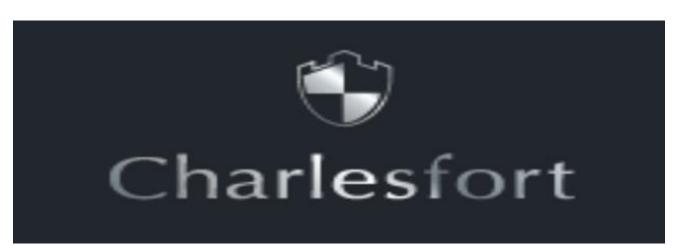
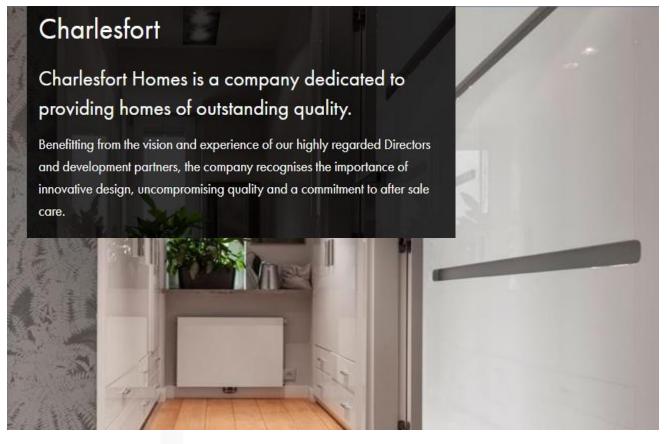
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~ Premiership ~
Saturday 31st August – 2pm





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Club Honours

Scottish Junior Cup 1978-79, 1988-89

Super First Division Champions 2015-16

Ayrshire Regional League 1971-72, 1973-74, 1980-81, 1981-82, 1983-84, 1984-85,

Champions 1995-96, 1997-98

Western League 1935-36, 1936-37, 1948-49, 1952-53, 1966-67

Ayrshire Cup 1915-16, 1917-18,1948-89,1980-81, 1989-90,

2007-08, 2009-10

Ayrshire League Cup 1970-71, 1976-77, 1978-79, 1983-84, 1984-85, 1985-86,

1986-87, 1995-96, 1996-97, 2000-01, 2001-02, 2013-14

Irvine Times Cup 1971-72, 1983-84, 1986-87, 1989-90, 2002-03

Cumnock and Doon Valley Cup 1986-87, 1987-88, 1988-89,

East Ayrshire Cup 1995-96

Ayrshire Super Cup 1988-89, 1995-96, 1996-97

Western League Cup 1936-37, 1948-49, 1952-53, 1966-67

Club Officials

President: Kevin Orr

Honorary President: Tom Bradford Honorary President: Jim Carson Vice President: Alistair King

Honorary Secretary: George Morton

Secretary: Jamie Campbell Minute Secretary: Dave Morris Commercial Manager: Alan Orr

Treasurer: Stuart Dick

Other Officials:

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Cumnock Juniors F.C would like to thank Pollock and Jimmy McGhee for their continued sponsorship throughout the season!



Welcome to Townhead Park

The Manager's Preview

I'd like to welcome the Kilwinning Rangers committee, management, players and supporters to Townhead Park for today's match.

Saturday's match against Glenafton we felt was a very poor display from ourselves, especially in a derby game. The game itself had no tempo and lacked urgency throughout it. We had some half chances but ultimately we didn't do enough to get something from the game. What was particularly displeasing was the goals we conceded and how we got caught on the counter-attack which, in the way we set up, is something that shouldn't be happening. There was also an element of naivety in our play. This is something we have spoken about and worked on throughout training this week and it's something we need to rectify quickly.

Today's game will be a tough one. Kilwinning are in a good run of form and confidence will be very high. We will need to match them in every area and get back to doing what we are good at on the park. With your support behind us we can do this.

