Curriculum Vita

Scott K. Powers

Work Address

Department of Applied Physiology and Kinesiology University of Florida Gainesville, Florida 32608 Phone 352-294-1713 e-mail address: s**Powers**@hhp.ufl.edu

Educational Background

Louisiana State University Baton Rouge, LA

University of Tennessee Knoxville, TN

University of Georgia Athens, GA

Carson Newman University Jefferson City, TN

Additional Educational training

Center for Biotechnology University of Florida

Professional Experience

UAA Endowed Professor and Distinguished Professor Dept. of Applied Physiology and Kinesiology Director, Center for Exercise Science Adjunct Professor: Dept. of Physiology, College of Medicine Ph.D. (1985) Major: Physiology Minor: Cell Biology

Ed.D. (1980) Major: Exercise Physiology Minor: Zoology

M.Ed. (1973) Major: Exercise Physiology

B.S. (1972) Major: Physical Education and Health

Molecular Biology: Theory and application (1992)

University of Florida Gainesville, FL 2004-present Professor and Chair Dept. of Exercise & Sport Sciences Director, Center for Exercise Science Adjunct Professor: Dept. of Physiology, College of Medicine

Professor Dept. of Exercise & Sport Sciences Director, Center for Exercise Science Adjunct Professor: Dept. of Physiology, College of Medicine

Professor Dept. of Exercise & Sport Sciences Co-Director, Center for Exercise Science Adjunct Professor: Dept. of Physiology, College of Medicine

Associate Professor Dept. of Exercise & Sport Sciences Co-Director, Center for Exercise Science Adjunct Professor: Dept. of Physiology, College of Medicine

Associate Professor Dept. of Kinesiology Director, Applied Physiology Laboratory Coordinator, Exercise Physiology Graduate Studies; Adjunct Professor - Dept. of Physiology, Pharmacology, and Toxicology, School of Veterinary Medicine

Full-time graduate student Part-time Lecturer (25% FTE)

Assistant Professor Director, Applied Physiology Lab Coordinator, Exercise Physiology Graduate University of Florida Gainesville, FL 2002-2003

University of Florida Gainesville, FL 1998-2002

University of Florida Gainesville, FL 1991-1997

University of Florida Gainesville, FL 1988 - 1990

Louisiana State University Baton Rouge, LA 1986 to 1988

Louisiana State University Department of Physiology, Pharmacology and Toxicology Baton Rouge, LA 1982-1985

Louisiana State University Dept. of Kinesiology Baton Rouge, LA 1980-1982

Graduate Teaching Assistant	University of Tennessee Knoxville, TN 1977-1980
Public School Teacher	Griffin Middle School Atlanta, GA 1974-1977
Graduate Teaching Assistant	University of Georgia 1972-1973
Visiting Professorship-sabbatical	
Department of Cell and Molecular Biology University of California-Berkeley	March-April 1997
Department of Physiology Medical College of Wisconsin-Milwaukee	June-August 1987
Institute of Environment Stress University of California-Santa Barbara	June-August 1982

Honors (by category)

Teaching/Advising Awards

Teacher of the Year, Department of Exercise and Sport Sciences, University of Florida, 1992

Teacher Improvement Award, University of Florida, 1993

Teacher Improvement Award, University of Florida, 1996

David R. Lamb Excellence in Education Award, conferred by Gatorade Sports Science Institute, 2008

University of Florida Doctoral Dissertation Advisor/Mentoring Award, 2009

Elected to the University of Florida Academy of Distinguished Teaching Scholars (2017)

Research Awards

Visiting Scholar Award, American College of Sports Medicine, 1987

Scholar of the Year, Southeastern Chapter of the American College of Sports Medicine, 1995

Career Enhancement Award, American Physiological Society, 1996

American College of Sports Medicine Scholar-Lecture tour, 1996

Professional Excellence Award, University of Florida, 1998

University of Florida Research Foundation Professor, 2000-2002

Faculty Achievement Recognition Award, University of Florida, 2007

University of Florida Research Foundation Professor, 2010-2012

University of Florida Research Foundation Professor, 2015-2017

University of Florida Teacher/Scholar Award, 2017

Career Achievement Awards

Fellow of the American College of Sports Medicine, (elected 1984)

Fellow, American Academy of Kinesiology and Physical Education (elected 1995)

University Athletic Association Endowed Professorship, College of Health and Human Performance, University of Florida, 2004

American College of Sports Medicine Citation Award, 2005

Distinguished Professor, University of Florida, 2005

Outstanding Alumni Award in Exercise Science, University of Tennessee, 2006

Presented the Wolffe Memorial Lecture (keynote) at American College of Sports Medicine Annual Meeting, 2013

Presented the Edward Adolph Lecture (keynote) at the Experimental Biology Annual Meeting, 2016

Honor Award from the EEP section of the American Physiological Society, 2017

Elected Offices (Professional Organizations)

Vice-President for Research, Louisiana Association for Health and Physical Education, 1981-1982

Board of Trustees; Southeastern Chapter of the American College of Sports Medicine, 1982-1985

President; Southeastern Chapter of the American College of Sports Medicine, 1986

Board of Trustees; American College of Sports Medicine, 1993-1996

Vice President; American College of Sports Medicine, 1997-1999

Councilor; Environmental and Exercise Physiology Section-American Physiological Society, 2002-2005

Chair; Environmental and Exercise Physiology Section-American Physiological Society, 2010-2013

University teaching experience

Undergraduate courses:

Exercise physiology

Human anatomy

Human physiology (with laboratory)

Graduate courses:

Exercise Physiology

Advanced Exercise Physiology

Exercise in health and disease

Exercise metabolism

Pulmonary function during exercise

Professional Skills/Grant writing

Mentorship: Post-doctoral fellows and graduate students

During my tenure at the University of Florida (1989-present), I have mentored 14 post-doctoral fellows that have matriculated to faculty positions at major research universities in the US, Japan, and Australia. Further, I have served as the major professor for 20 PhD students, 13 masters' degree students (thesis), and 24 masters' degree students (non-thesis). In addition, I have also served as a graduate committee member for an additional 38 PhD students, 23 masters' degree students (thesis), and 38 masters' degree students (non-thesis). A complete list of these trainees and their current positions is available upon request.

Professional Affiliations

American College of Sports Medicine American Physiological Society Physiological Society (UK)

Participation as Journal Editor

Senior Editor, Journal of Physiology (London) 2014-present Review Editor, Journal of Physiology (London) 2013-2014 Associate Editor, American Journal of Physiology; Regulatory, Integrative, and Comparative Physiology 2008-2013 Associate Editor, Medicine and Science in Sports and Exercise 1990-1994 Section Editor-Physiology, Research Quarterly for Exercise and Sport 1991-1994

Member of Journal Editorial Boards
Editorial Board, Journal of Sport and Health Science
2014-present
Editorial Board, International Journal of Sports Nutrition and Exercise Metabolism
1990-present
Editorial Advisory Board, Journal of Sports Science (London)
1991- 2012
Editorial Board, Journal of Applied Physiology
1993-present
Editorial Board, Medicine and Science in Sports and Exercise
1994-2006
Editorial Board, International Journal of Sports Medicine
1994-present

Participation as Journal Referee

Acta Physiologica Scandanavica American Journal of Physiology American Review of Respiratory Disease and Critical Care Medicine Cell Metabolism Circulation Circulation Circulation Research Comparative Biochemistry and Physiology Critical Care Medicine Critical Care European Journal of Applied Physiology European Journal of Physiology (Pflugers Archives) FASEB Journal International Journal of Sports Medicine

 $\textbf{Powers} \; \mathsf{CV}$

International Journal of Sports Nutrition Journal of Physiology (London) Journal of Applied Physiology Journal of Clinical Investigation Journal of Sports Science Medicine and Science in Sports and Exercise Muscle and Nerve Nature Medicine Plos One Plos Medicine Sports Medicine

Service as a grant reviewer

NASA, Muscle Biology study section, January 1996

NASA, Countermeasures study section, June 1996

American Heart Association-Florida, March 1997

American Heart Association-Florida, March 1999

National Institutes of Health, Respiratory and Applied Physiology-special emphasis study section. November 1999

National Institutes of Health, Respiratory and Applied Physiology-special emphasis study section. June 2000

National Institutes of Health, Geriatric and Rehabilitation Medicine Study section, ad hoc reviewer, February 2001

American College of Sports Medicine Research Study Section, March 2002

National Institutes of Health, Skeletal Muscle Biology Study section, ad hoc reviewer, February 2003

National Institutes of Health, Skeletal Muscle Biology (Special emphasis) Study section, March 2007

National Institutes of Health, Program project review (Special emphasis) Study section, August, 2007

National Institutes of Health, Skeletal muscle biology. Special Emphasis study section, March, 2008.

National Institutes of Health, Program project review (Special emphasis Study section), April, 2008

National Institutes of Health, Skeletal Muscle Biology (Special emphasis Study section), December 2008

National Institutes of Health, Skeletal Muscle Biology/Exercise Physiology Study Section, ad hoc reviewer, October 2010

National Institutes of Health, Skeletal Muscle Biology/Exercise Physiology Study Section, ad hoc reviewer, February 2011

National Institutes of Health, Skeletal Muscle Biology (Special emphasis Study section), March 2012

National Institutes of Health, Skeletal Muscle Biology/Exercise Physiology Study Section, ad hoc reviewer, June 2013

US patent applications

US patent application 20160058826: Mitochondrial-targeted antioxidants protect against mechanical ventilation-induced diaphragm dysfunction and skeletal muscle atrophy

Publications (refereed publications, book chapters, and textbooks)

Refereed Research Publications

Citation statistics (Google Scholar): H index = 82 (total citations = 24,924)

(1-250)

- 1. Sollanek KJ, Burniston, J.G., Kavazis, A.N., Morton, A.B. Wiggs, M.P., Ahn, B., Smuder, A.J., Powers, S.K. Global Proteome changes in the rat diaphragm induced by endurance exercise training. *PLoS One* 2017; 12: e0171007.doi:0101371/journal.pone.0171007.
- 2. Powers SK. Edward F. Adolph Distinguished Lecture Exercise: Teaching myocytes new tricks. *J Appl Physiol (1985)* 2017: jap 00418 02017.
- 3. Talbert EE, Smuder AJ, Kwon OS, Sollanek KJ, Wiggs MP, Powers SK. Blockage of the Ryanodine Receptor via Azumolene Does Not Prevent Mechanical Ventilation-Induced Diaphragm Atrophy. *PLoS One* 2016; 11: e0148161.
- 4. Smuder AJ, Gonzalez-Rothi EJ, Kwon OS, Morton AB, Sollanek KJ, Powers SK, Fuller DD. Cervical spinal cord injury exacerbates ventilator-induced diaphragm dysfunction. *J Appl Physiol (1985)* 2016; 120: 166-177.
- 5. Powers SK, Radak Z, Ji LL. Exercise-induced oxidative stress: past, present and future. *J Physiol-London* 2016; 594: 5081-5092.
- 6. Powers SK, Morton AB, Ahn B, Smuder AJ. Redox control of skeletal muscle atrophy. *Free Radical Bio Med* 2016; 98: 208-217.

