

Community Services Program

PARKS MAKE LIFE BETTER

Special Events



Cerritos Resident Talent Showcase

Celebrating the City's 66th Anniversary

Start the music! Light the lights! The stage awaits prospective Cerritos resident performers to participate in the annual citywide Talent Showcase Celebrating the City's 66th Anniversary. Performances may include: dancing, singing, musical instrument performances and variety (i.e., juggling, magic, dramatic reading performance or singing and dancing combination) for performers ages 4 to adult. No stand up comedy, please.

- The number of acts will be limited.
- Qualifying acts must be able to record their performances on Tuesday, April 5 or Wednesday, April 6 by appointment only.
- Group performances are allowed and may have a maximum of six members; fifty percent or more of each group must be Cerritos residents.
- Acts are limited to four (4) minutes maximum.
- All recorded accompaniment music must be in mp3 format.
- Qualifying acts will be notified by e-mail.
- Participation certificates will be distributed.
- Complete and submit the digital entry form on the City's website at Cerritos.us starting on Friday, February 18 through Monday, March 7, 2022.

The Talent Showcase will be cablecast on Cerritos TV3 on

Friday, April 22	7 PM
Saturday, April 23	7 PM
Sunday, April 24	7 PM

For more information, please call Cerritos Park East at (562) 407-2611.

Arbor Week Poster Contest

Theme: Connect with your Roots

Cerritos residents, ages 5 to 14, and students currently attending schools in the ABC Unified School District, Valley Christian Schools or Bellflower Unified School District are invited to submit one poster no larger than 11" x 17" using any drawing/painting materials (pencils, chalks, pastels, crayons, watercolors or acrylics) to depict the theme.

Directions: Please do not mat, mount or frame your poster; City staff will mount all posters for display purposes. Please make sure your name, age, address and phone number are on the back of the poster or use the official entry form when possible.

Deadline: Entries must be delivered to the Recreation Services Division at Cerritos City Hall no later than 5 PM on Friday, April 8.

Winning Posters: Winning posters will be display on the City's website Cerritos.us starting Monday, April 18 through Monday, May 30.

For more information, please call the Recreation Services Division at (562) 916-1254.

Preschool Classes and Activities

FEATURED

Half Pint's Night

Join us for an evening of themed activities that may include games, crafts, and stories. Parents are required to sign children in and out of the class.

Fiesta Fun

\$10 resident/\$15 non-resident	One Day
7489 Fri., May 6	6-7:30 PM
Heritage Park	3-5 years

Little One's Hour

Children will enjoy a fun-filled hour of crafts, games and stories at the community centers. Parents are required to sign children in and out of each class meeting.

Shamrock Shuffle

\$18 resident/\$27 non-resident	3 classes
7490 Tue., Mar. 1-15	3:30-4:30 PM
Cerritos Park East	3-5 years

It's a Buzz Worthy Spring

7491 Tue., Mar. 29-Apr. 12	3:30-4:30 PM	3-5 years
Heritage Park		



Parent/Child Create Art with Me

Participants will explore different types of art and make a new masterpiece each week. Each project will encourage participants to use their imagination and creativity. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$20 resident/\$30 non-resident	3 classes
7492 Wed., Mar. 2-16	10:15-11:15 AM
Cerritos Park East	2-4 years

Parent/Child Story Time Fun

Participants will explore their creativity and use their imaginations. Each week, staff will read a story followed by a craft that relates to the tale. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$20 resident/\$30 non-resident	3 classes
7493 Mon., Feb. 28-Mar. 14	10:15-11:15 AM
Heritage Park	2-4 years

Parent/Child Wiggle and Giggle with Me

This play-based class will get participants wiggling and giggling as they explore various mediums of play. Dancing and movement games will get them wiggling, while singing silly songs and stories will get children giggling. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$20 resident/\$30 non-resident	3 classes
7494 Fri., Mar. 4-18	10:15-11:15 AM
Heritage Park	2-4 years



Parent/Child Springtime Eggs & Aprons

Kids will decorate their own springtime apron and make various springtime crafts. Decorate plastic eggs to hide special treasures or to display at home. Instructors will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$17 resident/\$26 non-resident	One Day
7495 Sun., Apr. 10	2:30-4:30 PM
Liberty Park	2-4 years

Inside

Adaptive Recreation	4
Adult Classes/Activities	3
Aquatics, Adult/Youth	8
Dance, Adult/Youth	4
Golf, Adult/Youth	7
Music, Adult/Youth	5
Preschool Classes/Activities	1
Registration Instructions	12
Sports/Fitness, Adult/Youth	5
Sports Leagues, Adult/Youth	6
Teen Classes/Activities	3
Volunteer Opportunities	8
Youth Classes/Activities	2

Preschool Learning with LEGO®

Preschoolers will be introduced to the fun of learning, building, and playing the Bricks 4 Kidz way!

Fun at the Farm!

Cock a doodle doo! Children will feel like farmers as they learn about a few animals that are found on farms around the world. These are not only the typical barn animals we associate with farms. For instance, did you know that yaks are related to cows, and they are used on farms in some countries for the same purposes that cows are used on farms in America? Children will learn how each animal plays an important role on a farm. Letter recognition, size comparison, shape and color identification, counting, placement vocabulary, and patterning will all be part of this Fun at the Farm preschool unit! Parents are required to sign children in and out of each class meeting.

\$60 resident/\$90 non-resident		4 classes
7764	Tue., Mar. 1-22 Cerritos Park East	10:30-11:15 AM 3-5 years

In, Out, Up and Down!

It seems our world is constantly busy and in motion. We may be popping open an umbrella as the rain starts falling down, watching a tree grow up tall over time, or listening to bats dart around in the sky. Whatever we do, something is always going in, out, up, and down in the world around us. Children will learn about and build a few things that demonstrate in, out, up or down. They will practice letter recognition, size comparison, shape and color identification, counting, placement vocabulary, and patterning. Parents are required to sign children in and out of each class meeting.

\$60 resident/\$90 non-resident		4 classes
7765	Tue., Apr. 26-May 17 Cerritos Park East	10:30-11:15 AM 3-5 years

**Preschool Play & Practice**

Children will sing, play, and learn numbers and letters through age-appropriate activities. Each class is based on a different theme and may include cutting, pasting, and coloring. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$66 resident/\$99 non-resident		4 classes
7729	Tue., Feb. 15-Mar. 8 Liberty Park	10:15-11 AM 2-4 years
7730	Tue., Mar. 22-Apr. 12 Liberty Park	10:15-11 AM 2-4 years
7731	Tue., Apr. 26-May 17 Liberty Park	10:15-11 AM 2-4 years

Teeny Tumblers

Enjoy quality time together participating in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$66 resident/\$99 non-resident		4 classes
7732	Tue., Feb. 15-Mar. 8 Liberty Park	12:10-12:55 PM 2-4 years
7735	Sat., Feb. 19-Mar. 12 Liberty Park	10:30-11:15 AM 2-4 years
7733	Tue., Mar. 22-Apr. 12 Liberty Park	12:10-12:55 PM 2-4 years
7736	Sat., Mar. 26-Apr. 16 Liberty Park	10:30-11:15 AM 2-4 years
7734	Tue., Apr. 26-May 17 Liberty Park	12:10-12:55 PM 2-4 years
7737	Sat., Apr. 30-May 21 Liberty Park	10:30-11:15 AM 2-4 years

Tumble and Yoga

Tumbling and yoga increases strength, balance, flexibility and coordination while increasing attention span. Children will have fun without realizing how healthy and relaxed they are becoming. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$66 resident/\$99 non-resident		4 classes
7738	Tue., Feb. 15-Mar. 8 Liberty Park	11:15 AM-noon 2-4 years
7739	Tue., Mar. 22-Apr. 12 Liberty Park	11:15 AM-noon 2-4 years
7740	Tue., Apr. 26-May 17 Liberty Park	11:15 AM-noon 2-4 years

Cerritos Tot Lots**September through June**

This is a cooperative preschool program (not child care or day care) for children, 2-1/2 to 5 years old at Cerritos Park East, 2 years 9 months to 5 years old at Liberty Park, and 3 to 5 years old at Heritage Park. Activities will include lessons, songs, plays, crafts, excursions and parties. Parents are required to work one morning per week and attend a monthly evening meeting. Fees include initial registration, quarterly tuition and insurance.

This educational program is conducted September through June, Monday through Friday. There will be no program on ABC Unified School District breaks and holidays. New members may join as openings occur. Priority is given to Cerritos residents. For more information, contact the membership chairperson of the individual Tot Lot.

Cerritos Park East	Myrande Essoh (562) 231-6913
Heritage Park	Yukiko Elegino (562) 261-4157 Email: hptotlotvp@gmail.com

Liberty Park	Marijean Isla (562) 704-2822 Email: mjrisla@gmail.com
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	Heli Patricio (562) 704-2822 Email: helidapatricio@gmail.com
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Youth Classes and Activities

Bricks 4 Kidz One Day Camp – Game on Challenge!

For kids today, it's all about the world of online video games and apps! In this interactive one day camp, campers will use LEGO® Bricks to create and build different characters from their favorite video games. Themes such as Super Mario Bros, Roblox, Beyblades, Pokémon, and Minecraft come to life through the use of our robots, mosaics, and 3D art, all made out of LEGO® Bricks. Don't forget classic Nintendo and SEGA themes such as Zelda, Duck Hunt, Pacman, and Sonic the Hedgehog! Each day will be a new adventure as the virtual and LEGO® worlds combine! Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.

\$50 resident/\$75 non-resident		One Day
7766	Sat., Mar. 5 Heritage Park	10 AM-1 PM 5-12 years

Bricks 4 Kidz One Day Camp - World of Imagination w/ LEGO®

Get excited for a World of Imagination! At Bricks 4 Kidz, join the adventure as we dive into the world of Disney, beginning with classics such as Mickey and Minnie. Do you want to build a snowman? How about an adventure under the sea? LEGO Bricks come to life as we travel through Disney's most popular characters and themes. Spark your imagination as we build your Disney inspired favorites! Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.

\$50 resident/\$75 non-resident		One Day
7767	Sat., May 2 Heritage Park	10 AM-1 PM 5-12 years

Ceramics

Stimulate the imagination by creating fun projects out of clay. Learn fundamental hand-building skills and ceramics terminology. Parents are required to sign children in and out of each class meeting. Please bring a \$12 materials fee to the first class.

