalpindi
02	09:20 AM 09:40 AM	The Pathology of Breast Cancer : Recommended Approach	Col. (Retd.) Nadira, Shifa International Hospital, Islamabad
03	09:40 AM 09:50 AM	Outbreak of Pan Resistant Acinetobacter Species in ICU of Holy Family Hospital	Dr. Kiran Fatima RMU, Rawalpindi Dr. Kiran Ahmad, RMU, Rawalpindi
04	09:50 AM 10:00 AM	Molecular Detection of Chlamydia Trachomatis in patients with PID Visiting Tertiary Care Hospital	Dr. Afnan Naeem, NUMS, Rawalpindi
05	10:00 AM 10:10 AM	Biochemical and Hematological Profile among patients of suspected MDR TB undergoing Gene Xpert at DHQ Hospital Rawalpindi	Dr. Fatima-tuz-Zohra, RMU, Rawalpindi
06	10:10 AM 10:20 AM	Changes in Hepatic Mito NETT Gene Expression at different times during acute phase reaction in hyperglycemic and normal rats	Mr. Muhammad Umar (M.Phil)

State of the Art Lecture - II

21st March, 2019 (Thursday)

Chairman:	<i>Prof. Irfan Ahmed Syed</i>
Co-Chairman:	<i>Dr. Ayaz Abbasi, UK</i>
Moderator	<i>Prof. Mati ullah Khan</i>

No	Time	Topic	Presenter
01	11:00 – 11.30AM	Universal Health Coverage- Challenges & Opportunities for Pakistan	Dr. Sameen Siddiqui, AKU, Karachi

Pediatrics

21st March, 2019 (Thursday)

Chairman: *Prof. Samia Naeem ullah*

Co-Chairman: *Prof. Parveen Tariq*

Moderator: *Dr. Hina Sattar*

No	Time	Topic	Presenter
01	11:30 AM 11:40 AM	Transcatheter closure of Atrial Septal Defects using septaloccluder	Dr. Asma Kanwal Rawalpindi Medical University, Rawalpindi
02	11:40 AM 11:55 AM	sAKI, new acronym in Children	Prof. Amer Mehmood, UAE
03	11:55 AM 12:05 PM	Clinical spectrum of Bronchopneumonia in children	Prof. Rai Muhammad Asghar, Rawalpindi Medical University, Rawalpindi
05	12:05 PM 12:15 PM	Safety and efficacy of percutaneous endoscopic gastrostomy in children	Prof. Munir Akmal Lodhi, Foundation University Medical College, Rawalpindi
06	12:15 PM 12:30 PM	Antimicrobial Resistance	Dr. Ejaz A. Khan, Shifa International Hospital Islamabad

Orthopedics

21st March, 2019 (Thursday)

Chairman: *Prof. Dr. Riffat Zaidi*

Co-Chairman: *Prof. Dr. Riaz Ahmed*

Moderators: *Dr. Zubair Javed, Dr. Tayyab Ahmed*

No	Time	Topic	Presenter
01	11:30 AM 11:45 AM	Spine surgery, A bird's eye view	Prof. Yousaf Shah, UK
02	11:45 AM 11:55 AM	To be awaited	Dr. Muhammad Saeed Minhas
03	11:55 AM 12:04 PM	Effect of dexamethasone in post-operative pain management in patients undergoing total knee arthroplasty	Dr. Junaid khan, RMU, Rawalpindi
04	12:04 PM 12:13 PM	Comparison of union in lateral 1/3rd of clavicle conservative approach vs open reduction internal fixator	Dr. Nabeel Sabir, RMU, Rawalpindi
05	12:13 PM 12:21 PM	Unilateral versus simultaneous bilateral total knee arthroplasty: A prospective study	Dr. Obaidur Rehman, RMU, Rawalpindi
06	12:21 PM 12:30 AM	Outcome of distal radius fractures managed with percutanensa application of external fixator after ligamentotaxis	Dr. Nadeem Kashmiri, RMU, Rawalpindi

Gynecology and Obstetrics Session- II 21st March, 2019 (Thursday)

Chairman: Brig Prof Nighat Shafique
Co-Chairman: Prof. Brig. Rubina Mushtaq
Moderator: Dr Humera Noreen

No	Time	Topic	Presenter
01	11:30 AM 11:45 AM	Radiation Treatment An Essential Modality in the management of Gynecological cancers	Dr. Humera Mahmood, NORI, Islamabad
02	11:45 AM 12:00 PM	Referral System	Dr. Naila Israr, Polyclinic, Islamabad
03	12:00 PM 12:15 PM	Changing trends in assessment & management of Heavy Menstrual Bleed	Prof Dr. Zartaj Hayat, FUMC, Islamabad
04	12:15 PM 12:30 PM	Professionalism & ethics	Prof. Fehmida Shaheen, Hitec IMS Medical College, Taxilla
05	12:30 PM 12:45 PM	Vesicovaginal fistula repair Predictors of success	Prof Ghazala Mahmud, Fazaia Medical College, Islamabad
06	12:45 PM 01:00 PM	Reducing Maternal Mortality by using Human Rights Based approach	Prof Maj Gen Shehla Baqai, Army Medical College, Rawalpindi
07	01:00 PM 01:15 PM	Prevention and modern methods of PPH	Prof Brig(retd) Mamoon Mushtaq, Frontier Medical & Dental College, Abbottabad.
08	01:15 PM 01:30 PM	Cervical cancer prevention	Prof Rizwana Chaudhri, RMU, Rawalpindi

Pathology Session- II 21st March, 2019 (Thursday)

Chairman: Maj. Gen (Retd.) Pervez Ahmed
Co-Chairman: Dr. Sajid Mushtaq, Prof. Dr. Faiza Qazi
Moderator: Dr. Tayyaba Ali

No	Time	Topic	Presenter
01	11:30 AM 11:50 AM	Immunohistochemistry in Bone and Soft Tissue Tumor	Dr. Sajid Mushtaq, Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore
02	11:50 AM 12:10 PM	Hematology	Prof. Amir Akmal, USA
03	12:10 PM 12:17 PM	A Mosaic of risk factors for female infertility in Pakistan	Ms. Asma Nafeesa, RMU, Rawalpindi
04	12:17 PM 12:24 PM	Detection and Molecular characterization of Norovirus in hospitalized Children with diarrhea	Ms. Nighat Mushtaq (PhD Scholar)
05	12:24 PM 12:30 PM	Institution based tumor registry 4 years data based analysis	Dr. Sundus Durrani, RMU, Rawalpindi

Cardiology

21st March, 2019 (Thursday)

Chairpersons: *Maj Gen Sohail Aziz*

Co-Chairman: *Maj Gen Imran Fazal, Dr. Aamir Ayub, Dr Imran Saeed Ali, Dr. Hamid Sharif*

Moderator: *Dr. Ushna Khan*

No	Time	Topic	Presenter
01	12:30 PM 12:40 PM	Advances in Cardiac Interventions	Maj. Gen Sohail Aziz, AFIC, Rawalpindi
02	12:40 PM 12:50 PM	New approaches in the management of Atrial Fibrillation	Dr. Aamir Ayub, UK
03	12:50 PM 01:00 PM	Acute Coronary Syndrome Challenges	Maj. Gen Imran Fazal, AFIC, Rawalpindi
04	01:00 PM 01:10 PM	Approach to a STEMI patient in a non PCI facility hospital	Dr. Hamid Sharif, RIC, Rawalpindi
05	01:10 PM 01:20 PM	Blood Pressure Monitoring – New Approaches	Dr. Imran Saeed Ali, RMU, Rawalpindi

Ophthalmology

21st March, 2019 (Thursday)

Chairman: *Prof. Muhammad Afzal Khan*

Co-Chairman: *Prof. Ali Raza*

Moderators: *Dr. Qamar Farooq, Dr. Fuad Ahmed Khan Niaza*

No	Time	Topic	Presenter
01	12.38 PM 12.45 PM	Screening in Diabetic Eye Disease	Dr Sarah Zafar Al-Shifa Eye Trust Hospital, Rawalpindi
02	12.46 PM 12.53 PM	OPTIC neuropathy due to a sphenoid mucocoele	Dr Sana Nadeem Foundation University Medical College, Rawalpindi
03	12.54 PM 01.01 PM	Phacoemulsification in senile white mature cataract; Its safety and efficacy	DrAmbreen Gul, RMU Prof Dr Ali Raza RMU, Rawalpindi
04	01.02 PM 01.09 PM	Isolated paresis of the inferior oblique	Dr Sana Nadeem Foundation University Medical College, Rawalpindi
05	01.09 PM 01.14 PM	Etiological Factors present in Pre-senile Cataract Population	Dr Uzma, RMU, Rawalpindi
06	01.15 PM 01.20 PM	Role of 0.1 % Nepafenac Ophthalmic Solution in Reducing intraoperative Miosis During Cataract Surgery	Dr Sairam Ahmed RMU, Rawalpindi

Allied Health Sciences Session – I

21st March, 2019 (Thursday)

Chairman: Prof. Riaz Sheikh

Co-Chairman: Dr. Jehangir Khan

Moderator: Dr. Athar Tehseen

No	Time	Topic	Presenter
01	12:30 PM 12:38 PM	Innovations and Transformation in rehabilitation sciences	Prof. Dr. Muhammad Naveed Babur, ISRA University, Islamabad
02	12:38 PM 12:46 PM	Need of Physical Rehabilitation In Pakistan	Mr. Nadeem Gul, FUMC, Rawalpindi
03	12:46 PM 12:54 PM	Effectiveness of Incentive Spirometry along with deep breathing blow bottle technique on Arterial Blood Gases, Oxygen Saturation and other vitals response in COPD during Phase I of Cardiac Rehabilitation after coronary artery by-pass graft	Miss. Wardah Aslam, RMU, Rawalpindi
04	12:54 PM 01:02 PM	Genetic analysis of cataract in Pakistani population	Miss Maryam Riaz, COMSATS, Islamabad
05	01:02 PM 01:10 PM	Prevalence of Hypermetropia among children of difference age groups presenting in eye OPD, HFH Rawalpindi	Miss Aal-e-Zahra Kazmi, University of Lahore, Lahore
06	01:10 PM 01:20 PM	Prevalence & risk factor associated with musculoskeletal complication among lower limb prosthetic users	Mr. Waseem Javed, CHAL Foundation
07	01:20 PM 01:30 PM	Frequency of positive findings on x-rays of patients diagnosed to have cruciate ligament tear in MRI	Miss. Azka Riasat

Vice Chancellors and Principals Forum on Medical Education

21st March, 2019 (Thursday)

Panel of Experts:	<p>Prof. Javed Akram VC, UHS, Lahore</p> <p>Prof. Khalid Masood Gondal VC, KEMU, Lahore</p> <p>Prof. Amir Zaman VC, FJMU Lahore</p> <p>Prof. Gen. Imran Majeed, VC, NUMS, Rawalpindi</p> <p>Prof. Gen. Saleem Ahmed Khan Principal, AMC, Rawalpindi</p> <p>Prof. Gen. Jawad Ansar Principal FUMC, Rawalpindi</p> <p>Prof. Gen. Shahab Naqvi Principal RIMS, Islamabad</p> <p>Prof. Waseem ud Din Principal Wah Medical College, Wah</p> <p>Prof. Qazi Waqas Principal HITEC- IHS, Taxilla</p> <p>Prof. Syed Mulazim Hussain Bukhari, University of Lahore</p> <p>Prof. Muhammad Tayyab, Ameer ud Din Medical College</p> <p>Prof. Mehmood Ayyaz, Service Medical College</p>
Moderators:	<p>Prof. Muhammad Umar Vice Chancellor, RMU</p> <p>Prof. Rai Asghar, Director DME, RMU</p> <p>Dr. Shazia Zeb RMU</p> <p>Dr. Faiza Aslam, RMU</p>

