# **TEACHING PREPARATION**

GRADE 7 TERM 1: DANCE

Wk	What to teach	How to teach	Resources, writing and homework activities	Text book page nr.
1	Topic1: Dance Performance			
	Dance Conventions: setting a safe environment, conventions for entering and leaving and code of conduct, dress code Warm Up: walking, running with freezes using shape, level and direction Cooling down	Individually and in pairs doing a mirror image activity	Body, space, music	
	Topic 2: Dance Improvisation and Composition	Individually doing everyday movements to		
	Elements of Dance: use of space, shape, levels and direction	introduce locomotors		
	Topic 3: Dance Theory and Literacy			
	Dance terminology Importance of Warm up			
2	Topic1: Dance Performance			
	Dance Conventions: continue add respect and sensitivity to others and trust exercises Warm up: Introduction to principles of posture and alignment while continuing activity as before Cooling down	Pairs	Body, space, music, props	
	Topic 2: Dance Improvisation and Composition			
	Elements of Dance: use of space, shape, levels and direction adding dimension and pathways	Individually exploring locomotor movements		
	Topic 3: Dance Theory and Literacy			
	Continue from previous week			

3	Topic1: Dance Performance		
	Dance Conventions: continue Warm up continue now using variation in shape, level and direction Introduction to floor work for core stability, strength and flexibility emphasising good posture and alignment: flexing and stretching the feet Cooling down  Topic 2: Dance Improvisation and Composition	Individual activity seated on the floor	Body, space, music
	Continue exploring elements of dance using time and force		
	Topic 3: Dance Theory and Literacy  Importance of good posture and Alignment		Worksheets
4	Topic1: Dance Performance		
	Warm up continues Floor work continuesnow adding the rounding and lengthening of the spine Joint mobility: knee bends, rises and transference of weight from side to side	Individually	Body, space, music
	Topic 2: Dance Improvisation and Composition		
	Continue exploring dance elements: relationships	Pairs	
	Topic 3: Dance Theory and Literacy		
	Dance terminology		
5	Topic1: Dance Performance		
	Warm up continues Joint mobility and transference of weight continues Preparation for safe landing from movements of elevation/aerial movements: small jumps Cooling down with safe stretching	Individually and in pairs	Body, space, music
	Topic 3: Dance Theory and Literacy Dance terminology		

(	6	Topic1: Dance Performance			
		Warm up continues Floor work Joint mobility and transference of weight Activity for jumps Simple locomotor combinations across space Cool down continues  Topic 3: Dance Theory and Literacy	Individually	Body, space, music	
		Continues			
-	7	Topic1: Dance Performance			
		Warm up continues Class work Cooling down	Individually	Body, space, music	
		Topic 2: Dance Improvisation and Composition			
		Elements of dance: focusing on time, tempo, accents phrasing using body percussion, stamps and claps	Groups creating own compositions		
		Topic 3: Dance Theory and Literacy			
		Discussion on elements of space and time			
8	8	Topic1: Dance Performance			
		Warm up continues Class work for the FAT (Formal Assessment Task) Cool down	Individually	Body, space, music	
		Topic 2: Dance Improvisation and Composition			
		Elements of dance: focusing on time, tempo, accents phrasing using body percussion, stamps and claps	Groups		

9	Topic1: Dance Performance			
	Class work continues as before	Individually	Body, space, music	
	Topic 2: Dance Improvisation and Composition			
	Composition exploring Elements of dance	Groups		
10	Formal Practical Assessment Task (FAT):		Body, space, music, props	
	Dance Performance FAT: 50 marks converted to 10	Individually and in groups		

