

**December
2019 - January
2020**



SOMA
Two towns for all ages

574 Valley St. Maplewood, NJ 07040 | 973-558-0863 | SOMA2towns@gmail.com | www.SOMAtwotownsforallages.org

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***The Newsletter for South Orange and Maplewood
Residents 60+***

The Senior Forum

Thank you to everyone who participated in the Senior Forum and the SOMA Senior Survey. Over 400 residents took part and shared their ideas, concerns and suggestions for how to build on our age-friendly efforts. Here are a few highlights of what we learned:

- We need to expand programming to include evenings and weekends, so that people who still work, volunteer, are caregivers or help with their grandchildren can participate.
- Housing is the top concern among older residents, not only in the cost of living, but also in home maintenance and modifications. Most people would want to stay in South Orange or Maplewood, but feel there are not enough housing options that meet their needs long-term.
- People are interested in art classes and art trips to museums, and cultural and “intellectually stimulating” programs.
- We need to recognize the different needs of empty nesters, recent retirees and people still working.
- Our older residents are active, most have a college degree, are avid walkers, want tennis and bocce, go to the outdoor events in the summer and enjoy events at SOPAC and The Woodland.
- Pedestrian safety is very important, with a wide range of concerns. Sidewalk conditions, crosswalks, distracted drivers and pedestrians, and enforcement of rules for both are top concerns.
- Most people did not know that they can get news alerts and eblasts from their town - *sign up on the towns’ website at www.SouthOrange.org and www.twp.maplewood.nj.us*

Your input is shaping our efforts to continue building an age-friendly community. We will apply for 2 more years of funding from The Grotta Fund for Senior Care, which has generously supported SOMA Two Towns for All Ages since its start in 2016, Our focus for the next 2 years will be on housing and pedestrian safety efforts.

Classic Card Updates

We welcome 2 new businesses to our Classic Card program!

David Burke at Orange Lawn
305 North Ridgewood Rd,
South Orange
(973) 552-2280
15% off dining, Tues-Thurs
Evenings; 10% of Sunday
Brunch

Ameriprise Financial
(201) 221-2754
free 45 minute consultation &
financial planning

We are always looking for new businesses to join. For the most up-to-date list of participating businesses, click the Classic Card at:
www.SOMAtwotownforallages.org

Interested in Going to MOMA?

We heard you - trips to museums and into NYC! So join us for our first art venture to the Museum of Modern Art on Tuesday, January 21. Transportation to and from the Museum will be provided. You pay for your admission (\$18 for 65+ with ID, \$25 for adults) and choose one of the several lunch options on your own. Registration required - call (973) 763-0750. Space is limited. Approximate time 9:30am-3pm.

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Come Home to Our Village



Our 62+ well-maintained community is located in the heart of vibrant South Orange Village with plenty of social activities, a live-in super and available kosher meals; near restaurants, shopping, parks, entertainment and transportation.

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Help With Home Maintenance

Umbrella Expanding to Essex County

For people living in a house, maintenance and upkeep can become challenging. Luckily, Umbrella is expanding to Essex County. Umbrella is a membership service for people 60+ to help take care of their homes. Founded on the belief that everyone should be able to stay in the home they love, Umbrella makes taking care of your home easier with their "Neighbors," skilled workers who are vetted, interviewed and insured. Membership is \$199 per year, with unlimited handy help at \$20 per hour. This could include yardwork to cleaning, changing lightbulbs on a ladder to leaky faucets. For larger jobs, they help with free estimates and group discounts. For more information, to join as a member or a "Neighbor" repairer, email: hello@askumbrella.com, call (973) 200-4499, or go to www.AskUmbrella.com

Home Heart Beats

Home Heart Beats conducts home assessments to provide you with solutions and trending design ideas, products and SMART technology to make your home more comfortable and accessible for a lifetime of living. With Certified Aging in Place Specialists and a Certified Living in Place Professionals, they are experts in home modifications. For more information and links to products and technology, go to <https://homeheartbeats.com>.