No	Time	Topic	Presenter
01	02:30 PM 02:45 PM	Challenges of Medical Education in Pakistan: Past, Present, Future	Prof. A. Majeed Chaudhry Principal Lahore Medical & Dental College, Lahore
02	02:45 PM 03:00 PM	Role of Medical Universities in Medical Education	Prof. Zafar Ali Chaudry, Vice Chancellor Faisalabad Medical University
03	03:00 PM 03:15 PM	Role of PMDC in University Medical Education	Prof. Shoaib Hassan Shah Dean Islamabad Medical & Dental College
04	03:15 PM 03:30 PM	Setting standards of Medical Education in Pakistan. WFME Vs PMDC standard	Prof. Umar Ali Khan Pro Vice Chancellor ISRA University
05	03:30 PM 03:45 PM	Which Curriculum is best for undergraduate and postgraduate in Pakistan, and Why?	Prof. Muhammad Iqbal Vice Chancellor ShifaTameer-e-Millat University
06	03:45 PM 4:00 PM	Issues of New Medical Universities in Punjab	Prof. Mustafa Kamal Pasha Vice Chancellor Nishtar Medical University
07	04:00 PM 04:30 PM	Panel Discussion	

Guest Lectures on Quality Assurance in Medical Education Basic Sciences Session 21st March, 2019 (Thursday)

Chairman: *Maj. Gen. (Retd) Muhammad Aslam, Prof. Samia Sarwar, Prof. Dr. Azam Zia, Prof. Idrees Farooque Butt*

Co-chairman: *Prof. SeemiGul, Prof. Tehzeeb ul Hassan, Dr. Tehmina Qamar, Dr. Shazia Zeb*

Moderators: *Dr. Sidra Hamid, Dr. Attiya Munir, Dr. Rabbia Khalid*

No	Time	Topic	Presenter
01	2:30 PM 2:45 PM	Quality Enhancement Cell And RMU	Prof. Naeem Zia, RMU, Rawalpindi
02	2:45 PM 03:00 PM	Quality Assurance in Medical Education	Miss Noor Amna Malik, HEC, Islamabad
03	03:00 PM 03:10 PM	Activity Of Indoleamine2,3 Dioxygenase(Ido) In Type II Diabetes Mellitus Patients In Pakistan	Dr. Maurraf Hussain, RMU, Rawalpindi
04	03:10 PM 03:20 PM	Risk Assessment Of Type-II Diabetes Among Population Of Rawalpindi City	Dr. Rizwana Shahid, RMU, Rawalpindi
05	03:20 PM 03:30 PM	Evaluation of Hepatoprotective effect of <i>Argyrolobium roseum</i> (Jaub and spach, makhnibooti) on CCl ₄ induced hepatotoxicity in rabbits.	Dr. Nazia Rasheed, RMU, Rawalpindi
06	03:30 PM 03:45 PM	To study the Effect of Aqueous Extract of <i>Cichorium Intybus</i> (kasni) roots on serum alanine transaminase (ALT) levels in pyrazinamide Induced hepatotoxicity in male mice	Dr. Attiya Munir, RMU, Rawalpindi
07	03:45 PM 04:00 PM	Protective Effect Of <i>Tribulus Terrestris</i> On Nifedipine Induced Changes In Male Sex Hormones	Dr. Sidra Hamid, RMU, Rawalpindi
08	04:00 PM 04-15 PM	Role of antidiabetic agents in protecting the kidneys From oxidant insult in rabbits	Dr. Ayesha Janjua, Foundation University Medical College, Rawalpindi
09	04:15 PM 04:30 PM	Intensification of the nephrotoxicity caused by colistin with concurrent use of captopril	Zaraf shan Bader, Foundation University Medical College, Rawalpindi



Evidence Based Medicine- Global Perspective

21st March, 2019 (Thursday)

Chairman: *Prof. Zafar Ali Chaudhry, VC, FMU*

Co-Chairman: *Prof. Waseem-ud-Din, Principal, WMC, Dr. Nadia Naseem, UHS*

Moderator: *Dr. Faiza Aslam, RMU*

No	Time	Topic	Presenter
01	02:30 PM 03:30 PM	Introduction to Evidence Based Medicine	Prof. Babar Rao, USA
02	03:30 PM 04:30 PM	Interactive Session	

Allied Health Sciences Session – II

21st March, 2019 (Thursday)

Chairman: *Prof. Naeem Akhtar*

Co-Chairman: *Dr. Shireen Rafiq*

Moderator: *Dr. Syed Muhammad Ali*

No	Time	Topic	Presenter
01	02:30 PM 02:45 PM	Prevention of Hepatitis C Virus Through Tertiary Care Hospital Laboratory Waste	Dr. Shah Jahan (UHS)
02	02:45 PM 02:55 PM	Quality Assurance in Chemical Pathology	Mr. Noor-ul-Amin, RIC, Rawalpindi
03	02:55 PM 03:05PM	Molecular prevalence of plasmid mediated quinolone resistance gene in clinical isolate of extended-spectrum- lactamase (ESBL) producing gram negative Enterobacteriaceae Bacteria	Mr. Muhammad Uzair, RMU, Rawalpindi
04	03:05 PM 03:15 PM	A randomized control trial to review the effectiveness of task specific training with trunk restrained in improving functional outcome among patients with chronic stroke	Miss. Zubaira Tanveer, FUMC, Rawalpindi
05	03:15 PM 03:25 PM	Effectiveness of Orthotic management in case of rheumatoid arthritis of hand	Mr. Muhammad Kamran Khan, Shifa International Hospital, Islamabad
06	03:25 PM 03:30 PM	Correlation of aortic stenosis with left ventricular hypertrophy on echocardiogram	Miss. Tehreem Abdul Hakeem



Scientific Program (22nd March 2019)

University Residents Research (URR) Forum

22nd March, 2019 (Friday)

Chairpersons Prof. Muhammad Hanif, RMU
Prof. Musharraf Baig, RMU

Panel of Judges: Prof. Babar Rao, USA Prof. Fareed Aslam Minhas
Prof. Ayaz Abbasi, UK Prof. Hammatul Bushra
Prof. Shahid Rafiq, USA Prof. Mati ullah Khan
Prof. Shahid Latif, UK Prof. Muhammad Ajmal
Prof. Shahid Randhawa, USA Prof. Haider Zaigham Baqai
Prof. Mohammad Waqar Azeem, USA Prof. Rizwana Chaudhri
Prof. Yousaf Shah, UK Prof. Muhammad Idrees Anwar
Prof. Khalid Shahzad, UK Prof. Rai Muhammad Asghar
Prof. Atiq Ur Rehman, UK Prof. Shagufta Saeed Sial
Prof. Khizer Mansoor, UK Prof. Naeem Akhtar
Prof. Bilal Malik, UK Prof. Atifa Shuaib
Prof. Aamir Niazi, UAE Prof. Syed Arshad Sabir
Prof. Rehan Masood, Canada Prof. Riaz Sheikh
Prof. Syed Irfan Ahmad Prof. Prof. Muhammad Khurram

Moderators: Dr. Shazia Zeb RMU, Dr. Faiza Aslam, RMU, Dr. Ifra Saeed, RMU

No	Time	Topic	Presenter
1	07:00 AM 07:05 AM	Audit Of Appropriateness Of USS Requests	Dr Mustafa Javed
2	07:05 AM 07:10 AM	Effect Of Age And Sex On Left Atrial And Left Ventricular Diastolic Diameters In Patient With Mild Diastolic Dysfunction	Dr Muhammad Zubair Satti
3	07:10 AM 07:15 AM	Awareness Of Orthopedic Doctors And Operation Theatre Assistants On Radiation Exposure In Pakistan	Dr Junaid Khan
4	07:15 AM 07:20 AM	Abstract On Etiological Factors Present In Presenile Cataract Population	Dr Uzma Kant
5	07:20 AM 07:25 AM	Incidence Of Macular Edema In Non Proliferative Diabetic Retinopathy Patients With Type Ii Diabetes"	Dr Fouzia Noureen
6	07:25 AM 07:30 AM	Effectiveness Of Physical Therapy On Functional Status, Knee Range Of Motion, Pain And Muscle Strength After Total Knee Arthroplasty.	Dr Moazzma
7	07:30 AM 07:35 AM	Role Of Nepafenac 0.1% Ophthalmic Solution In Preventing Intraoperative Miosis During Phacoemulsification.	Dr Sairam Ahmed
8	07:35 AM 07:40 AM	Correlation Of Serum Uric Acid Levels With Modified Rankin Score In Patients With Acute Ischemic Stroke	Dr Shahida Perveen
9	07:40 AM 07:45 AM	Laposcopic CBD Exploration	Dr Amna Arshad
10	07:45 AM 07:50 AM	Comparison Of Ranson's Score, Bisap, And Ctsi In Predicting The Severity Of Acute Pancreatitis	Dr Saad Sarfraz
11	07:50 AM 07:55 AM	To Determine Rate And Reasons For Cancellation Of Surgery At Scheduled Day In A Tertiary Care Hospital	Dr Ayesha Khalid
12	07:55 AM 08:00 AM	Frequency Of Positive Findings On X-Rays Of Patients Diagnosed To Have Cruciate Ligamental Tear On Mri	Dr Azka
13	08:05 AM 08:10 AM	Types And Reported Reasons Of Substance Abuse In Patients Attending To Different Drugs Detoxification And Rehabilitation Centers Of Twin Cities Of Punjab. (Pakistan)	Dr. Muneeba Faisal
14	08:10 AM 08:15 AM	Trends Of Contraceptive Usage In A Section Of Population In Rawalpindi City	Dr. Sidrah Nasim
15	08:15 AM 08:20 AM	Energy drinks induced mania	Dr. Haris Kamran
16	08:20 AM 08:25 AM	Topic not send	Dr Rizwana Shahid
17	08:25 AM 08:30 AM	Topic not send	Dr Zohaib Haider



Scientific Program (22nd March 2019)

State of the Art Lecture - I

22nd March, 2019 (Friday)

Chairman: Prof. Muhammad Iqbal

Co-Chairman: Dr. Saqib Abbasi

Moderator: Dr. Lalarukh UK

No	Time	Topic	Presenter
01	08.30AM 09.00AM	Towards Good Health in Pakistan: National Priorities	Dr. Assad Hafeez, WHO

Medicine and Allied Session –II

22nd March, 2019 (Friday)

Chairman: Prof. Muhammad Hanif, Prof. Waseem Ud Din

Co-Chairman: Prof Haider Baqai, Prof. Mati ullah Khan

Moderators: Dr. Muhammad Ali Khalid, Dr. Saima Ambreen

No	Time	Topic	Presenter
01	09.00 AM 09:15 AM	Transfusion Reactions-prevention, diagnosis and treatment	Dr.Amer Akmal, USA
02	09.15 AM 09.25 AM	XDR-typhoid	Dr. Nasim Akhtar, Pakistan Institute of Medical Sciences, Islamabad
03	09.25 AM 09:35 AM	Clozapine: Association with secondary antibody deficiency	Prof. Tayyeb Tahir, UK
04	09.35 AM 09.50 AM	Stroke core measure- The science behind it	Dr. Shahid Rafiq, USA
05	09.50 AM 10.00 AM	Diagnostic Stewardship	Dr. Asim Saeed, National Institute of Health, Islamabad
06	10.00 AM 10.10 AM	Albumin and ALT as predictors of dengue severity and their relation with the hematological parameters	Dr. Shahida Parveen, Foundation University Medical College, Islamabad
07	10.10 AM 10.30 AM	Quality & Safety in patients care	Dr. Ayaz Abbassi, UK

Surgery and Allied Session – II

22nd March, 2019 (Friday)

Chairman: Prof. Muhammad Saleem

Co-Chairman: Prof. Nadeem Akhtar

Moderator: Dr. Zain ul Abadeen

No	Time	Topic	Presenter
01	09:00 AM 09:18 AM	Adrenal Surgery	Prof. Irfan Akhtar, UK
02	09:18 AM 09:36 AM	Management of significant polyp & rectal cancer	Dr. Khurram Siddiqui, UK
03	09:36 AM 09:54 AM	Surgical Management of colorectal carcinoma: Clinical Features and outcomes at a tertiary care hospital	Prof. Waqar, Pakistan Institute of Medical Sciences, Islamabad
04	09:54 AM 10:12 AM	Laparoscopic cysto-gastrostomy, Holy Family Experience	Prof. Muhammad Idrees Anwar, RMU, Rawalpindi
05	10:12 AM 10:30 PM	Setting up Bariatrics ERABS & BOMMS guidelines	Dr. Shehzad Latif, UK

Community Medicine & Public Health

22nd March, 2019 (Friday)

Chairman: *Prof. Dr. Abida Sultana*
Co-Chairman: *Dr. Shahzad Ali Khan*
Moderator: *Dr. Sana Bilal*

