



December



2020

With over 40 years of proud service to Seniors in 14 municipalities of Western Chester County.



CASC Holiday Schedule

Here at CASC, we like to do the holidays up...big time. Our past celebrations have been epic for sure and why would a pandemic stop CASC? Holidays at CASC will look a little different but will nonetheless be equally as fun, all capped off with a delicious Holiday Lunch prepared by Miss Bee. See what's in store:

Tuesday 12/1; Great Courses: Christmas in Victorian Britain.

Thursday 12/3: Great Courses: Christmas in Victorian America.

Mon. 12/7: Virtual Holiday Trivia Game.

Wed. 12/9: DIY Christmas Plate: **YouTube** Craft Class.

Fri. 12/11: Virtual **YouTube** Concert: *Sweet Life*.

Sat 12/12: Drive Thru Living Nativity (See below)

Mon. 12/14: DIY Food Gift; CASC-TV! on **YouTube**.

Wed. 12/16: Holiday Bingo! Special Prizes.

Fri. 12/18: Poinsettia Day; in the drive-thru. A gift from Freedom Village.

Mon. 12/21: Hello Winter! Hot Cocoa & Cookies in the drive-thru.

Tues. 12/22: Hannukah & Kwanza: Sweet treat in the drive-thru.

Wed. 12/23: Happy & Safe New Year from CCDAS; First Aid Kits



Season's Greeting & Merry Christmas from CASC

*All events while supplies last

Living Nativity at CASC

Drive thru and witness the scene that tells the story of a very special night in Bethlehem via 19320 and Coatesville's own senior community.

Date: December 12th, 2020
6P-6:45P; 7P-7:45P

Twinkle, Twinkle Little Star

Christmas comes to Coatesville this year and we are ready to make 2020 the best one ever. Leave it to the businesses, churches and non-profits coming together to **Light Up The Night**. So what is this all about? Check it out:

- ⇒ Date: December 12th, 2020
- ⇒ Time: 4:00P-8:00P
- ⇒ Location: Throughout Coatesville.
- ⇒ Find out more on CASC's Facebook page

JAMES J. TERRY FUNERAL HOMES



736 E Lancaster Ave
Downingtown, PA 19335
(est. 1997)
610-269-6567
James J. Terry, Supervisor

Helping Families Honor The Lives of Those They Love

Visit Us: www.jamesterryfuneralhome.com

1060 W. Lincoln Highway
Coatesville, PA 19320
(Valley Township)
484-378-7210
Gregory C. Froio, Supervisor

THIS SPACE IS
AVAILABLE

SPREAD THE WORD:

**A Thriving, Vibrant
Community Matters**



**Support Our
Advertisers!**

**PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM**



\$29.95/MO
BILLED QUARTERLY

PLUS
SPECIAL
OFFER

CALL NOW! 1.877.801.7772
WWW.24-7MEDALARM.COM

Heal
BETTER

Compassionate
Post-Hospital Therapy



HICKORY HOUSE

Premier Nursing
& Rehabilitation
610.273.2915

3120 Horseshoe Pike
Honey Brook, PA 19344
HickoryHouseNursingHome.com



BREUNINGER

INSURANCE

Home • Auto • Business

"Our clients feel like family"

1140 West Lincoln Highway
Coatesville, PA 19320

Quality Service Since 1947

610-384-1980
800-752-6539
binsured.com



**Harris
Mountain**

FUNERAL & CREMATION
SERVICE INC.

KEVIN L. MOUNTAIN, Supervisor
ROBERT A. HARRIS, Director

1030 E. LINCOLN HWY, COATESVILLE, PA

(610) 384-1091

www.harrismountain.com



Programs And Activities



CASC is expanding its Health & Wellness offerings during the pandemic and creating new ways of staying active. CASC introduces Elite Therapy Solutions/ETS. Say hello to our new friends...