The New Jersey Comfort Partners Program

Comfort Partners is a free, energy saving and energy education program for qualified low-income customers. If eligible, participants receive

- Installation of cost-effective energy efficiency measures in the home (determined on a home-specific basis) which can include: efficient lighting products; hot water conservation measures, replacement of inefficient refrigerators; thermostats; insulation upgrades; heating/cooling equipment maintenance and other measures.
- Comprehensive, personalized energy education and counseling.

All efficiency measures and energy education services are provided free of charge. Certified Building Performance Institute contractors will install energy saving measures in your home to help lower your energy bills. You will also be taught new ways to conserve energy and how to create an Action Plan to support your efforts. This program is available through June 30, 2020 or while funds last. The Comfort Partners Program is available to any New Jersey household with significant energy use, having an income at or below 250% of the federal poverty guidelines. (1 person household with an annual income of \$31,225, 2 people \$42,275). For information on this and other clean energy programs, call (800) 915-8309 or go to www.njcleanenergy.com.

MAPLEWOOD GARDEN CLUB

Meetings are the first Monday of the month at Maplewood Main Library, 7:30 pm

December 2 Making Environmentally Friendly Floral Arrangements

Edith Villavicencio, owner of Glamurosa Floral Design in Maplewood, will demonstrate different techniques and suggest alternate materials that can be used to create beautiful floral designs while minimizing the pollution imprint on our planet.

January 6: Philadelphia, America's Garden Capital

Join Kathleen Salisbury, the director of Temple University's Ambler Arboretum, on a virtual tour of some of Philadelphia's superb public gardens. They are part of the Greater Philadelphia Gardens Organization, a consortium of Philadelphia-area gardens, and represent more than 30 gardens within 30 miles of the city, making Philadelphia the nation's Garden Capital.

February 3: Basics of Butterfly Gardening

Whether you're a gardener who wants to see more butterflies in your garden or someone who simply wants to make the garden friendlier to butterflies, join MGC when Jane Hurwitz, the editor of *Butterfly Gardener* magazine, details ways you can protect the entire life cycle of the butterflies that visit your garden as well as suggest plants and creative ideas to make a yard or garden an oasis for butterflies and other creatures.

Maplewood Garden Club speaker's programs follow a brief business meeting and are free and open to the public. No RSVP is required. For more information, visit www.maplewoodgardenclub.org or www.facebook.com/MaplewoodGardenClub

How's Your Hearing?

Hearing loss is more than just volume - it affects the clarity and quality of what you hear. When people cannot hear, they cannot fully participate in conversations and activities. They may become isolated because they do not know what others are saying and can't contribute to the conversation. Others may perceive it as confusion or a sign of dementia, but it is a matter of not having the right tools.

Hearing damage usually takes a long time to accrue. People with hearing loss may not notice subtle changes over time. If you worked in a setting with loud noises - like a factory, musician, construction or served in the military - chances are protective gear was not offered before 1970. Plus years of lawn mowing, going to sports stadiums and playing or listening to music (even classical) can contribute to hearing damage years later.

Writer David Owen describes our current age as a "deafening" one, and in his new book, *Volume Control*, he explains how the loud noises we live with are harming our ears. (Davies, Dave, "From Lawn Mowers To Rock Concerts, Our 'Deafening World' Is Hurting Our Ears", Fresh Air, WNYC 93.9, Radio). "When we talk about age-related hearing loss, the assumption is that this is something that happens to old people," Owen says. "It is something that happens to old people — but it's something that's caused by things that we do when we're young."

Owen also notes that people delay getting help for hearing loss. The average time from when someone first notices a change in their hearing to when they actually go to a doctor is 10 years. But getting diagnosed and assistance early is important. Of the 36 million people who experience hearing loss, almost half have never been tested or treated. People who have trouble hearing also tend to have more unrelated health issues of all kinds. "It, sort of, overworks our brains. If you can't quite hear what people are saying, you have to work harder to figure it out, and the brainpower that you use to do that is brainpower that you can't use for anything else. People who have trouble hearing also tend to withdraw. So it has effects we don't necessarily associate with it and that pervade all parts of our lives."