No	Time	Topic	Presenter
01	09:00 – 09:15 AM	Knowledge and perceptions of expecting and lactating women about exclusive breastfeeding attending Ayub Teaching Hospital, Abbottabad	Dr. Babar Tasneem Shaikh, Health Services Academy, Islamabad Dr. Kiran Tariq
02	09:15 – 09:25 AM	Out of pocket expenditure on thalassemia major and its Implications on the household economics: a cross sectional Study in district Rawalpindi	Dr. Mariam Khan, Health Services Academy, Islamabad
03	09:25 – 09:35 AM	Health literacy of patients and its determinants in tertiary care setup	Dr. Aashi Ahmed, HITEC-IMS, Taxila
04	09:35 – 09:50 AM	Child labor and its social aspects; an investigation of the situation in Rawalpindi City	Dr. Sana Bilal, RMU, Rawalpindi
05	09:50 – 10:00 AM	Item analysis of multiple choice questions of Ophthalmology at Rawalpindi Medical University, Rawalpindi	Dr. Rizwana Shahid, RMU, Rawalpindi
06	10:00 – 10:10 AM	Perception and level of acceptance for “Quackery” in general population of two big cities of Punjab.	Dr. Afifa Kulsoom, RMU, Rawalpindi
07	10:10 – 10:20 AM	Level of Cong-fever preventive awareness in urban community of a city of Punjab.	Dr. Farhan Hassan, RMU, Rawalpindi
08	10:20 – 10:30 AM	Psychological, social and physical limitations faced by obese persons; a cross-sectional survey involving obese population of twin cities of Punjab.	Dr. Narjis Zaidi, RMU, Rawalpindi

Neurosurgery

22nd March, 2019 (Friday)

Chairman: *Prof. Dr. Arif Malik*
Co-Chairman: *Dr. Yasir Shehzad*
Moderator: *Dr. Soban Sarwar Gondal*

No	Time	Topic	Presenter
01	09:00 AM 09:15 AM	Pediatric Neurosurgery- Organization and Implementation	Prof. Imran Bhatti, UK
02	09:15 AM 09:30 AM	Cerebral aneurysms Clipping: Local experience at DHQ Hospital, Rawalpindi	Prof. Dr. Nadeem Akhter, RMU, Rawalpindi
03	09:30 AM 09:45 AM	Percutaneous transforaminal endoscopic lumbar discectomy Under local anasthia: a newer approach.	Dr. Yasir Shehzad, RMU, Rawalpindi
04	09:45 AM 10:00 AM	Minimally Invasive tubular discectomy (MTD) VS Open Microdiscectomy (MD) as surgical approach for Lumbar Disc Herniation	Dr. Soban S Gondal, RMU, Rawalpindi
05	10:00 AM 10:15 AM	Endoscope guided removal of spontaneous intracerebral Haemorrhage.	Dr. Fraz Mehmood, RMU, Rawalpindi
06	10:15 AM 10:30 AM	Endoscopic colloid cyst excision: surgical technique.	Dr. Kashif Ramooz, RMU, Rawalpindi

State of the Art Lecture - II

22nd March, 2019 (Friday)

Chairman: *Dr. Muhammad Aslam*
Co-Chairman: *Prof. Rao Babar, USA*
Moderator: *Dr. Shahid Rafiq, USA*

No	Time	Topic	Presenter
01	11:00 AM 11.30AM	Global Advancements in Medical Education: Opportunities and Challenges for Pakistan	Prof. Gohar Wajid, KSA

Otorhinolaryngology

22nd March, 2019 (Friday)

Chairman: *Birg (R) Tahir Manzoor*
Co-Chairman: *Prof. Maroof Aziz*
Moderator: *Dr. Ashar Alamgir*

No	Time	Topic	Presenter
01	11:30 AM 11:46 AM	Hearing Preservation in noisy environment	Brig. Nusrat Raza, Combined Military Hospital, Rawalpindi
02	11:46 AM 12:06 PM	Endoscopic hypophysectomy / skull base Surgery	Prof. Muhammad Mujeeb, Services Institute of Medical Sciences, Lahore
03	12:06 AM 12:26 PM	Head and Neck Malignancy	Dr. Shayan Ansari, Shifa International Hospital, Islamabad
04	12:26 AM 12:42 PM	Endoscopic Middle ear surgery	Dr. Atif Najam, Bahria Hospital, Islamabad
05	12:42 AM 01:00 PM	CRS diagnosis and management	Prof. Maroof Aziz, King Edward Medical University, Lahore

Surgery and Allied Session – III

22nd March, 2019 (Friday)

Chairman: *Prof. Mussadiq Khan*
Co-Chairman: *Prof. Faisal Bhopal*
Moderator: *Dr. Raheel Ahmed*

No	Time	Topic	Presenter
01	11:30 PM 11:48 PM	Establishment of Hot Gall Bladder lists: Safety of a lean Initiative	Dr. Khurram Siddiqui, UK
02	11:48 PM 12:06PM	Vascular Surgery – A New speciality in Pakistan & England	Dr. Atiq-ur-Rehman, UK
03	12:06 PM 12:24 PM	Percutaneous Tracheostomy Service	Dr. Mohammad Faheem, Ireland
04	12:24 PM 12:42 PM	Outcomes of Transanal Endoscopic Microsurgery (TEMS): a prospective audit.	Dr. Khalid Sohail, UK
05	12:42 PM 01:00 PM	International burns fellowship	Dr. Umair Anwar, UK



Scientific Program (22nd March 2019)

Global Rawalian Session

**Career Guidance / Planning: International Perspective for Medical Students / Residents
(Faculty from USA, UK & Australia)
22nd March, 2019 (Friday)**

Panel of Experts	<i>Prof. Shahid Rafiq, USA</i> <i>Prof. Muhammad Waqar Azeem, USA</i> <i>Prof. Lalarukh Khan, UK</i> <i>Dr. Khurram Siddique, UK</i> <i>Dr. Khizer Mansoor, UK</i> <i>Dr. Shahid Latif UK</i> <i>Dr. Irfan Akhtar UK</i> <i>Dr. Aamir Ayub UK</i> <i>Dr. Shams Tabraiz, UK</i> <i>Dr. Yousaf Shah UK</i> <i>Dr. Umair Anwar UK</i> <i>Prof. Syeda Anjum Raza, Australia</i> <i>Dr. M. Shahbaz Chaudhri, Australia</i>
Moderators	<i>Prof. Muhammad Hanif, RMU</i> <i>Prof. Nayyer Qayyum, RMU</i> <i>Prof. Samia Sarwar, RMU</i> <i>Dr. Asad Tamizud din Nizami, RMU</i> <i>Dr. Usman Qureshi, RMU</i>

No	Time	Topic	Presenter
01	11:30 PM 11:45 AM	Talk on admissions in the USA	Prof. Shahid Rafiq, USA
02	11:45 PM 12:00PM	Getting into the Foundation Year: Tips and tricks	Prof. Lalarukh Khan, UK
03	12:00 PM 12:15 PM	Opportunities in NHS program for Post-Graduate Trainees	Dr. Khurram Siddique, UK
04	12:15 PM 12:30 PM	How to secure admission in Australia	Dr. M. Shahbaz Chaudhri, Australia
	12:30 PM 12:45 PM	Visa Facilitation to US, UK & Australia	Dr. Zahoor Ahmed Ministry of Foreign Affairs, Islamabad
05	12:45 PM 01:00 PM	Panel Discussion	

Tele Medicine Session- MAHSA University, Malaysia 22nd March, 2019 (Friday)

Chairman: *Prof. Muhammad Umar, RMU*
Co-Chairman: *Prof. Muhammad Iftikhar Hanif, RMU*
Moderators *Dr. Muhammad Usama, RMU*
Dr. Asif Masood Butt, RMU

No	Time	Topic	Presenter
01	11:30 AM 11:40 AM	Introduction – MAHSA University, Malaysia	Vice Chancellor
02	11:40 AM 12:00 PM	The role of physicians innovators to promote culture of innovation in universities & economic growth	Prof. Muhammad Iftikhar Hanif, Malaysia

22nd March, 2019 (Friday) RMU Faculty Research Forum

Chairpersons: *Prof. Naeem Zia, RMU*
Prof. M. Aslam Chaudhry

Panel of Experts:	<i>Prof. Babar Rao, USA</i>	<i>Prof. Muhammad Ajmal</i>
	<i>Prof. Ayaz Abbasi, UK</i>	<i>Prof. Fareed Aslam Minhas</i>
	<i>Prof. Shahid Rafiq, USA</i>	<i>Prof. Rizwana Chaudhri</i>
	<i>Prof. Shahid Latif, UK</i>	<i>Prof. Muhammad Idrees Anwar</i>
	<i>Prof. Amer Akmal, USA</i>	<i>Prof. Rai Muhammad Asghar</i>
	<i>Prof. Riffa tZaidi, USA</i>	<i>Prof. Shagufta Saeed Sial</i>
	<i>Prof. Aamir Ayub, UK</i>	<i>Prof. Naeem Akhtar</i>
	<i>Prof. Irfan Akhtar, UK</i>	<i>Prof. Atifa Shuaib</i>
	<i>Prof. Muhammad Imran Bhatti, UK</i>	<i>Prof. Muhammad Khurram</i>
	<i>Prof. Muhammad Faheem, Ireland</i>	<i>Prof. Syed Arshad Sabir</i>
	<i>Prof. Syed Raza Shabir, Australia</i>	<i>Prof. Riaz Sheikh</i>
	<i>Prof. M. Shahbaz Chaudhry, Australia</i>	

Moderators: *Dr. Usman Qureshi, RMU, Dr. Shazia Zeb, RMU, Dr. Faiza Aslam, RMU*

No	Time	Topic	Presenter
01	02:00 PM 02:10 PM	RMU Policy Statement	Prof. Fareed A. Minhas, RMU, Rawalpindi

01	02:10 PM 02:17 PM	Tumouragression among de novo hepatocellular patients	Prof. M. Umar, VC, RMU, Rawalpindi
02	02:17 PM 02:24 PM	World Woman Trial	Prof. Rizwana Chaudhri, RMU, Rawalpindi
03	02:24 PM 02:31PM	Infected femoral Pseudoaneurysms	Prof. Naeem Zia, RMU, Rawalpindi
04	02:31 PM 02:38 PM	Efficacy and safety of minimal access surgery in hyatid cyst of lung and liver	Prof. Muhammad Hanif, RMU, Rawalpindi
05	02:38 PM 02:45 PM	A Novel 3- Serum Micro RNA- Based diagnostic panel for breast cancer	Prof. Jahangir Sarwar Khan, RMU, Rawalpindi
06	02:45 PM 02:52 PM	Frequency of Allelic variation of the serotonin transporter gene expression 5HTT, in the patients with depression	Dr. Asad Tamizud din Nizami, RMU, Rawalpindi
07	02:52 PM 03:00 PM	D-Dimer, in CAP severity	Dr. Muhammad Ali Khan, RMU, Rawalpindi

Medical Journalism: Challenges & Solutions

22nd March, 2019 (Friday)

Chairperson:	Prof. Khalid Hasan
Co-Chairperson:	Prof. Syed Irfan Ahmad
Panel of Experts	<p>Maj. Gen. Saleem Ahmed Khan Principal AMC, Rawalpindi</p> <p>Maj. Gen. Jawad Ansari Principal FUMC, Rawalpindi</p> <p>Brig. Muzammil Najmi, FUMC, Rawalpindi</p> <p>Dr. Saba Sohail Associate Editor Journal CPSP</p> <p>Dr. Amjad Mehmood Raja, ED PIMS, Islamabad</p> <p>Dr. Nadia Naseem, UHS</p> <p>Dr. Fatema Jawad, Editor JPMA</p>
International Editorial Board	Prof. Babar Rao, USA
JRMC	Prof. Ayaz Abbasi, UK
SJRM	Prof. Shahid Rafiq, USA
	Prof. Shahid Latif, UK
	Prof. Amer Akmal, USA
	Prof. Riffat Zaidi, USA
	Prof. Aamir Ayub, UK
	Prof. Muhammad Imran Bhatti UK
	Prof. Irfan Akhtar, UK
	Prof. Muhammad Faheem, Ireland
	Prof. Syed Raza Shabir, Australia
	Prof. M. Shahbaz Chaudhry, Australia
Moderators	Prof. Muhammad Khuram, RMU, Dr. Nadeem Ikram, RMU, Dr. Faiza Aslam, RMU

