



GRAND VALLEY
STATE UNIVERSITY

Student Resource

GUIDE

CAMPUS & COMMUNITY



TABLE OF CONTENTS

Using the Resource Guide	4
<i>Grand Valley State University</i>	5
<i>Allendale, Michigan</i>	6
<i>Grand Rapids, Michigan</i>	6
Making GVSU Your New Home	7
Finding Good Food	8
<i>Grocery Shopping</i>	8
<i>Local Favorites</i>	9
<i>Pizza/Buffer</i>	9
<i>Urban Cuisine</i>	10
<i>Mexican Food</i>	10
<i>Caribbean Food</i>	10
<i>Vegan and Vegetarian</i>	11
<i>Other Ethnic Eateries</i>	11
<i>Food Assistance</i>	12
Faith and Religious Services	13
Health and Wellness	16
<i>Personal Care (Barbershops and Beauticians)</i>	17
<i>Health Services</i>	19
<i>Dental Services</i>	20
<i>Prescription Services</i>	22
<i>Vision Services</i>	23
<i>Family Planning and Resources</i>	24
Financial Management	25
<i>Financial Literacy</i>	25
<i>Financial Aid Information</i>	25
<i>Tax Resources</i>	25
Inclusion and Diversity	26
Community Resources	27
Emergency/Crisis	28

GRAND VALLEY STATE UNIVERSITY

STUDENT RESOURCE

GUIDE

CAMPUS &
COMMUNITY

3

RESOURCE GUIDE

USING THE STUDENT RESOURCE GUIDE

Grand Valley State University has a host of services for you to take advantage of.

Whether you live in Allendale, downtown Grand Rapids, or commute from somewhere else, this Resource Guide will help you find your home at GVSU!

It's best to think of this Resource Guide as your one-stop-shop for navigating both campuses and the surrounding communities.

There are bound to be situations where you cannot find the answer in this guide, but the resources listed here should be able to connect you with what you need. No matter your situation, the faculty and staff of GVSU are dedicated to your success!

For even more resources, feel free to check out the following websites:

<http://www.hellowestmichigan.com>

<http://www.experiencegr.com>

<http://www.grar.com>

“ Drawing on the experiences of students and staff alike, this guide is here to help you **make the most** of your time at gvsu! ”



“ EDUCATING STUDENTS TO SHAPE THEIR LIVES, THEIR PROFESSIONS, AND THEIR SOCIETIES. ”

GRAND VALLEY STATE UNIVERSITY



Grand Valley State University, established in 1960, is a four-year public university. It attracts nearly 25,000 students with its high-quality programs and state-of-the-art facilities. Grand Valley provides a fully accredited liberal undergraduate and graduate education and has campuses in Allendale, Grand Rapids, and Holland, and regional centers in Muskegon and Traverse City. Grand Valley is a comprehensive university, serving students from all 83 Michigan counties and dozens of other states and foreign countries.

Grand Valley offers 81 undergraduate and 31 graduate degree programs. The university is dedicated to individual student achievement, going beyond the traditional classroom experience, with research opportunities and business partnerships. Grand Valley employs more than 2,000 people and is committed to providing a fair and equitable environment for the continued success of all.

Allendale is centrally located in Ottawa County which means easy access to main highways and quick commutes in the region.

ALLENDALE

Allendale is a place of abundant natural beauty where rich history of the past meets the dynamic growth of the future. Allendale is a place of shared memories where people come together to live, work, and play. Allendale is conveniently located between the beautiful shores of Lake Michigan and the bustling city of Grand Rapids.

Allendale is one of the fastest growing townships in the region but continues to maintain its family-friendly, rural character that the community knows and loves.

GRAND RAPIDS

Grand Rapids is the second largest city in Michigan and is growing fast. From a wealth of businesses, parks and restaurants, Grand Rapids is a place where most people can find a happy home. With Art Prize and the endless events downtown, there is always something to do!





MAKING GVSU YOUR NEW HOME



Going to college can be a great adventure filled with excitement and possibility. At the same time, going to college can be a nerve-racking experience. If this is the first time you've lived away from home, college life can be challenging.

