



Introduction

Chattanooga® is a leading manufacturer of rehabilitation equipment for treating musculoskeletal, neurological, and soft tissue disorders. For over seven decades, Chattanooga products have helped contribute to positive treatment outcomes in hospitals, clinics, and home settings worldwide. We strive to lead the rehabilitation industry by example, and through continuous innovation, provide real world solutions for clinicians and their patients.

As one of the leading brands in rehabilitation, Chattanooga is sold in over 80 countries worldwide. Chattanooga dealers, distributors and customers are supported by a seasoned team of personnel who oversee product development, product training and education, order placement, product delivery, after sales service, and provide dedicated sales and marketing support.

Chattanooga is a brand of DJO Global. DJO Global provides solutions for musculoskeletal health, vascular health, and pain management. Our products help prevent injuries, rehabilitate after surgery, injury or from degenerative disease, helping to enable patients to regain or maintain natural motion.

Please read complete instructions for use for all products prior to use.

Visit www.DJOglobal.com/chattanooga



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CPM and Homecare

Ordering Information Item# Description OptiFlex-K1® 2026 OptiFlex K1 Knee CPM Unit with Classic Pendant OptiFlex K1 Knee CPM Unit with Standard Pendant 2028 OptiFlex K1 Knee CPM Unit with Comfort Pendant

2020	орен телти	Table C. III office Man Conflorer Chadine
Technica	l Specificati	ons
OptiFlex-	K1®	
Knee Flexi	on:	120°
Knee Exter	nsion:	-10°
Speed:		25° - 180°/minute
Pauses:		0 - 59 seconds
Force Reve	ersal:	45 Kp of force* (built in)
Patient He	ight:	4ft - 6.6ft (1.2m - 2m)
Calf Lengt	h Range:	10" - 22" (25.4-55.9 cm)
Thigh Leng	gth Range:	12" - 19" (30.4-48.2 cm)
Mains Pow	/er:	100V-240V, AC 50-60Hz
Unit Weigl	nt:	23lb (10.4 kg)
Shipping V	Veight:	54lb (24.5 kg)
Dimension	IS:	38" x 14" x 9" (97cm x 36cm x 23cm)
Electrical S	afety Class:	Class 1, Type B
Safety Test	CS:	IEC 60601, 1:1988 +A1:1991, +A2:1995, CAN/CSA C22.2 NO 601.1 M90, ANSI/ UL 60601-1, IEC 60601-1-2, IEC 60601-1-4, ISO 14971, ISO 10993-1

OptiFlex-K1®





Interchangeable Hand Controls for Maximum Versatility



Reversible footplate

Classic	Standard	Comfort
		✓
		✓
		✓
		✓
		✓
		✓
	Classic	Classic Standard

Features

OptiFlex-K1® - Simple, Durable, Reliable.

- Weighs just 23 lbs (10.4 kg), making it the lightest knee CPM on the market
- Only 38 inches (97 cm) long
- Wide low-profile, closed-base frame for stability
- Faster motor speed
- Single screw drive
- Reversible footplate for shorter legs
- ROM -10 to 120
- On-board power supply
- Patient lockout feature
- Accommodates patients 4 ft to 6.6 ft (1.2 m - 2 m)
- Two-year warranty

Functions	Classic	Standard	Comfort
Key lock function	✓	✓	✓
Pauses	✓	✓	✓
Speed	✓	✓	✓
Timer		✓	✓
Reverse on load		✓	✓
Warm up protocol		✓	✓
Default setting		✓	✓
Transport setting		✓	✓
Chip card selectable		✓	✓

OptiFlex S™ Shoulder CPM







Features

OptiFlex S™ Shoulder CPM

Designed to provide anatomical motion for the shoulder. Addresses full range of motion capabilities. OptiFlex S brings you the apex of modern, easy-to-use technology with the Patient Data Chip Card. This compact chip card stores individual treatment data and patient compliance. It is the size of a credit card and slides easily into the pendant to control the precise angles, speed and motion.

- Easy-to-use hand control for storing treatment data on memory chip card
- Fully synchronized motors allow treatment parameters to be customized to meet patient's specific therapy protocols
- Ergonomic rest for healthy arm and fully adjustable chair
- Patented Universal left/right Shoulder design
- · Folds easily for transport/shipping
- Includes patient data card and erasable pen
- Lightweight design weighs 55 lbs (25 kg)
- Two-year warranty









Internal/External Rotation Flexion/Extension

Physiological Movement

OptiFlex S brings you the apex of modern, easy-to-use technology with the Patient Data Chip Card. This compact chip card stores individual treatment data and patient compliance. It is the size of a credit card and slides easily into the pendant to control the precise angles, speed and motion.

