# Department of Health Promotion, Education, and Behavior Masters Handbook

(MPH, MSW-MPH, Online Master of Public Health in Health Promotion, Education, and Behavior - Professional Program, Graduate Certificate in Aging, Graduate Certificate in Health Communication, Graduate Certificate in Global Health)





# **Preface**

### The Graduate Studies Bulletin

The <u>Graduate Studies Bulletin</u> is the official manual of regulations and guidelines for graduate study at the University of South Carolina. Graduate students are expected to read and adhere to the regulations of this publication throughout their matriculation at the University. Students are bound by the bulletin in effect at the time they begin or renew their enrollment in The Graduate School. If they wish to make a change to a subsequent bulletin, they must obtain permission of The Graduate School to do so.

The *Graduate Studies Bulletin* and this handbook are for information purposes only and do not constitute any contractual agreement between a student and the University of South Carolina. The University reserves the right to make changes in curricula, degree requirements, course offerings, or academic regulations at any time when, in the judgment of the faculty, the president, or the Board of Trustees, such changes are in the best interest of the students and the University.

## Carolina Community Student Handbook and Policy Guide

Please refer to the <u>UofSC Policies and Procedures Manual</u> (see section for Student Affairs and Academic Support) for policies on the student code of conduct, student grievance, sexual harassment, and other areas.

## Acronyms

ASPH	Arnold School of Public Health
BIOS	Biostatistics (part of the Department of Epidemiology and Biostatistics)
COMD	Department of Communication Sciences and Disorders
ENHS	Department of Environmental Health Sciences
EPID	Epidemiology (part of the Department of Epidemiology and Biostatistics)
EXSC	Department of Exercise Science
GA	Graduate Assistant; Graduate Assistantship
GRE	Graduate Record Examination
HPEB	Department of Health Promotion, Education, and Behavior; or "Department"
HSPM	Department of Health Services, Policy, and Management
TOEFL	Test of English as a Foreign Language
UofSC	University of South Carolina

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# Introduction

### Overview of the UofSC Arnold School of Public Health

The Arnold School of Public Health was established by legislative action in 1974 and was fully accredited by the Council on Education for Public Health (CEPH) in 1979, 1984, 1990, 1996, 2001, 2010, and 2017. The mission of the Arnold School of Public Health is to expand, disseminate and apply the body of knowledge regarding prevention of disease, disability, and environmental degradation; promote health and wellbeing in diverse populations; and provide effective, efficient and equitable health services. An integral part of the training of students at the school is participation in research activities. Since the state is experiencing rapid demographic and industrial changes, health problems range from those of a traditional rural setting (infectious diseases, infant mortality, access to health care) to those of a modern industrial setting (impact of new industries on air and water quality and the safety of the workplace). The school has been committed to "action research" since its inception. The importance of dealing with operating programs and defined problems has led to close working relationships with human service programs, health care facilities, and governmental agencies throughout the state and region.

In November 2000, the University of South Carolina announced that the School of Public Health would be named in honor of a longtime Columbia business leader and philanthropist, Norman J. Arnold. The Arnold School of Public Health is in recognition of a gift from Mr. Arnold to the school and for his longtime commitment to improving the health of South Carolinians. The Arnold School of Public Health became only the third school of public health in the United States to be named for an individual. The others are the Rollins School of Public Health at Emory University and the Joseph L. Mailman School of Public Health at Columbia University.

The school contains the Prevention Research Center, the Nutrition Consortium, the Core for Applied Research and Evaluation, the Cancer Prevention and Control Program, the SC Institute of Medicine and Public Health, the Rural Health Research Center, the Consortium for the Latino Immigration Studies, the Office for the Study of Aging, and the Speech and Hearing Center.

### Overview - Department of Health Promotion, Education, and Behavior

The Department of Health Promotion, Education, and Behavior (HPEB) at the University of South Carolina's Arnold School of Public Health conducts innovative research and prepares future leaders to improve public health locally, nationally, and globally. In partnership with organizations and communities and using principles and methods from the social and behavioral sciences, our faculty and students address how interventions, social context, health care systems, and physical environments influence health behaviors and health status, with an emphasis on disadvantaged populations.

The department is committed to a three-part mission of:

- Conducting timely interdisciplinary research that attracts extramural funding and generates knowledge leading to improvements in public health practice and outcomes
- Attracting and training talented and motivated students who will work to improve public health locally, nationally, and globally
- Providing research-linked service to professionals and communities to advance practice, support the profession, and improve public health

### Departmental strengths include:

- community-engaged interventions
- · economics of behavior
- global health
- health communication and use of digital technology
- healthy aging
- HIV/AIDS
- nutrition and food security
- physical activity
- prevention of cancer and other non-communicable diseases
- public policy and advocacy
- research methods, program evaluation, and implementation science
- sexual and reproductive health
- social determinants of health and health inequities
- tobacco use and vaping

Programs leading to degrees in health promotion, education, and behavior center on changing health practices. Health promotion is an activist discipline and employs community development, organizational behavior, policy change, and applied communication strategies to promote healthy behaviors by influencing knowledge, attitudes, social support systems, patient/provider relationships, access and barriers to health care, and the environments in which people live, work, and play. Courses emphasizing principles of organizational and individual learning, motivation, behavior change, program planning and evaluation constitute the basis of professional preparation.

The Department of Health Promotion, Education, and Behavior offers the following degrees and certificates: Master of Public Health (MPH), Master of Social Work/Master of Public Health (MSW/MPH) (a combined degree with the college of Social Work), Certificate of Graduate Study in Aging, Certificate of Graduate Study in Health Communication, Certificate of Graduate Study in Global Health, and Doctor of Philosophy (PhD).

# **Faculty and Areas of Specialization**

### Christine Blake, PhD, RD, Cornell University (2006)

Associate Professor

Factors that influence food choice; dietary patterns and situational eating; food meanings, schema, and scripts in context; eating identity; maternal and child nutrition; obesity and chronic disease; qualitative research and mixed methods

### Rachel Davis, PhD, University of Michigan (2008)

Associate Professor

The role of culture in tailored and narrative-based health communication interventions; measurement error due to cultural influences on health survey methodology; interventions to address racial and ethnic disparities related to nutrition behaviors, childhood obesity, and Type 2 diabetes

### **Jennifer Fillo**, PhD, MPH, University of Minnesota - Twin Cities (2014)

**Assistant Professor** 

Social and interpersonal processes; influence of close others (e.g., family, friends, romantic partners) on health behavior; use of alcohol and other substances; stress coping and emotion regulation; health and well-being of US Military service members; military spouses/partners and families; service-connected stress and trauma; design and analysis of dyadic and longitudinal studies

### **Daniela B. Friedman**, MSc, PhD, University of Waterloo (2006)

Department Chair and Professor

Health and cancer communication with diverse populations; role of social context, media, and technology in health communication interventions; health literacy measurement; healthy aging and gerontology; cognitive health promotion

### Edward A. Frongillo, Jr., PhD, Cornell University (1991)

Professor

Growth, development, and feeding of infants and young children; family stress and parenting; measurement and consequences of food insecurity for children, adults, elders, and people living with HIV; policy and programs for improving nutrition and development; advancing consensus, commitment, and capacity for nutrition in poor countries; design and analysis of longitudinal studies

### Casey Goldston Giraudy, MEd, EdD, University of South Carolina (2004)

Senior Instructor and Academic Programs Coordinator

First Aid/CPR; First Year Experience (college students); adult education; international education (TESOL, F-1/J-1)

#### Edena Guimaraes, DrPH, MPH, CHES, University of South Carolina (2011)

Clinical Assistant Professor

HIV and STD prevention among Latinos/as; utilization of community health worker (promotora) model; health disparities in vulnerable populations; health promotion program planning, implementation, and evaluation; community health problems and health disparities.

### Lucy Ingram, PhD, MPH, University of Alabama at Birmingham (2003)

Assistant Dean for Academic Affairs and Online Education, and Associate Professor Women's reproductive health; sexually transmitted infection (STI) prevention; racial health disparities; community-based participatory research

### Andrew Kaczynski, PhD, University of Waterloo (2007)

**Associate Professor** 

Built environment and physical activity; parks and recreation management and community health; environmental and policy approaches to active transportation; research methods, program planning and evaluation in public health; youth advocacy for obesity prevention

### Minji Kim, PhD, University of Pennsylvania (2016)

**Assistant Professor** 

Targeted and tailored health communication; message effects and persuasion; social influence; health equity; health promotion campaigns; tobacco control; cancer prevention and control

### Leila Larson, PhD, Emory University (2017)

**Assistant Professor** 

Maternal and child nutrition; infant and child development and growth; anemia; interventions and programs for improving nutrition and development; measurement of child cognition and nutritional outcomes; design and evaluation of efficacy and effectiveness studies

### **Xiaoming Li**, PhD, University of Minnesota, Minneapolis (1992)

Professor and Endowed Chair; Director of South Carolina SmartState Center for HealthCare Quality. Research methodology; psychological measurement; program evaluation; migration; social stigma; mental health; parenting and family function; resilience among children; health risk behaviors and perceptions among minority adolescents and other vulnerable or at-risk populations; behavioral HIV prevention intervention; HIV disclosure; global health; implementation sciences.

