

menu





packages

*time out at the spa – indulge in the delights
of our undivided attention and total
pampering*

cocoon escape | four hours | three hundred and forty
for a truly blissful spa escape, surrender to a luscious body
polish, followed by a deeply relaxing hot stone massage.
rejuvenate with one of our specialist facials. an indulgent
pedicure completes your head-to-toe pampering.

natures kiss | three hours | two hundred and eighty
spoil yourself. a hydrating specialist facial will revive your
skin, followed by a divine body cocoon including body
brushing, polish and nourishing body wrap to rejuvenate.
a relaxing pedicure concludes your spa indulgence.

indulgence | two hours thirty
one hundred and ninety five
leave stress behind with a deeply relaxing full body,
swedish aromatherapy massage, followed by an indulgent
pedicure with softening benefits of paraffin and a petite
manicure.



heaven scent | two hours fifteen | one hundred and eighty five

ready for some me-time? start with a relaxing foot soak to wind down, then unwind further with a full body, swedish aromatherapy massage to ease stress and tension, followed by a rejuvenating facial to hydrate and refresh your skin.

top to toe | two hours | one hundred and seventy eight

in need of repair? sort all of your maintenance needs and leave feeling like new. full leg, bikini and underarm wax, lash and brow tint and shape, express manicure and pedicure are all taken care of.

yummy mummy | one hour thirty | one hundred and fifty

for the new mum in need of a break, this express package is for maximum relaxation in minimum time. a swedish back massage, petite facial and petite manicure or pedicure will have any new mum feeling like her old self again.

mens time out | one hour thirty | one hundred and forty

men need time out too! an anti-stress back massage will help you unwind, a skin treatment facial for men to hydrate and relieve signs of tiredness, followed by a foot massage for total relaxation.

*** all for you**

create your own package to meet your every need. combine any full priced massage, facial, manicure/pedicure or spa body therapy in a combination of three hours or longer, then take ten percent off the total. all treatments must be enjoyed on the same day.

** add a light spa lunch to your spa stay | twenty five dollars

group bookings | price on consultation

birthdays, hens-dos, anniversaries, corporate dos – packages can be tailored to your every need. platters and bubbles available, lunches, beautiful in-clinic relaxation areas, spend a full day, half day or evening. share the experience of pampering and relaxation in which to rejuvenate the body, the mind and the spirit.

bride to be | packages available on request.



body bliss

a spa body treatment will improve the appearance of your skin and leave you invigorated, replenished and revived. delicious seasonal scrubs, dry brush treatment and a variety of nutrient-rich body wraps - these treatments are a delight for your senses.

infrared sauna | eighteen | concessions available

far infrared light therapy provides many of the health benefits of natural sunlight without any of the dangerous effects of solar radiation. benefits include Fat-burning, stress relief, pain relief, improves cardiovascular fitness, detoxing, boosts your immune system and improves skin regeneration. add to any body treatment or massage as a beautifully relaxing and beneficial pre warming treatment.

lush body polish | fifty two

seasonal body scrubs polish the skin, removing dull, dead skin cells while stimulating lymph and blood circulation. beautiful as a treatment on its own or add to any body treatment, massage or spray tan.

perfect legs | eighty two

for legs that feel light. a refreshing ritual composed of an exfoliation, massage and ice effect mask.

perfect back | ninety eight

to regain a clear, blemish-free back. a purity ritual composed of an exfoliation, massage and clarifying mask.

perfect contour | one twenty five

to reduce the appearance of dimpled skin on the most stubborn areas. a refining ritual composed of an exfoliation, anti-cellulite massage and mask.



divine body cocoon | one hundred and thirty
our body wrap treatment starts with an invigorating dry
body brush treatment to stimulate circulation, followed by
a luscious body polish to smooth the skin and a body wrap
to nourish and rejuvenate.

flow | anti-fatigue | boosts and energises
silhouette | detox | refines the body by draining toxins
tonic | intense firming | reshapes for more toned skin

add-on a mini facial during your wrap | forty eight
add-on a Swedish back massage | forty eight



massage

massage restores balance and wellbeing, releases muscular tension and allows your body to move with greater ease. it counters the effects of stress, anxiety and lack of rest as well as facilitating the flow of energy.

