

COSTA RICA

ARENAL HANGING BRIDGES

An Active Adventure

Case Western Reserve University Educational Travel Program

OCTOBER 15 - 22, 2022



Discover the best of the tropics on this Costa Rica excursion! From rainforests and rivers to volcanoes and beaches, you'll experience adventure in a variety of ecosystems and habitats, fun and engaging activities, and the friendly, "pura vida" attitude for which the country is famous. Begin in the lush Caribbean lowlands, where pristine forests shelter a great diversity of plant and animal life. Continue to spectacular Arenal Volcano and its nearby hot springs before heading to the Pacific Coast for more action-packed discovery. From night hikes searching for nocturnal species, to zip lining through canopy forest, and learning about ecosystems and culture, this program is ideal for anyone seeking well-rounded exploration.

PROGRAM HIGHLIGHTS

- Swing through canopy forests and over the Sarapiquí River on a zip line tour.
- Hike through primary rainforest to spot an array of fauna including sloths, monkeys, iguanas, parrots, toucans, and hummingbirds.
- Paddle through Class I, II, and III rapids on a thrilling whitewater rafting adventure.
- Ride horses, hike, and swim at the stunning 200-foot La Fortuna Waterfall.
- View the natural area in the Central Pacific from up high on the Arenal Hanging Bridges.
- Embark on a sea outrigger canoe from Agujas Beach and spend time exploring the area.





ITINERARY

B,L,D = BREAKFAST, LUNCH, DINNER

OCTOBER 15 - SAN JOSÉ

Upon arrival, after clearing customs and immigration at the airport, meet your driver and transfer to Hotel Balmoral, situated in the heart of the city near the Gold Museum and the National Theater, along the city's famous pedestrian boulevard. This evening, enjoy a welcome dinner and program orientation at the hotel. In order to arrive in time for orientation, participants must book flights that arrive in San José no later than 4:30 pm. Hotel check-in starts at 2 pm. *Overnight at Hotel Balmoral. (D)*

OCTOBER 16 - SARAPIQUÍ

This morning, gather for breakfast, and then depart San José, heading north to the Sarapiquí region. Upon arrival at Selva Verde Lodge &



Rainforest Reserve, check in, and enjoy lunch on the banks of the Río Sarapiquí. Selva Verde is located in the lush lowlands of north-central Costa Rica on a private tract of primary and secondary tropical rainforest. This afternoon, have fun on an exhilarating zip line canopy tour through the forests, crossing the river several times, all from a bird's-eye view. After dinner, explore the world of the rainforest during a short night hike in search of nocturnal amphibians, mammals, owls, and insects. *Overnight at Selva Verde Lodge. (BLD)*

OCTOBER 17 - SARAPIQUÍ

This morning after breakfast, set out on a hike in the primary rainforest reserve to observe this unique ecosystem up-close. A variety of wildlife can be seen along the reserve's forest trails, including sloths, monkeys, iguanas, parrots, toucans, hummingbirds, and other fascinating fauna. After the hike, walk through Selva Verde's botanical garden, and learn

about the beautiful abundance of flowers and plants. Following lunch, embark on an exciting whitewater rafting adventure! The river has a gentle current with several minor Class I, II, and III rapids. A professional river guide escorts all rafting trips, and all of the necessary safety equipment (helmet, life jackets, etc.) is provided, along with a lesson on rafting safety instructions and procedures. For those not interested in rafting, a serene boat trip along the river can be arranged as an alternative. This evening, have dinner at the lodge, and visit the nearby Tirimbina Biological Reserve for a presentation on the intriguing lives of bats. During the visit, learn about some of the 113 species of bats that can be found in Costa Rica, with an opportunity to see live specimens humanely caught by local researchers collecting data. *Overnight at Selva Verde Lodge. (BLD)*

OCTOBER 18 - ARENAL

After breakfast, check out and depart for Arenal, stopping at La Fortuna on the way for a horseback ride, hike, and swim at La Fortuna Waterfall. Upon arrival at Arenal Observatory Lodge, check in, and enjoy the rest of the afternoon at leisure to relax in the thermal hot spring pools heated by Arenal Volcano. Weather permitting, the hotel affords excellent views of the volcano from every room. Dinner at the lodge. *Overnight at Arenal Observatory Lodge. (BLD)*

OCTOBER 19 - CENTRAL PACIFIC

This morning after breakfast, head to Arenal Hanging Bridges, a reserve that abounds with wonderful trails, suspension bridges, and

outstanding natural areas. Lunch is on your own in La Fortuna at a local restaurant. Next, travel from Arenal to Costa Rica's Pacific Coast. En route, stop at the Tárcoles River for a crocodile river safari. Cruise along the waterway in search of the large American crocodiles that call this river home. Arrive at

the hotel with time to enjoy the pool or the beach. *Overnight at Hotel Punta Leona. (BD)*

