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# **Civilian Employee Community Resource Guide 2015-2016**

## Introduction

As the Peterson Air Force Base Civilian Personnel Officer, I would like to invite our civilian employees to utilize this booklet in the event of any unforeseen needs or emergencies. Although there is help almost always available, in the time of an emergency, finding the right community resource can be difficult and time consuming.

This booklet was developed as a resource for our civilian employees and their families in an effort to provide a consolidated listing of agencies in the Pikes Peak area that are available to help. This guide is not all inclusive of all the programs and services available but a compilation of those that are most widespread.

Tonya Bonner, Chief Civilian Personnel

### What is the Integrated Delivery System?

The Integrated Delivery System (IDS) functions as the action arm of the CAIB and develops a comprehensive, coordinated plan for integrating and implementing community outreach and prevention programs (e.g., financial management; violence awareness, intervention, and prevention; health promotion; tobacco cessation, etc.). The IDS improves the delivery of human service programs by establishing a seamless system of services through collaborative partnerships and coordinated activities. The IDS prepares a base Community Action Plan at least every two years to guide the activities of the IDS, CAIB, and member organizations using the results of AF community needs assessments and other available data

### What is Comprehensive Airman Fitness?

The goals of Comprehensive Airman Fitness (CAF) are

- Airmen taking care of Airmen
- Embracing the Wingman concept
- Airmen and families maintaining a lifestyle of comprehensive fitness

**Positive Behaviors: Caring, Committing, Connecting, Celebrating and Communicating**

This guide contains information that will help you and your family in a time of emergency, however, it is not all inclusive of the services available. The Colorado Springs area has an abundance of helping agencies for a wide variety of needs. Colorado 2-1-1 eliminates confusing and time-consuming searches for help by providing streamlined access to services by calling one number.

This service provides callers with information and referrals to health and human services agencies as well as organizations that can assist in times of disaster or an unexpected crisis.

*Callers simply dial 2-1-1 into any touch tone*

*phone to reach this assistance.*

Areas surrounding Peterson AFB to include the following counties are serviced by Pikes Peak United Way 2-1-1: Chaffee, Cheyenne, El Paso, Lincoln, Park, and Teller



## Emergency Assistance

9-1-1 Emergency Services.....	911
American Red Cross .....	632-3563
Aspen Pointe.....	572-6330
Bijou House.....	635-5078
Care and Share, Inc.....	528-1247
Catholic Charities of Colorado Springs.....	636-2345
Chaplaincy Corp.....	444-7000
Child Abuse, Neglect, Prevention, and Reporting.....	475-9593 / TTY: 444-5998
Comitis Crisis Center, Inc.....	(303) 343-9890
Community Cupboards.....	687-3663
Crisis Response Team.....	635-7000
Detoxification Facility.....	635-7000
Ecumenical Social Ministries.....	636-1916
Evans Army Hospital (Ft. Carson).....	526-7000
KPC Kids' Place.....	634-5439
National Runaway Switchboard.....	(800) 621-4000
Salvation Army Community Corps Center.....	636-3891
Springs Rescue Mission.....	632-1822
Suicide Prevention Partnership.....	596-5433
TESSA - Center for Prevention of Domestic Violence.....	633-3819
Walt Fortman Community Center.....	382-8515

**National Suicide Prevention Lifeline: 24/7 1-800-273-8255**  
**COLORADO CRISIS & SUPPORT LINE, 24/7, 844.493.TALK (8255)**  
**Pikes Peak Suicide Prevention - (719) 573-7447**  
**(Provides free one-on-one "in-person" counseling, call**  
**(719) 573-7447 to make an appointment)**

## Table of Contents

Civilian Personnel Officer Introduction.....	2
Basic Living Necessities.....	4-5
Health and Wellness.....	6—8
Drug and Alcohol Treatment.....	9
Domestic Violence/Abuse/Sexual Assault.....	10
Mental Health.....	11
Emergency Assistance.....	12
Colorado 2-1-1 Information.....	13



