

Clinical Dementia Rating Worksheet

This is a semi-structured interview. Please ask all of the following questions. Ask any additional questions necessary to determine the subject's CDR. Please record information from the additional questions.

Memory Questions for Informant:

1. Does he/she have a problem with his/her memory or thinking? Yes No
- 1a. If yes, is this a consistent problem (as opposed to inconsistent)? Yes No
2. Can he/she recall recent events? Usually Sometimes Rarely
3. Can he/she remember a short list of items (shopping)? Usually Sometimes Rarely
4. Has there been some decline in memory during the past year? Yes No
5. Is his/her memory impaired to such a degree that it would have interfered with his/her activities of daily life a few years ago (or pre-retirement activities)? (collateral sources' opinion) Yes No
6. Does he/she completely forget a major event (e.g., trip, party, family wedding) within a few weeks of the event? Usually Sometimes Rarely
7. Does he/she forget pertinent details of the major event? Usually Sometimes Rarely
8. Does he/she completely forget important information from the distant past (e.g., birthdate, wedding date, place of employment)? Usually Sometimes Rarely
9. Tell me about some recent event in his/her life that he/she should remember. (For later testing, obtain details such as location of the event, time of day, participants, how long the event was, when it ended, and how the subject or other participants got there.)

Within 1 week:

Within 1 month:

10. When was he/she born? _____
11. Where was he/she born? _____
12. What was the last educational establishment that he/she attended? _____
Name _____
Town/City _____
Highest Level achieved _____
13. What was his/her main occupation/job (or spouse's job if subject was not employed)? _____
14. What was his/her last major job (or spouse's job if subject was not employed)? _____
15. When did he/she (or spouse) retire and why? _____

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Orientation Questions for Informant:

How often does he/she know of the exact:

1. Date of the Month?

Usually Sometimes Rarely Don't Know

2. Month?

Usually Sometimes Rarely Don't Know

3. Year?

Usually Sometimes Rarely Don't Know

4. Day of the Week?

Usually Sometimes Rarely Don't Know

5. Does he/she have difficulty with time relationships (when events happen in relation to each other)?

Usually Sometimes Rarely Don't Know

6. Can he/she find his/her way around familiar streets?

Usually Sometimes Rarely Don't Know

7. How often does he/she know how to get from one place to another outside of his/her neighbourhood?

Usually Sometimes Rarely Don't Know

8. How often can he/she find his/her way around indoors?

Usually Sometimes Rarely Don't Know

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Judgement and Problem Solving Questions for Informant:

1. In general, if you had to rate his/her abilities to solve problems at the present time, would you consider them:

- As good as they have ever been
- Good, but not as good as before
- Fair
- Poor
- No ability at all

2. Rate his/her ability to cope with small sums of money (e.g., change, leave a small tip):

- No loss
- Some loss
- Severe loss

3. Rate his/her ability to handle complicated financial or business transactions (e.g., check bank statement(s), pay bills):

- No loss
- Some loss
- Severe loss

4. Can he/she handle a household emergency (e.g., plumbing leak, small fire)?

- As well as before
- Worse than before because of difficulty thinking
- Worse than before, for another reason (why?) _____

5. Can he/she understand situations or explanations?

- Usually
- Sometimes
- Rarely
- Don't Know

6. Does he/she behave* appropriately [i.e., in his/her usual (premorbid) manner] in social situations and interactions with other people?

- Usually
- Sometimes
- Rarely
- Don't Know

* This question rates behaviour, not appearance.

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Community Affairs Questions for Informant:

Occupational

1. Is the subject still working? Yes No N/A
If not applicable, proceed to question 4
If yes, proceed to question 3
If no, proceed to question 2
2. Did memory or thinking problems contribute to the subject's decision to retire? (Proceed to question 4) Yes No Don't know
3. Does the subject have significant difficulty in his/her job because of problems with memory or thinking?
 Rarely or Never Sometimes Usually Don't Know

Social

4. Has he/she ever driven a car? Yes No
Does the subject drive a car now? Yes No
If no, is this because of memory or thinking problems? Yes No
5. If he/she is still driving, are there problems or risks because of poor thinking? Yes No
- *6. Is he/she able to shop for needs independently?
 Rarely or Never (Needs to be accompanied on any shopping trip) Sometimes (Shops for limited number of items; buys duplicate items or forgets needed items) Usually Don't Know
7. Is he/she able to carry out activities outside the home independently?
 Rarely or Never (Generally unable to perform activities without help) Sometimes (Limited and/or routine, e.g., superficial participation in church or meetings; trips to beauty salons) Usually (Meaningful participation in activities, e.g., voting) Don't Know
8. Is he/she taken to social functions outside a family home?
If no, why not? _____ Yes No
9. Would a casual observer of the subject's behaviour think the subject was ill? Yes No
10. If in a nursing home, does he/she participate well in social functions (thinking)? Yes No

IMPORTANT:

Is there enough information available to rate the subject's level of impairment in community affairs?
If not, please probe further.

