

## DEPARTMENT OF KRIYA SHARIR

### DEPARTMENTAL PROFILE:

The department deals with the subject 'Kriya Sharir' i.e. functioning of human body in its normal state. 'Physiology' is the basis of 'Medicine'. In this subject, students get introduced to very basic Ayurvedic concepts like *Dosha, Dhātu, Mala, Pachana, Prakṛti, Atma, Mana* etc. If one understands these normal processes of body, it is easy to understand pathological changes in ayurvedic view. Kriya Sharir is also basis of Ayurvedic pharmacology and Ayurvedic medicine.

### FACULTY PROFILE:

Name	Qualification	Designation	Experience
Dr. Indapurkar Kavita Vinayak	M.D., Ph.D.	Professor & HOD	26 yrs.
Dr. Bhalsing Manisha Vijay	M.D.	Associate Professor	20 yrs.
Dr. Pandkar Prasad Dilip	M.D. Ph.D.	Associate Professor	12 yrs.
Dr. Ghate Umesh Shivajirao	M.D., Ph.D.	Assistant Professor	10 yrs.
Dr. Manisha Rajaram Tate	M.D. Ph.D. sch.	Assistant Professor	07 yrs.

### VITAL STATISTICS:

Sr. No.	Content	Number
1	Departmental Space	158.05 sq meter.
2	Departmental Library Books	103
3	Charts	53
4	Models	10

### MUSEUM:

Departmental museum is well-equipped with all the necessary teaching aids like charts, specimens, models as per requirements.

### DEPARTMENTAL STRENGTH:

- Out of five faculties two senior most faculties are PhD guides. Out of five faculties two have completed their PhD & two are pursuing their PhD.
- Kriya Sharir is a very core & fundamental subject among all subjects of curriculum as it deals with core ayurvedic concepts like *dosha, dhatu, mala, agni, ojus, manas, aatma etc.* We at Kriya Sharir department are able to make conceptual foundations of students on which all the understanding of preclinical & clinical subjects is going to be depending upon.

### UNIQUE FEATURES

- Modern instruments like kymograph, response time analyzer, spirometer are also used for experiments exploring basics of Ayurveda. Ex. Department was pioneer to use Harvard Step test as a quantitative tool for '*Bala Pareekshana*' practical.
- Department conserves the same traditional method of recitation of *Shlokas*.
- In the department thrust for post graduate researches has been put on application based, socially oriented topics rather than theoretical ones.
- Teaching-Learning models developed by department Ex. A model on 'Formation of Urine in Kidney' and 'Cardiovascular & Respiratory system MCQs' are two prominent to list among them.

### ACHIEVEMENTS:

Following PG / PhD alumni have received awards as follows:

Sr. No.	Name of Student	Year	Award	Agency
1	Dr Akalpita Dhanorkar	2008	Gold medal for M.D.' thesis	IAA & European Ayurved Academy
2	Dr Sujata Gargotikar	2011	Best thesis Award	IAA & European

			for M.D.	Ayurved Academy
3	Dr Rashi Sharma	2013	Best thesis Award for M.D	IAA & European Ayurved Academy
4	Dr Rashi Sharma	2013	Best thesis Award for M.D	All India Sharir Research Institute Lucknow
5	Dr Ashish Thakur	2013	Best thesis Award for Ph.D	All India Sharir Research Institute Lucknow
6	Dr.Anuradha Singh	2014	Best thesis Award for MD	All India Sharir Research Institute Lucknow
7	Dr Ghate Umesh	2016	Best thesis Award For Ph.D	Institute of Indian Medicine. Pune
8	Dr Amruta Sasawade	2016	Best thesis Award for MD	All India Sharir Research Institute Lucknow
9	Dr Savita Bhalsakale	2016	Best thesis Award for MD	All India Sharir Research Institute Lucknow

### EVENTS ORGANISED:

- Department successfully conducted a 6 day National level RoTP (26-31 october 2009) for teachers in Kriya sharir funded by AYUSH (Ministry Of Health And Family welfare, Govt of India, New Delhi). 30 participants were benefitted. 12 resource persons were invited from different sections of Country.
- Department also conducted 3 day National level Interactive workshop in kriya sharir (19-21 March 2010)funded by Rashtriya Ayurved Vidyapeeth, AYUSH (Ministry Of Health And Family welfare), New Delhi.

