





Community Doha College celebrates the "exceptional results" of its students in the 2016 (I) GCSE examinations.



Wednesday, January 11, 2017 Rabia II 13, 1438 AH GULF OTIMES CONNUNITY Job Conditioned and a second secon

📕 Doha 🜞 17°C—27°C тодау

LIFESTYLE/HOROSCOPE 11

PUZZLES 12 & 13



Coaching SUCCESS

Evridiki Iliaki, Life Coach and Head of How Women Work, delves into productive postures, and more. **P4-5**

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COMMUNITY

PRAYER TIME

Fajr	5.00am
Shorooq (sunrise)	6.21am
Zuhr (noon)	11 . 41am
Asr (afternoon)	2.41pm
Maghreb (sunset)	5.03pm
Isha (night)	6.33pm

USEFUL NUMBERS



Emergency	999
Worldwide Emergency Number	112
Kahramaa - Electricity and Water	991
Local Directory	180
International Calls Enquires	150
Hamad International Airport	40106666
Labor Department	44508111, 44406537
Mowasalat Taxi	44588888
Qatar Airways	44496000
Hamad Medical Corporation	44392222, 44393333
Qatar General Electricity and	
Water Corporation	44845555, 44845464
Primary Health Care Corporation	44593333
	44593363
Qatar Assistive Technology	
Centre	44594050
Qatar News Agency	44450205
	44450333
Q-Post – General Postal	
Corporation	44464444

Humanitarian Services Office

(Single window facility for the	repatriation of bodies)
Ministry of Interior	40253371, 40253372
	40253369
Ministry of Health	40253370, 40253364
Hamad Medical Corporation	40253368, 40253365
Qatar Airways	40253374

Quote Unquote We are who we're going to be when we're very old, and when we're very old we are who we were when we were 8. Meryl Streep

Community Editor Kamran Rehmat e-mail: community@gulf-times.com **Telephone:** 44466405 Fax: 44350474



Sing Directed by: Christophe Lourdelet, Garth Jennings

Written by: Garth Jennings Cast: Matthew McConaughey, Reese Witherspoon, Seth MacFarlane

Synopsis: Sing is a 2016 American 3D computer-

animated musical comedy film produced by Illumination

Entertainment. It was directed and written by Garth Jennings and co-directed by Christophe Lourdelet. It has more than 85 classic songs from famous artists and also has an original song by Stevie Wonder and Ariana Grande called Faith. It was released by Universal Pictures.

Locations: Gulf Mall, Villaggio



Passengers

11:30pm.

11pn

Directed by: Morten Tyldum Written by: Jon Spaihts Cast: Jennifer Lawrence, Chris Pratt, Michael Sheen

Mall Cinema (1): Snow White's

Assassin's Creed (2D) 3:30pm; Moana (2D) 5:30pm; The Great Wall (2D) 7:30pm; The Great Wall

(2D) 9:30pm; The Great Wall (2D)

Furry (2D) 2:45pm; Florence Poster Jenkins (2D) 4:30pm; Snow White's

Dangal (Hindi) 8pm; Dangal (Hindi)

Mall Cinema (3): The Founder (2D) 2:30pm; Ozzy: Fast & Furry (2D) 4:30pm; AI Maa Wa AI Khoudra

(Telugu) 11pm. Landmark Cinema (1): Moana (2D)

4pm; Assassin's Creed (2D) 5:30pm;

(Arabic) 6:30pm; Khaidi No. 150

(Telugu) 8:30pm; Khaidi No. 150

2:30pm; Ozzy: Fast & Furry (2D)

Mall Cinema (2): Ozzy: Fast &

New Adventure (2D) 6:30pm;

New Adventure (2D) 2pm;

Synopsis: A spacecraft travelling to a distant colony planet

cinema

Ozzy: Fast & Furry (2D) 7:30pm; Florence Poster Jenkins (2D) 9:30pm; *Level Up* (2D) 11:30pm. Landmark Cinema (2): Snow White's New Adventure (2D) 3pm; Snow White's New Adventure (2D) 4:30pm; Dangal (Hindi) 6pm; The Great Wall (2D) 9pm; The Great Wall (2D) 11pm.

Landmark Cinema (3): The Founder (2D) 2:30pm; Level Up (2D) 4:30pm; Al Maa Wa Al Khoudra (Arabic) 6:30pm; *Khaidi No. 150* (Telugu) 8:30pm; *Khaidi No. 150* (Telugu) 11pm.

Royal Plaza Cinema Palace (1): Snow White's New Adventure (2D) 2:30pm; Snow White's New

and transporting thousands of people has a malfunction in its sleep chambers. As a result, two passengers are awakened 90 years early.

Locations: City Center, Villaggio, Gulf Mall

Adventure (2D) 4:30pm; Al Maa Wa Al Khoudra (Arabic) 6:30pm; Khaidi No. 150 (Telugu) 8:30pm; Khaidi No. 150 (Telugu) 11pm. Royal Plaza Cinema Palace (2): Ozzy: Fast & Furry (2D) 3pm; Ozzy: Fast & Furry (2D) 5:15pm; Level Up (2D) 7:15pm; *The Great Wall* (2D) 8:45pm; *Dangal* (Hindi) 10:45pm. **Royal Plaza Cinema Palace (3):** The Great Wall (2D) 2:30pm; The Founder (2D) 4:30pm; Florence Poster Jenkins (2D) 6:30pm; The Founder (2D) 8:30pm; Al Maa Wa Al Khoudra (Arabic) 11pm.

Asian Town Cinema: Dangal (Hindi) 6 & 9:15pm; Oru Muthshi Kadha (Malayalam) 6:30 & 9:30; Ore Mukham (Malayalam) 6pm; Katapana (Malayalam) 8:30pm; 10 Kalapanakal (Malayalam) 5:30, 8 & 10:30pm.

ROUND & ABOUT

ROUND & ABOUT

EVENTS

Opening of Book of Condolences on death of former president of Portugal WHEN: Today

WHERE: The Pearl, Tower No 6 The Embassy of Portugal in Doha has said that the book of condolences, due to the passing of former President of the Portuguese Republic Dr Mario Soares, will be open at The Pearl, Tower No 6, AM floor from 11am to 2pm, on the 10th and 11th of January. A politician by profession and vocation,

Mario Soares is an inescapable figure in contemporary Portuguese history: first for his fight against fascism; second for his part in the transition process; and finally for his performance as the Prime Minister of the I, II and IX constitutional governments.

He was elected President of the republic in 1986. "Uniting the Portuguese, Serve Portugal" was the motto for his presidential term, which was renewed five years later.

Art exhibition Textures-8 WHEN: January 21

WHERE: Michael E. DeBakey High School-Qatar

TIME: 3pm to 6pm

Toolika Creations a small group of young and amateur artists, are going to put up their yearly exhibition in association with the Michael E. DeBakey High School-Qatar. Hundreds of art and craft pieces prepared by artists of various ages will be displayed at the school hall. Many of the paintings have been created after the artists observed the Wakrah Souq architecture. The exhibition will also include a live competition and fun-filled activities. The exhibition is open to the public and the entry is free.

Trevor Noah live at the Doha Comedy Festival

WHEN: Feb 2- Feb 4

TIME: 8pm

WHERE: Oatar National Convention Center

Doha Comedy Festival is returning for a third time. The line-up includes the world's top performers from the US, UK, Middle East and the GCC.

The festival will host world-renowned standup comedian and international TV host of The Daily Show - Trevor Noah and the British comedian, ventriloquist, and winner of Season 10 of America's Got Talent - Paul Zerdin.

