

PIKES PEAK CHAPTER

THE EAGLE

MILITARY OFFICERS ASSOCIATION OF AMERICA



MOAA Outstanding Chapter
Award: 1990, 2000, 2001
Runner-up: 1997, 1998

MOAA Chapter Newsletter Contest
National Winner: 1987, 1990, 2000, 2001, 2003, 2004
Co-Winner: 1997; Runner-up: 1998, 1999
National Web-site Winner: 2003

PCC/MOAA Eagle April 2006 Vol. 45 Issue 4



Colorado Springs Mayor Lionel Rivera will be the Guest Speaker for April 6th, at the Military Officers Association of America, Pikes Peak Chapter breakfast, 7:30 a.m., Peterson AFB Officer's Club

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PRESIDENTS CORNER

**Jeff H. Wetjen,
LTC (Ret), USA,
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Email:
jhwetjen@adelphia.net**

In the 2006 February Issue of MOAA's Military Officer Magazine, four tear out letters were provided for MOAA members to send to members of Congress. The letters are concerning the attempt by DOD to raise the health fees for retirees by 50% to 270% depending on grade for those retiree's under 65 years of age. DOD also wants an increase in the pharmacy co-pays. These increases would affect all beneficiaries except active duty members.

I urge each of our members to tear out these letters, sign them and write a personal note, place a stamp on them and mail them.

The only way we can stop these incursions into our benefits is to tell congress that shifting government health care costs to military beneficiaries is wrong and would undermine long-term retention and readiness. **ACT TODAY!**

The Chapter is still looking for volunteers to fill vacancies on the Board and the Pikes Peak Region

Veterans Cemetery Committee. Please contact any Board Member if you are interested.

Keep in mind that the 2nd Annual PPC/MOAA Mountain Golf Classic will be held on 19 June at the Fort Carson Golf Course.

Please keep reading the Eagle to keep current with up coming events and programs.

Also please contact any of our Board Members with your thoughts and ideas that can make our Chapter even better. Thank you for all your continuing interest, involvement and hard work in support of our Chapter. See you for Breakfast on 6 April at the Peterson Officers Club starting at 0730hrs. — *Jeff*



Annette King accepts a \$600 check on behalf of the Armed Forces YMCA from MOAA/PPC President, Jeff H. Wetjen.

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MOAA's BENEFITS INFO. UPDATE *Subscription Information*

To subscribe/unsubscribe or change your email address for the Benefits Information update, please go to <http://www.moaa.org/email>. You will need your MOAA membership number to sign in to the site.

If you have questions regarding the content of the update, please send an email to beninfo@moaa.org.

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The views expressed in editorials and articles do not necessarily reflect Chapter policy. Publication of advertisements does not constitute endorsement by the Chapter.

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Upcoming Events

Wednesday, 15 March
ROWC Luncheon, 11:00 am, Social,
12:00 Lunch, Peterson AFB Officers Club

Thursday, 16 March
Tri-Lakes Satellite Luncheon, 11:30 am,
USAFA O'Club, Falcon Room

Wednesday, 29 March
SOCIETY of MILITARY WIDOWS
Ch #15, Social at 10:00 am, Meeting
10:30, Lunch at Noon, PAFB O'Club,
More Info: Myra Phaneuf 596-4467

Monday, 3 April
PPC/MOAA Board Meeting, 3:00 pm,
Armed Services YMCA

Thursday, 6 April
PPC/MOAA Breakfast, 7:30 am,
Peterson AFB Officers Club, Guest
Speaker: Mayor Lionel Rivera.

Wednesday, 19 April
ROWC Board Meeting, 11:00 am,
Peterson AFB O'Club

Wednesday, 26 April
SOCIETY of MILITARY WIDOWS,
Ch #15, Social at 10:00 am, Meeting
10:30, Lunch at Noon, PAFB O'Club,
More Info: Myra Phaneuf 596-4467

Monday, 1 May
PPC/MOAA Board Meeting, 3:00 pm,
Armed Services YMCA

Thursday, 4 May
PPC/MOAA Breakfast, 7:30 am,
Peterson AFB Officers Club

Friday, 5 May
Joint MOAA/Colorado Springs World
Affairs Council, 12:00 noon, Broadmoor
Hotel (International Center), Guest
Speaker: ADM Timothy J. Keating,
CINC NORAD/NORTHCOM.

Friday & Saturday, 5 - 6 May
CCOC Meeting

Wednesday, 10 May
ROWC Luncheon, 11:00 am Social,
12:00 Lunch, Peterson AFB Officers Club

Thursday, 18 May
Tri-Lakes Satellite Luncheon, 11:30 am,
USAFA O'Club, Falcon Room

Thursday, 25 May
Joint MOAA/TREA Meeting, TREA Bldg.

Monday 29 May
Memorial Day

Tuesday, 30 May
PPC/MOAA Board Meeting, 3:00 p.m.
Armed Services YMCA

Wednesday, 31 May
SOCIETY of MILITARY WIDOWS,
Ch #15, Social at 10:00 am, Meeting
10:30, Lunch at Noon, PAFB O'Club,
More Info: Myra Phaneuf 596-4467

Thursday, 1 June
PPC/MOAA Membership Breakfast
7:30 am, Peterson AFB O'Club,
Guest Speaker: Col Cho, Commander,
Evans Army Hospital, Ft Carson, CO

Sunday, 11 June
Volunteer Picnic

Monday, 19 June
MOAA Golf Tournament, 8:00 am start,
Ft Carson Golf Course

Sunday, 25 June
Freedom Memorial Dedication.

Wednesday, 5 July
PPC/MOAA Board Meeting, 3:00 p.m.,
Armed Services YMCA.

Saturday, 8 July
Membership Picnic, USAF Academy

Thursday, 20 July
Tri-Lakes Satellite
Luncheon, 11:30 am,
USAFA O'Club,
Falcon Room

Monday, 31 July
PPC/MOAA Board
Meeting, 3:00 p.m.,
Armed Services
YMCA.



APRIL'S KEYNOTE SPEAKER

Tom Daschbach,
Col (Ret), USAF,
590-9522,

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TDaschbach@aol.com

Our guest speaker for the breakfast on April 6 will be Mayor Lionel Rivera.

Mr. Rivera was first elected to an at-large City Council seat in April 1997 and re-elected again in April 1999. In April 2001 he was elected by his City Council colleagues to serve as Vice Mayor for a two-year term. In April 2003, he was elected Mayor. He is the first Hispanic Vice Mayor and Mayor in the history of Colorado Springs.

