

Community Psychology

Undergraduate Handbook

Community Psychology *B.S., BES*

Chemical Dependency *B.S.*

Community Psychology *Minor*

Community Psychology, Counseling and Family Therapy



SCHOOL OF
HEALTH AND HUMAN SERVICES
ST. CLOUD STATE UNIVERSITY

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**Department of Community Psychology, Counseling, and Family Therapy Department
School of Health and Human Services**

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Community Psychology resources: <http://www.stcloudstate.edu/cpcf/programs-undergrad/default.aspx>

Chemical Dependency resources: <http://www.stcloudstate.edu/programs/chemical-dependency/default.aspx>

Mission of Community Psychology

The mission of the community psychology program is 1) to prepare professionals to understand, empower and advocate for the well-being of diverse individuals, families, and groups, within the framework of their culture, and the community; 2) to offer curriculum and community experiences to prepare students competent to enter the work force as a bachelor's level practitioner or continue on for a graduate degree and 3) to be effective in working in a culturally diverse and global context.

Program Description

Community Psychology is an application of psychology that examines mental and behavioral health and relationships within the context of a person's needs, abilities and community. People are understood both from an individual and ecological/holistic/and system's perspective, thereby including the levels of individual, family, group, culture, institutions and community. The Community Psychology program emphasizes experiential learning, outreach and empowerment of underserved populations, and an ethic of giving back to the community. Graduates of this program may be employed in a wide variety of human service agencies, corporations, and government agencies or continue on for a graduate degree.

Psychology versus Community Psychology

The field of Psychology is exciting and varied. The American Psychological Association consists of 54 divisions, representing various interests and disciplines of study. SCSU has two undergraduate departments that provide degrees in the field of Psychology. The Department of Psychology, located in Whitney House 102, offers a B.A. in Psychology. The Department of Community Psychology, Counseling, and Family Therapy (CPCF), located in the Education Bldg. B210, offers a B.S. in Community Psychology and a B.S. in Chemical Dependency. Both programs prepare students for employment in the field and/or advanced degrees in Psychology and related disciplines. The major difference between the two programs is the concentration of courses. The focus of the Community Psychology, Counseling, and Family Therapy Department is to develop practitioner skills in the fields of Behavior Analysis, Counseling, Chemical Dependency, or Family Dynamics. All students complete either fieldwork or supervised internship, allowing students the opportunity to apply their skills and abilities in a variety of internship settings.

Undergraduate Degrees

The Community Psychology, Counseling, and Family Therapy Department offers students an opportunity to develop the skills necessary to pursue a career in the human service, counseling, and behavior analysis professions. Graduates of the Community Psychology program have also been employed in allied health professions and business and industry. In addition, students are prepared to continue their education through graduate programs in Psychology and related fields.

The Community Psychology, Counseling, and Family Therapy Department offers a Bachelor of Science in Community Psychology (CPSY), a Bachelor of Science in Chemical Dependency (CD), and a minor in Community Psychology. We also offer a more flexible BES in CPSY (Bachelor of Elective Studies). If interested in this option, contact the Advising Center to make an appointment with the BES advisor, Jerry Anderson.

<http://www.stcloudstate.edu/advising>

Degree Requirements

In order to graduate from SCSU with a B.S. degree it is necessary to complete the following:

- Complete a minimum of **120 Credits**. Regularly review your DARS report in e-services. Click on Grades and Transcript - Interactive Degree Audit Report (DARS) to track your progress.
- Complete at least **40 Credits** at the **300-400 Level**.
- Complete SCSU Liberal Education Program requirements.
- Complete 3 diversity courses. One must be a racial issues course.
- Complete the course requirements for the B.S. in Community Psychology Major, or B.S. in Chemical Dependency.
- Complete at least 30 Credits at SCSU, normally the last 30.
- Contact the Advising Center (320) 308-6075 for general advising questions.
<http://www.stcloudstate.edu/advising>
- **Apply for graduation (best done 2 semesters prior to graduation)**
- <http://www.stcloudstate.edu/commencement/apply.aspx>

* Transfer students may have completed some of these requirements at previous schools or may be exempted from them. **To find out which courses transfer, contact a member of the transfer team (<http://www.stcloudstate.edu/transfer/default.aspx>).**

Courses Required for 120 Semester Credits

The 120 credits required for graduation include: Liberal Education Program (40 credits), Major Courses, and either Minor Courses or University Electives.

