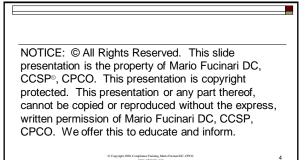


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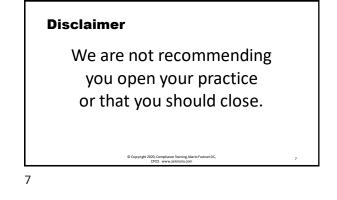


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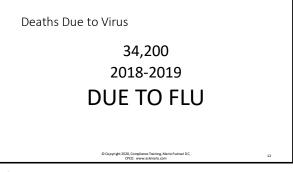


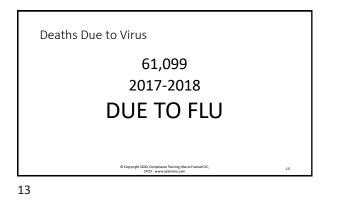








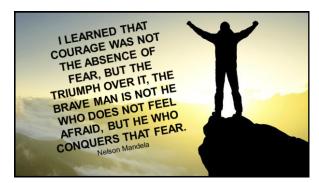


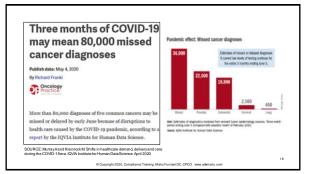


	Symptomatic Illnesses	Medical Visits	Hospitalizations	Deaths
0-4 years	10.2	14.7	5.2	0.8
5-17 years	21.6	24.1	4.3	0.6
18-49 years	33.5	26.7	13.6	7.2
50-64 years	26.0	24.0	20.0	16.6
65 and older	8.7	10.4	57.0	74.8









Back Pain and Disability

- LBP is #3 cause of disability
- Back pain is a major cause for health care costs
- Total annual costs of low-back pain in the United States including lost wages and reduced productivity—are more than \$100 billion.



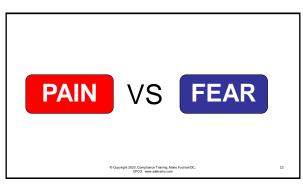
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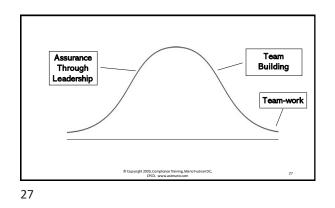




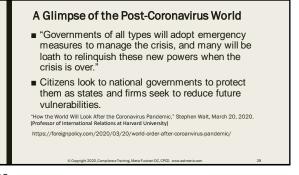




LIFE HAPPENS. ADAPT. EMBRACE CHANGE AND MAKE THE MOST OF EVERYTHING THAT COMES YOUR WAY.









OPENING UP FAMERICA AGAIN

Therefore, if states or regions have passed the **Gating Criteria** (symptoms, cases, and hospitals) announced on April 16, 2020, then they may proceed to Phase 1.

GUIDELINES

https://www.cms.gov/files/document/covid-flexibility-reopen-essential-non-covid-services.pdf

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VULNERABLE INDIVIDUALS

OPENING UP AMERICA AGAIN

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1. Elderly individuals.

2. Individuals with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

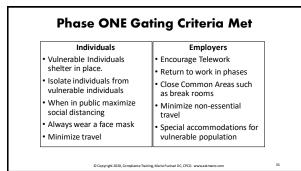
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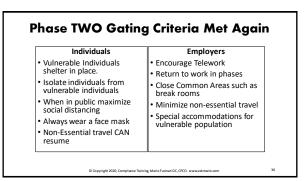
Gating Criteria – Satisfy Before Proceeding Symptoms Cases Hospitals Downward trajectory of influenza-like illness Downward Trajectory of documented cases within Treat all patients without crisis care. reported within a 14-day a 14-day period. AND period OR Robust testing AND Downward trajectory of program in place Downward trajectory of COVID-like syndromic positive tests as a percent of total tests for at-risk health care workers, cases reported within a within a 14-day period 14-day period (Flat or increasing including emerging volume of tests) antibody testing

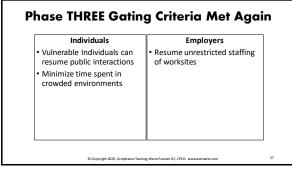
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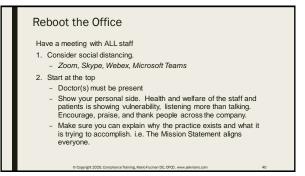




GUIDELINES

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Reboot the Office 3. Deal with the issues raised by employees, don't hide from them. When sensitive topics arise, run to the fire, not away from it. 4. What work can be done remotely, keeping HIPAA in mind. Enable continuity of operations. GoToMyPC Secure or other software Each person has a unique STRONG password Make sure you have a VPN on your devices 5. Have a method to praise one another for a good job.