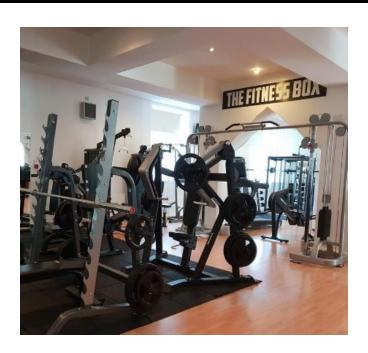
Enjoy the game! ATN



Paul









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Squads



Manager: Paul Burns

Asst Manager: Stephen McKenna

Asst Manager: Scott McCulloch

GK Coach: Billy Bentley

Physio: John Cleland

Ally Semple

Lewis McMurdo

Steven Crawford

Ruaridh McIntyre

Alan Murdoch

Greg Ferry

Nathan Baird

Richard Murray

Chris Hunter

Chris Campbell

Stephen McKenna

Kyle Faulds

Craig McLeish

Graeme Ramage

Paul Burns

Alistair Miller

Iain Anderson

Jamie Conn

Jordan Banks

Jordan Kemoe

Match Officials

Referee: Chris Hughes AR1: Cameron Lyle

AR2: Robert McPhee

Manager: Chris Strain

Asst Manager: Barry Fleeting

Coach: Stuart Wilson

GK Coach: David Wilson

Fitness Coach: James Dean

Physio: David McCallum

David Markey

Adam Strain

Chris Taylor

Chris McGowan

David Syme

Michael Hewitt

Jamie Whyte

Tommy Maitland

Sam McCloskey

Dean Agnew

Ricky Hanvey

Steven Tan

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Other Premiership Fixtures

All games played Saturday 31st August (2pm KO)

| Benburb | vs | Troon |
|----------------------|----|--------------------|
| Clydebank | vs | Largs Thistle |
| Hurlford United | vs | Beith |
| Irvine Meadow | vs | Kilbirnie Ladeside |
| Pollok | vs | Glenafton Athletic |
| Rutherglen Glencairn | vs | Rossvale |





Glens 2 - 1 Cumnock

This eagerly anticipated local derby never quite lived up to its billing. Cumnock were undone by two counter attacks in a game which produced very little in the way of quality or excitement. The first half had an end of season friendly feel about it. This could be attributed to the searing heat or the amount of games these players have played already this campaign. The first half was a dull affair with a severe lack of goalmouth action. In 8 minutes Glenafton's Kyle McCausland was lucky not to concede a penalty after controlling the ball with his arm, much to the dismay of the large travelling support. Ally Semple had two saves of note, one from Mick McCann and one from Dan Orsi. These efforts sandwiched a superb tip over the bar save from Glens' keeper Craig Burns from a Chris Campbell drive.

Half time: 0 - 0







www.cumnockjuniors.com

Glens 2 – 1 Cumnock

The second half started with the ref waving aside another penalty claim, this time from the home side after a Paul Burns challenge on striker Joe Andrew. After 56 minutes the Glens took the lead. A driving run from Findlay Frye opened up a shooting opportunity and only a fine save thwarted the midfielder. However the ever alert Joe Andrew showed great anticipation and smashed the rebound into the net from 6 yards. Craig Burns then produced another top class save from Paul Burns, tipping over at full stretch. Minutes later Burns again came inches from the equaliser, this time his header squirmed agonisingly past the far post. Cumnock were hit with a sucker punch in the 76th minute when Glenafton counter attacked after a Cumnock corner. Craig Pettigrew found the lively Lee Gallacher who found space in the midfield to slide a superb pass through the middle of the Nock defence for Mick McCann who made no mistake with the finish. Cumnock were given a lifeline with 7 minutes to go when Graeme Ramage converted from the spot. In the final minute Allister Miller should have done better with a free kick on the edge of the Glens box which whistled past Craig Burns' post.

Match report provided by Alan Orr

Photos by Alison Scott

Full time: 2-1









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Tel: 07446 225549





Kilwinning Rangers





Nickname
The Buffs

<u>H2H Last Season</u>
Kilwinning 0 – 2 Cumnock
Cumnock 0 – 2 Kilwinning



Kilwinning Rangers are undefeated so far in the league this season, winning 4 and drawing 2. They currently sit in 2nd place in the league table.

Manager Chris Strain has spoken recently about improving the discipline and behaviours at the club in order to set a good example to the youngsters.

As well as a change in attitude, the Buffs have also had a change of scenery, having moved from Abbey Park to their new home, Buffs Park.

Kilwinning League Results
Clydebank 1 – 3 Kilwinning
Kilwinning 0 – 0 Auchinleck Talbot
Irivne Meadow 1 – 2 Kilwinning
Kilwinning 1 – 0 Benburb
Rutherglen Glencairn 4 – 5 Kilwinning
Kilwinning 1 – 1 Hurlford United

ONE TO WATCH

Alex McWaters

McWaters has 2 goals and 2 assists to his name already and he will be a big threat to the home side if allowed to dictate play.





53 John Finnie Street Kilmarnock

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Nock News

Sad News

It is with sadness the club passes on our condolences to the family and friends of Tam Phillips.

Life-long supporter Tam died in a tragic accident last weekend.