### Mark Macauda, PhD, University of Connecticut (2007)

Research Assistant Professor

Core for Applied Research and Evaluation (CARE)

Program evaluation, applied medical anthropology, mixed methods research, adolescent reproductive health, vector-borne disease.

### Emily Mann, PhD, University of Maryland, College Park (2010)

Associate Professor

Latino health disparities; social determinants of health; community-based participatory research; teenage sexuality; reproductive health; social justice.

### Courtney M. Monroe, PhD, EP-C, University of Tennessee, Knoxville (2014)

**Assistant Professor** 

Technologies for health behavior changes; mHealth and eHealth; physical activity promotion and assessment; obesity prevention and treatment; approaches for facilitating social support for enhanced improvements in health-related behaviors and outcomes.

### Lee Pearson, MS, DrPH, University of South Carolina (2004)

Associate Dean for Operations and Accreditation, and Clinical Associate Professor Policy, systems and environmental change; collective impact initiatives; aging issues.

### **Shan Qiao**, PhD, Johns Hopkins University (2012)

**Associate Professor** 

Health education and health promotion, program implementation and evaluation; adolescent drug use; female sex workers; HIV/AIDS in children and other populations; HIV disclosure and stigma; social relationships and HIV cure; and, implementation science.

### Caroline Rudisill, MSc, PhD, London School of Economics & Political Science (2009)

Director, Population Health Sciences Greenville and Associate Professor

Health economics; economics of health-related behavior; financial incentives; cost-effectiveness, health policy; diabetes and obesity

### **David Simmons**, PhD, Michigan State University (2002)

Associate Professor (joint appointment with Anthropology)

International health; social justice; social and health disparities; health and healing in the African diaspora; community-based participatory research; community-university partnerships

### Mindi Spencer, PhD, West Virginia University (2006)

Associate Professor (joint appointment with Institute for Southern Studies)

Gerontological health; health disparities in older adulthood; cultural meanings of health and disability; African American and American Indian elders; health in the American South; caregiving in diverse populations; functional limitations in late-life

### George Tam, PhD, Virginia Commonwealth University (2019)

Research Assistant Professor

Technology-based psychosocial intervention for prescription drug misuse and biopsychosocial influences on prescription drug misuse; psychological and behavioral aspects of COVID-19; resilience-based intervention to mitigate HIV-related stigma and its influences in people living with HIV.

### **Jim F. Thrasher**, PhD, University of North Carolina, Chapel Hill (2005)

Professor

Cancer prevention and control; tobacco; health policy; mass media and health communication; social and cultural determinants of health; globalization and global health; mixed methods (i.e., combining qualitative and quantitative methods); measurement development

### Gabrielle (Brie) Turner-McGrievy, PhD, RD, University of North Carolina, Chapel Hill (2009)

**Associate Professor** 

Emerging technologies to create health behavior changes; mHealth and eHealth; vegetarian and vegan dietary approaches in the prevention and treatment of chronic diseases; diet quality and assessment; obesity prevention and treatment

### Ken Watkins, PhD, University of Michigan (1999)

Clinical Associate Professor; Associate Chair and Graduate Director

Aging and health, diabetes self-management, quality of life, faith and health, self-regulation approaches

### Mary Jones Wilson, PhD, University of South Carolina (2021)

Research Assistant Professor

Health disparities; chronic disease prevention in African Americans; cost effectiveness analysis; cost utility analysis; research project management; participant recruitment and retention

### April Winningham, DrPH, MHS, University of South Carolina (2002)

Senior Instructor

HIV/AIDS education; aging, intimacy, and sexual health; program planning, implementation, and evaluation

### Yang, Xueying, PhD, The Chinese University of Hong Kong (2018)

Research Assistant Professor

HIV epidemic among MSM; health promotion for HIV treatment and adherence; HIV-associated comorbidity; mental health; HIV stigma and disclosure; big data research related to HIV and COVID-19 clinical outcomes

Nicholas Younginer, PhD, University of South Carolina (2016)

Research Assistant Professor

Childhood nutrition; food insecurity; qualitative evaluation methods.

# **Emeritus Faculty**

**Donna L. Richter**, Ed.D., University of South Carolina (1982)

HIV/AIDS prevention and research; public health practice; public health leadership; women's health issues; gerontology

Roger S. Sargent, PhD, University of South Carolina (1971)

Applied nutrition, weight management; maternal and child nutrition

**Ruth Saunders**, PhD, University of South Carolina (1986)

Physical activity promotion; health promotion programs in organizational settings; social and physical environment interventions; implementation monitoring and process evaluation

# **Adjunct Faculty**

### Heather M. Brandt, PhD

Adjunct Professor

Director, HPV Cancer Prevention Program & Co-associate Director for Outreach, St. Jude Comprehensive Cancer Center

#### Jean Elizabeth (Beth) Barry, BS, MPH

Adjunct Instructor

SC Program Manager, Alliance for a Healthier Generation, Healthy Schools Program

### Deborah Billings, PhD

Adjunct Associate Professor

Senior Advisor, Group Care Global and the What Works Association

Project Coordinator, Voices/Voces, Institute for Families in Society

#### John R. Ureda, DrPH

Adjunct Associate Professor

CEO and President, Insights Consulting, Inc.

### Staff

#### Gene Brown

Administrative Coordinator (Grant and Account Manager)

### **Wendy Clemmer**

Administrative Coordinator (Grant and Account Manager)

### Krista Russell

Administrative Assistant (Office Manager)

### Celia Shoffner

Student Office Assistant

### Maria Sophocleous

Business/HR Manager

### Joni Zwemer

Administrative Coordinator (Center for Healthcare Quality, HPEB)

# **Guidelines and Regulations**

Students are responsible for information in the University's Graduate Studies Academic Bulletin and on the Graduate School website, as well as information in the handbook. Please see the <a href="https://example.com/HPEB">HPEB departmental webpage</a> for current students for updated information and links to HPEB and Graduate School forms.

### **Graduate Academic Bulletin**

Frequently requested information from the **Graduate Studies Academic Bulletin**:

### <u>Graduate Admissions – Degree-seeking admission</u>

Valid Period of Admission Additional Coursework Registration Requirements Course Enrollment, Prerequisites, Course Loads

### **Degree Requirements**

Concurrent Enrollment
Special Enrollment (Z-status, GA-underenrolled, Family Leave)
Master's Program of Study
Concurrent and Dual Enrollment Programs of Study
Transfer of Coursework

After admission to the program in HPEB, students may request to transfer previous courses into the MPH program pursuant to our policy below. Transfer requests are reviewable - course transfer is not automatic.

<u>HPEB policy:</u> Students may transfer up to nine graduate hours of credit taken outside of a completed program of study with approval from the student's academic advisor. All transfer courses must meet Graduate School requirements regarding the six-year period of viability, taken from an accredited institution recognized by UofSC, carrying graduate credit with a grade of "B" or better, and number of UofSC reduced tuition rate hours allowed (6), as described in the Graduate Studies Bulletin. Students must complete the Request for Transfer of Graduate Credit at the <u>Graduate School's Forms webpage</u>. Students wishing to transfer a course that will replace a similar public health core course housed in another UofSC department should contact the HPEB Graduate Director to receive approval from that department.

Transient Enrollment Privilege Revalidation of Out-of-Date Courses Independent Study Comprehensive Assessment

### **Academic Regulations**

Academic Credit and Course Policies

Courses at the 500 and 600 level can be included in a graduate Program of Study as long as at least half of the credit hours on the Program of Study, exclusive of thesis or practice experience hours (797 or 799), are earned in courses numbered 700 and above.

Course Enrollment Load

Dropping/Withdrawing from a Course

**Grading Policies** 

Academic Standard for GPA, Progression, and Graduation

Academic Suspension

Student Records and Transcripts

# Frequently requested information from the **Graduate School website**

Getting Started

Academics

Calendar

Campus Resources

Forms Library

**International Students** 

**International Travel Policy** 

Paying for Graduate School

Ombudsman

Update Application/Admission

### **Roles and Responsibilities of Graduate Students**

Your responsibilities include but are not limited to:

- Guidelines be aware of and follow requirements as stated in the UofSC Graduate Academic Bulletin, UofSC Graduate School website, and guidelines provided in the HPEB Masters Handbook.
- Advisement students are responsible for knowing program requirements, taking an active role through all steps of their program and keeping copies of all important records and documents.
- Keeping the advisor apprised of your progress and barriers you are experiencing.
- Deadlines be aware of and meet graduate school and university deadlines.
- Transfer credit inform your advisor of your intention to apply for transfer credit immediately during advisement. Transfer credit must be approved as part of your program of study and is subject to approval.
- Comprehensive examination with your advisor, determine the appropriate time for you to take the examination; take appropriate steps to prepare for the exam.
- Practice experience be familiar with and follow all guidelines
- Forms Ensure all HPEB and Graduate School forms are submitted through the department at the appropriate times.
- Professional responsibility Graduate assistantships and practice experiences are intended to serve as an extension of the teaching mission of the Department of Health Promotion, Education, and Behavior by giving students work experience in public health settings in which they eventually pursue careers. While serving in on- or off-campus graduate assistantships or practice placements, students are representatives of the Department. As such, they should comport themselves with professionalism at all times and as guided by the professional code of conduct in existence at their placement agency.