<u>Major Course Requirements (Total Credits for Major)</u>	<u>Credits</u>
The B.S. in Community Psychology	44-53
The B.S. in Chemical Dependency	81

Minor and University Electives

Students completing the B.S. in Community Psychology will complete between 44 and 53 credits in their major (depending on the number of credits for CPSY 326 or CPSY 444). Students will also complete a total of 40 credits in the Liberal Education Program. Thus, students will complete between 84 and 93 credits of the 120 credits required to graduate. The remaining credits are completed as a Minor in another department or by taking additional courses as University Electives. A minor is not required for the B.S. in Community Psychology. Students completing the B.S. in Chemical Dependency do not need to complete a minor nor take additional University Electives.

Courses Requirements

BACHELOR OF SCIENCE – COMMUNITY PSYCHOLOGY MAJOR

Community Psychology Major (44 Credits)

Required Courses:

CPSY 101, 102, PSY 115, STAT 219, CPSY 262

CPSY 323, 324, 325, 330, 384, 433, 327 or 434, 326 or 444 or 445

CPSY 419, 476

Electives with consent of CPSY advisor

BACHELOR OF SCIENCE – CHEMICAL DEPENDENCY

Chemical Dependency Major (81 Credits)

Required Courses:

Community Psychology Courses:

CPSY 101, 102, PSY 115, STAT 219, CPSY 262, CPSY 323, 324, 324, 327, 330, 384, 433, CPSY 419, 476

Chemical Dependency Courses:

CPSY 402, 428, 437, 438, 439, 445, 446, 484

Students in the Chemical Dependency major can opt to double major in Community Psychology and Chemical Dependency.

COMMUNITY PSYCHOLOGY MINOR

The Community Psychology minor serves as an excellent complement to major fields such as Child and Family Studies, Criminal Justice, Psychology, Social Work, Women's Studies, and other fields.

Community Psychology Minor (26 Credits)

Required Courses:

CPSY 101, 102, PSY 115, CPSY 262, CPSY 323, 324, 330, 384, CPSY 419

Electives with the consent of CPSY advisor

BACHELOR OF ELECTIVE STUDIES – COMMUNITY PSYCHOLOGY

The BES is for those students who wish to develop their own programs of study within Community Psychology. BES students must complete the liberal education program. They should contact the Advising Center to make an appointment with the BES. advisor, Jerry Anderson.

<http://www.stcloudstate.edu/advising>

Students completing the BES. typically take a mix of on campus and online courses. Evening courses are also available. It may be possible to complete a BES in CPSY with online courses only but some courses are not available online and others are not available every semester. You must work closely with your faculty advisor.

BES in Community Psychology Major (36 Credits)

Completion of 36 credits in Community Psychology with consent of advisor.

University BES Requirements

To earn a BES degree, a student must satisfy the following requirements:

- Completion of a minimum of 120 semester credits with at least a 2.0 grade point average. Regularly review your DARS report in e-services. Click on Grades and Transcript - Interactive Degree Audit Report (DARS) to track your progress.
- Completion of the Liberal Education and diversity requirements.
- At least 40 semester credits of upper division (300/400 level) courses.
- **A maximum of 6 internship credits may be used as part of the 40 credit upper division requirement. Additional internship credits, however, may still be used as electives.**
- No more than 60 semester credits can be earned in any one discipline.
- A major and/or minor program is not required, but is encouraged. Students may complete majors and minors in those departments which indicate BES programs are available in the current Undergraduate Bulletin.
- Meet all residency requirements for St. Cloud State as outlined in the current Undergraduate Bulletin (30 semester credits at SCSU and the final 6 credits before graduation at SCSU).

