



# CROSSLANDS CHRONICLE

DECEMBER 2020 VOLUME 47 NUMBER 10

## The Crosslands Craft Sale is OOPS! - CHANGED !!

**History of the Craft Sale;** The Craft Sale, established by Neil Kilpatrick many years ago, originally offered ceramic pieces made by Crosslands residents. In 2013, Cynthia LaPara took over and expanded the Craft Sale to include jewelry, and the Sunflower Shop also joined the sale to sell holiday plants. Later, in 2015, Jane Roberts began selling knitted and quilted items, and soon the Wood Shop joined the project. Jewelry has always been a favorite item at the Craft Sale. It has always been a superb place to do your holiday shopping. **BUT NOW...**

**Because of the latest COVID-19 guidelines put forward by the Chester County Board of Health and the new protective rules established by our Kendal-Crosslands administration, this event has been minimized and altered. See details on TV 9 or the website after Nov 30.**

**The Sunflower Shop** will still provide plants (poinsettia and cyclamen) and wreaths that you ordered last month. Come to the carport in Parking Lot 5 (between Garrett and Evans) on Thursday, December 3 between 9:30 am and noon and pick up the items you ordered. If you have forgotten what you ordered, the order slip will be available. Please bring your payment (cash or check made out to the Sunflower Shop).

**Quilted and knitted items by the Needlers** can be obtained by contacting Jane Roberts and Debbie Borton directly.

**The Wood Shop** will provide fanciful wooden animals carved by Jeana Levinthal and lovely wooden bowls by Peter Silvia if you contact the artists directly.

**The Jewellery Makers** Diane Hulse, Courtney Peterson, Roger Parish, Bonnie Marcus, Cynthia LaPara and members of the Jewelry Making group would have been displaying their wonderful creations, but alas, you must contact the artists directly to purchase their wares. Some of these artists have websites so you can see their wares on your computer or visit their studios. Call them to get the details .

*Jane Roberts and others*



Jewelry by Diane Hulse



A selection of items made by Crosslands residents to admire—and purchase — from the artists directly.

photo by Paul Stevens

## FROM THE CRA PRESIDENT

In the past few years, I have learned the importance of “**Getting to Yes**”. What this means to me is when someone makes a request to me, I need to figure out how I can implement their request. I don’t need to grant the full request, but just understand the core elements of the request so we can find a mutually acceptable solution.

Recently, a new resident asked to join a certain committee. That committee told her “NO”. It was heart-breaking for her. Somehow her feelings became known to CRA leadership who intervened and this new resident was accepted into that committee. The solution was that they had found a meaningful task for her.

In another example, recently several residents came to me asking for a firepit. Their idea was to have a location in the lawn back of their homes in which they would build a wood fire. On inquiry with the Administration, the answer came back suggesting a portable firepit. Discussion in the Executive Committee raised the issue of fire safety. We raised this issue with the Administration. They now are considering having firepit(s) at one or more central locations on campus.

I think it is very important that in as many cases as possible, we work at “**Getting to Yes**”. This means making a good faith effort to somehow say “Yes”. It doesn’t mean that the original request be granted. But it does mean finding a solution such that the request can in some form be granted.

So often, our tendency is to just say “NO”. That negativity can be crushing. The better answer is to say, while we see the following issues, let’s look for a solution which deals with those issues and is acceptable to all concerned.

At the core, this is all about affirming our fellow residents. Our operating practice should be to work at bringing out the best in each other. We need to accentuate the positives in all those around us. We all feel better when we are appreciated.

*David Rhoads*

...Anna Marie MacKeand met Princess Margaret in the 1950’s when the Princess was visiting Nassau, Bahamas? Anna Marie was working for the acting Chief Justice who was her family’s attorney. She was in the Honor Guard for Margaret’s visit and was invited to the reception for the Princess. Anna Marie recalls that she and Princess Margaret were about the same age and size.