Mr. Rivera holds a Bachelor's Degree in Microbiology from Texas Tech University and a Master's Degree in Business Administration from Jacksonville State University. He is a Vice President – Investments with UBS.

Originally from El Paso, Texas, Rivera came to Colorado Springs in 1984 as an Army Captain at Fort Carson. He has served on many community boards including being a founder and past president of the Colorado Springs Hispanic Chamber of Commerce, serving on the Colorado Springs Greater Chamber of Commerce Board and United Way Board of Trustees and Executive Committee and a co-chair of The Springs Community Action Plan. He is also a mentor in the Big Brothers - Big Sisters school based mentoring program and previously was a Big Brother for a one to one match.

THOUGHTS AT BREAKFAST



Tom Daschbach,
Col (Ret), USAF,
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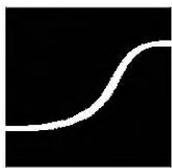
Our guest speaker for the breakfast on March 2nd was Major (Ret) Roy J.C. Thompson, RCAF/CAF. Roy is the current Board Chairman/Museum Director of the new Air Services Museum here in Colorado Springs. The purpose of the museum is to preserve the history of individual American achievers and civil aviation (air-lines), two unique museums.

The Museum will have a military division that will deal with Aerospace Defense, Women in Service, and the Tuskegee Airmen. Exhibits will also include civil aviation and individual achiever exhibits

as tools to promote our community's educational, entertainment, and social center activities

The museum is a 501(c)(3) Not for Profit entity. However, corporate donations from all sizes of businesses and individuals are welcomed. In addition, this is a great place to do some volunteer work. There are lots of opportunities for all. Stop by and see the Museum at 425A East Fillmore. Phone # is: 574-4382 and email is: ASMDirector@adelphia.net.

On another note, our 50/50 winner at the breakfast was Bob Behling. Congratulations, Bob. Also, at our recent Board Meeting we presented the Armed Forces YMCA with a donation of \$600.00 for programs to support our local children.



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Pictured are Roy Thompson, Jeff H. Wetjen and Bob Behling our 50/50 winner.



Roy Thompson Major (Ret), RCAF, accepts a MOAA Eagle from President Jeff H. Wetjen in appreciation for speaking at our Pikes Peak Chapter MOAA Breakfast on March 2nd.

CHAPTER NEWS

**Jay Magee, LTC, USA, 201-7135,
Email: 3magees@adelphia.net**

The Pikes Peak Chapter of MOAA has agreed to partner with the Colorado Springs World Affairs Council on the Friday May 5 Program, featuring Admiral Keating. Our organization's members can register for the CSWAC price of \$20 by calling Patricia Graham at 579-8443 or registering online at www.csworldaffairs.org under Meetings and Events. We need to specify that we are MOOA members. The registration deadline will be Monday May 1, but we must honor our reservations as their Club has to pay for all the meals that we say we need.

Please don't hesitate to call Fran Pilch, Division Chair: International Relations and National Security, United States Air Force Academy (333-8014) or me if you have any questions at all. There will also be an annual ORBS MOAA Golf tournament on the 5th of June at the Peterson AFB Silver Spruce Golf

Friday, May 5, 2006

Time: Noon

Place: Broadmoor Hotel,
International Center

Speaker: Admiral Timothy J. Keating

Topic: The Defense of the Nation:
Homeland Security & the Role of
NORAD and Northern Command

Cost: Member \$20.00,
Non-member \$27.00



To attend, please complete the

CSWAC Meeting Registration Form.

For more information, please contact Executive Director
Patricia Graham at 719-579-8443.

Course. Point of Contact is Mike McKay at 596-3914.

Member Note — *If you are aware of someone in the hospital that is sick or needs visitation, please drop an email or call the chaplain at remoss75@yahoo.com or 576-6010. (The hospitals are not allowed to provide lists any more.)*



NOTES FROM THE EDITOR

**Jay Magee, LTC, USA
201-7135,
Email:
3magees@adelphia.net**

As I begin this edition, I am mildly distracted by what the rest of the month holds. I will take my family for another trip to a beautiful idyllic little bay on the Pacific coast of Costa Rica on the 18th for ten days. I have done quite a bit of research about this country since my first visit a year ago. It is now the most visited country in all of Central America and rapidly becoming the country of choice, both for vacationing and for real estate investing. The Army Times had an article on military members retiring and moving offshore where the retirement dollar goes further and the opportunities are greater. I took all of this in with a grain of salt and decided I needed to investigate it more myself. Now I own two investment properties there and just bought a third. Not decided yet if that is where I want to settle or

if I should look at it as a warm place to go in the winter for a few months or so. I have always relished the idea of snowbirding in my leisure years, and now that they have several championship golf courses and the largest marina on the Pacific Coast going in, I like the idea even better. I was already aware of the excellent fishing and snorkeling available. Someone even told me that there was a sunken U-boat just outside the bay worth snorkeling around. Hmmmm, a German U-boat sunk on the Pacific side?? Wonder what it was doing?

Anyway ... back to the work at hand. I have thoroughly enjoyed working with our authors and the wonderful people of MOAA. Your feedback is thoroughly appreciated. It just makes me want to work that much harder to do well and retire healthy so I can remain as active and accomplish some of the activities that our retired military authors write about. I am also more conscious of the importance of making our voice heard to our representatives. Lobbyists are great, but the grass roots level of contact with legislators and State Representatives are what really wins the battle for our benefits. Take care until next month and God Bless our returning soldiers at Fort Carson!



Chaplain (Col.) Robert E. Mossey, 576-6010, Email: remoss75@yahoo.com

HELPING HANDS

Please call Chaplain Mossey (576-6010) or any Board Member to notify us about a family member or friend who is seriously ill in a hospital or care facility. We need your help to extend Care for them. Thank you.

Truth Never Dies

It is surely no accident that the two most beloved American Presidents, Washington and Lincoln, possessed a proverbial honesty. Biographers and historians have chronicled events in their lives that bear out their penchant for truth and honesty. The honesty that characterized them was not just veracity and truth telling but the honesty of a day's work for a day's pay. It was giving their word and keeping it! It was treating everyone, regardless of rank or economic status, equally and with respect.

To be honest is to be real, genuine, authentic and bona fide. Honesty imbues lives with openness, reliability and candor. It is this honesty that the prophet Jeremiah sought, "Run to and fro through the streets of Jerusalem, look around and take note! Search its squares and see if you can find one person who acts justly and seeks truth." The Greek philosopher of old, Diogenes, went through the streets of Corinth and Athens with a lighted lantern in search of an honest man and claimed that he found none. Would he find one today, here in the United States, especially in the halls of our political arenas or in the boardrooms of some major businesses? It is not uncommon in the media these days for cartoonists

to use the illustration of Pinocchio-like characters to lampoon politicians whose lies lengthen their noses.