From finding friends and getting involved to finding food and knowing where to go, the experiences are all new. This section will help you figure out where to go for the resources and comforts that will make GVSU feel like your new home!

FINDING GOOD FOOD

Let's face it: everyone needs to eat. The hard part is figuring out where to go for your next meal.

If you are looking for a taste of home or want to broaden your horizons, there are a number of places for you to check out.

The following list is not all-inclusive, but can serve as your jumping off point for finding great places to enjoy your next meal!

GROCERY SHOPPING

Family Fare Supermarkets

6370 Lake Michigan Drive
Allendale Charter Township, MI
(616) 895-6665

Martha International

2915 Easter Ave. SE
Grand Rapids, MI 49508
(616) 284-2316

Meijer

315 Wilson Ave NW
Grand Rapids, MI
(616) 735-2101

Save-a-Lot

4965 Lake Michigan Drive
Allendale Charter Township, MI
(616) 892-9222

Wal-Mart

4542 Kenowa Ave SW
Grandville, MI
(616) 667-9724



LOCAL FAVORITES

Crooked Goose

355 Wilson Ave NW #600
Grand Rapids, MI
(616) 791-2362

IHOP

4671 Wilson Ave SW
Grandville, MI
(616) 534-2543

3796 Alpine Ave NW
Comstock Park, MI
(616) 784-3233

Main Street Pub

11240 University Parkway
Allendale Charter Township, MI
(616) 895-1234

Menna's Joint

10897 48th Ave B100
Allendale Charter Township, MI
(616) 895-3827
Delivery Available

Murphy's Family Restaurant

4963 Lake Michigan Drive
Allendale Charter Township, MI
(616) 895-1744

Peppermill Grill

4511 Lake Michigan Drive Northwest
Grand Rapids, MI
(616) 453-7853

PIZZA/BUFFET

Brick Road Pizza Co.

1017 Wealthy St. SE
Grand Rapids, MI
(616) 719-2409

Golden Corral

3461 Alpine Ave NW
Grand Rapids, MI
(616) 608-5785

Hibachi Grill & Supreme Buffet

785 Center Drive Northwest
Grand Rapids, MI
(616) 785-8200

Papa John's Pizza

4152 Calder Drive
Allendale Charter Township, MI
(616) 331-7272
Delivery Available

Peppino's Pizza

4647 Lake Michigan Drive
Allendale Charter Township, MI
(616) 895-4308
Delivery Available

Uccello's Pizza Restaurant

4787 Lake Michigan Drive NW
Grand Rapids, MI
(616) 735-5520



URBAN CUISINE

Captin Jay's Fish & Chicken

300 Franklin St. S.E.
Grand Rapids, MI
(616) 243-3474

Duthler Family Foods

648 Bridge St. N.W.
Grand Rapids, MI
(616) 248-4155

Buffalo Wild Wings

2720 44th Street SW
Wyoming, MI
(616) 261-9464

8 Ionia Ave NW
Grand Rapids, MI
(616) 454-9464

2035 28th Street SE
Grand Rapids, MI
(616) 241-2999

Wing Kingz

6101 Lake Michigan Drive.
Allendale, MI
(616) 889-8888

MEXICAN FOOD

El Barrio Mexican Grill

545 Michigan Street. NE
Grand Rapids, MI
(616) 301-0010

El Sombrero Restaurant

527 Bridge Street. NE
Grand Rapids, MI
(616) 451-4290

Gaia Café

209 Diamond Ave. SE
Grand Rapids, MI
(616) 454-6233

Maggie's Kitchen

636 Bridge Street. NW
Grand Rapids, MI
(616) 451-4290

San Chez A Tapas Bistro

38 Fulton Street W
Grand Rapids, MI
(616) 774-8272

CARIBBEAN FOOD

Chez Olga (Haitian Eatery)

