

## Unit 7 Lesson 3 **Jesus saves me and nothing else**

Heartprint: **Jesus Came to Save Us from Our Sins**

Memory Verse: **Romans 10:13**

March 21, 2021

Link to video large group: <https://youtu.be/tvmzGVTB35I>

**Song:** "I Like to..." - 1st Look

<https://youtu.be/LOSOW-zET68>

---

### **Activity: Option 1 - Throw Away Your Sins**

Items Needed:

- 30-50 paper balls

**Instructions:** Crumple up 30 to 50 paper balls and divide them between two teams. Explain that the balls represent sin in our lives, which Jesus helps us get rid of when we accept him into our hearts as Lord and Savior. The goal is to throw your sins away from you across the center line between the teams, however, the other team will be throwing them back at you. This represents Satan trying to trick you and tempt you to sin, even when you have decided to follow Jesus. Both teams throw their balls for a set amount of time that you decide on. When time is up, the winner is the team with the least sin balls in their area.

**Connection Point:** It is so hard to get rid of our sins on our own, which is why we need Jesus' help to do what is right and good in His sight and resist the temptation to sin. If we do good works, will that save us? No. Only Jesus can save us. Jesus came to save us from our sins.

### **Activity: Option 2 - Jesus Walks on Water Retelling Board**

Items Needed:

- Sequence cards from craft

**Instructions:** Use the sequence cards from the craft to have the children retell the story while placing the cards in the correct order to help them along. Challenge them to retell the story to their parents using the cards when they get home.

---

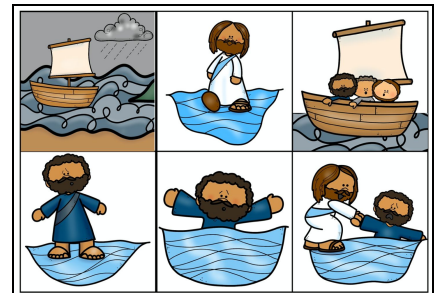
### **Craft: Jesus Walks on Water Retelling Board**

(<https://www.thecozyredcottage.com/2019/03/come-follow-me-matthew-1415-mark-67.html>)

Items Needed:

- Sequence cards
- Crayons

**Instructions:** Have the children color each sequence card. When they are finished, review the lesson and put the cards in order as they happened in



the story. This is a great review and visual for the kids to be able to show their parents what they learned. Can also be used as an alternative for the activity

**Connection Point:** In our lesson today, we heard that Jesus and Peter walked on water. Peter chose to believe in Jesus. He asked Jesus if he could come to Him. But when Peter began to pay more attention to what was happening around him instead of on Jesus, he began to sink. He turned to Jesus and cried out for help. Jesus immediately stretched out His hand and saved Peter. Jesus is always there for us still today, we need to keep our eyes focused on Him and not our circumstances and call out to Him for help. He alone can save us.

---

## **Bible Lesson:** *Jesus saves me and nothing else*

**Memory Verse:** “For everyone who calls on the name of the Lord will be saved.” Romans 10:13

**Items Needed:** Life Jacket

**This week’s story is taken from Matthew 14:22-33:**

Raise your hand if you have ever been on a boat? When you ride in a boat you have to wear a life jacket, right? The life jacket is something we wear to keep us safe, to keep us from going under water.

In our story today, Peter does not have a life jacket to save him, but someone does save him. See if you can figure out who it is.

One day on top of a mountain, Jesus was with his disciples teaching a big crowd of people. Jesus told the disciples to go on down the mountain and get in a boat, he would meet them later.

Then Jesus finished with the people and went to go pray. When it was very dark and late at night, Jesus went down the mountain to the lake. The disciples were far away in a boat on the lake. Jesus needed to catch up with them. Do you think he got in a boat to row over to them? NO! Jesus did something I have never seen anyone do. Jesus walked on the water right out to the boat!

It was very dark outside with lots of spooky fog. Can I see your scared face? When Jesus got close to the boat the disciples said “AAAH!” because it scared them, they thought he was a ghost! Say it with me “AHHHHH!” Jesus said, “Guys! It’s just me. Don’t be scared!”

