



American Medical Women's Association
The Vision and Voice of Women in Medicine since 1915

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Summer 2012

President's Message



Dear AMWA Members,

A Warm Summer Greeting!

When I think of AMWA, I think of this amazing ship set afloat by Bertha Van Hoosen 97 years ago in Chicago. Trundling through a century of change in medicine, she adapted herself, all the better to faithfully ferry tens of thousands of medical women to various life shores. She ditched ballast when she had to, added a few staterooms when she needed and dropped anchor in stormy climes, all the better to stay her course.

What has kept our sturdy ship sailing, this weathered and much beloved ship who has nearly run aground on occasion? It is her crew. Women who've volunteered endless hours from their busy lives and families to scrub her decks, empty her privies, steer at the helm and (wo)man ☺ her sails.

Why all this hard work, this unpaid drudgery? Because, we love her, everyone of us. We love AMWA for the vision that she was, the vision that she is, and the vision that she will be, cruising full steam ahead into her next century, her billowing sails filled with the winds of our labors and our wishes for a world of gender equality.

From far up in the crow's nest, a young medical student yells down to us, "I see the horizon and it is us!" She's right of course, AMWA's future are her students, much as AMWA's past and present are Bertha Van Hoosen's disciples.

I pray that we have the wisdom to teach each other about our glorious ship AMWA. I pray that we have the humility to be taught by each other and particularly, by our students. I pray that we have the grace to allow Her Medical Ship AMWA to adapt to her newer, more perilous seas of the 21st century. I pray that we can do all this in camaraderie and with a great amount of fun. After all, isn't that what good sailing is all about?

Fondly,

Gayatri Devi, MD
AMWA President, 2012-2013



Gloria Steinem, AMWA President Gayatri Devi, MD and Program Committee Co-Chair Diana Galindo, MD at AMWA's 97th Anniversary Gala in Miami, April 14, 2012. Photo: Mary Ellen Morrow

AMWA 97th Annual Meeting

Gloria Steinem, Rachel Remen, AMWA Members, and Other Luminaries Celebrate Past, Present and Future in Miami

AMWA's 97th Annual Meeting, Achieving Success as Women in Medicine: Strategic Career and Personal Development, in conjunction with the MWIA North American Triennial Congress, was held on April 13-15, 2012 in Miami, Florida. The meeting was a phenomenal success with an excellent CME program as well as opportunities for leadership development, mentorship, and networking. Attendees came from all over the world, including delegations from Canada and South Korea.

A Strong Multidisciplinary CME Program

AMWA assembled world class experts in women's health and women's advancement to speak on a variety of topics.



*Gloria Steinem with AMWA leaders Dr. Mona Jain, Dr. Claudia Morrissey, Dr. Neelum Aggarwal, Dr. Joyce Braak, and Dr. Kate Williams.
Photo: Mary Ellen Morrow.*

Medical Volunteering: Nationally and Internationally

Sophie Delaunay
Executive Director
Medicins san Frontiers (USA)

How to Speak So Patients Will Listen

Lauryn Franzoni
President, Leadership IQ

Cardiovascular Disease in Women

Debra Judelson, MD, FACC
Director, Women's Heart Institute
Cardiovascular Medical Group of Southern California

Update on Brain Stimulation Treatment Options for Depression

Sarah H. Lisanby, MD
Professor and Chair, Department of Psychiatry
Duke University School of Medicine

Clinical Practice: Methodology for Career Success

Henry Lodge, MD, FACP
Founding Partner, New York Physicians LLP
Associate Clinical Professor of Medicine
Columbia University College of Physicians and Surgeons

Women in Medicine: Beyond the Glass Ceiling

Hilit Mechaber, MD
Assistant Dean for Student Services
Miller School of Medicine, University of Miami

Advances in Imaging

Carolyn Meltzer, MD, FACP
William P. Timmie Professor and Chair
Department of Radiology and Imaging Sciences
Associate Dean for Research
Emory University School of Medicine

Advances in Women's Health: Is There a Role for Hormones?