...The KCC sewage treatment spray fields are regulated by DEP and operated by an outside contractor? KCC has contracted for 2 hours per day 5 days per week. There is no set schedule. The contract operators spray as needed, typically 3 days a week for a 10-hour cycle to alleviate any violations. During or after a spray, once the temperatures hit the freezing mark, the Kendal woods are a winter wonderland to behold.

...Construction has begun on a new house on the hillside overlooking the community gardens?

...After seven decades, Max Siegel’s past has caught up with him? Max’s story, *Once Upon a Crime*, which he wrote when he was seventeen years old, has just been reprinted in a new anthology published in October: *The Further Misadventures of Ellery Queen* (Wildside Press).

...November 4, Audland residents gathered to enjoy a Thanksgiving feast prepared by Culinary Services? Many of their family members attended via Zoom.

...On any given day Culinary Services staff label, date, and package, on average, 280 green salads and 140 fresh fruit cups?

...Of the 74 people who signed up to participate in the Fitness Advisory Committee’s (FAC) “hike”, 61 have reported their weekly miles, some once and some almost every week? Many of the Community Hikers will continue to walk throughout the fall and winter to stay fit and in shape for whatever “hikes” the FAC decides to have in 2021.

*Diana Stevens*

### CROSSLANDS CHRONICLE

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Chronicle@crosslandsres.org

**Editor:** Larry Wood

**Managing Editor:** Julie Knobil

**Editorial Staff:** Lyn Back, Jean Barker, Carolyn Morell, Betty Nathan, Elizabeth Rhoads, Diana Stevens

**Proofreaders:** Jane Andrews, Margaret Camp, Anne Gross, Selma Hayman, Elizabeth Rhoads, Hollis Scarborough

**Distribution:** Ruth Trimble, Margaret Tsan

The next two pages are devoted to **DÉCOR**—that is, how our residents contribute to the lovely appearance of the Crosslands Center. How is it that we have such artistic flower arrangements at strategic locations in the lobby? Outside the entrance? How did those rickety dining room chairs have a new life as handsome furniture pieces? Read on!

*The Editors*

### Kudos to the Crosslands Flower Committee

“Take time to smell the roses”...and here at Crosslands, take time to enjoy the beauty and creativity of the four or five floral arrangements the Crosslands Flower Committee has displayed on the first floor of the Center every day. Ten committee members take turns weekly creating the arrangements. Flexibility is the key to their successful work because it allows for creativity. Watch the displays change from week to week. Dried flowers, live plants, whimsical containers, fresh flowers, and greens are used



Harriet Selfridge in the Flower work room opposite the Webb-Savery room in the Center.

by the committee members. The Flower Room has shelves filled with vases, carefully arranged by size, shape, and color. The Room also has a refrigerator for keeping flowers fresh until they are needed and a variety of tools.

What are the sources of materials used in the arrangements? Local stores (committee purchases are reimbursed by the Crosslands administration), residents' homes and gardens, and the Community Garden are the main sources. Garry Stone is the “chief grower”, especially of zinnias. In his three plots at the Community Garden, he also grows cone flowers, yarrow, Shasta daisies, black-eyed susans, anemones and a few bulbs. Next spring, look for tulips and daffodils, a result of the bulbs Garry has planted. Joan Baker, Nancy Shipman, Barbara Grove, and Peg Parker assist Garry by picking the flowers he grows and putting them in his specially designed flower carrier. The flowers are also used to brighten Firbank's households.

When I asked Harriet Selfridge, Flower Committee chair, how much experience she had flower arranging before she moved to Crosslands, her quick reply was, “None”. She developed a passion for gardening and flower arranging after her move here, and encourages any resident who might be interested in discovering whether they have a passion for creating beauty at the Center to contact her.

*Diana Stevens*



The preparation of an arrangement destined to decorate the Center's lobby.

The arrangements of seasonal material in the big circle outside the Center and in the urns flanking the entrance is taken care of by Martha Stephens, staff horticulturist. Her inventiveness and eye for design delights us all. What is she planning for the holiday season? She is not telling, but admits it depends on what's available and what catches her eye.

And while you are looking around, check Penny's garden and see what Phyllis Wenner and her garden helpers have added for the holiday season after they have prepared the garden for winter.