Suggested courses for BES with a Community Psychology Major (courses may vary but must be CPSY):

CPSY 101	Applying Psychology
CPSY 323	Introduction to Counseling Theory and Practice
CPSY 330	Principles of Behavior
CPSY 384	Individual and Group Differences
CPSY 428	Psychodynamics of Family Relationships
CPSY 433	Applied Behavior Analysis I
CPSY 430	Seminar
CPSY 419	Professional and Scientific Ethics
CPSY 437	Foundations of Addictions

CPSY 444 Internship or CPSY 326 Fieldwork
CPSY 476 Research Methods in Applied Psychology (fulfills upper division writing requirement)

Suggested Course Sequence for B.S. in Community Psychology

NOTE: Course offerings are determined by faculty teaching load and student enrollment, actual course schedules for each semester may vary.

	<u>Course Title</u>	<u>Credits</u>
1 st Semester		
CPSY 101	Applying Psychology	3
CPSY 102	Applying Psychology Lab (take 101 & 102 the same semester if possible)	1
PSY 115	Intro to Psychology	3
CPSY 262	Human Growth and Development	3
2 nd Semester		
STAT 219	Statistics for the Social Sciences [Prereq. STAT 193 (preferred), or MATH 193 with a grade of C- or better]	3
CPSY 323	Intro to Counseling Theory and Practice (Prereq: CPSY 101) (CPSY 323 & 324 must be taken together with the same instructor)	3
CPSY 324	Intro to Counseling Theory and Practice Lab (CPSY 323 & 324 must be taken together with the same instructor)	1
CPSY 330	Principles of Behavior	3
3 rd Semester		
CPSY 325	Helping Skills (Prereq. CPSY 102, 323 & 324, must be admitted to major and have completed 60 credits)	3
CPSY 384	Individual and Group Differences	3
CPSY 433	Applied Behavior Analysis I (Prereq. CPSY 330)	3
4 th Semester		
CPSY 327	Group Process and Practice (Prereq. CPSY 325, must be admitted to major and have completed 60 credits)	3
OR	Must take either CPSY 327 or 434, or take both and count one as an elective.	
CPSY 434	Applied Behavior Analysis II (Prereq. CPSY 433)	3
CPSY 419	Professional and Scientific Ethics	3
CPSY 476	Research Methods (fulfills upper division writing requirement)	3
5 th Semester		
CPSY	Elective (See list of CPSY Electives)	3
CPSY 444*	Internship	6-12
OR	Must take either CPSY 326 or 444, or take both and count one as an elective.	
CPSY 326*	Field Work (can also be taken earlier in the program)	3

* **Must** attend orientation a semester before you take field work and internship. Internship is taken after you have completed most course work, typically your last semester.

Suggested Course Sequence for B.S. in Chemical Dependency

You must apply and be admitted to the Chemical Dependency Program. Application materials are available by October 1st at the department office in EB B210 or 320-308-2160 or at

<http://www.stcloudstate.edu/programs/chemical-dependency/default.aspx>

You must also contact a Chemical Dependency advisor as soon as possible to be sure that you meet all requirements.