Lila Nachtigall, MD
Professor of Obstetrics and Gynecology
New York School of Medicine
Past President, North American Menopause Society

Medicine without Evolution is Like Engineering without Physics

Randolph Nesse, MD
Professor, Department of Psychiatry
University of Michigan

Reducing Stroke Risk in Women

Ralph Sacco, MD, FAAN
Past President, American Heart Association
Professor and Chair, Department of Neurology
Miller School of Medicine, University of Miami

Managing Your Medical School Debt

Taylor Sauer, GL Advisor

HPV Vaccines: There are No Controversies

Marcia Shew, MD, MPH
Associate Professor Clinical Pediatrics and Clinical Obstetrics and Gynecology
Indiana University School of Medicine

Take Charge of Your Career! Mentoring and Other Tools for Your Professional Development Toolbox

Luanne E. Thorndyke, MD, FACP
Vice Provost for Faculty Affairs
University of Massachusetts Medical School

Writing on the Practice of Medicine

Abigail Zuger, MD
Medical Writer for the New York Times
Associate Clinical Professor of Medicine
Columbia University, College of Physicians and Surgeons

Sex- and Gender-Specific Women's Health: A Paradigm for Curricular Change

Kim Templeton, MD
President, US Bone and Joint Decade
President, American College of Women's Health Physicians
Professor of Orthopedic Surgery and Health Policy and Management
University of Kansas Medical Center-Kansas City

Janice Werbinski, MD
Past-President, American College of Women's Health Physicians
Associate Clinical Professor of Obstetrics & Gynecology
Michigan State University, Kalamazoo Center for Medical Studies

Joanna Wilson, DO
Associate Professor, Department of Internal Medicine
Chief, Division of Women's Health and Gender-Based Medicine
Texas Tech University Health Sciences Center, Amarillo

AMWA 97th Annual Meeting

Gloria Steinem

*American Feminist, Journalist, Author and Activist
Founder, Ms Magazine*

Keynote Speaker at AMWA's 97th Anniversary Gala

Gloria Steinem, the indefatigably effervescent feminist leader who has done much for championing women's rights, was the Gala guest of honor. She galvanized the full capacity audience with her discussion on the rights of women—then, now and into the future, providing excitement in the feminist movement from a ringside perspective. True to her spirit and the spirit of the occasion, Ms. Steinem took to the dance floor and danced with AMWA members and students late into the night. The Gala was a resounding success, garnering an over 92% vote as the highlight of the event, in no small part due to Ms. Steinem's exuberance.

Rachel Naomi Remen, MD

Founding Director of the Institute for the Study of Health and Illness

*Clinical Professor of Family and Community Medicine
University of California, San Francisco*



Dr. Rachel Naomi Remen, center, keynote speaker at the Women in Medicine Reception, is surrounded by AMWA members. Photo: Mary Ellen Morrow

Keynote Speaker at the Women in Medicine Reception

The Women in Medicine Reception featured keynote speaker, Dr. Rachel Naomi Remen, who shared insights from her experiences both as a physician and patient. Dr. Remen's heartfelt message about humanism and healing were a reminder to all of the real joy in medicine.

AMWA Medical Students and Residents Thrived in a Mentoring Atmosphere

More than 50 posters were exhibited at the Resident and Student poster session, with topics ranging from pregnancy outcomes in transplant recipients to healthcare screening in female athletes. Winners in two categories were as follows:

Original Research

1st Place – Neha Deshpande, "Pregnancy Outcomes in Kidney and Liver Transplant Recipients: Two Systematic Reviews and Meta Analyses"

2nd Place – Chao Ying Xu, "Mitochondrial D310 Mutations in the Early Development of Breast Cancer"

3rd Place – Nance Yuan, "Effect of Cleft Width on Incidence Rates of Palatal Fistula and Velopharyngeal Insufficiency"

Clinical Vignettes

1st Place – Erin Lessner, "Blurry Vision in Pregnancy: A Case of Central Serous Chorioretinopathy"

2nd Place – Annette Nichole Sullivan, "At Practice Today, In the OR Tomorrow: Screening for Heart"

3rd Place – Joani Christensen, "Indocyanine Green Near-Infrared Laser Angiography Predicts Timing for the Division of a Forehead Flap"

Thanks to the generosity of the Mr. James A. Heller (Anne C. Carter Family Foundation), Dr. Mary Guinan and Dr. Janice Werbinski, 178 medical students attended the conference. A mentoring breakfast provided special opportunities for students to interact directly with women physicians and discuss practical issues like career life balance, raising a family, and transitions within one's medical career. As AMWA's first standalone meeting after four years, this meeting brought back a true sense of camaraderie among women in medicine from all over the country. As one long-time member aptly remarked, "I feel like I have come home."