### Refurbishing the Chairs

Joan Baker, a member of the House Committee, recently became concerned about the condition of the chairs in the Center, particularly the wooden parts of the chairs, so she approached Christine Lilley of Housekeeping with a plan: She (Joan) would be responsible for refurbishing the wooden parts of the chairs if she (Christine) and the Housekeeping Staff would take care of the upholstering material. Christine agreed. Experts were consulted who explained to Joan and her growing cadre of volunteers how to clean and strip wood and restore its beauty. Joan's husband Ben (and others) provided the muscle power necessary to move the chairs to the lower level of the Center. Once there, the process proceeded in four steps:

1. Clean the wood from the dirt accumulated over the years of use, including layers of human skin deep enough (according to Joan) that one could scratch one's initials in them. Imagine, folks: For years, when you sat down in one of those comfy chairs with wooden arms, you were laying your forearms on human skin, and probably contributing your own microscopically thin layer of skin in the process.

continued on the next page



continued from the previous page

2. Steel wool or sand down to the original grain. (Those who have ever sanded, painted or varnished wood down to its original grain will by now sympathize with Joan over the effort required).

3. Stain the wood to its original color or, for that matter, whatever color one wishes, and

4. Varnish, to set the chosen color and protect the wood from the ravages of anticipated weathering and abuse.

For the upholstered furniture, Christine and the Housekeeping Staff agreed to clean the chair covers and to remove and refurbish the upholstery.



This is what a pair of renovated chairs looks like now! photo by Paul Stevens

The project required more people-power than just Joan to come to fruition. Betsy Walker was an early recruit, and Linda and Mike Duffy soon came aboard. Bill Heald provided expertise in the use of woodworking tools. Joan and her committee have also refurbished the big oblong coffee table in the entrance hall, across from the TV. She and her committee have now attacked the upholstered chairs in the entrance lounge area, the chairs in the William Penn lounge, and the Audland dining room. In all, about 16 chairs now have a new glamorous life in our community.

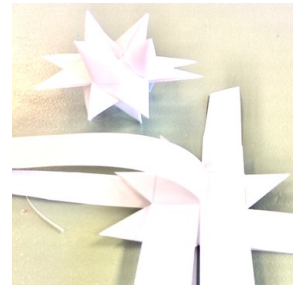
Larry Wood

### ORIGAMI CHRISTMAS TREE

Each September, a small group of origami enthusiasts gathers in the Arts and Crafts room and, under the leadership of Sister Margaret Tsan, plans the origami decorations they will make for the origami Christmas tree. This group works September through November, making Christmas ornaments from folded paper. In early December, they gather all the paper ornaments and decorate the tree which stands proudly at the entrance of the Center throughout the holiday season.

Over the past several years, the group has made colorful little gift boxes, Moravian stars, peace cranes, and red cardinals. In addition to learning how to make these different items from

folded paper, much of the fun is in the camaraderie of helping each other learn and sharing stories and experiences with others in the group. Through the process, we have learned a lot about each other, and we have also done something for the community as a whole.



Ruth Cramer demonstrates how to make a Moravian Star under the tutelage of Sister Margaret Tsan.



Due to COVID-19, this past year has been different. We were not able to gather together, but Sister Margaret decided that we could do simple gold stars. She distributed the directions and the paper so each of us could make some of the stars. Although not nearly as much fun, we were still able to prepare for the tree which should be at the front entrance soon. As an example of what we can do, on the last page of this issue is a origami-decorated Christmas tree from years past.

Elizabeth Rhoads

## LIGHT & LIVELY

### Seasons – a Celtic concert Saturday, December 12 – 7:30 pm—Zoom

We invite you to join the family group, the *Seasons*, who will be showing us the rich tradition of Irish music including folk and Celtic interpretations of holiday favorites. Five musicians, the Lee siblings, sing and accompany themselves with instruments centered around the Celtic harp and also include the hammered dulcimer, guitar, piano, fiddle, penny whistle and bodhran. *Seasons* has been featured at many national festivals and have been recognized in numerous competitions in the US and Ireland, their ancestral home.

