Grafton-Coos Regional Coordination Council

Community Transportation Services Directory



http://www.grafton-coosrcc.org

July 2010

Community Transportation Services in Grafton and Coos Counties, NH

This directory lists community transportation services in Grafton and Coos Counties. Services included in this directory are:

- All publicly-funded Dial-A-Ride services
- Taxis & Private, For-Hire Car Services
- Medical transportation services
- Client transportation programs of agencies that serve persons with disabilities
- Client transportation programs of other human service agencies
- Transportation operated by nursing homes for their residents

Grafton-Coos Regional **Coordinating Council** Grafton County

Grafton-Coos Region

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IN A MEDICAL EMERGENCY CALL 911 FOR ASSISTANCE

Alphabetical List of Transportation Services

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
Advance Transit American Cancer	Lebanon, Hanover, Enfield, Canaan , NH; Hartford and Norwich, VT Statewide	General Public, Fixed Route and ADA Para-transit Service. Wheelchair accessible. advancetransit.com Rides to and from cancer treatment	802-295-1824 603-472-8899	Fare Free None required
Society		cancer using a network of volunteer drivers operating their own vehicles. Based upon available volunteers. http://www.cancer.org		
Apex Car Service	Hanover, Lebanon , Upper Valley	Town Car and Courier Services. Tour groups, sightseeing charters. www.apexcarservice.com	603-252-8294	Varies by service and destination
Appalachian Mountain Club (AMC)	White Mountains	Seasonal fixed-route system for hikers to stops surrounding major trailheads and AMC destinations in the White Mountain National Forest. Shuttles operate 7-days a week, June through October. http://www.outdoors.org/lodging/lodging-shuttle.cfm	For additional information on routes, policies, etc., visit:	Flat fare is \$17 for AMC members, \$19 for non-members reserved or walk-on ride of any length one- way. Ten-minute ride is \$10.
Caleb Interfaith Volunteer Caregivers	Bethlehem, Dalton, Groveton, Jefferson, Lancaster, Littleton, Twin Mountain, and Whitefield	Volunteer drivers to provide local/long distance medical trips and recreational / social trips for senior citizen clients (60+). Based upon available volunteers. http://www.caleb-interfaith.org/	603-837-9179 Call 2 to 3 days in advance to schedule.	None required

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
Canaan First Aid & Safety	Canaan Area	Ambulance and Wheelchair Services. http://www.townofcanaannh.us	603-523-8808	Varies by service and destination
Caring Hands Transportation	Lancaster, NH Local and long distance.	Door-to-Door medical and social transportation. Wheelchair accessible. Available 24/7.	603-348-0042	\$25 plus \$2.00 per mile
Concord Coach Lines	Littleton- Concord Berlin-Conway, Boston	General Public – wheelchair accessible transportation upon reservation. http://www.concordcoachlines.com	800-464-7731	Fares or charges vary by destination
Coos County Nursing Home	Berlin	Provides rides to elderly disabled and non-elderly disabled home residents for medical appointments for creational outings. Wheelchair accessible. http://www.cooscountynh.us	603-752-2343	None required
Coos County Nursing Hospital	West Stewartstown	Transports elderly disabled home residents to medical appointments and recreational outings. Wheelchair accessible. http://www.cooscountynh.us	603-246-3321	None Required
Country Village Center (Genesis Health Care)	Lancaster	Demand-response services, long distance medical trips, and recreational/social trips for residents of the facility. Wheelchair accessible.	603-788-4735	None Required

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
Dartmouth Coach	Hanover, Lebanon, New London, NH	Scheduled Coach Bus services to Boston, Logan Airport; Stamford, CT and New York, NY <u>www.dartmouthcoach.com</u>	1-800-637-0123	Fares Vary by destination. Children half price
Dave's Taxi	Littleton Area	Taxi and charter transportation service to individuals and groups.	603-444-0402	Charges vary by destination
Dependable Taxi	Berlin-Gorham Area	Taxi and charter transportation service to individuals and groups.	603-752-8294	Charges vary by destination
Easter Seals	Statewide	Services for individuals with a disability including students and the elderly. Wheelchair accessible. http://nh.easterseals.com	603-668-8603	Fares or charges vary by destination
Town of Franconia	Franconia Area	Ambulance and Wheelchair Services http://www.franconianh.org	603-823-7752	Varies by service and destination
Golden Cross Ambulance	Lower Grafton County	Emergency & Routine Medical Transports Local or Long Distance, Ambulance or Wheel chair accessible; available 24/7. http://www.goldencrossamb.com	603-542-6660	Fares or charges vary by destination
Grafton Ambulance	Grafton Area	Ambulance and Wheelchair Services http://townofgrafton.com	603-523-7500	Varies by service and destination

