

the colorado triathlete

Big Turnout at
Boulder Peak

Daring the
Desert Sun

Lessons in
Japan

Buffalo
Adventures

Offroad Tri
Excitement at
Keystone Xterra

August-September 1999

www.coloradotriathlete.com



Age grouper Andy Fox
blazes through the Desert Sun
in Grand Junction





Desert Sun Half Ironman, Grand Junction, CO, July 18, 1999

Photos clockwise from top left: second wave swim start on Highline Lake, race director Jim Henderson, John Oszust (Edwards) heads out on the bike, women's winner Diann Sweeney (Denver), second place finisher Chris Peeters (Colorado Springs), Sherry Smith (Boulder) after the turn-around, Kris Skiles (Boulder) begins the run course (all photos: Kristen McFarland)



Desert Sun Half Ironman

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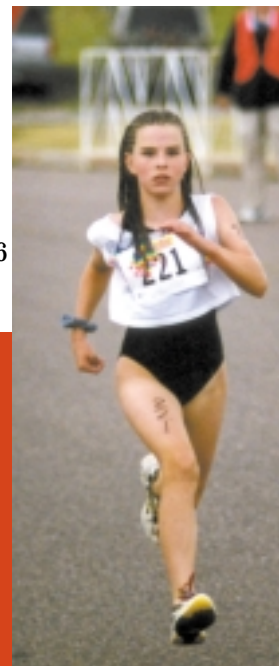
Boulder Peak swim start, left, by Larry Higgins
Xterra racer, by Wes Hobson

Joanna Zeiger exits Boulder Reservoir, by Jamie Janover

Remaining photos by Kristen McFarland:

Desert Sun bike course, Boulder Peak pro woman on bike,

Danielle Kehoe wins 12-13 age group at the Boulder Peak Kids Triathlon



Intervals Along The Way

Building Foundations

All around us in our world today are signs of the deterioration of our social stability that express themselves in all manner of ways. From the subtle creep of societal ills into our daily lives to events so shocking that it is hard to believe they're real, we're faced with an inundation of tragedies that seem completely out of our control. Sometimes they hit way too close to home, as Boulder Peak race director Paul Karlsson found. Paul is also the swim team coach at Columbine High School. Our political and religious "leaders" fight over the methods and means to address the problem, but the underlying element that is common to all of the proposed solutions from the left and the right is *building community*. They seem to forget, though, that you can't impose community governmentally from the top down. True community happens from the ground up, when people come together for their own myriad of reasons to support each other, grow and learn together, have fun.

Boulder Peak weekend in Colorado was a beautiful example of that process at work. Folks came in from all over the country (and world) in record numbers. Dozens of local athletes opened up their homes to out-of-town triathletes. Sometimes they were old friends already and sometimes new friends in the making. Over 250 volunteers showed up to lend a hand, more than ever before. Paul Karlsson decided to donate a portion of the proceeds from the race to the Never Forgotten Fund, a scholarship fund in memory of the students and teacher killed in the Columbine massacre. Boulder's *Inside Triathlon* magazine and Saucony, who has just opened up offices in town, teamed up for an excellent presentation at the pre-race dinner. Both also donated to the Never Forgotten Fund.

But the real joy to watch was the Kid's Race. Tiny tykes to teenagers stretching it out to the finish line; kids, parents, and volunteers cheering for every single athlete; volunteers hustling to keep everything running smoothly; it was an event all its own. And the greatest part was that the volunteers were not just parents doing their duty. Race director Dick Summerfield was joined by perennial volunteer Cindy Gagnon, Brenda Burnell, Andrew Halperin, and many others who recorded times, announced winners, organized prizes, and generally pulled off a great race. Local pros Siri Lindley, Sue Latshaw, and Cameron Widoff, and a visiting Mike Pigg came out to award medals, sign a few autographs, and generally have a wonderful time playing with the kids. It was a day of people coming together for no gain but the sheer joy of it, but everyone gained in the most important yet unquantifiable ways. That's what community is all about.



Above: Race Director Paul Karlsson and fiancée, Below: Cameron Widoff signs t-shirts for the young athletes at the Boulder Peak Kid's Race



Above: volunteer Cindy Gagnon records times, Below: Mike Pigg awards a medal while volunteer Andrew Halperin announces winners



Below: Siri Lindley and Sue Latshaw pose with Amy Carlson for her dad, new Inside Triathlon editor Tim Carlson, two of the newest members of Colorado's triathlon community (all photos this page by the editor.)



Kristen McFarland

Managing Editor



C.J. Pech getting across the finish line first in the boys 12-13 age group at the Boulder Peak Kid's Race

Is there something that you would like to speak out about?

Would you like to compliment or berate a race director? NBC? An issue facing triathlon today? We welcome your submissions to our

Open Forum Column.

Send your thoughts to:
openforum@coloradotriathlete.com,
or you can snail mail us at the address at the top of this page.

CONTACTING US

MAIL:

Letters to the Editor can be sent to the address at right, or emailed (preferable) to: letters@coloradotriathlete.com

Letters pertaining to general issues in triathlon will be published in the **Open Forum** column, letters concerning the magazine itself will be printed in the regular **Mail** section. All appropriate letters will be published. Submissions may be edited for grammar and spelling.

BULLETIN BOARD:

This section is available for free listings of group rides, folks looking for training partners, travel companions or car-pooling to races, general requests for help or information, etc. Basically anything non-commercial. Send submissions to the address above or email to: **bulletinboard@coloradotriathlete.com**.

CLASSIFIED ADS:

Classifieds are \$10 per issue for up to 2 column inches (3 column page like this one) for services offered or items for sale by individuals. Classifieds looking to buy items will be printed for free. Contact us at **classifieds@coloradotriathlete.com** or 303-443-3371 for more information.

**ALL POSTINGS
WILL BE ON
THE WEB SITE
AS WELL!**

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We welcome and encourage submissions of all kinds! (Electronic is preferred.) Contact us at the address shown above.

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Lessons in Japan

Nicole DeBoom takes her first win on foreign shores

One day last June, I was walking around the pool deck after Master's swim practice and a friend of mine, Glynde Mangum, called me over. He offered me the chance to visit Japan on July 24th and compete in the Shimokita International Triathlon. He assured me that it would be a race I was capable of winning, and added that it was a bit longer than the Olympic distance races I had been doing. The actual race distances were 2k swim, 130k bike, 22k run, quite a bit longer I'd say! As a rookie pro this year, I decided to jump at the chance since you never know if these opportunities will arise again. We decided to make it a quick trip since I needed to be back in Boulder the Tuesday morning after the race.

I flew, shuttled, flew, bused and drove to the race site two days before the race. A few of the foreign athletes decided to drive the course the day before to get an idea of the terrain. I also needed a crash course on riding on the "wrong" side of the road. We found that the 130k bike leg was actually a bit longer (closer to 140k) and I vowed that Glynde would pay for this when I returned. Everything

else went according to plan, and I had no trouble waking up at 4:30 on race day since my jet lag was timed perfectly. Race morning looked good. The weather was still mild and the sky was a bit overcast. I had the best swim of my life. I stayed on the lead man's feet through the first loop of the swim and then fell off a bit during the second half. I was the second person out of the water. The next group was three minutes back!

I started the bike feeling great and settling into a nice pace. That is when I made my biggest mistake. I said to myself, "I feel great! I'm having a great day!!!" A l m o s t immediately afterward, I just barely missed a dog crossing the street. Close one! Then, about 20k into the bike, I started to feel a bit loose on the saddle. I stood up for a second, and my saddle FLEW OFF MY BIKE! In shock, I got off my bike, went back for the saddle and calmly used the tape from my spare to tape the saddle back on the rails. I was still in second place at this point, and I started riding again. Needless to say, I made a few more pit stops to

With a broken saddle!

reposition the saddle that by now was completely missing the nose. In essence, I rode about 3:45 on the seatpost and rails. Ouch!

I was so happy to get off the bike that I didn't mentally prepare myself for how tough the run course was. We ran 4k straight down, 14k up and down huge hills, and we finished with 4k straight up. I was absolutely spent as

I crossed the line. Fortunately my legs held on and I was able to win the women's race, although I slipped to tenth or so in the men's! My first thought was,

"How did I ever think I wanted to do an Ironman this year?"

I made it back to Boulder safe and sound after a few delays, over 20 hours of travel and a bike that didn't make it home with me right away. I must admit that I learned a few things from my trip to

Japan this summer.

1. If you know that you have a small crack in your saddle but you don't think you should break in a new saddle the week before a long race... don't listen to yourself! Go get a new seat!
2. Never say, "I'm having a

great race" before the race is actually over. You will doom yourself.

3. Always bring peanut butter!



by Nicole DeBoom

The resort area of Keystone, Colorado provided the scenic backdrop for the brutally challenging Xterra mountain bike triathlon course. Triathletes and Duathletes alike received their entry fee's worth in excitement. Course designer and race director Dannelle Ballengee is becoming legendary with her challenging race courses. The off-road triathlon course started and finished at 9,100 feet, but topped out at 11,640 feet on the bike. Three weeks before the Xterra event, I decided to ride the bike section. During the first eight miles, the course climbs 2,500 feet and the views are exhilarating. I had only mountain biked three times previously for the year and during the descent, I was a little too confident with my apprentice descending skills. At 25 mph, I hit an off-camber drainage ditch and I was momentarily Superman without a cape. The end result was a broken left clavicle and right wrist. I didn't respect the mountain and I paid the price. All three hundred of these individuals had to do the same or else.....

Michael Tobin and Kerstin Weule were victorious in the oxygen-deprived heights. The race started with Tobin and Overend, neither known for their swimming ability, together out of the water. They were four minutes behind swim race leader Glynde Mangum from Boulder, CO. Tobin and Overend picked off the twenty- four athletes who

started the bike in front of them and moved into the lead half way to the top of the lung and quad burning climb. Tobin crested the climb a stone's throw ahead of Overend and set out to keep the former

**Kerstin Weule wins
keystone xterra**
continuing her series winning streak
in her home state
by wes hobson

World Mountain bike Champion in check. Halfway down the tricky descent, Ned made his move into the lead, but could never really shake his follower. "When (Overend) went by, I just said to myself 'just go your own pace'," said Tobin. Through the technical trail section known as "Wild Thing", an unrelenting barrage of tree roots, tight switchbacks, rock drop-offs and handle bar grabbing trees, Overend saw his lead grow to 27 seconds. Tobin's strategy worked, his damage control kept him within range going into the run segment.



Within the first mile of the run, Tobin moved into the lead for good. Tobin's run split of 40:20 was impressive through the hilly and wooded terrain that included a waist deep romp through the frigid, rock-strewn rapids of the Snake River. Overend clocked the fifth fastest run of the day with a time of 42:35. The two men were heads above the rest of the competition as third place was an additional five minutes behind Overend. In the women's race, Kerstin Weule from Evergreen, Colorado decimated the women's field with a time of 2:36:55. The victory was her fourth out of six in the series. Weule was one of the top three women out of the water and never looked back. She finished 11:25 ahead of runner-up Jenny Goettsche of Boise, Idaho. Australian Jody Purcell, winner of two XTERRA races this year, didn't fair as well in the altitude. Purcell, who was a member of last year's Australian National Mountain Bike team, finished in third, more than twelve minutes back. Lorraine Barrows, who was ranked second overall in the series before Colorado, did not finish due to a broken hand. She broke it during a training ride accident on the treacherous descent at "Wild Thing".



