

Children's Habilitation Residential Program and Children's Extensive Support Waivers Comparison Chart for Case Management

October 2021

Purpose

The chart below explains services authorized in the Health First Colorado (Colorado's Medicaid program) Children's Habilitation Residential Program (CHRP) and the Children's Extensive Support (CES) waivers. The chart provides a side-by-side comparison of the services offered through each waiver.

Background

Home and Community-Based Services (HCBS) provided through waivers are in addition to a member's Health First Colorado benefits and Early and Periodic Screening, Diagnostic and Treatment (EPSDT) services. The CHRP and CES waivers are two of four children's services waivers offered in Colorado. HCBS waivers provide extra benefits to help children remain at home and in the community. Each waiver program offers different benefits to specific populations that meet special eligibility criteria. In order to qualify for the waiver, the child must meet waiver criteria and the appropriate level of care, as determined by the State prescribed assessment tools. Please see the <u>Children's HCBS Waiver Chart</u> on the <u>Long-Term Services and Supports Training page</u> for an explanation of all children's waivers.

Children's Extensive Supports (CES) Waiver

The CES waiver is for children and youth from birth to age 17 with a developmental delay or an intellectual / developmental disability. CES provides services and supports to eligible children and youth who demonstrate a medical or behavioral condition that is intense and requires almost constant line-of-sight supervision to keep the child and others safe. The child must demonstrate a behavioral

or medical condition that requires direct human intervention more intense than a verbal reminder at least once every two hours during the day and on a weekly average of once every three hours during the night. Children and youth must be living in their family home in order to receive services through CES. CES services must remain within the overall service plan limit.



Children's Habilitation Residential Program (CHRP) Waiver

CHRP is targeted to children and youth from birth 0 to age 20 with a developmental delay or an intellectual / developmental disability. CHRP provides services and supports to eligible children, youth and their families who can live safely living in their homes and communities. CHRP helps children and youth with intensive behavioral or medical support needs that put them at risk, or potential need, for out-of-home placement or institutional care.

HCBS Waiver Services (Alphabetical Order)	CES	CHRP
Adaptive Therapeutic Recreational Equipment and Fees	YES	NO
Services that assist a client to recreate within the community. The cost of items shall be above and beyond what is typically expected for recreation and recommended by a doctor or therapist.		
Includes : Equipment specifically adapted to the child's disability. Admissions fees for recreation centers only when the pass is needed to access professional services or to achieve or maintain a specific therapy goal as recommended and supervised by a doctor or therapist. Water safety trainings that are distinct from swimming lessons may be covered.		
Excludes: Does not include items a typical-age child would commonly need as a recreation item. Also, excludes: fees for zoos or museums; fees for butterfly pavilion; tickets/fees for movies, theater, and concerts; professional and minor league sporting events; outdoor play structures; batteries for recreational items; and, passes for family admission to recreation centers.		
Max of \$1,000 dollars combined (fees + equipment) limit.		
Assistive Technology	YES	NO
Services, supports or devices that help to increase, maintain or improve daily task performance or improve functional capabilities. Assistive technology recommendations are based on an assessment by a qualified provider. When costs exceed \$2,500 per device, a total of three estimates should be obtained and kept in the client records by the case manager.		
Includes : Evaluations; choosing, buying and instruction on using a device; designing, fitting, adapting, maintaining and repairing a device; training and technical assistance.		
Excludes: Purchase, training or maintenance of service animals; computers; in home installed video monitoring equipment; medication reminders; hearing aids; entertainment devices; training or adaption directly related to school or home educational curriculum; or items considered typical toys.		
Max of \$10,000 for Assistive Technology, Home Accessibility Adaptation, and Vehicle Modifications per 5-year waiver renewal period (July 1, 2019 through June 30, 2024).		