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
Grafton County Senior Citizens Council	Grafton County	Door-to-Door Transportation for Individuals Age 60 or Older and Adults with Disabilities. 8:00 AM to 4:00PM Monday-Friday Call to schedule - 24-hours in advance. Wheelchair accessible. http://www.gcscc.org/	Administrative Office 603-448-4897 Senior Center Locations Bristol – 744-8395 N. Haverhill–787-2539 Lincoln – 745-4705 Littleton – 444-6050 Canaan – 523-4333 Orford – 353—9107 Plymouth – 536-1204 Lebanon – 448-4213	Donations accepted
Granite State Independent Living Greyhound	Regional and National	Persons with disabilities when public transportation is unavailable. Wheelchair accessible. http://www.gsil.org Inter-city Coach Transportation Individuals with Disabilities served with 48 hours notice. http://www.greyhound.com	800-826-3700 802-295-3011 800-752-4841 for Accessible Service	Fee-for-Service or reimbursement for qualified beneficiaries Varies by destination
The Holiday Center	Berlin, Gorham, and Milan	Daily local trips and monthly long- distance trips for seniors provided for clients through a network of volunteers and part-time staff.	603-752-1413	Donations accepted

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
KM Town Taxi	Plymouth Area	Taxi and charter transportation services to individuals and groups	603-536-8294	Fares or charges vary by destination
The Linwood Express	Lincoln-Woodstock Area	Taxi and Take-Out Delivery service as well as charter transportation for individuals or groups. www.linwoodexpress.com	603-348-7238	Fares or charges vary by destination
Littleton Regional Hospital Care-a- Van	Special service for LRH Physician Appointments	Care-A-Van Demand-Response Call to schedule - 24-hours in advance. Wheelchair accessible. (Service provided by North Country Transit) http://www.tccap.org/	800-454-7731 603-444-9000	Donations Accepted
Med Coach	Nationwide	MED COACH is a luxury coach for long distance patient transfer or travel with a medical companion such as a nurse or caregiver. http://www.usamedcoach.com	1-800-311-3412	Varies by destination and services required.
The Morrison	Whitefield	Rides for nursing home and assisted living residents (elderly non-disabled, elderly disabled, and low income persons) for medical, recreational, and social trips.	603-837-2541	None required
North Country Medi-Van	NH, VT, ME, and MA	Medical and non-medical transport for disabled individuals. Services available 24-hours, 7 days per week. Local and long distance services. Wheelchair accessible.	603-838-2266 603-728-5053	Rate is \$2/mile. Sliding scale and contract rates available

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
North Country Ride Share	North Country	Carpool matching program. Outreach and hands-on assistance provided to communities and businesses as funding is available	603-444-6303	No cost to register
North Country Transit	Berlin-Gorham Lancaster, Whitefield, Littleton,	Flex-route and Door-to-Door Services. Wheelchair accessible. Flex-route and deviated ¼ mile.	888-997-2020 603-752-1741 24-hour advance schedules. http://www.tccap.org/	\$2 Ride all Day \$3 Ride all Day \$30 -15 day pass \$60 – 30 day pass
	Coos –Northern Grafton Counties	Door-to-door for elderly or disabled.		Varies by service and destination.
Northern Human Services (NHS)	Throughout Northern New Hampshire	Transportation services for clients receiving behavioral health or developmental disability services and substance abuse treatment and prevention includes demand-response, long distance medical trips and transportation for recreational and social activities. Wheelchair accessible. http://www.northernhs.org/	Berlin - Mental Health Ctr. 603-752-7404 Community Services 603-752-1005 Colebrook - Mental Health 603-237-4955 Littleton - White Mt. Mental Health 603-444-0145 Whitefield Common Ground 603-837-9547	None required

