

CURRICULUM VITAE

Peter Osborne, D.C., D.A.C.B.N., PScD
4724 Sweetwater Blvd., Suite 102
Sugar Land, TX 77479
Ph# 281-240-2229
Fax 281-240-2852
Email – DrOsborne@TownCenterWellness.com

Title and Affiliation:

a. Primary Appointment:

Doctor of Chiropractic and Board Certified
Nutritionist
Clinical Director Origins Health Care Center,
Sugar Land, TX

Licensures/Boards:

Chiropractic:

National Board of Chiropractic Examiners Parts I,
II, III, Physical therapy, and Part IV.
Licensed with TBCE

Nutrition:

Diplomate American Clinical Board of Nutrition
Doctor of Pastoral Science

Education:

Graduate: Texas Chiropractic College, Doctor of
Chiropractic
Undergraduate: 1) San Jacinto College, Texas
2) Cisco College, Texas

Military Service:

United States Air Force (1991 – 1994)
Dyess Air Force Base, Texas
Bergstrom Air Force Base, Texas
Veteran Desert Storm, Persian Gulf
Recipient of National Defense Award
Recipient of Outstanding Unit Citation Award
Recipient of 7th Wing Trans Health & Fitness Award

Academic & Professional Experience:

1. **Laboratory Instructor – Gross Anatomy**, Dept. of Basic Sciences, Texas Chiropractic College (1998 - 1999). Responsibilities included proctoring and preparing lab exams, and teaching and instruction to students
2. **Laboratory Instructor – Histology**, Dept. of Basic Sciences, Texas Chiropractic College (1998 - 1999). Responsibilities included proctoring and preparing exams, preparation of lecture materials, and lecture presentations.
3. **Laboratory Instructor – Physiology I & III**, Dept. of Physiology, Texas Chiropractic College (1999 – 2002). Responsibilities included preparing, writing, and administering written and practical examinations, preparation of lecture materials, and classroom lecture presentations.
4. **Aid to Susan Grigsby, Ph.D.**, Professor of Physiology, Texas Chiropractic College (1999-2001). Responsibilities included organizing files, lecture materials, and grades as well as filling in for lectures, writing lectures, and grading exams.
5. **Certified Athletic Trainer – 24 Hour Fitness**, Houston, TX. (1999 – 2001). Responsibilities included developing workout protocols and dietary regimens, taking anthropometric data, assessing personal health needs, and providing positive physical and mental support for clients.
6. **Chiropractic Internship – Moody Health Center**, Texas Chiropractic College (July – Aug of 2000). Responsibilities included patient education, exam, diagnosis, prognosis, and treatment plans, rendering chiropractic manipulation, soft tissue work and other passive care modalities, formulation of active care rehabilitation programs, taking, developing, and reading x-rays, and clinical lab diagnosis.
7. **Instructor – Neuroanatomy and Physiology Lab**, Texas Women's University (Aug 2000 – 2002). Responsibilities included designing curriculum, writing and preparing lecture and laboratory materials, administration of written and practical exams, and lab and lecture instruction.
8. **Rheumatology rotation** under Martin Lidsky, M.D. V.A. hospital, Houston, Texas (Sept – Oct of 2000). Responsibilities included patient education, examination, diagnosis, prognosis, and treatment plans, reading MRI's, X-rays, and CAT scans, and clinical laboratory diagnosis.

9. **Family Practice rotation** under John Kirkwood, D.O. Kirkwood Medical Associates (Nov – Dec of 2000). Responsibilities included patient education, examination, diagnosis, prognosis, and treatment plans, reading x-rays and MRI's, clinical laboratory diagnosis, performing general physicals, rendering chiropractic manipulations, and performing soft tissue therapies.

10. **Externship under Ronald Grabowski, R.D., D.C.** Ashford Chiropractic Center (Jan – April of 2001). Responsibilities included nutritional counseling and protocols, patient education, examination, diagnosis, prognosis, and treatment plans, chiropractic manipulation, soft tissue work and other passive care modalities, formulation of active care rehabilitation programs, taking, developing, and reading x-rays, and clinical lab diagnosis.

11. **American Clinical Board of Nutrition Diplomate Program –** Postgraduate education degree, two year program (24 Sections) Completed (300 hours).

12. **Practicing Chiropractor** at Pasadena Rehabilitation Center (April 2001 – April 2002). Responsibilities included nutritional counseling and protocols, patient education, examination, diagnosis, prognosis, and treatment plans, chiropractic manipulation, soft tissue work and other passive care modalities, formulation of active care rehabilitation programs, taking, developing, and reading x-rays, and clinical lab diagnosis.

13. **Instructor – Anatomy & Physiology**, Houston Community College (Central Campus Summer 2002 to 2005). Responsibilities included writing and preparing lecture and laboratory materials, administration of written and practical exams, and lab and lecture instruction.

14. **Nutritional Internship/Chiropractic Associate –** Under Ronald Grabowski R.D., D.C. Ashford Chiropractic Center (May 2002 to June 2003). Responsibilities included nutritional counseling and protocols, patient education, examination, diagnosis, prognosis, and treatment plans, chiropractic manipulation, soft tissue work and other passive care modalities, formulation of active care rehabilitation programs, taking, developing, and reading x-rays, and clinical lab diagnosis.

