

DATE: 12/31/18

**CURRICULUM VITAE
DAVID B. SARWER**

Associate Dean for Research
Director, Center for Obesity Research and Education
College of Public Health
Temple University
3223 N. Broad Street
Suite 175
Philadelphia, PA 19140
P: 215-707-8632
F: 215-707-6462

EDUCATION

Undergraduate:	Tulane University
Major Field:	Psychology
Degree:	Bachelor of Arts, 1990
Honors:	<i>Summa Cum Laude</i> <i>Phi Beta Kappa</i> <i>Dean's Honors Scholarship (1986)</i> <i>Garvin Shands-Saunders Memorial Scholarship (1986)</i> <i>Senior Scholar Award in Psychology (1990)</i> <i>Aaron Hartman Medal in Psychology (1990)</i>
Graduate:	Loyola University Chicago
Major Field:	Clinical Psychology
Degree	Master of Arts
Attended:	1990-1992
	Loyola University Chicago
Major Field:	Clinical Psychology
Degree	Doctor of Philosophy
Attended:	1992-1995
Internship:	Medical College of Pennsylvania at Eastern Pennsylvania Psychiatric Institute, Philadelphia
Level:	Intern
Specialty:	Clinical Psychology
Attended:	1994-1995

POSTGRADUATE AWARDS AND HONORS

Outstanding Young Men of America, 1996

Circle of Excellence Award, American Society of Metabolic and Bariatric Surgery, 2012

Penn Medicine Physician Leadership Academy, 2014-2015

PROFESSIONAL LICENSES AND BOARD CERTIFICATION

Licensed Clinical Psychologist, Pennsylvania

December 1996

ACADEMIC APPOINTMENTS

Lecturer of Psychology, Department of Psychology,
Loyola University Chicago
Chicago, IL
1992-1994

Instructor, Department of Psychiatry
University of Pennsylvania School of Medicine
Philadelphia, PA
1995-1997

Instructor, Department of Surgery
University of Pennsylvania School of Medicine
Philadelphia, PA 1995-1997

Assistant Professor in Psychology in Psychiatry, Department of Psychiatry
Hospital of the University of Pennsylvania
University of Pennsylvania School of Medicine
Philadelphia, PA
1997-2004

Assistant Professor of Psychology in Surgery, Department of Surgery
University of Pennsylvania School of Medicine
1997-2004

Associate Professor of Psychology in Psychiatry, Department of Psychiatry
Hospital of the University of Pennsylvania, Department of Psychiatry
University of Pennsylvania School of Medicine
2004-2012

Associate Professor of Psychology in Surgery, Department of Surgery
University of Pennsylvania School of Medicine
2004-2012

Professor of Psychology in Psychiatry, Department of Psychiatry
Hospital of the University of Pennsylvania
University of Pennsylvania Perelman School of Medicine
2012-2015

Professor of Psychology in Surgery, Department of Surgery
University of Pennsylvania School of Medicine
2012-2015

Professor of Psychology, Department of Surgery
Children's Hospital of Philadelphia
2013-2015

Associate Dean for Research
College of Public Health
Temple University
2015-Present

Director
Center for Obesity Research and Education
College of Public Health
Temple University
2015-Present

Professor
Department of Social and Behavioral Sciences
College of Public Health
Temple University
2015-Present

Professor
Department of Surgery (Secondary Appointment)
Lewis Katz School of Medicine
Temple University
2017-Present

Professor
Department of Surgery (Secondary Appointment)
Perelman School of Medicine
University of Pennsylvania
2017-Present

HOSPITAL AND ADMINISTRATIVE APPOINTMENTS

Director of Education
Center for Weight and Eating Disorders
University of Pennsylvania School of Medicine
1997-2004

Adjunct Assistant Member
Stokes Research Institute
The Children's Hospital of Philadelphia
2000-2013

Member
Stokes Research Institute
The Children's Hospital of Philadelphia
2013-2015

Director of Clinical Services
Center for Weight and Eating Disorders
University of Pennsylvania School of Medicine
2004-2014

Director
Albert J. Stunkard Weight Management Program
Department of Psychiatry
University of Pennsylvania School of Medicine
2007-2014

Senior Consultant
Albert J. Stunkard Weight Management Program
Department of Psychiatry
Perelman School of Medicine at the University of Pennsylvania
2015

Director
Patient Reported Outcomes Research
Department of Surgery
Perelman School of Medicine at the University of Pennsylvania
2015

Co-Director
Translational Center of Excellence in Metabolism
Institute for Diabetes, Obesity, and Metabolism
Perelman School of Medicine at the University of Pennsylvania
2015

SERVICE**Service to the University**

- 1996-2000 Member, Medical School Admissions Interview Panel, University of Pennsylvania School of Medicine
- 1997-2002 Member, Surgery Residency Interview Panel, Department of Surgery, University of Pennsylvania School of Medicine
- 2001-2005 Member, Penn Cosmetic Services Advisory Board, Department of Surgery, University of Pennsylvania School of Medicine
- 2003-2007 Member, Medical School Admissions Interview Panel, University of Pennsylvania School of Medicine
- 2004-2007 Member, Gender Equity Council, University of Pennsylvania School of Medicine
- 2006-2007 Member, Gender Equity Council, Executive Committee, University of Pennsylvania School of Medicine
- 2008-2015 Member, Institute for Diabetes, Obesity and Metabolism, University of Pennsylvania School of Medicine
- 2010-2015 Member, Center for Health Behavior Research Advisory Panel, University of Pennsylvania School of Medicine
- 2010-2015 Member, Institute for Translational Medicine and Therapeutics, University of Pennsylvania School of Medicine
- 2012-2015 Member, Vascularized Composite Allotransplantation Team, University of Pennsylvania School of Medicine
- 2013-2015 Member, Center for Health Incentives and Behavioral Economics, University of Pennsylvania School of Medicine
- 2013-2015 Member, Committee on Appointments and Promotions, University of Pennsylvania School of Medicine
- 2015- Member, College of Public Health Building Planning Committee, Temple University
- 2015-2017 Member, Department of Social and Behavioral Sciences Graduate Student Committee, College of Public Health, Temple University
- 2015-2017 Member, Department of Social and Behavioral Sciences Faculty Search Committee, College of Public Health, Temple University
- 2015- Chair, Center for Obesity Research and Education Faculty Search Committee, College of Public Health, Temple University
- 2016-2017 Member, President's Task Force on Football Stadium, Temple University
- 2018- Chair, Department of Health Services Administration and Policy Chair Search Committee, College of Public Health, Temple University

Service to the Field**Editorial Board Membership**

- 2002-2007 Editorial Board, Specialty Consultant, Annals of Plastic Surgery
- 2003-2014 Associate Editor, Body Image: An International Journal of Research
- 2008-2014 Associate Editor, Surgery for Obesity and Related Diseases
- 2004-Present Consulting Editor, Plastic and Reconstructive Surgery

2006-2011 Editorial Board, Obesity Surgery
 2006-Present Editorial Board, Bariatric Surgical Nursing
 2010-Present Editorial Board, Childhood Obesity
 2010-2018 Editorial Board, Aesthetic Surgery Journal
 2010-2012 Editorial Board, Health Psychology
 2011-Present Associate Editor, Obesity Surgery
 2012-2014 Associate Editor, Health Psychology
 2014-Present Editor-in-Chief, Obesity Science and Practice
 2014-Present Senior Associate Editor, Health Psychology
 2014-Present Editorial Board, Body Image: An International Journal of Research
 2014-Present Editorial Board, Surgery for Obesity and Related Diseases
 2015-Present Editorial Board, Practice Innovations
 2016-Present Editorial Board, The American Psychologist
 2018-Present Associate Editor, Social Media/Psychology Section, Aesthetic Surgery Journal

Ad-Hoc Reviewer

American Journal of Public Health; Annals of Plastic Surgery; International Journal of Obesity; Journal of Abnormal Psychology; Journal of the American Medical Association; National Institute of Diabetes and Digestive and Kidney Diseases; Obesity; Psychological Assessment; Psychosomatic Research; Sex Roles: A Journal of Research

National Committee Work

2006-2014 Program Committee, Behavioral Health Track, American Society for Metabolic and Bariatric Surgery
 2008-2014 Member at Large, Integrated Health Executive Committee, American Society for Metabolic and Bariatric Surgery
 2005-2008 Member, Weight Bias Task Force, The Obesity Society
 2006-2012 Member, Clinical Committee, The Obesity Society
 2006-2008 Chair, Bariatric Surgery Section, The Obesity Society
 2008-2012 Chair, Clinical Committee, The Obesity Society
 2010-2012 Board of Directors, Surgical Review Corporation (non-profit)
 2013 Member, Program Committee, The Obesity Society
 2014-Present Board of Directors, American Board of Plastic Surgery
 2017-Present Board of Directors, Aesthetic Society Education and Research Foundation
 2017- Steering Committee Member, The College of Physicians of Philadelphia, Section on Public Health
 2017- Obesity Curriculum Committee, Association of Schools and Programs of Public Health
 2017- Research Section Member, Association of Schools and Programs of Public Health

Other National Service

2005 Testimony, *General and Plastic Surgery Devices Panel of the Food and Drug Administration on the Safety and Efficacy of Silicone Breast Implants*, Gaithersburg, Maryland, Food and Drug Administration

MEMBERSHIP IN SOCIETIES

American Psychological Association, 1990-Present
 Midwestern Psychological Association, 1991-1995
 Southeastern Psychological Association, 1991-1993
 Pennsylvania Psychological Association, 1997-2002
 Association for Behavioral and Cognitive Therapies, 1997-2005
 Society of Behavioral Medicine, 1998-2002
 The Obesity Society, 2000-Present
 American Society for Metabolic and Bariatric Surgery, 2006-Present
 American Public Health Association, 2017-
 American Society of Reconstructive Transplantation, 2018-

PUBLICATIONS LIST**ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS**

Sarwer DB, Kalichman SC, Johnson JR, Early J, Ali, SA. Sexual Aggression and Love Styles: An Exploratory Study. Archives of Sexual Behavior, 1993;22(3):265-275.

Kalichman SC, Russell RL, Hunter TL, **Sarwer DB**. Earvin "Magic" Johnson's HIV-Serostatus Disclosure: Effects on Men's Perceptions of AIDS. Journal of Consulting and Clinical Psychology, 1993;61(5):887-891.

Kalichman SC, **Sarwer DB**, Johnson JR, Ali SA, Early J, Tuten, JT. Sexually Coercive Behavior and Love Styles: A Replication and Extension. Journal of Psychology and Human Sexuality, 1993;6(1):93-106.

Sarwer DB, Durlak JA. Childhood Sexual Abuse as a Predictor of Adult Female Sexual Dysfunction: A Study of Couples Seeking Sex Therapy. Child Abuse and Neglect, 1996;20(10):963-972.

Sarwer DB, Durlak JA. A Field Trial of the Effectiveness of Behavioral Treatment for Sexual Dysfunctions. Journal of Sexual and Marital Therapy, 1997;23(2):87-97.

Sarwer DB, Crawford I, Durlak JA. The Relationship between Childhood Sexual Abuse and Adult Male Sexual Dysfunction. Child Abuse and Neglect, 1997;21(7):649-655.

Sarwer DB, Whitaker LA, Wadden TA, Pertschuk MJ. Body Image Dissatisfaction in Women Seeking Rhytidectomy or Blepharoplasty. Aesthetic Surgery Journal, 1997;17(4):230-234.

Pertschuk MJ, **Sarwer DB**, Wadden TA, Whitaker LA. Body Image Dissatisfaction in Male Cosmetic Surgery Patients. Aesthetic Plastic Surgery, 1998;22(1):20-24.

Sarwer DB, Wadden TA, Pertschuk MJ, Whitaker LA. Body Image Dissatisfaction and Body Dysmorphic Disorder in 100 Cosmetic Surgery Patients. Plastic and Reconstructive Surgery, 1998;101(6):1644-1649.

Wadden TA, Considine RV, Foster GD, Anderson DA, **Sarwer DB**, Caro JS. Short- and Long-Term Changes in Serum Leptin in Dieting Obese Women: Effects of Caloric Restriction and Weight Loss. Journal of Clinical Endocrinology and Metabolism, 1998;83(1):214-218.

Sarwer DB, Bartlett SP, Bucky LP, LaRossa D, Low DW, Pertschuk MJ, Wadden TA, Whitaker LA. Bigger is not Always Better: Body image Dissatisfaction in Breast Reduction and Breast Augmentation Patients. Plastic and Reconstructive Surgery, 1998;101(7):1956-1961.

Sarwer DB, Wadden TA, Foster GF. Assessment of Body Image Dissatisfaction in Obese Women: Specificity, Severity, and Clinical Significance. Journal of Consulting and Clinical Psychology, 1998;66(4):651-654.

Sarwer DB, Whitaker LA, Pertschuk MJ, Wadden TA. Body Image Concerns of Reconstructive Surgery Patients: An Underrecognized Problem. Annals of Plastic Surgery, 1998;40(4):403-407.

Glatt BS, **Sarwer DB**, O'Hara DE, Hamori C, Bucky LP, LaRossa D. A Retrospective Study of Changes in Physical Symptoms and Body Image Following Reduction Mammoplasty. Plastic and Reconstructive Surgery, 1999;103(1):76-82.

Sarwer DB, Bartlett SP, Whitaker LA, Paige KT, Pertschuk MJ, Wadden TA. Adult Psychological Functioning of Individuals Born with Craniofacial Anomalies. Plastic and Reconstructive Surgery, 1999;103(2):412-418.

Wadden TA, Anderson DA, Foster GD, Bennett A, Steinberg C, **Sarwer DB**. Obese Women's Perceptions of their Physicians' Weight Management Attitudes and Practices. Archives of Family Medicine, 2000;9(9):854-860.

Wadden TA, Berkowitz RI, Womble LG, **Sarwer DB**, Arnold ME, Steinberg CM. Effects of Sibutramine plus Orlistat in Obese Women Following One Year of Treatment by Sibutramine Alone: A Placebo-controlled Trial. Obesity Research, 2000;8(6):431-437.

Wadden TA, Berkowitz RI, **Sarwer DB**, Prus-Wisniewski R, Steinberg C. Benefits of Lifestyle Modification in the Pharmacologic Treatment of Obesity: A Randomized Trial. Archives of Internal Medicine, 2001;161(2):218-227.