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
Pathways of River Valley	Lower Grafton County	Community non-profit agency supporting people with developmental disabilities and brain injuries and their families. Wheelchair accessible. http://www.pathwaysnh.org/	603-448-2077	Transportation service is provided at no extra charge for participants
People Movers/Big Yellow Taxi	Upper Valley, Local or Long Distance	Taxi Services, Non-Emergency Medical Transports, Executive Sedans, Airport Services. Wheelchair accessible; Available 24/7. http://www.bigyellowtaxis.com/home	603-643-8294	Fares or charges vary by destination
Plymouth State University Shuttle	Plymouth	Fixed Route shuttle services around Plymouth for students, faculty, staff, event customers, and general public. Operates from September through June from 7:30 AM – 12:00 AM. plymouth.edu/fsb/shuttle/Shuttle.htm	603-535-5000	Free Shuttle
P & P Twin State Taxi	Lebanon, NH Local or Long Distance	Sedan Taxi Services	802-295-7878 603-252-7878	Charges \$2.75 per mile
Ross Ambulance Service	Littleton Area	Medically necessary ambulance services.	603-444-5377	Varies by service and destination
Rural Community Transportation	St. Johnsbury, Vermont Littleton Area	Door-to-Door and volunteer driver services when available. http://www.riderct.org/	802-748-8170	Varies by service and destination

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
Serenity Steps	Berlin Area	Transportation service for members and participants only to and from the center for mental health peer support center.	603-752-8111	None required
The Shuttle Connection	Lincoln-Woodstock	Local and long-distance trips and charters; 24-hour service. Wheelchair accessible. http://www.shuttleconnection.com	603-745-3140	Fares or charges vary by destination. Hiker rates.
Stagecoach Transportation	Wells River, VT - Lebanon, NH	Operating the River Route from Wells River to Lebanon; Monday – Friday http://stagecoach-rides.org/newbury	(802) 728-3773 (800) 427-3553	One-way \$3.50; Ten ticket pass \$30.00
Upper Valley Ride Share	Grafton County	Carpool Matching Program www.uppervalleyrideshare.com	802-295-1824	No cost to register
Veterans Administration	Northeastern New Hampshire	Non-Emergency Medical Transportation for Disabled American Veterans. http://www.va.gov/	802-295-9363	Free for veterans to medical services at VA Facilities
Waterville Cab Company	Campton, Waterville Valley, Thornton, Plymouth, Lincoln- Woodstock	Provides taxi and charter transportation service to individuals and groups. Shuttle service to Manchester and Logan airports available. www.wvcabco.com	603-726-6536	Fares or charges vary by destination
Waterville Valley Transit Authority	Waterville Valley Area	Seasonal shuttle bus service, 7-days a week in winter-summer seasons. http://www.watervillevalley.org	603-236-4730	None required. Available for Charter

Provider Name	Service Area	SERVICE DESCRIPTION	Contact Info	Fees & Fares
West Central Behavioral Health	So. Grafton County	Community Mental Health Services for Adults & Children. Transports available for program participants only. http://www.wcbh.org/	603-542-5128	Charges vary by destination and programs.

Provider Name	Service Area	GENERAL PUBLIC TRANSPORTATION	Contact Info	Fees & Fares
Advance Transit	Lebanon, Hanover, Enfield, Canaan Hartford, Norwich	General Public Fixed Route and ADA Para-transit Service. Wheelchair accessible. advancetransit.com	802-295-1824	Free
Appalachian Mountain Club (AMC)	White Mountains	Seasonal fixed-route system for hikers to designated stops surrounding the major trailheads and AMC destinations in the White Mountain National Forest. Hiker shuttles operate daily from June through October. http://www.outdoors.org/lodging/lodging-shuttle.cfm	For additional information on routes, policies use website link at left.	Flat fare is \$17 for AMC members, \$19 for non-members reserved or walk-on ride of any length one- way. Ten-minute ride is \$10.
Concord Coach Lines	Littleton- Concord Berlin-Conway, Boston	General Public Services Wheelchair access made available with reservation. http://www.concordcoachlines.com	800-464-7731	Varies by destination.
Dartmouth Coach	Hanover, Lebanon, New London, NH	Scheduled Coach Bus services to Boston, Logan Airport; Stamford, CT and New York, NY dartmouthcoach.com	1-800-637-0123	Fares Vary by destination. Children half price
Greyhound	Regional and National	Inter-city Coach Transportation Individuals with disabilities served with 48 hours notice. http://www.greyhound.com	802-295-3011 1-800-752-4841 for wheelchair service.	Varies by destination

