"LEGENDARY WINGS" "AWARD WINNING BREAKFAST" "AFFORDABLE DINNERS"

DRINKS

old Fashioned milkshake 5.49 with whipped cream & cherry choose chocolate, vanilla, b&w, strawberry, Oreoo or ask about the shake of the day! make it a malted .29

root beer Acat 4.29

iced tea 2.79

(unsweetened, sweet or raspberry)



Alavorize your soda .29 (chocolate, cherry, vanilla, strawberry)

Arnold Palmer-Fresh squeezed lemonade and iced tea (sweet or unsweet) 3.49

Fresh squeezed Lemonade 3.49

Fresh squeezed 0J 2.79/3.79

ruby red grapefwit, apple, tomato or cranberry juices 2.29/3.29

whole or skim milk 2.29/3.29 chocolate milk 2.49/3.49

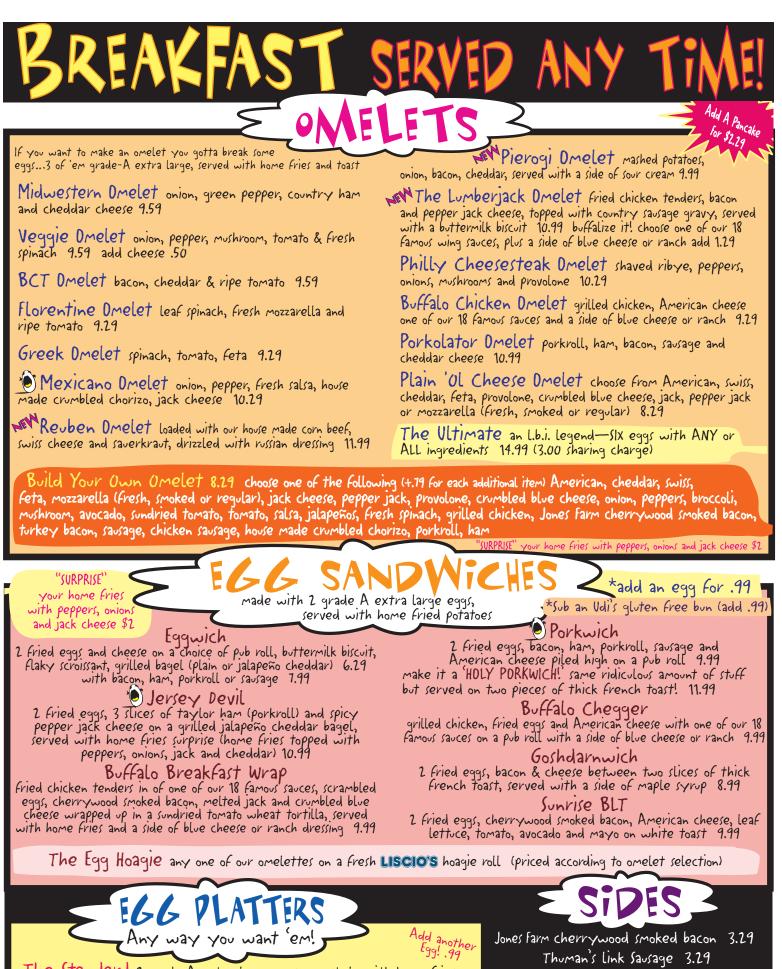
100% Colombian Coffee 2.59

hazelnut Coffee 2.79

iced coffee- tall glass of ice cold 100% Columbian Coffee 2.99 Alavorize (caramel, hazelnut, French vanilla) .29

hot tea 2.29, green tea 2.49 hot cocoa 2.29

SERVING THE MASSES BREAKFAST, LUNCH, DINNER & LATE NIGHT FARE SINCE 1991



The Standard 2 grade A extra-large eggs any style with home fries and choice of white, 7 grain wheat, rye, Thomas' English muffin or biscuit 5.99 with Jones Farm bacon, ham, sausage, porkroll, Godshall farms turkey bacon, Jones Farm chicken sausage, corned beef hash or Pennsylvania Dutch scrapple 9.28

Steak & Eggs charbroiled 8oz. NY strip and two eggs any style with home fried potatoes and choice of white, 7 grain wheat, rye toast, Thomas' English muffin or biscuit 13.99

Fried Steak and Eggs deep fried sirloin steak with country sausage gravy, 2 eggs any style, home fries and a buttermilk biscuit 13.99

Protein Platter 3 egg whites, 2 pieces of grilled chicken, spinach and avocado 12.99

Let's Mix It Up!