Debra Judelson, MD, FACC presenting on cardiovascular disease in women. Photo: Mary Ellen Morrow

AMWA 97th Annual Meeting

Recognizing Outstanding Achievement in Medicine: The 2012 AMWA Awards

AMWA Awards were presented to the following outstanding individuals.

Presidential Award

James A. Heller

Elizabeth Blackwell Medal Award

[Luanne Thorndyke, MD, FACP](#)

Woman in Science Award

[Pamela Lipsett, MD, MHPE](#)

Lila A. Wallis Women's Health Award

[Nawal Nour, MD, MPH](#)

Bertha Van Hoosen Award

[Clarita E. Herrera, MD](#)

Anne C. Carter Student Leadership Award

[Linda J. Wang](#)

Camille Mermod Award

[Ryan Smith](#)

Presidential Recognition Awards

Outgoing AMWA President Dr. Mary Guinan recognized individuals who made a significant impact to AMWA during her 2011-2012 presidency.

Elinor T. Christiansen, MD

Eliza L. Chin, MD, MPH

Gayatri Devi, MD

Gina Marinilli

Janice Werbinski, MD

Theresa Rohr-Kirchgraber, MD



Elizabeth Blackwell Medal winner Dr. Luanne Thorndyke flanked by her husband John Hanger and the Dean and Provost of the University of Massachusetts Medical School, Dr. Terry Flotte. Photo: Mary Ellen Morrow



AMWA Student Member and Poster Winner Neha Deshpande, Lila Wallis Award Winner Dr. Nawal Nour, and Anne Carter Award winner Linda Wang, AMWA Student President. Photo: Mary Ellen Morrow

AMWA Exceptional Mentor Awards

AMWA members recognized individuals who made a meaningful contribution to their professional and personal development by nominating them for the AMWA Exceptional Mentor Award.

- Raghav Govindarajan, MD, Cleveland Clinic Florida. Nominated by his student Syeda Alqadri.
- Stephanie Martin, a fourth year student at the Indiana University School of Medicine. Nominated by fellow student Amy Hale.
- Julie Servoss, MD, of the Charles E. Schmidt College of Medicine, Florida Atlantic University. Nominated by her student Irene Chang.
- Marcia Shew, MD, of the Indiana University School of Medicine. Nominated by Laura Kester, MD.
- Kanani Titchen, a fourth year medical student at Jefferson Medical College. Nominated by two first year medical students. Victoria Greenberg and Malinda Wu.
- Erin Phipps, MD, of the Indiana University School of Medicine. Nominated by Dr. Theresa Rohr-Kirchgraber.
- Nathalie C. Zeitouni, MDCM, FRCPC, Roswell Park Cancer Institute. Nominated by her student Preethi R. Raghu.

AMWA Board Call for Nominations

The AMWA Governance Committee is currently accepting nominations for positions on the AMWA Board of Directors beginning in the 2013-2014 year. The completed application is due August 15, 2012.

[Click here for more information and to download the application.](#)

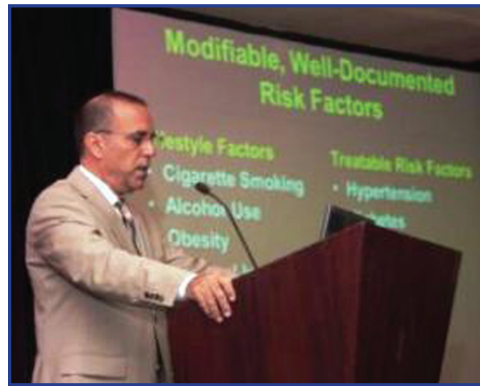
AMWA 97th Annual Meeting

Meeting Photos Available for Purchase

AMWA's photographer, Mary Ellen Morrow, has arranged for the event's photos to be available for purchase. Click on [AMWA's 97th Annual Meeting - Miami, FL Photos](#) for more information. Net proceeds of the sale of photos will benefit the AMWA Advocacy Fund. This donation is in honor of her mother, Dr. Laura Morrow, AMWA President, 1968-69.



