# CPUT Bulletin



SEPTEMBER/OCTOBER 2012 EDITION 7

Campus News. Informative Views.

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### RESEARCH PAYS OFF

Innovative project yields success for CPUT academic

BY CANDES KEATING

### **Associate Prof Victoria** Jideani from the Faculty of Applied Science has proved that thinking out of the box pays off.

Thanks to her innovative efforts, CPUT has added another patent to its already impressive list - a probiotic yoghurt-like beverage.

This latest addition brings the number of CPUT patents to 12. A researcher in the Food Technology Department, Jideani's probiotic beverage stands out from the rest that are currently available on the market.

The probiotic beverage is produced from a vegetable milk product, which Jideani tailormade from bambara, a locally grown groundnut. Current probiotic yoghurt products are manufactured from cow, goat or soya milk.

### **TAILORMADE**

Widely grown in South Africa and other parts of the continent, the bambara nut is underutilised and sold in its raw form as a health snack.

But with Jideani harbouring a passion for underutilised crops, she grabbed the opportunity to turn the bambara nut into something much more than just a health snack.

"One day I began to think of ways to add more value to this specific cholesterol free, low in fat as



UNIQUE: The patent is made from a locally grown groundnut.



INVENTIVE: Associate Prof Victoria Jideani has created a probiotic yoghurt-like beverage

legume that is underutilised," she

Jideani spent two years working on the project and her tireless efforts have paid off.

"Academics must go beyond teaching and research, and move into innovation and the commercial world"

This natural probiotic beverage boasts a number of health benefits for consumers. It is

well as rich in protein, fibre and antioxidants.

### **BENEFITS**

It also boasts added probiotics for maintaining good balance and composition of intestinal flora.

"The product is suitable for lactose-intolerant sufferers and yet acceptable to the general market", she says.

Jideani's is currently working on developing a range of flavours for her product.

CPUT's Innovation expert, Prof Gary Atkinson-Hope, who heads up the Technology Transfer Office, says during the next few months the office will work closely with Jideani and focus on preparing the product for the market.

This includes registering the trademark name, "Bambro," which will be used to brand the product.

If all goes as planned, Jideani's products will hit shop shelves in 2013.

### What's Inside



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**Theatre show** discount Page 7

### 10 October

Work-Integrated Learning Research Unit Conference

### 12 October

**Desmond Tutu** Peace Lecture

### 16 October

**Cuppa for CANSA** (High Tea)

### 17 October

**ITS Requisition Training** 

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# Debut Reading Colloquium

Lecturers praise reading programme

BY CANDES KEATING

A student reading support programme, developed by CPUT academics, is proving to be a huge success.

The success of the Leesnet programme was unveiled at the University Reading Colloquium, held at the Wellington Campus. A first for the university, the colloquium, organised by the Library, is aimed at creating awareness around literacy at the university.

This year's event celebrated the Leesnet programme, which was designed by four lecturers based in the Faculty of Education at the Wellington Campus. The programme aims at developing reading comprehension and improving the reading skills of CPUT students.

Lecturer Sanet Cox, who is spearheading the initiative, says the ability to read is crucial for academic life. However, research reveals that a large number of first



LITERACY: Arming lecturers with the correct teaching skills and materials is vital for the development of student's literacy skills.

year students at South African universities do not have the proper reading skills required for

#### **SKILLS**

academic work.

To make sure CPUT students come out tops, Cox and her fellow lecturers stepped in to



SUPPORT: Lecturer Sanet Cox is spearheading the Leesnet programme

help first years. The programme is compulsory and sees first year students attend two lessons a week that focus on various reading strategies.

Implemented in January, the programme is already bearing fruit. In January students were reading 161 words per minutes

(wpm). By June, tests results showed remarkable improvement, with students reaching reading speeds of up to 292wpm.

"The goal is for students to reach between 300 and 400 wpm by the end of the year. We have a few months left and we hope to have all our students on this level," says Cox.

#### **DEVELOPMENT**

Director of CPUT Libraries, Dr Elisha Chiware says the colloquium, which coincided with International Literacy Day, acted as catalyst for lively debate, networking and learning around reading issues at tertiary level.

"The ultimate goal is to highlight and emphasise the importance of reading development as a core academic activity, contributing to student academic success rates and retention," says Dr Chiware.