# **TEACHING PREPARATION**

GRADE 7 TERM 1: DRAMA

Wk	What to teach	How to teach	Resources, writing and homework activities	Text book page nr.
1	Topic 1:Voice & Physical development  Voice: relaxation, breathing exercises  Physical: release tension, mirror work  Topic 2: Playmaking (improvised drama)	Individually and in pairs.  Divide class in groups of	Voice, body, space.  Photographs, pictures,	
	Commence with development of short improvisation (use themes relevant to learners).  Provide and explore stimulus – pictures, photographs, stories, anecdotes, one-liners.	five.  Provide stimulus that will lead to improvised drama.  Group and teacher facilitated discussion.	stories, anecdotes, strips of paper with interesting, with catchy sentences.	
2	Topic 1: Voice & Physical development  Voice: relaxation, breathing, resonance exercises (cont.)  Physical: use imagery to warm-up the body.  Topic 2: Playmaking (improvised drama)  Develop storyline with beginning, middle and end.  Focus on Who, What, Where, When.	Individually and in pairs.  In groups.	Develop storyline in workbooks, using mind maps and write story in full.	
3	Topic 1: Voice & Physical development  Voice: relaxation, breathing, resonance exercises (cont.)	Individually and in pairs.		

	Physical: use imagery to warm-up the body (cont.)  Topic 2: Playmaking (improvised drama)  Shape and develop scenes – using tableaux.		Reflection notes in workbooks. Design picture frames showing the various tableaux.
	strape and develop scenes – using tableaux.		lableaux.
4	Topic 1: Voice & Physical development	Individually and in pairs.	
	Voice: relaxation, breathing, articulation exercises (cont.)		
	Physical: explore movement dynamics.		
	Topic 2: Playmaking (improvised drama)	Teacher facilitated	Workbooks:
	Develop characters, space, theme and message of drama.	developmental work in groups.	Character, theme and message collage.
5	Topic 1: Voice & Physical development	Individually and in pairs.	Basic stage design in
	Voice: relaxation, breathing, articulation exercises (cont.)		workbooks.
	Physical: explore movement dynamics (cont.)		
	Topic 2: Playmaking (improvised drama)	Teacher facilitated	
	Explore physical relationships in space, focus points, levels, and proximity of characters to each other.	developmental work in groups.	
	Consider where the audience is seated.		
6	Topic 1: Voice & Physical development	Individually and in pairs.	
	Voice: relaxation, breathing, articulation exercises (cont.)		
	Physical: explore movement dynamics (cont.)		
	Topic 2: Playmaking (improvised drama)		
	Focus of listening and concentration, action and reaction.	Teacher facilitated	Self-reflection in workbooks:
	Practise the scene, refining it for performance (homework – rehearse own	developmental work in	Journal, self-reflection worksheet.

	part and if possible in group to prepare for formal practical assessment in weeks 8 and 9)).	groups.	
7	Topic 5: Careers  Research careers of actors/dancers /singers/clowns/ stand-up comedians.	Learners select career of performing artist to be explored in class.	Notes, websites, HEI brochures, books, magazines articles, newspapers used as sources for careers.
8	Topic 5: Careers  Research careers of actors/dancers /singers/clowns/ stand-up comedians.	Learners select career of performing artist to be explored in class.	Notes, websites, HEI brochures, books, magazines articles, newspapers used as sources for careers.
9	Formal Practical Assessment:  Classroom improvised drama	Groups perform their dramas, rest of the class complete critical reflection worksheet on the dramas they view.	Critical reflection on classroom improvised dramas.
10	Formal Practical Assessment Task (FAT):  Classroom improvised drama  FAT: 50 marks converted to 10	Groups perform their dramas, rest of the class complete critical reflection worksheet on the dramas they view.	Critical reflection on classroom improvised dramas.

