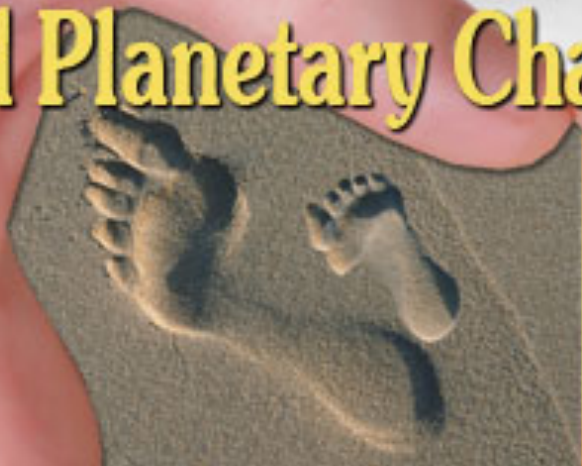


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Presents

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The Power of Permaculture for Personal and Planetary Change



Class 3



April 1,
15, 22 and 29

Instructors:

Robert Beese
Ralph Raaths
David C. Lewis

Sponsoring Masters

Hierachs of the Elementals

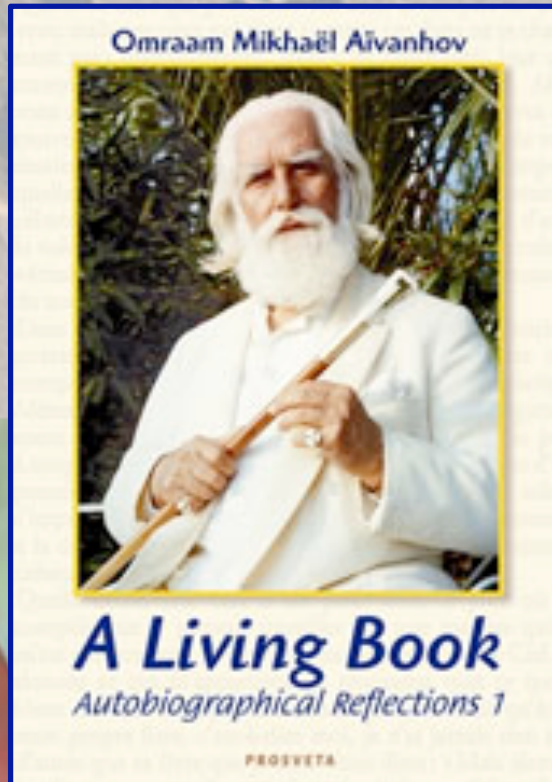
Virgo
Pelleur

Oromasis
Diana

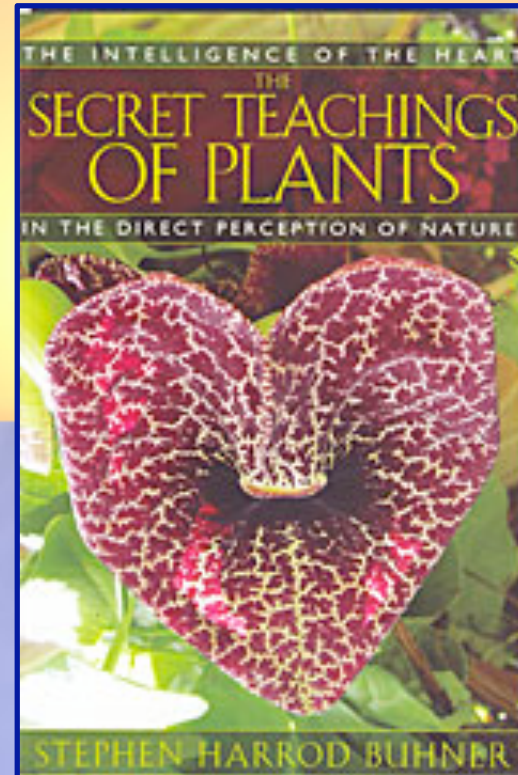
Neptune
Luara

Aries
Thor

Required Reading

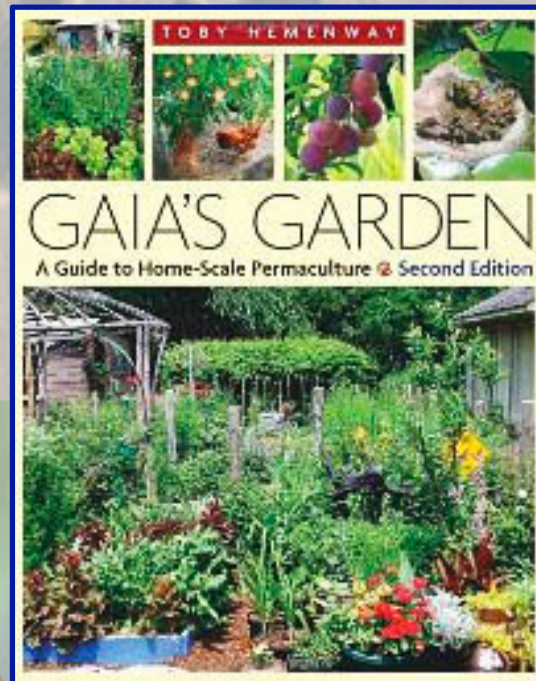


*A Living Book,
Autobiographical Reflections*
By Omraam Mikhael Aivanhov

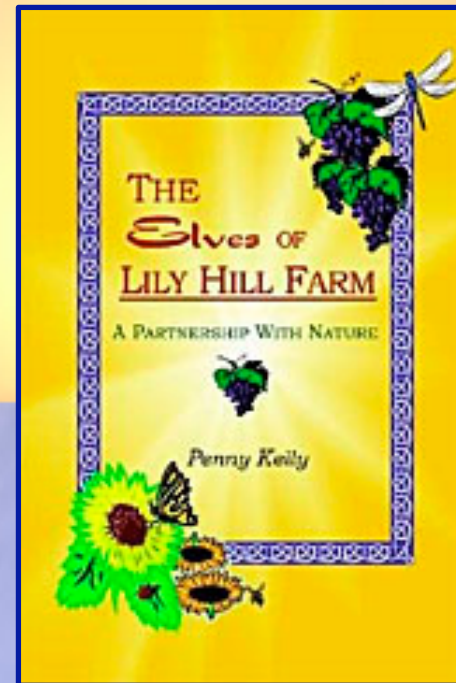


*The Secret Teachings of Plants:
The Intelligence of the Heart in the
Direct Perception of Nature*
By Stephen Harrod Buhner

Recommended Reading



Gaia's Garden:
A Guide to Home-Scale Permaculture
By Toby Hemenway



The Elves of Lily Hill Farm
By Penny Kelly

Recommended Reading



Sepp Holzer's Permaculture
By Sepp Holzer

Essential Purity of Waters



"You have called for the purification of the water—the water of your own being and the waters of this Earth—in answer to Hercules' request for a focused action, a conscious presence manifest for the healing of the water element. We have heard your calls; we have felt the energy of your spirits reaching up, reaching out and reaching within to ascertain exactly what is required for you to move this Earth and her waters into a new age of divine bliss and beingness." —Luara, Nov. 16, 2011

Hercules Labor of Love—July 5, 2011

Protect All Waterways in America and the World



Keep the Dispensations Alive

"The dispensation that we have received involves a blessing to elemental life so that all life does not feel the intensity of this depressive spirit that comes as a result of this ignoring of the law.

And so it is for a specific length of time, for a 'holy' season of life that our blessings upon the precious ones of the seas manifest. And you, dearest ones, focused in your intent to allow this dispensation to continue for years and decades, may simply invoke Luara's light within the oceans with the aqua-teal ray to secure all elementals in the spiritual integrity of their essence, unaccosted by the pollutants of mankind."

—Luara, Nov. 16, 2011

“Luara’s Light” Purifies the Oceans With the Aqua - Teal Ray and Protects All Elementals

Om
Mani
Padme
Hum
Aum



Om
Mani
Padme
Hum
Aum

Luara’s Heartstream 11/16/11

Holy Spirit Joy



"This is a grace won through the efforts of you who have invoked that light.

And even a portion of that which you invoke daily with beloved Arcturus is utilized in this way because, dearest hearts, all life requires water to live.