Jason Dandrea, PT, MPT, MDT, OCS

Physical Therapist

Growing up in South Jersey, Jason earned his Bachelor's degree in Exercise Physiology from The College of New Jersey and achieved his Master's in Physical Therapy from Temple University. Jason treats patients of all ages and diagnoses for more than 18 years, including TMJD and vestibular therapy. Specializing in outpatient orthopedics, he has taken various continuing education courses and is Board Certified in Orthopedics. He has a specialized certification to treat the spine and Jason feels it is important to incorporate a variety of approaches to treating patients including: manual therapy, exercise, and modalities, while always using the most up to date research. In his spare time, Jason enjoys spending time with his family, coaching soccer, and being active in the outdoors.



The perfect drink for wintery, cold nights? *Vin chaud, vin brulé, grzane wino, gløg, bisschopswijn, Glühwein*-however you say it, **Mulled Wine** is a warming, aromatic drink whose every sip, tastes like “the holidays ” in a mug.

1 Lemon; 2 Oranges
8 Cloves; 2 Cinnamon sticks
1.5 inch piece Ginger, peeled and sliced
1/3 Lt. Brown Sugar
1/4 Cup Port or Brandy
1 bottle full-bodied red wine
2 cups apple cider
For the garnish
1/2 Orange, 1/2 Lemon sliced into half moons
6-8 cinnamon sticks

METHOD

Remove the zest from the lemon and one of the oranges with a potato peeler into thin strips, then juice the zested orange. Push cloves into the remaining orange.

Gently, add all the ingredients to the pot. Put over a low heat and stir until the sugar dissolves, then turn up the heat slightly to a gentle simmer for 15-20 minutes. Do NOT boil or overheat.

Remove heat and cool down for a few minutes before ladling into glasses. Garnish with the orange and lemon slices and a cinnamon stick.

Tesco.com

HAPPY HANUKKAH; THE FESTIVAL OF LIGHTS

HANUKKAH COMMEMORATES THE REDEDICATION DURING THE SECOND CENTURY B.C. OF THE SECOND TEMPLE IN JERUSALEM, WHERE ACCORDING TO LEGEND JEWS HAD RISEN UP AGAINST THEIR GREEK-SYRIAN OPPRESSORS IN THE MACCABEAN REVOLT. **HANUKKAH**, WHICH MEANS “DEDICATION” IN HEBREW HAS A LOT OF TRADITIONS SURROUNDING IT; THE FESTIVITIES LAST FOR EIGHT DAYS AND NIGHTS, A *MENORAH* IS LIT TO SYMBOLIZE THE MIRACLE OF THE OIL, AND SPECIAL FOODS ARE SHARED.

HANUKKAH SAMEACH! FROM THE CASC STAFF



DECEMBER 22ND; HANUKKAH TREATS IN THE DRIVE-THRU 12P-1:30P

BINGO! At home with CASC

Every Wednesday at 2P
No Technology Needed | Just a phone call

Toll Free Call 1-720-740-9831
Access code press: 6255753
Followed by the (#) button

Prizes on 12/16:
PA Lottery
Scratch Cards



Expand Your World
Tuesday & Thursday at 10A
Email for a Zoom Invite

Tuesday 12/1; 10A

Christmas in Victorian Britain

Many of the elements of Christmas that we take for granted today were not associated with the holiday until the Victorian era. For example: gift giving, trees, singing carols, Christmas dinner, and sending Christmas cards all came from Victorian Britain. This period also brought some unusual practices that we no longer partake in, such as a (surprisingly often violent) game school children would play, in which they would lock their teachers outside. Dive into the traditions we kept and those that fell to the wayside over the years.

Thursday 12/3; 10A

Christmas in Victorian America

From noisy, rancorous, and dangerous parades held in Philadelphia and New York to a tradition that involved cracking whips at children while they tried to collect candy and nuts, Christmas practices in America have undergone several evolutions. Uncover some of the most unusual traditions and learn how retail holiday windows, Christmas bonuses, and a jolly, friendly version of Santa Claus all grew from the American melting pot.