- 7. Powers SK, Lynch GS, Murphy KT, Reid MB, Zijdewind I. Disease-Induced Skeletal Muscle Atrophy and Fatigue. *Med Sci Sport Exer* 2016; 48: 2307-2319.
- 8. Klionsky DJ et al. Guidelines for the use and interpretation of assays for monitoring autophagy (3rd edition). *Autophagy* 2016; 12: 1-222.
- Yoshihara T, Ichinoseki-Sekine N, Kakigi R, Tsuzuki T, Sugiura T, Powers SK, Naito H. Repeated exposure to heat stress results in a diaphragm phenotype that resists ventilator-induced diaphragm dysfunction. J Appl Physiol (1985) 2015; 119: 1023-1031.
- 10. Wiggs MP, Duarte AF, Powers SK. Exercise can protect against a broken heart. *Curr Sports Med Rep* 2015; 14: 6-8.
- 11. Sollanek KJ, Smuder AJ, Wiggs MP, Morton AB, Koch LG, Britton SL, Powers SK. Role of Intrinsic Aerobic Capacity and Ventilator-Induced Diaphragm Dysfunction. *J Appl Physiol* (1985) 2015: jap 00797 02014.
- 12. Smuder AJ, Sollanek KJ, Min K, Nelson WB, Powers SK. Inhibition of forkhead boxOspecific transcription prevents mechanical ventilation-induced diaphragm dysfunction. *Crit Care Med* 2015; 43: e133-142.
- 13. Min K, Kwon OS, Smuder AJ, Wiggs MP, Sollanek KJ, Christou DD, Yoo JK, Hwang MH, Szeto HH, Kavazis AN, Powers SK. Increased mitochondrial emission of reactive oxygen species and calpain activation are required for doxorubicin-induced cardiac and skeletal muscle myopathy. *J Physiol* 2015; 593: 2017-2036.
- 14. Kwon OS, Smuder AJ, Wiggs MP, Hall SE, Sollanek KJ, Morton AB, Talbert EE, Toklu HZ, Tumer N, Powers SK. AT1 receptor blocker losartan protects against mechanical ventilation-induced diaphragmatic dysfunction. *J Appl Physiol (1985)* 2015; 119: 1033-1041.
- Hudson MB, Smuder AJ, Nelson WB, Wiggs MP, Shimkus KL, Fluckey JD, Szeto HH, Powers SK. Partial Support Ventilation and Mitochondrial-Targeted Antioxidants Protect against Ventilator-Induced Decreases in Diaphragm Muscle Protein Synthesis. *PLoS One* 2015; 10: e0137693.
- 16. Toklu HZ, Kwon OS, Sakarya Y, Powers SK, Llinas K, Kirichenko N, Sollanek KJ, Wiggs MP, Smuder AJ, Talbert EE, Scarpace PJ, Tumer N. The effects of enalapril and losartan on mechanical ventilation-induced sympathoadrenal activation and oxidative stress in rats. *J Surg Res* 2014; 188: 510-516.
- 17. Smuder AJ, Nelson WB, Hudson MB, Kavazis AN, Powers SK. Inhibition of the ubiquitinproteasome pathway does not protect against ventilator-induced accelerated proteolysis or atrophy in the diaphragm. *Anesthesiology* 2014; 121: 115-126.
- 18. Smith IJ, Godinez GL, Singh BK, McCaughey KM, Alcantara RR, Gururaja T, Ho MS, Nguyen HN, Friera AM, White KA, McLaughlin JR, Hansen D, Romero JM, Baltgalvis KA, Claypool MD, Li W, Lang W, Yam GC, Gelman MS, Ding R, Yung SL, Creger DP, Chen Y, Singh R, Smuder AJ, Wiggs MP, Kwon OS, Sollanek KJ, Powers SK, Masuda ES, Taylor VC, Payan DG, Kinoshita T, Kinsella TM. Inhibition of Janus kinase signaling during controlled mechanical ventilation prevents ventilation-induced diaphragm dysfunction. *FASEB J* 2014; 28: 2790-2803.
- 19. Sassoon C, Zhu E, Fang L, Sieck GC, Powers SK. Positive end-expiratory airway pressure does not aggravate ventilator-induced diaphragmatic dysfunction in rabbits. *Crit Care* 2014; 18: 494.
- 20. Powers SK, Sollanek KJ, Wiggs MP, Demirel HA, Smuder AJ. Exercise-induced improvements in myocardial antioxidant capacity: the antioxidant players and cardioprotection. *Free Radic Res* 2014; 48: 43-51.

- 21. Powers SK, Smuder AJ, Kavazis AN, Quindry JC. Mechanisms of exercise-induced cardioprotection. *Physiology (Bethesda)* 2014; 29: 27-38.
- 22. Powers SK. Can antioxidants protect against disuse muscle atrophy? *Sports Med* 2014; 44 Suppl 2: S155-165.
- 23. Maes K, Stamiris A, Thomas D, Cielen N, Smuder A, Powers SK, Leite FS, Hermans G, Decramer M, Hussain SN, Gayan-Ramirez G. Effects of controlled mechanical ventilation on sepsis-induced diaphragm dysfunction in rats. *Crit Care Med* 2014; 42: e772-782.
- 24. Kavazis AN, Smuder AJ, Powers SK. Effects of short-term endurance exercise training on acute doxorubicin-induced FoxO transcription in cardiac and skeletal muscle. *J Appl Physiol (1985)* 2014; 117: 223-230.
- 25. Ichinoseki-Sekine N, Yoshihara T, Kakigi R, Sugiura T, Powers SK, Naito H. Heat stress protects against mechanical ventilation-induced diaphragmatic atrophy. *J Appl Physiol* (1985) 2014; 117: 518-524.
- Bruells CS, Bergs I, Rossaint R, Du J, Bleilevens C, Goetzenich A, Weis J, Wiggs MP, Powers SK, Hein M. Recovery of diaphragm function following mechanical ventilation in a rodent model. *PLoS One* 2014; 9: e87460.
- Borges JP, Verdoorn KS, Daliry A, Powers SK, Ortenzi VH, Fortunato RS, Tibirica E, Lessa MA. Delta Opioid Receptors: The Link between Exercise and Cardioprotection. *PLoS One* 2014; 9: e113541.
- 28. Talbert EE, Smuder AJ, Min K, Kwon OS, Szeto HH, Powers SK. Immobilization-induced activation of key proteolytic systems in skeletal muscles is prevented by a mitochondria-targeted antioxidant. *J Appl Physiol (1985)* 2013; 115: 529-538.
- 29. Talbert EE, Smuder AJ, Min K, Kwon OS, Powers SK. Calpain and caspase-3 play required roles in immobilization-induced limb muscle atrophy. *J Appl Physiol (1985)* 2013; 114: 1482-1489.
- Smuder AJ, Kavazis AN, Min K, Powers SK. Doxorubicin-induced markers of myocardial autophagic signaling in sedentary and exercise trained animals. *J Appl Physiol (1985)* 2013; 115: 176-185.
- 31. Smuder AJ, Falk DJ, Sollanek KJ, Nelson WB, Powers SK. Delivery of recombinant adenoassociated virus vectors to rat diaphragm muscle via direct intramuscular injection. *Hum Gene Ther Methods* 2013; 24: 364-371.
- 32. Roberts BM, Ahn B, Smuder AJ, Al-Rajhi M, Gill LC, Beharry AW, Powers SK, Fuller DD, Ferreira LF, Judge AR. Diaphragm and ventilatory dysfunction during cancer cachexia. *FASEB J* 2013; 27: 2600-2610.
- 33. Powers SK, Wiggs MP, Sollanek KJ, Smuder AJ. Ventilator-induced diaphragm dysfunction: cause and effect. *Am J Physiol Regul Integr Comp Physiol* 2013; 305: R464-477.
- 34. Powers SK, Smuder AJ, Fuller D, Levine S. CrossTalk proposal: Mechanical ventilationinduced diaphragm atrophy is primarily due to inactivity. *J Physiol* 2013; 591: 5255-5257.
- 35. Levine S, Bashir MH, Clanton TL, Powers SK, Singhal S. COPD elicits remodeling of the diaphragm and vastus lateralis muscles in humans. *J Appl Physiol (1985)* 2013; 114: 1235-1245.
- 36. Bruells CS, Smuder AJ, Reiss LK, Hudson MB, Nelson WB, Wiggs MP, Sollanek KJ, Rossaint R, Uhlig S, Powers SK. Negative pressure ventilation and positive pressure ventilation promote comparable levels of ventilator-induced diaphragmatic dysfunction in rats. *Anesthesiology* 2013; 119: 652-662.

- Smuder AJ, Min K, Hudson MB, Kavazis AN, Kwon OS, Nelson WB, Powers SK. Endurance exercise attenuates ventilator-induced diaphragm dysfunction. *J Appl Physiol (1985)* 2012; 112: 501-510.
- 38. Smuder AJ, Hudson MB, Nelson WB, Kavazis AN, Powers SK. Nuclear factor-kappaB signaling contributes to mechanical ventilation-induced diaphragm weakness*. *Crit Care Med* 2012; 40: 927-934.
- 39. Shadgan B, Reid WD, Harris RL, Jafari S, Powers SK, O'Brien PJ. Hemodynamic and oxidative mechanisms of tourniquet-induced muscle injury: near-infrared spectroscopy for the orthopedics setting. *J Biomed Opt* 2012; 17: 081408-081401.
- 40. Powers SK, Wiggs MP, Duarte JA, Zergeroglu AM, Demirel HA. Mitochondrial signaling contributes to disuse muscle atrophy. *Am J Physiol Endocrinol Metab* 2012; 303: E31-39.
- 41. Powers SK, Smuder AJ, Judge AR. Oxidative stress and disuse muscle atrophy: cause or consequence? *Curr Opin Clin Nutr Metab Care* 2012; 15: 240-245.
- 42. Nelson WB, Smuder AJ, Hudson MB, Talbert EE, Powers SK. Cross-talk between the calpain and caspase-3 proteolytic systems in the diaphragm during prolonged mechanical ventilation. *Crit Care Med* 2012; 40: 1857-1863.
- Lee Y, Min K, Talbert EE, Kavazis AN, Smuder AJ, Willis WT, Powers SK. Exercise protects cardiac mitochondria against ischemia-reperfusion injury. *Med Sci Sports Exerc* 2012; 44: 397-405.
- 44. Hudson MB, Smuder AJ, Nelson WB, Bruells CS, Levine S, Powers SK. Both high level pressure support ventilation and controlled mechanical ventilation induce diaphragm dysfunction and atrophy. *Crit Care Med* 2012; 40: 1254-1260.
- 45. Fonseca H, Powers SK, Goncalves D, Santos A, Mota MP, Duarte JA. Physical inactivity is a major contributor to ovariectomy-induced sarcopenia. *Int J Sports Med* 2012; 33: 268-278.
- 46. Smuder AJ, Kavazis AN, Min K, Powers SK. Exercise protects against doxorubicin-induced oxidative stress and proteolysis in skeletal muscle. *J Appl Physiol (1985)* 2011; 110: 935-942.
- 47. Smuder AJ, Kavazis AN, Min K, Powers SK. Exercise protects against doxorubicin-induced markers of autophagy signaling in skeletal muscle. *J Appl Physiol (1985)* 2011; 111: 1190-1198.
- 48. Powers SK, Talbert EE, Adhihetty PJ. Reactive oxygen and nitrogen species as intracellular signals in skeletal muscle. *J Physiol* 2011; 589: 2129-2138.
- 49. Powers SK, Smuder AJ, Criswell DS. Mechanistic links between oxidative stress and disuse muscle atrophy. *Antioxid Redox Signal* 2011; 15: 2519-2528.
- 50. Powers SK, Nelson WB, Hudson MB. Exercise-induced oxidative stress in humans: cause and consequences. *Free Radic Biol Med* 2011; 51: 942-950.
- 51. Powers SK, Ji LL, Kavazis AN, Jackson MJ. Reactive oxygen species: impact on skeletal muscle. *Compr Physiol* 2011; 1: 941-969.
- 52. Powers SK, Hudson MB, Nelson WB, Talbert EE, Min K, Szeto HH, Kavazis AN, Smuder AJ. Mitochondria-targeted antioxidants protect against mechanical ventilation-induced diaphragm weakness. *Crit Care Med* 2011; 39: 1749-1759.
- 53. Powers S, Nelson WB, Larson-Meyer E. Antioxidant and Vitamin D supplements for athletes: sense or nonsense? *J Sports Sci* 2011; 29 Suppl 1: S47-55.