15. **Instructor – Biology**, Houston Community College (Central Campus Fall 2002). Responsibilities included writing and preparing lecture

materials, administration of written exams, and student guidance and instruction.

16. **Professor – Nutrition**, Houston Community College Nursing Program (Fall 2002 to 2006). Responsibilities included preparation of course curriculum, writing and preparing lecture and test materials, student instruction and support, and administration of exams.

17. Attended – **World Space Congress: Cospar F1.1-F2.3 – The Nervous System: Space Flight Environmental Factors Effects, Present Results and New Perspectives**. Program Chair M. Vazquez, PhD. Oct. 10-19, 2002.

18. **Appointed Diplomate** - American Clinical Board of Nutrition (D.A.C.B.N.). Jan. 15, 2003.

19. **Founder of Town Center Wellness, P.A.**, a full service alternative medicine clinic in Sugar Land, TX. www.TownCenterWellness.com (June 2003).

20. **Book Review Editor** – Dynamic Chiropractic 2003.

21. **Designer and Creator** – The Ath-**“Elite”** Protocol[®] - customized nutrition products and protocols for professional athletes.

22. **Creator and Host** – Dr. Osborne’s Nutritional RX for Healthy Living and Alternatives for Health and Wellness Radio Shows in Houston, TX (ksevradio.com)

23. **Nutritional Consultant and C0-Founder** to Blue Water Nutritionals Ltd. Medical nutrition product designer and developer for Nutra/MD Essential Nutrients supplement line (2005).

24. **Appointed to the Examining Committee** for the American Clinical Board of Nutrition (February 2006).

25. **Appointed to Spectra Cell Laboratories** authorized speaker bureau in 2006 for lecture on drug-induced nutritional deficiencies.

26. **Guest Lecturer at Spectra Cell Laboratories** national sales meetings in Houston, TX (2006, 2008, 2009).

27. **Appointed Executive Secretary for the American Clinical Board of Nutrition** (November 2006 to 2012).

28. **Appointed as Platinum Export Author** for www.EzineArticles.com (2008)

29. **Partnered with Sciona Labs** for the public release of their patented personal genetic single nucleotide polymorphism (SNP) laboratory testing. (March 2008, Source: Reuters <http://www.reuters.com/article/pressRelease/idUS228582+31-Mar-2008+BW20080331>).

30. **Featured Fox News Health** correspondent multiple times as an expert on allergy testing, gluten sensitivity, mold toxicity, vitamin deficiencies, and ask the doctor segment. (March 2009-2013).

31. **Featured on Fox News as an expert on gluten intolerance.** This was a weeklong special (July 2009). Video archives are available at <https://www.youtube.com/watch?v=KY3cETFLIN8>

32. **Certified** to perform Manipulation Under Anesthesia – Aug. 2009

32. **Founded** educational website – www.GlutenFreeSociety.org to educate patients and doctors on gluten sensitivity – Dec. 2009. The site receives more than 1.5 million visitors annually.

33. **Author of *Glutenology*** – Definitive video text on gluten sensitivity – Sept. 2010.

34. **Author *Glutenology*** – Healthy Recipes. Published Nov. 2010.

35. **Expert Lecturer on Gluten Sensitivity** – Invited to speak on gluten sensitivity research at several physician and lay events since 2008 (Houston – TX, San Antonio – TX, Austin – TX, Boulder Colorado, Charlotte – NC, Greenville – SC, Humble – TX).

36. **Created *Glutenology* Physician and Healthcare Practitioner Certification Program.** This program is a comprehensive, 2 part, 10 hour post graduate course on gluten sensitivity. (Feb. 2011)

37. **Author of *Functional Medicine Blueprint*** – a text to teach physicians how to implement functional medicine into their office. (Sept 2011)

38. **Founded** www.MarketFunctionalMedicine.com – an online resource for physicians looking to implement functional medicine into their practice. (Sept 2011)

39. **Appointed Vice President** - American Clinical Board of Nutrition (2012-2015). www.ACBN.org

40. **Founded Functional Medicine Success Summit – (2013)** This is an annual live event for doctors and their staff. The focus of the event is to help doctors improve their functional medicine practice success. www.FunctionalMedicineSuccessSummit.com

41. **Featured Health Expert** on Fox News Channel regarding mold toxicity and its health implications (March 2014). Video archived here - <https://www.youtube.com/watch?v=9g7kGvUXGuM>

42. **Founded Origins Health Care** – A full service, state of the art functional medicine clinic in Sugar Land, TX (January, 2015) www.DrPeterOsborne.com

43. **Signed a Book Deal with Touchstone (Simon & Schuster)** – to write a book on the topic of grain induced inflammation (Publish date anticipated Jan of 2016).

Memberships:

- 1) Texas Chiropractic College Alumni Association
- 2) Alumni Pi Kappa Chi Community Fraternity
- 3) Texas Chiropractic Association
- 4) American Association for Health Freedom
- 6) Past President and member First Colony BNI
- 6) ACA Council on Nutrition
- 7) American Clinical Board of Nutrition

References available upon request.