

*a*  
**COMMUNITY**  
*of opportunity*



2015 ANNUAL REPORT



# FY15 BY THE NUMBERS

89%

Members who attribute a more positive outlook on life to participation with the Center

51,600

Hours of volunteer service Center members contributed to community organizations in FY15

5000+

Number of events in FY15

80  
volunteer program leaders



1180

Number of hours of community meeting space donated or discounted

109

Scholarships for Membership

54

Nonprofits supported by Center volunteers

\$110,000

value of space donated to community groups

92%

Members who say their minds are stimulated by SC programs



330

Donors who have been contributing for ten years or more

1000

DIFFERENT PROGRAMS TO CHOOSE FROM

98%

plan to renew their membership

2/3

of members are between 65 and 85



# *opportunities to connect, challenge & contribute*

Physical • Intellectual • Social • Emotional • Environmental • Spiritual • Vocational

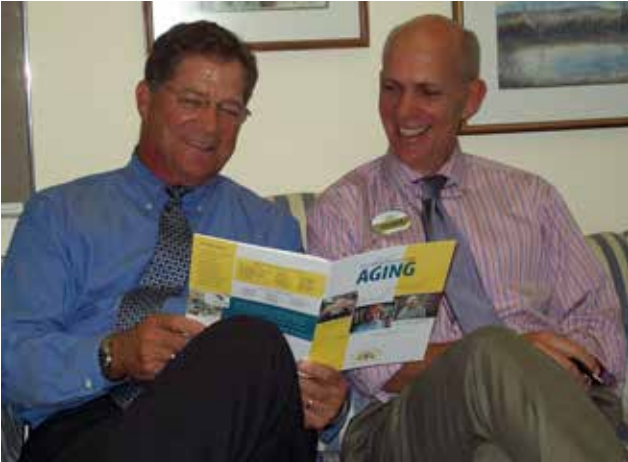
The Senior Center engages thousands of individuals annually in more than 100 programs across every dimension of wellness. Many recurring and special events are open to the community, as are all of our day trips, getaways, and cruises.

**Chasing Life Series Sponsored by UVa Health System • All Things Digital • Apple/Mac Users Group • Book Discussion Group • Cooking Demonstrations • Gentle Yoga • Current Affairs Group • Financial Series • Great Decisions • Virginia Festival of the Book with Charles Marsh • Investment Visions • Investors Forum • Le Cercle Français • Old Dominion Lecture & Day Trip Series • Nutrition Workshops • Religion, Science & Spirituality • Senior Statesmen\* • Social Issues in Medicine • Retirement: Now What? • Travel Lectures • MS Windows Workshops • Wine Club • Writing for Pleasure • Writing for Healing & Growth • Legal Issues for Seniors • Aerobic Dance\* (YMCA) • Drawing with Mike Uris • Arthritis Exercise • Ballroom Dance • Bowling • Gallery Talks • DanceFit • Fashion Square Walking • Feldenkrais for Seniors • Full Life Fitness • Golf • Hiking • International Folk Dance • Jazzercise Lite\* (Jazzercise) • Ivy Creek Walking Group • Senior Crime Prevention Academy • Line Dancing • Meditation Cultivation • Northside Walking • Parkinson's Yoga • Primetime Fitness • Racquetball • Rice-Silver Exercise • Architecture in Virginia: Pre-Georgian & Georgian Architecture with Prof. K. Edward Lay • Softball\* (C'ville Parks & Rec) • Tai Chi • Tennis • Water Workout\* (ACAC) • Gentle Yoga • Zumba - Let's Dance • Halloween Dance • Albemarle Wood Carvers • Writing a Legacy Journal • Barber-shop Belles & Beaux • OLLI • Ceramics • Crafty Ladies • Encore Players • First Thursday Poetry Club • Quilting Class • First-Wind Band • The Flashbacks • Friday Art Group • Knitwits • Piedmont Pastelists\* • Second-Wind Band • Sew & Sews • 150th Anniversary of the 1865 Surrender of Charlottesville and the University of Virginia with Rick Britton • Silver Steppers (tap dance) • Tap Lessons • Sing-Along • Still Sharp Singers • Alcoholics Anonymous • Bereavement Support Group\* (Hospice of the Piedmont) • Essential Tremor Support Group\* • Low Vision Support Group\* (UVa) • Parkinson's Caregiver Support Group • Sleep Apnea Support Group\* (UVa) • TOPS • Bingo\* (C'ville Parks & Rec) • Bridge • Bridge Lessons • Bunko • Canasta • Charlottesville Chicks • 11th Annual Active Aging Fair • Chess • Duplicate Bridge • Dominos • Kingfishers • Luncheons • Mah-Jongg • Men's Poker • Member Social • Member Dinner Social • Pinochle • Scrabble • Singles Schmooze • Socrates Café • Sunday Movies • Travel Buddies • Volunteering • Wii**

\*partner program

Dear Friends:

Charlottesville is rich with communities. Geographic communities, online communities, scientific communities, ethnic communities, artistic communities, retirement communities, and the list goes on ...



The Senior Center community makes connections and fosters fellowship. It's what motivates and benefits people of different generations, backgrounds, and interests as they embrace healthy aging here. It is also reflected in the ways these relationships travel outward. Our doors are open—welcoming scores of others groups—and our reach is wide,

as members and volunteers give back in service to the greater Charlottesville region.

From a newcomer being welcomed into the hiking group to a Center member being connected with the Red Cross as a volunteer to Virginia National Bank's Grand Gala sponsorship, you'll read how Charlottesville's many communities rely on each other. And you'll see why, in order for greater Charlottesville to be an age-friendly community, we must support and celebrate the opportunities our Senior Center provides every day.

Thank you,

A handwritten signature in black ink that reads "Michael".

Michael Guthrie  
President

A handwritten signature in black ink that reads "Peter".

Peter M. Thompson  
Executive Director

# choose your opportunity

A journey of a thousand miles begins with a single step. But when Linda Scandore decided to walk the Camino de Santiago—a thousand-mile pilgrimage in Spain—some training for that first step seemed wise. A friend mentioned the walking and hiking groups at the Senior Center and suggested she give it a try. She did, and found “a really dependable framework in which to prepare.”



*Photo courtesy of Andrew Zapanta*

Linda discovered much to commend the hiking group beyond physical activity and a reliable schedule. The safety of being among fellow hikers rather than out in the woods alone. Opportunities to lead. And room for each person’s style and pace. Some may not hike as energetically as they once did, she says, but “they know the mountains intimately. Everybody has a great moment, no matter what they bring to the table.”