- 54. Min K, Smuder AJ, Kwon OS, Kavazis AN, Szeto HH, Powers SK. Mitochondrial-targeted antioxidants protect skeletal muscle against immobilization-induced muscle atrophy. *J Appl Physiol (1985)* 2011; 111: 1459-1466.
- 55. Falk DJ, Kavazis AN, Whidden MA, Smuder AJ, McClung JM, Hudson MB, Powers SK. Mechanical ventilation-induced oxidative stress in the diaphragm: role of heme oxygenase-1. *Chest* 2011; 139: 816-824.
- 56. Agten A, Maes K, Smuder A, Powers SK, Decramer M, Gayan-Ramirez G. N-Acetylcysteine protects the rat diaphragm from the decreased contractility associated with controlled mechanical ventilation. *Crit Care Med* 2011; 39: 777-782.
- 57. Whidden MA, Smuder AJ, Wu M, Hudson MB, Nelson WB, Powers SK. Oxidative stress is required for mechanical ventilation-induced protease activation in the diaphragm. *J Appl Physiol (1985)* 2010; 108: 1376-1382.
- Smuder AJ, Kavazis AN, Hudson MB, Nelson WB, Powers SK. Oxidation enhances myofibrillar protein degradation via calpain and caspase-3. *Free Radic Biol Med* 2010; 49: 1152-1160.
- Quindry JC, French J, Hamilton KL, Lee Y, Selsby J, Powers S. Exercise does not increase cyclooxygenase-2 myocardial levels in young or senescent hearts. *J Physiol Sci* 2010; 60: 181-186.
- 60. Powers SK, Smuder AJ, Kavazis AN, Hudson MB. Experimental guidelines for studies designed to investigate the impact of antioxidant supplementation on exercise performance. *Int J Sport Nutr Exerc Metab* 2010; 20: 2-14.
- 61. Powers SK, Duarte J, Kavazis AN, Talbert EE. Reactive oxygen species are signalling molecules for skeletal muscle adaptation. *Exp Physiol* 2010; 95: 1-9.
- McClung JM, Judge AR, Powers SK, Yan Z. p38 MAPK links oxidative stress to autophagyrelated gene expression in cachectic muscle wasting. *Am J Physiol Cell Physiol* 2010; 298: C542-549.
- 63. McClung JM, Deruisseau KC, Whidden MA, Van Remmen H, Richardson A, Song W, Vrabas IS, Powers SK. Overexpression of antioxidant enzymes in diaphragm muscle does not alter contraction-induced fatigue or recovery. *Exp Physiol* 2010; 95: 222-231.
- 64. Maes K, Agten A, Smuder A, Powers SK, Decramer M, Gayan-Ramirez G. Corticosteroid effects on ventilator-induced diaphragm dysfunction in anesthetized rats depend on the dose administered. *Respir Res* 2010; 11: 178.
- 65. Kavazis AN, Smuder AJ, Min K, Tumer N, Powers SK. Short-term exercise training protects against doxorubicin-induced cardiac mitochondrial damage independent of HSP72. *Am J Physiol Heart Circ Physiol* 2010; 299: H1515-1524.
- 66. Ferreira R, Vitorino R, Alves RM, Appell HJ, Powers SK, Duarte JA, Amado F. Subsarcolemmal and intermyofibrillar mitochondria proteome differences disclose functional specializations in skeletal muscle. *Proteomics* 2010; 10: 3142-3154.
- 67. Borst SE, Quindry JC, Yarrow JF, Conover CF, Powers SK. Testosterone administration induces protection against global myocardial ischemia. *Horm Metab Res* 2010; 42: 122-129.
- 68. Whidden MA, McClung JM, Falk DJ, Hudson MB, Smuder AJ, Nelson WB, Powers SK. Xanthine oxidase contributes to mechanical ventilation-induced diaphragmatic oxidative stress and contractile dysfunction. *J Appl Physiol (1985)* 2009; 106: 385-394.
- 69. Staib JL, Tumer N, Powers SK. Increased temperature and protein oxidation lead to HSP72 mRNA and protein accumulation in the in vivo exercised rat heart. *Exp Physiol* 2009; 94: 71-80.

- 70. Powers SK, Kavazis AN, Levine S. Prolonged mechanical ventilation alters diaphragmatic structure and function. *Crit Care Med* 2009; 37: S347-353.
- 71. McClung JM, Van Gammeren D, Whidden MA, Falk DJ, Kavazis AN, Hudson MB, Gayan-Ramirez G, Decramer M, DeRuisseau KC, Powers SK. Apocynin attenuates diaphragm oxidative stress and protease activation during prolonged mechanical ventilation. *Crit Care Med* 2009; 37: 1373-1379.
- 72. McClung JM, Judge AR, Talbert EE, Powers SK. Calpain-1 is required for hydrogen peroxide-induced myotube atrophy. *Am J Physiol Cell Physiol* 2009; 296: C363-371.
- 73. Kavazis AN, Talbert EE, Smuder AJ, Hudson MB, Nelson WB, Powers SK. Mechanical ventilation induces diaphragmatic mitochondrial dysfunction and increased oxidant production. *Free Radic Biol Med* 2009; 46: 842-850.
- 74. Kavazis AN, Alvarez S, Talbert E, Lee Y, Powers SK. Exercise training induces a cardioprotective phenotype and alterations in cardiac subsarcolemmal and intermyofibrillar mitochondrial proteins. *Am J Physiol Heart Circ Physiol* 2009; 297: H144-152.
- Figueiredo PA, Powers SK, Ferreira RM, Appell HJ, Duarte JA. Aging impairs skeletal muscle mitochondrial bioenergetic function. *J Gerontol A Biol Sci Med Sci* 2009; 64: 21-33.
- 76. Figueiredo PA, Powers SK, Ferreira RM, Amado F, Appell HJ, Duarte JA. Impact of lifelong sedentary behavior on mitochondrial function of mice skeletal muscle. *J Gerontol A Biol Sci Med Sci* 2009; 64: 927-939.
- 77. Powers SK, Quindry JC, Kavazis AN. Exercise-induced cardioprotection against myocardial ischemia-reperfusion injury. *Free Radic Biol Med* 2008; 44: 193-201.
- 78. Powers SK, Jackson MJ. Exercise-induced oxidative stress: cellular mechanisms and impact on muscle force production. *Physiol Rev* 2008; 88: 1243-1276.
- 79. Ogura Y, Naito H, Akin S, Ichinoseki-Sekine N, Kurosaka M, Kakigi R, Sugiura T, Powers SK, Katamoto S, Demirel HA. Elevation of body temperature is an essential factor for exercise-increased extracellular heat shock protein 72 level in rat plasma. *Am J Physiol Regul Integr Comp Physiol* 2008; 294: R1600-1607.
- 80. McClung JM, Whidden MA, Kavazis AN, Falk DJ, Deruisseau KC, Powers SK. Redox regulation of diaphragm proteolysis during mechanical ventilation. *Am J Physiol Regul Integr Comp Physiol* 2008; 294: R1608-1617.
- Maes K, Testelmans D, Cadot P, Deruisseau K, Powers SK, Decramer M, Gayan-Ramirez G. Effects of acute administration of corticosteroids during mechanical ventilation on rat diaphragm. *Am J Respir Crit Care Med* 2008; 178: 1219-1226.
- 82. Levine S, Nguyen T, Taylor N, Friscia ME, Budak MT, Rothenberg P, Zhu J, Sachdeva R, Sonnad S, Kaiser LR, Rubinstein NA, Powers SK, Shrager JB. Rapid disuse atrophy of diaphragm fibers in mechanically ventilated humans. *N Engl J Med* 2008; 358: 1327-1335.
- Kavazis AN, McClung JM, Hood DA, Powers SK. Exercise induces a cardiac mitochondrial phenotype that resists apoptotic stimuli. *Am J Physiol Heart Circ Physiol* 2008; 294: H928-935.
- 84. French JP, Hamilton KL, Quindry JC, Lee Y, Upchurch PA, Powers SK. Exercise-induced protection against myocardial apoptosis and necrosis: MnSOD, calcium-handling proteins, and calpain. *FASEB J* 2008; 22: 2862-2871.

- Van Gammeren D, Falk DJ, Deering MA, Deruisseau KC, Powers SK. Diaphragmatic nitric oxide synthase is not induced during mechanical ventilation. *J Appl Physiol (1985)* 2007; 102: 157-162.
- 86. Testelmans D, Maes K, Wouters P, Powers SK, Decramer M, Gayan-Ramirez G. Infusions of rocuronium and cisatracurium exert different effects on rat diaphragm function. *Intensive Care Med* 2007; 33: 872-879.
- 87. Staib JL, Quindry JC, French JP, Criswell DS, Powers SK. Increased temperature, not cardiac load, activates heat shock transcription factor 1 and heat shock protein 72 expression in the heart. *Am J Physiol Regul Integr Comp Physiol* 2007; 292: R432-439.
- Quindry JC, Hamilton KL, French JP, Lee Y, Murlasits Z, Tumer N, Powers SK. Exerciseinduced HSP-72 elevation and cardioprotection against infarct and apoptosis. J Appl Physiol (1985) 2007; 103: 1056-1062.
- 89. Powers SK, Murlasits Z, Wu M, Kavazis AN. Ischemia-reperfusion-induced cardiac injury: a brief review. *Med Sci Sports Exerc* 2007; 39: 1529-1536.
- 90. Powers SK, Kavazis AN, McClung JM. Oxidative stress and disuse muscle atrophy. J Appl Physiol (1985) 2007; 102: 2389-2397.
- 91. Murlasits Z, Lee Y, Powers SK. Short-term exercise does not increase ER stress protein expression in cardiac muscle. *Med Sci Sports Exerc* 2007; 39: 1522-1528.
- 92. McClung JM, Kavazis AN, Whidden MA, DeRuisseau KC, Falk DJ, Criswell DS, Powers SK. Antioxidant administration attenuates mechanical ventilation-induced rat diaphragm muscle atrophy independent of protein kinase B (PKB Akt) signalling. *J Physiol* 2007; 585: 203-215.
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- 246. Powers SK, Howley ET, Cox R. Ventilatory and metabolic reactions to heat stress during prolonged exercise. *J Sports Med Phys Fitness* 1982; 22: 32-36.
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Chapters in Books

1. **Powers**, S. Children and Exercise. In: Motor Development in Preschool and Elementary Children. Burgess Publishing. 1984, pp. 27-47, (Ed.) J. Thomas.

2. Dempsey, J., S. **Powers**, and N. Gledhill. Demand vs. capacity in the pulmonary system response to exercise. In: Exercise, Fitness, and Health: A consensus on current knowledge . (C. Bouchard, R. Shepard, T. Stephens, J. Sutton, and B. McPherson, Eds.) Human Kinetics, Champaign, 1990.

3. Lowenthal, D., S. **Powers**, and Z. Kendrick. The effects of exercise training on skeletal muscle in humans and aging Fischer 344 rats. In: Musculoskeletal soft-tissue aging: inpact on mobility. (J. Buckwalter, V. Goldberg, and S. L-Y Woo, Eds.). American College of Orthopaedic Surgeons. pp 201-207, 1993.

4. Dempsey, J., L. Adams, D. Ainsworth, R. Fregosi, C. Gallagher, A. Guz, B. Johnson, and S. **Powers**. Airway, lung, and respiratory muscle function during exercise. In: Handbook of Physiology: Exercise Physiology. Cambridge Press, London. pp. 448-514, 1996.

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6. **Powers**, S. Fundamentals of Exercise Metabolism. In: Resource manual for guidelines for exercise testing and prescription. Lea & Febiger. (Ed.L. Durstine et al.) pp. 59-65. Third Edition. 1998.