# **TEACHING PREPARATION**

GRADE 7 TERM 1: MUSIC

Wk	What to teach	How to teach	Resources, writing and homework activities	Text book page nr.
1	<ul> <li>Letter names of notes on the treble cleft.</li> <li>Revision of the concept of note values (already covered in Grades 4-6) and cover all note values.</li> <li>Clapping or drumming short rhythmic phrases that use crotchets, minims and quavers</li> </ul>	<ul> <li>Revision of stave, treble clef and position of Letter Names with relation to the lines and spaces.</li> <li>Consolidation of Letter Names and the notes on the lines and spaces</li> <li>Written exercise practising treble clef (at beginning of stave) and position of the Letter Names.</li> <li>Consolidation of crotchets, minims and quavers.</li> <li>Use non – melodic instruments or body percussion to consolidate rhythmic patterns in a practical fun way.</li> <li>Music Literacy quizzes to consolidate concepts learned during first week (written sheet).</li> </ul>	<ul> <li>Sheet with stave (five lines on which music is written)</li> <li>Poster with stave and treble cleft</li> <li>Flashcards with crotchets, minims and quavers, semibreves, semiquavers</li> <li>Poster with short rhythmic patterns (for drumming</li> <li>Drums, sticks, maracas, tambourines, (any nonmelodic musical instrument)</li> </ul>	
2	<ul> <li>Pitch:-</li> <li>Sight singing melodic phrases from known and unknown songs using tonic sol-fa.</li> <li>Following musical scores while listening to music.</li> <li>Duration: Introduction of the dotted note, also in relation to:</li> </ul>	<ul> <li>Revision of tonic- solfa through songs.</li> <li>Group activity: - Learners listen to songs and sing along. Identify how high or low the sounds are (pitch).</li> <li>Practical consolidation/ revision of treble and bass clef as well as crotchets, quavers, minims using rhythmic patterns and well known songs.</li> <li>Explain and introduce the dotted notes by using flashcards (minims, crotchets, etc.)</li> <li>Consolidating Letter names of notes focusing on</li> </ul>	<ul> <li>Poster /copy of short well known songs</li> <li>CD player with selected songs.</li> <li>Flashcards with minims, crotchets etc.</li> </ul>	

	<ul> <li>crotchets</li> <li>quavers</li> <li>minims</li> <li>semibreves</li> <li>dotted minim</li> </ul> <li>Treble and bass clef</li> <li>Duration: consolidation of content learned.</li> <li>Letter names of notes on the treble and bass cleft</li> <li>Clapping or drumming polyrhythmic phrases</li>	<ul> <li>their position (changes) because of the treble and bass clefs in front respectively.</li> <li>Sing and clap above notes to illustrate duration.</li> <li>Provide written notes on above as well as short written test.</li> </ul>	
3	Listening to performed music and identifying or describing the:	<ul> <li>Playing a variety of songs for learners to listen and identifying the different beats (2/4, 3/4, 4/4 etc.), meter.</li> <li>Questionnaire for group and individual listening.</li> <li>Informal discussion on piece and general information (group work)</li> <li>Leading learners in following musical scores while listening to music. Highlight certain areas you want them to focus on.</li> <li>Singing /clapping and humming along with music.</li> </ul>	CD with selected music (classic)     Musical scores
4	Listening to a variety of recorded or live music and describing the:  Meter of the music as duple or triple or quadruple time  Tempo (fast/slow)	<ul> <li>Group work practically working with selected music focusing on time, tempo, etc.</li> <li>Group work creating graphic score, listening to selected pieces of music</li> </ul>	CD with music     News print ,kokis,     colouring pencils etc.

	<ul> <li>Dynamics (soft/loud)</li> <li>Meaning or story of the music</li> <li>Lyrics of the music</li> <li>Texture of the music</li> </ul> • Creating a graphic score (sound picture) of a musical piece that has been listened to, e.g. storm, rain		
5	Topic 3: Performing and creating music  Breathing exercises  Develop the ability to sing in tune through a repertoire of songs that include:  the National Anthem of South Africa  folksongs (indigenous songs, cultural songs)  popular music  light music  rounds part singing (songs with descants)	<ul> <li>Warm up: breathing exercises</li> <li>Group singing</li> <li>Discussion of each song: history, mood, etc.</li> <li>Introduction to descant singing (illustration by using 2 part songs)</li> </ul>	Score sheets with repertoire of music
6	<ul> <li>Accompanying songs with body percussion, found or self -made instruments, traditional instruments, Orff instruments.</li> <li>Playing music from graphic scores</li> <li>Creating instrumental music in group and solo context:         <ul> <li>Rhythmic repetition through clapping or drumming</li> </ul> </li> <li>Continuous development of in-tune singing</li> </ul>	<ul> <li>Group and individual performances</li> <li>Singing/humming of songs</li> <li>Performing in groups using graphic music scores</li> </ul>	Non-melodic and melodic musical instruments