These talents will join extremely popular performers from the Middle East and the GCC including Bader Saleh whose YouTube show garnered over 346 million views, Nemr Abou Nassar entitled with 'Lebanon's King of Comedy', the Jordanian comic critic Rajae Qawas, Syrian social media activist and comedian Mohanad al-Hattab, Egyptian standup comedian Mohamed Salem and the fluent Arabic-speaking comedian from South Korea - Wonho Chung to name a few.



Ooredoo Marathon 2017

WHEN: January 13 TIME: 6:30am

WHERE: MIA Park Now in its fifth year, the 2017 Ooredoo Marathon will take place on Friday, January 13. Ooredoo has promised that this year's marathon will be 'more professional than ever?

This year, the Ooredoo Marathon will feature courses for all abilities of runners including a 10km run, half-marathon, full marathon and special children's 1km fun run.

The route, which will start at the Museum of Islamic Arts Park, will follow the stunning Doha Corniche and prizes will be awarded to the best runners in a range of categories, based on age and gender.

Ooredoo has also confirmed today that 100% of this year's registration fees for the Ooredoo Marathon will be donated to the charity Reach Out To Asia.



Auditions for Singers

WHEN: January 14 Doha Youth Choir & Junior Choir have "exciting plans for the year 2017," including an European tour. If you can sing, love singing and can commit to the choir's rehearsal then you may be the right fit for them. For auditions details, please call the choir at 5578-0355 or e-mail them at info@ dohayouthchoir.com

The Arabian Horse WHEN: Today TIME: 7pm

WHERE: Multipurpose hall, Al Shaqab, Main Arena Building (Access through gate 7 or gate 8 on Al Shaqab st.)

Dr Mats Troedsson, Consultant Director of Al Shaqab Equine Veterinary Medical Center/ Professor at the University of Kentucky, MHG Equine Research Center, will give a talk on the history of the Arabian horse, its importance in the history of Qatar, and current strategies for horse breeding and equine welfare at Al Shaqab. The talk is being organised by the Qatar Natural History Group. For more details, please visit www.qnhg.org

FCC Vanithavedi's Women's Fest WHEN: January 12, 13 and 14 WHERE: Friend's Cultural Centre

Friends Cultural Centre Vanithavedi will be organising a variety of programmes on the occasion of World Women's Day and Qatar National Sports Day. The programmes are to commence with the Cultural Fest to be held at FCC in Hilal on the 12th, 13th and 14^{th} of January.

The competitions that will be conducted at the festival include: flower making, draw and colour, best out of waste, cartoon drawing, clay modelling, Mappilappattu, light music, moniact, poem recitation, extempore speech, composition of poetry, story writing, photo caption, essay writing, kadhaprasangam, collage, debate, nadan pattu, skit, and mime.

The sports festival will be on January 17.

For more information, please ww.fccvanitavedi.wordpress.com

You can also contact 4466-1213, 5527-1038, 6647-0400.



Shop Qatar WHERE: Across Qatar **WHEN:** Until February 7

Shop Qatar will be the first edition of Qatar's month-long shopping festival. As part of efforts to provide visitors with the complete package, Qatar Tourism Authority (QTA) has partnered with Qatar Airways to ensure flights to Qatar from within the GCC region booked on the airline for the period between January 7 and February 7 will be available with a 25% discount.

In addition, members of Qatar Airways' Privilege Club will receive double Q-miles on their booking during Shop Qatar.

Retail outlets around the country will be providing discounts of up to 50% on a range of consumer goods including clothes, electronics, cosmetics and accessories for men, women and children.

To find out more, visit www.shopqatar.qa



Color Run WHERE: QNCC

WHEN: January 28 The 2017 edition of The Color Run

returns on Saturday, January 28 at the Qatar National Convention Centre (QNCC) as the Tropicolor World Tour makes its mark on Doha.

Color Runners are promised a lively island-style experience complete with lots more fun and colour, as they run, walk, dance, jog or even skip through the five kilometre course with their family and friends, whilst getting covered head to toe in colour at every kilometre mark. Color Runners are encouraged to arrive at the QNCC on the day by around 7am, with the first wave of runners setting off at 8:30am.

Once they have completed the fun run, the runners will be able to continue on with the festivities at the memorable Finish Festival, a larger than life party, with Rainbow beach, an interactive island featuring music, dancing, photo opportunities, entertainment, sponsored activities, and massive colour throws.

To learn more and register, please visit the event's official website at www. thecolorrun.qa

Karting and Minimoto @ Losail

WHERE: Losail Circuit Sports Club The Karting and Minimoto track at Losail International Circuit is open for public on multiple days in January. The next dates are January 12 and 13, from 5pm to 10pm. Price is QR100 per 15 minutes session. Add another QR15 for helmet mask (the track

will provide a helmet if you do not bring your own). The minimum age for karting is 15 and participants under the age of 18 will need signed permission from a legal guardian. For the Mini Moto track, any participant should bring their own bike and safety equipment.

Al Gannas

COMMUNIT

(For school students) Until March 31, 2017 9am-Noon Al Gannas Society

Free (For boys only, requires

registration) Al Gannas association is participating in the "Our culture is a school" programme, by organising many activities for the

students every Monday and Wednesday of the week.

These activities include explanations on hunting and related items tools, kinds of falcons and preys, in addition to workshop on how to carry a falcon, set a traditional tent (made of goat & camel heir), prepare traditional Arabic coffee and start a fire. For further details, visit katara.net



Muhammad Ali: Tribute to a Legend DATE: Until February 25, 2017 WHERE: Eastern Gallery, 4th Floor,

Museum of Islamic Art

The temporary exhibition is curated by Qatar Museums' 3-2-1 Olympic and Sports Museum and presents a unique collection of artefacts from the boxing legend's career, including photography from Ali's outdoor exhibition bout at the Doha Stadium in 1971 and memorabilia spanning his journey to the 1960 Rome Olympics; Ali's world title winning bout against Sonny Liston in 1964 and his final world title winning fight against Leon Spinks in New Orleans in 1978.

Qatar Music Academy (For school students) Until March 28, 2017

- 11am-2pm
- Free (Requires registration)

Qatar Music Academy focuses on teaching its students the principles of Arab and Western music. As part of the "Our Culture is a School" programme, Qatar Music Academy has offered interested schools the opportunity to attend various workshops. These workshops will include an introduction to Arab and Western music and instruments, as well as the teachers giving a brief overview of the educational music programmes at the Academy. For further details, visit katara.net

Fragments

DATE: Until January 30 **VENUE:** Katara

In this exhibition, Mahmoud Obaidi retraces the 'organised chaos' that led to the destruction of Iraq, and presents a response to witnessing the city of Baghdad fall piece by piece. Obaidi recreates what has been stolen or destroyed to try to piece the city back together again.



COVER STORY

Contract of scientific of

By Anand Holla

o propel your New Year to new highs, 'Lead a successful and confident lifestyle', a powerbooster of a seminar by How Women Work (HWW), is all set to give you just the inner strength that you need.

To be conducted by Evridiki Iliaki, the Qatar-based Certified Business and Life Coach and Head of HWW, the seminar will take place today at 6pm at the City Centre Rotana Hotel. *Community* caught up with Iliaki for a chat.

In the seminar, one of the key points of discussion is body posture. Why is body control so important for a successful and confident lifestyle?

Far too many people completely overlook posture and how it's impacting their performance or their everyday lifestyle activities. Posture can have a profound influence on how you feel, function, as well as your overall health. Including back training exercises in your workout regime to make maintaining proper posture is a must as is making sure that you stay consciously aware of your posture throughout the day. Standing up straight can take up to 10 pounds of body weight off your frame, so maintaining good posture is an excellent way to improve the way you look. Maintaining good posture influences a number of things such as your risk of experiencing lower back pain, your energy levels, as well as your focus and concentration.