**Basic Living  
Necessities**

Airman and Family Readiness Center - Peterson AFB.....	556-6141
Army Community Services (Ft. Carson) .....	526-4590
Assistance League of Colorado Springs.....	475-1029
Care & Share, Inc.....	528-1247
Community Cupboards.....	687-3663
Crossfire Ministries, Inc.....	447-1806
Divine Redeemer Food Pantry .....	633-5559
Dress for Success.....	471-3170
Ecumenical Social Ministries.....	636-1916
Food Stamp Program (DHS).....	636-0000
Friendship House Family Connection (Ft. Carson).....	526-1070
Good News Foundation.....	638-8985
Kids Crossing.....	632-4569
Life Support Center, Inc.....	578-1222
Lighthouse Mobile Ministries.....	633-6800
Manna Food Ministries.....	635-1057
Marian House Soup Kitchen.....	475-7314
Meals on Wheels.....	884-2330
Northern Churches Care.....	277-7470
Operation Back to School.....	597-1821
Operation School Bell (Assistance League).....	475-1029
Pikes Peak Community Action Agency.....	633-8994

## Mental Health

Aspen Pointe.....	572-6330
Bridge to Awareness Counseling Center.....	471-2514
CASA .....	447-9898
Cedar Springs Behavioral Health System, Inc.....	633-4114
Center for Child Counseling.....	632-2663
Child Healthplan Plus.....	(800) 359-1991
Children’s Counseling Center.....	570-7188
Colorado Access.....	(800) 511-5010
Ecumenical Social Ministries.....	636-1916
Franciscan Community Counseling.....	955-7008
Haven House, Inc.....	578-1181
Marriage and Family Treatment Center.....	520-1711
Mental Health Association of El Paso County.....	633-4601
National Alliance for the Mentally Ill.....	473-8477
Parents without Partners.....	(303) 430-4991
Penrose / St. Francis Behavioral Health .....	776-8482
Pikes Peak Family Connections, Inc.....	520-1019
Salvation Army, Community Corps Center.....	636-3891
Samaritan Counseling & Education Center of the Pikes Peak Region.....	471-2500
Social Work Services (Ft. Carson).....	526-4585
Switzer Counseling Center.....	442-0606
Veterans Mental Health Clinic.....	327-5697

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## Domestic Violence/Abuse/Sexual Assault

A Turning Point of Colorado Springs.....	550-1011
CASA.....	447-9898
Centro de la Familia.....	227-9170
Child Abuse Diversion Program.....	520-6110
Child Abuse, Neglect, Prevention & Reporting.....	444-5700
Colorado Springs Police Department.....	444-7000
Department of Human Services.....	636-0000 / TTY: 444-5998
Domestic Violence Enhanced Response Team.....	444-7813
El Paso County Department of Human Services.....	636-0000 / TTY: 444-5998
El Paso County Sheriff's Department.....	390-5555
Emily Griffith Centers for Children.....	327-2000
Genesis Alcohol, Drug & Domestic Violence Treatment Program.....	632-3510
Kidpower.....	520-1311
KPC Kids' Place.....	634-5439
National Coalition Against Domestic Violence.....	(303) 839-1852
Pikes Peak Family Connections, Inc.....	520-1019
Placement Alternatives Commission.....	444-5537
Safe Passage (Children's Advocacy Center).....	636-2460
Social Work Services (Ft. Carson).....	526-4585
TESSA (Center for Prevention of Domestic Violence).....	633-1462 / 24-Hour: 633-3819

## Basic Living Necessities (includes food, rent, utilities, etc. )

Salvation Army, Community Corps Center.....	636-3891
Seventh Day Adventist Community Services Center.....	634-1682
Solid Rock Christian Church.....	393-7625
Springs Rescue Mission.....	632-1822
Walt Fortman Community Center.....	382-8515
Westside Cares (West side residents only).....	389-0759
WIC Program (Women, Infants and Children's Program).....	578-3225
Women Partnering.....	577-9404

