



Thursday 2 April 2020 Volume 19: Issue 5

### Community Connections #1

What does *learning at home* look like in your house/apartment?

	DAY 1	DAY 2	DAY 3	DAY 4	MID SCORE
How many 'jump squats' in 30 sec?	22	19	22	25	25
How many 'burpees' in 30 sec?	8	7	7	7	8
How many 'wall sits' in 30 sec?	14/15	16	16	14	16
How many 'sit ups' in 30 sec?	13/14	14	13	15	15
How many 'bicep curls' in 30 sec?	16	20	24	24	24
How long can you hold a plank position?	1:31	1:45	2:12	2:14	2:14

Graph your results in any way you want.  
Get Creative  
or  
Teach yourself how to use Excel.



# From your Principal

## Staffing

Mr Foley returns from extended leave on Monday in Week 11. Thank you to Harry who has worked casually as our General Assistant over the past 4 weeks. Mrs Williams returns from leave at the beginning of Term 2. Thank you to Mrs Gibson, Miss Colley and Mr Dalamagas who have relieved as Deputy Principal and Assistant Principals during this time. Ms Allsopp will be on extended leave during Term 2 and Mr Shaw will be teaching Year 5 Science and Technology.

## Technology access

If your child has limited access to technology while *learning at home* please contact the school.

## End of term 1

There has been a number of disasters, complexities and crises over the course of this term - drought, bushfires, floods and now COVID-19. We have all been impacted and affected in different ways but I am incredibly proud of the Newington Public School Community and the amount of support and kindness shown over the past 10 weeks. Next Thursday is the last day of Term 1. We look forward to another term of learning, however that may look.

Greg Weeks  
Acting Principal



# From your Deputy Principals

## Deputy Principal Awards

**Congratulations** to these students who have earned themselves Deputy Principal awards for their special efforts:

- ◆ Stella, Zahra, Lara and Rachel (4S) - for their information reports on renewable energy
- ◆ Jay (4A) - for his impressive homework creating an energy sources poster

## Learning From Home Deputy Principal Awards

**Congratulations** to the following students who have shown resourcefulness, application and effort when working from home:

- ◆ Tanner and Arya [5C] -for their Rube Goldberg videos
- ◆ Isaac [1O] - for his effort in finding parallel, vertical and horizontal lines in his bedroom
- ◆ Patrick, Emma and Zane [2D] - for the outstanding effort to completing CLP tasks
- ◆ Lewis, Damla, Yagmur [2GO] - for their amazing puppet creations



## Impressive Results With Our Online Learning Platforms

Over the last week we have seen a shift in the way we deliver and interact as a school community that is unrivalled in its speed and practices. The online learning platforms that have always complemented learning at Newington Public School, have now become crucial in keeping us connected. It has been a steep learning curve for all of us, with impressive results and participation from our student body.

This week has seen all classes join, connect and deliver messages through Class Dojo. Our Continuity of Learning Plans have been shared through Class Dojo and eNews, K-3 students have been uploading their work through the Portfolio section in Class Dojo and 4-6 students have been sharing work through Google Classrooms.



Participation in our online learning platforms has been phenomenal. MyOn, a digital library website, recorded our students in grades 2-6 reading 2290 books. Last week we saw students completing a staggering 1168 hours and 34 minutes of time logged in to Mathletics. Students have earned more Mathletics certificates in the last week than they did in Weeks 1-8 combined! Well done to all students on your efforts and participation in your learning this week.

Participation								CERTIFICATES			USAGE			
All years	ACTIVITY POINTS	LIVE POINTS	TOTAL POINTS	BRONZE	SILVER	GOLD				Sign-in	Time online	Activity points	Live points	
Kindergarten	71070	3019	74089	28	1	0	9 Gold			3151	1158h 34min	1095660	132360	
Year 1	99200	57156	156356	44	6	1	66 Silver							
Year 2	169700	30163	199863	65	10	1	433 Bronze							
Year 3	183910	10245	194155	79	14	1								
Year 4	251150	10834	261984	93	21	3								
Year 5	125930	17969	143899	50	7	1								
Year 6	194640	2174	196814	74	7	2								

Emma Gibson (R) and Natalie Lewis (R)  
Deputy Principals

# Bronze Awards

Congratulations to these recipients of Bronze Awards for Week 9 Term 1

Ian Jung

Jacob Ukardi

Mikayla Lees

Cooper Lees

Chloe Go

## Positive Behaviour for Learning

Everyone is respectful



Positive Behaviour for Learning is a framework that you might like to adopt at home to assist you and your children during this time. Defining expected behaviour contributes to a positive, predictable and supportive learning environment.

The first step in setting up any classroom is to define expected behaviours, which can be done most effectively through a behaviour teaching matrix.

It is important to define, teach and practice the behaviour that you want to see while students are *learning at home*. Consider using the same school-wide behaviour expectations that exist at NPS.

Everyone is safe



When defining the expected behaviour ensure that it is observable (you can see or hear it), positively started and written in student friendly language.