1441 Wealthy Street. SE
Grand Rapids, MI
(616) 233-4141

Cuba's Kitchen

530 Division Ave. S
Grand Rapids, MI
(616) 454-2844

Jamaican Dave's

1059 Wealthy Street. SE
Grand Rapids, MI
(616) 458-7875

VEGAN AND VEGETARIAN

The Electric Cheetah

1015 Wealthy Street. SE
Grand Rapids, MI
(616) 451-4779

Marie Catrifs's

1001 Lake Drive. SE
Grand Rapids, MI
(616) 454-4020

Uncle Cheetah's Soup Shop

1133 Wealthy Street. SE
Grand Rapids, MI
(616) 451-4780



OTHER EATERIES

Erb Thai

950 Wealthy Street SE
Grand Rapids, MI
(616) 356-2573

Go Jo Ethiopian Cuisine & Deli

421 Norwood Ave SE
Grand Rapids, MI
(616) 459-3383

Mediterranean Grill

6250 28th Street SE
Grand Rapids, MI
(616) 949-9696

Osta's Lebanese Cuisines

2228 Wealthy Street SE
Grand Rapids, MI
(616) 456-8999

FOOD ASSISTANCE

There are a number of local agencies that help community members with food needs. The following is a list of those organizations and on-campus departments that have food pantries and other resources available.

You can find additional assistance in your area by checking out www.freefood.org or by visiting www.feedingamericawestmichigan.org.

Access of West Michigan (Kent County)

Find a food pantry nearest your location by visiting <http://accessofwestmichigan.org/initiatives/hunger-initiative/pantry-network/>

Food Assistance in Ottawa County

<http://www.co.ottawa.mi.us/Health/OCHD/pdf/FoodResources.pdf>

Gleaners Food Bank

<http://accessofwestmichigan.org/initiatives/hunger-initiative/pantry-network/>

Student Food Pantry

Women's Center
Kirkhof Center - Room 1201
(616) 331-2748
www.gvsu.edu/women_cen/





FAITH AND RELIGIOUS SERVICES

For many students attending college, faith is an important part of their daily life.

Due to the diversity of the greater Grand Rapids area, there are a number of religious and spiritual service locations to either continue practicing your religion or explore your personal faith.

For further information, visit the Kaufman Interfaith Institute on campus! You can find out more by visiting their website at <http://www.gvsu.edu/interfaith/> or by calling (616) 331-5702.



Calvary Baptist Church

1200 28th Street SE
Grand Rapids, MI
(616) 243-3674

Chabad House of Western Michigan

2615 Michigan North East
Grand Rapids, MI
(616) 957-0770
<http://www.chabadwestmichigan.com/>
(general Judaism with an Orthodox bent)

Church of Jesus Christ of Latter-Day Saints: Grand Rapids Ward (Mormon)

2780 Leonard Street NE
Grand Rapids, MI
(616) 949-3210
www.lds.org

Fountain Street Church

(Non-Denominational)
24 Fountain Street NE
Grand Rapids, MI
(616) 459-8386
<http://www.fountainstreet.org/>

Grace for the Nations Church

3333 Kraft Ave. S.E.
Grand Rapids, MI

Grand Rapids Buddhist Temple and Zen Center

451 South Division
Grand Rapids, MI
(616) 822-2465
<http://grzen.org/>

Holy Redeemer Parish (Catholic)

2700 Baldwin St
Jenison, MI 49428
(616) 669-9220

Kingdom Hall of Jehovah's Witnesses

2129 Wilson Ave. NW
Walker, MI 49534
(616) 735-3892

Lighthouse Full Life

600 Burton Street. S.E.
Grand Rapids, MI

The Islamic Center and Mosque of Grand Rapids

1301 Burton SE
Grand Rapids Michigan MI
(616) 447-8440
<http://www.islamiccentergr.org/>

Jehovah's Witnesses English Congregation of Wyoming

5425 Burlingame Ave SW
Wyoming, MI 49509
(616) 531-3401





Kingdom Life Ministries

2317 Kalamazoo Ave, S.E.
Grand Rapids, MI

Renaissance Cogic

1001 33rd Street. S.E.
Grand Rapids, MI

Revolution Christian Ministries

5301 28th Street CT. S.E.
Grand Rapids, MI

Society of Friends (Quaker)