His passing will leave a huge gap in many people's lives and he will be missed by everyone at CJFC.

A minute's silence will be observed prior to kick off today in Tam's memory.

Sam Duncan

Defender Sam Duncan has been loaned out to Lesmahagow for two months.

Nock Numbers

The weekly draw for the Nock Numbers has been moved to Saturdays at 5pm in the Social Club.



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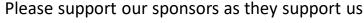
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NOCKNUMBERS





11

Drawn: 21/08/19

No Winners Jackpot now £160.00!

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Pop into the Social Club to pick your numbers and
make sure you are in the draw for next week!

*** Nock Numbers draws will now take place on Saturdays at 5pm in the Social Club ***



11th October 2019

Celebrate the achievements so far delivered by Cumnock Action Plan

In

Cumnock Town Hall from 11a.m.

until 2p.m.

We need your help to evaluate our voluntary time and your perspective on the positive impact it has on our community Buffet lunch and refreshments

Everyone Welcome





CUMNOCK JUNIORS

































STAFF & SQUAD 19/20

















Photography Credits

All of the pictures featured are from Alison Scott, our official club photographer. Cumnock Juniors FC would like to thank Alison for her continued hard work throughout every football season.

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League Table

| | Pld | W | D | L | F | A | GD | PTS |
|----------------------------|-----|---|---|---|----|----|-----|-----|
| Pollok F.C. | 6 | 5 | 0 | 1 | 16 | 3 | 13 | 15 |
| Kilwinning Rangers F.C. | 6 | 4 | 2 | 0 | 12 | 7 | 5 | 14 |
| Hurlford United F.C. | 6 | 4 | 1 | 1 | 12 | 5 | 7 | 13 |
| Irvine Meadow XI F.C. | 5 | 3 | 1 | 1 | 8 | 6 | 2 | 10 |
| Kilbirnie Ladeside F.C. | 6 | 3 | 0 | 3 | 16 | 13 | 3 | 9 |
| Benburb F.C. | 6 | 2 | 2 | 2 | 7 | 5 | 2 | 8 |
| Glenafton Athletic F.C. | 6 | 2 | 2 | 2 | 7 | 10 | -3 | 8 |
| Cumnock Juniors F.C. | 6 | 2 | 2 | 2 | 9 | 13 | -4 | 8 |
| Auchinleck Talbot F.C. | 3 | 2 | 1 | 0 | 12 | 2 | 10 | 7 |
| Largs Thistle F.C. | 5 | 2 | 1 | 2 | 10 | 10 | 0 | 7 |
| Clydebank F.C. | 6 | 2 | 1 | 3 | 9 | 11 | -2 | 7 |
| Rutherglen Glencairn F.C. | 5 | 2 | 0 | 3 | 11 | 14 | -3 | 6 |
| Beith Juniors F.C. | 5 | 1 | 2 | 2 | 5 | 5 | 0 | 5 |
| Troon F.C. | 6 | 1 | 1 | 4 | 8 | 19 | -11 | 4 |
| Rossvale JFC | 5 | 1 | 0 | 4 | 5 | 11 | -6 | 3 |
| Kirkintilloch Rob Roy F.C. | 6 | 0 | 0 | 6 | 3 | 16 | -13 | 0 |



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- bereavement
- · work and money worries
- · relationship problems
- bullying
- abuse
- self-harm
- chronic pain
- alcohol
- drugs
- homelessness
- Ioneliness

People contact us about various concerns in their lives, there is no such thing as a typical call. Whatever your reason for phoning, you can be assured that you will feel listened to and respected.

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Recognising when we need support can be the first step towards improved mental wellbeing.

Immediate help

You can speak to a Breathing Space advisor on 0800 83 85 87.

The Breathing Space phoneline is available:

- 24 hours at weekends (6pm Friday -6am Monday)
- 6pm to 2am on weekdays (Monday -Thursday).

Phone us when you're feeling low

We are a free, confidential, phone service for anyone in Scotland experiencing low mood, depression or anxiety.

We are here in times of difficulty to provide a safe and supportive space by listening, offering advice and providing information.

It is our belief and hope that by empowering people, they will have the resources to recover.

The work we do

Breathing Space was launched in 2002 to address serious concerns about the mental wellbeing of people in Scotland. The service became a national phoneline in 2004.

Breathing Space complements the work of other phonelines and agencies which are endeavouring to reduce suicide rates in Scotland.

Our advisors come from a range of mental health, counselling and social work backgrounds. There is an equal ratio of male to female advisors, who may be part-time or full-time. Breathing Space is not a volunteer service.