\$40 resident/\$60 non-resident		5 classes
7770	Thu., Mar. 3-31 Cerritos Park East	4:30-5:30 PM 6-12 years
7771	Thu., Mar. 3-31 Cerritos Park East	5:45-6:45 PM 6-12 years

**Chess Academy**

Learn the game of chess in a fun and enriching environment. Chess boards and pieces will be provided each week for use during each class session. Students will be evaluated and placed into their proper skill group where they will learn the Hanely Chess Academy 8 level curriculum. Learn the basic skills necessary to play a game of chess with knowledge of how all pieces move, capture, check, and checkmate. Participants will also improve their critical thinking skills, concentration, focus, and have a lot of fun in the process. When ready, they can take a test to advance to the next level! Parents are required to sign children in and out of each class meeting. Optional \$28 materials fee.

Beginning/Intermediate		4 classes
7821	Wed., Feb. 16-Mar. 9 Heritage Park	6-7:30 PM 6-Adult
7822	Wed., Mar. 23-Apr. 13 Heritage Park	6-7:30 PM 6-Adult

Friday Night Chess Tournament

Register for this official United States Chess Federation (USCF) tournament. Players are grouped according to their ratings in 6 or 4 player groups. Trophies will be awarded to 1st and 2nd place in each quad or hex. Players win by capturing the opponent's king. Parents are required to sign children in and out of the class.

USCF Rated Tournament		One Day
7823	Fri., Feb. 25 Heritage Park	5-7:30 PM 4-18 years
7824	Fri., Mar. 25 Heritage Park	5-7:30 PM 4-18 years
7825	Fri., Apr. 22 Heritage Park	5-7:30 PM 4-18 years

Introduction to Typing, Microsoft Word and PowerPoint

Learn proper typing skills and how to use various functions in Microsoft Word for writing reports and turn your projects into awesome slideshow presentations with animations using PowerPoint. Laptops will be provided for hands-on learning. Parents are required to sign children in and out of each class meeting. Please bring a \$5 materials fee to the first class. NO CLASS APRIL 21

\$100 resident/\$150 non-resident		5 classes
7741	Thu., Feb. 17-Mar. 17 Heritage Park	2:45-3:45 PM 6-15 years
7742	Thu., Mar. 31-May 5 Heritage Park	2:45-3:45 PM 6-15 years



FEATURED

Mad Science

Join the ‘Mad Scientists’ for a fun-filled and educational class. New and exciting activities will be conducted each week. Mad Science brings an all new set of classes to learn about science! Students will become detectives, geologists and even a bug scientist! All classes are hands-on, minds-on, and fun! Participants will create and take home projects. Parents are required to sign children in and out of each class meeting. Please bring a \$10 materials fee to the first class. NO CLASS APRIL 19

	\$104 resident/\$156 non-resident	5 classes
7819	Tue., Feb. 22-Mar. 22 3:45-4:45 PM	5-12 years Cerritos Park East
7820	Tue., Apr. 5-May 10 3:45-4:45 PM	5-12 years Cerritos Park East

Manners for Young Ladies and Gentlemen

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language and proper grooming in a relaxed, fun atmosphere. Parents are required to sign children in and out of each class meeting.

	\$66 resident/\$99 non-resident	4 classes
7743	Sat., Feb. 19-Mar. 12 12:30-1 PM	4-12 years Liberty Park
7744	Sat., Mar. 26-Apr. 16 12:30-1 PM	4-12 years Liberty Park
7745	Sat., Apr. 30-May 12 12:30-1 PM	4-12 years Liberty Park

Sound Start Reading

Readwrite Educational Solutions, Inc.™ beginning reading program can make the difference between a struggling student and a successful one. Specially trained teachers will test, structure, and implement an individualized phonics program. Decoding, spelling, vocabulary, and comprehension are all featured in this fundamental approach to reading. Parents are required to sign children in and out of each class meeting. NO CLASS MARCH 29 AND APRIL 5

	\$85 resident/\$128 non-resident	6 classes
7772	T/Th, Feb. 22-Mar. 10 3:30-4:15 PM	5-6 years Cerritos Park East
7773	T/Th, Mar. 22-Apr. 14 3:30-4:15 PM	5-6 years Cerritos Park East
7774	T/Th, Apr. 26-May 12 3:30-4:15 PM	5-6 years Cerritos Park East

For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.

Reading Development

Readwrite Educational Solutions, Inc.™ supplementary reading program is designed to improve vocabulary, comprehension and spelling skills. Periodic testing will be conducted to assess progress and reports will be distributed to parents. Parents are required to sign children in and out of each class meeting. NO CLASS MARCH 29 AND APRIL 5

	\$85 resident/\$128 non-resident	6 classes
7775	T/Th, Feb. 22-Mar. 10 5:10-5:55 PM	7-11 years Cerritos Park East
7776	T/Th, Mar. 22-Apr. 14 5:10-5:55 PM	7-11 years Cerritos Park East
7777	T/Th, Apr. 26-May 12 5:10-5:55 PM	7-11 years Cerritos Park East

Math Development

Readwrite Educational Solutions, Inc.™ comprehensive, individualized math program evaluates students and pinpoints skill gaps. The primary building blocks of addition, subtraction, multiplication, and division are continually reinforced. Participants will build confidence and a solid foundation of fundamental math knowledge. Parents are required to sign children in and out of each class meeting. NO CLASS MARCH 29 AND APRIL 5

	\$85 resident/\$128 non-resident	6 classes
7778	T/Th, Feb. 22-Mar. 10 4:20-5:05 PM	7-11 years Cerritos Park East
7779	T/Th, Mar. 22-Apr. 14 4:20-5:05 PM	7-11 years Cerritos Park East
7780	T/Th, Apr. 26-May 12 4:20-5:05 PM	7-11 years Cerritos Park East



STEM Learning with LEGO®

Students will build realistic objects out of LEGO® bricks in this interactive and hands-on program.

Air, Land & Sea!

Step aboard to build some exciting ways to get from here to there. Take to the sky in our Bricks 4 Kidz helicopter model or race across the beach in an ingenious land sail. Students will explore STEM concepts, learning what makes each machine unique and how it moves, exploring propulsion, lift and G-forces! Each student will receive a customized LEGO® minifigure on the last day of class. Parents are required to sign children in and out of each class meeting.

	\$90 resident/\$135 non-resident	4 classes
7768	Tue., Mar. 1-22 4:30-5:30 PM	5-12 years Cerritos Park East

Ticket to Ride!

Delve into the history and mechanics of favorite amusement park rides in this imaginative unit. Students will use LEGO® bricks to engineer a Tilt a Whirl, Loop de Loop ride, Swing boat ride, and Merry Go Round. Our STEM lessons incorporate principles of physics, described in a way children can understand, such as “G-force” inertia and momentum, as well as math concepts such as “there are 360 degrees in a circle”. These engaging lessons will give students an understanding of the physical forces they experience every day. Each student will receive a customized LEGO minifigure on the last day of class. Parents are required to sign children in and out of each class meeting.

	\$90 resident/\$135 non-resident	4 classes
7769	Tue., Apr. 26-May 17 4:30-5:30 PM	5-12 years Cerritos Park East

Teen Classes and Activities

The Recreation Services Division offers a variety of programs and activities for teens ages 11 to 17. For more information regarding teen programs and activities, please call the Recreation Services Division at (562) 916-1254.

Volunteer Opportunities

Be a Recreation Services Volunteer and assist leaders with daily park programs, swim classes, and city-wide special events. All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.

The Application/Waiver is available online in the Recreation section of the City’s homepage at cerritos.us or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation dates are listed in the volunteer section.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.



Workshop for Teens: Employment Workshop – Applications and Interviews

Looking for that perfect job and do not know where to start? Sign up and receive helpful information and assistance on filling out applications, maintaining work and volunteer history, and what to expect in an interview. Mock interviews and proper interview attire will also be covered. After this workshop, participants will be ready to search and find that perfect job.

	Free		One Day
7725	Sat., Mar. 5	10-11:30 AM	13-18 years Cerritos Park East

Adult Classes and Activities

Adult CPR

Learn how to perform adult, single-rescuer CPR, recognize the signs of a heart attack, and assist choking victims. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

	resident: \$25 materials fee only	non-resident: \$38 plus \$25 materials fee	One Day
7496	Wed., Mar. 16	4:30-7:30 PM	12-Adult Cerritos Park East

Community CPR and First Aid Basics

Prepare for accidents that may occur at home or around the workplace. Learn methods for basic first aid and performing infant, child, and adult CPR. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

	resident: \$25 materials fee only	non-resident: \$60 plus \$25 materials fee	One Day
7497	Sat., Apr. 16	10 AM-3:30 PM	12-Adult Cerritos Park East

Adaptive Recreation

The Recreation Services Division is pleased to comply with the Americans with Disabilities Act (ADA). Reasonable accommodations will be made in recreation programs and facilities to enable participation by an individual with a disability. Cerritos is committed to providing residents with disabilities the benefit of City programs. Participants must meet eligibility requirements for the program.

For more information and support for accessibility of programs and facilities, call the Recreation Services Division office at (562) 916-1254.

Recreation Programs

- Adaptive Basketball – January through February
- Adaptive Dance and Movement – Year-round
- Adaptive Fitness Fun – April through May
- Adaptive Game Night – Quarterly
- Adaptive Movie Night – Quarterly
- Adaptive Soccer – June through August
- Adaptive Sports Medley – October through November
- Adaptive Swimming – Year-round
- Special Olympics Soccer – August through November
- Special Olympics Swimming – February through June

**Special Olympics**

Special Olympics is an international non-profit organization dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. Special Olympics training and competition opportunities exist through the Recreation Services Division on a seasonal basis. Special Olympics swimming and soccer training and competition is offered once per year to individuals who meet the eligibility requirements. For more information, please call the Recreation Services Division at (562) 916-1254.