To get started you may use some of the following:

### Everyone is a learner

- Choose a distraction free space
- Ask your teacher through Class Dojo or Google Classroom if you need help
- Be involved in a positive way

Everyone is a learner



### Everyone is safe

- Be cyber smart
- Be in the right place at the right time

### Everyone is responsible

- Be on time and ready to learn
- Have your materials ready
- Follow the instructions on your CPL
- Be on-task and avoid multitasking

Everyone is responsible



### Everyone is respectful

- Act online as expected in person
- Cooperate with everyone; your parents, teachers and peers

It is important that you define expected behaviours that are applicable to your child's context and learning needs.

PBL – Learning at Home	
Everyone is a LEARNER	Everyone is RESPONSIBLE
Everyone is SAFE	Everyone is RESPECTFUL

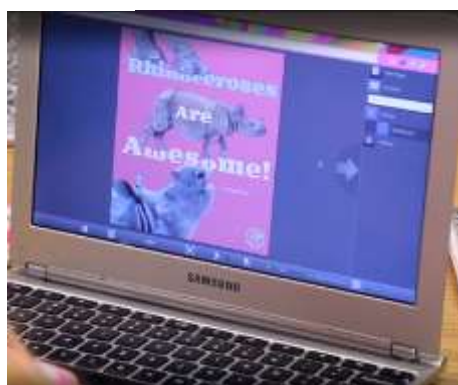
Newington Public School uses the myOn, by Renaissance, Reading resource. This digital library contains thousands of enhanced and age-appropriate titles and is a game changer in providing students with access to a personalised environment, matched to each individual learner's interests, grade and reading level.

While the role of the educator is imperative to student achievement, research supports using digital materials as a best practice in literacy that can personalise student learning, increase relevant instructional time and support differentiation to meet students' specific needs. Technology is a tool that motivates and provides equitable access for all kids.

# myOn



All students from Year 2 - 6 have access to myOn Readers using their Renaissance log in details. It is a great resource to allow access to a range of age appropriate texts whilst learning at home or school. Accounts are currently being set up for Kindergarten and Year 1.



Year 2 - 6 are currently completing reading tasks using my-On as part of their Continuity of Learning plans at home and at school. It is a great way to access a wide range of texts to continue practising reading.



## SPOTLIGHT ON LITERACY AND NUMERACY

## Why validation is the best parenting skill of all



POSITIVE PARENTING

by Michael Grose

WELLBEING AND MENTAL HEALTH

### Validation of a child's struggles helps them

Validating a child's struggles helps in a number of ways. It works to:

#### **Build deep connection**

Relationships built at the time of vulnerability go deep and are hard to break.

#### **Promote a child's wellbeing**

Validation helps kids feel safe, which is what 'worry warts' and anxious kids want. Lack of understanding rather than fear itself often impacts negatively on a child's happiness.

#### **Overcome disappointment and build resilience**

Validation encourages kids to give voice to their concern or disappointment and either takes steps to rectify it or move on.

#### **Develop emotional intelligence**

Parental validation models emotional intelligence for children and teens. It requires you to identify the emotions that may be behind their language or behaviour.

#### **Encourage empathy**

Validation requires you to stop, listen and get on the same wavelength as your child.

## Four steps to validating your child's emotions

Follow these steps when your child comes to you with their worries or concerns to make sure they feel understood.

### **Attend**

Stop what you are doing and give your child full attention.

### **Observe**

Listen with your eyes as well as your ears.

### **Reflect back their worries**

Get down to their eye level if necessary, saying something like, "I see you're really concerned about this."

### **Touch**

If appropriate, gently touch their shoulder or give them a hug when you speak to them. This will help them feel safe and comforted.

There's no better feeling for a child or teen who is struggling than knowing someone they value truly understands them.



#### **Michael Grose**

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



**Our P&C has an important job to do and we would love you to be a part of it**



We are still planning on starting the first phase of our Bluey's Loos Project during the school holidays.

The students have spoken and we have the decision to paint the Boys Toilet block walls Pastel Blue and the Girls Toilets Pastel Purple.

We have ordered brand new cubicle doors which are currently being constructed and these will be painted in complementary darker colours.

The next phase will be for students to come up with ideas on what to paint on their walls and doors. We will look at ways to still keep going with this part of the project during isolation.



# THANKYOU

A huge Thank You must go to our Executive Team and Teachers. The past few weeks have been challenging for us all and they have completely changed the way they deliver lesson content to our children in a matter of days. Also Thank You to those who are still at school each day.

Hopefully everyone at home is settling into a new routine. It's certainly a very different and stressful time so make sure you are taking care of yourselves as well.

At our home we are making good use of What's App and Zoom conferencing to stay in touch with our friends and family. It will be a very different Easter and Holiday time this year and a lot of people will be feeling very upset with celebrations, family get togethers and holidays all cancelled. Look after your loved ones, take time to destress and the end of the day think about 5 things you are grateful for. It can really help you change to a more positive mind set when you've had a tough day.

Kind regards,  
Michelle



## What's Coming Up?

- 3rd April: ~~2nd Hand Uniform Stall~~
- 7th May: Mother's Day Stall
- 12th May: AGM followed by P&C Meeting

Any questions/suggestions email us: [newingtonpublicschool@pandaffiliate.org.au](mailto:newingtonpublicschool@pandaffiliate.org.au)







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