# DRIVER BY CANDES KEATING

**LITERACY** 

VOLUNTEER: Prof Janet Condy with learners in Bangladesh

Prof Janet Condy has travelled the globe to spread the word on child centered teaching approaches.

These approaches are critical for the development of learners' literacy skills.

Her latest venture saw her spend several weeks in Bangladesh working as an International Reading Association (IRA) volunteer.

The programme, made possible by the IRA, Nokia, Pearson and the Ministry of Primary Education in Bangladesh, saw her train 20 teacher inspectors.

Condy says the training focused on teaching methods that will improve the literacy rates of learners as well as the importance of developing suitable learning materials. Other areas of training also explored classroom management skills.

With the help of Nokia, each inspector was gifted a cellphone and can now use it to access the internet and download learning material from a site set up for this specific programme.

A lecturer in the Education Faculty at the Mowbray Campus, Condy says these inspectors will now go on to train 300 teachers during the next three years.

# Creative writing

### Academic pens prescribed setwork book

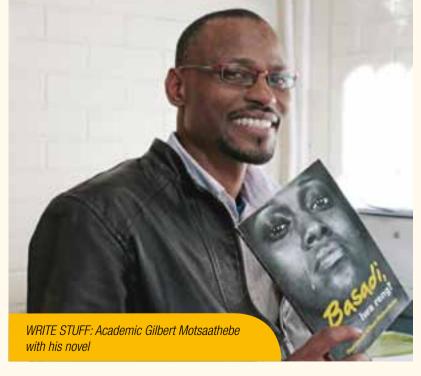
BY LAUREN KANSLEY

He has written extensively and been published across a number of academic journals but journalism lecturer Gilbert Motsaathebe's latest book is probably his most unusual of all.

Not only is it written from a female perspective but it is also in his mother tongue seTswana.

Basadi, Iwa reng? Is the tale of a young woman who overcomes extreme hardship through sheer self determination.

Her journey through life ends in success and the educating of other women around her. The book was launched at the Grahams Town Arts Festival last year and has been adopted as a setwork book in



the North West province and in sections of Botswana.

### **INSPIRATION**

Motsaathebe says writing in a female voice was not difficult since his academic interest has always been gender and media studies.

"Women are not only able to multi-task but they also tend to experience multiple oppression in life, so when I wrote this book I thought if I wrote through a female's eye the world would reveal things in a more nuanced way, especially those things that we often take for granted."

"As I became more conscious of the issues facing African languages, I realised the need to write in my own language."

The decision to write in seTswana was also an easy one.

"As I became more conscious of the issues facing African languages, I realised the need to write in my own language. Lack of texts in these languages meant that important lessons were being lost," says Motsaathebe.

He has also co-authored *The Ultimate You* - a life coaching book on the formula to success.

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### French Day Success

### Celebrating successful partnerships

BY CANDES KEATING | PHOTOGRAPHS BY CLIVE GALANT

From satellite demonstrations to round table discussions, CPUT celebrated its working relationship with the French in true style.

The French Day, organised by CPUT and the French Embassy, was a huge success, with the celebrations attracting large numbers of academics, members of industry and students.

Fittingly, the French Day activities took place at the Gencor Building, which is home to the French South African Technology Institute (F'SATI) and the Product Lifecycle Management Competency Centre (PLMCC). These units are both collaborations between CPUT and the French.

#### **CUTTING-EDGE**

The day-long event saw CPUT showcase the exciting developments at F'SATI, allowing visitors an inside look into the building of satellites.

The cutting-edge technology at

the PLMCC was also on show. F'SATI also held its graduation ceremony, which saw students receive an international Master of Science Degree in Electronic Engineering.

#### **COLLABORATION**

Dean of Engineering Dr Nawaz Mahomed says the relationship between CPUT and the French is one that will continue for many years.

"CPUT sees the collaboration with French partners as crucial in the development of this region and the rest of Africa," says Mahomed.

French embassy representative, Dr Pierre Lemonde, says they are looking forward to strengthening the link between the French and CPUT.

Lemonde says collaborations must now be taken to the next level with the parties focusing all efforts on innovation and the production of new products that can be sold on the market.