Ordering Information

Optiflex S Shoulder CPM

2029 OptiFlex S Shoulder CPM

Standard Accessories

34273 Control pendant Patient data chip card (1x)

Optional Accessories

20719 Grey Fleece Patient Kit (not shown)

Functions

OptiFlex S™ Shoulder CPM		
Motor Control	On/Off	
Pause	0 - 30 sec.	
Speed	0 - 100%	
Timer	1 - 300 min.	
Warm-up Mode	50% of programmed ROM	
Synchronization	On/Off	
Reverse-on-load	1 - 20	
Therapy Run Time	h:m	
Patient Data Storage		

Technical Specifications

OptiFlex S [™] Shoulder CPM		
Adduction/Abduction:	0 - 30 - 175°	
Internal/External Rotation:	90 - 0 - 90°	
Flexion/Extension:	0 - 30 - 175°	
Horizontal Adduction/Abduction:	0 - 0 - 125°	
Weight:	55 lbs (25 kg)	
Shipping Weight:	107 lbs (48.5 kg)	
Dimensions:	34.4" x 22.6" x 22.8" (87.5 cm x 57.5 cm x 58 cm)	
Transport Size:	14.6" x 22.6" x 22.8" (37 cm x 57.5 cm x 58 cm)	
Safety Tests:	CSA - 601-1-M90, UL - 2601-1	

Ordering Information

Item# Description

ARTROMOT™ E2 Elbow CPM

2038 Artromot E2 Compact Elbow CPM Unit

Standard Accessories

Elbow Patient Kit

20661 Patient Data Chip Card (1x)

Technical Specifications

OptiFlex-K1®

Extension/Flexion: -5 - 140°

Pronation/Supination: -90 - 90° (Manual Setup)

Motor Control:

On/Off

Pauses:

0 - 30 sec.

Speed: Timer: 0 - 100%

1 - 300 min.

Warm-up Mode:

50% of Programmed ROM On/Off

Synchronization:

1 - 25

Reverse-on-load: Therapy Run Time:

h:m

Display Contrast:

New Patient Data Storage:

Unit Weight:

35.2 lbs (16 kg)

Shipping Weight:

54 lbs (24.5 kg)

Dimensions:

30.7" - 40.9" x 23.6" x 31.5"

(84 - 104 cm x 60 cm x 80 cm)

Safety Tests: CSA - 601-0-M90, UL - 2601-1

ARTROMOT™ E2 Elbow CPM





Features

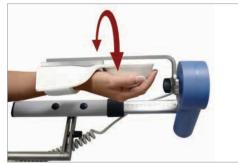
ARTROMOT™ E2 Elbow CPM

Artromot E2 Compact Elbow CPM provides anatomical motion for the elbow and is designed to help enhance patient comfort. The Artromot Elbow CPM addresses full range of motion capabilities -Pronation/ Supination and Flexion/Extension.

- Fully synchronized motors allow treatment parameters to be customized to meet patient's specific therapy protocols
- Easy-to-use hand control capable of storing treatment data on memory chip card
- True physiological movements with the greatest range of motion
- · Anatomically correct adjustments
- · Easy to transport
- Lightweight 35 lbs (16 kg)
- Two-year warranty



Extension/Flexion



Pronation/Supination

OptiFlex™ Ankle CPM





Ordering Information		
Item#	Description	
OptiFlex™	' Ankle CPM	
2027	OptiFlex Ankle CPM Unit includes washable patient kit	
Standard A	Accessories	
20716	Ankle Patient Kit	
20661	Patient Data Chip Card (1x)	
Tochnical	Specifications	

OptiFlex™ Ankle CPM Dorsal/Plantar 40 - 0 - 60° Flexion: Inversion/Eversion: 40 - 0 - 20° Speeds: 2 Unit Weight: 24.25 lbs (11 kg) Shipping Weight: 46 lbs (21 kg) 22" x 18.5" x 28.4" Dimensions:

Features

OptiFlex™ Ankle CPM

The OptiFlex Ankle CPM provides anatomical motion for the ankle designed to help to enhance patient comfort. Addresses full ankle range of motion capabilities – Dorsi Flexion/Plantar Flexion and Inversion/Eversion.

