

CURRICULUM VITA

Sonja Jean Boyum Meiers, PhD, RN
Professor and
Director, Graduate Programs in Nursing
Winona State University, Rochester

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Professional Goals:

- **To contribute to the science and practice of family nursing to enhance family health and family care**
- **To provide professional leadership at the university, state, national, and international levels**

EDUCATION

Date	Degree	Major	Institution & Address
9/2016 - Present	Graduate Certificate	Nursing – Adult-Gerontology Clinical Nurse Specialist	Winona State University, Winona, MN
9/1997 – 4/2002	PhD	Nursing	University of Minnesota, Minneapolis, MN
9/1993 – 5/1995	MS	Nursing	Winona State University, Winona, MN
9/1979 – 5/1981	BS	Nursing	College of St. Teresa, Winona, MN
9/1974 – 5/1977	Diploma	Nursing	Lutheran Deaconess Hospital, School of Nursing, Minneapolis, MN

PROFESSIONAL EXPERIENCE**Academic**

Date	Position	Institution & Address
8/2008 - Present	Professor and Director	Graduate Programs in Nursing Winona State University Rochester, MN
3/2008 - 8/2009	Co-Coordinator of the Taylor Endowment and Nursing Institute for Family and Society	School of Nursing Minnesota State University, Mankato, Mankato, MN
7/2007 - 8/2009	Professor and Research Graduate Faculty	School of Nursing Minnesota State University, Mankato, Mankato, MN
1/2003 - 6/2007	Associate Professor	School of Nursing

January 2018

	Graduate Program Director	Minnesota State University, Mankato, Mankato, MN
9/2002 - 1/2003	Associate Professor	School of Nursing Minnesota State University, Mankato, Mankato, MN

Academic (continued)

Date	Position	Institution & Address
9/1995 - 9/2002	Assistant Professor	School of Nursing Minnesota State University, Mankato, Mankato, MN
1/1992 - 9/1995	Instructor Student Relations Coordinator	School of Nursing Minnesota State University, Mankato, Mankato, MN
1/1992 - 9/1992	Adjunct Instructor	School of Nursing Minnesota State University, Mankato, Mankato, MN

Nursing Practice

Date	Position	Institution & Address
2008 - Present	Owner Meiers Consulting (research methods)	6375 Granite Dr. NW Rochester, MN, 55901
1990 - 1993	Pediatric Staff Nurse Home Care Nurse Early Parenting Class	Immanuel-St. Joseph's Hospital Mankato, MN
1986 - 1989	Independent Home Care Nurse	Intercounty Nursing Service Thief River Falls, MN
1987-1989	Program Coordinator Parent Educator	Early Childhood Family Education, Red Lake Falls Public Schools Red Lake Falls, MN
1987 - 1989	Owner/Manager/Instructor	Les Bonnes Amies Fitness Center Red Lake Falls, MN
1982 - 1986	Licensed School Nurse	Pine Island Public Schools Pine Island, MN
1978 - 1982	Pediatric Staff Nurse	St. Mary's Hospital Rochester, MN
1977 - 1978	Neurology Staff Nurse	Bethesda Hospital St. Paul, MN

Minnesota RN License # 836860 – Expires June 2018
Minnesota PHN Registration # 6740

RESEARCH EXPERIENCE (FUNDED AND NON-FUNDED)

- 1. Title of the Project:** Development of a Psychiatric Mental Health Advanced Practice Registered Nurse Graduate Certificate Program
Role: Principal Investigator, Project Director
Dates of Project: 2016-2017
Amount of Funding: \$75,000
Source of Funding: Winona State University Foundation Special Project Award
Co- Investigators: D. Forsyth, Graduate Faculty

- 2. Title of the Project:** Development of a User Manual for the Family Caring and Relating Experiences Scale: Chronic Illness (FCARES: CI) Winona State University, Winona, MN.
Role: Principal Investigator, Data Analysis,
Dates of Project: 2015-2016
Amount of Funding: \$2,000
Source of Funding: Winona State University Foundation Special Project Award
Co- Investigators: S. Eggenberger, N.K. Krumwiede

- 3. Title of the Project:** Exploring family caregiving strategies, family relationships and family growth in the context of chronic illness. Winona State University, Winona, MN.
Role: Principal Investigator, Data Analysis, Thesis Mentor
Dates of Project: 2013-2014
Amount of Funding:
Source of Funding: Self-funded
Co- Investigators: Cavanaugh, K.J., Eastwick, E.S., Kronebusch, B.J.

- 4. Title of the Project:** **Club Fit** Preventing childhood obesity through moving more and eating well at the Boys & Girls Club of Rochester, MN
Role: Co-Investigator, Data Collection, Data Analysis, Chair of Social Marketing Workgroup
Dates of Project: January 2014 - Present
Amount of Funding: Internal Mayo Funding
Source of Funding:
Co-Principal Investigators: Mark Wieland, MD, MPH and Bridget Biggs, PhD, Mayo Clinic and Jodi Millerbernd, Executive Director, Boys and Girls Club of Rochester, Rochester, MN

- 5. Title of the Project:** The presence of pondering, struggling, and burden among family members with chronic illness. Winona State University, Winona, MN.
Role: Principal Investigator, Data Analysis, Thesis Mentor
Dates of Project: 2012-2013
Amount of Funding:
Source of Funding: Self-funded
Co-Investigators: Goodew, R. A., Isaacson, E. A. C., Miller, J. A

- 6. Title of the Project:** Let's Talk-Learning together to improve health: A community based health literacy project.
Role: Co-Principal Investigator
Dates of Project: November 1, 2011 – October 31, 2012
Amount of Funding: \$ 3,000
Source of Funding: Winona State University Foundation Special Project Award
Co-Principal Investigator: Carole Jenson

- 7. Title of the Project:** Healthy immigrant families: Working together to move more and eat well.
Role: Co-Investigator
Responsibilities: Scientific Development, Research Methods, Data Analysis, Intervention Development, Writing for Publication.
Dates of Project: Funding July 1, 2011-July 1, 2016 (Ranked at 5th Percentile on June 9, 2011 by Review Panel)
Amount of Funding: \$ 1.7 million
Source of Funding: National Institutes of Health
Co-Investigators: Drs. Irene Sia, Mark Wieldand, Graciella Porraz, Christy Patton and James Levine; Jenny Weiss, Christine Formea, (Mayo Clinic), Julie Nigon (Hawthorne Education Center). Community Partners of the Rochester Healthy Community Partnership
- 8. Title of Project:** Evaluation of nurses' perceived benefits, barriers, abilities and educational preferences for using family pedigrees in clinical practice.
Responsibilities: Scientific Development, Research Methods, Focus Group Data Collection, Data Analysis, Writing for Publication.
Dates of Project: to June 30, 2011
Amount of Funding: \$ 19,300
Source of Funding: Eisenberg Genomics Education Program (Mayo Clinic)
Co-Investigators: Elizabeth Pestka, Laura Junglen, and Lisa Ungerer (Mayo Clinic)
- 9. Title of the Project:** Family processes when living with a chronic illness: Advancing family nursing knowledge
Role: Co-Principal Investigator
Responsibilities: Scientific Development, Study Coordinator, Data Analysis, Writing for Publication
Dates of Project: September 2008 – Present
Amount of Funding: \$ 6,905
Source of Funding: Minnesota State University, Mankato, College of Allied Health and Nursing
Co-Investigators: S. Eggenberger, M. Bliesmer, N. Krumwiede, P. Earle
- 10. Title of the Project:** Parent appraisal of child pain: An international grounded theory study
Role: Co-Principal Investigator and Mayo Clinic 3
Responsibilities: Scientific Development, Data Analysis Consultation, Data Collection, Data Analysis, Dissemination
Dates of Funding: June – October, 2008 & October 2008 – 2013
Amount of Funding: \$ 4,885 (Mayo); \$ 9,710 (Kid's Cup)
Source of Funding: Mayo Nursing Research and Evaluation Committee; Kid's Cup Foundation, Rochester, MN
Co-Investigators: Diane Ballweg, MSN, RN,C, CNS, Co-Principal Investigator; Kari Cambern, BSN, RN, Co-Investigator; Lisa Mundy, MS, RN, CNS, Co-Investigator; Sharon Tucker, PhD, RN, Co-Investigator; Letitia Fath, MSN, RN (Former Co-Investigator); Ospedale Pediatrico Bambino Gesù, Rome, Italy, Research Team
- 11. Title of the Project:** Revision and pilot testing of the Role Modeling Intervention (RMI) to enhance family-sensitive care and decrease boundary ambiguity in adult intensive care.