Community Affairs: Such as going to church, visiting friends or family, political activities, professional organisations such as bar association, other professional groups, social clubs, service organisations and educational programmes.

***Please add notes if needed to clarify subject's level of functioning in this area.**

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Home and Hobbies Questions for Informant:

- 1a. What changes have occurred in his/her abilities to perform household tasks? _____

- 1b. What can he/she still do well? _____

- 2a. What changes have occurred in his/her abilities to perform hobbies? _____

- 2b. What can he/she still do well? _____

3. If in a nursing home, what can he/she no longer do well (Home and Hobbies)? _____

Everyday Activities (The Dementia Scale of Blessed):

- | | No Loss | | Severe Loss |
|---------------------------------------|---------|-----|-------------|
| 4. Ability to perform household tasks | 0 | 0.5 | 1 |

Please describe: _____

5. Is he/she able to perform household tasks at the level of:
(Choose one. Informant does not need to be asked directly).

- No meaningful function.
(Performs simple activities, such as making a bed, only with much supervision)
- Functions in limited activities only.
(With some supervision, washes dishes with acceptable cleanliness; sets table)
- Functions in some activities independently.
(Operates appliances, such as a vacuum cleaner; prepares simple meals)
- Functions in usual activities but not at usual level.
- Normal function in usual activities.

IMPORTANT:

Is there enough information available to rate the subject's level of impairment in HOME & HOBBIES?
If not, please probe further.

Homemaking Tasks: Such as cooking, washing, cleaning, food shopping, taking out rubbish, gardening, simple maintenance and basic home repair.

Hobbies: Sewing, painting, handicrafts, reading, entertaining, photography, looking after plants, going to the theatre or concert, woodwork, participation in sports.

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Personal Care Questions for Informant:

*What is your estimate of his/her mental ability in the following areas:

	Unaided	Occasionally misplaced buttons, etc.	Wrong sequence, commonly forgotten items	Unable to dress
A. Dressing (The Dementia Scale of Blessed)	0	1	2	3
	Unaided	Needs prompting	Sometimes needs help	Always or nearly always needs help
B. Washing, grooming	0	1	2	3
	Cleanly; proper utensils	Messily; spoon	Simple solids	Has to be fed completely
C. Eating habits	0	1	2	3
	Normal complete control	Occasionally wets the bed	Frequently wets the bed	Doubly incontinent
D. Sphincter control (The Dementia Scale of Blessed)	0	1	2	3

* A box score of 1 can be considered if the subject's personal care is impaired from a previous level, even if he/she does not receive prompting.

Clinical Dementia Rating Worksheet

Memory Questions for Subject:

1. Do you have problems with memory or thinking? Yes No
2. A few moments ago your (spouse, etc) told me a few recent experiences you have had. Will you tell me something about those? (Prompt for details, if needed, such as the location of the event, time of day, participants, how long the event was, when it ended, and how the subject or other participants got there.)

Within 1 week

1.0 – Largely correct _____
0.5 _____
0.0 – Largely incorrect _____

Within 1 month

1.0 – Largely correct _____
0.5 _____
0.0 – Largely incorrect _____

3. I will give you a name and address to remember for a few minutes. Repeat this name and address after me: (Repeat until the phrase is correctly repeated or to a maximum of three attempts.)

Elements	1	2	3	4	5
	John	Brown,	42	Market Street,	London
	John	Brown,	42	Market Street,	London
	John	Brown,	42	Market Street,	London

(Underline elements repeated correctly at each attempt).

4. When were you born? _____
5. Where were you born? _____
6. What was the last educational establishment you attended?
Name _____
Town/City _____ Highest Level achieved _____
7. What was your main occupation/job (or spouse if not employed)? _____
8. What was your last major job (or spouse if not employed)? _____
9. When did you (or spouse) retire and why? _____

10. Repeat the name and address I asked you to remember:

Elements	1	2	3	4	5
	John	Brown,	42	Market Street,	London

(Underline elements repeated correctly.)