7. Hamilton, K., J. Coombes, H. Demirel, and S. **Powers**. Physiological adaptations to exercise training. In: Basic and Applied Sciences for Sports Medicine. (R. Maughn, Ed.) pp. 90-122, 1999.

8. **Powers**, S. and C. Sen. Physiological antioxidants and Exercise Training. In: Exercise and Oxygen Toxicity. (C. Sen and L. Packer, Eds.) Elesevier Press, Amsterdam. pp. 221-241, 2000.

9. Hamilton, K. and S. K. **Powers**. Heat shock proteins and reactive oxygen species. In: Exercise and Stress Response. CRC Press. Boca Raton, Florida. pp. 123-136, 2002.

10. **Powers**, S. K., R. Shanely, and M. Cicale. Exercise and rehabilitation from chronic obstructive pulmonary disease. In: Exercise and Disease: Prevention through training. Z. Radak (Ed). Meyer and Meyer Sport. Oxford, UK. Pp. 79-94, 2005.

11. Quindry, J. and S. **Powers**. Aging, exercise, antioxidants, and cardioprotection. In: Oxidative stress, exercise and aging. Imperial College Press. London, England. pp. 125-144, 2006.

12. **Powers**, S.K., S. Levine, D. Falk, and Andreas Kavazis. ROS and diaphragmatic weakness following mechanical ventilation. In: Free Radicals in Biology and Medicine. C. Gutierrez and C. Leeuwenburgh (Eds). Research Signpost, Kerala, India. pp. 233- 249, 2008.

13. Kavazis A.N. and **Powers**, S.K. Impact of exercise, reactive oxygen and reactive nitrogen species on tumor growth. In: Exercise, Energy Balance and Cancer: Ulrich CM, Steindorf K, and Berger NA (Eds). Springer. pp 7-20. 2013.

14. Quindry JC, Kavazis AN, and **Powers**, S.K. Exercise-Induced Oxidative Stress: Are Supplemental Antioxidants Warranted? In: Sports Nutrition: Volume XIX of the Encyclopaedia of Sports Medicine – An IOC Medical Commission Publication. Maughan RJ (Ed). John Wiley & Sons. pp 263-276. 2014.

Textbook Authorship

1. **Powers**, S. and E. Howley. Exercise Physiology: Theory and Application to Fitness and Performance. McGraw-Hill, St. Louis. 9e. 2015.

2. **Powers**, S. and S. Dodd. Total Fitness and Wellness. Benjamin Cummings. San Francisco. 7e. 2017.

3. **Powers**, S. and S. Dodd. Total Fitness and Wellness; Brief Edition. Benjamin Cummings. 6e. San Francisco. 5e 2017.

4. Brown, S., R. Byrd, and S. **Powers**. Experiences in Work Physiology. Burgess Publishing Company, Edina, MN. 2e.1997.

Extramural Grants/Contracts Attained at the University of Florida

Current Grant Funding

 (Principal Investigator) National Institutes of Health. (R01AR064189) (2013-2018) Mechanisms of exercise-induced protection against ventilator-induced diaphragm dysfunction (\$2,173,530 direct + indirect costs). (Co-Investigator) National Institutes of Health (U01AG055137- Molecular transducers of physical activity (MoTrPAC) center grant) (2017-2022)
 Regulation of exercise tranducers (\$2,197,678 direct + indirect cost)

Completed Grant Funding

- (Principal Investigator) National Institutes of Health. (R21AR0649-56) (2014-2016) Ventilator-induced diaphragm atrophy: role of autophagy (\$357, 956 direct + indirect costs).
- (Principal Investigator) National Institutes of Health. (R21AR063805) (2012-2015) Ventilator-induced diaphragm dysfunction: role of FOXO signaling (\$361,688 direct + indirect costs).
- (Principal Investigator) Rigel Pharmaceuticals research contract. (2013-2015) Pharmacological protection against ventilator-induced diaphragm dysfunction (\$125,000 direct + indirect costs).
- (Principal Investigator) Regeneron Pharmaceuticals research contract. (2013-2014) Pharmacological agents and protection against ventilator-induced diaphragm dysfunction (\$65,000 direct + indirect costs).
- (Principal Investigator) National Institutes of Health. (R01HL087839) (2009-2014) Mechanical ventilation, oxidative stress, and diaphragmatic atrophy (\$1,450,168 direct + indirect costs).
- (Principal Investigator) National Institutes of Health. (R01-HL072789) (2005-2010) Mechanical ventilation and diaphragmatic oxidant injury (\$1,241, 644 direct + indirect costs)
- (Co-Investigator with C. Leeuwenburgh, P.I.) National Institutes of Health (2003-2008) Apoptosis and lifelong caloric restriction. (\$1,622,033 direct + indirect costs).
- 10. (Principal Investigator) National Institutes of Health. (R01-HL67855) (2003-2007) Exercise, antioxidants, and I-R injury (\$1,264,256 direct + indirect costs).
- 11. (Principal Investigator) National Institutes of Health (R01-HL062361) (2000-2005)Mechanical ventilation and respiratory muscles. (\$1,289,464 direct + indirect costs).

- (Principal Investigator) Florida Department of Health: Biomedical Research Program (project BM007) (2001-2004) Exercise and myocardial protection against I-R injury (\$355,525 direct + indirect costs).
- (Co-Investigator with B. Byrne) National Institutes of Health. Program Project Grant (2000-2005) Transduction of Hepatocytes with Recombinant AAV for Correction of Genetic and Metabolic Abnormalities (\$5,377,369 direct + indirect costs)
- (Co-Investigator with C. Leeuwenburgh, P.I.) National Institutes of Health (R01) (2000-2005) Molecular mechanisms of skeletal muscle aging. (\$1,434,221, direct + indirect costs).
- 15. (Co-Principal Investigator with J. Mehta) Department of Defense (1999-2002) Aging, Exercise, and Heat Shock Proteins (\$370,472 direct costs)
- (Principal Investigator) American Heart Association-Florida affiliate (1998-2001) Protective strategies against myocardial ischemia-reperfusion injury (\$109,388 direct + indirect costs)
- 17. (Principal Investigator) United States Air Force (1998-1999) Comparison of proposed submaximal aerobic fitness evaluations (\$102,949 direct + indirect costs)
- 18. (Principal Investigator) National Institutes of Health (R03 AG014779) (1997-1999) Beta-2 agonist restoration of muscle mass in senescent rats (\$62,413 direct + indirect costs)
- 19. (Principal Investigator) American Lung Association-Florida affiliate (1997-1999) Mechanical ventilation and diaphragmatic contractile dysfunction (\$58,413 direct costs)
- 20. (Principal Investigator) American Heart Association-Florida affiliate (1996-1998) Antioxidants and ischemia-reperfusion injury in the heart (\$97,668 direct costs)
- 21. (Principal Investigator) American Heart Association-Florida affiliate (1994-1996) Exercisetraining and ischemia-reperfusion injury in the heart (\$78,097 direct costs)
- 22. (Principal Investigator) American Lung Association-Florida affiliate (1993-95) Hypothyroidinduced diaphragmatic contractile dysfunction (\$46,881 direct costs)
- (Principal Investigator) American Lung Association-Florida affiliate (1991-92) Glucocorticoid-induced diaphragm myopathy: cellular alterations and the role of exercise as an antagonist (\$40, 769 direct costs)
- 24. (Principal Investigator) Ross Laboratories research contract. (1990-91) Influence of various fluid replacement strategies on shifts in plasma volume and blood electrolyte concentrations during prolonged exercise (\$46,844 direct costs)

- 25. (Principal Investigator) American Lung Association-Florida affiliate (1990-91) Respiratory muscle adaptation: effects of aging and exercise (\$ 49,028 direct costs)
- 26. (Principal Investigator) Ross Laboratories research contract (1989-1990) Influence of hydration status on anaerobic power output (\$15,000 direct costs)

Grants/Contracts Funding Summary

Total grant dollars (as PI) at University of Florida = \$9,747,153

Total grant dollars (as co-investigator) at University of Florida = \$10,631,301

Total grant dollars (PI + co-investigator) at University of Florida = \$20,378,454

Research Presentations (Professional Meetings and University Lectures)

Research Presentations at Professional Meetings

To date, I have presented <u>224 presentations</u> at regional, national, or international research meetings; <u>186 of these lectures were invited</u> and <u>20 lectures were keynote presentations</u>. Specific presentations are identified below:

Meeting/location/date: 40th International Symposium on Sports Science, Sao Paulo, Brazil, October, 2017 Presentation title: Exercise-induced cardioprotection Invited presentation: Yes-Keynote lecture

Meeting/location/date: 40th International Symposium on Sports Science, Sao Paulo, Brazil, October, 2017 Presentation title: Exercise-induced protection against muscle atrophy Invited presentation: Yes

Meeting/location/date: 40th International Symposium on Sports Science, Sao Paulo, Brazil, October, 2017 Presentation title: Taking advantage of the science behind exercise is medicine Invited presentation: Yes

Meeting/location/date: Second International Symposia of Exercise and Physical Activity, Santiago, Chile, April, 2017 **Presentation title:** Concurrent resistance and endurance training: Are they compatible? **Invited presentation:** Yes-Keynote lecture Meeting/location/date: Second International Symposia of Exercise and Physical Activity, Santiago, Chile, April, 2017 Presentation title: Exercise-induced oxidative stress: cause or consequences Invited presentation: Yes

Meeting/location/date: Second International Symposia of Exercise and Physical Activity, Santiago, Chile, April, 2017 Presentation title: Exercise-induced protection against ventilator-induced diaphragm dysfunction Invited presentation: Yes

Meeting/location/date: Annual Meeting of Southeast Chapter of the American College of Sports Medicine, Greenville, SC, February, 2017 **Presentation title:** Exercise-induced oxidative stress: cause or consequences **Invited presentation:** Yes

Meeting/location/date: Annual Meeting of Southeast Chapter of the American College of Sports Medicine, Greenville, SC, February, 2017 **Presentation title:** Professional advice to trainees-Town Hall Discussion **Invited presentation:** Yes

Meeting/location/date: Annual Meeting of the Society for Free Radical Research-Europe, Budapest, Hungary, June, 2016 Presentation title: Oxidative stress in disuse muscle atrophy: cause or consequence? Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine meeting, Boston, MA, May, 2016 **Presentation title:** Exercise-induced oxidative stress: cause and consequences **Invited presentation:** Yes-tutorial Lecture

Meeting/location/date: Experimental Biology meeting, San Diego, CA, April, 2016 **Presentation title:** Exercise: Teaching myocytes new tricks **Invited presentation:** Yes-Edward Adolph lecture-Keynote Lecture

Meeting/location/date: Southeastern American College of Sports Medicine meeting, Greenville, SC, February, 2016 Presentation title: Exercise-a tale to two myocytes Invited presentation: Yes

Meeting/location/date: Advances in skeletal muscle biology in health and disease, Gainesville, Florida, January, 2016 **Presentation title:** Ventilator-induced diaphragm dysfunction **Invited presentation:** Yes Meeting/location/date: Physical activity through the lifespan, Shanghai, China November, 2015.
Presentation title: Exercise-induced cardioprotection
Invited presentation: Yes-Keynote Lecture

Meeting/location/date: 12th conference of the Asian Society of Mitochondrial Research and Medicine, Hangzhou, China, November, 2015.
Presentation title: Mitochondrial signaling in disuse muscle atrophy
Invited presentation: Yes

Meeting/location/date: World Health Organization (Europe) sponsored meeting on Health, enhancing physical activity, Istanbul, Turkey, October, 2015. Presentation title: Exercise is good medicine Invited presentation: Yes-Keynote Lecture

Meeting/location/date: IMPACT meeting, Pusan, South Korea, June, 2015. **Presentation title:** Mechanisms of exercise-induced cardioprotection **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, San Diego, May, 2015.