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Pic Name	Division	Female	Swim	Bike	Run	Overall
1 Michael Tobin #1	Pro		16:11	1:14:04	40:20	2:10:35
2 Ned Overend #7	Pro		16:16	1:13:36	42:35	2:12:27
3 Mike Vine #16	Pro		15:41	1:17:38	43:50	2:17:09
4 David Harrison #13	Pro		16:44	1:18:05	43:59	2:18:48
5 Bryan Rhodes #8	Pro		13:37	1:24:45	41:21	2:19:43
6 Glen Mangum #21	Pro		13:35	1:23:25	44:16	2:21:16
7 Justin Thomas #19	Pro		19:55	1:33:01	29:47	2:22:43
8 Pat Brown #9	Pro		15:29	1:21:45	47:00	2:24:14
9 John Koenig #4	Pro		15:15	1:25:32	43:54	2:24:41
10 Mike Kloser #36	Pro		19:59	1:20:54	45:16	2:26:09
11 Erik Burgan #11	Pro		14:40	1:24:53	48:49	2:28:22
12 Steve Senier #3	Pro		17:09	1:26:23	45:04	2:28:36
13 Scott Schumaker #5	Pro		14:16	1:28:32	46:39	2:29:27
14 Neal Henderson #56	25 - 29		15:31	1:26:00	48:52	2:30:23
15 Rich Hager #162	30 - 34		17:16	1:27:47	45:56	2:30:59
16 Jared Berg #94	25 - 29		16:09	1:31:04	44:39	2:31:52
17 Seth Wealing #41	20 - 24		15:34	1:31:50	44:38	2:32:02
18 Adam Briggs #15	Pro		19:51	1:24:55	48:43	2:33:29
19 Carl Abrams #216	30 - 34		13:34	1:31:26	51:48	2:36:48
20 Kerstin Weule #25	Pro	1	15:30	1:33:12	48:13	2:36:55
21 Andrew Holton #18	Pro		19:21	1:36:47	43:55	2:40:03
22 Tim Sandell #170	30 - 34		15:35	1:40:42	43:50	2:40:07
23 Todd Scott #222	35 - 39		15:30	1:35:04	49:58	2:40:32
24 Paul Heiman #79	25 - 29		17:08	1:24:05	59:55	2:41:08
25 Swig Miller #74	25 - 29		24:41	1:28:34	47:58	2:41:13
26 Daniel Derkacs #106	15 - 19		19:00	1:31:20	51:19	2:41:39
27 Charlie Merrill #53	25 - 29		18:20	1:34:18	49:10	2:41:48
28 Brad Myers #236	35 - 39		17:41	1:33:26	50:45	2:41:52
29 Dawes Wilson #229	45 - 49		22:25	1:30:41	49:13	2:42:19
30 Farley Marlowe #226	40 - 44		16:27	1:38:59	47:15	2:42:41



AUGUST 8, 1999
1k swim
26k bike
11k run

31 Andrew Feeney #43	20 - 24		15:27	1:37:51	49:55	2:43:13
32 Scott Murphy #157	30 - 34		18:57	1:36:56	47:23	2:43:16
33 Fernando Reeve #24	Pro		16:55	:	2:26:46	2:43:41
34 Mike Roehrs #76	25 - 29		18:33	1:35:37	49:35	2:43:45
35 Jay Duffy #116	25 - 29		20:30	1:29:17	54:08	2:43:55
36 Ben Travis #66	25 - 29		15:40	1:30:50	58:55	2:45:25
37 Wesley Picotte #99	25 - 29		20:23	1:30:15	54:47	2:45:25
38 Lance Larivee #247	30 - 34		17:55	1:36:11	51:52	2:45:58
39 Brian Hunter #22	Pro		17:40	1:40:57	47:24	2:46:01
40 Jenny Goetsche #33	Pro	2	17:58	:	2:30:22	2:48:20
41 Mark Gavach #173	35 - 39		17:50	1:37:20	53:28	2:48:38
42 Jody Purcell #27	Pro	3	16:46	1:39:37	52:53	2:49:16
43 Roger knight #221	35 - 39		18:25	1:39:42	51:11	2:49:18
44 David Rakita #203	45 - 49		17:04	1:42:20	50:00	2:49:24
45 Carlos Perez #88	20 - 24		20:48	1:45:20	43:38	2:49:46
46 Chris McReynolds #85	25 - 29		18:41	1:33:06	58:30	2:50:17
47 Keith Hutchinson #62	25 - 29		17:46	1:42:47	49:51	2:50:24
48 Jason McDonald #120	20 - 24		16:48	1:45:17	48:32	2:50:37
49 David Ross #95	25 - 29		15:02	1:42:27	53:13	2:50:42
50 Jeff Cormack #97	15 - 19		20:10	1:34:06	56:48	2:51:04
51 Mark Boyd #103	20 - 24		22:03	1:36:40	52:53	2:51:36
52 Kurt Perham #65	25 - 29		20:38	1:32:47	58:18	2:51:43
53 Sue Latshaw #29	Pro	4	16:42	:	2:35:07	2:51:49
54 Ron Dart #172	35 - 39		17:47	1:40:50	53:30	2:52:07
55 Michael Durner #42	20 - 24		21:15	1:39:22	52:24	2:53:01
56 Ryan Bentley #55	25 - 29		20:19	1:31:21	1:01:24	2:53:04
57 Tara Lee Marshall #3	Pro	5	16:37	:	2:36:34	2:53:11
58 Brad Hahn #233	30 - 34		18:07	1:41:56	53:13	2:53:1
59 Bruce Smith #194	40 - 44		20:11	1:42:33	50:49	2:53:33
60 Kerry Barnholt #54	25 - 29	6	18:17	1:38:41	58:43	2:55:41
61 Dan Brewster #235	30 - 34		19:10	1:47:02	49:40	2:55:52

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62 Bruce Valentine #240	35 - 39	: 22:55 1 :38:43 :54:33 2:56:11	105 Jaxon Repp #115	25 - 29	: 29:45 1 :47:32 1:02:04 3:19:21
63 Galen Classen #201	45 - 49	: 18:35 1 :46:00 :51:44 2:56:19	106 Gretchen Keisling #45	20 - 24	14 17:22 2 :02:25 :59:52 3:19:39
64 Jonathan Modine #230	30 - 34	: 15:16 1 :45:22 :55:45 2:56:23	107 Markus Fischer #225	40 - 44	: 23:29 1 :53:03 1:03:11 3:19:43
65 Michael Carroll #187	35 - 39	: 16:56 1 :39:25 1:00:11 2:56:32	108 Dennis Fox #220	35 - 39	: 23:08 1 :56:32 1:00:05 3:19:45
66 Scott Yule #197	40 - 44	: 31:56 1 :32:01 :53:32 2:57:29	109 Susan Griffin-Kalikian #40 - 44	15 :	15:36 2 :06:28 :59:08 3:21:12
67 Scott McDonald #52	25 - 29	: 17:23 1 :51:22 :48:46 2:57:31	110 Monika Bunting #63	25 - 29	16 : 15:45 2 :01:15 1:05:37 3:22:37
68 Craig Tuttle #223	35 - 39	: 18:06 1 :44:56 :55:05 2:58:07	111 Jon Verson #67	25 - 29	: 22:35 2 :02:50 :57:21 3:22:46
69 Brett Rose #251	35 - 39	: 15:01 1 :54:15 :48:56 2:58:12	112 Kevin Smith #155	30 - 34	: 28:39 1 :50:06 1:04:06 3:22:51
70 Clayton Barrows #104	15 - 19	: 15:10 : : 2:43:16 2:58:26	113 Cindi Lehman #231	30 - 34	17 18:11 : : 3:05:03 3:23:14
71 Stephen Vierling #49	20 - 24	: 18:57 1 :48:41 :50:51 2:58:29	114 Joshua Visitacion #75	25 - 29	: 25:57 1 :54:42 1:03:34 3:24:13
72 Linda Gabor #28	Pro	7 : 19:37 1 :43:08 :57:19 3:00:04	115 Linnea Luscher #253	30 - 34	18 : 21:05 2 :02:57 1:00:18 3:24:20
73 Al Marvin #205	50 - 54	: 19:16 1 :46:07 :55:31 3:00:54	116 Ellen Hall #40	15 - 19	19 : 23:15 2 :05:20 :55:53 3:24:28
74 Gerald Fritz #243	30 - 34	: 21:09 1 :47:47 :52:13 3:01:09	117 Ken McDonald #213	30 - 34	: 20:57 2 :06:58 :56:52 3:24:47
75 Dean Frease #182	35 - 39	: 17:24 1 :55:41 :48:16 3:01:21	118 Nicole Philippart #72	25 - 29	20 25:51 1 :56:57 1:02:27 3:25:15
76 Andrew Lydens #242	35 - 39	: 16:50 1 :46:10 :58:27 3:01:27	119 Steven Roholt #204	45 - 49	: 22:21 2 :01:38 1:02:55 3:26:54
77 Von Bortz #64	25 - 29	: 22:19 1 :36:09 1:03:47 3:02:15	120 Maurice Malone #228	45 - 49	: 26:58 1 :58:21 1:01:56 3:27:15
78 Woody Noleen #198	40 - 44	: 16:09 1 :53:48 :52:25 3:02:22	121 Lori Travis #219	30 - 34	21 : 18:54 : : 3:09:21 3:28:15
79 Peter Lynn #87	20 - 24	: 19:54 1 :45:39 :57:55 3:03:28	122 Dan Schafer #245	30 - 34	: 18:14 2 :14:42 :55:43 3:28:39
80 David Kaleuher #218	30 - 34	: 23:44 1 :44:46 :55:57 3:04:27	123 Laurie Abrams #35	Pro	22 : 16:29 2 :12:10 1:00:01 3:28:40
81 Ken Loize #202	45 - 49	: 19:01 1 :53:22 :52:40 3:05:03	124 Chris Olson #70	25 - 29	: 18:52 2 :05:51 1:04:31 3:29:14
82 Russ Backhouse #250	35 - 39	: 24:55 1 :46:25 :55:06 3:06:26	125 Steve Moats #239	30 - 34	: 23:01 2 :05:09 1:01:10 3:29:20
83 Jon Gear #61	25 - 29	: 23:05 1 :50:56 :52:55 3:06:56	126 Eric Capalupo #50	25 - 29	: 17:18 2 :05:40 1:06:35 3:29:33
84 John Canova #73	25 - 29	: 21:18 1 :43:10 1:02:56 3:07:24	127 Lara Maas #207	30 - 34	23 : 18:22 2 :05:52 1:05:25 3:29:39
85 Katherine Zambrana #46	20 - 24	8 25:39 1 :51:14 :50:46 3:07:39	128 Blain Bielawski #237	30 - 34	: 20:19 2 :02:36 1:07:08 3:30:03
86 Rob Gilbert #163	30 - 34	: 26:11 2 :01:08 :40:48 3:08:07	129 Eric Ort #191	35 - 39	: 24:42 2 :06:12 1:00:15 3:31:09
87 Seth Murphy #151	30 - 34	: 15:44 1 :58:35 :53:54 3:08:13	130 Andrew Yeowell #209	25 - 29	: : 2 :25:59 1:05:19 3:31:18
88 Peter Dann #227	40 - 44	: 17:58 1 :54:15 :56:33 3:08:46	131 Jim Buderus #190	35 - 39	: 19:14 2 :07:39 1:04:37 3:31:30
89 Karen Grabau #23	Pro	: 20:06 1 :42:17 1:07:35 3:09:58	132 Nicholas Howell #150	30 - 34	: 27:58 1 :54:53 1:10:05 3:32:56
90 Tina Burghardt #215	30 - 34	9 : 17:43 1 :55:02 :58:43 3:11:28	133 Thomas O'Keefe #164	30 - 34	17:00 2 :13:19 1:04:04 3:34:23
91 Jeff Apps #177	35 - 39	: 17:35 1 :49:40 1:04:49 3:12:04	134 Christine Dehner #199	40 - 44	24 : 17:02 2 :08:41 1:09:05 3:34:48
92 Tory Valentine #31	Pro	10 : 2 :13:39 :58:29 3:12:08	135 Crystal Jones #20	Pro	25 : 19:57 2 :06:13 1:09:04 3:35:14
93 Randy Johnson #188	35 - 39	: 18:17 2 :01:05 :52:55 3:12:17	136 Ron Barnes-Kelley #167	30 - 34	: 28:14 2 :02:15 1:05:43 3:36:12
94 Heide Anderson #248	Pro	11 : 25:07 1 :43:49 1:03:40 3:12:36	137 Toni Axelrod #86	25 - 29	26 : 27:46 2 :03:05 1:05:48 3:36:39
95 Monique Merrill #249	Pro	12 : 26:56 1 :48:51 :58:14 3:14:01	138 Oliver Bradford III #189	35 - 39	: 18:38 2 :14:53 1:03:27 3:36:58
96 Bob Peters #175	35 - 39	: 17:33 2 :03:28 :53:14 3:14:15	139 Jari Kirkland #89	20 - 24	27 : 18:55 2 :14:13 1:04:57 3:38:05
97 Jessi Arbogast #107	25 - 29	13 : : 2 :19:57 :54:26 3:14:23	140 Mary McCarty #77	25 - 29	28 : 21:55 2 :06:46 1:09:32 3:38:13
98 Johannes Schmidt #111	25 - 29	: 26:11 1 :49:06 :59:35 3:14:52	141 Eric Brownson #168	30 - 34	: 32:10 2 :05:23 1:01:42 3:39:15
99 Kerry Shea #93	25 - 29	: 22:49 1 :47:25 1:05:01 3:15:15	142 Samuel Jones #212	30 - 34	: 26:13 2 :10:32 1:02:56 3:39:41
100 Todd Branham #60	25 - 29	: 28:31 1 :44:01 1:03:02 3:15:34	143 Scott Burgoz #84	25 - 29	: 24:03 2 :18:21 1:00:54 3:43:18
101 Jeffrey Lang #254	40 - 44	: 20:23 2 :06:29 :49:32 3:16:24	144 Lauren Rachel Broder #118	25 - 29	29 24:28 2 :15:12 1:03:54 3:43:34
102 Brooke Harrison #153	30 - 34	: 23:10 1 :49:15 1:04:09 3:16:34	145 Lori Deacon #96	25 - 29	30 16:35 2 :21:45 1:05:23 3:43:43
103 John Weirath #92	20 - 24	: 20:17 2 :00:45 :56:30 3:17:32	146 Markus Huitnak #238	30 - 34	: 21:33 2 :28:37 :54:41 3:44:51
104 Bob Henry #246	35 - 39	: 23:47 1 :52:24 1:02:55 3:19:06	147 Kathy Eckert #183	35 - 39	31 24:16 2 :20:43 :59:55 3:44:54



