## COLLEGE OF NURSING

DECEMBER 2020



## **GO CATS!**





### **COLLEGE OF NURSING CONVOCATION**

### **OPENING REMARKS**

Cindy Rishel, Faculty Chair

### WELCOME

Ki Moore, College Dean

### **DOCTOR OF PHILOSOPHY IN NURSING**

Lois Loescher, PhD Program Director

### **DOCTOR OF NURSING PRACTICE**

Allen Prettyman, DNP Program Director

### MASTER OF SCIENCE IN NURSING CLINICAL SYSTEMS LEADERSHIP

Cheryl Lacasse, RN-MSN Program Coordinator

### **BACHELOR OF SCIENCE IN NURSING**

Connie Miller, General Nursing and Healthcare Education Division Director Laurel Bilbo, BSN Faculty Stacey Nseir, BSN-IH Faculty

### **ALUMNI COUNCIL REMARKS**

Margie Pazzi, Alumni Council President

### **CLOSING REMARKS**

Ki Moore, College Dean



### **DOCTOR OF PHILOSOPHY IN NURSING PRACTICE**

### **Carrie Langley**

Transitions From the Rural Jail to the Rural Community for Adults with Mental Illness Committee Chair: Dr. Marylyn McEwen, PhD, RN, FAAN

### Melissa McElroy

Examining the associations between post-stroke cognitive decline and recurrent stroke risk factors that include comorbid conditions. Committee Chair: Dr. Helena Morrison, PhD, RN

### Veronica Place

Relational Prayer, Resilience, Perceived Stress and Post-Traumatic Stress Symptoms in Air Medical Flight Crews Committee Chair: Dr. Pamela Reed, PhD, RN, FAAN

### **DOCTOR OF NURSING PRACTICE**

### Kalekia Adams

Opioid Consenting: A Novel Program to Address Opioid Safety Committee Chair: Heather Carlisle, PhD, DNP,AGACNP, FNP, ACHPN

### Kathleen Adams

Impacting Surgical Venous Thromboembolism Rates Through Implementation of the Caprini Assessment Protocol Committee Chair: Dr. Evangeline M. Ortiz-Dowling, PhD, MSN-Ed., RN

### Vanessa Alfaro

Screening for Post Traumatic Stress Disorder in Patients with Substance Use Disorder Committee Chair: Dr. Michelle Kahn-John, PhD, PMHNP-BC, GNP

### **Chelsea Apperson**

Enhancing Youth Vaping Knowledge and Self-Efficacy Committee Chair: Dr. Lindsay Bouchard, DNP, PMHNP-BC, RN

### Polina Barboy

Improving Oral Medication Compliance in Adult Patient with Type 2 Diabetes Committee Chair: Dr. Theresa Allison, DNP, FNP-C

### **Ottilie Rung**

Feasibility and Acceptability of Alternate Nostril Breathing to Reduce Stress in Pregnant Women Survivors of Intimate Partner Violence: A Mixed Methods Study Committee Chair: Dr. Lois Loescher, PhD, RN, FAAN

### **Kathleen Sweeney**

Self-Management in Health Care Transition for Adolescents with Renal Transplants and Their Caregivers Committee Chair: Dr. Marylyn M. McEwen, PhD, RN, FAAN

### **Zachary Boisselle**

Investigating the Perceptions and Barriers to Implementation of a Nurse-Driven Protocol Committee Chair: Dr. Heather Carlisle, PhD, DNP, AGACNP, FNP, ACHPN

### **Claire Bouchard**

Adult-Gerontology Acute Care Nurse Practitioner Clinical Debriefing: Addressing Moral Distress in Emergency Department Nurses

Committee Chair: Dr. Patricia Daly, Ph.D., FNP-BC, ENP-BC

### Jerri Bracey

Educating Patients on Long Acting Injectable Antipsychotics to Improve Medication Adherence Committee Chair: Dr. Lindsay Bouchard, DNP, PMHNP-BC, RN

### **Hillary Bravo**

Pediatrics Increasing Parent Knowledge Through Healthy Eating Education Committee Chair: Dr. Sondra Raubacher, DNP, RNC, CPNP-PC



### **Tommie Butler**

Implementation of an Addiction Severity Index Education Lecture at Marana Integrative Healthcare Committee Chair: Dr. Sara J Edmund, DNP, RN, FNP-C, PMHNP-BC

### Susan Buxbaum

### Pediatrics

Medical-Forensic Child Neglect: Improving Assessment of the Unsafe Home Environment Committee Chair: Dr. Sheri Carson, DNP, RN, CPN, CPNP-PC

### Sadaf Carrillo

Increasing Providers Compliance with PHQ-9 Screening for Adolescents in Primary Care Settings Committee Chair: Dr. Sara Edmund, DNP, FNP-C,PMHNP-BC