Role: Co- Principal Investigator

Responsibilities: Scientific Development, Data Collection, Data Analysis, Presentation

Dates of funding: June 2002-August 2004

Amount of Funding: \$ 3849.50

Source of Funding: Minnesota State University, Mankato; Faculty Research Grant, Faculty Research Incentive

Co-Investigators: P. Short Tomlinson and C. Mortenson-Klimpel, 2003 – 2004.

- 12. Title of the Project:** Development and testing of the Family Nurse Caring Belief Scale in Pediatric and Neonatal Intensive care; A nationwide survey.

Role: Co-Principal Investigator

Responsibilities: Data Entry, Data Analysis, Manuscript preparation, Method Design

Dates of Funding: Sept 2002- May 2003

Amount of Funding: \$ 1,000

Source of Funding: Zeta Chapter, Sigma Theta Tau International, Faculty Research Incentive

Co-Investigators: P. Short Tomlinson, C. Peden-McAlpine

- 13. Title of the Project:** The family experience of chemotherapy-induced neutropenia, A study using grounded theory methodology.

Role: Co-Researcher

Responsibilities: Scientific Development, Data Management, Data Analysis

Dates of Funding: 2001-2003

Amount of Funding: \$ 99,651

Source of Funding: Oncology Nursing Society Research Foundation through an unrestricted grant from Amgen Pharmaceuticals.

Co-Investigators: S. Eggenberger, M. Bliesmer, N. Krumwiede, P. Earle

STUDENT RESEARCH EXPERIENCE

- 1. Title of the Project:** A Quasi-Experimental Study

Role: Research Assistant with the Role Modeling Intervention Research Team, University of Minnesota and Children's Hospitals and Clinics, Minneapolis, MN.

Responsibilities: participant recruitment, data entry, data analysis, instrument construction, Hospitals and Clinics, Minneapolis, MN.

Dates of funding: Sept 2000-August 2001

Amount of Funding: Research Practicum

Source of Funding: Children's Hospitals and Clinics Foundation, St. Paul, MN.

- 2. Title of the Project:** Role Modeling Intervention Study

Role: Research Practicum Student

Responsibilities: Participant in complex family-nurse recruitment process with the pilot Role Modeling Intervention Project. Children's Health Care, St. Paul Campus.

Dates of funding: Spring 1998- Summer 2000

Amount of Funding: Research Practicum

Source of Funding: Children's Hospitals and Clinics Foundation, St. Paul, MN.

PUBLICATIONS:

INVITED PUBLICATION (Non-refereed)

Krumwiede, N., **Meiers, S. J.** (2004). Worth a thousand words. *Reflections on Nursing Leadership*. 30 (2): 30-1, 38, 2nd Quarter.

Journals, Peer-reviewed (published)

Wieland, M.L., Hanza, M.M.M., Weis, J.A., **Meiers, S. J.**, Patten, C. A., Clark, M.M., Sloan, J. A., Novotny, P. J., Njeru, J.W., Abbenyi, A., Levine, J. A., Goodson, M., Porraz Capetillo, G. D., Osman, A., Hared, A., Nigon, J. A. Sia, I. G. Healthy immigrant families: Randomized controlled trial of a family-based nutrition and physical activity intervention. *American Journal of Health Promotion*. 32(2), 473-484. doi: 10.1177/0890117117733342. Epub 2017 Nov 29.

Cook, C.L., Dahms, S.K., & **Meiers, S.J.** (2017). Enhancing care for infants with neonatal abstinence syndrome: An evidence-based practice approach in a rural Midwestern region. *Worldviews Evid Based Nurs*. 2017 Mar 9. doi: 10.1111/wvn.12217. [Epub ahead of print]

Morrison, E.G., Clark, M.M., Wieland, M.L., Weis, J.A., Hanza, M.M., **Meiers, S.J.**, Patten, C.A., Sloan, J.A., Novotny, P.J., Sim, L.A., Nigon, J.A., & Sia, I.G. (2016) (Sep 26 Epub ahead of print). Relationship between negative mood and health behaviors in an immigrant and refugee population. *Journal of Immigrant and Minority Health*

Niesen, C.R., Olson, D.M., Nowdesha, K.D., Tynsky, D.A., Loftus, C.G., **Meiers, S.J.** Enhancing self-management for adults with functional abdominal pain: A registered nurse led cognitive behavioral therapy approach. *Gastroenterology Nursing*, 41(5) (Sept/Oct) of 2018.

Bronars, C. A., Hanza, M. M., **Meiers, S. J.**, Patten, C. A., Clark, M. M., Nigon, J. A., . . . Sia, I. G. (2016). Treatment fidelity among family health promoters delivering a physical activity and nutrition intervention to immigrant and refugee families. *Health Education and Behavior*, doi:10.1177/1090198116650668

Wieland, M.L., Weis, J.A., Hanza, M.M., **Meiers, S.J.**, Patten, C.A., Clark, M.M., Sloan, J.A., Novotny, P.J., Njeru, J.W., Abbenyi, A., Levine, J.A., Goodson, M., Porraz Capetillo, M.G., Osman, A., Hared, A., Nigon, J.A., Sia, I.G. (2015). Healthy immigrant families: Participatory development and baseline characteristics of a community-based physical activity and nutrition intervention. *Contemporary Clinical Trials*, 4(47), 22-31. doi: 10.1016/j.cct.2015.12.004. [Epub ahead of print]

Tiedje, K., Wieland, M.L, **Meiers, S.J.**, , Mohamed, A.A, Formea, C.M., Ridgeway J.L., Asiedu, G.B., Boyum, G., Weis, J.A., Nigon, J.A., Patten, C.A., Sia, I.G. (2014). A focus group study of healthy eating knowledge, practices, and barriers among adult and adolescent immigrants and refugees in the United States. *International Journal of Behavioral Nutrition and Physical Activity* 11:63
<http://www.ijbnpa.org/content/11/1/63> doi: 10.1186/1479-5868-11-63

Wieland, M.L., Tiedje, K., **Meiers, S.J.**, Mohamed, A.A., Formea, C.M., Ridgeway, J.L., Asiedu, G.B., Weis, J.A., Nigon, J.A., Patten, C.A., Sia, I.G. (2013) . Perspectives on physical activity among immigrants and refugees to a small urban community in Minnesota. *J Immigrant Minority Health*.
<http://www.springer.com/alert/urltracking.do?id=L375ed74Md31991Sacfab49> doi:

10.1007/s10903-013-9917-2

- Archer, S.J., Barna, A.E. Holper, R.M., Forsyth, D.M., Ellenbecker, S.M., Smith, L.K., Jane E. Clobes, J.E., **Meiers, S.J.**, Malone, C. and Lapid, M.I. (2014). Associations among fluid intake, cognitive function. *Perspectives in Psychiatric Care*.
<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/ppc.12065> doi: 10.1111/ppv.12065
- Pestka, E., **Meiers, S.**, L Shah, L., Junglen, L., & Delgado, A. (2013). Nurses' attitudes, abilities and educational preference related to using family pedigrees in clinical practice. *International Journal Of Nursing Practice*, 19(5), 498-506. doi:10.1111/ijn.12091
- Pestka, E. L., Meiers, S. J., Shah, L. L., Junglen, L. M., & Delgado, A. (2012). Nurses' perceived benefits, barriers, and educational recommendations for using family pedigrees in clinical practice. *Journal Of Continuing Education In Nursing*, 43(11), 509-517.
doi:10.3928/00220124-20120904-36
- Revier, S., **Meiers, S.J.**, & Herth, K. (2012). The lived experience of hope for family caregivers caring for a terminally ill loved one. *International Journal of Palliative Nursing, Palliative Nursing*, 14, 6.
- Vorbeck, E. K., Willette-Murphy, K, **Meiers, S.**, Rudel, R, & Alakhras, M. (2011). A descriptive interventional study to discuss the impact of surgical stomas on individuals' sleep perceptions and response to sleep hygiene intervention. *Journal Of Wound, Ostomy & Continence Nursing* no. 4S: S18. *CINAHL Plus with Full Text, EBSCOhost* (accessed July 30, 2013).
- Eggenberger, S.K., **Meiers, S.J.**, Krumwiede, N., Bliesmer, M., & Earle, P. (2011). Reintegration in families in the context of chronic illness: A family health promotion model, *Journal of Nursing and Healthcare of Chronic Illness*, 3, 283-292. Doi: 10.1111/j.1752-9824.2011.01101.x
- Meiers, S.J.** & Brauer, D.J. (2008). Existential caring in the family health experience: a proposed conceptualization. *Scan J Caring Sci*, 22; 110-117.
- Meiers, S.J.**, Tomlinson, P.S., & Peden- McAlpine, C. (2007). Development of the Family Nurse Caring Belief Scale (FNCBS). *Journal of Family Nursing*, 13, (4), 484-502.
- Peden-McAlpine, C., Tomlinson, P.S., Forneris, S., Genck, G. & **Meiers, S.** (2005). Evaluation of a reflective practice intervention to enhance family care. *Journal of Advanced Nursing*, 49 (5), 494-501.
- Eggenberger, S. K., Krumwiede, N.K., **Meiers, S. J.**, Bliesmer, M., Earle, P., & Murray, S. (2004). Giving voice to family caring in cancer: Integrating visual art and research findings. *International Journal for Human Caring*, 8(3), 59-65.
- Eggenberger, S. K., Krumwiede, N.K., Meiers, S.J., Bliesmer, M., & Earle, P. (2004). Family caring strategies in neutropenia. *Clinical Journal of Oncology Nursing*, 8(6), 617-620.
- Krumwiede, N., **Meiers, S.J.**, Eggenberger, S., Murray, S., Bliesmer, M., Earle, P., Andros, D., Harman, & Rydholm, K. Turbulent waiting: Rural families experiencing chemotherapy-induced neutropenia (2004). *Oncology Nursing Forum* 31 (6): 1145-52.