- Easy-to-adjust motors allow treatment parameters to be customized to meet patient's specific therapy protocols
- Easy-to-use hand control capable of storing treatment data on memory chip card
- · Adjustable base for use in bed or chair
- Patented Universal left/right design
- Provides anatomically correct motion
- Lightweight 24 lbs (11 kg)
- Two-year warranty





Eversion



Dorsi Flexion/Plantar Flexion

Ordering Information Item# Description CPM Patient Kits and Accessories **A** 20533 OptiFlex Patient Kit **B** 20710 K3 Fleece Patient Kit K4 Fleece Patient Kit **C** 20711 **D** 4520 OptiFlex 3 Hi-Lo Trolley S3 Fleece Patient Kit **E** 20719 SP2-2M Ankle Patient Kit **F** 20716 E2 Elbow Patient Kit **G** 20723

CPM Patient Kits and Accessories





Features

CPM Patient Kits and Accessories

Each patient kit is manufactured with attention to quality and comfort. Deep pile sheepskin, durable fleece and soft foam fill ensures patient comfort and proper positioning during therapy. In addition to custom designed patient kits for OptiFlex™ and Artromot™. This broad range of CPM products and accessories makes Chattanooga® the complete provider of your CPM needs.

OptiFlex Hi-Lo Trolley

- Adjustable height from 18.25" to 28"
- Allows for proper positioning of CPM
- Ease of storage and transportation

Saunders® Lumbar Traction



Ordering Information

Item#

Description

Saunders® Lumbar Traction

199603 Saunders Lumbar Traction



Features

- Friction-free surface ensures smooth motion
- Easy-to-read pressure gauge provides control of the force
- Blow-off valve limits the amount of force that can be applied
- A cost effective option to continuous clinical care
- Split table design replicates clinical traction and promotes consistency of treatment

- Actively moving treatment surface ensures application of traction
- Patented pneumatic system ensures reliable force accuracy and leakfree performance
- Easy to use
- A portable treatment solution

- Comes complete no assembly required
- Non-slip harnesses incorporate belt-organizers for quick set-up
- Patented pump design incorporates a simple "click in place" mechanism



Ordering Information

Item# Description

Saunders® Cervical Traction

199594

Saunders Cervical Traction

Saunders® Cervical Traction





Features

- Traction forces are directed to the back of the head to help alleviate compression of the TMJ
- Easy-to-read pressure gauge provides control of the force
- Blow-off valve limits the amount of force that can be applied
- A cost effective option to continuous clinical care
- Design replicates clinical traction and promotes consistency of treatment

- Positioning alternatives allow varying treatment options for the clinician
- Patented pneumatic system ensures reliable force accuracy and leak-free performance
- Easy to use
- A portable treatment solution
- · Patented self-adjusting neck wedges help to ensure a perfect fit

- Patented pump design incorporates a simple "click in place" mechanism
- Quick and simple patient set-up enables home traction without assistance



Intelect® Portable Electrotherapy

Chattanooga













Long known for innovative clinical electrotherapy, Chattanooga® offers you a full line of portable electrotherapy products with Intelect TENS units, Intelect NMES (Neuromuscular Electrical Stimulation) and Intelect IFC (Interferential Current) units. Treat multiple patient needs from pain management to the prevention or retardation of disuse muscle atrophy. All devices come with lead wires, 9-volt battery, DURA-STICK™ Self-Adhesive Electrodes and a convenient carrying case.

A-C Intelect TENS

- Dual Independent Channels
- · Adjustable Timer on Standard and Digital units
- · Adjustable Frequency and Pulse Duration parameters
- Basic and Standard units feature three modes: Burst, Normal and Modulation
- Digital unit features five modes: Burst, Normal, Modulated Rate and Width, Strength Duration and Bi-Pulse
- Digital unit has easyto-read LCD display and convenient digital controls

D-E Intelect NMES

- Dual Independent Channels
- Adjustable Pulse Amplitude, Pulse Frequency and Contraction/Relaxation Time parameters
- Digital unit features
- Adjustable Pulse Width and Timer parameters
- Three stim modes: Synchronous, Constant and Alternate
- Easy-to-read LCD display and convenient digital controls

