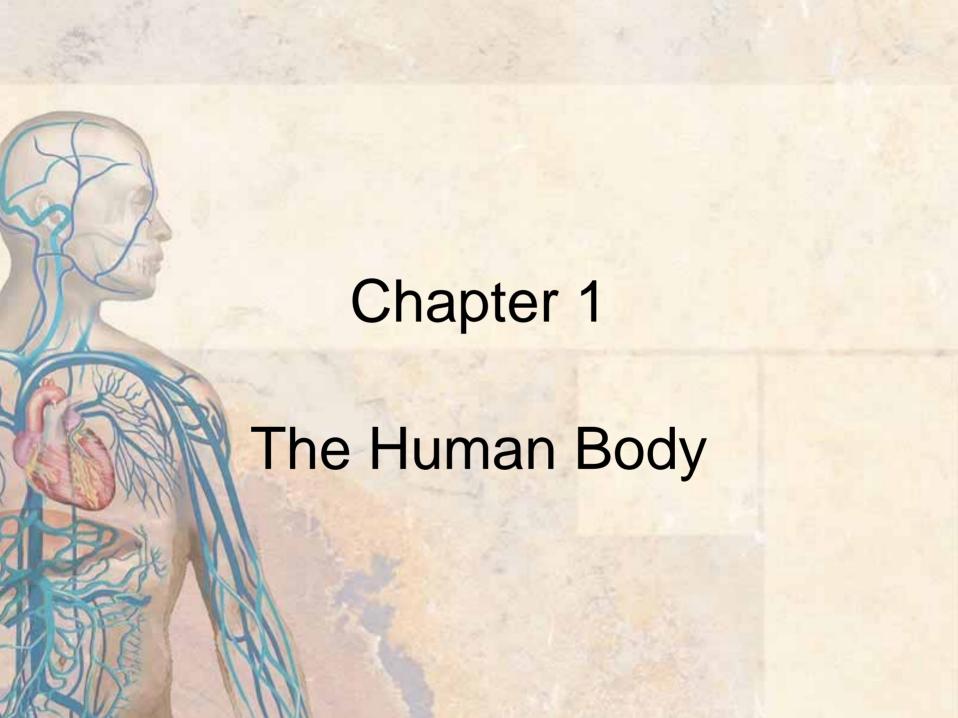


# ANATOMY CPHYSIOLOGY

Second Edition

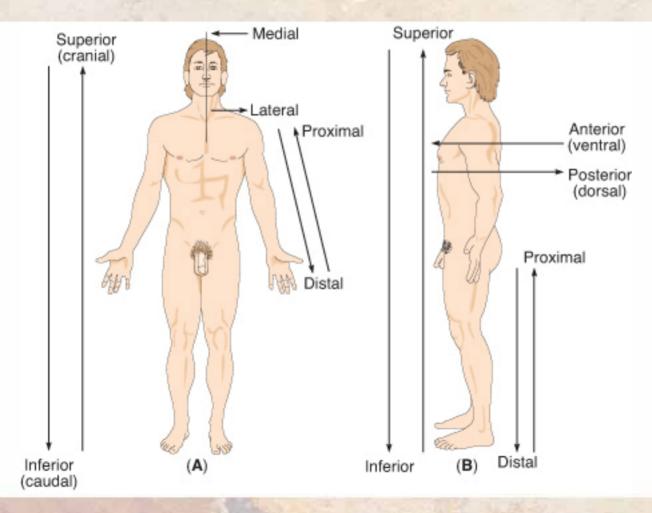
DONALD C. RIZZO



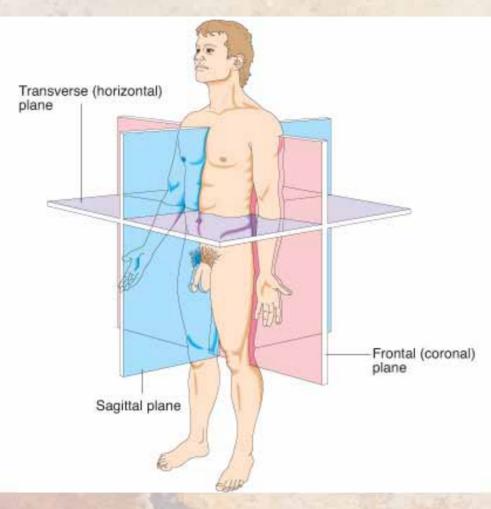
#### Introduction

- Anatomy the study of the structure of the body
- Physiology the study of the function of the body parts
- Basic reference systems
  - directions, planes, cavities, structural units

#### Terms of Direction



### **Planes**



#### Cavities

- Dorsal
  - cranial, spinal
- Ventral
  - thoracic, abdominopelvic

# Structural Units

#### Cells

- Smallest units of life
- Perform all activities necessary to maintain life
  - metabolism, assimilation, digestion, excretion, reproduction

#### **Tissues**

- Made up of different types of cells
- Epithelial covers and protects
- Connective binds and supports other tissues
- Muscle movement
- Nervous connects sensory structures to motor structures

# Organs

- Cells integrated into tissues
- Serve a common function
- Examples
  - liver
  - stomach

# Systems

A group of organs that perform a common function

## Integumentary

- Organs
  - skin, hair, nails, sweat, sebaceous glands
- Functions
  - protection, insulation, regulation of water and temperature

#### Skeletal

- Organs
  - Bones, cartilage
- Functions
  - Movement, blood production, fat storage, protection

#### Muscular

- Organs
  - skeletal muscle, smooth muscle, cardiac muscle
- Function
  - movement

#### Nervous

- Organs
  - brain, spinal cord, cranial and spinal nerves
- Function
  - control and regulation

#### Endocrine

- Organs
  - endocrine glands and their hormones
- Function
  - works with nervous system to regulate chemical aspects of the body

#### Cardiovascular

- Organs
  - heart, arteries, veins, capillaries
- Function
  - transport substances to and from cells

# Lymphatic/Immune

#### Organs

lymph nodes, lymphatic vessels, thymus gland, spleen

#### Functions

 drains tissues of excess fluids, transports fats, develops immunities

# Respiratory

- Organs
  - nose, pharynx, larynx, trachea, bronchi, lungs
- Function
  - $-O_2 > CO_2$  exchange in the blood

# Digestive

#### Organs

- alimentary canal mouth, esophagus, stomach, small and large intestines, rectum and anus
- associated glands salivary, liver, pancreas

# Digestive

- Functions
  - converting food into simple substances used by cells
  - eliminating indigestible wastes

# Urinary

- Organs
  - kidneys, ureters, bladder, urethra
- Functions
  - chemical regulation of blood
  - formation and elimination of urine
  - maintenance of homeostasis

## Reproductive

#### Organs

- women ovaries, uterine tubes, uterus, vagina
- men testes, seminal vesicles, prostate gland, penis, urethra

#### Functions

maintains sexual characteristics and perpetuates the species

#### Homeostasis

- Maintenance of the body's internal environment
- Negative feedback loop
- Examples
  - blood sugar levels
  - body temperature