

Creative World Cuisine

Welcome to Frogs - Creative World Cuisine

We are proud to present our menu which has been inspired by your regular feedback and created for your dining pleasure.

Our kitchen delivers health and flavour, highlighting the very best that the region's farmers and fishermen have to offer.

We source organic fruit, vegetables and seafood caught in the wild. By working closely with local farmers and artisan producers, we do our best to support our community in the pursuit of greater sustainability. To suppliment this local supply, we import only premium organic meats and cheeses.

Here at Frogs we are deeply passionate about our food, we serve creative world cuisine using traditional cooking techniques and adding our own little twist.

Thank you for coming and sharing our passion.

"Creativity takes courage"
- Henri Matisse

Snacks

condiments

SMOKED SALMON & RICOTTA - with pink peppercorns, rocket & dill	190
PAPRIKA CHICKEN QUESADILLAS - with bell peppers, mozzarella, lime & sour cream	180
TOM YAM BAKED MUSSELS - with breadcrumbs, chili paste, lime & parsley	210
THAI STYLE GARLIC & PEPPER PORK RIBS - with garlic, pepper & coriander	180
CRAB CAKES - coated with breadcrumbs & topped with coriander	260
GRILLED THAI CHICKEN WINGS - marinated with thai herbs, oyster sauce, shallot, garlic & coriander	210
CHICKEN SATAY - marinated with indian curry powder, coconut milk & served with sweet peanut sauce	140
THE SUNRISE PORK - sun dried pork served with a spicy Thai dippng sauce	140
ANTIPASTI PLATTER - a selection of imported cheeses, cold cuts &	350

SAMOSA VEGGIE	90
- filled with mixed veggies & indian curry powder	
FRESH SPRINGROLLS VEGAN	110
- with fresh herbs & dipping sauce	
GUACAMOLE TACO VEGAN	150
- crunchy taco with tomato, shallot	
& lime salsa, topped with sour cream foam	
VEGGIE TEMPURA VEGAN	160
- served with sweet chili dip	
YAM MET MAMUANG VEGAN	120
- great with a cool beer! Cashew nut salad,	
with lime, chili & onions	
DEEP FRIED CHICKEN CHOPSTICK	190
- served with fried pandan leaf & sweet chilli dip	





Soups

MALIBU LOBSTER BISQUE - with coconut milk, topped with spring onion YIN YANG SOUP VEGAN - Pumpkin Carrot Soup ANDALUSIAN GAZPACHO VEGAN - bell pepper, tomato, celery, cucumber, garlic & basil TROPICAL SOUP VEGGIE - Tomato & Pineapple cream soup

SOUP

Thai Choices

TOM SOM PLA	210
- Northern thai style fish soup with tamarin & shallot	
TOM SAEP	190
- North eastern thai spicy & sour soup with slow steuued beef cheek	
TOM YAM GOONG	340
- hot & sour soup with sea prawns	
TOM CUMIN GAI	180
- turmeric infused broth with chicken, lemon grass, shallot & garlic	
TOM KHA TALAY	350
- mixed seafood, coconut & kaffir lime infused soup, galangal, shallots	
TOM JUED SAHRAY TOAHU VEGAN	160
- aromatic clear broth with tofu, seaweed, carrot,	
mushroom, cabbage, glass noodles, spring onion & coriander	





"All prices are subject to a 10% service charge"

Salad

FRESH NICOISE - seared fresh saku tuna, French dressing	320
GREEK SALAD with melon and Parma ham	310
MANGO QUINOA SALAD VEGAN - char-grilled mango, fluffy quinoa, roast veg, grain mustard dressing	220
POMEGRANATE & GOAT CHEESE VEGGIE avocado, rocket, basil, balsamic & olive oil dressing	290
SALAD FROM HEAVEN vecale salad leaves, cashew nuts, almonds, apple, dates & mozzarella	230
GRILLED VEGETABLE SALAD WITH WARM BREAD	160

Thai Choices

YAM KHA-THI GOONG - shrimp, coconut, chili & spring onion	210
YAM PHAK BOONG KROB - crispy morning glory, mixed seafood & spicy sour sauce	320
YAM PLA TOO FOO - crispy local mackeral served with spicy lime & coriander dressing	160
SEAWEED SALAD - local angel hair seaweed salad with coconut milk & prawns	180
YAM WOON SEN SEAFOOD - spicy glass noodle salad & mixed seafood	350
SOM TAM - with blue crab & local green papaya	220
NAM PRIK ONG - spicy northern style dip/salad with pork	90
YAM SOM OH VEGAN – thai salad with pomelo	180
SOMTAM FRUIT - Thai style fruit salad	160

Burgers, Sandwiches and Wraps

THE FROGS BURGER - premium grilled beef, cheddar cheese, bacon, salad & gherkin, served with french fries	340
CAESAR SALAD WRAP - grilled chicken, bacon, parmesan, anchovy & croutons, served with French fries	210
TOASTED, HAM & CHEESE - ham, cheddar cheese, mozzarella & moray sauce	230
CLUB SANDWICH ROLL - chicken, bacon, ham, egg, tomato & lettuce	290
TUNA SANDWICH - toasted with rocket, cucumber, onions, tomato & lettuce	190
IMPOSSIBLE BURGER veggie burger to die for! Impossible to believe its made purely from plants	320
BAKED CROISSANT VEGGIE - with avocado, mozzarella, tomato and basil	250