	through a repertoire of songs that include instruments learners may be studying (optional)			
7	<ul> <li>Performing and composing music that uses non-conventional notation, e.g. graphic scores</li> <li>African drumming</li> <li>Creating own vocal and instrumental music in group and solo context:         <ul> <li>melodic repetition (vocal or instrumental)</li> <li>melodic question and answer (vocal or instrumental)</li> <li>rhythmic improvisation on an ostinato or riff by clapping or drumming</li> <li>vocal or melodic improvisation on an ostinato or riff</li> <li>rhythmic improvisation on African drums</li> </ul> </li> </ul>	<ul> <li>Group work creating graphic scores to perform own music</li> <li>Introduction to African music focusing on dominant drumming and rhythm</li> <li>Introduction to a riff, question and answer drumming patterns etc.</li> <li>Group work: own improvisation of African drumming rhythm.</li> </ul>	Drums / body percussion/ clapping     Score with graphic music	
8	<ul> <li>Performing music that uses non-conventional notation, e.g. graphic scores</li> <li>Creating a sound picture based on a story or poem using the voice or instruments         <ul> <li>light music</li> <li>rounds</li> </ul> </li> <li>Creating own vocal and instrumental music in group and solo context:         <ul> <li>rhythmic and melodic improvisation on an ostinato or riff</li> </ul> </li> <li>Writing own four – line song, lyrics and</li> </ul>	<ul> <li>Group work: educator assists</li> <li>Understanding of riff/ ostinato and highlights it in their performance.</li> <li>Group song writing focusing on social issues</li> </ul>		

	melody based on a social issue		
9	Formal Assessment Task (FAT): Practical	Group and solo performances of musical creation including all concepts covered during 1st term.	
	Solo/group performance		
	FAT: 50 marks converted to 10		
10			
			1

# **TEACHING PREPARATION**

GRADE 7 TERM 1: VISUAL ARTS

Wk	What to teach	How to teach	Resources, writing and homework activities	Text book page nr.
1	Topic 1 Create in 2D:			
	<ul> <li>Drawing and painting: exploring a variety of media and techniques – line, tone, texture, mark-making</li> <li>Art elements – line, tone, texture, shape</li> <li>Design principles – balance, contrast, emphasis</li> <li>Themes to explore – observational projects (small objects and still life arrangements)</li> <li>Variation of paper size and format</li> </ul>	Individually and / or in groups Integration of the elements and principles, etc. happens continuously and builds on what was implanted in the IP.	Visual stimuli for drawing, pencil, charcoal, wax crayons, colour inks. Self-reflection in workbooks: Journal, self-reflection worksheet.	
2	Topic 1 Create in 2Dcont./:			
	<ul> <li>Drawing and painting: exploring a variety of media and techniques – line, tone, texture, mark-making</li> <li>Art elements – line, tone, texture, shape</li> <li>Design principles – balance, contrast, emphasis</li> <li>Themes to explore – observational projects (small objects and still life arrangements)</li> <li>Variation of paper size and format</li> </ul>	Individually and / or in groups Integration of the elements and principles, etc. happens continuously and builds on what was implanted in the IP.	Visual stimuli for drawing, pencil, charcoal, wax crayons, colour inks. Self-reflection in workbooks: Journal, self-reflection worksheet.	
3	Topic 3 Visual literacy:			
	<ul> <li>Art Elements: use in description of artworks - shape, line, tone, texture, colour</li> <li>Design principles: use in description of artworks - balance, proportion, emphasis and contrast</li> <li>Emphasis on learners' personal expression and interpretation of local craft</li> <li>Discussion of similarities and differences, respect and understanding of self and community; the arts as heritage</li> </ul>	Individually and / or in groups.	Photographs in resource books and/or real examples of local craft (e.g. African masks). Self-reflection in workbooks: Journal, self-reflection worksheet.	