Foster GD, Wadden TA, Phelan S, **Sarwer DB**, Swain Sanderson RM. Obese Patients' Perceptions of Treatment Outcomes and the Factors that Influence Them. Archives of Internal Medicine, 2001; 161(17): 2133-2139.

Sayers SL, Kohn CS, Fresco D, Bellack AS, **Sarwer DB**. Marital Cognitions and Depression in the Context of Marital Discord. Cognitive Therapy and Research, 2001;25(6):713-732.

Sarwer DB, Wadden TA, Whitaker LA. An Investigation of Changes in Body Image Following Cosmetic Surgery. Plastic and Reconstructive Surgery, 2002;109(1):363-369.

Sarwer DB. Awareness and Identification of Body Dysmorphic Disorder by Aesthetic Surgeons: Results of a Survey of American Society for Aesthetic Plastic Surgery Members. Aesthetic Surgery Journal, 2002;22(6):531-535.

Didie ER, **Sarwer DB**. Factors Which Influence the Decision to Undergo Cosmetic Breast Augmentation Surgery. Journal of Women's Health, 2003;12(3):241-253.

Sarwer DB, LaRossa D, Bartlett SP, Low DW, Bucky LP, Whitaker LA. Body Image Concerns of Breast Augmentation Patients. Plastic and Reconstructive Surgery, 2003;112(1):83-90.

Wadden TA, Womble LG, **Sarwer DB**, Berkowitz RI, Clark VL, Foster GD. Great expectations: "I'm Losing 25% of My Weight No Matter What You Say." Journal of Consulting and Clinical Psychology, 2003;71(6):1084-1089.

Sarwer DB, Cohn N, Gibbons LM, Magee L, Crerand CE, Raper SE, Rosato EF, Williams NN, Wadden TA. Psychiatric Diagnoses and Psychiatric Treatment among Bariatric Surgery Candidates. Obesity Surgery, 2004;14(9):1148-1156.

Sarwer DB, Zanville HA, LaRossa D, Bartlett SP, Chang B, Low DW, Whitaker LA. Mental Health histories and Psychiatric Medication Usage Among Persons Who Sought Cosmetic Surgery. Plastic and Reconstructive Surgery, 2004;114(7):1927-1933.

Crerand CE, **Sarwer DB**, Magee L, Gibbons LM, Lowe MR, Bartlett SP, Becker DG, Glat PM, LaRossa D, Low DW, Whitaker LA. Rate of Body Dysmorphic Disorder among Patients Seeking Facial Cosmetic Procedures. Psychiatric Annals, 2004;34(12):958-965.

Wadden TA, Foster GD, **Sarwer DB**, Anderson DA, Gladis M, Sanderson R, Vogt-Letchak R, Berkowitz RI, Phelan S. Dieting and the Development of Eating Disorders in Obese Women: Results of a Randomized Controlled Trial. American Journal of Clinical Nutrition, 2004;80(3):560-568.

Sarwer DB, Cash TF, Magee L, Williams EF, Thompson JK, Roehrig M, Tantleff-Dunn S, Kanter A, Wilfley DE, Amidon AD, Anderson DA, Romanofski M. Female College Students and Cosmetic Surgery: An Investigation of Experiences, Attitudes, and Body Image. Plastic and Reconstructive Surgery, 2005;115(3):931-938.

Fabricatore AN, Wadden TA, **Sarwer DB**, Faith MS. Health-related Quality of Life and Symptoms of Depression in Extremely Obese Persons Seeking Bariatric Surgery. Obesity Surgery, 2005;15(3):304-309.

Sarwer DB, Gibbons LM, Magee L, Baker JL, Casas LA, Glat PM, Gold AH, Jewell ML, LaRossa D, Nahai F, Young VL. A Prospective, Multi-site Investigation of Patient Satisfaction and Psychosocial Status Following Cosmetic Surgery. Aesthetic Surgery Journal, 2005;25(3):263-269.

Wadden TA, Berkowitz RI, Womble LG, **Sarwer DB**, Phelan S, Cato R, Hesson LA, Osei SY, Kaplan R, Stunkard AJ. Randomized Trial of Lifestyle Modification and Pharmacotherapy for Obesity. New England Journal of Medicine, 2005;353(20):2111-2120.

Allison KC, Wadden TA, **Sarwer DB**, Fabricatore AN, Crerand CE, Gibbons, LM, Stack RM, Stunkard AJ, Williams, NN. Night Eating Syndrome and Binge Eating Disorder among Persons Seeking Bariatric Surgery: Prevalence and Related Features. Obesity Research, 2006;14(Suppl 2):77S-82S. (Note: Co-publication in Surgery for Obesity and Related Disorders, 2006;2(2):153-158.)

Crerand CE, Wadden TA, **Sarwer DB**, Fabricatore AN, Kuehnel RH, Gibbons L, Byrne KJ, Brock JR. Comparison of Weight Histories in Women with Class III vs. Class I-II Obesity. Obesity Research, 2006;14(Suppl 2):63S-69S. (Note: Co-publication in Surgery for Obesity and Related Disorders, 2006;2(2):165-170.)

Fabricatore AN, Wadden TA, **Sarwer DB**, Crerand CE, Kuehnel RH, Lipschutz PE, Raper SE, Williams, NN. Self-reported Eating Behaviors of Extremely Obese Persons Seeking Bariatric Surgery: A Factor Analytic Approach. Obesity Research, 14(Suppl 2):83S-89S. (Note: Co-publication in Surgery for Obesity and Related Disorders, 2006;2(2):146-152.)

Gibbons LM, **Sarwer DB**, Crerand CE, Fabricatore AN, Kuehnel RH, Lipschutz PE, Raper SE, Williams, NN. Wadden TA. Previous Weight Loss Experiences of Bariatric Surgery Candidates: How Much Have Patients Dieted Prior to Surgery? Obesity Research, 14(Suppl 2):70S-76S. (Note: Co-publication in Surgery for Obesity and Related Disorders, 2006;2(2):159-164.)

Wadden TA, Butryn ML, **Sarwer DB**, Fabricatore AN, Crerand CE, Kuehnel RH, Faulconbridge L, Raper S, Williams NN. Comparison of Psychosocial Status in Treatment-seeking Women with Class III versus Class I-II Obesity. Obesity Research, 14(Suppl 2):90S-98S. (Note: Co-publication in Surgery for Obesity and Related Disorders, 2006;2(2):138-145.)

Gustafson TB, Gibbons LM, **Sarwer DB**, Crerand CE, Fabricatore AN, Wadden TA, Raper SE, Williams NN. History of Sexual Abuse among Bariatric Surgery Candidates. Surgery for Obesity and Related Disorders, 2006;2(3):369-74.

Fabricatore AN, Crerand CE, Wadden TA, **Sarwer DB**, Krasucki JL. How Do Mental Health Professionals Evaluate Candidates for Bariatric Surgery? Survey results. Obesity Surgery, 2006;16(5):567-573.

Crerand CE, Wadden TA, Foster GD, **Sarwer DB**, Paster LM, Berkowitz RI. Changes in Obesity-related Attitudes in Women Seeking Weight Reduction. Obesity, 2007;15(3):740-747.

Bowe WP, Leyden LJ, Crerand CE, **Sarwer DB**, Margolis DJ. Body Dysmorphic Disorder Symptoms among Patients with Acne Vulgaris. Journal of the American Academy of Dermatology, 2007;57(2):222-230.

Fabricatore AN, **Sarwer DB**, Wadden TA, Combs CJ, Krasucki JL. Impression Management or Real Change? Reports of Depressive Symptoms before and After the Preoperative Psychological Evaluation for Bariatric Surgery. Obesity Surgery, 2007;17(9):1213-1219.

Phelan S, Wadden TA, Berkowitz RI, **Sarwer DB**, Womble LG, Cato RK, Rothman R. Impact of Weight Loss on the Metabolic Syndrome. International Journal of Obesity, 2007;31(9):1442-1448.

Fabricatore AN, Wadden TA, Womble LG, **Sarwer DB**, Berkowitz BI, Foster GD, Brock JR. The Role of Patients' Expectations and Goals in the Behavioral and Pharmacological Treatment of Obesity. International Journal of Obesity, 2007;31(11):1739-1745.

Allison KC, Lundgren, JD, O'Reardon JP, Martino NS, **Sarwer DB**, Wadden TA, Crosby RD, Engel SG, Stunkard AJ. The Night Eating Questionnaire (NEQ): Psychometric Properties of a Measure of Severity of the Night Eating Syndrome. Eating Behaviors, 2008;9(1):62-72.

Tsai AG, Wadden TA, **Sarwer DB**, Berkowitz RI, Womble LG, Hesson LA, Suzanne P, Rothan R. Metabolic Syndrome and Health-Related Quality of Life in Obese Individuals Seeking Weight Reduction. Obesity, 2008;16(1):59-63.

Kim RJ, Langer JM, Baker AW, Filter DE, Williams NN, **Sarwer DB**. Psychosocial Status in Adolescents Undergoing Bariatric Surgery. Obesity Surgery, 2008;18(1):27-33.

Sarwer DB, Infield AL, Baker JL, Casas LA, Glat PM, Gold AH, Jewell ML, LaRossa D, Nahai F, Young VL. TwoYear Results of a Prospective, Multi-Site Investigation of Patient Satisfaction and Psychosocial Status Following Cosmetic Surgery. Aesthetic Surgery Journal, 2008;28(3):245-250.

Sarwer DB, Wadden TA, Moore RH, Baker AW, Gibbons LM, Raper SE, Williams NN. Preoperative Eating Behavior, Postoperative Dietary Adherence and Weight Loss Following Gastric Bypass Surgery. Surgery for Obesity and Related Diseases, 2008;4(5):640-646.

Mitchell JE, Crosby R, Ertelt T, Marino J, **Sarwer DB**, Thompson JK, Lancaster K, Simonich H. The Desire for Body Contouring Surgery after Bariatric Surgery. Obesity Surgery, 2008;18(10):1308-1312.

Sarwer DB, Fabricatore AN, Eisenberg MH, Sywulak LA, Wadden TA. Self-reported Stigmatization among Candidates for Bariatric Surgery. Obesity, 2008;16(Suppl.):S75-S79.

Sperry S, Thompson JK, **Sarwer DB**, Cash TF. Cosmetic Surgery Reality TV Viewership: Relations with Cosmetic Surgery Attitudes, Body Image and Disordered Eating. Annals of Plastic Surgery, 2009;62(1):7-11.

Faulconbridge LF, Wadden TA, Berkowitz RI, **Sarwer DB**, Womble LG, Hesson LA, Stunkard AJ, Fabricatore AN. Changes in Symptoms of Depression with Weight Loss: Results of a Randomized Trial. Obesity, 2009;17(5):1009-1016.

Shikora SA, Bergenstal R, Bessler M, Brody F, Foster GD, Frank A, Gold M, Klein S, Kushner R, **Sarwer DB**. Implantable Gastric Stimulation for the Treatment of Clinically Severe Obesity: Results of the SHAPE trial. Surgery for Obesity and Related Diseases, 2009;5(1):31-37.

Dumbleton K, Woods C, Jones L, Fonn D, **Sarwer DB**. Patient and Practitioner Compliance With Silicone Hydrogel and Daily Disposable Lens Replacement in the United States. Eye & Contact Lens, 2009;35(4):164-171.

Murphy DK, Beckstrand M, **Sarwer DB**. A Prospective, Multi-Center Study of Psychosocial Outcomes Following Augmentation with Natrelle Silicone-Filled Breast Implants. Annals of Plastic Surgery, 2009;62(2):118-121.

Derbas J, Vetter M, Volger S, Khan Z, Panigrahi E, Tsai AG, **Sarwer DB**, Wadden TA. Improving Weight Management in Primary Care Practice: A Possible Role for Auxiliary Health Care Professionals Collaborating with Primary Care Physicians. Obesity Management, 2009;5(5):210-215.

Yeh H, Clark JM, Emmons KM, Moore RH, Bennett GG, Warner ET, **Sarwer DB**, Jerome GJ, Miller ER, Volger S, Louis TA, Wells B, Wadden TA, Colditz GA, Appel LJ. Independent but Coordinated Trials: Insights from the Practice Based Opportunities for Weight Reduction (POWER) Trials Collaborative Research Group. Clinical Trials, 2010;7(4):322-332.

Sarwer DB, Wadden TA, Moore RH, Eisenberg MH, Raper SE, Williams, NN. Changes in Quality of Life and Body Image after Gastric Bypass Surgery. Surgery for Obesity and Related Diseases, 2010;6(6):608-614.

Vetter ML, Wadden TA, Lavenberg J, Moore RH, Volger S, Perez JL, **Sarwer DB**, Tsai AG. Relation of Health-Related Quality of Life to Metabolic Syndrome, Obesity, Depression, and Comorbid Illnesses. International Journal of Obesity, 2011;35(8):1087-1094.

Kumanyika S, Fassbender J, Phipps E, Tan-Torres S, Localio R, Morales KH, **Sarwer DB**, Harralson T, Allison K, Wesby L, Kessler R, Tsai A, Wadden TA. Design, Recruitment and Start Up of a Primary Care Weight Loss Trial Targeting African American and Hispanic Adults. Contemporary Clinical Trials, 2011;32(2):215-224.

Allison KC, Wenzel A, Kleiman K, **Sarwer DB**. Development of a Brief Measure of Postpartum Distress. Journal of Women's Health, 2011;20(4):617-623.

Wadden TA, Faulconbridge LF, Jones-Corneille LR, **Sarwer DB**, Fabricatore AN, Thomas JG, Wilson GT, Alexander MG, Pulcini ME, Webb VL, Williams NN. Binge Eating Disorder and the Outcome of Bariatric Surgery at One Year: A Prospective, Observational Study. Obesity, 2011;19(6):1220-1228.

Menzel JE, Sperry SL, Thompson JK, **Sarwer DB**, Cash TF. Internalization of Appearance Ideals and Cosmetic Surgery Attitudes: A Test of The Tripartite Influence Model of Body Image. Sex Roles, 2011;65(7):469-477.

Wadden TA, Volger S, **Sarwer DB**, Vetter ML, Tsai AG, Berkowitz RI, Kumanyika S, Schmitz KH, Diewald LK, Barg R, Chittams J, Moore RH. Treating Obesity in Primary Care Practice – A Two-Year Randomized Controlled Trial. New England Journal of Medicine, 2011;365(21):1969-1979.