Meiers, S. J. & Tomlinson, P.S. (2003). Family-nurse co-construction of meaning: A central phenomenon of family caring. *Scandinavian Journal of Caring Sciences*, 17, 193 - 201.

Fitzgerald, M.A., Milberger, P., Tomlinson, P. S., Peden-McAlpine, C., **Meiers, S.J.** & Sherman, S. (2003). CNS Participation on a collaborative research project: Barriers and benefits. *CNS: The Journal of Advanced Nursing Practice, January/February*, 17(1), 44 - 49.

Meiers, S. J. (2002). Family-nurse co-construction of meaning: Caring in the family health experience. Doctoral Dissertation, Dissertation Abstracts, University of Minnesota, March, 2002.

Journals, peer-reviewed (In Review)

Meiers, S.J., Dyce, E., Wieland, M.L., Patten, C., Clark, Hanza, M.M.K., Bronars, C., Nigon, J.A., De Benzo, I.M., Molina' L.E., Ahmed' Y.A., Sia, I.G. Community-based interventionists supporting health behavior change among immigrant and refugee families: A qualitative study.

Books

Chapters in Books

Eggenberger, S.K., **Meiers, S.J.**, Denham, S. (2016). Communication with and about families . In S. Denham, S.K. Eggenberger, N.K. Krumwiede, & Young, P. (Ed.), *Family-focused nursing care*. Philadelphia: F. A. Davis.

Meiers, S.J., Krumwiede, N.K., Denham, S., & Bell, S. (2016). Family assessment .In S. Denham, S.K. Eggenberger, N.K. Krumwiede, & Young, P. (Ed.), *Family-focused nursing care*. Philadelphia: F. A. Davis.

Meiers, S.J. (2016). Using family theory to guide nursing practice. In S. Denham, S.K. Eggenberger, N.K. Krumwiede, & Young, P. (Ed.), *Family-focused nursing care*. Philadelphia: F. A. Davis.

Eggenberger, S.K., Krumwiede, N.K., **Meiers, S. J.**, Bliesmer, M. & Earle, P.(2016). Family and nurse presence in family-focused care (2016). In S. Denham, S.K. Eggenberger, N.K. Krumwiede, & Young, P. T. (Ed.), *Family-focused nursing care*. Philadelphia: F. A. Davis.

Meiers, S., Eggenberger, S., Krumwiede, N., Bliesmer, M., & Earle, P. (2009). Enduring acts of balance: Rural families creating health In H. Lee (Ed.), *Conceptual Basis for Rural Nursing* (3nd ed). New York, NY: Springer Publications.

Meiers, S., Eggenberger, S., Krumwiede, N., Bliesmer, M., & Earle, P. (2005). Enduring acts of balance: Rural families creating health. In H. Lee (Ed.), *Conceptual Basis for Rural Nursing* (2nd ed). New York, NY: Springer Publications.

Bliesmer, M., Earle, P., Eggenberger, S., Krumwiede, N., & **Meiers, S.** (2005). Understanding the family experience of neutropenia: Hope. In M.C. Wendler (Ed.), *The HeART of Nursing* (2nd ed.). Indianapolis, IN: Sigma Theta Tau International.

Meiers, S. & Sheran, K. (2004). Critical analysis critique of the theory of interpersonal relations. In Peterson, S. & Bredow, T.S. *Middle Range Theories*. Philadelphia: Lippincott, p. 387-389.

Chapters in Books (In Review)**PAPERS PRESENTED (* denotes presenter)**

Competitive

International:

Meiers, S. J.*, Eggenberger, S.K., & Krumwiede, N. (2015, August). *Measuring family processes of reintegration in chronic illness: The Family Caring and Relating Scale: Chronic Illness (FCARES:CI)*. Paper presented at the meeting of the 12th International Family Nursing Conference, Improving Family Health Globally through Research, Education, and Practice. Odense, Denmark.

Meier, S. J. *(August, 2015). *Family-focused motivational interviewing for family health behavior change: Supporting health promotion in at risk families*. Special session Innovative Family Research Methods at the meeting of the 12th International Family Nursing Conference, Improving Family Health Globally through Research, Education, and Practice. Odense, Denmark.

Meiers, S. J.*, Danford, C.* & Østergaard, B. * & Honda, J. *(August, 2015). *Strengthening support for families worldwide: Potential directions for an international collaboration in family nursing research*. Paper presented at the meeting of the 12th International Family Nursing Conference, Improving Family Health Globally through Research, Education, and Practice. Odense, Denmark.

Krumwiede, N.* Eggenberger, S. K. & **Meiers, S.J.** (2011, June). *Development and testing of the Family Illness Experience Visual Analogue Scale (FIEVAS) to measure family member experiences with chronic illness: Initial validity and reliability*. Paper presented at the meeting of the International Family Nursing Conference. Kyoto, Japan.

Eggenberger, S.K.*, **Meiers, S.J.**, Krumwiede, N. (2011, June). *Testing the Family Reintegration in Chronic Illness Model: Providing direction for family health promoting interventions*. Paper presented at the meeting of the International Family Nursing Conference. Kyoto, Japan.

Krumwiede, N.K.*, Bliesmer, M., Earle, P., Eggenberger, S.K. & **Meiers, S.J.** (2010). *Speak: Aesthetic interpretation of family caring throughout the experience of chemotherapy-induced neutropenia*. International Association of Human Caring: Nursing care models. Rochester, MN (June 2-5, 2010).

Meiers, S.J.*, Eggenberger, S.K. Bliesmer, M., Earle, P., & Krumwiede, N.K., (2010) Eggenberger, S.K. An emerging model for family caring: Testing of the Family Reintegration in Chronic Illness (FRCI) Model. *International Association of Human Caring: Nursing care models*. Rochester, MN (June 2-5, 2010).

Eggenberger, S.K., Bliesmer, M., Earle, P., Krumwiede, N., **Meiers, S.J.*** (2007). Scientists and artists create a qualitative research team. *The Eighth International Interdisciplinary Conference: Advances in Qualitative Methods*, September 21-24, Banff, Alberta, Canada.

- Meiers, S.J.***, Krumwiede, N., Eggenberger, S. K., Bliesmer, M., Earle, P. (2007). The other side: Creation of a sculptural painting from a qualitative family study of chronic illness. *The Eighth International Interdisciplinary Conference: Advances in Qualitative Methods*, September 21-24, Banff, Alberta, Canada.
- Meiers, S. J.*** (2005). The Family Nursing Pedagogy Model: Intentional teaching-learning practices in graduate education. *Sigma Theta Tau International Honor Society of Nursing*. The 38th Biennial Convention: Create the Future Through Renewal, Indianapolis, IN (November).
- Earle, P., *Krumwiede, N., Eggenberger, S., Bliesmer, M. & **Meiers, S.** (2004). Families managing chronic illness. The Fifteenth International Nursing Research Congress, *Sigma Theta Tau International Honor Society of Nursing*, Dublin, Ireland (July)
- Meiers, S.***, Tomlinson, P.S. & Brauer, D.J. (2002). The lived experience of family-nurse interaction in the pediatric intensive care unit: Co-construction of meaning in the family health experience. *Workgroup of European Nurse Researchers*, September 2 - 4, Geneva, Switzerland.
- Meiers, S.***, Tomlinson, P.S. & Peden-McAlpine, C.J. (2000). Development of the Family Caring Scale (FCS) in pediatric critical care, *Workgroup of European Nurse Researchers*, May 25-27, Reykjavik, Iceland.
- National:**
- Meiers, S.J.***, Dyce, E., Wieland, M., Patten, C. Hanza, M., Nigon, J., DeBenzo, I., Molina, L., Ahmed, Y.* , Lam, N., & Sia, I. (2017). Encouraging family health behavior change with immigrant and refugee families: Experiences of community-based lay interventionists. *Midwest Nursing Research Society Conference. Harnessing big data and nursing science to improve health*. Minneapolis, MN(April 8).
- Meiers, S.J.*** , Isaacson, E. Goodew, R., Miller, J., Kronebusch, B., Eastwick, E., Cavanaugh, K., Peterson, L., Goetzke, E., Parks, K., & Eggenberger, S. (2015). Measuring the family experience of chronic illness: Development of the Family Caring and Relating Experiences Scale: Chronic Illness (FCARES: CI). *Midwest Nursing Research Society Conference: Innovations for person-centered care*. Indianapolis, IN (April 17).
- Ponto, J.* , Forsyth, D. M.* & **Meiers, S. J.*** (2014) . Changes in graduate nursing education and certification: Are you ready? *41st Annual National Conference on Professional Nursing Education and Development and Development (PNEG)*. Rochester, MN (October 3 – 5).
- Jenson, C.J., **Meiers, S.J.***, Ouk, S., Wieland, M., Weis, J., & Sia, I. (2013). Let’s Talk – Learning together to improve health and health outcomes: A community-based health literacy project. *Midwest Nursing Research Society Conference: Living well with chronic conditions: Implications for nursing science*. Chicago, IL (March 9).
- Eggenberger, **S. K.***, **Meiers, S.J.**, Krumwiede, N. (2012). Testing the Family Integration in Chronic Illness Model: Providing direction for nursing practice with families managing a chronic illness. *Midwest Nursing Research Society Conference: Innovative Transition Care*