Could you elaborate this further?

If you are constantly in a slouched position all day long and not using good posture, this means there's far less oxygen coming into the body. Low oxygen levels is one of the contributing

factors to fatigue development. Therefore, to help boost confidence and energy levels, proper posture is a must. In my seminar, I don't talk only about a healthy, strong posture, but about power posing as well. This is the act of taking on a posture of confidence, even when you don't feel so confident, to make yourself more dominant. There is a lot of scientific evidence behind power posing. Research shows that standing or sitting a certain way, even for two minutes, raises testosterone levels and lowers cortisol, the stress hormone. These immediate changes in your body chemistry can affect the way you do your job and interact with other people. This, if performed regularly

and backed by a success coach, can even have an impact on your chances of success. With some support, it is very likely to help you accomplish the energy of a leader that you need to develop faster in your career goals.

From your own experience, could you share some points on how you gained control of your life by implementing some of the methods you teach?

Fifteen years ago, I managed to heal myself from a critical medical condition by getting into a fitness routine. I managed to lose 30 kilos and cure myself. As I started to work on my body and be in close contact with my body, I realised

COVER STORY



GUIDANCE: Evridiki Iliaki making a point during a talk

how my posture had improved and my self-confidence, too. My body became slimmer but also stronger. At that time, one of my fitness regimes that I chose and still practice was yoga. I used yoga only as a form of exercise and learnt powerful breathing techniques. Among other things, yoga helped me relax, find out more about myself by just being quiet and also learn how to breathe right and deep. This is part of the fitness regime that helped me find my true purpose, which also is the work I do now. I realised how my back needed extra exercise and what type of exercise. Now 15 years on. I still do yoga stretching and breathing exercises that keep my posture strong and healthy.

What are some of the highlights of this seminar? I would say to understand

the importance of a confident posture and how it can affect your professional and personal life. You will realise how choosing the right type of exercise for you, can help you "listen" to your body needs and improve your posture. I will show SUCCESS STORY: Iliaki has been on the circuit for a long time, inspiring change.

"Standing up straight can take up to 10 pounds of body weight off your frame, so maintaining good posture is an excellent way to improve the way you look. Maintaining good posture influences a number of things such as your risk of experiencing lower back pain, your energy levels, as well as your focus and concentration"

you how working with your body can change your mindset and create a powerful, confident lifestyle. You will learn a unique, stretching/ breathing exercise that if you practise every day will improve your posture and confidence. You will learn a powerful visualisation technique that if you practice every day your posture and confidence will improve. You will learn the body language and power poses of powerful, professional people, and you can ask me personalised questions and I'll answer them. Moreover, you will also receive an exclusive, complimentary discovery session with me and learn more about my Success and Wellness private programme that has helped

hundreds. You will have the chance to learn more about HWW and be part of the HWW family.

What are the guiding principles of a successful life that you live by?

The first principle is to have 'Life Principles' This, most times, comes from your upbringing and is strongly connected to your morals and values. Right now, I have a very specific specialised, successful lifestyle, tailor-made for me. This is what I am best at and this is why I am popular around the world. I have clients that employ me clearly to help them acquire their own unique, successful lifestyle. I find that extremely important. So I have specific, daily, principles or regimes set for my diet, exercise, and I have a form of positive visualisation exercise that I follow, which is like praying or meditating. My life is devoted to my true purpose in life, which is to do service through my work and that makes me fulfilled and happy. One of the last principles I want to share is something Hippocrates said: "Count your blessings and your fire/passion will light the way". I am very grateful every day. As time goes by, I feel more and more people will receive and value the benefit of my work.

In what ways does HWW play its part in bringing the

community together here in Qatar?

HWW conducts many seminars and conferences; soon we will have our March conference on Woman's Day, which is March 8, and in May, we will have our How Women Find Work conference. But also, we have a support group that provides free counselling for women in need, in a respectful manner, always trying to direct cases if needed to local Muslim family centres and other local authorities. At the same time. in our HWW family, we do mainly community work here in Qatar since 2009, bringing all major communities together as we have members from across communities. This year, we want to highlight this aspect and emphasise that one of our goals towards which we are working hard is to show that women from all nationalities and backgrounds can stand together and help each other to be successful together, building each other along the way. We are blessed to live in a safe country that has welcomed us all and help us flourish. So we should all work together in harmony to contribute to its great development as well.



SHOWING THE WAY: Iliaki with attendees of a How Women Work conference.



The event was inaugurated by Raj Kumar Singh, the Deputy Chief of Mission at the Indian embassy and the co-ordinating officer of ICBF, along with other dignitaries.

Indian expats attend 14th Pravasi Bharatiya Divas celebrations at ICC

By Anand Holla

hile the 14th Pravasi Bharatiya Divas (PBD 2017) was celebrated at Bengaluru, India, from January 7 to January 9, with great pomp and record participation, a miniature version of this celebration was conducted at the Ashoka Hall of the Indian Cultural Centre, on Monday by the Embassy of India in Qatar.

Under the direction of Raj Kumar Singh, the Deputy Chief of Mission at the embassy, and the coordinating officer of ICBF, the event was held with an aim to include the members of the Indian diaspora who were unable to attend the PBD back in India and also to educate them about the importance of PBD.

The annual global convention of the Indian diaspora, PBD is celebrated on January 9 every year to strengthen the engagement of the overseas Indian community with the Indian government, reconnect them with their roots and celebrate their achievements and contributions. PBD is celebrated on January 9 as it was on this day in 1915 that Mahatma Gandhi, the greatest Pravasi (expat), returned to India from South Africa to lead India's freedom struggle. So far, 13 PBD conventions have been held in India.

The PBD conventions provide a platform to the overseas Indian community to engage with the government on issues of concern to the Indian Diaspora and to explore opportunities for investment in India and contribution to the country of their origin. These conventions also provide an opportunity to the overseas Indians to network with other overseas Indians residing in various parts of the world.

PBD 2017, which focussed on the theme 'Redefining engagement with the Indian Diaspora,' registered a new record of participation as 14 Indian states, including Karnataka, Kerala, Assam, Haryana, and Madhya Pradesh, put up stalls at the exhibition.

PBD 2017 focussed mainly on three points: providing a platform for connecting with the diaspora, addressing issues of concern to the Indian diaspora and seeking their insights and suggestions, and deepening engagement with the young diaspora and reconnecting them with their roots. Interestingly, the convention started with the 'Youth Pravasi Bharatiya Divas', which was inaugurated as part of this year's meet to connect with the new generation growing up across the world.

The ode to the PBD event in Qatar was organised by three apex bodies under the aegis of Indian Embassy of Qatar: Indian Cultural Centre (ICC), Indian Community Benevolent Forum (ICBF), and the Indian Business Professional Network (IBPN).

Niaz Ahmed of ICC, Dr Sonal Sharma of ICBF, and Sujatha of IBPN presented the welcome bouquets to Chief Guest R K Singh. Girish Jain, Head of Finance, ICC; Sameer Moosa, Joint Secretary and Dukhan Representative of ICBF; and Sujatha, Treasurer of IBPN shared the dais with the chief guest and addressed the audience during the public function.

The other dignitaries included K S Dhiman, ICC and ICBF coordinating officer; ICC, ICBF and IBPN committee members; and ICBF past presidents K P Abdul Hameed and Nilangshu Dey.