Reboot the Office

- 6. When you have a hybrid meeting (remote and inperson) always invite the remote person into the conversation
- 7. If food is in the meeting at the office, consider having food delivered to the remote person.
- 8. Develop a plan, try it for a day, then everyone meets the next day to see how it went.

Prepare

- Look at your physical desk. Are there any physical files you need to take with you? Do you need the phone number of the help desk in case you can't get access to the network from home? NPI #? PTAN#?
- If you'll be using your mobile phone and video conferencing, you will also want to make sure you have a headset and maybe an external webcam, allowing you to position them to appear more professional.

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Prepare

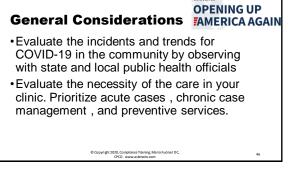
- Pull out those rules and procedures you wrote up to deal with emergencies and crises. Will instructions go out over an office email, or a group text message? How will you communicate so that all employees get the message?
- Now is the time to lay this foundation for how you will continue your business operations.

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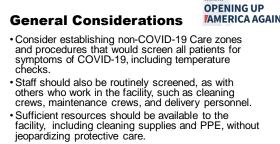
Business Resumption Plan Known exposures Plan Declaration Staff Shift Schedule Communication Plan Activation of Team · Employee Contact Information Vendor Notification Work-Around Procedures Off Site Restore Procedures







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Known Exposures

- Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.
- The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it spreads. Protect yourself and others from infection by washing your hands or using an alcohol-based rub frequently and not touching your factors. your face.

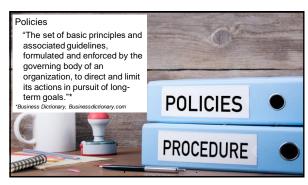
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Known Exposures

- The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes, so it's important that you also practice respiratory etiquette (for example, by coughing into a flexed elbow).
- Currently, there are no specific vaccines or treatments for COVID-19. However, there are many ongoing clinical trials evaluating potential treatments. WHO, CDC, and our office will continue to provide updated information as it becomes available.

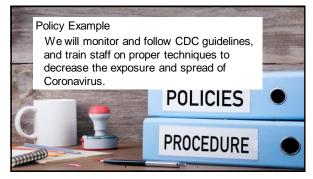
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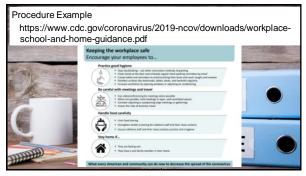
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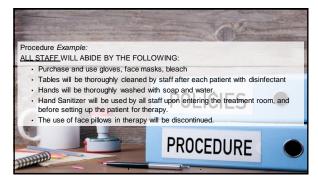


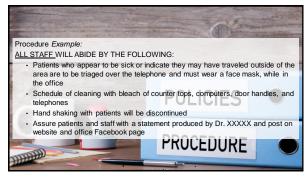
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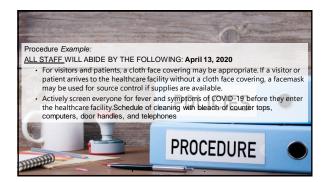










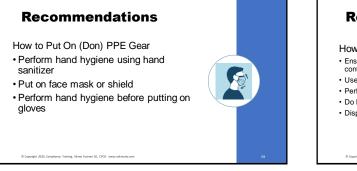


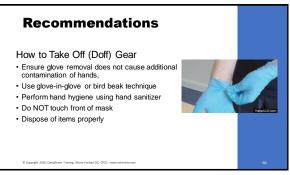


- To prevent COVID-19, it is safest to avoid physical contact when greeting. Safe greetings include a wave, a nod, or an elbow bump.
- Washing hands with warm water and soap offers more protection against catching COVD-19 than wearing rubber gloves. Wash hands before and after each patient, but also use hand sanitizer in front of the patient, upon entering the room.
- Face masks are always to be worn when in the office. Washable face masks have been provided to you. You can also use your own crafted masks, if approved by the doctor or office manager. Masks are to be changed between patients. Always wash hands prior to putting on and taking off the face mask.