Presentation title: Mitochondria: Old players in new dramas **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, San Diego, May, 2015.

Presentation title: Exercise-induced cardioprotection **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, San Diego, May, 2015.

Presentation title: Intensive Care Unit acquired muscle weakness **Invited presentation:** Yes

Meeting/location/date: Seoul National University Cancer Symposium, Hwasun, Korea, April, 2015.

Presentation title: Mechanisms of doxorubicin-induced cardiomyopathy **Invited presentation:** Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Jacksonville, FL, 2015. Presentation title: Role of angiotensin II signaling in disuse muscle atrophy Invited presentation: No **Meeting/location/date:** International Symposia on physical activity, Rio de Janeiro, 2014 **Presentation title:** Exercise-induced radical production: friend or foe? **Invited presentation:** Yes

Meeting/location/date: International Symposia on physical activity, Rio de Janeiro, 2014 **Presentation title:** Exercise-induced cardioprotection **Invited presentation:** Yes

Meeting/location/date: Integrative Physiology of Exercise Meeting, Miami, FL, 2014 **Presentation title:** Exercise-induced radical production: friend or foe? **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Orlando, FL, 2014 Presentation title: Mitochondrial-targeted antioxidants and athletes

Invited presentation: Yes

Meeting/location/date: International symposium on physical activity, Rio de Janeiro, Brazil, 2013

Presentation title: Concurrent resistance and endurance training: are they compatible? **Invited presentation:** Yes

Meeting/location/date: International symposium on physical activity, Rio de Janeiro, Brazil, 2013 Presentation title: Exercise is good medicine Invited presentation: Yes

Meeting/location/date: 36th International Symposia of Sport Science, Sao Paulo, Brazil, 2013 **Presentation title:** Exercise-induced oxidative stress: cause and consequences **Invited presentation:** Yes

Meeting/location/date: 36th International Symposia of Sport Science, Sao Paulo, Brazil, 2013 **Presentation title:** Concurrent resistance and endurance training: Are they compatible? **Invited presentation:** Yes

Meeting/location/date: 36th International Symposia of Sport Science, Sao Paulo, Brazil, 2013 Presentation title: Exercise is good medicine Invited presentation: Yes-keynote

Meeting/location/date: American College of Sports Medicine Annual Meeting, Indianapolis, IN, 2013

Presentation title: Role of mitochondrial signaling in disuse muscle atrophy

Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Indianapolis, IN, 2013
Presentation title: Exercise is good medicine
Invited presentation: Yes -keynote-Wolffe Memorial lecture

Meeting/location/date: American College of Sports Medicine Annual Meeting, Indianapolis, IN, 2013 Presentation title: Does antioxidant supplementation blunt exercise training responses? Invited presentation: Yes Meeting/location/date: Gatorade Sports Science Institute XP Meeting. Houston, TX, 2013 Presentation title: Antioxidants: Good or bad?

Invited presentation: Yes

Meeting/location/date: Puerto Rican Physiological Society Annual Meeting, San Juan, PR, 2013 **Presentation title:** Exercise-induced cardioprotection: role of mitochondria

Invited presentation: Yes

Meeting/location/date: Turkish Society for Exercise is Medicine Annual Meeting, Istanbul, Turkey, 2012 Presentation title: Exercise is good medicine Invited presentation: Yes

Meeting/location/date: 9th Conference of the Asian Society of Mitochondrial Research and Medicine. Beijing, China, 2012 Presentation title: Role of mitochondria in disuse muscle atrophy Invited presentation: Yes

Meeting/location/date: Integrated Biology of Exercise Meeting, Westminster, CO, 2012 **Presentation title:** Exercising mitochondria for cardioprotection **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, San Francisco, CA, 2012 Presentation title: Exercise-induced oxidative stress: an introduction Invited presentation: Yes

Meeting/location/date: Advances in Skeletal Muscle Biology in Health and Disease, Gainesville, FL, 2012

Presentation title: Role of mitochondrial signaling in disuse muscle atrophy **Invited presentation:** Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Jacksonville, FL, 2012

Presentation title: Experimental approaches to solving complex physiological questions **Invited presentation:** Yes

Meeting/location/date: Mid-Atlantic American College of Sports Medicine Annual Meeting, Harrisburg, PA, 2011 Presentation title: Exercise-induced protection to cardiac and skeletal muscles Invited presentation: Yes-keynote lecture

Meeting/location/date: British Association of Exercise and Sports Sciences Annual Meeting, Colchester, England, 2011 Presentation title: Role of free radicals in exercise-induced muscle fatigue Invited presentation: Yes-keynote lecture

Meeting/location/date: BBRC workshop on understanding the mechanisms underlying agerelated loss of skeletal muscle mass as a guide to intervention strategies, Liverpool, England, 2011

Presentation title: Exercise-induced protection against oxidant stress in muscle **Invited presentation:** Yes

Meeting/location/date: Second Brazilian Conference on Exercise and Nutrition, Goiania, Brazil, 2011 Presentation title: Exercise-induced oxidative stress: Do athletes need antioxidant supplements? Invited presentation: Yes

Meeting/location/date: Second Brazilian Conference on Exercise and Nutrition, Goiania, Brazil, 2011 Presentation title: Exercise-induced cardioprotection Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine, Denver, CO, 2011 **Presentation title:** Exercise-induced oxidative stress: cause and consequences **Invited presentation:** Yes

Meeting/location/date: International Academy of Sportology meeting, Tokyo, Japan, 2011 **Presentation title:** Redox control of muscle atrophy

Invited presentation: Yes-keynote lecture

Meeting/location/date: Texas Chapter of the American College of Sports Medicine, Austin, TX, 2011 Presentation title: Exercise-induced cardioprotection Invited presentation: Yes-keynote lecture

Meeting/location/date: Southeastern Chapter of the American College of Sports Medicine. Greenville, SC, 2011 Presentation title: Exercise-induced oxidative stress: cause and consequences Invited presentation: Yes

Meeting/location/date: Southeastern Chapter of the American College of Sports Medicine. Greenville, SC, 2011 Presentation title: Exercise can protect against a broken heart Invited presentation: Yes-keynote lecture

Meeting/location/date: International Olympic Committee Consensus Conference on Sports Nutrition. Lausanne, Switzerland, 2010 Presentation title: Antioxidant supplementation for athletes Invited presentation: Yes

Meeting/location/date: European Muscle Conference, Abano Terme, Italy, 2010 **Presentation title:** Role of redox signaling in skeletal muscle adaptation **Invited presentation:** Yes

Meeting/location/date: European College of Sports Science Annual Congress. Antalya, Turkey, 2010
Presentation title: Aging, exercise, and mitochondrial function in skeletal muscle
Invited presentation: Yes
Meeting/location/date: European College of Sports Science Annual Congress. Antalya, Turkey, 2010
Presentation title: Exercise-induced cardioprotection
Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Baltimore, MD, 2010

Presentation title: Exercise-induced oxidative stress: cause and consequences **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Baltimore, MD, 2010 Presentation title: Mitochondrial ROS as signaling molecules Invited presentation: Yes

Meeting/location/date: Experimental Biology, Anaheim, CA, 2010 **Presentation title:** Role of reactive oxygen species in skeletal muscle remodeling **Invited presentation:** Yes

Meeting/location/date: Exercise and Sports Sciences-Australia Annual Meeting. Gold Coast, Australia, 2010
Presentation title: Exercise-induced cardioprotection
Invited presentation: Yes-keynote lecture
Meeting/location/date: Exercise and Sports Sciences-Australia Annual Meeting. Gold Coast, Australia, 2010
Presentation title: Antioxidants-friend or foe?
Invited presentation: Yes

Meeting/location/date: 4th International Congress of Applied Sports Nutrition, Zurich, Switzerland, 2010 Presentation title: Antioxidants for athletes: sense or nonsense Invited presentation: Yes

Meeting/location/date: New England Chapter of American College of Sports Medicine Annual Meeting, Providence, RI, 2009
 Presentation title: Mechanisms of disuse muscle atrophy
 Invited presentation: Yes-keynote lecture

Meeting/location/date: American College of Sports Medicine Annual Meeting. Seattle, WA, 2009 Presentation title: Redox signaling and skeletal muscle atrophy Invited presentation: Yes

Meeting/location/date: 3rd International Symposium of Nutrition, oxygen biology, and medicine. Paris, France, 2009 Presentation title: Redox control of disuse muscle atrophy Invited presentation: Yes Meeting/location/date: International Conference on Intensive Care Medicine. Brussels, Belgium, 2009 Presentation title: Mechanisms of mechanical ventilation-induced diaphragmatic weakness Invited presentation: Yes

Meeting/location/date: Round table conference on ICU-acquired weakness. Brussels, Belgium, 2009 Presentation title: Mechanical ventilation-induced diaphragmatic dysfunction Invited presentation: Yes

Meeting/location/date: Advances in Skeletal Muscle Biology, Gainesville, FL, 2009 **Presentation title:** Mitochondrial-targeted antioxidants and protection against mechanical ventilation-induced diaphragmatic weakness **Invited presentation:** Yes

Meeting/location/date: Southwest American College of Sports Medicine, San Diego, CA, 2008 **Presentation title:** Mechanisms of disuse muscle atrophy **Invited presentation:** Yes

Meeting/location/date: European College of Sports Science Meeting. Estoril, Portugal, 2008 Presentation title: Exercise and heat shock proteins Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Indianapolis, IN, 2008

Presentation title: Role of free radicals in disuse muscle atrophy

Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Indianapolis, IN, 2008

Presentation title: Myocardial ischemia-reperfusion injury and exercise-induced cardioprotection

Invited presentation: Yes

Meeting/location/date: Alexio Institute Conference on Exercise in Special Populations, Porto Seguro, Brazil, 2008 Presentation title: Antioxidants in health and exercise Invited presentation: Yes

Meeting/location/date: Ironman Sports Medicine Conference, Kona, HI, 2007 Presentation title: Exercise and cardioprotection Invited presentation: Yes Meeting/location/date: Ironman Sports Medicine Conference, Kona, HI, 2007 Presentation title: Dietary antioxidants and exercise Invited presentation: Yes

Meeting/location/date: Ironman Sports Medicine Conference, Kona, HI, 2007 Presentation title: Mechanisms of disuse muscle atrophy Invited presentation: Yes

Meeting/location/date: British Association of Sport and Exercise Science Annual Meeting.
Bath, England, 2007
Presentation title: Exercise-induced cardioprotection against IR injury
Invited presentation: Yes-keynote lecture

Meeting/location/date: Life Sciences 2007, Glasgow, Scotland, 2007 **Presentation title:** Exercise, aging, and cardioprotection **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting. New Orleans, LA, 2007
Presentation title: Mechanisms of disuse muscle atrophy
Invited presentation: Yes

Meeting/location/date: R. Tait McKenzie Symposium, University of Tennessee, Knoxville, 2007

Presentation title: Mechanical ventilation-induced diaphragmatic atrophy **Invited presentation:** Yes

Meeting/location/date: Rocky Mountain Chapter of the American College of Sports Medicine Annual Meeting, Colorado Springs, CO, 2007 Presentation title: Disuse muscle atrophy Invited presentation: Yes

Meeting/location/date: Rocky Mountain Chapter of the American College of Sports Medicine, Colorado Springs, CO, 2007 Presentation title: Exercise and your heart Invited presentation: Yes-keynote lecture Meeting/location/date: Southeastern Chapter of the American College of Sports Medicine Meeting, Charlotte, NC, 2007 Presentation title: Exercise can protect a breaking heart Invited presentation: Yes-keynote lecture

Meeting/location/date: Alexis Institute Congress on Exercise Physiology, Rio de Janeiro, Brazil, 2007 Presentation title: Exercise, antioxidants, and health Invited presentation: Yes