No	Time	Topic	Presenter
01	03:00 PM 03:10 PM	National Medical Journals: A Review	Prof. Umar Farooq Ayub Medical College
02	03:10 PM 03:20 PM	JRMC: A journey of 20 years	Prof. Muhammad Khuram, RMU
03	03:20 PM 03:30 PM	SJRM: A new arena in Student research	Hamza Waqar Bhatti President RSRS
04	03:30 PM 03:40 PM	Challenges of Medical Journalism in Pakistan	Prof. Nasir Khokar, Chief Editor, Rawal Medical Journal
05	03:40 PM 03:50 PM	PMDC Recognition & HEC ranking	Prof. Saira Afzal, Editor ANNALS of KEMU
06	03:50 PM 04:00 PM	Indexation and Impact factor	Dr. Nadia Naseem, UHS
07	04:00 PM 04:10 PM	Plagiarism: National versus International perspective	Dr. Nadeem Akbar Managing Editor, Journal of Islamic International medical College
08	04:10 PM 04:20 PM	Journal of CPSP- A Role Model	Dr. Saba Sohail Associate Editor Journal CPSP
09	04:20 PM 04:30 PM	Open forum for discussion	

Global Mental Health Symposium 22nd March, 2019 (Friday)

Panel of Experts

*Prof. Malik Hussain Mubbashar S.I, H.I.
Professor Emeritus, Rawalpindi Medical University, Rawalpindi*
*Prof. Fareed Aslam Minhas,
Rawalpindi Medical University, Rawalpindi*
*Brig. (R) Prof. Mowadat H. Rana S.I.
Armed Forces Institute of Mental Health, Rawalpindi*
*Prof. Rizwan Taj,
Pakistan Institute of Medical Sciences, Islamabad*
*Brig. Rashid Qayum
Armed Forces Institute of Mental Health, Rawalpindi*
*Prof. Mazhar Malik
Rawal Institute of Health Sciences, Islamabad*
*Dr. Senya Akhtar,
KRL Hospital, Islamabad*
*Dr. Abdul Wahab Yousaf zai
Shifa International Hospital, Islamabad*

Moderators:

*Dr. Bushra Razzaque, Dr. Muhammad Azeem,
Dr. Sadia Yasir, IOP, RMU, Rawalpindi*

No	Time	Topic	Presenter
01	02:00 PM 02:15 PM	Women Empowerment and Mental Health	Dr. Syeda Monazza Ali, New Zealand
02	02:15 PM 02:30 PM	Building Child, Adolescent and Perinatal Mental Health Services in Qatar: From Past to Future	Prof. Muhammad Waqar Azeem, USA
03	02:30 PM 02:45 PM	Liaison Psychiatry Perspective: Importance of screening for Depression	Prof. Tayyeb Tahir, UK
04	02:45 PM 03:00 PM	Understanding Emotionally Unstable Personality Disorder and Deliberate Self-Harm	Dr. Shahid Latif, UK
05	03:00 PM 03:15 PM	RMU & Global Health Issue	Prof Fareed A. Minhas, RMU, Rawalpindi
06	03:15 PM 03:30 PM	Impact of IMPACT: Research & Capacity Building at Rawalpindi Medical University	Dr. Asad Tamizud din Nizami, RMU, Rawalpindi Dr. Faiza Aslam, RMU, Rawalpindi
07	03:30 PM 03:45 PM	Pakistan Institute of living and learning: A legacy of Research (PILL)	Dr. Bushra Razzaque, RMU, Rawalpindi Ms. Amna Noreen, PILL
08	03:45 PM 03:55 PM	Being a trick cyclist - Future doctors' perceptions about Psychiatric illness, Psychiatrists and Psychiatry as a career choice after an interactive Psychiatry Clerkship	Dr. Aalia Hayat, KSA
09	03:55 PM 04:05 PM	Assessing the efficacy of mhGAP training for Final year medical students in a private medical college of Islamabad	Dr. Mahpara Mazhar, Al- Nafees Medical College & Hospital, Isra University, Islamabad
10	04:05 PM 04: 15 PM	A longitudinal Growth Model of Beliefs about worry	Ms. Aisha Kashif, AMC, Islamabad
11	04:15 PM 04:20 PM	Question and Answers	
12	04:20 PM 04:30 PM	Concluding Remarks	Dr. Asad Tamizud din Nizami, RMU, Rawalpindi

Family Physicians Symposium

22nd March, 2019 (Friday)

Chairman: *Dr. Manzoor Ahmed*

Co Chairman: *Dr. Sarfraz Bashir*

Moderator: *Dr. Nauman*

No	Time	Topic	Presenter
01	02:00 PM 02:30 PM	Post-Graduate training of General Practitioners of Pakistan. Why do we need it?	Prof. Saima Iqbal, Islamabad
02	02:30 PM 03:00 PM	Medical Home Concept in Primary Care	Dr. Zahid Rafiq, Canada
03	03:00 PM 03:30 PM	Acute Abdomen	Dr. Arshad Bhatti, Rawalpindi
04	03:30 PM 04:00 PM	Development of a Valid Short Family Violence Screening Tool Called HITS	Prof. Amer Shakil, USA

Nursing Symposium

22nd March, 2019 (Friday)








Chairman: *Ms. Tasneem Kousar, HFH Rawalpindi, Ms. Musarrat Khanum, BBH Rawalpindi
Ms. Mamona Sattar, DHQ Hospital Rawalpindi*

Co-Chairman: *Ms. Naveela Kausar, Ms. Tasneem Afshan*








Moderator: *Ms. Samina Akram*

No	Time	Topic	Presenter
01	1:30 PM 2:00 PM	Registration	
02	2:00 PM 2:05 PM	Welcome speech	Prof. Shagufta Saeed Sial, RMU, Rawalpindi
03	2:05 PM 2:10 PM	Inaugural address	Prof. Dr. Mohammad Umar, VC-RMU, Rawalpindi
04	2:10 PM 2:15 PM	Key note speaker Excellence in Nursing Education	Ms. Kausar Parveen Director General Nursing
05	2:15 PM 2:20 PM	Cardio-pulmonary Resuscitation: Knowledge of Charge Nurses Working in Public Hospitals	Ms. Naveela Kausar, RMU, Rawalpindi
06	2:20 PM 2:25 PM	A Mixed Methods Review of Male Nursing Students' Challenges during Nursing Education and Strategies to Tackle these Challenges	Ms. Jacoline Sommer, RMU, Rawalpindi
07	2:25 PM 2:30 PM	Knowledge and Practices regarding Standard Precautions for Infection Control among nurses Working at a Public Tertiary Care Hospital Islamabad	Ms. Samina Yasmeen, RMU, Rawalpindi
08	2:30 PM 2:35 PM	Effectiveness of practicing midwives in reducing maternal mortality in Rawalpindi District, Pakistan	Ms. Tasneem Afshan, RMU, Rawalpindi
09	2:35 PM 2:40 PM	Perception of family members and nurses regarding needs of family members in ICU	Miss Asia Nazir, PIMS, Islamabad
10	2:40 PM 2:45 PM	Nursing students perception of their educational environment in the bachelors programs of the Shifa CON	Muhammad Ishtiaq, Shifa CON, Islamabad
11	2:45 PM 2:50 PM	Distribution of Certificates	Dean Nursing
12	2:50 PM 3:00 PM	Vote of Thanks	Ms. Tasneem Kausar Principal








S.n	Date/ Time	Title	
1.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	23-1-2019/ 9:00am-2:00pm First Aid to Psychiatric Emergency Institute of Psychiatry BBH Mrs Saleema Farooq Mrs Shamshad AKU Mrs Naveela Kausar Mrs Musrrat	 Mrs Saleema Farooq
2.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	24-1-2019/9:00am-2:00pm Drug Addiction in Psychiatry Nursing Institute of Psychiatry BBH Mrs Saleema Farooq AKU Mrs Naveela Kausar Mrs Musrrat	 Mrs Naveela Kausar
3.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	25-1-2019/9:00am-2:00pm Mood Disorder in Psychiatry Nursing Institute of Psychiatry BBH Mrs Saleema Farooq Mrs Shamshad AKU Mrs Naveela Kausar Mrs Musrrat	 Mrs Shamshad
4.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	28-1-2019/9:00am-12:00pm Professionalism Academic Hall NTB Dr. Arsalan Manzoor Mughal Dr. Shazia Zeb Dr. Irum Kalsoom	 Dr. Arsalan Manzoor Mughal
5.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	15-02-2019/9:00am-12:00pm Endnote Academic Hall NTB Dr. Naeem Liaqat Dr. Shazia Zeb Dr. Irum Kalsoom	 Dr. Naeem Liaqat
6.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	18-02-2019/9:00am-3:00pm Tissue Expansion Plastic Surgery HFH Dr. Gulraiz Rauf (UK) Dr. Husnain Dr. Yasir	 Dr. Gulraiz Rauf (UK)
7.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	24-02-2019/8:30am-4:00pm Advanced Hysteroscopy Gynae U-I, HFH Prof. Rizwana Ch. Dr. Amir Raza (UK) Prof. Rizwana Ch. Dr. Sadia Khan Dr. Qurat-ul-ain Dr. Farhat Arshad Dr. Humaria Bilqis	 Dr. Qurat-ul-Ain

8.	<p>Date/Time: 25-02-19/11:30am-2:00pm</p> <p>Title: Paper Writing</p> <p>Facilitator: MU II HFH Muhammad Ahmad</p> <p>Director: (Pharma)</p> <p>Co-Director: Prof Muhammad Khurram Dr Faramarz khan Dr. Madiha Nazar Dr. Najia Mehmood Dr Nida Anjum</p>	 <p>Muhammad Ahmad</p>
9.	<p>Date/Time: 28-02-2019/8:30am-2:00pm</p> <p>Title: Chorionic Villous Sampling (CVS)</p> <p>Venue: Gynae U-I HFH</p> <p>Facilitator: Dr. Farah Deeba Dr. Farhat Arshad</p> <p>Director: Prof. Rizwana Ch.</p> <p>Co-Director: Dr. Sadia Khan Dr. Humaira Bilqis Dr. Tahira Irfan</p>	 <p>Dr. Humaira Bilqees</p>
10.	<p>Date/Time: 28-02-2019/8:00 am -11:00am</p> <p>Title: Bone Marrow Morphology</p> <p>Venue: DME/NTB</p> <p>Facilitator: Maj. Gen. ® Parvez Ahmad</p> <p>Director: Prof. Atifa Shuaib</p> <p>Co-Director: Dr Javaria Qaiser</p>	 <p>Maj. Gen. ® Parvez Ahmad</p>
11.	<p>Date/Time: 28-02-2019/11:00 am -2:00pm</p> <p>Title: Quality Assurance in Blood Coagulation</p> <p>Venue: DME/NTB</p> <p>Facilitator: Dr. Samina Amanat</p> <p>Director: Prof. Atifa Shuaib</p> <p>Co-Director: Dr Raana Zeshan Dr Nadeem Ikram</p>	 <p>Dr. Samina Amanat</p>
12.	<p>Date/Time: 02-03-2019/9:00 am- 3:00pm</p> <p>Title: Safe Caesarean</p> <p>Venue: Gynae U-I, HFH</p> <p>Facilitator: Dr. Rukhsana Dr. Farhat Arshad Dr. Humaira Bilqis</p> <p>Director: Prof. Rizwana Ch.</p> <p>Co-Director: Dr. Sadia Khan Dr. Tahira Irfan</p>	 <p>Dr. Rukhsana</p>
13.	<p>Date/Time: 02-03-2019/8:00 am -2:00pm</p> <p>Title: Transfusion</p> <p>Venue: AFIT</p> <p>Facilitator: Dr. Nuzhat Mushahid Dr. Sajid Yazdani Dr. Naureen Saeed</p> <p>Director: Prof. Atifa Shuaib</p> <p>Co-Director: Dr. Fariha Sardar</p>	 <p>Dr. Sajid Yazdani</p>
14.	<p>Date/Time: 02-03-2019/9:00 am -1:00pm</p> <p>Title: Paediatrics Neurology</p> <p>Venue: Conference Room BBH</p> <p>Facilitator: Dr. Afzal Sawal</p> <p>Director: Prof. Rai Muhammad Asghar</p>	 <p>Prof. Rai Muhammad Asghar</p>