Delivered by NHS 24

Breathing Space is funded by the Scottish Government's Mental Health Unit.

The service is operationally managed by NHS 24 and delivered from NHS 24 contact centres in Clydebank, Cardonald and South Queensferry.

Free to call

Breathing Space is free to phone from a landline and any mobile phone network.

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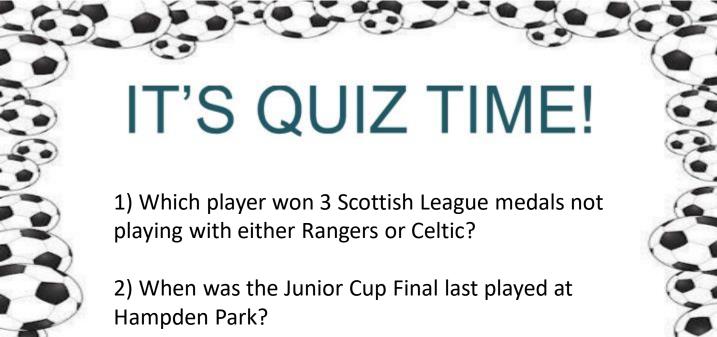
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3) Who were the semi-finalists that year?

Answers on the 2nd last page

MATCH DAY HOSPITALITY



We would like to thank today's hospitality guests:

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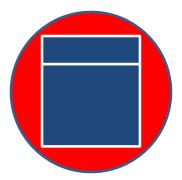
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The 'dire consequences' of football's relationship with gambling

- Some young men cannot watch games without multiple bets
 - 'Gambling is the worst addiction,' major new study is told

The relentless involvement of betting companies in football has drawn a generation of young men into strongly associating their support for the game with gambling, leading to "dire consequences" for many, a study has found. The explosion in marketing and sponsorship since the last Labour government de-regulated gambling in 2005, combined with the ease of online betting via smartphones, has resulted in the "gamblification" of watching football, according to research conducted by Dr Darragh McGee of the University of Bath.

McGee spent two years working closely with two groups of football supporters aged 18-35 in Bristol and Derry, recording their gambling habits in depth, in a research project funded by the British Academy. His findings include some of the young men telling him they can no longer watch a football match unless they have multiple bets; and their football conversations with mates are all about betting, rather than the game. Participants said the gambling companies' marketing is extremely effective, particularly the offers of "free" bets and sponsorship of Premier League strips (some shown below). They added their losses did not feel like real money because they are placed so casually on a phone and no longer involve going to a bookmaker's shop.

One told McGee the "buzz" of gambling is "up there with sex and drugs and rock'n'roll", saying: "And I think because of that, gambling is the worst addiction of the lot." That participant, a 31-year-old father of two in Derry, ultimately disclosed to McGee he had turned to drug dealing for a period to try to recoup money saved for a family holiday, which he had lost to gambling. The participant told McGee he had 40 accounts with online betting companies and cannot watch matches, except the odd Premier League game, without betting. This includes in-play bets on the number of corners, throw-ins or yellow cards. He said he was "in debt to my eyeballs" on high-interest payday loans taken out to cover gambling losses, and his credit was "blacklisted to the max". He said that gambling "took over my life for a while" and he has deep regrets about having neglected his baby daughter, because he would "sit on the laptop, continuous gambling for the day" when looking after her. He told McGee he had lost two friends to suicide, one directly attributed to gambling debts.







As McGee came to know the groups, he found the intensity of the online gambling culture in football has had catastrophic impacts on many of the participants. "Far from being the knowledge-based, risk-free activity it is marketed as, the profound appeal of online sports gambling has had dire consequences for many young men," McGee has concluded, in research which is complete and due to be published academically next year.

McGee shared his findings after the major online betting companies represented by the Remote Gambling Association announced they would voluntarily stop "whistle-to-whistle" television advertising during the broadcasting of live sport, except for horse racing. McGee welcomes the proposed whistle-to-whistle advertising ban as "a step in the right direction" but said: "A generation of young people already view gambling as a normalised part of sport. Turning the tide will require stronger state regulation and a genuine commitment to redistributing a greater slice of the losses incurred by British gamblers to education and treatment for problem gambling. Educating the next generation about the dangers will be key."

McGee's work with younger fans has led him to conclude that the marketing has "hooked" a generation into "an accelerated sports culture in which the casual staking of money is an essential accompaniment to watching the game". He says "a new generation of sports fans view gambling as vital to their enjoyment of sport". One of the participants, a 27-year-old living in Derry, told him: "As much as I enjoy it, gambling has ruined sport now, because you can't watch it without thinking: 'I should put a fiver on first goal.' You can't just enjoy it for what it is. It has completely taken over. All my mates can't watch it without having a bet any more. It has ruined sport."

