

The Arlington Connection

Children's & Teens' Connection 2018

Self-Portrait by Jackie
Furches, Grade 4,
Nottingham Elementary

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JAMESTOWN ELEMENTARY

The artwork/writing for the assignment was inspired by reading the non-fiction book "What if You Had Animal Eyes!?" by Sandra Markle.



What If I Had Animal Eyes?

I wish I had night owls eyes
 I think having night owls eyes would be great because É
 They can see in the dark. And they are the smartest bird. They live in all different habitats on every continent except Antarctica. Owls are most active at night.

— LILY PORTER, GRADE 2

What If I Had Animal Eyes?

I wish I had osprey eyes
 I think having osprey eyes would be great because É
 If I was fishing I could cut down the glare of the sun and spot a fish and lure it in with a rod.

— JOSHUA FRIEND, GRADE 2

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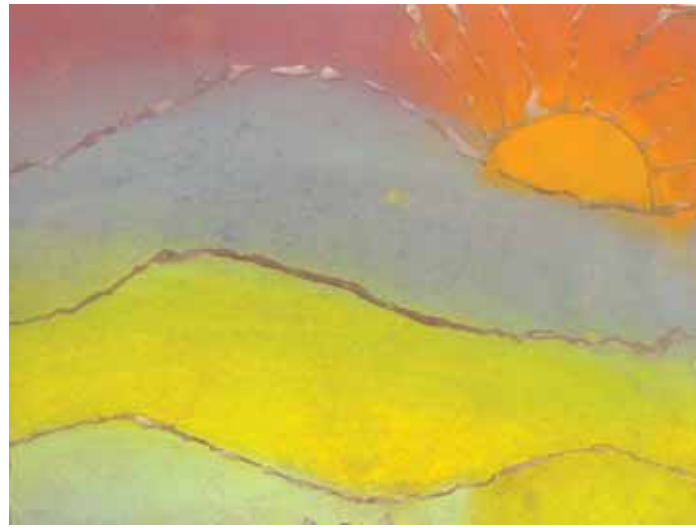
CHILDREN'S & TEENS' CONNECTION

NOTTINGHAM
ELEMENTARY

**Cloudscape by
Marlon Watt,
Grade 4**



**Landscape by
Elyse Richards,
Grade 3**



**Fall Leaves by
Vivian Helinski,
Grade 3**



**Still-life by
Dylan
Putchakayala,
Grade 4**



**Landscape by
Sam Varona,
Grade 3**



**Fall Leaves by
Rohan Sikotra,
Grade 3**



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Welcome

Dear Readers:

This week, the Arlington Connection turns over its pages to the youth and students.

We asked principals and teachers from area schools to encourage students to contribute their words, pictures and photos for our annual Children's Issue.

The response, as always, was enormous. While we were unable to publish every piece we received, we did our best to put together a paper with a fair sampling of the submitted stories, poems, drawings, paintings, photographs and other works of art. Because of the re-

sponse, we will continue to publish more artwork and writings in January.

We appreciate the extra effort made by school staff to gather the materials during their busy time leading up to the holidays. We'd also like to encourage both schools and parents to mark their 2019 calendars for early December, the deadline for submissions for next year's Children's Connection. Please keep us in mind as your children continue to create spectacular works of art and inspiring pieces of writing in the coming year.

The children's issue is only a part of our year-round commitment to cover education

and our local schools. As always, the Connection welcomes letters to the editor, story ideas, calendar listings and notices of local events from our readers. Photos and other submissions about special events at schools are especially welcome for our schools pages.

Our preferred method for material is e-mail, which should be sent to arlington@connectionnewspapers.com, but you can reach us by mail at 1606 King St., Alexandria, VA 22314 or call 703-778-9415 with any questions.

— EDITOR STEVEN MAUREN

GLEBE ELEMENTARY

Submitted by students of Christine Williams, 2nd grade Science, Social Studies and Writing Teacher.