swedish massage

back | fifty two full body | eighty two
using medium pressure, swedish massage techniques, this treatment is designed for utter relaxation and relieving physical stress and tension. ideal if you find it hard to relax, sleep or are generally run down.

aromatherapy massage | full body | ninety eight

using medium pressure, swedish massage techniques, the added benefits of deliciously scented essential oils, derived from mother nature's plants, flowers, seeds and leaves, – our aromatherapy massage will stimulate your senses to boost your body and ease the mind.

deep tissue massage

back | sixty two full body | ninety eight
specific hand positions and strokes are used to respond to various tissues while breath and movement techniques are employed to release muscular congestion. this deeper massage will help to loosen muscle tissues, release toxins and get blood and oxygen circulating properly. benefits are both corrective and therapeutic.

balinese body palming I full body I eighty two

bring your whole world to a stand-still with this ancient form of hand palming to assist deep relaxation, stimulate energy centres and encourage blood flow in the body.

pregnancy massage

back I fifty two full body I eighty two

receiving massage treatments throughout your pregnancy is a wonderful way to nurture your own body as well as your baby within. regular massage helps to keep you in optimum health, easing tension, reducing stress and preventing back pain, muscle aches and other common pregnancy discomforts including headaches and swelling.

hot stone massage I full body I one hundred and twenty five

using hot stones to deeply relax and provide a sense of well being, the hot stone massage is efficient in inducing a sense of calm.

bamboo massage I full body I one hundred and twenty five

a stimulating massage using natural bamboo canes whose smooth, round and robust texture enables an intense massage. combining rolling and sliding pressure techniques which drain and regenerate tissues while dispelling built up tension and attaining a state of absolute relaxation.

indian head massage I sixty two

indian head massage is based on the ancient indian ayurvedic healing system. the head, neck and shoulders are important energy centres within your body, if you are stressed or anxious, tension tends to accumulate. indian head massage involves working with specific pressure points and a gentle rhythm helping to shift blockages and release tension, this effect is not just physical, it also works on an emotional level, calming the spirit, promoting relaxation and relieving stress.



aromatic face rituals

in a world focused on performance, self-understanding is often overlooked. yet we each draw our repairing, driving and vital energy from within. energy lies at the source of beauty. the DECLEOR aromatic rituals invite you to regain this energy with natural active ingredients bursting with vitality.

express aromatic rituals

short on time? these express rituals were formulated to offer maximum beauty results and well-being in a minimum amount of time.

aroma discovery | thirty minute | sixty five

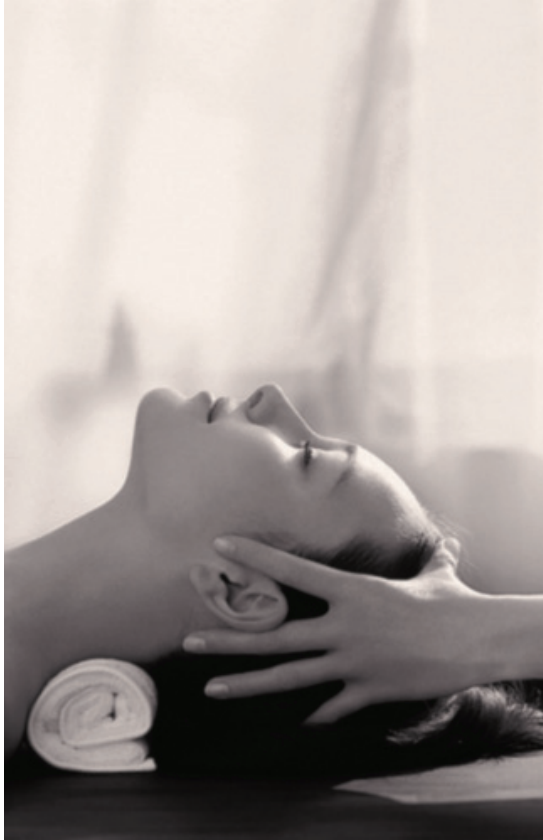
a unique and multi- sensory awakening to aromatherapy.

aroma radiance | forty five minute | ninety five

radiant skin, a pure moment of relaxation during your day.

aroma teen | forty five minute | eighty two

purity and an intense matt finish for problematic teenage skin.