# **Academic Integrity**

All students are expected to adhere to the university's policies regarding academic integrity. Students should consult the Office of Academic Integrity for policy concerning issues related to academic dishonesty. Any student caught violating any of these regulations will be subject to penalties associated with such acts.

### **Disability Services**

Students with disabilities are assisted through the Student Disability Resource Center. Students with disabilities should contact the <u>Student Disability Resource Center</u> at 803-777-6144 (TDD) or 803-777-6142 for specific information about services, or accessed online. When students receive the Graduate School's offer of admission, they should notify the Student Disability Resource Center of their need(s) for specific accommodation(s). The Center is located at 1523 Greene Street in Room 112A.

### **Financial Aid**

To be eligible for Financial Aid, you must enroll for a minimum of nine (9) credit hours at the beginning of the Financial Aid semester (i.e., Fall, Spring, or Summer). If you have specific questions about your situation, you may contact the <u>Financial Aid Office</u> at 803-477-8134.

Information regarding Financial Aid and Scholarships is available at <a href="www.sc.edu/financialaid/">www.sc.edu/financialaid/</a>. Information regarding payment plans is available at the Bursar's webpage: <a href="www.sc.edu/bursar/paying.shtml">www.sc.edu/bursar/paying.shtml</a>.

### Admission

Students may apply for and be enrolled in only one HPEB MPH degree program. We do not allow concurrent applications or enrollment in both programs. Our policy is:

• The HPEB on-campus MPH and Online Master of Public Health in Health Promotion, Education, and Behavior - Professional Program are two distinct programs resulting in the same degree conferment; a student is admitted into one of these programs.

Once fully accepted by the Graduate School, all students should follow the directions for <u>Getting Started</u> and submit immunization and citizenship forms before being able to register for classes. SC Residents will need to submit the Legal Residency form to receive instate tuition.

Self-Service Carolina is the portal for students to handle all personal, academic, and financial interactions with the university. Set up your account using the IDs provided on your <u>Application Status page</u>. Once in Self-Service Carolina, you will be able to access your university email, view the course schedule, register for classes, view your bill and financial aid, etc.

### **Advising and Course Registration**

Prior to each semester, students should contact their academic advisor to discuss course planning. Students should bring their unofficial transcripts to all advisement meetings. Should there be academic challenges regarding grades, the academic advisor may recommend a remediation plan that would be developed by the academic advisor and student, with oversight from the Graduate Director. The Graduate Director is the academic advisor for all MPH students.

Advisement must take place prior to clearance by the ASPH Office of Graduate Student Services to register for courses via my.sc.edu.

You are encouraged to review the <u>Part of Term Dates</u> associated with your specific section to ensure that you meet registration and fee payment deadlines.

# **Graduate Assistantships**

### Who Exactly is a Graduate Assistant?

A graduate assistant is a fully admitted graduate student who receives a stipend and some educational benefits in exchange for specific services that the student provides. A graduate assistant usually works directly with one or more faculty members, in a university office, or with a specific state agency.

The UofSC Graduate School offers training and evaluation activities for graduate teaching and instructional assistants [GTAs and GIAs). Our department requires all doctoral students to attend the training for GTAs and GIAs. In addition, all international doctoral students must attend the international teaching assistant working for training and evaluation of oral English skills. If a doctoral student does not attend this training, the department has the right to withdraw any offer of financial support for that student.

# Who is Eligible to Receive a Graduate Assistantship?

Any fully admitted student taking nine or more graduate credits is eligible. There is generally no special consideration given for financial need or level of education. Employment is usually made on specific qualifications and skills of the individual. Sometimes the degree program in which a student is enrolled is a consideration. A student receiving other financial assistance in the form of work-study, stipend, or grant from another agency may not qualify to receive a graduate assistantship; but, some scholarships and fellowships may be received at the same time.

Graduate assistants are expected to devote full-time effort to their studies and their assistantship responsibilities. They are, therefore, discouraged from having additional employment on or off campus, during the term(s) for which they are appointed. In addition, regular University employees are not eligible for assistantships.

# How do I Apply for a Graduate Assistantship?

To be considered for a position, the student should contact the HPEB Academic Programs Coordinator (Dr. Casey Giraudy) for more information. Students may also review openings on the <u>MySPH</u> website. Continuing students work with their faculty advisor(s) to identify and secure graduate assistantships.

### What Types of Work do Graduate Assistants Perform?

The work responsibility of a graduate assistant depends on the skills and work experiences he/she has and the project on which they would be working. Some teach undergraduate courses, grade papers, or proctor testing; others do research and/or assist with administration of programs. If you have any research skills/experience, be sure to include them on your resume. The assignment/tasks depend on the professional needs of the faculty members/supervisors with whom you work.

### **How are Graduate Assistants Selected?**

Faculty members who have positions for graduate assistants review the student applications on file and make selections. Consequently, students are strongly advised to inform the faculty members in their individual program of their interest in an assistantship.

### What Benefits do Graduate Assistants Receive?

Graduate students from out of state who hold qualifying assistantships are given an automatic tuition reduction to the in-state tuition level. Graduate assistantship paperwork must be completed no later than 25 calendar days from the first day of class in order to qualify for this reduction. In addition, graduate students who hold assistantships in the spring semester and pre-register for the upcoming fall semester automatically are accorded the reduced in-state tuition rates during the summer sessions.

# **GA Work Assignments & Course Load Limits:**

Work Assignments Minimum 10 hours per week (Half-time)

Maximum 20 hours per week (Full-time)

Graduate assistants working more than the required hours per week must have approval of the Dean of Graduate School prior to the beginning date of their graduate assistantship appointment.

Course Load Limits Minimum 9 semester hours (1 hr summer)

Maximum 15 semester hours

Academic Fees (Same for all GAs)

Per credit hour amount

Graduate Assistantship tuition may increase when the University's tuition increases.

NOTE: Graduate assistants DO NOT receive any of the following benefits: free parking stickers; paid activity/technology fees; sick leave or paid holidays; insurance; or reduced textbook rates at either bookstore. Graduate assistants are NOT entitled to faculty benefits or privileges. Graduate assistants may pay separately for health services/activities fees by paying the University fee at the time of registration.

# Do I Have to Make Up Time Missed for Holidays?

You are not required to work when classes are not in session; but, two weeks notification and the permission of the supervisor are required for not working during UofSC-recognized holidays. Two weeks notification and the permission of the supervisor are also recommended for any/all vacation days you wish to request.

While UofSC students are not required to work during days when classes are not in session, the student may be asked to make up the hours if they received pay from the agency for a workday falling on a UofSC holiday. We advise each student to check with the agency and the supervisor on the agency's policy, as different agencies have different vacation policies.

Note: Fall break and Spring break are not considered official UofSC holidays.

# When Will I Know if I Have an Assistantship?

Assistantships are awarded on a semester basis beginning in late August and/or January. If you receive an assistantship from HPEB, an offer letter will be mailed to you prior to the opening of the semester. Usually assistantships last for two semesters; but, money is allotted for one semester at a time and there is occasionally a turnover of assistantships after one semester period. In this instance, assistantship offers may be extended as openings occur throughout the semester.

### What Should I Do if I Hear About a Possible Position?

The Department has several recurring assistantships from year to year. Students who identify potential positions for graduate assistantships outside of the recurring positions may contact the Department's Academic Programs Coordinator for guidance to establish a new assistantship in an area of interest.

# Do I Have to Reapply for an Assistantship Each Semester that I am in School?

It is a good idea to verify with your supervisor that your position will be funded for each upcoming semester. Paperwork may need to be completed on acquiring a new assistantship position.

# What Other Types of Financial Aid Are Available?

In additional to graduate assistantships, financial aid is available in the form of part-time jobs, consultancies, work/study opportunities, veterans benefits, and loans. For information on grants, loans and other financial assistance contact the UofSC Student Financial Aid Office.

# **Degree Requirements**

The following section presents curriculum guidelines for the HPEB Masters and Certificate programs. These guidelines should be used, with the advice of your faculty advisor, to facilitate your successful progression through your graduate program. As a graduate student, you have the primary responsibility for your progression through the program.

The Department of HPEB offers two Masters Programs: Master in Public Health (MPH) and a combination degree Master of Social Work/Master in Public Health (MSW/MPH) in conjunction with the College of Social Work.

There are some variations in specific requirements for the masters degree programs. The general progression of steps is outlined below.

- Begin course work;
- Develop a <u>Program of Study</u> (MPOS) by the end of the first year.
- Complete course work (i.e., required courses and electives) (Course descriptions can be found in <u>UofSC's Academic Bulletin</u>).
- Complete the practice experience, and provide a written report and oral presentation of the project.
- Successfully complete and defend a comprehensive examination.\*

Most programs can be completed in two years of full-time enrollment including some summer school courses. Masters students must complete all degree requirements within a period of six years as specified by the Graduate School.