Carol Ann Baker



**2020-2021 U.S. Supreme Court**

**Speaker: Alan Garfield, Professor of Law,  
Widener University, Delaware Law School  
Tuesday, December 1 -- 7:30 pm -- Zoom**

Will the Supreme Court strike down the Affordable Care Act? Will it allow Philadelphia to bar Catholic Social Services (CSS) from participating as a foster care agency because CSS refuses to place children with same-sex couples? Will it permit the Trump administration to exclude undocumented immigrants from the population count used to allocate seats in the House of Representatives? Professor Alan Garfield will comment on these and other cases currently before the Supreme Court in its



2020-2021 term. He will also consider the impact of adding Amy Coney Barrett to the Court and how a Biden presidency might make some of the Court's current cases moot.

Professor Garfield writes and teaches in the area of Constitutional Law and frequently publishes op-eds about cases before the Supreme Court. Those of you who heard Professor Garfield speak at last November's Forum about the 2019-2020 Supreme Court may remember that he is a knowledgeable teacher who engages his listeners.

*Diana Stevens*

**MUSIC COMMITTEE**

**Trio Montage**

**Tuesday, December 8 — 7:30 pm—Zoom**

Trio Montage is the newest ensemble in Philadelphia's premier chamber music organization **1807 and Friends**. All three musicians—Nancy Bean, violin and viola; Lloyd Smith, cello; and Anne Sullivan, harp—are graduates of the Curtis Institute of Music. In the fifteen years of its existence the group has amassed a wealth of fascinating repertoire and has been delighting audiences with beloved favorites and rarely heard masterworks. Featured in this program will be Astor Piazzolla's scintillating treatment of the tango "L'Histoire du Tango". Also included is a delightful *Trio Sonata* by Ladislav Dussek and a charming duet by Karl Stamitz for viola and cello.

*Tricia Reed*

**Behind the Garden Gates  
How Longwood Manages the Pandemic  
Response**

**Speaker: Jim Sutton, Display Designer  
Longwood Gardens  
Tuesday, December 15 – 7:30 pm-- Zoom**



Jim Sutton will take us inside his world of spectacular gardens, lush meadows and colorful fountains, plus a 4-acre conservatory, and will reveal the secrets of how a world class institution like Longwood Gardens is handling the Pandemic. It has taken swift and decisive action to safeguard one of the world's most beautiful botanical gardens, while protecting staff. Longwood opened its doors to a somewhat restricted public on June 26 and continues to follow all safety guidelines. Jim, the aesthetic gatekeeper for Longwood, whose expertise on conservatory displays and horticulture is widely recognized, has judged the Philadelphia International Flower Show, and the 2018 Rose Bowl. Jim has promised us a peek at Longwood's popular Christmas display.

*Lyn Back*

<b>RESIDENT STATISTICS</b>	
<u>In Memoriam</u>	
<b>Carlos Trimble</b>	<b>October 28, 2020</b>
<b>Evan Clingman</b>	<b>November 4, 2020</b>
<b>Lydia Kain</b>	<b>November 12, 2020</b>



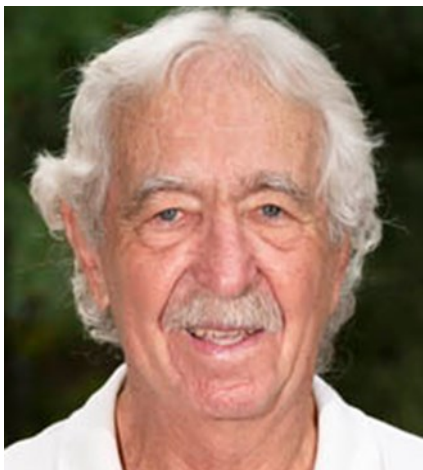
**John Funk**

**#233**

John was raised on a Mennonite farm owned by his grandfather located in the middle of Kansas. Although he no longer considers himself a Mennonite, he values the culture in which he was raised, one that emphasizes concern for the welfare of others, self-sufficiency and a passion for music. These values influenced John's choice to pursue a PhD in Clinical Psychology from the University of Kansas and establish a career in mental health services. In Rockland County, NY, John's positions included mental health counseling and ultimately an administrative role at a psychiatric center. Through his professional work, John became good friends with a Quaker who subsequently involved John in volunteering at a not-for-profit community music school and at a homeless shelter located in the Quaker Meeting House. John joined the music school Board of Directors, eventually becoming President. He also served on the Board of Directors for the Rockland County Council on Alcoholism and Drug Abuse.