Models, Dearborn, MI (April 13).

Meiers, S.J.*, Eggenberger, S.K., & Krumwiede, N. (2012). Development and testing of the Family Illness Experience Visual Analogue Scale (FIEVAS) to measure family member experiences with chronic illness: Initial validity and reliability. *Midwest Nursing Research Society Conference: Innovative Transition Care Models*, Dearborn, MI (April 13).

Meiers, S.J.*, Ballweg, D., Cambern, K., Mundy, L., & Tucker, S. (2010) Struggling to understand the hurdle of pain while trying to protect the child. *Midwest Nursing Research Society Conference: Bench to Bedside*. Kansas City, MO (April 10).

Meiers, S.J.*, Mortenson-Klimpel, C. & Tomlinson, P. (2005). Revision and pilot testing of the Role Modeling Intervention to enhance family-sensitive care in adult intensive care. *Midwest Nursing Research Society Annual Conference: Advancing the Clinical Research Enterprise: Translation and Dissemination*, Cincinnati, Ohio (April 4).

Meiers, S.J.*, Bliesmer, M., Earle, P., Eggenberger, S., & Krumwiede, N. (2005). Challenges of chronic illness: Artistic interpretation of the family reintegration process. *7th International Family Nursing Conference*, Victoria, British Columbia, Canada (June 2).

Meiers, S.J.*, Tomlinson, P.S., & Peden-McAlpine. (2004). Development of the Family Nurse Caring Belief Scale (FNCBS) with pediatric and neonatal critical care nurses. *Midwest Nursing Research Society Annual Conference: Addressing Health Disparities*, St. Louis, MO (February 28).

Krumwiede, N.*, Bliesmer, M., Earle, P., Eggenberger, S., **Meiers, S.** (2002). Tending to family becoming in chronic illness. *American Society on Aging*, Washington, D.C. (October, 12).

Bliesmer, M.*, Earle, P., Eggenberger, S., Krumwiede, N., & Meiers, S. (2002). Enduring acts of balancing: The rural family health experience. *Third International Rural Congress of Rural Nurses*, Binghamton, New York (October 3 -5).

Tomlinson, P.S., Fitzgerald, M.*, Milberger, P., Peden-McAlpine, C., Sherman, S., **Meiers, S.**, Regan, M. (2000). Testing a method to enhance PICU nurses' abilities to recognize and respond to the needs of the family system. *3rd World Congress on Pediatric Intensive Care*, June 25-29, Montreal, Canada.

Tomlinson, P. S.*, Sherman, S. & **Meiers, S.** (1999). The family health system model: Use in research and curriculum development. *National Council on Family Relations Annual Conference*, November 14, Irvine, CA.

Regional:

Pestka, E.*, **Meiers, S.**, Unger, L., Junglen, L., & Delgado, A. (2012) Evaluation of nurses' perceived benefits, barriers, abilities, and educational preferences for using family pedigrees in clinical practice. *21st Annual Nursing Research Conference* sponsored by Mayo Continuing Nursing Education, Mayo Clinic, Rochester, MN (May 2).

Meiers, S. J.*, & Tomlinson, P. S., & Peden-McAlpine (2004). Development and psychometric

evaluation of the Family Nurse Caring Belief Scale (FNCBS) with pediatric and neonatal critical care nurses. *Thirteenth Annual Nursing Research Conference: Focusing on Families*, Mayo Clinic, Rochester, MN (February 16).

Krumwiede, N.*, Bliesmer, M., Earle, P., Eggenberger, S., & **Meiers, S.** (2003). Understanding the family experience of neutropenia. *West Central Minnesota Oncology Nursing Society Annual Conference*, St. Cloud, MN (May 5).

Meiers, S.*, Tomlinson, P. S., Brauer, D. & Peden-McAlpine, C.J. (2000). Co-construction of meaning in the family health experience: Nurse and family perceptions. *Revealing Meaning for Nursing and Health II: A Conference on Phenomenology and Hermeneutics*, University of Minnesota, Sigma Theta Tau International-Zeta Chapter, Minneapolis, MN, June 9.

Black-Hughes, C.*, Krumwiede, N.K. & **Meiers, S.J.**, (1996). Interdisciplinary ethical perspectives: A regional study of six professional groups. *18th Annual Interdisciplinary Health Care Team Conference*, Bloomington, MN.

Local:

Meiers, S. J.*, Jenson, C., Ouk, S., Wieland, M., Weis, M. & Sia, I. (2013) Let's Talk – Learning together to improve health and health outcomes: A community-based health literacy project. *Community Connect, Winona State University-Rochester*, Rochester, MN (April 17).

Meiers, S. J.* & Porraz-Capatillo, M. (2012). Listening to the wisdom of the family and community: Promoting health and improving outcomes, *Mu Lambda Chapter Sigma Theta Tau International Research Forum*, Mankato, MN (September 28).

Meiers, S. J.* (2012). Listening to the wisdom of the family and community: Promoting health and improving outcomes, *Kappa Phi Chapter Sigma Theta Tau International Research Forum*, St. Cloud, MN (November 8).

Meiers, S. J.*, Jenson, C., Goodson, M., Mohamed, A., Sia, I., Wieland, M., Weis, J. (2012). Humanity, hospitality, and health care: Lessons learned in a community-based health literacy project. *Southern Minnesota Nurses*, Mankato, MN (September 27).

Goblirsch, S.* & **Meiers, S.** (2006). Critical care nurses' and families' perceptions of the family-nurse interaction. *Mu Lambda Chapter Sigma Theta Tau International Research Forum*, September 15, 2006, Mankato, MN.

Meiers, S.*, Eggenberger, S. & Bliesmer, M. (2003). Integrating the family health experience into the curriculum. The Nursing Faculty Institute: New approaches to classroom and clinical learning in nursing education, *Center for Teaching and Learning: Minnesota State Colleges and Universities*, Minnesota State University, Mankato (May 22).

Meiers, S.*, Tomlinson, P.S. & Brauer, D.J. (2002). Family-nurse co-construction of meaning: Caring in the family health experience. *Mu Lambda Chapter Sigma Theta Tau International Research Forum*, September 20, 2002, Mankato, MN.

Earle, P.*, Bliesmer, M., Eggenberger, S., Krumwiede, N., and **Meiers, S.** Developing theory related to rural adaptation. *Mu Lambda Chapter Sigma Theta Tau International Research*

Forum 2002, Mankato, MN (September 2001).

PAPERS PRESENTED

Invited; Non-Competitive

Local:

Jenson, C.*, **Meiers, S.J.***, Goodson, M., Mohamed, A.*, Sia, I., Wieland, M. & Weis, J. (2012) Let's Talk: Learning together to improve health: A community-based health literacy project. *Nursing Research Day*, University of Minnesota, Minneapolis, MN (April).

Meiers, S.* (2009). Studying families, improving care: Local and global perspectives. *Mu Lambda Chapter Induction*, Mu Lambda Chapter Sigma Theta Tau International, Minnesota State University, Mankato (April).

Meiers, S.* (2003). The scholarship of advocacy. *Mu Lambda Chapter Induction*, Mu Lambda Chapter Sigma Theta Tau International, Minnesota State University, Mankato (April).