Ambwani S, Boeka AG, Brown JD, Byrne TK, Budak AR, **Sarwer DB**, Fabricatore AN, Morey LC, O'Neil PM. Socially desirable responding by bariatric surgery candidates during psychological assessment. Surgery for Obesity and Related Diseases, 2011;9(2):300-305.

Kumanyika SK, Fassbender JE, **Sarwer DB**, Phipps E, Allison KC, Localio R, Morales KH, Wesby L, Harralson T, Kessler R, Tan-Torres S, Han X, Tsai AG, Wadden TA. One-Year Results of the Think Health! Study of Weight Management in Primary Care Practices. Obesity, 2012;20(6):1249-1257.

Glasgow RE, Gaglio B, Bennett G, Jerome GJ, Yeh HC, **Sarwer DB**, Appel L, Colditz G, Wadden TA, Wells B. Applying the PRECIS Criteria to Describe Three Effectiveness Trials of Weight Loss in Obese Patients with Comorbid Conditions. Health Services Research, 2012;47(3 Pt 1):1051-1067.

Steffen KJ, **Sarwer DB**, Thompson JK, Mueller A, Baker AW, Mitchell JE. Predictors of satisfaction with excess skin and desire for body contouring after bariatric surgery. Surgery for Obesity and Related Diseases, 2012;8(1):92-97.

Jones-Corneille LR, Wadden TA, **Sarwer DB**, Faulconbridge LF, Fabricatore AN, Stack RM, Cottrell FA, Pulcini ME, Webb VL, Williams NL. Axis I Psychopathology in Bariatric Surgery Candidates with and without Binge Eating Disorder: Results of Structured Clinical Interviews. Obesity Surgery, 2012;22(3):389-397.

Vetter ML, Wadden TA, Lavenberg J, Moore RH, Volger S, Perez JL, **Sarwer DB**, Tsai AG. Relation of health-related quality of life to metabolic syndrome, obesity, depression, and comorbid illness. International Journal of Obesity, 2012;36(2):325-326.

Coughlin JW, Schreyer CC, **Sarwer DB**, Heinberg LJ, Redgrave GW, Guarda AS. Cosmetic Surgery in Inpatients with Eating Disorders: Attitudes and Experience. Body Image: An International Journal of Research, 2012;9(1):180-183.

Volger S, Vetter ML, Dougherty M, Panigrahi E, Egner R, Webb V, Thomas JG, **Sarwer DB**, Wadden TA. Patients' preferred terms for describing their excess weight: discussing obesity in clinical practice. Obesity, 2012;20(1):147-150.

Glasgow RE, Gaglio B, Bennett G, Jerome GJ, Yeh HC, **Sarwer DB**, Appel L, Colditz G, Wadden TA, Wells B. Applying the PRECIS Criteria to Describe Three Effectiveness Trials of Weight Loss in Obese Patients with Comorbid Conditions. Health Services Research, 2012;47(3 Pt 1):1051-1067.

Sarwer DB, Ritter S, Wadden TA, Spitzer JC, Vetter ML, Moore RH. Physicians' attitudes about referring their type 2 diabetes patients for bariatric surgery. Surgery for Obesity and Related Diseases, 2012;8(4):381-386.

Sarwer DB, Moore RH, Spitzer JC, Wadden TA, Raper SE, Williams NN. A pilot study investigating the efficacy of postoperative dietary counseling to improve outcomes after bariatric surgery. Surgery for Obesity and Related Diseases, 2012;8:561-568.

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Sarwer DB, Gibbons LM, Magee L. Patient satisfaction following cosmetic surgery: Preliminary results from a nationwide study. (Presented at the Association for Advancement of Behavior Therapy 38th Annual Convention, New Orleans, Louisiana, 2004).

Fabricatore AN, Crerand CE, Wadden TA, **Sarwer DB**, Sugerman H. Common Practices in preoperative psychological evaluations of bariatric surgery Candidates. (Presented at the North American Association for the Study of Obesity Annual Meeting, Vancouver, British Columbia, 2005).

Fabricatore AN, Wadden TA, **Sarwer DB**, Crerand CE, Paster LM, Gibbons LM. Weight-related pain before and after bariatric surgery. (Presented at the North American Association for the Study of Obesity Annual Meeting, Vancouver, British Columbia, 2005).

Gibbons LM, **Sarwer DB**, Fabricatore AN, Crerand CE, Wadden TA. Weight loss expectations and postoperative satisfaction in a sample of bariatric surgery patients. (Presented at the North American Association for the Study of Obesity Annual Meeting, Vancouver, British Columbia, 2005).

Phelan S, Wadden TA, Berkowitz RE, Womble LG, **Sarwer DB**. Impact of weight loss on the metabolic syndrome. (Presented at the North American Association for the Study of Obesity Annual Meeting, Vancouver, British Columbia, 2005).

Sarwer DB, Gibbons LM, Fabricatore AN, Crerand CE, Wadden TA. Improvements in body image following bariatric surgery. (Presented at the North American Association for the Study of Obesity Annual Meeting, Vancouver, British Columbia, 2005).

Sarwer DB, Gibbons LM, Fabricatore AN, Crerand CE, Wadden TA. Predictors of postoperative weight loss following bariatric surgery. (Presented at the North American Association for the Study of Obesity Annual Meeting, Vancouver, British Columbia, 2005).

Sarwer DB, Gibbons LM, Magee L, Infield LM, Wadden TA. Cognitive-Behavioral Therapy for Body Image to Improve Weight Maintenance: Preliminary Results from a 21-Month Trial. (Presented at the North American Association for the Study of Obesity Annual Meeting, Boston, Massachusetts, 2006).

Sarwer DB, Gibbons LM, Baker AW, Wadden TA. Caloric Intake and Dietary Adherence Following Gastric Bypass Surgery. (Presented at the North American Association for the Study of Obesity Annual Meeting, Boston, Massachusetts, 2006).

Gilden Tsai A, Wadden TA, Berkowitz RI, **Sarwer DB**, Jones LR, Bourget DM, Stack RM, Wilson CI, Phelan S. Metabolic Syndrome is Associated with Lower Quality of Life. (Presented at the North American Association for the Study of Obesity Annual Meeting, Boston, Massachusetts, 2006).

Allison KC, Paré E, Cicco Barker J, Kavanaugh K, Fincher K, **Sarwer DB**. Predicting excess weight gain among overweight pregnant women: the PoEMS study. Journal of Women's Health. 2007; 16:1102, P-20.

Fabricatore AN, Wadden TA, **Sarwer DB**, Stack RM, Jones LR, Wilson CI. Sensitivity and Specificity of the Beck Depression Inventory-II in Extremely Obese Treatment Seekers. (Presented at the North American Association for the Study of Obesity Annual Meeting, New Orleans, Louisiana, October 20-24, 2007).

Allison KC, Pare E, Wells S, Sorg R, **Sarwer DB**. Patterns of Eating, Mood, and Sleep Among Overweight Pregnant Women: Baseline Characteristics of the PoEMS Study. (Presented at the North American Association for the Study of Obesity Annual Meeting, New Orleans, Louisiana, October 20-24, 2007).

Jones LR, Wadden TA, **Sarwer DB**, Fabricatore AN, Lipschutz P, Cottrell F, Wilson CI, Stack RM. Binge Eating Disorder (BED) and Psychopathology in Patients Seeking Bariatric Surgery. (Presented at the North American Association for the Study of Obesity Annual Meeting, New Orleans, Louisiana, October 20-24, 2007).

Sarwer DB, Baker AW, Wadden TA, Williams NN, Raper SE. Changes in Weight Prior to Bariatric Surgery. (Presented at the North American Association for the Study of Obesity Annual Meeting, New Orleans, Louisiana, October 20-24, 2007).

Sarwer DB, Sutton-Skinner K, Eisenberg MH, Fabricatore AN, Jones LR, Carvajal R, Kuehnel RH. Self-reported Psychiatric Treatment Histories of Bariatric Surgery

Candidates. (Presented at the American Society of Metabolic and Bariatric Surgery Annual Meeting, Washington, DC, June 15-20, 2008).

Allison K, Pare E, Lesser J, **Sarwer DB**. Identifying Predictors of Excess Weight Gain among Overweight Pregnant Women. (Presented at The Obesity Society Annual Meeting, Phoenix, AZ, October 3-7, 2008).

Faulconbridge L, Wadden TA, Berkowitz RI, **Sarwer DB**, Fabricatore AN, Hesson L. Changes in Symptoms of Depression in Obesity Individuals Treated by Lifestyle Modification, Sibutramine, or their Combination. (Presented at The Obesity Society Annual Meeting, Phoenix, AZ, October 3-7, 2008).

Faulconbridge L, Wadden TA, Jones-Corneille L, **Sarwer DB**, Pulcini M, Fabricatore AN, Cottrell F. Gastric Bypass is Associated with More Favorable Initial Weight Loss and Changes in Appetite Hormones than Adjustable Gastric Banding. (Presented at The Obesity Society Annual Meeting, Phoenix, AZ, October 3-7, 2008).

Jones-Corneille L, Wadden TA, Faulconbridge L, **Sarwer DB**, Fabricatore AN, Pulcini M. Effects of Binge Eating Disorder on Outcomes of Bariatric Surgery: A Prospective Study. (Presented at The Obesity Society Annual Meeting, Phoenix, AZ, October 3-7, 2008).

Sarwer DB, Thomas G, Markowitz J, Eisenberg M, Sywulak L. Medical Weight Management Prior to Bariatric Surgery: Preliminary Results. (Presented at The Obesity Society Annual Meeting, Phoenix, AZ, October 3-7, 2008).

Sarwer DB, Wadden TA, Eisenberg M, Moore R, Magee L, Williams NN, Raper SE. Changes in Quality of Life and Body Image Following Gastric Bypass Surgery. (Presented at The Obesity Society Annual Meeting, Phoenix, AZ, October 3-7, 2008).

Bishop-Gilyard CT, Cronquist JL, Gehrman CA, Liepinis N, Xanthopoulos MS, **Sarwer DB**, Wadden TA, Berkowitz RI. Meal Preparation Involvement among Adolescents in a Lifestyle Modification Program. (Presented at The Obesity Society Annual Meeting, Washington, DC, October 24-28, 2009).

Faulconbridge L, Wadden TA, Jones-Corneille L, **Sarwer DB**, Bergelson L, Pulcini M. Changes in Weight and Mood in Severely Obese Individuals Following Bariatric Surgery. (Presented at The Obesity Society Annual Meeting, Washington, DC, October 24-28, 2009).

Ambwani S, Boeka AG, Brown JD, Byrne TK, Budak AR, **Sarwer DB**, Fabricatore AN, Eisenberg MH, O'Neil PM. Correlates of Socially Desirable Responding among Bariatric Surgery Candidates. (Presented at The Obesity Society Annual Meeting, Washington, DC, October 24-28, 2009).

Jones-Corneille L, Wadden TA, Faulconbridge L, **Sarwer DB**, Fabricatore AN, Pulcini M. Effects of Binge Eating Disorder on Outcomes of Bariatric Surgery: Results at 1 year. (Presented at The Obesity Society Annual Meeting, Washington, DC, October 24-28, 2009).

Steffen KJ, **Sarwer DB**, Thompson JK, Ertelt T, Mitchell J. Body Contouring Procedures Following Gastric Bypass. (Presented at The Obesity Society Annual Meeting, Washington, DC, October 24-28, 2009).

Crerand CE, **Sarwer DB**, Bartlett SP, Whitaker LA. The Craniofacial Program Portrait Project: Integrating Art into Treatment. (Poster presentation at the International Society for Craniofacial Surgery XIII Biennial International Congress, Oxford, England, September 26-30, 2009).

Crerand CE, **Sarwer DB**, Bartlett SP, Whitaker LA, Pennie J, Yanelli A, Shanks N. The Craniofacial Program Portrait Project. (Poster presentation at the 67th Annual Meeting of the American Cleft Palate-Craniofacial Association, Ft. Worth, Texas, March 15-20, 2010).

Sarwer DB, Allison KC, Butts S, Dokras A, Spitzer J, Eisenberg MH, Coutifaris C. Examination of Reproductive and Psychosocial Functioning: A Comparative Study of Women Seeking Bariatric Surgery and Behavioral Weight Loss. (Presented at the American Society of Metabolic and Bariatric Surgery Annual Meeting, Las Vegas, NV, June 21-26, 2010).

Kumanyika S, Phipps E, Fassbender JE, **Sarwer DB**, Allison KC, Morales KH, Localio R, Wadden TA. Weight Management in Primary Care: 1-Year Results of the Think Health! (Vive Saludable!) Study. (Poster presentation at the 28th Annual Meeting of The Obesity Society, San Diego, California, October 8-12, 2010).

Walters-Bugbee SE, McClure KS, Kral TVE, Moon SM, **Sarwer DB**. Bariatric Surgery and Female Caregivers: Differences in Dietary Practices, Child Feeding Practices, and Household Food Purchases. (Poster presentation at the 28th Annual Meeting of The Obesity Society, San Diego, California, October 8-12, 2010).

Faulconbridge LF, Wadden TA, **Sarwer DB**, Jones-Corneille L, Pulcini M. Changes in Weight, Symptoms of Depression, and Suicidal Ideation in Depressed, Obese Individuals Treated With Bariatric Surgery or Lifestyle Modification. (Poster presentation at the 28th Annual Meeting of The Obesity Society, San Diego, California, October 8-12, 2010).

Sarwer DB, Dilks RJ, Spitzer JC, Chittams JL, Moore RH. The Efficacy of an Internet-Based Behavioral Modification Tool in Improving Outcomes of Bariatric Surgery. (Poster presentation at the 28th Annual Meeting of the American Society of Metabolic and Bariatric Surgery, Orlando, FL, June 12-17, 2011).

Sarwer DB, Ritter S, Hoffer K, Spitzer J, Volger S, Vetter ML, Fabricatore AN, Williams NN, Wadden TA. Physicians' Attitudes about Referring their Type 2 Diabetes Patients for Bariatric Surgery. (Poster presentation at the 28th Annual Meeting of the American Society of Metabolic and Bariatric Surgery, Orlando, FL, June 12-17, 2011).

Vetter ML, Ritter S, Hesson LA, Volger S, Spitzer J, Hoffer K, Fabricatore AN, Williams NN, Wadden TA, **Sarwer DB**. The Attitudes of Patients with Type 2 Diabetes and a BMI of 30-40 kg/m² Regarding the Safety and Efficacy of Bariatric Surgery. (Poster presentation at the 71st Annual Scientific Sessions of the American Diabetes Association, San Diego, CA, June 24-28, 2011).