While the Center has many long-term members, Linda appreciates how it serves newcomers to our community. Recent arrivals—often those retiring here or relocating to be near family—use the Center as an introduction. Some get their footing and move on; others come and stay on. Either way, people find what they need to ease into Charlottesville.

“You can weave your way in and out, find different things. I love the computer class that Clay Sisk and Tom Cross teach,” Linda smiles. They are so approachable and accommodate all levels—I always come away with a valuable nugget.”

At just 64 and having recently completed her sixth Boston Marathon, Linda is far from what might be considered a typical senior. “This is my bridge to a later stage,” she says, thinking decades ahead to life in her 80s or 90s. “But I’m far less fearful because I’ve seen how accomplished these very engaging, very kind people are.”

Linda’s next adventure? The Way of St. Francis pilgrimage in Italy. If you’d care to join her, she can recommend a great group to get you started.



# The Opportunity of Community

What is community? It's not a building or an organization or a neighborhood. It's relationships. People. People with a sense of trust, belonging, and mutual care—a feeling that comes from shared experiences and meeting common needs.

Members, philanthropists, volunteers, partners, and guests make up the Senior Center community. Together, they make possible the opportunities that empower seniors by supporting both individual independence and community involvement.

These opportunities include physical activity, creative pursuits, volunteering, and lifelong learning. All contribute to healthy aging, which in turn keeps older adults engaged in multiple communities—communities nested within each other, from single families to entire populations.

Exchange is at the heart of all this community engagement. It's the give and take that builds and deepens relationships vital to community. You see it every day in the Center. During band practice. In a computer class. Among friends in the Garden Café. People sharing and interacting.

That same two-way street connects our many communities. It travels outward as Center members volunteer with the Emergency Food Bank or teach children to fish at Mint Springs. It returns with high school students who come here to volunteer or philanthropists who support our programs.

Different communities, all providing opportunities to meet needs in ways that none of us could do alone.

Compared with their peers, senior center participants have higher levels of health, social interaction, and life satisfaction.

—National Council on Aging

# community health

Healthy aging is what we're here to help people pursue at the Center. We offer programs across every dimension of wellness in an effort to close the gap between life expectancy and healthy life expectancy and, in the process, improve life in our community for all ages.

The benefits of health programs in senior centers are well established. Older adults who participate in these programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being.<sup>1</sup>

Along with improving quality of life, health promotion strategies are key to reducing health care costs and long-term care needs. That helps individuals, families, and society.

AVERAGE LIFE EXPECTANCY

78

AVERAGE HEALTHY LIFE EXPECTANCY

68

{ Two-thirds of older adults in the U.S. have multiple chronic conditions. (78% have at least one.)

Chronic diseases account for 75% of U.S. health care spending. }

<sup>1</sup> Centers for Disease Control and Prevention. The State of Aging and Health in America 2013. Atlanta, GA: Centers for Disease Control and Prevention, US Dept of Health and Human Services; 2013.

"This year's [United States of Aging] survey points to the impact of health on an individual's ability to age successfully. But maintaining good health as we age requires being proactive ... We must seize opportunities across local communities to empower seniors with the skills they need to stay healthy." —Richard Birkel, Ph.D.





# Community Planning

The Senior Center and JABA, with support from ACAC Fitness and Wellness Centers, invited local business, government, and community leaders to a thought-provoking event in September 2014. With “The BIG Think: Is Charlottesville Ready for the Age Shift?” acclaimed author, educator, and Boomer consumer authority Matt Thornhill shed light on emerging demographic, societal, and cultural trends that will impact communities for better or worse.

Will our region thrive when these trends hit home in 2020? Effectively applying generational dynamics in the workplace and marketplace is key, according to Matt. He encouraged local planners to hold a placemaking summit, foster entrepreneurship, and make everyone part of the plan.

*Top:* Matt Thornhill looks at communities through a generational lens. *Right:* The audience at the Jefferson School City Center considers the importance of building a sense of place and community—part of a new model of economic development that attracts Boomers and Millennials.



“The BIG Think” elevated the discussion around the quickly changing age demographics and the importance of thoughtfully working toward building an intergenerational community that values the contributions of all citizens. As a grantmaker, we appreciated being involved and look forward to working with partners on strategies to further develop an age-friendly community.”

—Brennan Gould, Director of Programs, Charlottesville Area Community Foundation

# FY15 Highlights

## Second-Wind Band Celebrates 20 Years

Fred Streckfuss started the Second-Wind Band in fall 1994, with help from James Simmons. Inspiration came from Roy Ernst, a professor at Rochester's Eastman School of Music, who in 1991 founded the New Horizons Band Project as a way to engage seniors in the intellectually stimulating and social atmosphere music offers. The band presented a free concert in December 2014, joined by The Flashbacks—the Center's touring swing band—and the First-Wind Band, a group for beginning musicians. Four guest conductors (including Jim and Roy) joined us for the celebration.



## Grassroots Outreach

Reaching out to people where they already gather is a great way to connect with folks who might never set foot in the Center. We started setting up at community festivals, the City market, and other places to share the message of healthy aging. Not only does getting out of the building give us a different frame of reference, it's important for reinforcing the Center as an integral part of the community, raising awareness of need, and spreading the word about the resources and the opportunities available for older adults.



## Subaru “Share the Love” Event

During its annual “Share the Love” event from November 20, 2014, to January 2, 2015, Subaru of America donated \$250 for every new Subaru vehicle sold or leased to each customer's choice of four national charities. In addition to the national organizations, Subaru retailers had the opportunity to include a local charity. We were honored that Brown Subaru of Charlottesville selected the Senior Center as its hometown charity. Thanks to Brown and its customers, the Senior Center received over \$6000 in support of healthy aging programs.



# events & support



## 2014 Keswick Horse Show

The Keswick Horse Show is one of the area's most revered signs of spring. Along with beautiful and well-schooled horses, the event features the Eastminster Dog Show, a down-home fish fry, and plenty of socializing over several days in May. All the fun also supports local nonprofits. We were extremely grateful to the Keswick Hunter Jumper Foundation for naming us beneficiary of the 110th edition of this classic.

## Mary P. Reese Scholarship Fund

Longtime educator and activist Mary Reese joined the Center in 1996 and shared her many gifts from the start. She served on the Board of Directors from 2000–2006 and again from 2008 until weeks before her death in 2014. Mary was passionate about the Center's value to our community, so it was with great joy that we renamed our scholarship fund in her honor. The fund underwrites the costs of membership and program fees, ensuring affordable access to the Center's services for everyone.