### Isabella Charway

Improving Nursing Knowledge of Early Mobilization in the Intensive Care Unit Committee Chair: Dr. Sally J. Reel, PhD, RN, FNP, FAANP, FAAN

### Teal Curry

Improving Knowledge and Perception of Cardiovascular Disease Amongst African Americans Committee Chair: Dr. S. Renee Gregg, DNP, FNPC

### Lea Jenn Diola

Implementing an Educational Module on Integrative Therapies Used Among Palliative Care Patients Committee Chair: Dr. Cindy J Rishel, PhD, RN, OCN

### Sheeba Divakaran

Assessing Nurse Practitioner Readiness To Educate Adult Patients With Depression On Benefits Of Physical Activity Committee Chair: Dr. Michelle Kahn-john, PhD, RN, PMHNP-BC, GNP

### lesha Floyd

Improving Tobacco Cessation Processes for Behavioral Health Professionals in Primary Care Committee Chairs: Dr. Lauren Shurson, DNP, FNP-BC, and Dr. Allen Prettyman, PhD FNP-BC, FAANP, FNAP

### Meta Galabe

Enhancing Provider Knowledge of Culturally Competent Care and the Refugee Health Screener-15 Committee Chair: Dr. Mary Patricia Davis, PhD, RN, CPHQ

### **Courtney Gates**

Implementation of an Educational Session on Family Engagement for Family Members Committee Chair: Dr. David Trinidad DNP, ACNP-C, RN

### Shawnalle Guzman

Cognitive Behavioral Therapy to Support Sleep for Psychiatric Patients with Insomnia Committee Chair: Dr. Sara J. Edmund, DNP, RN, FNP-C, PMHNP-BC

### **Christina Hawkins**

Online Education Focusing On Mindful Eating For Obesity Management. Committee Chair: Allen Prettyman, PhD, FNP-BC, FAANP, FNAP

### Alese Hernandez

Increasing Provider Compliance with Adolescent Depression Screenings in a Primary Care Clinic Committee Chair: Dr. S. Renee Gregg, DNP, FNP-C

### **Brooke Holtzen**

Malnutrition Screening of Patients Sixty Years and Older in Primary Care Committee Chair: Dr. Patricia Daly, PhD, FNP-BC, ENP-BC, FAANP

### Erin Jensen

Mindful Eating Mobile Application to Reduce Binge Eating in Emergency Department Staff Committee Chair: Dr. Patricia Daly, PhD, FNP-BC, ENP-BC, FAANP

### Stacy Johns Caligiuri

Quality Improvement Project To Increase Employment Support Awareness Among Behavioral Health Staff Committee Chair: Sara Edmund, DNP, RN, FNP-C, PMHNP-BC

### Amanda-Grace Johnson

Increasing Movement with a VRA Video Game Program at a Rehabilitation Center Committee Chair: Dr. Renee Gregg, DNP, FNP-C

### **Mallory Ketterer**

Utilizing Video Education to Increase Knowledge and Awareness of Perinatal Anxiety and Depression Committee Chair: Dr. Renee Gregg, DNP, FNP-C

### **Michelle Lancaster**

Education of Stress Management During Infertility Committee Chair: Renee Gregg, DNP, FNP-C



### Sandra Lane

Screening for Obstructive Sleep Appea in the Primary Care Settina Committee Chair: Dr. Renee Gregg, DNP, FNP-C

### Cynthia Lee

Addressing Contraceptive Counseling and LARC Prescription Amid Mental Illness With Primary Providers Committee Chair: Sara I. Edmund. DNP. FNP-C.

PMHNP-BC. RN

### **Chanie Lomibao**

Using Telehealth to Educate Geriatrics on the Risk of Depression During COVID-19 Committee Chair: Dr. Buchner, DNP, APRN, ACNP-**BS. FAANP** 

### Tamika Longbons

Skin Inspection Education for the Identification of Skin Cancers in Primary Care Committee Chair: Dr. Christie Pacheco, DNP, **FNP-BC** 

### David Lyons

Auricular Acupuncture Education in an Integrative Outpatient Clinic Committee Chair: Dr. Shawn Gallagher PhD, PMHNP-BC, PMHCNS-BC, FNP-BC

### Colleen Mahoney

Increasing Primary Care Provider Understanding of the MMR Vaccine Committee Chair: Dr. Allen Prettyman, PhD, FNP-BC. FAANP. FNAP

### Charisse Marks

Medication Management in Primary Care Committee Chair: Dr. Allen Prettyman PhD. FNP-BC. FAANP. FNAP

### Amv Matchett

Provider Education on STEADI and Falls in the Older Adult Community Committee Chairs: Dr. Lauren Shurson, DNP, FNP-BC, and Dr. Martin Plank PhD, FNP-BC, NP-C, GNP-BC, FAANP, FNAP