PARTNER: French Embassy representative, Dr Pierre Lemonde



UP AND AWAY: Students demonstrate the Afri-Cansat satellite that is manufactured from a cooldrink can



ACHIEVEMENT: Graduates of the F'SATI programme

### **ANNIVERSARY CONFERENCE**

BY CANDES KEATING

The Work-Integrated Learning Research Unit (WILRU) is celebrating its 10th anniversary this October.

Established in 2002, the anniversary celebrations will showcase past achievements as well as current research projects of the unit.

Set to take place at the Bellville campus, the event will also provide a platform to discuss theories and practices.

The unit is currently run by a small group of dedicated staff members, who initially established it 10 years ago.

Traditionally, universities of technology have always held close ties with industry due to work integrated learning practices.

However, the complexities of students' crossing boundaries between two different sites of learning, and the need to reconcile more scientific knowledge with work-based knowledge and practices, had not been extensively researched or theorized back in the 1990's. These factors led to the formation of the WILRU.

To share in the unit's success and attend the conference on 10 October, contact Denise February at februaryd@cput.ac.za

Search for a staff member

### USER FRIENDLY

### New online staff search introduced

BY CANDES KEATING

Searching for contact details of CPUT staff members will no longer be a hassle with the introduction of the new staff search app.

Developed by the Web Development Office in conjunction with the Human Resources Department, the new app can be found under the heading "Staff Search" on the CPUT homepage.

Introduced earlier this month, the app is already proving to be a huge success.

Web Developer, Lovemore Nalube says staff members can easily find contact details of fellow colleagues by either typing in a name, surname or email address. The system also allows users to contact their department's Human Resources representative for the update of personal details.

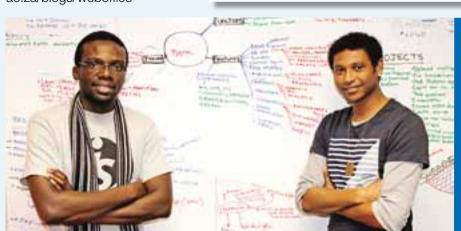
### **FEATURES**

"Right now what we have on the staff search is not the final product. We plan to add much more functionality to the app," says Nalube.

Other features planned include the addition of profile pictures, abridged CVs, LinkedIn profiles as well as Google maps that will identify the exact location of staff members.

Nalube says the staff search app also includes a feature that will allow staff members to request the development of departmental or unit webpages. The Web Development Office would like to hear your views on the new staff app and other developments on the CPUT website.

Staffers can give feedback or follow the Web Development Office's fun projects and activities on their blog at: http://www.cput.ac.za/blogs/weboffice\*



ers Lago

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TECHNOLOGY:
Web Developers
Lovemore Nalube
and Ashley Jones
developed the new
staff search app

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### **Unpacking transformation**

BY JAN WEINTROB

Emotional, traumatic, healing and profoundly **necessary** - these were just some of the responses from staff and management of the Business Faculty when asked to describe their reactions to a recent two day Transformation Workshop at Granger Bay.

Aimed at providing a platform to address the perceptions of staff around the issue of transformation at CPUT, the workshop was organised by the Transformation Committee of the Business Faculty, chaired by Mandie Richards.

"We've never had a process to talk about where we all come from here at the institution and this was a start to exploring the past which still informs so much of our present," says Richards.

#### **DIVERSITY**

The Transformation Committee has a multipronged approach, aiming



to engage both students and staff. They are currently piloting a Diversity Module in the Office and Management Department this semester, and if all goes to plan, it may be adopted into the department's curriculum.

The module deals with topics such as "Understanding the past - Leadership, Morality and Ethics," and "Dealing with the

Present - Culture and diversity in the workplace and society". Richards will be the first to admit transformation is a complex journey which requires much more than getting the numbers right in terms of equity and redress. And any workshop of this nature is not a quick fix. But she says the response from staff has been extremely positive.

"It's been inspiring to note that staff members are motivated to contribute towards positive change, both in the faculty and in the university."

She's also praised Prof Mzikayise Binza, the Business Faculty Dean, for being such an integral part of the process.

innovators BY KWANELE BUTANA

**Budding** 

**CPUT's search for South** Africa's next innovator or entrepreneur is in full swing as entries for the Idea-**Create Student Innovation** Competition have been evaluated.