POKENO

At home with CASC

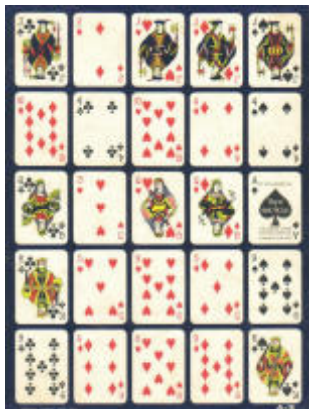
Second & Third
Friday

Dec. 11 & 18

Time: 2P-3P

Holiday Themed Prizes

Get a card and directions at the drive thru!



Pokeno Sponsored by UHC

Toll Free Call
1-602-580-9502

Access code press: 6393255
Followed by the (#) button

Zoom Schedule

Join us for a work out, a learning series or play a group game; here are CASC's virtual offerings for December. Email for a Zoom invite:

Info@coatesvilleseniorcenter.org

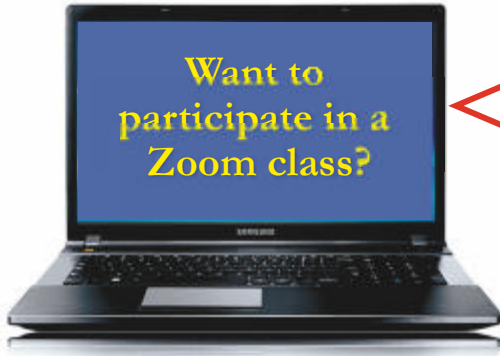


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| 9:30A FUN ctional Fitness with Maddie – Chair Class | 10A Great Courses <i>Plus</i> Holiday Edition | 9:30A FUN ctional Fitness with Maddie — Chair class | 10A Great Courses <i>Plus</i> Holiday Edition | 9:30A FUN ctional Fitness with Maddie – Chair class |
| 10:30A FUN ctional Fitness with Maddie | NEW YouTube Video Tuesday | 10:30A FUN ctional Fitness with Maddie | | 10:30A FUN ctional Fitness with Maddie |
| | | 2P BINGO! | | 2P Pokeno (12/11 & 12/18) |

Virtual Activities

@CASC

on Zoom



Info@coatesvilleseniorcenter.org

To receive a Zoom invitation. Internet and email required.

DIY Drink & Gift

Make and customize your own cocoa mix and an inexpensive gift idea too!

December 14, 2020
CASC-TV! on YouTube



Let's Get Crafty

"Comfort" gifts are the giving trend this year- think cozy with a touch of homemade.

A Decoupage Cookie Plate is a perfect

way to feature holiday treats. Kit includes: choice of holiday themed fabric, instructions, glass plate, sponge brush and adhesive.

Here's how it works:

Reserve Kit by: Dec. 4th (Email or Call)

P/U Kit: Dec. 7th- Dec. 11th (In Drive-Thru)

Price: \$5.00

How To Video on YouTube at CASC-TV!

Watch at your convenience. Give it a try

What Is ZOOM? A video conference call with multiple people, at the same time.

What Do I Need? Internet and a camera enabled computer or tablet.

What Do I Do? Email the [address](#) above. You will receive a link to join the Zoom call for a scheduled day and time.

Go To: CASC-TV! on YouTube to find out more

YULETIDE TRIVIA

Get in the spirit with a rousing game of CASC's **Virtual Holiday Trivia Game**. All you need is a camera enabled computer or tablet.

Date: Monday December 7th, 2020
Time: 2P

Here's how it works: Email above for a Zoom invite. Click link and it's that easy. Keep your camera on.

How To Play: The Host will read trivia questions- first person to RAISE their hands will be unmuted to answer question. If correct, they win the point! Most points, wins.

Prizes: First, Second and Third place

Welcome the first day of winter with a warm cup of Hot Cocoa & a cookie.

Meet us in the Drive-Thru to receive a small care package to help chase the chill away.

Date: Dec. 21st
Time: 12P-1:30P

Made possible by a donation from Freedom Village



Freedom Village at Brandywine



You are invited... to a YouTube Virtual Christmas Concert
Sweet Life

We are thrilled to have returning performers, married couple Matt and Carol of *Sweetlife*. Their sparkling harmonies will have you singing along with classics from yesterday and today.