The Witch who was Afraid of Ghosts

Screams! Booooo! and Eeeeks! Have you heard of the witch who was afraid of ghosts? She saw something crawling around, but she didn't know what it was. At first, she thought it was a bat. It looked like a bat when it flapped its wings. It looked like it was on its side. It flew off the ceiling landing in a basket. The witch turned on the light and saw a ghost! She screamed!

— AALIYAH HARROD, 8.
CREATIVE WRITING

The Pizza Place

Do you love pizza? I love going to the Pizza Place with my dad. It is fun to eat pepperoni and cheese pizza and wings. Yum! It smells like brownies there. I ate ten pieces! My stomach was not full. We went to the park next door. I played tag with my Dad. I love pizza!

— ZORAYAH FORD, 7.
OPINION

What's a WereWolf Scared of?

One foggy night, a werewolf was walking down the street during Halloween. Everyone was scared and they all ran off to their homes. One house had the werewolf's nightmare spider web. The werewolf was scared away and everyone got to go trick or treating.

— EVERETT GRINDALL, 7.
CREATIVE WRITING

Scaring My Sister

I hid in my house. I jumped out of the closet. Boo! I scared my sister it was fun. Hours later we went to a party. At the party, I scared my sister again. Boo!

— RYAN DONAHUE, 7.
PERSONAL NARRATIVE

Creepy Halloween

On a spooky Halloween Night, we walked to houses. We got chocolatey candy. I smelled Halloween Night. I saw a creature. It was a skeleton. I heard the howl of a werewolf. A ghost ran into me. It was a spooky Halloween Night. Boo! That was a great Halloween!

— JAKE COLLINS, 8.
PERSONAL NARRATIVE

Halloween Party!

Last Halloween was amazing! I went to my friend's house. We had cookies. It was epic! Then, we went trick or treating. I saw a scary costume. I ran to my dad. Afterwards, we got candy. I can't wait until the next time.

— GREYSON BOWLIN, 8.
PERSONAL NARRATIVE

The Spooky Halloween

On Halloween night, there was a guy trick or treating in a scary suit! He was stomping down the road. He was a ghost! "Boo!" He scared the people who gave him delicious candy. He had so much candy that nobody had any more. He took all of the candy!

— JACK MOHLER, 8. CREATIVE WRITING

The Vampire Bat

One night, I heard a strange sound on the window sill. It was a screechy bat. I opened the window. The bat was a vampire! I ran to the light switch. I turned on the lights. Oh! it was just my toy bat.

— KELLAN REDDAN, 7.
PERSONAL NARRATIVE

Halloween

One night, on Halloween a fog path appeared! A creature said, "You are doomed!" King Vanpier said, "The Queen has been captured! Save her!" A good froggy voice, which belonged to Edmund the Evil Sorcerer, croaked "I have your wife!" Give her back! "No! We need you both!" The king traveled to the Sover andÉThe king took out his wand casting a spell! He saved his queen. They lived happily ever after.

— VALERIE WISNIEWSKI, 8.
CREATIVE WRITING

Halloween A Spooky Day

I am going to have a wicked Halloween at 3:40 pm on Wednesday. We will play spooky games and have a costume contest! We will eat candy and cupcakes with candy bats on them. The Halloween Party will be spooky!

— OGI UHEGWU, 7.
PERSONAL NARRATIVE

Disney World

When I went to Disney World, I saw Princess Anna. She said she liked my shoes and my hair. Then,

I saw Queen Elsa. She was amazing!

— LILA MCLEAN, 7.
PERSONAL NARRATIVE

Bubbles

Guess what? Last year, I got my guinea pig! Her name is Bubbles. She's white with brown spots. I adopted her from a family that couldn't take care of her anymore. She is the best pet ever!

— SADIE BARISH, 7.
PERSONAL NARRATIVE

My Best Halloween

One Halloween, I went to a house and boo! She didn't have candy! She didn't have cake.