# **Overview of Degree Requirements**

#### Master of Public Health (MPH) (45 hours):

MPH Course Work (must have Program of Study)

Basic Public Health Core (16 hours)

Health Promotion, Education, and Behavior Core (12 hours)

Cognate Electives (12 hours)

Practice Experience (5 hours)

Comprehensive Examination\*

### Master of Social Work/Master of Public Health (MSW/MPH) Dual Degree

See School of Social Work website:

http://www.cosw.sc.edu/academic-program/msw-program/msw-dual-degree

\*(Students may request approval to write and defend a thesis in lieu of the comprehensive examination.)

Certificate of Graduate Study in Aging

The Certificate of Graduate Study in Aging program addresses the educational needs of full-time and part-time students who will be engaged in the planning, administration, and provision of services for older adults. This is an 18-hour post-baccalaureate certificate program in which students earning masters or doctoral degrees in related disciplines are offered the opportunity to obtain specialized preparation for career paths in the expanding fields of gerontology and geriatrics.

The certificate provides graduate students with opportunities to learn from gerontology educators within several UofSC academic units. The program is administered by HPEB in the Arnold School of Public Health.

To earn the certificate, students must complete:

- (3 hours) HPEB 731 Health Promotion for Older Adults
- (3 hours) SOWK 772 Programs and Services for Older Adults
- (3 hours) HSPM 764 Long-term Care Administration
- (3 hours) Practicum at approved site
- (6 hours) Electives chosen with the approval of the program director

### **Certificate of Graduate Study in Health Communication**

The Certificate of Graduate Study in Health Communication is an interdisciplinary certificate administered by the Department of Health Promotion, Education, and Behavior; the School of Journalism and Mass Communications; and the School of Library and Information Science. This is an 18-hour post-bachelor's program that provides students with opportunities to strengthen their knowledge in health communication content, research methods, and application. Students will select Health Promotion, Education, and Behavior; Journalism and Mass Communications; or Library and Information Science as an interest area.

An applicant for admission to the Certificate of Graduate Study in Health Communication will be evaluated on a combination of factors: undergraduate grades; performance on the GRE (if required); resume describing previous professional experience, especially if that experience is in health communication-related positions; three letters of recommendation; and a written statement of intent, in which the applicant outlines reasons for seeking a graduate-level Certificate in Health Communication. Qualified individuals who are not currently enrolled in a graduate degree can also take the certificate as a stand-alone program.

To earn the certificate, students must complete:

### 1. The certificate core (9 hours):

HPEB 711	Applied Health Communication
SLIS 749	Health Sciences Information Resources
JOUR 702/803	Communication Theory/Seminar in Mass Communication Theory and Theory
	Construction <u>OR</u>
<b>JOUR 772</b>	Seminar in Health, Science, and the Media <u>OR</u>
<b>JOUR 775</b>	Strategic Communication for Behavior & Social Change

- 2. Six (6) directed elective hours from an approved list, depending on the student's interests as approved by the student's faculty advisor. Some potential elective courses include: Theoretical Foundations of Health Promotion (HPEB 701), Consumer Health in Contemporary Society (HPEB 547), Advanced Public Health Communication (HPEB 811), Seminar in Health, Science, and the Media (JOUR 772), Risk Communication (JOUR 773), Strategic Communication for Behavior & Social Change (JOUR 775), Health Information Retrieval in Electronic Environments (SLIS 743), and Consumer Health Resources and Information Services (SLIS 758).
- 3. A three credit-hour practicum or project in the student's home department.

Examples of practica/internships include appointments with local agencies involved with health communication, or work on an active research project. Faculty members work closely with students to help them secure the practicum.

### **Certificate of Graduate Study in Global Health (CGSGH)**

Modern society operates in a global environment with an increased need for clinical and public health professionals who understand health environments and policy that extend beyond local borders. The Certificate of Graduate Study in Global Health (CGSGH) prepares students with the knowledge and skills that are necessary to conduct international work, by focusing on topics such as population distribution of health conditions; environmental and social determinants of health; comparative health systems and policies; health care administration, finance and services; sociocultural perspectives on health; and development and evaluation of health promotion programs that are sensitive to local context. Students enrolled in both the certificate program and a UofSC graduate degree program can use up to nine (9) of the credit hours required for the certificate toward their degree program. Of the 18 hours required to earn the certificate, nine hours are required and consist of three 3-hour courses: (Substitutions for courses must be specifically approved by the certificate advisor.)

HPEB 772 Current Trends in Developing World Health;

ENHS 660 Concepts of Environmental Health Science; and,

HPEB 640 Behavioral Economics in Health.

Each student will then choose three courses from <u>one</u> of four tracks: (Substitutions for courses must be specifically approved by the certificate advisor.)

• Population Health Track: three 3-hour elective courses from:

HPEB 674 Social Networks, Social Capital, and Health

HPEB 748 Community Health Development

HPEB 820 Public Health Policy and Advocacy

EPID 701 Concepts and Methods of Epidemiology

EPID 749 Infectious Disease Epidemiology

• Environmental Health Track: three 3-hour elective courses from:

ENHS 793 Special Topics in Environmental Health Sciences

ENHS 592 Oceans and Human Health

EPID 747 Environmental Epidemiology

ENHS 625 Medical Mycology

ENHS 661 Parasitology (cross-listed as EPID 661 and BIOL 531)

• Food and Nutrition Track: three 3-hour elective courses from:

HPEB 560 Cooking Up a Storm: Food, Globalization, Localization, and Health-South

HPEB 620 Nutrition Through the Life Cycle

EPID 763 Nutritional Epidemiology

EXSC 620 Nutrition and Immunology

HPEB 752 Nutrition and Public Health

• Health Care Policy and Systems Track: three 3-hour elective courses from:

**HSPM 712 Health Economics** 

HSPM 726 Applied Public Health Law for Administrators

HSPM 730 Financing of Health Care

HSPM 724 Health Law HSPM 772 International Health

# **Important Terms Used in the Following Section:**

### **Academic Advisor:**

The faculty member selected to advise you in your academic program; the person who approves your courses for registration and helps determine your Program of Study. The Graduate Director is the academic advisor for HPEB MPH students.

### **Dean of Graduate School:**

The Dean of the Graduate School signs off on all paperwork involving progression through graduate programs; all paperwork is routed through the HPEB Graduate Director prior to being sent to Graduate School.

#### **Graduate Director:**

The faculty member in HPEB responsible for signing off on documents (such as the Program of Study) that are filed with the Graduate School.

### **Practice Experience Advisor:**

The faculty member selected to direct your practice experience; not necessarily the same individual as your academic advisor. Must be a current full-time tenure- or clinical-track HPEB faculty member.

### **Practice Site Preceptor:**

The individual who agrees to serve as your supervisor at the site of your practice experience. Must satisfy requirements described on the MySPH website, and cannot be a UofSC faculty member.

### Thesis (Optional) Advisor:

The faculty member selected to direct your thesis (optional); not necessarily the same individual as your academic advisor.

### **Master of Public Health (MPH) (45 hours)**

**Goal:** To prepare public health professionals to serve as agents of social and behavioral change through the promotion of community and personal wellbeing.

### **Goals and Curriculum Requirements**

Upon completion on MPH coursework, students will be able to:

1. Demonstrate an understanding of foundational public health knowledge and achievement of MPH foundational competencies, as defined by the Council on Education for Public Health (CEPH). (see Appendices)

### Courses:

PUBH 724: Quantitative Methods for Public Health Practice I PUBH 725: Quantitative Methods for Public Health Practice II PUBH 726: Qualitative Methods for Public Health Practice PUBH 730: Public Health Systems, Policy, and Leadership PUBH 735: Practical Applications of Public Health Planning

2. Prepare to become effective agents in the development and promotion of informed decision-making and health behavior change in individuals, institutions, and communities.

### Courses:

HPEB 701-Theoretical Foundations of Health Promotion

HPEB 707- Health Promotion Research Methods

HPEB 710-Evaluation of Heath Promotion Programs

HPEB 748-Community Health Development.

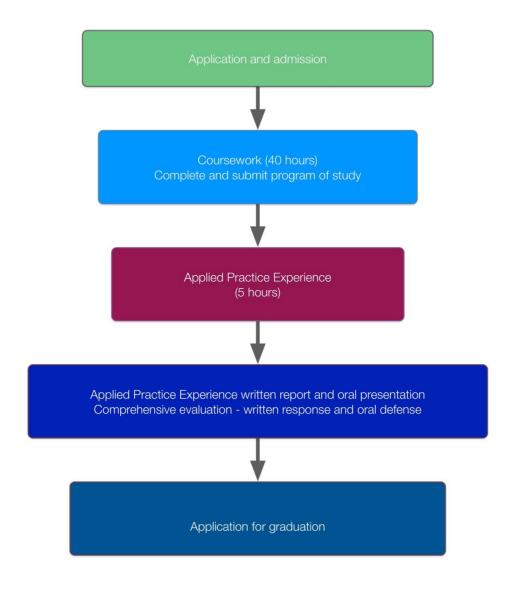
3. Demonstrate an understanding of how health promotion, education, and behavior is carried out in various settings with respect to various health practices, and demonstrate the ability to apply formal learning in practice settings.