DATE: December 11th, 2020

CASC-TV! on YouTube

Watch all month long, whenever you like.




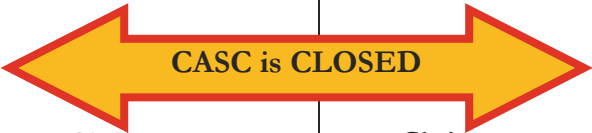

NOSTALGIA

CASC

kitchen

December 2020

1/2 pint 2% milk served with each meal
1 packet condiment served with each wrap/
sandwich

| Monday | Tuesday* *Serving Breakfast | Wednesday | Thursday | Friday* *Serving Breakfast |
|--|--|--|---|---|
|  Chester County Department of Aging Services | 1 Blazing Salad Chicken Cobb Salad Egg/Bacon/Cheese Roll Dessert | 2 Breakfast For Lunch Eggs Hash Browns Dessert <i>See below</i> | 3 Fit for Royalty Chicken a la King over Rice Peas & Carrots Dessert | 4 Que Delicioso! Cuban Sandwich Pork/Ham/Swiss Broccoli Dessert |
| | 7 Classic Americana Chicken Fingers Mac & Cheese Stewed Tomatoes Dessert | 8 Sailing Away Zucchini Boats Stuffed with veggies and quinoa Buttered Noodles Dessert | 9 Go Go Italiano Chicken Marsala Brown Rice Green Beans Dessert | 10 Like Buttah Hot Roast Beef with Provolone Cheese Broccoli Rabe Baked Potato Dessert Hanukkah Begins |
| 14 Noah's Boy GAC Grilled Ham & Cheese Beef Barley Soup Carrots Dessert -First Day of Winter- | 15 Soup Is Good Food Vegetable Soup Chef's Salad Egg/Turkey/Ham and Cheese Dessert | 16 Hot from the Oven Baked Penne Italian Blend Veggies Garlic Bread Dessert | 17 Old School Classic Turkey Ham & Cabbage & Potatoes Rolls Dessert | 18 Gone Fishin' Salmon Cakes Side House Salad Home Fries Fruit |
| 21 Home on the Range Beef Chili Brown Rice Mixed Winter Veggies Dessert | 22 Classic Combo Grilled Cheese Hearty Tomato Soup Green Beans Dessert | 23 Christmas Dinner Crab & Flounder Fettuccini Alfredo Butternut Squash Broccoli Dessert |  CASC is CLOSED | |
| 28 | 29 | 30 | 31 Christmas Eve | Christmas |
|  CASC is CLOSED for the week. Happy New Year! See you in 2021 | | | | *Breakfast for Lunch <i>Items may include</i> <u>French Toast Sticks,</u> <u>Home Fries or</u> <u>Pancakes; Syrup</u> |
| | | | New Year's Eve | |

Meals served at the Coatesville Senior Center are provided by the Chester County Department of Aging Services. Membership to the senior center is not required for participation in the congregate meal program. **Individuals 60 and older** who are 185% or above the federal poverty level are asked to make a voluntary and anonymous contribution of \$2.00 towards the cost of the meal. **Individuals under the age of 60 are welcome to enjoy a noon meal for a cost of \$4.50.** Menu is subject to change without advance notice. The official registration and financial information for the Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll-free (within Pennsylvania) 1-800-732-0999. Registration does not imply endorsement.



STAUFFER FUEL, INC.

Serving the Community Since 1934

OIL SERVICES • COAL SALES • HVAC SERVICING

Visit Us: www.staufferfuel.com

(610) 384-4398

2850 Manor Road
Coatesville, PA 19320



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide





SafeStreets

1-855-225-4251

Eat, Drink **And** Be Well

METHOD

1. Blend softened butter and sugar in a large missing bowl with an electric mixer.
2. Beat in eggs, one at a time, milk and vanilla.
3. In a separate bowl, mix baking soda, salt and flour together.
4. Add dry to wet, 1 cup at a time mixing after each addition until all flour is incorporated.
5. Divide dough into three equal portions; create a log and wrap with plastic. Refrigerate until needed.

