



David Posnack Jewish Community Center

PROGRAM GUIDE

February–June 2015 | Shevat–Tamuz 5775

SPRING 2015

**JCC Maccabi
Supplement Inside**



There's something about this place



5850 S. Pine Island Road | Davie, FL 33328 | 954.434.0499 | www.dpjcc.org

FROM THE BOARD CHAIR



Although many parts of the country are already looking forward to spring, I would like to look back at some highlights of the past several months. Chanukah was ablaze across the tri-county area. The official JCC Maccabi torch lit Chanukiahs at Jewish Heritage Nights at the Miami Heat and the Florida Panthers' games and at synagogues during various Jewish events. The excitement was electric and continues to persist as we countdown to the 2015 JCC Maccabi Games® and ArtsFest®. It's not too late to sign up as a volunteer, host family, sponsor or participating artist/athlete.

The Book Festival was a great success thanks to the hard work of our dedicated chairs and their committees. The Jewish Film Festival is just getting underway and the Jewish Music Festival follows closely behind. You have plenty of ways to "get your culture in" at the J for 2015.

Our recently established young leadership group, JLink, has been growing steadily, and they continue to plan and participate in many exciting activities that include socials, sports leagues, Jewish learning, and charitable giving projects.

The JCC continues to be a significant tool in keeping our Jewish community involved and cohesive. Many families are moving into our area based on the offerings of our J. We welcome all new participants and hope that they take an opportunity to serve on a committee to further enhance their JCC involvement and enjoyment.

Looking toward the spring and summer, I'd like to take this opportunity to wish everyone a healthy and happy Passover.

Lee Kadin

FROM THE CHIEF EXECUTIVE OFFICER



After five years as your chief executive officer, there is still not a day that goes by without me being excited about what is happening at the J, our campus and community. As I walk through the halls each day, I meet new JCC members who tell me how much they enjoy using our incredible facilities. During those same walks, I have great conversations with members who have been here from the beginning and are still loving our center.

Our staff continuously upgrades and creates innovative and valuable programs and services for our membership and the community. The popularity of our Maccabi Tzair Tikva youth programs is soaring; the interaction between the parents, children and our Mommy & Me instructor Laura Lenes is amazing to watch; the Grasp Learning program provides personalized academic support for students in pre-k through eighth grade; our Jean Leighton Art Studio is the place where creative adult artists of all skill levels may explore their creative side; and JLink, our new group for young professionals, is up, running and gathering steam. Just

look through our program guide to see even more of what we offer.

As the host of the 2015 JCC Maccabi Games® & ArtsFest®, I want to make one last push for volunteers, families to house the athletes and artists, and artists to sign up either on one of the tablets in our lobbies or online at www.fortlauderdalejccmaccabi.com. Help make this event the best in the 33-year history of JCC Maccabi. I thank you in advance for your support!

Scott Ehrlich

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Margo Golos	

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MISSION STATEMENT

The mission of the David Posnack Jewish Community Center is to enrich and support a quality way of life by providing a community facility where this lifestyle can flourish through recreational, cultural and educational activities, and where individuals may gather to share, celebrate and gain knowledge of their wondrous heritage.

CENTER HOURS

Administrative

Monday – Friday 9:00 a.m. – 5:00 p.m.

Membership

Monday – Thursday 9:00 a.m. – 7:00 p.m.

Friday 9:00 a.m. – 5:00 p.m.

Sunday 10:00 a.m. – 3:00 p.m.

Fitness Center

Monday – Thursday 5:30 a.m. – 10:30 p.m.

Friday 5:30 a.m. – 6:00 p.m.

Saturday 8:00 a.m. – 5:00 p.m.

Sunday 7:00 a.m. – 6:00 p.m.

Pool Hours

Monday – Thursday 7:00 a.m. – 6:00 p.m.

(Starting April) 7:00 a.m. – 7:00 p.m.

Friday 7:00 a.m. – 5:30 p.m.

Saturday 9:00 a.m. – 4:30 p.m.

Sunday 9:00 a.m. – 5:30 p.m.

HOLIDAY HOURS

Passover | Friday, April 3

JCC closes at 2:00 p.m.

Passover | Saturday, April 4

JCC is CLOSED

Passover | Sunday, April 5

JCC is CLOSED

Erev of Shavuot | Saturday, May 23

JCC closes at 5:00 p.m.

Shavuot | Sunday, May 24

JCC is CLOSED

Memorial Day | Monday, May 25

Sports & Wellness is OPEN 8:00 a.m.-2:00 p.m.

Administration is CLOSED

Third of July | Friday, July 3

Sports & Wellness is OPEN 8:00 a.m.-2:00 p.m.

Administration is CLOSED

Fourth of July | Saturday, July 4

Sports & Wellness is OPEN 8:00 a.m.-2:00 p.m.

SECURITY POLICY

The safety and security of our members and guests are our highest priority. The DPJCC reserves the right to check vehicles, backpacks, lunchboxes and other types of sealed or closed containers without prior notification for security purposes. Weapons are not permitted on campus. The JCC consults regularly with the Broward Sheriff's Department, the Town of Davie and the Anti-Defamation League to continually update its security measures.

UPDATED POLICY: Please do not leave backpacks or gym bags unattended. Unattended backpacks/gym bags are subject to removal by security. All backpacks or gym bags must have an ID tag attached.

The security systems in place on the campus include:

- A private security company with rotating surveillance
- Surveillance cameras and monitors located throughout the building and outdoor areas
- Controlled electronic access at selected entrances
- Emergency alarm system directly connected to police and fire departments
- A security fence surrounding the campus
- Barriers protecting building entrances
- Photo ID required to enter the JCC
- Parking tags identifying members entering campus

One



Fits All...

Singer Early Childhood Learning Center

For ages 3 months through pre-kindergarten

- Received the highest rating given by the Broward County Children's Services Administration for quality childcare
- Gold Seal Award recipient
- A.P.P.L.E. accredited
- #1 VPK provider in South Broward
- Best of Davie/Cooper City
- Mommy & Me Program

After-school Program

For kindergarten through 8th grade

- Pick-up from over 10 area schools
- Daily supervised homework room/computer lab
- A multitude of enrichment activities
- School vacation days & seasonal mini-camps

Camp Kadima

For ages 12 months through grade 10

- Award-winning day camp
- Extreme Adventure, JGirls, JTech, JHoops, JSports
- On-site pools, tennis courts, gymnastics, theaters
- Air-conditioned gymnasiums/covered batting cages
- Special trip options
- More activities than you could ever imagine

Fitness Center

- 7,000 square foot fitness center with state-of-the-art cardio equipment with personal TVs
- Cybex Eagle fitness and HOIST® ROC-IT™ strength equipment
- Indoor walking/running track (1/10 mile)
- Personal training programs available for an additional fee
- Free fitness classes taught seven days a week by certified instructors
- Hot Yoga, Spin®, TRX®, boxing, aerobic studios, Zumba®
- The JCC is an **approved SilverSneakers® & SilverFit® facility** offering a variety of classes

Cultural Arts

- Jewish Book Festival • Book Club
- Jewish Film Festival • Jewish Music Festival

Teen Usage in Fitness Center

For safety reasons, children under age 13 are not allowed in the fitness center. JCC members, 13 and 14 years old, must take our Fit Teen exercise training course before using weight training or cardiovascular equipment.

Babysitting

Free babysitting is available at specific times adjacent to the fitness center. Parents must remain on premises while the child is with the sitter. **This service is for members only.**

Handball, Racquetball & Tennis Facilities

- Four indoor handball/racquetball courts. Reservations for the courts may be made up to 48 hours in advance. Black-soled shoes may not be worn on the courts. For safety reasons goggles are recommended.
- For handball/racquetball reservations call **954-434-0499, ext. 100.**
- Racquetball & handball tournaments
- Five lighted outdoor tennis courts. Our on-staff tennis pro offers private and group lessons for all ages.
- Equipment is available and always free.

Recreational Facilities

- Two 11,000 square foot, air-conditioned gymnasiums
- 4,000 square foot covered batting facility
- Two softball fields
- Playgrounds for preschoolers and children

Locker Rooms

Both men's and ladies' locker room facilities are open to members and their guests and include sauna and steam rooms. For locker rental (members only), contact the Sports and Wellness desk at **954-434-0499, ext. 100.**

Aquatics Complex

- 25-yard, competition-size swimming pool with heating/cooling system
- 1,500-square-foot teaching pool (heated from December–March)
- 225-square-foot gated toddler pool
- Spa

Pool hours vary by season. A lifeguard is on duty when pool is open.

Sports Leagues

Basketball leagues are offered for all ages from children to adults. Softball, racquetball and kickball leagues are available.

2015 JCC Maccabi Games® & ArtsFest® - We are a host site.

To get involved, please contact **Barry Schumer**, 2015 JCC Maccabi Games® & ArtsFest® Director at **bschumer@dpjcc.org**. For more information see page 10.

Wifi

The JCC has free wifi hot spots located throughout the building.

AGENCIES/ORGANIZATIONS/SPECIAL SERVICES ON THE JEWISH COMMUNITY CAMPUS:

BBYO (B'nai B'rith Youth Organization): BBYO provides meaningful social and leadership opportunities for Jewish teens in grades 6-12 in Broward and Palm Beach Counties. They offer a variety of fun and engaging community-based programs during the year and a wide array of amazing experiences during the summer. Contact: **Jen Polito** or **Randi Diamond** at **954-252-1912** or **gcr@bbyo.org**

Conservatory Prep Senior High: A progressive, arts-integrated high school for grades 8-12. Contact: **Wendy Weiner**, principal, **954-680-5808**

David Posnack Jewish Day School (DPJDS): The DPJDS offers a unique, challenging, educational experience, combining an intensive focused secular education with an innovative, exciting Jewish curriculum for grades K-12. Contact: **Suzie Jackowitz**, director of admissions, **954-583-6100, ext. 234** or **sjackowitz@posnackschool.org**

Jewish Federation of Broward County: The Federation acts in concert with its network of beneficiary agencies to safeguard and address local education and social service needs; perpetuate Jewish traditions and heritage and ensure the continuity and survival of Israel and our global Jewish community. Contact: **Marsha Jaquays**, **954-252-6911** or **jaquays@jewishbroward.org**

Sterling Kosher Catering: Whether planning a wedding, bar/bat mitzvah, corporate event, a dinner, home or office party, Sterling will cater to your every need—all under strict rabbinical supervision. Contact: **954-680-4787** and visit **www.sterlinggroupfoods.com**

Orloff Central Agency for Jewish Education: The mission of Orloff CAJE is to develop, provide and promote educational opportunities for Broward County Jewry in order to strengthen commitment to Judaism. Main number: **954-660-2070**

Little Flowers of Hope for Children with Special Needs: Educational center dedicated to children with various exceptionalities. Contact: **Amy Simcox**, **305-298-9787** or visit **www.littleflowersofhope.com**

Victor Center (Not on campus but affiliated with DPJCC): The Victor Center for the Prevention of Jewish Genetic Diseases at Miami Children's Hospital offers comprehensive genetic education, counseling services and affordable screenings for the 19 genetic diseases that occur with greater frequency within the Jewish population. Contact: **786-624-2671** or **786-897-9587** or visit **www.mch.com/victorcenter**

Ira D. Farber, MPT — Advanced Sports Physical Therapy, Inc.: Ira Farber is a licensed physical therapist specializing in sports, general orthopedic and manual rehabilitation for all age groups. His office is located in the JCC's Sports & Wellness area. He treats children and teens, adults and seniors and elite athletes. Contact: **954-556-8633**

Denise Yopp — Licensed Para Medical-Esthetician-Educator-Consultant-Permanent Make-up Artist: Denise Yopp has over 30 years experience with a variety of medical skin care treatments: removal of brown spots, acne scars, lines, wrinkles, tone facial skin, microdermabrasion, permanent make-up applications and many more services. Contact: **954-444-8204**.

Beth Ahm Israel: Conservative synagogue—**Rabbi Avraham Kapnek** and **Cantor Eric Lindenbaum**. Contact: **954-431-5100** or **bethahmisrael@gmail.com**

Isabel Bell: Licensed massage therapist/Reiki master Isabel Bell is a specialist in many areas of massage including therapeutic, hot stone, raindrop therapy. Contact: **305-794-3520**

IMPORTANT PHONE NUMBERS

Main Number: 954-434-0499

Administration

Scott Ehrlich, MA, Chief Executive Officer
Steven M. Klein, MSW, Chief Operating Officer
Elaine M. Turner, CPA, Chief Financial Officer
Shari Mac Keen, MS, Program Director
Avi Zuri, Director of Campus Operations
Beverly S. Bachrach, Senior Development Director
Maddy Johnson, Registrar

Ext. 313
Ext. 310
Ext. 307
Ext. 111
Ext. 305
Ext. 321
Ext. 105

Membership

Jane Hesse, Membership Associate
Miriam Bahar, Membership Associate
Elaxis Alexander, Membership Associate

Ext. 110
Ext. 304
Ext. 319

Marketing

Cina Tucci, Marketing Director
Nancy Stearn, Public Relations Director
Veronica Adams, Marketing Associate

Ext. 109
Ext. 369
Ext. 360

Singer Early Childhood Learning Center

Direct Line
Mindy Bernstein, Early Childhood Director
Arlene Abrams, Assistant Early Childhood Director
Eileen Neidorf, Administrative Assistant
Pat Doss, Receptionist

954-434-7038
Ext. 340
Ext. 378
Ext. 344
Ext. 339

Children and Family Services

Michael Chanan, Children and Family Services Director
Krystle Hindman, Children and Family Services Associate
Marcela Budnik, Latin Initiative Coordinator
Lisa Lundy, Administrative Assistant

Ext. 317
Ext. 373
Ext. 203
Ext. 202

Adult Services/Cultural Arts

Debbie Hochman, Director
Lea Shani, Assistant Director
Linda Kirschenbaum, Administrative Assistant
Shelly Fried, Lunchroom Supervisor

Ext. 368
Ext. 106
Ext. 336
Ext. 370

Sports and Wellness

Spencer Linden, Sports and Wellness Director
Will Croud, Assistant Director/Athletics
Ysaac Kaplan, Assistant Director/Fitness
Sharon Barten, Fitness Coordinator
Risa Spevack, Fitness Assistant
Barry Schumer, 2015 JCC Maccabi Games® & ArtsFest® Director
Miriam Mercado, JCC Maccabi Games® & ArtsFest® Assistant Director
Rachel Klein, ArtsFest® Coordinator
JHoops, DPJCC Basketball
Alex Gregory, Jr., On the Ball Tennis Academy
Wayne Stofsky, Broward Baseball Academy
Audie Lam, SoFLO Volleyball

Ext. 118
Ext. 112
Ext. 117
Ext. 119
Ext. 120
Ext. 348
Ext. 326
Ext. 318
Ext. 112, 330
814-280-0232
954-683-7747
954-600-9810

Aquatics

Karla Smith, Aquatics Coordinator
Azura

Ext. 356
954-473-9192

Have Your Child's BIRTHDAY PARTIES at the J Open to the entire community

SPORTS PARTY

FOR ALL AGES

Your two-hour party includes one hour of structured sports and games in our gym and one hour in our multipurpose room. We provide a variety of sports and cooperative games to keep your guests entertained, offering unlimited games to choose from. Special requests from parents and children are encouraged. To schedule call **Risa Spevack** at **954-434-0499, ext. 120**.

Gymnastics Party

FOR ALL AGES

Your two-hour party includes one hour of structured activities and one hour in our multipurpose room. All parties have a structured activities session with a variety of enjoyable group exercises on all the competitive events. Children will enjoy learning skills on the floor, vault, bars, balance beam and trampoline. To schedule call **Meredith Dreyfuss** at **954-260-4409**.

Pool Party

FOR ALL AGES

Your two-hour party with your own life-guard includes one hour of supervised, structured pool games and one hour of free time, plus the use of a canopied poolside area with tables and chairs for the entire time. To schedule call **Karla Smith** at **954-434-0499, ext. 356**.

DANCE PARTY

FOR ALL AGES

Your two-hour party offers a variety of themes (Princess, Diva Pop Star, Magical Fairytale Land, etc.) and package options for your dancer. A "dress-up" session* is available for any dance party for an additional fee. To schedule call **Meredith Dreyfuss** at **954-260-4409**.

*"Dress-up" session additional fee is \$75.

Coach Mike PRESCHOOL PARTY

AGES 3 TO 6

Your two-hour party includes one hour of structured activities and games run by the preschool P.E. teacher, Coach Mike, and one hour in our multipurpose room. Coach Mike will provide a variety of activities and games to keep your guests entertained and having a terrific time. To schedule, call **Risa Spevack** at **954-434-0499, ext. 120**.

PARTY RATES

Includes a 2-hour party for up to 25 children
Members \$325 / Community \$425
Each additional child is \$10

You must provide the following: food (kosher), drinks, plates, cups, utensils, decorations, napkins, tablecloths and party favors. Plastic only please—no glass containers. The JCC is a kosher facility. No refunds. A 50% deposit must be paid to secure date.



BALLOON RATES

Balloons have ribbons and are inflated on site with helium

- Single balloon arch: \$75 • Balloon trees for tables: \$10 (5 balloons and a weight)
- Additional balloons: \$1.50 • Balloon fees payable to Kaplan Services

MOMMY AND ME PARTIES

FOR AGES 1-5

One of the following guests may lead these parties for an additional fee of \$75: Ariel, Dorothy, Tinkerbell, Elsa, Minnie Mouse, Jasmine

• Sing Sign Wiggle Giggles

Your child will be the birthday star when we sing, dance, play instruments and groove to the beat of your child's favorite tunes. There will be endless wiggles and giggles as your family and guests join in the fun with colorful parachutes, puppets, props, bubbles and loads of surprises.