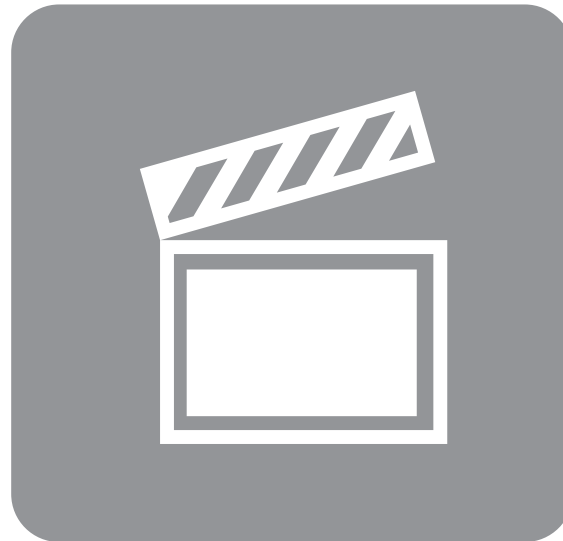
Transportation

The City of Cerritos provides the community with a Dial-A-Ride transit system. Offered to seniors and people with disabilities, the system operates seven days a week throughout the Cerritos area. To use the service, call (866) 402-RIDE (7433) between 8 AM and 8 PM, Monday through Friday or from 8 AM to 5 PM on Saturday and Sunday. Reservations can be made up to 48 hours in advance of required pick-up times.

Adaptive Dance and Movement

Put on those dancing shoes and come participate in this fun class that will have everyone moving to the music. This class will incorporate physical fitness and fun games while teaching choreographed dance steps. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of each class meeting.

	\$12 resident/\$18 non-resident	8 classes
7498	Mon., Feb. 21-Apr. 11 7-7:45 PM Cerritos Park East	13-Adult
7499	Wed., Feb. 23-Apr. 13 6-6:45 PM Cerritos Park East	6-12 years
7500	Wed., Feb. 23-Apr. 13 7-7:45 PM Cerritos Park East	13-Adult

**Adaptive Dinner and a Movie Night – Soul**

Come spend a Saturday night at Cerritos Park East and enjoy a movie and dinner from a local restaurant. Ice breaker games will be conducted prior to the movie. The program is an excellent opportunity for socialization and fun. The movie is rated PG and is 1 hour and 40 minutes in length. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

	\$10 resident/\$15 non-resident	One Day
7507	Sat., Apr. 16 5:30-7:30 PM Cerritos Park East	13-Adult

FEATURED**Adaptive Fitness Fun**

Learn about fitness in a fun environment! This class will emphasize physical activity and socialization among participants. Students will participate in a variety of workouts and exercises throughout the course. Workouts will be modified according to participant's abilities. Wear sneakers or athletic shoes. Conducted on a 1:4 ration, participants are required to provide a program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of each class meeting.

	\$26 resident/\$39 non-resident	6 classes
7508	Thu., Apr. 21-May 26 6-6:45 PM Cerritos Park East	6-12 years
7509	Thu., Apr. 21-May 26 7-7:45 PM Cerritos Park East	13-Adult

Adaptive Game Night

Adaptive Game Night is all about games, games, and more games! Spend an evening with friends playing board games, card games, and other organized games such as scavenger hunts and team builders. A light snack will be provided. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

	Free	One Day
7510	Sat., Mar. 26 5-7 PM Cerritos Park East	13-Adult

Dance, Adult/Youth

Baby Ballet

For little tykes who love to dance this is a fun introduction to ballet, which includes beginning movements, and arm and foot positions. The class will help develop self-confidence and poise through the art of dance. Parents are required to sign children in and out of each class meeting.

	\$55 resident/\$83 non-resident	5 classes
7781	Fri., Feb. 18-Mar. 18 4-4:45 PM Liberty Park	3-5 years

**Ballet/Tap Combo**

Children will develop self-confidence and poise through the art of dance. Posture, grace, rhythm, basic stretches, and body positions are taught through specially designed exercises. Parents are required to sign children in and out of each class meeting.

	\$55 resident/\$83 non-resident	5 classes
7782	Fri., Feb. 18-Mar. 18 4:55-5:40 PM Liberty Park	4-7 years
7783	Sat., Feb. 19-Mar. 19 11:15-noon Cerritos Park East	3-5 years
7784	Mon., Mar. 14-Apr. 11 4-4:45 PM Cerritos Park East	3-4 years
7785	Mon., Mar. 14-Apr. 11 5-5:45 PM Cerritos Park East	5-6 years
7786	Mon., Mar. 14-Apr. 11 6-6:45 PM Cerritos Park East	5-8 years

Classical South Indian Dance

Learn Bharata Natayam, a classical dance from South India, including foot, hand, and eye movements. The class will include stretching, simple choreography, and storytelling. Dress in comfortable clothes. Parents are required to sign children in and out of each class meeting. NO CLASS APRIL 20 AND 23

	\$55 resident/\$83 non-resident	5 classes
Session I		
7787	Sat., Feb. 19-Mar. 19 10-11 AM Liberty Park	5-10 years
7788	Sat., Feb. 19-Mar. 19 11:15 AM-12:15 PM Liberty Park	10-18 years
7789	Wed., Feb. 23-Mar. 23 5:30-6:30 PM Liberty Park	16-Adult
Session II		
7790	Sat., Apr. 2-May 7 10-11 AM Liberty Park	5-10 years
7791	Sat., Apr. 2-May 7 11:15 AM-12:15 PM Liberty Park	10-18 years
7792	Wed., Apr. 6-May 11 5:30-6:30 PM Liberty Park	16-Adult

For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.



Sign up for the free Cerritos
 E-News e-mail and text messaging
 service by visiting cerritos.us

Hip Hop Dance

Learn the latest dance moves! Moves and music are age appropriate. This fun, high energy class for boys and girls introduces fundamental hip hop and hip hop funk moves. Class promotes coordination, rhythm, creativity, and fun. Parents are required to sign children in and out of each class meeting. NO CLASS APRIL 19

\$55 resident/\$83 non-resident **5 classes**
Session I

7850	Tue., Feb. 22-Mar. 22	4-4:45 PM	3-5 years
	Cerritos Park East		
7851	Tue., Feb. 22-Mar. 22	4:55-5:40 PM	5-7 years
	Cerritos Park East		
7852	Tue., Feb. 22-Mar. 22	5:50-6:35 PM	7-10 years
	Cerritos Park East		
7853	Tue., Feb. 22-Mar. 22	6:45-7:30 PM	9-13 years
	Cerritos Park East		

Session II

7854	Tue., Apr. 5-May 10	4-4:45 PM	3-5 years
	Cerritos Park East		
7855	Tue., Apr. 5-May 10	4:55-5:40 PM	5-7 years
	Cerritos Park East		
7856	Tue., Apr. 5-May 10	5:50-6:35 PM	7-10 years
	Cerritos Park East		
7857	Tue., Apr. 5-May 10	6:45-7:30 PM	9-13 years
	Cerritos Park East		

FEATURED

Salsa

In this beginning salsa class participants will learn the basic figures and footwork to get you started on the dance floor. Partner combinations will be covered. No partner is necessary; singles are welcome. Parents are required to sign children in and out of each class meeting. NO CLASS APRIL 22

\$36 resident/\$54 non-resident **5 classes**

7794	Fri., Feb. 18-Mar. 18	6:30-7:30 PM	14-Adult
	Cerritos Park East		
7795	Fri., Apr. 1-May 6	6:30-7:30 PM	14-Adult
	Cerritos Park East		

Zumba

Zumba is an aerobic work out that combines different movements and rhythms such as salsa, cumbia, merengue, belly dance, rock and roll, and much more! Zumba is an effective, easy, and fun way to get in shape. Parents are required to sign children in and out of each class meeting. NO CLASS APRIL 18

\$39 resident/\$59 non-resident **5 classes**

7796	Mon., Feb. 21-Mar. 21	5:30 - 6:30 PM	16-Adult
	Liberty Park		
7797	Mon., Apr. 4-May 9	5:30 - 6:30 PM	16-Adult
	Liberty Park		

Music, Adult/Youth

Cerritos College Community Band

Fees paid to Cerritos College

The Cerritos College Community Band is dedicated to the performance of popular, family-oriented compositions and is comprised of brass, woodwind and percussion instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied with an emphasis on medleys, marches, and overtures. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands, at (562) 860-2451, extension 2631.

Orchestra

Mon., Jan. 10-May 16	6-9 PM	10-Adult
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Community Band

Tue., Jan. 11-May 17	7-10 PM	10-Adult
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Drums for Fun

Learn the basic techniques of drumming from a professional musician. Instruction will include proper grip positions, hand and wrist development, sight reading, hand and foot coordination, rudimentary training, and drum set techniques. Practice pads and sheet music will be provided. Parents are required to sign children in and out of each class meeting. Please bring your own drum sticks to each class meeting or bring \$5 materials fee to purchase drum sticks. Students may purchase take-home pads at an additional fee.

\$98 resident/\$147 non-resident **6 classes**

7826	Tue., Mar. 1-Apr. 5	4:30-5:30 PM	6-Adult
	Heritage Park		

FEATURED

Guitar

Learn beginning guitar chording, strumming, and self-accompaniment. Modern and pop songs will be included. Students must bring a guitar. Parents are required to sign children in and out of each class meeting. Please bring a \$5 materials fee to the first class.

\$52 resident/\$78 non-resident **6 classes**

7798	Mon., Mar. 7-Apr. 11	4:30-5:15 PM	9-Adult
	Liberty Park		

Beginning Piano

Learn the basics and play songs in class each week. Students must have access to a piano or keyboard outside of class to practice lessons. Course instruction will be provided on electronic keyboards. All students are required to purchase a music book; information will be given at the first class meeting. Parents are required to sign children in and out of each class meeting.

\$63 resident/\$96 non-resident **5 classes**

7799	Mon., Mar. 7-Apr. 4	5-6 PM	7-13 years
	Cerritos Park East		
7800	Mon., Mar. 7-Apr. 4	6:30-7:30 PM	7-13 years
	Cerritos Park East		

Sports/Fitness, Adult/Youth

Cerritos Fitness Centers

Fitness Centers are located in the Cerritos Olympic Swim & Fitness Center and the Liberty Park Community Center. The Swim & Fitness Center is equipped with locker room facilities.

- Membership is available to Cerritos residents, 16 years and older.
- Individual memberships are \$50 per year.
- Replacement card maybe purchased for \$5.
- Fitness Centers include a multi-max station, treadmills, stair climbers, and life cycles.
- Adults working in Cerritos can purchase an annual business membership for \$50, valid only Monday through Friday from 6 AM to 2 PM at the Swim Center location and 10 AM to 5 PM at the Liberty Park location.
- Waiver required.
- Membership cards are valid at both locations and must be presented to enter.