The public function was coordinated on stage by Ganguli, head of in-house activities at the ICC, and it consisted of a brief presentation by Sameer Moosa of ICBF on PBD. The presentation also showcased a few glimpses of the delegates from Qatar at Bengaluru in action, and a few pictures of Dr R Seetharaman receiving the prestigious Pravasi Bharatiya Sammaan from Pranab Mukherjee, President of India. The presentation concluded with a telecast of a speech by Narendra Modi, Prime Minister of India.

The celebration came to a close with some beautiful dance performances by a talented bunch of children and ladies. The dances were organised by Skills Development Qatar, Telugu Kala Samithi and Indian Cultural Centre and they was co-ordinated by Vishal Mehta, ICC. The overall coordination of the event was done by Prasad Koduru, ICC, and the logistical arrangements were done by Niaz Ahmed, ICC.



The celebration came to a close with some beautiful dance performances by a talented bunch of children and ladies.





FCC gives warm reception to social, organic farming activists

The Friends Cultural Centre (FCC) gave a warm reception to Uma Preman, social activist and winner of Globalising India Award, along with Sudheesh Guruvayoor, an organic farming activist in the UAE and who was honoured by the Limca Book of Awards. Both of them came to Doha to participate in an annual conference organised by Krishiyidam Qatar. FCC executive member Rafeeq Mechery, media activist Mumammed Parakkadav, Mahroof, and Binoy received the guests. Uma Preman presented the novel Nilachore - written by media activist Shabu Kilithattil and based on Uma Preman's biography - to the FCC library.

Sacoor Brothers gets Superbrands 2016 award

Sacoor Brothers has just been chosen by Portuguese consumers as the winner of "Superbrands 2016".

In a world of global commerce and competition, excellence matters above all else. Outstanding brands distinguish themselves through collaborative enterprise, creative marketing, and superior products. These are exceptional brands which stand apart, elevating themselves to the prestigious distinction of being named a Superbrand. Participation in Superbrands is by invitation only, and offered to the most outstanding brands in their field. Attaining Superbrands status strengthens a brand's position, adds prestige, and reassures consumers and suppliers that they are buying the best brand in its category. The Superbrands prize aims to distinguish Marks of Excellence, elected by the consumer and by a Council of personalities. This Council is composed of professionals in the communication, marketing and specialised media sector.

The consumer study is carried out with the only online panel certified in Portugal and has the objective of evaluating the reputation of the Brands through the spontaneous perception they arouse in consumers.

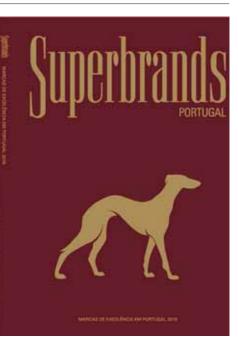
The Superbrands 2016 award "confirms that consumers recognise Sacoor Brothers as a

brand distinguished by its excellence and its distinctive concept of personalised service, quality and innovation of products supplied. This is the commitment that the Brand has offered its clients since its creation, and is what distinguishes it from others in the market. Performed by Netquest, this consumer study was based on a sample composed of individuals of both genders, aged 16 years or more, residing in Portugal. A total of 1005 valid interviews were performed to provide an accurate representation of the country. Sacoor Brothers is a well-known international label, based in Portugal. It is the result of the dream of four brothers committed to adding elegance, quality and style to the fashion world. Since the early 1990s, when they opened their first boutique in Lisbon, Sacoor Brothers has continued to expand. It is now synonymous with a cosmopolitan label, with boutiques in the United Kingdom, Belgium, Malaysia, the United Arab Emirates, Kuwait, Qatar, Bahrain, Saudi Arabia, Lebanon, Singapore, Malaysia and Indonesia

In existence for 27 years, Sacoor Brothers has grown by defining trends and innovating services and products, setting itself apart by offering excellent tailor-made solutions – a characteristic common to each one of its shops all over the world. The brand is a



favourite with celebrities and has dressed wellknown personalities from the world of fashion, sports, cinema and television, like the famous



Hollywood actors Rob Lowe, William Baldwin, Patrick Dempsey, Irina Shayk and most recently Cristiano Ronaldo himself.

Students participate in chess tournament at Global Education Centre

A large number of students between the ages of 5 and 14 participated in a chess tournament organised at the Global Education Centre (GEC) recently. The tournament was part of the ongoing chess training sessions conducted by internationally-known player Tony Sebastian.

The tournament was conducted as per FIDE rules and consisted of four rounds of competition for each player. Hadii Hassan of MES Indian School, Subash Sanjith Anbalagan of Birla Public School and Rabee Aman of MES Indian School bagged the first, second and third positions, respectively/ GEC Director Ashraf Achoth distributed the prizes to the winners and said that they plan to hold chess tournaments at GEC on a monthly basis and urged parents to avail this opportunity for their children.

CARE Doha conducts its 'Team Meet 2016'

CARE Doha conducted its "Team Meet 2016" recently. The aim of the meet was to analyse their performance and programmes during the past year. The programme was conducted at Safalia Island and was inaugurated by Youth Forum Vice President Saleem Ebrahim. The programme was led by CARE Director Muneer Jalaludheen. A wing of Youth Forum Qatar, Career Assistance and Research Education (CARE Doha) helps guide job seekers coming to Qatar and update their skills based on their work.



Panasonic's latest exhibits this year at CES

anasonic booth at the Consumer Electronics Show (CES) in Vegas was divided into three zones – Smart Mobility, Smart Entertainment and Smart Home – to highlight future towns and lifestyles enabled through the company's unique technologies and collaborations with partner companies.

In addition to the three zones, Panasonic's innovation initiatives were on display at the Future Tech Lab. Visitors also experienced the latest Technics audio products in a dedicated section. Finally, Panasonic hosted Panasonic Live @ CES2017, which featured social influencers live from the show floor providing exclusive looks at the company's latest technologies and ideas. Some of the initiatives and

technologies on display at the Panasonic booth at CES were: V2X (Vehicle-to-Vehicle and Vehicleto-Road Communication), Smart LED Streetlights, Smart Bus Stops, Smart Parking Meters, Command & Control platform, Next-Generation Cockpit (concept), Driverless Car Interior (concept), Premium Audio, 4th Generation Uconnect Infotainment System, Android In-Car Infotainment System, First Class Cabin (concept), Connected Flight Operations, Connected Passenger Experience, Connected Stadium, Ballooncam, Concessions, LinkRay-equipped LCD Displays,



The Panasonic CES booth.

Transparent Screens, Refrigerated Display Cases, Flag Mapping, Window Augmented Reality Projection, In/Visible Library, Glass Curtain, New-Concept Flat-Top Cooker, Freestyle Induction Heating Cooker, Range Hood with Sensor and Camera, NU-HX100S Counter Top Induction Oven, DV-SJCX Soft Down Kitchen Cabinet System, TX-65EZ1000 65-inch 4K OLED TV, Ultra HD Blu-Ray players DMP-UB900 and DMP-UB700, LUMIX DC-GH5 Mirrorless Single-Lens Camera, LUMIX DC-GX850 Mirrorless Single-Lens Camera, LUMIX DC-FZ80 Fixed Lens Camera, Leica DG Vario-Elmar 12-60 mm/F2.8-4.0 ASPH./ Power O.I.S. Interchangeable Lens, Desktop Companion Robot, Smart Table, Head-Mounted Display, Voice-Based Multi-Language Translation System, Listnr, Motion Sensing Unit, SL-1200GR Direct-Drive Turntable System, SB-G90 Speaker System, and SU-G700 Stereo Integrated Amp.

LG wins over 90 awards at CES 2017

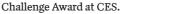
G Electronics (LG) won more than 90 awards at CES 2017, leading the way with the coveted, official Engadget CES Best of the Best Awards, for LG's new Signature W7 OLED 4K TV complemented by a variety of bestof-show honours for the W7 and LG Smart InstaView refrigerator.

