



# KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

www.keralaortho.org

JUNE 2015

## DEAR FRIENDS & COLLEAGUES



I would like to thank each one of you for allowing me serve you as the president of Kerala Orthopaedic Association. The theme of this year is 'Aware of your scientific background and be proud of it.' It is a theme for awareness rather than

activity.

Today medical practice is being shifted from scientific base to evidence base. Understand they are not synonymous. Evidence base depends on statistical data. So it need not be scientifically correct. I had purposely selected this theme to make you aware of the dangers of evidence based medicine.

My article on this subject will be published in the next edition of Kerala orthopaedic journal. It is already available in our KOA site. Kindly go through them. It is the scientific basis that makes you different. Don't let industry take advantage of your lack of awareness.

**Dr. Dominic K. Puthoor**  
President, KOA



As I am writing these words almost at the midway of the last year of activities as Secretary, I am happy to note that 2014 was a lucky year for Kerala Orthopaedic Association. There were no loss from our members and we could get back IOACON to Kerala Oncemore. I Sincerely thank all the members helped us to get the Bid and also request the whole hearted co-operation of all.

August 4<sup>th</sup> is celebrated as Bone and Joint day and the preceding week will be known as Bone and Joint week and request all members to do some free surgeries and social programmes and report to KOA. Let me sincerely appeal once again to those who have not yet become IOA members to enroll in it at the earliest and also to encourage any of your colleagues who have not yet a member of KOA to join our association positively. I request our younger members to apply for the Fellowships offered by KOA, IOA and OASIS.

Let us all work together to elevate the Kerala Orthopaedic Association to greater heights

**Dr. Tajan. P.J.**  
Hon. Secretary, KOA

## KOA JOURNAL

**Kerala Journal of Orthopaedics** invites Original articles, Review articles, Case reports for its forthcoming issues. Guidelines for submission of articles and policies of the journal are available at <http://kjoonline.org>. Kindly send in your articles and your views on the journal to: [keralaortho@gmail.com](mailto:keralaortho@gmail.com) or [drmadanm@gmail.com](mailto:drmadanm@gmail.com). If you have not received the Dec. 2014 issue of the journal or if there is a change in your mailing address, email id or phone number, please intimate the same to the undersigned. The online edition of the journal is available online at [The site follows an Open Access policy](http://kjoonline.org), wherein no registration is needed to read or download <http://kjoonline.org> the articles.

**Dr. Madan Mohan**, Editor KJO  
Sreeramajayam, ACRAE 1, Prakrithi Park, Thangapara PO, Trivandrum-695 581  
Mob: 9895253675, [drmadanm@gmail.com](mailto:drmadanm@gmail.com)

### President's Theme

National "continue learning-to serve the society better"& State.." Aware of your scientific background and be proud of it"

## EXECUTIVE MEMBERS



**Dr. Dennis P. Jose**  
Treasurer



**Dr. Cherian Kovoov**  
Vice-President



**Dr. Babu Joseph**  
President Elect



**Dr. Vasudevan P.N.**  
Immediate Past President



**Dr. Jijo Jose**  
Joint Secretary



**Dr. Simon Mathew**  
Joint Secretary



**Dr. Madan Mohan B**  
Editor



**Dr. Shibu Varghese**  
Chairman  
Long Term Planning



**Dr. Jacob P.J.**  
Chairman  
Tra. Fellowship



**Dr. Arunlal K.P.**  
IT Secretary



**Dr. Joe Peter**  
Immediate Past hon.  
Treasurer



**Dr. Sreenath K.R.**  
Imm. Past Secretary



**Dr. Biju Jacob**  
OASIS  
executive member



**Dr. Ansu Anand**  
OASIS  
executive member



**Dr. Padmanabhan Nair P.V.**  
OASIS President



**Dr. Jimmy. M.L.**  
IOA Exe. Comm



**Dr. Prashanth B.H.**



**Dr. Shanavas E.K.**



**Dr. Girish Gopinath**



**Dr. John T. John**



**Dr. Mathew K.M.**



**Dr. Narayana Prasad**



**Dr. Tony Kavalakkat**



**Dr. Sajan Mohan Raj P**



**Dr. Jim F. Vellara**

President's Theme

## EXECUTIVE MEMBERS



Dr. Satheeskumar Pillai



Dr. Sathyanarayanan



Dr. Adarsh R.