The local Yolkal two eggs, two strips of bacon, home fries, toast AND choice of pancakes or French toast 10.29

The Hungry Man two eggs, two strips of bacon, one sausage link, home fries, toast AND choice of pancakes or French toast 11.29

The Country Man belgian waffle topped with fried chicken tenders, country sausage gravy and two eggs any style, served with home fried potatoes 15.29

One Egg .99 1 Biscuit & Country Gravy 5.99 Home Fries Surprise 4.99

Home Fries 2.99

Jones Farm Chicken Sausage 3.29 Country Ham 3.29

Godshall Farms all Natural Turkey Bacon 3.29 Porkroll (Taylor Ham) 3.29

Habberset Pennsylvania Dutch Scrapple 3.29 Corned Beef Hash 3.29

Quaker® Datmeal 3.49 Kellogg`s® Cereal 2.59

1 Pancake 2.29

Home Fries Surprise 4.99 (home fries topped with peppers, onions, jack cheese)

Warm Cinnamon Roll 3.99 Croissant 1.49 Biscuit 1.49 Toast 1.49

Toasted Bagel 1.79 W/Cream Cheese 2.29 100% Pure Maple Syrup 1.50 Bottle

'SURPRISE' your home fries with peppers, onions and jack cheese \$2 add a side of your favorite Chegg wing sauce for dippin' .59

PANCAKES FRENCH TOAST WAFFLES & MORE



Cinnamon Roll French Toast Fresh baked cinnamon roll, egg batter dipped and griddled, sprinkled with powdered sugar. ridiculous. 9.29 / 1/2 order 6.29

Stuffed French Toast

our texas style French toast stuffed with Fresh strawberries and cream cheese then drizzled with a sweet berry compote, sprinkled with powdered sugar tall 9.29 / short 8.29

MEN Orchard's Best French Toast

our texas style French toast topped with homemade apple cobbler, warmed peaches, caramel drizzle and sprinkled with powdered sugar 9.59

Peachberry Waffle

thick Belgian waffle topped with warmed peaches, blueberries, granola and powdered sugar 9.29

Waffle Sundae

a thick Belgian waffle topped with powdered sugar, vanilla ice cream, hot fudge, whipped cream, walnuts and a cherry 9.99

signature pancakes

Jersey Cakes buttermilk cakes filled with bacon, sausage and Trenton's own Taylor Ham tall 9.99 / short 8.99

Very Berry Pancakes

our fluffy cakes topped with every fresh berry in our arsenal tall 9.99 / short 8.99

Blueberry Walnut Pancakes

Fresh jersey blues and walnuts mixed right in the batter tall 8.29 / short 7.29

Peanut Butter Banana Pancakes Reese's® peanut butter chips and fresh banana puree folded into the batter tall 8.29 / short 7.29

a la mode add 1.99

GRIDDLE BASICS

(Fruits are Fresh and may vary according to season)

Buttermilk pancakes our classic recipe, made fresh daily tall 7.29 / short 6.29 Texas Style French Toast extra thick, egg battered, griddled with powdered sugar tall 7.29 / short 6.29 Belgian Waffle traditional thick waffle with powdered sugar whole 7.29 / half 5.29

Build Your Dwn

add as many of the following as you want for .79 each: bananas, raspberries, blueberries, strawberries, peaches, raisins, granola, walnuts, candied walnuts, chocolate chips, peanut butter chips, whipped cream

SOUTHWEST CORNER 2

California Breakfast Burrito egg whites, Jones Farm chicken sausage, home fries, avocado, cilantro and pepper jack cheese all stuffed into a sundried tomato wheat tortilla with a side of sliced watermelon 9.99

Burrito Gordito scrambled eggs, onion, pepper, chorizo sausage and jack cheese wrapped in a soft flour tortilla with sides of sour cream, fresh salsa and home fries 8.99

Breakfast Quesadilla scrambled eggs, onion, pepper and jack cheese in a crisp flour tortilla with sides of sour cream, salsa and home fries 7.59

Mexican Scramble Melt three eggs, potatoes, peppers, onions, crumbled chorizo sausage, tomatoes, and cilantro all scrambled together and topped with melted jack and cheddar, served with a warm flour tortilla, sour cream and salsa 10.29 add Fresh guac \$2