### Rebecca McClav

Implementation of the Family Help Protocol: A Feasibility Project for a West Texas ICU Committee Chair: Dr. Sally J. Reel, PhD, RN, FNP-BC, FAAN, FAANP

### Yuiho Mrozinski

Community Engagement to Improve Advance Care Planning Knowledge with Healthy Adults Committee Chairs: Dr. Lorraine M. Martin-Plank, PhD, FNP-BC, NP-C, GNP-BC, FAANP, FNAP; Dr. Mary Patricia Davis, PhD, RN, CPHQ; and Dr. Cynthia Mote Elliott, DNP, MSN, FNP-C

### Mika Naranjo

Antimicrobial Stewardship in an Outpatient Clinic Committee Chair: Dr. Allen Prettyman, PhD, FNP-BC. FAANP

### Valerie Nelson

Implementation of Post-Transplant Care Guidelines for Allogeneic Hematopoietic Stem Cell Transplant Recipients Committee Chair: Theresa Allison, DNP, FNP-C

Alzetta Obahiagbon

Improving Patient-Provider Communication Utilizing Evidence-Based Tools Committee Chair: Dr. Lorraine Martin-Plank, PhD, FNP-BC, NP-C, GNP-BC, FAANP, FNAP

### **Kristin Olson**

Educatina Women of Childbearina Aae on Preconceptual Counseling: Reducing Unintended Preanancv Committee Chair: Dr. Lorraine M. Martin-Plank, PhD, FNP-BC, NP-C, GNP-BC, FAANP, FNAP

### Mercy Omijie

Education on Naloxone Nasal Spray Treatment for Bayless Integrated Health Center Committee Chair: Dr. Michelle Kahn-John, PHD, PMHNP-BC, GNP

### **Chantel Therese Paguio**

Improving Culturally-Based Diet Among Hispanic Adults with Type 2 Diabetes Mellitus at Clinica Amistad Committee Chairs: Dr. Lori Martin-Plank, PhD, FNP-BC, NP-C, GNP-BC, FAANP, FNAP; Dr.

Deborah Williams, Ph.D., MPH, RN; and Dr. Timian M. Godfrey DNP, APRN, FNP-BC

### **Karida Pieger**

An Evidence-Based Educational Intervention for Skin Cancer Screening in Primary Care Committee Chair: Dr. Christy Pacheco, DNP, **ENP-BC** 

### Amir Raad

Provider-Focused LGBTQIA+ Education: A Quality Improvement Effort Committee Chair: Dr. Michelle Kahn-John, PhD, RN, PMHNP-BC, GNP



### Alyssa Race

Improving Patient Knowledge and Confidence in Implementing Physical Activity for Hypertension Committee Chair: Dr. Christy Pacheco, DNP, FNP-BC

### **Madeleine Richardson**

Primary Care Provider Knowledge and Barriers to Palliative Care Screening and Referral Committee Chair: Dr. Christy Pacheco DNP, FNP-BC

### Ashley Ruiz

Advanced Practice Registered Nurse Burnout and Mindfulness Meditation Committee Chair: Dr. Allen Prettyman, PhD, FNP-BC, FAANP, FNAP

### Leila Samsam

Improving the Clinical Management of Pediatric Concussions in Rural Primary Care Committee Chair: Dr. Allen Prettyman, PhD, FNP-BC, FAANP, FNAP

### Alexa Scafaria

Reducing 30-Day Heart Failure Readmissions with a Comprehensive Teach-Back Program Committee Chair: Dr. Cindy Rishel, PhD, RN, OCN, NEA-BC

### **Rebecca Spear**

Delirium Screening and Prevention in Older Adult Post-Acute Care Patients Committee Chair: Dr. Lori Martin-Plank, PhD, FNP-BC, NP-C, GNP-BC, FAANP, FNAP

### **David Tanis**

DAST-10 Education for the Intent to Adopt at an Integrated Health Clinic Committee Chair: Shawn Gallagher, PhD, PMHCNS-BC, APRN-BC, FNP-BC

### Kimberly Tokarski

Parental/Guardian Knowledge, Perception and Use Of Water-safety Techniques Committee Chair: Kristie L. Flamm, DNP, FNP-BC, ACNP-BC, FAANP

### **Nidia Torres**

Provider Knowledge of Hypertensive Urgency in an Outpatient Setting Committee Chair: Dr. Mary Patricia Davis, PhD, RN, CPHQ

### Erica Tran

Provider Knowledge of Hypertensive Urgency in an Outpatient Setting Committee Chairs: Dr. Lauren Shurson, DNP, FNP-BCDr and Dr. Martin-Plank, PhD, FNP-BC, NP-C, GNP-BC, FAANP, FNAP