The challenge is the brainchild of the Technology Transfer Office (TTO) and the Office of the Deputy Vice-Chancellor, Research, Innovation and Technology Transfer, and aims to unlock students' innovation potential.

Students who registered their innovation or business ideas with the TTO recently attended a series of workshops presented by industry experts, who shared tips on innovation.

During one of the workshops, WaterBerry founder Alexander McLeod presented an entrepreneurship programme, which included devising an effective marketing strategy for a business.

### **MARKETING**

McLeod discussed important elements that a business should consider when marketing its products or services, such as its target market, knowledge of its competitors and their products.

CPUT's innovation expert also shared his know-how with the budding innovators. Prof Gary Atkinson-Hope, head of TTO, explored issues around Intellectual Property (IP) rights and also gave various pointers on branding.

Students now have several weeks to put together a full proof innovation plan and submit it to the TTO. The shortlisted candidates will pitch their ideas to a panel of CPUT and industry experts.

The student or group that manages to come up with the best idea will walk away with R30 000 in cash plus a once in a lifetime opportunity to commercialize their innovation.



# Employing graduates

### Academics reflect on their teaching practices

BY KWANELE BUTANA

Academic staff members in the Faculty of Business had an opportunity to reflect on their work during the recent **Teaching and Learning** Conference that explored graduate employability.

A number of CPUT academics in the faculty presented findings of research that they had undertaken. Conference delegates also had the opportunity to interact with Cathy Sims, who heads up the Employer Relations division at the University of Cape Town.

Sims says companies are inundated with applications for entry level jobs, with some receiving well over 1 000 applications for a specific position.

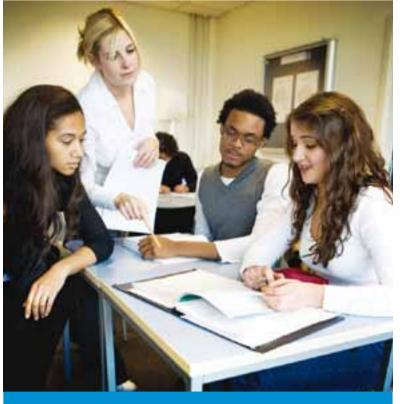
Sims says a qualification may get a graduate an interview, but that much more is needed to secure employment and survive in the working world. And academics agree. Lecturer Shairn Hollis-Turner, from the Office Management and Technology Department, presented a paper on the contribution of higher education towards the work readiness of graduates.

### **WORKPLACE**

Turner says the findings of her research show that soft skills, office administration and information literacy are critical to graduates' success in meeting workplace challenges.

She says academics must maintain a balance between academic needs and the demands of the workplace.

Dr Stanford Cronje from the Public Management Department says universities of technology are required to transfer



INPUT: Universities have a key role in preparing students for the world of work

to students. He predicts that partnerships between universities will continue to grow.

knowledge and professional skills will increase in the future and that university-industry partnerships



# Seaweed Is Best

Horticulture lecturer clinches funds for groundbreaking research

BY CANDES KEATING

A horticulture research project has received a welcome boost in funding from the Thuthuka Grant.

A funding arm of the National Research Foundation, the programme aims to develop institutional research capabilities and improve research infrastructure.

The lucky recipient of the funding is horticulturist and researcher John October, who is currently investigating the impact seaweed extract has on the growth parameters of potato and grape crops grown by local farmers.

#### **AGRICULTURE**

His research is also exploring various other factors, such as anti-oxidant levels of potatoes, pre-plant and post harvest soil fertility levels, macro and micro nutrient levels in the plants leaves and total yield.

October says research in seaweed extract is vital for the



INVESTIGATE: The seedling potatoes used in this project were sourced from potato growers in the Sandveld District, 60km north of Piketberg

South African agriculture sector as the product is locally produced and affordable.

Conventional fertilisers are imported and expensive, and have certain risks to the environment.

Currently this local seaweed product, produced by Afrikelp,

is used by 40 farmers in the Western Cape.

#### **RESEARCH**

"The seaweed product is successfully used by growers, but little research work has been done to quantify the effects of the exact volumes of seaweed extract per hectare and how this translates to improved yields," says October.

The field work, which is being conducted at the Agriculture Research Council in Stellenbosch, is now in its third year.