aroma youth | sixty minute | one hundred and fifteen

beautiful skin at every age. a dream come true with these very precise rituals developed with specific techniques. total harmony between specific tools, the product and the movement of the hands, with stimulating effects, it responds to the beauty needs at every age.

aroma essential | seventy five minute | one hundred and thirty

a gentle sensation of effectiveness. an indispensable treatment step to restore perfect balance and essential well-being to your skin.

aroma expert | ninety minute | one hundred and forty eight

a sensation of extreme effectiveness and absolute well-being. each facial features a concentrate of very targeted active ingredients with renowned properties that will fulfil even the most demanding skin.

hydra force | for the most dehydrated skins

intensely replenishes, quenches the skins thirst and immediately relaxes

delice de peau | for skin in need of comfort

nourishes, comforts and strengthens

harmonie calm | for the most sensitive skin

soothes, calms and softens

white bright extreme | for dull, lack lustre complexions

brightens, illuminates and evens out the complexion



advanced skin therapy

treatment options today go far beyond a facial. at cocoon we listen carefully to your skin concerns and develop a treatment plan combining the best possible options available to achieve youthful vibrancy for your skin.

microdermabrasion | eighty two

using diamond peeling heads and light suction, this non-surgical treatment gently removes dead skin cells. this process increases cell renewal, helps with fine lines and wrinkles, pigmentation and sun damage, acne scarring, rough skin texture, blackheads and enlarged pores. one off treatments can produce good results but maximum benefits come from a course of three to six treatments, then one per month for maintenance.

ENVIRON peels | from eighty two

we offer a range of peels for an intense exfoliation treatment, ranging in strength from gentle to high strength. a peel helps remove the surface layer of the dead skin cells to freshen the appearance, revealing a more even complexion. treatments stimulate the synthesis of collagen, repair damaged cells and encourage cell turnover

collagen induction therapy | one hundred and twenty*

the professional use of a micro-roller creates miniscule channels in the skin to allow highly active serums to penetrate very effectively, achieving not only a fantastic anti-aging result but also treating many other skin concerns. our rollers are one of the best available on the market today. rollers need to be purchased and are hygienically sealed and held at our spa.

appearance medicine | injectables | price on application

our registered appearance medical specialist is available for injectable services of botox and fillers to relax your frown lines, fill deeper lines and fill and enhance the lips. laser and varicose vein treatment also available.



babymoon

inbloom consultation | complimentary

an in depth consultation for you and your baby – taking you through skincare, treatment routines and massage beneficial to a healthy skin and body while pregnant.

mummy facial | sixty minute | ninety eight

let our qualified skin therapist address the needs of your skin and tailor a specific facial to meets the needs of your skin at this very special point in time.

pregnancy massage

back | fifty two full body | eighty two

tired legs and feet

forty five minute | seventy eight

a beautiful treatment ritual for tired, aching legs and feet. started with a foot bathing ritual, full exfoliation, foot and leg massage and then finishing with warming towels – a treatment every mother to be will revel in.

belly cast | sixty eight

plaster cast your bump!! begin you and your baby's lifetime of memories with this fun idea to take home – painting options available.



men

skin often weakened by daily shaving and climatic conditions, a body fatigued by stress... today men need special care. effectiveness and wellbeing are on the menu with these specific rituals adapted to their busy schedules.

express energy facial | thirty minute | sixty five

cleanse, scrub and refresh with our tailored, express mens facial.

energising face | sixty minute | ninety eight

lastingly restore pure, clean skin and balance a distressed complexion with added benefits of microdermabrasion – exfoliates, purifies, energises and replenishes.

energising back | forty five minute | ninety eight

to regain a clear, refreshed back. a purity ritual composed of an exfoliation, massage and warming towels – exfoliates, destresses and energises.



heaven for hands and feet

gel fx | forty five
uv cured nail polish

petite manicure | fifty two
enjoy having your nails professionally shaped and polished with a cuticle tidy to leave your hands looking groomed.

indulgent manicure | seventy two
after a refreshing hand soak and scrub we file and shape your nails and tidy cuticles. a hand and forearm massage will leave you feeling relaxed and a luxurious paraffin dip will hydrate and soften your skin. we then finish with a professional polish application to complete this indulgent hand treatment.

petite pedicure | sixty two
enjoy having your toenails professionally shaped and polished with a cuticle tidy to leave your feet looking groomed.