And so that violet stream, that violet-laser-light current moves, weaves its way into the waterways of the Earth and transmutes,

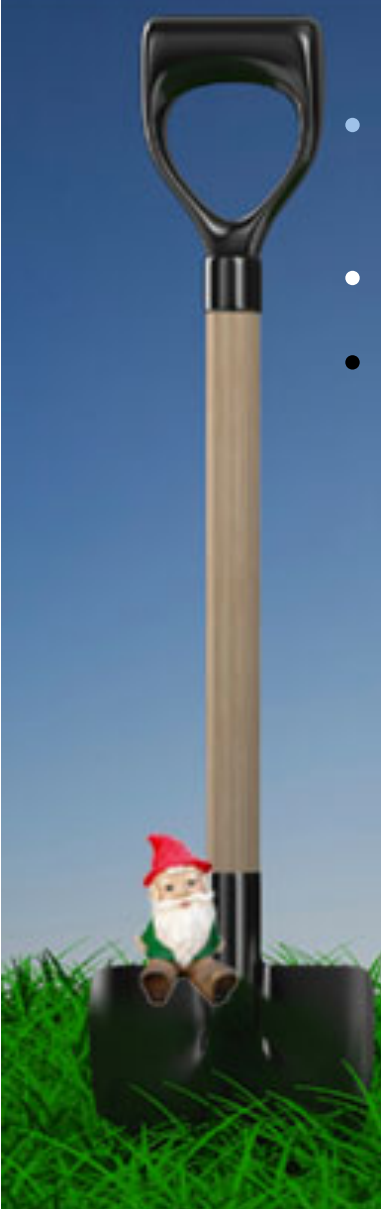
Holy Spirit Joy

Continued...



transmutes, transmutes darkness, density and resolves all in that seventh-ray action of Holy Spirit joy and buoyancy—the same buoyancy that you feel as you swim and abide within the waters of the Earth, that buoyancy that raises you above the floor of the oceans and seas unto the air so that you may know that which is real, that which is true, that which is true-blue and aqua-blue within the waters.” —Luara, Nov. 16, 2011

Discuss Assignments for Class 3

- 
- Read chapters 10-12 (p. 163-220) in *The Secret Teachings of Plants*.
 - Read chapter 6 (p. 125-142) in *A Living Book*.
 - Walk your land, home, backyard and listen for inspiration regarding a project that you can do to improve the space for the elementals and the people around you. Ask questions like, what would be the best use of this space; how can I make this a sacred and healing place; how do the elements of fire, air, water and earth combine in a harmonious way?
Make a plan and submit it to the forum. You can either draw up a plan or discuss your design in narrative.
Comment on one another's projects and be prepared to share with the class.

Have a Purpose

“Though you roam the woods all your days, you will never see by chance what he sees who goes on purpose to see it.”
—Henry David Thoreau

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Gathering Plant Knowledge



"The knowledge that is gained can be exceptionally detailed, more sophisticated than that found through (reductionist) science."

The Secret Teachings of Plants, p. 165

Personal Relationship Possible



"Personal relationships with plants are like personal relationships with people.

A whole range of experience exists, for there are many types of plants, each with its own personality, each of which will draw your interest and affection to differing degrees."

The Secret Teachings of Plants, p. 16

Focus is Deep

When connecting with a plant...

“Nothing can be allowed to divert your attention from your focus on the plant. Your experience of the plant becomes the only thing of which you are aware.”