4	Communication skills: talking, listening and looking; discuss art, craft, design to engage in moral, ethical and philosophical discussions, to formulate values and to learn respect for the opinions and visual expression of others  Topic 2  Create in 3D:			
	<ul> <li>Art elements: shape, line, tone, texture, monochromatic colour</li> <li>Design principles: proportion, emphasis, contrast</li> <li>Good craftsmanship: pasting, wrapping, tying, constructing, joining</li> <li>Concern for the environment: use of recyclable materials</li> <li>Sharing resources</li> </ul>	Individually and / or in groups Integration of the elements and principles, etc. happens continuously and builds on what was implanted in the IP.	Visual stimuli (e.g. African masks), recyclable monochromatic materials. Self-reflection in workbooks: Journal, self-reflection worksheet.	
5	Topic 2 Create in 3Dcont./:			
	<ul> <li>Art elements: shape, line, tone, texture, monochromatic colour</li> <li>Design principles: proportion, emphasis, contrast</li> <li>Good craftsmanship: pasting, wrapping, tying, constructing, joining</li> <li>Concern for the environment: use of recyclable materials</li> <li>Sharing resources</li> </ul>	Individually and / or in groups Integration of the elements and principles, etc. happens continuously and builds on what was implanted in the IP.	Visual stimuli (e.g. African masks), recyclable monochromatic materials. Self-reflection in workbooks: Journal, self-reflection worksheet.	
6	Topic 2 Create in 3Dcont./:			
	<ul> <li>Art elements: shape, line, tone, texture, monochromatic colour</li> <li>Design principles: proportion, emphasis, contrast</li> <li>Good craftsmanship: pasting, wrapping, tying, constructing, joining</li> <li>Concern for the environment: use of recyclable materials</li> <li>Sharing resources</li> </ul>	Individually and / or in groups Integration of the elements and principles, etc. happens continuously and builds on what was implanted in the IP.	Visual stimuli (e.g. African masks), recyclable monochromatic materials. Self-reflection in workbooks: Journal, self-reflection worksheet.	
7	Topic 2 Create in 3D:			
	<ul> <li>Art elements: shape/form, texture</li> <li>Design principles: balance, proportion, emphasis, contrast</li> <li>Modelling techniques: pinching, rolling, joining techniques, surface</li> </ul>	Individually and / or in groups Integration of the	Visual stimuli in resource books (e.g. groups of figures: musicians).	

	texture	elements and principles, etc. happens continuously and builds on what was implanted in the IP.	Earthenware clay (or any other 3D-making materials available), scratching tools. Self-reflection in workbooks: Journal, self-reflection worksheet.
8	Topic 2 Create in 3Dcont./:  • Art elements: shape/form, texture  • Design principles: balance, proportion, emphasis, contrast  • Modelling techniques: pinching, rolling, joining techniques, surface texture	Individually and / or in groups Integration of the elements and principles, etc. happens continuously and builds on what was implanted in the IP.	Visual stimuli in resource books (e.g. groups of figures: musicians). Earthenware clay (or any other 3D-making materials available), scratching tools. Self-reflection in workbooks: Journal, self-reflection worksheet.
9	Formal Practical Assessment Task (FAT):  Create in 3D: Earthenware (or any other 3D-making materials available) figures  FAT: 50 marks converted to 10	Individually.	
10	Topic 3 Visual literacy:  • Art Elements: use in description of artworks (shape, line, tone, texture, colour)  • Design principles: use in description of artworks: proportion, harmony, rhythm, emphasis, contrast  • Emphasis on learners' personal expression and interpretation  • Communication: Express, identify/name, question and reflect through looking, talking, listening and writing about the visual world: interpret, analyse and recognise symbolic language with reference to groups of figures (e.g. musicians)	Individually.	Visual stimuli in resource books (e.g. groups of figures: musicians). Self-reflection in workbooks: Journal, self-reflection worksheet.