"SURPRISE" YOUR HOMEFRIES WITH PEPPERS, ONIONS AND JACK CHEESE \$2

Farmhouse Scramble Melt a heapin' helpin' of

rarmhouse scramble l'lelt a heapin' helpin' of scrambled eggs, onions, peppers, mushrooms, bacon, sausage, ham and potatoes, smothered in cheddar, served with a buttermilk biscuit 10.29

Yogurt Parfait CHOBANI greek yogurt with Fresh seasonal berries, granola, a touch of honey and sprinkle of powdered sugar 7.59

Sausage Gravy Over Buttermilk Biscuits a southern classic served with home Fries 8.99 simply Gravy and a Biscuit 5.99

SDS creamed chip beef served over toast points with home fries 8.99 come on, you know you want it!

potatoes, topped with two eggs any style 9.99

Avocado Toast and Eggs our 7 grain wheat toast topped with Fork-smashed avocado, extra virgin olive oil, sea salt, cracked pepper and a lemon wedge, served with two eggs any style 8.59 without eggs 6.59

wheat Breakfast scrambled eggs, bacon, sausage, mozzarella sticks and homefries, stuffed into a sundried tomato wheat wrap, served with more homefries on the side 10.99



Disco Fries our crispy fries with cheese AND gravy- reg. 5.47 / basket 7.47

Sweet Potato Fries with honey mustard dip- reg. 4.49 / basket 6.49

Garlic Pub Fries crispy fries tossed in a buttery garlic and herb sauce- sticky, stinky, delicious! served with a side of ranch dressing- reg. 4.19 / basket 6.19

Sloppy Fries our crispy fries smothered in cheese sauce & sloppy joe reg. 5.49 / basket 7.49

Crabby Cheese Fries our original crispy Fries tossed with Old Bay spices and covered in our American cheese sauce reg. 5.09 / basket 7.09

Loaded fries our crispy fries topped with red onion, crumbled bacon, melted jack and cheddar, served with a side of sour cream reg 5.49 / basket 7.49