	<u>Course Title</u>	<u>Credits</u>
1 st Semester		
CPSY 101	Applying Psychology	3
CPSY 102	Applying Psychology Lab (take 101 & 102 the same semester if possible)	1
PSY 115	Intro to Psychology	3
STAT 193	Statistical Thinking	3
CPSY 437	Foundations of Addictions	3
2 nd Semester		
CPSY 262	Human Growth and Development	3
STAT 219	Statistics for the Social Sciences (Prereq. STAT 193 or MATH 193 with a grade of C- or better)	3
CPSY 323	Intro to Counseling Theory and Practice (Prereq: CPSY 101) (CPSY 323 & 324 must be taken together with the same instructor)	3
CPSY 324	Intro to Counseling Theory and Practice Lab (CPSY 323 & 324 must be taken together with the same instructor)	1
CPSY 439	Diagnosis, Intervention, and Treatment of Addictions	3
3 rd Semester		
CPSY 384	Individual and Group Differences	3
CPSY 438	Addictions Counseling with Selected Populations	3
CPSY 330	Principles of Behavior	3
CPSY 325	Helping Skills (Prereq. CPSY 102, 323/324, must be admitted to major and have completed 60 credits)	3
4 th Semester		
CPSY 419	Professional & Scientific Ethics	3
CPSY 484	Psychopharmacology and Addictions	3
CPSY 327	Group Process and Practice (Prereq. CPSY 325. must be admitted to major and have completed 60 credits)	3
5 th Semester		
CPSY 433	Applied Behavior Analysis I (Prereq. CPSY 330)	3
CPSY 402	Professional Issues in Addiction (Prereq. CPSY 439)	3
CPSY 428	Psychodynamics of Family Relationships	3
CPSY 476	Research Methods	3
6 th Semester		
CPSY 445*	CD Internship (Inpatient site approved by advisor)	12
7 th Semester		
CPSY 446*	CD Internship (Inpatient or Outpatient site approved by advisor)	12

***Must** attend orientation a semester before you take internship. Internship is taken after you have completed all courses except CPSY 402.

Suggested Course Sequence for Minor in Community Psychology

	<u>Course Title</u>	<u>Credits</u>
1 st Semester		
CPSY 101	Applying Psychology	3
CPSY 102	Applying Psychology Lab (take 101 & 102 the same semester if possible)	1
2 nd Semester		
PSY 115	Intro To Psychology	3
CPSY 262	Human Growth and Development	3
3 rd Semester		
CPSY 323	Intro To Counseling Theory and Practice	3
CPSY 324	Intro Counseling Theory and Practice Lab (take 323 & 324 in the same semester and with the same instructor)	1
4 th Semester		
CPSY 330	Principles of Behavior	3
CPSY 384	Individual and Group Differences	3
5 th Semester		
CPSY 419	Professional and Scientific Ethics	3
CPSY	Elective (See list of CSPY Electives)	3

CPSY Electives

Several CPSY elective courses are offered on campus and online. One elective course is required. See your advisor for assistance with selecting electives. Some courses available at this time:

- CPSY 326 – Field Work (if taking CPSY 444)
- CPSY 327 – Group Process & Practice (if taking CPSY 434)
- CPSY 361 – Introduction to Educational Psychology
- CPSY 428 – Psychodynamics of Family Relationships
- CPSY 430 – Topical Seminars
- CPSY 434 – Applied Behavior Analysis II (if taking CPSY 327)
- CPSY 437 – Foundations of Addictions
- CPSY 484 – Psychopharmacology and Addictions
- CPSY 465 – Stress Management
- CPSY 436 – Behavioral Supports

How to Apply to the B.S. in Community Psychology Major

Directly Declare the Community Psychology Major by going to the “Change of Intended Major” site, login, and select the Community Psychology Major. After 24 hours the student’s Interactive Degree Audit Report (DARS) should reflect the change of major and an advisor will have been automatically assigned. Students may request to change advisors at any time and may request a list of faculty advisors with their office hours from the CPCF Department office.

<https://www5.stcloudstate.edu/advising/advisorchangemajor/>

Once a student has applied to the major, the student will be added to the CPSY **major/minor listserv** so that you receive important announcements relating to courses, field work, internship, and the CPSY student club. Students must obtain their registration access code every semester after being admitted to the major.

How to Apply to the B.S. in Chemical Dependency Major

STEP ONE: Directly Declare the Chemical Dependency Major by going to the “Change of Intended Major” site, login, and select the Chemical Dependency Major. After 24 hours the student’s Interactive Degree Audit Report (DARS) should reflect the change of major and an advisor will have been automatically assigned.

<https://www5.stcloudstate.edu/advising/advisorchangemajor/>

Once a student has applied to the major, the student will be added to the CD major/minor listserv for important announcements.