HCBS Waiver Services (Alphabetical Order)	CES	CHRP
Community Connector Services	YES	YES
Helps children participate in typical childhood activities that build relationships and natural supports with others in the community. Community connector services are provided one-on-one to a child in a variety of settings in the community with individuals without disabilities.		
Excludes: The costs or fees of admission to entertainment (professional/minor league sporting events, movies, theater, concert tickets), and food or drink. CHRP limits this service to five hours per week. A request to increase service hours can be made to the Department on a case-by-case basis.		
Habilitation	NO	YES
A 24-hour service intended to assist a child in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to live successfully in home and community settings. Habilitation encompasses the following services to the child as a part of Residential Habilitation services:		
Cognitive services,		
Communication services,		
Emergency Assistance Training,		
• Independent Living Training,		
Personal Care & Homemaker Services,		
 Self-Advocacy Training, Supervision Services, 		
• Travel Services.		
Includes: Foster care homes licensed by child placement agency or county department of Human Services and specialized group homes or residential child care facilities licensed by the Colorado Department of Human Services.		
Hippotherapy	YES	YES
Uses the movement of the horse to assist in the development or enhancement of skills including gross motor, sensory integration, attention, cognitive, social, behavioral and communication. Hippotherapy must be provided by a licensed, certified, registered or accredited professional and the intervention needs to be related to an identified medical or behavioral need. The provider must be licensed by a national accreditation association in the profession.		
Includes: Individual or group services.		
Excludes: Equine therapy, therapeutic riding and experimental treatments/therapies.		



HCBS Waiver Services (Alphabetical Order)	CES	CHRP
Home Accessible Adaptations	YES	NO
Specific modifications, adaptations, changes or improvements in the primary residence of the child that are necessary to ensure the health, welfare and safety of the child and enable the child to function with greater independence in the home, or to prevent institutionalization. All modifications must be the most cost-effective means to meet the identified need.		
Includes: Installing or building ramps, grab-bars or other Durable Medical Equipment, widening doorways, modifying bathrooms or kitchens, and installing specialized electric and plumbing systems to accommodate medically necessary equipment and supplies.		
Excludes: Adaptations or improvements to the home that are not related to the client's disability; carpeting; roof repair; central air conditioning; air duct cleaning; whole house humidifiers; whole house air purifiers; installation and repair of driveways and sidewalks; ongoing home security monitoring fees; home furnishings; adaptations to rental units when the adaptation is not portable and cannot move with the client; and luxury upgrades.		
Max of \$10,000 for Assistive Technology, Home Accessibility Adaptation, and Vehicle Modifications per 5-year waiver renewal period (July 1, 2019 through June 30, 2024). This amount may be exceeded with prior approval.		
Basic or Enhanced Homemaker Services	YES	NO
General household activities provided in the home to help maintain a healthy and safe environment for the child. Services must increase the parent's or caregiver's ability to give the child needed care. Services may be hands-on help, performing a task for the child or prompting the child to perform a task.		
Includes: Light housecleaning, meal preparation, dishwashing, bed making, laundry, grocery shopping and teaching these skills.		
Excludes: Personal care services, services that can be performed by the child independently and, services provided by family members. Lawn care, snow removal, air duct cleaning and animal care are excluded.		
Limitation: Enhanced homemaker services requires a habilitative plan or requires extraordinary cleaning due to individual behavioral or medical needs.		



HCBS Waiver Services (Alphabetical Order)	CES	CHRP
Intensive Support Services	NO	YES
This service aligns strategies, interventions and supports for the child and family to prevent out-of-home placement. There are three distinct elements of this service: Wraparound Plan, Wraparound Monitoring and In-Home Support (being renamed to Child & Youth Mentorship).		
Wraparound planning should address step to implement support strategies, prevent, and/or manage a future crisis. The wraparound plan should incorporate all relevant strategies and other treatment plans into one comprehensive stabilization plan.		
Wraparound monitoring and follow-up services include ongoing evaluations to ensure that triggers of crisis have been addressed to maintain stabilization and prevent a future crisis.		
Child & Youth Mentorship should include implementation of therapeutic and/or behavioral support plans, building life skills, providing guidance to the child with self-care, learning self-advocacy and protective oversight.		
Includes: Identification of the strengths, abilities, preferences, desires, needs, expectations, and goals of the child or youth and family; maintaining stabilization; preventing crisis situations; de-escalation of a crisis and follow-up services. All components of Intensive Support Services can be utilized together or as stand-only services.		
Massage Therapy	YES	YES
The systematic manipulation of the soft tissues of the body, (including manual techniques of gliding, percussion, compression, vibration, and gentle stretching) for the purpose of bringing about beneficial physiologic, mechanical, and/or psychological changes. Massage is used to ease muscle contractures or spasms, increase extension and muscle relaxation, and decrease muscle tension.		
Limitations: Massage is based on the child's assessed need for services, physician's orders and prior authorization.		
Excludes: Acupuncture and chiropractic care.		
Movement Therapy	YES	YES
Music and dance therapy for the habilitation, rehabilitation and maintenance of skills, such as behavioral, developmental, physical, social, communication or gross motor skills. It also helps with pain management and cognition. Therapy must be provided by a licensed, certified, registered or accredited professional and the intervention needs to be related to an identified medical or behavioral need. The provider must be licensed by a national accreditation association in the profession.		
Excludes: Fitness training or a personal trainer, warm water therapy, experimental treatments or therapies and yoga.		