2001 Robinson Rd SE
Grand Rapids, MI
http://grandrapidsfriends.org/what_are_friends.html

West Michigan Hindu Temple

4870 Whitneyville Ave. SE
ADA, MI
(616) 868-9909
www.westmichiganhindutemple.org/wmhthome.htm



Withered Tree: A Mindfulness Meditation Community

940 E. Fulton Street.
Grand Rapids, MI
Entrance on Congress Ct.
(616) 915-2024
www.buddhistgr.com/

Word of Faith Christian Center

3030 Eastern S.E.
Grand Rapids, MI



For more faith services, be sure to check out the following website:

<http://www.grar.com/places-of-worship>





HEALTH AND WELLNESS

Whether you were a student athlete in high school or are interested in making a positive change for a healthier lifestyle, there are a number of resources for you to take advantage of during your time at GVSU.

In college, health and wellness means taking care of your mind, body and spirit. Due to the long hours, deadlines, commitments and new relationships, you are bound to need a healthy way to relax and take care of yourself in the year ahead.

From working out at the Recreation Center to finding a doctor in the surrounding area to even finding a place to get a haircut, this section focuses on giving you the information you need to make the changes you want in the years ahead.



BARBERSHOPS AND BEAUTICIANS

Ace of Fades

421 Leonard Street Northwest
Grand Rapids, MI
(616) 432-4661

Another Image

1718 44th St. S.E.
Grand Rapids, MI
(616) 455-6902

House of Style

2013 Division Ave S.
Grand Rapids, MI 49507
(616) 243-8585

Earnie's Barber and Beauty Salon

612 Eastern S.E.
Grand Rapids, MI
(616) 245-0176

Etoy's Beauty Salon

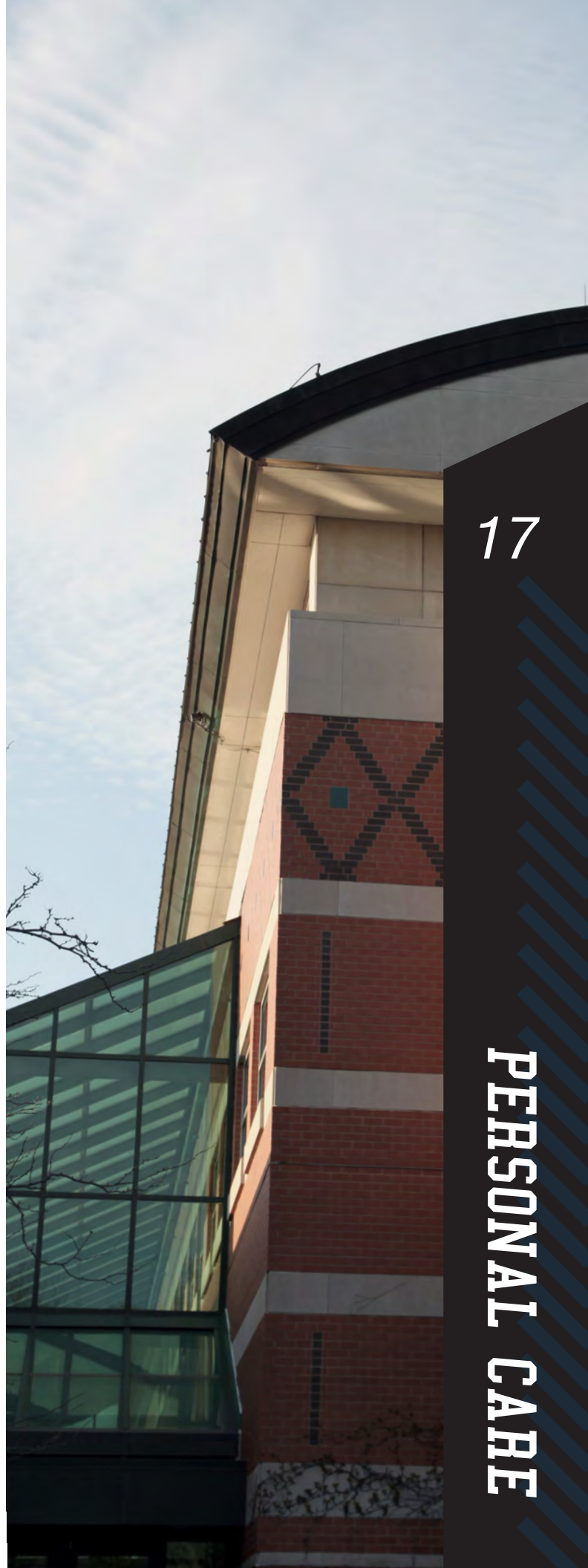
720 Wealthy St. S.E.
Grand Rapids, MI 49503
(616) 454-3945