In addition to the top accolades from publications all over the world, LG was the recipient of 21 CES Innovation Awards from the Consumer Technology Association (CTA) across home appliance, home entertainment and mobile communications categories.

LG unveiled brand new LG Signature products at CES 2017, including the LG Signature OLED TV W-series, which leads wins with over 20 awards, employing a show stopping, entirely new Pictureon-Wall design. The LG Smart InstaView refrigerator followed in award wins, featuring a 29-inch touch LCD display, Amazon's Alexa Voice Service and a host of WiFienabled features.

Other LG products to win

awards at the CES were: LG Hub Robot, LG Gram 14, LG Gram 15.6, LG SJ9 Sound Bar, LG SJ7 Sound Bar, LG Multi-Functional Bluetooth Speaker, LG ProBeam, LG Signature TWINWash Front-Load Washer and Dryer Pair, LG 4-Door Refrigerator Doorin-Door, Dual View Camera, LG Signature Dishwasher. LG Hom-Bot Network Water Mop, LG CordZero Hanndstick Vacuum, LG PJ9, LG Airport Guide Robot, LG Signature OLED 65 G6, LG Air Purifier PuriCare 360, LG Super UHD TVs, LG Display 55-inch Transparent TV, LG 65-inch B7 4K OLED TV, LG Flat 65-inch Super UHD 4K TV, LG 65-inch 4K OLED TV, LG 65-inch E7 OLED 4K TV, LG 65-inch 4K LED TV with Advanced Accessibility Technologies, LG 65-inch B7 4K OLED TV with Advanced Accessibility Technologies, LG 75-inch 4K ULTRA HD LED TV, LG 31.5-inch 4-side Borderless UHD 4K HDR Monitor, LG K8, LG V20, LG G5, LG FORCE, and LG TONE Active+. LG also won the SMM Electronics



<image><image>

Huawei Mate 9 wins eight awards at CES 2017



The Mate 9 is Huawei's latest flagship phone.

op global technology media outlets have recognised Huawei with multiple awards at CES 2017. Following the Huawei Mate 9's global launch in November, Huawei announced availability in the US market and new partnerships with Amazon Alexa and Google Davdream.

Highlighting the Mate 9's new partnerships, power, performance, design and dual-lens camera, global media presented Huawei with eight awards. CES also recognised the Huawei MateBook as a CES Innovation Award 2017 Honoree for its "impressive design and performance". In addition to the accolades received at CES, Android Authority named Huawei Manufacturer of the Year, crediting the company's great devices, business acumen and technological leadership for its breakout success in 2016.

Here are the awards the Huawei Mate 9 received at CES 2017:

The Wall Street Journal selected the Huawei Mate 9 as one of its 'Best of CES 2017' products. The editors highlighted the device's display, processor, charging capabilities and Leica dual-lens camera. The Wall Street Journal is one of the top publications in the world and considered the most widely-read newspaper in the US business and investment community.

Android Police awarded the Huawei Mate 9 the 'Best of Smartphones' for its integration with Amazon Alexa, which makes it a standout device at CES. Android Police is a tech blog dedicated to everything related to Android that

is read by Android and technology enthusiasts. BGR named the Huawei Mate 9 a 'CES 2017 Winner' because of its display, performance, battery and integration with Amazon Alexa. BGR is a leading online destination for news and commentary focused on the mobile and consumer electronics markets. It attracts readers that are early adopters, savvy technology fans and casual readers. Chip Chick recognised the Huawei Mate 9 as a 'Top Pick of CES 2017' following the smartphone's launch in the U.S. and collaboration with Amazon Alexa. Established in 2004, Chip Chick was one of the first sites to focus on technology for women, offering a lifestyle perspective on the world of consumer electronics.

Talk Android named the Huawei Mate 9 a 'Best of CES 2017' product, crediting its impressive dual-camera and powerful Kirin 960 chip. Talk Android is a site dedicated to reporting on Android and Google related mobile news. Its content is focused on new handsets, software developments, apps, and everything Android.

TechAdvisor/PC Advisor included the Huawei Mate 9 in its CES 'Top Picks 2017', highlighting the device's integration with Amazon Alexa. TechAdvisor/PC Advisor is a leading global consumer technology publication that provides advice to users who want to purchase the best devices at a great value.

TechnoBuffalo awarded the Huawei Mate 9 'Best of CES 2017' for its integration with Amazon Alexa, processor, smart app management, battery and beautiful display. TechnoBuffalo covers a wide range of technology-related topics from devices to industry trends. The site provides value to the reader through editorial commentary, descriptive 'how-to' guides, and immersive video.

Techaeris included the Huawei Mate 9 on its 'Best of CES 2017' list due to the device's powerful Kirin 960 chipset, SuperCharge technology, Leica dual-lens camera and Amazon Alexa integration. Techaeris publishes in-depth stories, news coverage and product information and reviews. It covers everything from technology to science, art, photography and lifestyle.

Health Matters

Eating green

How to make daily food choices to improve your diet while helping the environment:



Tap the tap

Drink tap water to eliminate using individual plastic water bottles; buy a reuseable water bottle instead

Cook at home

Conserve energy by making larger portions and freeze the extra for another meal; save more energy by microwaving or steaming foods

Go organic

Look for the USDA Organic seal for crops raised without chemical pesticides, fertilizers

Vary protein

USDA

ORGANIC

Substitute beans and nuts for meats; less energy is used compared to what is needed to raise beef and poultry

Buy direct

Find local sources

for fruits, vegetables, meats, poultry and dairy; may be fresher and contain less packaging

Home grown

Plant your own vegetable garden no packaging, no pesticides

Source: USDA, MCT Illustration Bank Graphic: Lee Hulteng

INFOGRAPHIC

Wednesday, January 11, 2017 GULF TIMES 11

LIFESTYLE/HOROSCOPE

COMMUNITY

Five easy DIY projects to tackle this winter

he winter months are the perfect time to dig in and tackle easy DIY projects for an updated home you'll enjoy all year long. These five simple home improvement projects are incredibly easy, affordable and can be completed in three hours or less.

Marvelous mirrors

Mirror, mirror, on the wall, you're looking a little shabby. Mirrors are timeless decor options, but the frames can look dated over time. Breathe new life into an old mirror by painting the frame a rich, modern colour that pops within the current colour scheme. Another idea is to clean the frame and adhere mosaic tiles along the edge for a crafty, custom look.

Handsome hardware

Old hardware makes any room look like a relic of yesteryear. A complete replacement can be costly, so instead opt to paint existing hardware. Simply remove and clean to eliminate grime. Then use one of 11 colours of Krylon(R) Premium Metallic, like Pewter Gray or White Copper, to create a lustrous, high-gloss metallic finish in just a few coats. A tip for painting hardware is to use an old egg carton. Turn the egg carton upside down, secure the hardware to the egg cups and spray away!

Dazzling doors

Dingy doors can get a stylish update with minimal effort when you add some interesting detailing to the panels. Leftover wallpaper, for example, can be adhered to the panel sections for an eye-catching look. Another fun option, especially for kids' rooms, is to spray paint panels with chalkboard paint. Then kids can customise drawings and messages whenever they'd like with chalk markers.

Lovely lamps

Those old lamps still have a lot of life left in them – they just need a fresh colour and finish. Metallic colours are trending for 2017, so add a modern touch to treasured lamps with a fresh



coat of spray paint. Use Krylon(R) Shimmer Metallic for some extra shine and shimmer to transform an old lamp into a new statement piece.