INGREDIENTS

Master Cookie Dough
1 1/2 C Butter, softened
1 1/2 C Sugar
1 Tbl. Milk
1 1/2 Tsp. Vanilla
1/4 Tsp. Baking Soda
1/2 Tsp. Salt
2 Eggs
4 1/2 C AP Flour

Now, if you know me, you know, I don't bake. My sister Lori received those genes and I got the cooking ones!

This easy cookie recipe is perfect; one simple dough, and I can make SO many different varieties of cookies. I don't care for chocolate chips, so I use pecans and toffee chips. Bake what YOU enjoy to eat— these are delicious warm, out the oven with glass of milk. Happy Holidays! *Enjoy, Miss Bee*

Thumb Print Jammies

1/3 portion Master Cookie Dough
1/2 C Jam (your fave)



METHOD

1. Cut a roll of refrigerated master cookie dough long log.
2. Roll 1 Tbl. of dough into a ball and using the end of a wooden spoon, gently create a well,
3. Add jam— do not over fill.
4. Bake at 375, 1 inch apart on baking sheet for 8-10 minutes.
5. Let cool on wire rack.

Salted Pecan Toffee Chip

1/3 portion Master Cookie Dough
3/4 C Toffee Chips
Sea Salt
Coating
1/2 Chocolate Chips
Crushed Pecans
Salt to finish



METHOD

1. Mix toffee chips into master cookie dough.
2. Shape dough into a 8-10 inch long roll. Refrigerate for 4 hours
3. Cut cookie dough into 1/4 inch rounds, place 1 inch apart on baking sheet.
4. Let cool on wire rack.
5. Melt chips in microwave at 30 second intervals. Do not over heat.
6. Dip cookie into chocolate, place on rack and sprinkle nuts and/or salt. Let chocolate harden.

Lemon Almond

1/3 portion Master Cookie Dough
2 Tbl. Lemon Zest
1 Tsp. Almond Extract
Sea Salt
Frosting
1/4 C butter, softened
2 C Powder Sugar, sifted
1 Tsp. Lemon Juice
1/4 Tsp Vanilla Extract
Almond Extract to taste



METHOD

1. Mix lemon zest and almond extract into master cookie dough.
2. Shape dough into a 8-inch long roll. Refrigerate for 4 hours
3. Cut cookie dough into 1/4 inch rounds, place 1-2 inches apart on baking sheet.
4. Bake at 350 8-10 mins. Let cool on wire rack.
5. Cream butter. Gradually add 1/2 of powder sugar until mixed.
6. Beat in rest of liquid ingredients, mix well. Add rest of sugar. Mix until combined.
7. Frost cookies and decorate.

Connected And In The Know



During the holidays, scammers are ready to do harm, but what happens when a family member is doing the exploiting?

FRAUD RED FLAGS

- ◆ Having trouble paying bills or making purchases (food, clothing, medicines) that they could previously afford.
- ◆ A relative or caregiver acting as “gatekeeper” toward other family members, and avoiding having visitors or direct phone contact with the elderly person.
- ◆ Complaints of mislaid or missing items in the household, or suspicious transactions in bank or investment accounts that the senior cannot explain.

We are taught from an early age: “beware of strangers.” We’ve been trained to be look out for “wooden nickels” and “bad people.” It’s never taken into consideration that “bad people” who perpetuate financial fraud against a senior can indeed, be a family member. And worse, it often goes unreported.

In 2018, approximately 5 million seniors were victims of financial exploitation, and as a group, seniors lose \$36.4 billion a year to fraud and scams. The results can effect a senior’s ability to have a comfortable retirement or provide for their most basic necessities. However, when the exploitation is perpetuated by a family member, it is doubly insidious.

Those most vulnerable? Those aged 80 and above; seniors are now able to age in place, keeping them home longer- but access to personal items is increased due to needing more outside assistance . It’s here where it gets nasty– the family member already has access and uses this familial trust to cause harm, and the senior has no idea.