## Grand Gala 2015: Viva Italia!

The snow lay on the ground but skies were clear and paths were plowed on February 28, 2015, for our inaugural Grand Gala. Thanks to community volunteers, guests, and big-hearted donors and sponsors—especially presenting sponsor Virginia National Bank—*Viva Italia!* raised more than \$140,000 to support quality of life for older adults. This annual fundraiser will have a different destination theme each year, making for a great party and a perfect tie-in with our travel program.

## 5th Annual Thanksgiving Potluck

A few dozen people gathered for our first feast; by year five, it was over 150. Home Instead Senior Care has donated turkeys each year, and everyone brings a side dish. It makes Thanksgiving easy and fun for lots of people, including couples who don't want to cook a huge meal; students who can't make it home



for the holiday, and folks without family in town. Less time in the kitchen, more time to focus on the things for which we are thankful!

**51,600 HOURS**  
OF VOLUNTEER SERVICE

**\$1.2 MILLION** VALUED AT

**SUPPORTING**

**54 AREA NONPROFITS**  
**ANNUALLY**

positively impacting people of every age

“ The Shenandoah Chapter of the American Red Cross counts the Senior Center as one of our great community partners—always ready to lend a hand. When the Service to Armed Forces team was looking for items to send to our troops overseas and the Disaster Team needed small toys for children’s comfort kits, the Center was quick to put out a collection box. Within a few days, the box was full. The Center donated several bins of items that brightened the lives of service men and women, veterans, and children whose families had suffered a fire.

The Center encourages its members to volunteer in the community. They advertise Red Cross volunteer job opportunities and referred member Bill Mitchell to me last year. He has been one of my best caseworkers for follow-up with families who have sent emergency messages to service members. He won our Outstanding Service to Armed Forces award this spring. The partnership between the Senior Center and the Red Cross is a positive one, benefitting both organizations.”

Patti Wilson  
*Red Cross Service to Armed Forces Manager*

Research demonstrates that volunteering leads to better health and that older volunteers are the most likely to receive physical and mental health benefits from their volunteer activities.



# Sharing opportunity

Hiker, volunteer, OLLI student, music maker, traveler ... Rene Bond makes the case for healthy aging without having to say a word. Just look at her smile.

What does she believe the Senior Center contributes to our community? “That’s easy. The Center is a community in itself, with abundant opportunity for growth, connection, and just plain fun!”

Elaborating, Rene shares a few of the challenges and opportunities she’s found at the Center—like winter hiking in the mountains, with its wonderful, clarifying physical exertion. “And more importantly,” she cracks, “learning the benefits of YakTrax!”

Rene is self-deprecating about her artistic pursuits, describing herself as “a non-musical, self-taught flute player” who, through the Second-Wind Band, has learned “when to play and when to hide!” With both the First-Wind Band and the Center’s Still Sharp Singers, she admits to bouts of laughing so hard she can’t blow or sing a note.

A clinical social worker for most of her career, Rene shares her compassion and experience as a bereavement counselor with Hospice of the Piedmont. The weekly bereavement group she leads at the Center is a partner program she developed. Witnessing the amazing resilience of human beings fills her with hope—and is another manifestation of the growth and connection people find here.

With volunteering, Rene maintains, “You gain more than you give. Helping others makes you feel good.” Along with giving generously of her time, she’s a member of The 1180 Society, a circle of philanthropic leaders whose annual donations are a driving force behind our programs. “Philanthropy is one way of giving back to that which has given so much to me and to so many others.”



Photo courtesy of Jack Looney



Ultimately, amidst the learning and the fun and the volunteering, Rene has found something else. “Real friends who have finally made Charlottesville feel like home.”

# THANK YOU *for your commitment to promote*

Thank you! The Senior Center gratefully acknowledges our Fiscal Year 2015 donors—individuals, foundations, corporations, and organizations—who made philanthropic gifts over the period April 1, 2014, to March 31, 2015. These contributions supported the Center's Annual Fund, programs, scholarships, events, and facility. They included gifts of cash, sponsorships, grants, and contributed services and property.

**THE 1180 SOCIETY** recognizes individual philanthropic leaders who make a significant impact on the Center by giving \$1,180 or more annually in unrestricted funds.

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Mr. William Krause  
Ms. Mary Landry  
Mr. & Mrs. Robert C. Larsen  
Ms. Carol A. Lash  
Mrs. Margaret P. Latham  
Ms. Marilyn Lawson  
Mrs. Edith F. Lewis  
Lynne Goldman Elements  
Ms. Marcia J. MacNaughton  
Dr. & Mrs. Leo Mallek  
Ms. Marilyn D. Marshall  
Mrs. Elizabeth F. McLernon  
Ms. Terri Mead  
Mr. & Mrs. Israel Menchero  
Ms. Allison Mitchell  
Mona Lisa Pasta  
Monticello Media  
Mrs. Barbara Morin  
Dr. & Mrs. David L. Morris  
Mr. James B. Morris  
Ms. Carla Mullen  
Ms. JoAnn Murray  
Neroli Spa & Apothecary  
The Newsplex  
Mr. Tim O'Kane  
Ms. Rozanne D. Oliver

Omni Richmond Hotel  
Palladio Restaurant  
Panera Bread - Hollymead  
The Paramount Theater  
Mrs. Altha M. Parr  
Ms. Judith A. Pateman  
Peace Frogs Travel/Outfitters  
Pepperidge Farm  
Ms. Maria Peter  
Dr. & Mrs. Arnold B. Popkin  
Ms. Sally Powers  
Ms. Maria Puente-Duany  
Mr. Patrick Punch  
Mr. Warren C. Quillian  
Mrs. Marjorie C. Ratcliffe  
Red Pump Kitchen  
Ms. Harriet Resio  
Richey & Co. Shoes  
Mrs. Regina Rivello  
Ms. Martha L. Roberts  
Mrs. Norma L. Rodriguez  
Mr. Edward D. Russell Jr.  
Sam Miller's  
Carmella & Ernest\* Sardi  
Scarpa  
Mr. & Mrs. Kent Schluskel  
Mr. Gerald Schreck\*  
Ms. Dawn Schultz  
Ms. Sherry Sinarad  
Mr. David B. Smith  
Mrs. Sondra B. Snow  
Snow's Garden Center  
Speak! Language Center  
Captain & Mrs. Peter A. Stark Jr.  
Mr. & Mrs. William F. Steigman Jr.  
Stonefire Kitchen & Catering  
Mr. & Mrs. Glenn E. Stoner  
Mr. & Mrs. Robert E. Storck  
Tavola Restaurant  
JJ Towler  
Mrs. Patricia Travers  
Valley Office Machines  
E. A. & Robert Van Orden  
Virginia Eagle Distributing Company LLC  
Virginia Opera  
Ms. Barbara H. Vogeley  
Mr. Chris Von Frieling  
Ms. Kimberly Warschaw  
Ms. Sally A. Watson  
Ms. Susan E. Watts & Mr. Gregory A. Smith  
Mrs. Linda H. Weaver  
Westminster-Canterbury of the  
Blue Ridge  
Mrs. Mary C. Wheeler  
Mrs. Sharon White  
Mrs. Jane M. Whitworth  
Whole Foods Market  
Mrs. Laura S. Williamson