Dilks R, **Sarwer DB**, Walter-Bugbee S, McClure KS, Kral TVE, West-Smith L. Characteristic of childhood feeding practices before and after bariatric surgery. (Poster presentation at the 29th Annual Meeting of the American Society for Metabolic and Bariatric Surgery, San Diego, CA, June 17-22, 2012).

Spitzer JC, **Sarwer DB**, Allison K, Butts S, Dokras A, Coutifaris C. Changes in reproductive and psychosocial in obese women following bariatric surgery or lifestyle modification. (Poster presentation at the 29th Annual Meeting of the American Society for Metabolic and Bariatric Surgery, San Diego, CA, June 17-22, 2012

Sarwer DB, Walters-Bugbee, S, McClure KS, Kral TVE, West-Smith L, Dilks R. Characteristics of childhood feeding practices before and after bariatric surgery. (Poster presentation at the 29th Annual Meeting of the American Society for Metabolic and Bariatric Surgery, San Diego, CA, June 17-22, 2012).

Bishop-Gilyard CT, Wadden TA, Berkowitz RI, Bechtel CF, Costa P, Brault M, Bailer BA, Leonard S, Mullen M, Wong TK, **Sarwer DB**, Moore RH. Cooking Healthy to Eat Foods (CHEF) – A Study of Hands-On Meal Preparation For the Treatment of Adolescent Obesity. (Poster presentation at the 30th Annual Scientific Meeting of The Obesity Society, San Antonio, TX, September 20-24, 2012).

Allison KC, Studt SK, Lisa K. Diawa, Sindhu KS, **Sarwer DB**. Preventing excess weight gain during pregnancy among overweight and obese women with a technology-based approach. (Poster presentation at the 30th Annual Scientific Meeting of The Obesity Society, San Antonio, TX, September 20-24, 2012).

Speck R, **Sarwer DB**, Neogi T, Bond DS. National Trends in the Comorbid Health Status of Individuals Undergoing Bariatric Surgery, 1998-201. (Poster presentation at the 1st Annual Obesity Week Conference, Atlanta, GA, November 11-15, 2013).

Sarwer DB, Spitzer JC, Wadden TA, Rosen RC, Lancaster K, Courcoulas AP, Gourash WF, Christian NJ. Changes in sexual functioning and sex hormones in men who undergo bariatric surgery. (Poster presentation at the 1st Annual Obesity Week Conference, Atlanta, GA, November 11-15, 2013).

Thomas G, **Sarwer DB**, Butryn ML, Herber JD. Advances in behavioral weight control technology: implications for adjunctive behavioral interventions in the bariatric surgery population. (Poster presentation at the 1st Annual Obesity Week Conference, Atlanta, GA, November 11-15, 2013).

Bradley L, **Sarwer DB**, Butryn ML. Regain in bariatric surgery patients (Poster presentation at the 1st Annual Obesity Week Conference, Atlanta, GA, November 11-15, 2013).

Sarwer DB, Spitzer JC, Wadden TA, Rosen RC, Lancaster K, Courcoulas AP, Gourash WF, Christain NJ. Changes in sexual functioning and sex hormones in women who undergo bariatric surgery. (Poster presentation at the 1st Annual Obesity Week Conference, Atlanta, GA, November 11-15, 2013).

Zeller MH, Noll JG, **Sarwer DB**, Reiter-Purtill J, Rofey DL, Baughcum A, Peugh J, Courcoulas A, Michalsky MP, Jenkins T, Becnel J. Child maltreatment and the severely obese adolescent: Implications for clinical care. (Poster presentation at the 2nd Annual Obesity Week Conference, Boston, MA, November 2-6, 2014).

Allison KC, Faulconbridge LF, Hesson LA, Ritter C, Minnich A, Ruparel K, **Sarwer DB**, Geliebter A, gur R, Wadder TA. Changes in appetite and food palatability in Roux-en-Y Gastric Bypass (RYGB), vertical sleeve gastrectomy (VSG) and control (C) Participants: A Prospective 6-Month Study. (Poster presentation at the 2nd Annual Obesity Week Conference, Boston, MA, November 2-6, 2014).

Forman, E, Kerrigan SG, Goldstein SP, Butryn ML, Thomas G, Herbery JD, **Sarwer DB**, Bradley LE. A pilot study to assess feasibility, acceptability, and effectiveness of a remotely delivered intervention to address weight regain after bariatric surgery. (Poster presentation at the 3rd Annual Obesity Week Conference, Los Angeles, CA, November 2-6, 2015).

King WC, White GE, Subak L, Mithcell JW, Courcoulas A, Flum DR, Strain G, **Sarwer DB**, Kolotkin R, Pories WJ, Huang A, Steffen KJ. Changes in sexual life following bariatric surgery. (Poster presentation at the 3rd Annual Obesity Week Conference, Los Angeles, CA, November 2-6, 2015).

INVITED PRESENTATIONS

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|-------------|---|
| April, 1998 | “Relapse Prevention and Motivational Interviewing”, LEARN Institute Lifestyle Counselor Certification Program, Atlanta, Georgia |
| June 1998 | “Obesity Treatment Modalities: What’s New, What’s Recommended”, The 6th Annual Congress on Women’s Health, Washington, District of Columbia |

- July 1998 “Behavioral Modification Protocol Training”, Meridia SB113 Investigators Meeting, Chicago, Illinois
- July 1998 “Relapse Prevention and Motivational Interviewing”, LEARN Institute Lifestyle Counselor Certification Program, Chicago, Illinois
- August 1998 “Relapse Prevention and Motivational Interviewing”, LEARN Institute Lifestyle Counselor Certification Program, Denver, Colorado
- October 1998 “Relapse Prevention and Motivational Interviewing”, LEARN Institute Lifestyle Counselor Certification Program, Philadelphia, Pennsylvania
- October 1998 “Helping patients change behavior: Improving Adherence and Working with Difficult Patients”, New Advances in the Research and Treatment of Obesity, Philadelphia, Pennsylvania
- March 1999 “Childhood Sexual Abuse and Adult Sexual Dysfunction: Gender Differences and Behavioral Treatment Outcomes”, American Psychosomatic Society, Vancouver, British Columbia
- April 1999 “Appearance: Its Relevance in Youth and Aging”, Trustees’ Council of Penn Women - Spring Conference, Philadelphia, Pennsylvania
- April 1999 “Obesity Management: Promise and Pitfalls”, American College of Physicians - American Society of Internal Medicine, New Orleans, Louisiana
- April 1999 “Body Image Workshop”, LEARN Institute Lifestyle Counselor Advanced Training Series, Dallas, Texas
- June 1999 “Weight Management”, University of Pennsylvania Health System Health and Disease Management Physician Retreat, Lafayette Hill, Pennsylvania
- June 1999 “Psychological Issues in Cosmetic Surgery: Patient Assessment and Referral”, Seventh Annual Congress on Women’s Health and Gender-Based Medicine, Hilton Head, South Carolina
- August 1999 “Relapse Prevention and Motivational Interviewing”, LEARN Institute Lifestyle Counselor Certification Program, Philadelphia, Pennsylvania
- September 1999 “Body Image Workshop”, LEARN Institute Lifestyle Counselor Advanced Training Series, Philadelphia, Pennsylvania
- October 1999 “Psychological Issues in Plastic Surgery: Patient Selection, Screening, and Dealing with Challenging Patients”, 25th Annual Educational Seminar of the Association of Plastic Surgery Assistants, New Orleans, Louisiana

- October 1999 “Obesity: Behavior and Lifestyle Management”, Obesity: The New Epidemic, Consequences and Solutions - Englewood Hospital and Medical Center Continuing Medical Education Program, Englewood, New Jersey
- February 2000 “Behavioral and Pharmacological Management of Obesity”, Pinehurst Medical Symposium, FirstHealth of the Carolinas, Pinehurst, North Carolina
- March 2000 Testimony to the General and Plastic Surgery Devices Panel of the Food and Drug Administration on the Safety and Efficacy of Saline Breast Implants on behalf of The American Society for Aesthetic Plastic Surgery, Gaithersburg, Maryland
- March 2000 “Behavioral Strategies to Control Eating”, Mental Health and Mental Retardation Conference, Department of Human Ecology, University of Texas at Austin, Austin, Texas
- July 2000 “Strategies for Improving Outcome in Obesity”, 15th Annual International Interdisciplinary Conference on Hypertension and Related Risk Factors in Ethnic Populations, Las Croabas, Puerto Rico
- August 2000 “Body Image Workshop”, LEARN Institute Lifestyle Counselor Annual Meeting, Dallas, Texas
- October 2000 “Body Dysmorphic Disorder and the Obsessive Cosmetic Surgery Patient: An Issue of Risk Management”, Instructional Course, American Society of Plastic Surgeons, Los Angeles, California
- October 2000 “Through the Looking Glass: The Psychology of Appearance in Children and Adolescents”, Association of Plastic Surgery Assistants, Los Angeles, California
- November 2000 “Traditional Group Lifestyle Modification versus an Individual Primary Care Approach in the Pharmacological Treatment of Obesity”, Association for the Advancement of Behavior Therapy, New Orleans, Louisiana
- February 2001 “Body Image in Obesity and Eating Disorders”, Capital Region Association for Eating Disorders Annual Conference, Albany, New York
- February 2001 “Treatment of Obesity in the Family Practice Setting”, Florida Academy of Family Physicians Annual Meeting, Savannah, Georgia

- October 2001 “Body Image and Cosmetic Surgery”, Media Luncheon: American Society for Aesthetic Plastic Surgery, New York, New York
- November 2001 “Body Dysmorphic Disorder and the Obsessive Cosmetic Surgery Patient: An Issue of Risk Management”, Instructional Course, American Society of Plastic Surgeons, Orlando, Florida
- November 2001 “Relationship Between Obesity and Hypertension”, Abbott Laboratories, Tampa, Florida
- February 2002 “Physical Appearance and Body Image: What is Sexy and What is Sick?”, Sex and Social Issues Public Affairs Symposium, Dickinson College, Carlisle, Pennsylvania
- February 2002 “New Advances in the Treatment of Obesity”, American College of Physicians - American Society of Internal Medicine, Delaware Chapter Annual Meeting, Newark, Delaware
- April 17, 2002 “Weight Loss and Weight Maintenance”, The Women’s Center, Chestnut Hill Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- April 2002 “Obesity and the Metabolic Syndrome: The Invisible Epidemic in Primary Care”, The Foundation for Better Health Care, Bridgewater, New Jersey
- May 2002 “Obesity and the Metabolic Syndrome: The Invisible Epidemic in Primary Care”, The Foundation for Better Health Care, Houston, Texas
- March 2003 “Eating Disorders Update: Anorexia and Bulimia”, Pinehurst Medical Symposium, FirstHealth of the Carolinas, Pinehurst, North Carolina
- March 2003 “Psychological Considerations of Facial Cosmetic Surgery Patients”, The Mid-Face: Reconstruction and Rejuvenation, The Edwin and Fannie Gray Hall Center for Human Appearance, Philadelphia, Pennsylvania
- April 2003 “Obesity and Weight Management”, Lymphedema Management Conference: Skill Building Workshops and Presentations for Certified Lymphedema Therapists, Philadelphia, Pennsylvania
- September 2003 “Breaking News from the Annals of Plastic Surgery: A Discussion of Breast Augmentation and Suicide”, 22nd Annual American Medical Association Science Reporters Conference, Philadelphia, Pennsylvania

- October 2003 “Identification and Assessment of Psychiatric Disorders in Cosmetic Surgery Patients”, Instructional Course, American Society of Plastic Surgeons, San Diego, California
- October 2003 “Psychological Aspects of the Difficult Patient”, Association of Plastic Surgery Assistants, San Diego, California
- November 2003 “Preoperative Psychological Assessment of Bariatric Surgery Patients”, Pennsylvania Chapter of the American Society for Parenteral and Enteral Nutrition, Philadelphia, Pennsylvania
- February 2004 “Body Like Britney: Sociocultural Influences on Body Image Dissatisfaction”, Drexel University, Philadelphia, Pennsylvania
- April 2004 “Delaying Type II Diabetes”, The Foundation for Better Health Care, Philadelphia, Pennsylvania
- October 2004 “Psychological Issues Regarding Facial Abnormalities”, PSEF/ASMS Bony, Alloplastic, & Autogenous Restoration to the Midface, Philadelphia, Pennsylvania
- October 2004 “What Went Wrong with this Procedure?”, Instructional Course, American Society of Plastic Surgeons, Philadelphia, Pennsylvania
- October 2004 “Identification and Assessment of Psychiatric Disorders in Cosmetic Surgery Patients”, Instructional Course, American Society of Plastic Surgeons, Philadelphia, Pennsylvania
- March 2005 “Physical Appearance in Daily Life: Youthfulness Equals Beauty; Aging Equals What?” The Art and Science of Anti-Aging Therapies: Convergence of Theory and Practice, Center for Human Appearance Continuing Medical Education Course, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- April 2005 “Body Image Dissatisfaction and Cosmetic Surgery”, Annual Meeting of the Academy for Eating Disorders, Montreal, Quebec, Canada
- September 2005 “What Went Wrong with this Procedure?” Instructional Course, American Society of Plastic Surgeons, Chicago, Illinois
- September 2005 “Identification and Assessment of Psychiatric Disorders in Cosmetic Surgery Patients”, Instructional Course, American Society of Plastic Surgeons, Chicago, Illinois
- September 2005 “Psychology and the Plastic Surgery Patient”, Association of Plastic Surgery Assistants, Chicago, Illinois