"The project has utilized field staff who live in nearby communities. In doing so, workers were granted the opportunity to acquire practical skills related to agriculture," he says

October, who is collaborating with the Department of Biodiversity and Conservation Biology at the University of the Western Cape, says they are now finalising the analysis of the samples.

If all goes as planned, October will begin writing up the results of the research by the end of this year.

### TOP ACHIEVERS

BY CANDES KEATING



GOING FOR GOLD: The top achievers in the Maritime Studies and the Marine Engineering programmes with Prof Captain Edward Snyders

### At CPUT hard work and dedication to your studies does not go unnoticed by lecturing staff.

At the end of the second semester, the Maritime Studies Department celebrated the achievements of hard working students.

The top candidates in each subject where awarded medals, while the overall achievers walked off with floating trophies. Awards were given in both the Maritime Studies and the Marine Engineering programmes.

Nicole Gouvias, a Maritime Studies student clinched the most awards at the ceremony and to top it all off was the only female who walked away as the top achiever in her class.

Another notable student was Esethu Hlokoza, the top achiever in the Maritime Studies Extended Curriculum Programme.

Esethu battled with maths when he first arrived at CPUT, but thanks to dedicated lecturers and his determination to succeed, his results have steadily improved.

Mark Harvey, clinched the top spot in the Marine Engineering S3 class, while Jaco Bester's hard work saw him achieve the highest marks in the S2 Marine Engineering class.

Pasco Coninx scooped the S2 Maritime Engineering overall achiever award.

Head of the Department, Prof Captain Edward Snyders says he is proud of the student's dedication to their studies and the hard work they put in during the past few months.

# Building endurance

BY KWANELE BUTANA

First year Emergency
Medical Science
(EMS) students were
put through their
paces when their
individual strengths
and endurance were
tested during this year's
3Peaks experience.

The 48-hour simulation exercise started at 3am with a hostage drama on the Bellville campus. Students had to identify and rescue hostages.

They also conducted a surf rescue at Strand Beach and a wilderness search and rescue exercise at Sir Lowry's Pass.

EMS lecturer, Stephen Harrison, says the annual 3Peaks exercise is a tough experience, but one that is vital for the development of students.



"We make it tough because that's how it is in the world of rescue," says Harrison.

### **TOUGH**

The experience is incredibly rewarding as it prepares students for the challenging situations they will encounter during their professional practice in the rescue industry.

First year student Eric Dekorte says the "tough scenarios" were different from anything he had done before, but that he learnt valuable lessons from the experience.

"Ultimately, they're here to teach us life lessons and teamwork," says Eric.

Besides the 41 first year students

whose endurance was tested on the day, all the 150 students in the department were involved in the exercise.

Second year students organized the event, while the third year class were on hand to provide medical and rescue care.

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# MEDIA REVOLUTION

### Experts probe digital and social media

BY KWANELE BUTANA

It was fun and knowledge combined together at this year's 14th annual WTF media conference.

Under the theme "Impact", the one-day conference explored the impact of technology and social media on our everyday lives.

Held at the Bellville campus, the event saw digital media experts share their expertise with Faculty of Informatics and Design students and staffers.

"Information is our next currency."

Delivering the keynote address on the impact of digital media in the information age, Shawn Graaff discussed how as a



EDUTAINER: Andy Gilder had the delegates eating out of his hand with his informative presentation on the negative impacts of social media

university student she had to rely on libraries and go through shelves of books to access information.

Graaff contrasted her experience with the present and says with new technology such as Google, information can be accessed anywhere and by anyone who has internet access.

### **INTERNET**

"Information is our next currency," she says.

This year's conference featured



MEDIA SAVVY: Sheena Gates emphasised the correct usage of social media

an exciting line-up of speakers who touched on a range of topics.

Presentations explored how cities and citizens are engaging in new media, social deliverables of using social media, the negative impacts of social media and crowd powered recruitment.

Delegates also used their laptops, cellphones, and iPads to participate in live tweets that were shown on big screens in the conference venue.

### Physics expert

BY CANDES KEATING



Ignatius John's passion for teaching physics recently saw him deliver a research paper at the American Association of Physics Teachers' Conference in the USA.

A lecturer in the Maths and Physics Department, John's paper explored students' understanding of physics theories.

Students were given three different tests involving an electrical circuit. Each of the test were based on the same physics theory, however, the context of each test differed.