Peter was so excited to see that Jesus could walk on water. Peter said, “Can I come out there with you?” Jesus said, “Come out here, but look at me!” Peter stood up, climbed out of the boat and walked on the water right to up to Jesus! Peter was walking on water!

But then Peter took his eyes off of Jesus and looked at a wave that was coming, and it scared him. Then Peter started to sink. Peter said “Ahhhhh! Can you say that with me? “AAAAH!” Peter was sinking because he didn’t have on a life jacket. Who could save him?” Jesus reached out and took a hold of Peter. Jesus said, “Peter! You should have more faith in me.”

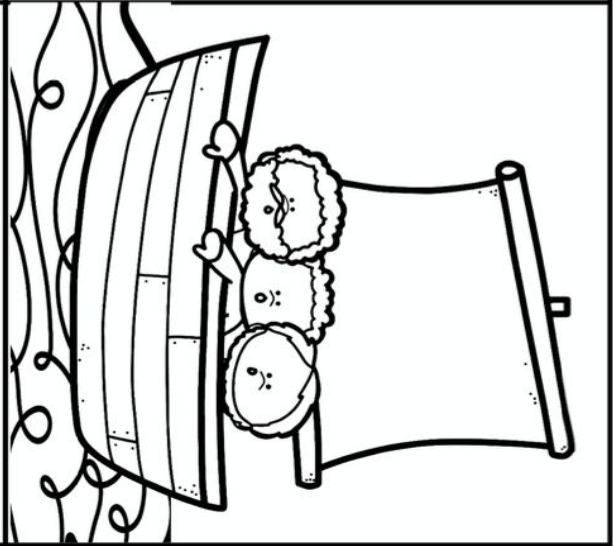
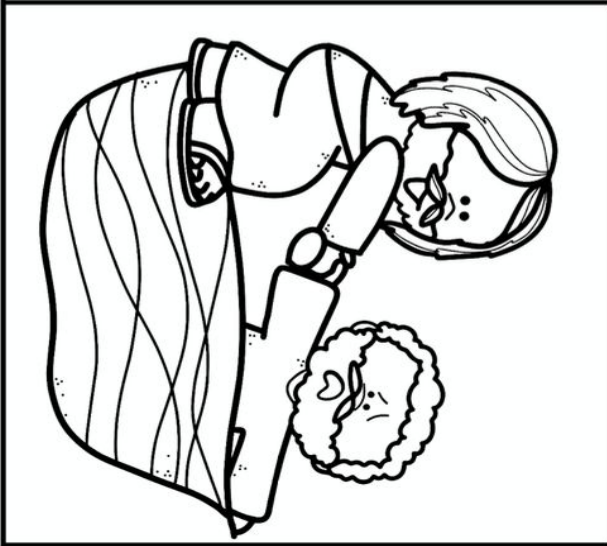
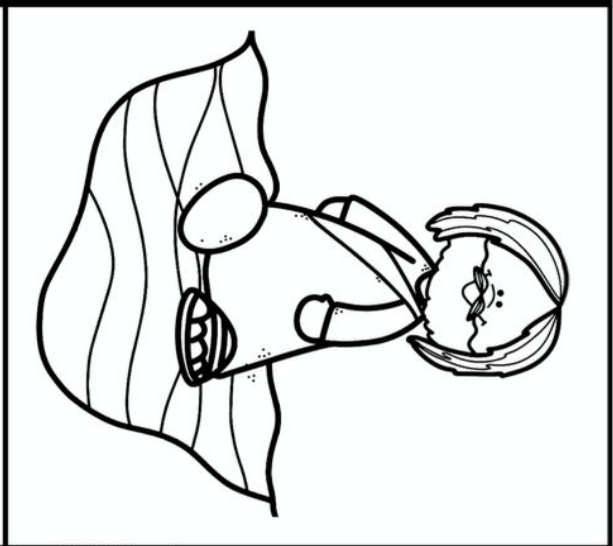
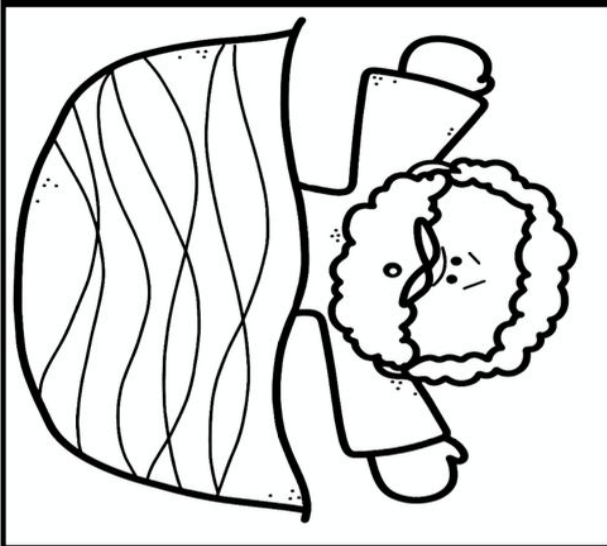
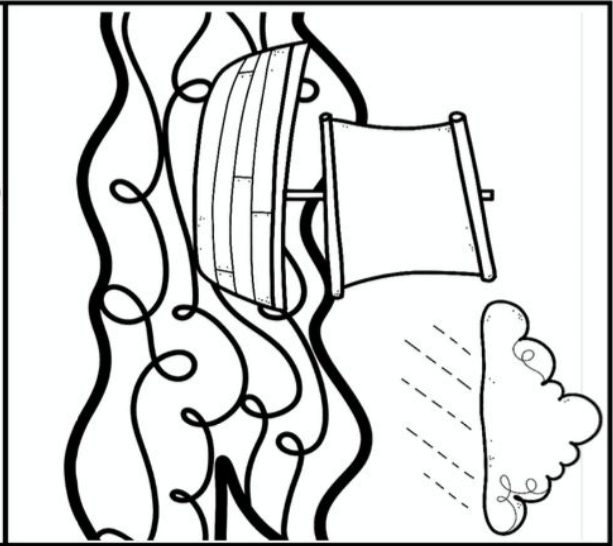
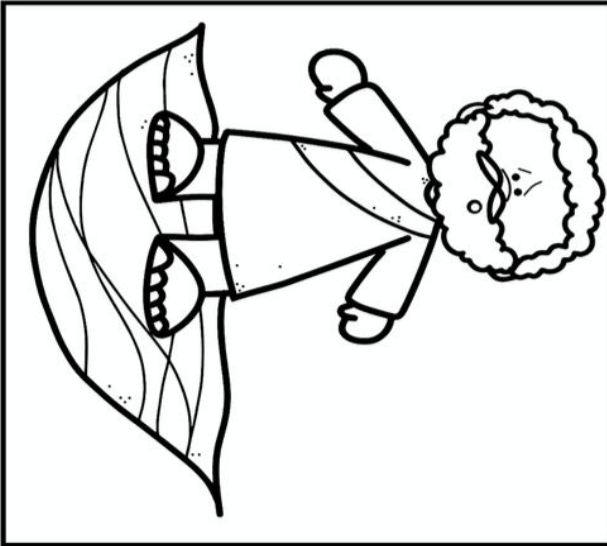
There are times that we will be scared and we will say “Ahhhh!” but we just have to look at Jesus and He will reach out and take hold of us. Life jackets are good when we are in a boat, but only Jesus can save us no matter where we are!

**Let's pray:**

God, you are creator of heaven and earth. All of creation obeys your command. Help us obey your command, to trust in you and not be afraid of the waves. You are more powerful than the waves and you are more powerful than anything else that causes us to fear. Be with us this week, help us keep our eyes on you. In Jesus' name I pray. Amen.

**Questions:**

1. Where the disciples in a boat or on land? (Boat)
2. Did Jesus row a different boat to the disciples? (No)
3. How did Jesus get to the boat? (Walked on Water)
4. Who asked if he could walk on water with Jesus? (Peter)
5. When Peter saw the wave coming what did he do? (Sank because he took his eyes off of Jesus)
6. What saved Peter, a life jacket or Jesus? (Jesus!)



JESUS WALKED ON THE WATER

1

2

3

4

5

6



For whoever

calls on

the name

of the Lord

shall be

saved.

Romans 10:13