Fitness Center Hours:

Swim Center Location	
Monday through Friday	6 AM-2 PM
Monday/Wednesday	4-9 PM
Tuesday/Thursday/Friday	5-9 PM
Saturday/Sunday	7 AM-2 PM

Liberty Park Location

Monday through Friday	10 AM-8 PM
Saturday/Sunday	10 AM-6 PM*

*Effective April 3, the Liberty Park Fitness Center will be open until 8 PM on weekends.

For more information, please call the Recreation Services Division at (562) 916-1254.

Tennis Courts

Courts are available for use at Liberty Park and Cerritos Park East. Tennis courts may be closed without prior notice.

Cerritos residents only:

- May use the courts at no charge during regular park operating hours.
- Age 16 years and older may reserve one (1) court up to one (1) week in advance and no less than one (1) hour in advance.
- Reservations will be a maximum of one (1) hour and may be booked on the hour.
- A 5-minute grace period will be given before the court is released.
- Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to access court.
- Reservations will only be taken in person or over the phone by calling Liberty Park at (562) 916-8565 or Cerritos Park East at (562) 407-2611 during normal operating hours.

Sand Volleyball Courts

Courts are available for use at Liberty Park. The sand volleyball courts may be closed without prior notice.

Cerritos residents only:

- May use the courts at no charge during regular park operating hours.
- Age 16 years and older, may reserve one court up to one (1) week in advance free of charge.
- Reservations will be a maximum of one (1) hour and may be booked on the hour.
- A 5-minute grace period will be given before the court is released. Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to access court.
- Reservations will be taken in person or over the phone by calling Liberty Park at (562) 916-8565 during normal operating hours.



Low Impact Aerobics

18 years and older
\$3 resident/\$5 non-resident
(Payable at each class meeting by credit card only)

Have a great workout with these low impact classes. Most classes include warm-up flexibility stretches, aerobic cardiovascular conditioning, floor work for abdominal and posterior/legs, and muscular endurance exercises for large and small muscle groups. Wear appropriate clothing and tennis shoes, and bring a towel. Appropriate ID must be presented every time to receive the resident rate. All classes are conducted in the Cerritos Park East dance room and are first-come, first-served. Space is limited. NO CLASS MAY 28

Saturday	10-11 AM
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Jazzercise**Monthly Fees \$69 with EFT*****One Time Class \$15****Registration taken at class site by course instructor.**

Blending easy to follow dance steps with fun dance routines, Jazzercise will enhance cardiovascular fitness, balance, posture, strength, and flexibility. Certified professional Jazzercise instructors will cue participants through the moves that incorporate various elements of dance with resistance training, pilates, yoga, kickboxing, and more. The 60-minute workout is effective for every age, skill, and fitness level. Please bring a floor mat and water bottle; hand weights are optional.

Monthly fee allows patrons to attend any of the classes.

*EFT (Electronic Funds Transfer) or Easy Fitness Ticket allows patrons to automatically pay for Jazzercise programs through an electronic funds transfer each month. Patrons must pay a \$30 joining fee.

Monday	10:15-11:15 AM	Cerritos Park East
Wednesday	10:15-11:15 AM	Cerritos Park East
Friday	10:15-11:15 AM	Cerritos Park East
Sunday	10:15-11:15 AM	Cerritos Park East

Ballet Barre

Join this low impact ballet based exercise class. By using the barre you will stretch, strengthen, lengthen, tone, and elongate your muscles. Also increase balance, strength, stamina, posture, endurance, core strength, and muscle tone. Beginners welcome. No dance experience required. Parents are required to sign children in and out of each class meeting.

\$40 resident/\$60 non-resident **4 classes**

7801	Tue., Feb. 15-Mar. 8	10:30-11:30 AM	8-Adult Liberty Park
7802	Thu., Feb. 17-Mar. 10	10:30-11:30 AM	8-Adult Liberty Park
7803	Tue., Mar. 22-Apr. 12	10:30-11:30 AM	8-Adult Liberty Park
7804	Thu., Mar. 24-Apr. 14	10:30-11:30 AM	8-Adult Liberty Park
7805	Tue., Apr. 26-May 17	10:30-11:30 AM	8-Adult Liberty Park
7806	Thu., Apr. 28-May 19	10:30-11:30 AM	8-Adult Liberty Park

**Body Sculpting –
Weights/Cardio Exercise**

Use weights, cardio exercise and circuit training to look and feel better. Participants will also learn proper gym etiquette and how to properly use equipment in the fitness center. Wear workout clothes, bring a towel, and be ready for a great workout. Membership in a Cerritos Fitness Center is required. NO CLASS MARCH 12

\$36 Cerritos resident only **6 classes**

7531	Sat., Feb. 19-Apr. 2	8:30-9:30 AM	18-Adult Swim & Fitness Center
7532	Sat., Apr. 9-May 14	8:30-9:30 AM	18-Adult Swim & Fitness Center

Core Yolates

Enjoy this new workout trend that combines two popular methods of exercise - yoga and Pilates. This course will emphasize core stabilization, lengthening, toning, and body sculpting. Yolates also improves core strength, posture and overall body awareness. Please bring a stability ball, resistance band and weights to class. Parents are required to sign children in and out of each class meeting. NO CLASS APRIL 17

\$60 resident/\$90 non-resident **5 classes**

7746	Sun., Feb. 20-Mar. 20	10:15-11:45 AM	13-Adult Liberty Park
7747	Sun., Apr. 3-May 8	10:15-11:45 AM	13-Adult Liberty Park

Gymnastics: Jammin' Gymnasts

Discover the inner gymnast inside everyone! Gymnastics also improves coordination and strength development. Girls and boys of all skill levels will safely learn recreation gymnastics techniques such as cartwheels, round-offs, rolls, handstands, and more. Obstacle courses and music will make learning fun while creating confidence and a positive learning environment! Parents are required to sign children in and out of each class meeting. Please bring a \$2 materials fee to the first class. NO CLASS APRIL 20

(Continued on the next column)**Gymnastics: Jammin' Gymnasts (Continued)****\$60 resident/\$90 non-resident** **4 classes**

Session I			
7807	Wed., Mar. 2-23	3:20-4:20 PM	4-6 years Cerritos Park East
7808	Wed., Mar. 2-23	4:35-5:35 PM	5-10 years Cerritos Park East

Session II

7809	Wed., Apr. 6-May 4	3:20-4:20 PM	4-6 years Cerritos Park East
7810	Wed., Apr. 6-May 4	4:35-5:35 PM	5-10 years Cerritos Park East

Hatha Yoga

Experience the release of tension and stress through a series of postures which develop strength, flexibility, concentration, and balance. Please bring your own yoga mat to each class and wear comfortable clothing. NO CLASS APRIL 19 AND 21

\$60 resident/\$90 non-resident **5 classes**

7815	Tue., Feb. 22-Mar. 22	10:15-11:15 AM	18-Adult Cerritos Park East
7816	Thu., Feb. 24-Mar. 24	10:15-11:15 AM	18-Adult Cerritos Park East
7817	Tue., Apr. 5-May 10	10:15-11:15 AM	18-Adult Cerritos Park East
7818	Thu., Apr. 7-May 12	10:15-11:15 AM	18-Adult Cerritos Park East

Martial Arts

Karate provides an excellent physical and mental workout, increasing coordination and flexibility. The well-rounded curriculum incorporates ground and stand-up self-defense, kata and weaponry. Experience strength and confidence boosting fun classes with something for every member of the family. Parents are required to sign children in and out of each class meeting. NO CLASS MAY 30

\$84 resident/\$126 non-resident **12 classes**

7827	M/W, Feb. 28-Apr. 6	3:30-4:30 PM	4-6 years Liberty Park
7828	T/Th, Mar. 1-Apr. 7	3:30-4:30 PM	7-Adult Liberty Park
7829	M/W, Apr. 25-June 6	3:30-4:30 PM	4-6 years Liberty Park
7830	T/Th, Apr. 26-June 2	3:30-4:30 PM	7-Adult Liberty Park

Pickleball Round-Robin Social

Join the Pickleball Round Robin Social at Liberty Park! All players will participate in three 30-minute matches against different players in a true round-robin format. No partner is needed. Mixed-doubles play are randomly drawn based on the number of registrations. Intermediate level preferred. Prizes are awarded for first and second place.

\$5 per person **One Day**

7511	Thu., Mar. 24	10 AM-noon	18-Adult Liberty Park
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Pilates

This Pilates class will combine barre work and cardio to tone and strengthen the entire body. Thera-bands and exercise balls will be provided by the instructor to work on specific muscles and muscle groups to increase strength and agility. This revolutionary toning and conditioning system stretches, strengthens, and realigns overused joints, and muscles. Parents are required to sign children in and out of each class meeting. Participants will work at an individualized pace. NO CLASS APRIL 19 AND 21

\$50 resident/\$75 non-resident **5 classes**

7748	Tue., Feb. 15-Mar. 15	6-7 PM	13-Adult Liberty Park
7749	Thu., Feb. 17-Mar. 17	6-7 PM	13-Adult Cerritos Park East
7750	Tue., Mar. 29-May 3	6-7 PM	13-Adult Liberty Park
7751	Thu., Mar. 31-May 5	6-7 PM	13-Adult Cerritos Park East

Stride Cerritos - Fitness Walkers

Join Stride Cerritos and walk to fitness. During each session, walkers will receive instruction on the fundamentals of aerobic development through walking workouts. Cardiovascular improvement, muscle development and decreased body fat will be emphasized. NO CLASS APRIL 19 AND 21

Free **16 classes**

7726	T/Th, Apr. 5-June 2	6:30-7:30 PM	16-Adult Liberty Park
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Yoga For Kids

Yoga is a safe, fun and non-competitive way for children to exercise and develop coordination. Yoga also strengthens the body, builds self-esteem, and increases focus and concentration. Parents are required to sign children in and out of each class meeting.