Gazebos Image Gallery

2228 S. Division
Grand Rapids, MI
(616) 245-6933

Hairacy

1801 44th St. S.E.
Grand Rapids, MI
(616) 455-4410



Hair It Is

2055 28th St. Grand Central Plaza
Grand Rapids, MI 49503
(616)247 6700

H & J Beauty Supply

730 28th St SE
Grand Rapids, MI 49548
(616) 245-1118

**Jude's Barber Shop
(Men's Barbershop)**

4814 Lake Michigan Dr
Allendale, MI 49401
(616) 895-5585

7495 Cottonwood Dr
Jenison, MI 49428
(616) 667-9194

125 Ottawa Ave NW
Grand Rapids, MI 49503
(616) 458-8022

PJ's Hair Design

1434 Eastern S.E.
Grand Rapids, MI
(616) 245-5664

Reflections Salon

2650 East Beltline S.E. Suite H5 Grand
Rapids, MI
(616) 243-6748

Sally's Beauty Supply

1242 28th St. SW #A
Wyoming, MI 49509
(616) 249-3131

Salon Nouveau

2455 29th St. S.E. #D
Grand Rapids, MI
(616) 246-0289
(Ida is recommended)

BEAUTY SUPPLY

H & J Beauty Supply

730 28th St SE
Grand Rapids, MI 49548
(616) 245-1118

Sally's Beauty Supply

1242 28th St. SW #A
Wyoming, MI 49509
(616) 249-3131

**Winner's Beauty Supply & African
Hair Braiding**

1316 Madison Ave. SE
Grand Rapids, MI 49507
(616) 246-8009

Young's Beauty Supply

865 28th St. SE Ste. 800
Grand Rapids, MI 49508
(616) 475-1382

HEALTH SERVICES

GVSU Campus Health Center

616-252-6030

www.gvsu.edu/campushealth/

Free Clinics of Michigan

<http://www.fcomi.org/index.html>

Needy Meds

<http://www.needymeds.org/>

Catherine's Health Center

www.catherineshc.org

1211 Lafayette NE

Grand Rapids, MI

(616) 336-8800.

FREE medical clinic. Asks for \$10 donation. Must be low income, have no insurance. Appointment only. Call for availability and eligibility.

Cherry Street. Health Center

www.cherryhealth.org

550 Cherry Street

Grand Rapids, MI

(616) 235-7272.

Multiple locations in the Grand Rapids area. See website for details. Uninsured fees based on ability to pay. Medicaid provider.

City on a Hill Ministries Health Clinic

www.coahmhealthclinic.blogspot.com

100 S. Pine Street

Zeeland (616) 748-6009

Free medical attention for minor injuries & illnesses. Must be an Ottawa County resident, have ID, and no health insurance. Clinic every Tuesday with registration from 5:00-8:00 PM. By appointment only.

City on a Hill Women's Health Initiative

100 S. Pine Street

Zeeland, MI

(616) 748-6009

By appointment only. Free mammograms, pap tests & health exams for women in post-childbearing years. Services scheduled for 3rd Thursday of each month. Call for eligibility and information.

Hackley Community Care

www.hccc-health.org

2700 Baker Street, 3rd floor

Muskegon Heights, MI

(231) 737-1335.