Roughly 6 in 10 cases of elder financial abuse are committed by relatives and 3 in 10 cases are traced to a friend, neighbors or home care aids. How does it happen? A grandparent hands over money again and again to help a family member “pay bills”; a family member may feel entitled to the funds because they “are helping” with care; a friend helping to “manage” online accounts may transfer “a little bit” to their own account; an adult child may “borrow” or “take a little” advance on an inheritance- are all cases of fraud.

So what to do? Keep all personal paper, bank information, checkbook and wallet in a secure location. Carefully review bill and bank statements; get familiar with common popular scams (IRS; stranded grandchild scam for example). Mental decline may occur so have a plan in place with a trusted financial advisor attorney. The number one protection: have an honest discussion about finance and security issues **before** there is a problem. www.drstaceywood.com



Kwanza is an annual cultural holiday celebrated from December 26th to January 1st that celebrates African heritage, culture and identity. It is named after the Swahili phrase that describes the first fruits gathered during the harvest season.

Maulana Karenga, a professor of African Studies came up with the idea for Kwanza in 1966 during the height of civil rights movement in the United States. His goal “to create a holiday that would allow African-Americans to pay tribute to their roots and to bring some of the traditions and values of cultures from the African continent to everyday living.

The key tradition of the annual observance of Kwanzaa is the lighting of a symbolic candelabra called the **Kinara**. Each candle has meaning and significance; three red candles, three green candles and one black candle. Families light one candle each night to remind them of an important value from African culture. Handmade gifts are exchanged and traditional foods are served like Jollof Rice, a traditional West African dish, okra dishes, Peanut Soup, jerk meats from the Caribbean, black beans and sweets too. Happy Kwanza from the staff at CASC.

December 22nd; Kwanza treats in the Drive-Thru 12P-1:30P

Holidayvault.com

Information, Assistance **And** More



Pantry Essentials

One of the many effects of the pandemic are the disparities in health care as well as access to food. CASC & CCFB have a solution that can provide relief to those who may need some extra security with monthly pantry staples.

The Senior Food Box is available to Chester County residents who qualify by age (60+) and household income:

1 person/household; Yearly: \$19,140 or Monthly: \$1,595 or Weekly: \$368

2 people/household; Yearly: \$25,860 or Monthly: \$2,155 or Weekly: \$497

Please contact Donna Pluck for more information or to apply.



Professional Staff

Bill Pierce

Executive Director

Jorge “George” Ramon

Assistant Director & Activities/Program Director

Sheila Ruth

Executive Assistant

Donna Pluck

Information & Assistance

Melissa “Missy” Ziegler

Program Coordinator

Miss Bee

Director, Nutrition Services

Narrina Maldonado

Prep Cook

Emmett Harris

Nutrition Services

Pam Przychodzien

Business Office Manager

Westin Pierce

Therapy Dog

Volunteer Staff

Food Service

Roberta Brannon

Donna Ellis

Morris Ellis

Front Desk

Karen Alvarado

Rae McLaughlin



Do you have questions about services offered at CASC?

Information & Assistance Coordinator, Donna Pluck can help with: Property Tax/Rent Rebate; Senior Box Program (see above); Animal Cares PA; Handicapped Parking Placard and Discount registration for automobiles and much more.

“When the wind is out of the east, tis neither good for man or beast “

What happens when it snows? CASC’s Inclement Weather Policy 2020:

- In the event of inclement weather, you will be notified by an automated call from CASC if we are closed.



CASC’s Monthly Fundraising Raffle October 2020

\$50.00 Jean Mummert

\$25.00 Sam Slokum

\$25.00 Kym Ferarro

Congratulations to you all and thank you for your support.

On behalf of the staff at CASC, I wish you all a safe & Happy New Year. See you in 2021.

Wage



Board of Directors

Rich Saylor
President

Lindsay Myers
Vice President

Jacqueline Motyl
Secretary

James J. Terry
Treasurer

Members

Jean Bryan

George Carlino

Karol Collins

Justin LaFazia

Dennis Giancola

Heather Goodno

Dave Grace

Nick Hoffman

Wendy Hunt

Terri Kelly

Marie Lentz

Carlton Langley

Amber Little Turner

Martha Skiadis

Larry Welsch

Now that Medicare Annual Open Enrollment is over – What's Next?