**GIFTS IN HONOR OF ...**

23rd Anniversary of 1180 Pepsi Place  
by: Ms. Caryl A. Mueser  
AARP Volunteer Tax Preparers  
by: Ms. Joanne R. Billups  
Ms. Jessie Branciforte  
Mrs. Melva D. Jarrell  
Ms. Joyce McDaniel  
Mr. Richard Raemsch  
Ms. Shaina Phillips  
Albemarle Carvers  
by: Mrs. Joan E. Gore

Liz Allan & the entire Grand Gala  
Committee  
by: Mr. & Mrs. Robert E. Whitworth  
George & Susan Allen  
by: Dotty & Larry Brown  
Dorothy E. "Dot" Cagley  
by: Mrs. Melva D. Jarrell  
Margaret Fitch for her service as a  
Notary Public  
by: Ms. Olga Jareb  
Mrs. Natalie J. Rinker  
Albert N. Falcone  
by: Home Instead Senior Care  
Ms. Roberta M. Hysell  
Mr. & Mrs. John A. Stalfort III  
Bruce J. Garretson  
by: An Anonymous Friend  
Joe & Sally Gieck  
by: Ms. Elizabeth Woodard  
James Timothy Kauffman  
by: Mr. & Mrs. James M. Kauffman  
Mark W. Johnson  
by: Mrs. Kirstin Fritz  
D. Vincent McMullen II  
by: Mrs. Nobuko Asai  
James & Brenda Myers  
by: Mr. & Mrs. James M. Kauffman  
Lesley L. Myers  
by: Mr. & Mrs. James M. Kauffman  
Melissa & John Schrock  
by: Mr. & Mrs. James M. Kauffman  
The Second-Wind Band  
by: The Earlysville VFW – Post 2044  
The Second-Wind Band's 20th  
Anniversary  
by: Mrs. Cynthia Rikhye  
Senior Center Members & Staff  
by: Mrs. Betsy Bean  
Senior Center Staff  
by: Mrs. Betsy Bean  
Mr. Peter M. Thompson  
Zohra Siddiqui  
by: Mrs. Bette D. Flickinger  
James W. Simmons  
by: Ms. Carlin S. Camp  
Leonard C. "Clay" Sisk  
by: An Anonymous Friend  
Mrs. Bowie R. Carpenter  
Ms. Dale Walden  
Ms. Kathy Watkins  
Her Staff at the Senior Center  
by: Ms. Jennifer M. Ayers  
Charles G. "Chuck" Tewksbury  
by: Nancy & Richard Moore  
Peter M. Thompson  
by: Ms. Mary Ann Parr &  
Mr. Dennis Woodriff  
Ms. Maria Puente-Duany  
Ms. Dawn Schultz  
Mr. & Mrs. Robert Viccellio

David H. Whitcomb  
by: Mr. & Mrs. William Kahn

**GIFTS IN MEMORY OF ...**

Ann R. Antrobus  
by: Mr. Charles L. Antrobus  
Bruce Baumgartner  
by: Mrs. Elizabeth A. Allan  
Edwina Blankenbaker  
by: Dr. Walter L. Blankenbaker  
Lowell D. Bishop  
by: Mrs. Betsy Bean  
Mrs. Eleanor A. Bishop  
Ms. Susan O. Marcell  
Everett S. Boggs  
by: Mrs. Margaret J. Boggs  
Frances M. Brittingham  
by: Mr. Albert N. Falcone  
Grace Byers  
by: Mrs. Linda B. Graves  
Dale A. Chadwick  
by: Ms. Margie H. Adamson  
Mrs. Gayle Y. Barron  
Mrs. Betsy Bean  
Mrs. Betty L. Bollendorf  
Ms. Lois A. Brown  
Mr. & Mrs. Frank Cardella  
Mrs. Norma Chadwick  
Mr. & Mrs. Donald E. Clark  
Ms. Joan P. DeLong  
Judith B. & Michael G. Ely  
Mr. Albert N. Falcone  
Mrs. Margaret Haugen  
Ms. Roberta M. Hysell  
Mrs. Phyllis D. Jackson  
Mr. William Krause  
Mr. & Mrs. Wendell H. Lee  
Ms. Tait S. Livingood  
Ms. Terry Montgomery  
Ms. Caryl A. Mueser  
Mrs. Cheryl M. Ragland  
Susan & Lloyd Raupp  
Ms. Barbara Reid  
Mrs. Loretta Reilly  
Mr. & Mrs. Gilbert W. Roy  
Mr. & Mrs. Claude A. Sandy  
Carmella & Ernest\* Sardi  
Mr. & Mrs. Bruce W. Saunders  
Mr. Ernest A. Schmitt  
Mr. Peter M. Thompson  
Mr. & Mrs. Leonard I. Tuchyner  
Mr. & Mrs. William G. Vollrath  
Mr. Robert A. Watson  
Ms. Susan Watts  
Mrs. Darien Wei  
Mr. & Mrs. Robert E. Westbrook  
Mr. Jon Beverly Whitlock  
Ms. Doreen K. Wills  
Ramona J. Chapman  
by: Mr. Jon Beverly Whitlock  
Patricia Ann Cochrane  
by: Ms. Elsie M. Barnd  
Phyllis Cohen  
by: Mr. Albert N. Falcone  
Betty Coogan  
by: Mr. Cecil Floyd, Jr.





Lorraine M. Cote  
by: Ms. Margie H. Adamson  
Mr. & Mrs. Robert E. Westbrook

Lonnie B. Dickens  
by: Mrs. Mary J. Dickens

Manuel "Mike" Dominguez  
by: Mrs. Maria Dominguez Chapel

Perry W. Dumez  
by: Mr. Albert N. Falcone

Herbert W. "Bud" Eismann  
by: Mr. Stephen W. Cooley

Robert William Emerson  
by: Ms. Patricia A. Pomeroy

Robert C. Ernst  
by: Ms. Caryl A. Mueser

Faith E. Fell  
by: Mr. Albert N. Falcone

Virginia B. Fife  
by: Ms. Enid Krieger  
Ms. Susan Seidler &  
Mr. Robert O. Whaley, Jr.  
Mr. Peter M. Thompson

Her parents Josephine & Robert Flood  
by: Ms. Mary G. Flood

Eddie L. Floyd  
by: Mr. Delton Lee Everton, Jr.