	Co-Director:	Dr. Muddassar Sharif Dr. Hina Sattar	
15.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	04.03.19/9:30 am -11:00am Utilizing RCT Appraisal for patient care Academic Hall NTB Dr Mobeen Iqbal Prof. Muhammad Umar Prof Muhammad Khurram Dr M. Ali Khalid Dr Lubna Meraj	 Dr. Mobeen Iqbal
16.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	04.03.19/9:00 am -12:00pm Utilizing RCT Appraisal For Patient Academic Hall NTB Dr Mobeen Iqbal Prof. Ghulam Haider Khalid Dr. Shazia Zeb Dr. Lubna Miraj Dr. Irum Kalsoom Dr. Sumaria Yasmeen	 Dr. Shazia Zeb
17.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	4.3.2019/1:00 pm - Onword pm Basic Spirometry MU-II HFH Dr. Kaleem Ullah Toori Prof Muhammad Khurram Dr. Najia Mehmood Dr Nida Anjum	 Dr. Kaleem Ullah Toori
18.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	05-03-2019/9:00 am -1:00pm Maternal & Neonatal Resuscitation Gynae U-I HFH Dr.Sarah Ejaz, Dr.Tahira Irfan Prof. Rizwana Ch. Dr. Farhat Arshad Dr. Sadia Khan Dr. Saima Khan	 Dr. Tahira Irfan
19.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	05-03-2019/8:00am -2:00pm Bio Safety in Laboratory Medicine DME/NTB Brig. Dr. Amir Ikram Prof. Atifa Shuaib Prof. Naeem Akhtar	 Brig. Dr. Amir Ikram
20.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	06-03-19/10:00am -12:00pm Rescue Training Session for ASM Student DME/NTB Dr. Abdul Rehman Dr. Shazia Zeb Dr. Abida Danyal Dr. Irum Kalsoom	 Dr. Irum Kalsoom
21.	Date/Time: Title: Venue: Facilitator: Director:	06-03-19/9:00am -2:00pm New Trends in Contraception Conference Room Gynae Unit II HFH Prof. Nabeela Waheed Dr. Khansa Iqbal	

	Co-Director:	Dr. Maliha Sadaf	Prof. Nabeela Waheed
22.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	07-03-2019/9:00am-2:00pm PPH Management Gynae Unit-1, HFH Dr.Sharmeen Dr.Tahira Irfan Dr. Humaira Bilqees Prof. Rizwana Ch. Dr. Farhat Dr. Sadia Khan	 Dr. Farhat Arshad
23.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	07-03-2019/8:00am-2:00pm Standard Precautions of Infection Control NTB/RMU Prof. Naeem Akhtar Dr. Shireen Rafiq Prof. Naeem Akhtar Dr Kiran Fatima Dr Rabia Anjum	 Prof. Naeem Akhtar
24.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	07 -03- 2019/10:00am-1:00pm Basic Life Support Training Skill Lab NTB Dr.A.bdul Naeem Dr.Akhtar Mehmood Malik Dr.Mubashir Mushtaq	 Dr.A.bdul Naeem
25.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	07-03-2019/9:00am-12:00pm Communication Skills Academic Hall NTB Prof. Asad Tameez ud Din Dr. Shazia Zeb Dr. Irum Kalsoom	 Dr.Asad Tameez ud Din
26.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	07-03-2019/9:00am-12:00pm Type I Diabetes mellitus in children Conference Room BBH Dr. Gulbeen Shahid Prof. Rai Muhammad Asghar Dr. Muddassar Sharif Dr. Hina Sattar	 Prof. Rai Muhammad Asghar
27.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	08-03-2019/9:00am-12:00pm Small Group Discussion Academic Hall NTB Dr. Shazia Zeb Dr. Rizwana Shahid Dr. Irum Kalsoom Dr. Abida Shazadi Dr. Maryam Batool Dr. Rabbia Khalid Dr. Sumaira Yasmeen	 Dr. Rizwana Shahid
28.	Date/Time: Title: Venue: Facilitator: Director:	8.3.2019/8:00am-4:00pm Basic Trauma Library BBH Dr. Riffat Zaidi Dr. Riaz Sheikh	 Dr. Riffat Zaidi


	Co-Director:	Dr. Tayyab Ahmed Dr. Rehman Rasool	
29.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	08.03.19/10:00am-12:00pm Research Review/ Mendeley DHQ, Library Dr. Zia (Phd) Dr. Shahzad Manzoor Dr. Samia Sarwar Dr. Lubna Meraj Dr. Sidra Hamid	 Dr. Sidra Hamid
30.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	8-03 2019/10:00am-1:00pm "Thesis writing made easy for Postgraduate Students- (From literature review to reference management)" Library, DHQ Hospital Dr. Zia-ur-Rehman Farooqi (PhD) Dr. Sidra Hamid Prof Shahzad Manzoor Prof Samia Sarwar Dr.Lubna Meraj Dr. Sidra Hamid	 Dr.Lubna Meraj
31.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	9-3-2019/10:00am-1:00pm "Reference writing made easy through Mendeley desktop " Library, DHQ Hospital Dr. Zia-ur-Rehman Farooqi (PhD) Dr. Sidra Hamid Prof Shahzad Manzoor Prof Samia Sarwar Dr. Sidra Hamid Dr.Lubna Meraj	 Dr. Zia-ur-Rehman Farooqi (PhD)
32.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	09-03-19/8:00am-2:00pm Endocrine Disorders & Recent Advances in Molecular Pathology DME/NTB Lt. Col. Nayyar Chaudhary Lt. Col. Asif, Lt. Col. Sikandar Hayat Maj.Sumbal Nida Maj. Mehwish Prof. Naeem Akhtar Dr. Fatima-tuz-Zohra	 Lt. Col. Sikandar Hayat
33.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	09-03-19/9:00am-11:00am Sample Collection and Handling Hazards for Health Care Workers NTB RMU Dr. Afreenish Amir Dr. Shireen Rafiq Dr. Fariha Sardar Dr. Syeda Aisha	 Dr. Afreenish Amir

34.	<p>Date/Time: 09-03-19/12:00pm-2:00pm Title: Fundamentals of Health Care Waste Management Venue: NTB RMU Facilitator: Dr. Muhammad Arfat Yameen Director: Dr. Shireen Rafiq Co-Director: Dr. Fariha Sardar Dr. Syeda Aisha</p>	 <p>Dr. Muhammad Arfat Yameen</p>
35.	<p>Date/Time: 09-03-2019/9:00am-2:00pm Title: Mechanical Ventilation Venue: Conference Room BBH Facilitator: Dr. Hafiz Asim Ali Qaiser Director: Prof. Rai Muhammad Asghar Co-Director: Dr. Muddassar Sharif Dr. Hina Sattar</p>	 <p>Dr. Hafiz Asim Ali Qaiser</p>
36.	<p>Date/Time: 9.3.2019/9:00am-1:00pm Title: Total Knee Arthroplasty Venue: Library BBH Facilitator: Dr. Riffat Zaidi Director: Dr. Riaz Sheikh Co-Director: Dr. Tayyab Ahmed Dr. Rehman Rasool</p>	 <p>Dr. Riaz Sheikh</p>
37.	<p>Date/Time: 09-03-2019/9:00am-1:00pm Title: Pediatric ECG Venue: Conference Room BBH Facilitator: Dr. Abdul Malik Director: Prof. Rai Muhammad Asghar Co-Director: Dr. Muddassar Sharif Dr. Hina Sattar</p>	 <p>Dr. Abdul Malik</p>
38.	<p>Date/Time: 09.03.19/10:00am-12:00pm Title: Endnote Venue: DHQ, Library Facilitator: Dr. Zia (Phd) Director: Dr. Shahzad Manzoor Co-Director: Dr. Samia Sarwar Dr. Lubna Meraj Dr. Sidra Qaiser</p>	 <p>Dr. Shahzad Manzoor</p>
39.	<p>Date/Time: 09,10-03-2019/9:00am-5:00pm Title: Orthopaedic Review Course Venue: Orthopaedic Ward DHQ Facilitator: Gen. Sohail Hafeez Director: Prof. Nayyar Qayyum Co-Director: Dr. Obaid Ur Rehman</p>	 <p>Prof. Nayyar Qayyum</p>
40.	<p>Date/Time: 11-03-2019/9:00am-1:00pm Title: Hands On Training On Fabrication Of Trans Tibial Prosthesis Venue: Orthopedic Rehabilitation Centre, BBH Facilitator: Abdul Nasir-(Bspo Cat1-Mahidol University Thailand, Bspo-Cat2 Pupos) Director: Dr. Zubair Javeed Co-Director: Dr. Umar Kaleem</p>	 <p>Dr. Zubair Javeed</p>

41.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	11-03-2019/9:00am-4:00pm MRCOG Part-3 Preparatory Course Gynae/Obs Unit-I HFH Dr. Safia Jabeen Prof. Rizwana Ch. Prof. Rizwana Ch. Dr. Humaria Bilqis	 Prof. Rizwana Ch.
42.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	11-03-2019/10:00am-1:00pm Bridging gap between expectation and reality Physiology Conference Room Dr. Syed Muarraf Hussain Prof. Dr. Samia Sarwar Dr. Sidra Hamid Dr. Shumyla Hamid	 Dr. Syed Muarraf Hussain
43.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	12 03, 2019/9:00am-1:00pm Research Funding & Grant Proposal Writing Conference Room, DME/NTB Dr. Shahzad Ali Khan Dr. Syed Arshad Sabir Dr. Sana Bilal	 Dr. Shahzad Ali Khan
44.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	12 03 2019/9:00am-2:00pm Lactation Management BBH Library Prof Shagufta Saeed Sial Dr Humera Masood Dr Rehana Kauser	 Prof Shagufta Saeed Sial
45.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	13.03.2019/9:00am-1:00pm Patient safety in Surgical Practice SU-II BBH Dr. Ateeq Prof. Muhammad Hanif Dr. Asif Alvi	 Prof. Muhammad Hanif
46.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	13 03 2019/9:00am-1:00pm Health Research Focus on Clinical Trials Conference Room, DME/NTB Dr. Shahzad Ali Khan Dr. Syed Arshad Sabir Dr. Sana Bilal	 Dr. Syed Arshad Sabir
47.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	13 03 2019/10:30am-1:00pm Perm cath insertion Dialysis Center Dr osama Prof Sameeh j khan Dr Naveed Sarwar Dr Noureen ch	 Dr Naveed Sarwar
48.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	13-03-19/9:00am-2:00pm Basic Surgical Skills in Gynae/Obs Conference Room Gynae Unit II HFH Prof. Nabeela Waheed Dr. Khansa Iqbal Dr. Maliha Sadaf	 Prof. Nabeela Waheed







49.	<p>Date/Time: 13 03 2019/9:00am-1:00pm Title: Perineal Repair and its Management. Venue: Library DHQ Hospital Facilitator: Dr. Irfan Malik Director: Dr. Attiya Begum Co-Director: Dr. Rubaba Abid Dr. Sobia Nawaz Dr.Asma Batool</p>	 <p>Dr. Attiya Begum</p>
50.	<p>Date/Time: 14-03-2019/9:00am-1:00pm Title: Labour Dystocia and its Management Venue: Library DHQ Hospital Rawalpindi Facilitator: Dr. Attiya Begum Director: Dr. Attiya Begum Co-Director: Dr. Rubaba Abid Dr. Sobia Nawaz Dr.Asma Batool Dr. Ruqyyah Salim Dr. Kanwal Dr. Tabinda</p>	 <p>Dr. Attiya Begum</p>
51.	<p>Date/Time: 14-03-2019/9:00am-1:00pm Title: Advance Cardiac Life Support Training Venue: Skill Lab NTB Facilitator: Dr.Abdul Naeem Director: Dr.Akhtar Mehmood Malik Co-Director: Dr.Mubashir Mushtaq Dr.Zara Zahid</p>	 <p>Dr.Akhtar Mehmood Malik</p>
52.	<p>Date/Time: 14-3-2019/9:00am-1:00pm Title: Health Research Methodology Focus Basics of Research and Reference Management Through Mandeley and Endnote Venue: Conference Room DME /NTB Facilitator: Dr. Zia Ur Rehman Dr. Sidra Hamid Director: Dr. Farhan Hassan Co-Director: Dr. Syed Arshad Sabir Dr. Abdul Qadoos</p>	 <p>Dr. Farhan Hassan</p>
53.	<p>Date/Time: 14-3-2019/8:00am-6:00pm Title: Endoscopic Cadeveric ear dissection Venue: Old campus RMC IT and research center Facilitator: Dr Muhammad Ajmal Director: Dr Nosheen Qureshi ENT HFH Co-Director: Dr. Ahmed Hassan</p>	 <p>Dr Muhammad Ajmal</p>
54.	<p>Date/Time: 14-3-2019/9:00am-2:00pm Title: MEDICAL RESEARCH PAPER WRITING Venue: Conference Room, NTB/ DME Facilitator: Prof Shagufta Saeed Sial Director: Dr Humera Noreen Co-Director: Dr Nighat Naheed</p>	 <p>Prof Shagufta Saeed Sial</p>
55.	<p>Date/Time: 14-3-2019/9:00am-2:00pm Title: Thyroid Surgery Venue: DHQ Hospital Facilitator: Prof. Dr. Asif Zafar Malik Prof. Dr. Idress Anwar</p>	