She had toys. I got a light up bracelet and vampire teeth. Lila got vampire teeth, too. I had a Happy Halloween!

— ADELENA WARNER, 7.
PERSONAL NARRATIVE

Langston Halloween

This Halloween, I can't wait until I go to Langston! I'm spending Halloween there! All night! I'm going to walk and get so much yummy, yummy candy. I'll get the most gigantic candy bar ever!

— ELIAS REDDY, 7.
PERSONAL NARRATIVE

The Football Game

I saw Kellan and Jack at a football game. Guess who won the game? The Cowboys did. How did they win? They played as a team. It wasn't a close game. They won by 28 points. It was awesome to watch!

— JEREMIAH RAMOS, 7.
PERSONAL NARRATIVE

Happy Birthday Party

It was my Birthday Party! We ate pepperoni pizza. Then, we had dessert. The cupcakes were purple and blue. The cake was vanilla. I opened some presents and clothes. The stuffed dog was my favorite. She was soft and grey. Her collar was pink. I named her Bella. Dogs are my favorite animal. Chhay Eur's favorite animal is a fish. What is your favorite animal?

— ADRIANA GONZALEZ-CASTRO, 7. PERSONAL NARRATIVE

My Friends

I went to the playground with my friends. It was sunny outside. We ran races and played games.

SEE GLEBE, PAGE 7

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NOTTINGHAM ELEMENTARY



Self-Portrait by
Luc Penella, Grade 4



Self-Portrait by
Cate Lawler, Grade 4



Self-Portrait by
Ethan Lin, Grade 4



Cloudscape by Alex Randisi, Grade 4



Still-life by Jossie Faraon, Grade 4

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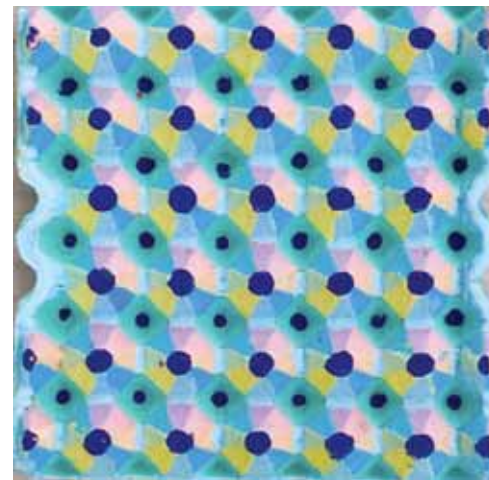
KENMORE MIDDLE SCHOOL Submitted by students of Art Teacher Jeff Wilson.