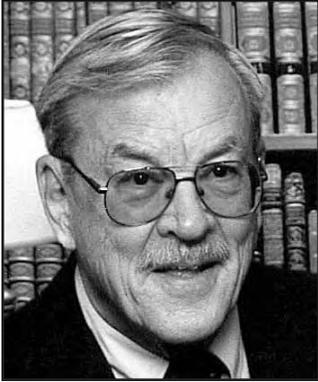
Honesty was drilled into us as children by our parents, Sunday school teachers, our best and well-remembered teachers, scout leaders, coaches and mentors. Honesty is best developed and exercised in harmony with others. The more it is exercised, the more it becomes a personal characteristic. Honesty is a fundamental condition for human communication and friendship, for all effective community building and support. But let us not forget that honesty must be taken seriously for itself and not just as the best policy in a given situation. The philosopher, Immanuel Kant observed, "Honesty is better than all policy." When one is truly honest, he or she never has to worry about being "caught". A person is honest only if strong moral values motivate one's thinking and behavior as a way of life.

In the "Book of Virtues," edited by William J. Bennet there is a whole chapter entitled, "Honesty". As I read through the sixty-three pages of stories, poems, Bible episodes and historical anecdotes, I found myself thinking back to my early days in school. Do you remember reading the biographies of the women and men who built this Country, our industries and the Churches that make America great? Many of their stories are related in the chapter on "Honesty". That was an inherent virtue that made them great among their peers. You certainly remember the story of George Washington's little hatchet and Honest Abe, the rail-splitter. How about your puzzlement when you tried to imagine Pinocchio's nose? Do you remember the story of the Emperor's new clothes? Only the honest exclamation of a child made the Emperor aware that he was naked! He had been duped by the lies of his tailors and his aides who were becoming rich by their lies. What about the little girl, Matilda, who cried "fire" too

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Chaplain's Corner, continued on page 16



*Ralph E. "Doc"
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Gastroesophageal Reflux Disease (GERD)

How many of you have heard of the "Purple Pill"? I'll bet many of you have and know what it is used for. You are right, it's for gastroesophageal reflux (GERD).

What is GERD anyway? Let me share with you what it is; stomach acid and enzymes flow backwards from the stomach to the esophagus and that causes big time heartburn and inflammation, as well as possible pain in the esophagus.

Remember your anatomy; the esophagus carries the food and fluids to the stomach. The stomach has all the acid and enzymes to digest the contents. If you were chemistry majors, you know what hydrochloric acid did to unprotected surfaces.

Fortunately the stomach lining protects itself from these acids. However, the esophagus has not the protective lining as the acids and enzymes flow backwards (reflux) into the esophagus and over time cause some major damage.

There is an esophageal sphincter that it supposed to keep the acids in the stomach and when that becomes defective and a person is lying down, reflux occurs. Reflux also occurs soon after meals and is also aggravated by smoking, chocolate, alcohol and coffee. Diabetes also can worsen reflux.

Symptoms & Results

Heartburn (burning pain behind the breast bone) is the most common symptom. Even into the neck or throat where regurgitation of stomach contents and or acids may occur. If you have experienced it, you will know what I am talking about. (Here I make a plea that similar symptoms occur during a heart attack, so never take these symptoms lightly.)

One may develop inflammation of the esophagus (esophagitis); this may cause vomiting of blood or dark tarry stools or actual bright red blood in the bowels.

Esophageal ulcers which are actual sores on the lining of the esophagus due to repeated reflux and will simulate heartburn, only it will be constant. These erosions

over a period of time will cause narrowing (strictures) of the esophagus and make it difficult to swallow solid foods; shortness of breath and wheezing.

Other symptoms include chest pain, sore throat, inflammation of sinuses and hoarseness.

Diagnosis

You have been to your family Physician and he or she has referred you to a gastroenterologist and that's where the diagnosis will begin. A family history, perhaps a brief physical and then the big diagnostic work begins.

Endoscopic Assessment will be done. A mild conscious sedative followed by an upper endoscopic and possible colonoscopy will occur. The doctor is looking down the esophagus for erosive esophagus changes in cell structure and checking for strictures. He may take biopsy of the lining, looking for pathology.

Barium swallows are also done, where you would drink a liquid that can be observed by x-ray as it passes down the esophagus. There is also a test to check the esophageal PH. This is usually done if surgery is anticipated.

Treatments

More GERDs are treated in several early ways, such as raising the head of the bed several inches preventing the reflux to occur.

Avoid foods that aggravate, ie: fats and chocolate. Smoking, coffee and alcohol should be avoided. There are certain drugs that will cause reflux and one must discuss those drugs with his or her doctors.

Antacids at bedtime will reduce the amount of

Medically Speaking, continued on page 19

Become a Teacher



Troops to Teachers assists retiring military and Reserve Component personnel in pursuing second careers as teachers all over the country.

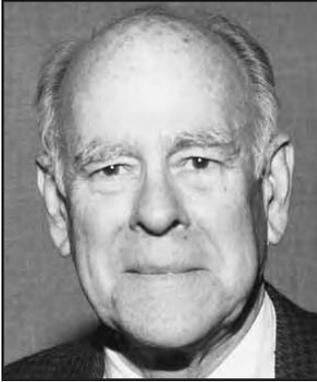
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*Ed Lorenz,
Col (Ret), USAF,
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eblorenz@juno.com*

TRICARE Cost Increases

The DoD proposed TRICARE cost increases are the major item on MOAA’s legislative agenda this year. The Pentagon plan is to increase retirees annual health fees for retirees under age 65, the working retired, by 50% to 270% depending on grade, plus a 67% increase in retail pharmacy co-pays for all beneficiaries except active duty members. And, with one foot in the door, annual fees could and probably would be applied to those over 65 in the future. This proposal is another broken promise to military retirees.

One justification for this proposal is to use these saving to replace obsolete weapons systems, which of

course are definitely needed. Remember, we didn’t buy any during the nineties. That was called the “peace dividend,” and it looked good and contributed to the good economy. And now military retirees are expected to pay for that mistake.

Another reason I am hearing being used for justification for this cost increase is the cost generated by folks abusing the system by seeking unnecessary medical care because they don’t have to pay for it. First of all, I really don’t think that very many of us are so pathetic or have so little to do that we enjoy spending time in doctor’s offices or emergency rooms. And second, raising the annual fees will not stop the practice of the few who do.

At any rate, simply put, medical care was promised to us if we served a full career in the armed forces. We satisfied our part of the contract. Now the government is renegeing on its part. That is wrong.

