

Cooking in the Kitchen



David stood in the kitchen. He waited for Grandpa to finish washing his hands. Today, Grandpa was teaching David how to cook. David was excited, but he was also nervous. What if he added the wrong ingredients or put in too much salt? Then his food wouldn't taste good, and no one would eat it.

Once Grandpa had washed his hands, he pointed to the supplies on the table.

"Let's start by putting water in a pot and letting it boil," Grandpa said.

David could do that. He found the large pot, filled it with water from the sink, and put it on the stove. Grandpa showed him how to safely turn on the stove.

"Now we can chop up the vegetables and measure our spices," Grandpa said. "I can do the chopping while you do the measuring."

Grandpa showed David how to use a teaspoon and a tablespoon. David carefully measured salt, garlic, and pepper. He mixed them into a bowl.

Grandpa chopped up carrots, potatoes, onions, and peppers. He added them to the same bowl.

"Now we will roast them in the oven," Grandpa said.

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By the time the vegetables were put into the oven, the water in the pot was boiling. Grandpa helped David add rice to the water. He also showed David how to grill slices of chicken in a flat pan.

Soon, the food had all been prepared. David and Grandpa put away all the supplies. They wiped off the table and put out plates, forks, and napkins. Then they sat at the table to eat.

Would the food be good or bad? David took the first bite. He chewed slowly. Then he smiled.

“Good?” asked Grandpa.

“Good,” said David, and he ate everything on his plate.

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1) Why do you think David was as nervous as he was excited?

2) Put the events in order. Write 1, 2, and 3 to indicate the order.

- A) chopping up the vegetables
- B) roasting the vegetables in the oven
- C) putting water in a pot and letting it boil

3) Sort the items below under the correct senses.

- A) a teaspoon and a tablespoon
- B) plates, forks, and napkins
- C) the food on the table
- D) roasted vegetables

Touch	Taste

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4) What are the steps David and Grandpa take to prepare the table for eating?

5) How did David like the food?

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Answer Key

1) Why do you think David was as nervous as he was excited?

He was nervous because there was every chance for the food

preparation to go wrong. If it did, the food wouldn't taste good and no

one would eat it.

2) Put the events in order. Write 1, 2, and 3 to indicate the order.

A) chopping up the vegetables

2

B) roasting the vegetables in the oven

3

C) putting water in a pot and letting it boil

1

3) Sort the items below under the correct senses.

A) a teaspoon and a tablespoon

B) plates, forks, and napkins

C) the food on the table

D) roasted vegetables

Touch	Taste
a teaspoon and a tablespoon	the food on the table
plates, forks, and napkins	roasted vegetables

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Answer Key

4) What are the steps David and Grandpa take to prepare the table for eating?

They put away the supplies, wipe off the table, and set the table.

5) How did David like the food?

He liked the food and ate everything on his plate.