• Shur Simcha

Your birthday child will be the star when we sing, sign, play instruments and groove to the beat of your child's favorite Jewish and Hebrew tunes. Mommys/daddies/caregivers will join the fun alongside the children, using music and movement to strengthen their connection to Judaism and celebrate their Simcha.

To schedule either party email
Laura Lenas at
BabyGrandOrchestra@gmail.com

MEMBERSHIP

MEMBERSHIP FEES (Fees listed are per month)

Family* Couple and all children under 25 years of age	\$82
Parent Plus* One adult and all children under 25 years of age	\$62
Individual Individual 36-59 years of age	\$48
Young Adult Individual between the ages of 18-35 years of age who is not a full-time student	\$42
Couple Couple without any children residing at home	\$72
Senior Couple Couple with at least one individual 60 years of age or older	\$58
Individual Senior Individual 60 years of age or older	\$38
Student* Full-time student 13-25 years of age with a current valid student I.D.	\$32
College Student Summer/vacation memberships available. Contact the membership office for fees.	
*13 and 14-year-old members are required to take the free FitTeen class in order to utilize the fitness center. Children under age 13 are not permitted in the fitness center.	

At initial enrollment there is an additional non-refundable registration fee for all categories. This is a one-time fee with continuance of membership.

The JCC serves all residents of the community regardless of faith, age or disability.

Adriane Rosen,
Vice Chair Membership and Marketing
JCC main number: 954-434-0499

Jane Hesse Ext. 110
Membership Associate
jhese@dpjcc.org

Miriam Bahar Ext. 304
Membership Associate
mbahar@dpjcc.org

Elexis Alexander Ext. 319
Membership Associate
ealexander@dpjcc.org

Veronica Adams Ext. 360
Marketing & Membership Associate
vadams@dpjcc.org



Government Employees/Jewish Communal Agencies' Employees Special rates are available for full-time school teachers, law enforcement, city, county and federal employees of the tri-county area. Full-time employees of Jewish communal agencies are also eligible for discounted membership. Some restrictions apply.

Snowbird Membership For out-of-state residents residing locally between November and April, a temporary membership may be purchased. Fees vary according to category.

Active Military The DPJCC is proud to offer all active military personnel, their spouses and dependent children a gratis JCC membership throughout their active military status.

Corporate Memberships Would you like discounted memberships for your employees? Call us for a program customized for your company.

2015 JCC Maccabi Games® & ArtsFest® Proudly Hosted in Broward County by the David Posnack JCC August 9-14, 2015

Payment Rates for JCC Maccabi Families

Sign up for a family membership and take \$100 OFF your JCC Maccabi registration fee. Look at the list below for all the additional benefits of JCC membership.

Exclusive Membership Perks

	Member Fee \$795*	Non-member Fee \$895
• Fully-equipped fitness center with over 70 free group exercise classes a week & certified personal trainers	✓	
• Four star, award-winning preschool	✓	
• After-school programming with transportation from area schools	✓	
• Award-winning summer day camps	✓	
• An outdoor, heated swimming pool, tennis courts, baseball fields, covered batting cages, indoor basketball, handball/racquetball courts	✓	
• A premier cultural arts destination. Member discounts to special events, activities, speakers, enrichment/educational programs	✓	
• Reciprocity with over 250 JCCs in North America	✓	

*Additional annual membership fee required for JCC Maccabi discount

To enjoy all the perks of membership and save on JCC Maccabi, call Miriam Bahar at 954-434-0499, ext. 304.

Financial Assistance

All scholarship requests shall be handled on an individual basis with complete confidentiality. Arrangements for payment plans or fee adjustments for membership dues shall be made by the Membership Director. Guidelines shall be reviewed annually and be subject to change.

Guest Policy

Guests are welcome to attend our educational, social and cultural arts events, which are open to the community. (Program fees may apply.)

JCC members are invited to bring guests, without limit to the number of guests per year. A guest fee of **\$12 per day** is charged and must be paid at the time of the visit.

Website, E-News & E-Blasts

Everything you need to know about the JCC is right at your fingertips on our website at www.dpjcc.org. We update the site on a daily basis to keep you totally informed. In addition, we send out a weekly E-Newsletter with holiday hours, upcoming programs and events and new classes that you may be interested in.

From time to time we also send out E-blasts on special programs, new or revised JCC policies, and even storm or hurricane information, relevant to the JCC. What we **need** from you is your **email address**. We do **not** sell or lend our lists to anyone, and we promise not to bombard you with a lot of email. If you are not receiving our weekly E-Newsletters, we probably do not have your current email address. Please send it to us at info@dpjcc.org and include your full name in the body of the email.



New members must present existing member's name at time of joining.
Call Membership for details.

How does a **FREE ONE-YEAR MEMBERSHIP** sound to you?

It's simple with our

REFER-A-FRIEND

Program

Refer 6 people, earn 6 months. Refer 12 people, earn a year.



Have you saved with your jrewards today?

As a thank you to our members, the David Posnack JCC is pleased to present discounts and special offers from local businesses in our community. To take advantage of these discounts, simply show your valid JCC membership card at time of purchase.

For a listing of participating local businesses and their special offers, pick up a brochure from our jrewards display at the J or visit www.dpjcc.org and click on jrewards in the Membership tab.

NEW BUSINESSES ARE ALWAYS WELCOME

If your business would like to participate in the jrewards program, please contact our marketing department at 954-434-0499, ext. 360 or email vadams@dpjcc.org.

Look for the jrewards sticker at participating merchants.



SHOPPING



DINING



SERVICES

Please contact the Membership Department to inquire about current and/or upcoming membership promotions at 954-434-0499, ext. 304.

Dear DPJCC Member:

The safety and security of our membership is of utmost importance to us at the David Posnack Jewish Community Center. As an additional security measure, we are issuing parking passes to be hung from the **rear view mirror** in the vehicles of our members, staff and vendors. There is no charge for these passes.

During your next visit to the J, we ask that you complete (if you haven't done so already) our parking pass form and return it to one of our reception desks either in the Bass or fitness lobby. (You may fill out the form below or pick one up in the lobby) Upon receipt of this completed form, one of our staff members will issue a numbered pass for your vehicle. If you have more than one vehicle that is driven onto campus, please fill out a separate form for each vehicle and you will receive additional numbered passes. Passes are registered to specific vehicles and are not interchangeable.

Please note: In order to complete the form and receive your pass, you must record the license plate number of that particular vehicle on the form.

If you have questions, please call 954-434-0499, ext. 319. We appreciate your cooperation.



DPJCC Parking Pass Form

Type of Pass: M S V
(For staff use only)

Tag # _____

Name: _____
First Name Last Name

Address: _____

City/State/Zip: _____

Home #: _____ Cell #: _____

Yr: _____ Make: _____ Model: _____ Color: _____

License Information:

State of Issue: _____ Plate #: _____

Signature: _____



Membership Application

Membership

FOR CENTER USE ONLY

Membership Number _____ Membership Type _____ Date joined _____

MEMBER ONE

First Name _____ Last _____ M.I. _____ Title _____

Home Address _____ City _____ State _____ Zip _____

Phone () _____ Cell Phone () _____ Email Address _____

Sex: ☐ Male ☐ Female Birth Date: ____ / ____ / ____ Marital Status: ☐ Married ☐ Single ☐ Divorced ☐ Widow ☐ Separated

Occupation _____ Firm Name _____ Phone () _____

Business Address _____ City _____ State _____ Zip _____

Whom may we thank for referring you? _____ Reason for joining _____

MEMBER TWO

First Name _____ Last _____ M.I. _____ Title _____

Phone () _____ Cell Phone () _____ Email Address _____

Sex: ☐ Male ☐ Female Birth Date: ____ / ____ / ____

Occupation _____ Firm Name _____ Phone () _____

Business Address _____ City _____ State _____ Zip _____

DEPENDENTS

First Name	M.I.	Last Name (if different)	Sex	Birth Date (mon./day/yr.)
_____	_____	_____	<input type="checkbox"/> M <input type="checkbox"/> F	____ / ____ / ____
_____	_____	_____	<input type="checkbox"/> M <input type="checkbox"/> F	____ / ____ / ____
_____	_____	_____	<input type="checkbox"/> M <input type="checkbox"/> F	____ / ____ / ____
_____	_____	_____	<input type="checkbox"/> M <input type="checkbox"/> F	____ / ____ / ____
_____	_____	_____	<input type="checkbox"/> M <input type="checkbox"/> F	____ / ____ / ____

I am interested in receiving information about:

- | | |
|---|---|
| <input type="checkbox"/> Fitness | <input type="checkbox"/> Adult Classes |
| <input type="checkbox"/> Singles Events | <input type="checkbox"/> Sports Leagues |
| <input type="checkbox"/> After-school Programs | <input type="checkbox"/> Summer Camp |
| <input type="checkbox"/> Jewish Education | <input type="checkbox"/> Senior Programs |
| <input type="checkbox"/> Cultural Arts Events | <input type="checkbox"/> Preschool |
| <input type="checkbox"/> Tennis/Racquetball | <input type="checkbox"/> Children's Classes |
| <input type="checkbox"/> Teen Events and Programs | <input type="checkbox"/> Volunteering |
| <input type="checkbox"/> Other _____ | |



Nina & Louis Silverman Campus
On the corner of Stirling & Pine Island Roads
5850 S. Pine Island Road | Davie, Florida 33328 | www.dpjcc.org

Publicity/Promotions

Consent of Subject Release

☐ I _____ hereby grant permission, without reservation, to the David Posnack JCC and those authorized by the David Posnack JCC to take photographic images, videos, recordings, DVDs, CDs and to use them in original or modified formats in all media (including but not limited to newspapers, magazines, radio, television, JCC website, YouTube, social media, etc.) now or hereafter, with or without name, for the promotion and/or fundraising activities of the David Posnack JCC. The consent is for all members listed on the membership application.

Parent: Permission Form

☐ As the parent/legal guardian of the child/children listed on the membership application and those that may not be listed at the time of joining, I take full responsibility for the actions of the child/children and any and all minor guest of my child. I have signed this parent permission form and understand that I am fully responsible for their actions.

How did you hear about us?

- ☐ Facebook ☐ Mind/Body/Soul/Synagogue
☐ Friend ☐ Newspaper/Magazine
☐ DPJCC ☐ www.dpjcc.org
☐ Internet ☐ Outside Advertising (banners, benches, etc.)
☐ Guest ☐ Other _____

Membership Card

- Presentation of your membership card is required for admission.
- Your membership card is not transferable. Loan of this card may result in loss of membership privileges.
- Your membership card is the property of the DPJCC and must be returned upon termination of membership.

Liability Waiver

It is understood and agreed that the DPJCC is not responsible for any damages or injuries suffered by me/us while participating in DPJCC functions or activities.

I/we understand and agree that any such participation by me/us is at my/our own risk.

It is further understood and agreed that if I/we am not familiar with the operation of any equipment or machinery while at the DPJCC, I/we will seek instruction from DPJCC personnel before using such equipment or machinery.

I/we agree that the DPJCC will not be responsible for losses or expenses incurred by me/us from accidents or injuries, which may result by reason of attending or participating in any activities at the DPJCC, my/our attendance at the DPJCC or any theft of my/our property in the DPJCC or surrounding areas.

I/we hereby release the DPJCC and its employees, officers and directors for any loss, damage, injury or expense I/we may incur while on the DPJCC premises, including, without limitation, those resulting from the negligence of any person.

The DPJCC reserves the right to restrict or to remove persons from DPJCC functions or activities or from its premises when they deem same to be necessary or appropriate.

Membership Number _____

Payment Options & Authorization

FIRST PAYMENT OR PAYMENT-IN-FULL IS DUE AT SIGNING. PLEASE CHOOSE ONE OF THE FOLLOWING OPTIONS.

☐ OPTION #1: PAY IN FULL

Membership Fee: \$ _____
 Enrollment Fee: \$ _____
 Total Amount Due: \$ _____
☐ Credit Card ☐ Check ☐ Cash

☐ OPTION #2: PAY MONTHLY BY CREDIT CARD

Monthly Membership Fee: \$ _____
 Enrollment Fee: \$ _____
 Total First Payment: \$ _____
 Total Amount Due by End of Year: \$ _____
☐ Visa ☐ MasterCard ☐ American Express
 Name on Card _____
 Credit Card Number _____
 Expiration Date _____ Zip Code _____

Do you wish to make a pledge to the DPJCC scholarship fund?

☐ No ☐ Yes How much? \$ _____

Would you like your pledge to go to a particular program?

☐ Early Childhood ☐ Camp ☐ After-school
☐ Cultural Arts ☐ Maccabi

I understand that the membership fee is for 12 months from enrollment month. Membership dues are not transferable or refundable.

I understand this agreement is applicable for the entire membership period, which is for a period of one year, with this agreement to automatically renew each year on my renewal date for the following year's membership fee, unless I give written cancellation notice to the DPJCC, 30 days in advance of the renewal date.

Upon renewal, I will be responsible for payment of the annual membership for the succeeding 12 month period.

I understand that membership fees are subject to change on an annual basis, and that the amount debited from my bank account or charged to my credit card will be adjusted accordingly.

If a payment is returned for any reason, I understand that I will be charged \$25. The \$25 fee and the declined monthly membership payment must be paid within 10 days of notification, or my membership may be discontinued. _____ (initials)

I understand that it is my responsibility to notify the DPJCC in writing should I change my financial institution and/or account at any time. I agree to pay all costs of collection incurred by the DPJCC, including reasonable attorney's fees.

Applicant's Signature

Date

Applicant's Signature

Date

SPECIAL EVENTS / CULTURAL ARTS

We're Saving You A *Seat.* Don't Miss A *Frame.*



RUN BOY RUN

Thursday, January 29 | 8:00 p.m.
Monday, February 2 | 1:00 p.m.

Although a story of a childhood lost and a brutal war, this film is an ode to life, survival, faith and hope.

Per showing — DPJCC Members \$9 / Community \$11
German, Polish, Yiddish, Russian with English subtitles
Running time: 100 minutes



HILL START

Saturday, January 31 | 8:00 p.m.

In this enjoyable comic-drama, we meet a family with "issues," who are forced to get their lives together when a tragedy occurs that affects them all.

DPJCC Members \$9 / Community \$11
Hebrew with English subtitles | Running time: 92 minutes



MR. KAPLAN

Wednesday, February 4 | 8:00 p.m.
Monday, February 9 | 1:00 p.m.

Uruguay's submission for Best Foreign Language Oscar Jacob Kaplan lives in Uruguay and is retired, bored and questioning his worth. Hearing some snippets of information, he decides a local, elderly German beach bar owner must be a former Nazi. So begins an amateur investigation that turns up some surprising results.

Per showing — DPJCC Members \$9 / Community \$11
Spanish with English subtitles | Running time: 95 minutes



24 DAYS

Tuesday, February 10 | 8:00 p.m.
Monday, February 16 | 1:00 p.m.

Ilan Halimi was 23 years old when "a gang of Barbarians" set a trap to abduct, torture and murder him just because he was Jewish. His mother revisits those 24 nightmarish

days that served as an alert to keep our eyes wide open.

Per showing — DPJCC Members \$9 / Community \$11
French with English subtitles | Running time: 108 minutes



ZERO MOTIVATION

Thursday, February 12 | 8:00 p.m.

Winner of 5 Israeli Academy Awards Playing out like *M*A*S*H* meets *Private Benjamin*, this zany, quick-witted and comedic film portrays the everyday life of a unit of young,

female Israeli soldiers on a remote outpost.

NOTE: Contains explicit sexual content.

DPJCC Members \$9 / Community \$11

Hebrew with English subtitles | Running time: 100 minutes



APPLES FROM THE DESERT

Wednesday, February 18 | 8:00 p.m.

Rebecca, the only daughter of Ultra Orthodox Jewish parents is unhappy in her life. As she secretly exposes herself to the secular world, she forces her parents to confront their ways.

DPJCC Members \$9 / Community \$11
Hebrew with English subtitles | Running time: 96 minutes



THE DOVE FLYER

Saturday, February 21 | 8:00 p.m.
Monday, February 23 | 1:00 p.m.

In the early 1950s, 130,000 Jews left Iraq amid a volatile political climate and this ancient community ceased to exist. The story of why the Iraqi Jews were forced to

leave has never been told in the cinema—until now.

Per showing—DPJCC Members \$9 / Community \$11

Arabic with English subtitles | Running time: 108 minutes



BENEATH THE HELMET

From High School to the Home Front

Sunday, February 22 | 8:00 p.m.

This coming-of-age story highlights five young Israeli high school graduates, who are drafted into the army to

defend their country.

DPJCC Members \$9 / Community \$11

Hebrew with English subtitles | Running time: 60 minutes



PRECIOUS LIFE

Saturday, February 28 | 8:00 p.m.

Winner of the Israeli Academy Award for Best Documentary, 2010

Born without an immune system, a Palestinian baby would die without a bone marrow transplant—a procedure done only in an Israeli hospital.

The film is a raw depiction of courage and the fight for a child's life regardless of religion and politics.

DPJCC Members \$9 / Community \$11

Hebrew with English subtitles | Running time: 90 minutes



A PLACE IN HEAVEN

Tuesday, March 3 | 8:00 p.m.

Jewish religious law permits the trade of one person's place in heaven for another's. What happens when this ancient law asserts itself into real life is the basis of this father-son relationship story.