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148 Djuna Osborne #44	20 - 24	32 :	20:11	:	3:25:03	3:45:14
149 Erin Burton #117	15 - 19	33 :	31:02	2 : 18:16	:56:09	3:45:27
150 Pam Buderus #165	30 - 34	34	17:14	2 : 24:57	1:04:42	3:46:53
151 May Eynon #100	25 - 29	35 :	27:50	2 : 17:00	1:02:18	3:47:08
152 Jon Mellberg #112	25 - 29	:	20:08	2 : 28:02	1:00:37	3:48:47
153 Michael Brendzel #208	30 - 34	:	26:19	2 : 08:37	1:16:31	3:51:27
154 Matt Mitchell #244	30 - 34	:	27:52	2 : 15:07	1:08:54	3:51:53
155 Edward Hubbard #156	30 - 34	36	23:48	2 : 19:13	1:09:36	3:52:37
156 Tamra Heberlein #166	30 - 34	36	25:16	2 : 22:52	1:04:37	3:52:45
157 Michael Sherry #114	20 - 24	:	26:04	2 : 06:43	1:20:08	3:52:55
158 Marleen Puzak #193	40 - 44	37	19:32	2 : 18:59	1:16:13	3:54:44
159 David Anderson #108	40 - 44	:	22:41	2 : 26:54	1:06:24	3:55:59
160 Michelle Thayer #78	25 - 29	38 :	23:17	2 : 34:32	:59:25	3:57:14
161 Julie Ort #186	35 - 39	39 :	22:23	2 : 21:54	1:13:07	3:57:24
162 Doreen Yabon #252	30 - 34	40	38:50	2 : 15:55	1:02:47	3:57:32
163 Clayton Clester #169	30 - 34	:	25:56	2 : 07:57	1:25:58	3:59:51
164 Jason Moat #101	25 - 29	:	33:27	2 : 10:49	1:15:40	3:59:56
165 Wil Lundberg #47	20 - 24	:	41:48	2 : 17:57	1:04:02	4:03:47
166 Sarah Jones #206	30 - 34	41 :	23:03	2 : 31:38	1:11:56	4:06:37
167 Barbara Schoolry #59	25 - 29	42	25:02	2 : 29:29	1:14:33	4:09:04
168 Jon Fatinholt #180	35 - 39	:	20:21	2 : 21:47	1:27:52	4:10:00
169 Michelle Johnson-Penner #25	25 - 29	43 :	2	58:27	1:13:07	4:11:34
170 Tisha Conoly #71	25 - 29	44 :	25:49	2 : 29:22	1:19:37	4:14:48
171 Peter Zana #113	25 - 29	:	20:40	2 : 35:40	1:18:29	4:14:49
172 Douglas McCaffrey #119	20 - 24	:	31:00	2 : 22:52	1:20:59	4:14:51
173 Joanne Carilli #158	30 - 34	45 :	18:23	2 : 37:05	1:21:55	4:17:23
174 Amy Capron #57	25 - 29	46 :	19:24	2 : 45:54	1:19:40	4:24:58
175 Martin Phillips #224	35 - 39	:	22:42	2 : 50:14	1:25:46	4:38:42

Xterra Los Angeles June 20, 1999

7 Pat Brown 17:39 1 :35:46 1:10:57 3:04:22

1 Kerstin Weule 18:19 :40:03 1:00:01 2:58:23

2 Danelle Ballengee:22:09 1 :38:57:58:04 2:59:10

Xterra Richmond, Virginia July 18, 1999

2 Kerstin Weule :13:40 01:34:05 00:50:28 2:38:13

4 Sue Latshaw :14:53 01:37:55 00:51:16 2:44:04

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Wes Wins Big at Alcatraz

The Escape Alcatraz race is one of the most well known triathlons in the sport. With a torturous swim from the fabled “Rock” to the San Francisco piers, it starts out tough and gets tougher. The bike winds up and down the steep city streets and the run has just as much up and down with a couple of real tests thrown in, like something they call the “sand ladder”, which you can only attempt to really run. Wes knew it was an important race, and passed up the second Pan Am games qualifier in Lake Havasu to go. Well his intuition was right on, as he was victorious in an event that he has tried many times, done very well at, but never won.

When he exited the water and began the 1 mile run to the transition area, he was almost stopped short by leg cramping in several muscles from the freezing water he had just experienced. Thankfully they subsided as the blood vessels returned to their normal size, and he was off like a shot to lead the way on the bike course and never look back. In the end, defending champion Greg Welch never could catch all the way up and Hobson won by just under a minute.

His biggest reward, and so long in coming, was being chosen for the cover of Inside Triathlon that month. Even though he had won nearly forty races, he had never made it to the big front page.

USTS Minneapolis

Tim and Nicole DeBoom continued their successful summer in the USTS series by taking second and fourth, respectively, in the event in Minneapolis on July 11th. Both the men’s and

women’s races included the leaders in the series, so the competition was fierce to garner more points towards the grand prize automobile or truck at the end of the season. Susan Bartholomew (Littleton) finished a strong third, just ahead of Nicole DeBoom, which must have been very encouraging in one of her first races since her well-publicized lung blood clot this spring. that had threatened to ruin her season, or worse. Victor Plata (Colorado Springs) trailed behind Tim three minutes, but still took home the third place money.

2.Tim DeBoom	1:47:55
3.Victor Plata	1:50:54
3.Susan Bartholomew	2:00:06
4.Nicole DeBoom	2:03:02

Tim and Tony DeBoom, Jenny

Gutierrez, and Jill Newman

Compete at Pan Am Games

Four Colorado pros placed in the top ten at the Pan Am Games held in Canada, in Winnipeg, Manitoba. It was a team effort for the men, who worked with Hunter Kemper to make sure one of them got into the top two in order to earn a third Olympic triathlon spot for the American men’s team. They were successful in their endeavors, as Kemper took the silver and Tim and Tony came in 5th and 10th, respectively.

American women have been doing quite a bit better than the men on the international scene, though, so they had already sewn up the third Olympic berth and there wasn’t more than prestige and medals on the line for them. Never-the-less, they had a very good race as well, as Jennifer Gutierrez of Denver and Jill Newman of Colorado

Springs finished fourth and fifth. they were just out of the medals, but in a field like that, they both had awesome races.

USTS Oceanside

The Bally Total Fitness USTS Oceanside race on June 13th was also an ITU points race and so drew quite a few of the top names from the sport, including many of our home-state pros. All three of the DeBooms (Boulder) competed, with Tim coming in third with a 1:48:00, Tony in 7th with a 1:48:42, and Nicole placing fifth in the women's pro field in 2:02:33. Laura Reback and Nick Radkewich of Colorado Springs were also out there racing well. Laura finished third behind the two series leaders (Michellie Jones and Julie Ricketts) and Nick took home a seventh and some more points for his collection.



Tony DeBoom and his pal, Thor

ITU WORLD CUP SERIES RESULTS

June 13

Kapelle-op-den- Bos, Belgium

5. Siri Lindley	1:57:36
21. Jill Newman	1:59:52

June 20

Monte Carlo, Monaco

5. Siri Lindley	2:03:02
18. Jennifer Gutierrez	2:05:19
20. Gail Laurence	2:05:45
28. Jill Newman	2:07:37

June 26

Kona, Hawaii

8. Tony DeBoom	2:05:46
11. Joshua Dapice	2:05:50
13. Wes Hobson	2:07:33
15. Kevin Carter	2:08:27

4. Laura Reback	2:13:17
5. Gail Laurence	2:13:35
6. Jennifer Gutierrez	2:14:45
18. Suzanne Martineau	2:22:00

August 8

Tiszaujvaros, Hungary

35. Garrett McCarthy	1:50:06
8. Siri Lindley	1:59:05

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Cristian Bustos of Chile, perennial summer resident of Boulder, crosses the finish line at the Boulder Peak race. Cristian will be passing up the Hawaii Ironman this year because he is a new daddy.

ESCAPE FROM ALCATRAZ, JUNE 5TH, 1999 SAN FRANCISCO, CA

1.5 mile swim, 18 mile bike, 8 mile run

1	1	Wes Hobson	2:07:21	32	30:47	3	1:16	4:10	46:21	1	23.30	1:10	44:52	3	5:36	4	Boulder
15	15	Desmond Waters	2:33:43	30	32:38	14	1:21	4:55	1:00:26	15	17.87	:48	54:55	15	6:51	9	Boulder
48	46/8	Woody Noleen	2:41:45	43	39:25	100	1:37	6:32	58:14	107	18.55	1:57	55:36	49	6:57	760	Co Spring
157	146	17 Mark Richards	2:54:42	43	46:37	284	1:55	8:10	58:35	116	18.44	1:24	59:55	124	7:29	764	Denver
164/153/33		Bradley Billingsley	2:55:21	29	44:40	221	1:51	7:46	1:00:01	156	18.00	1:34	1:01:19	170	7:39	112	Lafayette
196	183	39 Tag Rogers	2:57:56	26	45:30	258	1:53	7:26	58:19	111	18.52	1:16	1:05:24	288	8:10	250	Louisville
380	348	7 Kenneth Barnaby	3:13:00	51	45:28	254	1:53	11:00	1:04:50	334	16.66	2:10	1:09:31	396	8:41	813	Parker
456	409	100 Samuel Dantzer	3:20:40	29	43:24	194	1:47	8:04	1:06:37	377	16.21	2:04	1:20:30	578	10:03	134	Denver
527	60	19 Beth Spiegel	3:27:52	32	44:34	37	1:50	11:52	1:08:52	51	15.68	3:06	1:19:27	91	9:55	966	Boulder
545	481	116 Pete Tozer	3:29:32	37	44:50	229	1:51	11:28	1:10:35	485	15.30	2:32	1:20:06	575	10:00	690	Arvada
655	563	174 John Kelley	3:42:26	31	1:01:41	623	2:33	9:34	1:12:33	523	14.89	2:27	1:16:10	535	9:31	423	Durango
758	120	33 Nadine Lee	4:12:16	30	56:13	78	2:19	13:27	1:28:34	122	12.19	1:28	1:32:33	119	11:34	946	Denver
772	650	157 Daniel Golightly	4:23:18	28	1:07:11	655	2:47	12:06	1:33:53	645	11.50	2:05	1:28:02	627	11:00	157	Denver

Danskin Women's Triathlon, Denver, Colorado .75k swim, 20k bike, 5k run

Top 10 Results

1	GALLAGHER, JACKIE	Elite	01:02:07
2	TURTLE, CAROLANNE	Elite	01:06:58
3	NELSON, LINDA	Elite	01:09:06
4	WOODCOCK, CHARLIE	25-29 Yrs	01:09:20
5	BRETZ, HEATHER	25-29 Yrs	01:10:16
6	ACHTENHANGEN, SUSANNE	Elite	01:11:13
7	HERMASSEN, LEANN	40-44 Yrs	01:11:21
8	KERRIDGE, SUSIE	35-39 Yrs	01:11:55
9	SMITH, CAROLINE	40-44 Yrs	01:12:10
10	NICKEL, PAULA	35-39 Yrs	01:12:13

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Braving the Desert Sun in Grand Junction

The Grand Junction Half Ironman race called the Desert Sun entered its fifth year. It was not anywhere near as hot as the tales of previous years' events. The day was beautiful and sunny, but decidedly mild as the bike leg started. It was very windy going out on the bike, but that helped keep it cool. There are no trees out on that course though, so the race is aptly named. Much smaller than usual, there were only about three hundred participants in the race due to its loss of Ironman qualifier status this year. Stories of organizational troubles in the past with aid stations running out of water, cows on the bike course, and various other mishaps, were not going to be repeated this year, as race director Jim Henderson and his crew of volunteers made sure of that. Professionally put together through and through, it was a very enjoyable race for all involved. Highline Lake, where the race is held, is a lovely camping area. The lake is pleasant to swim in without a wetsuit, although the competitors did for the advantage of it. The swim was in a four wave start. The woman went first, then men 40 and over, 30-39, and 29 and under. The water was temperate 74 degrees. The bike course meanders up a set of rolling mesas up into the edge of the nearby mountains, and then heads back down for a much easier return portion. The run course was slightly different from previous years, the rest of the course was the same.

Woman's winner Diane Sweeny (4:57:32) was very pleased. "I had a great day! I was happy to break 5 hours." Chris Peeters (4:20:19) of Colorado Springs would have handily but was confused by the new route for the run and "Went off course maybe 5 minutes too long."

Andy Fox (pictured on our cover) has won his age group the last 5 years and won overall in 1995. He was hoping for another overall win and "Felt very strong at the turnaround" but then lost a lot of steam towards the end of the run. "I thought I was going to walk the last 2 to 3 miles but I got to the dirt and got reenergized." He agreed with many others that the race organization had improved dramatically. "The aid stations where great."

-K.M.