The study found that student's understanding of the exact same theory was different in the varying contexts.

"The students all looked at the external appearances of the devices instead of looking at the physical principle. In physics a theory is constant," he says.

### **APPLY**

John says the study is important for physics education as it is vital that students leave university equipped with the ability to properly apply theories to different contexts in industry.

John, along with research partner, UCT's Saalih Allie are currently delving deeper into their research.

### **Design Think Tank**

### Conference draws top experts

BY NURAHN RYKLIEF

CPUT's Bellville Campus recently hosted the Faculty of Informatics and Design's second annual International Conference on Design Development and Research.

A thought-provoking think tank, the event brought the great minds of design to the Cape Town shores.

Dean of the Faculty of Informatics and Design, Prof Johannes Cronje says: "This conference has given us the opportunity to bring together some of the most important experts in the field of design for development, and design education in the world."

Conference delegates had the opportunity to listen to Prof Alastair Fuad-Luke, an expert in emerging design practices from Aalto University in Finland.

Fuad-Luke's presentation explored the fundamental role that design can have



EXPERTS: Some of the speakers at the International Conference on Design Development and Research

with regards to community development and sustainability.

Other renowned speakers included Prof Oliver Baron from the University of Applied Science in Germany and Prof Robert Maribe Branch from the University of Georgia.

CPUT's own expert on cultural analysis, Dr Ashraf Jamal also

delivered a gripping presentation. The conference spanned across three days with a jam packed programme that consisted of lectures as well as interactive workshops on an array of topics.

The workshops as with the various lectures challenged attendees to think out of the box, and to dissect complex design theories and practices.



# DESIGN ACTIVIST

### Alumnus uses art to uplift communities

BY NURAHN RYKLIEF I PHOTOGRAPH BY ROBERTA DE LILLY

Business owner, creative, illustrator, artistic activist - these are a few words that can be used to describe CPUT alumnus Rayaan Cassiem.

Even though boxes and titles are two things that he dislikes the most.

An urban artist that takes his influences from a variety of mediums, Cassiem has managed to capture his love for art and translate his message onto canvas, leading to images that are sometimes provocative and controversial, but always thought-provoking.

#### **INSPIRED**

Cassiem is the brains behind Blk Ops Creative, an agency that is currently focused on designing and illustrations, but set to include a wide range of creative services. To date Blk Ops boast a range of international clients.

His passion for art began with a love for comic books, which saw him complete a National Diploma in Graphic Design at CPUT in 2003. He returned in 2007 to complete his B-Tech studies.

Cassiem says the university provided him with a great foundation and springboard for his career.

"I had great lecturers and my experience at CPUT was invaluable. I have taken many valuable lessons from my CPUT days," he says.

Currently Cassiem is also actively involved in CORE, a mixed-media art exhibition featuring the works of Cape Town artists,



such as Leigh Cupido, Anwar Davids, Nadia Fisher and fellow CPUT design graduate, Linsey Levendal.

The exhibition takes place from 6-26 September at the Museum Gallery, Upper Eastside Hotel, Woodstock, every Wednesday evening and Saturday morning. It has proved to be a huge success with many pieces sold

on opening night.

The next step for CORE is community interaction that will see members host art classes in underprivileged communities.

The work created by these communities will be displayed in an exhibition and the funds raised will be ploughed back into the community.

### Disability Awareness

BY NURAHN RYKLIEF



READ: Students had the opportunity to page through braille books at the Disability Unit

Disability Awareness week touched all bases at CPUT, with various events taking place throughout the week.

These included a motivational lecture by Nicky Abdinor, who spoke of her amazing and determined journey from age 17 when she lost her sight.

Academics also had the opportunity to attend an informative presentation on "Universal Design for Learning" that was delivered by the head of the Disability Unit Dr Nina du Toit and lecturer Prof Mugendi K M'Rithaa.

The presentation explored holistic learning environments that can accommodate individual learning differences.

"Many people are unsure on how to treat a person with disabilities that is why education is key. Because once people understand the disabilities they'll feel confident to interact," says du Toit.

She says understanding the individual needs of students with disabilities is vital to their success as students and active members of society.

The awareness week ended on a celebratory note, which saw several special needs students from various schools in Cape Town participate in Casual Day activities at the Bellville campus.