You should receive documents explaining the benefits of your new plans by the end of December or early January. Read these carefully to be sure you understand how your new plan works. Now that this enrollment period is over, there are a couple of things you should be aware of. If you go to the pharmacy before your drug plan card arrives, you can use any of these as proof of your drug plan enrollment:

- The acknowledgement, confirmation, or welcome letter you got from the plan.
- An enrollment confirmation number you got from the plan, and the plan name and phone number.
- You may be able to print a temporary card from MyMedicare.gov.

On January 1, you enter the time period known as the Medicare Advantage Open Enrollment Period (OEP). This time period lasts until March 31 of each year. The Medicare Advantage OEP is somewhat more limited than the Fall Annual Open Enrollment Period. During the Medicare Advantage OEP, you generally have a one-time opportunity to do any of the following. This may not be a complete list.

- Change from one Medicare Advantage plan to a different Medicare Advantage plan
- Drop your Medicare Advantage plan and return to Original Medicare, Part A and Part B. You will only have the first three months of the year then to sign up for a prescription drug plan if it had been included in your Medicare Advantage Plan.
- If you have a Private-Fee-For-Service (PFFS) and a stand-alone prescription drug plan, you can drop your PFFS plan and return to Original Medicare, but you cannot change your drug plan

You cannot use the Medicare Advantage OEP to change your prescription drug plan as this must be done during the Annual Medicare Open Enrollment period October 15 to December 7 each year.

The Medicare Annual Open Enrollment Period (AOEP) ends on December 7, 2019. Many of you had the opportunity to update and/or change your Medicare Prescription Plan or your Medicare Advantage plans. These changes should help you to receive better medical and drug benefits, along with decreased costs when they become effective January 1, 2020

An important benefit called a **Transitional Fill**, is available to Medicare beneficiaries. A transition fill allows you to obtain a 30-day prescription of a drug found to not be on your plan's formulary (approved drug list). This can occur in the following circumstances. Now that this enrollment period is over, there are a couple of things you should be aware of —

- If you have stayed with the same Medicare drug plan into the next year and now find that a medication is no longer covered by your Medicare plan **or**
- If you joined a new Medicare Part D prescription drug plan or Medicare Advantage plan during the Annual Open Enrollment Period (AOEP) and find that your prescription medications are not covered by new plan's formulary or drug list **or**
- You find that your medication **is covered** by your newly chosen Medicare prescription drug plan, but your Medicare drug plan now has usage management restrictions such as Quantity Limits, Prior Authorization or Step Therapy preventing you from filling your prescription.

Drug plans must provide this temporary supply so that you have time to work with your doctor to find another drug on the plan's formulary that would work for you. This transition fill is also available within the first three months of the plan year for current plan members who are prescribed a new medication that is not on their formulary

Want more information? Schedule an appointment with **Apprise** counselor, Linda M. every third Thursday, monthly.



\$5 Drive Thru Breakfast

Friday Special: Holiday Waffles

NOSTALGIA
kitchen

Rise & Shine with Nostalgia Kitchen
Tuesday & Friday, 8A-9:30A

What will chase away the winter blues? Miss Bee's home cooked breakfast! Skillet scrambled eggs, choice of (bacon/sausage/scrapple), potatoes or grits, toast or English Muffin.