STEP TWO: Students will not be allowed to enroll in CD internship until they complete a Chemical Dependency application. Return the application by October 1st or March 1st to the department office in EB, B210. The following materials are required.

- **Chemical Dependency Application Major Form** is available **online** at <http://www.stcloudstate.edu/cpcf/programs-undergrad/default.aspx>
- A personal letter of application, including statements relating to your personal and educational goals, along with a brief review of your history, and your reasons for pursuing chemical dependency counseling as your career goal.
- Three letters of recommendation.
- If you have a chemical or alcohol dependency, written verification of abstinence date.
- Completion of Chemical Dependency application forms (Personal History).

How to Apply to the Minor in Community Psychology

All students who are interested in applying to the Community Psychology Minor should select an adviser from the CPCF department, make an appointment with them, bring a copy of their academic records (DARS), and review with their adviser the Minor requirements. The faculty advisor will fill out the on-line declaration. The student’s major must be declared before Records allows a minor to be declared. Once a student has applied to the minor, the student will be added to the **major/minor listserv** so that you receive important announcements relating to courses, field work, internship, and the CPSY student club.

Community Psychology Advisors

Students may be advised by faculty advisors or a graduate student professional advisor or a mix of the two options. Graduate Student professional advisors are available during the academic year for CPSY majors/minors and CD majors. They are located in EB, B205 (ccpga1@stcloudstate.edu, 320.308.2179). Watch the listserv for announcements on advising hours. Faculty and GA advisors provide access codes, and general and specialized advising.

Students may change their Community Psychology advisor by contacting the Community Psychology office for a current list of Community Psychology advisors. Contact the new faculty advisor to ask if they would consider becoming your advisor. The new faculty advisor needs to go online to make the official change.

Registration Process

Meet with your faculty advisor or the Graduate Assistant advisor to get your access code. Access codes are needed every semester. If you meet the above criterion, you can register when your window of registration opens. **Be proactive!** The best way to ensure your spot in the class is to register right away!

- If the section fills, this class has a wait list feature. Be sure that you attempt to register even if the section is closed as the attempt puts your name on the waiting list.
- If a spot becomes available, the first person on the waiting list will be informed (via e-mail) and given 24 hours to accept the spot before it is offered to the next person on the list.
- This process will be accomplished through a computer generated system that runs 24 hours a day 7 days a week.

Registration for CPSY 325

- Students must be admitted to the major before registering for CPSY 325.
- Student must have earned a minimum of 60 credits. No exceptions. Seats are generally available if you cannot register until a semester has ended.
- All prerequisite courses (CPSY 102, 323 & 324) must be completed or in the process of being completed at the time of registration.

CPSY 326 Fieldwork and CPSY 444 Internship

CPSY 326 Fieldwork is a three-credit course during which the students are required to do 100 hours of volunteer, unpaid work (average 7 hours a week) in an approved setting. CPSY 326 can be taken any time after completing CPSY 323 and CPSY 324. CPSY 444 Internship is a variable credit (6-12) course and students are required to complete between 15 and 30 hours per week working under an on-site supervisor. CPSY 444 can be taken only after you have completed the majority of your coursework (can be paid but it is typically not paid). An internship manual and a list of previous sites to provide ideas (sites do not have to be in St. Cloud), can be found at <http://www.stcloudstate.edu/cpcf/student/internships.aspx>

***Students must attend a mandatory orientation meeting the semester before fieldwork and internship. Orientations are held every semester and are announced through the CPSY listserv. Students must attend the semester before even if you've already attended a previous semester.**

Chemical Dependency Internship (CPSY 445/446)

The Chemical Dependency Internship Packet is available in the Department Office or <http://www.stcloudstate.edu/cpcf/student/internships.aspx>

The packet is different from CPSY 444. You must obtain the packet one semester before your CD Internship. All of the classes below have prerequisites that need to be taken before registration and you must be approved for the CD major (see application process on p. 9). In addition, all students must apply and receive permission to take these courses at least two semesters before registration. Students must apply for an internship from the approved agency list.