Thelma B. Geer  
by: Mrs. Betsy Bean  
Ms. Caryl A. Mueser  
Ms. Beth E. Shatin  
Ms. Jean L. Zoumaris

Ms. Catherine Gibson  
by: The members of Tops #VA537

Luther Y. Gore  
by: Mr. Frank Feigert

John D. Hague  
by: Mr. Albert N. Falcone

Katharine Hancock  
by: Mr. Philip Porter

Diane Harrell  
by: Mrs. Lula B. Bolden  
Ms. Susan E. Watts  
Mr. Jon Beverly Whitlock

Margaret "Peggy" Harris  
by: Mr. & Mrs. Robert E. Westbrook

Dorothy R. Hobbs  
by: Addison S. Hobbs

Katherine E. Hollifield  
by: Ms. Sarah P. Hendley  
Mr. James E. Hollifield  
Mr. & Mrs. George R. Larie  
Ms. Mary W. Reiman  
Ms. Nancy P. Snow  
Mr. Peter M. Thompson

Jessie T. Hook  
by: Dr. & Mrs. Freeman Cary

Margaret Jones  
by: Mr. & Mrs. Frank Cardella

Jacqueline "Jackie" Kenamer  
by: Ms. Caryl A. Mueser

Kitty L. Landess  
by: Mr. Fred S. Landess

Donald Lederman  
by: An Anonymous Friend

Eleanor B. "Ellie" Malmfeldt  
by: Mr. Peter M. Thompson

Christine J. Maslyk  
by: Mr. Cecil Floyd, Jr.  
Ms. Caryl A. Mueser

Shirley H. McDaniel  
by: Mr. James F. McDaniel, Jr.

Thomas N. Mullen  
by: Mrs. Betsy Bean

Nancy B. Neikirk  
by: Mr. Jon Beverly Whitlock

Matthias "Matt" Neumark  
by: Mr. & Mrs. Ken Digges  
Ms. Dorothy Gribas  
Ms. Lois C. McKenzie  
Ms. Caryl A. Mueser  
Mr. & Mrs. Hugh Nelson

Jean Oakley & Rosemary Jarman  
by: Anonymous Friends

Sam W. Parker  
by: Mrs. Edith H. Parker

Mary V. Paton  
by: Mr. James Paton

Mary P. Reese  
by: Mrs. Elizabeth A. Allan  
Ms. Margie H. Adamson  
Drs. Kathleen & Edgar Ansell  
Mrs. Betsy Bean  
Mrs. Peggy Boggs &  
Ms. Sara Price  
Mrs. Lula B. Bolden  
Mrs. Betty L. Bollendorff  
Mrs. Alice Brady  
Mrs. Elise K. Brigham  
Mrs. Suzanne J. Brooks  
Ms. Lois A. Brown  
Mrs. Barbara A. Cage  
Mr. & Mrs. Frank Cardella  
Norma & Dale\* Chadwick  
Mr. & Mrs. William B. Eure  
Mr. Albert N. Falcone  
Mr. & Mrs. Donald W. Foss  
Mrs. Kirstin Fritz  
Mr. & Mrs. Edwin E. Gatewood, Jr.  
Ms. Nancy C. Grim  
Mr. & Mrs. Charles A. Grossmann  
Mrs. Margaret Haugen  
Mrs. Dawn Heneberry  
Mr. & Mrs. Harold Hopkins

Mr. & Mrs. Willie L. Holt on behalf  
of the Holt-Tinsley family  
Mrs. Phyllis D. Jackson  
Ms. Claire A. Johnson  
Mr. Bruce Keith  
Mrs. Susan W. Lewis  
Ms. Mary Loose DeViney  
Mrs. Lillian P. Marsden  
Ms. Barbara A. Millar  
Mr. & Mrs. Henry N. F. Minich  
Mrs. Jennie Sue Minor  
Mr. Ronald A. Mohr  
Mr. & Mrs. Donald R. Morin  
Ms. Caryl A. Mueser  
Ms. Carol Hurst &  
Mr. Jon O. Nafziger  
Mrs. Linda Perriello  
Mr. & Mrs. Wayne Riddle  
Ms. Susan W. Roberts  
Dr. Mary Anna Rushia\*  
Ms. Sandra C. Russell  
Mr. & Mrs. Bruce W. Saunders  
Ms. Dawn Schultz  
Ms. Diana M. Seay  
Senior Center Party Bridge Group  
Ms. Zohra Siddiqui  
Ms. Martha Sikes  
Mr. & Mrs. Philip Sparks  
Mr. Charles R. St. Clair III  
Ms. Ruth L. Stone  
Peter M. Thompson  
JJ Towler  
Mr. & Mrs. Leonard I. Tuchyner  
Ms. Lorraine Wallenborn  
Ms. Susan E. Watts  
Mr. & Mrs. Robert E. Westbrook  
Mr. Jon Beverly Whitlock  
Dr. & Mrs. Morton C. Wilhelm  
Ms. Jean L. Zoumaris

Edwin L. Rushia  
by: Dr. & Mrs. Albert L. Huber

Edwin L. & Mary Anna Rushia  
by: Mrs. Alice Brady  
Ms. Caryl A. Mueser  
Mr. & Mrs. Robert E. Westbrook

Mary Anna Rushia  
by: Anonymous Friends  
Ms. Margie H. Adamson  
Mrs. Elizabeth A. Allan  
Atlas Wealth Management  
Ms. Lois A. Brown  
Mrs. Barbara Cannon  
Mr. & Mrs. Donald E. Clark  
Dr. & Mrs. James W. Craig  
Mrs. Jayleane Drucker  
Mr. & Mrs. William W. Dunn  
Mr. Albert N. Falcone  
Mr. & Mrs. Donald W. Foss  
Ms. Jacqueline C. Groiss  
Dr. & Mrs. Albert L. Huber  
Ms. Maxine F. Lorence  
Bonnie G. & Scott A. Morton  
Mrs. Priscilla A. Reed  
Mr. & Mrs. William S. Rich, Jr.  
Mrs. Dorothy H. Richards  
Ms. Susan W. Roberts  
Mr. & Mrs. Joseph Robinson  
Mr. & Mrs. Ronald B. Root  
Mr. & Mrs. Gilbert W. Roy  
Mr. & Mrs. Bruce W. Saunders  
Ms. Martha Sikes  
Mrs. Bobbie J. Thompson  
Mr. Peter M. Thompson  
Mr. Jon Beverly Whitlock