\$66 resident/\$99 non-resident **4 classes**

7752	Sat., Feb. 19-Mar. 12	11:30 AM-12:15 PM	4-12 years Liberty Park
7753	Sat., Mar. 26-Apr. 16	11:30 AM-12:15 PM	4-12 years Liberty Park
7754	Sat., Apr. 30-May 21	11:30 AM-12:15 PM	4-12 years Liberty Park

Yoga For Relaxation

Enjoy an introductory course in conditioned relaxation based on the ancient art of hatha yoga as it is taught in India. This course consists of stretching, breathing, and relaxation exercises, which relieve mental tension, emotional stress, and physical strain. Exercise mats will be provided. Parents are required to sign children in and out of each class meeting.

\$60 resident/\$90 non-resident **5 classes**

7811	Mon., Feb. 21-Mar. 21	6:45-7:45 PM	14-Adult Liberty Park
7812	Wed., Feb. 23-Mar. 23	6:45-7:45 PM	14-Adult Liberty Park
7813	Mon., Apr. 4-May 9	6:45-7:45 PM	14-Adult Liberty Park
7814	Wed., Apr. 6-May 11	6:45-7:45 PM	14-Adult Liberty Park

**Sports Leagues,
Adult/Youth****Adult Men's and Coed
Slow Pitch Leagues****\$320 resident/\$355 non-resident****\$35 new team registration fee****\$60 fine payable after forfeiture**

The City of Cerritos, in conjunction with Major League Softball, offers an Adult Slow Pitch League to community and business teams. The registration fee includes ten games, statistics, game balls, newsletters, team and individual awards and league leader awards. Officials' fees of \$30 per team per game must be paid prior to the first pitch of each game. For more information, please call Major League Softball at (714) 289-1983.

LEAGUE	DAY	FIELD	STARTING DATE
Men			
	Tue.	Sports Complex / Liberty Park	Feb. 1
	Wed.	Sports Complex / Liberty Park	Feb. 2
	Thu.	Sports Complex / Liberty Park	Feb. 3
	Fri.	Sports Complex / Liberty ParkK	Feb. 4
	Sun.	Sports Complex / Liberty Park	Feb. 6

Coed

	Wed.	Sports Complex / Liberty Park	Feb. 2
	Fri.	Sports Complex / Liberty Park	Feb. 2
	Sun.	Sports Complex / Liberty Park	Feb. 6



Registration Information

Registration for the upcoming season will take place on-line through Tuesday, January 25. Please visit mlsoftball.com to register your team. Priority registration is granted to any team presenting proof that 51% of the members on their roster reside in the City of Cerritos or are employees of a business located in the City of Cerritos. Proof of residency with a valid California identification card is required for Cerritos residents and valid business identification is required for Cerritos businesses.

Striders Track and Field

Join the Striders Youth Track and Field team and have the opportunity to participate in optional invitational track meets. Team members may choose meets that fit their schedules. Registration includes coaching, workouts, a jersey and meet entry fees. For more information, please call the Sports Complex at (562) 916-8590. NO CLASS APRIL 19 AND 21

\$25 resident/\$38 non-resident		16 classes
7727	T/Th, Apr. 5-June 2 Liberty Park	5-6 PM 7-15 years

Youth Basketball Clinic

Register your aspiring basketball star for this valuable skills clinic and benefit from the expertise of local high school coaches. Youngsters will learn and improve fundamental skills such as dribbling, rebounding, and shooting. Teamwork, sportsmanship, and leadership will also be emphasized.

Free	One Day
7728	Sat., April 30 Community Gym at Cerritos High School

Golf, Adult/Youth

Cerritos Iron-Wood Nine Golf Course (562) 916-8400

The City of Cerritos Iron-Wood Nine Golf Course is a nine-hole, par 29, 1,468-yard, executive golf course. The lighted driving range offers a choice of hitting off mats or grass. Rental clubs and handcars are available; reservations can be made up to one week in advance. Starting times will begin at 6:30 AM depending upon course conditions.

Hours of Operation:

Monday through Friday	6:30 AM-7 PM
Saturday/Sunday	6:30 AM-6 PM
Course Hours: Daily	6:30 AM to Sunset
Range Hours: Monday through Friday	6:30 AM to 7 PM
Thursday	11 AM to 7 PM
Saturday/Sunday	6:30 AM to 6 PM

Beginning April 24, the course and range will be open at 6 AM. The range will close at 8 PM.

The last range bucket will be sold 30 minutes prior to closing.

Cerritos residents must present a valid California Driver's License or a valid California ID with current Cerritos address. Residents that have not secured a new California issued ID with a current Cerritos address must present an ID and provide a utility bill, rent receipt, tax bill, escrow papers, credit card, bank statement, or car registration that is postmarked within the last 60 days.

Golf Course Dress Code

The Cerritos Iron-Wood Nine Golf Course enforces its dress code policy. Men must wear a presentable shirt with sleeves. Tank tops, sleeveless shirts, swim suits and other dress deemed inappropriate for the course will not be allowed. Women must also wear a presentable shirt. Halter tops, tube tops, swim suits, and other dress deemed inappropriate for the course will not be allowed.

Golf Course Fees

Weekday Green Fees

\$11.00	Cerritos Resident, age 18 and older
\$13.00	Non-resident, age 18 and older
\$8.00	Cerritos Resident Senior, age 60 and older
\$9.00	Non-resident Senior, age 60 and older
\$7.50	Cerritos Resident Junior, age 18 and under with a current high school ID card
\$8.50	Non-resident Junior, age 18 and under with a current high school ID card

Weekend/Holiday Green Fees

\$12.00	Cerritos Resident, age 18 and older
\$15.50	Non-resident, age 18 and older
\$7.50	Cerritos Resident Junior, age 18 and under with a current high school ID card
\$8.50	Non-resident Junior, age 18 and under with a current high school ID card

Driving Range Fees

\$6.00	Small Bucket Card (51 balls)
\$9.50	Large Bucket Card (102 balls)
\$20.00	Value Card (280 balls)
\$45.00	Value Card (715 balls)
\$80.00	Value Card (1430 balls)

Novice Golfers

New to the game of golf? Having trouble learning the way around the course? The Cerritos Iron-Wood Nine Golf Course staff would be happy to play a few holes of golf with patrons to help in these areas. Please contact the Cerritos Iron-Wood Nine Golf Course at (562) 916-8400 to schedule an appointment based on staff availability. Staff assistance is free; however, regular green fees apply.



Private Lessons

Private lessons with Cerritos Iron-Wood Nine Golf Professional Jason Holmes may be scheduled on an appointment-only basis by contacting the Cerritos Iron-Wood Nine Golf Course at (562) 916-8400. One free small bucket of practice balls per person will be furnished at each lesson.

Private (1 person)	\$157/six, 1/2-hour lessons \$31/one, 1/2-hour lesson
Semi-Private (2 persons)	\$130 per person/six, 45-minute lessons \$25 per person/one, 45-minute lesson
Small Group (3-6 persons)	\$130 per person/six, 1-hour lessons \$25 per person/one, 1-hour lesson

Senior Golf Quarterly Tournament

Seniors, 60 years of age and older, are invited to participate in this fun-filled 9-hole, shotgun start tournament.

\$15 Tournament Fee	One Day
7512	Wed., Apr. 13 Golf Course

Spring Break Youth Golf Clinic

This clinic is designed to introduce the beginning junior to the game of golf. Staff will provide basic instruction including the swing, putting skills and golf etiquette. Games and skill contests will be conducted to keep the clinic fun, and participants will get actual experience on the driving range and practice putting greens. Parents are required to sign children in and out of each class meeting. Participants are encouraged to register for the Spring Break Youth Golf Tournament on Friday, April 22.

\$22 resident/\$33 non-resident	4 classes
7514	M/T/W/Th, Apr. 18-21 Golf Course

Spring Break Youth Golf Tournament

Enjoy this fun, nine-hole golf tournament for the novice junior golfer. This non-competitive event will offer participants the opportunity to play in a supervised golf tournament with others their age. Fee includes green fees and refreshments. Parents are required to sign children in and out of the class.

\$17 resident/\$26 non-resident	One Day
7515	Fri., Apr. 22 Golf Course

FEATURED

Itsy Bitsy Golf Clinic

This clinic is designed to introduce participants to the game of golf. The program will provide preschool golfers with brief instruction on grip, stance, swing and putting. Complimentary driving range use is also included. Parents are required to sign children in and out of the class.

\$15 resident/\$23 non-resident	One Day
7513	Sat., Apr. 16 Golf Course

Group Golf Lessons

Join Cerritos Iron-Wood Nine Golf Professional Jason Holmes in a relaxed group setting designed for all skill levels, from the novice to the experienced player. For novice players, fundamental skills such as stance, grip and swing will be covered. More experienced players will sharpen their skills and develop game techniques. One small bucket of practice balls will be provided at each lesson. Parents are required to sign children in and out of the class meeting.

\$70 resident/\$105 non-resident 4 classes

Session I	
7516	Sat., Feb. 19-Mar. 12 Golf Course
7517	Sat., Feb. 19-Mar. 12 Golf Course

Session II

7518	Sat., Mar. 26-Apr. 16 Golf Course
7519	Sat., Mar. 26-Apr. 16 Golf Course

Cerritos Junior Golf Academy

The Junior Golf Academy with Cerritos Iron-wood Nine Golf Professional Jason Holmes, is designed for youth golfers of all ability levels. From beginners to advanced golfers, participants will improve their game in a small group setting. Instruction will be conducted on the Course's driving range, putting greens, and pitching area. Range balls will be provided for each class and loaner clubs are available during class time. Parents are required to sign children in and out of the class meeting.

\$55 resident/\$83 non-resident 4 classes

Session I	
7520	Sat., Feb. 19-Mar. 12 Golf Course
7521	Sat., Feb. 19-Mar. 12 Golf Course
7522	M/W, Feb. 21-Mar. 2 Golf Course
7523	M/W, Feb. 21-Mar. 2 Golf Course

Session II

7524	M/W, Mar. 14-23 Golf Course
7525	M/W, Mar. 14-23 Golf Course
7526	Sat., Mar. 26-Apr. 16 Golf Course
7527	Sat., Mar. 26-Apr. 16 Golf Course

Session III

7528	M/W, Apr. 4-13 Golf Course
7529	M/W, Apr. 4-13 Golf Course

Volunteer Opportunities

Looking for work experience or something to add flair to your college or job application? If so, the Recreation Services Division's volunteer program is a great place to start. Opportunities exist for teens and adults to assist the City in a variety of volunteer capacities within the Recreation Services Division.

All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.

The Application/Waiver is available online in the Recreation section of the City's homepage at cerritos.us or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation workshops are listed below.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.