F Intelect IFC

- · Dual Channel, Manual Selection for two or four Electrodes
- Adjustable Pulse Amplitude, Interference Frequency and Difference Frequency parameters
- Four stimulation modes (frequency shifts): Continuous, 1/1, 8/8 and 10/10 Ramped
- Includes 120V AC line cord adapter
- Sliding cover for controls and battery

Ordering Information

ltem#	Description

Intelect TENS

Intelect TENS Basic **A** 77710 **B** 77600 Intelect TENS Standard **c** 77712 Intelect TENS Digital

Intelect NMES

D 77715 Intelect NMES Standard E 77717 Intelect NMES Digital

Intelect IFC

F 77719 Intelect IFC Portable

Lead Wires (not shown)

Lead Wire, TENS 360° Pivot, Unshielded Connector (Pair) Lead Wire, TENS 360° Pivot, Shielded Connector (Pair) Lead Wire, TENS Non-Pivot, Shielded Connector (Pair)

Technical Specifications

TENS Economy, TENS Standard & TENS Digital

Channel: Dual, isolated Waveform: Asymmetric biphasic square pulse 0-80 mA each channel adjustable (500 ohm load) Pulse Amplitude: 60-250µ sec. adjustable (Economy & Standard) Pulse Width: Pulse Width: 50-300µ sec. adjustable (Digital) Pulse Frequency: 50-300 µ sec. adjustable (Digital) NMES Portable - Standard and Digital Channel: Dual, isolated Waveform: Asymmetric biphasic square pulse 0-80 mA each channel adjustable (500 ohm load) Pulse Amplitude

Pulse Width: 50-300µ sec. adjustable (Digital) Pulse Frequency: 5, 30, 100 Hz (Standard)

250µ sec. (Standard)

Pulse Frequency: 2-120 Hz, adjustable (Digital)

IFC

Pulse Width:

Channel: Single for 2 pole or Dual for 4 pole Waveform: Symmetric biphasic square Pulse Amplitude: 0~32 mA, adjustable (at 500 ohm load) Pulse Width: 125µ sec./phase Pulse Frequency: 4000+/-10% Hz fixed

* Dimensions are listed as L x W x H All Portable Units (A-F) on this page carry a One-Year Warranty 77630

Belt, Battery, and Electrodes in the

Carrying Case (Over-the-Counter Version) **Technical Specifications** Primera™ TENS/NMES with Han Waveform 2 Channels Channel: Asymmetrical, rectangular bi-phasic with Waveform: zero DC current Pulse 0 - 80 mA Amplitude: Pulse Width: 60 - 250 us Pulse 0 - 150 Hz Frequency: Dimensions: 108 x 62 x 26 mm without clip (32 mm with clip) Weight: 0.09 kg. without battery, o.1 kg. with battery

Primera[™] TENS/NMES with Han Waveform

Features

Primera™ TENS/NMES with Han Waveform

- Extensive range of programs 8
 TENS and 6 NMES Programs
- · HAN TENS Waveform
- Complete package includes: PRIMERA Unit, Carrying Case, Battery, Leadwires, Electrodes, Back Support Belt and User's Manual
- Two-year Warranty

Technical Specifications

- Waveform: Asymmetrical, rectangular bi-phasic with zero DC current
- Open Electrode Detect: If an open circuit is detected at the output of channel A or B the output current will be reset at zero
- TENS and NMES Amplitude: 0-80 mA





Theratherm® Digital Moist Heat Pack

Theratherm Digital Moist Heat Pack provides moist heat therapy for temporary relief from pain. It's flannel cover draws moisture from the air and as the pack's temperature rises, the moisture is released onto the skin, speeding relief to your patients. Its unique, easy-to-use digital control is convenient and safe.







Medium





Shoulder/Neck

Features

Theratherm Digital Moist Heat Pack

- Convenient preset time and temperature
- Digital hand control for operator to program and monitor temperature and/or treatment time
- · Lockout mode protects against inconsistent setting changes throughout treatment sessions
- Moist heat therapy temperatures range from 88° to 166° F (32° to 74° C)
- Treatment sessions up to 60 minutes
- · Specially designed flannel cover for efficient moisture retention
- UL and cUL classified
- One-year warranty

BOO-BOO PAC™, FlexiPAC™, SPORT-PAC™





boo-boo pac

- · Fun, bear-shaped design especially made for kids
- Ideal for pediatric applications
- Filled with silica gel
- · Remains cold for up to 30 minutes
- Shipped in a display box containing 12 packs