Provider Name	Service Area	GENERAL PUBLIC TRANSPORTATION	Contact Info	Fees & Fares
North Country Transit	Berlin-Gorham	Flex-Route and Demand Response, Deviated ¼ of a mile.	888-997-2020 603-752-1741	\$2 Ride all Day
	Lancaster, Whitefield, Littleton	Wheelchair accessible.	24-hour advance schedules.	\$3 Ride all Day \$30 -15 day pass \$60 – 30 day pass
	Coos –Northern Grafton Counties	Door-to-door for elderly or disabled. http://www.tccap.org/		Varies by service and destination.
Plymouth State University Shuttle	Plymouth	Fixed Route shuttle around Plymouth for students, faculty, staff, customers, and general public. Operates from September –June, 7:30 AM-12:00 AM plymouth.edu/fsb/shuttle/Shuttle.htm	603-535-5000	Free Shuttle
Rural Community Transportation	St. Johnsbury, Vermont	Door-to-Door and volunteer driver services when available. Wheelchair	802-748-8170	Varies by service and destination
Stagecoach Transportation	Wells River, VT - Lebanon, NH	operating the River Route from Wells River to Lebanon; Monday – Friday http://stagecoach-rides.org/newbury	(802) 728-3773 (800) 427-3553	One-way \$3.50; Ten ticket pass \$30.00
Waterville Valley Transit Authority	Waterville Valley Area	Seasonal shuttle bus service, 7-days a week during winter-summer seasons. http://www.watervillevalley.org	603-236-4730	None required. Contract service available.

Provider Name	Service Area	TAXI COMPANIES	Contact Info	Fees & Fares
Apex Car Service	Hanover, Lebanon , Upper Valley	Town Car and Courier Services. Tour groups, sightseeing charters. http://www.apexcarservice.com/	603-252-8294	Varies by service and destination
Dave's Taxi	Littleton Area	Taxi and charter transportation service to individuals and groups.	603-444-0402	Charges vary by destination
Dependable Taxi	Berlin-Gorham Area	Taxi and charter transportation service to individuals and groups.	603-752-8294	Charges vary by destination
KM Town Taxi	Plymouth Area	Taxi and charter transportation services to individuals and groups	603-536-8294	Charges vary by destination
The Linwood Express	Lincoln- Woodstock Area	Taxi and Take-Out Delivery service. Charter transportation for individuals or groups. www.linwoodexpress.com	603-348-7238	Fares or charges vary by destination.
P & P Twin State Taxi	Lebanon, NH	Sedan Taxi Services. Local and long distance.	802-295-7878 603-252-7878	Charges \$2.75 per mile
Big Yellow Taxi	Local or Long Distance	Taxi Services, Non-Emergency Medical Transports, Executive Sedans, Airport Services. Wheelchair accessible, 24/7. http://www.bigyellowtaxis.com	603-643-8294	Varies by service and destination
The Shuttle Connection	Lincoln- Woodstock	Local and long-distance trips and charters; wheelchair accessible, 24/7. http://www.shuttleconnection.com	603-745-3140	Fares or charges vary by destination. Hiker rates

Provider Name	Service Area	TAXI COMPANIES	Contact Info	Fees & Fares
Waterville Cab	Campton,	Provides taxi and charter transportation	603-726-6536	Fares or charges vary by
Company	Waterville Valley,	service to individuals and groups. Shuttle		destination
	Thornton,	service to Manchester and Logan airports		
	Plymouth,	available. <u>www.wvcabco.com</u>		
	Lincoln-			
	Woodstock			