OCTOBER 20 - CENTRAL PACIFIC

This morning, embark on a sea outrigger canoe from Playa Agujas. Paddle along the coast and indulge in some fruit and fun at the ocean. Have lunch on your own at the hotel, and then embark on an exhilarating adventure through the forest canopy in Herradura. The experts at Vista Los Sueños Canopy will explain safety procedures and instructions before you zip through the trees along zip lines with spectacular views of the surrounding area, as well as wildlife that may be present. *Overnight at Hotel Punta Leona. (BD)*

OCTOBER 21 - SAN JOSÉ

Spend the day at leisure on the Pacific Coast, and then depart for San José. Have lunch en route. This evening, gather at a special restaurant in the city for

your celebratory farewell dinner. *Overnight at Hotel Balmoral. (BLD)*

OCTOBER 22 - DEPARTURE

This morning, you will be transferred to the San José International Airport for your flight out. Check-out is at 11:30 am. Welcome home! (B)



COLLARED ARACARI



PUNTA LEONA BEACH



OUTRIGGER CANOE ON THE PACIFIC COAST



HANGING BRIDGE AT SELVA VERDE

LAND PRICING

\$2,599

Price is based on double occupancy with 10 participants. Single supplement is available for \$399 per person.

Your price includes:

- 7 nights' accommodation
- 18 meals (7 breakfasts, 4 lunches, 7 dinners)
- Non-alcoholic beverages with meals
- Sightseeing and activities as described, including entrance fees
- Holbrook Travel tour guide
- Private motorcoach or minibus transportation throughout your trip
- Luggage handling, one bag per person
- Bottled water on the bus
- Gratuities for main guide and drivers
- Carbon offset
- Departure tax

Price does not include: international airfare, trip cancellation insurance, gratuities for hotel staff, luggage assistance, meals, and local guides, drinks purchased on own, and items of a personal nature.

Holbrook Travel can assist with making your flight arrangements upon request (estimated at \$679 from Cleveland to San José). Trip cancellation insurance is strongly recommended (offered through the Case Western Reserve University Educational Travel Program).

ACTIVITY LEVEL

EASY-MODERATE: Participants should be able to walk at least 2-3 hours over some uneven and potential slippery surfaces without difficulty and should be able to ascend or descend 50 stairs consecutively. Physical activities typically last for at least 2-3 hours at a time.

THE FINE PRINT

An initial deposit of \$500 is required by participants to register and reserve a space on the program. Payment in full is required by participants no later than July 12, 2022. Reservations can be made online at holbrook.travel/cwru-cr22. Participants should register with deposit as soon as possible to ensure space. Reservations made less than 95 days prior to departure require full payment. See page 5 for full terms and conditions.

For further information, please call 904-432-3141 or email sxd618@case.edu.



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Enclosed is my/our deposit for \$ _____ (\$500 per person) for _____ person/people on the tour listed below. I/we understand the final payment is due at least 95 days prior to departure. Payment may be made by American Express, Discover, MasterCard, or VISA or by personal check. Please make check payable to Holbrook Travel, Inc. and mail deposit check to: Holbrook Travel, 3540 NW 13th Street, Gainesville Florida, 32609. For payment questions, please call toll-free 800-451-7111 or email travel@holbrooktravel.com.

Full Passport Name _____ DOB _____ Gender _____

E-mail _____

Full Passport Name _____ DOB _____ Gender _____

E-mail _____

Badge Name(s) _____

Address _____ City _____

State _____ ZIP _____ Home Ph. (_____) _____ Cell Ph. (_____) _____

Please book my/our air from _____ I/we request an air upgrade to _____.

I will share a room with _____ I request a single room (limited availability).

Note: The undersigned has read the schedule of activities for the above-referenced tour, and agrees that their signature(s) below represent(s) their acceptance of the General Terms and Conditions.

Signature _____ Date _____

Signature _____ Date _____

Method of Payment Check American Express Discover MasterCard VISA

Account # _____ Security Code _____ Exp. Date _____

Name of Cardholder _____

Signature _____

Final invoicing will be sent by our tour operator, Holbrook Travel, Inc. The balance of the program price must be paid to Holbrook Travel. Final payment is due 95 days prior to departure (check or credit card).

GENERAL TERMS AND CONDITIONS Please read this information carefully, as payment of a deposit represents your acceptance of the following Terms and Conditions.