Orientation Dates

February 16	7 PM	Heritage Park
March 16	7 PM	Heritage Park
April 20	7 PM	Heritage Park
May 18	7 PM	Heritage Park



Recreation Services Volunteer

Volunteers, age 13 years or older, are needed for a variety of youth activities such as Parent/Child programs, Little One's Hour, Half Pint's Night, crafts, and much more. Special events include the Halloween Festival, Christmas Tree Lighting, Summer Entertainment Showcase, and the July 4th Let Freedom Ring Celebration.

Youth Sports Volunteer

The sports section of the Recreation Services Division recruits volunteer coaches on a seasonal basis for its four youth sports leagues. Volunteer coaches must be 18 years and older and are required to undergo a certification process, which includes fingerprinting and mandatory meetings. Teen volunteers with athletic experience are needed to assist Recreation Leaders in a variety of youth sports programs. Teens will learn basic Recreation Leader responsibilities and serve as a youth organized play class instructor's assistant, a youth sports volunteer coach, a special events assistant, and more. For more information on becoming a youth sports volunteer, please call the Cerritos Sports Complex at (562) 916-8590.

Swim Assistant Volunteer

Volunteers will assist swim instructors as well as help with special events at the Cerritos Swim & Fitness Center. Orientation is required. For more information, please call the Cerritos Swim & Fitness Center at (562) 407-2600.

Aquatics, Adult/Youth

General Information

The Cerritos Olympic Swim & Fitness Center is located at 13150 E. 166th Street, adjacent to Cerritos Park East. For general information, including hours of operation and admission fees, please call the Swim & Fitness Center at (562) 407-2600. For swim lesson registration, see below.

Admission Policies

The Swim & Fitness Center is open to Cerritos residents, accompanied guests, and adults working in the City of Cerritos. Each resident may bring up to four (4) guests during recreational swimming only.

Cerritos residents must present a valid California Driver's License or a valid California ID with current Cerritos address. Residents that have not secured a new California issued ID with a current Cerritos address must present an ID and provide a utility bill, rent receipt, tax bill, escrow papers, credit card, bank statement, or car registration that is postmarked within the last 60 days.

Children under 16 years of age may present a Cerritos resident library card. Parents are responsible for the supervision of children. Adults working in the City of Cerritos must present a valid driver's license and a business ID. Children who cannot swim and are less than four feet tall must be accompanied in the water by an adult. All residents using tickets for recreational swimming will be required to show acceptable Cerritos identification. Children over 5 years of age are not permitted in the locker room of the opposite sex.

Swim Fees

Lap Swim Fees

\$3.00	Adults, age 18 to 59
\$2.50	Seniors, age 60 and older

Recreational Swim Fees

\$2.00	Cerritos Resident
\$2.00	Adults who work in Cerritos with business ID
\$2.50	Non-resident Child, age 17 and under. Must be a guest of a Cerritos resident (see above)
\$3.25	Non-resident Adult, age 18 and older. Must be a guest of a Cerritos resident (see above)

Ticket Books

Ticket books are non-transferable. Patrons utilizing tickets as payments still need to meet all entrance requirements. Patrons using tickets for recreation swimming will be required to show acceptable Cerritos identification. Purchase limit of two (2) ticket books per visit.

Age 17 and under	15 tickets - \$20
Adult, age 18 to 59	20 tickets - \$60
Seniors, age 60 and older	20 tickets - \$50

Swim Center Hours

Hours of Operation

Monday-Friday	6 AM-9 PM
Saturday/Sunday	7 AM-2 PM

Recreational Swimming

Monday/Wednesday/Friday	7-9 PM
Saturday/Sunday	noon-2 PM

Adult Lap Swimming

Monday-Friday	6 AM-noon
Tuesday/Thursday*	7-9 PM
Saturday/Sunday	7 AM-noon

*Open to Cerritos Residents only.

A minimum of four lanes will be available for all lap swim sessions. Please refer to the Sports/Fitness section for Fitness Center hours.

Special Hours

The pool will be closed on the following days:

- PDA Dive Meet, Saturday, March 12 and Sunday, March 13
- CAC Swim Meet, Saturday, May 21 and Sunday, May 22

The pool will have modified hours on the following days:

- Monday through Friday, April 18 through April 22, Recreational Swimming, 11 AM-2 PM
- Monday, May 30, Recreational Swimming from 11 AM-9 PM and Lap Swimming from 7 AM-2 PM

Please Register Carefully

Any person registered in a class above their skill level will be dropped from the class without a refund.

Free Skills Testing

Skills testing is available prior to registration if assistance is needed to determine class level. Participants may come to the Swim & Fitness Center during recreational swim hours for testing.



Mommy/Daddy and Me

6 months-3 years

This class allows parents to share in the fun of children learning to swim. Children will learn basic safety skills, breath control, floating, kicking and paddling. Up to two adults per child are permitted to participate. Swim diapers are available for purchase at the Swim Center.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Spring 1	Spring 2
Time	Feb. 28-Mar.30	Apr. 25-May 25
10-10:30 AM	7533	7534

SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 26-Apr. 2*	Apr. 16-May 14
10:30-11 AM	7535	7536

*NO CLASS MARCH 12

SUNDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 27-Apr. 3*	Apr. 17-May 15
10:30-11 AM	7537	7538

*NO CLASS MARCH 13

REGISTER!

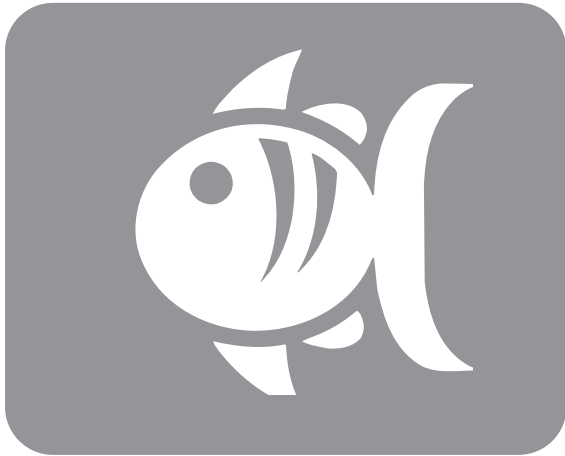
Help avoid program cancellations!

A minimum number of registered participants is required for each class.

Failure to register may result in program cancellations.



Sign up for the free Cerritos
 E-News e-mail and text messaging
 service by visiting cerritos.us



Preschool Pufferfish

3-5 years

Acquaint preschool-aged children to the aquatic environment. Beginners will learn breath control, floating and kicking. More advanced students will be presented with the basic elements of front crawl and backstroke. Parents are required to sign children in and out of each class meeting.

MONDAY/WEDNESDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Feb. 28-Mar.30	Spring 2 Apr. 25-May 25
9:30-10 AM	7540	7550
11-11:30 AM	7541	7551
11:30-noon	7542	7552
4-4:30 PM	7544	7554
4:30-5 PM	7545	7555
5-5:30 PM	7546	7556
5:30-6 PM	7547	7557
6-6:30 PM	7548	7558
6:30-7 PM	7549	7559

TUESDAY/THURSDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Mar. 1-31	Spring 2 Apr. 26-May 26
9:30-10 AM	7560	7568
10-10:30 AM	7561	7569
11-11:30 AM	7562	7570
11:30-noon	7563	7571
5-5:30 PM	7564	7572
5:30-6 PM	7565	7573
6-6:30 PM	7566	7574
6:30-7 PM	7567	7575

SATURDAY
\$25 resident/\$38 non-resident

Time	Spring 1 Feb. 26-Apr. 2*	Spring 2 Apr. 16-May 14
9-9:30 AM	7576	7582
9:30-10 AM	7577	7583
10-10:30 AM	7578	7584
10:30-11 AM	7579	7585
11-11:30 AM	7580	7586
11:30 AM-noon	7581	7587

*NO CLASS MARCH 12

SUNDAY
\$25 resident/\$38 non-resident

Time	Spring 1 Feb. 27-Apr. 3*	Spring 2 Apr. 17-May 15
9-9:30 AM	7588	7594
9:30-10 AM	7589	7595
10-10:30 AM	7590	7596
10:30-11 AM	7591	7597
11-11:30 AM	7592	7598
11:30 AM-noon	7593	7599

*NO CLASS MARCH 13

For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.



Starfish/Minnows

6-16 years

Get acquainted with the excitement of the aquatic world. Children will learn breath control, floating and other elementary skills. Parents are required to sign children in and out of each class meeting.

MONDAY/WEDNESDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Feb. 28-Mar.30	Spring 2 Apr. 25-May 25
6-6:45 PM	7600	7602
7-7:45 PM	7601	7603

TUESDAY/THURSDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Mar. 1-31	Spring 2 Apr. 26-May 26
7-7:45 PM	7604	7605

SATURDAY
\$25 resident/\$38 non-resident

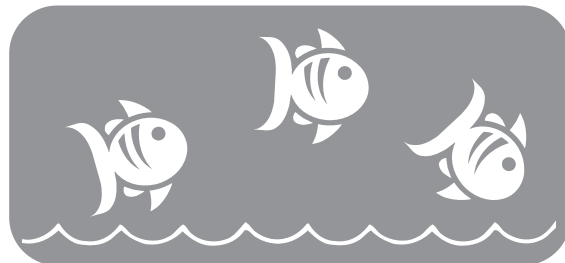
Time	Spring 1 Feb. 26-Apr. 2*	Spring 2 Apr. 16-May 14
9-9:45 AM	7607	7611
11-11:45 AM	7609	7613

*NO CLASS MARCH 12

SUNDAY
\$25 resident/\$38 non-resident

Time	Spring 1 Feb. 27-Apr. 3*	Spring 2 Apr. 17-May 15
8-8:45 AM	7614	7617
9-9:45 AM	7615	7618
10-10:45 AM	7616	7619

*NO CLASS MARCH 13



Flying Fish

6-16 years

Knowing the elementary skills of swimming, develop the front crawl and backstroke techniques. Along with these strokes, learn safety skills, self-rescue and diving. Parents are required to sign children in and out of each class meeting. Prerequisite: Minnows-level swimming skills.