FlexiPac

- Freezable to provide penetrating cold therapy
- Microwavable for soothing heat
- Flexible gel conforms to any body contour at any temperature



Sport-Pac

- Soccer ball design is ideal for youth sport applications
- Easily transferred from the freezer to the team cooler for sideline use
- Remains cold for up to 30 minutes
- Shipped in a display box

Ordering Information			
tem#	Description		
Theratherm [heratherm Digital Moist Heat Pack		
1030	Small 7" x 15" (18 cm x 38 cm)		
1031	Medium 14" x 14" (36 cm x 36 cm)		
1032	Standard 14" x 27" (36 cm x 68 cm)		
1033	Shoulder/Neck 23" x 20" (58 cm x 50 cm)		
boo-boo pac			
Shipped in a display box containing 12 packs.			

M FlexiPac Hot & Cold Compresses		
4026	5" x 6" (13 cm x 15 cm) 48/case	
4020	5" x 10" (13 cm x 25 cm) 24/case	
4029	8" x 14" (20 cm x 35 cm) 12/case	
4032	5" x 10" (13 cm x 25 cm) 25/case Chiropractically Yours (not shown)	

Royal Blue boo-boo pac (12 per case)

N Sport-Pac

Shipped in a display box containing 10 packs. NOTE: Must be purchased in quantities of 10 each

Sport-Pac (10 per case)

containing 10 packs

Ordering Information	
Item#	Description
Sacroiliac Bel	t
650306-200	Small 26"-32" Hips (without pad)
650306-300	Medium 32"-42" Hips (without pad)
650306-400	Large 42"–52" Hips (without pad)
650307-001	Stabilization Pad
Mens S'port®	All
200128MW	Mens White Small
200132MW	Mens White Medium
200136MW	Mens White Large
200140MW	Mens White X-Large
200144MW	Mens White XX-Large
Women's S'po	rt® All
200128WW	Womens White Small
200132WW	Womens White Medium
200136WW	Womens White Large
200140WW	Womens White X-Large
200144WW	Womens White XX-Large

Sacroiliac Belt





Features

Sacroiliac Belt

- Non-slip belt stays put below the ASIS and across the PSIS even with activity
- Belt conforms to the natural contours of the pelvis, yet still provides the rigid support the SI joint needs
- Newly designed stabilization pad fits between sacral sulci and provides firm, comfortable support and proprioceptive input to sacral area
- Comfortable, plush fit

S'port® All Back Support

Features

S'port® All Back Support

- Low Back Pain Relief & Support During Activities
- Great for Golf & All Sports
- 3% Nylon/17% Spandex athletic short for cooling comfort and soothing compression
- · Removable double side-pulls allow adjustable support
- · Adjust side pulls higher for lumbar support, lower for sacroiliac support
- Flexible stays provide comfortable, yet firm support
- · Patented "stay in place" design lets you move but provides excellent support



Work S'port® Back Support

Features

Work S'port® Back Support

- Low back pain relief & support during work activities
- Patented anchor belt threads easily through belt loops to hold the support in place
- Double side pull adjusts easily
- Flexible stays provide comfortable, yet firm support
- Patented "stay in place" design lets you move but provides excellent support
- · Adjusts from firm to gentle support, without awkward suspenders
- Ventilated elastic keeps you cool and comfortable
- · Available in black only



chattanooga **Ordering Information** Description Item# Work S'port® Back Support Black Medium 200230 200236 Black Large 200244 Black X-Large Stork S'port® 650309-001 Small/Medium 650309-002 Large/X-Large Posture S'port® 650308-200 Small 22" - 30" Waist 650308-300 Medium 30" - 42" Waist 650308-400 Large 42" - 54" Waist

Dress size before pregnancy: Small/Medium (4-14), Large/X-large (15-20)

Stork S'port®

Features

Stork S'port®

- No uncomfortable stays or hard inserts
- · Uses the force of gravity to promote correct posture and gently support the low back, pelvis and abdomen during pregnancy
- Supports under, not over, the abdomen to provide maximum relief with optimal safety and comfort
- Does not require a stabilization strap above the abdomen
- Maternity support: Attach the backside panels to the front abdominal pad and adjust the side pulls
- · Adjustable loop closure with nylon lining allows easy adjustment for an accurate fit



Posture S'port®

Features

Posture S'port®

The Posture S'port is unique because it anchors at the waist and not only discourages stooped shoulders, but assists in proper spinal alignment. The Posture S'port can be worn directly on the skin or over a t-shirt.