- October 2005 “Behavioral, Pharmacologic, and Surgical Treatment of Obesity”, American Academy of Physical Medicine and Rehabilitation, Philadelphia, Pennsylvania
- February 2006 “Behavioral, Pharmacologic, and Surgical Treatment of Obesity”, Linden Oaks Hospital, Naperville, Illinois
- April 2006 “Psychological Aspects of Bariatric Surgery and Body Contouring after Massive Weight Loss”, American Society of Plastic Surgeons, Plastic Surgery Educational Foundation, and American Society for Aesthetic Plastic Surgery Body Contouring after Massive Weight Loss Symposium, Dallas, Texas
- April 2006 “Management of Late Diabetes”, Diabetes Xchange: Effectively Managing the Metabolic Syndrome, Foundation for Better Health Care, Philadelphia, Pennsylvania
- April 2006 “Managing Patient with Difficult-to-Treat Hypertension”, Diabetes Xchange: Effectively Managing the Metabolic Syndrome, Foundation for Better Health Care, Philadelphia, Pennsylvania
- June 2006 “Body Dysmorphic Disorder”, Current Perspectives in Plastic Surgery: Point-Counterpoint by the Experts, Inova Health System, Washington, DC
- June 2006 “Psychosocial Aspects of Extreme Obesity and Bariatric Surgery”, Conference on Obesity, Temple University, Philadelphia, Pennsylvania
- June 2006 “Changes in Body Image and Experiences with Plastic Surgery Following Bariatric Surgery”, Behavioral Health Session, American Society of Bariatric Surgery, San Francisco, California
- June 2006 “Preoperative Characteristics and Postoperative Dietary Adherence as Predictors of Weight Loss following Gastric Bypass Surgery: A Preliminary Investigation”, Behavioral Health Session, American Society of Bariatric Surgery, San Francisco, California
- June 2006 “Adolescent Bariatric Surgery”, Behavioral Health Session, American Society of Bariatric Surgery, San Francisco, California
- August 2006 “Psychological Aspects of Cosmetic Breast Augmentation”, American Society of Plastic Surgeons, Plastic Surgery Educational Foundation, American Society for Aesthetic Plastic Surgery, and American Society for Reproductive Medicine Breast Surgery and Body Contouring Symposium, Santa Fe, New Mexico

- August 2006 “Psychological Aspects of Extreme Obesity and Body Contouring After Massive Weight Loss”, American Society of Plastic Surgeons, Plastic Surgery Educational Foundation, American Society for Aesthetic Plastic Surgery, and American Society for Reproductive Medicine Breast Surgery and Body Contouring Symposium, Santa Fe, New Mexico
- October 2006 “Body Image and Size Dissatisfaction”, North American Association for the Study of Obesity, The Obesity Society 2006 Annual Scientific Meeting, Boston, Massachusetts
- October 2006 “Cognitive-Behavioral Therapy for Body Image to Improve Weight Maintenance: Preliminary Results from a 21-Month Trial”, North American Association for the Study of Obesity, The Obesity Society 2006 Annual Scientific Meeting, Boston, Massachusetts
- October 2006 “Patient Selection: Psychosocial and Behavioral Considerations”, North American Association for the Study of Obesity, The Obesity Society 2006 Annual Scientific Meeting, Boston, Massachusetts
- October 2006 “Psychological Aspects of Facial Disfigurement”, Philadelphia College of Physicians, Philadelphia, Pennsylvania
- November 2006 “Psychosocial Aspects of Extreme Obesity”, The Bariatric Workshop, CineMed, Jacksonville, Florida
- November 2006 “Psychological Evaluation of the Body Contouring Patient”, The Bariatric Workshop, CineMed, Jacksonville, Florida
- November 2006 “Group Cognitive Behavioral Treatment for Body Dysmorphic Disorder: A Pilot Investigation”, 40th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois
- December 2006 “Psychosocial Considerations in Bariatric Surgery: Preoperative Assessment and Postoperative Changes”, Examining Multiple Bariatric Surgery Research Advancements for the Treatment of Extremely Obese Patients, CineMed, Atlanta, Georgia
- January 2007 “Psychiatric Considerations for Patients Undergoing Bariatric Surgery”, American Society for Bariatric Surgery Unified Course, Las Vegas, Nevada
- February 2007 “The Psychological Aspects of Breast Surgery”, Allergan/Inamed Aesthetics Beauty Summit, New York, New York

- February 2007 “Psychological Aspects of Bariatric Surgery”, The Seventh Annual Minimally Invasive Surgery Symposium, Snowbird, Utah
- February 2007 “Non-Surgical Treatment of Obesity”, The Seventh Annual Minimally Invasive Surgery Symposium, Snowbird, Utah
- February 2007 “Psychological Complications Following Bariatric Surgery”, The Seventh Annual Minimally Invasive Surgery Symposium, Snowbird, Utah
- April 2007 “Society’s Beauty Ideal and the Pursuit of Cosmetic Surgery”, American Society of Aesthetic Plastic Surgeons Second Annual Women Plastic Surgeons’ Luncheon, New York, New York
- May 2007 “Weight Gain After Bariatric Surgery, Psychological Aspects”, Digestive Disease Week 2007, American Gastroenterological Association, Washington, DC
- June 2007 “Psychological Status in Adolescents Undergoing Bariatric Surgery”, Annual Meeting of the American Society for Bariatric Surgery, San Diego, California
- June 2007 “Does Preoperative Weight Loss Make A Difference?”, Annual Meeting of the American Society for Bariatric Surgery, San Diego, California
- June 2007 “Body Contouring Following Bariatric Surgery”, Annual Meeting of the American Society for Bariatric Surgery, San Diego, California
- June 2007 “The Psychology of the Severely Obese Patient: Is Surgery Indicated?”, Annual Meeting of the American Society for Bariatric Surgery, San Diego, California
- June 2007 “Preoperative Psychological Assessment: Essential Elements”, Annual Meeting of the American Society for Bariatric Surgery, San Diego, California
- June 2007 “The Importance of Pre-operative Psychological Evaluations”, Annual Meeting of the American Society for Bariatric Surgery, San Diego, California
- June 2007 “Medical and Psychological Rescue for the Postoperative Bariatric Surgery Patient with Weight Gain”, Annual Meeting of the American Society for Bariatric Surgery, San Diego, California
- July 2007 “Psychological Aspects of Cosmetic Surgery: Purely Cosmetic?”, University of the West of England, Bristol, England

- October 2007 “The Nightmare on Park Avenue: Dealing with Complications Relating to Cosmetic Surgery”, Panel Presentation, American Society of Plastic Surgeons, Continuing Medical Education, Baltimore, Maryland
- October 2007 “Identification and Assessment of Psychiatric Disorders in Cosmetic Surgery”, Instructional Course, American Society of Plastic Surgeons, Continuing Medical Education, Baltimore, Maryland
- November 2007 “Psychological Aspects of Bariatric Surgery”, The Integrated Approach to the Continuum of Care in the Morbidly Obese Patient, Allergan, New York, New York
- February 2008 “Strategies to Improve Outcomes of Bariatric Surgery”, 8th Annual Minimally Invasive Surgery Symposium, Continuing Medical Education, Steamboat Springs, Colorado
- February 2008 “Goals of the Preoperative Psychological Evaluation”, 8th Annual Minimally Invasive Surgery Symposium, Continuing Medical Education, Steamboat Springs, Colorado
- February 2008 “Pre- and Postoperative Dietary Adherence”, 8th Annual Minimally Invasive Surgery Symposium, Continuing Medical Education, Steamboat Springs, Colorado
- March 2008 “Multidisciplinary Treatment of Obesity”, 2008 Pinehurst Medical Symposium, FirstHealth Moore Regional Hospital, Continuing Medical Education, Pinehurst, North Carolina
- April 2008 “Behavioral and Pharmacological Treatment of Obesity”, Shifting the Paradigm for Managing Obesity: New Challenges for Primary Care Physicians. Philadelphia College of Osteopathic Medicine, Continuing Medical Education, Philadelphia, Pennsylvania
- May 2008 “Key Learnings and Findings from a Therapist’s Perspective”, Tri-State Bariatric Surgical Society Meeting. Camden, New Jersey
- May 2008 “Psychiatric Aspects of Cosmetic Surgery”, Psychiatry Grand Rounds, Cooper Health System, Camden, New Jersey
- May 2008 “The Psychology of Body Image Enhancement”, The Aesthetic Show, Medical Insights, Las Vegas, Nevada
- June 2008 “The Preoperative Psychological Evaluation: Issues and Controversies”, American Society of Metabolic and Bariatric Surgery, Continuing Medical Education, Washington, DC

- June 2008 “Behavioral Modification for the Success of the Banding Patient”, American Society of Metabolic and Bariatric Surgery, Continuing Medical Education, Washington, DC
- June 2008 “Psychiatric Preparation”, American Society of Metabolic and Bariatric Surgery, Continuing Medical Education, Washington DC
- June 2008 “Motivating Patient Compliance Improves Obesity Management Outcomes from Wellness to Surgery”, Case Management Society of America, Continuing Medical Education, Orlando, Florida
- July 2008 “Psychiatric Aspects of Bariatric Surgery”, Psychiatry Grand Rounds, Cooper Health System, Camden, New Jersey
- November 2008 “Identification and Assessment of Psychiatric Disorders in Cosmetic Surgery”, Instructional Course, American Society of Plastic Surgeons, Continuing Medical Education, Chicago, Illinois
- November 2008 “Psychological Aspects of Bariatric Surgery”, New Jersey Chapter of the American Society for Parenteral and Enteral Nutrition, Elizabethtown, New Jersey
- January 2009 “Psychosocial Aspects of Cosmetic Surgery”, Hillside Summit sponsored by the American Society for Aesthetic Plastic Surgery, Phoenix, Arizona
- March 2009 “Look Before You Leap III: Psychosocial Evaluation of Bariatric Surgery Candidates”, Battling Obesity 2009: Advances and Interventions, University of Miami Winter Series, Continuing Medical Education, Miami Beach, Florida
- March 2009 “Feeling Lost: Behavioral and Dietary Issues Following Bariatric Surgery”, Battling Obesity 2009: Advances and Interventions, University of Miami Winter Series, Continuing Medical Education, Miami Beach, Florida
- March 2009 “Psychosocial, Behavioral, and Dietary Aspects of Bariatric Surgery”, Center for Obesity Research and Education, Temple University, Philadelphia, Pennsylvania
- June 2009 “National Institutes of Health Research in Bariatric Surgery: An Update on the Behavioral Health Studies in Longitudinal Assessment of Bariatric Surgery (LABS) and Teen-LABS”, American Society of Metabolic and Bariatric Surgery, Continuing Medical Education, Dallas, Texas
- June 2009 “Postoperative Dietary Adherence and the Potential Utility of Postoperative Dietary Counseling to Improve Outcomes”, American

- Society of Metabolic and Bariatric Surgery, Continuing Medical Education, Dallas, Texas
- September 2009 “Psychosocial Issues after Bariatric Surgery”, 2009 Bariatric Summit, Continuing Medical Education, Tufts University, Amelia Island, Florida
- September 2009 “Behavioral Assessment of Bariatric Surgery Patients”, 2009 Bariatric Summit, Continuing Medical Education, Tufts University, Amelia Island, Florida
- October 2009 “Psychological Aspects of Dealing with Difficult Patients”, Quality Medical Publishing Aesthetic Surgery Symposium, Continuing Medical Education, Chicago, Illinois
- October 2009 “Psychological Aspects of Bariatric Surgery: Body Dissatisfaction”, Obesity 2009 The Obesity Society 27th Annual Scientific Meeting, Continuing Medical Education, Washington, DC
- April 2010 “Psychological Issues in Bariatric Surgery”, Rutgers University, Department of Nutrition, Continuing Medical Education, New Brunswick, New Jersey
- June 2010 “Psychological Issues Before and After Bariatric Surgery”, American Society of Metabolic and Bariatric Surgery, Continuing Medical Education, Las Vegas, Nevada
- August 2010 “Psychological Aspects of Extreme Obesity and Bariatric Surgery”, Central Mississippi Medical Center Obesity Meeting, Continuing Medical Education, Jackson, Mississippi
- September 2010 “Psychosocial and Behavioral Strategies to Optimize Outcomes”, Bariatric Summit 2010, Continuing Medical Education, Charleston, South Carolina
- October 2010 “Psychological and Behavioral Aspects of Bariatric Surgery”, Westchester Medical Center Obesity Retreat, Continuing Medical Education, Westchester, New York
- October 2010 “Assessing Psychiatric Readiness: Body Dysmorphic Disorder”, American Society of Plastic Surgeons, Continuing Medical Education, Toronto, Canada
- November 2010 “Psychology 101 for the Bariatric Professional” American Society of Metabolic and Bariatric Surgery Fall Course, Continuing Medical Education, Coral Gables, Florida

- December 2010 “Psychological Issues Before and After Bariatric Surgery”, 59th Annual Clinical Meeting of the American College of Surgeons New Jersey Chapter, Continuing Medical Education Course, Woodbridge, New Jersey
- March 2011 “Behavioral Issues in Weight Management”, Comprehensive Multi-Disciplinary Approaches to Weight Management Conference, Continuing Medical Education Course, JFK Medical Center, Edison, New Jersey
- September 2011 “Body Image and the Desire for Body Contouring Surgery after Bariatric Surgery”, European Council on Eating Disorders Meeting, Florence, Italy
- February 2012 “Substance Abuse & Addiction”, Minimally Invasive Surgery Symposium, Continuing Medical Education Course, Salt Lake City, Utah
- March 2012 “Are Cosmetic Surgery Patients a Psychologically Vulnerable Population?”, Ivy Society, Continuing Medical Education Course, Philadelphia, Pennsylvania
- March 2012 “Psychosocial Issues in Dermatology Care”, American Academy of Dermatology, Continuing Medical Education Course, San Diego, California
- March 2012 “Gender Issues in Obesity Treatment”, Sex and Gender Retreat, Continuing Medical Education Course, Philadelphia, Pennsylvania
- June 2012 “The psychological impact of pronounced weight loss”, Akademikliniken’s 7th International Aesthetic Meeting: Beauty Through Science, Continuing Medical Education Course, Stockholm, Sweden
- June 2012 “Body Dysmorphic Disorder in Rhinoplasty Patients”, Akademikliniken’s 9th International Aesthetic Meeting: Beauty Through Science, Continuing Medical Education Course, Stockholm, Sweden
- June 2012 “The Behavioral Health Specialist, the Surgeon and the Multidisciplinary Team”, 29th Annual Meeting of the American Society for Metabolic and Bariatric Surgery, Continuing Medical Education Course, San Diego, California
- July 2012 “The Psychology of Cosmetic Medicine”, Cosmetic Bootcamp, Continuing Medical Education Course, Colorado Springs, Colorado
- September 2012 “Psychological Predictors of Outcomes of Bariatric Surgery”, Mississippi Obesity Summit 2012, Continuing Medical Education Course, Jackson, Mississippi