HCBS Waiver Services (Alphabetical Order)	CES	CHRP
Parent Education Services to teach parents and other caregivers about a child's disabilities. Caregivers have the opportunity to learn how to support the child's strengths within the context of the child's disability and enhances the caregiver's ability to meet the special needs of the child. Includes: Consulting; training on a child's needs, such as sign language; special resource materials; registration costs to attend conferences; educational workshops; and membership costs for parent support, information organizations and publications for parents of children with disabilities. Excludes: Transportation, lodging, food, and membership to any political organizations or any organization involved in lobbying activities.	YES	NO
Respite Care	YES	YES
Services are short-term care services because of the absence or need for relief of the primary caregivers. Respite Care may be provided in the community or in the home.		
CES Respite includes individual units (1:1), day (1:1), group and camp. The maximum amount of respite services is 30 days and 1880 units.		
CHRP Respite includes individual (1:1) units and day (1:1) both in the family home or residential settings. Respite care can only be approved up to twenty-eight (28) days in a calendar year and not more than seven (7) consecutive days per month. Respite is not to be used when accessing Habilitation services.		
Specialized Medical Equipment/Supplies	YES	NO
The devices, controls, or appliances that are required due to the client's disability and that enable the client to increase their ability to perform activities of daily living or to safely remain in the home and community.		
Includes: Kitchen equipment required for the preparation of special diets if this results in a cost savings over prepared foods; Specially designed clothing if the cost is over and above the costs generally incurred for regular clothing; Maintenance and upkeep of specialized medical equipment purchased through the waivers.		
Excludes: Items that are not of direct medical or remedial benefit, vitamins, food supplements, any food items, prescription or over the counter medications, topical ointments, exercise equipment, hot tubs, water walkers, resistance water therapy pools, experimental items and wipes for any non-incontinence purposes.		



HCBS Waiver Services (Alphabetical Order)	CES	CHRP
Transition Support Services	NO	YES
This service aligns strategies, interventions, and supports for the child and family when a child transitions to the family home from out-of-home placement or to lower levels of care in out-of-home placement. There are three distinct elements of this service: Wraparound Plan, Wraparound Monitoring and In-Home Support (being renamed to Child & Youth Mentorship).		
Wraparound planning should address step to implement support strategies, prevent, and/or manage a future crisis. The wraparound plan should incorporate all relevant strategies and other treatment plans into one comprehensive stabilization plan.		
Wraparound monitoring and follow-up services include ongoing evaluations to ensure that triggers of crisis have been addressed to maintain stabilization and prevent a future crisis.		
Child & Youth Mentorship should include implementation of therapeutic and/or behavioral support plans, building life skills, providing guidance to the child with self-care, learning self-advocacy and protective oversight.		
Includes: Identification of the strengths, abilities, preferences, desires, needs, expectations and goals of the child and family; maintaining stabilization; preventing crisis situations; de-escalation of a crisis and follow-up services. All components of Intensive Support Services can be utilized together or as stand-alone services.		
Vehicle Modifications	YES	NO
Adaptations or changes to a car, truck or van that is the primary vehicle to accommodate the special needs of the child or youth. These changes must be needed to enable the child to integrate more fully into the community, and to ensure health and safety. All modifications must be the most cost-effective means of meeting the need.		
Includes: Changes to the vehicle, and upkeep and maintenance of the changes made to the vehicle.		
Excludes: Regular vehicle upkeep and maintenance, vehicle purchase or lease, or modifications that are not a direct benefit to the member.		
Max of \$10,000 for Assistive Technology, Home Accessibility Adaptation, and Vehicle Modifications per 5-year waiver renewal period (July 1, 2019 through June 30, 2024). This amount may be exceeded with prior approval.		



HCBS Waiver Services (Alphabetical Order)	CES	CHRP
Youth Day	YES	NO
Provides care and supervision to children, ages 12- to 17-years-old, while the primary caregiver works (paid or unpaid), volunteers or seeks employment. Children with Intellectual and developmental disabilities in this age range typically require care and supervision while the primary caregiver is absent from the home.		
Includes: Individual (1:1) or Group services. May be provided in the home of the child or the home of the service provider or in the community.		
Excludes: Camp; and is limited to 10 hours a day.		

For more information, contact hcpf_chrp@state.co.us.