Notice a change in your hearing? Here's what you should do:

1. See a doctor. Unfortunately, Medicare doesn't cover hearing exams or hearing aids, but some Medicare Advantage Plans do.
2. Take Advantage of New Technology. The selection of over-the-counter hearing improvement products is growing. For example, "Hearphones" by Bose cancel out noise and help you hear in loud environments. Many theaters, including SOPAC, offer free Assisted Listening Devices (ALDs) at performances.
3. Take the National Hearing Test, a telephone based screening tool by the National Institutes of Health. The test is \$8, but AARP member can take it for free by using their AARP log-in. To take it, you must get an access code from ww.nationalhearingtest.org.

Health & Wellness Classes at St Barnabas & Beth Israel

St Barnabas and Newark Beth Israel, both part of the RWJBarnabas Health System, offer a range of health classes.

The Wellness Center at Newark Beth Israel

For nutrition and wellness classes, go to www.rwjbh.org/newark-beth-israel-medical-center and click events at the bottom of the blue "Quick links" box.

St Barnabas main hospital, the Ambulatory Center or the JCC

For a full listing of classes and locations go to: www.rwjbh.org and click events at the bottom of the blue "Quick links" box.

SOMA on The Move

We now have 4 walking maps -

Route #1 The Village Art Trail

Route #2 Notable Buildings of Maplewood Village

Route #3 South Orange Historic Walking Tour

Route #4 Springfield Avenue Murals.

Copies available on our website, at either town hall, the Maplewood Senior Center or call (973) 558-0863 or SOMA2towns@gmail.com

Beware of Senior Scams

If you get an automated call stating it is PSE&G, Social Security or other agency calling with a problem on your account, it could be a scam. NEVER give out your personal information over the phone unless you initiate the call and are certain you are talking to the real place. If you are suspicious or cannot understand an operator, hang up, and call the customer service number on your bill, or on their website.

You may have heard that the South Orange Village Board of Trustees adopted an ordinance, going into effect January 1, banning single use, carry-out plastic bags that we've all become so used to receiving at our point of purchases. Maplewood already has a similar ban in place

A re-usable, carry-out bag will become your new best friend. You probably own one or more already. They're often a favorite giveaway from promotional-happy companies and organizations and are also widely available for purchase.

If you forget your reusable bag(s), your only alternative will be to ask for a paper bag but that will cost you 5 cents each. (Those 65+ are exempt) Some plastic bags will still be allowed for free:

- Produce bags (for bulk items like fruits, veggies, nuts, grains, candles, and small hardware items).
- Bags used to hold or wrap frozen foods, meat or fish, whether packaged or not.
- Bags used to contain unwrapped prepared foods or bakery goods.

- Pharmacy prescription bags.
- Bags used to contain or wrap flowers, potted plants, or other items where dampness may be an issue.
- Bags for gift wrapping or restaurant doggy bags.

If any of us begin to feel inconvenienced by this new ban, it might be helpful to think about the world-wide plastics problem that the ubiquitous plastic bag has mightily contributed to. Many of us have already become aware of the awful toll plastic bags (and other plastic items) have taken on wildlife and fish entangled in the plastic. Areas in our oceans are choking with floating "islands" of plastic refuse. And micro pieces of plastic are even making their way into some of the fish we are eating.

I, for one, will be trying to remember to bring my re-usable bags to the store with me. I'll also be trying to keep in mind the bigger picture. But let's all feel good that we're doing our part for the health of our planet.

NEVER MISS A NEWSLETTER !