Given his appreciation for self-sufficiency, John remains interested in all things mechanical.

At one point he even considered a career in architecture and/or civil engineering. This interest evolved into a love of boating and boat maintenance. Thirty-five years ago, John and his long-time partner, Jan, bought a trawler/cruiser together and traveled up and down the



East coast and to Canada and beyond. Both love to travel and they have gone on many adventures together. After earning his Captain's license, John captained a commercial charter boat on the Hudson River for 5 or 6 years. Jan, a few years younger than John, still resides in Rockland County and plans to move into Crosslands within the next few years.

Happily for us, John with his many talents and love of the outdoors (hiking, water and boating, and downhill skiing), already volunteers with our vine cutters, trail maintainers, and does exclusive work with the Arboretum Committee. In my view, the values that John adopted while living on a farm in Kansas fit beautifully with our communal life at Crosslands.

*Carolyn Morell*

**Cynthia Kuespert**

**#76**

Cynthia Kuespert, a recent arrival to Crosslands, says it was the pandemic that brought her here. A widow, she had been living at Kendal for some time when Covid-19 forced the campus to shut down. Cynthia realized she needed more help and companionship. She said she didn't want to be "stuck on the other side of the mountain" from her longtime friend, Walter Stapleton. So she moved in September, and she says things are working out very well.

Cynthia is quick to point out that she lived at Coniston before moving to Kendal. She continues to enjoy friendships made in earlier times at both campuses, and in her opinion all the Kendal communities offer ideal settings. The experience at Kendal, where Cynthia was President of the Kendal Residents Association, has given her an appreciation for people who get involved with committees. She also values the unique relationship that exists between staff and residents.

Cynthia is excited to talk about the publication of her novel, *Isaac's Call*, a work of historical fiction that takes place in Chesapeake City, Md. Her keen interests in race relations, social justice, and prison reform are clear to anyone who reads her book. One interesting aspect of the story is Cynthia's choice of a young African-American lawyer as the protagonist. Her experience as Director of an Art Center in Wilmington initiated close friendships with African-American families, and she has used vignettes as well as historical facts to give authenticity to the characters.

A woman of many interests, Cynthia says living near a juvenile detention center, working with the Jr. League of Wilmington, and volunteering with her church, gave her firsthand experience about the need for prison reform. Her knowledge of courtroom procedure and legal vocabulary was something she picked up from her lawyer husband.



When asked whether she had plans for a sequel, Cynthia said she has already begun to think about a new project. She envisions a prequel to *Isaac's Call*.

continued on the next page

Growing up in Lincoln Nebraska, one of Cynthia's vivid memories from childhood is a white birch bark weeping willow tree in her yard. She said it was a wonderful tree for climbing, and that she spent many long hours in the tree, reading. That may have been when her interest in writing began. When I asked Cynthia whether she was a tomboy, she thought for a moment. "Maybe yes, maybe no, I did love my Mary Jane shoes."

Cynthia looks forward to settling herself at Crosslands, and we look forward to getting to know more about her interesting life, and her lovely sense of humor.

*Lyn Back*

### IN THE GALLERY

#### Mary Lee Barker Exhibit "A Woman's Journey" Now ...until January 5

Discovering watercolor at the age of 14, Mary Lee found a way to know and communicate feelings. Some of the subjects that held her attention included buildings, flowers, trees, and statues as she studied with watercolorist Adele Hephron, and later with Paul Arnold at Oberlin, and at the Rochester School of Technology's night classes. Further work for 3 years at the Corcoran School of Art followed by master classes with individual artists, Charles Reid and Joseph Feiningen, led Mary Lee to realize that portraiture, first of herself and then of others, became the primary subject of her art helping her work to "take flight."