POSTERS PRESENTED (* denotes presenter)

Competitive:

Meiers, S. J., Eggenberger, S.J., & Krumwiede, N. K. (2016). Testing and scoring to the Family Illness Experience Scale: Chronic Illness (FIES:CI). *Midwest Nursing Research Society Conference: 40 Years of Advancing Nursing Science, Improving Practice and Enhancing Health*. Milwaukee, WI (March 18).

Cook, C.*, Dahms, S.*, **Meiers, S. J.**, & Korynta, V. (2016) . Implementation of a neonatal abstinence syndrome clinical practice guideline: An evidence-based practice approach *Midwest Nursing Research Society Conference: 40 Years of Advancing Nursing Science, Improving Practice and Enhancing Health*. Milwaukee, WI (March 19).

Niesen, C.R.*, Olson D.M.*, Nowdesha, K.D., Tynsky, D.A., Loftus C.G., **Meiers S.J.** (2016). Enhancing self-management for adults with functional abdominal pain: A registered nurse-led cognitive behavioral therapy approach. *American Association of Ambulatory Care Nurses Conference*, Palm Springs, CA (May 18 – 21).

Meiers, S. J.*, Eggenberger, S.K., & Krumwiede, N.K. (2016). Testing and Scoring of The Family Caring and Relating Scale: Chronic Illness (FCARES: CI). *Midwest Nursing Research Society Conference: Inspiring Excellence, Exceeding Expectations*. March 17 - 20, 2016

Biggs, B.K.*, Wieland, M., Hamernik, E., Sia, I., Millerbernd, J., Slowiak, K., Bronars, C., Hanza, M., **Meiers, S.**, Ridgeway, J., Lindberg, M., Brockman, T., Weis, J., Patten, C., Clark, M. (2016) Translating evidence-based obesity prevention into an afterschool program with a community-based participatory research (CBPR) approach. *Society for Pediatric Psychology Annual Conference*. Atlanta, Georgia (April 14 – 16).

- Hanza, M.M.*, Wieland, M., Weis, J., **Meiers, S.**, Patten, C., Clark, M, Sloan, J., Novotny, P., Njeru, J., Abbenyi, A., Levine, J., Goodson, M. Porraz-Capetillo G., Osman, A., Hared A., Nigon J. Sia. (2015). Healthy immigrant families: Utilizing a CBPR approach to develop, implement and evaluate a community-based physical activity and nutrition intervention for immigrants and refugees. *8th Annual Science of Dissemination and Implementation in Health Conference*, Washington, D.C. (December 14-15).
- Meiers, S.J.***, Eggenberger, S.K., Bliesmer, M., Earle, P., Krumwiede, N.K. (2010). An emerging model for family caring: Family Re-integration in Chronic Illness (FRCI). *International Association of Human Caring: Nursing care models*. Rochester, MN (June 2-5, 2010).
- Eggenberger, S.* & **Meiers, S.** (2009). International Panel of nursing leaders creates directions for family nursing endowment. *9th International Family Nursing Conference: From insights to intervention*, Reykjavik, Iceland (June 4, 2009).
- Meiers, S.***, Ballweg, D., Cambern, K., Mundy, L. & Tucker, S. (2009). Parent appraisal of child pain: An international grounded theory study. *Midwest Nursing Research Society Conference: Nursing Research, Promoting Social Justice and Human Rights*, Minneapolis, MN (March 28).
- Goblirsch, S.* & **Meiers, S.** (2006). Critical care nurses' and families' perception of the family-nurse interaction. *Midwest Nursing Research Society Conference*, Milwaukee, WI.
- Meiers, S.***, Bell, S. E.* & Gaspar, T. (2006). The Minnesota process for a partnership doctorate in nursing practice. *The American Association of Colleges of Nursing Doctoral Education Conference*, San Diego, CA (January).
- Krumwiede, N.*, Bliesmer, M., **Meiers, S.**, Eggenberger, S. & Earle, P. (2004). Turbulent waiting: Rural families experiencing chemotherapy-induced neutropenia. *The Oncology Nursing Society 29th Annual Congress*, Anaheim, CA.
- Mostaghimi, E., Krumwiede, N.*, Bliesmer, M., Earle, S., Eggenberger, S., **Meiers, S.**, & Murray, S. (2003). Understanding the family experience of neutropenia: Hope. Building diverse relationships. *37th Biennial Convention, Sigma Theta Tau Honor Society of Nursing*, Toronto, CA. (November 1-5).
- Krumwiede, N.*, Bliesmer, M., **Meiers, S.**, Eggenberger, S. & Earle, P. (2004). Understanding the family experience of neutropenia: Artistic expression of research findings. *The Oncology Nursing Society 29th Annual Congress*, Anaheim, CA.
- Meiers, S.***, Tomlinson, P.S., & Peden-McAlpine, C. J. (2000). *Development and testing of the Family Caring Scale (FCS) in Pediatric Critical Care*. *Midwest Nursing Research Society Annual Conference*, April 2, Dearborn, MI.
- Meiers, S. ***(1996). Nurturance as applied caring. *Patterns of Caring: Universal Connections 18th Annual International Association for Human Caring Research Conference*, Mayo Medical Center, Rochester, MN.

TEACHING**Graduate Courses**

Title	Year	Credits	Institution
Evidence Based Practice Seminar	2016 - Present	3	Mayo School of Health Sciences, Nurse Anesthesia Program
Innovations in Practice and Scholarship Seminar	2015 – Present	3	Winona State University
Clinical Scholarship	2014 - Present	3	Winona State University
Nursing Leadership Practicum III	2014	3	Winona State University
Evidence Based Practice Seminar	2014 - Present	3	Winona State University
Thesis/Evidence Based Practice	2011 - Present	2	Winona State University
Scientific and Ethical Foundations	2011-2013	3	Winona State University
Health Policy and Quality Health Care Delivery	2012	3	Winona State University
Nursing Education: Curricular Processes	2011 & 2013	2	Winona State University for Mayo School of Health Sciences Nurse Anesthesia Program
Evidenced Based Practice	2011 - 2012	3	Winona State University
Advanced Health Promotion for Families	2011 - Present	3	Winona State University
Advanced Health Promotion for Families Clinical	2011 - Present	1	Winona State University
Individual Study (Supervising Clinical Practical Training)	2010 - Present	1 - 3	Winona State University
Continuing Thesis/Professional Study	2010 - Present	1	Winona State University
Psychosocial Interventions in Family Care	2010	2	Winona State University
Clinical Scholarship	2009	3	MNSCU DNP

IV			Consortium
Clinical Scholarship I, II, III	2008-2009	3	MNSCU DNP Consortium
Clinical Scholarship and Analytic Methods	2009	2	MNSCU DNP Consortium
Knowledge Development in Nursing	2007-2009	3	Minnesota State University, Mankato
Family Nursing	2005-2009	3	Minnesota State University, Mankato
Family Nursing Theory	1999-2005	2	Minnesota State University, Mankato

Undergraduate Courses

Title	Year	Credits	Institution
Nursing Synthesis	2008	3	Minnesota State University, Mankato
Family Nursing for RNs	2008	3	Minnesota State University, Mankato
Altered Human Functioning for RNs	2005	3	Minnesota State University, Mankato
Professional Nursing for RNs (2001-2002)	2001-2002	6	Minnesota State University, Mankato
Foundations in Nursing	1997-1998	3	Minnesota State University, Mankato
Child Health Clinical	1999-2004	3	Minnesota State University, Mankato
Child Health Nursing	199-2004	2	Minnesota State University, Mankato
Altered Physiologic Mode Clinical II	1998-2000	5	Minnesota State University, Mankato
Professional Nursing for LPN's	1996-1997	2	Minnesota State University, Mankato
Psychomotor Strategies in Nursing II	1995-1997	1	Minnesota State University, Mankato
Altered Physiologic Mode Clinical I	1995-1997	4	Minnesota State University, Mankato

Graduate

Master's Theses(Th)/Evidence Based Practice Projects(EBP)/Scholarly Inquiry Paper (SIP):

Final Oral Examination Committee Member:

MS/MA/MSN:

Kiehne, T. (2016). Nutritional influences on surgical wound healing: A review of current literature (SIP). Winona State University, Winona, MN.

Bruen, D.M., Hoversten, S.L., Lazzara, L. K. (2014). Spirituality, psychosocial distress, and posttraumatic growth in women with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Ellefson, J. & Miller, G. (2014) . Comparison of posttraumatic growth in different aged women with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Gruber, M., Hagi-Salaad, M. and Stevermer, H. (2014). Strategies for promoting health in Somali communities (EBP). Winona State University, Winona, MN.

Hawn, H. & Prochaska, J. (2014). The relationships amongst age, cognition, and number of electroconvulsive therapy treatments in adults during inpatient psychiatric treatment (Th). Winona State University, Winona, MN.

