

REFLECTION JOURNAL SERIES B



Denise Linn

best-kept secret." For the last three and and teacher. a half decades she has traveled to the far A world-acclaimed expert in feng shui and corners of the world speaking to standing- space clearing, Denise has distilled the room only audiences of thousands. Her spiritual journey began as a teenager when she gained from indigenous cultures around she had a near-death experience after the planet. Denise has taught seminars in 25 being shot by an unknown gunman. The countries and has written 17 books, including revelations she received on the "other side" the best-selling, "Sacred Space," and "Soul and the subsequent amazing healing of Coaching" as well as her personal memoir, "If her wounds led Denise to eventually become I Can Forgive, So Can You!"

Denise Linn has been called "America's an internationally respected healer, writer,

information and wisdom into her teachings that

...with DENISE LINN

- 1) How have Angels show up for you? How have they helped you in times of need?
- When have you had the opportunity to celebrate the success of others?What magic took place for you when you were able to celebrate?
- What is your most recent Angel story?
 Take the time to feel gratitude for that Angel and notice the peaceful feeling it invokes.



Anthony William

Anthony William was born with the unique ability to converse with a high-level spirit who provides him with extraordinarily accurate health information that's often far ahead of its time. Since age four, when he shocked his family by announcing that his symptomfree grandmother had lung cancer (which medical testing soon confirmed), Anthony has been using his gift to "read" people's conditions and tell them how to recover their health. His unprecedented accuracy and success rate as the Medical Medium have earned him the trust and love of thousands worldwide, among them movie stars, rock stars, billionaires, professional athletes, bestselling authors, and countless other people from all walks of life who couldn't find a way to heal until he provided them with insights from Spirit. Anthony has also become an invaluable resource to doctors who need help solving their most difficult cases. He has recently released his NY Times Best Seller "Medical Medium," and soon to release his latest book Life Changing Foods.

...with ANTHONY WILLIAM

- Where can you add in more faith in your life?
 What have you been doubting lately and why?
- 2) What results do you see when you do the Gratitude, Compassion, Appreciation, and Care exercise?
- When you're aligned, how does faith show up for you?How do you feel in your body?



Christiane Northrup

in women's health, is a board-certified ob/ gyn, former assistant clinical professor of ob/gyn at the University of Vermont Internationally known for her empowering College of Medicine, and three-time New York Times bestselling author of Women's that acknowledges the unity of mind, Bodies, Women's Wisdom, The Wisdom of body, emotions, and spirit, and teaches Menopause and Goddesses Never Age: The women to create health by tuning into their Secret Prescription for Radiance, Vitality, and inner wisdom.

Christiane Northrup, M.D., visionary pioneer Well-being. In 2013, Reader's Digest named Dr. Northrup one of the "100 Most Trusted People in America."

approach, Dr. Northrup embraces medicine

...with CHRISTIANE NORTHRUP

- Where does critical thinking play a role in your life? How has it helped your co-creation?
- 2) Where have you experienced your own "light blast"? How did you allow it to come through and how did you work with others to make it stronger and more potent?
- As above so below: when has your energy played a role in your physical health?What signs and symptoms have you experienced as you co-create?



Danielle LaPorte

Entrepreneur Magazine calls her "equal parts Da poet and entrepreneurial badass....edgy, Ba contrarian....loving and inspired." Danielle Ba LaPorte is the creator of The Desire Map: m A Guide To Creating Goals With Soul—the wa book that turned into a day planner and via journal system, a top 10 iTunes app, and A an international workshop program with a licensed facilitators—a Desire Map workshop W happens every weekend somewhere in the wa world. Author of The Fire Starter Sessions, ow and the wildly popular #Truthbomb series, st

Danielle is also the co-creator of Your Big Beautiful Book Plan and co-host of the Beautiful Writer's Group podcast. Her multimillion dollar company is made up of nine women and one very lucky dude, working virtually from four different countries.

speaker, а poet, а painter, and а former business strategist and Washington, DC think tank exec, she writes weeklv DanielleLaPorte.com. where at over four million visitors have gone for her straight-up advice.

...with DANIELLE LAPORTE

- What do you desire in your life right now?
 How has that changed from past desires and why?
- 2) Do you give yourself permission not to be perfect? Why or why not?
- 3) When do you over think or over-judge your actions? What are the results of this?
- 4) How has your own suffering been of service?How have you used your experiences to help others?



JohnHolland

John Holland—Internationally renowned psychic medium, spiritual teacher, author, and radio host. His public demonstrations provide audiences with a rare glimpse into the fascinating subject of mediumship, which he delivers in his own unique style, explaining the delicate process of raising his own vibrational energy to link with the Other-Side and deliver messages, which he does with clarity, passion and the utmost integrity. John has spent a significant part of his life developing his abilities, and spent two intensive years studying in the UK, where he got the thorough grounding and training to become

John Holland—Internationally renowned psychic one of the most sought after professional medium, spiritual teacher, author, and radio host. mediums on the world stage today!

He has starred in several TV specials and his own pilot "Psychic History" for the History Channel. He is the author of the best sellers: Power of the Soul, Psychic Navigator, Born Knowing, The Psychic Tarot Oracle Deck, The Spirit Whisperer—Chronicles of a Medium, The Psychic Tarot For The Heart and his latest deck The Spirit Messages—The Daily Guidance Oracle Deck as well as 5 Apps and numerous online workshops based on his signature workshop series.

CONVERSATIONS ABOUT CO-CREATION WITH THE MASTERS

...with JOHN HOLLAND

- What information did you receive when you completed the Height Mind Exercise?
 How will you apply that information to your decision making process?
- 2) When was the last time you listened to your soul? What was the result of listening?
- 3) When was the last time you listened to your soul? What was the result of listening?



Debra Poneman

For over 30 years, Debra Poneman, bestselling author and founder of Yes to Success Seminars and co-founder of Your Year of Miracles Mentoring Program for Women, has provided a system used by tens of thousands of people in every corner of the world to create lives filled with success, abundance, deep fulfilment and profound self love.

Known as the mentor to the mentors, Debra's students have taken her teachings and

become mega-successful entrepreneurs, renowned transformational leaders, and NY Times bestselling authors; many have become millionaires or even billionaires—some even household names. And everyone who as been touched by Debra and her contagious energy of belief in your magnificence has moved their life powerfully ahead and began to live the greatness they are



Marci Shimoff

author, a world-renowned transformational the Woman's Soulseries as well as Inkpsirations teacher, and an expert on happiness, for Women: Color Your World Happy. She success and unconditional love. She's is also a featured teacher in The Secret. authored the international bestsellers, Love www.HappyforNoReason.com for No Reason and Happy for No Reason,

Marci Shimoff is a #1 NY Times bestselling co-authored six titles in the Chicken Soup for

...with DEBRA PONEMAN + MARCI SHIMOFF

- 1) Where can I add in more self care and self love into my life?
- What is showing up in my world now that feels miraculous?Write out a list everyday of what's working—what are you grateful for?
- 3) Are you asking for help? Who are the helpers in your life?
- 3) Practice the "That's for me!" exercise and see how it changes your outlook.