DPJCC Members \$9 / Community \$11

Hebrew with English subtitles | Running time: 117 minutes

To purchase tickets visit www.jccfilm.com or call 954-434-0499, ext. 336.

SPECIAL EVENTS / CULTURAL ARTS

We're Saving You A Seat. Don't Miss A Beat.

All events take place at the David Posnack JCC unless otherwise noted.

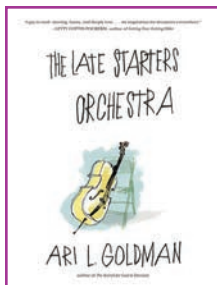


TEMPLE SOLEL'S SHABBAT "LIVE" SERVICES WITH CANTOR ISRAEL ROSEN AND LES MISERABLES

Friday, February 20 | 7:30 p.m.

Please note: This event takes place at Temple Solel, 5100 Sheridan Street, Hollywood.

Journey to Broadway with Cantor Rosen and members of the Temple Solel choir as they celebrate "Shabbat Live" through the music of *Les Miserables*. This interactive service is open to all. FREE Admission



I GOT THE MUSIC IN ME

Thursday, February 26 | 7:30 p.m.

With Ari L. Goldman, author of *The Late Starters Orchestra*

Please note: This event takes place at the Stirling Road Library, 3151 Stirling Rd., Hollywood. After his presentation, Mr. Goldman will perform with the musicians from the Opus One Orchestra.

Community Partner: The Friends of the Stirling Road Library

Musicians who have all come late to music or back to it after a long absence join together as a bona fide, amateur string orchestra. This is where Ari Goldman who hadn't played his cello in 25 years would succeed in his goal to play for his sixtieth birthday party. DPJCC Members \$15 / Community \$18



ESHET CHAIL

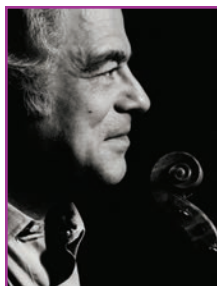
Sunday, March 1 | 7:30 p.m.

Featuring the Revital of Israel Dance Esemble

Adorned in beautiful costumes, singing inspirational and emotional songs, this talented dance ensemble will entertain with the

story of eshet chail, a woman of valor.

DPJCC Members \$8 / Community \$10



ITZHAK PERLMAN

Monday, March 23 | 8:00 p.m.

Please note: This event takes place at the Broward Center for the Performing Arts / Club Level at 201 SE 5th Ave., Fort Lauderdale.

It has been 50 years since a young Itzhak Perlman soared to international fame. Perlman returns to his great love of chamber music and performs a program of masterworks with pianist Rohan de Silva.

DPJCC Members & Community \$150 |

Limited club level seats available.



performance of the season. FREE Admission

MEET THE MUSICIANS

Tuesday, March 24 | 7:00 p.m.

Wednesday, March 25 | 7:00 p.m.

Maestro Gary Sheldon will lead musicians from the Opus One Orchestra through a rehearsal of the music from *Pointes of Departure*, Miami City Ballet's final



DUELING PIANOS

Music for Mitzvot

Sunday, April 12 | 7:30 p.m.

Please note: This event takes place at Sopranos Dueling Piano Bar at Beach Place, 17 S. Ft. Lauderdale Beach Blvd., Fort Lauderdale.

Every seat in the house offers a great view of the main attraction—back-to-back pianos. The audience is encouraged to join in with the singing, clapping and tapping. DPJCC Members & Community \$25 Includes 1 drink. Food (non-kosher) is available for purchase.



CELEBRATING ISRAEL 67 IN SONG

Sunday, April 26 | 7:00 p.m.

In partnership with Samuel M. and Helene Soref Jewish Community Center

From across the county, cantors and choirs will come together in solidarity celebrating Israel's 67th year of independence through songs and music, traditional and contemporary.

DPJCC Members \$8 / Community \$10



To purchase tickets visit www.jccmusicfest.com or call 954-434-0499, ext. 336.

Save the Date



MACCABI
Madness
31st Annual Gala

**SATURDAY,
MARCH 7, 2015**

at the
DAVID POSNACK JCC

honoring
**DEBBY & DENNIS EISINGER
LORI & MITCH GREEN &**

www.jccgala.com

SPONSORED BY **Miriam's Well**

IN THE VOICE OF OUR MOTHERS

WRITTEN AND DIRECTED BY
Carol Fox Prescott

“I needed to “know” these mother
figures. I needed to “hear” their voices.



Presented by GFour Productions and Shari Upbin

Thursday, March 12 | 7:00 p.m.

This joyous theatrical event is filled with dance, tambourines and the ancient sounds of the shofar. Breathing life into ancient texts and told this time from the point of view of the women, this powerful performance reveals the intimate and strong narratives of our Biblical matriarchs—Sarah, Rebecca, Rachel, Leah and Miriam. As they invite us into their worlds, we find ourselves in familiar territory. Here are generations of women—learning, risking and loving. We invite you to witness their journey of discovery. You will ultimately feel as if you know them as intimately as you know yourself.

A talkback with the author will take place after the production.

Tickets: DPJCC Members & Community \$20

For tickets and information call 954-434-0499, ext. 336.

SPECIAL EVENTS / CULTURAL ARTS

Tu B'shvat in the Park

Family Celebration

at TY Park
February 8
Noon- 3:00 p.m.

Music,
Entertainment
and Activities
for All Ages



A Free Community Event

(park admission applies)

"For the First Time in Forever"
Bring the Whole Family and...

Let It Go
at the DPJCC Family Night
Sing-A-Long

And have dinner with some
very special characters

Monday, February 23
6:00-8:00 p.m.
In the Orlove Auditorium

Tickets	In Advance	At the Door
Member	\$25/Family*	\$35/Family*
Community	\$35/Family*	\$45/Family*

*Ticket price includes sing-a-long movie, live character appearances and pizza dinner.

For more information or to purchase tickets call **954-434-0499, ext. 202** or **954-434-7038**

Canvas and Cocktails Get your art buzz on!

Wednesday • 7:30 p.m.

February 11, 2015

At Canvas and Cocktails all you need to do is sign up, show up and sip up.

Your canvas, paints and brushes, light snack and wine, and instructors will be waiting to help you create your take-home masterpiece.

No painting experience necessary. Our artists will guide you step-by-step.

To reserve your spot (space is limited), call 954-434-0499, ext. 336.

Price: \$30

Jean Leighton Art Studio Exhibit

Through March 8

In the Daub Corridor | Free Exhibit
Students from the Jean Leighton Art Studio will exhibit their beautiful pieces of 12 x 12 canvases that they created around the word "LOVE." Each canvas may be purchased for \$118, with part of the proceeds being donated back to the David Posnack JCC.



JCC Book Club

Open to the entire community.

Book lovers, keep those pages turning... and spend an enjoyable evening with others who share your love of books. Questions? Call 954-434-0499, ext. 336.

• **Thursday, March 19 | Sip and Skype | 7:30 p.m.**

At the Museum of Art Fort Lauderdale, 1 E. Las Olas Blvd., Fort Lauderdale. Visit screen to screen with Gabrielle Selz, author of *Unstill Life*, a memoir of the art world and her larger-than-life father, Peter Selz, known as "Mr. Modern Art."

DPJCC Members: \$8 / Community: \$10

• **Wednesday, April 15 | 7:30 p.m.**

Featured book: *The Betrayers* by David Bezmozgis, about an ex-Soviet Israeli politician, who encounters the man who betrayed him to the KGB decades before.

DPJCC Members: Free / Community: \$5

SUMMER CAMP / CHILDREN

Summer Camp / Children

Nora A. Kreger

**Camp
Kadima
2015**



Summer of Games



EARLY BIRD **CAMP-ALOOZA**

Don't Miss Out on Early Bird Rates!

Thursday, March 12 | 6:00–7:30 p.m.

in the Kaye Gym

- Inflatables • Arts and Crafts
- Pizza/Snow Cones • Games

Fun for the Entire Family

Regular camp rates start March 14.



Camp Facts to Know

- Broward County Best Camp Award
- Camp programs for boys & girls ages 12 months-grade 9
- Noted DJ and entertainer Dale McLean joins the team as special events director
- Extreme Adventure Camp | for grades 6-8 1-day Orlando trip option
- LIT and CIT programs
- Premier Camps | JGirls & JTech
- Sports Camps | JSports & JHoops
- Special needs division for ages 3-21
- Post Camp Option

Camp Dates to Remember

- | | |
|-----------------|---------------------------------------|
| March 12 | Early Bird Camp-Alooza |
| June 1 | Parent orientation for parents only |
| June 7 | Meet the counselor day |
| June 8 | First day of camp |
| July 1 | Family camp night |
| July 3 | No camp—Independence Day |
| July 31 | Last day of camp—No extended day care |

Questions? Call 954-434-0499 and extension:

- Ages 12 mos.-5 yrs. Ext. 344
- Ages 6-14 Ext. 202
- Sports Camps Ext. 105
- Special Needs Ext. 202

Nickelodeon Mystery Shabbat Dinner

SAVE THE DATE

Friday, April 24, 2015 | 6:00-8:00 p.m.

In the Orlove Auditorium

Join us for a mysteriously fun-filled, action-packed Shabbat dinner with games, prizes, family, friends, and of course, SLIME!

For questions and pricing information call **Lisa Lundy** at **954-434-0499, ext. 202** or **Pat Doss** at **954-434-7038**.



Maccabi Tzair Tikva

Maccabi Tzair Tikva is a branch of Maccabi World Union, a Jewish youth movement whose directive is to pass on Jewish culture and traditions to everyone in the *Tnua* (our youth movement), helping them find and strengthen their Jewish identity and connection to Israel — and ultimately giving them a sense of belonging to the Maccabi Tzair Tikva family. Our *madrachim* (leaders) have been trained to guide the young *chanichim* (kids) and bring a special meaning to the meetings, programs and events. We have groups for every age level with age appropriate activities within each group.

Little Maccabi (Ages 3 years-Pre-K)

Saturdays • 1:30-4 p.m.

Chanichim, belonging to our Little Maccabi program, meet every week with their madrichim in a fun setting, where they engage in activities and games relating to Judaism, traditions, personal and identity development.

Tikva (Grades K-8)

Saturdays • 1:30-4 p.m.

Our older chanichim meet every week with their friends and madrichim and engage in an experience based on non-formal education through the use of games and entertainment. Chanichim are encouraged to connect with nature and participate in social interactions with their friends. Together, they learn and develop an identity as part of the Jewish community. Field trips, sleepovers and many special events are planned for them to have an unforgettable time.

School of Madrichim (Grades 9-10)

Saturdays • 1:30-4 p.m.

SOM is a year-long program where leadership skills are taught through non-formal education to train and enable this age group to become madrichim in the Tnua (youth movement). SOM's main goal is for the teens to establish a sense of belonging, develop friendships, increase Jewish identity and global awareness. They will also learn about culture and leadership, all of which will enable the soon-to-be madrichim to become well-rounded individuals with strong values to practice and teach. Participants in this program will be awarded a leadership certificate along with service hours (at least 300 per year).

Special events may include:

- Sleep over at the J • Family Shabbat dinner & SOM graduation
- SOM machane (camping) • Last day pool party • Purim carnival

For more information and fees for any of our Maccabi Tzair Tikva programs call 954-434-0499, ext. 203 or email mbudnik@dpjcc.org.



EARLY CHILDHOOD

Ages 3 months - Pre-Kindergarten



NOW enrolling for school year 2015-2016

The JCC's Early Childhood Learning Center is the **#1 rated VPK provider** in South Broward. We once again scored in the top **1 percent** in the VPK readiness rate for the State of Florida. And, we were voted the **#1 preschool in Davie/Cooper City** by the readers of the Davie/Cooper City Gazette.

The Singer Early Childhood Learning Center has successfully completed Broward County's Quality Rating System Program, which is administered through the Broward County Children's Services Administration. Our school received a 4-star quality rating, which is the **highest rating possible** for a childcare program. We are **APPLE accredited** and received the **Gold Seal Award** for the highest quality in programs from the Department of Children and Family Services.

Our preschool offers a unique combination of emotional, social, physical and intellectual development. Children experience art, cooking, music, Judaica, dramatic play, science, gymnastics, karate, creative movement, library, computers, CATCH physical education and more.



We know that Judaica components are very important in a young Jewish child's development. We are proud to be one of few schools in Florida selected and trained to participate in An Ethical Start® program, a groundbreaking way of teaching pre-kindergarten students Jewish values based on the text, *Pirkei Avot*, the ethics of our fathers.

iPAD® EDUCATIONAL ZONE



We have 22 iPads available for our pre-k children to use in the classrooms as an educational tool.



Singer Early Childhood Learning Center

Direct preschool line: 954-434-7038

JCC main number: 954-434-0499

Amy Shutter

Vice Chair Children and Family Services

Mindy Bernstein

Early Childhood Director

mbernstein@dpjcc.org

Ext. 340

Arlene Abrams

Assistant Early Childhood Director

aabrams@dpjcc.org

Ext. 378

Eileen Neidorf

Early Childhood Administrative Assistant

eneidorf@dpjcc.org

Ext. 344

Pat Doss

Preschool Receptionist

Ext. 339

PTO Executive Board

Shannan Miller & Jeanne-Marie Hardy

Co-Presidents



MINDY BERNSTEIN

Early Childhood Director

- Bachelor's degree in elementary and early childhood education from University of Miami
- Special needs education degree
- State of Florida Director Credential



ARLENE ABRAMS

Assistant Early Childhood Director

- Bachelor's degree in early childhood education from University of Puerto Rico
- State of Florida Director Credential

DATES TO REMEMBER

March 6	Purim Shabbat and parade
March 20	Man in My Life Shabbat
April 3	Children's Passover Seder
April 3	Erev Passover. Noon dismissal.
April 6-10	Passover break
April 6-10	Passover mini camp option
April 13	School resumes
April 23	Yom Ha'Atzmaut parade
May 8	Mother's Day Shabbat
May 13	Pee Wee Prom
May 25	Memorial Day. No school.
May 27	2's and 3's Moving Up Ceremony
May 28	Pre-K graduation
May 29	Last day of school
June 8	Camp starts

INFANT DAY CARE

Ages 3–11 months

The Infant Day Care Center is a safe and loving environment with convenient and flexible hours for working parents.

STEP BEYOND

Ages 12–17 months

Child must be 12 months by September 1, 2014

The Step Beyond program provides a safe and loving environment for your child with convenient and flexible hours. Housed in our award-winning, top-rated early childhood learning center, this program is limited in size and offers developmentally appropriate activities including JPlay, arts and crafts, music and playground time.

ALMOST THERE PROGRAM

Ages 18–23 months

Child must be 18 months by September 1, 2014

A wonderful “first time” school experience for your toddler, this program meets three or five days a week. It is limited in class size and offers an exciting, developmentally appropriate curriculum with beginning social skills and educational concepts.

Infant Day Care • Ages 3–11 mos.

Days	Times	Fee
M-F	9-3	\$875
M-F	9-6	\$985
M-F	7-6	\$1030

Step Beyond • Ages 12–17 mos.

Days	Times	Fee
M-F	9-12:30	\$757
M-F	9-3	\$875
M-F	9-6	\$985
M-F	7-6	\$1030

Almost There • Ages 18–23 mos.

Days	Times	Fee
M-W-F	9-12:30	\$567
M-F	9-12:30	\$777
M-W-F	9-3	\$770
M-F	9-3	\$870
M-F	9-6	\$990
M-F	7-6	\$1035

2 & 3 Year-Old Program

Days	Times	Fee
M-W-F	9-12:30	\$574
M-F	9-12:30	\$737
M-W-F	9-3	\$750
M-F	9-3	\$846
M-F	9-6	\$989
M-F	7-6	\$1057

Extended Care

7:00-9:00 a.m. \$10 per child, per hour

3:00-6:00 p.m. \$10 per child, per hour

No sibling discount

Pre-Kindergarten

Days	Times	Fee
M-F	9-12	\$2,400 annually (VPK state-funded certificate may be used)
M-F	12-3*	\$600
M-F	12-6*	\$724
M-F	7-9 & 12-6*	\$788

*Must be registered for 9-12 program and be a JCC member to attend.

Except for infant day care, the fees listed above are to be paid monthly for 10 months.

For more information and registration please call the preschool at 954-434-7038.

TWO-YEAR-OLD PROGRAM

Child must be 2 years old by September 1, 2014

This program encourages independence and introduces children to a traditional school setting. Curriculum includes science, social studies, holidays, early math, language skills and Judaica.

THREE-YEAR-OLD PROGRAM

Child must be 3 years old by September 1, 2014

Children experience a hands-on exploration of their environment and are nurtured in a positive and socially rich setting that encourages individual growth and abilities. The curriculum includes language arts, math readiness, pre-writing skills, music, outdoor play, gymnastics, library, art, science, computers and Judaica.

PRE-KINDERGARTEN (VPK)

Child must be 4 years old by September 1, 2014

We offer the Florida State sponsored Voluntary Pre-K Program (VPK). A new creative curriculum this year includes early literacy, math, social studies, science, Hebrew, music, creative movement, karate, yoga, computers, Judaica, gymnastics and CATCH P.E. classes.



ENRICHMENT CLASSES

Must be toilet trained

ABC/MATH FUN

Age Pre-K

We make reading fun and math magical by using games, books and manipulatives. We will read books, practice letter sounds/phonics and numbers, learn patterns and creatively introduce skills needed to prepare your children for pre-k and kindergarten.

Day	Time	Start Date	#	Member/Community
M	2:45-3:15 pm	Feb. 23	12	\$130/\$165

LITTLE CHEFS COOKING

Creative and healthy cooking fun. Must be toilet trained.