Berding, S. (2013). The relationship between psychological distress and sexual relationship adjustment in husbands of wives diagnosed with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Busch, J., DeRocher, J., Nack, C. (2013). An evidence-based approach for integrating effective teaching strategies for motivational interviewing into a graduate nursing program curriculum. Winona State University, Winona, MN.

Haley, A.M. & Linqvist, B.M. (2013). Strategies to establish trust between health professionals and Sudanese community members in the context of health promotion(EBP). Winona State University, Winona, MN.

Archer, S., Barna, A., & Holper, R. (2011). Cognition, fluid intake, and length of stay in older adults (Th). Winona State University, Winona, MN.

Bina, J., Schomburg, M. & Tippetts, L. (2011). Decisional involvement: Actual and preferred involvement in decision-making among registered nurses(Th). Winona State University, Winona, MN.

Niesen, C. (2011). A fall prevention guideline review and plan for implementation (EBP). Winona State University, Winona, MN.

Carrico, H., Hellickson, J.; & Mielke, C. (2010). Fear of recurrence, psychological distress, and marital cohesion in women with recurrent ovarian cancer (Th). Winona State University, Winona, MN.

Friedrich, T., Miller, T., Monsour, A., & Tarbell, L. (2010). Relationships between falls, health perception, and physical functioning in a group of elderly women living together in a religious community(Th). Winona State University, Winona, MN.

Brackle, R. & Swenson, A. (2010). A descriptive correlational study on dehydration, age, and number of medical diagnoses in the elderly psychiatric inpatient(Th). Winona State University, Winona, MN.

Ahrens, S., Bos, M., & Olson, E. (2010). Secondary analysis examining the relationships between age, fear of recurrence, symptom distress, and psychological distress in younger versus older women with recurrent ovarian cancer(Th). Winona State University, Winona, MN.

Boberg, M., Jeffers, A., Prieto, K., & Repinski, H. (2009). Exploration of osteoporosis prevention and cognitive ability among religious sisters(Th). Winona State University, Winona, MN.

Derby, K., Gilman, P., and Skrukud, B. (2009). Cardiovascular disease, body mass index, and functional performance in a group of religious sisters: Is there a relationship?(Th) Winona State University, Winona, MN.

Koski, C. (2007). Examining the relationships between anxiety in the significant other of adult ICU patients and nurses' display of empathy and level of engagement(Th). Minnesota State University, Mankato.

Kalm, P. (2006). An exploration of published nursing theory-based outcomes research(Th). Minnesota State University, Mankato, MN.

Mittiness, J. R. (2006). Content validity and reliability testing of the family-centered care evaluation measure(Th). Minnesota State University, Mankato, MN.

Anderson, Wendy (2003). New mothers and fathers compare their labor and delivery experience (Th). Minnesota State University, Mankato, Mankato, MN.

Uecker-Bezdicsek, K. (2002). Parenting: The lived experience of the adult child of an alcoholic(Th). Minnesota State University, Mankato, MN.

Final Oral Examination Committee Chairperson: (n = 35)

MS/MA/MSN:

Braaten, K.L., Koenig, D.A., & Wescott, B.A. (2016). Variability in perceived family change, family growth, and family struggling among families managing chronic illness (Th). Winona State University, Winona, MN.

Goetzke, E., Parks, K., & Peterson, L. (2015) . Family vulnerability, family change, and family financial concerns related to the experience of chronic illness. Winona State University, Winona, MN.

Dawn M. King. (2014). Family presence supported by designated nursing specialist during resuscitation of critically ill or injured children in the emergency department (EBP). Winona State University, Winona, MN.

Cavanaugh, K.J., Eastwick, E.S., Kronebusch, B.J. (2014). Exploring family caregiving strategies, family relationships and family growth in the context of chronic illness (Th). Winona State University, Winona, MN.

Jackson, K. & Stuedemann, A. (2013). Vulnerability and uncertainty among families dealing with chronic illness. (Th) Winona State University, Winona, MN.

Goodew, R. A., Isaacson, E. A. C., Miller, J. A. (2013). The presence of pondering, struggling, and burden among family members with chronic illness(Th). Winona State University, Winona, MN.

Larsen, A., Myburgh, A., & Popp, K. (2011). Family health promotion in chronic illness: Relationships between family functioning, vulnerability and caring strategies(Th). Winona State University, Winona, MN

Worden, W. & England, L. (2011). Family uncertainty, struggling and connecting: Managing chronic illness(Th). Winona State University, Winona, MN.

Revier, (2010). The lived experience of hope for family caregivers caring for a terminally ill loved one(Th). Minnesota State University, Mankato, Mankato, MN

Wertish, R. (2009). Social support of adolescent mothers in the postpartum period(Th). Minnesota State University, Mankato, Mankato, MN

Vangelder, S. (2009). Complexity of Representation of People in nurses caring for laboring women: A validation study(Th). Minnesota State University, Mankato, Mankato, MN.

Hoover, V.(2008). Family uncertainty in a coronary angiography setting(Th). Minnesota State University, Mankato, Mankato, MN.

Saiki, A. (2007). The relationship between family social support and quality of life of the patient and family caregiver during the transplant experience(Th). Minnesota State University, Mankato, Mankato, MN.

Steel, B. (2005). Perceived needs of parents of infants in the Level II nurseries (Th). Minnesota State University, Mankato, Mankato, MN.

Goblirsch, S. (2006). Critical care nurses' and families' perception of the family-nurse interaction (Th). Minnesota State University, Mankato, Mankato, MN.

Swan, M. (2005). Collaborative practice between nurse practitioner and physician: A pilot study(Th). Minnesota State University, Mankato, Mankato, MN.

Neu, K. (2004). New father's role transition to parenthood: The lived experience(Th). Minnesota State University, Mankato, Mankato, MN.

Fahey-Bacon, P. (2004). Parental perspectives: The experiences of families managing Prader Willi Syndrome (Th). Minnesota State University, Mankato, Mankato, MN.

Hoffman-Distad, K. (2004). The relationship between maternal self-efficacy and breastfeeding duration(Th). Minnesota State University, Mankato, Mankato, MN.

Guthrie, S. (2004). The lived experience of patients who have had coronary angioplasty(Th).

Minnesota State University, Mankato, Mankato, MN.

Carlson, V. (2004). Revision and content validity of the Family Nurse Caring Belief Scale (Th). Minnesota State University, Mankato, Mankato, MN.

Scharmer, J. (2003). Development and proposed testing of a tool to measure utilization of nurse practitioners in Minnesota hospital emergency departments (Th). Minnesota State University, Mankato, Mankato, MN.

Ryder, N. (2003). Family needs in the coronary intensive care unit (EBP). Minnesota State University, Mankato, Mankato, MN.

Doctor of Nursing Practice Projects (Evidence-Based Practice Implementation)

Final Oral Examination Committee Member:

DNP

Habicht, L. & McLean, E. (2015). Advanced care planning in the Latino community. Winona State University, Winona, MN.

Olson, C. (2012). Effect of an educational intervention on nurses' self-efficacy and knowledge in providing discharge instructions to patients diagnosed with heart failure. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Hemmingsen, T. (2012). Implementation of a diabetes discharge planning pathway: A quality improvement initiative. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Townsend, C. E. (2011). Use of social media with a tailored intervention to increase influenza immunizations among college students. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Clouse-Smith, S. (2011). Evidence based HPV education for parents: Implementation of a staff-led intervention. Winona State University, Winona, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Schardt, D. (2010). The effects of guided imagery on perceived stress in the prenatal adolescent. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program

Vesel, L. (2009). Job satisfaction and intent to stay in mentored versus non-mentored nursing faculty. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Vorbeck, E. (2009). Impact of surgical stomas on sleep and response to sleep intervention: A pilot study. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Rosen, N. (2009). Evidence-based model for a psychotic advanced nurse private practice. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and

Universities Consortium Doctor of Nursing Practice Program.

Final Oral Examination Committee Chairperson: (n = 6)

DNP

Cook, C. & Dahms, S. (2016). Enhancing care for infants with Neonatal Abstinence Syndrome: An evidence based practice approach in rural Minnesota. Winona State University, Winona, MN.

Kraft, S. J. (2015). Evaluating a unit-specific surgical safety checklist briefing in an orthopedic surgical department: Influence on compliance and culture of safety. Winona State University, Winona, MN.

Niesen, C.R. (2015). Enhancing self-management for adults with functional abdominal pain through a registered nurse-led cognitive behavioral therapy intervention. Winona State University, Winona, MN.

McGohan, L. (2009). Ambulatory care nursing professional development model. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

Beske, S. (2009). Content validity testing of an evidence-based non-pharmacologic intervention protocol for management of orthostatic hypotension in the elderly. Minnesota State University, Mankato, Mankato, MN as part of the Minnesota State Colleges and Universities Consortium Doctor of Nursing Practice Program.