Pre Conference Workshops

	Director: Co-Director:	Dr. Malik Tariq Nawaz Dr. Qasir	Prof. Dr. Idress Anwar
56.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	14.03, 2019/9:00am-2:00pm Echocardiographic BBH Cardiology Dr. Aamir Ayub (UK) Dr. Imran Saeed Dr. Raja Mehdi	 Dr. Aamir Ayub (UK)
57.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	14.03.2019 /9:00am-1:00pm Initiation and Intensification of insulin in Diabetes MU-I Lobby Dr. Osama Ishtiaq Prof. Muhammad Umar Dr. Saima Ambreen Dr. Zahid minhas Dr Arif Dr Faheem	 Dr. Osama Ishtiaq
58.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	14.03.2019/9:00am-1:00pm No More Needles in Aesthetics Now CPC Hall NTB Gen. Zafar Iqbal Sheikh Dr. Shawana Sharif Dr. Armeela Dr. Muneeza Rizwan Dr. Hamayun Mohammad Dr. Abdul Quddus Butt. Dr. Shawana Sharif	 Dr. Abdul Quddus Butt.
59.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	14.03.2019/8:30am-1:30pm Health research Methodology Focus: "Basics of Research & Reference-management through Mendeley Desktop & Endnote" Conference Room, NTB/ DME Assistant Prof.Zia-ur-Rehman(PhD) Dr. Sidra Hamid Dr.Farhan Hassan Prof. Dr. Syed Arshad Sabir Dr. Sidra Hamid Dr. Abdul Qudoos Dr.Farhan Hassan	 Dr. Sidra Hamid
60.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	14.03.2019/8:30am-1:30pm Labour Management Gynae/Obs Unit-I HFH Dr. Amara Arooj Dr. Humaira Bilqis Prof. Rizwana Ch. Dr. Sadia Khan Dr. Farhat Arsrhad Dr. Tahira Irfan	 Dr. Humaira Bilqees

Pre Conference Workshops







61.	<p>Date/Time: Title: Venue: Facilitator: Director: Co-Director:</p>	<p>15.03.2019/10:00am-1:00pm Basics Of Research Old campus Physiology Conference room Dr.Zia-ur-Rehman (PhD) Dr. Sidra Hamid Prof. Dr. Samia Sarwar Dr. Sidra Hamid Dr.Farah Deeba Dr.Aneela Yasmin</p>	 Prof. Dr. Samia Sarwar
62.	<p>Date/Time: Title: Venue: Facilitator: Director: Co-Director:</p>	<p>15.03.2019/9:00am-12:00pm Art of Dealing With Patients Communication Skills Conference Room, Surgical Unit-I HFH Dr. Usman Qureshi Prof. Jahangir Sarwar Khan Dr. Salman Shafique Dr. Rahmla Ghazafor Dr. Hafiz Bilal Dr. Syed Waqas Hassan</p>	 Dr. Usman Qureshi
63.	<p>Date/Time: Title: Venue: Facilitator: Director: Co-Director:</p>	<p>15.03.2019/9:00am-1:00pm Difficulty airway Management Department of Anesthesia Dr. Mubashir Dr. Jawad Zaheer Dr. Amaar Dr. Abera Dr. Shahani</p>	 Dr. Jawad Zaheer
64.	<p>Date/Time: Title: Venue: Facilitator: Director: Co-Director:</p>	<p>15.03.2019/9:00am-10:30am Seasonal Influenza (H1N1) Control Strategies-CDC updates CPC Hall NTB/RMU Dr. Rana Jawad Asghar Dr. Arshad Sabir Dr. Sana Bilal</p>	 Dr. Rana Jawad Asghar
65.	<p>Date/Time: Title: Venue: Facilitator: Director: Co-Director:</p>	<p>16.03,2019/9:00am-12:00pm Time Management Academic Hall NTB Dr. Shazia Zeb Dr. Rizwana Shahid Dr. Abida Danyal Dr. Iruam Kalsoom Dr. Rabbia Khalid Dr. Maryam Batool Dr. Sumaira Yasmeen</p>	 Dr. Shazia Zeb
66.	<p>Date/Time: Title: Venue: Facilitator: Director:</p>	<p>16.03,2019/10:00am-1:00pm Learning in Integrated system; Andragogy vs Pedagogy Old campus Physiology Conference room Prof. Dr.Zia-ur-Rehman(PhD) Dr. Sidra Hamid Prof. Dr.Muhammad Umar Prof. Dr. Samia Sarwar Dr. Sidra Hamid Dr.Faizania Shabbir</p>	 Prof. Dr.Zia-ur-Rehman(PhD)

	Co-Director:		
67.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	16.03,2019/9:00am-12:00pm Vascular Surgery Conference Room, Surgical Unit-I HFH Dr. Muhammad Jamil Prof. Jahangir Sarwar Khan Dr. Gohar Rashid Dr. Raheel Ahmad Dr. Usman Akram Dr. Ahmed Mujtaba	 Dr. Muhammad Jamil
68.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	16-03-2019/9:00am-1:00pm Critical Appraisal of Research Programs Library DHQ Hospital Dr. Attiya Begum Dr. Humaira Mehmood Dr. Farah Maroof Dr. Rubaba Abid Dr. Sobia Nawaz Dr. Rugyyah Salim	 Dr. Humaira Mehmood
69.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	16-03-2019/9:00am-1:00pm Neonatal Resuscitation Conference Room BBH Dr. Najaf Masood Prof. Rai Muhammad Asghar Dr. Muddassar Sharif Dr. Hina Sattar	 Prof. Rai Muhammad Asghar
70.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	16-3-2019 /9:00am-12:00pm MCQ development NTB, RMU Prof. Musharaf Baig Prof. Ashar Alamgir, Dr. Umair Ashfaq	 Prof. Musharaf Baig
71.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	16-03-2019/8:00am-2:00pm Diagnostic Laparoscopy Gynae unit-I, HFH Dr. Saima Shoaib Dr. Sadia Khan Prof. Rizwana Ch. Dr. Farhat Arshad Dr. Humaira Bilqis Dr. Tahira Irfan	 Dr. Sadia Khan
72.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	18-03- 2019/10:00am-12:00pm Assessment of DR EYE OPD, HFH Prof. Dr. Ali Raza Dr. Sarah Zafar Dr. Farah Islam Dr. Faud A.K Niazi Dr. Ambreen Dr. Rizwan	 Prof. Dr. Ali Raza

Pre Conference Workshops







73.	<p>Date/Time: 18 03 2019/9:00am-1:00pm</p> <p>Title: Techniques Of Color Doppler Ultrasound</p> <p>Venue: Radiology Department HFH</p> <p>Facilitator: Mr. Sarfraz Walter</p> <p>Director: Dr.Lubna Farooq Dr.Umme Kalsoom Dr. Rifat Raja</p> <p>Co-Director: Dr. Naheed Jahangir Dr. Qudsia Dr. Zeenat</p>	 <p>Mr.Sarfraz Walter</p>
74.	<p>Date/Time: 18 03 2019/12:00-3:00pm</p> <p>Title: Multimodar Manual Therapy Management Of Shoulder Joint</p> <p>Venue: Physiotherapy Department, HFH</p> <p>Facilitator: Dr Aamer Naeem</p> <p>Director: Dr Muhammad Osama</p> <p>Co-Director: Muhammad Umar Hiba Rashid</p>	 <p>Dr. Aamer Naeem</p>
75.	<p>Date/Time: 18 03 2019/3:00am-6:00pm</p> <p>Title: Mulligan Techniques For Cervicogenic Headache, Lower Cervical Mobilizations And Manipulations</p> <p>Venue: Physiotherapy Department, HFH</p> <p>Facilitator: Dr Aleem Liaqat</p> <p>Director: Dr Muhammad Ali</p> <p>Co-Director: Muhammad Umar Hiba Rashid</p>	 <p>Dr. Aleem Liaqat</p>
76.	<p>Date/Time: 18 03 2019/9:00am-4:00pm</p> <p>Title: FESS</p> <p>Venue: Conference Room ENT BBH</p> <p>Facilitator: Brig. Dr. Muhammad Rashid</p> <p>Director: Prof. Aslam Ch.</p> <p>Co-Director: Dr. Muhammad Arshad</p>	 <p>Prof. Aslam Ch.</p>
77.	<p>Date/Time: 18.03.2019/9:00am-4:00pm</p> <p>Title: Principles of Infectious Diseases</p> <p>Venue: Diabetic Center, BBH</p> <p>Facilitator: Dr. Kaleem Ullah Toori Dr. Arshad Rabbani Dr. Rabia</p> <p>Director: Dr. Muhammad Ali Khalid Dr. Muhammad Mujeeb Khan</p> <p>Co-Director: Dr. Fazal ur Rehman Dr. Arshad Rubbani</p>	 <p>Dr. Muhammad Ali Khalid</p>
78.	<p>Date/Time: 18.03.2019/9:00am-12:00pm</p> <p>Title: Laparoscopic Management of Colorectal Malignancies</p> <p>Venue: SU-II HFH</p> <p>Facilitator: Dr. Khurram Siddique (UK)</p> <p>Director: Prof. Idrees Anwar</p> <p>Co-Director: Dr. Qasim Ali</p>	 <p>Dr. Khurram Siddique (UK)</p>
79.	<p>Date/Time: 18.03.2019/9:00am-1:00pm</p> <p>Title: Effective Communication Skill for Health Care Professional</p> <p>Venue: Diabetic Center, BBH</p> <p>Facilitator:</p>	


Pre Conference Workshops

	Director: Co-Director:	Dr. Muhammad Mujeeb Khan Dr. Muhammad Ali Khalid Dr. Imran Ashraf	Dr. Muhammad Mujeeb Khan
80.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	18.03.2019/9:00am-1:00pm Palliative Care DHQ Library Dr. Aqduq Qazi Dr. Lubna Meraj Dr. Shahzad Manzoor Dr. Lubna Meraj Dr Roshan Ara	 Dr. Shahzad Manzoor
81.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	18.03.2019/9:00am-12:00pm Essential Skills for coordination in integrated modular Curriculum DME/NTB Dr. Arsalan Masroor Mughal Dr. Tehmina Qamar Dr. Kashif Rauf Dr. Aneela Jamil	 Dr. Arsalan Masroor Mughal
82.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	18.03.2019/10:00am-1:00pm Minimal invasive Spine and Brain Surgery Modular OT ER DHQ Prof.M. Arif Malik Prof. Dr. Nadeem Malik Dr. Yasir Shehzad Dr. Sobhan Sarwar Gondal	 Prof.M. Arif Malik
83.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	18.03.2019/9:00am-12:00pm Burden of Breast Cancer: A Global perspective Conference Room, Surgical Unit-I HFH Dr. Rabia Bhatti (USA) Prof. Jahangir Sarwar Dr. Saroosh Afzal Farooqi Dr. Rahmla Ghazafor Dr. Mehwish Changeez Dr. Sara Malik	 Dr. Rabia Bhatti (USA)
84.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.3.2019/1:00am-4:00pm Stroke Rehabilitation: A Comprehensive Approach Physiotherapy Department, HFH Dr Misbah Marryam Muhammad Umar Hiba Rashid	 Dr Misbah Marryam
85.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.3.2019/8:00am-3:00pm Strategies to Improve Mental Wel Being College of Nursing HFH Mrs Jacoline Sammer Mrs Novela Kousar Mrs Tasneem	 Mrs Novela Kousar
86.	Date/Time: Title: Venue: Facilitator: Director:	19.3.2019/8:00-3:00pm Developing an effective MCQs College of Nursing HFH Mrs Saleema Farooq AKU Mrs Novela Kousar	