This exhibit features portraits done in El Salvador in 1988, and later at Loaves and Fishes in D.C. Mary Lee traveled to what was then a war-torn country under the auspices of The National Debate for Peace in El Salvador. She drew and painted there, and upon returning created portraits from photos, sketches, and sittings. Torn by the first two-week experience of the devastation in the country and the determination of its people to win and create a peace, Mary Lee responded to a church member's suggestion to visit the charitable D.C. Loaves and Fishes, its mission being to feed and serve hungry and homeless people. Carefully earning trust and interest, Mary Lee drew, painted, and photographed willing members for 20 years.

"You are letting the world know we are here!" This comment from many at Loaves and Fishes underlines the purpose of Mary Lee's art and the value of her journey.

*Nancy Geary Pereira*

### TUESDAY EDITION

#### The School You Wished for When YOU Were a Child

**Speaker: Cindy Arrouet**

**Tuesday, December 8 – 11:00 am--Zoom**

Cindy says, "As we look at what is happening in education today, the adjustments parents, schools and teachers are making because of the pandemic, it is an opportunity to rethink what educating a child really means. This presentation is about my experiences in a very unique school in which I was both a parent and a teacher for more than 15 years."

Please join us for this Tuesday Edition presentation which promises not only to help us know Cindy better, but also to be both timely and thought provoking.



#### Victorian Christmas Magic-Lantern Show!

**Presenter: Terry Borton and cast**

**Tuesday, December 22 – 7:30 pm--Zoom**

Travel back in time with the boisterous fun of America's only Victorian magic-lantern show. An authentic 1890s visual extravaganza arriving on your computer (or on TV 13) – the kind of show that led to the movies! Christmas stories like *Scrooge*, and *The Night Before Christmas*; animated comedy; and carols--all dramatized on screen by Crosslands residents—showman Terry Borton, and musicians Elizabeth Rhoads and Anne Gross, with videography by Paul Stevens. The audience at home participates in the fun, creating sound effects, and joining in chants and sing-along carols.

For 25 years, Terry Borton's The American Magic-Lantern Theater delighted audiences from Lincoln Center to Singapore. *National Public Radio* says it best: "It's an incredible experience . . . Don't miss them. They're a living national treasure!"

*Elizabeth Rhoads*

New Books in the Crosslands Library  
December 2020

**New Fiction**

- Leave the World Behind-a novel* - Alam, Rumaan
- Make Russia Great Again-a novel* - Buckley, Christopher
- Piranesi* - Clarke, Susanna
- The Darkest Evening* - Cleeves, Ann
- A Time for Mercy-a novel* - Grisham, John
- Magic Hour* - Hannah, Kristin
- The Patron Saint of Pregnant Girls* - Hegi, Ursula
- The Exiles-a novel* - Kline, Christina Baker
- The Abstainer- a novel* - McGuire, Ian
- The Book Woman of Troublesome Creek* - Richardson, Kim Michele
- Jack* - Robinson, Marilynne
- Here We Are* - Swift, Graham

**New Mysteries**

- The Sicilian Method* - Camilleri, Andrea
- The Sentinel* - Child, Lee,
- House of Correction- a novel* - French, Nicci
- The Finisher: a Peter Diamond Investigation* - Lovesey, Peter
- Still life* - McDermid, Val
- The Thursday Murder Club* - Osman, Richard
- One by One* - Ware, Ruth

**New Large Print**

- Anxious People- a novel* - Backman, Fredrik
- Wicked Appetite* - Evanovich, Janet

**New Non Fiction**

- All We Can Save Truth, Courage, & Solutions for the Climate Change*
- Fallout: the Hiroshima Cover-up and the Reporter Who Revealed It to the World* - Blume, L. M.
- Hiroshima* - Hersey, John
- The Nazi Spy Ring in America: Hitler's Agents, the FBI & the Case that Stirred a Nation* - Jeffreys-Jones, Rhodri

**New DVD's**

**The Crown: The Complete Third Season** - These tell the inside story of Buckingham Palace; the intrigues, love lives and machinations behind the great events that shaped the second half of the 20th century. Olivia Colman, who plays Queen Elizabeth, won a Golden Globe for her performance. Rotten Tomatoes rates the series 90% favorable.