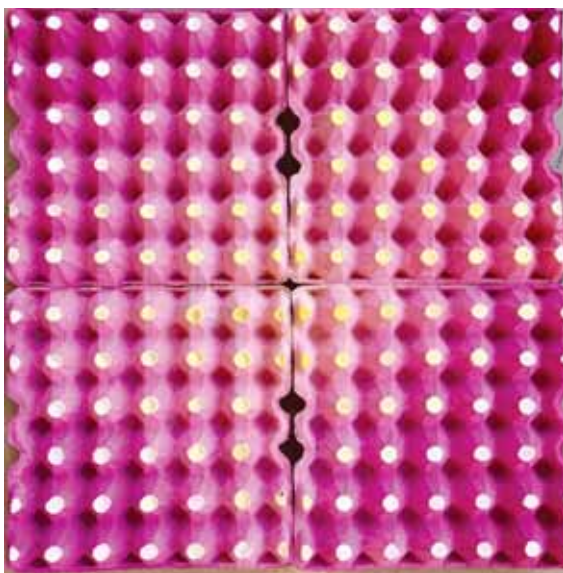
Light Box Sculpture, Grades 7 and 8



By Caroline Aramendia, Grade 8



By Lillia Tabassum, Grade 7



By Alina Bao, Grade 7



By Samantha Spence, Grade 8

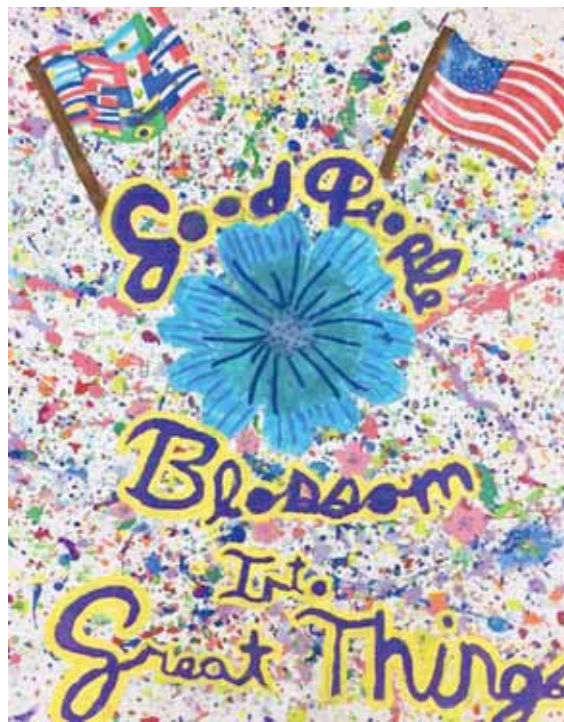


By Reynaldo Maradiaga, Grade 8

KENMORE MIDDLE SCHOOL



Egg Carton Paintings, Grades 7 and 8



By Sarah Aysque, Grade 7

GLEBE ELEMENTARY

FROM PAGE 4

Jimmy's Spooktacular Halloween!

Pretending the ground is hot lava is my favorite! I play with Asher, Grey, Mack and Jesse. It was fun! When I am with my friends, I feel super. They are good to me.

— CHHAY EUR HENG,
7. SHORT ANSWER

Once upon a boo, there was a Ghost Family. The family loved Halloween. Their names were Jimmy, Emily and little brother. Little brother was a pumpkin for Halloween and Emily was a princess, but not Jimmy. At G.H.O.S.T school Jimmy said, "I'll have a haunted house at my party!" but what costume? Jimmy thought and then he realized he's a Ghost! So, he went home and said nothing. He decided to dress as a ghost. At the party, he put up a sign that said "This is a Ghost Party"

— SEBASTIAN ROSADA, 7. CREATIVE WRITING

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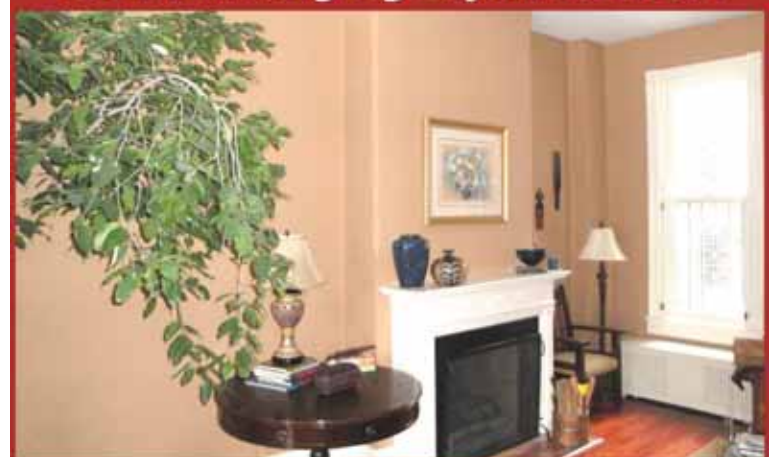
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By Kyle Medina, 7, Grade 2, Arlington