- September 2012 “Preoperative Behavioral Therapy is Beneficial to Long Term Success”, 9th Annual Bariatric Summit 2012, Continuing Medical Education Course, Charleston, South Carolina
- September 2012 “How to Manage Challenging Post-op Patients”, 9th Annual Bariatric Summit 2012, Continuing Medical Education Course, Charleston, South Carolina
- September 2012 “How to Manage Challenging Post-op Patients”, 9th Annual Bariatric Summit 2012, Continuing Medical Education Course, Charleston, South Carolina
- October 2012 “Face to Face with Rosacea”, Dermatology Fall Meeting, Las Vegas, Nevada
- October 2012 “Body Image and Other Psychological Considerations after Limb Amputation”, Diabetic Limb Salvage Conference, Continuing Medical Education Course, Washington, DC
- November 2012 “Psychological Issues in Bariatric Surgery”, St. Luke’s Medical Center, Continuing Medical Education Course, Bethlehem, Pennsylvania
- November 2012 “Psychosocial and Behavioral Aspects of Weight Loss Failure”, American College of Nutrition 53rd Annual Conference, Continuing Medical Education Course, Morristown, New Jersey
- November 2012 “Psychosocial Issues in Facial Disfigurement”, Comprehensive Facial Reconstruction Conference, Continuing Medical Education Course, Philadelphia, Pennsylvania
- February 2013 “Psychosocial Considerations in Plastic Surgery”, Grand Rounds, Department of Plastic Surgery, The Ohio State University, Columbus, Ohio
- March 2013 “Psychiatric Comorbidities in Cosmetic Dermatology: Focus on Body Dysmorphic Disorder”, 71st Annual Meeting of the American Academy of Dermatology, Continuing Medical Education Course, Miami Beach, Florida
- May 2013 “Important Psychological Consideration on Female and Male Genital Surgery”, Akademikliniken’s 10th International Aesthetic Symposium: Beauty Through Science, Continuing Medical Education Course, Stockholm, Sweden

- May 2013 “Psychological Aspects of the Massive Weight Loss Patient”, Akademikliniken’s 10th International Aesthetic Symposium: Beauty Through Science, Continuing Medical Education Course, Stockholm, Sweden
- June 2013 “The Psychology of the Aesthetic Patient”, 9th Annual Meeting: Cosmetic Bootcamp, Didactic and Live Technique Symposium, Aspen Colorado
- June 2013 “Neurotoxins and Depression”, 9th Annual Meeting: Cosmetic Bootcamp, Didactic and Live Technique Symposium, Aspen Colorado
- September 2013 “Psychological Considerations in Plastic Surgery” 30th Annual Meeting of the Northeastern Society of Plastic Surgeons, Washington, DC
- September 2013 “Evidence Based Strategies to Reverse Postoperative Weight Gain” 10th Annual Bariatric Summit, New Orleans, Louisiana
- November 2013 “Long Term Behavioral Change and its Role in Long Term Success” American Society for Metabolic and Bariatric Surgery Annual Meeting, Obesity Week 2013, Atlanta, Georgia
- November 2013 “Changes in Sexual Functioning and Sex Hormones in Women Who Undergo Bariatric Surgery” American Society for Metabolic and Bariatric Surgery Annual Meeting, Obesity Week 2013, Atlanta, Georgia
- November 2013 “Heterogeneity in Psycho-Social Data” JAMA Journal Symposium, The Obesity Society Annual Meeting, Obesity Week 2013, Atlanta, Georgia
- November 2013 “Decreasing Readmissions Through Psychological Evaluation and Treatment” American Society for Metabolic and Bariatric Surgery Annual Meeting, Obesity Week 2013, Atlanta, Georgia
- December 2013 “Lifestyle Modification for Weight Loss in Primary Care” Nestle Nutrition Symposium, International Diabetes Federation Annual Meeting, Melbourne, Australia
- January 2014 “Psychological Aspects of Cosmetic Surgery” Keynote Address” American Academy of Cosmetic Surgery 30th Annual Scientific Meeting, Ft. Lauderdale, Florida.
- March 2014 “Psychiatric Comorbidities in Cosmetic Dermatology: Focus on Body Dysmorphic Disorder”, 71st Annual Meeting of the American Academy of Dermatology, Continuing Medical Education Course, Denver, Colorado

- July 2014 “Psychosocial Aspects of Plastic Surgery” Keynote Address, 6th Annual Appearance Matters Conference, University of the West of England, Bristol, United Kingdom.
- July 2014 “Psychological Considerations in Genital Enhancement Procedures, 6th Annual Appearance Matters Conference, University of the West of England, Bristol, United Kingdom.
- August 2014 “Psychosocial Considerations in Bariatric Surgery” Obesity and Bariatric Surgery Course, Ohio State University School of Medicine, Columbus, Ohio.
- September 2014 “Psychological Aspects of Physical Appearance” Department of Psychology, Chestnut Hill College, Philadelphia, Pennsylvania.
- September 2014 “Psychosocial Aspects of Extreme Obesity and Bariatric Surgery” Mid-Atlantic Nutrition and Obesity Research Center, Danville, Pennsylvania.
- September 2014 “Mood Disorders and Substance Abuse” 11th Annual Bariatric Summit, Baltimore, Maryland.
- September 2014 “Managing Postoperative Behavioral and Psychosocial Issues” 11th Annual Bariatric Summit, Baltimore, Maryland.
- October 2014 “Psychiatric Issues in Plastic Surgery” Grant Rounds, Department of Psychiatry, Temple University School of Medicine, Philadelphia, Pennsylvania.
- October 2014 “Psychosocial Status after Bariatric Surgery” St. Luke’s Medical Center, Continuing Medical Education Course, Bethlehem, Pennsylvania
- October 2014 “Psychological Aspects of Plastic Surgery” University of Pennsylvania Trustees Women’s Council, Philadelphia, Pennsylvania.
- November 2014 “Long Term Changes in Sexual Behavior and Sexual Functioning after Bariatric Surgery” American Society for Metabolic and Bariatric Surgery, Obesity Week 2014, Boston, Massachusetts.
- November 2014 “High Risk Behaviors after Bariatric Surgery” American Society for Metabolic and Bariatric Surgery Annual Meeting, Obesity Week 2014, Boston, Massachusetts.
- April 2015 “Body Image Issues in Face Transplantation” 12th Congress of the International Hand and Composite Tissue Allotransplantation Society, Philadelphia, Pennsylvania.

- April 2015 “Psychological Aspects of Obesity” Institute of the Human Nutrition Obesity Course at Columbia University, New York, New York.
- June 2015 “Behavioral Causes of Obesity” Blackburn Obesity Course, Harvard University, Boston, Massachusetts.
- June 2015 “Psychological Evaluation of the Patient with Obesity” Blackburn Obesity Course, Harvard University, Boston, Massachusetts.
- August 2015 “Quality of Life, Body Image, and Sexual Functioning” International Federation for the Study of Obesity, Annual Meeting, Vienna, Austria.
- September 2015 “Sexual Behavior and Romantic Relationships Following Bariatric Surgery” Bariatric Summit, Austin, Texas.
- September 2015 “Selecting the Appropriate Behavioral Candidate for a Revision Procedure Secondary to Weight Loss Failure” Bariatric Summit, Austin, Texas.
- September 2015 “Complex Bariatric Cases” Bariatric Summit, Austin Texas.
- September 2015 “The Role of the Psychologist in the Preoperative Evaluation of Bariatric Surgery Patients” Bariatric Summit, Austin, Texas.
- February 2016 “Psychosocial and Behavioral Aspects of Bariatric Surgery: An Opportunity to Improve Outcome” Temple School of Medicine, Department of Surgery, Grand Rounds. Philadelphia, Pennsylvania.
- April 2016 “Psychological Management of Obesity” Institute of the Human Nutrition Obesity Course at Columbia University, New York, New York.
- May 2016 “Assessment and Treatment of Obesity: Lifestyle Modification, Pharmacotherapy, and Bariatric Surgery” Rochester Regional Hospital, Behavioral Health Grand Rounds, Rochester, New York.
- June 2016 “The Psychosocial Burden of Obesity After Bariatric Surgery” European Obesity Summit, Gothenburg, Sweden.
- June 2016 “Effects of Bariatric Surgery on Changes in Quality of Life, Body Image, and Sexual Functioning” European Obesity Summit, Gothenburg, Sweden.
- June 2016 “Body Image, Quality of Life, and Sexual Functioning in Persons with Extreme Obesity Who Undergo Bariatric Surgery’ Appearance Matters 7, London, England.
- June 2016 Discussant “Symposium: Families and Patients with Visible Facial Differences” Appearance Matters 7, London, England.

- September 2016 “Psychosocial and Behavioral Aspects of Bariatric Surgery” Department of Psychiatry Grant Rounds, Lewis Katz School of Medicine, Temple University, Philadelphia, Pennsylvania.
- September 2016 “Bariatric Surgery and the Family” Bariatric Summit, Nashville, Tennessee.
- September 2016 “Behaviors Associated with Postoperative Success” Bariatric Summit, Nashville, Tennessee.
- September 2016 “Obesity: America's Ongoing Public Health Challenge: Sigma Xi Chapter, Temple University, Philadelphia, Pennsylvania.
- October 2016 “Delivery of Lifestyle Modification Interventions in Medical Settings” Temple University Obesity Research Day, Philadelphia, Pennsylvania.
- October 2016 “The Importance of the Preoperative Psychosocial Evaluation” American Society for Metabolic and Bariatric Surgery Annual Meeting, Obesity Week 2016, New Orleans, Louisiana.
- October 2016 “The Relationship of Psychopathology, Disordered Eating, and Impulsivity to Outcomes of Bariatric Surgery” American Society for Metabolic and Bariatric Surgery Annual Meeting, Obesity Week 2016, New Orleans, Louisiana.
- November 2016 “The Relationship of Psychopathology, Disordered Eating, and Impulsivity to Outcomes of Bariatric Surgery” St. Luke’s Medical Center, Continuing Medical Education Course, Bethlehem, Pennsylvania
- November 2016 “The Psychosocial Burden of Obesity” Obesity Days 2016, Frankfurt, Germany.
- January 2017 “The Treatment of Obesity in Medical Specialty Settings” Lewis Katz School of Medicine, Temple University, Department of Endocrinology Grand Rounds, Philadelphia, Pennsylvania.
- March 2017 “Eating Disorders and Obesity” American Athletics Conference Academic Consortium, Philadelphia, Pennsylvania.
- September 2017 “Consensus Building” Presented at Evolving Issue of Vascularized Composite Allotransplantation: A Symposium on Ethics, Policy, and Reimbursement Issues. Johns Hopkins University, Baltimore, MD.

- October 2017 “Psychosocial and Behavioral Aspects of Bariatric Surgery” Bariatric Summit 2017: Collaborative Care—Interdisciplinary Approach to the Bariatric Patient. Christian Care Health System. Newark, DE.
- October 2017 “What’s Happening with Adolescents? An Update from Teen-LABS and its Behavioral Ancillary Studies” American Society for Metabolic and Bariatric Surgery, Obesity Week 2017, Washington, DC.
- October 2017 “Predictors and Behavioral Strategies to Address Weight Regain” American Society for Metabolic and Bariatric Surgery, Obesity Week 2017, Washington, DC.
- December 2017 “Provider Competencies for the Prevention and Management of Obesity: The Latest in Prepping Public Health Students for Obesity Prevention and Control” Association of Schools and Programs of Public Health.
- March 2018 “Strategies to Address Weight Regain After Bariatric Surgery” Drexel University WELL Clinic Symposium, Philadelphia, PA.
- April 2018 “Obesity and Cancer: Approaches to Weight Loss” Pennsylvania Department of Health Webinar Series, Harrisburg, PA.
- May 2018 “Obesity Prevention in Philadelphia” Philadelphia Public Health Grand Rounds, Section on Public Health and Preventative Medicine, The College of Physicians of Philadelphia.
- October 2018 “Mental Health Considerations in the Treatment of Obesity” Obesity Medicine Association, Washington, DC.
- October 2018 “Body Image, Disfigurement, and VCA” Chauvet Working Group, Leeds, UK.
- November 2018 “How Do We Work Together: The Role of the Mental Health Professional on Your Team” The Obesity Society, Obesity Week 2018, Nashville, TN.
- November 2018 “Changes in Sexual Functioning after Bariatric Surgery” American Society for Metabolic and Bariatric Surgery, Obesity Week 2018, Nashville, TN.
- December 2018 “Obesity and Cancer: Approaches to Weight Loss Treatment: Delaware Valley Nutrition and Dietetic Society, Philadelphia, PA.

SCHOLARLY WORK PUBLISHED IN OTHER MEDIA

- February 2002 **Sarwer DB**, Wadden TA. [Letter]. MSJAMA (Medical Student Journal of the American Medical Association). [www.ama-assn.org/sci-pubs/msjama/articles/vol_287/no_6/letter.htm#5-Letter on Cosmetic Medicine](http://www.ama-assn.org/sci-pubs/msjama/articles/vol_287/no_6/letter.htm#5-Letter%20on%20Cosmetic%20Medicine)
- June 2008 **Sarwer DB** “Eating Behaviors Affecting Bariatric Surgical Outcomes”, Barimd.com webcast.
- November 2008 **Sarwer DB** “Evaluation of Motivations and Expectations for Aesthetic Procedures Provides Crucial Patient Insight”, [The Aesthetic Guide](#).
- May 2009 Sarwer, DB “On the Air with... David B. Sarwer, PhD”, Interview for [Bariatric Times](#) by Cynthia Alexander, PsyD. St. Luke’s Medical Center, Continuing Medical Education Course, Bethlehem, Pennsylvania
- March 2014 **Sarwer DB**. “Obesity, Eating Behavior and Body Image in Adults and Adolescents”. Lifespeak. Toronto, Canada.