indulgent pedicure | eighty two
after a relaxing foot soak and refreshing foot scrub, we deal to hard skin on the soles of your feet with gentle rasping followed by cuticle tidy and nail shaping. a foot and lower leg massage to leave you relaxed then finished with a professional polish application to complete this indulgent foot treatment.

reflexology | sixty eight
an ancient chinese technique that uses pressure point massage on the feet to restore the flow of energy throughout the entire body.

add-on treatments | from fifty cents
polish | french polish | paraffin dip | callus peel | nail art



tanning

*tan the safe way all year round. spraytan
professional spray tan leaves you with a
flawless tropical tan in next to no time at all.*

spray tan

body polish and spray tan | ninety

full body spray tan | forty five

half body spray tan | thirty

sunbed

casual | twelve

concession | ten | one hundred

**Shower available for pre-tan treatment for those
'on the go'



lashes

*eyelash extensions are a popular treatment
to enhance the length, thickness, volume and
curl of your lashes. lightweight, synthetic
lashes are expertly bonded individually on
a 'lash by lash' basis to your natural lashes,
giving a natural, yet fuller and more youthful
look. professionally applied by our certified
technician, and maintained with regular
in-fills, your eyelash extensions can be worn
indefinitely and can be styled to look as
natural or glamorous as you wish.*

full set | ninety eight

half set | eighty

in-fills | from twenty

xpress lashes | sixty five

a brilliant option, xpress lashes look just as amazing
as lash extensions. perfect for those 'one-off' set of
lashes you'd love to have for that special occasion.
designed for temporary use and cannot be in-filled.



essentials

make up

day makeup	forty five
evening I special occasion	sixty
makeup lesson	sixty five
bridal [including trial]	one hundred and ten

eye enhancements

eyelash perm and tint	seventy five
lash tint	twenty two
brow tint	sixteen
lash and brow tint	thirty two
lash tint and brow shape	thirty eight
brow shape	twenty
brow shape and tint	thirty two
lash and brow tint and shape	forty

waxing I hot and strip wax

half leg	thirty three
upper leg	forty
three quarter leg	forty one
full leg	sixty
bikini	twenty two
extended bikini	twenty eight
brazilian	sixty
repeat brazilian	fifty
half arm	twenty six
full arm	thirty five
underarm	twenty two
back I chest I stomach	forty eight
chin	fifteen
lip	fifteen
chin and lip	twenty five

**combine three or more areas at one time and take ten percent off the total

electrolysis I permanent hair removal

consultation	complementary
15 minutes	twenty eight
30 minutes	forty five
45 minutes	sixty eight
60 minutes	eighty two

DECLÉOR
PARIS



ENVIRON



spa rewards programme

our spa rewards programme recognises our regular clients by rewarding points for purchases of all full price treatments and products, which can be redeemed on future treatments.

please ask us for full details.

general information

please arrive at the spa ten minutes before your treatment for facial I body I massage treatments. this allows time for introduction and to complete your consultation card without cutting into your treatment time. late arrival will limit the length of your session as treatments will always finish as scheduled to not delay and inconvenience the next client.

cancellation policy

we request that if you need to change or cancel your appointment you give us as much notice as possible. for cancellation of appointments thirty minutes or longer within twenty four hours, a twenty five percent cancellation fee applies.

treatment charges

all prices are inclusive of GST and may be subject to change without notice. we accept cash and all major credit cards and all treatments must be paid for on the day of service or prior.

gift vouchers

our beautifully presented vouchers are always a welcome gift. please bring your voucher with you on your visit. vouchers are not redeemable for cash, nor are they refundable. vouchers will not be honoured beyond the expiry date stated.

aftercare I waxing I electrolysis I mda I laser

it is important to avoid having a bath, hot shower, swimming I spa pools, and the sun for at least twenty four to forty eight hours after treatment.

prices as of august 2012 - subject to change at any time



let your mind wander, know how to
take your time, recover your serenity,
feel good about yourself, feel beautiful,
succumb to the voluptuousness of
sensations...

member of the association of registered beauty therapists inc nz
opening hours monday to saturday | late nights tuesday and thursday | sundays available on request

a 48 Ruapehu Street, Taupo | p 07 376 5535 | e info@cocoondayspa.co.nz | www.cocoondayspa.co.nz