Not Included in Your Tour Price International airfare from your departure city; costs of passports and visas; personal expenses such as beverages, laundry, room service, and meals not specified; communications charges; gratuities other than for your Holbrook Travel Main Tour Guide and Driver; and trip cancellation insurance. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

International Air Transportation Estimated airfare: **\$679 from Cleveland to San José**. Holbrook Travel offers group airfare and ticketing. Group transfers between the airport and hotel are included in your program cost. A note about online airfare: Occasionally, you may be able to find airfares online that are listed at a lower cost. In general, individual fares lack the flexibility of group airfare and often require immediate purchase. You will receive your preliminary air schedule approximately 2 1/2 months prior to departure. Please note that seat assignments on your international flight are usually done at airport check-in. Holbrook Travel is unable to guarantee any seat assignments. Due to the nature of tour operator tickets, other restrictions apply, including but not limited to, frequent flyer mileage accrual, stopovers, alternate travel dates, upgrades, and airline taxes and departure fees. If you prefer to make your own travel arrangements, booking the tour "Land Only" is available. We recommend that if you choose to make your own airline reservations, you do not purchase non-refundable tickets or those with high penalties for changes. If you choose to make your own air arrangements, the CWRU Educational Travel Program, Engaging Journeys, and Holbrook Travel, Inc. shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

Cancellations, Changes and Refunds If you must cancel your tour, the effective date of cancellation will be upon our receipt of your notification. All cancellations need to be submitted in writing to CWRU Educational Travel Program. Refunds for cancellations are subject to the following per person charges: **Cancel 95 days or more before departure: \$300 charge; Cancel 95-0 days before departure: no refund.** Please note that we will not refund the cost of any unused portion of your tour package. We will not charge a fee for any changes made to your reservation outside of 95 days before departure. From 94 to 30 days before departure, if you make any changes to your reservation, a \$100 per person administrative fee will apply, in addition to any fees or penalties imposed by airlines, hotels, or other third parties. Changes are subject to availability and cannot be guaranteed. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. No changes to your reservation can be made within 30 days of departure. If due to unforeseen circumstances Holbrook Travel cancels your tour, you will receive a complete refund of all payments you have made to us.

Health and Medical Issues We welcome all travelers, but request that you be in good health to participate on a Holbrook Travel tour. All of our tours involve a reasonable amount of walking (typically two to three miles per day). You must be able to get on and off motorcoaches on your own. We regret that we cannot provide individual assistance; in such cases you must be accompanied by a companion who will assist you. Please note that our itineraries cannot accommodate wheelchairs. We reserve the right to remove anyone whose physical condition or behavior, in our opinion, compromises the operation of the tour or detracts from the enjoyment or safety of the other tour members. In that event, CWRU Educational Travel Program, Engaging Journeys, and Holbrook Travel assume no financial responsibility for any unused portion of the tour. For the convenience of the majority of our travelers, Holbrook Travel has a no smoking policy on all tour buses. We will arrange sufficient rest stops so those who wish to smoke may do so.

Required Information Upon reservation, you must provide your full name as it appears on your passport, date of birth, and gender (for details, please visit tsa.gov). In the event an airline ticket is issued with incorrect information you have provided, or if you use a different passport than originally cited, you will be responsible for charges associated with the ticket's reissue. **A passport valid for at least six months after the completion of your tour is required for U.S. citizens on this tour.**

Responsibility The liability of CWRU Educational Travel Program as sponsor, and Engaging Journeys/Holbrook Travel Inc., as tour operator, is strictly limited. CWRU Educational Travel Program and Engaging Journeys/Holbrook Travel, Inc. purchase transportation, hotel accommodations, restaurant and other services from independent suppliers not under our control. We serve only as agents for these suppliers in securing tour arrangements, and therefore will not accept responsibility for wrongful, negligent, or arbitrary acts or omissions of these independent contractors, their employees, agents, servants or representatives. CWRU Educational Travel Program and Engaging Journeys/Holbrook Travel, Inc. are not liable for injury, damage, loss, accident, or delay that may be caused by events not within our control, including without limitation, acts of terrorism, war, strikes, the defect of any vehicle, or the negligence or default of any third party. All coupons, receipts, and tickets issued are subject to the terms and conditions specified by the air carriers, cruise line, and other independent suppliers. We will make every effort to operate our tours as planned, but we reserve the right to make itinerary changes as necessary. If unforeseen circumstances require us to change a hotel, we will select alternative accommodations of the same or better quality and may change due to factors such as government regulations, water levels, or weather conditions. The services of any IATA and ATC carrier may be used in connection with these tours. The participant understands that if he/she books special low cost airfares with penalties, and cancels the reservation, he/she is responsible for any penalties incurred from the airline.