### Courses:

Elective courses (4)

HPEB 797 – Practice Experience

# HPEB MPH Program Milestones Toward Degree



# **HPEB MPH Course Sequence**

Course Number	Course Name	Credit	Sequence
PUBH 724	Quantitative Methods for Public Health Practice I	3	Year 1 – Fall
PUBH 726	Qualitative Methods for Public Health Practice	3	Year 1 - Fall
HPEB 701	Theoretical Foundations of Health Promotion	3	Year 1 - Fall
PUBH 725	Quantitative Methods for Public Health Practice II	3	Year 1 - Spring
HPEB 707	Health Promotion Research Methods	3	Year 1 or 2 - Spring
PUBH 730	Public Health Systems, Policy, and Leadership	3	Year 1 - Spring
PUBH 735	Practical Aspects of Public Health Planning	4	Year 2 - Fall
HPEB 748	Community Health Development	3	Year 2 - Fall
HPEB 710	Evaluation of Health Promotion Programs	3	Year 2 - Fall
Electives/Cognate	Various (thesis option: 6 credits of HPEB 799)	12	Year 1 or 2
HPEB 797	Practice Experience	5	During or after last semester of coursework
TOTAL		45	
Successful completion of comprehensive evaluation			Conclusion of HPEB 797

# Master of Social Work/Master of Public Health (MSW/MPH)

Graduates of the combined degree MSW/MPH program can expect to find employment in traditional health care settings that rely on the medical model of intervention as well as in settings that use a social health mode. Students may choose either the Health Promotion and Education (HPEB) track or the Health Services Policy and Management (HSPM) track in the MPH program. Students normally spend the equivalent of three years in their studies for their combined MSW/MPH degrees. Students' MSW fieldwork can be used to satisfy the MPH required practice experience – students should make those arrangements with the HPEB Graduate Director. For more specific degree information, go to the MSW/MPH section of the Academic Bulletin.

# **Program of Study**

Every degree student must file a Master's program of study (M-POS) in The Graduate School for approval by the dean of The Graduate School. A program of study is a list of courses that satisfy degree requirements, and it must be approved by the student's advisor, the graduate director, and the dean of The Graduate School. This formal agreement serves a number of purposes that benefit both the student and the University. It allows the student and the advisor to engage in early planning of course work, explore research interests, and discuss requirements for progress toward degree; facilitates subsequent advisement; and protects the student in the event of unexpected curriculum or faculty changes. The student must file a completed Master's Program of Study form (M-POS) within the first 12 months of course work. If necessary, an approved program of study can be modified with a Program Adjustment form.

The program of study also indicates the masters student's intention to pursue the comprehensive examination or thesis option for meeting the program's integrated learning experience requirement.

# **Progression in Program**

### **Comprehensive Examination**

Students enrolled in the HPEB MPH (and combined degree) program are required to take a written and oral comprehensive examination in conjunction with the practice experience. The comprehensive examination, an integrated learning experience, is a part of the culminating/capstone experience of the MPH program and is designed to assess students' level of mastery of the core competencies acquired through core courses. (Students may request approval to write and defend a thesis in lieu of the comprehensive examination. See the Thesis section of this handbook.)

### **Eligibility**

Students must be in good academic standing (i.e., GPA > 3.0 and no grades below a C in core courses), and must have completed all HPEB core coursework and be registered for HPEB 797. Students must register with the Graduate Director to take the examination.

**Note**: Students with disabilities are assisted through the Office of Student Disability Services. Students seeking accommodation should contact the Office of Student Disability Services at 803-777-6744 (TDD) or 803-777-6142 for specific information about services, or access online at http://www.sa.sc.edu/sds/.

### Format of the Comprehensive Examination

The comprehensive examination is administered as a take-home examination. The examination is intended to assess students' critical thinking ability as a key determinant of overall mastery of the core competencies in HPEB. The exam contains questions from the core courses, in three sections: 1) Program Planning, 2) Program Implementation, and 3) Program Evaluation.

Each section of the exam addresses a set of HPEB MPH competencies, which are addressed in core courses.

Exams are scored according to the student's application of critical thinking skills in the response provided. Answers are evaluated with regard to the following criteria:

- Purpose: The extent to which the response addresses the question.
- Subject Matter Knowledge: The appropriateness and quality of supporting evidence.
- Depth and Breadth of Understanding: The degree to which the response demonstrates understanding and synthesis of MPH foundational competencies and HPEB competencies.

Responses must be communicated clearly enough (i.e., well-written) to permit the faculty who read them to make a valid judgment of students' knowledge and critical thinking skills. Responses should be the original work of the student, written in the student's own words, and not copied or paraphrased from some other work. The department adheres to the University of South Carolina Honor Code. It is the

responsibility of every student at the University of South Carolina Columbia to adhere steadfastly to truthfulness and to avoid dishonesty, fraud, or deceit of any type in connection with any academic program. Any student who violates this Honor Code or who knowingly assists another to violate this Honor Code shall be subject to discipline, including the possibility of dismissal from the academic program.

### **Examination Procedures**

(The following timeline information is a general guideline. Students should follow the practice experience/exam event timeline posted early in the relevant semester.)

Students are responsible for registering for the comprehensive examination in the Fall or Spring semester following completion of MPH core courses. Usually, this occurs in the semester of the scheduled practice presentation. (Students are responsible for scheduling the presentation for an agreeable date for the student, site preceptor, faculty practice experience advisor, and secondary exam grader.) Examination questions will be provided to students several weeks prior to the scheduled practice presentation. This is a take-home examination – any non-human resource may be used in answering questions, but responses should be the student's original work.

Responses are due to the Graduate Director at least four weeks prior to the scheduled practice presentation. (See the next section of this handbook for more information about the practice experience.) Information regarding the examination is presented in detail on the HPEB Masters Blackboard website.

Two graders (the faculty practice advisor and another full-time HPEB faculty member) will review the student's response to examination questions, and will provide written feedback to the student via email.

Students should incorporate the written feedback into the final version of the written comprehensive examination, and provide a point-by-point response in a separate document, which is due a minimum of two days prior to the practice presentation.

After the presentation of the practice experience, the site preceptor will leave the meeting, and the comprehensive oral examination will take place. The oral examination will cover material from the core courses and the student's final written portion of the examination. The two graders will provide feedback on the oral and written sections of the comprehensive examination to the Graduate Director within one week of the oral presentation.

HPEB faculty vote on all comprehensive exam results, and students are notified via email of the results.

Comprehensive examination results are either *Pass* or *Fail*. Students who pass the examination may apply for graduation. Students who fail the comprehensive examination may appeal to retake the written and oral examination after one, but no more than two, regular academic semesters following the first administration. Students have a maximum of two administrations to pass the comprehensive examination. Students who fail the second comprehensive examination administration will have their admission to the program cancelled, and do not progress toward the degree.

# IMPORTANT: Passing the comprehensive examination is a requirement for graduation.

Questions about the examination should be directed to Ken Watkins (Graduate Director).

### **Practice Experience (HPEB 797)**

The practice experience involves fieldwork at a practice site, requiring regular progress reports and a final written report.

The HPEB Practice Experience Coordinator is Dr. Edena Guimaraes (edenag@mailbox.sc.edu).

### **Practice Experience Goals**

The goal of the practice experience is to strengthen a student's personal understanding of the realities of public health programs in practice settings. This is achieved by familiarizing the student with the: practice of public health education to help the student identify with the profession; organizational and administrative dimensions of public health promotion; and functional activities of a specific setting. During the practice experience, the student will demonstrate attainment of a set of MPH foundational competencies (minimum of three) and HPEB competencies (minimum of two), as identified with their faculty practice advisor. See Appendices I and III.

The following objectives are presented to guide the achievement of this goal. Planned experiences contribute to the student's preparation by offering an opportunity for application of skills within the framework of an appropriate field organization through:

- Experiences in working with and without supervision within the organization;
- Exploration of the ongoing planning, implementation, and evaluation activities in health education and promotion programs of the organization;
- Familiarization with the organizations' public health mission; and
- Actual working involvement in health promotion/education activities within the organization.

### **Practice Experience Overview**

To complete the Practice Experience, students must identify a public health organization to work with where they will work under the supervision of a preceptor at the organization and the guidance of a faculty member. To identify a public health organization, students should start gathering ideas throughout their program but especially after the first semester. Once students identify a site, they should identify a full-time faculty member within the HPEB department who ideally has expertise around the selected health topic. Students should register for HPEB 797 the semester they plan on completing the experience. Each faculty member has a distinct HPEB 797 registration code and students must contact their faculty practice advisor to obtain this code before enrolling. Before beginning fieldwork for the experience, students must complete a **practice experience proposal** with guidance and feedback from the preceptor and advisor, which identifies the competencies that will be demonstrated and serves as a blueprint for what the experience will entail. The entire proposal development process can be occur through email. Once the preceptor and advisor approve the proposal, students can begin their practice experience.