Dr Shakeel Anwar



Dr Sabin Viswanath



Dr. Ram Mohan K.P



Dr Binod R



Dr. Rashid A.S.



Dr. Shameer Ali



Dr. Prasad M. Menon



Dr. Rajmohan C.K



Dr. Tigy Thomas Jacob



Dr. John A.A.  
OASIS vice-President



Dr. Anen N. Kutty  
IOA executive



Dr. Vinod Padmanabhan  
IOA Executive

## KOACON-2015 AWARD WINNERS



Dr. Georgy Kuruville  
P.K.S. Gold Medal



Dr. Abdul Gafoor P.M.  
Best Poster  
Best P.G. Paper



Dr. Ajith Jose  
Best Video



Dr. Unnikrishnan J



Dr. Harikrishnan

## QUIZ WINNERS ALAPPUZHA TEAM

President's Theme

## KOACON-2015,VYTHIRI

The 34<sup>th</sup> Annual State conference of Kerala Orthopaedic Association (KOACON 2015 ) was conducted at Vythiri Village Convention Center Wayanad on 22<sup>nd</sup> to 25<sup>th</sup> January 2015. Calicut Orthopaedic Society hosted the event. Dr Tony Kavalakkatt was the Organising Chairman and Dr Aneen N Kutty was the Organising Secretary.

Dr PA Alexander CME was held on 23<sup>rd</sup> January 2015 (Theme: Pits & Pearls in Periarticular Fractures of the Upper Limb) and was inaugurated by KOA President, Dr P N Vasudevan. The CME was followed by conference inauguration at 5:30 pm on the same day. The inauguration was solemnised by Hon. Minister Kumari P K Jayalakshmi (Minister for Welfare of Scheduled Tribes, Youth Affairs, Museum & Zoos).

The conference was conducted on 24<sup>th</sup> and 25<sup>th</sup> January 2015 and was attended by 856 delegates.It was a record number of delegates to KOACON



BEST CHAPTER  
2014  
CALICUT  
ORTHOPAEDIC  
SOCIETY

## CAPE-KOAA T IMA KOCHI

Cape-KOA on 1<sup>st</sup> March 2015 at IMA Kochi, CME Topic was **Fracture Neck of Femur** . The organising chairman was Dr.Jai Thilak . & Org Secretary was Dr. Dennis P Jose. They were ably supported by Dr. Chandrababu,Dr Babu Joseph, Dr VV George Dr John T John Dr.Sabin , Dr. Premkumar, Dr. Praveen Kumar KS . Dr. Sachin Tapasvi from Bombay was the outside faculty .The next session is on Sunday 5<sup>th</sup> July 2015 at IMA Kochi.



### President's Theme

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### **INAUGURAL SPINE CME OF KOA, IMA KOCHI**

The Spine society of KOA conducted its inaugural CME on 15 th March 2015 at IMA hall Kochi under the convenership of Dr Suresh Pillai and Dr.Jim F Vellara. This was formed with the intention to create better awareness about the current trends in spine care among orthopedic surgeons. This would help our people get timely state of the art care. This programme will also help the spine aspirants to come forward and teke the light forward. Every six months similar CME and or other educational progammes will be conducted at different place of kerala under the leadership of the spine surgeons there.



### **CALICUT ILIZAROV COURSE**

Calicut Ilizarov course 2015 conducted on May 9 th and 10th at Hotel Maharani ,Kozhikode. This was organised by the department of Orthopaedics ,Medical college , Kozhikode, This was the third time conducted the couse with accreditation of 5 hours by TCMC. The faculty were Dr Mangal Parihar, Dr Cherian kovoov, Dr T.K Jeejesh kumar and Dr Krishnakumar

The workshop and CME was inaugurated by Dr.Tajan KOA secretary and was presided by Prof Gopakumar. The Organising secretary was Dr.TK jeejesh kumar.