PHOTOS CONTINUED ON
PAGE 21

Buffalo Adventures

According to Mike Greer, race director of the Buffalo Springs Triathlon, the only invariable of this Ironman qualifier is the heat. On race day, the temperature reached 101, the first century mark of the year. The drought of last year was replaced with spring floods reputedly due to the successful and incessant orisons of the local Baptists. Cattle shelters were knee deep in water and the drainage into Buffalo Springs raised the temperature to levels threatening a ban on wet suits. However, the race director paddled around the lake at 3:00 a.m. and finally found a spot where the temperature was 77.6 degrees and declared wetsuits legal. The Half-Ironman race started early to avoid the heat. Some 1000 participants had to rise at 4:30 a.m. (3:30 Colorado time) and arrive at Buffalo Springs in the dark. Shadowing figures wended their way to the transition area where everyone's spot was clearly labeled but unreadable in the darkness since the nearly full moon had just set. Some savvy people brought flashlights and order finally settled in. The start of the five-wave swim was in the beach area provided with waterslide

entries, which regrettably were not used for the start. All entrants had the same suspiciously colored purple swim cap so, to organize the waves non-chromatically, roped corrals were set up and

Memoirs from the Buffalo Springs Lake Half Ironman Triathlon by Dr. D. Meritus

each wave herded, Texas-style, into one of them at the start. The intent was to take attendance but after calling off about three names the effort was abandoned since at the rate of response the last wave would have left at noon. The waves headed into waist deep water and awaited the start signal. This year the start signal was to have been the loud horn of a huge cotton hauler looming Freudianly agape on the top of the hill. (The Lubbock area is the biggest cotton growing area in the world and the race receives some support from this industry) However, the horn didn't work and after a moment of reflection the starter decided that the start signal would be "START". The swim started at dawn and finished in the boat docking area where there was an underwater scree field where volunteers helped the emerging triathletes to navigate the boulder

field and insisted on unzipping their wetsuits.

The bike leg started, like Wildflower with a steep ascent out of the lake area. The rest of the bike leg was a set of excursions into and out of some local canyons where cyclists oscillated up and down like skateboarders in a skating bowl. The interspersed flat areas had several interesting features. There was the horsefly area where riders were advised to ignore the attacks and the turtle crossing area where slow moving turtles presented the opportunity for cyclists to catapult into space by launching off the shells. Then there was what looked like a UFO landing site painted fluorescent orange which lured many a rider into the jaw-jarring dip in the road which the marking was intended to avert. The headwinds were somewhat fierce for that half of the ride which headed southward. The nascent cotton plants formed a backdrop throughout a good portion of the race but fortunately there was no attack of the boll weevils, reputedly able to denude a cotton-clad triathlete in seconds. (This apocrypha is one of the reasons for the popularity of lycra.) It turned out that the skies were overcast for

much of the way and so the weather seemed relatively cool. The aid stations every 10 miles were well-managed and offered water (with ice!), Gatorade, and gels. A nice touch was the availability of pick-up of a special needs bag at the bike and run turn-around.

The run leg again consisted of mostly flat intervals with some up and down the canyon challenges with grades up to 14% thrown in to alleviate boredom. The heat was clearly a factor by this time of day and many a drooping figure oozed to the finish of this well-organized event.

Buffalo Springs has become one of the premier races in the country and

attracts entrants from all over the United States, from Mexico and South America. The winner in the elite women's division was Barbara Buenahora (4:39:26) from Argentina who delivered her victory speech in Spanish. James Bonney (4:05:59) won the men's elite division and Michael Lovato (4:14:45) the amateur division.

There was a large representation from Colorado and particularly from the Boulder area. Some 15 members of the Boulder Aquatic Masters were on hand and a 17 member contingent of the CU Triathlon team showed up. Nick Cady came in 6th overall in a time of 4:25:29, first in his age group and winner of an Ironman slot.

He'll go to Hawaii with his girlfriend Teri Duthie who won her slot in the Memphis in May race. Beth Anderson, a member of the formidable CU women's contingent, also qualified for Ironman and will make her first attempt at the Hawaii race.. Another Boulderite winning a slot was Eric Schwartz (4:25:02). Paul Carlson, director of the Boulder Peak Triathlon, scoped out the course as a participant. Bill Bell (7:50:57) won a specially added age group (75-79) slot and will try to become the oldest finisher in Kona in October.

This is a fun event even for those of us who did not finish. *

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Buffalo Springs Lake Triathlon Results: Half Ironman, June 27, 1999

Results courtesy of Lin-Mark Computer Sports

Place	Name	Age	Home	Finish Time	Div. Place	Division	Gender	Place															
7	Wolfgang Dittrich	37	Boulder	4:22:04	4/11	pro male		7/548	238	Mark Jones	28	Superior	5:24:44	55/95	M25-29							207/548	
9	Eric Schwartz	29	Boulder	4:25:02	4/95	M25-29		9/548	259	Greg Tanner	30	Denver	5:28:51	5/29	CLYDES								225/548
12	Nicholas Cady	21	Boulder	4:25:29	1/38	M20-24		12/548	264	Oliver Bradford,iii	39	Denver	5:30:30	38/93	M35-39								230/548
22	Eric Peterson	27	Colorado S	4:33:05	10/95	M25-29		22/548	266	Terr Lang	40	Colorado S	5:30:46	3/14	F40-44								36/159
29	Andrew Adamowski	25	Evergreen	4:35:48	13/95	M25-29		29/548	273	Michael Kelly	23	Boulder	5:31:10	23/38	M20-24								234/548
43	John Becker	31	Littleton	4:40:29	11/106	M30-34		42/548	288	Larry Orgill	39	Castle Roc	5:37:22	41/93	M35-39								243/548
44	Guy Alvarez	25	Ft. Collin	4:40:46	15/95	M25-29		43/548	290	Kevin Houghton	25	Colorado S.	5:37:41	61/95	M25-29								245/548
59	Neal Henderson	26	Boulder	4:45:47	22/95	M25-29		57/548	307	Mark Gavach	35	Boulder	5:41:38	46/93	M35-39								258/548
63	Brett Sublett	33	Avon	4:46:25	17/106	M30-34		61/548	314	Bob Prieto	33	Boulder	5:43:04	58/106	M30-34								263/548
68	David Swiderski	34	Denver	4:47:52	19/106	M30-34		65/548	330	Diane Ridgway	50	Arvada	5:45:18	2/8	F50-54								55/159
70	Jeremy Burt	24	Colorado S	4:48:37	4/38	M20-24		67/548	343	Jinger Gottschall	25	Boulder	5:47:00	15/31	F25-29								60/159
72	Jeff Mitchell	25	Boulder	4:49:10	25/95	M25-29		69/548	348	Peter Mandel	33	Boulder	5:47:26	63/106	M30-34								287/548
76	Roger Knight	35	Boulder	4:50:05	1/29	CLYDES		72/548	350	Keith Watson	28	Boulder	5:47:40	69/95	M25-29								288/548
96	Matthew Wilson	34	Denver	4:55:55	25/106	M30-34		90/548	359	Michelle Orgill	27	Castle Roc	5:49:22	16/31	F25-29								64/159
98	Johnny Noleen	43	Colorado S	4:56:23	4/74	M40-44		92/548	360	Jim Buderus	38	Louisville	5:49:51	51/93	M35-39								296/548
99	Troy Theodos		Boulder	4:56:25	31/95	M25-29		93/548	368	Tag Rogers	26	Louisville	5:51:23	71/95	M25-29								303/548
101	Doug Jones	38	Boulder	4:56:47	12/93	M35-39		95/548	374	Bob Irving	44	Aurora	5:52:40	36/74	M40-44								306/548
104	Michael Ricci	31	Boulder	4:57:18	27/106	M30-34		98/548	393	Stephen Kirwin	32	Boulder	5:55:10	69/106	M30-34								320/548
107	Stephen Luckey	26	Boulder	4:57:27	34/95	M25-29		100/548	403	Pam Buderus	34	Louisville	5:56:48	17/37	F30-34								77/159
116	Paul Dopp	20	Boulder	5:00:17	29/106	M30-34		109/548	407	Robert Peters	35	Denver	5:57:15	65/93	M35-39								330/548
117	Elizabeth Anderson	32	Boulder	5:00:21	1/16	F20-24		8/159	413	Cameron Elmendorf	23	Boulder	5:58:12	9/16	F20-24								78/159
118	Michael Olichney	40	Boulder	5:00:22	8/74	M40-44		110/548	434	Paul Martin	59	Aurora	6:02:34	7/13	M55-59								349/548
123	Chip Morrison	35	Littleton	5:01:18	16/93	M35-39		114/548	461	E. Jerrold Page, Jr	45	Longmont	6:08:41	23/48	M45-49								372/548
130	Nathan Kirkland	24	Boulder	5:03:17	11/38	M20-24		119/548	472	Lorrie Murnock	30	Colorado S	6:11:09	23/37	F30-34								93/159
153	Tyler Carner	19	Boulder	5:06:57	1/5	M15-19		138/548	490	Barbara Kostner	50	Lakewood	6:15:07	5/8	F50-54								97/159
157	Andrew Feeney	22	Boulder	5:07:58	15/38	M20-24		141/548	501	Belle Mooris	33	Boulder	6:17:17	25/37	F30-34								100/159
160	Leslie Bentson	34	Boulder	5:08:42	7/7	pro female		171/59	508	Cindi Toepel	48	Littleton	6:19:23	8/12	F45-49								104/159
161	Tom Wyman	34	Boulder	5:09:06	35/106	M30-34		144/548	534	Beth Spiegel	32	Boulder	6:27:18	29/37	F30-34								111/159
168	Charlie Suthard	27	Boulder	5:10:47	41/95	M25-29		151/548	551	Freddie Rodriguez	35	Colorado S	6:32:42	80/93	M35-39								436/548
177	Cisco Quintero	43	Erie	5:12:41	14/74	M40-44		159/548	552	Steven Keller	47	Denver	6:33:15	33/48	M45-49								437/548
178	Lucas Llado	22	Boulder	5:13:13	16/38	M20-24		160/548	556	Michael Peek	31	Greeley	6:33:27	90/106	M30-34								439/548
184	David Kim	38	Highlands	5:13:55	28/93	M35-39		165/548	578	Paul Karlsson	35	Boulder	6:38:12	84/93	M35-39								456/548
194	Ken Lotze	48	Lakewood	5:15:52	8/48	M45-49		173/548	583	Christine Lipson	29	Boulder	6:39:40	26/31	F25-29								124/159
208	John Simmerman	34	Boulder	5:19:22	46/106	M30-34		184/548	608	Molly Nickerson	19	Boulder	6:47:02	2/2	F15-19								133/159
225	Beau Bierhaus	27	Boulder	5:23:07	49/95	M25-29		196/548	615	Leonard Moore	63	Nathrop	6:51:22	8/12	M60-64								479/548
227	Lance Shimomura	27	Boulder	5:23:1	50/95	M25-29		198/548	630	Mary Mccarty	29	Boulder	6:57:37	30/31	F25-29								137/159
228	Chip Mcreynolds	29	Boulder	5:23:16	51/95	M25-29		199/548	643	Brian Bonser	29	Dillon	7:02:13	92/95	M25-29								504/548
229	Alexandre Gret	26	Boulder	5:23:26	52/95	M25-29		200/548	646	Kristi Mileski	29	Denver	7:03:23	31/31	F25-29								141/159
231	Grethcen Keising	22	Boulder	5:23:46	3/16	F20-24		30/159	662	Catherine Sheridan	33	Westminste	7:16:35	36/37	F30-34								146/159
234	Susan Obleski	37	Boulder	5:24:17	6/28	F35-39		31/159	668	Ken Whitney	69	Greeley	7:23:32	4/4	M65-69								521/548



Above: out on the bike course



Above: exiting Highline Lake



Left: young volunteer hands out water at the bike turnaround

Below: crossing the dam towards the finish line



FIFTH ANNUAL DESERT SUN HALF IRON TRIATHLON GRAND JUNCTION, CO 07/18/1999 FULL RESULTS:

INDIVIDUAL - MALE

OA Pos.	Age	Bib	Name	City	1.2 M SWIM Time	TRAN 1 Time	56 MI BIKE Time	TRAN 2 Time	13.1 M RUN Time	OA Time
1	0	22	0277 CROMPTON JASON	EVANSTON W	0:24:20	0:01:15	2:25:01	0:00:36	1:28:10	4:19:22
2	1	32	0188 PEETERS CHRIS	COLO SPGS CO	0:22:58	0:01:03	2:29:22	0:00:45	1:26:11	4:20:19
3	1	25	0166 SWIFT JOHN	EVERGREEN CO	0:26:02	0:01:00	2:28:08	0:00:40	1:28:12	4:24:02
4	2	29	0293 AGNE DOUG	LAKEWOOD CO	0:24:14	0:01:18	2:26:15	0:00:55	1:32:10	4:24:52
5	1	40	0273 FOX ANDY	DENVER CO	0:20:36	0:01:04	2:30:21	0:00:45	1:32:56	4:25:42
6	2	31	0311 BOUMA DIRK	DENVER CO	0:22:09	0:00:42	2:34:57	0:01:00	1:29:24	4:28:02
7	1	37	0122 HUGO CHARLES	DENVER CO	0:23:03	0:01:29	2:18:37	0:01:56	1:43:26	4:28:31
8	3	28	0162 MEEKER DENNIS	BOULDER CO	0:23:43	0:01:12	2:28:53	0:00:46	1:35:47	4:30:21
9	2	35	0245 GAMBER BILL	STEAMBOAT SP CO	0:25:17	0:01:41	2:38:47	0:00:56	1:34:28	4:41:09
10	4	28	0225 POKLIKUHA GLEN	LUBBOCK TX	0:28:20	0:00:44	2:31:50	0:01:22	1:39:37	4:41:53
11	5	29	0189 GLEN SCOTT	BOULDER CO	0:28:41	0:01:40	2:34:01	0:01:06	1:36:41	4:42:09
12	3	32	0243 HARKNESS JIM	STEAMBOAT SP CO	0:28:26	0:01:41	2:35:41	0:01:11	1:36:41	4:43:40
13	4	34	0312 O'HARA JOHN	GRAND JCT CO	0:22:53	0:00:49	2:29:28	0:02:03	1:49:46	4:44:59
14	1	20	0240 KIRK BRYAN	BOULDER CO	0:21:39	0:00:41	2:37:26	0:00:37	1:44:40	4:45:03
15	6	26	0310 LUCKEY STEPHEN	BOULDER CO	0:23:49	0:01:30	2:31:22	0:01:22	1:51:54	4:49:57
16	2	24	0261 KIRKLAND NATHAN	BOULDER CO	0:29:55	0:01:37	2:36:50	0:01:24	1:42:05	4:51:51
17	5	32	0281 HALPERIN ANDREW	NIWOT CO	0:25:07	0:01:19	2:32:55	0:00:50	1:52:33	4:52:44
18	2	41	0266 LANG JEFFREY B	COLO SPGS CO	0:26:57	0:01:26	2:43:31	0:00:59	1:40:39	4:53:32
19	7	29	0117 ARMSTRONG PAUL	FORT COLLINS CO	0:27:59	0:02:05	2:37:44	0:01:27	1:44:53	4:54:08
20	3	37	0163 BREEDLOVE LUKE	DENVER CO	0:25:36	0:00:53	2:36:15	0:01:04	1:51:12	4:55:00
21	3	40	0148 PIERCE CRAIG	SLC UT	0:24:35	0:01:08	2:37:23	0:01:10	1:51:04	4:55:20
22	4	43	0282 BROWN BOB	GOLDEN CO	0:20:47	0:02:17	2:47:48	0:02:07	1:42:57	4:55:56
23	8	25	0276 BAUER JEFF	SLC UT	0:28:22	0:01:45	2:38:15	0:01:08	1:47:15	4:56:45
24	5	41	0220 SMITH BRUCE	GRAND JCT CO	0:29:02	0:04:17	2:38:39	0:01:45	1:45:27	4:59:10
25	6	41	0291 CROSSEN TIMOTHY	DENVER CO	0:27:01	0:01:07	2:34:34	0:01:15	1:57:26	5:01:23
26	7	43	0151 SCHLIER MICHAEL	OGDEN UT	0:24:05	0:01:57	2:37:40	0:01:20	1:56:58	5:02:00
27	8	42	0192 EDWARDS KEVIN	BOULDER CO	0:26:00	0:01:35	2:37:55	0:01:25	1:58:15	5:04:10
28	9	26	0101 LULL ANDY	BOULDER CO	0:26:46	0:02:31	2:37:02	0:01:26	1:57:06	5:04:51
29	6	33	0222 JOHNSON BRIAN	HIGHLANDS RA CO	0:26:14	0:01:13	2:43:37	0:01:36	1:53:23	5:06:03
30	9	41	0138 SIGLEY GLENN	HIGHLANDS RA CO	0:27:45	0:01:47	2:34:42	0:01:29	2:01:42	5:07:25
31	4	39	0199 HUSTER MARC	GRAND JUNCT CO	0:30:45	0:02:26	2:46:59	0:01:29	1:46:50	5:08:29
32	7	32	0195 MELLINGER TODD	FORT COLLINS CO	0:25:47	0:01:08	2:36:13	0:01:30	2:04:00	5:08:30
33	5	38	0156 VAN DYK HENRY	TUBA CITY AZ	0:24:56	0:01:57	2:49:51	0:00:52	1:51:43	5:09:19

34	3	24	0296	WEIRATH JOHN	GND JCT	CO	0:28:35	0:02:11	2:43:39	0:02:07	1:53:55	5:10:27
35	8	32	0305	CHAPMAN BRYAN	WESTMINSTER	CO	0:29:39	0:00:53	2:44:00	0:00:42	1:55:31	5:10:45
36	9	32	0242	CRAIG BRAD	STEAMBOAT SP	CO	0:23:08	0:01:43	2:50:03	0:01:22	1:57:10	5:13:26
37	10	41	0194	KNEE DEREK	FORT COLLINS	CO	0:26:05	0:02:03	2:42:14	0:02:15	2:00:57	5:13:34
38	10	32	0290	CAMPBELL MARK	OPHIR	CO	0:30:23	0:01:34	2:38:50	0:01:28	2:02:13	5:14:28
39	6	38	0184	FLEWELL CRAIG	AURORA	CO	0:23:25	0:03:21	2:56:18	0:02:52	1:49:28	5:15:24
40	11	30	0136	BELOW SCOTT	AURORA	CO	0:29:21	0:01:46	2:43:15	0:01:24	2:00:46	5:16:32
41	10	27	0140	HAGEN CARL	HIGHLANDS RA	CO	0:35:28	0:02:22	2:46:39	0:01:13	1:51:29	5:17:11
42	11	27	0205	MC CUEN DOUG	BOULDER	CO	0:24:57	0:01:43	2:46:45	0:01:32	2:03:06	5:18:03
43	12	29	0280	HALL TERRY	VAIL	CO	0:35:18	0:04:30	2:42:06	0:01:59	1:55:31	5:19:24
44	13	27	0157	ACKERSTE DANIEL	BOULDER	CO	0:29:36	0:01:14	2:45:30	0:01:12	2:03:02	5:20:34
45	14	29	0250	MEES TREVER	BOULDER	CO	0:29:25	0:03:38	2:44:47	0:03:39	1:59:14	5:20:43
46	7	35	0263	TIMM DAN	VAIL	CO	0:30:14	0:02:04	2:49:35	0:02:27	1:57:15	5:21:35
47	12	32	0313	DOLAN DAN	BOULDER	CO	0:24:17	0:02:33	2:54:10	0:03:27	1:57:41	5:22:08
48	8	39	0298	ORGILL LARRY	CASTLE ROCK	CO	0:26:52	0:01:18	2:52:17	0:02:06	2:00:07	5:22:40
49	15	25	0145	MARTIN CHRIS	BOULDER	CO	0:28:01	0:01:51	2:41:53	0:00:51	2:10:20	5:22:56
50	13	34	0214	HOLSCHER JIM	SCOTTSBLUFF	NE	0:30:19	0:02:12	2:30:17	0:02:57	2:17:54	5:23:39
51	1	60	0294	MALONE MARK	GOLDEN	CO	0:30:05	0:02:56	2:44:57	0:01:55	2:04:09	5:24:02
52	9	37	0303	MILLER BRUCE	COLO SPGS	CO	0:26:55	0:02:32	2:44:31	0:02:04	2:10:40	5:26:42
53	16	29	0196	DEAN BART	DENVER	CO	0:26:12	0:03:18	2:41:49	0:02:07	2:13:34	5:27:00
54	17	29	0131	MELLON DENNIS	EVERGREEN	CO	0:29:33	0:01:58	2:47:37	0:03:18	2:05:12	5:27:38
55	10	39	0127	VANDERVLIT BOB	SUPERIOR	CO	0:30:52	0:01:58	2:45:29	0:02:04	2:08:22	5:28:45
56	18	27	0300	MC MILLAN SCOTT	ST CLOUD	MN	0:27:16	0:01:21	2:35:04	0:01:04	2:24:01	5:28:46
57	14	31	0268	FAWCETT BRAD	LAKEWOOD	CO	0:30:32	0:02:16	3:01:33	0:01:44	1:52:48	5:28:53
58	19	28	0128	CORE MATT	WESTMINSTER	CO	0:27:30	0:02:28	2:50:02	0:02:09	2:06:48	5:28:57
59	20	26	0241	BENTLEY RYAN	BOULDER	CO	0:29:00	0:01:37	2:35:58	0:01:21	2:21:58	5:29:54
60	15	31	0106	MARTIN KURT	ST. LOUIS	MO	0:29:37	0:02:12	2:57:51	0:02:14	1:58:05	5:29:59
61	11	39	0267	BRADFORD, II OLIVER	DENVER	CO	0:28:34	0:02:50	2:59:23	0:02:22	1:58:06	5:31:15
62	1	45	0299	VOGT LONNEY	COLO SPGS	CO	0:29:07	0:01:27	2:56:51	0:01:30	2:03:34	5:32:29
63	11	43	0165	POLITZER TOM	GOLDEN	CO	0:37:00	0:03:18	2:50:48	0:02:29	2:00:44	5:34:19
64	12	44	0186	IRVING ROBERT	AURORA	CO	0:35:00	0:01:48	2:54:12	0:01:55	2:03:26	5:36:21
65	16	34	0251	PFANNENSTIEL DAN	ARVADA	CO	0:28:54	0:03:21	2:58:54	0:01:52	2:04:15	5:37:16
66	13	40	0210	ANHOLD JOHN	NORTH OGDEN	UT	0:31:48	0:02:35	2:56:45	0:02:57	2:03:36	5:37:41
67	21	28	0252	CLEVINGER CHRIS	BOULDER	CO	0:30:28	0:02:15	2:52:21	0:03:01	2:10:48	5:38:53
68	1	54	0159	WILSON BRUCE	BOULDER	CO	0:27:47	0:02:04	3:05:36	0:00:54	2:03:22	5:39:43
69	4	20	0215	LANGSTON JOHN	CHEYENNE	WY	0:29:23	0:02:10	2:50:16	0:01:02	2:19:13	5:42:04
70	1	65	0309	ELLIOT DALE	DURANGO	CO	0:31:06	0:02:30	2:58:29	0:01:53	2:08:13	5:42:11
71	2	51	0183	BARNABY KENNETH	PARKER	CO	0:29:08	0:02:47	3:01:42	0:01:46	2:08:13	5:43:36
72	22	28	0234	KRAMER SHAWN	BOULDER	CO	0:29:37	0:02:33	3:05:50	0:02:34	2:03:22	5:43:56
73	14	41	0211	GHENT RICK	HIGHLAND RAN	CO	0:28:54	0:01:47	2:55:56	0:01:24	2:17:24	5:45:25
74	17	34	0180	KUSTER BEN	LONGMONT	CO	0:27:53	0:02:56	2:47:14	0:03:24	2:24:13	5:45:40
75	12	37	0227	KEITH WAYNE	ENGLEWOOD	CO	0:32:24	0:04:29	3:00:08	0:03:32	2:05:35	5:46:08
76	23	26	0130	CORE JESSE	GLENDALE	CO	0:29:12	0:02:17	3:04:38	0:01:44	2:10:19	5:48:10
77	18	34	0315	SIMMERMAN JOHN	BOULDER	CO	0:34:48	0:02:25	2:59:38	0:02:19	2:09:39	5:48:49
78	24	28	0295	QUARESIMO MICHAEL	DENVER	CO	0:33:41	0:02:16	3:14:38	0:01:35	1:58:34	5:50:44
79	19	32	0269	GIESEN TIM	DENVER	CO	0:30:38	0:02:46	3:11:09	0:04:41	2:02:53	5:52:07
80	20	34	0262	TRAVERS MICHAEL	DENVER	CO	0:25:09	0:01:57	2:53:39	0:01:30	2:32:41	5:54:56
81	21	32	0238	PALMER JAMES	SCOTTSBLUFF	NE	0:27:06	0:03:53	2:57:13	0:03:17	2:26:21	5:57:50
82	22	32	0208	HART STEVE	LITTLETON	CO	0:29:08	0:02:03	3:02:09	0:02:41	2:21:50	5:57:51
83	15	44	0259	WELTER WILLIAM	COLO SPGS	CO	0:29:00	0:02:23	3:13:12	0:03:31	2:11:31	5:59:37
84	23	30	0260	HAHN PAUL	AVON	CO	0:33:19	0:02:18	3:07:20	0:02:41	2:14:09	5:59:47
85	25	27	0306	MARKLEY DAVID	DENVER	CO	0:33:17	0:03:25	2:51:13	0:04:20	2:27:59	6:00:14
86	16	43	0123	OSZUST JOHN	EDWARDS	CO	0:28:25	0:03:40	3:06:18	0:02:57	2:19:16	6:00:36
87	13	36	0247	KARLSSON PAUL	BOULDER	CO	0:31:31	0:02:29	2:58:45	0:03:32	2:24:31	6:00:48
88	2	46	0164	COULSTON CORY	LAKEWOOD	CO	0:32:43	0:03:52	2:59:37	0:02:52	2:22:37	6:01:41
89	17	41	0161	STREETER RIC	BOULDER	CO	0:27:49	0:01:35	2:58:45	0:03:53	2:31:20	6:03:22
90	24	32	0147	O'KEEFE THOMAS	PARKER	CO	0:26:02	0:01:58	3:15:03	0:01:42	2:19:22	6:04:07
91	26	28	0109	RHODES ALEC	DENVER	CO	0:30:57	0:03:51	3:25:10	0:03:16	2:02:08	6:05:22
92	27	28	0307	PEREZ EDGAR	COLO SPGS	CO	0:42:57	0:02:02	3:01:00	0:02:28	2:17:06	6:05:33
93	14	39	0133	HUSKIE WILL	GOLDEN	CO	0:46:28	0:03:32	3:08:33	0:03:05	2:04:49	6:06:27