CPSY 445	Internship Chemical Dependency
CPSY 446	Internship Chemical Dependency

Board Certified associate Behavior Analysis (BCaBA) 4-Course Sequence

CPSY 330 Principles of Behavior
CPSY 433 Applied Behavior Analysis I
CPSY 434 Applied Behavior Analysis II
CPSY 436 Behavioral Supports

In addition to coursework, you must complete 1000 hours of supervised independent fieldwork and take the BCaBA examination. You must have completed a bachelor's degree before sitting for the exam. For more information, please see <http://bacb.com/> or speak with one of the Behavior Analysis faculty. Faculty can provide names of sites that may provide BCaBA supervised hours.

Student Organizations

SCSU has a **Community Psychology/Chemical Dependency Club**. Meetings are announced via the CPSY listserv. With assistance from a faculty advisor, students engage in a variety of activities including networking with faculty and other students, exploring internship options, preparing for employment or graduate school, and community service projects.

Other clubs include **Student Organization of Behavior Analysis** (ask ABA faculty) or **Active Minds**.

Online Opportunities

Most courses are offered online at least once a year (summer, fall, or spring). Students completing online courses are required to meet the same academic and experiential requirements as the campus students. Tests are administered in proctored locations either at SCSU Online Testing Center or at an approved proctored site. Online courses are not available every semester. It is not possible to complete the undergraduate major in CPSY or CD by taking online courses only. It is possible to complete a BES in CPSY online but it is recommended to work closely with an advisor.

Community Psychology Undergraduate Major and Minor: Overview

(Revised 5/19/2017)

MAJOR: 44 Total Credits (Courses are 3 credits unless otherwise noted.)

PSY 115	Intro to Psychology
CPSY 101	Applying Psychology
CPSY 102	Applying Psychology Lab (1 Cr.)
STATS 219	Stats for Social Sciences Pre-req: STATS 193 or MATH 193
CPSY 262	Human Growth and Development
CPSY 384	Individual and Group Differences
CPSY 323	Intro to Counseling Theories and Development Pre-req: CPSY 101 <i>CPSY 323 and 324 must be taken together with the same instructor</i>
CPSY 324	Counseling Theories Lab (1 Cr.) Pre-req: CPSY 101 <i>CPSY 323 and 324 must be taken together with the same instructor</i>
CPSY 325	Helping Skills (see Note) Pre-reqs: CPSY 102, 323, 324 <i>Must be CPSY admitted major and completed 60 credits</i>
* CPSY 327	Group Process and Practice Pre-req: CPSY 325
CPSY 330	Principles of Behavior
CPSY 433	Applied Behavior Analysis I Pre-req: CPSY 330
* CPSY 434	Applied Behavior Analysis II Pre-reqs: CPSY 330 and 433

****Must take either 327 or 434. You may take both and count one as an elective.***

CPSY 419	Professional and Scientific Ethics
CPSY 476	Research Methods in Applied Psychology
Electives (3 Cr.)	consent of advisor (see back)

Must take either 326 or 444. You may take both and count one as an elective.

CPSY 326	Field Work (<u>Must attend orientation session the semester before.</u>)
CPSY 444	Internship 6-12 Credits (<u>Must attend orientation session the semester before.</u> Internship is typically taken during your last semester.)

Map of Credits:

Liberal Education Program: 40 credits

CPSY BS: 44-53 credits (depending on how many CPSY 444 credits)

120 credits are needed to graduate

-40 of these credits must be upper division courses (300-400 level)

-After required credits, the remaining 39-26 credits will be completed via University

-Remaining credits may be university electives or a Minor. (A Minor program is not required).

Electives For Major

CPSY 326	Field Work
CPSY 327	Group Process and Practice
CPSY 361	Introduction to Educational Psychology
CPSY 428	Psychodynamics of Family Relationships
CPSY 430	Topical Seminars
CPSY 436	Behavioral Supports
CPSY 434	Applied Behavior Analysis II
CPSY 437	Theories of Chemical Dependency
CPSY 484	Intro to Psychopharmacology
CPSY 465	Stress Management

MINOR: 26 Total Credits (Courses are 3 credits unless otherwise noted.)