### Theatre show discount

### Baxter show tickets available at cost price

BY CANDES KEATING

Siv Ngesi, the star of the hit comedy Dekaf, is back with his brandnew show, Race Card, which opens at the Baxter Theatre this October.

Based on the bestselling book *The Racist's Guide To The People Of South Africa*, the award-winning Ngesi takes a humorous look at the colourful people of South Africa.

And thanks to the Department of Student Affairs, CPUT staffers and students can enjoy the show as cost price.

The current cost per ticket is R100, but with the special discount, CPUT staffers and students only have to fork out R65 to watch Ngesi in action.

Arts and Culture Officer, Thando Moiloa, says the offer



is available for group bookings of 10 people – so family and friends are welcome.

### **ENTERTAINMENT**

However, if you can't manage to rally up a group of 10 friends don't despair. Just forward your name to the department, who will try their best to fit you into a group booking.

Moiloa says they are exploring collaborations with other theatre companies and hope to offer staff and students similar discounts in the future.

The show runs from 1 -13 October, Monday through to

Saturday and the curtain opens at 8:15pm. Please note that the show has an age restriction of 13.

For more information and to book your ticket, contact Thando Moiloa at 021 959 6041 or moiloat@cput.ac SEPTEMBER/OCTOBER 2012 CPUT BULLETIN



### Sports Awards



TOPS: Winner of the Residence Sport League

The Department of Student Affairs recently paid tribute to CPUT's residence netball and soccer players at a gala dinner event at the Cape Town Campus.

Organised by the department's Sports Division, the winning teams of the Residence Netball and Soccer league clinched top awards.

The winners of the netball league were St Peters, who also walked off with the trophy for best spirit. City Edge scooped the prize for best behavior on court, while South Point was voted as most improved team.

This year's winners of the 5-a-side soccer league were the Vryburg Stars from the Catsville Residence. Runners up were the Damini Blues from Sandenburgh Residence.

Sport Development Officers Quinton Summers and Annelie Swarts say the league and event was a success.



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# GOING THE DISTANCE

**CPUT** runner clinches gold

BY CANDES KEATING

Road runner Jana de Jongh has had an excellent year so far, winning several gold medals and clinching her Boland Colours.

A first year education student at the Wellington campus, Jana achieved Boland Colours in the junior division for the 21km road race.

This is a mean feat for the youngster who cut down on her training schedule this year in order to adjust to life as a university student.

"Next year I plan to up my training because I now know how to balance my studies with my training schedule," she says.

### **TRAINING**

But Jana's natural talent for the sport is evident, after scooping the bronze medal in the Two Oceans Half Marathon, SAD Half Marathon and the ASA South African Half



Marathon Champs.

However, Jana says the highlight of her year was achieving first place and the gold medal in the Worcester Hospice Half Marathon and the McDonalds Paarlberg Half Marathon.

"This is a great achievement," she says.

However, Jana says she could not achieve all of this without the help of her biggest supporter and coach – her father, Lourens de Jongh.

### **ACHIEVEMENTS**

A professional coach, De Jongh has been instrumental in his daughter's running career, having been her trainer since high school.

De Jongh says he is proud of his daughter's achievements.

"I think taking into consideration how much training she has done, this was an excellent year so far."

### Developing young talent

### Student Affairs lends poor community a hand

BY CANDES KEATING

When the Kammieskroon community requested assistance with the development of a Youth Sports Club, CPUT wasted no time in lending a hand.

Situated in the Northern Cape, the Kammieskroon community identified the need to develop a sports club, which they hope would keep youth off the streets.

Annetter Grobler from the Department of Student Affairs says the Sport and Student Development divisions combined forces and got the project off the ground in a record time.

CPUT enlisted the help of the local business sector and alumni and managed to secure donations from HG Travelling Services, Deko Coatings and Agri-Wire.

### **DONATIONS**

Thanks to CPUT, the Kammieskroon youth now have access to newly painted tennis courts and sports equipment.

Some of the items donated include tennis racquets and balls as well as soccer and netball equipment.

CPUT also sponsored funds, which will be used by the community to purchase track suits and other sports attire.



The community also secured funding from the Foundation for the Protection of Arabian Leopard, who gifted a variety of sport balls and a monetary donation from the Paarl Girls'

High School.

Community leaders say the club will play a huge role in the development of sports in the area