### Lauren Tucker

Advance Care Planning Education as an Intervention in the Telehealth Setting Committee Chairs: Dr. Terry A. Badger, PhD, RN, PMHCNS-BC, FAAN and Dr. Joseph C. DeBoe, DNP, ACNPC-AG, CCRN

### Diana Valencia

Reducing No-Shows: Analyzing Reminder Systems and Patient Preferences Committee Chairs: Dr. Kristie Lynn Flamm, DNP, FNP-BC, ACNP-BC, and Dr. Lauren Shurson, DNP, FNP-BC

### Jennifer Ward

Does Participation in the Community Integrated Healthcare Program Reduce Heart Failure 30-day Readmissions? Committee Chairs: Dr. Leslie Ritter, PhD, RN, FAAN, FAHA, and Dr. Joseph DeBoe, DNP, ACNPC-AG, CCRN

### Adriana Warne

Implementation of a Well-Child Health Toolkit for CAWC Healthcare Providers Committee Chair: Dr. Lisa Kiser, DNP, CNM, WHNP

### **Christina Wellman**

Standardized Suicide Screening with the Suicide Behavior Questionnaire-Revised in Integrated Health Committee Chair: Dr. Michelle Kahn-John, PhD, PMHNP-BC, GNP

### Stephanie Wilson

Improving Completeness Of Follow-up After Endovascular Aortic Aneurysm Repair Through A Patient Tracking and Appointment Reminder Program Committee Chair: Dr. Joseph DeBoe, DNP, ACNPC-AG, CCRN

### **Lizy Windsor**

Active Shooter Training in an Integrative Health Clinic Committee Chair: Dr. Lindsay Bouchard, DNP, PMHNP-BC. RN

### Samantha Wirth

Improving Clinical Processes for Tobacco Cessation Committee Chairs: Dr. Lauren Shurson, DNP, FNP-BC, and Dr. Allen Prettyman, PhD, FNP-BC, FAANP, FNAP

### Paulina Zapata

Mindfulness-Based Education for Staff with Medication-Assisted Treatment Patients Committee Chair: Mary Davis, PhD, RN, CPHQ



### Graduates: RN-MSN

David Adams Paige Barton Shannette Begay Kerri Bolstad Jayme Bricker Cathy Bridgeman Michael Colasanti Christie DeWeese Maria Dean Kathleen Diamond Samantha Dickson Leandra Elthie Jeremiah Estrada Alison Evans Lisa Kritz Lauren Leach Kara Mitchell Hillary Neal Elaine Pagan Cynthia Post Angela Randolph Nicole Rice Dale Rieck Teresa Rochester Georgia Salazar Leigh Sand Felipe Santoyo Cuellar Keith Secatero Mark Sprada Courtney St Onge Sarah Stoddard Madison Teufel Erin Turner Pankaj Vyas Jeff Walker Kaley Williams Kaitlyn Wilson Iose Zuniga

### **Graduates: BSN Integrative Health**

Maraya Keenna Ordaniel Anlap Rachel Anne Barnes Jocelyn Carrasco Mariam Ahmad Elfaramaoui Hailey Reid Fredricks Jessica Sharie Gailey Hannah Katelyn Green Jack Ryan Keane Kaitlyn Amanda Koepnick Mia Makayla Lucero Jennifer Anne McFee Lauren Marie O'Sullivan Kaylen Paige Pavelich Gabrielle Ann Rhoten Jennifer Salgado Dakota Elle Smith Sophia Nicole Squires Sydnee Taylor Stoos Kristina Florence Suarez Thea Nelle Canero Taberna Shynnah Amber Tacheene Benjamin Rico Telles Rachel Caroline Wright

### **Graduates: BSN Conventional**

Aden Abdi Nicolo Abrugena Juliana Aldrich **Folefac Asongtia** Lourdes Barrandev **Christen Bowen** Alvssa Brooks Shyann Chaudhry **Brooke Cozen** Brianna D'Angelo Amy Dang Rachel Danner Mary DeSilva Caroline Denker Arturo Duarte Esteban Duarte Olivia Duffett David Ellis

Megan Emma **Caitlin Ford** Joshua Fricks **Bailey Gin** Adela Gonzales Lauren Grant Madeline Gunnell Jordan Haluska Lauren Hammond **Riley Harrison** Chandler Haywood Hailey Hughes Kayla Killigrew Chelsea Lovitt Madeline Meyer Jaicee Kay Morrow Isabel Mosier Brooke Murrav

Ashley Nickell William Page **Kiersten Patterson** Zoe Rosin Natalie Ross Mavcee Ruiz Madeline Schaeffer Jordyn Smith **Bailee Thompson** Emily Turecek Angela Valdivia Joseph Vasquez Gwen Waggoner **Christine Walsh** Mikelle Weeks Lynsee Young

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## CONGRATULATIONS TO OUR WILDCAT NURSES FOR LIFE!

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