Provider Name	Service Area	NON EMERGENCY MEDICAL TRANSPORTATION	Contact Info	Fees & Fares
American Cancer Society	Statewide	Rides to and from treatment for cancer using a network of volunteer drivers operating their own vehicles. *Based upon availability of volunteer drivers. http://www.cancer.org	603-472-8899	None required
Caleb Interfaith Volunteer Caregivers	Bethlehem, Dalton, Groveton, Jefferson, Lancaster, Littleton, Twin Mountain, and Whitefield	Volunteer drivers to provide local/long distance medical trips and recreational / social trips for senior citizen clients (60+). *Based on availability of volunteer drivers. http://www.calebinterfaith.org	603-837-9179 Call 2 to 3 days in advance to schedule.	None required
Canaan First Aid & Safety	Canaan Area	Ambulance and Wheelchair Services http://www.townofcanaan.org	603-523-8808	Varies by service and destination
Caring Hands Transportation	Lancaster, NH Local and long distance	Door-to-Door medical and social transportation. Wheelchair accessible Available 24-hours a day.	603-348-0042	\$25 plus \$2.00 per mile
Town of Franconia	Franconia Area	Ambulance and Wheelchair Services http://www.townoffranconianh.org	603-823-7752	Varies by service and destination
Golden Cross Ambulance	Lower Grafton County	Medical transports 24/7; local or long distance; wheelchair van or ambulance. http://www.goldencrossamb.com	603-542-6660	Fares or charges vary by destination

Provider Name	Service Area	NON EMERGENCY MEDICAL TRANSPORTATION	Contact Info	Fees & Fares
Grafton Ambulance	Grafton Area	Ambulance and Wheelchair Services http://www.townofgrafton.com	603-523-7500	Varies by service and destination
Littleton Regional Hospital Care-a-Van	Special service for LRH Physician Appointments	Care-A-Van Demand-Response Call to schedule - 24-hours in advance. Wheelchair accessible. (Service provided by North Country Transit) http://wwww.tccap.org	800-454-7731 603-444-9000	Donations Accepted
North Country Medi-Van	NH, VT, ME, and MA	Medical and non-medical transport services for disabled individuals. Services available 24/7. Local and long distance services available. Wheelchair accessible.	603-838-2266 603-728-5053	Rate is \$2/mile. Sliding scale and contract rates available
North Country Transit	Coos and Northern Grafton Counties	Elderly and disabled to appointments local and long distance. Wheelchair accessible. http://www.tccap.org/	888-997-2020 603-752-1741 24 hour advance scheduling.	Varies by service and destination.
People Movers	Local or Long Distance	Non-Emergency Medical Transports, Sedans, Airport Services. Wheelchair accessible. Available 24/7. http://www.peoplemoversinc.net	603-643-8294	Varies by service and destination

Provider Name	Service Area	NON EMERGENCY MEDICAL	Contact Info	Fees & Fares
		TRANSPORTATION		
Ross Ambulance Service	Littleton Area	Medically necessary non-emergency and ambulance services. Wheelchair accessible. 24/7.	603-643-8294	Varies by service and destination
Veterans Administration	Northeastern New Hampshire	VA general and medical services for disabled veterans. Wheelchair accessible. http://www.va.gov	802-295-9363	Free services for veterans to medical services at VA health facilities.

Provider Name	Service Area	SENIORS & PERSONS WITH A DISABILITY	Contact Info	Fees & Fares
Caleb Interfaith Volunteer Caregivers	Bethlehem, Dalton, Groveton, Jefferson, Lancaster, Littleton, Twin Mountain, Whitefield	Volunteer drivers to provide local/long distance medical and recreational trips for senior citizen clients (60+). *Based upon availability of volunteers. http://www.caleb-interfaith.org	603-837-9179 Call 2 to 3 days in advance to schedule.	None required
Easter Seals	Statewide	Services for individuals with a disability, students and the elderly. Wheelchair accessible. http://nh.easterseals.com	603-668-8603	Fares or charges vary by destination
Granite State Independent Living	Statewide	Persons with disabilities when public transportation is unavailable. Wheelchair accessible. http://www.gsil.org	800-826-3700	Fee-for-Service and Transportation Reimbursement for qualified beneficiaries. Financial assistance available