Students must also ensure that a Memorandum of Agreement (MOA) is established between the Arnold School of Public Health and the Practice site before the fieldwork begins. Students can check to

see if their site has an MOU when they sign into the Practice Experience tracking database, <u>APEX</u>. At the end of the practice experience, students should upload the proposal and all other relevant documents into APEX. For more specific instructions, students should consult the <u>Practice Experience webpage</u> for specific resources including the resources- <u>Introduction to the Practice Experience</u> and <u>Practice Experience Checklist</u>.

Contact Zach Jenkins with any additional questions or concerns. An oral presentation and written report of the practice experience are required at the conclusion of 797 where a faculty member will evaluate the competency attainment.

(Note: The MPH take-home comprehensive exam is administered concurrently with HPEB 797. See the prior section of this handbook for exam processes and timeline.)

Examples of previous practice sites can be found at Past Practice Experience Sites.

### Setting, Practice Experience Requirements, and Participant Roles

### Setting

Numerous state and federal departments and agencies, as well as private hospitals, private organizations, and other health-related organizations, provide locations for practice experiences and projects.

### <u>Identify Practice Site and Preceptor</u>

Students are responsible for identifying and securing a practice site and preceptor. A variety of strategies may be employed to assist students in this regard. Practice opportunities are posted in the APEX site (https://mysph.sc.edu/apex/guest/login). Opportunities are also posted internally in the Department via bulletin boards, flyers, and electronically via student listsery communication. Students may approach potential sites and/or preceptors based on their interests or on increasing their exposure to areas beyond their interest and current "expertise." The site preceptor should be qualified to supervise students' work and available to provide meaningful feedback on a daily or near daily basis. The individual must satisfy requirements described on the MySPH website, and cannot be a UofSC faculty member. Information for the site preceptor is available on the Practice Experience website. The practice experience can be located outside of the Columbia area, outside of the state, or outside of the country. Students struggling to identify a preceptor can schedule a meeting with Dr. Guimaraes or Zach Jenkins.

### Identify Faculty Advisor for the Practice Experience

Each student is responsible for finding a HPEB faculty practice advisor, who is not the student's academic advisor. The practice advisor must be a current full-time tenure- or clinical-track HPEB faculty member. Each student is required to contact a HPEB full-time faculty member to request assignment; such assignment is dependent upon the faculty member's availability and interest. The primary factor in selecting a faculty practice advisor should be the ability of the faculty member to assist in the development of the practice proposal and provide assistance throughout the practice field placement (i.e., HPEB 797). Students needing help in finding a faculty practice advisor may contact <a href="Dr. Edena">Dr. Edena</a> Guimaraes.

### Develop Practice Experience Proposal and MOA, and Begin Fieldwork

A completed Practice Experience Proposal is necessary before a student can begin his/her fieldwork. Students are ultimately responsible for negotiating the proposal with both the site preceptor and their faculty practice advisor. This proposal is for the student's protection, as it will ensure that all parties agree upon the deliverables and experience within a pre-defined time frame. The proposal should follow the Practice Experience Outline Template (located in the ASPH Practice Experience website). Project competencies must be explicitly addressed and clear expectations for accomplishments must be defined in the proposal. Contact information should be provided for all parties (i.e., student, site preceptor, and faculty practice experience advisor). At this same time, students should also work with Zach Jenkins in securing a Memorandum of Agreement (MOA) between the site and the university.

Although there is much variation among HPEB practice experiences, they all have in common a focus on a major project, activity, or experience in public health promotion/education. An outline for writing the Practice Experience Proposal can be found on the Practice Experience website.

### Carry Out Practice Experience

Students will continue at the practice field site and have primary contact with their site preceptor, who functions as a mentor. Students are expected to keep their faculty practice advisor updated as needed. If a problem arises, students are to inform their faculty practice advisor as early as possible.

### Submit Comprehensive Examination Responses

Examination responses are due to the Graduate Director prior to the scheduled practice experience presentation, at the conclusion of HPEB 797.

#### Present Results of Practice Experience

Students will need to prepare a 20-25 minute PowerPoint presentation following the <u>outline</u> for the oral practice experience presentation. Each student is required to orally present his/her practice experience publicly before the end of the 797 term. Students are to arrange the specifics of the presentation (e.g., presentation date and time) with their faculty practice experience advisor, site preceptor, and secondary exam grader. The faculty practice experience advisor and preceptor must be present during the oral practice experience presentation. The comprehensive exam secondary grader does not have to be present during this portion of the oral defense. Students may invite others (i.e., student, friends, coworkers, family) to attend the oral practice experience presentation. The student may present in person or via video conferencing (e.g., Zoom, Microsoft Teams, Skype, TM, Blackboard Collaborate Ultra).

HPEB MPH students are responsible for notifying the department regarding presentations. The student should provide the following information via email to both Casey Goldston Giraudy, HPEB Senior Instructor and Academic Programs Coordinator (<a href="mailto:goldston@mailbox.sc.edu">goldston@mailbox.sc.edu</a>) and Kristal Russell, HPEB Office Manager and Administrative Assistant (<a href="mailto:krussell@sc.edu">krussell@sc.edu</a>):

Practice experience title
Practice agency/location
Your name, earned degree
Practice site preceptor
Practice experience faculty advisor

#### Submission of Documents After Completion of Practice Experience

Each student must complete a Practice Experience Final Report and submit the report, along with the Practice Experience Proposal and other documents they would like to include, in the "Documents" section of APEX before or immediately after scheduling their practice experience oral presentation. An electronic copy of the report should be sent to Krista Russell ( <a href="mailto:krussell@sc.edu">krussell@sc.edu</a>) at that time.

#### **Additional Information:**

A student's practice experience cannot be part of their existing job or Graduate Assistantship (GA). It is possible to carry out a practice experience at an existing job or GA <u>only</u> if the experience is above and beyond job and GA requirements and results in additional contact hours. This exception can only be granted with the consent of your faculty advisor in consultation with the Graduate Director. Students are not generally, but may be, remunerated for their practice experience placements or work. The practice experience is considered the culminating, or capstone, experience of the MPH curriculum much like a project, or a thesis. The practice experience is a professional position and one in which

students are representatives of ASPH and UofSC. Students, therefore, are expected to conduct themselves in a professional manner at all times.

#### The student is expected to:

- Take initiative in addressing competencies, selecting an appropriate setting for practice activity, developing clear work and learning objectives, and completing work and learning tasks by the dates agreed upon. A final written report of the practice experience is required and should be uploaded in APEX and an electronic copy sent to Krista Russell.
- Arrange appropriate meetings with faculty advisor and site preceptor.
- Arrange final practice experience oral presentation date, time, and location with the faculty advisor, site preceptor, and comprehensive exam secondary grader if necessary.

#### The practice faculty advisor is expected to:

- Advise the student in developing work and learning agreements in the proposal.
- Communicate with the student and practice site preceptor as necessary.
- Provide ongoing advice and guidance as needed or required.
- Review student's final oral presentation of the practice experience.

#### The practice site preceptor is expected to:

- Assist students in defining activities of potential use to his or her organization.
- Review student's proposal and contract for usefulness to the organization and provide onsite direction to the work component of the experience.
- Provide the student with logistical support within the organization.
- Review student's final oral presentation of the practice experience.
- Attend the practice experience oral presentation.

## Thesis (Optional) Requirements and Guidelines

A thesis is optional for HPEB students seeking the MPH degree, and may be completed in lieu of the comprehensive examination. (Note: The thesis does not replace the required practice experience.) The decision to pursue the thesis requires the willingness and availability of a minimum of two fultime HPEB faculty members and one faculty member outside of the department to serve on the student's thesis committee. Selection of a topic and work on the thesis are directed by a department-approved faculty thesis committee. This committee must be approved by the department before or at the same time as the student submits the program of study (MPOS). The MPOS form can be found on the Graduate School's website.

Graduate School Guidelines for Appointment of Thesis Committees

The Thesis Committee is a program faculty committee approved by the department or school. The Thesis Committee should be composed only of faculty from the Columbia campus. Regular and Associate graduate faculty of any rank who hold the doctorate or the discipline's terminal degree and tenured faculty at the rank of full professor who do not hold the terminal degree may serve on or chair thesis committees. Research, clinical, and adjunct faculty at any rank who hold the terminal degree may serve on and chair a thesis committee with approval of the program and the dean of The Graduate School. Instructors and lecturers who do not hold the terminal degree may serve as members of thesis committees with justification from the program and approval of the dean of The Graduate School. Emeritus or emeriti faculty may continue to chair the thesis committee of a student under their direction at retirement and may be appointed as a member or a thesis committee with the approval of the program and the dean of The Graduate School. In HPEB, the thesis committee must include at least two HPEB faculty members and one member from outside the department.

Before beginning to work on the thesis, students should obtain and read a copy of the <u>Graduate School's general thesis regulations</u>.

#### **Purpose of the Thesis**

The thesis is a capstone experience and is enhanced through the student's application of principles and methods learned during coursework through the preparation of a research manuscript. The thesis must be original research designed to answer specific questions and to integrate new information contributing to the understanding and solution of public health problems. The thesis must synthesize selected MPH foundational and concentration-specific competencies. Students must select at least three competencies to address:

- One foundational competency
- One HPEB program competency
- One competency either foundational or HPEB program-specific

(See Appendices)

A minimum of six (6) hours of thesis credit (HPEB 799) must be applied to thesis work. A maximum of nine (9) hours of thesis credit (HPEB 799) may appear on the student's program of study (MPOS). Any student who uses University facilities or confers with faculty on thesis work must be officially enrolled for at least one hour of academic credit.