Gerald "Gerry" Schreck  
by: Mrs. Lynne Brewer  
Mrs. Kirstin Fritz  
Mrs. Margaret Haugen  
Ms. Caryl A. Mueser  
Mr. Peter M. Thompson

Betty Seibert  
by: Ms. Patricia Allinson

Senior Center Golf Group members  
John J. Vlasis, Gerald Schreck, Edith  
L. Grinde, Arthur J. Cohen, William G.  
"Bill" Eley, Gerry Danis, Calvin E. "Cal"  
Loving & Nancy K. Vayvada  
by: Senior Center Golf Group

Gregory E. Seay  
by: Mrs. Betsy Bean

David L. Silburn  
by: Mr. Albert N. Falcone

Elizabeth Adah M. Stump  
by: Mrs. Carol D. Aldridge  
Miss Jean Baker  
Mrs. Mary A. Barnabei  
Mrs. Carnice Lee Berti  
Blue Ridge Executive  
Transportation  
Ms. Mary V. Bryant  
Mrs. Janice L. Circle  
Vi & Pete Crawford  
Mrs. Faye M. Davis  
Mrs. Agnes M. DeBellis  
Ms. Sandra R. Derr  
Falconer Construction Company  
Jean & Don Foss  
Ms. June Carter Foster  
Mr. Gary A. Gayon  
Fellowship of Christian Athletes  
Mrs. Anne D. Hopper  
Ms. Diane E. Huntley  
Mr. Arthur Louis Kreiner  
Debbie & Tim Lee  
Ms. Marilyn B. Lutz  
Mrs. Faith M. Minyard  
Yvonne & Jon Rockett  
Ms. Sandra C. Russell  
Ms. Mary S. Shore  
Ms. Sherry Sinard  
Ms. Sandra Smith  
Brenda & Bill Steigman  
Mr. Peter M. Thompson  
Mr. Harry H. Young

Paul A. Tolar  
by: Mrs. Kirstin M. Fritz

Mildred Stoneburner Travis  
by: Mrs. Dorothy H. Richards  
Ms. Patty C. Saul

Eleanor G. Tremblay  
by: Mrs. Hovey S. Dabney  
Mr. Laurence Gardner II  
Lexie & Eugene McVey  
Mr. & Mrs. Richard L. Nunley  
Mr. & Mrs. Dennis Rooker  
Mr. Peter M. Thompson  
Mr. & Mrs. J. Page Williams

Nancy K. Vayvada  
by: Mrs. Margaret J. Boggs

Anne R. Waldner  
by: Ms. Wendy Waldner Flynn

Mary Burke Wagner  
by: Mrs. Beverly B. Ogilvie

\*Deceased

# Thank you!

## FRANCES JEAN ROBEY LEGACY

**SOCIETY** recognizes individuals who have included the Senior Center in their estate plans with a bequest or deferred gift, such as a charitable remainder trust, or designation of the Center as the beneficiary of a retirement plan or life insurance policy. The Senior Center gratefully acknowledges the following donors' commitment to ensuring that the Center can offer our community opportunities for healthy aging well into the future. (As of August 1, 2015)

Anonymous Friends  
Willis F. Abbey  
Elizabeth A. "Liz" Allan  
Kimberlee & David Barrett-Johnson  
Patricia C. Cook  
Carol & Bruce\* Copeland  
Violet & Peter Crawford  
Raymond E. East  
Vicky & Lawrence Eicher  
Joe H. Gieck  
Betty Gore  
Hansie Haier  
Inge & Carl\* Hull  
Phyllis D. Jackson  
Bruce Keith  
Jane M. Lynch  
Ronald A. Mohr  
Joanne M. Phillips  
Randy Rinehart  
Mary Anna\* & Edwin\* Rushia  
Dawn Schultz  
Peter M. Thompson  
Charles E. Walker, Jr.  
Jon Beverly Whitlock  
Jane M. Whitworth  
Thomas F. Wingfield

If you have made a planned gift to benefit the Senior Center, we hope you will share that with us so we may include you in the Robey Society. We are happy to provide information about planned giving options. Please contact Peter Thompson at 434.974.7756 or [peter@seniorcenterinc.org](mailto:peter@seniorcenterinc.org).

## CAPITAL CAMPAIGN FOR THE

**CENTER AT BELVEDERE** includes gifts and pledges in support of our vision for the future of healthy aging in the Charlottesville region. (through August 1, 2015)

*\$1,000,000 and above*

Anonymous Friend

*\$500,000–\$999,999*

Anonymous Friend

*\$250,000–\$499,999*

20th Century Merchants Fund of CACF  
Genan Foundation  
Sally & Joe Gieck  
Perry Foundation, Inc.  
Woodson Charitable Trust

*\$100,000–\$249,999*

Anonymous Friends  
Estate of Mrs. Janie Caldwell  
Charlottesville Parking Center, Inc.

Mrs. Lynn D. Conboy  
Estate of Mrs. Martha B. Lowrance  
Mr. & Mrs. Richard Nunley  
The Wheeler Family

*\$50,000–\$99,999*

James & Patricia Berry  
The Charles Fund  
Edith H. Parker

*\$25,000–\$49,999*

Anonymous Friend  
Elizabeth Allan  
Better Living Foundation  
Maxine & Henry Burton  
Pepsi-Cola Bottling Company of Central Virginia  
The Stalfort Family  
Peter M. Thompson & Barbara A. Millar  
Tiger Fuel Company  
Wells Fargo  
Roberta Bell Williamson  
Betty & David Whitcomb

*\$10,000–\$24,999*

Willis F. Abbey  
David & Kimberlee Barrett-Johnson  
I.J. & Hilda M. Breeden Foundation  
Estelle W. Echols  
Jolene C. Green  
Constance Hallquist & Brian Cowan  
Estate of Margaret "Peggy" Harris  
Ted & Dawn Heneberry  
Katherine Hollifield\*  
Home Instead Senior Care  
Mr. & Mrs. James M. Kauffman  
Barbara & Jay Kessler  
Fred S. Landess  
Bill McDermott  
Gregory A. Menke  
Mental Health Services Fund of the CACF  
Joe & Norma Miller  
Mary P. Reese\*  
Rotgin Family Fund of CACF  
Rodney Rullman  
Bruce & Jocelyn Saunders  
Virginia Tahboub  
Virginia National Bank  
Bob and Jane Whitworth  
Woodard Properties

*\$5,000–\$9,999*

Byrd W. Abbott  
Margaret "Peggy" Boggs  
David Bowerman  
Robert D. Brugh  
Lena & Gene Corrigan  
Joy & Whitman Cross  
Caroline & Ray East  
Emmanuel Episcopal Church  
Cecil R. Floyd, Jr.  
Mary Lynn Fowler  
Mr. & Mrs. Robert L.V. French  
GE Foundation  
Gwathmey Memorial Trust  
William L. Hodson  
James Hollifield  
Betty & Harold Hopkins  
Mr. & Mrs. Robert M. Huff  
Huffman Family Fund in the CACF  
Mr. & Mrs. James M. Marshall  
Randolph R. Rinehart  
Robinson, Farmer, Cox Associates  
Edwin Linn Rushia, Jr.