### **'FRONTIERS IN ORTHOPAEDICS' ON THE 26<sup>TH</sup> OF APRIL**

CME from Aster Orthopaedics in this direction where the experts in their respective fields shared their cutting edge developments in the different facets of Orthopaedics. There were lectures, live demonstration and interactive which throw light into the latest developments in each sub specialty. The CME had specific emphasis on Navigation Assisted Pelvic Surgeries and Knee

## FOOT AND ANKLE SYMPOSIUM 2015

Indian Foot and Ankle Society's The Foot and Ankle Symposium 2015 was held at IMA house Kochi on 23<sup>rd</sup> & 24<sup>th</sup> of May 2015 under the aegis of KOA and The Cochin Orthopaedic Society. Dr. Rajesh Simon was the organizing chairman. The two day CME cum workshop was inaugurated by the President of Indian Foot and Ankle Society Dr. Rajiv Shah and presided by the President of Kerala orthopedic association Dr. Dominic Puthoor and the President of The Cochin Orthopaedic Society Dr. Sabin Viswanath. The international faculties were Dr. Micheal Dujela, Dr. Jeffrey McAlister and Dr. Kiran Patil from USA. The National faculties were Dr. Rajiv Shah, Dr. Balwnder Rana, Dr. Abhishek Kini, Dr. Sundararajan and Dr. Rajesh Simon.



## BASIC CME OF KOA

Basic CME of KOA was conducted in Hotel Hycinth, Trivandrum on May 31st 2015 by the Dept of Orthopedics, Govt Medical College, Trivandrum and Trivandrum Orthopedic Society. The theme was "Tips and Tricks in Primary Total Hip Replacement". Dr Shiju Majeed was the organising Secretary. Lead faculties were Dr Suryanarayan of SRM institute Chennai, Prof Cherian Thomas of SP Fort Hospital, Prof KC Gopalakrishnan of SUT hospitals, Prof CS Vikraman GMC, Trivandrum, Dr Mohammed Nazeer KIMS Trivandrum and Dr Biju George from Cochin.

The meeting was attended by 83 delegates and was awarded 3 credit hours by TCMC. A post lunch workshop on Exeter and Dual mobility cup was conducted by M/s Stryker with

Dr Bipin Theruvil as demonstrator. On 30th May 2015, Basic Nurses Training Programme was also conducted in Trivandrum with Dr Sabarisree as Organising Secretary. The talks of the CME are available online at <http://mchtmorthodept.org>. Orthopedic Crossfire section where interesting situations in primary THR was presented, received accolades with engaging participation of the delegates and the faculty.

## FORTHCOMING EVENTS

July 5	CAPE KOA	Kochi	Dr.A.A.John
JULY 10-12	CTIC	Calicut	Dr.Subrahmanyam V.
Aug 2	CME	Thiruvalla	Dr.Shibu Varghese
Aug 21-23	OASISCON	Kodaikkanal	Dr.Muraleedharan
Sep 25-27	Deformity Course	Palakkad	Dr.Tajan P.J.
Oct 11	Advanced CME	Malappuram	Dr.Rashid A.S.
Nov 1	Cape-KOA	Kochi	Dr.A.A.John

### President's Theme

## KOA TRAVELING FELLOWSHIPS 2015-16

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA

1. K.O.A. fellowships 2 Nos (Rs.5000/- Each)
2. Dr.Vargheese Mathai Fellowship 1 No (Rs. 2500/-)
3. Basic Research Fellowship 1 No. (Rs.10000/-)

Applicants should be below the age of 40 years as on 31-12-2015. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed. Application form can be downloaded from the official web site of KOA [www.keralaortho.org](http://www.keralaortho.org) Criteria for the selection is given in detail in the website.the web site Duly filled application forms and C.V. may be send to the Chairman, Traveling Fellowship Committee in the address given below, so as to reach him at the latest by **30<sup>th</sup> September 2015**

### Address for Communication:

**Dr. Jacob P.J** Chairman, Travelling Fellowship Committee of KOA  
Pulikkottil House , Myelipadam Thrissur City PO, Thrissur – 680020  
Mob: 9447380941 , email: jacobpj100@yahoo.co.in



Venue:

Lulu International Convention Centre  
Puzhakkal, Trichur



### Registration Tarrif

Dates	Member	Accompanying Person	NonMember	PG	Banquet	Incidental charges
1-2-2015 to 30-11-2015	₹ 3000	₹ 1800	₹ 4200	₹ 1800	₹ 1000	₹ 300
1-12-2015 to 15-01-2016	₹ 3500	₹ 2100	₹ 4900	₹ 2100	₹ 1000	₹ 300
Spot&after 15-01-2016	₹ 5000	₹ 3000	₹ 7000	₹ 3000	₹ 1500	₹ 300

Organizing Chairman  
Dr. Rammohan K.P.

