COBIT® 5 Foundation
Lesson Plan

Delivery:	e-Learning	**Mock Exam:**	Included in Course
Certificate:	Examination (included)	**Duration:**	15 hours, 30 minutes, self-paced
Accredited By:	APMG	**Language:**	English

This Lesson Plan

This lesson plan provides you with all the information about the Good e-Learning COBIT5 Foundation e-learning course. Before you begin your studies, please read through this document to help you plan your studying and revision activities.

Good luck!

Tutor Support

Contact your tutor at any point during the course on cobit-tutor@goodelearning.com

Technical Support

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Contents

Welcome

Welcome to the Good e-Learning COBIT® 5 Foundation Certificate e-learning course

- The course contains a number of interactive slides, videos, and audio tuition

- You may stop and start the course whenever you like - you can learn on-demand.

- Do not try and cover too much material at once; a benefit of e-learning is that you can take your time

- Use the quizzes to check that you have understood the key learning points of each module. Where you have answered incorrectly, read the guidance, and then review that topic again.

- Use the exercises to further consolidate your learning. Remember, this course is not just about passing an exam; it is to give you an awareness of the importance of COBIT 5 and IT Governance in real-life.

- Remember you can contact a COBIT tutor at any time, and you will receive a response by email reply within 24 hours.

The purpose of the Foundation Certificate is to confirm you have sufficient knowledge and understanding of the COBIT 5 method, the IT management issues that organizations face today and how COBIT 5 can be used to meet these issues. Gaining a foundation level certificate is also a pre-requisite for higher levels of COBIT 5 certification, such as COBIT 5 Implementation and COBIT 5 Assessor

There are 2 objectives of this course. The first is to make it easy for you to learn about COBIT 5. You also want to pass the exam! It is the aim of the course to satisfy both.

As you go through this course, you will be introduced to many new concepts that are likely to be unfamiliar to you – for this reason we recommend that you revisit this course a second time after completing it, to reinforce the concepts you learnt.

The Course

This course is based on the COBIT 5 Foundation Exam syllabus with a focus on learning and retaining the information. COBIT 5 terms are explained in detail for your benefit and are supported with examples. You will study:

The course materials provided in the Foundation e-learning course will provide you with all the information you need for this exam. At a high level, you will learn about:

- The COBIT 5 Principles

- The COBIT 5 Enablers

- An Introduction to COBIT 5 Implementation

- The Process Capability Assessment Model

The COBIT 5 is managed by ISACA - a license of the standard, entitled *COBIT 5: A Business Framework for the Governance and Management of Enterprise IT* can be accessed through their website: http://www.isaca.org/COBIT/Pages/default. aspx?cid=1003566&Appeal=PR

It is not, however, required reading for the COBIT 5 foundation certificate - this course will provide you with all the learning materials that you need to pass at Foundation level.

Who will Benefit from this Course?

This course is ideal for individuals or teams who wish to:

- Demonstrate their understanding of COBIT 5

- Achieve a recognized qualification that demonstrates their ability to apply COBIT 5

- Become a certified COBIT professional

- Join the elite group of qualified COBIT5 professionals worldwide

Course Materials

Upon enrolment in the course you have access to the following materials.

A number of video tutorials, comprising colour slides with voiceover, covering the following Sections and Modules:

- Governance – Introduction, Issues and Challenges

- IT Governance and Control Frameworks

- COBIT Principles Overview

- Meeting Stakeholder Needs

- Covering the Enterprise End-to-end

- Applying a Single Integrated Framework

- Enabling a Holistic Approach

- Separating Governance from Management

- Enablers

- Process Capability Model (The Process Assessment Model)

- Introduction to COBIT 5 Implementation

Within the modules there are additional sections that deal with key learning points in the context of a case study scenario.

You will also receive:

- An official Mock exams simulator, with answers
- A downloadable copy of the official Glossary which is also available online throughout the course
- A number of additional downloadable resources which concentrate on a key concept or process. Additional COBIT 5 learning resources will be added to over time - keep checking the Good E-Learning website!

Exercises and Quizzes

Every module contains a number of multiple choice quiz questions and exercises. Their purpose is to test your knowledge and prepare you for the COBIT exam questions. By having these quiz sessions after each module, you will gain confidence that you are meeting the learning objectives required for Foundation certification.