Sign up to have our newsletter emailed to you at www.ourseniorcenter.com



Local Events

December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Computers (S)10am Adult Health Clinic (M) 10:30-12 Healthy Bones(D) 11am Mah jong (C) 1-3pm Maplewood Garden Club (M) 7:30pm</p>	<p>3 Caregivers Support group (MC) 9:30 am Digital Device Clinic (M) 5-7pm</p>	<p>4 Creative Writing (S) 1pm Origami Ornaments (M) 7pm Seton Hall University's free Winter Concert, (O)7:30 p.m.</p>	<p>5 Library Lecture Series (S) 1pm Holiday Wreath Making (C) 1pm Chiropractor (S) 6pm Christmas Cabaret, SHU Theatre-in-the-Round. 8pm</p>	<p>6 Maplewood Senior Bus goes to ShopriteThe Christmas Cabaret, SHU Theatre-in-the-Round. 8pm</p>
<p>9 Healthy Bones(D) 11am Mah jong (C) 1-3pm Try Something New (D) 2pm Social Security Strategies (M) 7pm</p>	<p>10 Caregivers Support group (MC) 9:30 am Adult Health Clinic (T) 10am- 12pm. Digital Device Clinic (M) 5-7pm</p>	<p>11 Maplewood Senior Club (C) 10am Wednesdays at the Movies (S) 1pm Read Around the World: Haiti (M) 7pm</p>	<p>12 Library Lecture Series (S) 1pm Classic & Contemporary Book Discussion Group (M) 7pm</p>	<p>13 Maplewood Bus goes to Shoprite Folk Fridays (E) 7:30pm Christmas Lessons & Carols,5pm SHU Chapel, free</p>
<p>Computer Class (S) 10am Healthy Bones(D) 11am Mah jong (C) 1-3pm Immunization Documentary (D) 1:30pm Book Discussion Group (S) 7:30pm</p>	<p>17 Caregivers Support group (MC) 9:30 am Digital Device Clinic (M) 5-7pm</p>	<p>18 Creative Writing (S) 1pm Annual Holiday Party (C) 11:30am \$5</p>	<p>19 South Orange Senior Circle (O) 11am Library Lecture Series (S) 1pm</p>	<p>20 Maplewood Senior Bus goes to Shoprite</p>
<p>23 Mah jong (C) 1-3pm</p>	<p>24</p>	<p>25 Merry Christmas Municipal Offices Closed</p>	<p>26</p>	<p>27 Maplewood Senior Bus goes to Shoprite</p>
<p>30 Hanukkah ends</p>	<p>31 New Year's Eve</p>	<p>Location Key: (C) Maplewood Senior Center (M) Maplewood Main Library (D) DeHart Center</p>	<p>(E) Ethical Culture Society (H) Hilton Library (MC) Morrow Church (O) SOPAC</p>	<p>(S)S.O. Library (T) Maplewood Town Hall (V) S. Orange Village offices (W) The Woodland</p>

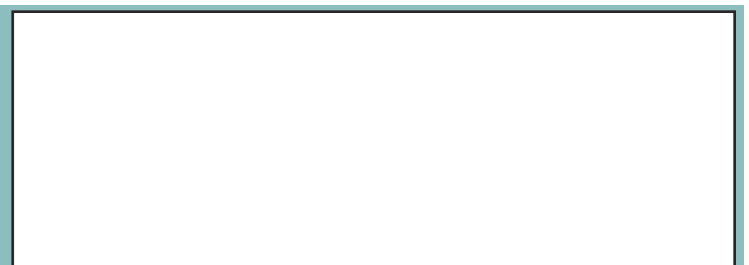
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CONTACT

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jrosenman@lpseniors.com or (800) 477-4574 x6421