PSY 115 Intro to Psychology

CPSY 101 Applying Psychology

CPSY 102 Applying Psychology Lab (1 Cr.)

CPSY 262 Human Growth and Development

CPSY 323 Intro to Counseling Theories and Development

CPSY 323 and 324 must be taken together with the same instructor

CPSY 324 Counseling Theories Lab (1 Cr.)

CPSY 323 and 324 must be taken together with the same instructor

CPSY 330 Principles of Behavior

CPSY 384 Individual and Group Differences

CPSY 419 Professional and Scientific Ethics

Electives (3 Cr.) consent of advisor

Community Psychology Transfer Degree Map

Community Psychology: (320) 308-2160 <http://www.stcloudstate.edu/cpcf/>

Assume with Psychology Transfer Pathway:

- Introduction to Psychology (Equivalent to PSY 115)
- Life-Span Development (Equivalent to CEEP 262)
- **STAT 219** Statistics for the Social Science (3 credits) (prereq: MATH or STAT 193)
- Elective with advisor approval

First Semester

CPSY 101 Applying Psychology (3 credits)
CPSY 102 Applying Psychology Lab (1 credit)
CPSY 330 Principles of Behavior (3 credits)
CPSY 384 Individual and Group Differences (3 credits)

Second Semester

CPSY 323 Intro to Counseling Theories (3 credits) * **AND**
CPSY 324 Counseling Theories Lab (1 credit) *
Prereq: CPSY 101
CPSY 419 Professional and Scientific Ethics (3 credits)
CPSY 433 Applied Behavior Analysis I (3 credits)
Prereq: CPSY 330

Third Semester

CPSY 325 Helping Skills** (3 credits)
CPSY 476 Research Methods (3 credits)
CPSY Elective if needed (3 credits)
CPSY 434 Applied Behavior Analysis II (3 credits) May
choose either 327 or 434

Fourth Semester

CPSY 326 Field Work (3 credits) **OR**
CPSY 444 Internship (6-12 credits)
*For CPSY 326 and CPSY 444: Must attend orientation session
the semester before*
CPSY 327 Group Process (3 credits) Prereq: CPSY 325

*CPSY 323 and CPSY 324 must be taken together with the same instructor

** Must be an admitted major, have 60 COMPLETED credits and have taken CPSY 102, 323/324

Updated 5/19/2017

Community Psychology Degree Map, 44-53 credits

Community Psychology: (320) 308-2160 <http://www.stcloudstate.edu/cpcf/>
 Community Psychology Advising: (320) 308-2179 ccpgal@stcloudstate.edu B205 Education Building

First Semester

General Education Courses (15-16 cr.)
Total Semester Credits: 15-16

Second Semester

PSY 115 Intro to Psychology (3 credits)*
 STAT 193 Statistical Thinking (3 credits)**
 General Education Courses (9-10 credits)
Total Semester Credits: 15-16

Third Semester

CPSY 101 Applying Psychology (3 credits)*
CPSY 102 Applying Psychology Lab (1 credit)
CPSY 262 Human Growth and Development (3 credits)*
STAT 219 Statistics for the Social Science (3 credits)**
Prereq: STAT 193 or MATH 193
 General Education Courses (6 credits)
Total Semester Credits: 16 credits

Fourth Semester

CPSY 323 Intro to Counseling Theories (3 credits) **AND**
CPSY 324 Counseling Theories Lab (1 credit)
Prereq: CPSY 101 and CPSY 102
CPSY 323 and CPSY 324 must be taken together with the same instructor
 General Education Program (9-10 credits)
Total Semester Credits: 14-15

Fifth Semester

CPSY 325 Helping Skills (3 credits)***
CPSY 330 Principles of Behavior (3 credits)
CPSY Elective (3 credits)
 University Electives/minor courses (6 credits)
Total Semester Credits: 15