Services include: medical, pharmacy, lab, pregnancy, mental health. Medicaid provider for Muskegon County only.



Holland Community Health Center

336 South River
Holland, MI
(616) 394-3788
www.hollandcommunityhealthcenter.org

Medicaid provider; uninsured fees based on ability to pay - \$15 minimum; alternatives for those who may not be able to afford fee.

InterCare Clinic

285 James Street
Holland, MI
(616) 399-0200
www.intercare.org

Medicaid provider; uninsured fees based on sliding scale - \$20 minimum; alternatives may be available for payment.

Ottawa County Health Department

3100 Port Sheldon
Hudsonville, MI
(616) 669-0040

16920 Ferris
Grand Haven, MI
(616) 846- 8360

www.miottawa.org/health

Children's Special Health Care program, immunizations, vision and hearing screenings for children birth to preschool, family planning services/contraception, sexually transmitted disease testing, and Maternal-Infant Health program. Medicaid and Plan First! accepted. Other fees based on ability to pay.

DENTAL SERVICES**Cherry Street. Health Center**

550 Cherry Street
Grand Rapids, MI
(616) 235-7289
www.cherryhealth.org

Emergency dental services only. Five locations in Grand Rapids. \$20 for uninsured; also accepts Medicaid. Services offered on a first-come, first-served basis beginning at 7 am (days vary depending on location).

Grand Rapids Community College

143 Bostwick Ave. NE
Grand Rapids, MI
(616) 234-4237
<http://cms.grcc.edu/dentalclinic>

Cleaning, fluoride, sealants, x-rays, periodontal therapy. Call for appointment and eligibility.



Grand Valley Dental Care

2064 Baldwin
Jenison, MI
(616) 457-2299
grandvalleydentalcare.com

Basic dental services. Medicaid, MI Child, Healthy Kids provider.

Hackley Community Care Dental

2700 Baker Street -1st floor
Muskegon Heights, MI
(231) 737-8603

A Medicaid provider. Emergency dental walk-in with pain/swelling. Bring proof of Medicaid and ID (2 pieces). For questions or changes, contact Marcia Knol @ 616.494.5598

Holland Free Health Clinic

99 W 26th Street, off Michigan Ave
(by Holland Hospital)
Holland, MI
(616) 392-3610
www.hfhclinic.org

Free exam and dental cleaning; limited dental referrals for additional services.

InterCare Clinic

285 James Street
Holland, MI
(616) 399-0200
www.intercare.org

Basic dental services provided based on ability to pay, \$40.00 minimum Also accepts Medicaid. Emergency appointments available.

Muskegon Family Care Dental Clinic

1700 Oak Ave
Muskegon, MI
(231) 767-9830
www.mfc-health.org

Uninsured fees based on ability to pay; Medicaid provider. Accepting children only as new patients; limited adult emergency care (with visible facial swelling) available by calling the clinic at 4 p.m. T, Th, or F.

Ottawa County Health Department

12251 James Street
Holland, MI
(616) 393-5694
www.miottawa.org/health

MILES of SMILES (MOS) mobile dental unit provides free, on-site comprehensive dental services for financially-qualifying Ottawa County school children; MOS is a MI Child, Medicaid and Healthy Kids Dental provider.

Redi-Dental Emergency Dental Care

12662 Riley Street, Suite 130
Holland, MI
(616) 499-4284
www.redident.com

Emergency dental services at competitive fees; not accepting Medicaid at this time. Payment due at time of service. Walk-in or by appointment.



PRESCRIPTION RESOURCES

***Meijer, Target, Wal-Mart, K-Mart,
Sam's Club, D&W, Family Fare***

Most large chain pharmacies offer free or low cost medications which vary by location.

Call, or visit their websites, for an updated list.

Holland Free Health Clinic

99 W. 26th Street
Holland, MI
(616) 392-3610
www.hfhclinic.org

Prescription assistance for uninsured who meet eligibility requirements. Must have doctor in Holland/Zeeland area. By appointment only.

InterCare Clinic

285 James Street
Holland, MI
(616) 399-0200
www.intercare.org

Low cost prescriptions available to InterCare patients.