Local Events

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Happy New Year! 2020 Municipal Offices Closed	2	3 Maplewood Senior Bus goes to Shoprite
6 Healthy Bones(D) 11am Friendship Quilters (S) 12-3pm Mah jong (C) 1-3pm Maplewood Garden Club (M) 7:30pm	7 Caregivers Support group (MC) 9:30 am	8 Maplewood Senior Club (C) 10am Wednesdays at the Movies (S) 1pm	9 Library Lecture Series (S) 1pm Classic & Contemp. Book Group (M) 7pm	10 Maplewood Senior Bus goes to Shoprite
13 Healthy Bones(D) 11am Mah jong (C) 1-3pm Try Something New (D) 2pm	14 Caregivers Support group (MC) 9:30 am	15 Cognitive Decline: When to Worry (H) 2pm	16 South Orange Senior Circle (O) 11:30am Library Lecture Series (S) 1pm	17 Maplewood Senior Bus goes to Shoprite
20 MLK Day Interfaith Service & Volunteer Fair - Columbia High School, 2pm <i>Municipal Buildings Closed</i>	21 Caregivers Support group (MC) 9:30 am	22 Wednesdays at the Movies (S) 1pm	23 Library Lecture Series (S) 1pm Estate Planning (M) 7pm	24 Maplewood Senior Bus goes to Shoprite
27 Healthy Bones(D) 11am Mah jong (C) 1-3pm SOPL Book Discus- sion Group (S) 7:30pm	28 Caregivers Support group (MC) 9:30 am	29	30 Library Lecture Series (S) 1pm	31 Maplewood Senior Bus goes to Shoprite

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WEEKENDS

Saturday, December 7

Dickens Village opens at Ricalton Square, Maplewood Village, 12 - 4pm
Activities in Dickens Village also held on December 14 & 21

Our Stories Project, South Orange Library, 2-4pm

Hometown Holiday Celebration
SO Firehouse, 1:30-4:30pm. Photos with Santa, elf parade, tree lighting 5:15pm.

Sunday, December 8

Slow Food Indoor Farmers' Market, The Woodland, 10am-2pm

The Christmas Cabaret, SHU Theater in the Round, 2pm

Annual Holiday Celebration, Tree & Menorah Lighting, Springfield Ave Gazebo & Hilton Library, 3 - 4:30pm.

Saturday, Dec. 14

Yarn & Fiber Arts Group, Maplewood Main Library, 10am - noon
A gathering for people who do creative things with yarn & fabric. Bring your own supplies. All skills welcome!

Dickens Village, 12-4pm

Sunday, December 15

Celebrate the Season, Durand Hedden House: 1-4pm, Gingerbread Houses, St. Nick & Holiday Shopping. Gingerbread entry form at www.durandhedden.org

Maplewood Glee Club Holiday/ Winter Concert St. Joe's Church, 767 Prospect Ave Maplewood, 4-6pm, \$10

Saturday, Dec. 21

Dickens Village, 12-4pm

Sunday, December 22

Hanukkah begins at sundown

Sunday, January 5

Julliard @ SOPAC- The Ulysses String Quartet , 3pm, \$15

Saturday, Jan 11

Yarn & Fiber Arts Group, Maplewood main Library, 10am - noon

Saturday, Jan 18

Celebrate MLK with Chef Jesse, Maplewood Main Library, 1pm

Sunday, January 26

Durand-Hedden House: Open Hearth Cooking Demonstration . 1-4pm

JAZZ & BLUES at SOPAC *By Myra Friedland*

JAZZ IN THE LOFT 2020

Lee Boswell-May, curator and host of the Jazz in the Loft series, grew up in South Orange and later returned with her husband Earl May - the late, great jazz bassist. A distinguished presence on the local jazz scene, Lee recalls how Earl asked her to promise she would always keep this music playing here. SOPAC's Jazz and Blues in the Loft series showcase world-class artists from the region in an intimate cabaret-style setting. A cash bar is available. Here's the Jazz in the Loft lineup:

- Carrie Jackson - Sunday, January 19 at 7 pm
- Dave Stryker - Sunday, February 16 at 7 pm

BLUES IN THE LOFT 2020

Blues bassist/impresario Mike Griot is the curator and host of Blues in the Loft. A former South Orange resident, Mike founded the South Mountain International Blues Festival (formerly the South Orange International Blues Festival). For ten years the event showcased the very best regional and international Blues performers. Mike is also a guiding light in the Orange Valley Arts District as well as co-owner and producer of the fabulous music at Hat City in Orange. Check out the Blues in the Loft calendar:

- Billy Hector - Sunday, January 26 at 7 pm
- Al Gold & Andy Lackow - Sunday, February 23 at 7 pm

BEST OF THE LOFT ON THE SOPAC MAIN STAGE

A hot night of great Jazz and Blues on Sunday, Dec. 8 at 7 pm featuring Mike Griot 's All Star Band, Jazz singer Frank Noviello, Radam Schwartz & Dean Shot's tribute to Howlin' Wolf. *Jazz in the Loft is hosted and curated by Lee Boswell-May*
Blues in the Loft is hosted and curated by Mike Griot

Feeling Creative?

Guided Painting

Wednesday, Dec 4, 11:15am
The Woodland
\$17 all supplies included

Holiday Wreath Making

Thursday, Dec 5, 1pm
Maplewood Senior Center
\$25 all supplies included

sign up for either or both by calling (973) 763-0750

**Premier of
"A Time Before Immunizations"**

Join us for the first screening of our local documentary, featuring residents sharing memories of lives impacted by diseases that are now preventable by immunization.

**Monday, December 16
1:30pm**

**DeHart Community Center
Lunch will be served**

Interested in Current Events?

Join the weekly discussion group on Wednesdays, 2pm
The Village Apartments

110 Vose Ave
South Orange.

To join, call Cheryl Kasse at
(973) 763-0999

Tips for Traveling for Older Adults

By Yvette Sterling

While travelling can be challenging (especially negotiating crowded airports) there are ways you can get assistance to keep going where you want to go:

First, you can take the flurry and frustration out of the airport by requesting wheelchair service. You do not need to have a handicap pass to request this. You can ask for it when you check in or better, call and tell the airline in advance so they are waiting for you. Usually, you can select it online when booking. Wheelchair service will not only make sure you get to the gate on time, it can take you to the food court, the restrooms, the shops - it is free and all you have to do is ask!

If you have your own walking assistance device (a cane or walker), you still need to get it through security. If you have a personal wheelchair, they will check it at the gate and have it ready for you. You can go through TSA while seated in a wheelchair, but will need to be patted down. A motorized chair needs to be checked in at the baggage counter because of its weight - they will transfer you to a wheelchair.

If you have an attached medical device, such as a pacemaker or a continuous glucose monitor, you probably cannot walk through the security machines. Request a pat down and build in extra time if so.

Bring prescriptions in your carry on, in the original container. Here's a tip - hold on to an empty bottle when you refill, and use it to carry the amount of medicine you will need. Bring an empty water bottle and fill it on the other side of security so you have water on hand to take your medicine.

Finally, get yourself something to eat before you board. Delays in flights or turbulence mid flight will delay and disrupt your eating. Many airlines only offer pretzels and charge for meals or snacks on board. You can even bring food from home, as long as it will go through security.

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Stay Safe This Winter

What to be Careful of:

Black Ice - Don't trust your eyes because black is invisible. It is a thin layer that develops when ice melts and refreezes, getting harder to see each time. If it is below freezing, just assume there will be ice.

Viruses and Illness - Viruses like the flu and colds are most active December through March, when cold, dry air allows viruses to travel farther and spread infection.

Fire & Burns - Space heaters and fireplaces are a good way to warm up a room, but risk starting a fire or carbon monoxide poisoning.

Overexertion - Studies show a physiological link between cold temperatures and risk of cardiac events: the cold slows down blood flow, potentially causing blood clots, and when combined with exertion like snow shoveling and keeping warm, can put people at risk.

What to do:

Make sure you wear footwear with traction, rubber soles and good treads. You can always carry your good shoes in a bag and change when you get to your destination.

Wash your hands frequently, especially after shaking hands, touching door handles, using an ATM or any other public surface and always before eating. Get a flu shot, stay hydrated and avoid rubbing your eyes - its how most germs enter the body.