PLEASE, PLEASE, and this is vital to all current as well as to all future military retirees, let Representative Joel Hefley and Senators Wayne Allard and Ken Salazar know that you strongly object to this wrong headed and unfair proposal by the DoD. Only action by the Congress will prevent it from being implemented. Again, numbers count. If you don’t let them know your concerns they will feel you don’t care.

COLA Watch

The Consumer Price Index (CPI) on which our COLA’s are based rose 0.7% for the first quarter of FY 2006. This was primarily due to the fluctuations in energy prices.

SBP Funding

Ending the DIC Offset to SBP payments when the member died of service connected causes continue to be a top MOAA goal. Senator Bill Nelson (D-FL) is proposing writing a letter to the Budget Committee asking for allocation of budget authority for the Armed Services Committee to take positive action. But, he needs other Senators to sign the letter to increase impact.

Last year the full Senate voted to approve the measure, but the House did not agree. Now we need to prod Senators to put their signatures where their last year’s vote was.

If you agree, and if you are computer literate, please visit MOAA’s web site and click on “Sign

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Legislative Affairs, continued on page 19



*Jim Rix, Col (Ret) USAF
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Email:
mrix@mindspring.com*

Cell phone talkers get traffic citations

It is bad, bad, if you are holding a cell phone to your ear while driving on any military installation. Those holding a cell phone can receive a citation or your car's access sticker can be immediately removed — and it is a long walk around the base when your car can't get you through the gate.

You can drive when using a cell phone only if you have either an ear plug and speaker, or a hands free device. You must be able to use both hands to more safely drive. If you really need to take an incoming cell phone call you should quickly find a place to park that is out of traffic. "Drivers should be focused on the road and other things around them. Talking on a cell phone takes away from their focus, according to a Fort Carson news release.

These limitations are because as many traffic accidents occur when a cell phone is being used as when the driver is DUI. Using a cell phone, or eating when driving is a major factor in accidents. Also, I heard on the radio today that 400% more accidents occur when driving following a family fight. More and more states and locations are prohibiting holding a cell phone while driving. I'm not going to say here what I think of cell phone conversations in restaurants.

Gifts to troops are political bribes ???

How dumb! Many organization are sending gift packages to hospitalized troops. These troops and their families cannot legally accept a charitable gift valued at more than \$20, that is, unless approved by military legal officers. You see, there is a federal and DOD regulation which is aimed at preventing bribes to federal employees. The military hospitals are helping to overcome the

problem and trying to expedite the legal process when gifts arrive for wounded troops and their families. However an individual package will usually be delayed. But how foolish (in my opinion, that is) that limited manpower is being used to process legal work to get gifts to wounded war fighters or their families.

Using the web for commissary and AAFES shopping

Another way to select unusual items at the lower commissary prices is to go to the new "Virtual Commissary" on the Internet. Now you can link up at <http://www.commissaries.com>, and go to the "Virtual Commissary" under the shopping link. To begin, the Virtual Commissary inventory that can be ordered, is a selection of Kraft Foods offering pretty gift baskets for sale. More vendors and manufactures participating are being added. At this early stage of a new way to shop, most items are gift arrangements, and gifts can be selected to fit special occasions such as "Drill Sergeant," "Fly By," and "Touch of Home." This is especially useful for troops that are away from loved ones. The Virtual Commissary is available to any authorized commissary patron.

The AAFES, at their BX/PX stores, also have a large catalog of items and products which can be ordered. Shopping with AAFES further, has many selections on the web using www.aafes.com and also www.CentricMall.com.

Not enrolled in SBP?

Just a reminder ... If a retired military member is not enrolled in the Survivor Benefit Plan (SBP), you have only until September 30th of this year to do so. That date ends the "special open season." When the member dies, of course their monthly retirement pay stops. The SBP offers continued income to the member's surviving spouse and dependent children based upon the percentage of retired pay selected, and the premium being paid into the plan.

If you are retired military, and still considering getting enrolled in SBP, there was a good article summary in the three military Times newspapers. I'll mail you a copy if you want to phone me.



MEDICAL BENEFITS

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TRICARE/TRICARE For LIFE

The biggest problems involving TRICARE and TRICARE For LIFE involve billing. They are few when you consider the volume of bills processed each month, but they cause retirees and their care providers a lot of grief. The most basic rule for you to remember is don't pay any bill from a hospital until you receive your Explanation of Benefits (EOB) from TRICARE. The reason for this is simple; the EOB is prepared and sent only after all payments have been made. You have to have the EOB to determine what the problem is; without it you are just shooting at shadows. As ever, you can call me and I'll research the issue for you but, if you are over 65, there is an alternative. At 1444 N. Hancock (right next to the Senior Center) is the office of Lisa Hietala, program director of Senior Insurance Assistance, Inc. Lisa sits on the TRICARE Advisory board with me and knows more about MEDICARE problems than ordinary mortals like me are allowed to know. You can reach her buy calling 719 635-4891. Senior Insurance assistance, Inc also has one of the most up to date lists of doctors who take new MEDICARE patients.

The vacation season is starting here so is my annual article on using TRICARE PRIME Emergency and Urgent care when you are traveling. The following rules are always applicable. First, if you need emergency care, go to the nearest hospital even when you are out of the country. An emergency is defined in the Prime Member Handbook as "a condition characterized by acute symptoms, (including severe pain) that would lead a prudent layperson (someone like your self), with

an average knowledge of health and medicine, to believe and reasonably expect could result in " death or severe impairment. You may be asked to pay the doctor or hospital you visit, but save all the bills — you will be reimbursed. Second, If you think your symptoms meet the Urgent Care criteria (you're sick as a dog but you don't think you're going to die), you must check with your PCM before visiting a doctor. Third, routine care is never authorized; if you get routine care be prepared to pay for it yourself. And don't forget to take sufficient meds.

I hope all of you who belong to MOAA National read and kept the 12 page booklet titled "Navigating the TRICARE Pharmacy Program, A Guide for Beneficiaries and Providers" that accompanied one of the recent issues of the Military Officer. Best synopsis of the program I've ever seen. It has some excellent thoughts about establishing "medical necessity" for brand named drugs that you should all learn because of the mandatory generic drug substitution rules and the number of non-formulary (\$22 copay) drugs that are cropping up.

Other Stuff:

The February issue of the Military Officer has post cards you can cut out and send to our congressmen. Please do at least that. An even better idea is write your own. Don't send letters in sealed envelopes, since the anthrax scare these are not being delivered. Our health care is a political issue and the battle to protect it will be have to be fought and won in Congress.