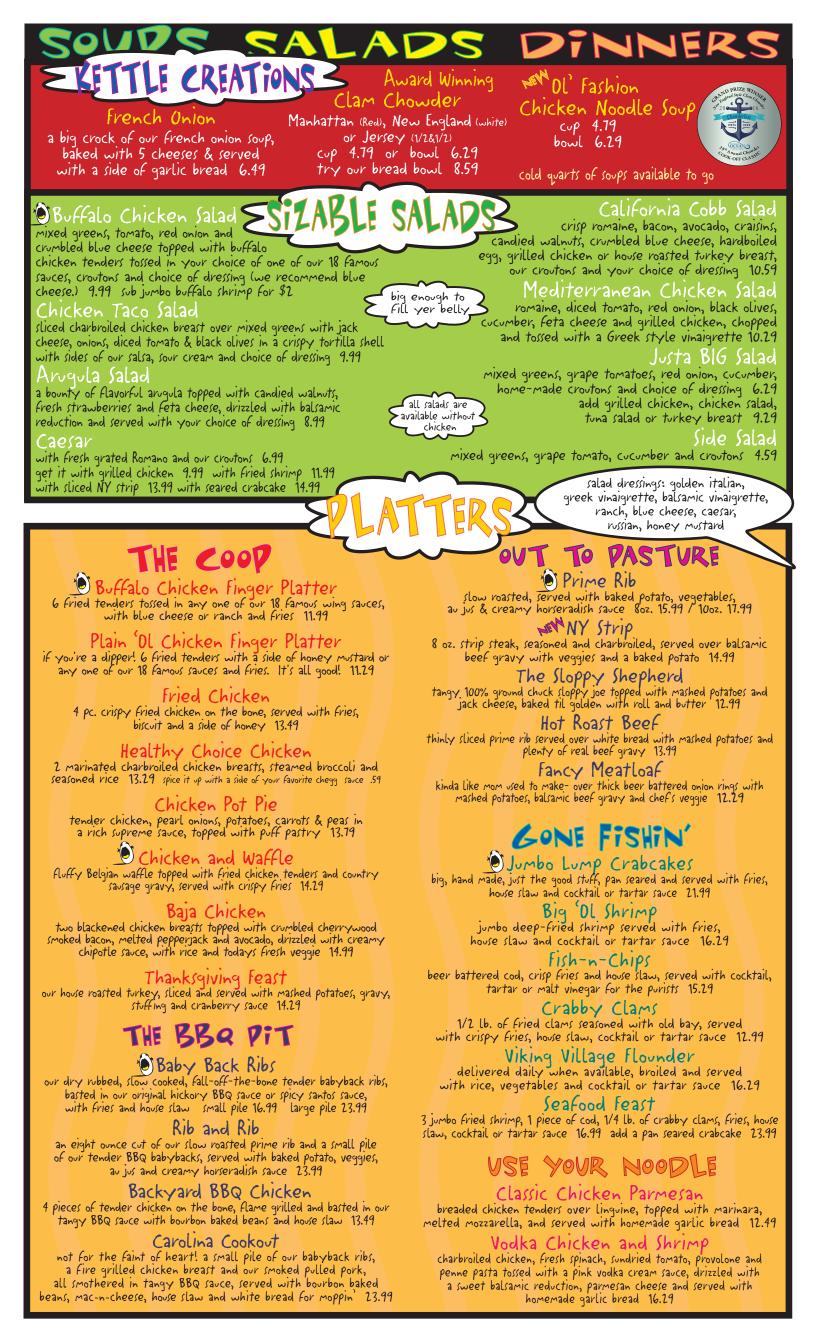
House slaw 1.49 / 2.49

Mashed Potatoes & gravy 3.99

Kraft® Mac-n-Cheese 4.29

Bourbon Baked Beans 3.49

Onion Rings thick, beer battered with tabasco-ranch sauce 6.49 Ask About Today's Fresh Veggie!





BUFFALIZE ANYTHING ON OUR MENU WITH ANY OF OUR 18 SAUCES & A SIDE OF BLUE CHEESE OR RANCH (ADD 1.29)

leet Potato Fries the following are served in a sundried tomato wheat wrap with house slaw and a pickle

fries for sla

(Buffalo Chicken Wrap) chicken tenders tossed in one of our 18 famous sauces with lettuce, tomato and onion, served with a side of blue cheese or ranch dressing 8.79

Gobbler Wrap house roasted turkey breast, cheddar cheese, cherrywood smoked bacon, stuffing and cranberry sauce, served with a side of turkey gravy 8.99

Baja Wrap turkey, bacon, cheddar, lettuce and tomato with our spicy mayo 9.79

Chicken Caesar Wrap grilled sliced chicken breast and romaine with our creamy caesar dressing 8.49

buffalo chicken fingers in one of our 18 famous wing sauces, mozzarella sticks, onion rings, poppers and fries all stuffed into a wrap and served with a side of blue cheese or ranch dressing 9.99

turkey, romaine, bacon, avocado, craisins, candied walnuts, crumbled blue cheese, hardboiled egg and croutons served with a side of your favorite dressing 9.99

Chicken Salad Wrap hand pulled all white meat chicken salad, leaf lettuce, tomato, bacon, avocado and swiss with a side of sliced watermelon 9.29

NEGETARIAN Caprese Wrap Fresh mozzarella, roasted red pepper, Fresh basil, leaf lettuce, ripe tomato and a balsamic glaze 7.79

grilled portabella mushroom, smoked mozzarella cheese, roasted red pepper, leaf lettuce, tomato, red onion and chipotle mayo 7.79

VEGETARIAN BUFFALO Veggie Wing Wrap our vegetarian nuggets tossed in your choice of one of our 18 famous sauces, with lettuce, tomato and onion, served with a side of blue cheese or ranch dressing 7.79



S French Dip

thinly sliced prime rib, sautéed mushrooms, onions and melted mozzarella cheese, served on a long roll with a side of au jus, fries and a pickle 12.99

Crabcake Sandwich

a jumbo lump crabcake, pan seared and served with lettuce, tomato & onion on a grilled Brioche bun, with a side of tartar or cocktail, Fries and pickle 13.99

the real deal! 100% ground chuck in our tangy sauce on two soft potato rolls served with fries and a pickle 7.99

Carolina Pulled Pork tender smoked pork with sautéed onions on a pub roll topped with house slaw, a side of our tangy BBQ sauce, fries and pickle 10.29

Fish Burrito

Fried cod, rice, cilantro, pepperjack cheese, lettuce, tomato and diced onion in a flour tortilla, served with chips, salsa and sour cream 10.29

Our famous Reuben

corned beef made here, sliced thin and piled high with swiss cheese, saverkraut & russian dressing between two pieces of grilled deli rye bread, served with fries and pickle 11.99

double decker grilled American cheese, bacon and tomato on white bread with Fries and a pickle 7.99