Robert Rushia  
Dr. & Mrs. White McKenzie Wallenborn

*\$1,000–\$4,999*

Drs. Ed & Kay Ansell  
Elizabeth H. Bean  
Dr. George Beller & Kakie Brooks  
Lynn A. Bradley  
Mr. & Mrs. E. Richard Brownlee  
Robert D. Brugh  
Patricia C. Cook  
Crafty Ladies of the Senior Center  
Dominion Foundation Matching Gift Program  
Dunstan Fund of CACF  
Jean & Donald Foss  
Mr. & Mrs. Edwin E. Gatewood, Jr.  
Kirstin & Paul Fritz  
Joan & Luther\* Gore  
Janet & Cole Hendrix  
Mr. & Mrs. Charles A. Grossmann  
Bruce Keith  
Laura & Jonathan Keohane  
Jackie & Eric Martin  
Ralph A. Miller  
Ronald A. Mohr  
Lisa & Don Morin  
Linda G. Perriello  
Linda & Ted Verhagen  
James C. Walker  
Vivian Wade  
Watterson Foundation  
Jon Beverly Whitlock  
Randi & Randy Whitlow  
R.E. Lee & Son Inc.  
Trula & John Wright

*\$999 and under*

Anonymous Friends  
Abidin Family Fund of CACF  
Margie H. Adamson  
Carol D. Aldridge  
Jean Baker  
Mary A. Barnabei  
Carnice Lee Berti  
Lula B. Bolden  
Betty L. Bollendorf  
Alice Brady  
Elise K. Brigham  
Suzanne J. Brooks  
Lois A. Brown  
Mary Bryant  
Pamela Jean Burke  
Mr. & Mrs. Gordon C. Burris  
Barbara Cage  
Linda & Frank Cardella  
Norma & Dale\* Chadwick  
Janice Circle  
Mrs. Carol Copeland  
Violet & Peter Crawford  
Culbertson Foundation  
Faye Davis  
Agnes DeBellis  
Mary Loose Deviney  
Christine & Brad Eure  
Albert N. Falcone  
Patricia A. Ford  
June Carter Foster  
Pat & Randy Gore  
Nancy Grim  
Michael Guthrie  
Marge Haugen  
Dana & Bill Henderson  
Mr. & Mrs. Willie L. Holt  
Anne D. Hopper  
Diane Huntley  
Phyllis D. Jackson  
Patricia B. Jensen  
Georgia D. Kegley

Arthur Louis Kreiner  
Debbie & Tim Lee  
Susan W. Lewis  
Jack Looney  
Mr. & Mrs. Robert C. Lorish  
Barbara S. Lundgren  
Marilyn Lutz  
Lillian P. Marsden  
Cliff Maxwell & Lisa Eorio  
Jennie Sue Minor  
Mr. & Mrs. Henry N.F. Minich  
Faith Minyard  
Caryl A. Mueser  
Jon O. Nafziger  
Morgan Peyton  
Jan & John Redick  
Mr. & Mrs. Wayne C. Riddle  
Susan W. Roberts  
Arnthia Ross  
Dr. Mary Anna Rushia\*  
Sandra C. Russell  
Allison & Tom Schildwachter  
Dawn Schultz  
Diana M. Seay  
Senior Center Party Bridge Group  
Mary S. Shore  
Zohra Siddiqui  
Martha Sikes  
Sherry Sinard  
Sandra Smith  
Julie & Phil Sparks  
Chuck St. Clair  
Brenda & Bill Steigman  
Ruth Stone  
George Thompson  
JJ Towler  
Mr. & Mrs. Leonard I. Tuchyner  
Donna & Bob Tucker  
Jean B. Turrentine  
Judith H. Walker  
Susan E. Watts  
Mr. & Mrs. Robert E. Westbrook  
Leslie & Harvey Wilcox  
Dr. & Mrs. Morton C. Wilhelm  
Elizabeth Woodard  
WW Associates  
Jean L. Zoumbaris

## Gifts In Kind

Barb Wired LLC  
Kakie Brooks & George Beller  
Melba & Brian Campbell  
Chris & Brad Eure  
Constance Hallquist & Brian Cowan  
King Family Vineyards  
Larry McElwain  
Matthews Development Company, LLC  
Lisa & Don Morin  
Linda Perriello  
Julie & Phil Sparks  
The Reserve at Belvedere



If your name has been omitted in error, please contact Development Director Kirstin Fritz at [kirstin@seniorcenterinc.org](mailto:kirstin@seniorcenterinc.org) or 434.974.7756 so that we can make the correction.



# Financial Data for Fiscal Year 2015

April 1, 2014–March 31, 2015 | Operating and Capital Campaign

The Senior Center receives no funding from local, state, or federal governments. The Center is sustained financially through diverse revenue streams from both philanthropy and earned income. Program services to create opportunities for healthy aging in our community account for 77% of the Center's expenses.

## Revenue

● Contributions	\$1,669,036 *
● Membership Dues	173,517
● Program & Travel	209,555
● Fundraising Events	225,139
● Grants	70,100
● Rentals	51,946
● In Kind	50,626
● Other	58,434

**Total revenue** **\$2,508,353\***

\* Includes \$1,293,764 in temporarily restricted contributions to the Campaign for the Center at Belvedere, the Scholarship Fund, the Program Fund, and other capital projects.