— Paint and Hammer. Still working the same ramp project; Mother Nature was not kind last month.

— Best of the books I read in February was "Pyrrhic Victory" by BG Robert Doughty, Professor and Head of the Department of History, USMA from 1985 to 2005. General Doughty does not rehash the details of the battles of WW I but does an excellent job of describing the French strategy planning and operational methods that shaped WW I.

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Watch Out For Nigerian 419

I don't have much time to write this month. I've just gotten the deal of a lifetime! I shouldn't tell you about it (I've been warned that it's top secret), but I know that this won't be published until a month or so, and by that time I'll be a multi-millionaire living *la dolce vita* in Martinique. Seems that the late dictator of Nigeria, General Sanni Abacha, has been overthrown and the new government is now torturing his family and confiscating his wealth, including that of his lovely wife, Mariam Abacha. Luckily, knowing that the dictator business on occasion faces involuntary term limits, Mrs. Abacha has stashed away \$80 million that the poor woman just needs to get out of the country. Learning of my apparently global reputation for kindness, she contacted me via e-mail for assistance. All I have to do is to send her some money to help pay the freight, couple bribes, you know. And then I'll give them my bank account number so that they can wire the funds. For this, Mrs. Abacha is willing to give me a 20% cut. That is so generous. I'd have done it for just 10%.

Does anybody fall for what's been called the Nigerian 419 scam? Oh yes. More than \$5 billion sold — McDonald's should be so lucky. In the good old days, these spammers had to dispatch their variation on the pigeon drop con via ordinary mail. Still, what with international postage (the Nigerian government reports millions lost in counterfeit stamps), envelopes, and paper it was a ragged-edge margin. Then came fax — your postage, your paper. Now literally millions of e-mails can be shot out at a fraction of a penny each. With that kind of volume, it only takes one in a million to make millions. Just today I read of a famous retired "neuroscientist," Dr. Louis Gottschalk, who acquired his fifteen minutes of fame when he announced in 1987 his conclusion that President Reagan was already suffering cognitive impairment based upon his speech patterns.

Sadly, Dr Gottschalk, now 89, apparently later

succumbed himself, having spent from \$1 million to \$3 million of his children's trust account on variations of the Nigerian 419. In the court proceedings, his lawyer offered up that he'd made some "unfortunate investments." Indeed.

A somewhat surprising feature of the Nigerian 419 (named after the statute, never enforced, in Nigeria that putatively outlaws the scheme) is that it has hundreds of different variations — different names, different letters, different approaches. Most recently, they have penetrated the classic car trade, offering rare and highly valuable classic cars at ridiculously low prices — but you have to send a wire-transfer deposit to reserve it. They don't

Legally Speaking, continued on page 19

2006 MOAA MOUNTAIN CLASSIC PIKES PEAK CHAPTER, MILITARY OFFICERS ASSOCIATION of AMERICA **ONE POWERFUL VOICE. ONE POWERFUL GOLF TOURNAMENT.**

DATE: Monday, 19 June 2006, 0800-1300 hours

**LOCATION: Cheyenne Meadows, Ft Carson
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 Email:
drbonebrake@
adelphia.net



Steve Long,
LCdr (Ret), USN,
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alumni.princeton.edu

The TOPS group meets 0700 – 0800 every Tuesday, except after Monday holidays, at the TREA Building at 834 Emory Circle, vicinity of Murray Blvd and Galley Rd. Whether you are looking for talent, looking for a job opportunity, or just looking for a good breakfast; come and join us. For more information, visit our web site at <http://www.pikespeakmoaa.org/tops.html>.

Preparing for Interview Questions:

Preparing for the interview is more than researching the background of the company. A primary objective of your preparation is to anticipate the questions you will receive and be prepared with well thought out answers.

Of course, there are a number of variables and there is no way to anticipate every question that might be asked, however, you can prepare yourself for some general themes. You know that there will be a technical side of the interview (to test your knowledge) and a behavior side of the interview (to test your team fit). These elements may be mixed during the course of the interview, but they will be there nonetheless.

Preparing yourself for the technical side starts with examining the job description. You may be very experienced in your field, but ask yourself, when was the last time you visited the basics? It may be worth the time to crack open some old references and review some of the industry standard jargon. Another technique is to examine

the job description for buzzwords and jargon and research the Internet for current terminology. This research is not meant to make you an expert overnight, rather, it is to help you jog your memory as to knowledge you have learned and applied over time.

There are literally hundreds of questions that a hiring manager might select from in relation to the behavior assessment. You might ask, then, “How could I possibly prepare myself for every possibility? Wouldn’t it be better to just be me and let it go at that?” Yes, one of the key components it to be relaxed and be you. It is never good to try and be someone you aren’t. Still, reviewing a variety of behavior related questions will help you to better assess and respond to these types of questions. Below are some web sites that contain lists of sample interview questions and some advice in your approach to the answers.

http://www.quintcareers.com/interview_questions.html

This site has a data base of 109 traditional interview questions.

<http://interview.monster.com/archives/attheinterview/>

This site contains a number of advice articles as to how to conduct yourself at an interview.

<http://jobsearchtech.about.com/od/interviewquestion1/aa031201.htm>

This site offers some interview tips as well as some recommended answers to interview questions.

<http://members.aol.com/mbastyle/web/intervw1.html>

This site contains some sample questions and tips targeted to MBAs. While the focus is on MBAs, there are a number of generic questions here as well. There is also a section for preparation tips. If you want a laugh, review the section of “Horror Stories from Recruiters.”

<http://www.career.vt.edu/JOBSEARC/interview/questions.htm>

This site is an advice site from Virginia Tech, but the advice can be extrapolated for more advanced career seekers.

Thinking through potential answers in advance will help you appear more relaxed and confident as you respond to the interviewer. Naturally, you can’t prepare for every question, but by examining the range of potential questions, you will start developing an experience level from which to assess questions presented to you during the interview.

SOCIETY OF MILITARY WIDOWS

Irene Merrill, 633-8878, Email: Itmerrill@aol.com

DID YOU KNOW that the VA now has a website for Widows? They answer frequently asked questions and link to other Federal Agencies and organizations that offer benefits and services to survivors and dependents: Help spread the word! The site is www.vba.va.gov/survivors.

The Pikes Peak Chapter #15 of the Society of Military Widows (SMW) meets the last Wednesday of each month at the Peterson Officers Club. For more Info, Call Myra Phaneuf — 596-4467. The SMW is a National organization with two local Chapters and is associated with NAUS. It is open to military widows of all ranks.