Clinical Dementia Rating Worksheet

Orientation Questions for Subject:

Record the subject's answer verbatim for each question

1. What is the date today?

Correct Incorrect

2. What day of the week is it?

Correct Incorrect

3. What is the month?

Correct Incorrect

4. What is the year?

Correct Incorrect

5. What is the name of the place we are in?

Correct Incorrect

6. What town or city are we in?

Correct Incorrect

7. What time is it?

Correct Incorrect

8. Does the subject know who the informant is (in your judgement)?

Correct Incorrect

Clinical Dementia Rating Worksheet

Judgement and Problem Solving Questions for Subject:

Instructions: If initial response by subject does not merit a grade 0, press the matter to identify the subject's best understanding of the problem. Circle the nearest response.

Similarities:

Example: "How are a pencil and pen alike? (writing instruments)

How are the following alike?" Subject's Response

1. turnip.....cauliflower _____
(0 = vegetables)
(1 = edible foods, living things, can be cooked, etc)
(2 = answers not pertinent; differences; buy them)
2. desk.....bookcase _____
(0 = furniture, office furniture; both hold books)
(1 = wooden, legs)
(2 = not pertinent, differences)

Differences:

Example: "What is the difference between sugar and vinegar? (sweet vs. sour)

What is the difference between the following?"

3. lie.....mistake _____
(0 = one deliberate, one unintentional)
(1 = one bad, the other good – or explains only one)
(2 = anything else, similarities)
4. river.....canal _____
(0 = natural - artificial)
(2 = anything else)

Calculations:

5. How many 5 pence pieces in a pound? Correct Incorrect
6. How many 20 pence pieces in £5.40? Correct Incorrect
7. Subtract 3 from 20 and keep subtracting 3 from each new number all the way down. Correct Incorrect

Judgement:

8. On arriving in a strange city, how would you locate a friend that you wished to see?
(0 = try the telephone book, city directory; call a mutual friend)
(1 = call the police, call the operator (usually will not give address))
(2 = no clear response)
9. Subject's assessment of disability and station in life and understanding of why he/she is present at the examination (may have covered, but rate here):
 Good Insight Partial Insight Little Insight

CLINICAL DEMENTIA RATING (CDR)

CLINICAL DEMENTIA RATING (CDR):	0	0,5	1	2	3
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	Impairment				
	None 0	Questionable 0,5	Mild 1	Moderate 2	Severe 3
Memory	No memory loss or slight inconsistent forgetfulness	Consistent slight forgetfulness; partial recollection of events; "benign" forgetfulness	Moderate memory loss; more marked for recent events; defect interferes with everyday activities	Severe memory loss; only highly learned material retained; new material lost rapidly	Severe memory loss; only fragments remain
Orientation	Fully oriented	Fully oriented except for slight difficulty with time relationships	Moderate difficulty with time relationships; oriented to place of examination; may have geographic disorientation elsewhere	Severe difficulty with time relationships; usually disoriented to time, often to place	Oriented to person only
Judgement & Problem Solving	Solves everyday problems & handles business & financial affairs well; judgement good in relation to past performance	Slight impairment in solving problems, similarities, and differences	Moderate difficulty in handling problems, similarities and differences; social judgement usually maintained	Severely impaired in handling problems, similarities and differences; social judgement usually impaired	Unable to make judgements or solve problems
Community Affairs	Independent function at usual level in job, shopping, volunteer and social groups	Slight impairment in these activities	Unable to function at these activities independently although may still be engaged in some; appears normal to casual inspection	No pretence of independent function outside the home Appears well enough to be taken to functions outside a family home	Appears too ill to be taken to functions outside a family home
Home and Hobbies	Life at home, hobbies, and intellectual interests well maintained	Life at home, hobbies and intellectual interests slightly impaired	Mild but definite impairment of function at home; more difficult tasks abandoned; more complicated hobbies and interests abandoned	Only simple tasks preserved; very restricted interests, poorly maintained	No significant function in the home
Personal Care	Fully capable of self-care		Needs prompting	Requires assistance in dressing, hygiene, keeping of personal belongings	Requires much help with personal care; frequent incontinence

Score only as decline from previous usual level due to cognitive loss, not impairment due to other factors.