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SIDES 75

FRENCH FRIES SAUTEED POTATOES MIXED GREEN SALAD ONION RINGS COLESLAW



Pasta

SEABASS FETTUCINE - grilled sea bass, saffron & coconut milk	310
CHICKEN & CHORIZO PENNE - with basil, paprika & breadcrumbs	300
BLACK FETTUCINE PHAD NAM PRIK PHAO - shrimp, fresh chili paste & cream	340
SPAGHETTI CARBONARA - classic Italian carbonara	260
PENNE ZUCCHINI - cooked with garlic, lemon zest, mint, basil & parsley	210
PESTO LINGUINE CHERRY tomato, asparagus, pesto & parmesan	210
SPINACH & RICOTTA RAVIOLI VEGGIE - pesto, rocket, cashew nuts & roasted bell peppers	260
PRAWN ROCKAFELLA - Prawns served with a creamy sauce, spinach and topped with curly potato fries	320

Pizza

TOM YAM SEAFOOD	360
- signature tomato sauce, mushrooms, red onion & lime	
SPICY MEAT LOVER	360
- Italian sausage, ham, bacon, pepperoni & black olives	
	1
CRISPY BACON & POTATO	320
- finely sliced potato, crispy bacon, feta cheese & spring onion	
FOUR CHEESES	340
- brie, mozarella, gorgonza, goat	
CAPRESE CHARCOAL VEGGIE	290
- buffalo mozzarella, tomato, basil & olive oil on black pizza doug	jh
MARGHERITA	220
- signature tomato sauce, mozzarella & basil	17
GET MY GOAT	330
- goat cheese, green olives, grilled vegetables, rocket & pesto	

WE WOULD ALSO BE MORE THAN HAPPY
TO CREATE PIZZAS WITH TOPPINGS OF YOUR CHOICE!
WHATEVER IT IS < WE MOST LIKELY HAVE IT IN STOCK>





Seafood

SEABASS STEAK - with black olive mash, mushrooms, pumpkin & lemon cream sauce	360
SAFFRON SALMON - with French fries, seasonal vegetables & saffron sauce	680
GRILLED SEABASS - with lemon grass, kaffir lime & a tangy spicy seafood sauce	350
GRILLED TIGER PRAWNS WITH GREEN MANGO SALAD - with garlic butter & a tangy spicy seafood sauce	690
SEAFOOD PLATTER - with local half Phuket Lobster, white snapper, calamari, scallops, mussels, fresh salad & fries potato	,390
SEARED TUNA - with Japanese Saku tuna on a bed of mixed greens	590
FISH & CHIPS - with local Barracuda with fries and a salad	310
LOBSTER THERMIDOR - whole Phuket lobster with tarragon, white wine & cheese sauce	,690





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Main

AUSTRALIAN TENDERLOIN - premium grilled fillet, truffle mash & mushroom or peppercorn sauce	990
PAN SEARED RIBEYE - with herb butter and choice of potatoes (mash, French fries or baked)	880
BBQ PORK RIBS - with BBQ Milanese sauce & curried mashed potato or curried French fries	420
LAMB SHOULDER - with scallion mash, grilled vegetables and red wine sauce	670
ROASTED DUCK - with roasted potato, bread dumplings, seasonal veg and orange gravy	410
GRILLED CHICKEN BREAST - with deep fried mashed potato, spinach cream cheese & peppercorn or mushroom sauce	350
BANGERS & MASH VEGAN - plant based sausage with black olive mashed potatoes,	390

SIDES 75

peas or beans & veggie gravy

FRENCH FRIES
SAUTEED POTATOES
MIXED GREEN SALAD
ONION RINGS
COLESLAW
JASMIN RICE



STIR FRIES

Stir Fries

PHAD NAM PRIK PAO KAI KHEM TALAY - chili oil, salted egg, mixed seafood, mushrooms & veg	350
PHAD KRAPAO WITH CHEESE - chicken or pork, spicy hot basil, long beans & cheese	160
STIR FRIED CRAB WITH CURRY POWDER - local fresh crab, milk, egg, onion & celery	280
FRIED SHRIMP WITH TAMARIND SAUCE with fried chili & shallot	250
SWEET & SOUR SEABASS with cucumber, onion, tomato, giant chili & pineapple	280
STIR FRIED FROGS LEGS - chili paste, Krachai root & green pepper	290
STIR FRIED MORNING GLORY - with oyster & soy sauce, chili, garlic	120
STIR FRIED MIXED VEGETABLES - with soy sauce and garlic	90
PHAD PHED SATOR PRAWNS - fried bitter beans with Prawns	220

Rice & Noodles

PAD THAI KA-TEE PRAWNS - stir fried glass noodles, pork or chicken & tangy tamarind sauce	220
KHAO PAD SEE EIW DAM - pork or chicken fried rice, dark soy sauce, egg & kale	150
SPICY CURRIED FRIED RICE - pork or chicken spicy fried rice with curry powder, coconut milk, mixed veg	180
KUAY TIEAW KUA GAI - Stir fried wide rice noodles with chicken,egg, peanut, carrot, spring onion & deep fried garlic topping	160
KHAO PAD KA-TEE GAI YANG - coconut fried rice with grilled Thai herb chicken	170





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Curry

190 **GAENG KHA-REE GAI** - Indian style chicken curry with coconut milk, onion, tomato & potato **GAENG KIEAW WHAN GAI** 190 - Creamy green Thai curry in coconut milk with chicken, eggplant, chili, kaffir lime & sweet basil **PANENG GOONG** 240 - Thick red curry with shrimp, coconut milk, kaffir lime & fresh chili **GAENG MASSAMAN LAMB RACK** 490 - Grilled lamb rack curry with coconut milk, potato & roasted peanut **GENG CARE PLA** 220 - Northern style fish curry, lemon grass, mixed veggies, cumin & herbs GAENG PAH VEGAN 190 - Spicy jungle curry from southern Thailand with mixed veggies

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SAUTEED POTATOES
MIXED GREEN SALAD
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COLESLAW
JASMIN RICE





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