#### Alateen Training Module IV Part C

# Dealing with Challenges in Alateen





# There WILL be challenges in Alateen Service!

#### Tools and resources are available!

Remember, we are never alone in Al-Anon/Alateen!



# Know your resources

#### People

- Other Alateen Group Sponsors/AMIAS
- District/AIS/Area Alateen Coordinator
- District Representative
- Area Delegate
- World Service Office
- Members of supportive Al-Anon group
- Service Sponsor

#### CAL & Service Tools

- Al-Anon/Alateen Service Manual (P-24/27)
- **NEW** Alateen Service e-Manual
- Al-Anon/Alateen guidelines
- Alateen—Hope for Children of Alcoholics (B-3)
- Twelve Steps and Twelve Traditions for Alateen (P-18)
- World Service Conference Summary (P-46)
- How Al-Anon Works for Families & Friends of Alcoholics (B-24)

# Know Your Resources Tools we can use....



- Encourage the Alateen groups to study the Traditions and how they apply to the group as well at Alateen events
- Al-Anon/Alateen Conference Approved Literature and service tools
- Taking a Group Inventory guideline (G-8), group discussions and voting
- The links of service: the District Representative, district Alateen contact, Area Alateen Coordinator, other Area trusted servants

# Types of challenges in Alateen service

#### Part A:

- Safety/Legal matters
- Behavior problems in the group

#### Part B:

- Conflict
- Alateens in difficult situations ("Tough Stuff")
- Interactions with parents
- Public Outreach—building attendance

Part C:

- Understanding the Area Alateen Requirements and Process
- Broken Anonymity
- Finances

#### Challenges with the Area Alateen Requirements and Process

- In order to use the Alateen name, all Areas established Area Alateen Safety and Behavioral Requirements.
- All use of the Alateen name in the Area must be in compliance with the Area Requirements.
- When Al-Anon members are not in compliance with the Area Alateen Safety and Behavioral Requirements, it creates a challenge for the Area.

### Area Alateen Process Area Requirements

…if an Area within the World Service Conference Structure uses the Al-Anon or Alateen name in conjunction with **any** meeting(s), group(s), convention(s), or any other gathering(s) in the Area where Alateen participation is offered, the Area must have safety and behavioral requirements for all Alateen members and Al-Anon members involved in Alateen service. These safety and behavioral requirements must meet the minimum requirements of Al-Anon Family Group Headquarters, Inc."

#### (2003 Alateen Motion) 7

# Area Alateen Process Area Requirements and Area Processes

- In order to use the Alateen name, Alateen groups must be currently registered with WSO\* and in compliance with the Area Alateen Safety and Behavioral Requirements.
- The procedures for applying the Area Requirements are outlined in the Area Alateen Process.

# Area Alateen Process Minimum Requirements

In addition to minimum requirements for Al-Anon Members Involved in Alateen Service, the 2003 Alateen Motion set the following minimums:

- There must be at least one Alateen Group Sponsor at every Alateen meeting.
- The Area Requirements must prohibit overt or covert sexual interaction between any adult and Alateen member.\*
- The Area requirements must prohibit conduct contrary to applicable laws.
- The Area requirements must contain procedures for parental permission and medical care when applicable.
- The Area requirements must be reviewed by local counsel.

### Area Alateen Process Area Requirements

# See Module I

# Area Alateen Process Alateen Groups

- Alateen groups must have at least one certified AMIAS serving as Alateen Group Sponsor at each meeting.
- When no Alateen Group Sponsor is available, Alateens can attend an Al-Anon meeting that meets at the same time and place. (An Al-Anon member who is not certified CANNOT participate in the Alateen meeting.)

# Area Alateen Process Alateen Groups

- Alateen groups promptly update their group information whenever a change is made. Note that a change in Sponsor or CMA must be updated immediately, as groups do not qualify for registration without active AMIAS in these service roles.
- When was your Alateen meeting information last updated?

Area Alateen Process
 Annual Recertification

 The 2003 Alateen Motion states, "...each Area must have a process to certify, and must so certify to the WSO annually, that each Al-Anon member involved with Alateen service has met the Area's Safety and Behavioral Requirements and has agreed to abide by them."

## Area Alateen Process Area Recertification Process

- Each year, the Area Alateen Process Person will contact AMIAS, through the district level Alateen Chairperson, DR or AISL. The AMIAS must respond to several simple questions and indicate a desire to continue as an AMIAS.
- Anyone not responding is made inactive and can no longer work with Alateens.

## Area Alateen Process Area Recertification Process

- In the second year of each Area Panel (every 3 years), all AMIAS must undergo repeat background checks.
- This is the result of a vote at Fall Assembly in 2009.

## Area Alateen Process Alateen events



- Any event using the Alateen name must be in compliance with the Area Alateen Safety & Behavioral Requirements.
- Any event using the Alateen name is connected to the Area in which it is held.

## Area Alateen Process Alateen events



- Any open meetings at events including Alateens have a safety plan to insure that the Alateens are always in the care of certified AMIAS or a parent.
- When Alateens attend an event with their parent/guardian, the parent/guardian is responsible for their children before and after Alateen meetings and scheduled Alateen events.

Area Alateen Process Alateen events



- Alateen Conferences
- Al-Anon/Alateen Conventions
- A.A. Conventions with Al-Anon/ Alateen participation
- Roundups, fundraisers, open houses
  - Whose responsibility is it?
  - Area requirements

See Module III for more detail on Alateen Events.

# Minimizing challenges

- Have more than one Alateen Group Sponsor at each meeting.
- Set behavioral guidelines for the meeting with the Alateens. Review them frequently.
- Encourage Alateens to police themselves.
- Set boundaries with the Alateens.
- Don't accept unacceptable behavior.



# Minimizing challenges

- Seek support from others:
  - AMIAS, Alateen Group Sponsors
  - Al-Anon group(s)
  - District and Area Trusted Servants
- Participate in local/Area Al-Anon/Alateen events.



Have a burnout prevention plan!

# Minimizing Challenges Supportive Al-Anon groups:

- Are a source of certified AMIAS as backup Alateen Group Sponsors
- Welcome teens to their meeting
- Let the group know that Alateen is available

 Encourage their members to bring their children to Alateen
 See Module I: Alateen Overview

# Minimizing Challenges Remember your resources

- We are never alone in Al-Anon/Alateen...we have:
- Twelve Traditions and Twelve Concepts of Service
- Other certified Al-Anon Members Involved in Alateen Service
- Area Alateen Safety and Behavioral Requirements & Area Alateen Process
- Conference Approved Literature & service tools

# Minimizing Challenges Remember your resources

- *We are never alone in Al-Anon/Alateen…we have:*
- Al-Anon/Alateen Service Manual (P-24/27)
- **NEW** Alateen Service e-Manual
- Alateen guidelines
- The links of service:
  - District Alateen contact, District Representative, Area Alateen Coordinator, Area Alateen Process Person, Area Delegate and other officers, Area World Service Committee, Area Assembly
- World Service Office

Wrap Up **Contacts for Questions**  Area Alateen Coordinator: alateen52fls@gmail.com Area Alateen Process Person (AAPP): aapp.afg@gmail.com

# Wrap up

- We are never alone in Alateen
  Service...talk to each other, reason
  things out with someone else...
- Use the resources available



# We are all responsible...

From the Alateen Safety Guideline (G-34):

"Before recovery can take place, an environment of trust and safety must exist. It is the responsibility of Al-Anon and Alateen as a whole to work together to maintain a healthy, loving, and supportive environment."