Instructor: Miss Rosalee

Day	Time	Start Date	#	Member/Community	Code
Age 2					
M	3:00-3:45 pm	Feb. 23	12	\$130/\$165	ECOOK
Age 3-Pre-K					
T	3:00-3:45 pm	Feb. 24	12	\$130/\$165	ECOOK

SING WIGGLE & GIGGLE WITH SIMCHA

Ages 2-3

We will groove to the beat of your child's favorite Jewish tunes in English and Hebrew. This class is filled with kinesthetic movement, stories with puppets, parachutes and musical instruments. Children will increase their Jewish identity and have a fantastic time.

Day	Time	Start Date	#	Member/Community
W	2:45-3:15 pm	Feb. 25	12	\$130/\$165

LITTLE PICASSOS

Ages 3-Pre-K

This creative class will bring out the artist in your child. Must be toilet trained. Instructor: Miss Iris

Day	Time	Start Date	#	Member/Community	Code
W	3:00-3:45 pm	Feb. 25	11	\$120/\$155	ECART2

ENRICHMENT CLASSES Continued

LITTLE WIZARDS SCIENCE

Ages 3-Pre-K

This class is the perfect way to interest your child in science. Class features experiments, songs, stories and crafts on various science themes. The concepts are presented in a fun and playful way.

Instructor: Miss Debbie

Day	Time	Start Date	#	Member/Community	Code
Th	2:45-3:30 pm	Feb. 26	11	\$120/\$155	ECWIZD

LEGO® MINI-ROBOTICS CLASSES

Ages 3-4

Your child will build amazing Lego robots that move, spin and roll using Lego technical parts and motors.

Day	Time	Start Date	#	Member/Community	Code
F	2:30-3:30 pm	Feb. 27	10	\$145/\$190	ECROBO

For enrichment class registration call **954-434-0499, ext. 344** or email eneidorf@dpjcc.org

MACCABI TZAIR TIKVA

A Jewish Youth Movement

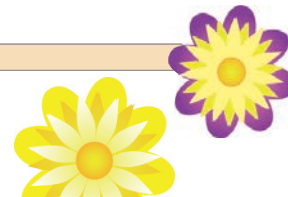
Little Maccabi

For Boys & Girls • Ages 3 & 4

Maccabi Tikva is a Jewish youth movement that seeks to maintain the traditions, culture and education of our people. Toddlers may come and play in a safe environment and learn about their Jewish heritage through a variety of fun activities. For more information and to register call **954-434-0499, ext. 203** or email

mbudnik@dpjcc.org.

Day	Time
Sat	1:30-4:00 pm



Mommy & Me Classes

BABY SING & SIGN: COMMUNICATE & CONNECT

Ages newborn-16 months

Mondays • 1:45-2:30 p.m.

"Open your eyes" to a whole new world of communication by learning baby sign language with all the signs you need to communicate with your baby/toddler. Research shows that not only can children sign on average of 2-3 months earlier than they can use verbal speech, but also using baby sign increases their IQ. The class features songs, children's stories and the use of parachutes, puppets, props and bubbles.

SING & SIGN WITH SIMCHA

Ages 3 months-2 years

A different Jewish value every week

Wednesdays • 9:45-10:30 a.m.

Your child can become a star when you sing, learn sign language, play musical instruments, and groove to the beat of favorite Jewish tunes in both English and Hebrew. In this class filled with kinesthetic movement, Jewish children's stories and the use of puppets and parachutes, you and your child will learn about the Jewish holidays and increase your Jewish identity while having a fantastic time.

CONNECT, CARE & SHARE: MOMMY SUPPORT GROUP

Ages newborn-6 months

Wednesdays • 12:30-1:15 p.m.

Has your life transformed overnight when your name changed to "mommy"? Many moms go through "culture shock" as they begin their journey into parenthood. Bring your infants and share your experiences, questions and tips while forming friendships and connections with other moms who are going through your same life changes.

SHABBAT SINGS

Ages 3 months-2 years

Fridays • 10:30-11:15 a.m.

Shabbat is a time for us to quiet down our lives and think about what is most dear to us. Your children are probably at the top of your list! So, join with us and sing fun Shabbat songs, eat challah and sip grape juice, and we will usher in the spirit of Shabbat with parachutes, bubbles, puppets, musical instruments and more.

BUBBIE & ME

Ages 3 months-2 years

Fridays • Noon-12:45 p.m.

Imagine the *nachas* you will feel when you connect with other grandparents who love to *schmooze* and *kvell* over their grandchildren as much as you do! Bubbies (Zaidies welcome too) and grandchildren will sing, learn sign language, play instruments and groove to the beat of favorite Jewish, Hebrew, holiday and Shabbat tunes. You and your *kinderlach* will enjoy songs, parachutes, puppets, props, bubbles and Jewish stories that will teach Hebrew and Jewish values in an engaging way.

INSTRUCTOR LAURA LENES

"Miss" Laura has academic degrees in musical theater/early childhood education/sign language



Ongoing registration – so register at any time.

Package Cost: \$180 for 12 classes (\$60 discount)

Per Class Drop-in: \$20

For registration and information call **954-434-7038**.

FAMILY, CHILDREN & TEENS

CHILDREN'S ENRICHMENT CLASSES/PROGRAMS

JAZZY ART WITH MISS TARA

Grades K-5

Children will learn to create art using a variety of media including mosaics, drawing, painting and ceramics. For registration call **954-434-0499, ext. 202.**



Day	Time	Start Date	#	Member/Community	Code
M	4:00-4:45 pm	Feb. 23	11	\$135/\$170	CHART

MODEL ROCKETRY WITH MR. BEN

Grades 1-5

Children will build their very own model rockets and launch them into "space" with the help of an experienced instructor. Included in the class is one model rocket per child. After the children complete building their first model rocket, they may purchase additional model rockets to build. For registration call **954-434-0499, ext. 202.**



Day	Time	Start Date	#	Member/Community	Code
F	4:00-4:45 pm	Feb. 27	11	\$130/\$170	ROCKET

STOP MOTION ANIMATION

Grades K-5

Have you ever wanted to see your child's stories come to life? In this class, kids learn to create a story using stop-motion animation. Similar to making a flip book, students take digital pictures and group them together in time-sequence to produce a motion video. The videos may be completed individually or with a group of friends. For registration call **954-434-0499, ext. 202.**

Day	Time	Start Date	#	Member/Community	Code
W	3:30-4:30 pm	Feb. 25	12	\$175/\$225	ANIMATION

LEGO® ROBOTICS

Grades K-5

Your kids will build amazing Lego robots that move, spin and roll using Lego technical parts and motors. Each creation has a unique and dynamic mechanism bringing the robots to life. For registration call **954-434-0499, ext. 202.**

Day	Time	Start Date	#	Member/Community	Code
W	4:35-5:35 pm	Feb. 25	12	\$175/\$225	LEGOROB

PJ LIBRARY IN HEBREW

Story time for kids ages 3-8
For more information call **Lea Shani**
at **954-434-0499, ext. 106.**



JRS MACCABI

Jewish Recreation and Social Maccabi

Children, ages 8-12, can participate in JRS, a unique JCC Maccabi Games® and ArtsFest® experience. JRS calls out to kids interested in sports, arts and fun. The program runs on selected Sundays in February, March and May. Kids receive instruction in a specific sport and an art activity and receive a snack and T-shirt. JRS also has an educational Jewish component that is modeled after the JCC Maccabi Games® and ArtsFest® program. JRS participants will have the opportunity to march in the opening ceremonies at the JCC Maccabi Games® and ArtsFest® hosted by the DPJCC in August. For more information call **954-434-0499, ext. 326** or email **Miriam Mercado**, JCC Maccabi Games® and ArtsFest® assistant director, at **mmercado@dpjcc.org**. See Maccabi supplement for prices.

JCC main number: 954-434-0499

Amy Shutter

Vice Chair Children and Family Services

Michael Chanan

Children and Family Services Director
mchanan@dpjcc.org

Ext. 317

Krystle Hindman

Children and Family Services Associate
khindman@dpjcc.org

Ext. 373

Lisa Lundy

Administrative Assistant
llundy@dpjcc.org

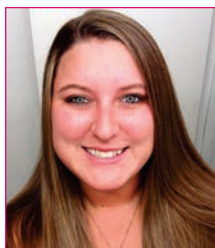
Ext. 202



MICHAEL CHANAN

Children and Family Services Director

- Bachelor's degree in recreation management and tourism from Arizona State University
- State of Florida Director Credential



KRYSTLE HINDMAN

Children and Family Services Associate

- CDA Early Childhood Degree
- More than 6 years after-school program experience



Kidz Club

Hours: Sundays | 8:45-11:30 a.m.

Looking to get in a workout on Sunday morning but can't leave the kids home alone? Bring your 6-12 year olds to the JKidz Club, a place where they may enjoy an array of activities

including sports, dance, Wii and Xbox games and art projects with our amazing after-school program staff. We promise peace of mind for you and a great time for your kids. **And, it's FREE!**

Advance registration is required.

Call **954-434-0499, ext. 100.**

Parents must remain on premises.
Open to members only.



MACCABI TZAIR TIKVA

A Jewish Youth Movement

For Boys & Girls • Grades K-8

The Maccabi Tikva program seeks to maintain the traditions, culture and education of our people. We provide non-formal Jewish education by teaching history, traditions and holidays. Our purpose is to keep our children in a cohesive group where they feel comfortable and safe maintaining their Jewish identity. They will create lifelong friendships and ties to our community by participating in group activities, trips and seminars. For more information call **954-434-0499, ext. 203** or email **mbudnik@dpjcc.org**.

Day Time
Sat 1:30-4:00 pm



NEW

CenterStage Kidz

For Ages 6-18

The perfect program for your up and coming young performer is now at the J. Making its debut this fall is CenterStage Kidz, a unique theater experience designed to evoke interest in all aspects of musical theater and spark the creative spirit in your budding actor. During the 11-week program, which culminates in a musical performance, students will be immersed in all facets of musical theater and will be encouraged to work hard, refine their talents and strive for success. The end result will leave the students feeling like they are part of a "theater family." For information call **954-434-0499, ext. 336**.



CenterStage Kidz is directed by the following:



RACHEL KLEIN

Rachel Klein has not only been involved as a teacher and director in all areas of musical theater, but has been working professionally as a performer for most of her life. She is looking forward to building a wonderful arts program here at the J.



BRITTANY KERNOHAN

Brittany Kernohan is as passionate about dance as she is about teaching children. As a NWSA graduate she enjoys every aspect of dance, from performing to choreographing. She is looking forward to working with and watching all the young performers blossom in creativity.

To register call **954-434-0499, ext. 336**.

Day	Time	Start Date	#	Member/Community
Tu & Th	3:45-5:30 pm	Call for info.	22	\$350/\$455

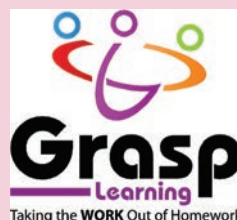
NEW

Grasp Learning*

It's time to unleash a joy of learning and instill pride in learning achievement.

Grasp is a personalized after-school academic support program.

Participants attend 90-minute sessions guided by Grasp-certified learning coaches (coach to student ratio is 1:5). Students complete their day-to-day homework and acquire enduring study skills. Mini-workshops within Grasp sessions teach digital skills and promote individual and social play through games and movement. Grasp also offers a program tailored to middle school student needs.



"Our family couldn't be any more pleased with the decision to enroll our son in Grasp. We were always stressed about coming home exhausted from work and sitting down and patiently working on homework with our son. Now, we pick him up from aftercare and he's shining with confidence because he got his homework done and had fun while doing it. Every day we receive emails after each session with informative feedback on the projects they worked on with him that day. They're not just a homework tutoring group ... They are a group of educators who understand and address each child's specific needs with tremendous compassion and intelligence."

— Amandah Goldsmith

GRADES Pre-K-5 | Choose days and times

Monday-Thursday:

3:00-4:30 p.m.

4:30-6:00 p.m.

Friday: 3:00-5:00 p.m.

GRADES 6-8 | Choose days of attendance

Monday-Thursday: 4:30-6:00 p.m.

Friday: 3:00-5:00 p.m.

Grasp Monthly Fees (Pre-K-8):	JCC Members	Community
1 session/week	\$120	\$150
2 sessions/week	\$240	\$270
3 sessions/week	\$360	\$390
4 sessions/week	\$480	\$510
5 sessions/week	\$575	\$600

Individual Tutoring Monthly Fees (Pre-K-8):

For students needing individual attention and for whom a group setting is not appropriate, Grasp offers one-to-one tutoring:

1 session/week: \$200

2 sessions/week: \$400

3 sessions/week: \$575

Sibling discounts: 10% off second enrollment

To register call **954-434-0499, ext. 202**.

Upon registration, Grasp will contact each parent to schedule a goals conference.

***NOTE:** Due to the DPJCC partnership with Grasp Learning, we no longer provide space for individual tutors during after-school hours. We encourage our after-school participants to join Grasp Learning for any tutoring needs.

After School Adventure Program

For less than
\$11 a day

Includes
transportation,
snacks & activities

Our After-school Adventure Program offers your child a variety of choices for creative, fun and stimulating activities in a safe and nurturing environment. Our amazing facility offers features not found in other after-school programs. Your child will enjoy weekly Shabbat celebrations, special holiday programs and activities that enhance and teach many skills. In addition to all the activities included in the program, your child may also enroll in enrichment classes — staying busy every afternoon without having to leave our campus. Public school early release days and daily snacks are included in our fees.

Your child can look forward to:

- Arts and crafts • Science • Kickball • Soccer
- Game room • Gym • Cooking • Computer lab
- Sidewalk games • Swimming • Basketball • Karaoke
- Judaic activities • Outdoor playground • JPlay
- Daily supervised homework room
- Jewish holiday celebrations • Themed days
- Jazzy Art+
- Model Rocketry+
- Stop Motion Animation+
- Lego® Robotics+
- CenterStage Kidz+
- Grasp Learning Program+*

+Separate registration and fee required.

**NOTE: Due to the DPJCC partnership with Grasp Learning, we no longer will provide space for individual tutors during after-school hours. We encourage our after-school participants to join Grasp Learning for any tutoring needs.*

TEEN J CREW

Middle schoolers do not have to go home to an empty house. Your child may:

- Hang out with friends
- Take a swim in one of our pools
- Shoot some hoops
- Play in Wii and Xbox game room
- Use the computers
- Finish homework
- Cook some food
- Participate in LIT Training

TRANSPORTATION

Our after-school program provides transportation from the following schools: (minimum number required)

- | | | |
|-----------------|-------------------|-----------------|
| • Cooper City | • Hollywood Hills | • Sheridan Park |
| • Embassy Creek | • Pioneer Middle | • Silver Ridge |
| • Fox Trail | • Renaissance | • Stirling |
| • Griffin | • Charter School | |

Note: David Posnack Jewish Day School students are escorted to the JCC.

For Kindergarten – 8th Grade
Monday – Friday
2:00 – 6:00 p.m.



SPECIAL PROGRAMS

The following programs require separate registration and fee payment.

Vacation Days and Mini Camps

Our Vacation Day programs and Mini Camps are fun ways for your child to spend his/her days off from school. The programs feature activities on our campus, as well as off-campus field trips, organized by our year-round staff. Activities include arts and crafts, sports, computer lab, gym, game room and much more.

For information and fees for our special programs call **954-434-0499, ext. 202.**



After-school Adventure Program Fees

Monday-Friday • 2:00-6:00 p.m.

Days per week	w/transportation	w/o transportation	Teen J Crew
5 days	\$215	\$180	\$145
4 days	\$210	\$175	\$145
3 days	\$200	\$170	\$145
2 days	\$160	\$145	\$145

Monthly fees are based on 9 months payment.

Sibling Discount: A 10% discount is offered for each additional child. **This does not apply to Teen J Crew.**

TEEN PROGRAMS & ACTIVITIES



J AFTER DARK

For Grades 6-12

Open to the Community

One Saturday a Month • 8:00-11:00 p.m.

Schedule will be available soon in the JCC's lobbies and at www.dpjcc.org

The J is THE place to hang with your friends and enjoy a night of fun. Events include pool parties, sports game viewing parties, *Amazing Race* scavenger hunt, open gym nights and movie night.

Questions? Call **Michael Chanan** at 954-434-0499, ext. 317.

MACCABI TZAIR TIKVA

A Jewish Youth Movement

School of Madrichim • Grades 9 and Up

The program focuses on training participants to take on leadership positions within the community, while at the same time increasing their knowledge of Jewish subjects. The program includes trips, camping, seminars, etc., and helps build a strong connection to the roots of Judaism. Ultimately the program graduates become madrichim (leaders) and will be awarded a leadership certificate along with service hours (at least 300 per year). For more information and to register call 954-434-0499, ext. 203 or email mbudnik@dpjcc.org.



GOLD COAST REGION BBYO

For Boys & Girls • Grades 9-12

Gold Coast Region BBYO engages over 1,100 Jewish teens a year in a variety of fun and innovative programs. The community-based leadership programs help teens develop the leadership skills



needed to build the Jewish community of tomorrow. BBYO offers a variety of programs focusing on Jewish identity enrichment, leadership development, social action and advocacy education – all through a pluralistic Jewish approach. Membership in BBYO for grades 9-12 is just \$75 a year or \$149 for all of high school. In grades 6-8? Participate in **BBYOConnect** and pay per event.

For more information on the programs available, please contact **Gold Coast Region BBYO** at 954-252-1912 or gcr@bbyo.org.