By Maya Orlova, Grade 1, from Falls Church



By Adleyn Barry, 6, Kindergarten, Arlington



By John Fortuna, 5, Kindergarten, Falls Church



By Laurel Jarvis, 9, Grade 2, Alexandria



By Cara Fisherow, Kindergarten, Arlington



By Antoinette Katsas, 8, Grade 3, Falls Church



By Ben Kamins, 10, Grade 4, Annandale



By Ethan Prince, 5, Kindergarten, Arlington



By McCrae Swank, 9, Grade 3, Alexandria

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By Catherine Hiyama, Class of '19



By Annie Mildrew, Class of '19



By Reyna Osborne, Class of '19


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Re: Dr. Kathryn Sowerwine
Dermatology & Allergy Specialists of Virginia
1800 Town Center Dr. Suite 415, Reston VA 20190
1715 N. George Mason Dr. Suite 105, Arlington VA 22205

Dear Patient:

For professional reasons, I have decided to close my Allergy & Immunology portion of practice at Dermatology & Allergy Specialists of Virginia. Thus, I will no longer be able to provide your medical care. The last day I will see patients is January 31, 2019. I will be available for emergency care and scheduled appointments until the closing date.

We are happy to notify you that Dr. Daneshvar will be taking over the Allergy portion of the practice at his offices. Dr. Daneshvar is board certified in Allergy, Asthma and Immunology as well as Internal Medicine. He is the president of the Allergy and Asthma Care Center and has been in practice for more than 25 years. We are glad to offer our loyal allergy, asthma and immunology patients a provider who is highly regarded in the medical community.

Dr. Daneshvar of Allergy & Asthma Care Center provides exemplary care to both pediatrics and adult populations suffering with immunology, asthma and allergy concerns. Dr. Daneshvar is continuing care initiated by this office and looks forward to this opportunity to continue in your care and wellbeing. He has office locations in Reston, Leesburg and Alexandria is accepting new patients at this time. His website and telephone number can be found below.

Your health and well-being are of utmost importance to me and my staff at Dermatology & Allergy Specialists of Virginia. I encourage you to choose another provider as soon as possible to ensure uninterrupted care. For your convenience, I am including contact information for the Virginia Hospital Center, Reston Hospital patient referral line and websites as well as the American College and the American Academy of Allergy, Asthma and Immunology websites and telephone numbers.

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Thank you for trusting me with your healthcare needs. It has been a pleasure to provide your care, and I wish you the best in the future.

Sincerely,
Dr. Kathryn Sowerwine

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-Werner Heisenberg

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Back to Abnormal



By KENNETH B. LOURIE

Now that the drama of the last five weeks – and the last three columns – is mostly over, life can return to its previous/usual ebb and flow of cancer highs and lows.

For the moment, what I don't know: the effect on my "Adam's Apple" tumor (as I will call it) of the aggressive, every-three-week-infusion-schedule I've been on since early October, is definitely not hurting. Though I am under no delusions about what my next CT scan might show, I also have no confusion as to the road ahead: stay positive and remain engaged and live life with the least amount of focus and conversation on the dominating fact that I was diagnosed with an incurable form of cancer: non-small cell lung cancer, stage IV, almost 10 years ago. A diagnosis which came with a "13 month to two year" prognosis.

By most accounts, I shouldn't be writing this column – or doing anything else for that matter. I should be somewhere else – doing absolutely nothing, so far as we know, anyway. And I don't mean lying on a chaise lounge somewhere soaking in the local culture as I try not to sunburn in the midday sun. I mean... well, I presume you know what I mean.

But here I am, alive and reasonably well; not boasting, just saying.

Because, as amazingly fortunate as I am to still be anywhere nearly 10 years post diagnosis, there's a part of me that believes not so much in what I've done to support my chemotherapy/conventional treatment (non-Western alternatives) as in thinking I've fallen through some crack somewhere and have been forgotten by whatever reaper is sowing these things.

Granted, he/she/it has a lot of work to do and an incredibly long list to get through; still, as the centuries have confirmed, eventually, everyone's die is cast.