Sixth Semester

CPSY 384 Individual and Group Differences (3 credits)
CPSY 433 Applied Behavior Analysis I (3 credits)
Prereq: CPSY 330
CPSY Elective (3 credits)
 University Electives/minor courses (6 credits)
Total Semester Credits: 15

Seventh Semester

CPSY 327 Group Process (3 credits)*** **OR**
CPSY 434 Applied Behavior Analysis II (3 credits)
Prereq: CPSY 330
CPSY 419 Professional and Scientific Ethics (3 credits)
CPSY 476 Research Methods (3 credits)^
 University Electives/minor courses (6 credits)
Total Semester Credits: 15

Eighth Semester

University Elective/Minor Courses (6 credits)
CPSY 326 Field Work (3 credits) **OR**
CPSY 444 Internship (6-12 credits)
For CPSY 326 and CPSY 444: Must attend orientation session the semester before
Total Semester Credits: Up to 15 Credits

* These courses also fulfill requirements for the General Education Program Goal 5: History and the Social and Behavioral Sciences

** Course also counts as General Education Program Goal 4: Mathematical/Logical Reasoning

***Must be an admitted major, have 60 COMPLETED credits and have taken CPSY 323/324

^ Course satisfies the upper division writing requirement

Bold = Required major courses

NOTE: You need 120 credits to graduate and 40 of those credits must be upper division credits

Chemical Dependency Counseling Degree Map*

Community Psychology, Counseling, and Family Therapy Department:

(320) 308-2160 or
cpcf@stcloudstate.edu

You must apply to be admitted to the Chemical Dependency Program. Application materials are available at <http://www.stcloudstate.edu/academics/programs/shhs-cd.aspx> You must also contact a Chemical Dependency advisor as soon as possible to be sure that you meet all requirements for the program.

Chemical Dependency Program Advisors:

Applications due Oct. 1 & Feb 1.

First Semester	Second Semester
****CPSY 101 Applying Psychology (3 cr.) CPSY 102 Applying Psychology Lab (1 cr.) ****PSY 115 Intro to Psychology (3 cr.) ****STAT 193 Statistical Thinking (3 cr.) ***CPSY 437 Theories of Chemical Dependency (3 cr.)	**** CPSY 262 Human Growth and Development (3 cr.) STAT 219 Statistics for the Social Science (3 cr.) CPSY 323 Intro to Counseling Theories (3 cr.) CPSY 324 Counseling Theories Lab (1 cr.) ***CPSY 439 Diagnosis, Intervention, and Treatment of CD (3 cr.)
Third Semester	Fourth Semester
CPSY 384 Individual and Group Difference** (3 cr.) ***CPSY 438 Chemical Dependency Issues: Special Populations (3 Cr.) CPSY 330 Principles of Behavior (3 cr.) CPSY 325 Helping Skills (3 cr.)	CPSY 419 Professional & Scientific Ethics **CPSY 484 Introduction to Psychopharmacology (3 cr.) CPSY 327 Group Process (3 cr.)
Fifth Semester	Sixth Semester
CPSY 402 (3 cr.) offered only in Fall CPSY 433 Applied Behavior Analysis I (3 cr.) CPSY 428 Psychodynamics of Family Relationships (3 cr.) CPSY 476 Research Methods (3 cr.)	CPSY 445 CD Internship (Inpatient site approved by advisor) (12 cr.)
Seventh Semester	
CPSY 446 CD Internship (Inpatient or Outpatient site approved by advisor) (12 cr.)	Updated 5/19/2017

***The above constitutes only the courses required for the major in the BS in Chemical Dependency. Completion of B.S. in C.D. gives a double major in CPSY/CD. Students are expected to complete Liberal Education Program as well.**

****Courses offered online only**

***** Course can be taken in different semesters. Course offered online one semester and on campus the next.**

****** These courses also fulfill requirements for the Liberal Education program**

NOTE: you need a minimum of 120 credits to graduate, of which, 45 credits must be upper division credits