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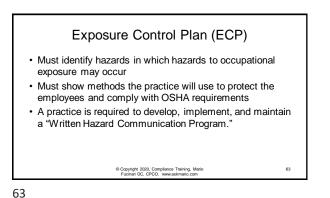


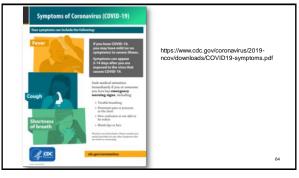






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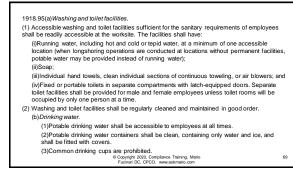


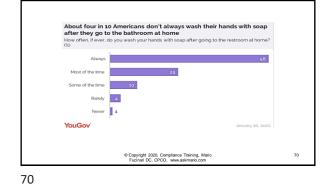
















Recommendations

- A diluted bleach solution has been provided to you. All surfaces, including door handles, counter tops, tables, chair rails, and therapy equipment, are to be cleaned thoroughly between each patient.
- It is recommended to don and doff gloves and face masks as trained. (See video)
- Lab coats, ties and other clothing that may brush against the patient are to be not worn or bring a change of clothes to change into street clothes. You may use the office washing machine and dryer for clinic clothes, so as not to contaminate your home by bringing them home.
 Covering for tables, such as plastic (shower curtain)
 - for tables, such as plastic (shower carte

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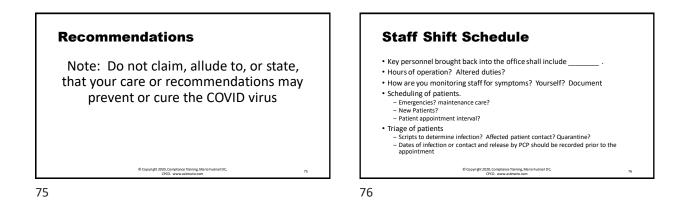
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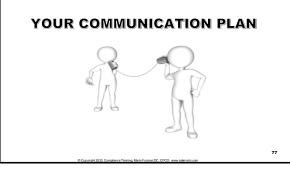
Recommendations

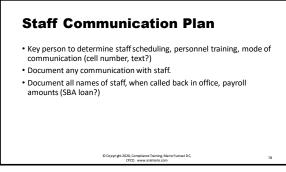
- •Clean pens with bleach or other disinfecting agent
- •Avoid clipboards or having patients carry a chart or travel card
- No kiosk check-in
- •Prop doors open if possible and/or clean with bleach solution

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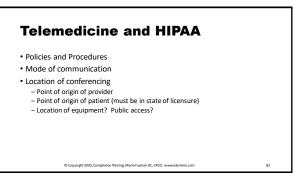
Patient Communication Plan

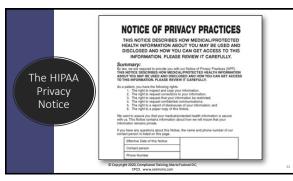
- Scheduling of patients
- Appointment interval
- Social media announcing your status
- Email, text, telephone calls, as allowed in your HIPAA plan
- Document any communication with patients
- Train and re-train all staff!
- · Document what webinars you have taken in this matter
- Print guidelines from CDC

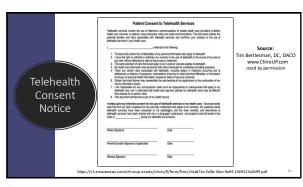
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Advantages of Telehealth

- Safety. When you and your patient are face-to-face, you can spend time with the patient, without exposing each other to the risk of infection.
- Consultation of the future. You, or your staff, can easily communicate with the patient to get "pre-check-in" information and triage the patient for complications and co-morbidities that may prohibit them from coming into the office.
- · Increased efficiency and cost effectiveness. Connect using multiple platforms (Zoom, Skype, Facetime) that may be available to you and your patients for free.
- · Location. Staff can work from home. Patient can be interviewed from home