Having survived so long when so few of the thousands of similarly diagnosed cancer patients have not, certainly gives this one pause. But the pause passes quickly and is taken over by positivity; as in I must remain positive about the negative and not allow any semblance of "woeing" about me or moaning and groaning about what I'm able to do or disabled and unable to do. Never!

I have been given the gift of life and I see no point in looking that gift-horse in its mouth. It is my job, if it could even be characterized as such, to keep my head down and keep moving forward, figuratively speaking. There is no point in thinking backwards or wondering who, what, where, when and how. The point is the future, not the past.

Unlike the country music song by Tim McGraw, "Live Like You Were Dying," I don't want to live like I'm dying. I want to live like I'm living. A living which takes into account the good, bad and the indifferent.

If I stray from what I perceive to be my usual path, I will know that I'm doing so for a reason: cancer.

And since I never want to reinforce a negative, let alone give it room to roam, I will continue to try and take it all in stride and be grateful along the way for the life I've been granted and try not to weaken in my resolve to not let others be adversely affected or diminished by my situation.

I pretty much do whatever I want to do anyway. Though there are many things I can't do (particularly, bending), there are still many activities I am able to enjoy.

To quote Spock from Star Trek: "The good of the many outweigh the good of the few." A bit of a stretch I know, but I hope you get the association.

For me to survive the ordeal of cancer requires taking the emotion out of it. The highs and lows must become evens. And the levels and test results which occasionally have become odds, merely moments in time and subject to change.

If I am to finish this race, time cannot be of the essence, time must be what I make of it.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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WE WILL RETRIEVE VEHICLE CODES & GIVE YOU AN ESTIMATE OF REPAIR COSTS.



NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/19.

Jack Taylor's
ALEXANDRIA TOYOTA



SERVICE & PARTS DEPT HOURS:

Monday - Friday, 7:00am to 7:00pm
Saturday, 8:00am to 5:00pm

YOU HAVE SATURDAY OFF. THAT'S EXACTLY WHY WE DON'T!

ToyotaCare Customers
Don't Forget Your **FREE** Service.
5,000 • 10,000 • 15,000 • 20,000 • 25,000
Now Available! Mile Services
Call your ASM for details
ToyotaCare Plus \$329.00
Covers up to 4 years/45,000 miles

3750 Jefferson Davis Hwy • Alexandria, VA 22305

OIL & FILTER CHANGE

\$29⁹⁵ NON-SYNTHETIC **\$44⁹⁵** SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

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BRAKE SPECIAL \$79⁹⁵

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only. MACHINE ROTORS ADDITIONAL.

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SIGHT LINE WIPER BLADES \$10 OFF

Sight Line only.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA PARTS CENTER ONLY. GOOD THRU 12/31/18.

FREE BATTERY CHECK-UP

Check cold cranking amps and visual inspection of battery condition. Includes battery condition print out.

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ALIGNMENT SPECIAL \$69⁹⁵

Your car's alignment suffers, and can cause uneven tire wear and steering problems. **INCLUDES:** Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

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VARIABLE DISCOUNT

\$15.00 OFF when you spend \$100.00 - \$199.99
\$30.00 OFF when you spend \$200.00 - \$299.99
\$45.00 OFF when you spend \$300.00 - \$399.99
\$50.00 OFF when you spend \$400.00 or more

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TRUESTART™ BATTERIES \$99⁹⁵

SPECIAL OFFER

INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty, 24 month free replacement, 24 month free roadside assistance. Does not apply to hybrid batteries.

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ALEXANDRIA TOYOTA

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Check your windshield. Does your sticker say **12/18, 1/19, or 2/19?** If so, your VA Safety Inspection is now due

VIRGINIA STATE INSPECTION FREE

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CALL FOR AN APPOINTMENT AT **703-684-0710** OR SCHEDULE ONLINE AT **ALEXANDRIATOYOTA.COM**