Meeting/location/date: Ninth International Sports Science Congress, Mugla, Turkey, 2006 **Presentation title:** Exercise-induced cardioprotection **Invited presentation:** Yes

Meeting/location/date: Integrative Physiology of Exercise Meeting, Indianapolis, IN, 2006 **Presentation title:** Mechanical ventilation-induced diaphragm weakness **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Meeting, Denver, CO, 2006 **Presentation title:** Are free radicals friend or foe?: A history of free radical research in medicine and exercise science **Invited presentation:** Yes- keynote D.B. Dill lecture

Meeting/location/date: American College of Sports Medicine Meeting, Denver, CO, 2006 **Presentation title:** Exercise and cardioprotection against ischemia-reperfusion injury **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Meeting, Denver, CO, 2006 **Presentation title:** Micro-nutrients and nutritional supplements and football **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Meeting, Denver, CO, 2006 Presentation title: Respiratory muscle adaptation to exercise training Invited presentation: Yes

Meeting/location/date: American Thoracic Society Meeting. San Diego, CA, 2006 **Presentation title:** American Thoracic Society Meeting. San Diego, California. May, 2006 **Invited presentation:** Yes Meeting/location/date: American College of Sports Medicine Annual Meeting, Nashville, Tennessee, 2005 Presentation title: Oxidative stress and mechanical ventilation-induced disuse muscle atrophy Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Nashville, Tennessee, 2005 Presentation title: Introduction to redox regulation of disuse muscle atrophy: mechanisms and countermeasures Invited presentation: Yes

Meeting/location/date: Ninth International Symposia on Physical Activity, Rio de Janeiro, Brazil, 2005 Presentation title: Aerobic exercise and aging Invited presentation: Yes

Meeting/location/date: Ninth International Symposia on Physical Activity, Rio de Janeiro, Brazil, 2005 Presentation title: Why is exercise good for your heart? Invited presentation: Yes

Meeting/location/date: Diet and Optimum Health (meeting sponsored by the Linus Pauling Institute), Portland, Oregon, 2005 **Presentation title:** Exercise, antioxidants, and cardioprotection. **Invited presentation:** Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Charlotte, North Carolina, 2005 Presentation title: Introduction to disuse muscle atrophy Invited presentation: Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Charlotte, North Carolina, 2005 Presentation title: Exercise-induced cardioprotection Invited presentation: Yes

Meeting/location/date: Turkish Sports Science Congress, Antalya, Turkey, 2004 **Presentation title:** Evolution of exercise science research in the United States **Invited presentation:** Yes **Meeting/location/date:** Turkish Sports Science Congress, Antalya, Turkey, 2004 **Presentation title:** Sports drinks and exercise performance **Invited presentation:** Yes

Meeting/location/date: Southwest American College of Sports Medicine Meeting, Las Vegas, Nevada, 2004 Presentation title: Exercise-induced protection against ischemia-reperfusion injury in the heart Invited presentation: Yes

Meeting/location/date: Japanese Society of Exercise Physiology Annual Meeting, Narita, Japan, 2004 Presentation title: Exercise Physiology in the United States Invited presentation: Yes

Meeting/location/date: Japanese Society of Exercise Physiology Annual Meeting, Narita, Japan, 2004
Presentation title: American College of Sports Medicine National Meeting. Indianapolis, Indiana. May 2004
Invited presentation: Yes-keynote lecture

Meeting/location/date: American College of Sports Medicine Annual Meeting, Indianapolis, Indiana, 2004 Presentation title: 50 years of ACSM: impact of ACSM position stands Invited presentation: Yes

Meeting/location/date: American Thoracic Society, Orlando, Florida, 2004 **Presentation title:** Oxidants and muscle function **Invited presentation:** Yes

Meeting/location/date: Experimental Biology. Washington, DC, 2004 **Presentation title:** Exercise-induced cardioprotection **Invited presentation:** Yes

Meeting/location/date: Experimental Biology. Washington, DC, 2004 **Presentation title:** Redox control of skeletal muscle adaptation to inactivity **Invited presentation:** Yes

Meeting/location/date: Texas chapter of American College of Sports Medicine, Tyler, Texas, 2004

Presentation title: Gatorade Sports Science Institute meeting. Boston, MA. December 2003 **Invited presentation:** Yes- keynote lecture

Meeting/location/date: Gatorade Sports Science Institute Annual Meeting. Boston, MA, 2003 **Presentation title:** Can antioxidants prevent disuse muscle atrophy? **Invited presentation:** Yes

Meeting/location/date: Sixth Scientific Symposium on Sport Sciences, Thessaloniki, Greece, 2003 Presentation title: Exercise and antioxidants Invited presentation: Yes

Meeting/location/date: Sixth Scientific Symposium on Sport Sciences, Thessaloniki, Greece, 2003
Presentation title: Exercise-induced cardiac protection
Invited presentation: Yes
Meeting/location/date: Turkish National Sports Medicine Congress, Cappadocia, Turkey, 2003
Presentation title: Mechanisms of muscle disuse atrophy
Invited presentation: Yes

Meeting/location/date: Turkish National Sports Medicine Congress, Capadoccia, Turkey, 2003 Presentation title: Exercise and the heart Invited presentation: Yes

Meeting/location/date: International Association of Biomedical Gerontology, Cambridge, England, 2003 Presentation title: Aging, exercise, and cardioprotection Invited presentation: Yes

Meeting/location/date: Hot Topics in Sports Nutrition, Chicago, Illinois, 2003 Presentation title: Making sense of antioxidants Invited presentation: Yes

Meeting/location/date: British Physiological Society Annual Meeting, Dublin, Ireland, 2003 **Presentation title:** Exercise protects the heart against I-R injury **Invited presentation:** Yes

Meeting/location/date: Olympic Committee Consensus Conference on Sports Nutrition, Lausanne, Switzerland, 2003 Presentation title: Antioxidant supplementation in athletes Invited presentation: Yes Meeting/location/date: American College of Sports Medicine Annual Meeting, San Francisco, California, 2003 Presentation title: Oxidative stress and muscle atrophy Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, San Francisco, California, 2003 Presentation title: Antioxidants and the heart Invited presentation: Yes

Meeting/location/date: Frontiers of Cardiology Meeting, Winter Park, Colorado, 2003 **Presentation title:** Exercise-induced cardioprotection **Invited presentation:** Yes

Meeting/location/date: Gatorade Sports Science Institute Annual Meeting. Miami, Florida, 2002

Presentation title: Effects of vitamin E deficiency on skeletal muscle fatigue **Invited presentation:** Yes

Meeting/location/date: Gerontology Society of America, Boston, MA, 2002 **Presentation title:** Exercise, aging, and skeletal muscle heat shock proteins and antioxidants **Invited presentation:** Yes

Meeting/location/date: Sixth International Symposia on Physical Activity, Rio de Janeiro, Brazil, 2002 Presentation title: Aerobic exercise and aging Invited presentation: Yes

Meeting/location/date: Sixth International Symposia on Physical Activity, Rio de Janeiro, Brazil, 2002 Presentation title: Exercise and the heart Invited presentation: Yes

Meeting/location/date: Central States Chapter of the American College of Sports Medicine meeting, Kansas City, Missouri, 2002 Presentation title: Exercise and protection against ischemia-reperfusion injury Invited presentation: Yes-keynote lecture

Meeting/location/date: American College of Sports Medicine Annual Meeting, St. Louis, Missouri, 2002 **Presentation title:** Exercise-induced cardioprotection

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Invited presentation: Yes- Keynote-President's lecture

Meeting/location/date: Experimental Biology, New Orleans, Louisiana, 2002 **Presentation title:** Skeletal muscle atrophy: role of oxidative stress **Invited presentation:** Yes

Meeting/location/date: Frontiers in Cardiology Meeting, Winter Park, Colorado, 2002 **Presentation title:** Mechanical ventilation and diaphragmatic contractile dysfunction **Invited presentation:** Yes

Meeting/location/date: Gatorade Sports Science Institute Annual Meeting, Miami, Florida, 2001 Presentation title: Nutritional antioxidants and muscular performance Invited presentation: Yes

Meeting/location/date: Physical Exercise and training: oxidants, antioxidants, and gene regulation, Rennes, France, 2001 **Presentation title:** Exercise-induced alterations in myocardial antioxidants **Invited presentation:** Yes

Meeting/location/date: Fifth International Symposium of Physical Activity, Rio de Janeiro, Brazil, 2001 **Presentation title:** Exercise-induced improvements in skeletal muscle antioxidant capacity **Invited presentation:** Yes

Meeting/location/date: Fifth International Symposium of Physical Activity, Rio de Janeiro, Brazil, 2001 Presentation title: Nutritional antioxidants and muscular fatigue Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Baltimore, Maryland, 2001 Presentation title: Nutritional antioxidants and myocardial protection Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Baltimore, Maryland, 2001 Presentation title: Aging, antioxidants and myocardial ischemia-reperfusion injury Invited presentation: Yes Meeting/location/date: American Thoracic Society International Meeting. San Francisco, California, 2001 Presentation title: Prolonged mechanical ventilation results in diaphragmatic contractile dysfunction Invited presentation: No

Meeting/location/date: Free Radical Underground Meeting, Gainesville, Florida, 2001 **Presentation title:** Mechanical ventilation-induced diaphragmatic atrophy **Invited presentation:** Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting. Columbia, South Carolina, 2001 Presentation title: Antioxidants, exercise, and myocardial protection Invited presentation: Yes

Meeting/location/date: Frontiers in Cardiology Meeting, Winterpark, Colorado, 2001 **Presentation title:** Exercise and cardiac protection against ischemia-reperfusion injury **Invited presentation:** Yes

Meeting/location/date: Gatorade Sports Science Institute Annual Meeting. Chicago, Illinois, 2000 Presentation title: Dietary antioxidants and myocardial protection Invited presentation: Yes

Meeting/location/date: Sixth Sports Sciences Congress. Ankara, Turkey, 2000 **Presentation title:** Exercise, antioxidants and myocardial protection **Invited presentation:** Yes

Meeting/location/date: Fourth International Symposium of Physical Activity, Rio de Janeiro, Brazil, 2000 Presentation title: Concurrent strength and endurance training: impact on strength development Invited presentation: Yes

Meeting/location/date: Fourth International Symposium of Physical Activity, Rio de Janeiro, Brazil, 2000 Presentation title: Mechanisms of muscular fatigue Invited presentation: Yes Meeting/location/date: American College of Sports Medicine Annual Meeting, Indianapolis, Indiana, 2000 Presentation title: Aging, oxidative stress, and skeletal muscle Invited presentation: Yes

Meeting/location/date: American Association for Health, Physical Education, Recreation, and Dance National Meeting, Orlando, Florida, 2000.
 Presentation title: Exercise-induced protection for the heart
 Invited presentation: Yes- keynote lecture

Meeting/location/date: Cardiopulmonary rehabilitation symposium: Status 2000, Orlando, Florida, 2000 Presentation title: Exercise and myocardial protection against ischemia-reperfusion injury Invited presentation: Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Charlotte, North Carolina, 2000

Presentation title: Heat shock proteins and protection against myocardial ischemia-reperfusion injury

Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Exercise Specialist Workshop,
 Orlando, Florida, 1999
 Presentation title: Cardiopulmonary exercise physiology
 Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Meeting. Seattle, Washington, 1999 Presentation title: Heat shock proteins and protection against myocardial ischemia-reperfusion injury Invited presentation: Yes

Meeting/location/date: Northland chapter of the American College of Sports Medicine Meeting, St. Cloud, Minnesota, 1999 **Presentation title:** Exercise training protects the heart against injury during a heart attack **Invited presentation:** Yes

Meeting/location/date: Northland chapter of the American College of Sports Medicine Meeting, St. Cloud, Minnesota, 1999
Presentation title: Limiting factors to human performance
Invited presentation: Yes-keynote lecture