## Expenses

● Program Services	\$991,835
● Fund Development	300,308
● Administration & General	143,741

**Total expenses** **\$1,435,884**

## Assets

● Cash & Cash Equivalents	\$209,332
● Seabrook Endowment	339,673
● Other	1,004,390
● Land & Facility	3,826,213 **

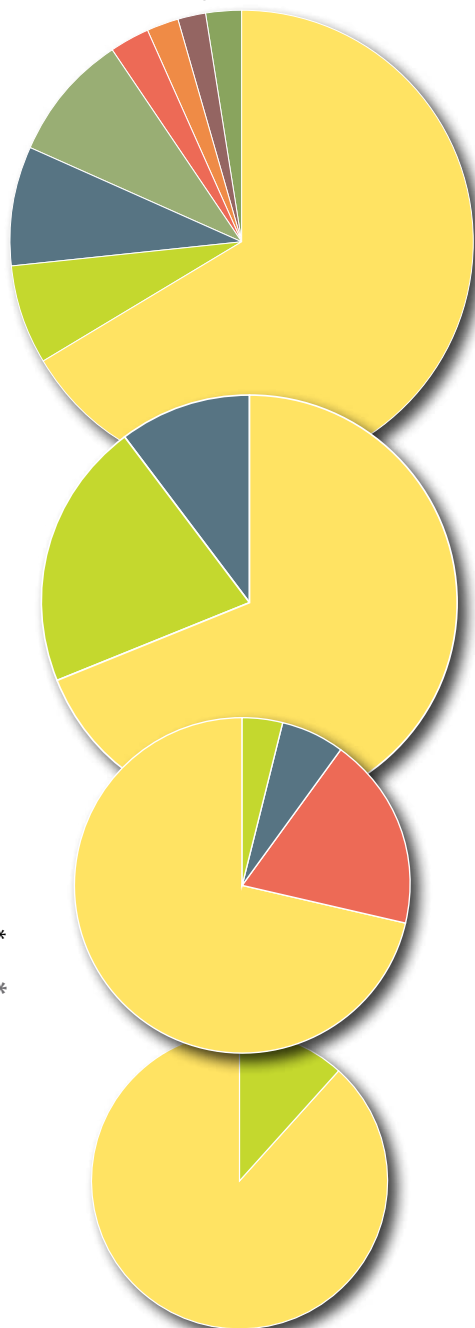
**Total assets** **\$5,379,608\*\***

\*\* Includes The Center at Belvedere property.

## Liabilities & Equity

● Liabilities	\$632,573
● Equity	4,747,035

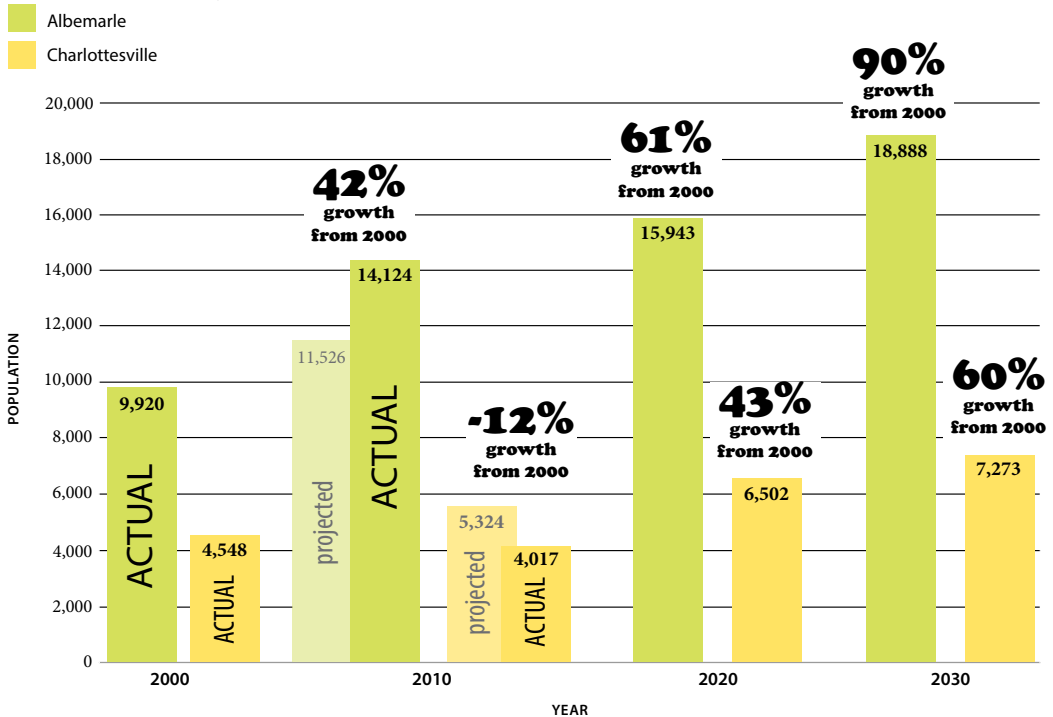
**Total liabilities & equity** **\$5,379,608**



Senior Center, Inc. is a 501 (c)(3) nonprofit charitable organization. Contributions are tax-deductible within the extent of applicable law. The independent audit conducted by Robinson, Farmer, Cox Associates was unqualified. Both the audit report and IRS form 990 are available at [seniorcenterinc.org](http://seniorcenterinc.org) or by request to Senior Center, Inc. The Center is nationally-accredited, meeting all the fiscal standards of the National Institute of Senior Centers.

# future opportunity

## ALBEMARLE COUNTY & CITY OF CHARLOTTESVILLE Projected Growth in Senior Population 65 and Older, 2000–2030



By 2030, the number of adults over 65 in the Charlottesville area will double, increasing the need for programming and facilities. Planning and funding for our future home is underway. Visit [thecenteratbelvedere.org](http://thecenteratbelvedere.org) to learn more.

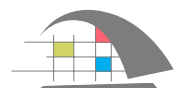
Classrooms & technology will strengthen collaborative programming.

Gymnasium with elevated walking track will promote activity for all ages.

Performance & rehearsal space will enhance arts participation.

Spaces inside and out will foster essential social interaction.

Volunteer center will bolster civic engagement and community nonprofits.



**THE CENTER  
AT BELVEDERE**

Healthy Aging is a Community Endeavor



## Stay in touch!

Check us out online:

[www.seniorcenterinc.org](http://www.seniorcenterinc.org)

Subscribe to our weekly email:

check the footer on our web pages

Visit us at 1180 Pepsi Place

Call us at 434.974.7756

Like us on Facebook:

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Listen in:

WCHV (8:35 am Mondays)

WINA (8:55 am Wednesdays)

Watch:

NBC29 News at Noon (12:35 pm Thursdays)

# *the* Mission

To positively impact our community by creating opportunities for healthy aging through social engagement, physical well-being, civic involvement, creativity, and lifelong learning.

# *community outcomes*

Outcomes from everyday activities at the Center have meaningful results for our community.

- Programs that support active aging
- Partnerships with area organizations
- Volunteers for other nonprofits
- Meeting space for community groups
- Community and civic engagement
- Awareness of aging issues

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**HEALTHY AGING**  
**never gets old**



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