Once again, Congress pulled the DIC/SBP offset

from the 2006 Legislation (see Ed Lorenz' article in the March Issue of *The Eagle*). I was pleased to see that Ed put these issues at the top of his list of issues that remain to be addressed (page 8, top of right hand column). I call this issue "Current Receipt for Widows." We must get the word to Washington as individuals. Remember, prayfully not, but tomorrow your spouse could become one of us! Too many MOAA/PPC members don't consider this possibility until someone is diagnosed with cancer or a similar terminal illness, therefore the DIC/SBP issue is not personally meaningful. For this reason, the issues don't gather much interest, oftentimes, until too late. Please help us make our voice heard. Thanks for letting me climb up on my soapbox.

INVESTMENT CLUB NEWS

Cheryl Johnson (Publicity), 260-9034, Email: Bljcolo@aol.com

The MOAA Investment Club meets the 2nd Tuesday of every month at 2:30 pm at the Merrill Lynch office. Our mission is to learn about investing in the market, making money, and having fun with fellow investors. We have some stocks that are doing quite well for us: Altria Group, Inc., (this stock posted an 81% gain!) Washington Mutual and General Electric are examples.

Some common stock terms that are discussed are Buys and Sells, Price-Earning ratios and it's meaning, as well as sources to check on how stocks are doing, such as Morning Star, Big Charts, Value Line, and Smart

Money. Some terms that affect how we understand the Market are whether it is a Bear or Bull Market. A Bear Market is any market in which prices exhibit a declining trend for a prolonged period, usually falling by 20% or more. A Bull Market is any market in which prices are in an upward trend. Future articles will discuss investment terms in more depth.

Stop in and visit us, as you are always welcome to come and learn or even become a member if you are interested. At our April 11th meeting we hope to have a guest speaker from Merrill Lynch who will talk about investment tools.

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Mike McKay, LTC (Ret), USA, 596-3914

Don't be fooled by the wonderful weather that came at the end of February. You can't keep playing golf!! March and April rate as the two snowiest months of the year here in Colorado Springs. After that cheerful news, here's the rest of the story.

The O'Rourke team barely holds on to first place since Beard is only ½ game out going into March. High bowling scores for the month of February are as follow:

High scratch game: Wampler 232; Magee 230, 208; Sellers 202; Drakulich 222; Gmelch 217, 200; Comiskey 217; Pitts 212, 202; Jack 211, 204; Austin 209; Allison 209; Welling 206; McKay 205; and Smith 204.

High scratch series: Magee 577; Jack 576; Sellers 569; Pitts 565; McKay 556, 544; Wampler 550; Drakulich 548; and Gmelch 540.

High handicap game: Wampler 272; Gmelch 271, 252; Drakulich 269; Magee 263; Austin 262; Comiskey 257; Allison 256; and Smith 251.

High handicap series: Gmelch 702, 677; Austin 682; Magee 676; Pitts 676; Jack 672; Hector 667; Darnell 664; McKay 664; Sunderland 656, 654; and Hunter 652.

The Logan team bowled tough, but managed to

own the last place.

I now want to repeat the information about the Peterson Ladies Golf Association (PLGA). Here is some information about the PLGA: the date for our annual "Golf General Meeting and Coffee" is 0900 hrs, Thursday, 30 March 2006, at the Silver Spruce golf Course. Anyone interested in joining the PLGA is invited to attend. First day of play is 1 April 2006. This ladies league plays every Thursday morning from April through October. It's a fun league for ladies of all ages and abilities! For further information, you may contact Nancy Pittman (597-5574) or Pat Gray (599-5024).

Now it's the guys turn. We could use a few more players in the ORBS Wednesday League which goes from May 3rd to 27 September. Call Mike McKay (596-3914) or Joe Beard (282-3391) if you want to play and are 55 years of age or older.

In addition to the normal ORBS play each Wednesday, we have a great ORBS tournament on the 5th of June 2006. Fill out the form below and send it to the address lasted. This tournament will be limited to 80 players, so apply early. The tournament includes green fees, ½ cart fee, a meal and generous prize money to over half of the teams entered.

ANNUAL ORBS GOLF TOURNAMENT SILVER SPRUCE GOLF COURSE 5 JUNE, 2006

MEMBERS OF THE SILVER SPRUCE GOLF COURSE PAY \$35
NON-MEMBERS OF THE SILVER SPRUCE GOLF COURSE PAY \$60

THE TOTAL COST INCLUDES THE GREEN FEES, ½ CART FEE, MEAL AND PRIZE MONEY. SEND CHECK OR GIVE A CHECK OR CASH TO MIKE MCKAY. MAKE ALL CHECKS OUT TO "ORBS GOLF" AND INCLUDE ON THE ENTRY FORM YOUR HANDICAP. MEMBERS OF THE ORBS WEDNESDAY GROUP NEED NOT

INCLUDE THEIR HANDICAP. THE TOURNAMENT PLAY WIL START AT 0800 HRS. ALL PARTICIPANTS ARE REQUIRED TO BE CHECKED IN BY 0730 HRS ON 5 JUNE 06. KEEP ALL OF THE ABOVE ON YOUR CALENDAR AS I KNOW HOW WONDERFUL OUR MEMORY IS IN THESE LATTER YEARS.

LAST NAME _____ FIRST _____ HDCP _____ PH# _____

SEND TO MIKE MCKAY: 5119 PALMER PARK BLVD., COLO. SPGS., CO 80915

ROWC NEWS



*Bettie Lorenz,
597-1336,
Email:
eblorenz@juno.com*

The Retired Officers Wives Club Board met at the Peterson AFB Officers Club on March 1st to plan the March 15 luncheon. That will be our March 15 fashion show with our own ROWC members showing Coldwater Creek fashions and we are hoping for a full house attendance. Remember, you are encouraged to bring guests with you. Someone who is eligible to be a member can only attend one luncheon before joining. However, others may attend more luncheons as your guest because they cannot become a member. This luncheon is a special one since all past presidents are honored yearly at this one.

Husband Ed and myself joined ranks of many of you this past month by becoming great-grandparents for the first time. Our granddaughter, Tracy, gave birth to Connor Lushnat at Panama City, Florida where his daddy, Jeremy, is a flight instructor. Connor was born on February 18, just two days after his grandfather, Ed, celebrated his birthday.

Joan Bedette, who is in charge of our luncheon check-in tables at the luncheons, had some exciting news for us at the Board Meeting. Joan and husband,

Up-Coming Events

ROWC Board Meeting
11a.m.
Wednesday – April 19, 2006
Peterson AFB Officers Club

ROWC Luncheon
11a. m. Social, 12:00 Lunch
Peterson AFB Officers Club
Wednesday – May 10, 2006

Ellsworth had just celebrated their 60th wedding anniversary. Jo and Marlowe Sorge celebrated their 60th wedding anniversary also. Dee and John Yocum celebrated their 60th anniversary with an open house at Ascension Lutheran Church and they were married on November 24, 1955 (Thanksgiving day). Audrey and Jesse Gatlin are in their 59th wedding anniversary year so this is a big year for them also.