*Gale Hamilton*



**CRA Concerns Session**  
**Tuesday, December 15 — 10 am—**  
**Zoom**

One or two of the members of the CRA Board will listen to your concerns and anonymously seek answers or solutions.. One-on-one Zoom sessions can be accessed from the Crosslandsres.org website. If you prefer a one-on-one telephone session, please call CRA First Vice-President Jane Roberts at about 10 am. You will find her phone number in the Crosslands phone directory.

**The Wellness Center Invites You ...**

Feeling the coronavirus blahs? Wondering why your belt is a little tighter? Looking for a little indoor exercise when it's too cold outside? Interested in advice on diet? The Crossland Wellness Center invites you to meet fellow residents bi-weekly on Zoom to share strategies, successes and/or challenges. These get-togethers will provide:

1. Ideas/suggestions from Elizabeth Kautz, KCC's Registered Dietician.
2. Exercise routine suggestions and weekly weigh-ins with Jenn Keil, Crosslands' Fitness Coordinator.

Bi-weekly Zoom meeting with fellow residents and Lathie Gannon, KCC's Health & Wellness Coach.

If you're interested in participating, please call Lathie Gannon at 610-388-5653, or email her at [mlgannon@xlands.kendal.org](mailto:mlgannon@xlands.kendal.org).

**SHOWCASE**

The Showcase Committee is happy to announce that the current exhibit featuring the equipment and material required for the presentation of the Magic Lantern shows will be on display until January 12. This material has been provided by Terry and Debbie Borton. Be sure to watch the next Magic Lantern presentation on December 22!

The next Showcase exhibit will feature the art jewelry designed by Diane Hulse.

*Debby Kern*



**The Final Hikers Report for 2020**

The community hikers of Crosslands report that they have virtually completed the Tiple Crown of Hiking! Collectively, they have trekked approximately 15,900 miles in just under five months, through the heat of summer and the rain and chill of fall. In doing so, they have hiked the equivalent of the number of miles required to hike the Appalachian Trail in the eastern United States (Georgia, Tennessee, North Carolina, West Virginia, Virginia, Pennsylvania, Maryland, New Jersey, New York, Connecticut, Massachusetts, Vermont, New Hampshire, and Maine), the Pacific Coast Trail on the west coast (California, Oregon, Washington), and the Continental Divide Trail (New Mexico, Colorado, Wyoming, Idaho, and Montana) which follows the Rocky Mountains and the western USA, hiking each trail south to north and then north to south, traversing 22 states along the way - a remarkable achievement.



The hikers began their quest on June 20, 2020, and finished around November 16, 2020, some five months later. They averaged 106 miles per day. They started with 65 people, including 4 staff members, and concluded with 35 people, including 2 staff members. Congratulations to those who stuck with the program.

Particular thanks go to Ginny Connolly, Joyce Hurt, and Mary Lou and Paul Grinwis. Ginny originated the idea, tracked the mileage on the web site, and sent out weekly totals. Paul and Mary Lou handled the pedometers and received weekly mileage reports. Joyce Hurt researched the areas traversed and provided participants with wonderful weekly updates on those areas.

The organizers extend their thanks to the participants who hiked each week, recorded their

miles, and faithfully reported their mileage to Mary Lou and Paul. Many enhanced the enjoyment of the hikes by reporting their prior personal experiences in the areas traversed.