## Health and Wellness

Academy Kids Dental Center - Dental, Orthodontics and Vision.....	391-2336 / 304-5400
Air Force Academy, Hospital and Dental Services.....	333-5111
Al Kaly Temple, Child Health Assistance.....	719-544-0658
Alzheimer's Association.....	(800) 864-4404
American Cancer Society.....	636-5101
American Council of the Blind of Colorado, Southern Colorado Chapter .....	(888) 775-2221
American Diabetes Association.....	(800) 232-3472
American Heart Association (AHA) .....	635-7688
American Lung Association.....	(800) LUNG-USA
Arthritis Foundation.....	520-5711
Breast Cancer Support Group.....	365-2697
Bright Eyes Vision Center.....	667-0665
Centennial Health.....	(303) 646-4519
Center for Hearing, Speech and Language.....	597-3390
Centura Home Health.....	272-7500
Centura Health.....	776-5000
Cerebral Palsy Association of Colorado Springs.....	638-0808
Child Development Center of Colorado Springs.....	574-8300
Colorado Access.....	800-511-5010
Colorado Child Health Plan Plus.....	(800) 359-1991 / TTY: 800-659-2656
Colorado Springs Osteopathic Foundation.....	635-9057
Community Health Education Services, Inc.....	(303) 921-7678
Community Health Partnership.....	632-5094
Department of Human Services.....	636-0000/ TTY:444-5998
Developmental Pediatrics.....	475-0477
El Paso County Medical Society.....	591-2424
El Paso County Department of Health and Environment.....	578-3199

## Drug and Alcohol Treatment

Alano Recovery Homes.....	520-1732
A Turning Point of Colorado Springs.....	550-1011
Al-Anon and Al-Ateen.....	(888) 425-2666
Alano Recovery Homes.....	520-1732
Alcoholics Anonymous.....	573-5020
Aspen Pointe, Chemical Dependency Center.....	572-6340
Aspen Pointe, Detoxification Facility.....	572-6340 / 24-Hour: 635-7000
Bridge to Awareness Counseling Center.....	471-2514
Cedar Springs Behavioral Health System, Inc.....	633-4114
Community Alcohol/Drug Rehabilitation & Education Center (C.A.D.R.E.C.) .....	(303) 295-2521
Connect Care LLC.....	572-6133
Genesis Alcohol, Drug & Domestic Violence Treatment Program.....	632-3510
Gordon S. Riegel Center.....	776-8741
Harbor House Collaborative.....	473-5557
Light House Assistance Center.....	572-6340
Journeys Counseling Center.....	687-6927
Narcotics Anonymous.....	637-1580
National Clearinghouse for Alcohol and Drug Information.....	(800) 729-6686
National Council on Alcoholism and Drug Dependence, Inc.....	(800) 475-4673
Western Clinical Health Services of Colorado (WCHS).....	434-2061

## Health and Wellness

Postpartum Support.....	650-1250
Rocky Mountain Health Care.....	457-0660
Rocky Mountain Cancer Information Service.....	(800)4-CANCER
Rocky Mountain Poison and Drug Center.....	800-222-1222
Service Empowerment Transformation (S.E.T.).....	776-8850
Small Smiles Dentistry (Medicaid recipients).....	442-0071
Solid Rock Christian Church.....	393-7625
Southern Colorado AIDS Project (S-CAP).....	578-9092
“Su Familia” National Hispanic Family Health Helpline.....	(866) 783-2645
Summit Home Health Care.....	533-0084
Tobacco Cessation: Colorado Quitline .....	1-800-784-8669
Veterans Medical Clinic.....	327-5660

## Health and Wellness

El Paso County Visiting Nurses Association.....	577-4448
ENTRADA School Health Based Center (Harrison D-2).....	226-3944
Evans Army Hospital (Ft. Carson).....	526-7000
Extension Food, Nutrition, & Education Program.....	520-7680
Freedom Rx.....	(877) 226-5303
Health Advisor (Penrose Hospital).....	776-5555
Healthy Communities EPSDT Outreach Program.....	365-9386
Kids in Need of Dentistry.....	227-1018
La Leche League.....	481-2909
March of Dimes Foundation.....	473-9981
Medicaid/ Medicare Services.....	(303) 844-2111
Memorial Hospital/ Hospital Memorial.....	365-5000
Memorial Pediatric Rehabilitation Center.....	365-5642
Memorial Urgent and After Hours Care, Prenatal Classes .....	365-2888
Mission Medical.....	219-3402
Mountain Doula.....	687-4232/433-4372
Multiple Sclerosis Alliance of Southern Colorado.....	633-4601
Muscular Dystrophy Association.....	260-8777
National Association for Parents of Visually Impaired .....	(800) 562-6265
National Children’s Cancer Society.....	(800) 532-6459
Nursefinders.....	634-7700
Nutrition Services.....	687-4239
Odyssey Health Care.....	(866) 366-6473
Peak Vista Health Centers.....	632-5700
Pikes Peak Hospice.....	633-3400
Planned Parenthood.....	573-8880