### RESEARCH ACTIVITY:

- 1) Funded Research Projects : Completed: 01, Ongoing: 02
- 2) Ph.D. : Completed projects - 05
- 3) Ph.D. : Ongoing projects – 03
- 4) M.D. : Completed projects - 40
- 5) M.D. : Ongoing projects - 09
- 6) Books: Eight books are published by Dr. Kavita Indapurkar

7) Number of Publications:

- (i) Dr Kavita Indapurkar: 54
- (ii) Dr Manisha Bhalsing: 24
- (iii) Dr Prasad Pandkar: 08
- (iv) Dr Umesh Ghate: 08
- (v) Dr Manisha Kadam: 02

**TESTIMONIALS:**

“Students of the department are constantly being motivated and encouraged here. Department is blessed with well qualified staff and equipments with a pleasant environment for the students. The entire scenario brings enough upbringings to young students in the field of Ayurveda”

Dr Rashi Sharma.

“Our department of Kriya Sharir is very much supportive, helpful. All staff members are well versed in basic principles of ayurved. Students of department are indeed blessed with applied knowledge & practical approach.”

Dr Amruta Sasawade  
Ayurvedic consultant in Atharva Ayurvedic clinic at  
Pune

“I have been associated with Bharati vidyapeeth's Kriya Sharir Department (2008 to 2012) during my PhD. These years have been a good learning experience for me. I am thankful to department for a healthy & enthusiastic environment provided for the research work.”

Dr Ashish Madhukar Thakur  
M.D. PhD  
HOD. KriyaSharir  
Mahaveer Ayurved medical college, Meerat

**DEPARTMENTAL PHOTO GALLERY**

Faculty at department:

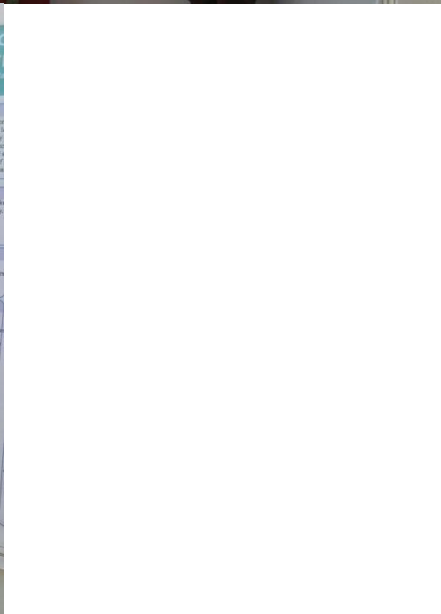
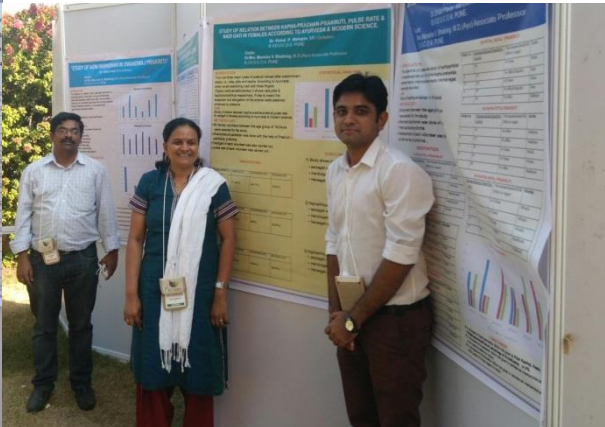


Students at laboratorial practical









Post Graduate Students at seminars presenting posters/ papers.





Inaguration RoTP program funded by AYUSH



Release of the Sharir kriya book, by honorable Sh. Ram Naikji, Governor, UP





Awards & Achievements of Students.