Cheeky Chairs

Wood chairs are a household essential, but because they are used so frequently, they suffer a lot of wear and tear. There's no need to replace when the finish is dull; just add some colourful pizzazz by painting with Krylon(R) ColorMaster(TM) Paint + Primer spray paint. No primer is needed, plus it dries in 10 minutes or less so you save time. Vivid shades like Gloss Emerald Green and Satin Burgundy are guaranteed to pop. Follow the simple directions below to revamp your own wooden chairs:

Materials:

Krylon(R) colourMaster(TM) Paint +Primer Protective gloves and eye wear Drop cloth to protect work surface Sandpaper Tack cloth

Instructions:

• Set up a spray area by covering work area with a drop cloth. Make sure it is in a well-ventilated area.

Read the spray paint can label for proper safety and application instructions.
Prep chair surface by lightly sanding. Then wipe down the surface with a

tackcloth to remove dust and particles.

• Apply even coats of colourMaster Paint+Primer to the chair in a side-toside motion. Slightly overlap each spray, working from the top down.

• Recoat, per instructions, until the chair's surface is completely covered.

• Allow paint to dry completely.

©Brandpoint



Today's Moon in Cancer, your fourth house of home and family makes this the perfect day to spend quality time with your closest friends and family.



Tomorrow brings with it your annual Full Moon - a time for you to make some big decisions and in many cases, realise you're barking up the wrong tree and make a 180 turn.



Don't let a silly or side comment someone makes today put you off doing something you really want to do bulls. People simply want to stop your progress at times.



Stop and make sure you are thinking clearly today – particularly workwise – with the Sun and Pluto in your tenth house of career and a Full Moon in your past karma zone. May 21 – June 20

If ever there was a time for you to reach for the stars, it's right now with the burgeoning Full Moon shining in your second house of self-esteem and self-worth and Venus and Mars in your joint resources zone.



Don't be too concerned about someone who is intent on giving you a hard time about something irrelevant today. You know you can shut them up quickly.



Don't allow your insecurities and fears overshadow all the other things that work so well for you right now. If you let the negatives slide in, they will destroy all those good things you've got going for you.



Stop and think about your next steps goats. Today is the run up to tomorrow's Full Moon in your relationship zone. If there is anyone you might not want to spend too much time with, avoid them as much as you can.



Unless you really feel that you should speak up and say something, you might want to keep quiet today and not trample on anyone's feelings. Keep in mind that tomorrow's upcoming Full Moon will shine on your spiritual house.



There are way too many things on top of your 'to do' list right now It's time to start ticking some of them off right now and with a Full Moon rising in your sixth house of hard work, the time is now.



There are usually 2 ways of doing things Sags - the hard way and the easy way. And you usually prefer the easy way. However, you might not get the chance to make a choice today and have to just do it without getting a choice!



A Full Moon shining on your fifth house of romance, self-fulfillment and creativity tomorrow is just the thing to put some pep in your step and make some important decisions Pisces. Enjoy.

CARTOONS/PUZZLES

Wordsearch

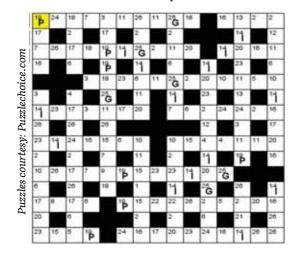
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World Rivers

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DANUBE	MEKONG	RHINE	ZAIRE
EBRO	MISSOURI	SEINE	
ELBE	MURRAY	SEVERN	

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.



Sudoku

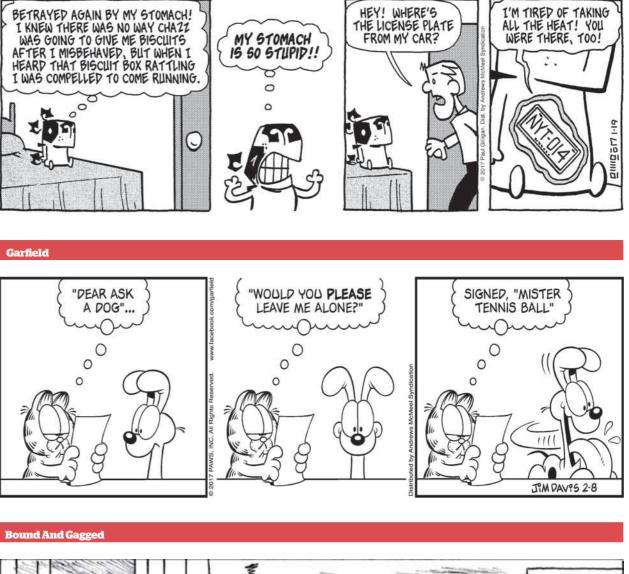
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Adam







COMMUNITY

Quick Clues

PUZZLES

2 3 4 5 10 9 11 12 13 14 15 16 17 18 19 21 20 22

ACROSS

- 1. 3-D viewer (11) 9. Intimidate (3) 10. Rot (9) 11. Mischievous (5) 13. Narrated (7)
- 14. Make more prosperous (6) 16. Satisfy (6) 18. Greed (7)
- 19. Dulcet (5)

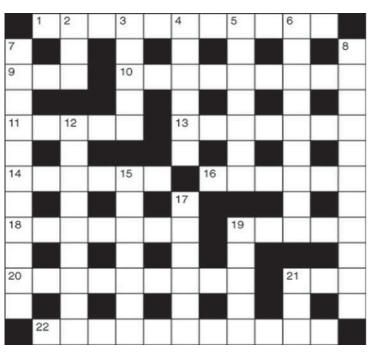
20. Showed (9) 21. Hawaiian garland (3) 22. Former holder of post (11)

3. French sculptor (5) 4. Happens (6) 5. Droll (7) 6. Lying face down (9) 7. Goes faster (11) 8. Absolutely sure (4, 7) 12. Assemble (9) 15. Scaled (7) 17. Feverish (6) 19. Teams (5) 21. Zodiac sign (3)

DOWN

2. Haul (3)

Cryptic Clues



ACROSS

- 1. Ruined sable is not wanted as a possession (11) 9. A person who discredits an old woman?
- (3)10. A ruinous craft (9)

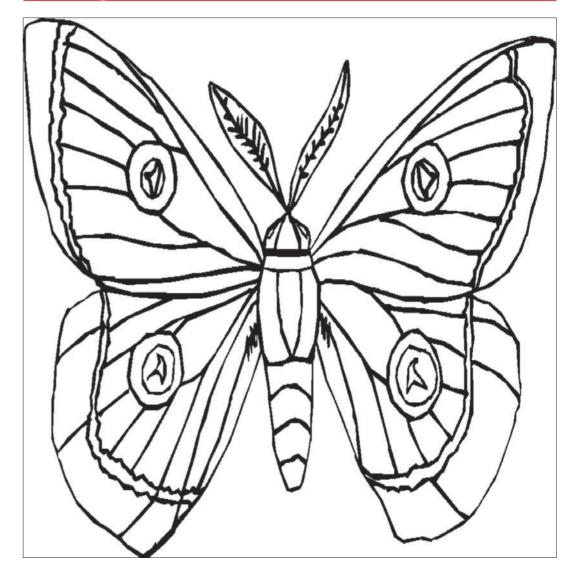
- (4.2.5)
- A runnous craft (9)
 One of two coming from below (5)
 Short cut from the beach? (7)
 How a customs officer should concentrate when working? (2,4)
 Routed as a diversion (6)
 Routin again (25)

- 16. Routed as a diversion (6)
 18. Put in again (2-5)
 19. Won a hand and won the game (5)
 20. In favour of a move that will earn more money? (9)
 21. A bit of supper for each (3)
 22. Not even sufficient, strange as it seems! (5,6)

DOWN 2. French born (3)

- 3. We nod to provide money (5)
- We hold to provide money (5)
 Maintain some plain sisters (6)
 A service for car- and plane-travellers (3-4)
 A dispiriting thing to do (31,5)
 Shake hands and tackle the situation
- 8. Give-away merchants who don't want
 - custom? (4, 7)
 - 12. Nasty moment for a poor loser! (3, 6) 15. Fit role for clover, for example (7) 17. A clock may do it and continue working
 - (6) 19. Chap to go for fruit (5) 21. Fix a drink (3)

Colouring



Answers

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Codeword

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Yesterday's Solutions

QUICK

Across: 1 Inexplicable; 7 Muted; 8 Curse; 9 Cot; 10 Legislate; 11 Scribe; 12 Lissom; 15 Incursion; 17 Inn; 18 Learn; 19 Grove; 21 Emphatically. Down: 1 Inaccessible; 2 Put; 3 Indigo; 4 Accession; 5 Larva; 6 Determinedly; 7 Motor; 10 Labyrinth; 13 Shine; 14 Fidget; 16 Chasm; 20 Orc.