Drive -Thru or Call & Order

MILANESE REMODELING



WINDOWS | DOORS | SIDING & ROOFING | AWNINGS | PATIO | OUTDOOR LIVING

610-384-5820 • www.milaneseremodeling.com

"Proudly Supporting The Coatesville Senior Center"
50 Broad St, Coatesville, PA 19320

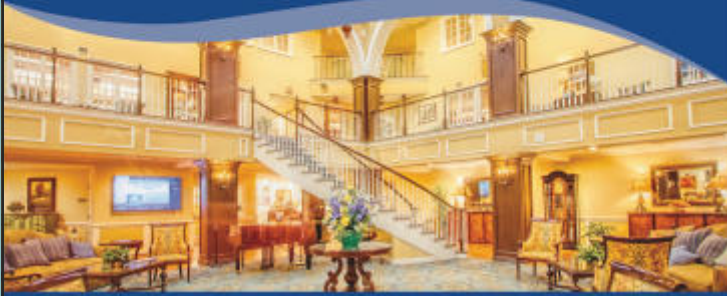


Freedom Village at Brandywine

Your Life, Your Way, Every Day!

Offering carefree living at its best, with a wide variety of beautifully appointed residential options, a wealth of exceptional services and amenities, and a full calendar of fun, engaging activities!

- Independent Living
- Skilled Nursing
- Personal Care
- Rehabilitation
- Memory Care



15 Freedom Blvd. • West Brandywine, PA 19320 • 610.383.5100 • fvbrandywine.com

UPGRADE TO A

VIBRANT

ad

Contact us for details

800-477-4574



**Levin
Luminais
Chronister**
Eye Associates

Dedicated to Excellence in Eye Care Since 1977

3000 CG Zinn Rd. | Thorndale, PA 19372

(610) 384-9100

Visit Us: www.lleeyes.com



SYNERGY
HomeCare

24 hours a day
wherever home may be.

(484) 341-8720

Visit Us: www.synergyhomecare.com

Serving Chester County



#1 Medicare Advantage plan provider in America

1-855-844-2078, TTY 711
ExploreUHC Medicare.com

**United
Healthcare**

Y0066_200813_013109_M

SPRJ58101



M. JOYE WENTZ

Funeral Director

KIRSTIN WENTZ MCELROY

Funeral Director

www.wentzfuneralhome.com

342 E. Chestnut St., Coatesville, PA 19320

(610) 384-0318

A MISSION TO SERVE

This vibrant, senior community provides for the needs of older men and women with Independent Living, Personal Care, and Skilled Nursing. Residents enjoy a homey, comfortable atmosphere with a Quaker mission.

AN ADAPTABLE APPROACH & A HEART FOR COMMUNITY

Rather than having residents adapt to Friends Home, we work to adapt our environment to their individual interests and needs. In addition, residents actively participate in various intergenerational programs throughout the community and enjoy giving back.



Friends Home
126 Years in Kennett

147 W. State Street, Kennett Square
610.444.8785 | FHKennett.org

Independent Living
Supportive Independent Living
Personal Care | Skilled Nursing



Accreditations



Providing a welcoming place where people 50 and better can socialize and enhance their ability to live fulfilling and healthy lives.

For more than 40 years, the COATESVILLE AREA SENIOR CENTER has proudly served the communities of the City of Coatesville, Atglen, Caln, West Caln, East Fallowfield, Elverson, Honey Brook (s), Modena, Parkesburg, South Coatesville, Thorndale, Wallace, and Valley.

The COATESVILLE AREA SENIOR CENTER is a registered 501 (c) (3) charitable organization contributions to which are tax-deductible to the extent permitted by law. The official registration and financial information for the COATESVILLE AREA SENIOR CENTER may be obtained from the Pennsylvania Department of State by calling toll-free (within Pennsylvania) 1-800-732-0999. Registration does not imply endorsement.



Wait for it.
Wait.
Wwwwwaaaaaiittttttt...

**A BIG
ANNOUNCEMENT
IS COMING**

250 Martin Luther King Jr. Blvd
Coatesville, PA 19320
610.383.6900

www.coatesvilleseniorcenter.org

**Coatesville Area
Senior Center**

The Coatesville Area Senior Center is a non-profit organization providing services and programs to persons fifty years and better without regard to race, color, handicap, sex, national origin or sexual orientation.



**BULK RATE
US POSTAGE PAID
Coatesville, PA
Permit No. 21**

Or Current Resident

If you wish to be removed from our mailing list, or if you would prefer to receive the newsletter via email, please call the office and our staff will be happy to assist you.