MONDAY/WEDNESDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Feb. 28-Mar.30	Spring 2 Apr. 25-May 25
6-6:45 PM	7620	7623
7-7:45 PM	7621	7624
8-8:45 PM	7622	7625

TUESDAY/THURSDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Mar. 1-31	Spring 2 Apr. 26-May 26
7-7:45 PM	7626	7628
8-8:45 PM	7627	7629

SATURDAY
\$25 resident/\$38 non-resident

Time	Spring 1 Feb. 26-Apr. 2*	Spring 2 Apr. 16-May 14
8-8:45 AM	7630	7634
11-11:45 AM	7633	7637

*NO CLASS MARCH 12

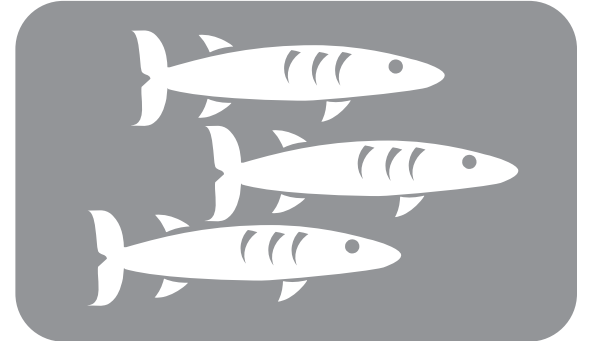
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Flying Fish (Continued)

SUNDAY
\$25 resident/\$38 non-resident

Time	Spring 1 Feb. 27-Apr. 3*	Spring 2 Apr. 17-May 15
8-8:45 AM	7638	7641
11-11:45 AM	7640	7643

*NO CLASS MARCH 13



Barracudas

6-16 years

Improve stamina, coordination, and learn breaststroke and side-stroke kicks and more safety skills. Parents are required to sign children in and out of each class meeting. Prerequisite: Flying Fish-level swimming skills.

MONDAY/WEDNESDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Feb. 28-Mar.30	Spring 2 Apr. 25-May 25
6-6:45 PM	7644	7647
7-7:45 PM	7645	7648
8-8:45 PM	7646	7649

TUESDAY/THURSDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Mar. 1-31	Spring 2 Apr. 26-May 26
8-8:45 PM	7651	7653

SATURDAY
\$25 resident/\$38 non-resident

Time	Spring 1 Feb. 26-Apr. 2*	Spring 2 Apr. 16-May 14
8-8:45 AM	7654	7658
10-10:45 AM	7656	7660

*NO CLASS MARCH 12

SUNDAY
\$25 resident/\$38 non-resident

Time	Spring 1 Feb. 27-Apr. 3*	Spring 2 Apr. 17-May 15
9-9:45 AM	7662	7665
11-11:45 AM	7664	7667

*NO CLASS MARCH 13



Dolphins

6-16 years

This class coordinates, refines and polishes skills learned in previous levels. Butterfly is introduced, as are open turns, surface dives and diving. Emphasis is placed on developing efficiency, power and endurance. Parents are required to sign children in and out of each class meeting. Prerequisite: Barracuda-level swimming skills.

MONDAY/WEDNESDAY
\$43 resident/\$65 non-resident

Time	Spring 1 Feb. 28-Mar.30	Spring 2 Apr. 25-May 25
8-8:45 PM	7670	7672

(Continued on the next page)

Dolphins (Continued)

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Spring 1	Spring 2
Time	Mar. 1-31	Apr. 26-May 26
7-7:45 PM	7673	7675

SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 26-Apr. 2*	Apr. 16-May 14
9-9:45 AM	7678	7681
11-11:45 AM	7679	7682

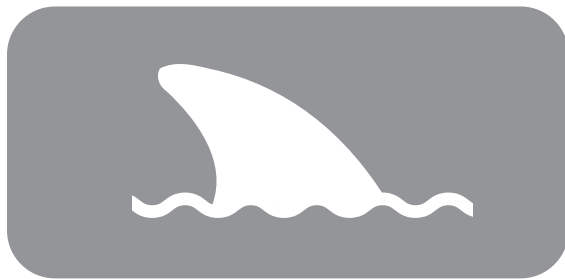
*NO CLASS MARCH 12

SUNDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 27-Apr. 3*	Apr. 17-May 15
10-10:45 AM	7684	7687

*NO CLASS MARCH 13



Sharks

6-16 years

Prepare for a competitive team or just improve swimming skills. Learn flip turns, starts and dives. Refine the competitive strokes learned in previous classes. Parents are required to sign children in and out of each class meeting. Prerequisite: Dolphin-level 6 card must be presented at the first class meeting. This class may be repeated.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Spring 1	Spring 2
Time	Feb. 28-Mar.30	Apr. 25-May 25
7-7:45 PM	7689	7691

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

	Spring 1	Spring 2
Time	Mar. 1-31	Apr. 26-May 26
8-8:45 PM	7693	7694

SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 26-Apr. 2*	Apr. 16-May 14
10-10:45 AM	7695	7697

*NO CLASS MARCH 12

SUNDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 27-Apr. 3*	Apr. 17-May 15
11-11:45 AM	7700	7702

*NO CLASS MARCH 13



Board Diving

6-16 years

Learn the basics of one and three meter springboard diving. The course will focus on safely teaching the fundamentals of basic board diving. Parents are required to sign children in and out of each class meeting. Prerequisite: Standing front dive and Barracuda-level swimming skills. This class may be repeated.

(Continued on the next column)

Board Diving (Continued)

TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

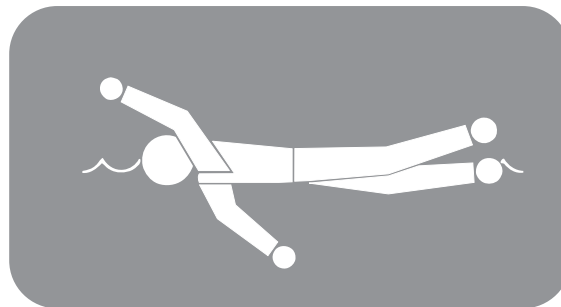
	Spring 1	Spring 2
Time	Mar. 1-31	Apr. 26-May 26
7-7:45 PM	7703	7704

SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 26-Apr. 2*	Apr. 16-May 14
9-9:45 AM	7705	7706

*NO CLASS MARCH 12



Adult Beginning Swimming

16 years and older

This is a basic swim course for the adult just learning to swim. The course is designed to teach floating and basic stroke techniques, including the front crawl and elementary backstroke. No previous skills required.

MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Spring 1	Spring 2
Time	Feb. 28-Mar.30	Apr. 25-May 25
8-8:45 PM	7711	7712

SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 26-Apr. 2*	Apr. 16-May 14
8-8:45 AM	7713	7715
9-9:45 AM	7714	7716

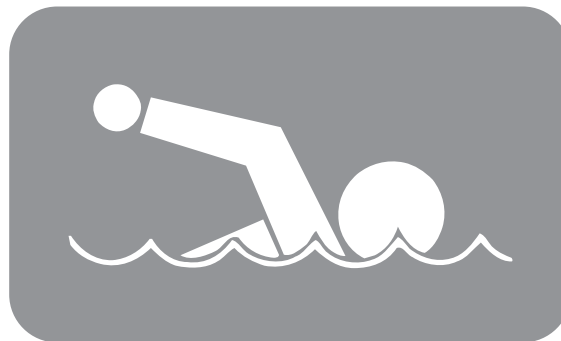
*NO CLASS MARCH 12

SUNDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 27-Apr. 3*	Apr. 17-May 15
8-8:45 AM	7717	7719
9-9:45 AM	7718	7720

*NO CLASS MARCH 13



Adult Intermediate Swimming

16 years and older

Continue to improve the front crawl and be introduced to the breaststroke and sidestroke. Depending on skill level, treading water, diving and flip turns may be introduced. Prerequisite: Adult Beginning-level swimming skills.

SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 26-Apr. 2*	Apr. 16-May 14
8-8:45 AM	7721	7722

*NO CLASS MARCH 12

SUNDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
Time	Feb. 27-Apr. 3*	Apr. 17-May 15
8-8:45 AM	7723	7724

*NO CLASS MARCH 13

Facility Information

Moon Bounce use at Cerritos Recreational Facilities

Cerritos residents are permitted to have a moon bounce at their family or neighborhood-related functions at a staffed Cerritos Recreation Facility. Moon bounces are only allowed at the following Cerritos recreational facilities, during normal operating hours: Cerritos Park East, Frontier Park, Heritage Park, Liberty Park, and Westgate Park.

- Please be aware of the following policies and procedures:
- Advance reservation for a shelter is required. Fees and deposits are required for all shelter reservations. There is a limited number of moon bounce areas designated at each facility. Moon bounce must be powered by a gasoline generator with enough gas to last for the duration of the reservation (maximum of six (6) hours. Moon bounces may not be plugged in to City electrical outlets.
- Moon bounce may not exceed 16ft x 16ft in size. Combos, climbers, slides or water features are prohibited.
- The permit holder must be present when the equipment is dropped off and must remain at the facility until the equipment is picked up by the vendor. All moon bounces must be supervised by an adult at all times.
- Choose from one (1) of the vendors who have a current certificate of insurance on file with the City of Cerritos or select an alternate company.
- If using an alternate company, an original certificate of insurance is required in the amount of one (1) million dollars, naming the City of Cerritos, its officers, employees, agents and volunteers as additional insured, along with an endorsement. Both documents are due at least ten (10) business days prior to the reservation date.
- All moon bounce requests are subject to approval by the Facility Coordinator and Supervisor.

Please visit one of the Cerritos Community Centers – Cerritos Park East, Heritage Park, or Liberty Park – for reservation information and facility availability.

For additional information, please contact the Recreation Services Division at (562) 916-1254.

REGISTER!

Help avoid program cancellations!

A minimum number of registered participants is required for each class.

Failure to register may result in program cancellations.

For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.



Featured Facility: Cerritos Sports Complex



19900 Bloomfield Ave.
(562) 916-8590

Office Hours
 Monday–Friday:
 3–8 p.m.

Saturday and Sunday:
 10 a.m.–3 p.m.

Features

- Three softball fields
- Two baseball/softball combination fields
- Six athletic fields for soccer/football
- Sports office
- Concession stand with outdoor eating area
- Playground area

City Facilities and Hours

Facility hours of operation are subject to change without notice.