CRYPTIC

Across: 1 Brain surgeon; 7 Dense; 8 Blind; 9 Win; 10 Stutterer; 11 Virile; 12 Census; 15 Red Indian; 17 Alb; 18 Grave; 19 Aback; 21 Mass meetings

Down: 1 Below average; 2 Nun; 3 Useful; 4 Go-between; 5 Osier; 6 Address-books; 7 Donor; 10 Silencers; 13 Snack; 14 Pirate; 16 Drama; 20 Art.

Om Puri – a man wronged

By Gautaman Bhaskaran

t has always been my principle not to write about the personal lives of celebrities – especially about their sexual affairs or marriages. Of course, I would always comment on their public behaviour. I have been a vociferous critic of actor Salman Khan's misdemeanours in Rajasthan, where he "hunted" black buck or in Mumbai where he "ran his car over" sleeping pavement dwellers.

However, I am going to go against my principle now – and talk about Om Puri's turbulent personal life. His death shocked me. I had just seen him in December at the Dubai International Film Festival, where he came to promote the teaser for *Solar Eclipse-Depth of Darkness*. In a small speech he lamented that Bollywood was notoriously age-conscious. "It hardly writes roles for older actors. Such parts are very few, and they all go to Amitabh Bachchan. But I do not envy him. He is a hardworking man. The makers want to play safe. It is pure economics." Puri portrays a cop in *Solar Eclipse*.

And I then remembered his extraordinarily powerful role in the 1993 *Ardh Satya*, where too he had essayed a man in uniform. The kind of brutality he exuded there had to be seen to be believed.

Unfortunately, while his professional life was peppered with stars, his personal relationships, at least with two of his wives, Seema Kapoor and Nandita Puri, were terribly strained. Nandita is a journalist – and if I remember right – her interview with Om had led to the two falling in love. That was years ago.

Their marriage did not make the kind of headline that Nandita's book on Om did in 2009. Her biography, *Unlikely Hero: Om Puri*, drove what seemed like an unbridgeable wedge between the two. And they separated.

The biography spoke explicitly about Om's sexual affairs. One of them happened when he was just a boy of 14. The actor was understandably livid, and said that he had not given his consent to the book. He had not even been shown the manuscript, he contended.

The biography also referred to Om's long relationship with another woman. He retorted: "This lady whom Nandita talks about in such an undignified manner was Laxmi, who raised me and my brother's orphaned children. My relationship with this wonderful woman was a homage to her loyalty for looking after me unconditionally". The actor was furious when he told the *Times of India* this soon after the book was published.

Om was initially married to Seema, who was actor Anu Kapoor's sister. This union lasted barely eight months, and Anu had been quite angry with Om. But he refrained from going public with his accusations.

I have always felt that in any marital dispute, both partners are to be blamed. The degree may vary. But most important, I think that Nandita as a professional journalist should have stopped herself from writing about Om's intimate life. And, don't you think that Nandita should have kept her husband in the loop about what she was all set to publish. To me, Nandita's action seemed unfair – a classic example of trying to sell a book on its sensationalism.



TURMOIL: Om Puri's personal relationships, at least with two of his wives, Seema Kapoor and Nandita Puri, were terribly strained. Photo by E P Sajeevan/Wikipedia

I am told Nandita was inconsolable during Om's cremation. She loved him all right. But maybe, she pandered to a tabloid tendency, which she should have not done. Clearly, Om was a man wronged.

Fire at Sea

The Chennai International Film Festival began here last week with a brilliant documentary, Gianfranco Rosi's *Fire at Sea*. Winner of the top Golden Bear at Berlin in 2016, the movie is a moving account of a summer in the tiny Sicilian island of Lampedusa that has become the destination for thousands of men. women and children running away in sheer fear from bloody wars, unimaginable violence and horrifying famines in Africa. Rosi spent many months there to document the migrant tragedy which hit endemic proportions in 2015. He saw hundreds – including babies in arms – dying as they tried to cross the Mediterranean Sea in overcrowded leaky boats.

It was heartrending to hear the desperate voice of a woman – as the film began unrolling – pleading for help to the coastguards at Lampedusa. What was remarkable was the calm assuring voices of the guards as they asked the woman and



A screen grab from Fire at Sea

the dozens of people on her small boat to just hold on a little. "Help is on its way", they said, while she wailed, "We are dying. Out boat is sinking. There are women and children here". Rosi in those few minutes takes us most graphically into the enormity of this human tragedy. *Fire at Sea* also transports us to the other

side of the human story – where we see the simple lives of the simple fisherfolk who live on the island. There is a 12-year-old boy who makes slings from the barks of trees, and he and his friend practice their aims. In fact, a large part of the narrative is seen through his eyes. Then there is an old lady, who asks the local radio jockey to play her favourite song. There is also a doctor, the only one there. Rosi has this great ability to contrast peace and tranquillity with horror and suffering – giving the viewer breathing space, so to say. Interestingly, there is no voiceover, and

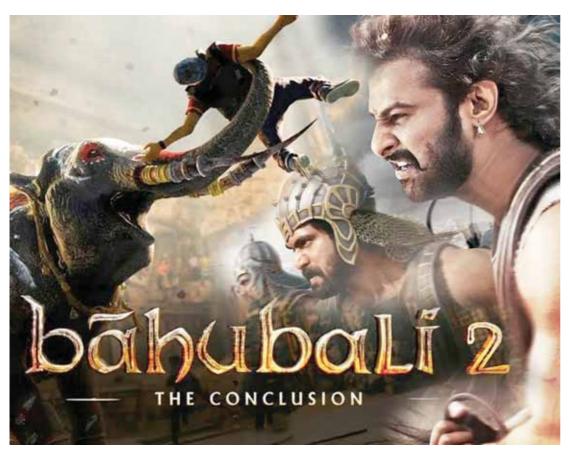
Interestingly, there is no voiceover, and Rosi conveys all that he wants to through hauntingly beautiful visuals. And what striking photography. Most importantly, Rosi does not get into

Most importantly, Rosi does not get into any analysis. No judgements. He lets his audience decide what it wants to. And as we leave the auditorium, we begin to wonder where the world is going to, and why men are so obsessed with transforming it from one of peace and beauty to one that is violent and ugly.

> • Gautaman Bhaskaran has been writing on Indian and world cinema for over three decades, and may be e-mailed at gautamanb@hotmail.com

CINEMA

SHOWBIZ



2,000 people worked daily on *Baahubali*, says art director

ational Award winning art director Sabu Cyril says nearly 2,000 people worked under his supervision on S.S. Rajamouli's *Baahubali* franchise daily for five years. "The experience of working on two parts

of *Baahubali* has been equivalent to working on ten films," Cyril said at the debut edition of India Today Conclave South.