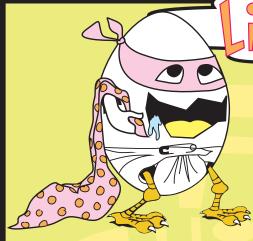
Tuna Melt

all white albacore tuna salad made with Hellman's Real Mayonnaise, crisp bacon, tomato and melted cheddar cheese, served on toasted English muffins with fries and pickle 9.99

Turkey Club three layers of white toast with turkey, bacon, American cheese, lettuce, tomato and mayo, with house slaw and pickle 8.99

BLT CLUB

a triple decker version of the classic, served on white toast with mayo, house slaw and pickle 7.29



KIDS PLATTERS

- Funky Fingers & Fries 6.29
- Grilled Cheese & Fries 5.29

Mini Corn Dogs & Fries 5.29

Shrimpy Shrimp & Fries 7.29

Mathanis Hot Dog & Fries 4.99

Cheesy Burger & Fries 5.29

Pasta Party 4.29 linguine or penne, marinara or butter

Kraft® Mac-n-cheese 4.29

Kid Ribs & Fries 8.29 3 BBQ babybacks

KIDS BREAKFAST

E CLUCKERS

Kiddie Egg Platter 1 egg with home Fries & toast 4.29 with bacon, ham or sausage 5.89

Kiddie Omelet choose from our regular omelets 1.50 off

Chocolate Chip Pancakes 5.59 with bacon, ham or sausage 7.29

Blueberry Pancakes 5.59 with bacon, ham or sausage 7.29

Plain 'Ol Pancakes 4.89 with bacon, ham or sausage 6.59

French Toast Sticks with powdered sugar 4.29 with bacon, ham or sausage 5.99

1/2 Waffle with powdered sugar 5.29 with bacon, ham or sausage 6.99

turkey bacon or chicken sausage also available

add any of the following ingredients to your pancakes, French toast sticks or waffle for .79 each

bananas, raspberries, blueberries, peaches, walnuts, strawberries, granola, raisins, chocolate chips, peanut butter chips, whipped cream

kids drinks

Soda or Iced Tea 1.79 Select Juices 2.29 Milk 2.29 Chocolate Milk 2.49 Fresh Oj (with pulp) 2.79 Real Fresh Lemonade 2.29

Crazy Shake 4.29 has whipped cream & a cherry chocolate, vanilla, b&w, Oreo® or strawberry

IASTY (

Worms in Dirt 4.59 Dreo® crumbles over chocolate pudding with gummy worms

Blue Bunny Ice Cream 2.59 chocolate or vanilla by the scoop add fudge or whipped cream .25/ea.

tresh Baked Chocolate Chip Cookies & Milk 4.49 just cookies 2.59



a Fresh baked fudge brownie served warm, topped with 3 scoops of vanilla ice cream, hot fudge, whipped cream, chopped walnuts, powdered sugar and, of course, a cherry on top! 6.49

our warm homemade apple cobbler topped with 3 scoops of vanilla ice cream, whipped cream, drizzled caramel and powdered sugar 6.49

Crème Brulée creamy custard with a caramelized sugar crust, topped with Fresh berries 6.29

Cinnamon Roll

a warm cinnamon roll Filled with vanilla ice cream, drizzled with caramel and sprinkled with cinnamon sugar 7.29

Cookiewich

vanilla ice cream and hot Fudge sandiwiched between 2 Fresh baked chocolate chip cookies, garnished with Fudge drizzle and powdered sugar 4.29

TO

The Chicken or the Egg® was hatched in 1991 (on a wing and a prayer), by a few eggcentric young men with big dreams and empty pockets. The First "Egg" was a tiny luncheonette next to the landmark "Bill's Barber Shop" in Beach Haven. Quickly outgrowing its shell, The Chicken or the Egg® moved to its present location at 207 N. Bay Ave. The Chicken or the Egg® now eggcommodates more than 130 people and has one of the largest menus around, ranging from eggceptional omelets and fluffy pancakes, to sandwiches with names like "goshdarnwich" and "porkwich", to the best buffalo wings on LBI, (or anywhere else for that matter.) We hope you enjoy your visit today as our eggomaniac chefs tantalize you with their grade "A" ideas and latest creations. Oh, just so you know, our staff works long hours, we therefore reserve the right to eggknowledge them by adding an 18% gratuity for large parties. Thanks!

GO GREEN WITH US! STRAWS AVAILABLE UPON REQUEST ONLY

WE'RE SORRY, BUT WE DO NOT OFFER SEPARATE CHECKS. THE CASHIER CAN ACCEPT UP TO 3 PAYMENTS