INDIVIDUAL-FEMALE:

1	0 33 0283	SWEENEY	DIANN	DENVER	CO	0:26:40	0:01:08	2:44:24	0:00:40	1:44:34	4:57:26
2	1 40 0120	SCHURMAN	TAMSEN	EL PRADO	NM	0:26:38	0:01:15	2:44:50	0:01:01	1:45:13	5:01:40
3	1 35 0207	GRABAU	KAREN	LITTLETON	CO	0:28:46	0:02:01	2:54:16	0:00:57	1:36:25	5:02:25
4	2 40 0265	LANG	TERRI	COLO SPGS	CO	0:30:58	0:01:11	2:49:28	0:01:01	1:51:46	5:14:24
5	1 25 0292	GOTTSCHALL	JINGER	BOULDER	CO	0:27:10	0:01:47	2:48:11	0:01:00	1:58:10	5:16:27
6	2 37 0302	OBLESKI	SUSAN	BOULDER	CO	0:30:11	0:01:34	2:54:30	0:01:07	1:52:00	5:19:22
7	3 36 0287	WATERWOMAN	ROBIN	DENVER	CO	0:27:07	0:01:16	3:03:24	0:01:10	1:55:00	5:27:57
8	4 36 0272	FOX	ANNIE	DENVER	CO	0:26:56	0:01:12	2:54:16	0:01:43	2:09:25	5:33:32
9	1 46 0301	SKILES	KRIS	BOULDER	CO	0:25:35	0:02:05	2:51:41	0:02:24	2:12:44	5:34:29
10	1 31 0212	POPELAR	STEPH	LAKEWOOD	CO	0:35:17	0:01:34	2:57:41	0:00:49	2:04:07	5:39:28
11	2 27 0297	ORGILL	MICHELLE	CASTLE ROCK	CO	0:29:15	0:01:14	3:05:43	0:01:21	2:02:25	5:39:58
12	3 27 0150	ROBERTS	HEATHER	DANA POINT	CA	0:30:59	0:01:49	3:07:40	0:01:43	2:01:09	5:43:20
13	4 29 0185	IMGRUND	REBECA	DENVER	CO	0:25:47	0:01:28	3:08:06	0:01:42	2:08:47	5:45:50
14	1 21 0218	KALEMBA	ABBIE	FT COLLINS	CO	0:27:48	0:01:56	3:06:40	0:01:40	2:09:23	5:47:27
15	5 38 0204	SEWELL	LISA	SLC	UT	0:33:26	0:01:34	3:04:12	0:01:15	2:10:17	5:50:44
16	6 39 0221	MC CLELLEN	KRISTEN	GRAND JCT	CO	0:30:57	0:02:55	2:56:57	0:02:24	2:18:13	5:51:26
17	5 28 0246	CLEVENGER	ANNA	BOULDER	CO	0:25:36	0:02:28	3:03:53	0:02:51	2:17:59	5:52:47
18	7 37 0179	SMITH	SHERRY	BOULDER	CO	0:28:43	0:00:59	3:04:44	0:00:54	2:23:12	5:58:32
19	3 42 0284	PINER	LAURIE	PENN VALLEY	CA	0:33:13	0:02:06	3:09:56	0:01:05	2:13:07	5:59:27
20	8 38 0278	ALFINO	KATHY	HIGHLANDS RA	CO	0:29:18	0:02:18	3:04:50	0:02:08	2:22:43	6:01:17
21	6 28 0253	OLSON	KELLY	MOAB	UT	0:31:31	0:01:30	3:24:55	0:00:49	2:04:48	6:03:33
22	1 50 0239	KOSTNER	BARBARA	LAKEWOOD	CO	0:32:16	0:00:56	3:05:21	0:01:51	2:24:37	6:05:01
23	9 39 0264	DI PAULA	INGRID	BOULDER	CO	0:30:38	0:01:33	3:11:12	0:02:00	2:21:35	6:06:58
24	10 39 0224	DURSTHOFF	PEGGY	HIGHLANDS RA	CO	0:26:39	0:02:33	3:15:57	0:03:38	2:19:57	6:08:44
25	7 29 0201	PASTER	LIANNE K	ENGLEWOOD	CO	0:24:15	0:02:55	3:09:06	0:01:16	2:34:27	6:11:59
26	2 30 0153	WOLSFELD	JOANNA	DENVER	CO	0:31:30	0:02:20	3:22:04	0:01:33	2:19:43	6:17:10
27	3 34 0168	CHADWICK	MELINDA	PLEASANT VIE	UT	0:30:23	0:03:23	3:12:07	0:02:29	2:29:56	6:18:18
28	4 32 0219	ROWE	JENNIFER	DENVER	CO	0:40:46	0:03:00	3:24:08	0:03:50	2:11:24	6:23:08
29	11 38 0154	KINDER	LESLEY	BOULDER	CO	0:32:55	0:02:33	3:25:11	0:02:17	2:28:47	6:31:43
30	8 28 0167	LAITY	KIRSTEN	CLEARFIELD	UT	0:29:17	0:03:06	3:41:20	0:03:49	2:17:53	6:35:25
31	4 44 0270	HARVEY	MARTI	COLO SPGS	CO	0:31:17	0:01:57	3:22:48	0:02:38	2:37:47	6:36:27
32	5 34 0235	SHANAHAN	MELISSA	BOULDER	CO	0:33:32	0:03:07	3:21:08	0:03:07	2:39:01	6:39:55
33	12 37 0169	CRAWFORD	PAULA	OGDEN	UT	0:36:41	0:03:11	3:32:38	0:02:29	2:25:24	6:40:23
34	9 29 0308	MILLER	HEATHER	GREELEY	CO	0:37:24	0:01:43	3:11:07	0:03:01	2:50:05	6:43:20
35	13 36 0111	KENNING	KRISTI	DENVER	CO	0:37:23	0:04:08	3:29:23	0:04:17	2:31:16	6:46:27
36	6 34 0103	KEEFE	PAMELA	ARVADA	CO	0:46:25	0:04:24	3:41:19	0:03:36	2:14:28	6:50:12
37	7 33 0160	GILL	KATIE	MORRISON	CO	0:33:08	0:05:48	3:33:04	0:06:19	2:33:09	6:51:28
38	5 44 0230	WEIMER	GEORGIANA	GRAND JCT	CO	0:37:57	0:02:17	3:24:37	0:02:54	2:43:46	6:51:31
39	2 51 0121	BURRIS	LINDA	DENVER	CO	0:36:56	0:04:26	3:16:16	0:02:53	2:51:37	6:52:08
40	10 29 0113	MAAKESTAD	KIRSTEN	GRAND JCT.	CO	0:36:15	0:03:14	3:32:11	0:02:58	2:39:32	6:54:10
41	6 41 0144	MORITZ	SHARON	DENVER	CO	0:35:12	0:03:31	3:16:39	0:03:51	2:56:10	6:55:23
42	14 38 0142	HARGRAVE	EILEEN	DENVER	CO	0:28:50	0:03:05	3:31:51	0:05:29	2:47:12	6:56:27
43	15 37 0174	HARDY	JEN	BOULDER	CO	0:27:25	0:03:44	3:21:25	0:03:41	3:04:36	7:00:51
44	11 25 0187	SMITH	EMILY	GOLDEN	CO	0:39:15	0:04:24	3:42:47	0:04:26	2:31:10	7:02:02
45	7 40 0170	WILLIAMS	NANCY	LOUISVILLE	CO	0:33:06	0:03:47	3:37:55	0:03:20	2:46:39	7:04:4
46	16 35 0146	LOVELESS	VERA	SLC	UT	0:39:45	0:03:41	3:51:01	0:03:49	2:33:12	7:11:28
47	17 35 0231	GOLD	BARBARA	GOLDEN	CO	0:38:49	0:05:36	3:33:08	--:--:--	6:39:58	7:14:46
48	12 26 0182	HECHT	SAMANTHA	DENVER	CO	0:38:12	0:04:46	3:32:15	0:05:13	2:54:33	7:14:59
49	8 42 0236	HILL	SALLY	MIDVALE	UT	0:44:13	0:04:19	3:44:07	0:02:05	2:53:29	7:28:13
50	9 40 0126	GOADE	SALLY	BROOMFIELD	CO	0:44:32	0:04:05	4:04:09	0:06:19	2:29:15	7:28:20
51	8 34 0134	HUSKIE	ALISON	GOLDEN	CO	0:33:06	0:05:41	4:14:58	0:03:59	2:40:37	7:38:21
52	18 36 0119	WILDER	PATTI	LAFAYETTE	CO	0:45:28	0:05:42	--:--:--	--:--:--	--:--:--	-D N F-
53	19 38 0226	FELTON	IRENE	FT COLLINS	CO	0:44:42	0:03:06	--:--:--	--:--:--	--:--:--	-D N F-

For More Information contact:
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The Sports Connection
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Rocky Mountain Spoke
Life O2 Water
Jog Mate

BOULDER PEAK TRIATHLON AND DUATHLON

AUGUST 1ST, 1999 FULL RESULTS

DUATHLON:

NAME	RUN 1	TRNS1	BIKE	TRNS2	RUN2	FINAL	OvrnkClrk	HOMETOWN
FEMALE OVERALL								
Kim Bruckner	00:18:31	00:00:57	01:06:38	00:00:32	00:18:47	01:45:25	10	1 Boulder, Co
Sharon Knecht	00:19:15	00:01:09	01:11:42	00:00:32	00:19:06	01:51:44	20	2 Westlake, Co
Sara Rosenkranz	00:19:49	00:01:19	01:11:16	00:00:42	00:19:17	01:52:23	24	3 Manhattan, Ks
MALE OVERALL								
Andy Bruckner	00:15:49	00:00:40	01:04:06	00:00:24	00:16:18	01:37:17	1	1 Boulder, Co
Eric Schwartz	00:15:55	00:00:49	01:05:09	00:00:36	00:16:20	01:38:49	2	2 Boulder, Co
Hector Rios	00:16:19	00:00:49	01:07:08	00:00:48	00:16:14	01:41:18	3	3 Wichita, Ks
F20-24 YRS								
Kendra Keeley	00:20:30	00:01:42	01:20:51	00:01:08	00:21:16	02:05:27	75	1 Denver, Co
Connie Aragon	00:23:04	00:02:00	01:25:22	00:01:05	00:24:45	02:16:16	136	2 Boulder, Co
Danielle Cancil	00:21:23	00:01:56	01:36:26	00:01:26	00:22:05	02:23:16	178	3 Boulder, Co
Susan Thielen	00:23:58	00:02:49	01:33:09	00:03:14	00:26:07	02:29:17	203	4 Denver, Co
Lisa Kaplan	00:24:05	00:03:40	01:40:23	00:01:13	00:25:01	02:34:22	212	5 Breckenridge, Co
Tiffany Fourment	00:25:46	00:03:06	01:42:28	00:01:32	00:25:41	02:38:33	219	6 Boulder, Co
Robyn Frantz	00:29:03	00:02:18	01:52:43	00:02:13	00:28:21	02:54:38	251	7 Denver, Co
F25-29 YRS								
Kelli Lusk	00:18:56	00:02:18	01:18:20	00:01:41	00:18:40	01:59:55	57	1 Denver, Co
Eve Stephenson	00:21:35	00:02:07	01:12:52	00:01:39	00:23:41	02:01:54	68	2 Boulder, Co
Heidi Gabalski	00:21:36	00:01:25	01:17:51	00:00:41	00:20:35	02:02:08	69	3 Golden, Co
Amelia Dickmann	00:21:42	00:02:26	01:28:28	00:00:58	00:21:37	02:15:11	128	4 Boulder, Co
Kelli Lakis	00:23:00	00:02:02	01:28:14	00:01:08	00:25:17	02:19:41	152	5 Lafayette, Co
Julie Smith	00:23:50	00:02:16	01:28:11	00:01:08	00:24:34	02:19:59	157	6 Longmont, Co
Janet Halliday	00:23:11	00:02:31	01:30:15	00:01:52	00:23:07	02:20:56	161	7 Arvada, Co
Diane Weldon	00:23:25	00:02:43	01:31:41	00:01:07	00:23:52	02:22:48	172	8 Boulder, Co
Lisa Chaffee	00:22:48	00:01:49	01:34:24	00:01:00	00:24:20	02:24:21	184	9 Aurora, Co
Suzanne Stoller	00:24:33	00:02:12	01:33:06	00:01:30	00:24:05	02:25:26	190	10 Denver, Co
Wynonne Van Epps	00:25:18	00:03:07	01:32:42	00:01:28	00:26:31	02:29:06	201	11 Boulder, Co
Kimberly Hagger	00:27:20	00:03:11	01:32:58	00:01:17	00:26:22	02:31:08	207	12 Castle Rock, Co
Melani Diloreto	00:23:27	00:02:19	01:36:26	00:02:42	00:26:17	02:31:11	208	13 Boulder, Co
Kelly Cox	00:24:58	00:03:14	01:38:52	00:02:05	00:29:39	02:38:48	222	14 Avon, Co
Theresa Picciotti	00:24:33	00:05:31	01:40:35	00:03:33	00:26:36	02:40:48	228	15 Boulder, Co
Angela Busch	00:23:56	00:01:48	01:58:29	00:01:48	00:26:47	02:52:48	248	16 Aurora, Co
F30-34 YRS								
Cindy Hazen	00:18:57	00:01:21	01:20:18	00:00:53	00:19:11	02:00:40	60	1 Littleton, Co
Barb Loughran	00:21:36	00:03:02	01:27:01	00:03:02	00:21:39	02:16:20	137	2 Littleton, Co
Jackie Szablewski	00:22:06	00:02:23	01:32:26	00:02:31	00:23:40	02:23:06	176	3 Boulder, Co
Tamya Laurence	00:22:43	00:02:30	01:33:35	00:00:47	00:24:09	02:23:44	180	4 Aurora, Co
Sara Robertson	00:23:52	00:01:48	01:33:28	00:01:02	00:23:36	02:23:46	181	5 Golden, Co
Stephanie Fulcher	00:22:50	00:02:39	01:39:14	00:00:59	00:23:55	02:29:37	204	6 Arvada, Co
Jodey Hart	00:26:30	00:02:21	01:42:47	00:01:08	00:26:18	02:39:04	224	7 Littleton, Co
Teresa Torab	00:28:41	00:06:52	01:37:48	00:02:53	00:28:17	02:44:31	237	8 Boulder, Co
F35-39 YRS								
Inge Schuurmans	00:17:50	00:01:45	01:14:48	00:00:49	00:18:08	01:53:20	28	1 Boulder, Co
Sue Wallace	00:21:11	00:02:00	01:20:41	00:01:30	00:22:17	02:07:39	92	2 Boulder, Co
Claire Cahow	00:22:04	00:02:16	01:20:05	00:01:34	00:24:05	02:10:04	106	3 Evergreen, Co
Jane Hastings	00:23:07	00:02:38	01:25:01	00:01:08	00:23:46	02:15:40	131	4 Denver, Co
Cindy Byfield	00:20:50	00:01:44	01:33:05	00:00:54	00:21:48	02:18:21	148	5 Greeley, Co
Jane Sumerfield	00:23:13	00:01:53	01:29:20	00:01:42	00:24:35	02:20:43	159	6 Boulder, Co
Ellen De Money	00:23:25	00:02:11	01:30:39	00:01:02	00:25:26	02:22:43	171	7 Boulder, Co
Randi Ann Mitchem	00:26:52	00:02:34	01:30:53	00:01:25	00:21:26	02:23:10	177	8 Broomfield, Co
Rebecca Kane	00:19:32	00:02:31	01:36:14	00:00:46	00:25:18	02:24:21	183	9 Thornton, Co
Becky Mccarty	00:25:36	00:02:36	01:30:40	00:01:36	00:27:03	02:27:31	197	10 Lafayette, Co
Cathy Pfeifer	00:26:50	00:02:16	01:37:35	00:01:52	00:28:08	02:36:41	217	11 Socorro, Nm
Sandi Brown	00:27:30	00:02:21	01:39:12	00:01:18	00:28:58	02:39:19	225	12 Englewood, Co
Merilee Johnson	00:29:30	00:04:57	01:34:31	00:02:12	00:28:56	02:40:06	226	13 Boulder, Co
Sara Prete	00:27:42	00:03:03	01:40:21	00:02:41	00:27:21	02:41:08	230	14 Co. Springs, Co