Despite working on over 100 films in his career, he said: "The learning on working in *Baahubali* has been immense. From being an art director to being an engineer and architect, I've donned several hats while working on this project."

Talking about the scale of work that has been going on in the project for over the last five years, he said: "On an average, 500 to 2,000 people worked with me daily since (its) inception."

Baahubali: The Conclusion, the second film in the franchise, will see actor Prabhas return as Amarendra Baahubali.

With the second part in the franchise slated for release on April 28, 2017, the makers are wrapping up the project as quickly as possible.

Meanwhile Shobu Yarlagadda, the film's coproducer, said the

remuneration of actors was a very small component of mega budget *Baahubali* franchise.

"Most of the film's budget was spent on the making. I'm happy that way the money didn't go waste. The remuneration of actors constitutes only a small component of the total budget," Shobu said, adding that the two parts in the franchise were made under a budget of Rs450 crore.

He said a lot of people in the industry thought he was stupid to invest so much money into a film. "There were times I asked myself if I was doing the

right thing. We didn't know the kind of returns the film will fetch until release. Industry folks thought I was a fool to spend so much on a project," he said. — IANS

What high cinema gives is unmatchable: Shriya

No other profession can match the high that cinema provides, says actress Shriya Saran, who has been acting since she was 17. Shriya, who is now 34, said:

Shriya, who is now 34, said: "Cinema is the only profession where you get a high even at the age of 65 when you land a great role."

She was speaking at the first edition of India Today Conclave South, and said that she considers herself extremely lucky to be an actress.

"Look at Amitabh Bachchan. Even at his age, he gets to play great characters. At his age, if you're in a different profession, would you be allowed to do anything? I doubt. I feel blessed to be an actress," she said.

On the acting front, Shriya awaits the release of Telugu historic drama *Gauthamiputra Satakarni.* — IANS

Baldwin mocked Trump in incorrect Russian

Actor Alec Baldwin trolled US President-elect Donald Trump in Russian, but it turned out to be incorrect.

The 58-year-old actor shared a selfie wearing a red cap with the famous Trump campaign slogan "Make America Great Again" written in Cyrillic, the Russian alphabet on Instagram, which was in reference to the Russian hacking which affected the election results back in November, reports aceshowbiz.com.

However, a Russian expert said that Baldwin's translation is not precise. All the words have the right meaning indeed, but the phrase contained improper grammar.



CONTENTED: Shriva Saran

It seemed like Baldwin used Google Translate to come up with the phrase.

After Baldwin posted the picture on Saturday, Trump wrote on Twitter, in what seemed to be a response to Baldwin: "Having a good relationship with Russia is a good thing, not a bad thing. Only 'stupid' people, or fools, would think that it is bad!"

"We have enough problems around the world without yet another one. When I am President, Russia will respect us far more than they do now and both countries will, perhaps, work together to solve some of the many great and pressing problems and issues of the world," he added. – IANS



Women-centric films alone won't bring change, says Manju Warrier

Popular Malayalam actress Manju Warrier says women-centric films alone won't change the attitude of men towards the opposite sex in society. Speaking at the first edition of India

Speaking at the first edition of India Today Conclave South, Manju said: "Women's safety should not be at the mercy of men."

"Women-centric films alone won't change how men treat women. The change happens when the whole outlook of the society changes."

Actress Shriya Saran, who was part of the

MILES TO GO: Manju Warrier.

panel with Tamannaah Bhatia and Amyra Dastur, too, echoed similar thoughts. In light of the recent mass molestation

incident in Bengaluru, Shriya said: "It's important that everybody is treated as individuals first. Irrespective of our sex, we are all individuals.

"We talk about making women-centric films all the time. So many men go to watch these films, come out and still tease women," she said, and added that strict action against ill-treatment of women is one way to bring change.

"When will we realise that justice delayed is justice denied. We don't take how women are treated seriously. Incidents against women continue to happen because those who are booked come out on bail easily. And they do it again and again," she said.

Tamannaah stressed on the importance of teaching women self-defence.

"My experience of working in *Baahubali* has made me brave. It has given me a killer instinct to protect myself. As women, it's important how we learn to protect ourselves," she said, heaping praise on Bollywood actor Akshay Kumar.

"I like how Akshay has trained a lot of women in martial arts. Men should come together and teach women around them the art of self-defence," she added. – IANS

Doha College celebrates 'excellent' (I)GCSE results



Some of the students who received certificates for their results during the evening



Pranav Pradeep was awarded a certificate and trophy by Cambridge International Examinations for achieving the highest marks in Qatar for his Economics IGCSE examination in 2016.



Jeeveththaa Thirugnanasambanthar achieved 10 A* grades.



A piano performance during the event

oha College, one of the oldest international schools in the country, held a celebration evening that recognised the exceptional results that the students achieved in their 2016 (I)GCSE examinations.

The students were presented with their formal certificates by members of the staff body, and several musical performances helped to support what was a showcase for individual talents.

Opening the ceremony, Paul Young, Senior Vice Principal and Head of Secondary, said: "Doha College students perform outstandingly well in examinations at GCSE and A Level. Our students perform well for many reasons, they don't just have the ability to do well, they work very hard in an inspiring environment, and they are well supported by our experienced staff and very supportive parents. This educational triangle of student, staff and parents is the key to unlocking bright futures."

About 96% of the school's students achieved 5 or more (I) GCSEs at grade A* – C in the 2016 examinations with over half achieving A/A* grades, and over 81% achieving 5 or more A* to B grades. Three students achieved the highest grades in all 10 of their examinations. These results place Doha College within the top 10% of COBIS schools across the world, according to the school.

The students who achieved 5 or more top grades were presented with their certificates and medals by Tracey Pallant, Regional Development Director of Pearson Education. She said: "As a teacher with over 20 years' experience, I am delighted to award 74 students with outstanding achievement certificates this evening. These students have all excelled at the 2016 Edexcel Pearson IGCSE examinations gaining 5 or more A – A* grades. Doha College is a top performing school in the MENA region."

A very short time before the ceremony, confirmation was received that Doha College student Pranav Pradeep had achieved the highest mark in Qatar for his Economics IGCSE examination in 2016, and he was awarded a certificate and trophy by Cambridge International Examinations. Pranav is very keen on economics and hopes to study an Economics Degree at the University of Chicago, USA after he has completed his A Levels. "I am very lucky to have a good memory and spend a lot of time working through past papers so I can identify the rhythm of the tests."

The Doha College Highest Year 11 Achievement Award was awarded to Jeeveththaa Thirugnanasambanthar for achieving 10 A* grades. Jeeveththaa will now see her name added to the college's academic achievement Honours Board within the College. She said: "I am delighted to be recognised as the highest achiever in these IGCSE examinations. I have to thank my parents as they are my biggest motivation, reminding me of what's important. The support I get from school and my teachers really helps me in my studies. I have to love studying as I want to be a doctor. I am taking 5 A Levels so it's stressful, but I know it will be worth it in the end when I achieve my career ambitions."

Her father, Mahatheva Thirugnanasambanthar, commented: "We are all exceptionally proud of Jeeveththaa, she is an excellent student who works exceptionally hard and has very supportive teachers. We hope she will achieve her targets and fulfil her ambitions."

Dr Sommer, Doha College principal, concluded the evening with these words: "Moments like these are quite special, moments of pride shared by our students, staff and parents. I am very proud of our students and their continued passion and commitment to their learning and development. Our students have established a wonderful platform to build upon as they study for their A-levels and we wish them every success."