Meeting/location/date: International Congress on Metabolic aspects of human nutrition at rest and during physical stress, Maastricht, Netherlands, 1999 **Presentation title:** Analysis of cellular response to free radicals focusing on exercise **Invited presentation:** Yes

Meeting/location/date: Cardiopulmonary Rehabilitation: update 1999. Orlando, Florida, 1999 **Presentation title:** Exercise training and respiratory muscle adaptation: implications for pulmonary rehab **Invited presentation:** Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting. Norfolk, Virginia, 1999 Presentation title: Exercise-induced protection against myocardial ischemia-reperfusion injury Invited presentation: Yes

Meeting/location/date: Fifth Congress of Sports Medicine, Ankara, Turkey, 1998 **Presentation title:** Aging, exercise, and skeletal muscle **Invited presentation:** Yes

Meeting/location/date: Fifth Congress of Sports Medicine, Ankara, Turkey, 1998 **Presentation title:** Antioxidants and human performance **Invited presentation:** Yes

Meeting/location/date: International Society for Pathophysiology, Laiti, Finland, 1998 **Presentation title:** Exercise training and ischemia-reperfusion injury in the heart **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Orlando, Florida, 1998 Presentation title: Exercise and oxidative stress Invited presentation: Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Destin, Florida, 1998 Presentation title: Exercise-induced protection against myocardial ischemia-reperfusion injury Invited presentation: Yes

Meeting/location/date: Frontiers in Cardiology, Winterpark, Colorado,1998 **Presentation title:** Exercise and dietary antioxidants provide protection against ischemiareperfusion injury in the heart **Invited presentation:** Yes **Meeting/location/date:** Stress Proteins in Biology and Medicine, Gainesville, Florida, 1997 **Presentation title:** Exercise-induced expression of heat shock proteins in the heart **Invited presentation:** Yes

Meeting/location/date: International Union of Physiological Sciences. St. Petersburg, Russia, 1997

Presentation title: Exercise training and skeletal muscle antioxidant capacity **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting. Denver, Colorado, 1997

Presentation title: Exercise training-induced changes in skeletal muscle antioxidant capacity **Invited presentation:** Yes

Meeting/location/date: Experimental Biology Meeting, New Orleans, Louisiana, 1997 **Presentation title:** Exercise training improves myocardial performance during I-R **Invited presentation:** Yes

Meeting/location/date: Fourth Congress of Sports Medicine, Ankara, Turkey, 1996 **Presentation title:** Exercise training induced changes in skeletal muscle antioxidant capacity **Invited presentation:** Yes

Meeting/location/date: Fourth Congress of Sports Medicine, Ankara, Turkey, 1996 Presentation title: Exercise-induced hypoxemia Invited presentation: Yes

Meeting/location/date: American Academy of Kinesiology and Physical Education Annual Meeting, Danvers, MA, 1996 Presentation title: Technology in Exercise Physiology Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting. Cincinnati, Ohio, 1996
Presentation title: Diaphragmatic plasticity in health and disease
Invited presentation: Yes

Meeting/location/date: American thoracic Society Meeting, New Orleans, Louisiana, 1996 **Presentation title:** Bioenergetic and myosin phenotype of rat respiratory muscles **Invited presentation:** Yes **Meeting/location/date:** American Association for Health, Physical Education, Recreation, and Dance Annual Meeting, Atlanta, Georgia, 1996 **Presentation title:** Aging, exercise and skeletal muscle **Invited presentation:** Yes

Meeting/location/date: Experimental Biology Meeting, Washington, DC, 1996 **Presentation title:** Exercise training and skeletal muscle antioxidant enzymes **Invited presentation:** Yes

Meeting/location/date: Frontiers in Cardiology, Winterpark, Colorado, 1996 **Presentation title:** Aging and respiratory muscle function **Invited presentation:** Yes

Meeting/location/date: Fourteenth Congress of Sports Medicine, Brugge, Belgium, 1995 **Presentation title:** Carbohydrate feedings and exercise performance **Invited presentation:** Yes

Meeting/location/date: International Association of Health, Physical Education and Recreation-38th World Congress, Gainesville, Florida, 1995 **Presentation title:** Exercise, aging and skeletal muscle **Invited presentation:** Yes

Meeting/location/date: International Association of Health, Physical Education and Recreation-38th World Congress, Gainesville, Florida, 1995 **Presentation title:** Exercise training-induced changes in skeletal muscle **Invited presentation:** Yes

Meeting/location/date: Southeastern Chapter of the American College of Sports Medicine
 Meeting. Lexington, Kentucky, 1995
 Presentation title: Adventures in heavy breathing
 Invited presentation: Yes-Southeastern Scholar of the year keynote lecture

Meeting/location/date: Frontiers in Cardiology, Winterpark, Colorado, 1995 **Presentation title:** Exercise-induced hypoxemia: mechanisms and functional significance **Invited presentation:** Yes

Meeting/location/date: International Symposium on Exercise Biochemistry, Aberdeen, Scotland, 1994 Presentation title: Metabolic properties of canine respiratory muscles Invited presentation: No **Meeting/location/date:** Cardiopulmonary Rehab: Status: 1994, Orlando, Florida **Presentation title:** Heat and exercise intolerance **Invited presentation:** Yes

Meeting/location/date: Federation of American Societies for Experimental Biology, Anaheim, CA. 1994
Presentation title: Age-related changes in diaphragmatic contractile properties: role of connective tissue
Invited presentation: No

Meeting/location/date: American College of Sports Medicine Meeting, Indianapolis, Indiana, 1994
Presentation title: Exercise and respiratory muscle plasticity
Invited presentation: Yes

Meeting/location/date: Cardiopulmonary Rehab: Status: 1993, Orlando, Florida, 1993 **Presentation title:** Exercise in the heat **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting, Seattle, Washington, 1993
 Presentation title: Role of beta receptor stimulation in mediating exercise training-induced metabolic changes in respiratory and locomotor muscles
 Invited presentation: No

Meeting/location/date: Federation of American Society for Experimental Biology, New Orleans, LA, 1993
Presentation title: Regional differences in training-induced alterations in diaphragmatic oxidative and antioxidant enzyme activity.
Invited presentation: No

Meeting/location/date: American College of Sports Medicine Meeting in Dallas, Texas, 1992 **Presentation title:** Exercise training increases SDH activity in type I and type IIa fibers in the diaphragm

Invited presentation: No

Meeting/location/date: Federation of American Societies for Experimental Biology, Anaheim, CA, 1992

Presentation title: Aging and Exercise-induced cellular alterations in the diaphragm **Invited presentation:** No

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Meeting/location/date: International Congress on Sports Medicine and Human Performance, Vancouver, Canada, 1991 **Presentation title:** Exercise-induced hypoxemia in athletes: role of inadequate hyperventilation **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Meeting in Orlando, Florida, 1991 Presentation title: Aging and respiratory muscle metabolic plasticity: effects of endurance training

Invited presentation: No

Meeting/location/date: American Physiological Society Meeting in Orlando, Florida, 1990 Presentation title: Interval training-induced metabolic alterations in respiratory Invited presentation: No

Meeting/location/date: American College of Sports Medicine Annual Meeting, Salt Lake City, Utah, 1990

Presentation title: Endurance-training-induced cellular adaptations in respiratory muscles **Invited presentation:** Yes

Meeting/location/date: Federation of American Society for Experimental Biology Meeting, Washington, DC, 1990 **Presentation title:** Age related changes in enzyme activity in the rat diaphragm Invited presentation: No

Meeting/location/date: Southeastern Chapter of the American College of Sports Medicine Meeting, Columbia, South Carolina, 1990 Presentation title: Noninvasive measurement of cardiac output **Invited presentation:** Yes

Meeting/location/date: Cardiopulmonary Rehab: Status 1990 in Orlando, Florida, 1990 Presentation title: Cardiopulmonary rehab: environmental concerns Invited presentation: Yes

Meeting/location/date: Annual meeting of the American Physiological Society, Rochester, Minnesota, 1989 Presentation title: Regional metabolic differences in the rat diaphragm Invited presentation: No

Meeting/location/date: Evidence for an alveolar-arterial gradient threshold during exercise **Presentation title:** Southeastern Chapter of the American College of Sports Medicine Meeting, Atlanta, Georgia. 1989 **Invited presentation:** No

Meeting/location/date: Cardiopulmonary Rehab: Status 1989 in Orlando, Florida, 1989 Presentation title: Environmental concerns for exercise training Invited presentation: Yes

Meeting/location/date: Ross Laboratories sponsored meeting: theory and practice of athletic nutrition: bridging the gap, in Monterey, California, 1988 **Presentation title:** Effects of carbohydrate feedings on blood electrolyte homeostasis during high intensity exercise **Invited presentation:** Yes

Meeting/location/date: Federation of American Society for Experimental Biology, Las Vegas, Nevada, 1988

Presentation title: Accuracy of pulse oximetry to estimate %SaO2 during exercise **Invited presentation:** No

Meeting/location/date: American College of Sports Medicine Annual Meeting, Dallas, Texas, 1988 **Presentation title:** Pulmonary gas exchange limits VO2 max in elite athletes

Invited presentation: No

Meeting/location/date: Southeastern Chapter of the American College of Sports Medicine Meeting, Winston Salem, North Carolina, 1988 **Presentation title:** Does pulmonary gas exchange limit maximal O2 transport? **Invited presentation:** Yes

Meeting/location/date: American College of Sports Medicine Annual meeting, Las Vegas, Nevada, 1987 Presentation title: Temporal patterns of arterial O2 content at the onset of exercise Invited presentation: No

Meeting/location/date: Southeastern American College of Sports Medicine annual meeting held in Charleston, South Carolina, 1987 Presentation title: Testing the Elite Athlete Invited presentation: Yes **Meeting/location/date:** Fifth Congress of Sports Medicine, Brugge, Belgium, 1986 **Presentation title:** Precision of ventilatory and gas exchange alterations to predict the anaerobic threshold **Invited presentation:** Yes

Meeting/location/date: American Physiological Society meeting in New Orleans, Louisiana, 1986

Presentation title: Measurement of gas exchange in the non-steady-state **Invited presentation:** No

Meeting/location/date: Second International Conference on Equine Exercise Physiology, San Diego, California, 1986

Presentation title: Respiratory gas exchange kinetics in transitions from rest or prior exercise in ponies

Invited presentation: No

Meeting/location/date: American College of Sports Medicine Meeting, Indianapolis, Indiana, 1986

Presentation title: Ventilatory and blood gas dynamics in the pony at the onset of exercise **Invited presentation:** No

Meeting/location/date: Federation of American Societies for Experimental Biology, St. Louis, Missouri, 1986 Presentation title: Oxygen deficit-debt relationship in ponies during submaximal treadmill exercise Invited presentation: No

Meeting/location/date: National Strength Research Center Symposium at Auburn University, Auburn, Alabama, 198 Presentation title: Effects of caffeine on muscular performance Invited presentation: Yes

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Athens, Georgia, 1986
Presentation title: Animal Models in Exercise Physiology
Invited presentation: Yes

Meeting/location/date: American College of Sports Medicine Annual Meeting. Nashville, Tennessee, 1985 Presentation title: Effects of caffeine on ventilatory and gas exchange kinetics during exercise Invited presentation: No

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Meeting/location/date: Federation of American Societies for Experimental Biology, Anaheim, California, 1985 Presentation title: Effects of breathing a normoxic He-O2 gas mixture on VO2 max and work tolerance Invited presentation: No

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Boone, North Carolina, 1985
Presentation title: Control of ventilation during incremental work
Invited presentation: No

Meeting/location/date: American Physiological Society Annual Meeting. Lexington, Kentucky, 1984.
Presentation title: Oxygen uptake kinetics in trained athletes differing in VO2 max
Invited presentation: No