GRANT FUNDINGPast

- | | | |
|--|-------------|-------------------|
| K23-DK060023 | Sarwer (PI) | 08/03/01-07/30/06 |
| NIDDK | | |
| Obesity, Body Image, and Weight Maintenance | | |
| The overall aim of the studies of this mentored patient oriented career development award was to investigate the efficacy of a cognitive-behavioral intervention to improve body image to enhance weight maintenance and to investigate the psychosocial functioning of patients before and after bariatric surgery. | | |
| R03-DK067885 | Sarwer (PI) | 09/01/04-08/31/06 |
| NIDDK | | |
| Postoperative Dietary Counseling after Bariatric Surgery | | |
| This study was designed to test the efficacy of a dietary counseling intervention to improve outcomes of bariatric surgery. | | |
| R01-DK069652 | Wadden (PI) | 01/01/05-12/31/10 |
| NIDDK, \$205,000 | | |
| <i>Behavioral factors in the surgical treatment of obesity</i> | | |
| Study investigated the relationship of preoperative eating behaviors, specifically binge eating, to postoperative outcomes. | | |
| Role: Co-I | | |

- 4100033129 Kumanyiki (PI) 06/01/06-05/31/10
 PADOH, \$1,725,623
Modeling effective obesity treatment to reduce disparities through primary care
 Project investigated the effectiveness of a lifestyle modification intervention for weight loss delivered in primary care settings which serve under-represented individuals.
 Role: Co-I
- N/A Sarwer (PI) 01/01/08-01/31/11
 Plastic Surgery Educational Foundation, \$39,655
Psychosocial and physical functioning following body contouring surgery
 Study investigated changes in psychosocial and physical functioning in persons who underwent body contouring following massive weight loss.
 Role: PI
- R01-DK072982 Sarwer (Site-PI)/Lowe (PI) 06/20/06-04/30/11
 NIH, \$4,252
Prevention of obesity at universities: A randomized trial
 Multi-site study which investigated the efficacy of an intervention to prevent weight gain in female college students.
 Role: Subaward PI
- N/A Sarwer (PI) 07/08/10-03/30/12
 Ethicon Endo-Surgery, \$52,034
Relationship of Realize MySuccess usage outcome of bariatric surgery
 Study investigated the use of a web-based portal to enhance engagement in behaviors believed to be associated with optimal outcomes following bariatric surgery.
 Role: PI
- U01-HL087072 Wadden (PI) 09/25/06-06/30/12
 NIH, \$488,633
Improving the management of obesity in primary care practice
 Study tested the efficacy of three different interventions to promote weight loss and delivered in primary care practices.
 Role: Co-PI
- R01-HL089447 Schwab (PI) 09/20/08-05/31/13
 NIH, \$381,624
Obesity & OSA: Understanding the importance of tongue fat and metabolic function
 Investigation of the relationship between tongue fat, weight loss, and improvements in sleep apnea.
 Role: Co-I

- RC1-DK086132 Sarwer/Wadden/Williams (PIs) 09/20/09-06/30/13
 NIDDK, \$324,881
Lifestyle modification vs. bariatric surgery for Type 2 Diabetes
 Study investigating improvements in type 2 diabetes in persons treated with bariatric surgery or intensive lifestyle modification.
 Role: MPI
- R01-DK072452 Sarwer (PI) 09/15/05-08/31/13
 NIDDK, \$250,000
Changes in sexual function following bariatric surgery
 Ancillary study to the Longitudinal Assessment of Bariatric Surgery (LABS) consortium designed to investigate changes in sexual functioning and sex hormones after bariatric surgery.
 Role: PI
- R01-DK080020 Zeller (PI) 03/01/08-02/28/14
 NIH, \$15,267
Adolescent bariatrics: Controlled longitudinal study of psychosocial development
 Ancillary study to the Longitudinal Assessment of Bariatric Surgery in Adolescents (Teen-LABS) consortium designed to investigate changes in psychosocial functioning following bariatric surgery.
 Role: Subaward PI
- R01-HD056510 Legro (PI) 06/02/08-03/31/14
 NIH, \$488,450
Treatment of hyperandrogenism vs. insulin resistance in infertile PCOS women
 Study designed to investigate the efficacy of an intensive lifestyle modification intervention to promote weight loss and reproductive outcomes in women with PCOS
 Role: Co-I
- U54-CA155850 Allison (PI) 06/01/14-05/31/15
 NIH, \$25,000
Obesity and weight loss in endometrial cancer survivors: A randomized, multisite trial
 Pilot study investigating the efficacy of a weight loss intervention in endometrial cancer survivors.
 Role: Co-I
- R01-DK080731 Sarwer (PI) 07/01/08-06/30/15
 NIH, \$293,140
Dietary intake and eating behavior in adolescents who undergo bariatric surgery
 Ancillary study to the Longitudinal Assessment of Bariatric Surgery in Adolescents (Teen-LABS) consortium designed to investigate changes in dietary intake and eating behavior in adolescents who undergo bariatric surgery.
 Role: PI

- R01-DE022438 Speltz/Heike (PIs) 09/01/12-06/30/15
 NIH, \$10,556
CFM longitudinal outcomes in children pre-kindergarten (CLOCK)
 Study investigating intellectual and psychosocial functioning in children born with craniofacial microsomia.
 Role: Subaward PI
- R01-DK085615 Wadden (PI) 04/01/10-1/31/16
 NIH, \$355,350
Changes in neural response to eating after bariatric surgery: MRI results
 Investigation of changes in neural response to eating in persons who undergo bariatric surgery.
 Role: Co-I
- R01-DE018729 Broder (PI) 09/01/13-08/31/15
 NIH, \$7,735
Quality of life in children with cleft
 Study investigating changes in psychosocial functioning and quality of life in children born with cleft lip and palate,
 Role: Subaward PI
- U54-CA155850 Schmitz (PI) 06/24/11-05/31/16
 NIH, \$1,139,346
 Penn TREC Survivor Center
 The Penn Translational Research in Energetics and Cancer Center was developed to investigate the relationship between weight loss and the recurrence of lymphedema in breast cancer survivors.
 Role: Co-I/Core Co-Director
- K23DE020854-06 Crerand (PI) 07/01/10-06/30/16
 NIH/NIDCR
Body Image in Adolescents with Craniofacial Conditions
 The overall aim of the studies of this mentored patient oriented career development award is to improve our understanding of risk and protective factors for psychosocial problems in youth with craniofacial conditions. These investigations will also lay the foundation for the development of an empirically supported Intervention designed to improve body image, psychosocial functioning, and quality of life in adolescents with craniofacial conditions.
 Role: Mentor
- K01CA160818-04 Prout (PI) 04/01/13-06/30/18
 NIH/ Mentored Research Scientist Award to Promote Diversity
Stress & Parenting in Blacks: Preventing Obesity in Youth to Reduce Cancer Risk
 The goal of this project supported by this mentored research scientist award is to gain a better understanding of how stress and coping in African-American parents influence the physical activity and nutrition environments of their children, in order to gain insights about potential ways to prevent childhood obesity and the future development of cancer.
 Role: Mentor

K23HL118152-03 Turer (PI) 01/01/14-12/31/18
NHLBI / NIH

Primary Care, Communication, and Improving Children's Health

The goal of the research supported by this mentored patient oriented career development award is to identify specific clinical practice elements and communication strategies in pediatric primary care that pediatricians already are using which help children attain healthier relative weights, and pilot an intervention to translate study findings into clinical practice.

Role: Mentor

U10HD055925-08 Zhang (PI) 12/01/07-11/30/18

Eunice Kennedy Shriver National Institute of Child Health and Human Development/ NIH

Data Coordination Center for the RMN

FIT-PLESE

The RMN has an important mission to enhance conception, live birth, and the health of children born to women and men with impaired fertility, and more broadly, to improve public health policy and practice

Role: Consultant

Current

R01-DK108628-01 Sarwer (PI) 12/01/15-07/31/20

NIH \$302,958

Psychopathology, disordered eating, and impulsivity as predictors of outcome in bariatric surgery

Study investigating the relationship between psychopathology, disordered eating, and impulsivity and outcomes of bariatric surgery.

Role: PI

R01-DK108628-01 Sarwer (PI) 12/01/15-07/31/20

NIH \$110,475

Administrative Supplement to Psychopathology, disordered eating, and impulsivity as predictors of outcome in bariatric surgery

These supplemental funds are being used to support Dr. Gabriel Tajeu (Assistant Professor in the Department of Health Services Administration and Policy) as he investigates the association between relevant psychosocial variables and the control of T2DM and hypertension, as well as healthcare utilization and medication adherence before and after bariatric surgery.

Role: PI

PA CURE Sarwer (PI) 04/01/16-12/31/19

PA Department of Health

Psychosocial and Behavior Correlates of Extreme Obesity

The main purpose of the study is to assess the relationship between psychopathology, disordered eating, impulsivity, and changes in body weight following bariatric surgery. Secondary outcomes include changes in weight-related comorbidities, dietary intake, physical activity, and psychosocial functioning.

Role: PI

PA CURE Ramirez (PI) 01/01/18-12/31/20

PA Department of Health

The primary goal of this study is to assess the relationship between lifetime history of traumatic brain injury (TBI) and substance use/abuse and other forms of psychopathology in young adults.

Role: Co-I

Department of Defense Gardiner/Siminoff (PIs) 09/15/18-09/14/21

Developing a Communication Approach to Discuss VCA Donation with Families Who Have Authorized Organ Donation

The proposed study is to develop a training program for professionals who work at Organ Procurement Organizations to prepare them to have the most productive discussions to promote VCA donations.

Role: Co-Investigator

Pending

R01 Graves (PI) 09/01/18-08/31/23

NIH

Diabetes Reversal and the Subgingival Microbiota

The goal of the proposed project is to establish whether host hyperglycemia modulates the subgingival microbiome and bacterial mRNA expression. This important question will be addressed by investigating the subgingival bacteria in diabetic individuals who undergo Roux-en-Y gastric bypass surgery and exhibit rapid normalization of insulin resistance and serum glucose levels.

Role: Co-Investigator

R34 Crerand (PI) 09/01/19-08/31/21

NIH

Improving Body Image Dissatisfaction in Adolescents with Craniofacial Conditions

This study will test the efficacy of a cognitive-behavioral intervention designed to improve body image and psychosocial functioning in adolescents born with craniofacial conditions.

Role: Co-Investigator

Department of Defense Sarwer (PI) 09/15/19-09/14/22

Psychopathology and Psychosocial Functioning in Combat Veterans Who May be Candidates for Face and Hand Transplantation

The proposed study will investigate the psychosocial functioning of combat veterans who experienced catastrophic injuries that may make them eligible for face and hand transplantation.

Role: PI

Department of Defense Gardiner/Siminoff (PIs) 09/15/19-09/14/22
Shared Medical Decision Making in Combat Veterans Who May be Candidates for Face and Hand Transplantation

The proposed study will use qualitative assessments of veterans, family members, and health care providers to assess an individual's appropriateness for face or hand transplantation.

Role: Co-Investigator

TEACHING

Hospital Teaching Roles

1997-2015 Clinical Supervisor of Graduate Student Trainees, Center for Weight and Eating Disorders, Psychology Graduate Students in the School of Arts and Sciences, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania

Courses

Spring 2001 Course Instructor, "Body Image: Etiology, Psychopathology, and Treatment", Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania

Fall 2001 Course Instructor, "Body Image: Etiology, Psychopathology, and Treatment", Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania

Spring 2002 Course Instructor, "Body Image: Etiology, Psychopathology, and Treatment", Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania

Fall 2002 Course Instructor, "Body Image: Etiology, Psychopathology, and Treatment", Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania

Fall 2003 Course Instructor, "Body Image: Etiology, Psychopathology, and Treatment", Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania

Fall 2004 Course Instructor, "Body Image: Etiology, Psychopathology, and Treatment", Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania

Fall 2005 Course Instructor, "Body Image: Etiology, Psychopathology, and Treatment", Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania

- Spring 2006 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Department of Psychology, School of Arts and Sciences, University of Pennsylvania, Philadelphia, Pennsylvania
- October 2006 Co-Course Director, “Comprehensive Treatment of the Obese Patient”, University of Pennsylvania Health System Continuing Medical Education Course, Absecon, New Jersey
- Spring 2007 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Masters in Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- November 2007 Co-Course Director, 2nd Annual Comprehensive Treatment of the Obese Patient, University of Pennsylvania Health System Continuing Medical Education Course, Philadelphia, Pennsylvania
- Spring 2008 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- June 16, 2008 Co-Course Director, Masters Course in Behavioral Health, American Society of Metabolic and Bariatric Surgery, Washington, DC
- Summer 2009 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- June 21-22, 2009 Co-Course Director, Masters Course in Behavioral Health, American Society of Metabolic and Bariatric Surgery, Grapevine, Texas
- June 21-22, 2010 Co-Course Director, Masters Course in Behavioral Health, American Society of Metabolic and Bariatric Surgery, Las Vegas, Nevada
- Fall 2010 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- Fall 2011 Course Instructor, “Psychology of Human Sexuality”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- Fall 2012 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania

- Fall 2013 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- Fall 2013 Course Instructor, “Social Psychology” PsyD Graduate Program, LaSalle University, Philadelphia, Pennsylvania
- Summer 2014 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- Fall 2014 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- Summer 2015 Course Instructor, “Body Image: Etiology, Psychopathology, and Treatment”, Master of Liberal Arts Program, University of Pennsylvania, Philadelphia, Pennsylvania
- Fall 2016 Course Instructor, “Health Psychology” Masters of Public Health Program, Temple University, College of Public Health, Philadelphia, Pennsylvania.
- Spring 2017 Course Instructor, “Grant Writing” Masters of Public Health Program, Temple University, College of Public Health, Philadelphia, Pennsylvania.
- Fall 2017 Course Instructor, “Health Psychology” Masters of Public Health Program, Temple University, College of Public Health, Philadelphia, Pennsylvania.
- Spring 2018 Course Instructor, “Grant Writing” Masters of Public Health Program, Temple University, College of Public Health, Philadelphia, Pennsylvania.
- Fall 2017 Course Instructor, “Health Psychology” Temple University, College of Public Health, Philadelphia, Pennsylvania.