Program Committee Co-Chair Dr. Eliza Chin, Dr. Suzanne Harrison, and new AMWA member Dr. Joedrika Brown. Photo: Mary Ellen Morrow.



Ralph Sacco, MD, FAAN presenting on reducing stroke risk in women. Photo: Mary Ellen Morrow



Pamela Lipsett, MD, MHPE (left) receives her Woman in Science Award from Awards Committee Chair Dr. Nancy Church. Photo: Mary Ellen Morrow



Dr. Roberta Rubin, Bertha Van Hoosen Award winner Dr. Clarita Herrera, Dr. Susan Ivey, and Dr. Roberta Gebhard. Photo: Mary Ellen Morrow

AMWA Awards 2012 Glasgow-Rubin Certificates of Commendation for Academic Achievement

During the 2012 medical school graduation season, AMWA distributed Glasgow-Rubin Certificates of Outstanding Achievement, along with invitations to join AMWA, to 407 women who graduated in the top 10 percent of their graduating classes. Of the 407 recipients, 22 women graduated first in their classes and received Certificates of Commendation. Fifty medical schools participated. Congratulations to the new women physicians!



A.T. Still University's Melanie Grgurich, D.O. presents AMWA Glasgow-Rubin Certificates to Rachel Saul, Kendra Morlok, Judy Hsu, Lindsay Peckskamp, and Mia Manabat.

AMWA's Gender Equity Task Force Receives 2012 Joan F. Giambalvo Scholarship Research Grant Awarded by the AMA Foundation and the AMA Women Physicians Congress

AMWA is pleased to announce that Linda Brodsky, MD and Roberta Gebhard, DO, co-chairs of AMWA's Gender Equity Task Force, are recipients of a 2012 Joan F. Giambalvo Scholarship research grant. The grant is awarded by the AMA Foundation and the AMA Women Physicians Congress. Drs. Brodsky and Gebhard will use the grant to plan a study to investigate the work habits of women physicians. AMWA has also provided financial support for the planning phase of the study.

"Unprecedented numbers of women are entering medicine. Workforce planning is based largely on research done on baby boomer men; the same assumptions cannot apply to women and their male millennial generation peers," said Dr. Brodsky. "Research to date suggests substantive differences in the way women physicians work and behave."

This proposed project will create the data base and study design for a larger proposal which will seek to collect in depth informa-

tion about how both women and men of generations X and Y work and think in the first third of their career, when both career and family milestones compete for their energies.

"Women form one-third of the physician workforce and almost half of matriculants into medical school," stated Claudia Reardon, MD, Chair of the AMA Women Physicians Congress. "If we are going to meet the needs of an increasing patient population, we need to invest in research that improves our knowledge of the challenges and opportunities for women in medicine."

The Giambalvo research scholarships are awarded to advance the progress of women in the medical profession and strengthen the ability to identify and address the needs of women physicians and medical students through the study of professional issues of women in medicine.

Gender Gap in Physician Pay

Women physician researchers are underpaid compared with men, according to a recent study "[Gender Differences in the Salaries of Physician Researchers](#)," published by *The Journal of the American Medical Association*. The survey was conducted by the University of Michigan and compared the current salaries of academic researchers who were granted National Institutes of Health K08 or K23 awards from 2000 to 2003. After adjusting for factors such as specialty and academic rank, the study found women were paid about \$12,000 less on average per year than their male colleagues.

AMWA President [Dr. Gayatri Devi commented to ABCNews.com](#) on the research results and the role of women in medicine. She noted, "A lot more advocacy needs to be done in this area... This means not just propelling women into higher ranks and leadership positions, but also putting our money where our mouth is, paying women their worth."