Meeting/location/date: Southern District American Association of Physical Education, Health, and Recreation Convention, Biloxi, Mississippi, 1984 Presentation title: Precision of ventilatory and gas exchange measurements to predict the anaerobic threshold Invited presentation: No

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Auburn, Alabama, 1984 Presentation title: Alterations in hemoglobin saturation during incremental arm and leg exercise Invited presentation: No

Meeting/location/date: Southeastern American College of Sports Medicine Convention, Auburn, Alabama, 1984
Presentation title: Drugs and Sport: Caffeine and Androgens.
Invited presentation: Yes

Meeting/location/date: Southern District American Association of Physical Education, Health, and Recreation Convention, Tulsa, Oklahoma, 1983. **Presentation title:** Influence of speed and work rate on energy expenditure during steady-rate arm crank exercise

Invited presentation: No

Meeting/location/date: Louisiana Association of Health, Physical Education, and Recreation Convention, 1983 **Presentation title:** Kinetics of ventilation following the onset of dynamic muscular exercise **Invited presentation:** No

Meeting/location/date: American College of Sports Medicine Annual Meeting in Montreal, Canada, 1983

Presentation title: Exercise efficiency during arm ergometry: effects of speed work rate **Invited presentation:** No

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Gainesville, Florida, 1983 Presentation title: Blood lactate concentration during submaximal work in differing environmental conditions Invited presentation: No

Meeting/location/date: American College of Sports Medicine Convention, Minneapolis, Minnesota, 1982
Presentation title: Effects of caffeine ingestion on performance and metabolism.
Invited presentation: No

Meeting/location/date: American Association of Health, Physical Education, and Recreation Convention. Houston, Texas, 1982 Presentation title: Changes in plasma catecholamines during prolonged work and passive heating Invited presentation: No

Meeting/location/date: Southeastern American College of Sports Medicine Meeting, Blacksburg, Virginia, 1982.
Presentation title: Physiological parameters related to success in distance running Invited presentation: No

Meeting/location/date: Louisiana Association of Health, Physical Education, and Recreation Convention. Baton Rouge, Louisiana, 1981.

Presentation title: Oxygen uptake and ventilatory responses to various strike lengths in trained women

Invited presentation: No

Meeting/location/date: American Association of Health, Physical Education, and Recreation Convention. New Orleans, Louisiana, 1979 Presentation title: A comparison of fat metabolism in trained men and women during prolonged aerobic work Invited presentation: No

Visiting Professorships and University Lectures

In addition to presentations at professional meetings, I have also presented <u>69 invited research</u> <u>seminars</u> at both domestic and foreign universities. Specific presentations are identified below:

University/location/date: University of Porto, Porto, Portugal, 2017 **Presentation title:** Cardiovascular response to acute exercise

University/location/date: University of Porto, Porto, Portugal, 2017 **Presentation title:** Exercise: Teaching myocytes new tricks

University/location/date: University of Porto, Porto, Portugal, 2017 **Presentation title:** Cardiovascular adaptations to endurance exercise training

University/location/date: Pontificia Catholic University of Valparaiso (Valparaiso, Chile) 2017 **Presentation title:** Exercise is good medicine

University/location/date: Finis Terrae University (Santiago, Chile) 2017 **Presentation title:** Exercise: experimental tool to develop therapeutics to prevent muscle wasting

University/location/date: Lamar University (Beaumont, Texas) 2016 **Presentation title:** Exercise is good medicine

University/location/date: Texas Women's University (Denton, Texas) 2016 **Presentation title:** Exercise is good medicine

University/location/date: University of Texas-El Paso (El Paso, Texas) 2016 **Presentation title:** Exercise is good medicine

University/location/date: Baylor University (Waco, Texas) 2016 **Presentation title:** Exercise: Teaching myocytes new tricks

University/location/date: University of Texas-Austin (Austin, Texas) 2016 **Presentation title:** Exercise: Teaching myocytes new tricks **University/location/date:** University of Missouri (Columbia) 2016 **Presentation title:** Exercise: Teaching myocytes new tricks

University/location/date: University of Missouri (Kansas City) 2015 **Presentation title:** Ventilator-induced diaphragm dysfunction

University/location/date: Shanghai University of Sport (Shanghai, China), 2015 **Presentation title:** Exercise-induced protection against cardiac ischemia-reperfusion injury

University/location/date: University of Iowa, 2014 **Presentation title:** Exercise-induced protection against disuse muscle atrophy

University/location/date: Federal University of Rio de Janeiro, Brazil, 2014 **Presentation title:** Mechanisms of Ventilator-induced diaphragm dysfunction

University/location/date: University of Freiburg, Freiburg, Germany, 2013 **Presentation title:** Exercise is good medicine

University/location/date: University of Caribbean School of Medicine. (San Juan, Puerto Rico) 2013.

Presentation title: Mechanisms of disuse muscle atrophy

University/location/date: University of Porto, Porto, Portugal, 2012 **Presentation title:** Biology of weight loss

University/location/date: University of Porto, Porto, Portugal, 2012 **Presentation title:** Mechanisms of disuse muscle atrophy

University/location/date: Jentendo University, Chiba, Japan, 2011 **Presentation title:** History of exercise physiology in the United States

University/location/date: Texas A&M University, College Station, TX, 2011 **Presentation title:** Exercise can protect against a broken heart

University/location/date: Pennsylvania State University, State College, PA, 2010 **Presentation title:** Mechanisms of exercise-induced cardioprotection

University/location/date: Pennsylvania State University, State College, PA, 2010 **Presentation title:** Redox control of disuse muscle atrophy **University/location/date:** University of Porto, Porto, Portugal, 2009 **Presentation title:** Exercise is good for your heart

University/location/date: University of Exeter, Exeter, England, 2007 **Presentation title:** Exercise-induced cardioprotection

University/location/date: Municipal Institute of Investigative Medicine. Universidad Pompeu Fabra and Universidad Autònoma, Barcelona, Spain, 2006 **Presentation title:** Exercise and cardioprotection

University/location/date: University of Porto, Porto, Portugal, 2006 **Presentation title:** Exercise-induced oxidative stress

University/location/date: University of Porto, Porto, Portugal, 2006 **Presentation title:** Exercise-induced cardioprotection against IR injury

University/location/date: University of Porto, Porto, Portugal, 2006 **Presentation title:** Disuse muscle atrophy

University/location/date: University of Porto, Porto, Portugal, 2006 **Presentation title:** Crafting the scientific paper

University/location/date: University of Delaware, Newark, DE, 2006 **Presentation title:** Exercise and cardioprotection against ischemia-reperfusion injury

University/location/date: East Carolina University, Greenville, NC, 2005 **Presentation title:** Exercise-induced cardioprotection

University/location/date: University of California-Irvine, Irvine, CA, 2005 **Presentation title:** Exercise and cardioprotection

University/location/date: Juntendo University School of Medicine, Tokyo, Japan, 2004 **Presentation title:** Exercise-mediated protection against I-R injury

University/location/date: Toho University, Tokyo, Japan, 2004 **Presentation title:** Exercise-induced cardioprotection

University/location/date: Yamaguchi University, Yamaguchi, Japan, 2004 **Presentation title:** Mechanisms of muscle disuse atrophy

University/location/date: Juntendo University, Chiba, Japan, 2004 **Presentation title:** Exercise Science in the United States

University/location/date: University of Kentucky, Lexington, KY, 2004 **Presentation title:** Exercise-induced cardioprotection

University/location/date: Texas A&M University, College Station, TX, 2004 **Presentation title:** Exercise-induced protection against cardiac ischemia-reperfusion injury

University/location/date: Bloomsburg University, Bloomsburg, PA, 2004 **Presentation title:** Exercise-induced cardioprotection

University/location/date: Catholic University of Leuven, Leuven, Belgium, 2003 **Presentation title:** Mechanical ventilation and diaphragm contractile dysfunction

University/location/date: University of Bath. Bath, England, 2003 **Presentation title:** Exercise-induced protection against cardiac ischemia-reperfusion injury

University/location/date: University of North Texas Health Science Center, Fort Worth, Texas, 2003

Presentation title: Exercise-induced protection against myocardial I-R injury

University/location/date: Gama Filo University, Rio de Janeiro, Brazil, 2002 **Presentation title:** Exercise-induced cardioprotection

University/location/date: Pennsylvania State University, State College, PA, 2002 **Presentation title:** Mechanical ventilation-induced alterations in diaphragmatic gene expression

University/location/date: Pennsylvania State University, State College, PA, 2002 **Presentation title:** Exercise-induced cardioprotection

University/location/date: Colorado State University, Fort Collins, CO, 2001 **Presentation title:** Exercise-induced cardioprotection

University/location/date: University of Colorado, Boulder, CO, 2001 **Presentation title:** Mechanical ventilation-induced diaphragmatic atrophy

University/location/date: University of Colorado-Health Science Center, Denver, CO, 2001 **Presentation title:** Exercise-induced cardioprotection

University/location/date: Georgia Tech, Atlanta, GA, 2001 **Presentation title:** Exercise-induced protection against age-related changes in skeletal muscle

University/location/date: University of Montpellier, Montpellier, France, 2000 **Presentation title:** Exercise and cardioprotection

University/location/date: University of Paris V, Paris, France, 1999 **Presentation title:** Exercise and cardioprotection against myocardial I-R injury

University/location/date: University of Kuopio, Kuopio, Finland, 1997 **Presentation title:** Exercise-induced changes in skeletal muscle antioxidant capacity

University/location/date: University of California-Berkeley, Berkeley, CA, 1997 **Presentation title:** Redox control of respiratory muscle contractile properties

University/location/date: Auburn University, Auburn, AL, 1996 **Presentation title:** Aging, exercise, and skeletal muscle plasticity

University/location/date: Georgia State University, Atlanta, GA, 1996 **Presentation title:** Aging, exercise, and skeletal muscle phenotype

University/location/date: Florida Atlantic University, Davie, FL, 1996 **Presentation title:** Exercise and respiratory muscles

University/location/date: University of South Florida, Tampa, FL, 1996 **Presentation title:** Aging and exercise-induced changes in skeletal muscles

University/location/date: University of Georgia, Athens, GA, 1996 **Presentation title:** Aging, exercise, and skeletal muscle phenotype

University/location/date: University of Kuopio, Kuopio, Finland, 1995 **Presentation title:** Exercise and respiratory muscle antioxidant capacity

University/location/date: Free University, Amsterdam, Netherlands, 1995 **Presentation title:** Exercise-induced alterations in skeletal muscle antioxidant capacity

University/location/date: University of Texas Health Science Center, San Antonio, TX, 1995 **Presentation title:** Mechanisms of hypothyroid-induced alterations in diaphragm contractile function

University/location/date: Albert Einstein College of Medicine, New York City, NY, 1995 **Presentation title:** Exercise-induced phenotypic changes in respiratory muscles

University/location/date: State University of New York, Buffalo, NY, 1995 **Presentation title:** Exercise-induced alterations in respiratory muscles

University/location/date: University of South Carolina, Columbia, SC, 1994 **Presentation title:** Aging, exercise, and respiratory muscle function

University/location/date: Temple University School of Medicine, Philadelphia, PA, 1991 **Presentation title:** Exercise-induced cellular alterations in respiratory muscles

University/location/date: Mayo Clinic, Jacksonville, FL, 1991 **Presentation title:** Exercise and the diaphragm

University/location/date: Florida State University, Tallahassee, FL, 1991 **Presentation title:** Exercise-induced changes in skeletal muscle antioxidant capacity

University/location/date: Medical College of Wisconsin, Milwaukee, WI, 1987 **Presentation title:** Control of ventilation during exercise

University/location/date: Auburn University, Auburn, Alabama, 1986 **Presentation title:** Caffeine and exercise