Community Centers

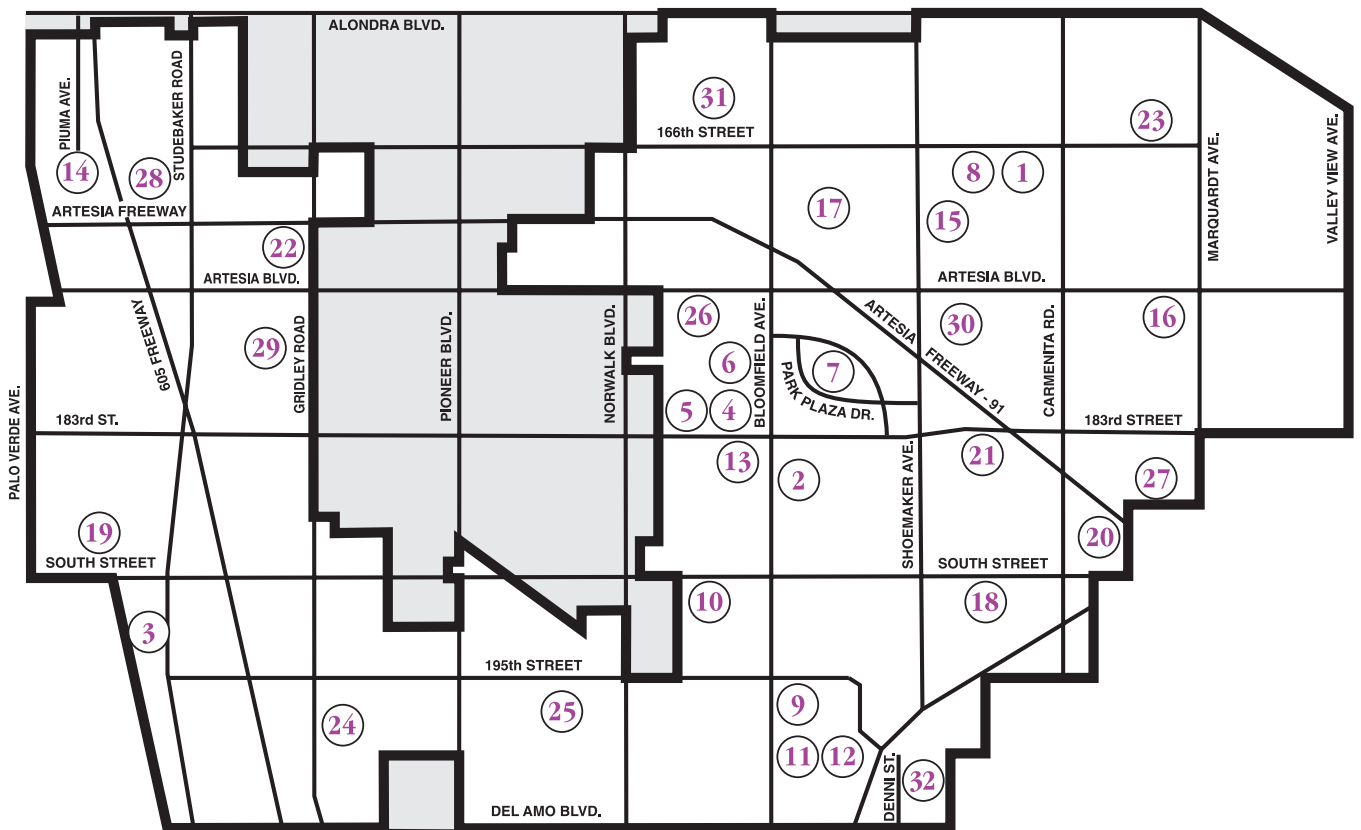
Monday-Friday, 10 AM-8 PM
 Saturday/Sunday, 10 AM-6 PM*
 *8 PM beginning April 5

- Cerritos Park East**
13234 E. 166th St., (562) 407-2611
- Heritage Park**
18600 Bloomfield Ave., (562) 916-8570
Play Island: Daily, 10 AM to Dusk
Tuesday, 2 PM to Dusk
- Liberty Park**
19211 Studebaker Rd., (562) 916-8565

Special Facilities

- Cerritos City Hall/Civic Center**
Bloomfield at 183rd Street, (562) 860-0311
Monday-Friday, 8 AM-5 PM
- Cerritos Sheriff's Station/
Community Safety Center**
18135 Bloomfield Ave., (562) 860-0044
- Cerritos Library/Civic Center**
18025 Bloomfield Ave., (562) 916-1350
Monday-Friday, 11 AM-7 PM
Saturday/Sunday, 1-5 PM
- Cerritos Center for the Performing Arts**
12700 Center Court Drive, (562) 916-8500

- Cerritos Olympic
Swim and Fitness Center**
13150 E. 166th St., (562) 407-2600
Monday-Friday, 6 AM-9 PM
Saturday/Sunday, 7 AM-2 PM
- Don Knabe Community Regional Park**
19700 Bloomfield Ave., (562) 924-5144
- Cerritos Senior Center
at Pat Nixon Park**
12340 South St., (562) 916-8550
- Cerritos Sports Complex**
19900 Bloomfield Ave., (562) 916-8590
- Cerritos Skate Park
at the Cerritos Sports Complex**
19900 Bloomfield Ave., (562) 916-8590



- Community Gym at
Cerritos High School**
12500 E. 183rd St., (562) 916-8577
- Cerritos Iron-Wood Nine
Golf Course**
16449 Piuma Ave., (562) 916-8400
Course Hours: Daily 6:30 AM to Sunset
Range Hours:
Monday through Friday 6:30 AM-7 PM
Thursday 11 AM-7 PM
Saturday/Sunday 6:30 AM-6 PM
The last range bucket will be sold
30 minutes prior to closing.
Beginning April 24, the course and range
will be open at 6 AM. The range will close
at 8 PM.
- Community Gym at
Whitney High School**
16800 S. Shoemaker Ave., (562) 407-2635

Neighborhood Parks

- Friendship Park**
13650 Acoro St.
- Frontier Park**
16910 Maria Ave., (562) 407-2648
- Sunshine Park**
19310 Vickie Ave.
- Westgate Park**
18830 San Gabriel, (562) 916-8580
- Bettencourt Park**
13575 Andy St.
- Brookhaven Park**
13167 Brookhaven St.
- Ecology Park**
17133 Gridley Rd.
- Gonsalves Park**
13611 E. 166th St.
- Gridley Park**
Gridley and Yearling
- Jacob Park**
Jacob and Yearling
- Loma Park**
17503 Stark St.
- Rainbow Park**
18600 S. Linda Cir.
- Reservoir Hill Park**
16733 Studebaker Rd.
- Rosewood Park**
17715 Eric Ave.
- Saddleback Park**
13037 Acoro St.
- Satellite Park**
12410 Ash Creek Road
- El Rancho Verde Park**
7815 Denni St.

Registration Instructions



RACER Powered by CivicRec offers many new exciting features for patrons to register for classes and activities.

Below are the required steps to register for a RACER account:

1. Have an existing e-mail address
2. Visit a City facility and provide a valid photo ID for each adult within your family.

Proof of age is required for children under the age of 18 and be one of the following:

- Birth Certificate (original or copy)
- Statement from the local registrar or County Recorder listing the date of birth
- Baptism certificate (duly attested)
- Passport
- Adoption Record
- Hospital or physician's certificate listing the date of birth
- Affidavit from the parent, guardian or custodian of the minor
- Current year tax form
- Insurance paperwork
- School I.D. or school emergency card with birthdate

After your account has been created, you will be able to register on-line for classes and activities.

RECREATION SERVICES DIVISION

Bloomfield Avenue at 183rd Street

Cerritos, California 90703

Monday-Friday, 8 AM - 5 PM (562) 916-1254

REGISTRATION INSTRUCTIONS

- Step 1 Read through the brochure for suitable classes
- Step 2 Choose method of Registration: On-line or Walk-in – NOTE DATES OF REGISTRATION (Any patron that does not have a RACER account must submit proper paperwork, which includes a birth certificate for all children 17 years and under.)
- Step 3 Confirmation of registered and waitlisted classes can be viewed on-line. If a class is full, you may be placed on the waiting list and no payment will be taken for the registration. Staff will contact you if a space becomes available.

REGISTRATION

Cerritos HomePage: cerritos.us

Cerritos Resident On-Line and Walk-In
All Classes

Saturday, February 5 at 10 AM

Non-Resident On-Line and Walk-In
All Classes

Friday, February 11 at 10 AM

On-line registration is the recommended method of registering for classes. To check the availability of classes or register for classes, please visit the Cerritos HomePage at cerritos.us and look for the on-line registration link. RACER is best viewed with Internet Explorer. Before registering for classes on-line, be sure to create and activate your RACER account.

If computers are not accessible for patrons, computers at the Cerritos Library may also be used.

You **will not** receive confirmation by mail for classes that were registered on-line. Please print a receipt at the conclusion of your transaction.

Visa, MasterCard, Discover, and American Express are accepted payment types for on-line registration.

Walk-in registration will be held at all community centers, Swim & Fitness Center and Golf Course, beginning at 10 AM. Registration will continue until classes are full.

COVID-19 NOTE

Activities listed in the Community Services Program will only be conducted if allowed by existing Los Angeles County Department of Public Health guidelines at the time of the class/activity and are subject to cancellation. Some classes/activities may be limited in capacity to accommodate these guidelines. Additional protocols may be in place such as use of face masks and the use of participants own equipment. Please do not arrive earlier than ten (10) minutes prior to class and leave promptly when class has ended. Participants will be required to complete a COVID waiver prior to the first class. We appreciate your patience as we work together to provide safe and meaningful programs.

ADDITIONAL INFORMATION

- **MAIL-IN and PHONE-IN registration is no longer being accepted.**
- Classes will begin the week of **February 14** unless otherwise listed.
- Class fees and times are subject to change without notice.

REFUND POLICY:

- **If a class is cancelled by the City, a full refund will be given.**
- **If the request to withdraw from a class is three (3) days or more before the first class meeting, a refund will be granted, minus a \$5 service fee per registrant, per class.**
- **Requests for class withdrawal less than three (3) days prior to the first class meeting will not be granted.**
- **Any person registered in an aquatics class above their skill level will be dropped from the class without a refund.**
- **Registration for excursions is non-transferable. No refunds will be given unless the trip is cancelled by the City.**



**Parks
Make
Life
Better!**