	Co-Director:	Mrs Tasneem	Mrs Saleema Farooq AKU
87.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.3.2019/10:00am-12:00pm War Preparedness (Disaster Management) ER HFH Dr.Usman Qureshi Dr. A Naeem Dr. Akhtar Mehmood Malik Dr. Mubashir Dr. Zara Zahid	 Dr.Usman Qureshi
88.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.3.2019/9:00am-1:00pm Diabetics Mellitus The Master Class Diabetic Center, BBH Dr. Nadeem Murtaza Dr. Abdul Munim Khan Dr. Usama Ishtiaq Dr. Muhammad Mujeeb Khan Dr. Muhammad Ali Khalid Dr. Fazal ur Rehman Dr.Rizwan Mehmood	 Dr. Fazal ur Rehman
89.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.3.2019/9:00am-3:00pm Tendon Repair Plastic Surgery HFH Dr. Husnain Khan Dr. Bilal Dr Husnain Dr. Yasir	 Dr. Husnain KHan
90.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19 03 2019/9:00am-11:00am Adults do have it too ADHD Institute of Psychiatry Prof. Tayyeb Tahir (UK) Dr. Asad Tameez ud Din Dr. Bushra Razzaq	 Prof. Tayyeb Tahir (UK)
91.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19 03 2019/11:30am -1:30pm Communication and Presentation Skills Required in a Professional Interview Institute of Psychiatry Dr. Shahid Latif (UK) Dr. Asad Tameez ud Din Dr. Sadia Yasir	 Dr. Shahid Latif (UK)
92.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19-03-2019/10:00am- 12:00pm Surgical Skills of Keratoplasty Eye OPD, HFH Dr. Mir Ali Shah Dr. Atif Chohan Prof. Dr. Ali Raza Dr. Qamar Farooq Dr. Ambreen Dr. Maria	 Dr. Qamar Farooq
93.	Date/Time: Title: Venue: Facilitator: Director:	19 03 2019/9:00am -2:00pm Basic & Advanced MRI Techniques Radiology Department HFH Mr. Sarfraz Walter Dr.Sana Waseem Dr.Riffat Raja	 Dr.Sana Waseem

Pre Conference Workshops

	Co-Director:	Miss Sana Miss Areeba Mr. Haseeb	
94.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19 03 2019/9:00am -5:00pm Laparoscopy In Urology Department of Urology Dr. Sharjil Saulat Dr. Zein-El-Amir Dr. Masroor Malik	 Dr. Zein-El-Amir
95.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.03.2019/9:00am -12:00pm Interacting Large Group Teaching DME/NTB Dr. Arsalan Masroor Mughal Dr. Tehmina Qamar Dr. Aneela Jamil	 Dr. Tehmina Qamar
96.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.03.2019/9:00am -1:00pm Diabetes Mellitus BBH Prof. Kaleem Ullha Tori Dr. Muhammad Mujeeb Khan Dr. Arshad Rabbani Dr. Rabia Dr. Fazal ur Rehman Dr. Muhammad Ali Khalid	 Prof. Kaleem Ullha Tori
97.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.03.2019/9:00am -1:00pm Development of stroke team & enteral Nutrition DHQ Library Dr. Shahid Rafiq (USA) Dr. Memoona Dr. Husnain Hashim Dr. Farhat Raja Dr. Saima Iqbal Dr. Shahzad Manzoor Dr Mehr bano Dr. Lubna Meraj Dr. Arshad Iqbal Satti	 Dr. Shahid Rafiq (USA)
98.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	19.03.2019/9:00 am-1:00pm Tricks & techniques of Colonoscopy Gastroenterology HFH Dr Amjad Ali Dr Zahid Minhas Prof Muhammad Umar Prof. Hamama-Tul-Bushra Khar Dr. Tanvir hussain Dr. Tayab Dr. Aqsa Dr. Zahid	 Prof Muhammad Umar (VC)
99.	Date/Time: Title: Venue: Facilitator:	20-03-19/8:00am -4:00pm Histopathology CPC Hall,NTB Brig. (R) Dr. Sajid Mushtaq Dr. Amir Akmal (USA) Dr. Noreen Akhtar	

	Director: Co-Director:	Dr. Usman Hassan Prof. Naeem Akhtar Dr. Ammara Ijaz	Dr. Amir Akmal (USA)
100.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	20 03 2019/9:00am -12:00pm Interview Skills and CV design: How to present yourself Conference Room, Surgical Unit-I HFH Dr. Shahid Latif (UK) Prof. Jahangir Sarwar Khan Dr. Usman Qureshi Dr. Sulman Shafique Dr. Raheel Ahmad Dr. Mehwish Changeez Dr. Ahmed Mujtaba	 Dr. Shahid Latif (UK)
101.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	20 03 2019/9:00am -12:00pm Vascular Surgery SU-I BBH Dr. Ateeq ur Rehman (UK) Prof. Naeem Zia Dr. Anees Ahmed Dr. Asifa Deyan	 Dr. Ateeq ur Rehman (UK)
102.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	20 03 2019/9:00am -12:00pm Staging of Lung Cancer Role of EBUS/EUS MU-II Lobby HFH Dr. Fawad Aleem Ch. (USA) Prof. Muhammad Khurram Dr. Madia Nazar Dr. Najia Mehmood Dr. Nida Anjum	 Dr. Fawad Aleem Ch. (USA)
103.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	25-03-19/8:00am -4:00pm Dermato-Pathology Library BBH Prof. Babar Rao (USA) Dr Nadia Waqas Dr Ammara Ijaz Dr Sophia Khursheed Dr Shawana Sharif	 Prof. Babar Rao (USA)
104.	Date/Time: Title: Venue: Facilitator: Director: Co-Director:	6-04-19/8:30am -2:00pm Role of Transvaginal Scan in the Field of Gynaecology Gynae/Obs Unit-I HFH Dr. Aqdas Rashid Prof. Rizwana Ch. Dr. Sadia Khan Dr. Farhat Arshad	 Prof. Rizwana Ch.

Sr.#	Title of Posters	Presenters
1.	Spectrum Of Bone Marrow Changes In Patients Of Advanced Chronic Kidney Disease	Dr. Rabbia Khalid
2.	Comparison of effectiveness of oral versus intravenous hydration on amniotic fluid volume in third trimester patients with oligohydramnios	Dr. Alia Malik
3.	Comparison of combined probiotic and antibiotic therapy versus antibiotic therapy alone in treatment of bacterial vaginosis	Dr. Amara Arooj
4.	Frequency of placenta previa in unscarred uterus	Dr. Aman Abbasi
5.	Frequency Of Congenital Malformations In Newborn In Tertiary Care Hospital	Dr. Tallat Farkhanda
6.	Validity of Prostate Specific Antigen density in early detection of prostate cancer	Dr. Faisal Mehmood
7.	Categorization Of Caesarean Section: Experience At Benazir Bhutto Hospital	Dr. Misbah Naseer
8.	THE USE OF INTRAPARTUM ULTRASOUND FOR EVALUATING THE PROGRESS OF LABOUR AND PREDICTING NORMAL VAGINAL DELIVERY	Dr. Humaira Masood
9.	Intraoperative challenges in surgeries for fibroids at rare sites	Dr. Humera Noreen
10.	Association of normal and abnormal umbilical artery wave forms with early neonatal outcomes in asymmetrical intrauterine growth restriction	Dr. Ismat Batool
11.	Role Of Transvaginal Sonography (TVS) For Assessment Of Ovulation In Patients With Subfertility	Dr. Nighat Naheed
12.	Placenta accreta , increta and percreta : management strategies at tertiary care hospital	Dr. Rehana Kausar
13.	Effect of counselling on knowlwdge,attitude and practices of contraception among patients of obstetrics and gynaecology at benazir bhutto hospital,rawalpindi.	Dr. Samina Shabbir
14.	Comparison of sublingual misoprostol and manual vacuum aspiration for the treatment of incomplete abortion in first trimester in terms of frequency of decreased hemoglobin levels	Dr. Saima Khurshid Ahmed
15.	Hepatic adenomatosis: Case report of a rare but clinically imperative entity	Dr. Khoala Riaz
16.	A Comparison Of Low-Dose Vs Standard Regimen Of Magnesium Sulphate In Eclampsia: A Way Forward Towards Increasing Its Use And Reducing Maternal Deaths In Low Income Countries	Dr. Humaira Bilqis
17.	Bacteriological Spectrum of Neonatal Sepsis	Dr. Israr Liaquat
18.	Association of Maternal Hypertension with Intrauterine Growth Retardation	Dr. Qaiser Shahzad

19.	Maternal Mortality in a Tertiary Care Hospital A 5 Year Review	Dr. Maliha Sadaf
20.	Uro-Gynaecological A single- Center Experience	Clinic Dr. Zein-el-Amir
21.	Experience of PCNL at Urology Department Rawalpindi Medical University	Dr. Muhammad Shahiman
22.	Outcome of uretero-rensoscopy in patients with calculus anuria	Dr. Ahmed Sajjad
23.	Social factors causing late presentation of complex renal calculi: a single center experience	Dr. Sharjil Wahid
24.	Obstructive uropathy: management and outcome	Dr. Masroor Hussain Malik
25.	Effectiveness of Vitamin D in Prevention of Dengue Haemorrhagic Fever and Dengue Shock Syndrome	Dr. Sadaf Zaman
26.	Frequency of Undiagnosed Diabetes Mellitus in patients with Acute Coronary Syndrome	Dr. Sara Mustafa
27.	Comparison of Vitamin D Levels in patients with Dengue Haemorrhagic Fever and Dengue Fever	Dr. Rizwan Mahmud
28.	Frequency of placenta previa in unscarred uterus	Dr. Nabeela Waheed
29.	Myringotomy with or without grommet In otitis media with effusion (OME)	Dr. Ashar Alamgir
30.	Clinical Outcome Of Pars Plana Vitrectomy With Or Without Intravitreal Bevacuzimab As A Pretreatment In Diabetic Vitreous Hemorrhage And Tractional Retinal Detachment	Dr. Ambreen Gul
31.	Association of Neutrophil to Lymphocyte ratio and Platelet to Lymphocyte ratio with fatty liver in patients with type 2 Diabetes	Dr. Sualeha Ahmed
32.	Zinc Levels Among Preterm Infants	Dr. Raja Tariq Mehmood
33.	Comparison of Buccal Midazolam with Rectal diazepam in Status Epilepticus in Terms of Recurrence of Seizures and Risk for Treatment Failure	Dr. Tariq Saeed
34.	Gestational Trophoblastic Neoplasia Potentially Fatal Entities	Dr. Aniqua Saleem
35.	Diagnostic accuracy of Doppler ultrasonography for diagnosis of placenta accreta taking surgical findings as gold standard	Dr. Khansa Iqbal
36.	Periosteal desmoplastic fibroma:a rare bone tumor in distal radial shaft	Dr. Aniqua Saleem
37.	Tuberous sclerosis with SEGA	Dr. Sadaf Ijaz
38.	Pattern Of Perinatal Mortality Among Deliveries At Holy Family Hospital Rawalpindi	Dr. Saira Ahmed
39.	Rare Viable Cervical Pregnancy	Dr. Misbah Durrani
40.	An interesting case of massive pulsatile progressively increasing swelling at the site of a dialysis av fistula	Dr. Mah Gul Mumtaz Butt
41.	Etiological factors in patients with primary amenorrhhea presenting at Benazir Bhutto Hospital	Dr. Asima Khan