Our last luncheon until September will be held May 10. I am sure it will be of great interest to all of us. FITE-IDENTITY THEFT will be the final program for the year. Gary Young is the seminar coordinator of the organization and he, with Detective John Amundson, will advise us on how to stay safe in today's world.

Enjoy our Spring weather. I have spied a crocus in my garden so that is a good sign.

Thanks to Cheryl Johnson again for writing this column last month while I was getting a shiny new hip installed.

HUMOR IN UNIFORM

Jay Magee, 201-7135, Email:3magees@adelphia.net

When a ship enters a port, special permission must be given for sailors to begin their liberty early. My friend had a good reason for getting a head start. "I have to go to the bus station," he told a superior officer. "I have a one-armed uncle coming to town with two suitcases." Permission was granted.

— *Contributed by N.U. Turpen*

"Miserable" doesn't begin to describe how my troops and I felt during two of maneuvers. Aside from the grueling training, we bivouacked under austere conditions, in often severe weather. So on our last Sunday morning, I was heartened to see many of the enlisted men standing single file waiting to enter a small local church. "A little of that old-time religion?" I remarked to my First Sergeant. "No, sir," he said. "Flush toilets."

— *By Michael Campo*

MOAA SINGLES



Darlene Arnold,
598-0394,
Email:
arnold1937@adelphia.net

Thirty folks enjoyed a tasty lunch served family style at the Silver Pond in February. Our group presently consists of 81 members. Recent new members are Judith Cragin, Sarah Smith, Ida Pierce, Irene Merrill, Sherry Stockert, Virginia Eberhart, Kyoko Yakahoma, and Jeannine Indermuehle, and Darlene Arnold. If you have information that you would like to have included in this column call Darlene at 598-0394.

Our next activity will be a luncheon on Monday, April 10th, at the Peterson AFB Officers Club. Social hour will be at 11:00 with lunch to be served at 12.00. We will have a choice of two entrees: Filet of Salmon or Sliced Chicken Roulade. These will be served along with spinach salad, herb risotto, green beans w/slivered almonds, warm rolls/butter, coffee or tea, and chocolate Amaretto mousse in dessert cup. The cost is \$15.00 including tax and tip. Lee Lennon and Marion Ebeling are hosting the event.

Send your reservation to our Treasurer, Clara

APRIL LUNCHEON
MONDAY, APRIL 10, 2006
Peterson AFB Officers Club
Social 11 a.m., Lunch 12 p.m.

Remele, 2530 Fairview Circle, Colorado Springs, CO, 80909 together with a check for \$15.00 made out to MOAA Singles. Please indicate your entrée on your check. Clara needs your reservation by April 3.

Clara is getting ready to publish our 2006 membership roster, so if you have not paid your dues but wish to remain a member of our Singles group (or join), please send her your check for \$5.00. Also if there have been any address changes since our last roster was printed, please send her any corrections so that the information will be current. Remember you must be a member of our Pikes Peak Chapter of MOAA in order to be eligible for membership in the MOAA Singles. We are a fun and friendly social group.

Hope to see you on the 13th!!

Chaplain's Corner, continued from page 6

often and was burned alive in her house. And the boy who cried, "wolf" once too often and lost all his sheep. History proves that dishonesty is disastrous.

In our studies in literature, philosophy, business, religion and just about every subject taught, you learned that truth will and must prevail. Honesty has been proven to be the best policy. The most profound lessons that guided you as you became the person you are, you learned from people you trust. They were the individuals who were consistently honest and truthful. They had integrity! You are succeeding as parents, as military, civic and industrial leaders because of their guidance and example. Now, you exemplify their values.

Military women and men in battle have to be able to trust each other. When life comes down to a second

to second struggle to remain alive the key to survival is trust in each other. This belief and practice is paramount in the minds of our fighting troops in Iraq today! It is the reason families continue to be reunited with their loved ones at Fort Carson and other military installations.

It grieves me these days when some of our political and civic leaders, members of the media and educators spend so much of their time trying to convince our generation that we need to change our values in order to keep up with this new generation. Change is not always for the better! Some things are timeless and immutable, such as honesty, truth and trust. The wise ones of the new generation will do well to look backward to the wisdom of their elders. Truth and honesty will never die!

FOCUS ON UNITS



**Max Borysko,
CPT (Ret), USA,
303-647-0405,**

**Email:
fexzuviel@earthlink.net**

If there is any place on Earth to prepare souls for hell, then the desert of Iraq must be the antechamber to that place, and of course, those who were born there and have spent their lives there suffer one step away from an ultimate place of damnation.

Welcome home to Fort Carson's Third Armored Cavalry Regiment (3rd ACR) to be embraced by our community, your family, and to rest from your work in Iraq!

Here are some personal accounts of some of the members of the 3rd ACR:

Captain Rush, who commanded an Air Cavalry Troop during Operation Restoring Rights, was at the right place at the right time. As Saber Squadron, a heavy combined force of U.S. and Iraqi forces came under intensive enemy fire from some buildings, Pegasus Troop identified exactly where the fire was coming from which had pinned down the ground forces and attacked

the enemy complex with hellfire missiles. The devastating results enabled the ground forces to continue their advance.

Captain Foley, who has spent two tours of duty in Iraq, was an Artillery Forward Observer. He moved with the ground forces into combat and brought withering artillery and Multiple Launch Rocket fire against enemy targets from distances of 45 to 60 kilometers. He would serve again and go to fight for our country is needed.

Sergeant First Class Sparks, who is a combat Journalist, spent his tour of duty forward on the front lines with his camera recording live actions in combat. On this, his first combat mission, he earned a Purple Heart for wounds received. He had this to say about the Iraqis, "The Iraqi people, because of the insurgents and their intimidation, were distant to us; however, after they learned that we were there to help, they embraced us."

Sergeant Dillard was awarded the Purple Heart for injuries received during a reconnaissance mission. Initially, his Bradley Fighting Vehicle was blown up, and this initiated an intense fire fight. What was remarkable, is that the insurgent who blew up his vehicle ended up in the same hospital and the same room as SGT Dillard. This is American kindness even to an enemy! During the Battle of Tel Afar, he again was in the middle of intensive fighting in an urban area; specifically providing protection with his fire team for the Regimental commander, Colonel McMaster. SGT Dillard, who has a family of his own, said,

"Members of my family have fought in the Second World War, Korea, Vietnam and Desert Storm, and I will go anywhere in the world to fight for my country."