- Criss-crossed suspender like straps gently pull the shoulders back into the neutral position to decrease back and shoulder pain
- · Soft cotton underarm pads provide a comfortable fit that won't pinch or bind
- Can be worn directly on skin or over clothing
- · Adjustable elastic 4" waistband that anchors the entire support to the waist



Ordering Information Item# Size Chest **Bicep** Sully® Shoulder Support 660087-001 X-Small 34"-40" 9"-101/2" 660087-002 Small 34"-40" 11"-13" 660087-003 Medium 38"-42" 13"-15" 660087-004 Large 42"-46" 14"-17" 660087-005 45"-51" 15"-17" X-Large

Sully® Shoulder Support





Features

Sully® Shoulder Support

On the outside, elastic straps attach with hook to the neoprene at any point, in any direction, and with any amount of force you choose. You can functionally stabilize, assist or restrict movement according to the specific needs of each athlete.

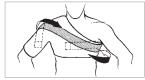
On the inside, the perforated, breathable, rubber-like neoprene grips the skin so the support moves with the athlete. It's as if the stabilization straps are attached directly to the body.

The Sully comes complete with a highly adaptable, bifurcated neoprene strap, and two additional 4" neoprene straps. Worn by professional and amateur athletes in all sports! Measure biceps in a non-flexed position.

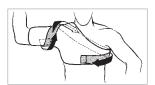
Multiple Applications



Posterior Instabilities



Muscle Strains (pectorial etc.)



Rotator Cuff Deceleration













Anterior Instabilities

Inferior Instabilities

Multi-Directional Instabilities

Sully® AC

Features

Sully® AC

The breathable, hook-sensitive neoprene vest grips the skin to allow precise placement of the donut-shaped foam pad. The hard-shelled foam pad helps protect the AC joint from further injury. Simply apply adhesive backed hook to the foam pad to prevent migration. No restrictive and uncomfortable straps are necessary!

Universal design fits both right and left shoulder. Comes complete with vest, pad and adhesivebacked hook material. Pad is also sold separately and can also be used with the Sully Shoulder Stabilizer.

Measure chest circumference for sizing (inches).





Chattanooga

Ordering Information						
Item#	Description Chest					
Sully® AC						
438755	Small	34"-38"				
43875M	Medium	38"-42"				
43875L	Large	42"-46"				
43875XL	X-Large	45"-51"				
43871	Sully AC Pad Only					
Item#	Description	Waist Size				
Sully® AC						
43850XS	X-Small	24" - 27"				
43850S	Small	28" - 31"				
43850M	Medium	32" - 35"				
43850L	Large	36" - 39"				
43850XL	X-Large	40" - 44"				
43850XXL	XX-Large	45" - 49"				

Sully® Hip S'port®

Sully® Hip S'port®

On the outside, hook sensitive plush material allows attachment of elastic straps in almost any position. Attach the straps at any point, in any direction, and with any amount of force needed. You can functionally stabilize, assist or restrict movement just like with the Sully Shoulder Stabilizer.

On the inside, comfortable, nylon-lined neoprene support moves with the athlete. Easy to apply - no assistance required. Includes two, 5" x 44" straps and a protective, closed-cell foam pad for use with hip pointers or thigh bruises.

For sizing, use waist measurement.



Actual product is black





Hip Flexor Strain, Hamstring Pull





Hip Pointer



Thigh Bruise, Quad Pull



Hip Abduction Assist, Flexion or Extension Assist

Ordering Information				
Item#	Description			
Stabilizer™				
9296	Stabilizer Unit Comes complete with display gauge, pressure cell and instruction booklet.			

Stabilizer™





Features

Stabilizer™

The Stabilizer Pressure Biofeedback unit gives valuable information to ensure quality and precision in exercise performance and muscle testing. It allows the clinician and patient to determine if the patient is able to selectively isolate and maintain contractions of the cervical or lumbopelvic core stabilization muscles. The measuring range is 0-200 mmHg analog pressure with an accuracy of +/- 3 mmHg pressure.

- Use with exercise
- Improve core stabilization exercises
- Enhance home exercise programs



NOTES		







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