#### **NOTES**

#### **BACKGROUND**

The above template aims to provide a bridge or connection between the teaching plan, in Section 3 of the NCS GR R-12 (CAPS) and the approved textbook in use by the teacher.

It is important that teachers use the CAPS document as the primary source with the textbook to SUPPORT teaching, learning and assessment. Not all the aspects and nuances of the prescribed content and skills are always unpacked in textbooks.

By using the template above, teachers can:

- ≤plot the content suggested in the textbook per week
- **compare** the content specified in the textbook with the content described in the CAPS.

In this way, teachers can ensure that all aspects of the content have been covered. Other sources/textbooks could also be used and should be indicated in the last column of the template.

After plotting the content and skills in the template, ensure that the activities address all the important aspects of teaching a Creative Arts lesson. Use the self-reflection sheet below for this purpose.

#### **SELF REFLECTION**

Criteria to be considered for a checklist to evaluate Creative Arts practical activities:

	CREATIVE ARTS LESSON ACTIVITIES			
	CRITERIA	NOTES		
1.	CAPS compliance			
1.1	All the content and skills for the term as described in the NCS Senior Phase CAPS has been addressed?			
1.2	Do the Dance and Drama lessons start with a short warm-up activity, followed with engagement of skills, application and presentation and ending with cooling down and reflection?			
2.	Diversity			
2.1	Are teachers consciously addressing barriers to learning by allowing more time to complete activities, breaking up a task into smaller, manageable activities, etc.?			
2.2	Does the teacher create a safe and supportive environment for learners to			

	explore, experience and express thoughts, ideas and concepts within an	
	atmosphere of openness and acceptance?	
2.3	Are Creative Arts opportunities provided for learners to give expression to their	
	feelings and understanding, individually and in collaboration with others?	
3.	Cognitive levels	
3.1	The cognitive levels have been addressed in the teaching, learning and	
	assessment process by allowing for 30% low cognitive level work, 40% medium cognitive ability work and 30% challenging or high level cognitive work?	
4.	Appropriate teaching methodology	
4.1	Specific details have been planned before actual presentation of the lesson:	
	≤ strategies of introducing an activity	
	≤ type of questions to be asked	
	source material (as stimulus, etc.)	
	integration of practical and theoretical work to be used	
4.2	Is there evidence of a Creative Arts workbook that is used for written work; rough	
	and final drawings; planning of drama including character, plot, space, time; planning and reflection on dance, basic music notation, etc.?	
4.0		
4.3	Does the teacher use a variety of visual and aural resources to stimulate original and creative work?	
4.4	Are all the learners participating and absorbed in the lesson activities?	
4.5	Does the teacher deal with those who do not participate with sensitivity and	
	fairness, but still maintain control and discipline in the class?	
4.6	Do learners feel challenged, but not threatened?	
4.7	Do the activities provide as many creative possibilities in all aspects of the arts:	
	listening, moving, dancing, singing, dramatising, drawing, etc.?	
4.8	Does the teacher value the learners' visual artwork by displaying it in the	
	classroom, the school's foyer, staffroom, etc.?	
5.	Assessment supporting learning and teaching process	
5.1	The informal assessment process is planned for and it informs the formal assessment task?	
6.	Language across the curriculum:	
6.1	Explore appropriate arts terminology at end of each activity (the language of	
	1	

	Dance, Drama, Music and Visual Arts)	
6.2	Incorporate activities that explore new words	
6.3	Use word walls, etc.	
6.4	Writing and speaking activities throughout the lesson activity.	
7.	Effective use of resources and LTSM	