The Secret Teachings of Plants, p. 167



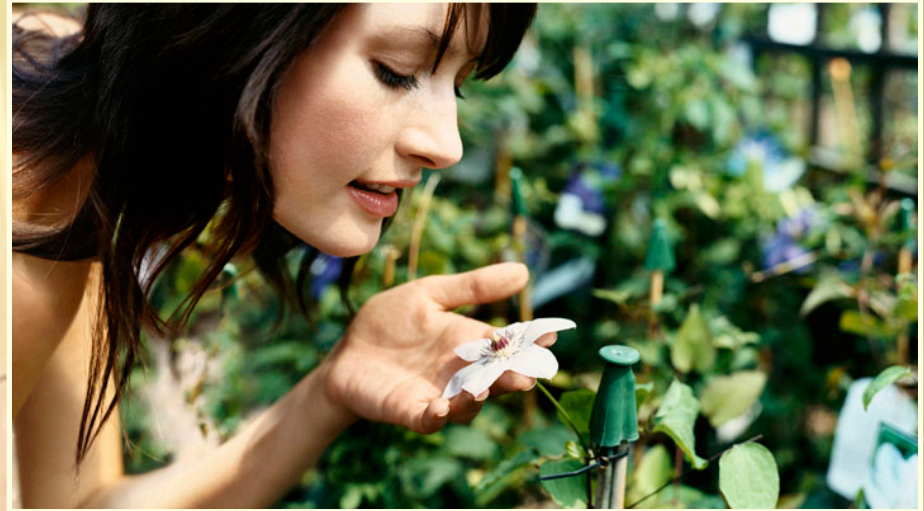
Let it Soak in



"Once you have experienced the one true thing—the burst of experiential feelings from the plant—keep it alive within you when you leave the presence of the plant."

The Secret Teachings of Plants, p. 168

Omraam at One with the Rose



"Nothing is more instructive than to look for the invisible that lies behind the visible, for everything is always prepared in the invisible before it manifests one day in the visible."

A Living Book, p. 131

Essence of the Rose

"The rose also said to me,
'You should not just dwell on
what I look like, but you
should also know of what
quintessences I am made,
how I prepare and
distil them'."

A Living Book, p. 131



Rose and Mother

"It smiles at me, and I too look at it with great love; I ask it to enter deep within me to awaken other roses in my heart and soul, for it has that power.

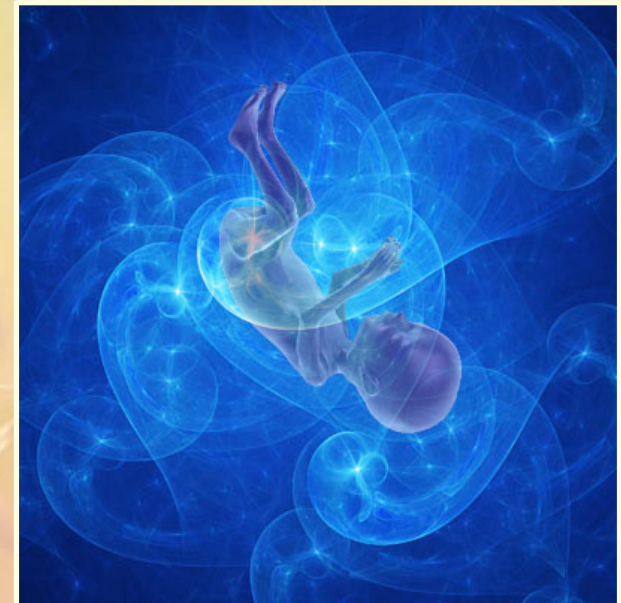
That is why I would like to give this advice to future mothers: during your pregnancy, from time to time look for roses, or even just one, and meditate beside them, asking them to influence the child you are carrying."

A Living Book, p. 132



Water Carries Light Essence

"Consider this element in its ability to carry frequencies of the Mother Light, wave patterns of her noble nature, to every life form. Why, blessed ones, you were born within your mother's womb, tossing and turning almost as if you were within a washing machine.



And your mother's tie to you manifest through that sacred umbilical cord. Her very essence nurtured the growth of your form and this process took part within a sublime and celestial state, hidden from the world but very present and visible to those of us who can see the light of the eye, the light of beingness within the soul." —Neptune, July 1, 2010

Enter Now the Rose that Jasmine Brings before You and Contact the Quintessence of Elemental Joy

“Sometimes the elementals see you as flowers yourselves—those with legs. If mankind could truly see all that is at play within the various kingdoms of nature, it would bring greater reverence for all life because they would see the effects of every action, of every thought, word and emotion upon the delicate fabric of life within nature.

"Dearest ones, I have brought this meditation to you today to understand life from a different perspective, our perspective so that you may always remember and care for the feelings of others, even those others being the tiny creatures of nature that most see not and yet abide everywhere.

Meditate upon the very essence within the essence that is concentrated love, love of life.”

—Jasmine, Jan. 3, 2009

Physician's Desk Reference



“All indigenous people gathered their knowledge of plant medicines in this way, directly from the heart of the world, from the soul of the plants.