Organizing Secretary  
Dr.Sreenath K.R.

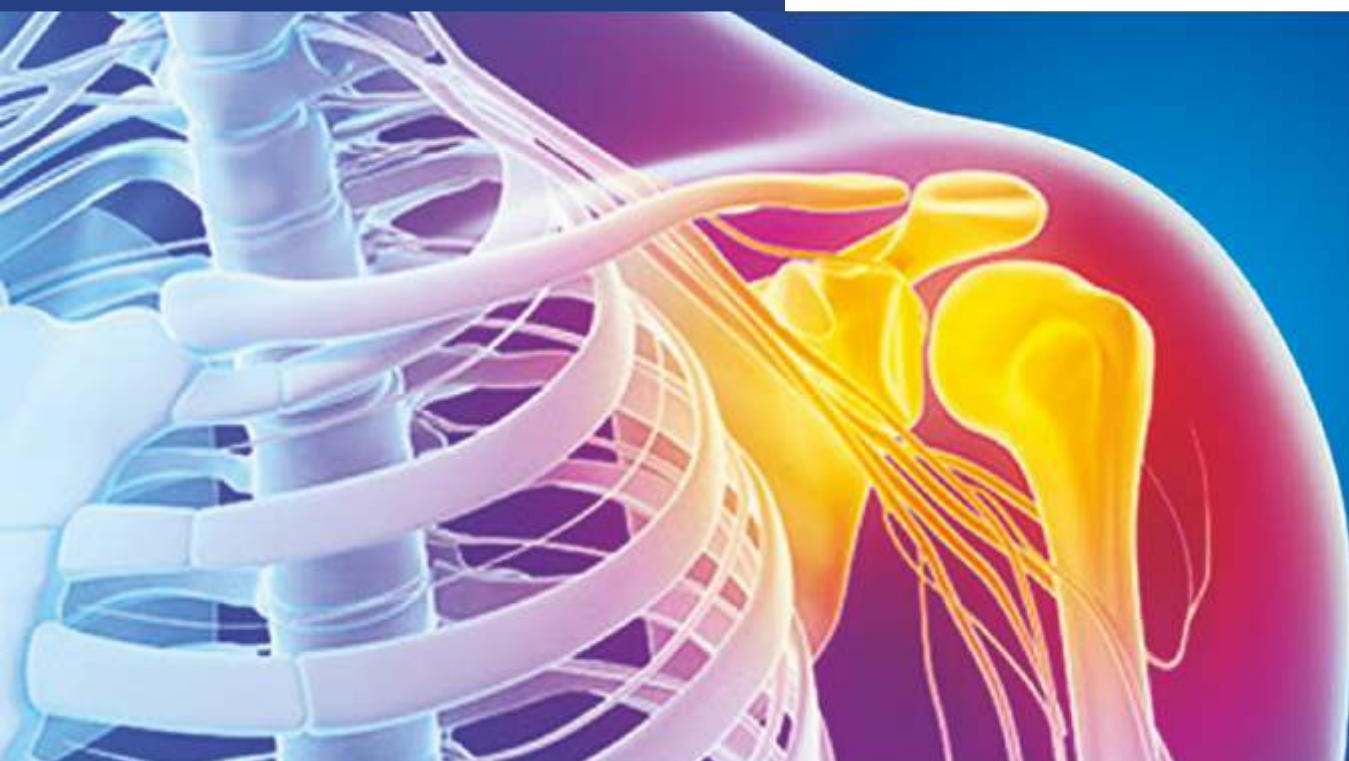
Residential Package: ₹13000 upto 30-11-2015

[www.koacon2016.com](http://www.koacon2016.com)

A CME ON PROXIMAL HUMERUS  
FRACTURES MANAGEMENT  
**CURRENT CONCEPTS,  
CONSENSUS AND  
CONTROVERSIES**  
under the aegis of KOA  
and MKOC



**PUSHPAGIRI  
ORTHOCON  
2015**



APPLIED FOR CME CREDIT HOURS

## **BONE MODEL WORKSHOP**

2ND AUGUST 2015

SENATE HALL  
PUSHPAGIRI MEDICAL COLLEGE

8.30 AM

Organizing Chairman  
**Prof. Dr. P.S. John**  
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drpsjohn@gmail.com

Organizing Secretary  
**Dr. Shibu Varghese**  
+91 98462 95156  
shibu05@yahoo.com



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