Case Studies

To supplement the course and reinforce your understanding of COBIT 5 and IT Governance in the context of a business scenario, a case study document is available to download. After reading through the scenario, a Case Study Exercise is available at the end of modules, and you have the opportunity to apply your understanding of key learning points in relation to the case study provided. You should set aside an hour to read the Case Study scenario in advance of the exercises.

Mock Exams

We strongly encourage you to attempt the mock exam paper, which simulates exam conditions you will face for the real thing. Don't forget, tutor support is available if you are having issues with your studies.

Taking the COBIT 5 Foundation Exam

When you have completed the COBIT Foundation e-learning course, you should be ready to start preparing for the Foundation Level exam. This exam is available to take online, via a web-based examination system provided by APMG.

You do not need to schedule your exam- just log in when you are ready to take the exam online. As a student of this course, Good e-learning will provide you with a voucher to take the exam for free, available on request. Please get in touch when you are ready and we will provide you with an authorization code and instructions.

You can take the exam online (virtually) using a service called Remote Proctor Now. See www.goodelearning.com/exams/remote-proctor-now for more information on taking an exam with Remote Proctor Now.

For more information about taking the COBIT 5 Foundation exam please download the "About the Exam Document".

What does the COBIT 5 Foundation exam consist of?

- COBIT Foundation is a multiple choice exam consisting of 50 questions.
- There is a time limit of 40 minutes to complete the exam
- The exam is closed book - you cannot make use of any resources or materials during the exam
- To pass the exam you must get 25 out of 50 questions correct (50%)

How to Get Help from our COBIT 5 Trainer and Mentor

For all enquiries, our Lead COBIT 5 Tutor can be reached by e-mail (cobit-tutor@goodelearning.com) or if you click a link from the 'support section' within the e-learning course (see below). You will receive a response to your COBIT 5 question or query within 24 hours.

> **Please download the 'About the Exam' document for more information, and a full description of the process.**

Detailed Lesson Plan

The following tables summarize each of the modules in the course, their learning objectives, and the method(s) of delivery. The total studying time required for this course is 14 hours.

Module 1: Governance – Introduction, Issues and Challenges (1 hour)

Upon starting Module 1, you will receive detailed instructions for navigating the e-learning course and how to access support for your studies.

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	2 minutes	Governance	Slides and Voiceover
Quiz	5 minutes	What is Governance?	Multiple Choice Questions
Tutorial	5 minutes	• What is Governance? • Enterprise Governance?	Video
Tutorial	5 minutes	• Changing Nature of Governance • Good Governance Characteristics	Slides and Voiceover
Tutorial	5 minutes	Why is Governance Important?	Video
Tutorial	2 minutes	• How does Governance help? • Business Issues	Slides and Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	2 minutes	Summary	Video
Quiz	20 minutes	End of Module Quiz	Multiple Choice Questions (9)

Good e-Learning

Module 2: IT Governance and Control Frameworks (2 hours, 30 minutes)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	2 minutes	Drivers for COBIT 5 development	Video
Tutorial	25 minutes	• COBT 5 Principles • COBIT 5 benefits to stakeholders • Principle 1: Meeting stakeholder needs I • Principle 2: Covering the enterprise end-to-end I • Principle 3: Applying a single integrated framework • Principle 4: Enabling a holistic approach • Seven Categories of COBIT 5 Enablers • Generic Enablers • Principle 5: Separating governance from management • Cobit Process reference model	Slides ane Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Case Study	30 minutes	Case Study	Exercise
Summary	2 minutes	Summary	
Quiz	20 minutes	End of Module	Multiple Choice Questions (11)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	30 minutes	• Value Creation = Governance Objective • Stakeholders Needs • Goals Cascade • Stakeholder needs and enterprise goals • Mapping enterprise goals to stakeholder needs • Stakeholders needs and Enterprise Goals • Mapping Enterprise Goals to IT-Related Goals • Mapping IT-Related Goals to Process 1-6 • Using the Cobit 5 Goals Cascade carefully • Benefits of the Cobit 5 Goals Cascade • Governance and management questions • IT-Related Goals	Slides and Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Case Study	30 minutes	Case Study	Exercise
Tutorial	2 minutes	Summary	Video
Quiz	30 minutes	End of Module	Multiple Choice Questions (16)