#### Steps in applying for the thesis option:

- 1. Discuss your thesis ideas with the HPEB faculty member you wish to serve as your thesis committee chair, whose interests and expertise complement your research interests. Determine if that faculty member is willing and able to serve as your thesis chair.
- 2. With your chair, complete the thesis request form available on the department's website. Part of this form requires naming a proposed thesis committee. The thesis committee should include a minimum of two HPEB faculty (including the thesis chair) and one faculty member outside of the department. Submit the thesis request form to the Graduate Director. Your request will be reviewed by an HPEB faculty committee.
- 3. After review and approval from the HPEB faculty committee, prepare a thesis committee request form (HPEB website) and the masters program study (MPOS from the Graduate School website). Both forms must be submitted to the Graduate Director prior to April in the first year of study.

#### Steps for completion of thesis work:

- 1. Negotiate thesis chapter/section due dates with thesis chairperson.
- 2. Submit your thesis proposal to the thesis committee. The proposal briefly outlines the thesis topic, hypothesis, and proposed methodology. The proposal is a contract between the student and the committee members, and ensures that everyone has agreed upon the format and content of the thesis. All committee members are required to sign it as an acknowledgement of approval of the proposal. The student will prepare a written thesis proposal outlining:
  - o The general problem to be addressed with adequate literature support.
  - The specific objectives of the study and how accomplishing these objectives will contribute relevant new knowledge to the field; objectives must be supported by a literature review.
  - Methods for accomplishing the objectives.
  - o The time, equipment, money, and other resources required.

The committee will review the appropriateness of the proposal; at least one meeting of the entire committee with the student will take place for proposal acceptance before major thesis work begins. It is the student's responsibility to reserve a meeting room and the proposal meeting.

3. The major portion of the thesis work itself (field, laboratory, literature analysis) will be conducted by the student in close collaboration with the thesis committee (especially the thesis Chairperson). Any changes in the former plan, as set forth by the proposal, must be agreed upon the committee. Except under unusual circumstances, the student will be registered for thesis work during the semester or session of graduation.

The student will obtain IRB approval prior to conducting the research. Information about this process can be obtained from the committee chairperson or on-line.

It is the policy at the University of South Carolina that no research or investigation involving human subjects, without regard for source of funding, may be undertaken until the approval of the Human Subject Institutional Review Board has been obtained.

- 4. During the semesters that students plan to conduct research and analyze data, students should enroll in HPEB 799 under the appropriate section (assigned) according to thesis advisor in the Master Schedule for that semester of session.
- 5. Complete data collection by the beginning of classes for the semester in which the student intends to graduate.
- 6. In consultation with the committee chair, submit draft copies of the thesis sections to the thesis committee as the student completes them.
  A completed first draft of the thesis must be submitted to the thesis chair at least 60 days prior to the end of the semester of graduation.
- 7. At the completion of the thesis work, and at least 30 days before graduation, the student will present an informative seminar defense of the results of his/her thesis research. The student is responsible for arranging and announcing the seminar, which will be open to all interested parties (students, faculty, agencies, etc.) There are two equally important purposes for the seminars:
  - To transmit information which has been culminated from a concentrated body of work on the original research project. Thus, the presentation will be of considerable interest to colleagues and should be concise, well organized, and supported by wellplanned visual aids.
  - To serve as an important learning process for the student in executing an informative presentation and in responding to the discussion and criticism of fellow students and faculty.

The open seminar will be followed by a critical review of the thesis by the student's thesis committee, with suggestions of improvement, publication, etc.

#### **Format**

Students write a manuscript style thesis. Only one manuscript is needed to meet thesis requirements; but, the student may write more than one manuscript. Thesis students will work with committee members to plan one distinctly significant focus for the manuscript/s. The following provides a generic outline for manuscripts: Manuscript Title; Format; Abstract; Introduction; Methods; Results; Discussion; References. Students must select a specific journal/s for manuscript submittal and follow the instructions to authors provided by the selected journal. Each journal provides a section to authors that include information on manuscript length, number of tables and graphs, and reference style. Students follow authorship guidelines posted on the department's website. Students are expected to be the first author of any article they write as a thesis. The order of author listing *must be discussed with all committee members at the thesis proposal defense.* 

As scientists, it is valuable to have publications on the curriculum vitae when applying for jobs or other academic programs.

#### Steps for concluding the thesis

All theses must meet **Graduate School requirements**.

The deadline for submission of theses for each academic session is also posted on the Graduate School webpage.

**In addition,** students are responsible for notifying the department regarding thesis presentations. At least one week prior to the presentation, the student should provide the following information via email to both Casey Goldston Giraudy (goldston@mailbox.sc.edu) and Pam Metz (pmetz@mailbox.sc.edu):

Thesis title
Your name, earned degree
Thesis advisor
Day, Date, Year of your presentation
Time of your presentation
Room/Building location
Street Address/Zip (if not in HESC)

This information will be published on the department's main webpage and posted in the front office.

To reserve a room and/or equipment for your presentation, please contact Pam Metz (777-7096, <a href="mailbox.sc.edu">pmetz@mailbox.sc.edu</a>).

In general, students are required to present the research project (generally a 20-30 minute presentation of the Background, Methodology, Results and Discussion) to the audience and allow for a question and answer period (usually 10-15 minutes). Students should also bring to the defense copies of the official Graduate School signature form.

IMPORTANT: Graduate School <u>guidelines for thesis preparation</u> may be obtained from the Graduate School website.

#### **Examination/Defense Location**

Combined oral and written examinations are held in HPEB for three purposes: 1) comprehensive examination for doctoral students, 2) dissertation defense for doctoral students, and 3) thesis defense for MPH students. These examinations should be conducted on campus, and all committee members should be physically present with the student. Under exceptional circumstances, some committee members (but not the chair) may be located off-campus for the examination, connected via telephone or video-conferencing to the student, chair, and other committee members who are on campus. Also, under exceptional circumstances, the student, the chair, and perhaps other committee members may be located off-campus for the examination, connected via telephone or video-conferencing to other committee members who are on campus. Unless there are exceptional circumstances, the chair must be physically located with the student for the examination.

# **Resources and Information for Students**

#### **Thomas Cooper Library (Greene Street)**

The Thomas Cooper Library has four stack levels of books, a ground floor, a main floor (where circulation and reference sections are located), and a mezzanine. (The mezzanine is the top floor; main is the main entrance floor; the ground floor and the four stack floors go down. That is, Level 4 is the fourth floor below the ground level.)

The Thomas Cooper Library has other valuable services for graduate students, including 40 study rooms (seating up to four persons each), six seminar rooms for library-related seminars, and a classroom for the library-taught orientation and bibliographic instruction classes. Other special areas in the library include the Student Computer Labs (on Levels 3 and 5), the Science Library (on Level 4), Special Collections (on the Mezzanine Level), and the Map Library (on Level 5). The telephone number for the circulation department is (803) 777-3145.

#### **School of Medicine Library**

The School of Medicine Library at the University of South Carolina can be an excellent resource for students in Public Health. Many journals can be found at both Thomas Cooper and the Medical Library, so it is good to check with Thomas Cooper first (their listings will indicate what libraries or agencies in this area carry the health journals not available at Cooper). The Medical School Library is located on the Veteran's Administration Medical Center Grounds off Garners Ferry Road. The telephone number is (803) 733-3344 and website is <a href="http://uscm.med.sc.edu/">http://uscm.med.sc.edu/</a>.

#### The Richland County Public Library and other Library Resources

The Richland County Public Library is Columbia's public library and provides access to more than 650,000 books and many other materials. This new library is located on 1431 Assembly Street. In addition, there are various other branches located in neighboring communities. The telephone number for the Richland County Public Library is (803) 799-9084 and website is http://www.richland.lib.sc.us/. The Richland County Public Library requires residency in Richland County to check out materials and to access special services. In addition, completing the membership requirements to obtain a library card may also be necessary.

Several State government agencies have very good libraries and may be accessible to students. The <u>South Carolina State Library</u> (803-734-8026; http://www.statelibrary.sc.gov/) has a specific South Carolina, Government Publications, and Grants Research collections.

#### Communication

Each student has an assigned mailbox (Room 529 of Discovery I) in the Arnold School of Public Health. These mailboxes are used to keep the students up to date with information, events, etc., going on in HPEB and the School. It is also a base for communication with other students, staff, and faculty. Check your mailbox often.

Students are also required to submit e-mail addresses to the Department's administrative assistant to be included in the department's listserv. The listserv provides information that is critical for students' progression through the program.

#### Subscribe

- Send an e-mail to: **listserv@listserv.sc.edu**
- No subject
- In text area type the following: SUBSCRIBE HPEBLIST {Subscribers name}

(for example: SUBSCRIBE HPEBLIST Ken Watkins)

Send the message without a signature

#### **Health Sciences Computing Labs**

The Arnold School of Public Health is fortunate to have excellent computer facilities and an excellent staff. The facilities include personal computers on the 4<sup>th</sup> floor of Discovery 1. Staff can provide assistance with the use of the hardware and software that is available on this of student equipment.