Provider Name	Service Area	SENIORS & PERSONS WITH A DISABILITY	Contact Info	Fees & Fares
Grafton County Senior Citizens Council	Grafton County	Door-to-Door Transportation for Individuals Age 60 or Older and Adults with Disabilities 8:00 AM to 4:00PM Monday-Friday Call to schedule - 24-hours in advance. Wheelchair accessible. http://www.gcscc.org	Administrative Office 603 -448-4897 Senior Centers Bristol – 744-8395 N. Haverhill – 787-2539 Lincoln –745-4705 Littleton– 444-6050 Canaan – 523-4333 Orford– 353-9107 Plymouth-536-1204 Lebanon -448-4213	Donations Accepted
North Country Transit	Coos and Northern Grafton Counties	Door-to-Door Transportation for Individuals Age 60 or Older and individuals with a disability. Wheelchair accessible.	888-997-2020 603-752-1741 24 hour advance scheduling.	Donations Accepted

Provider Name	Service Area	RESTRICTED CLIENT TRANSPORTATION	Contact Info	Fees & Fares
Coos County Nursing Hospital	West Stewartstown	Transports elderly disabled home residents to medical appointments and recreational outings. Accessible vehicle. http://www.cooscountynh.us	603-246-3321	None Required
Country Village Center (Genesis Health Care)	Lancaster	Door-to-Door services, long distance medical trips, and recreational/social trips for residents of the facility. Accessible vehicle.	603-788-4735	None Required
The Morrison	Whitefield	For nursing home and assisted living residents (elderly non-disabled, elderly disabled, and low income persons) for medical, recreational, and social trips.	603-837-2541	None required
The Holiday Center	Berlin, Gorham, and Milan	Daily local trips and monthly long-distance trips for seniors provided as need for clients through a network of volunteers and part-time staff.	603-752-1413	Donations accepted
Pathways of River Valley	Southern Grafton County	Community-based non-profit agency for people with developmental disabilities and brain injuries and their families. http://www.pathwaysnh.org	603-448-2077	Transportation service is provided at no extra charge for participants
Serenity Steps	Berlin Area	Transportation service for members and participants only to and from the center for mental health peer support center.	603-752-8111	None required

Provider Name	Service Area	RESTRICTED CLIENT	Contact Info	Fees & Fares
		TRANSPORTATION		
Northern Human	Throughout	Transportation services for clients receiving	Berlin - Mental	None required
Services (NHS)	Northern New	behavioral health or developmental	Health Center	
	Hampshire	disability services and substance abuse	603-752-7404	
		treatment and prevention includes demand-	Community	
		response, long distance medical trips and	Services	
		transportation for recreational and social	603-752-1005	
		activities. Wheelchair accessible.	Colebrook - Mental	
		http://www.northernhs.org	Health Center	
			603-237-4955	
			Littleton - White	
			Mt. Mental Health	
			603-444-0145	
			Whitefield	
			Common Ground	
			603-837-9547	
Veterans	Northeastern	VA general and medical services for disabled	802-295-9363	Free services for veterans to
Administration	New Hampshire	veterans. http://www.va.gov		medical services at VA health
				facilities.
West Central	So. Grafton	Community Mental Health Services for	603-542-5128	Charges vary by destination
Behavioral Health	County	Adults & Children. Transports available for		and programs.
		program participants only.		
		http://www.wcbh.org/		

Provider Name	Service Area	INFORMATION & REFERRAL	Contact Info	Fees & Fares
Medicaid Transportation	Statewide	Volunteer Driver and Service Referrals provided by the Medicaid Division of NH Department of Health Human Services. http://www.dhhs.state.nh.us/DHHS/MEDICAIDPROGRAM/	1-800-852-3345 Ext. 3770	No additional charges for eligible beneficiaries to covered medical services.
North Country Ride Share	North Country	Carpool matching program currently being developed. Outreach and handson assistance to communities and businesses as funding is available	603-444-6303	No cost to register
Service Link Resource Center	Statewide	A statewide network of community-based resources for seniors, adults with disabilities and their families. Monday-Friday 8AM to 4PM http://www.nh.gov/servicelink/index.html	866-634-9412 – Toll Free	Free referral and information about services that support healthy and independent living.
United Way	Statewide	Free information that connects people with important community services. http://www.unitedway.org/	211 603-448-2766 - Lebanon 603-752-6540 - Berlin	Free Information and Referrals
Upper Valley Ride Share	Grafton County	Carpool Matching Program www.uppervalleyrideshare.com	802-295-1824	No cost to register