Course Lectures

- January 1999 Lecture, “What’s New in Weight Management”, The Women’s Center, Chestnut Hill Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- September 1999 Lecture, “Feeling Good about Our Appearance As We Age”, Penn Partners in Healthy Living, Institute on Aging, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- November 1999 Lecture, “Weight Management - Review of the Current NIH Guidelines”, Primary Care Update for the Practicing OB/GYN, Continuing Medical Education Course, University of Pennsylvania School of Medicine, Atlantic City, New Jersey
- November 1999 Lecture, “Review of Current Weight Loss Programs - Case Presentations”, Primary Care Update for the Practicing OB/GYN, Continuing Medical Education Course, University of Pennsylvania School of Medicine, Atlantic City, New Jersey
- November 1999 Course Moderator, “New Advances in the Treatment of Obesity”, Obstetrics and Gynecology Continuing Medical Education Course, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- December 1999 Lecture, “Weight Management in the Primary Care Setting”, Obstetrics/Gynecology Grand Rounds, Chestnut Hill Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- January 2000 Lecture, “What’s New in Weight Management”, Public Presentation, The Women’s Center, Chestnut Hill Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- May 2001 Lecture, “Advances in the Treatment of Obesity”, Public Presentation, The Women’s Center, Chestnut Hill Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- May 2003 Lecture, “What Do People Really Think About Cosmetic Medical Treatments?” Center for Human Appearance Monthly Multi-Disciplinary Conference, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- January 2004 Lecture, “Obsession with the Body Beautiful: Body Dysmorphic Disorder and Cosmetic Surgery”, FOCUS on Health and Leadership for Women, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania

- March 2004 Lecture, “Patient Satisfaction and Psychosocial Outcomes Following Cosmetic Procedures”, Center for Human Appearance Monthly Multi-Disciplinary Conference, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- June 2004 Lecture, “Psychological Aspects of Extreme Obesity”, Care of the Extremely Obese Patient: Challenges, Solutions, and the Future, University of Pennsylvania School of Nursing, Philadelphia, Pennsylvania
- July 2004 Lecture, “Psychological Aspects of Extreme Obesity”, Issues in Bariatric Care, Pennsylvania Hospital, University of Pennsylvania, Philadelphia, Pennsylvania
- October 2004 Lecture, “New Advances in the Treatment of Obesity”, Public Presentation, The Women’s Center, Chestnut Hill Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- December 2004 Lecture, “Pharmacologic and Surgical Approaches to Obesity”, Updates in Preventative Cardiovascular Medicine, Continuing Medical Education Course, University of Pennsylvania School of Medicine, Bryn Mawr, Pennsylvania
- March 2005 Lecture, “Updates on Patient Satisfaction Following Cosmetic Surgery, Body Dysmorphic Disorder, and Suicide”, Center for Human Appearance Monthly Multi-Disciplinary Conference, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- April 2005 Lecture, “Updates on Patient Satisfaction Following Cosmetic Surgery, Body Dysmorphic Disorder, and Suicide”, Center for Human Appearance Monthly Multi-Disciplinary Conference, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- November 2005 Lecture, “Assessment and Treatment of Body Dysmorphic Disorder”, Grand Rounds, Department of Psychiatry, Pennsylvania Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- March 2006 Lecture, “Surgical, Psychological and Bioethical Issues in Face Transplantation”, Center for Human Appearance Monthly Multi-Disciplinary Conference, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- September 2006 Lecture, “Obesity and Pregnancy”, Grand Rounds, Department of Obstetrics and Gynecology, Hospital of the University of Pennsylvania, Philadelphia, Pennsylvania

- October 2006 Lecture, “Psychological Aspects of Extreme Obesity”, Comprehensive Treatment of the Obese Patient, University of Pennsylvania Health System Continuing Medical Education Course, Absecon, New Jersey
- October 2006 Lecture, “Pharmacological Treatment of Obesity”, Comprehensive Treatment of the Obese Patient, University of Pennsylvania Health System Continuing Medical Education Course, Absecon, New Jersey
- November 2006 Lecture, “Assessment and Treatment of Body Dysmorphic Disorder”, Grand Rounds, Department of Psychiatry, Pennsylvania Hospital, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- March 2007 Lecture, “Cosmetic Breast Augmentation and Suicide; Psychological Aspects of Body Contouring Surgery Following Massive Weight Loss”, Center for Human Appearance Monthly Multi-Disciplinary Clinical Conference, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- November 2007 Lecture, “The Obesity Epidemic”, 2nd Annual Comprehensive Treatment of the Obese Patient, University of Pennsylvania Health System Continuing Medical Education Course, Philadelphia, Pennsylvania
- November 2007 Lecture, “Behavioral Management in the Obese Patient”, 2nd Annual Comprehensive Treatment of the Obese Patient, University of Pennsylvania Health System Continuing Medical Education Course, Philadelphia, Pennsylvania
- November 2007 Lecture, “Psychological Issues in Extreme Obesity”, Body Contouring Symposium, The Edwin and Fannie Gray Hall Center for Human Appearance Continuing Medical Education Course, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- November 2007 Lecture, “Psychological Assessment of the Massive Weight Loss Patient”, Body Contouring Symposium, The Edwin and Fannie Gray Hall Center for Human Appearance Continuing Medical Education Course, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- December 2007 Lecture, “Psychological Issues in Augmentation Mammoplasty”, Body Contouring Symposium, The Edwin and Fannie Gray Hall Center for Human Appearance Continuing Medical Education Course, University of Pennsylvania Health System, Philadelphia, Pennsylvania
- May 2008 Lecture, “Psychology of Appearance”, Public Presentation, Keynote Address—Looking Good, Feeling Fabulous, Women’s Health Program, Chestnut Hill Health System, Philadelphia, Pennsylvania

- May 2008 Lecture, "Psychological Aspects of Plastic Surgery", Lecture for Plastic Surgery Residents, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- May 2009 Lecture, "Psychological Aspects of Plastic Surgery", Lecture for Plastic Surgery Residents, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- March 2010 Lecture, "Weight Management and Survivorship", Cancer Survivorship Research Multidisciplinary Scientific Retreat, Abramson Cancer Center, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- May 2010 Lecture, "Psychological Aspects of Plastic Surgery", Lecture for Plastic Surgery Residents, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- May 2010 Lecture, "Changes in Eating Behavior and Dietary Intake following Bariatric Surgery", Institute for Diabetes, Obesity, and Metabolism, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- August 2010 Lecture, "Eating Disorders", Psychiatry Clerkship, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- September 2010 Lecture, "Eating Disorders", Psychiatry Clerkship, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- February 2013 Lecture, "Bariatric Surgery as a Treatment for Type 2 Diabetes", Grand Rounds, Department of Endocrinology, University of Pennsylvania, Philadelphia, Pennsylvania
- March 2013 Lecture, "Bariatric Surgery as a Treatment for Type 2 Diabetes", Institute for Diabetes, Obesity, and Metabolism, University of Pennsylvania, Philadelphia, Pennsylvania
- September 2013 Lecture, "The Obesity Problem in America", Penn Behavioral Health Mind Symposium, Etiology and Treatment of Eating Disorders: A Primer for Mental Health Professionals, University of Pennsylvania, Philadelphia, Pennsylvania

- September 2013 Lecture, “Bariatric Surgery: Assessment of Psychiatric Appropriateness” Penn Behavioral Health Mind Symposium, Etiology and Treatment of Eating Disorders: A Primer for Mental Health Professionals, University of Pennsylvania, Philadelphia, Pennsylvania
- November 2013 Lecture, “Psychological Considerations in Plastic Surgery” University of Pennsylvania Center for Human Appearance, Appearance and Identity, The Smilow Center for Translational Research, The Perelman School of Medicine, Philadelphia, Pennsylvania.
- March 2014 Lecture, “New Advances in the Treatment of Obesity” Integrative Oncology Group, Perelman School of Medicine at the University of Pennsylvania.
- June 2014 Lecture, “The Treatment of Obesity in Children and Adolescence: Current Status and Future Directions” Nutrition Seminar Series, Children’s Hospital of Philadelphia.
- May 2014 Lecture, “Psychological Aspects of Hand and Face Transplantation, Vascularized Composite Allotransplantation Program, Perelman School of Medicine at the University of Pennsylvania.
- October 2014 Lecture, “Treatment of Obesity” Penn Presbyterian Medical Center, Diversity Day, Philadelphia, Pennsylvania.

Organizing Roles in Scientific Meetings:

- November 1998 Program Committee, Association for the Advancement of Behavioral Therapy, Miami, Florida
- June 1999 Session Chairman, Seventh Annual Congress on Women’s Health and Gender-Based Medicine, Hilton Head, South Carolina
- November 2001 Symposium Chairman, Association for the Advancement of Behavioral Therapy, Philadelphia, Pennsylvania
- October 2005 Program Committee Reviewer, North American Association for the Study of Obesity—The Obesity Society, Vancouver, British Columbia, Canada
- October 2006 Program Committee Reviewer, North American Association for the Study of Obesity—The Obesity Society, Boston, Massachusetts
- June 2008 Co-Course Director—Masters Course in Behavioral Health. American Society of Metabolic and Bariatric Surgery, Annual Meeting. Washington, DC

- June 2009 Co-Course Director—Masters Course in Behavioral Health. American Society of Metabolic and Bariatric Surgery, Annual Meeting. Grapevine, Texas
- June 2010 Co-Course Director—Masters Course in Behavioral Health. American Society of Metabolic and Bariatric Surgery, Annual Meeting. Las Vegas, Nevada
- June 2011 Co-Course Director—Masters Course in Behavioral Health. American Society of Metabolic and Bariatric Surgery, Annual Meeting. Orlando, Florida
- June 2012 Co-Course Director—Masters Course in Behavioral Health. American Society of Metabolic and Bariatric Surgery, Annual Meeting. San Diego, California
- November 2013 Co-Course Director—Appearance and Identity, Center for Human Appearance, Perelman School of Medicine at the University of Pennsylvania, Philadelphia, Pennsylvania
- November 2013 Co-Course Director—Masters Course in Behavioral Health. American Society of Metabolic and Bariatric Surgery Annual Meeting, Atlanta, Georgia
- November 2013 Chair—Clinical and Professional Practice Symposium, Unified Medical Management of the Bariatric Patient, The Obesity Society, Atlanta, Georgia
- November 2013 Chair—Integrated Health Symposium, The Brain and Bariatric Surgery, American Society for Metabolic and Bariatric Surgery, Atlanta, Georgia
- November 2014 Co-Course Director—Masters Course in Behavioral Health. American Society of Metabolic and Bariatric Surgery Annual Meeting, Boston, Massachusetts
- November 2014 Chair—Integrated Health Symposium, The Brain and Bariatric Surgery, American Society for Metabolic and Bariatric Surgery, Boston, Massachusetts

RESEARCH ADVISING AND MENTORING

Clinical Supervisor

- 2007-2008 Sara Walters-Bugbee, PsyD student in clinical psychology at LaSalle University, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- 2008- 2009 Jennifer Collins, PhD student in clinical psychology at Philadelphia College of Osteopathic Medicine, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania
- 2009- 2010 Tracey Dobson, PhD student in clinical psychology at LaSalle University, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania

Dissertation Committee Member

- 2008-2009 Leanne Magee, PhD, “The Relationship between Social Anxiety and Cosmetic Surgery”, Department of Psychology, Temple University, Philadelphia, Pennsylvania
- 2009-2010 Sara Walters-Bugbee, PsyD, “Child Feeding Practices Among Bariatric Surgery Patients”, Department of Psychology, LaSalle University, Philadelphia, Pennsylvania
- 2014-2015 Greer Raggio, Ph.D. “Cognitive Functioning and Physical Activity during Menopause: A pilot study” Department of Psychology, Drexel University, Philadelphia, Pennsylvania
- 2014-2015 Lauren Bradley, Ph.D. “A Remote, Acceptance-Based Intervention for Regain after Bariatric Surgery” Department of Psychology, Drexel University, Philadelphia, Pennsylvania
- 2016 Christine Wegner, Ph.D. “Organizational Membership and the Formation of Dissonant Identities” School of Tourism and Hospitality Management, Temple University, Philadelphia, Pennsylvania.
- 2017 Andrew Poole, Ph.D. “Weight Loss Attempts Among Young Adults” Department of Social and Behavioral Sciences, College of Public Health, Temple University, Philadelphia, Pennsylvania.
- 2018 Colleen Tewksbury, Ph.D. “Frequency and Duration of Medical Visits Prior to Bariatric Surgery and the Relationship to Postoperative Weight Loss” Department of Social and Behavioral Sciences, College of Public Health, Temple University, Philadelphia, Pennsylvania.

Faculty Mentor

- 2008-2015 Faculty Mentor, Kelly Allison, Ph.D., Assistant Professor CE, Center for Weight and Eating Disorders, Department of Psychiatry, University of Pennsylvania School of Medicine
- 2010-2016 Secondary Mentor, Patient Oriented Mentored Research Career Development Award (K23) Canice Crerand, Ph.D., Assistant Professor of Psychology in Surgery at the Children's Hospital of Philadelphia, University of Pennsylvania School of Medicine (currently at Nationwide Children's Hospital and The Ohio State University, Columbus, Ohio)
- 2013-Present Secondary Mentor, Patient Oriented Mentored Research Career Development Award (K23) Christy Turer, M.D., Assistant Professor of Pediatrics and Internal Medicine, UT Southwestern School of Medicine, Dallas, Texas
- 2015-Present Secondary Mentor, Patient Oriented Research Career Development Award (K01) Elizabeth Parks-Prout, M.D., Assistant Professor of Pediatrics, Children's Hospital of Philadelphia and Perelman School of Medicine at the University of Pennsylvania, Philadelphia, Pennsylvania

Mentoring of Research Assistants, Interventionists and Project Directors

- 2002-2004 Leanne Magee, Ph.D. Received Ph.D. from Temple University. Currently Staff Psychologist, Children's Hospital of Philadelphia, Philadelphia, Pennsylvania.
- 2004-2006 Lauren Gibbons, Sc.D. Received Sc.D. from Johns Hopkins University.
- 2006-2008 Alison Infield-Kaufman, PsyD. Received PsyD from Loyola of Maryland. Currently Staff Psychologist, Children's Hospital of Philadelphia, Philadelphia, Pennsylvania.
- 2006-2008 Alexander Baker, PsyD. Received PsyD from University of Denver. Currently in private practice in Denver, Colorado.
- 2008-2010 Miriam Eisenberg, Ph.D. Received Ph.D. from George Washington University. Currently post-doctoral fellow at Eunice Kennedy Shriver National Institute of Child Health and Human Development.
- 2008-2010 Laura Sywulak, MA. Currently doctoral candidate at City University of New York. Senior Analyst, People Analytics and Engagement, Jet Blue Airways.
- 2010-Present Jacqueline Spitzer, MS Ed. Project Director, Center for Obesity Research and Education, College of Public Health, Temple University

- 2010-2014 Rebecca Dilks, M.S.,R.D., Currently Registered Dietitian.
- 2012-2015 Scott Ritter. Currently Research Coordinator Perelman School of Medicine at the University of Pennsylvania.
- 2015-2017 Heather Polonsky, Project Director, Currently enrolled in MS Epi program, Temple University College of Public Health
- 2015-2018 Colleen Tewksbury, Bariatric Surgery Program Coordinator, Perelman School of Medicine at the University of Pennsylvania. Ph.D. student in Department of Social and Behavioral Sciences, College of Public Health, Temple University.