	Hazel Senz	00:26:32	00:03:59	01:46:49	00:01:45	00:26:51	02:45:56	238	15 Golden, Co
	Diane Jensen	00:30:16	00:04:12	01:55:09	00:01:34	00:34:59	03:06:10	255	16 Arvada, Co
	Cathy Kechter	00:25:25	00:05:16	02:09:37	00:03:10	00:26:54	03:10:22	256	17 Ft Collins, Co
F40-44									
YRS									
	Caroline Smith	00:21:15	00:01:17	01:17:58	00:00:55	00:21:14	02:02:39	72	1 Highlands Ranch, Co
	Nancy Scott	00:21:15	00:01:27	01:24:48	00:00:54	00:20:55	02:09:19	101	2 Richfield, Oh
	Pam Schuckies	00:25:00	00:02:18	01:32:17	00:01:40	00:26:06	02:27:21	196	3 Co. Springs, Co
	Julie Reigle	00:23:15	00:03:49	01:33:54	00:03:58	00:22:52	02:27:48	199	4 Lakewood, Co
	Mary Jo Regier	00:25:13	00:02:07	01:44:33	00:01:18	00:25:25	02:38:36	221	5 Denver, Co
	Leslie Ranniger	00:28:19	00:03:54	02:05:14	00:02:55	00:32:01	03:12:23	257	6 Boulder, Co
F45-49									
YRS									
	Jacqueline Gareau	00:18:44	00:01:16	01:16:28	00:00:48	00:18:54	01:56:10	43	1 Boulder, Co
	Leslie Francis	00:24:06	00:01:50	01:24:11	00:01:13	00:24:30	02:15:50	132	2 Boulder, Co
	Cynthia Ruggero	00:23:57	00:03:32	01:30:19	00:01:48	00:25:41	02:25:17	188	3 Boulder, Co
	Marie Garcia	00:25:54	00:02:33	01:35:57	00:01:39	00:23:49	02:29:52	205	4 Louisville, Co
	Nancy Dobes	00:29:40	00:03:21	01:35:38	00:01:40	00:31:36	02:41:55	232	5 Boulder, Co
	Alexa Boyes	00:29:30	00:05:12	01:32:01	00:02:13	00:31:10	02:42:06	233	6 Boulder, Co
	Nan Anderson	00:26:34	00:03:54			00:26:51	02:47:56	241	7 Golden, Co
	Joann Floyd	00:29:19	00:04:56	01:54:18	00:02:06	00:32:53	03:03:32	253	8 Boulder, Co
	Paula Lambert	00:30:37	00:07:01	01:48:15	00:04:16	00:33:40	03:03:49	254	9 Austin, Tx
F50-54									
YRS									
	Ladonna Shea	00:29:43	00:05:26	01:46:03	00:02:31	00:30:20	02:54:03	249	1 Boulder, Co
	Diana Bruckner	00:29:40	00:02:16	01:52:19	00:00:44	00:29:33	02:54:32	250	2 Shawano, Wi
FEMLP									
RO									
	Yvonne Lacher	00:23:58	00:01:41	01:22:29	00:00:48	00:24:18	02:13:14	115	1 Switzerland
ATHENA									
	Stacey Hudjera	00:24:21	00:02:54	01:23:12	00:01:39	00:25:45	02:17:51	144	1 Golden, Co
M14-19									
YRS									
	Jonathon Garcia	00:17:09	00:01:38	01:15:32	00:02:23	00:18:06	01:54:48	38	1 Louisville, Co
	Anthony Gracely	00:20:15	00:01:12	01:17:04	00:01:30	00:20:52	02:00:53	64	2 Austin, Tx
	Darryn Gradhandt	00:24:12	00:02:26	01:23:06	00:01:13	00:24:53	02:15:50	133	3 Colorado Springs, Co
M20-24									
YRS									
	Brandon Peters	00:16:52	00:00:36	01:06:59	00:01:04	00:17:12	01:42:43	7	1 Austin, Tx
	Cody Reece	00:19:09	00:00:54	01:11:35	00:01:17	00:20:06	01:53:01	26	2 Grand Junction, Co
	Jon Hale	00:21:01	00:01:53	01:14:35	00:00:56	00:20:47	01:59:12	52	3 Denver, Co
	Max Spradley	00:19:20	00:01:37	01:17:41	00:01:15	00:20:05	01:59:58	58	4 Boulder, Co
	Eric Anderson	00:19:49	00:01:49	01:14:56	00:01:08	00:23:26	02:01:08	66	5 Lafayette, Co
	Billy Smart	00:21:39	00:02:27	01:17:44	00:02:44	00:21:58	02:06:32	80	6 Boulder, Co
	Ian Bates	00:20:53	00:01:37	01:22:57	00:00:25	00:20:41	02:06:33	81	7 Golden, Co
	Nikolai Frant	00:19:03	00:01:46	01:24:45	00:01:14	00:20:09	02:06:57	86	9 Boulder, Co
	James Eastland	00:18:59	00:00:58	01:24:05	00:00:42	00:22:13	02:06:57	85	8 Boulder, Co
	Connor Shannon	00:20:33	00:02:06	01:22:52	00:01:08	00:21:37	02:08:16	96	10 Boulder, Co
	Jeff Bateson	00:21:12	00:01:14	01:28:45	00:00:36	00:21:28	02:13:15	116	11 Denver, Co
	Aaron Spalding	00:25:01	00:01:49	01:20:14	00:02:21	00:27:15	02:16:40	141	12 Denver, Co
	Todd Armstrong	00:26:48	00:02:29	01:35:36	00:01:18	00:30:15	02:36:26	216	13 Boulder, Co
	Jonathan Damron	00:25:33	00:01:34	01:37:45	00:02:59	00:27:03	02:36:54	218	14 Boulder, Co
	Matt Mcdermott	00:17:49	00:01:04						Boulder, Co
M25-29									
YRS									
	Juan Quinonez	00:16:27	00:00:50	01:04:37	00:01:03	00:17:21	01:42:18	6	1 Mexico,
	Michael Kauffman	00:16:20	00:01:27	01:09:06	00:00:44	00:16:45	01:44:22	8	2 Boise, Id
	Kevin Gillotti	00:17:18	00:00:30	01:12:02	00:01:01	00:18:29	01:49:20	14	3 Encinitas, Ca
	Gerald Romero	00:16:31	00:01:32	01:16:04	00:01:06	00:16:57	01:52:10	22	4 Co. Springs, Co
	William Depaemelaere	00:20:37	00:01:26	01:09:07	00:01:44	00:20:44	01:53:38	30	5 Longmont, Co
	Chris Clevenger	00:18:53	00:01:23	01:14:38	00:00:43	00:18:21	01:53:58	33	6 Boulder, Co
	Jason Kaminski	00:18:40	00:01:28	01:14:57	00:00:54	00:19:07	01:55:06	39	7 Boulder, Co
	Kyle Lawton	00:19:12	00:01:42	01:15:00	00:01:15	00:18:58	01:56:07	42	8 Steamboat Springs, Co
	David Summitt	00:21:16	00:01:35	01:13:42	00:01:45	00:21:10	01:59:28	54	9 Littleton, Co
	Steve Loewenkamp	00:20:07	00:01:01	01:19:57	00:00:43	00:22:31	02:04:19	74	10 Ft. Collins, Co
	Phil Hadley	00:19:12	00:03:08	01:21:51	00:02:33	00:20:05	02:06:49	83	11 Boulder, Co
	Joseph Guerrero	00:20:59	00:02:06	01:21:23	00:01:01	00:21:30	02:06:59	87	12 Aurora, Co
	Miguel Flores	00:17:47	00:01:17	01:28:36	00:00:44	00:18:43	02:07:07	88	13 Denver, Co
	Gregory Boucher	00:24:00	00:02:28	01:16:55	00:01:26	00:23:30	02:08:19	97	14 Denver, Co
	Ryan Root	00:19:10	00:02:00	01:26:35	00:01:04	00:20:47	02:09:36	102	15 Boulder, Co
	Mark Hagger	00:22:23	00:02:41	01:20:40	00:01:43	00:22:22	02:09:49	104	16 Castle Rock, Co
	John Lloyd	00:19:57	00:01:36	01:30:06	00:00:53	00:20:13	02:12:45	113	17 Denver, Co

Greg Johnson	00:21:02	00:02:00	01:28:09	00:01:20	00:21:05	02:13:36	118	18 Denver, Co
Johnny Hawkins	00:22:08	00:01:57	01:23:12	00:01:07	00:25:45	02:14:09	122	19 Denver, Co
Jason Busch	00:25:23	00:03:18	01:20:00	00:01:31	00:28:38	02:18:50	150	20 Boulder, Co
Andy Houston	00:24:42	00:02:54	01:22:19	00:01:56	00:29:19	02:21:10	164	21 Boulder, Co
Daniel Perlow	00:22:19	00:04:12	01:30:22	00:02:57	00:21:29	02:21:19	165	22 Denver, Co
Alan Westman	00:22:57	00:03:34	01:30:46	00:02:53	00:22:03	02:22:13	168	23 Denver, Co
Tom Mirande	00:24:33	00:03:05	01:26:24	00:01:37	00:27:10	02:22:49	173	24 Littleton, Co
Mike Brunken	00:26:13	00:01:52	01:28:32	00:01:11	00:27:01	02:24:49	186	25 Golden, Co
Jeff Glasner	00:25:54	00:02:09	01:34:36	00:01:23	00:27:05	02:31:07	206	26 Longmont, Co
Benjamin Ward	00:24:05	00:02:36	01:44:40	00:01:36	00:25:36	02:38:33	220	27 Boulder, Co
Marc Wagner	00:27:52	00:03:39	01:30:49	00:02:15	00:34:17	02:38:52	223	28 Longmont, Co
Bryan Brinks	00:27:53	00:05:28	01:37:06	00:02:43	00:27:57	02:41:07	229	29 Denver, Co
Frank Shea	00:24:12	00:04:26	01:45:09	00:01:45	00:26:39	02:42:11	234	30 Lafayette, Co