Misty Richards Receives the Leah H. Dickstein MD Medical Student Award

The Association of Women Psychiatrists named AMWA Student Past President Misty Richards the 2012 recipient of the Leah J. Dickstein, M.D. Medical Student Award. The award was established in the year 1992 to recognize a female medical student who best exemplifies the spirit of creativity, energy, and leadership that Dr. Dickstein herself epitomizes and seeks to foster in others. Ms. Richards explained that Dr. Dickstein's "ability to serve the community as an accomplished physician, leader and mother is a great example for women, like myself, who aspire to follow in her footsteps. I am so appreciative for women like Dr. Dickstein who have not only paved the way for women in psychiatry, but are happy to hold our hands as we cross this busy street."



MWIA Update

Learn more about the work of the Medical Women's International Association and the work of the regional member and related organizations worldwide in the [latest update](#). AMWA members are also members of MWIA.

AWHS 95th Anniversary Campaign Progress



This year marks the 95th anniversary of AWHS. Please celebrate with us by making a tax-deductible donation to AWHS. Your vital contributions will ensure the ongoing support to many clinics in the U.S. and beyond. With our low operating costs, your funds go directly into supporting these clinics.

You may send a check (payable to the American Women's Hospitals Service) or [donate online here](#). Mail your check to AWHS, 100 North 20th Street, Suite 400, Philadelphia, PA 19103.

Please donate today. Suggested contribution levels: \$9.50, \$95.00, \$950.00, \$9,500.00. Donations of \$95 and above will be recognized below and in newsletters throughout 2012.

Thank you to the major donors of the **AWHS 95th Anniversary Campaign!**

Virginia H. Baker, MD, MPH

Annette M. Chavez, MD

Eliza L. Chin, MD

Beatrice S. Desper, MD

Robyn Faye, MD

Laura Hart, MD

Laura Helfman, MD

Edel A. Hondl, MD

Mohinder Jain, MD, PhD

Mary Z. Johnson, MD

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Roberta G. Rubin, MD

Toni Otway, MD

Nanette Santoro, MD

Omega Silva, MD, MACP

Estherina Shems, MD

Janice Stachowiak, MD

Kathryn A. Williams, MD

List as of June 8, 2012

Women in Medicine Provides Annual Retreat for Lesbian Physicians

By Laurel Waters, MD FCAP FASCP

[Women in Medicine \(WIM\)](#) is an organization started in 1984 as a medical education retreat for lesbian physicians, their partners and their children. The annual conference provides CME credits for physicians. The conferences also include non-medical topics of interest to both physicians and their partners.

Combining high quality medical education with a setting that fosters professional networking and personal growth for lesbian physicians and their families across the nation, and around the world, WIM conferences alternate annually between east coast and west coast venues. This allows women from both coasts to have a "local" trip every other year, and gives the women hosting the event a chance to highlight local talent when se-

lecting speakers and entertainment. The quality of speakers is consistently high, and the topics covered are broad and leading edge. In 2012 the retreat was held in Napa, California. One of the meeting session topics was *AMWA and AWHS Approach Centennials*.

The 30th Anniversary meeting will be held in Clearwater, Florida Wednesday, June 26 to Sunday June 30, 2013. Pretrips for a day or a long weekend are being arranged at Walt Disney World. AMWA would like to organize a contingent to attend. [Click here for more information](#). If you are interested in attending the 2013 meeting or would just like to connect with other lesbians in AMWA, please email amwalesbians@gmail.com.

Book Review by Theresa Rohr-Kirchgraber, MD: *Harmony of the Spheres: A Working Mom's Lessons of Love, Strength & Balance*, Farzana Sherene Haffizulla, MD

Dr. Haffizulla is a young physician, wife and mother who shares her journey in this delightful self-published book about her career and life, and along the way, she espouses words of wisdom for the reader. She uses her own experiences and frequently gives examples to explain her career recommendations for other physicians who hope to find themselves on this similar path. The chapters follow an organized path and her writing is heartfelt. Young women starting out in medicine would find this very useful. To obtain a copy go to www.busymommd.com.



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American Medical Women's Association
 The Vision and Voice of Women in Medicine since 1915

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