All said they could talk to plants, that plants could talk to them, that the plants told them about their uses as medicines.”

The Secret Teachings of Plants, p. 178-179

Nature's Pharmacy

“If you make connection with the plants in your garden-plot, they will take care of you and cure you. They will make the right diagnoses all by themselves and prepare the most effective medicine especially designed for you.”

Anastasia, Book One of the Ringing Cedars Series, p. 81



Give the Elementals an Assignment



“It is essential to infuse the little patch of Nature surrounding you with information about yourself. Only then will the healing effect and the life giving support of your body be significantly higher than from the fruit alone.”

Anastasia, Book One, p. 80

Tailor Made

When seeking to harvest medicines from plants you already know, “feel the need you have for them, and feel it strongly.”



“When plants receive this kind of communication, they begin altering the chemicals they produce in anticipation of your gathering them as medicines. Your communications contain specific meanings, requests that initiate particular chemical responses. For the intentionally-created chemistry of plants is one primary language of response that they possess.”

The Secret Teachings of Plants, p. 179

Mr. Jim Stark Commonweal Farm



A man truly in tune with nature extols the value of Permaculture and a closeness with the land.

Commonweal Garden, Regenerative Design Institute,
Bollinas CA

Where There is Water, There is Life

Providing a water feature such as this pond, attracts wildlife, provides fish for food and captures water for irrigation while recharging the aquifer. Everything in Nature performs multiple functions.



Every Precious Drop

Swales across the contour intercept rainwater and allow water to soak in deeply.



The Purest Water

Rainwater is collected off the roof for multiple uses.



Enhance Your Curb Appeal 😊

Gray water is captured and “processed” in a bathtub full of wood chips before using to irrigate the orchard.
This is as simple as it gets.



Aquaponics Fish Tank

Plants grow 2x as fast when watered with “Fish Water”

Growingpower.org



Fish such as Tilapia and Yellow Perch are raised in a large tank of water. Growing Power uses Tilapia and Yellow Perch in our aquaponics systems because they are relatively easy to raise and because we can market them to restaurants, market basket customers, and they are a favorite in ethnic markets.

Gravel Bed with Watercress

By using gravity as a transport, water is drained from the fish tank into a gravel bed.

Here, beneficial bacteria break down the toxic ammonia in fish waste to Nitrite and then to Nitrogen, a key nutrient for plant development. On the gravel bed, we also use watercress as a secondary means of water filtration.



Growing Beds

The filtered water is pumped from the gravel bed to the growing beds, where we raise a variety of crops from specialty salad greens to tomatoes.

The water is wicked up to the crops roots with the help of coir, a byproduct of coconut shells and a sustainable replacement for peat moss.



Return Cycle

Finally, the water flows from the growing beds back into the tank of fish. Growing Power uses this type of aquaponics system because it is easy to build and only needs a small pump and heat to get the system running.



Water = Happiness



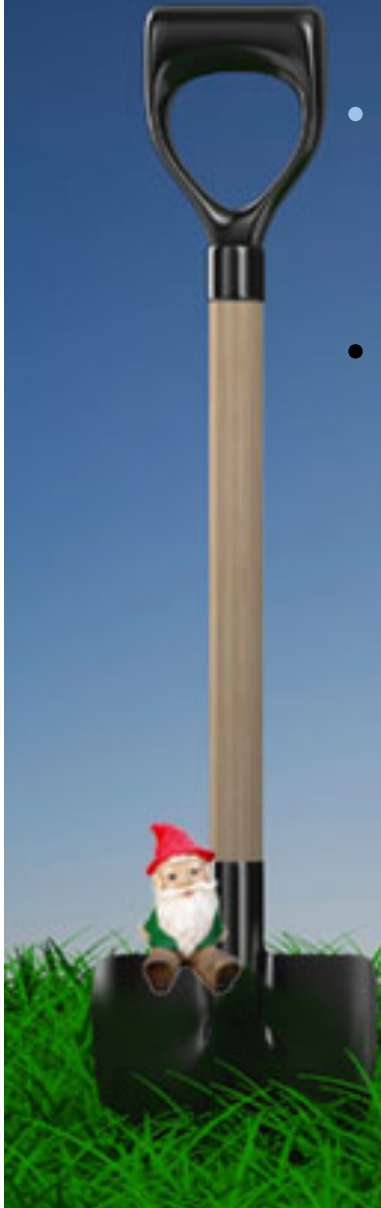
“The undines desire for you to be joyful always!
And even when at times you are serious in your spiritual work and endeavors, inside of your heart the light is leaping, aflame and afire with God-desire to be a wave of conscious presence distilled from the very center of all that is.”