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Disadvantages of Telehealth

- Access may be limited. In rural areas internet may be limited. Patients may be disadvantaged due to disabilities, income, or religious restrictions
- Emotionally distant. Doctors and/or patients may not be as comfortable with this mode of communication. Not the best medium for a NEW patient.
- Staff Communication. What happens if the doctor is running behind? · Limited services. Manipulation and others "hands-on" procedures
- are severely limited. • HIPAA Privacy. Security risks must be addressed. "Zoom bombing"
- · Reimbursement. Is telemedicine for chiropractors reimbursed? Are
- the reimbursement policies just temporary? The future of Medicare?

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Section 1557 of PPACA

- · Section 1557 is intended to promote equity in health care and prevent discrimination on the basis of race, color, national origin, sex, age or disability in health programs or activities that receive federal financial assistance.
- · Compliance requires posting certain notices in your office and there are consequences for failure to do so if you are not exempt.

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At Risk Individuals Children Elderly persons ·Persons from diverse cultural origins Individuals with disabilities Individuals with limited English proficiency www.cdc.gov/coronavirus/2019-ncov/dov loads/community-mitigation-strategy-spanish.pdf ·Persons who live in institutionalized settings ·Persons who do not have access to transportation

Virtual Encounter Procedures

- · Patient is pre-screened and scheduled for their telemedicine appointment
- · Give them a link, passcode, and password, and time to log into for their appointment
- · Update insurance information
- · Update chief complaint(s), history, new injuries, flare-ups, surgeries, change in medications
- · Exposure to COVID-19? Self? Family? Quarantined?

Day of Virtual Encounter Procedures

- · Patient and staff logs into their telemedicine appointment
- Update chief complaint(s), pain scale, COVID-19 status, any other changes?
- · Patient is placed in virtual waiting room
- Doctor logs in
- · Nature of encounter SOAP and time is documented
- · CPT code is applied

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Billing for Telemedicine Procedures

- Check your State Law, Board of Examiners' Guidelines and carrier requirements and guidelines PRIOR to rendering the service
- Report these services with PLACE OF SERVICE 02 (telehealth) on the claim, or per carrier guidelines
- Modifier -95 Synchronous Telemedicine Service Rendered Via a Real-Time Interactive Audio and Video Telecommunications System, or per carrier guidelines

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CPT	Description	Total wRVU
99211	Evaluation and management of an established patient, that may not require the presence of a physician or other qualified health care professional. Usually, the presenting problem(s) are minimal.	.18
99212	Evaluation and management of an established patient, which requires a makically appropriate history and/or examination and straightforward medical decision making. When using time for code selection, 10-19 minutes of total time is spent on the date of the encounter	.48
99213	Evaluation and management of an established patient, which requires a medically appropriate history and/or examination and low level of medical decision making. When using time for code selection, 20-29 minutes of total time is spent on the date of the encounter.	.97
99214	Evaluation and management of an established patient, which requires a medically appropriate history and/or examination and moderate level of medical decision making. When using time for code selection, 30-39 minutes of total time is supert on the date of the encounter.	1.5

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Physician/Qualified Health Professional telephone evaluation 5-10 min	.25
Physician/Qualified Health Professional telephone evaluation 11-20 min	.50
Physician/Qualified Health Professional telephone evaluation 21-30 min	.75
Physician/Qualified Health Professional online digital evaluation 5-10 min	.25
Physician/Qualified Health Professional online digital evaluation 11-20 min	.50
Physician/Qualified Health Professional online digital evaluation 21-30 min	.80
	Physician Qualified Health Professional telephone evaluation 11-20 min Physician Qualified Health Professional telephone evaluation 21-30 min Physician Qualified Health Professional online digital evaluation 5-10 min Physician Qualified Health Professional online digital evaluation 11-20 min

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Vendor Communication Order supplies – cleaning products and paper supplies, masks, gloves, disinfectant spray, headrest paper, supplements Check expiration dates of supplements

• Check refrigerator! No old items that may be harboring the virus!

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Additional Resources

www.coronavirus.gov www.osha.gov www.us-cert.gov https://www.hhs.gov/hipaa/for-professionals/specialtopics/hipaa-covid19/index.html

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