Module 3: COBIT Principles Overview (1 hour, 45 minutes)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	15 minutes	• Principle 2: Covering The Enterprise End-to-End • Key Components of a Governance System	Slides and Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Case Study	30 minutes	Case Study	Exercise
Summary	2 minutes	Summary	
Quiz	20 minutes	End of Module	Multiple Choice Questions (8)

Module 4: Meeting Stakeholder Needs (2 hours)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	15 minutes	• Principle 3: Applying a single integrated framework • Cobit 5 Integrator Model • Guidance from Cobit 5 • Cobit 5 Product Family	Slides and Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Case Study	30 minutes	Case Study	Exercise
Summary	2 minutes	Summary	
Quiz	20 minutes	End of Module	Multiple Choice Questions (10)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	25 minutes	• Principle 4: Enabling a Holistic Approach • COBIT 5 Enablers a reminder • Enablers can be enterprise resources • COBIT 5 Enterprise Enablers • Seven Categories of COBIT 5 Enablers • Enablers are interconnected • Generic Enablers	Slides and Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	2 minutes	Summary	Video
Quiz	20 minutes	End of Module	Multiple Choice Questions (10)

Module 5: Covering the Enterprise End-to-End (1 hour, 30 minutes)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Introduction	Video
Introduction	2 minutes	Learning Objectives	
Tutorial	13 minutes	• Governance and Management • Process Domains - Governance and Management • Governance and Management • Governance and Management Interactions • COBIT Process Reference Model	Slides and Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	2 minutes	Summary	Video
Tutorial	5 minutes	What is your opinion?	Slides and Voiceover
Quiz	20 minutes	End of Module	Multiple Choice Questions (7)

Module 6: Applying a Single Integrated Framework (1 hour, 30 minutes)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	15 minutes	• COBIT 5 Enablers • COBIT 5 Enterprise Enablers • Seven Categories of COBIT 5 Enablers • Enabler Dimensions • COBIT 5 Enterprise Enablers	Slides and Voiceover
Tutorial	2 minutes	Summary	Video
Exercise	5 minutes	What is your opinion?	Exercise
Quiz	10 minutes	Quiz	Multiple Choice Questions (5)

Module 7: Enabling a Holistic Approach (1 hour, 15 minutes)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	25 minutes	• What is a process assessment? Why do one? • Differences Between a Capability and Maturity Assessment • Differences to a Capability Maturity Model? • COBIT 5 support for Process Capability Assessment • Purpose of a Process Reference Model • ISO 15504 dimensions • Advantages of the ISO 15504 Approach • Benefits of the Approach • ISO 15504 dimensions • COBIT 4.1 Maturity Model • COBIT 5 Process Capability Model • ISO 15504 Levels and Attributes • Rating Scale (achievement levels) • Measurement Framework • Some ISO 15504 definitions • COBIT 4.1 Maturity Model Attributes vs. ISO 15504	Slides and Voiceover
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	2 minutes	Summary	Video
Quiz	20 minutes	End of Module	Multiple Choice Questions (7)

Module 8: Separating Governance from Management (1 hour)

Session Title	Duration	Learning Objective	Delivery Method
Introduction	2 minutes	Learning Objectives	
Tutorial	2 minutes	Introduction	Video
Exercise	5 minutes	What is your opinion?	Exercise
Tutorial	35 minutes	• Enterprise Internal and External factors • Key success factors for implementation • A lifecycle approach - continual improvement • 7 Phases of the Implementation Life Cycle • Phase 1 - What are the drivers? • Phase 1 - Pain Points • Phase 1 - Trigger events • Phase 2 - Where are we now? • Phase 3 - Where are we now? • Phase 4 - Where are we now? • Phase 5 - Where are we now? • Phase 6 - Where are we now? • Phase 7 - Where are we now? • The business case	Slides and Voiceover
Summary	2 minutes	Summary	Video
Exercise	5 minutes	What is your opinion?	Exercise
Case Study	30 minutes	Case Study	Exercise
Quiz	20 minutes	End of Module	Multiple Choice Questions (9)

Module 9: Enablers (1 hour)

Module 10: Process Capability Model (The Process Assessment Model) (1 hour, 15 minutes)