—Neptune, July 1, 2010

By Margaret Tarrant

Assignments for Class 4

- Read chapters 13 - 14 and epilogue (p. 226 - 287) in *The Secret Teachings of Plants*.
- Choose and do one or more exercises from the epilogue and write about your experience(s) on the forum. Please note that Exercise 3 is similar to our Week 1 assignment. For a deeper experience, you may choose to combine Exercise 4 and Exercise 10, bringing your inner child along with you on a journey into nature's realm.



Neptune and Luara

April 11, 2012



1203



**Utilize the Divine Energy Locked
within the Water Element
for Your Self-Mastery and Enlightenment**

**Employ the Undines to Assist You
in Developing Greater Emotional Intelligence**

**Let Your Days Be Filled
with the Blessings of Water!**

Beloved Students of Higher Truth,

Water is a gift from God to mankind. Understanding the physical and chemical composition of water may, through meditation upon the Mother flow through its crystalline structure, clue you into water's spiritual import for your lives, for your soul. You may utilize the divine energy locked within the water element for your self-mastery and enlightenment. And through this process, we invite you to employ the undines to assist you in developing greater emotional intelligence.





Most life upon Earth requires water to exist.

Water provides a medium for growth and development, for it is itself a substance that allows all that exists within it and all in which it exists to expand or contract, to be infused or to be diffused, to move and change and evolve.

The water molecules within you carry the life-giving elements and essences that your cells require. Your life and sustenance depend on the quality and the quantity of water within you and that you partake of.

Likewise, your emotional self-mastery depends on the quality of the feelings that you allow to enter, to resonate within and to exit your being.



It is as important to allow pure feelings to be yours as it is to drink the most pristine of crystalline waters for your physical well-being. However, drinking sufficient pure water assists you in maintaining the proper foundation for greater emotional harmony. Toward this end, we suggest that each of you ensure that your water is pure and rich in the vital trace minerals required to sustain optimal health.



© *Call of the Sea*
by Josephine Wall
(www.josephinewall.co.uk)

The undines understand the nuances of the biology, chemistry and physics of water. In addition, they know the laws behind the spiritual sciences, beyond what most of humanity is aware of, that allow for the alchemicalization of light within water for the upliftment of all.



© *Undine*
by Josephine Wall
(www.josephinewall.co.uk)

They work with the miraculous nature of water to dissolve physical as well as astral, mental and etheric (or memory) pollutants. They use their knowledge and understanding lovingly through their undulations and movements within water, “fixing” certain solar radiations and quintessences of the Holy Spirit through their vibration to facilitate a greater cleansing and transmutative action of light.

If humanity truly understood the amazing intelligence that the precious undines utilize in this sacred work, they would revere them and carefully ensure that all waters everywhere were kept pristine and clear.



Every permaculturist must understand the importance of harvesting pure rainwater, pure springwater or groundwater, morning dew and mountain-snowmelt water for the development and sustainability of their gardens and food forests.

When you work with water as a sacred resource to ensure that very little or none of it is wasted or polluted with toxic chemical pollutants, the undines will smile upon your endeavors and assist you in every way possible to ensure an abundant harvest. When you lovingly speak to the undines and thank them for their work in assisting your plants to grow, you will be the beneficiary of their service through a healthy life in so many ways.



Dear ones, do all you can to educate yourself and others on the importance of water in the grand equation of life!

Pray over your water and all liquids and foods that contain it.

Solar charge your water with the light of the sun for at least thirty minutes, and preferably for two hours, each day.