42.	Van Wyk-Grumbach Syndrome A Case Series	Dr. Hina Sattar
43.	Morquio-Syndrome (MPS-IV)	Dr. Mobeen
44.	Attitude of adults toward child sexual abuse education	Dr. Sidra Hamid
45.	Feto-maternal Outcomes in Postdate Pregnancies	Dr. Shama Bashir
46.	Percutaneous Transpedicular Screw Fixation	Dr. Kashif Ramooz
47.	Endoscopic evacuation of intracerebral bleed by single burr hole	Dr. Nadeem Akhtar
48.	Trichobezoar in a young male:a case report	Dr. Fatima Abbasi
49.	Emerging antimicrobial resistance, a serious threat to human health; need of rationale antimicrobial prophylaxis on surgical floor	Dr. Muhammad Iqbal
50.	Unilateral Breast Hypertrophy, A Cosmetic Problem - A Case Report	Dr. Haris Bela
51.	Frequency of peptic ulcers in patients of liver cirrhosis presenting with upper GI bleed	Dr. Tanveer Hussain
52.	Microsurgical Tubular Discectomy (MTD) As Surgical Approach For Lumbar Disc Herniation	Dr. Soban S Gondal
53.	Characteristics of probable severer fever with thrombocytopenia syndrome patients: Perspective from Pakistan	Dr. Najia Mahmood
54.	Can energy drink cause acute pancreatitis? A case report	Dr. Muhammad Faheem
55.	Management of adult dengue shock syndrome not improving with DEAG Guidelines based therapy	Dr. Muhammad Khurram
56.	Comparison of Vitamin D deficiency and magnitude of severity vitamin D deficiency in cirrhotic and non-cirrhotic patients with chronic hepatitis C	Dr. Sumaira Hamid
57.	Perception of future doctors about central induction policy	Dr. Abdul Rehman
58.	Clip closure of appendicular stump	Dr. Fatima Abbasi
59.	Correlation Of Aortic Stenosis With Left Ventricular Hypertrophy On Echocardiography	Dr. Tehreem Abdul Hakeem
60.	Unusual facial clefts	Dr. Yasir Iqbal
61.	Proportionate frequency of RTA reported in Allied Hospitals of RMU	Dr. Muhammad Shahid
62.	Conducting the training workshops of Minimal invasive surgery in public sector hospital	Dr. Sadia Khan

Sr.#	Title of Posters	Presenters
1.	Actinomycosis of the hip and central nervous system in an elderly lady	Dr Anam Yousaf
2.	Comparison of Hemoglobin levels by copper sulphate method and automated hematology analyzer in blood donors	Dr Muhammad Ansar
3.	A Case Report Of Mucocele Of The Appendendix	Dr Amna Arshad
4.	Lipid Lowering Effect of Rosuvastatin 5mg vs Simvastatin 20mg in Type 2 Diabetics ; A Randomized Control Trial	Dr Taimoor Ashraf Khan
5.	A case of missing appendix during appednicectomy: A case report	Dr Ahmed Zain Subhani
6.	Comparison of study of Zeihl-Neelson staining vs Fluorochrome staining and impact of concentrated technique on diagnosis of tuberculosis in sputum smears	Dr Khusboo Zafar
7.	Frequency & Pattern of Distribution of Bone Metastasis in Malignant Tumors on Bone scan.	Dr Muhammad Hassan Shahzad
8.	Pancreatico-Pleural Fistula: A rare complication of Acute Pancreatitis	Dr Syed Yazdan Haider
9.	Comparison of detection of acid fast bacilli using centrifuged and un-centrifuged sputum samples	Dr Asad Ali
10.	A Rare Cause of Breast Masses - <u>Breast Tuberculosis</u>	Dr Ayesha Mureed
11.	Case of Illizarov fixation for Double Segmental Fracture Tibia Fibula	Dr Habiba Ijaz
12.	Determining frequency of weak Rh-D antigen in Rh negative blood donors at tertiary care hospitals of Rawalpindi	Dr Saba Parveen
13.	Puestow Procedure	Dr Sadia Tasneem
14.	Recurrent Episodes Of Hypoglycemia- Case Report	Dr Umer Shafique
15.	Comparison of Efficacy of Paracetamol and Tramadol in Terms of Reduction in Duration of Active Phase of First Stage of Labour	Dr Faiza Faraz
16.	Impact Of Attitudes Towards Safety On Masking Of A Severe Disease, Mediating Role Of Self-Medication And Moderating Role Of Media Usage	Dr Nida Khalid Ansari Riphah International University
17.	Frequency of spinal pathologies in patients presented with severe backache on MRI	Dr Sehar Fatima
18.	Successful Regression of Stage IV Hepatoblastoma after Chemotherapy	Dr Isma Shabbir

Sr.#	Title of Posters	Presenters
1.	Frequency of positive blood cultures and their sensitivity pattern in Holy Family Hospital	Ayesha Wasim
2.	Isolation Of <i>Pseudomonas</i> Species From The Critical Units of Holy Family Hospital	Fatima Naveed
3.	Bacterial Culture And Detection Of Malarial Parasite By ICT & Microscopy Method In Whole Blood To Evaluate Quality Control	Hira Akmal
4.	Frequency of gestational diabetes mellitus and its associated risk factors in pregnant females presenting to tertiary care hospitals of Rawalpindi	Nida Khalid Ansari
5.	Effects of single session of cyriax manipulation on cervical discogenic Problems	Aisha Razzaq
6.	Frequency of positive X-ray findings in patients diagnosed to have Cruciate ligament tear on MRI	Azka Riasat
7.	Effect of Additional Functional Strength Training on Sitting in Children with Hemiplegic Cerebral Palsy	Saba Rasheed
8.	Differences in executive cognitive functions and impulsivity between smokers and non-smokers in middle aged population	Saad Tariq
9.	Survey of blind schools regarding etiology of blindness	Saima Asghar
10.	Comparison of myo-fascial release technique and ultrasound therapy in treatment of plantar fasciitis	Iqra Naseem
11.	Impact of safety knowledge on safety compliance of technicians working in radiology departments: Moderating role of workload	Iram Rasheed
12.	Quality of life after Total Knee Replacement (TKR)	Naila Mushtaq
13.	Barriers to eye care follow up in school children	Nazish Nazir
14.	Effectiveness of postnatal exercises to improve physical capabilities after cesarean section	Noshina Yasin
15.	Effectiveness Of Frog Leg Technique In Management Of Low Backache Due To Lumbar Lordosis	Anam Javed
16.	Comparison Of Manual Therapy And Conventional Physical Therapy In Relieving Tension Type Headache	Ramzan Sarki

Sr.#	Title of Posters	Presenters
1.	Over-prescription Of Acid Suppression Therapy In Non Intensive Care Hospitalized Patients	Ali Sufyan
2.	Haematological Changes In Laparoscopic Cholecystectomy	Adam Umair Ashraf Butt
3.	Knowledge, Attitude and Practice of Self-care among diabetic patients Attending Benazir Bhutto Hospital, Rawalpindi.”	Zubair Ahmad
4.	Awareness of Ischemic Heart disease in Population visiting a Tertiary Care Hospital	Sahibzada Mamoon Rasool
5.	Knowledge And Practices About Biomedical Waste Management Among Health Care Personnels In A Tertiary Care Hospital, Rawalpindi	Rida Ali
6.	Comprehension of medical emblems among medical students	Rija Kunwar
7.	The frequency of gangrenous infarction in the patients undergoing gut resection at a tertiary care hospital	Mehak Ruqia
8.	Comparison between ziehl neelsen staining versus auramine staining in detection of tuberculosis positive smears of sputum taking genexpert as the gold standard	Amna Mehboob
9.	Knowledge about complications of Diabetes Mellitus and its association with treatment compliance among patients visiting a public sector Diabetes clinic.	Mubashra Gull
10.	Risk Factors for Dry Eye Disease in Younger Age	Arslan Kareem
11.	Knowledge and Attitude of Middle-Age Population towards predisposing factors of Hypertension	Sumble Nisar
12.	Frequency of exercise / physical activity among medical students versus medical professionals	Aliya Hisam
13.	Frequency Of Bacterial Contamination On Stethoscope In Medical And Paediatric Ward Of Allied Hospitals Of Rawalpindi Medical University	Sabeen Nasir Cheema
14.	Is the drinking water supplied in schools of Islamabad fit for human consumption?	H.Khan
15.	Hepatitis b vaccination coverage in medical students: a multicenter study from pakistan	Muhammad Asif
16.	A comparative study of stress among undergraduate medical and non-medical students	Laibah Safdar
17.	Knowledge, attitude and practice of tobacco smoking among medical students of rawalpindi medical university	Mian Muhammad Hassan Ahmed

18.	The emotional intelligence of medical students of Rawalpindi medical university: an exploratory cross-sectional study	Muhammad Omair Iqbal
19.	Studying prevalence of ADHD symptoms in medical students and their association with physical activity, screen time and sleep deprivation	Faqeeha Batool
20.	Study of causes of burn injuries in patients presenting to burn unit of Holy Family Hospital, Rawalpindi	Muhammad Danish Zafar
21.	Antimicrobial Susceptibility Profile of Multi Drug Resistant Acinetobacter and Pseudomonas against Polymyxin E and Tigecycline.	Zuhair Ali Rizvi
22.	Prescription audit in Out Patient Department; Facts and Recommendations	M. Wasiullah Khan
23.	Platelet count to spleen diameter ratio; A non-invasive predictor of high risk esophageal varices	Muhammad Ahmed
24.	Effect of age and sex on left atrial and left ventricular diastolic diameters in patients with mild diastolic dysfunction (Grade 1)	Muhammad Zubair Satti
25.	Antimicrobial Susceptibility Pattern Of Klebsiella Against Commonly Used Antimicrobial Agents	Urooj Tahir
26.	Awareness, attitude and knowledge about thalassemia among different groups of students	H.M. Sanaullah Sialvi
27.	Antimicrobial resistance in agents causing Urinary tract infections	Zuhair Ali Rizvi
28.	Stress in Parents of Children with Sensory-Motor, Chronic Physical and Metabolic Disorders	Bilal Shaukat Awan
29.	A Comparison of Antimicrobial Resistance of XDR and MDR clinical isolates of <i>E. coli</i> , <i>Klebsiella</i> spp. & <i>Pseudomonas</i> spp against Amikacin & Imipenem	Zuhair Ali Rizvi
30.	Assessment Of Quality Of Life Of Thalassemia Major Patients	Fazal Ullah Khan
31.	Sleep quality, its relation to dispositional mindfulness and risk of ADHD in undergraduate students of Rawalpindi and Islamabad	Maj. Saira Maroof
32.	Hand washing practices in healthcare professionals of allied hospitals of Rawalpindi medical university	Muqadas Munir
33.	Distribution and seasonal variation of various pyogenic microorganisms	Daneyal Arshad
34.	Reporting extensively drug resistant (XDR) gram negative pathogens in a tertiary care hospital	Sundas Abbas
35.	10-g Semmes-Weinstein monofilament examination: Evaluation of effectiveness of a simple screening tool for diabetic peripheral neuropathy.	Basit Ali Khan



MBBS Students Poster Presentation

36.	The Magnitude Of Non-Suicidal Self-Injury (NSSI) In Medical Students; Its Socio-demographics, Methods And Functions	Noor-ul-Ain Awan
37.	Patterns of Upper Gastrointestinal tract injuries and their association with stricture formation secondary to corrosive intake observed through Esophagogastroduodenoscopy	Muhammad Sarfraz Khan
38.	Effectiveness of health education message in improving tetanus health literacy; a quasi-experimental study	Mujtaba Haider
39.	Supraclavicular nerve block for forearm surgery in the adult population : A retrospective study	Abeera Zareen
40.	Assessing the extent of utilization of biopsychosocial model in doctor–patient interaction in public sector hospitals of a developing country	Syed Muhammad Jawad Zaidi
41.	Predictive Factors Of Prolonged Hospital Stay After Laparoscopic Cholecystectomy	Anam Rafique

Nursing Staff Poster Presentation

Sr.#	Title of Posters	Presenters
1.	The impact of inter-professional conflict on quality care	Zubair Ahmed
2.	Unconscious condition	Naila Paul
3.	Nursing's evolving role in patient safety	Tayyaba Bibi
4.	Implications of RED critical thinking model	Zubair Ahmed
5.	Text Neck syndrome	Shagufta Rafiq
6.	Touching the spirit: Importance of faith base community nurse in Pakistani context	Jacoline Sommer Albert

Pre Conference Workshops 18th-20th March 2019



Core Scientific Sessions 21st-22nd March 2019



Rawalians' 2019

RMU Annual Dinner:

Junior Rawalians' interaction with International Rawalians

Venue: 22nd March 2019, RMC Old Campus

RMU Celebration Dinner

23rd March 2019, RMC Old Campus

Tour Program

To make your stay in Pakistan more exciting, the Organizing Committee has prepared the following optional tour programs. Anyone who wants to join tours is recommended to contact the In-charge Tour Organizer of the official tour agency.

Bhurban



PirSohawa



Murree



Taxilla