Have working smoke and CO detectors. Buy space heaters with an auto turn-off feature in case it gets knocked over. Check old heaters for frayed or melted wires. Maintain your holiday tree. Have fire extinguishers handy and have your furnace serviced regularly.

Limit your outdoor exercise or exertion to short periods of time. Or - get someone else to do it!

Grocery Deliveries

When bad weather makes it harder to get out, here are local options for grocery delivery.

By Phone: Ashley Market, South Orange Ave. Free delivery for orders of \$25 or more, everyday, 10am – 6 pm. Call (973) 762-5200 x1.

Online: When ordering online, items might have different prices than if you went in person, most have a minimum order and a delivery fee. They often offer special discounts and you can choose a delivery time that is convenient for you. All fees are shown before you pay, so you can cancel if you feel they are too high.

King's: www.kingsdelivers.com.

Stop & Shop/Pea Pod. www.peapod.com

Whole Foods - www.delivery.WFM.com or through Amazon.com Delivery is free for Prime members.

Amazon.com - has a wide selection of packaged foods and goods.

Senior Services

South Orange has a new Senior Social Worker, dedicated to residents age 60+. Carol Berman, MSW, LSW, will have appointments on Friday mornings, and can be reached during the week by phone (973) 986-4321 and email: sosocialworker@southorange.org.

Maplewood residents can contact the Human Services Officer, Beverly Ashmon, who has office hours in Town Hall. She can be reached by calling (973) 762-8120 x 2200.

The SOMA Senior Resource Directory has an extensive listing of services, government programs and offices. Copies available at either towns' municipal offices, the Maplewood Senior Center or by calling (973) 558-0863 to have a copy mailed to you.

Need more? NJ 2-1-1 is a place to turn when you need to find state or local health and human service resources to address urgent needs or every-day concerns. Funded by the United Way, services are free, confidential, multilingual and available 24 hours a day. Just dial 211 on your phone, or go to www.nj211.org.



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NEW BRUNSWICK, NJ
PERMIT No. 1512

Social Security Benefit Will Increase 1.6% in 2020

Social Security recipients will receive a cost of living adjustment (COLA) of 1.6% in 2020, an average of about \$24 per month for individuals. While notably less than the 2.8 % bump received this year, it is higher than the average over the past decade (1.4%). The COLA will boost the average Social Security retirement benefit for a single person by \$288 per year, according to the Social Security Administration.

IMPORTANT NUMBERS

Health Departments

S.O.: (973) 378-7715 x7710

M: (973) 762-8120

Public Works

S.O.: (973) 378-7741

M: (973) 762-1175

Transportation

S.O.: (973) 378-7754 x1

M: (973) 763-5287

Police - non emergencies

S.O.: (973)763-3000

M: (973) 762-3400

Fire Dept. - non emergencies

S.O.: (973) 762-3200

M: (973) 762-6500

South Orange Rescue Squad:

(973) 762-5647

Emergency of any kind call 911

Location Guide:

The Burgdorf Center - 10 Durand Rd., Maplewood, (973) 763-9357

DeHart Community Center - 120 Burnett Ave, Maplewood,
(973) 763-5287

Durand Hedden House - 523 Ridgewood Rd, Maplewood

Ethical Culture Society - 516 Prospect St., Maplewood

Maplewood Senior Center - 106 Burnett Ave., (973) 763- 0750

Maplewood -Municipal Building - 574 Valley St., (973) 762-8120

Morrow Memorial Church - 600 Ridgewood Rd, Maplewood

South Orange Village Municipal Offices - 76 S. Orange Ave., 3rd Floor
(973-378-7715)

South Orange Performing Arts Center, 1 SOPAC Way (973) 313-2787

The Village Apartments - 110 Vose Ave, South Orange (973) 763-0999

The Woodland, 60 Woodland Road, Maplewood

Libraries

South Orange - 5 Scotland Rd., (973) 762- 0230

Maplewood Main - 51 Baker St., (973) 762-1622

Hilton Branch - 1688 Springfield Ave., Maplewood (973) 762-1688