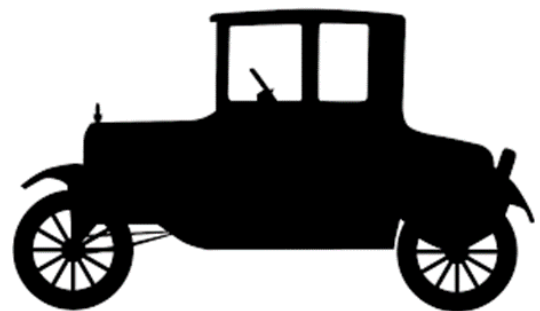
The organizers are asking for ideas for new hikes. They plan to take a break over winter, but to begin anew in spring, probably in March. Ideas for future hikes should be submitted to Ginny, Mary Lou, or Joyce. Meanwhile, the organizers suggest, do NOT stop moving. Let's keep in shape for future hikes by continuing to walk, using a treadmill or other machine in the fitness center, riding a bike, walking the hallways of your apartment building, or swimming in the pool. Whatever you do, keep moving. The benefits will be enormous.

*Joyce Hurt*



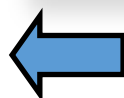
**Would you like to take an AARP safe driving course?**

Courses are presently offered on line only. If you go to [www.aarp.driversafety.org](http://www.aarp.driversafety.org) on your computer or iPad, you find the resources to take the course. As an added bonus, if you use the Promo Code **DRIVING SKILLS** as you sign up, there is a discount for the course. You need to contact your insurance company to see if you qualify for a reduction in your auto insurance. For more information, please call Lois J. Reid.





# CALENDAR for DECEMBER 2020



**Christmas Tree at Crosslands front entrance decorated with lovely origami ornaments– from a Christmas past !**

- Tues., Dec.1 **NAME TAG DAY**  
**Culinary Special French Dinner!**  
**Forum Committee:**  
Alan Garfield, The US Supreme Court 2020-2021,  
7:30 pm, Zoom
- Thurs., Dec. 3 **Crosslands Crafts Sale:**  
Oops! Changed! See page 1  
Stay tuned for updates!  
**Zoom Hour:** 4 pm
- Fri., Dec. 4 **Memorial Gathering for Evan  
Clingman**, 2 pm, Zoom
- Mon., Dec. 7 **CRA Board Meeting:**  
All residents invited!  
10 am, Zoom  
**Educational Series on Racial  
Inequality**, Speaker: Christopher  
Ridenhour, 2 pm, Zoom,  
Sponsored by Kendal, go to web  
site to get Zoom link
- Tues., Dec. 8 **Tuesday Edition:** A School to  
Wish for....Cindy Arrouet,  
11 am, Zoom  
**Music Committee:** Trio  
Montage, 7:30 pm, Zoom
- Wed., Dec. 9 **December Birthday Celebra-  
tion:** 5-6 pm, call Phyllis  
Wenner to join the group
- Thurs., Dec. 10 **Residents Zoom Hour:** 4 pm  
**Hanukkah** starts at sundown.  
**Special Hanukkah dinner**
- Sat., Dec. 12 **Light & Lively:** The Seasons  
Celtic Concert, 7:30 pm, Zoom
- Mon., Dec 14 **Residents Zoom Hour:** 7:30 pm
- Tues., Dec. 15 **NAME TAG DAY**  
**CRA Concerns Session:**  
10:00 am, Zoom  
**Forum Committee:** Jim Sutton  
Longwood Gardens and  
the Pandemic, 7:30 pm, Zoom
- Wed., Dec. 16 **Wilmington Handbell Ensemble  
7:15 pm**, Zoom. Sponsored by  
Kendal, go to website to get Zoom  
link
- Thurs., Dec. 17 **Residents Zoom Hour:** 4 pm
- Fri., Dec. 18 **Hanukkah** ends
- Mon., Dec. 21 **Residents Zoom Hour:** 7:30 pm
- Tues., Dec. 22 **Tuesday Edition:** Victorian  
Magic-Lantern Christmas, The  
Bortons, **7:30 pm**, Zoom
- Fri. Dec. 25 **Christmas Day**
- Mon., Dec 28 **Residents Zoom Hour**, 7:30 pm
- Thurs., Dec.,31 New Year's Eve