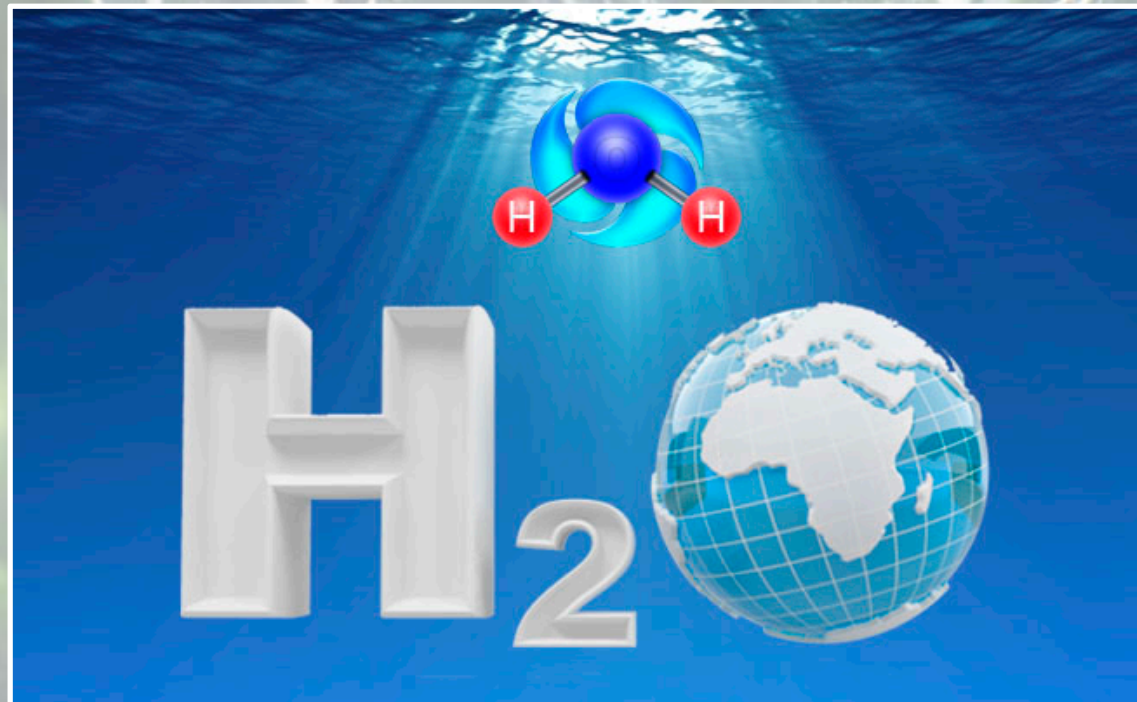
The sun will purify it and also encode it with what you require for your emotional balance.

Aqua Teal Water Blessing Bottle
designed by Lisa Meechan

1203



The sun will illumine you through water! Just as the sun itself is composed of hydrogen in its pristine, elemental form, so it utilizes its creative power to invest within the water molecules—each composed of two hydrogen atoms and one oxygen atom uniquely bonded and held in solution—its own intelligent life energy. Solar charging your water will increase its healing properties tenfold, dearest ones!



Let your days be filled with
the blessings of water!



As you bathe your body temples, wash your clothes and dishes, clean your homes, water your plants and imbibe liquids of all types, bless the water that you use with your conscious love and internal joy. Sing your song of joy as water nourishes your being with its purifying power and transformative energy.

Love life free while enjoying the oceans, seas, lakes, rivers and ponds. Speak to and listen to the undines as they share their message of hope and of new possibilities for beauty and divine splendor to again reign upon Earth.



We are your loving friends and helpers as you increase the
Mother Light within.
Neptune and Luara

Neptune and Luara

THANK YOU!

Next Class

April 29



Thanks to:



Robert Beese
Ralph Raaths
David Christopher Lewis
MU Staff
HeArt Expressions
HC Creative Arts Team
Josephine Wall
(www.josephinewall.co.uk)

Logrando Maestría en Los 12 Rayos de Dios

Enseñanzas Acuarianas sobre los 7 Rayos del Arcoiris
y los 5 Rayos Cristalinos

28 y 29 de Abril
del año 2012



Instructor: Jaime Urrutia

The Holy Kumaras on Venusian Alchemy, Architecture, Art and Music

May 18, 2012

One-Day Seminar



Self Transformation through

DIVINE MAGIC

Aug. 26

Sept. 2, 9, 16



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