#### **ASPH Graduate Student Services**

The Office of Student and Alumni Services provides many important services for students, including: course registration assistance, guidance in locating financial assistance, and services in preparation for entering your chosen career. In fact, they can help you in too many ways to list. If you need any kind of information or assistance, this is a good place to start. If they cannot help you, they can tell you who can.

#### **Student Health Services**

The Center for Health and Well-being, and the Thomson Building are located behind the Russell House. The Center, one of some 120 nationally accredited university student health centers, is staffed by board certified or board eligible physicians, certified nurse practitioners, and appropriate numbers of registered nurses, most of whom are certified in college health nursing. The Center is open mornings and afternoons, Monday through Friday, except on University holidays. A Sunday late afternoon and evening clinic is held during Fall and Spring semesters to manage urgent conditions. No inpatient, overnight, or after-hours services are available.

Daily clinics at the Center include General Medicine and Women's Care. Weekly clinics in Orthopedics, Dermatology, and Sports Medicine and Minor Injuries are available. Ancillary services include pharmacy, diagnostic radiology, clinical laboratory, physical therapy, and immunization and allergy injection services. All students enrolled in Columbia campus classes are eligible for services. The Center can be reached at https://www.sa.sc.edu/shs/ or (803) 777-3175.

#### **Campus Wellness**

Campus Wellness is devoted to awareness and prevention of acute and chronic health issues for students, faculty and staff at the University of South Carolina. By offering a wide range of programs and services, this office assists campus community members with making healthy choices and maintaining a healthy lifestyle. For more information, go to: http://www.sa.sc.edu/shs/cw/.

#### **Counseling and Psychiatry**

UofSC Counseling Services is located on-campus in the Thomson Building (Second – Fourth floors), 1401 Devine St., behind the Student Center. The offices offer: brief outpatient psychiatric intervention; psychological services, including individual and group counseling and biofeedback and psychological testing services; and limited social work support for Columbia campus students. Students, who need inpatient care, extended outpatient services, or other clinical care that exceeds the capabilities of Counseling Services, are referred to community providers of the patient's choice. Professional staff clinical evaluation and management services are free to all students who have paid the Health Fee portion of the University Fee. Counseling Services are open daily, Monday-Friday (except on University holidays). Appointments are required except for acute or emergency situations. Counseling and Psychiatry Services can be reached at (803) 777-5223 and accessed online at https://sc.edu/about/offices\_and\_divisions/student\_health\_services/mental-health/index.php.

#### **Off-Campus Student Services**

Off-Campus Student Services is located in Suite 033 of the Russell House, and offers many services of interest to students who do not live on the UofSC campus. Among the many programs and services offered are a babysitter list, Columbia area resident assistance, a newsletter, and an off-campus housing locator service (finding roommates and/or apartments). Off-Campus Student Services can be reached at (803) 777-3366 and accessed online at http://www.sa.sc.edu/ocss/.

#### **International Student Services**

International Programs for Students is located in Suite 650 of the Close Hipp Building, 1705 College Street. International student services provide a wide range of services for international students, including pre-arrival information, orientation programs, immigration advising, personal assistance, and student programs and activities. Professionals with specialized training and expertise working with international students staff the office. International Student Services can be reached at https://www.sc.edu/about/offices\_and\_divisions/international\_student\_services/index.php or (803) 777-7461.

#### **Disability Services**

Students with disabilities are assisted through the Student Disability Resource Center. Students with disabilities should contact the <u>Student Disability Resource Center</u> at 803-777-6144 (TDD) or 803-777-6142 for specific information about services, or accessed online. When students receive the Graduate School's offer of admission, they should notify the Student Disability Resource Center of their need(s) for specific accommodation(s). The Center is located at 1523 Greene Street in Room 112A.

#### **Center for Teaching Excellence**

The Center for Teaching Excellence is committed to planning and implementing professional development programming for graduate teaching assistants. Graduate student workshops and events are designed to address teaching challenges unique to being a graduate student.

# **Appendices**

### **Appendix I. MPH Foundational Competencies (CEPH)**

Evidence-based Approaches to Public Health

- **1.** Apply epidemiological methods to the breadth of settings and situations in public health practice
- **2.** Select quantitative and qualitative data collection methods appropriate for a given public health context
- **3.** Analyze quantitative and qualitative data using biostatistics, informatics, computer-based programming and software, as appropriate
- **4.** Interpret results of data analysis for public health research, policy or practice

#### Public Health & Health Care Systems

- **5.** Compare the organization, structure and function of health care, public health and regulatory systems across national and international settings
- **6.** Discuss the means by which structural bias, social inequities and racism undermine health and create challenges to achieving health equity at organizational, community and societal levels

#### Planning & Management to Promote Health

- 7. Assess population needs, assets and capacities that affect communities' health
- **8.** Apply awareness of cultural values and practices to the design or implementation of public health policies or programs
- **9.** Design a population-based policy, program, project or intervention
- **10.** Explain basic principles and tools of budget and resource management
- **11.** Select methods to evaluate public health programs

#### Policy in Public Health

- **12.** Discuss multiple dimensions of the policy-making process, including the roles of ethics and evidence
- **13.** Propose strategies to identify stakeholders and build coalitions and partnerships for influencing public health outcomes
- **14.** Advocate for political, social or economic policies and programs that will improve health in diverse populations
- **15.** Evaluate policies for their impact on public health and health equity

#### Leadership

- **16.** Apply principles of leadership, governance and management, which include creating a vision, empowering others, fostering collaboration and guiding decision making
- 17. Apply negotiation and mediation skills to address organizational or community challenges

#### Communication

- **18.** Select communication strategies for different audiences and sectors
- **19.** Communicate audience-appropriate public health content, both in writing and through oral presentation
- **20.** Describe the importance of cultural competence in communicating public health content

#### Interprofessional Practice

**21.** Perform effectively on interprofessional teams

#### Systems Thinking

**22.** Apply systems thinking tools to a public health issue

# **Appendix II. Foundational Public Health Knowledge Learning Objectives** (CEPH)

#### Profession & Science of Public Health

- 1. Explain public health history, philosophy and values
- 2. Identify the core functions of public health and the 10 Essential Services
- 3. Explain the role of quantitative and qualitative methods and sciences in describing and assessing a population's health
- 4. List major causes and trends of morbidity and mortality in the US or other community relevant to the school
- 5. Discuss the science of primary, secondary and tertiary prevention in population health, including health promotion, screening, etc.
- 6. Explain the critical importance of evidence in advancing public health knowledge

#### Factors Related to Human Health

- 7. Explain effects of environmental factors on a population's health
- 8. Explain biological and genetic factors that affect a population's health
- 9. Explain behavioral and psychological factors that affect a population's health
- 10. Explain the social, political and economic determinants of health and how they contribute to population health and health inequities
- 11. Explain how globalization affects global burdens of disease
- 12. Explain an ecological perspective on the connections among human health, animal health and ecosystem health (e.g., One Health)

## **Appendix III. HPEB Concentration Competencies**

- 1. **Theory** Apply social and behavioral theories and models to the development, implementation, and evaluation of public health programs.
- 2. <u>Multi-level Influences on Health</u> Utilize multi-level approaches in understanding the importance of context in addressing public health issues.
- 3. <u>Collaboration</u> Articulate how multi-sectoral, collaborative engagement advances health equity, and improves health outcomes.
- 4. **Evaluation** Develop sound and feasible methods to evaluate public health programs, interpret results, and communicate those results effectively.
- 5. **Research Methods**-Make informed study design decisions and be able to articulate the strengths and weaknesses of a research study.

## **Forms**

All forms required by the Graduate School and HPEB should be submitted through the  $\underline{\text{Graduate Director}}$ 

Necessary forms can be found at **Graduate School Forms** and department websites.

## **Information and Forms**

Milestone	Event	HPEB information and forms	Graduate School
			<u>forms</u>
Admission to HPEB/First			
year	Application	http://www.sc.edu/study/colleges_schools/public_health/apply/index.php	
	Change in application	http://www.sc.edu/study/coneges_schools/public_health/appry/htdex.php	Change of Status
	(deferment, change of		(COS)
	degree)		(COS)
	Program of study		Masters Program of
	Flogram of study		Study (MPOS)
			Program of Study
			Adjustment Form
			(POSA)
			Request for Transfer of
			Graduate Credit
			(GRTC)
			(GRTC)
Masters comprehensive			
exam			
		MPH Comprehensive Exam Registration Form	Masters
			Comprehensive Exam
			Verification Form
Completion of thesis			
(optional), practice			
experience and graduation			
	Thesis committee	Approval of HPEB Thesis Committee	
	approval		
	Thesis proposal	Master's Degree Requirement Notification Form	

T		Master's Degree Requirement Notification Form See this handbook. Contact department for room reservation and posting notice.	Thesis Signature and Approval Form (G- TSF)
	*	Master's Degree Requirement Notification Form See this handbook.	121)
G	Graduation		Application for Graduation (AS-126)