FITNESS CLASSES FOR TEENS

Teens can get fit with special classes geared just for them.

• Teen/Young Adult Power Abs with ProfessorFit
See page 30 for schedule and fees. For information call 954-434-0499, ext. 100.



2015 JCC Maccai Games® and ArtsFest®

Proudly hosted by the David Posnack JCC

August 9-14, 2015

Become part of the JCC Maccabi family when this incredible event comes to Broward County for the first time.

• Host families: Jewish households are needed to open their homes.

• Volunteers: Over 1,000 volunteers are needed.

• Spectators: All Broward County residents are invited to be our guests. Registration is required.

• Athletes & Artists: Limited spots still remain.

Learn more at fortlauderdalejccmaccabi.com, 954-501-2015 or the Maccabi supplement in this guide.

COMMUNITY SERVICE – ONGOING

Does your teen need community service hours for school? The DPJCC has the hours to help meet the need. Please call **Michael Chanan** at 954-434-0499, ext. 317 to find out what hours are available.

TEEN J CREW

Middle-schoolers have the perfect place to come to after school. Have them spend their afternoons at the J. See page 22 for more details on our J Crew After-school program.

ADULT PROGRAMS

The Adult Programs Department plans a multitude of events and programs throughout the year that are educational, cultural, entertaining, stimulating and just plain fun. There is something for everyone to enjoy.

For information or to register for any adult program call 954-434-0499, ext. 336.



DEBBIE HOCHMAN
Adult Services/
Cultural Arts Director

- Bachelor's degree from Tulane University
- Responsible for developing and supervising adult programming/cultural arts
- Project director of JCC senior lunch program
- Experience includes coordinating cultural arts programs at the Children's Jewish Museum and adult special events at the Miami Jewish Museum

LEA SHANI
Assistant Adult Services/
Cultural Arts Director

- Bachelor of Arts in education and sociology and master's in mass communications and journalism, Hebrew University, Jerusalem
- Israeli House coordinator at the Israeli consulate in Miami and Yovel managing director, creating activities for Israeli and Jewish community.



Laurie Suskind, Vice Chair Adult Services and Cultural Arts

JCC main number: 954-434-0499

Debbie Hochman Ext. 368
Adult Services/Cultural Arts Director
dhochman@dpjcc.org

Lea Shani Ext. 106
Assistant Adult Services/Cultural Arts Director
lshani@dpjcc.org

Linda Kirschenbaum Ext. 336
Administrative Assistant
lkirschenbaum@dpjcc.org

Shelly Fried Ext. 370
Lunchroom Supervisor
sfried@dpjcc.org



The Next Generation of JCC Leaders

Are you looking to meet new people? Make new friends? Get involved in your community? We are

up and coming young professionals (ages 21-35) connecting through social events, sports/sporting events, community service and professional development and learning. We have events scheduled monthly. We invite you to join our group, JLink, on Facebook to get all of the upcoming event information. Don't miss out on our next event!

Also, we are recruiting people for kickball teams to play in leagues here at the David Posnack JCC. Kickball games take place on Monday nights.

Have questions about JLink events and/or our kickball teams? Contact **Veronica Adams** at **vadams@dpjcc.org** or **954-434-0499, ext. 360.**

JEAN LEIGHTON ART STUDIO AT THE DPJCC

Ann Wolkowitz and **Linda Altshuler** run the **Jean Leighton Art Studio** and teach classes in drawing, oil painting, acrylics, watercolor, pastel, mixed media and collage. They coordinate several art shows and workshops during the year, giving students the opportunity to exhibit their work. "Art can change your life," say Linda and Ann. To register call **954-434-0499, ext. 336.**



STUDIO CLASS

Day	Time	Start Dates	#	Member*/Community*
W	10 am-2 pm	Feb. 25 & Apr. 15	7	\$175/\$225
Th	10 am-2 pm	Feb. 26 & Apr. 16	7	\$175/\$225

* Plus a one-time \$10 materials fee.

BEGINNERS DRAWING CLASS

Day	Time	Start Dates	#	Member*/Community*
With instructor Ruth Porat				
M	10 am-Noon	Feb. 23 & Apr. 13	7	\$85/\$110

*Materials fee not included.

INTERMEDIATE DRAWING, WATERCOLOR & COLLAGE

Day	Time	Start Dates	#	Member*/Community*
With instructor Linda Altshuler				
T	10 am-Noon	Feb. 24 & Apr. 14	7	\$85/\$110

*Materials fee not included.

OPEN STUDIO

Day	Time	#	Member/Community
T	Noon-4 pm	Ongoing	\$15/\$20
F	10 am-2 pm	Ongoing	\$15/\$20

CLASSES/ACTIVITIES

AGELESS GRACE

A dynamic fitness program for seniors in which the brain is stimulated by everyday natural and organic movements that increase cognitive function in various areas of the brain. A study conducted at Harvard University showed that the most effective way to stave off dementia and Alzheimer's is for the body to move and create new patterns for the brain, rather than separating body and mind exercises. All exercises are performed in a chair.

To pre-register call **954-434-0499, ext. 370**.

Instructor: Lana Gelb

Day	Time	Start Date	#	Member/Community
W	11:00 am	Ongoing	Ongoing	Free

BEREAVEMENT GROUP

This support group, facilitated by experienced counselors, is for individuals who have lost a loved one. The group is free and open to the community. It is run in collaboration with Catholic Hospice. Please call before first time attendance.

Contact: **954-434-0499, ext. 370**

Day	Time	Start Date	#	Member/Community
T	11:00 am-Noon	Ongoing	Ongoing	Free

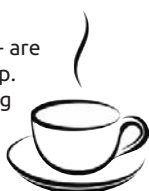
NEW CAREGIVER SUPPORT GROUP

Join us in sharing the joys and oys of caregiving. This group is forming especially for those who give so much of themselves to care for and nurture others. Experience support and caring from your peers while gaining invaluable insights, resources and coping strategies. You deserve an hour for just you, and it's FREE! For information call **Jayne Stillman** at **954-434-0499, ext. 372**.

Day	Time	Start Date	#	Member/Community
Sun	1:00-2:00 pm	Ongoing	Ongoing	Free

COFFEE TALK

This is not your mother's coffee klatch! Adults 55+ are invited to a lively "young at heart" discussion group. Topics range from funny and provocative to sharing life experiences, travel and pertinent issues in the news. The group also has speakers and plans social outings. Call **Janet** for further information at **954-475-8080**.



Day	Time	Start Date	#	Member/Community
Sun	10:30 am-Noon	Ongoing	Ongoing	\$3/\$5

55+ DINNER CLUB

Get together with the 55+ Dinner Club for an evening of good food, great fun and interesting company. Couples include spouses and significant others. The group meets monthly on mutually agreeable dates. Couples take turns picking the restaurants. No dues, no speeches—just an evening of socializing in a friendly setting. It's a great way to meet new friends. For more information call **Valerie Feldman** at **954-447-9341**, or email her at **feldman_605@comcast.net**.

For more information or to register for any of these classes or programs call **954-434-0499, ext. 336**.

DUPLICATE BRIDGE

A competitive, stratified ACBL sanctioned duplicate bridge game. Come play bridge in a relaxed environment; bring a friend or make a new one. Partners may be arranged. For more information, contact **T.J. Singer** at **jcc@anotherbridgeclub.com** or **954-399-1222**.

Instructor: T.J. Singer

Day	Time	Start Date	#	Member*/Community*
T	7:00-10:00 pm	Ongoing	Ongoing	\$7/\$10
Th	7:00-10:00 pm	Ongoing	Ongoing	\$7/\$10

*Fees are per class. Prepay for 10 entries and get one for free.

ISRAEL NOW

1st & 3rd Thursday of the month

Israel and the Middle East — the history, politics, religion, ethnicity, water, oil and current events — are all discussed in this lively, open-discussion class moderated by **Dr. Steve Schoenbaum**. Expression of all viewpoints is encouraged.

For information call **954-434-0499, ext. 370**.

Day	Time	Start Date	#	Member/Community
Th	10:30-11:30 am	Ongoing	Ongoing	Free

NEW KICK START YOUR HEALTH

Join Food for Life instructor **Myra Atlas** in exploring how a diet rich in vegetables, fruits, grains and legumes can enhance your health and support your wellness goals. Learn the latest nutrition information and cooking demonstrations. Taste healthy, delicious dishes and share your experiences in a supportive setting. To register, call **954-434-0499, ext. 336**.

Day	Time	Start Date	#	Member/Community
T	10:00 a.m. - Noon	Feb. 24	5	\$125* \$160*

*Includes supplies and food. Minimum of 10 needed to have class.

KNITTING & CROCHETING

Come be a part of this ongoing, worthwhile project. Knit or crochet caps, wraps, and blankets to be donated to adult and children cancer patients undergoing treatment in hospitals in Broward and Miami-Dade counties. Instruction is available if you don't know how to knit or crochet and would like to learn. For information call **954-434-0499, ext. 370**.

Instructors: Gail Topping & Aline Zucker

Day	Time	Start Date	#	Member/Community
Th	10:00 am-Noon	Ongoing	Ongoing	Free



Knitting group celebrates its 4th anniversary and has donated 12,000 knitted items.

MAH-JONGG (PLUS CANASTA ON MONDAYS)

Learn mah-jongg basics or just come to play. This is an ongoing class so you may join at anytime. Instruction is available if needed. Come by yourself to learn or bring your mah-jongg group to play. For more information call **Nancy Alberts** at 954-322-2581.

Instructor: Nancy Alberts

Day	Time	Start Date	#	Member/Community
M	12:30 pm	Ongoing	Ongoing	\$5 per class*
Th	12:30 pm	Ongoing	Ongoing	\$5 per class*

*Plus card fee of \$8



MOVIE MONDAYS

Join us every Monday in the Horowitz Music Room for a feature film. Call **954-434-0499, ext. 370** to find out this week's film. No reservations necessary.

Day	Time	Start Date	#	Member/Community
M	10:00 am	Ongoing	Ongoing	Free

YIDDISH CLASS

Appreciate the Yiddish language by exploring literature and culture through classroom discussion. All levels from beginner to philosophers are welcome. For information contact **Jay Riazanow** at 954-835-0532.

Instructor: Jay Riazanow

Day	Time	Start Date	#	Member/Community
T	10:30 am-Noon	Ongoing	Ongoing	Free

For more information or to register for any of these classes or programs call 954-434-0499, ext. 336.



NATIONAL PARKINSON
FOUNDATION

South Florida

PARKINSON'S SUPPORT GROUP

Sponsored jointly by the JCC and the National Parkinson's Foundation, this twice a week support program is open to anyone who has the disease. Physical exercise classes provide much help to slow the progression of Parkinson's. Yoga, tai chi, Ageless Grace and discussions are all part of the group's activities.

- *Yoga for Parkinson's* utilizes poses and exercises to improve joint range of motion, flexibility, core strength, balance, posture and breathing and sense of well-being. All poses and breathing exercises are performed either seated in a chair or standing.

- *Tai Chi for Parkinson's* guides the body through gentle, flowing poses that experts say may help patients move more steadily and improve balance. Exercises are customized from the chair or standing.

For more information call **Bob Schwartz** at 954-805-1800.

Day	Time	Start Date	#	Member/Community
T	1:00-1:45 pm	Ongoing	Ongoing	Free
F	1:30-3:30 pm	Ongoing	Ongoing	Free



Enjoy delicious food and fun activities. Meet new friends, or bring a friend with you. Lunch is open to anyone in the community age 60 and over... and YOU DO NOT HAVE TO BE A MEMBER OF THE JCC. A \$2 donation is requested.

While here, check out some fun activities:

Mah-jongg • Bridge • Painting • Knitting • Yiddish • Movies

This lunch program is sponsored through a partnership with the David Posnack Jewish Community Center, the State of Florida Department of Elder Affairs and the Aging Disability Resource Center.

SPORTS & WELLNESS



WILL CROUD

Assistant Sports & Wellness Director/Athletics

- Bachelor of Science, University of Central Florida
- Former professional baseball player in the Los Angeles Angels Farm System
- Serves as a private baseball instructor for the Broward Baseball Academy at the DPJCC



YSAAC KAPLAN

Assistant Sports & Wellness Director/Fitness

An athlete for as long as he can remember, Ysaac has a very high success rate in helping clients reach their physical goals. Ysaac says "the passion to help others in the fitness industry has and will always be my life."



SHARON BARTEN

Sports & Wellness Fitness Coordinator

Sharon has more than 21 years of experience in personal training and teaching group fitness classes on land and in the water. She can help you reach your goals for fitness and health.



RISA SPEVACK

Sports & Wellness Fitness Assistant

Risa has more than 20 years of experience in sports evaluation, treatment and the rehabilitation of athletic injuries. With Risa as your trainer, you can be assured of the success of your fitness and sports goals.

Personal Training Rates for Ysaac Kaplan, Sharon Barten & Risa Spevack

Member/Community

- \$35/\$45 for 30-minute session*
- \$315/\$405 for (10) 30-minute sessions*
- \$560/\$720 for (20) 30-minute sessions*
- \$60/\$75 for one-hour session
- \$540/\$675 for (10) one-hour sessions
- \$960/\$1,200 for (20) one-hour sessions
- \$75/\$100 for one-hour couples session
- \$675/\$850 for (10) one-hour couples sessions
- \$1,200/\$1,600 for (20) one-hour couples sessions

*Trainer's discretion

Hillary Waksman, Vice Chair Sports and Wellness

JCC main number: 954-434-0499

Spencer Linden

Sports & Wellness Director
slinden@dpjcc.org

Ext. 118

Will Croud

Assistant Sports & Wellness Director/Athletics
wcroud@dpjcc.org

Ext. 112

Ysaac Kaplan

Assistant Sports & Wellness Director/Fitness
ykaplan@dpjcc.org

Ext. 117

Sharon Barten

Sports & Wellness Fitness Coordinator
sbarten@dpjcc.org

Ext. 119

Risa Spevack

Sports & Wellness Fitness Assistant
rspevack@dpjcc.org

Ext. 120

Krystal Sheldon

JHoops League Coordinator
ksheldon@dpjcc.org

Ext. 330

Maddy Johnson

Registrar

Ext. 105

FOR YOUR INFORMATION

February 22	Winter Youth League Finals
February 22	Around the World in Red
February 23-26 & March 1	Spring Youth League Drafts
March 23-27 & April 6-10	Spring Break Mini-Camps
April 24-26	7th Annual Racquetball Tournament
August 9-14	JCC Maccabi Games® & ArtsFest®



FITNESS

PERSONAL TRAINING

For more information about our trainers including their certifications, visit our website at www.dpjcc.org.



MARK DEGEN

Mark has 19 years of experience in all types of exercise settings working with clients of all ages with various health concerns. He has an undergraduate degree in exercise science and is certified as an ACSM health fitness specialist, the gold standard in the exercise profession. He also practices as a registered nurse on an orthopedic/medical surgical floor and is currently working on a bachelor's degree in nursing. Mark will take your goals, current health/medical abilities and make some magic happen.

Member/Community

\$50/\$65 for one-hour session
\$70/\$90 for one-hour couples session

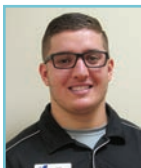


LANA GELB

Lana Gelb, M.S., a native of South Africa, is ACSM-certified, a registered somatic movement therapist and a yoga therapist. In the wellness fitness industry for 31 years, Lana provides CECs for the American Council on Exercise (ACE); is certified in whole body vibration training; and brought the Wave machine to the J for individual and couples training. As a post-rehab and movement disorders specialist, Lana brings a therapeutic approach to her work and specializes in seniors and individuals with auto-immune diseases, Parkinson's Disease, and sports injuries.

Member/Community

\$35/\$45 for 30-minute session
\$300/\$400 for (10) 30 minute sessions
\$70/\$90 for one-hour session
\$600/\$780 for (10) one-hour sessions



JUSTIN GOLDBERG

Justin's fitness journey began in high school where he competed in football and became a FHSA state power-lifting champion. His passion for sports/fitness continued at Upper Iowa University where he played football. Justin is a National Strength and Conditioning certified personal trainer and has the knowledge to help you reach and surpass your fitness and athletic goals.

Member/Community

\$30/\$40 for 30-minute session
\$250/\$350 for (10) 30-minute sessions
\$55/\$70 for one-hour session
\$500/\$650 for (10) one-hour sessions



SCOTT RAPOPORT

Scott has more than 16 years of training experience, as well as experience in coaching semi-professional soccer and working with children of all ages in sports-related programs.

Member/Community

\$35/\$45 for 30-minute session
\$300/\$400 for (10) 30-minute sessions
\$500/\$700 for (20) 30-minute sessions
\$65/\$80 for one-hour session
\$650/\$800 for (10) one-hour sessions
\$1,300/\$1,600 for (20) one-hour sessions
\$90/\$120 for one-hour couples session
\$850/\$1,150 for (10) one-hour couples sessions
\$1,650/\$2,250 for (20) one-hour couples sessions



REYNALDO RIVERO

Reynaldo works with populations of all ages from the sedentary to athletic. His clients are drawn to his discipline methods, as well as his combined experience in martial arts, gymnastics, strength training, flexibility and Muay Thai.

Member/Community

\$70/\$90 for one-hour session
\$650/\$850 for (10) one-hour sessions
\$1,000/\$1,400 for (20) one-hour sessions
\$90/\$120 for one-hour couples session
\$850/\$1,150 for (10) one-hour couples sessions
\$1,650/\$2,250 for (20) one-hour couples sessions



DAVID SCHNEIDER

David has been a personal trainer and massage therapist since 1995. He has a bachelor's degree in exercise science from Barry University and is a competitive runner with a focus on middle distance. David has worked with both children and adults helping to improve their personal fitness goals. He can design a program to meet and exceed your personal goals.