"Now, I'm sat there thinking about what I should be betting on, or asking the boys who the smart money's on tonight. At times, I end up betting against United just to make it interesting! I can't remember the last time I just watched the game like a real fan, without having a bet on it."

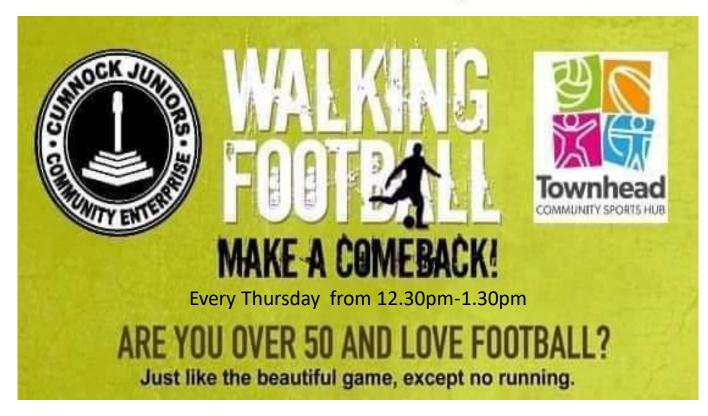


CICE NEWS



FUNDING AWARDS UPDATE-

We have been successful in recent funding campaigns with awards from Renewables Energy Fund, Minerals Trust, Children in Need and Henry Duncan Fund. totalling £43,500 over 2 years. This funding is enabling us to upgrade and expand TCSH public toilets and changing/shower rooms including facilities to accommodate our growing girls section. We are also providing a Young People Mental Health Awareness Programme and a programme to provide sports and activities for Disadvantaged Children.







CICE NEWS





Well done to the 2007s who won their opening league game 12-0 last weekend.

CJCE is committed to expanding its role in using sport to benefit the community and living up to our status as an SFA Platinum Quality Mark Club and East Ayrshire Sports Club of the Year.

Thanks to everyone who contributes in any way - either at team or Enterprise level.

We also thank our Community Partners – East Ayrshire Vibrant Communities and Ayr United Football Academy for their contributions and support and also to the SFA, in particular the South West Region Office.

COMMUNITY CLASSES UPDATE -

We have received funding of £1,000 from SFA, thanks to our Platinum Quality Mark status and £200 from East Ayrshire Sports Council for our Club of the Year award.

These specific funds will support our growing Community Classes programme.

CJCE coaches are now delivering 7 weekly sports classes for P1-7 children at Cumnock Academy and also Girls Football in 19 Primary Schools across East Ayrshire.

We are pleased that members of our Leadership Academy are trained and now participating in running these Community Classes and Holiday Camps.

We are looking for coaches to form two new girls teams our new U11's and a new U9's. This is a very rewarding position within a great club. No experience necessary and we will put you through coaching qualifications.

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Sat 21st Sept

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Forthcoming Fixtures

| McBookie.com - West Region - Premiership | | | | | |
|--|-------|-----------------------|---|----------------------|----------------|
| Sat, 07 Sep | 14:00 | Beith Juniors F.C. | ě | Cumnock Juniors F.C. | Bellsdale Park |
| Sat, 14 Sep | 14:00 | Irvine Meadow XI F.C. | ŧ | Cumnock Juniors F.C. | Meadow Park |
| Sat, 21 Sep | 14:00 | Cumnock Juniors F.C. | ě | Benburb F.C. | Townhead Park |

| The state of the s | Total Street | COLUMN TO SERVICE | And the Lower Laws | The second second |
|--|--------------|-------------------|---|-------------------|
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| Macron | | 44.5 (4.2) | JURIOR | WILL S |
| | | | | NOVEMBER 16 |

2nd Round

Sat, 28 Sep 14:30 Cumnock Juniors F.C. - Rossvale JFC Townhead Park

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Quiz Answers

- 1) Gordon Smith (not the one who played with Rangers)
- 2) 1986
- 3) Pollok/Cumnock/Talbot/Kilbirnie



Support the Nock

Cumnock Juniors has many ways in which you or your business can help support the club financially.

Matchday sponsorship, trackside advertising boards, player sponsorship and Matchday hospitality, are all available at competitive prices.

See below for more details of the packages available.

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You can sponsor a
Cumnock home game for
just £120. Benefits
include 2 places in
hospitality for the match
and a half page
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