HONORS/AWARDS

Centers of Disease Control and Prevention/American Association of Colleges of Nursing (AACN) Innovations in Graduate Population Health Curriculum Award, Washington, DC (October 29, 2016) (\$500).

Faculty Improvement Grant (2015). Travel to Odense, Denmark for dissemination of research findings, presentation of Special Session as invited speaker, and attendance at the International Family Nursing Research Conference in Odense, Denmark (August 18 – 21) (\$2,000)

Winona State University Foundation, Special Projects awardee (2015) for development of a manual to guide use of a psychometric measure: The Family Caring and Relating Experiences: Chronic Illness (FCARE:CI) Scale (\$2,500), Winona State University, Winona, MN.

Winona State University President's Civic Engagement Steward Award Application (2014-2015). Department of Nursing, Winona State University-Rochester.

Winona State University awardee for the Minnesota Campus Compact and President's Civic Engagement Steward Award (2014-2015). Department of Nursing, Winona State University-Rochester.

Research Collaborator Appointment, (2014 – 2017). Collaborator and Winona State University coordinator for community based participatory research projects within Rochester Healthy Community Partnership, Irene G. Sia, MD, MPH (Mentor) (non-salaried). Division of Infectious Disease Medicine, Mayo Clinic, Rochester, MN.

Research Collaborator Appointment, (2011 – 2013). Collaborator and Winona State University coordinator for community based participatory research projects within Rochester Healthy Community Partnership, Irene G. Sia, MD, MPH (Mentor) (non-salaried). Division of Infectious Disease Medicine, Mayo Clinic, Rochester, MN.

Faculty Improvement Grant (2010). Travel to Kyoto, Japan for dissemination of research findings and attendance at the 10th International Family Nursing Conference in Kyoto, Japan (June 23-29, 2011). Winona State University, Office of the President (\$2,000).

Research Collaborator Appointment (2010 – 2011). Collaborator and consultant for nursing genomics study along with Pestka, E., Unger, L., Junglen, L., & Delgado, A., Sharon Tucker, PhD, RN (Mentor) (non-salaried). Nursing Research Division, Mayo Clinic, Rochester, MN.

Research Collaborator Appointment, (2008 – 2010). Collaborator and team coordinator for International grounded theory study along with pediatric nurses. Sharon Tucker, PhD, RN Mentor (non-salaried), Nursing Research Division, Mayo Clinic, Rochester, MN.

Faculty Improvement Grant (2007) Travel to Calgary, Alberta, Canada on a self-designed family nursing center observation and participation in a pre-conference mixed methods design workshop and a post-conference grounded theory workshop (September 18 – 25, 2007). Minnesota State University, Mankato, Academic Affairs (\$1,264), Mankato, MN.

Leadership Institute (2006-2007). Completion of seven-session Institute focused on development of skills for use in University and professional leadership positions. Sponsored by Professional Development, Minnesota State University, Mankato, Mankato, MN

Research Incentive Award (2006). *Dissemination of conceptual and empirical works in family nursing science*. Minnesota State University, Mankato, College of Allied Health and Nursing, Mankato, MN

Douglas R. Moore Research Lectureship (2005). *Challenges of chronic illness: Artistic interpretation of the family re-integration process*. Family Nursing Research Team: Earle, P., Bliesmer, M., Eggenberger, S., Krumwiede, N., Meiers, S.J. (\$2000). Minnesota State University, Mankato, President's Office, Mankato, MN.

Teaching Scholar Fellowship Award (2004). *Development of a pedagogical model for teaching and learning family nursing* (\$6000). Minnesota State University, Mankato, Academic Affairs, Mankato, MN.

Research Incentive Award (2004). *Revision and Pilot Testing of the Role Modeling Intervention to Enhance Family-Sensitive Care and Decrease Boundary Ambiguity In Adult Intensive Care*, Minnesota State University, Mankato; College of Allied Health and Nursing. Mankato, MN

Research Incentive Award (2003). *Psychometric Evaluation of the Family Nurse Caring Belief Scale (FNCBS) with Pediatric Critical Care Nurses and Neonatal Intensive Care Nurses*. Minnesota State University, Mankato; College of Allied Health and Nursing. Mankato, MN

Graduate Tuition Fellowship (2001). University of Minnesota, Graduate School. Minneapolis, MN.

Graduate Tuition Fellowship (2002). University of Minnesota, Graduate School. Minneapolis, MN.

Induction to Mu Lambda Chapter Sigma Theta Tau (1992). International Honor Society for Nursing, Minnesota State, Mankato, Mankato, MN.

Advanced Education Nurse Traineeship (1994). Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. Awarded through Winona State University, Winona, MN.

Advanced Education Nurse Traineeship (1993). Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. Awarded through Winona State University, Winona, MN.

Summa Cum Laude Baccalaureate Graduate (1981) College of St. Teresa, Winona, MN

Dean's List Baccalaureate Student (1981) College of St. Teresa, Winona, MN

**COMMUNITY-ACADEMIC COLLABORATIVE GRANT APPLICATIONS SUBMITTED
(Selected Applications as Evidence of Community-Based Collaboration Work)**

Valen, M., Foote, J., & Meiers, S.J. (Winona State University Academic Partners), Cieslak, K., Swanton, C., & Rita Moyer (Mayo Clinic), Robin Hoeg (Winona Health), Elizabeth Schossow & Julie Hanson (Hiawatha Valley Mental Health), Heather Geerts & Beth Krehbiel (Zumbro Valley Health Center), and Kathryn Lombardo & Tim Weir (Olmsted Medical Center) (Clinical Partners) (2017). Minnesota Department of Health Office of Rural Health Health Professional Clinical Training Expansion Grant (Submitted October 23, 2017). A grant application to fund expanding clinical education for advanced practice registered nurses for the rural and underserved of Minnesota. Funded for \$232, 382

Paddock, S., Meiers, S. J., & Forsyth, D. F. (Winona State University Academic Partners) Cieslak, K., Swanton, C. (Clinical Partners) (2017). Health Resources and Service Administration Advanced Nursing Education Workforce (ANEW). (Submitted January 15, 2017). A grant application to fund expanding clinical education of advanced practice providers. Not recommended for approval.

Wieland, M.L., Sia, I. G. (Mayo Clinic Academic Partners), Meiers, S.J., Paddock, S. (Winona State University Academic Partners) (Rochester Healthy Community Partnership) National Institutes of Health Grant, Healthy Immigrant Communities: Mobilizing the Power of Social Networks (Submitted February 24, 2016). Not recommended for approval.

Wieland, M.L., Biggs, B., Sia, I. Weis, J., Patten, C.A., Clark, M. M., Cristiani, V., Hanza, M.M., & Sloan, J. (Mayo Clinic Academic Partner), Meiers, S. J. (Winona State University Academic Partner) Millerbernd, J. (Boys & Girls Club of Rochester). Office of Health Disparities Research Grant Program, Mayo Clinic. Club Fit: An Intervention to Address Childhood Obesity Disparities at the Boys & Girls Club of Rochester, MN (Submitted, September 8, 2014). Not recommended for approval.

Meiers, S. J. & Valen, M. (Winona State University Academic Partners), Swanton, C. & Bender, C. (Mayo Clinic), Rachele Schulz (Winona Health) (2010-2011). HealthForce Minnesota .

Development of a New Collaborative Acute Care Nurse Practitioner Focus in the Existing Master's Program and the Proposed New Bachelor of Science to Doctor of Nursing Practice Degree Program in Southeastern Minnesota.(Submitted October 1, 2010). Funded for \$13,400.00.

GRANTS AND FUNDED PROGRAM PROJECTS

Meiers, S. J. (2014). Development of a Manual to Guide Use of Psychometric Measure: The Family Caring and Relating Experiences Scale: Chronic Illness (FCARES:CI). Winona State University Foundation Special Projects Committee. \$2,000.

Meiers, S. J. (2014). Support of Faculty Development for Graduate Nursing Programs Faculty. HealthForce Minnesota. \$3,500. Project Director (Winona State University).

Meiers, S. J. (2013) . Budget Proposal to HealthForceMN for use of DNP Funds in support of A Graduate Faculty Member Attending the Learning Institute at the American Public Health Association Annual Conference Workshop: Epidemiology for Non-Epidemiologists. HealthForce Minnesota. \$1,700. Project Director (Winona State University).

Meiers, S. J. (2012) . Proposal for 2013 American Association of Colleges of Nursing (AACN) Education Conferences. HealthForce Minnesota. \$3,500. Project Director (Winona State University).

Meiers, S. J. (2012). Proposal for Project to Implement Revised and New Graduate Nursing Education Programs, HealthForce Minnesota. \$3,500. Project Director (Winona State University).