Members/Community

\$35/\$45 for a 30-minute session
\$300/\$400 for (10) 30 minute sessions
\$70/\$90 for one-hour session
\$600/\$800 for (10) one-hour sessions



SARA SHELL

A graduate of Virginia Commonwealth and Longwood Universities, Sara fell in love with fitness in college. She received her certification through the American Council on Exercise and has been a personal trainer for more than a year gaining hands-on experience by shadowing other personal trainers. She is passionate about helping clients of all ages and skill levels reach their fitness goals.

Member/Community

\$30/\$40 for 30-minute session
\$250/\$350 for (10) 30-minute sessions
\$55/\$70 for one-hour session
\$500/\$650 for (10) one-hour sessions



JULIA STEINER

Julia's forte is functional fitness training. An NSCA certified personal trainer who works exclusively with women and children, she welcomes clients of all fitness levels interested in building strength, balance and flexibility for a healthy life.

Member/Community

\$30/\$40 for 30-minute session
\$60/\$80 for one-hour session
\$15/\$20 per person for 30-minute group session (4 or more)
\$30/\$40 per person for one-hour group session (2-4)

To schedule an appointment with a trainer, call **Ysaac Kaplan** at **954-434-0499, ext. 117**.



A cardio-based, total body, conditioning program, INSANITY® is likely the hardest workout curriculum ever put on DVD, and now you may experience it in a group class. Insanity will push you past your limits to get the leanest, hardest body you've ever had with workouts packed with plyometric drills and relentless intervals of strength, power, and resistance moves. The program also incorporates ab and core training techniques to help sculpt and tone the ultimate physique. No equipment or weights are needed, and you don't have to be in extreme shape to do it—as long as you're ready to dig deep.

The exercises may be modified for all populations.

Includes:

- Before/after photo comparisons
- Bi-weekly fit test for personal advancement
- Bi-weekly progression tracking

Sessions:

Sessions are between 30 and 50 minutes

- Mondays | 7:30 p.m. | Studio B | Starts Feb. 23
- Members: \$110 / Community: \$140 for 11 weeks

Call **954-434-0499, ext. 105** to register.

ADULT GROUP FITNESS

CLASS DESCRIPTIONS

AGELESS GRACE®: A fitness and wellness program with 21 simple exercise tools for all ages and abilities. It addresses all 21 primary aging factors in the body - and all five areas of the brain! Anyone can practice it.

AROMA YOGA: Try a new, rejuvenating approach to your yoga practice using pure, essential oils to enhance your Asana (postures).

BELLY DANCE: Learn belly dance moves that are easy, sensual and fun.

BODY BLAST: Work the entire body using weights, body bars and resistance tubing.

BOOT CAMP H2O: A unique blend of cardio intervals and strength training performed exclusively in the pool. Combines lap swimming and a variety of exercises in the water using kickboards, pull buoys, pool noodles and flotation devices.

CIRCUIT BLAST: Includes aerobic and strength training that will challenge all fitness levels. Class uses weights, bars, steps, mats & bands.

CIRCUIT TRAINING: Exercise on the track with Tracy - total body conditioning utilizing different equipment and different stations, as well as utilizing the track for cardiovascular.

FAMILY SPIN/CORE: A combination of spinning and core, which gives you a full aerobics and strengthening workout. Reserve your bike today. (Height restriction approximately 4'-11") (Maximum Participants - 19)

HIIT: Jump from station to station for an intense calorie-burning and strength-training workout all in one in this high intensity interval class, using top-of-the line fitness equipment-BOSU balls, jump rope, gliders, agility ladder and more. (Maximum Participants - 14)

HOT YOGA: A challenging yet calming physical and mental workout that improves body awareness, healing, immune system, circulation, metabolism and digestion. It also promotes better sleep, has fabulous toning effects and gives you a cardio workout.

INFERNO: Burn up to 1,000 calories with a no-nonsense, one-hour, power-packed circuit mixed with core, plyometrics and strength movements to create a workout like no other.

JSPIN: A great cardio workout on an indoor bicycle in only one hour! (Maximum Participants - 19)

K-P-M: This highly intense workout uses a combination of cardio, strength, flexibility and resistance exercises, improving total body fitness. The class consists of martial arts techniques and athletic drills, all set to upbeat music, making this a fun and challenging workout.

LOW IMPACT FUSION: Low impact exercises that are easy to follow, tone your body and your abs.

PARKINSON'S CLASSES: Specifically for Parkinson's patients and their caregivers. Class offers dance, yoga, tai chi, Ageless Grace and speakers.

PILATES BARRE: This mixed level class focuses on strength, precision and flow of movement.

POWER ABS: One of the fastest core workouts geared specifically for abdominal conditioning. Work on sculpting your abs in less than 20 minutes.

POWER FITNESS: Power-packed exercises to effectively burn calories and strengthen your body.

REP & STEP/STEP IT UP: Includes step using weights, body bars and resistance tubing. All levels are followed by core strengthening exercises.

SILVERSNEAKERS® CIRCUIT: This class is geared toward non-impact cardiovascular endurance conditioning with advanced levels to increase agility, balance, coordination, speed and power. (Maximum Participants - 30)

SILVERSNEAKERS® CLASSIC: Muscular strength and range of movement exercise class designed for older adults that addresses strength, flexibility, muscular endurance, balance, coordination, agility, speed and power. (Maximum Participants - 30)

SILVERSNEAKERS® SPLASH: No swimming ability is required; utilizes the resistance of water to develop strength, balance and coordination.

SPINCORE: A combination of spinning and core which gives you a full aerobics and strengthening workout. Reserve your bike today. (Maximum Participants - 19)

TABATA CIRCUIT: A combination of high-intensity aerobics and resistance training that is easy to follow and targets fat loss, muscle building.

TOTAL BODY BOSU: Sculpt your way through a variety of power-packed exercises that build muscular strength and endurance, enhance agility and challenge balance skills. (Maximum Participants - 16)

TRX®/CIRCUIT: Infused with small portions of other classes like Weights in Motion, Power Abs, Pilates Butt, Hip & Thighs, this class will make you "breathless" and feeling physically satisfied. (Maximum Participants - 20)

TRX®/FUSION: Class develops core body strength as well as joint and muscular stability using your own body weight. This continued exertion also brings a cardiovascular component to the routine. (Maximum Participants - 20)

TRX®/KETTLEBELL/CIRCUIT: TRX® develops core body strength as well as joint and muscular stability using your own body weight. During a kettlebell workout, you perform fluid, swinging movements while holding the off-centered kettlebells. This continued exertion also brings a cardiovascular component to the routine. (Maximum Participants - 16)

TRX® SUSPENSION TRAINING: The principle behind TRX® is simple. It develops core body strength as well as joint and muscular stability using your own body weight. (Maximum Participants - 8)

WEIGHTS IN MOTION: A unique combination of weight training and constant motion, enabling the muscular and vascular system to work together to fine tune your total body. (Maximum Participants - 20)

YOGA (HATHA) - ALL Levels: Let your instructor guide you through poses and stretches to tone your muscles and increase flexibility and strength.

YOGA STRETCH: Using a chair for support, members increase flexibility and endurance while learning to relax and think more clearly.

ZUMBA®: Zumba® involves dancing and aerobic elements. Zumba's® choreography incorporates hip-hop, soca, samba, salsa, merengue, mambo, martial arts and some Bollywood and belly dance moves. Squats and lunges are also included.

Massage Therapy

Isabel Bell

Licensed Massage Therapist (MA-45387) & Reiki Master
Manual Lymph Drainage & Lymphedema Therapist
Call **305-794-3520** for an appointment.

Therapeutic Massage: Relax/relieve sore muscles.
Member \$65 / Community \$85 / 1-hour Session

Manual Lymph Drainage: Gentle massage encourages the natural drainage of lymph from tissues.

Member \$75 / Community \$100 / 1-hour Session

Hot Stone Massage: Use of volcanic basalt stones to relieve tense/sore muscles.

Member \$70 / Community \$90 / 1-hour Session

Raindrop Therapy: Essential oils are used with a relaxing and mild application.

Member \$85 / Community \$110 / 1-hour Session

Aromatherapy Cocoon: Essential oils are applied, followed by a cocoon wrap, along with a foot and scalp massage.

Member \$70 / Community \$90 / 1-hour Session

For payment call 954-434-0499, ext. 105.

FREE CLASSES & BABYSITTING

No more excuses! All fitness classes and babysitting are FREE for members.

(Excludes Hot Yoga and Inferno) For the most up-to-date fitness class schedule and babysitting hours visit our Sports & Wellness lobby, call **954-434-0499, ext. 100** or visit our website at www.dpjcc.org.

CHILDREN, TEENS, YOUNG ADULTS

PRESCHOOL SPORTS WITH COACH TARA EVANS

In these fun-filled classes, your child will learn the basics of each sport, and develop coordination and listening skills. Child must be toilet trained.

To register call **954-434-0499, ext. 105.**



Day	Time	Start Date	#	Member/Community	Code
Ages 3 – Pre-K					
Soccer					
M	2:45-3:15 pm	Feb. 23	11	\$140/\$185	HCMSOCCER
Super Sports					
T	2:45-3:15 pm	Feb. 24	12	\$155/\$205	HCTSPORTS
Basketball					
W	2:45-3:15 pm	Feb. 25	12	\$155/\$205	HCWBBALL
T-Ball					
Th	2:45-3:15 pm	Feb. 26	12	\$155/\$205	HCRTBALL

Ages Pre-K ONLY

Soccer					
M	3:15-3:45 pm	Feb. 23	11	\$140/\$185	HCMSOCCER2
Super Sports					
T	3:15-3:45 pm	Feb. 24	12	\$155/\$205	HCTSPORTS2
T-Ball					
Th	3:15-3:45 pm	Feb. 26	12	\$155/\$205	HCRTBALL2

KIDS YOGA WITH COOKIE

A fun and safe exercise program. Kids learn poses and stretches that tone muscles, increase flexibility and strength.

Day	Time	Start Date	#	Member/Community	Code
Preschool Yoga • Ages 3-5					
W	2:45-3:25 pm	Feb. 25	12	\$165/\$215	HCWYOGA1
Child/Teen Yoga • Ages 6 & up					
W	3:45-4:45 pm	Feb. 25	12	\$165/\$215	HCWYOGA2

For more information and registration call Sports and Wellness at **954-434-0499, ext. 105.**

KIDSFIT WITH PROFESSORFIT • Ages 7 - 12

Pre-teens learn a variety of ways to get in shape, stay fit and learn to live a healthy lifestyle.

Day	Time	Start Date	#	Member/Community	Code
T	3:45-4:45 pm	Feb. 24	12	\$125/\$160	HCTFIT
Th	3:45-4:45 pm	Feb. 26	12	\$125/\$160	HCRFIT

TEEN/YOUNG ADULT POWER ABS WITH PROFESSORFIT

Teens and young adults love this energetic, power-packed abdominal workout with fitness master ProfessorFit. A fun way to get in shape.

Day	Time	Start Date	#	Member/Community
T	6:00-6:40 pm	Ongoing	1	Free/\$3
Th	5:20-6:00 pm	Ongoing	1	Free/\$3



GYMNASTICS

Dance Through the Ages offers a gymnastics program in which students learn proper tumbling techniques, balance, flexibility, body positions and safety. They focus on building a solid foundation of tumbling skills, as well as *continued progression of skills*, including (but not limited to) handstands, bridges, back bends, cartwheels, rolls, walkovers and various combinations. Correct technique is emphasized for all tumbling skills, strength training exercises and flexibility drills.

Students participate in both group and individual activities in a positive, fun atmosphere through the use of music and props.

Children must be dressed in appropriate gymnastics attire.



**CHRISTINE
PACETTI**

All students have the opportunity to participate in a yearly recital in June. For more information call **954-260-4409** or visit www.DanceTTA.com.

Day	Time	Start Date	#	Member/Community	Code
STAR TUMBLERS • Ages 3-4					
T	2:45-3:30 pm	Feb. 24	12	\$190/\$250	HCTSGYM
DYNAMIC GYMSTERS Levels I-II • Ages 5-6					
T	3:45-4:35 pm	Feb. 24	12	\$190/\$250	HCTDGYM
ALL STAR GYMNASTICS Levels I-II • Ages 7-10					
T	4:45-5:35 pm	Feb. 24	12	\$190/\$250	HCTAGYM

**Students must meet
age specifications
by September 1, 2014**



AQUATICS

Pool and Spa Hours

Monday-Thursday	7:00 a.m.- 6:00 p.m.
(Starting April)	7:00 a.m. - 7:00 p.m.
Friday	7:00 a.m.-5:30 p.m.
Saturday	9:00 a.m.-4:30 p.m.
Sunday	9:00 a.m.-5:30 p.m.

The water is always fine thanks to our geothermal heating/cooling system.



KARLA SMITH
Aquatics Coordinator

- An experienced aquatics supervisor
- Lifeguard & swimming instructor over 8 years
- Specialty in special needs for 10 years
- Former director of sports/aquatics camp for 15 years
- Extensive experience in camp & swimming activities for over 15 years

PRIVATE LESSONS / SEMI-PRIVATE LESSONS

All Ages • Available by appointment only

These classes are a 1:1 or 1:2 ratio.

1:1 — 20 minutes for 10 lessons
Member \$235 / Community \$305

2:1 — 20 minutes for 10 lessons
Member \$135 / Community \$175 per person

For more information or to register call 954-434-0499, ext. 105

POLICIES AND PROCEDURES

- Payment must be given at the time of registration.
- Fees may be prorated.
- Fees are not refundable.
- Group classes with less than four children are subject to change or may be combined with another class.
- Make-up lessons are scheduled as soon as possible for all lessons cancelled by the DPJCC due to inclement weather.
- Lessons completed 50% or more of their scheduled time are not made up.
- There is no make-up for a missed lesson that was offered at its scheduled time.
- All class registrations and payments expire 60 days from the time of purchase.

PLEASE NOTE: PARTICIPATION IN A SWIMMING PROGRAM DOES NOT "DROWN-PROOF" YOUR CHILD.
Adult supervision is essential in and around all aquatic environments.

Two swimming lanes will be open for members to use at all times during regular pool hours.



AZURA / JCC SWIM SCHOOL

Drowning is the leading cause of death for children and adults. But it doesn't have to be that way. At the Azura/JCC Swim School, we are dedicated to teaching children the skills they need throughout life to stay safe near water and embrace the wonders swimming has to offer. Our instructors are flexible and trained to work with each child individually, keying in to their interests, challenges and fears. Children learn to swim in a safe and positive environment.

- Young swimmers learn to swim back to the wall after an accidental fall into the water; how to pull themselves out of the water; and to master breathing, paddling and kicking in order to swim to safety.
- Swimmers learn through a progressive step-by-step method at their own pace and move on only when ready.
- Instructors are highly trained with a minimum of two years teaching experience, are USA swimming coaching certified, CPR/first aid trained and have undergone a background check.

Questions? Contact swimschool@azuraaquatics.com

Session 3 Select-a-Day

Monday

2:50-3:30 pm	(3-4s) (5-6s)
3:30-4:10 pm	(5-6s)
4:10-4:50 pm	(3-4s) (5-6s)
4:50-5:30 pm	(5-6s) (7-8s)
5:30-6:10 pm	(3-4s) (5-6s) (7-8s)
6:10- 6:50 pm	(7 & up)

Members: \$165 / Community: \$215 for 11 lessons

Tuesday, Wednesday or Thursday

2:50-3:30 pm	(3-4s) (5-6s)
3:30-4:10 pm	(5-6s)
4:10-4:50 pm	(3-4s) (5-6s)
4:50-5:30 pm	(5-6s) (7-8s)
5:30-6:10 pm	(3-4s) (5-6s) (7-8s)
6:10-6:50 pm	(7 & up)

Members: \$180 / Community: \$235 for 12 lessons

Friday

2:50-3:30 pm	(3-4s) (5-6s)
3:30-4:10 pm	(5-6s)
4:10-4:50 pm	(3-4s) (5-6s)
4:50-5:30 pm	(5-6s) (7-8s)

Members: \$165 / Community: \$215 for 11 lessons

Saturday (By Reservation Only)

9:20-10:00 am	(5-6s)
10:00-10:40 am	(5-6s) (7-8s)
10:40-11:20 am	(3-4s) (5-6s) (7-8s)
11:20 am-Noon	(Adult Beginners)
Noon-12:40 pm	(Adult Intermediate/Advanced)

Members: \$165 / Community: \$215 for 11 lessons

Sunday (By Reservation Only)

10:00-10:40 am	(Babies & Parent)
10:00-10:40 am	(5-6s) (7-8s)
10:40-11:20 am	(3-4s) (5-6s)
11:20 am-Noon	(5-6s) (7-8s)

Members: \$165 / Community: \$215 for 11 lessons

An additional \$50 registration fee will be required at time of sign up and includes a T-shirt and silicon cap.