Love, INC Tri-Cities

1106 Fulton
Grand Haven, MI
(616) 846-2701
www.loveinccities.org

Free, one time urgent need prescription. Call or walk-in. Assistance in procuring free prescriptions for eligible uninsured patients under age 60 in NW Ottawa County.



**Kent County Free Drug
Prescription Card**

[http://www.accesskent.com/
OnlineServices/rxcard.htm](http://www.accesskent.com/OnlineServices/rxcard.htm)

Rxrelief Prescription Card

<http://rxreliefcard.com>

VISION SERVICES

Goodwill Optical

393 E. Lakewood Blvd
Holland, MI
(616) 393-0383

Eye exams for \$36; new eye glasses with frames start at \$68. Cash, Medicaid accepted. Appointments available M-F 9 am- 6 pm, Sat 9 am-12 pm.

Holland Free Health Clinic

99 W 26th Street, off Michigan Ave (by Holland Hospital)
Holland, MI
(616) 392-3610

Free eye exam & assistance with glasses. Call for eligibility. On Tuesdays by appointment only.

Seniors EyeCare Program

www.eyecareamerica.org

Eye exams and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Must be 65 or older and have not seen an eye doctor in three or more years. Accepts Medicare and/or other insurance reimbursement as payment in full; patients without insurance receive this care at no charge. Go online to see if you qualify.

NeedyMeds.org

Online source for prescription assistance to obtain low cost or free medications; must have doctor's prescription. Visit website to see if your prescription qualifies.

**North Ottawa
County Council on Aging**

422 Fulton Ave
Grand Haven, MI
(616) 842-9210
www.noccoa.org

Urgent need medications and free, year-long prescription assistance for eligible seniors age 60+ in northern Ottawa County. Also assist with Medicaid and Medicare enrollment for seniors.

**Ottawa Prescription
Discount Card**

Free discount card usable at most large chain pharmacies. For information visit www.miottawa.org/health or pick up a card at any Health Department office.



FAMILY PLANNING AND RESOURCES

Lakeshore Pregnancy Center

339 N. River Ave
Holland, MI
(616) 396-5840
www.lpccenters.com

114 N. Seventh Street
Grand Haven, MI
(616) 842-7510

11325 54th Ave
Allendale, MI
(616) 895-1893.

After Hours Helpline: (800) 238-4269.

Children's Enrichment Center

(616) 331-5437
<http://www.gvsu.edu/child/>

Childcare Centers.us

(Available for other counties)
http://childcarecenter.us/county/ottawa_mi

Kent Regional 4C

(616) 451-8281
www.4cchildcare.org

GVSU Campus Health Center

(616) 252-6030
www.gvsu.edu/campushealth/

Women's Center

(616) 331-2748
http://gvsu.edu/women_cen

Men's Resource Center of West Michigan

Grand Rapids, MI
(616) 456-1178

Holland, MI
(616) 355-3000
<http://menscenter.org/>

Ottawa County Health Department

(616) 396-5266
<http://www.miottawa.org/Health/OCHD/birthcontrol.htm>

Kent County Pregnancy Resource Guide

http://www.familyfutures.net/wp-content/uploads/2011/09/pregnancy_resource_guide.pdf

Pregnancy Resource Center

(616) 456-6873
<http://prcgr.org/>

FINANCIAL MANAGEMENT

College can be a time where many students handle their finances for the first time. For some, handling their finances has been second nature for a number of years.

No matter your situation, Grand Valley has the resources for you to learn how to make the most responsible choices. If you have questions that cannot be answered by the resources listed, you can also visit the Financial Aid office located on the first floor of the Student Services Building.