We of the Military Officers Association of America, Pikes Peak Chapter salute you and say, "Job well done, we also stand by you any time and any place in the world."



Max Borysko with CPT Rush and SFC Sparks, recently returned from Iraq.

MEMBERSHIP

Emery Almasy, 404-886-8531, Email: ealmasy@hotmail.com

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TAPS *(Note: This is not an official record)*

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CAPT JAMES H. ANNEAR, USAF
VIRGINIA BILLS, AUX

*Our deepest sympathies are extended to the families
of our departed friends and comrades.*



TRI-LAKES SATELLITE CHAPTER

**Jack Fry, Col (ret), USAF, 481-4964,
Email: hjfry@hotmail.com**

Our next meeting of the MOAA Tri-Lakes Satellite will be Thursday 18 May, 11:30 - 13:00 am, USAFA O'Club, Falcon Room. This will be a combined meeting with the Association of Former Intelligence Officers (AFIO). Cost is \$12.00 (choice Beef/Chicken). Please RSVP NLT 12 March to Jack Fry (hjfry@hotmail.com) or 481-4964.

Medically Speaking, continued from page 7

acids reaching the esophagus. Now we have the Purple Pill (Nexium) which taken daily reduces the reflux and allows healing over a period of time. Nexium will probably become a daily requirement, preventing further damage to the esophagus.

Advanced esophageal strictures require not only drugs but repeated dilation and if successful will allow a person to eat normally.

A term that you may not have heard is Barnett's Esophagus (BE) and is common in older men and women and is a precursor to esophageal adenocarci-

noma (ACA), which could be due to undiagnosed symptomatic GERD or BE.

Summary

If you have symptoms as described above, please do not pass them off as just heartburn. Make an appointment with your Physician for a check up and recommendation. Older men and women are more susceptible to this affliction and when caught early can be treated. Don't forget, if you don't understand what is being said; ASK YOUR DOCTOR, he won't bite.

Legislative Affairs, continued from page 8

Nelson SBP Letter" link to ask our Senators to join Senator Nelson in this effort, or if you'd rather, send Senators Allard and Salazar letters requesting their support of this issue.

Quote of the month:

When Ronald Reagan said that the government was spending money like drunken sailors, he apologized to the sailors who were after all spending their own money.

— Thomas Sowell

Legally Speaking, continued from page 11

even have the car. They do have your deposit. Yet another is the offer to buy your car when you put it up for sale. You're sent a counterfeit cashier's check for more money than your contract price and are asked to send a refund. It takes 20 days for your bank to find out the cashier's check is bad, and twenty minutes for the crook at the other end to cash yours.

I have this dreadful mental picture of half-starved schoolchildren plinking away at hundreds of internet keyboards across the country as part of their English-language instruction. The solicitations have in common a sort of pomposity that might pass for

earnestness in Nigeria, (and Togo, and the Ivory Coast, and Kenya and Zimbabwe) a broken lower-case keyboard, and appalling syntax. They are so clearly fraudulent that one wonders at their audacity, and their apparent continued success.

Granting, gentle readers, that none of you would ever, ever fall for such a thing, nevertheless it is worth raising your right hand and repeating the pledge.

Under no circumstances will I ever send money or private information to any unsolicited e-mail, fax, or letter offering me something too-good-to-be-true.

Because I know it is. Catch you on the beach. ...



Pikes Peak Chapter, Military Officers Association of America
P.O. Box 15319, Colorado Springs, CO 80935-5319

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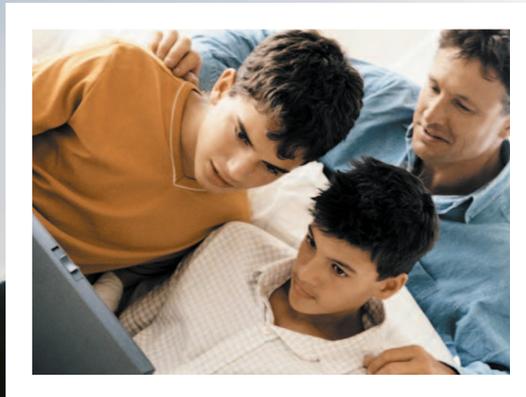
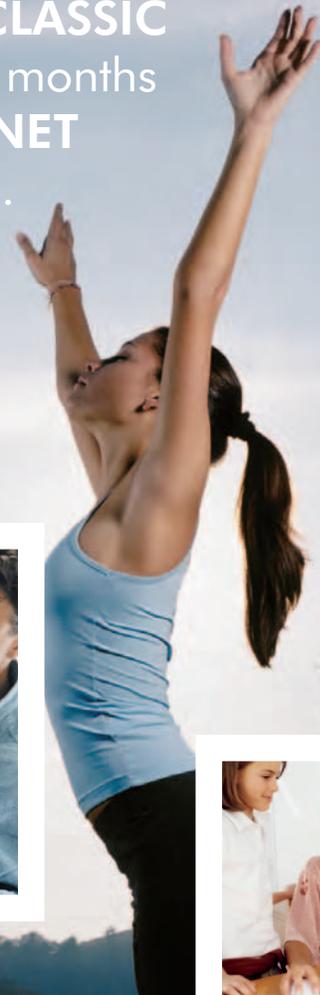


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Fort Carson Officers' Spouses' Club & Enlisted Spouses Charitable Organization



P.O. Box 12886, Fort Carson, Colorado 80913

The Fort Carson Officers' Spouses' Club and the Enlisted Spouses Charitable Organization will host Viva Las Carson Casino Night on Saturday, April 29, 2006 at Fort Carson's Special Events Center.

Purpose: To provide funding for the Scholarship and Welfare donations of the FCOSC and ESCO.

SPONSORSHIP LEVELS:

THE HIGH ROLLERS - \$500 Minimum Cash Donation

- Logo on event program
- Official recognition during the event
- Four complimentary entrance tickets
- 400 dollars of casino bucks
- Banner at your sponsored casino area (please supply logo by email NLT 3/24/06)
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THE PLAYERS - \$300 Minimum Cash Donation

- Logo on event program
- Official recognition during the event
- Two complimentary entrance tickets
- 200 dollars of casino bucks
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If you have any questions please feel free to contact Roz Johnson at 391-7665 or at davidandroz@msn.com

SPONSORSHIP AGREEMENT CONTRACT

This contract is made between the FCOSC and your business for Viva Las Vegas Casino Night on Saturday, April 29, 2006

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