AQUATICS - Azura/JCC Swim School

Swim Levels

Level 1

- Monkey crawl
- Climb out of pool
- Face in water & hold breath
- Float on front/back with support
- Kick feet in front with instructor support
- Assisted jump in water from sitting position; turn & grab wall

Level 2

- Front float & kick
- Float on back
- Kick on back with support
- Roll front to back with assistance
- Jump into water (or instructor drop) from standing; turn & grab wall

Level 3

- Kick on back
- Roll from front to back
- Independent jump in & swim back to wall
- Kick on front & roll to back with assistance
- Kick on front with paddle arms (face under)
- Swim, float, swim (kick only) or pop up breath

Level 4

- Swim, float, swim (kick & paddle)&/or pop up breath
- Kick on back with arm paddling
- Basic treading water
- Jump into deep water; kick on back to wall
- Big arms (freestyle) in front
- Skull on back
- Float on back, roll over & find nearest wall

Level 5

- Tread water
- Swim on front; turn & kick on back
- Freestyle stroke
- Side breathing with assistance
- Elementary backstroke
- Swim backstroke
- Breaststroke arms

Level 6

- Breaststroke legs
- Swim freestyle with side breathing
- Tread water 20 seconds
- Forward somersault
- Swim breaststroke
- Backstroke
- Dolphin Kick

Level 7

- Head first surface dive in deep end
- Flip turn
- Butterfly
- Refine swim strokes



For more information or to register, visit the Sports & Wellness desk or call 954-434-0499, ext. 105 or 954-473-9192.



AZURA FLORIDA AQUATICS

**From the beginner to the Olympics
Train with Olympians**

Azura's mission at the J is to help children and teens develop their skills in a positive, fun and supportive swim team environment with world class coaching.

Azura Coaching Staff International and Elite Coaches



GIANLUCA ALBERANI

Team Head Coach

- ASCA 3 Level certified
- Competed at the international level, finishing with a top 8 Italian international ranking
- Competed in South Florida and set a Florida Gold Coast record in the 200 free relay that still stands today
- Head coach at 2009 World Championships, Rome, Italy
- International coach at 2011 Pan American Games, Guadalajara, Mexico
- Team USA open water coach, 2012 Hong Kong, 2014 Australia



GUILHERME FERREIRA

Age Group & Master's Head Coach

- Worked as pre-team, master's head coach and elite assistant coach in South Florida for the past 4 years
- Assistant and senior coach for Amaral Swimming School in Parana, Brazil

AQUATICS/Swim Team

Swim Team



Bronze Group | Ages 10 & Under

Monday-Thursday • 5:30-7:00 p.m. /
Friday • 4:15-5:45 p.m.
Saturday • 10:00-11:30 a.m.
Bronze group stresses learning fundamental swimming skills: sculling, turns, pacing, efficiency and "under-water works."
Practice is offered six days a week.
Member: \$110/month | Community: \$145/month

Silver Group | Ages 11-12

Monday-Thursday • 5:30-7:30 p.m. /
Friday • 4:15-5:45 p.m.
Saturday • 10:00 a.m.-Noon

Bronze athletes move up to this group. Swimmers are competent in all four strokes and are continuously improving their technique. Training sessions revolve around the individual medley and introduction of race techniques. Workouts are offered six days a week.

Member: \$110/month | Community: \$145/month

Gold Group | Ages 13-14

Monday-Thursday • 5:30-7:30 p.m. / Friday • 4:15-5:45 p.m.
Saturday • 10:00 a.m.-Noon

Silver athletes move up to this group. Athletes must swim all four strokes well and maintain good technique on low intensity interval sets. Athletes transition to race training along with technical training. Workouts are offered six days a week.

Member: \$130/month | Community: \$170/month

Senior Group | Ages 15 & Older

Tuesday & Thursday • 5:30-7:00 a.m.
Monday-Friday • 3:30-5:30 p.m. (*different location*)
Saturday • 8:00-10:00 a.m.

Monday & Friday – Dry Land • 5:30-6:30 p.m.
Tuesday & Thursday – Gym* • 5:30-6:30 p.m.

Senior Group focuses on training athletes who must swim all four strokes well. The main emphasis is geared to aerobic training. Swimmers are strongly encouraged to attend all practices as skills/progressions build from one practice to another.

Member: \$170/month | Community: \$220/month

*David Posnack JCC membership is required to attend gym sessions.

Please note — For all groups, in addition to the monthly fees, the following annual fees will be due at time of registration:

\$50 (uniform); **\$65** (USA swimming registration);
\$25 (administration)



NEW Masters Swimming | Adults of All Levels

Practices scheduled: Tuesdays & Thursdays • 6:00-7:00 a.m.
Fridays • 7:00-8:00 a.m.

Azura Florida Aquatics masters swimming is an exciting, fun and dynamic workout for adult swimmers of all abilities and ages. Competitive swimmers, triathletes and beginners are welcome. We offer every member an opportunity to improve swimming skills and achieve success at his or her level of ability. The program is designed to improve swimming technique, health, fitness and competitive skills.

DPJCC Member: \$65/month | Community: \$85/month

Please note — An additional \$75 registration fee will be required at time of sign up and includes the team uniform.

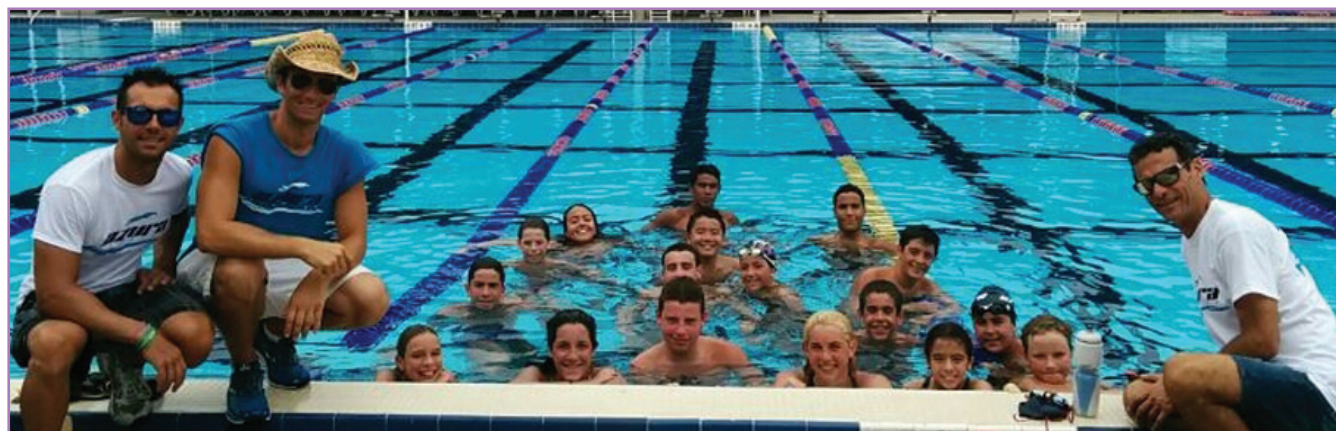


The JCC does NOT collect the fees for Azura team practices.

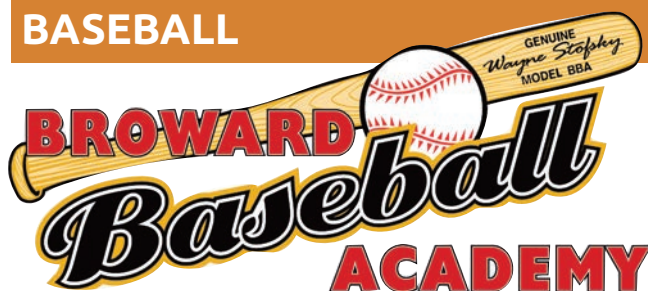
For registration and information call **954-473-9192** or **954-296-1434**. Email admin@azuraaquatics.com / visit www.azuraaquatics.com

Policies & Procedures

- Payment is due at time of registration.
- Fees are not prorated or refundable.
- There is no make-up for a missed practice session that is offered at its scheduled time.
- Practice schedule may vary based on necessity.



BASEBALL

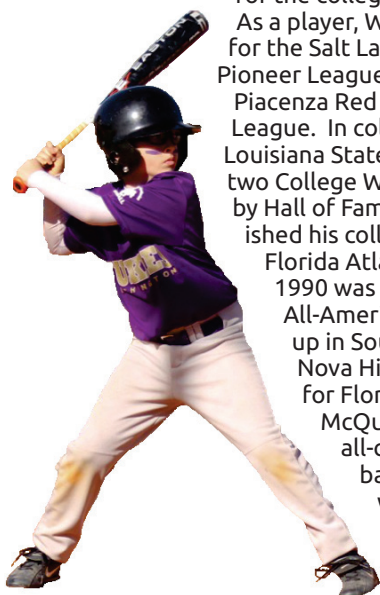
**WAYNE STOFSKY****Director of Broward Baseball Academy**

- Master's degree in sports administration
- Head coach, Pine Crest School
- Has played and coached at every level including professional baseball
- Participated in two College World Series with LSU
- Named Pre-Season All American by ESPN

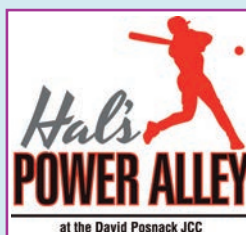
Wayne Stofsky says the goal of the **Broward Baseball Academy (BBA)** is to be the premier baseball and softball training facility in South Florida. Open year-round, BBA's areas of instruction include **hitting, fielding, pitching and base running**, but the ultimate goal is to make a difference in the life of a player. The Academy will help players improve their skills, teach them to respect the game and make sure they have fun. The programs are perfect for the beginner as well as the high-level competitive player. Academy director Wayne Stofsky has a master's degree in sports administration. He is currently the head coach at the Pine Crest School. His coaching career includes stints at Nova High School, Cooper City High School and at Miami-Dade College where he was the hitting instructor,

infield coach and handled recruiting duties for the college baseball powerhouse.

As a player, Wayne played professionally for the Salt Lake City Trappers of the Pioneer League and was a player/coach for Piacenza Red Devil Baseball in the Italian League. In college, Wayne played for Louisiana State University and was part of two College World Series teams coached by Hall of Famer Skip Bertman. He finished his college playing career at Florida Atlantic University and in 1990 was named a Pre-Season All-American by ESPN. Wayne grew up in South Florida and attended Nova High School where he played for Florida Hall of Fame coach Pat McQuaid. Wayne was a 3-time, all-county selection, county batting champ and in 1985 he was named Broward County Player of the Year and chosen as an all-state performer.

**FACILITY RENTALS FIELDS & BATTING CAGES**

Our lighted baseball, softball and kickball fields may be rented hourly or on a daily basis. We have two lighted fields and three bullpen pitching mounds.

TRAIN • PRACTICE • ENJOY

Hal's Power Alley is our 4,000 square foot covered hitting facility with three batting cages, pitching machines, batting tees and indoor pitching mounds—the perfect place for players to train year-round, rain or shine. The facility is available for rental by DPJCC members and the community for individuals, teams, corporate team building, professional instruction and special occasions and events.

Rental Fees:

1-hour batting cage rental with pitching machine:	Member \$40/Community \$55
1-hour batting cage rental:	Member \$30/Community \$40
15-minute batting cage rental with pitching machine:	Member \$12/Community \$15
15-minute batting cage rental:	Member \$10/Community \$12

For information and rental reservations call **Wayne Stofsky** at 954-683-7747 or email Wayne@BrowardBaseballAcademy.com. Visit online at www.BrowardBaseballAcademy.com.

MINORS BASEBALL • Ages 5 – 8

In this fun baseball class, players will learn the fundamentals of hitting a pitched ball, catching and throwing. We'll also teach drills and play some games.

Day	Time	Start Date	#	Member/Community	Code
T	3:45-4:30 pm	Feb. 24	12	\$180/\$230	HCTBACBT

MAJORS BASEBALL • Ages 9 – 11

In this more advanced baseball class, we'll focus on drills to improve a player's hitting and fielding skills. Pitching instruction will also be offered.

Day	Time	Start Date	#	Member/Community	Code
T	3:45-4:30 pm	Feb. 24	12	\$180/\$230	HCTBAPT

For more information call **Wayne Stofsky** at 954-683-7747 or email Wayne@BrowardBaseballAcademy.com.

PRIVATE/SEMI-PRIVATE LESSONS FOR ALL AGES

Available by appointment and weekly times can be reserved. Private lessons are 30 or 60 minutes in length. Semi-private or small group lessons, with up to four in a group, are 60 minutes in length. These lessons are good for the beginner and are perfect for the intermediate to advanced player.

Private Lessons:

- 30-minute: Member \$30/Community \$40
- 30-minute: Member \$160/Community \$205 (series of six lessons)
- 60-minute: Member \$50/Community \$65
- 60-minute: Member \$270/Community \$350 (series of six lessons)

Semi-private Lessons (up to four people):

- 60-minute: Member \$25/Community \$35
- 60-minute: Member \$140/Community \$185 (series of six lessons)

ADULT SOFTBALL LEAGUES

Softball is a wonderful recreational sport that can be played by men and women of all ages. Our two lighted fields can be rented for your league or event. For more information call **Wayne Stofsky** at 954-683-7747 or email him at Wayne@BrowardBaseballAcademy.com.

BASKETBALL



DAVID POSNACK JCC

JHoops at the J is a comprehensive basketball program offering classes to enhance skills, teamwork and sportsmanship, for boys and girls starting at age 3, and leagues for children in grades 1-12 and adults. For more information visit www.j-hoops.com or call **954-434-0499**.

Will Croud	Ext. 112
Assistant Sports & Wellness Director/Athletics	
Krystal Sheldon	Ext. 330
JHoops League Coordinator	
Jason Stura	Ext. 330
JHoops Basketball Coordinator/Coach	

ADULT BASKETBALL

ADULT LEAGUES

Play basketball with players on your level. JHoops offers a variety of adult leagues from recreational to highly competitive levels. Every participant receives a team jersey, 8 games, playoffs and team awards.

Day	Time	League	Member/Community	Code
Sun	8:00 am	Mello Yellow	\$105/\$135 or \$155* per person	HAJHMY5 (Half-court)
*For \$155 you get pick-up game privileges on league day				
M	8:00 pm	Monday	\$555/Team	HAJHMON
T	7:00 pm	Mello Yellow	\$85 or \$110 per person	HAJHMYT (Full Court)
T	8:00 pm	Tuesday	\$555/Team	HAJTUE
W	8:00 pm	Wednesday	\$555/Team	HAJHWED
W	8:00 pm	Synagogue	\$555/Team	HAJHSYN
Th	8:00 pm	Thursday	\$555/Team	HAJHTHUR

PICK-UP BASKETBALL
FOR MEMBERS

Pick-up times vary from month to month. For more information on available times call **954-434-0499**, **ext. 100** or see schedule posted on gymnasium doors.

Private Lessons/Small Groups

Your child can learn and improve his/her basketball skills by taking personalized lessons. Exploring and developing his or her potential is our main goal. Classes are adjusted according to the player's needs and personal comfort.

Private: Member \$45/Community \$60 (1 session)

Member \$410/Community \$535 (10 sessions)

Small Group: Member \$35/Community \$45 (per person/1 session)

Member \$310/Community \$410 (per person/10 sessions)

For more information or to schedule call **Jason Stura** at **786-354-4820**.

YOUTH BASKETBALL

JHOOPS BASKETBALL ACADEMY

Kids will learn how to play basketball and shift their game to the next level. They will gain knowledge of basketball fundamentals and drills, improve skills, learn about the game and its strategies, make friends and learn teamwork.

Day	Time	Start Date	#	Member/Community	Code
Pee Wee • Pre-K • Ages 3-4					
M	2:45-3:15 pm	Feb. 23	11	\$150/\$190	HCMJH1
T	2:45-3:15 pm	Feb. 24	12	\$165/\$210	HCTJH1
Rookies • Grades K-2 • Ages 5-7					
M	3:45-4:30 pm	Feb. 23	11	\$150/\$190	HCMJH2
T	3:45-4:30 pm	Feb. 24	12	\$165/\$210	HCTJH2
W	3:45-4:30 pm	Feb. 25	12	\$165/\$210	HCWJH2
Th	3:45-4:30 pm	Feb. 26	12	\$165/\$210	HCRJH2

Future Stars • Grades 3-5 • Ages 8-11

M	3:45-4:30 pm	Feb. 23	11	\$150/\$190	HCMJH3
M*	4:30-5:15 pm	Feb. 23	11	\$150/\$190	HCMJH3A
T	3:45-4:30 pm	Feb. 24	12	\$165/\$210	HCTJH3
T	4:30-5:15 pm	Feb. 24	12	\$165/\$210	HCTJH3A
W	3:45-4:30 pm	Feb. 25	12	\$165/\$210	HCWJH3
W	4:30-5:15 pm	Feb. 25	12	\$165/\$210	HCWJH3A
Th	3:45-4:30 pm	Feb. 26	12	\$165/\$210	HCRJH3
Th	4:30-5:15 pm	Feb. 26	12	\$165/\$210	HCRJH3A

*Girls Only Beginners

Junior Stars • Grades 6-8 • Ages 12-14

W	4:30-5:15 pm	Feb. 25	12	\$165/\$210	HCWJH4
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Senior Stars • Grades 9-12 • Ages 15-18

M*	5:15-6:00 pm	Feb. 23	11	\$150/\$190	HCMJH5
Th	5:15-6:00 pm	Feb. 26	12	\$165/\$210	HCRJH5

*Girls Only Advanced

JHOOPS BASKETBALL LEAGUES

JHoops offers a variety of youth leagues from recreational to highly competitive levels. Participants receive a team jersey, weekly practice, 8 games and playoffs and participation awards. The spring session starts Sunday, March 8, 2015 through Sunday, May 31, 2015.