FINANCIAL LITERACY

**MoneySmart Lakers: Your Guide
To Financial Literacy**
<http://www.gvsu.edu/moneysmart/>

FINANCIAL AID INFORMATION

GVSU Financial Aid Office
100 Student Services Building
Allendale, MI
Office Hours: Monday- Thursday
8am-6pm; Friday 8am-5pm
(616) 331-3234

TAX RESOURCES

**Community Action Partnership:
Free Tax Preparation**

12251 James Street., Ste. 300
Holland, MI
(616) 393-5610

H&R Block

6193 Lake Michigan Drive
Allendale, MI
(616) 895-6635

**Kent County Tax Coalition with
United Way Center**

118 Commerce Ave. SW
Grand Rapids, MI
(616) 752-8647

Vanguard Tax Services

16 Straight Ave SW #1
Grand Rapids, MI
(616) 451-2906



INCLUSION AND DIVERSITY

The college campus is a naturally diverse place: from the opinions, backgrounds and belief systems of our students to their variety of life experiences, diversity is important to the college experience.

However, with diversity there comes the potential for misunderstanding. The following offices and services focus on diversity from a holistic sense and can be used to help you find your niche at GVSU.

Allies and Advocates

200 Student Services Building
Allendale, MI
(616) 331-3585

Barbara H. Padnos International Center

130 Lake Ontario Hall
Allendale, MI
(616) 331-3898

Disability Support Resources

4015 James H. Zumberge Hall
Allendale, MI
(616) 331-3270

Division of Inclusion and Equity

4035 James H. Zumberge Hall
Allendale, MI
(616) 331-3684

GVSU Counseling Center

(616) 331-3266
www.gvsu.edu/counsel

Lesbian/Gay/Bisexual/Transgender (LGBT) Resource Center

1161 Kirkhof Center
Allendale, MI
(616) 331-2530

Office of Multicultural Affairs (OMA)

(616) 331-2177
www.gvsu.edu/oma

Women's Center

(616) 331-2748
http://www.gvsu.edu/women_cen/resources-and-support-38.htm





COMMUNITY RESOURCES

Center for Women in Transition

www.cwitmi.org

Lakeshore Ethnic/

Diversity Alliance

(616) 846-9074

<http://www.ethnicdiversity.org/>

GR Area Chamber of Commerce

Diversity Programs

[http://www.grandrapids.org/](http://www.grandrapids.org/raceethnicity)

[raceethnicity](http://www.grandrapids.org/raceethnicity)

Parents, Families and Friends of Lesbians and Gays

Episcopal Church

555 Michigan Avenue

Holland, MI

(616) 243-7693

National Association for the Advancement of Colored People

640 Eastern Ave SE

Grand Rapids, MI

(616) 243-1300

www.naacp.org

The Network

343 Atlas Ave SE

Grand Rapids, MI

(616) 458-3511

www.grlgbt.org

thenetwork@grlgbt.org

The Red Project (Grand Rapids)

(616) 456-9063

Women's Resource Center

678 Front Ave NW

Grand Rapids, MI

(616) 458-5443

www.grwrc.org



EMERGENCY SERVICES

911 (Emergency Hotline)

GVSU Campus Health Center

(616) 252-6030
www.gvsu.edu/campushealth/

GVSU Counseling Center

(616) 331-3266
www.gvsu.edu/counsel

Grand Valley

Police Department

(616) 331-3255 (Allendale)
(616) 331-6677 (Pew)
www.gvsu.edu/gvpd/

Kent County

Assistance Programs

http://www.needhelppayingbills.com/html/kent_county_assistance_program.html

Kent County Sheriff's Department

(616) 632-6122

Ottawa County Health Department

(616) 396-5266
<http://www.miottawa.org/Health/OCHD/birthcontrol.htm>

Ottawa County Sheriff's Department

(800) 249-0911

Rape Crisis Hotline

(616) 776-7273

Silent Observer: Ottawa County

(877) 88-SILENT
<http://mosotips.com/>

YWCA West Central Michigan

(616) 776-7273
Nurse Examiner Program
<http://www.ywcawcmi.org/sa-nurseexaminerprogram.php>



**GRAND VALLEY
STATE UNIVERSITY**

**TRIO TEACHER PREPARATION
STUDENT SUPPORT SERVICES**

396C Richard M. DeVos Center
401 Fulton St. W
Grand Rapids, MI 49504-6431
(616) 331-6870
www.gvsu.edu/tpsss