Meiers, S. J. (2011 - 2013). New Program: Allina & WSU Geriatric NP Curriculum and Training Collaborative. HealthForce Minnesota. \$100,000. Project Director (Winona State University).

Meiers, S. J. (FY2011). Advanced Education Nurse Traineeship, Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. . Grant for \$33,279.00 to fund graduate student stipends. Principal Investigator (Winona State University).

Meiers, S. J. (2010-2011). New Program: Acute Care Nurse Practitioner Program in Master's Program. HealthForce Minnesota. \$13,400.00 Principal Investigator (Winona State University)

Meiers, S. J. (2010). Supporting the DNP Assessment and Evaluation Project for Consortium DNP Program Assessment/Evaluation within the MnSCU System. \$2,200 (to support Work Study to support DNP Evaluation Project. Project Director (Winona State University)

Meiers, S. J. (FY2010). Advanced Education Nurse Traineeship, Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. . Grant for \$37,162.00 to fund graduate student stipends. Principal Investigator (Winona State University).

Meiers, S. J. (FY2007). Advanced Education Nurse Traineeship, Health Resources and Services

Administration, Department of Health and Human Services, Washington, DC. . Grant for \$30,552 to fund graduate student stipends. Principal Investigator (Minnesota State University, Mankato).

Giedt, J., McBreen, W., Meiers, S. J. , Loen, M. (2006). Collaborative Nurse Educator Graduate Program. Minnesota State Colleges and Universities, St. Paul, MN. Grant for \$100,000 to develop statewide collaborative nurse educator program. Site Director

Meiers, S. J. (FY2006). Advanced Education Nurse Traineeship. Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. Grant for \$33,478 to fund graduate student stipends. Principal Investigator

Meiers, S. J. (FY2005). Advanced Education Nurse Traineeship. Health Resources and Services Administration, Department of Health and Human Services, Washington, DC. Grant for \$20, 980 to fund graduate student stipends. Principal Investigator

PROFESSIONAL DEVELOPMENT ACTIVITIES (2009 – 2013)

Event	Location	Date
Family Nursing Externship Dr. Janice Bell & Dr. Lorraine Wright Attending	Mankato, MN	November 5-6, 2009
AACN Master's Essentials and Master's Conference Attending	New Orleans, LA	February 23-26, 2010
Midwest Nursing Research Society Annual Conference Presenting and advising graduate students	Kansas City, MO	April 8-11, 2010
Mayo Nursing Research Conference Attending and advising graduate students	Rochester, MN	March, 3, 2011
University of MN Nursing Research Day Presenting and attending	Minneapolis, MN	April 29, 2011
International Family Nursing Conference Presenting and attending	Kyoto, Japan	June 18-29, 2011
American Association of Colleges of Nursing (AACN) Doctoral Conference Attending	Naples, FL	January 24-29, 2012
Midwest Nursing Research Society Annual Conference Presenting and attending and advising graduate students	Dearborn, MI	April 12-15, 2012
Mu Lambda Chapter Sigma	Mankato, MN	September 28, 2012

Theta Tau International Annual Research Conference Keynote Speaker and attending		
Midwest Nursing Research Society Annual Conference Presenting and attending and advising graduate students	Chicago, IL	March 6-10, 2012
National Doctor of Nursing Practice Summit Sponsored by AACN Attending	Chicago, IL	April 14-16, 2012
International Family Nursing Conference Attending	Minneapolis, MN	June 19-22, 2013
American Academy of Pediatrics Conference Attending	Orlando, FL	October 28-29, 2013
Midwest Nursing Research Society Conference Presenting and Attending and Presenting	Indianapolis, MN	April 16-19, 2015
International Family Nursing Conference Presenting and Attending	Odense, Denmark	August 18-21, 2015
Advanced Pathophysiology	Winona State University, Winona, MN	August 24-December 8, 2015
8 th Annual Science Dissemination and Implementation in Health Conference,	Washington, D.C.	December, 14-15, 2015
Midwest Nursing Research Society Conference Presenting and Attending	Milwaukee, WI	March 17-20, 2016
Conceptual and Methodological Issues: Family Research Institute	University of North Carolina, Chapel Hill, Chapel Hill, NC	June 20 – 24, 2016

SERVICE**Disciplinary****Memberships and Affiliations**

Year	Activity	Organization
2016	Co-Chair, Research Committee	International Family Nursing Research Society, Research Committee
2014 - Present	Subcommittee Convener Research Committee Member	International Family Nursing Research Society, Research

		Committee, International Research Collaboration Subcommittee
2014	Abstract Reviewer	Midwest Nursing Research Society, Family Health Section
2014 - Present	Member	International Family Nursing Society, Research Committee
2013	Consultant, Distance Learning Pedagogy Professional Development for Nurse Anesthesia Faculty	Doctor of Nurse Anesthesia Program Development, Nurse Anesthesia Program, Mayo School of Health Sciences, Mayo Clinic, Rochester, MN
June 2-4, 2010	Co-Chair, Rochester Community Based Participatory Research Workshop	Rochester Healthy Community Partnership
2009 - Present	Academic Partner Member	Rochester Healthy Community Partnership
2001 - Present	Member	International Family Nursing Association
2009 - Present	Community/External Member	Curriculum Committee, Nurse Anesthesia Program, Mayo School of Health Sciences, Mayo Clinic, Rochester, MN
2007 - 2012	Member	Nursing Research Committee, Mayo Clinic, Rochester, MN
2007 - 2008	Family Health Research Section Chair	Midwest Nursing Research Society
2003 - 2009	Member	Oncology Nursing Society
2002 - Present	Member	Midwest Nursing Research Society
1996 - 1998	President	Mu Lambda Chapter Sigma Chapter Theta Tau International, Mankato, MN
1992 - Present	Member	Interfaculty Organization
1992 - Present	Member	Mu Lambda Chapter Sigma Chapter Theta Tau International, Mankato, MN

Consultation

Immanuel-St. Joseph's Hospital-Mayo Health System Team Day Presentations (2003). *Focus on family nursing and the nursing student-nurse experience*. 15 sessions presented.

Continuing Education Presented

Black-Hughes, C. & Meiers, S. (2006) Immanuel-St. Joseph's Hospital-Mayo Health System. *Interdisciplinary ethics and the difficult patient* (September 2001).

Manuscript Reviews**Date**

2001 - Present

2007 - Present

Organization

Scandinavian Journal of Caring Sciences

Journal of Family Nursing

Abstract Reviews:**Date**

2001 - 2003

2017 – Present

Organization

Mu Lambda Chapter Sigma Theta Tau International

Midwest Nursing Research Society

College, Department, University

Date	Activity	Organization
2014 - Present	Faculty Senate (Member)	Winona State University
2012-2014	Graduate Council (Chair)	Winona State University
2009-Present	Nursing Faculty Organization	Winona State University
2009-Present	Graduate Council	Winona State University
2009-Present	Graduate Faculty Committee (Chair)	Winona State University
2007-2009	Curriculum Coordinating Council	Minnesota State University, Mankato
2008-2009	Graduate Faculty Committee (Chair)	Minnesota State University, Mankato
2007	Graduate Faculty Committee	Minnesota State University, Mankato
2006	Graduate Faculty Committee (Chair)	Minnesota State University, Mankato
2002-2006	Faculty/Administration Meet and Confer	Minnesota State University, Mankato
2002-2006	Director Interfaculty Organization State Board of Directors	Minnesota State University, Mankato
2003-2004	Graduate Program Committee	School of Nursing, Minnesota State University, Mankato
2002-2009	Graduate Program Committee (Chair)	School of Nursing, Minnesota State University, Mankato
1995-1998	Curriculum Committee	School of Nursing, Minnesota State University, Mankato
1992-1995	Admissions, Progress, and Awards Committee (Chair)	School of Nursing, Minnesota State University, Mankato
1992-2009	Nursing Faculty Organization	School of Nursing, Minnesota State University, Mankato

Minnesota State Colleges and Universities

Date	Activity	Organization
2012-2013	Program Management Council (Chair)	MnSCU Doctor or Nursing Practice Consortium
2010-2012	Program Management Council	MnSCU Doctor or Nursing

		Practice Consortium
2009-2010	Co-Program Management Council	MnSCU Doctor or Nursing Practice Consortium
2007-2009	Program Management Council (Alternate)	MnSCU Doctor or Nursing Practice Consortium
2005 - 2007	Faculty Task Force, Development of DNP Consortium Program	MnSCU Doctor or Nursing Practice Consortium

Community

Date	Activity	Organization
2007-Present	Red Cross Disaster Shelter Team	Hosanna Lutheran Church, Rochester, MN
1998-2003	Board of Directors	Mankato Ballet
1995-2005	Early Parenting Session	Immanuel-St. Joseph's Hospital