Evaluation/Drafts

League	Grade	Time	Date	Code
ACC (co-ed)	1-2	6:00 pm	Feb. 23	HCJHACC
SEC	3-4	6:00 pm	Feb. 24	HCJHSEC
Big 10	5-6	6:00 pm	Feb. 25	HCJHTEN
Pac 12	7-8	6:00 pm	Feb. 26	HCJHPAC
Big 12 (co-ed)	9-12	Noon	Mar. 1	HCJHBIG12
WNBAJR (girls)	3-5	2:00 pm	Mar. 1	HCJHWNBAJR
WNBASR (girls)	6-8	4:00 pm	Mar. 1	HCJHWNBASR

Note: Some games may be played during the week.

League Fees

Member \$155 / Community \$195

No refunds will be given after game 1.
A \$75 cancellation fee will be charged if requesting a refund after draft is complete (teams are selected) and before game 1.
Register early. Don't let your child be left out because of late registration.



DANCE FOR CHILDREN

NEW

ZUMBA® FOR KIDS

ZUMBA® KIDS

Grade K-Age 10

The Zumba® Kids program is the ultimate dance-fitness party for young Zumba® fans, where they can play it loud and rock with friends. This program features age-appropriate music and dance moves that get kids movin' to the beat. It's all about feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching.

Day	Time	Start Date	#	Member/Community	Code
M	3:45-4:45 pm	Feb. 23	11	\$110/\$140	HCMZUMBA

ZUMBA® KIDS JR.

Ages 4-Pre-K

These classes are a dance 'n' play party for lil' feet, where pint-sized party animals get silly, dream big and begin their journey to a healthy future. Your kids will just love letting loose and being themselves – little bundles of natural energy that are endlessly curious about new sounds and experiences. Here they can socialize, move to age-appropriate music and play games with other kids.

Day	Time	Start Date	#	Member/Community	Code
W	3:00-4:00 pm	Feb. 25	12	\$120/\$155	HCWZUMBAJR

For information and registration call 954-434-0499, ext. 105.

HIP-HOP KIDZ®

Classes are taught by the nationally-renowned Hip-Hop Kidz® for boys, girls and teens, ages 3-18. Your child will learn great choreography, funky moves and awesome hip hop routines.



Day	Time	Start Date
M	3:00-3:30 pm	Ongoing (Ages 3-4)
M	4:00-5:00 pm	Ongoing (Ages 5-11)
T	5:00-7:00 pm	Ongoing (Performance Troupe-Kids & Teens)
T	7:00-9:00 pm	Ongoing (Production Company-Kids & Teens)
W	4:00-5:00 pm	Ongoing (Ages 5-11)

For more information, registration and fees call 954-499-7729 or visit www.hiphopkidz.net.



JCC maccabi
ArtsFest

Dream
Perform
Create

JCC Maccabi ArtsFest® 2015

A creative arts experience for Jewish teens ages 12-17

Hosted in Broward County by the David Posnack JCC
August 9-14

Teens with a love of the arts are invited to participate in a variety of classes and workshops with artists-in-residence. They may choose from dance performance, acting/improve, culinary, musical theater, rock band, star reporter, visual arts or vocal performance. If interested call 954-501-2015, email browardmaccabi@dpjcc.org or visit fortlauderdalejccmaccabi.com.



MEREDITH
DREYFUSS

DANCE
THROUGH
THE AGES

Directed by
Meredith
Dreyfuss



GABRIELA
MOR

For Boys & Girls • All Ages • Ballet / Tap / Jazz

Dance Through the Ages is dedicated to offering the highest quality dance instruction in a fun, positive and encouraging atmosphere. Students will learn technique, vocabulary and skills, while having a great time.

BALLET/TAP

Ages 7-10

This class is perfect for beginners or young dancers who have taken dance before. The class concentrates on the fundamentals of ballet and tap and incorporates a variety of music and rhythms that children love. **Ballet & tap shoes required.**

Day	Time	Start Date	#	Member/Community	Code
Th	4:15-5:15 pm	Feb. 26	12	\$190/\$255	HCRPTABT

KIDS GROOVE COMBO BALLET/TAP

Ages 3-4

This ballet/tap class incorporates the use of props (scarves, maracas, princess crowns, wands) while teaching the basics of terminology and technique. With only qualified instructors teaching, students learn in a fun, positive atmosphere.

Ballet & tap shoes required.

Day	Time	Start Date	#	Member/Community	Code
Th	3:00-4:00 pm	Feb. 26	12	\$190/\$255	HCRDTAKG

ULTIMATE DANCING FEET BALLET/TAP/JAZZ

Ages 5-6

This "workshop" class allows students to experience a variety of dance styles. Dancers learn technique and terminology in ballet, tap and jazz, with a concentration on how all the forms of dance connect. Upbeat music and an emphasis on "fun" allow students to feel comfortable to explore their own love of dance.

Ballet & tap shoes required.

Day	Time	Start Date	#	Member/Community	Code
W	4:30-5:30 pm	Feb. 25	12	\$190/\$255	HCWDTAPW

PEE WEE DANCE

Age 2

In this introductory class young dancers have the opportunity to learn the basics of dance — pointing, flexing, marching, turning, while using props such as scarves, maracas and princess/prince crowns and wands. Upbeat music keeps students motivated and interacting with both the instructor and other dancers.

Proper dance attire/ballet shoes required.

Day	Time	Start Date	#	Member/Community	Code
Th	2:30-3:00 pm	Feb. 26	12	\$180/\$235	HCRDTAPW

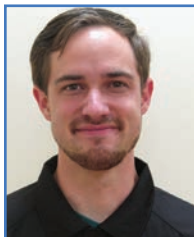
All dancers will have the opportunity to participate in our yearly dance recital in June.

For more information call 954-260-4409 or visit www.DanceTTA.com.
For registration call 954-434-0499, ext. 105.

Appropriate dance attire must be worn for all classes.
Students must meet age specifications by September 1, 2014.

MARTIAL ARTS**PRESCHOOL/CHILD MARTIAL ARTS****KARATE WITH
SENSEI HARRISON HUNTER**

Your children will learn self-defense and develop listening skills and self-confidence in a fun, non-competitive environment. Sensei Harrison, a second-degree black belt, is a member of USA Goju Federation Karate.



Day	Time	Start Date	#	Member/Community	Code
Preschool Karate • Ages 3 – 5					
M	2:45-3:30 pm	Feb. 23	11	\$110/\$140	HCMKAR1
W	2:45-3:30 pm	Feb. 25	12	\$120/\$155	HCWKAR1
Child Karate • Ages 6 & Up					
M	3:45-4:45 pm	Feb. 23	11	\$110/\$140	HCMKAR2
W	3:45-4:45 pm	Feb. 25	12	\$120/\$155	HCWKAR2

For more information contact **Sensi Harrison** at **954-536-1415** or **hhjr9@bellsouth.net**. To register call **954-434-0499, ext. 105**.

TEEN/ADULT MARTIAL ARTS**CUONG NHU ORIENTAL MARTIAL ARTS**

Cuong Nhu (Vietnamese for hard/soft) oriental martial arts, combines seven different hard and soft styles: shotokan karate, aikido, judo, boxing, tai chi, wing chun kung fu and vovinam. The physical training in Cuong Nhu includes empty hand, leg and weapons techniques, as well as ancient forms or *kata*. Cuong Nhu teaches exercise techniques to support and enhance good health and imparts practical tools for self defense. Cuong Nhu training promotes high ethical and moral standards and a strong physical and mental foundation that will serve you for a lifetime. For more information contact **Sensei Rich Browdy** at **954 559-5951** or email **RLBrowdy@icloud.com**.



Day	Time	Start Date	#	Member/Community	Code
M	6:30-7:45 pm	Feb. 23	11	\$145/\$185	HAMCN
Th	6:30-7:45 pm	Feb. 26	12	\$160/\$200	HARCN

For more information or to register for any of the martial arts classes call **954-434-0499, ext. 105**.

RACQUETBALL & WALLYBALL

SAVE
THE DATE

**7th Annual DPJCC
Racquetball Tournament**
April 24-26, 2015

Check out our website **www.jccracquetball.com** for pictures, sponsors, previous winners and the online registration form which should be available by the beginning of March. The tournament sells out very quickly, and we expect a sell out again this year.



We hope to see you all soon.
Regards,
Rick Bernstein &
Susan Suid
Co-chairpersons

**ADULT WALLYBALL (INDOOR VOLLEYBALL)**

In partnership with

**Played Every Tuesday Evening on the JCC's
Racquetball Courts**

Wallyball is similar to volleyball, but is played on a racquetball court. Players enjoy much more playing time and less ball chasing. Beginners find it easier than volleyball, since it is played with a soft rubber ball that can be played off the walls. However, it's every bit as exciting as volleyball.

No need to register—just come out and play. Court shoes are required. All games are pickup games. Players of all abilities are welcome. No equipment required.

Mosaic Outdoor Club of South Florida is an all-volunteer, non-profit Jewish outdoors club and an affiliate of Mosaic Outdoor Clubs of America. They organize events for the Jewish community throughout the South Florida area. For complete, up-to-date information, call **1-877-FUN-JEWS** or visit **www.SouthFloridaMosaic.org**.



Day	Time	Start Date	#	Fees
T	8:00-10:30 pm	Feb. 24	Ongoing	See below
DPJCC Members \$2 / Mosaic Members \$5 / Community \$10 Prices are per evening.				

TENNIS



ALEX GREGORY, JR.

- Attended Barry University
- USPTA Certified
- Has taught all levels of tennis for over 20 years, from tiny tots to high performance juniors



On the Ball Tennis Academy offers early childhood, children's and teen classes after school, Monday through Thursday, in addition to adult clinics and private lessons. Whether you or your child consider yourself a beginner or advanced player, we have just the program for you!

AFTER-SCHOOL TENNIS PROGRAMS

QUICK START TENNIS

Ages 3-Pre-K

In this fun tennis class, your child will learn the basic strokes and develop coordination and listening skills. Games are played each class. Class may include a snack.

Day	Time	Start Date	#	Member/Community	Code
M	2:45-3:30 pm	Feb. 23	11	\$180/\$235	HCMT245
T	2:45-3:30 pm	Feb. 24	12	\$195/\$255	HCTT245
W	2:45-3:30 pm	Feb. 25	12	\$195/\$255	HCWT245
Th	2:45-3:30 pm	Feb. 26	12	\$195/\$255	HCRT245

BEGINNER/INTERMEDIATE TENNIS

Grade K-Age 12

Students develop coordination and learn main strokes, drills, sportsmanship, fitness and rules, while having a great time. Games are played each class. Class may include a snack.

Day	Time	Start Date	#	Member/Community	Code
M	3:30-4:30 pm	Feb. 23	11	\$180/\$235	HCMT330B
T	3:30-4:30 pm	Feb. 24	12	\$195/\$255	HCTT330B
W	3:30-4:30 pm	Feb. 25	12	\$195/\$255	HCWT330B
Th	3:30-4:30 pm	Feb. 26	12	\$195/\$255	HCRT330B



ELITE PRE-ACADEMY TENNIS

Ages 9-13

This more intense class puts the emphasis on forehand and backhand strokes, spin/racquet speed, the approach game, net play, shot making, specialty shots and strategy, footwork and match play. The athlete will improve coordination, learn drills, etiquette, sportsmanship and rules. Games are played each class. Class may include a snack.

Day	Time	Start Date	Member/Community
M	4:00-6:00 pm	Feb. 23	see below
T	4:00-6:00 pm	Feb. 24	see below
W	4:00-6:00 pm	Feb. 25	see below
Th	4:00-6:00 pm	Feb. 26	see below

1X week: Member \$35/week | Community \$45/week

2X week: Member \$60/week | Community \$80/week

3X week: Member \$75/week | Community \$100/week

4X week: Member \$80/week | Community \$105/week

Must purchase in 4-week sessions.

ADULT TENNIS PROGRAMS

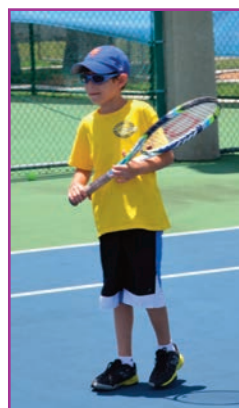
Tennis is a wonderful sport that can be played at any age. Our ladies' and men's clinics will help you improve your game, refine or learn new skills and make new friends. For more information call **Alex** at **814-280-0232**.

LADIES' CLINIC

Day	Time	Start Date	#	Member/Community
M	9:30-11:00 am	Feb. 23	1	\$25/\$35
M	9:30-11:00 am	Feb. 23	6	\$120/\$160
W	9:30-11:00 am	Feb. 25	1	\$25/\$35
W	9:30-11:00 am	Feb. 25	6	\$120/\$160

PRIVATE/SEMI-PRIVATE LESSONS FOR ALL AGES

Available by appointment. Private lessons are 30 or 60 minutes in length. Semi-private lessons are 60 minutes in length.



Private lessons:

Member/Community:

30-minute: \$35/\$45
 30-minute (series of six lessons): \$190/\$245
 60-minute: \$65/\$85
 60-minute (series of six lessons): \$360/\$465

Semi-private lessons:

Member/Community:

60-minute (two people): \$35/\$45
 60-minute (three people): \$25/\$35

TENNIS POLICIES AND PROCEDURES

- Fees are non-refundable.
- Group classes with less than three people are subject to cancellation or combined with another class.
- Camps and/or special events with fewer than 10 people registered are subject to cancellation.

For information and questions, call **Alex Gregory, Jr.** at **814-280-0232**, **Scott Smashey** at **954-505-1574** or email ontheballtennisacademy@gmail.com. For registration call Sports and Wellness at **954-434-0499, ext. 105**.

VOLLEYBALL



This program is being coordinated and coached by SoFlo Volleyball. SoFlo Volleyball coaches have experience in playing at the division 1 level as well as international level play, combined with decades of coaching experience in club volleyball and high school level volleyball programs.

A complimentary class is offered for all first timers.

**Children's classes take place on
racquetball courts #3 & #4.**

LITTLE BUMPERS

Ages 7-12 • Grades 2-6

These classes are designed to introduce the sport of volleyball with a focus on character, fitness and fun. The classes will help develop motor skills and hand-eye coordination, improve listening skills, court movement, footwork, footspeed, teach orientation to the ball and body agility training. Classes will include a warm-up and an introduction to fundamental skills that are used in passing, setting, hitting and serving. Team play will be introduced to prepare participants for middle school volleyball team play.

Day	Time	Start Date	#	Member/Community	Code
T	3:45-4:30 pm	Feb. 24	12	\$145/\$180	HCTVOLLEYLB

SUPER SPIKERS

Ages 13-17 • Grades 7-12

Classes will help develop motor skills and hand-eye coordination, improve listening skills, court movement, footwork, footspeed, teach orientation to the ball and body agility training. Participants will learn the fundamental skills used in volleyball that include: passing, setting, hitting and serving. Class will prepare the young athletes for high school and club volleyball team play.

Day	Time	Start Date	#	Member/Community	Code
T	4:30-5:15 pm	Feb. 24	12	\$145/\$180	HCTVOLLEYSS

Volleyball Policies and Procedures

- Payment is due at time of registration.
- No make-up classes for missed classes.
- Classes with less than three students are subject to cancellation or may be combined with another class.
- The DPJCC does not collect fees for SoFlo Volleyball Club Teams.

For more information call 954-434-0499, ext. 112 or ext. 105.

VOLLEYBALL PROGRAMS

VOLLEYBALL CLUB TEAMS

Interested in having your child try out to play on a team that will go to the AAU National Championships in Orlando? Club teams are formed according to skill level and play according to age. Teams are ages 12 and under through ages 17 and under. Teams practice and play through June. Club teams practice two to three times per week and play in several local and regional tournaments. Private and small group lessons are available by appointment. Accelerate the learning of your child's volleyball skills by giving him or her personalized lessons. For registration and information, call **Audie Lam** at 954-600-9810, email admin@soflovolleyball.org or visit www.soflovolleyball.org.

ADULT OPEN GYM

Wednesdays • 6:30-10:00 pm

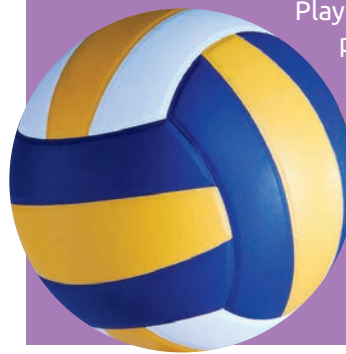
Play indoor volleyball

pick-up games on wood courts with players of different skill levels.

For more information call **Casio Vargas** at 954-200-4561.

Member \$5 /

Community \$7 per evening



LEAGUES

Leagues are coming soon! If you are interested in putting a team together and playing against other teams, please call **Will Croud** at 954-434-0499, ext. 112. Each participant receives a team jersey, games, playoffs and team awards. Call for fees.

TOURNAMENTS

In cooperation with SoFlo Volleyball, the DPJCC hosts junior volleyball tournaments on Saturdays, February 14, March 14, April 11 and April 25. If you have a junior volleyball team and are interested in participating, call **Audie Lam** at 954-600-9810 for details.



David Posnack Jewish Community Center
On the Nina & Louis Silverman Campus
5850 S. Pine Island Road • Davie, FL 33328

Non-Profit
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Saturday
March 7, 2015
8:00 p.m.

MACCABI *Madness* **31st Annual Gala**

Honoring

Debby & Dennis Eisinger & Lori & Mitch Green



Celebrity Painter Michael Israel presents *Art in Concert* • Master of Ceremonies Dale McLean

Open Bar | Dinner | Decadent Desserts | Music & Dancing | Silent & Live Auction

\$136 per person | Attire: Fabulous and Fun | Catering by Sterling Kosher Catering

www.jccgala.com | 954-434-0499, ext. 336