M30-34
YRS

Andrew Holton	00:16:36	00:00:59	01:07:39	00:00:23	00:16:26	01:42:03	4	1 Denver, Co
Marty Netzel	00:16:46	00:00:52	01:08:34	00:00:33	00:18:11	01:44:56	9	2 Rochester, Mn
Chuck Stary	00:18:04	00:01:12	01:07:43	00:00:40	00:19:02	01:46:41	11	3 Denver, Co
Neil Forrest	00:18:33	00:01:16	01:10:45	00:00:37	00:19:34	01:50:45	18	4 Aurora, Co
Michael Marsilio	00:18:57	00:01:27	01:11:44	00:00:44	00:21:17	01:53:39	31	5 Boulder, Co
Neal Oseland	00:17:55	00:01:22	01:15:42	00:00:44	00:18:06	01:53:49	32	6 Colorado Springs, Co
Robb Reece	00:16:37	00:01:13	01:17:50	00:01:11	00:17:12	01:54:03	34	7 Grand Junction, Co
John Suchsland	00:21:28	00:01:44	01:07:51	00:01:47	00:21:22	01:54:12	36	8 Boulder, Co
Robert Dixon	00:20:10	00:01:19	01:15:02	00:00:49	00:20:33	01:57:53	51	9 Longmont, Co
Paul Staib	00:18:55	00:01:02	01:19:38	00:00:22	00:19:30	01:59:27	53	10 Highlands Ranch, Co
David Hart	00:23:15	00:02:04	01:11:19	00:00:54	00:24:18	02:01:50	67	11 Boulder, Co
Raymond Churgovich	00:21:46	00:01:24	01:13:49	00:00:58	00:24:15	02:02:12	71	12 Boulder, Co
Kevin Sienkowski	00:19:25	00:01:51	01:21:02	00:01:26	00:20:05	02:03:49	73	13 Colorado Springs, Co
Arnie Sharp	00:21:15	00:01:48	01:18:46	00:01:13	00:22:46	02:05:48	77	14 Boulder, Co
James Greiner	00:21:35	00:01:57	01:18:39	00:01:30	00:23:43	02:07:24	89	15 Boulder, Co
Kevin Planegger	00:24:39	00:03:01	01:10:35	00:01:31	00:28:37	02:08:23	98	16 Boulder, Co
Vance Richards	00:19:28	00:02:50	01:26:58	00:01:23	00:19:03	02:09:42	103	17 Littleton, Co
Dean Palmquist	00:20:12	00:02:10	01:25:07	00:01:25	00:21:18	02:10:12	108	18 Wray, Co
Mark Grafitti	00:21:22	00:01:21	01:26:32	00:01:15	00:23:19	02:13:49	120	19 Colorado Springs, Co
Dean Street	00:24:01	00:02:29	01:21:45	00:01:31	00:24:43	02:14:29	125	20 Longmont, Co
Albert Ioppolo	00:21:16	00:01:44	01:27:44	00:01:21	00:25:56	02:18:01	146	21 Broomfield, Co
Frantz Joseph	00:20:59	00:02:16	01:30:18	00:01:20	00:23:09	02:18:02	147	22 Aurora, Co
Chris Jeffress	00:23:41	00:03:17	01:24:00	00:02:12	00:25:53	02:19:03	151	23 Superior, Co
Christopher Artzer	00:22:48	00:02:34	01:30:06	00:01:33	00:22:45	02:19:46	153	24 Littleton, Co
Miller Schuck	00:22:10	00:02:50	01:31:37	00:02:22	00:22:09	02:21:08	163	25 Nederland, Co
Salvador Malo	00:24:44	00:01:34	01:27:55	00:01:48	00:26:28	02:22:29	170	26 Callexico, Ca
James Douglas	00:22:13	00:01:52	01:33:56	00:02:06	00:22:54	02:23:01	175	27 Boulder, Co
Paul Stratton	00:22:55	00:02:21	01:32:08	00:00:58	00:25:04	02:23:26	179	28 Denver, Co
Francisco Aguirre	00:21:48	00:01:31	01:33:48	00:02:00	00:26:16	02:25:23	189	29 San Diego, Ca
Daniel Teuton	00:24:02	00:03:19	01:30:42	00:02:04	00:25:32	02:25:39	191	30 Lafayette, Co
Chris Smith	00:21:27	00:05:08	01:33:24	00:04:25	00:21:25	02:25:49	192	31 Boulder, Co
David Berra	00:23:39	00:01:14	01:31:59	00:01:08	00:29:06	02:27:06	194	32 Parker, Co
Solomon Muwanga	00:23:59	00:01:36	01:37:18	00:01:10	00:25:09	02:29:12	202	33 Denver, Co
Doug Smith	00:26:42	00:02:53	01:39:47	00:02:06	00:28:43	02:40:11	227	34 Denver, Co
Bill Vanleeuwen	00:24:35	00:03:30	01:44:22	00:01:15	00:28:11	02:41:53	231	35 Lyons, Co
Harry Pallick	00:29:12	00:02:40	01:59:45	00:03:12	00:37:48	03:12:37	258	36 Boulder, Co
Darrin Eisman	00:16:43	00:00:55						Boulder, Co

M35-39
YRS

Wheeler Terry	00:18:57	00:01:41	01:07:48	00:00:51	00:19:15	01:48:32	13	1 Littleton, Co
Robert Odonnell	00:17:32	00:01:11	01:12:03	00:00:44	00:18:24	01:49:54	16	2 Boulder, Co
Mike Roberts	00:18:05	00:01:02	01:12:51	00:00:51	00:19:05	01:51:54	21	3 Boulder, Co
Scott Bainbridge	00:17:50	00:01:05	01:14:31	00:00:46	00:18:21	01:52:33	25	4 Englewood, Co
John Riley	00:18:34	00:01:40	01:16:15	00:01:54	00:18:01	01:56:24	44	5 Boulder, Co
David Fultz	00:18:41	00:01:51	01:16:56	00:00:56	00:18:06	01:56:30	45	6 Middletown, Oh
Alan Youngblood	00:20:18	00:01:59	01:11:12	00:01:32	00:21:58	01:56:59	46	7 Boulder, Co
Dave Cech	00:21:50	00:01:55	01:11:04	00:00:48	00:21:57	01:57:34	50	8 Denver, Co
Eddie Metro	00:19:26	00:01:55	01:15:41	00:01:50	00:20:48	01:59:40	56	9 Ft. Collins, Co
Jeffrey Nowacki	00:19:53	00:01:31	01:17:14	00:01:52	00:20:14	02:00:44	62	10 Broomfield, Co
Brian Donohue	00:21:31	00:01:22	01:15:41	00:00:44	00:21:30	02:00:48	63	11 Broomfield, Co
Franklin Henry	00:22:56	00:01:36	01:14:46	00:01:57	00:24:41	02:05:56	79	12 Boulder, Co
John Foley	00:21:20	00:01:58	01:20:37	00:00:59	00:22:39	02:07:33	91	13 Littleton, Co
George Myler	00:21:22	00:01:20	01:23:04	00:00:38	00:21:34	02:07:58	94	14 Longmont, Co
James Van Epps	00:22:31	00:02:14	01:17:12	00:01:51	00:24:38	02:08:26	99	15 Summit, Nj
Larry Owings	00:20:35	00:01:32	01:25:16	00:00:31	00:21:01	02:10:55	109	16 Brighton, Co
Larry Dirks	00:22:08	00:01:27	01:23:05	00:00:44	00:23:58	02:11:22	111	17 Denver, Co

H. Lee Carman	00:22:22	00:02:28	01:24:08	00:01:11	00:23:46	02:13:55	121	18 Castle Rock,
Eric Rinard	00:22:29	00:02:10	01:22:33	00:01:16	00:26:53	02:15:21	129	19 Boulder, Co
Tom Kinder	00:21:16	00:01:25	01:29:40	00:01:06	00:22:11	02:15:38	130	20 Boulder, Co
Mark Herrbst	00:21:56	00:02:06	01:27:24	00:01:49	00:22:41	02:15:56	134	21 Longmont, Co
Craig Arnold	00:20:56	00:01:24	01:32:43	00:01:00	00:20:19	02:16:22	138	22 Denver, Co
Tom Stine	00:22:43	00:01:57	01:26:50	00:01:25	00:23:28	02:16:23	139	23 Ft. Collins, Co
Charlie Ealy	00:22:43	00:01:37	01:27:22	00:01:26	00:24:40	02:17:48	143	24 Erie, Co
Joel Fitzgerald	00:24:10	00:02:15	01:25:16	00:01:18	00:26:57	02:19:56	156	25 Albuquerque,Nm
Robert Chambliss	00:24:19	00:02:27	01:26:43	00:01:24	00:25:23	02:20:16	158	26 Lakewood, Co
Jonathon Miller	00:24:30	00:02:22	01:25:27	00:03:31	00:25:15	02:21:05	162	27 Berthoud, Co
Billy Corbett	00:24:40	00:02:52	01:29:24	00:01:51	00:23:27	02:22:14	169	28 Aurora, Co
Tom Gibbons	00:22:25	00:04:08	01:33:19	00:01:23	00:24:45	02:26:00	193	29 Littleton, Co
Marc Kerman	00:25:53	00:03:36	01:26:36	00:03:09	00:27:57	02:27:11	195	30 Englewood, Co
Doug S Smith	00:25:07	00:01:31	01:33:53	00:00:54	00:26:06	02:27:31	198	31 Denver, Co
Ken Leiden	00:22:58	00:03:38	01:37:00	00:03:20	00:25:51	02:32:47	211	32 Boulder, Co
Mike Archuleta	00:24:25	00:02:53	01:38:57	00:01:29	00:26:50	02:34:34	213	33 Pueblo, Co
Gary Morgan	00:20:10	00:01:55	01:51:52	00:12:23	00:22:29	02:50:49	247	34 Clarkston, Mi
Mike Edwards	00:17:26	00:01:02	01:07:47	00:00:49				Castle Rock,Co
M40-44								
YRS								
Geoff Cooper	00:17:27	00:01:20	01:10:30	00:00:55	00:17:17	01:47:29	12	1 Boulder, Co
Ken Wilson	00:16:24	00:01:38	01:12:49	00:01:05	00:17:53	01:49:49	15	2 Albuquerque,Nm
Thaddeus Noll	00:17:50	00:01:18	01:12:50	00:01:01	00:17:20	01:50:19	17	3 Breckenridge,Co
Ernie Port	00:18:11	00:01:47	01:12:33	00:00:53	00:18:53	01:52:17	23	4 Boulder, Co
Lars Waldner	00:18:55	00:01:37	01:11:14	00:01:30	00:20:09	01:53:25	29	5 Boulder, Co
David Berge	00:18:48	00:01:31	01:13:27	00:01:06	00:19:13	01:54:05	35	6 ColoradoSprings, Co
Rudy Bellinger	00:18:27	00:01:55	01:14:10	00:01:06	00:18:58	01:54:36	37	7 Westminster,C
Mike Mcqueeney	00:19:44	00:01:32	01:10:47	00:01:00	00:22:16	01:55:19	40	8 Boulder, Co
Tom Dinicola	00:20:48	00:03:04	01:13:24	00:01:57	00:20:52	02:00:05	59	9 Littleton, Co
David Koch	00:19:06	00:01:32	01:19:17	00:00:40	00:20:06	02:00:41	61	10 Richfield, Oh
Steve Sirockin	00:19:50	00:01:34	01:17:33	00:00:48	00:21:15	02:01:00	65	11 Boulder, Co
Pete Zellner	00:20:19	00:01:42	01:20:05	00:00:37	00:19:27	02:02:10	70	12 Douglas, Wy
Jeffrey Kline	00:20:40	00:01:26	01:23:47	00:00:53	00:21:03	02:07:49	93	13 Boulder, Co
Michael Mcevoy	00:20:59	00:01:55	01:21:47	00:01:11	00:23:05	02:08:57	100	14 Topeka, Ks
Tim Van Epps	00:23:36	00:02:03	01:18:00	00:01:23	00:24:51	02:09:53	105	15 Naperville, Il
Jan Stahl	00:23:03	00:02:39	01:17:57	00:01:32	00:26:04	02:11:15	110	16 Boulder, Co
Jim Vanatta	00:20:37	00:02:11	01:24:02	00:04:29	00:22:02	02:13:21	117	17 Boulder, Co
Dan Mroz	00:21:23	00:02:13	01:24:03	00:03:16	00:22:53	02:13:48	119	18 Kansas City, Mo
Bill Banowsky	00:22:26	00:01:43	01:25:08	00:01:12	00:25:29	02:15:58	135	19 Littleton, Co
Thomas Revitte	00:22:17	00:04:12	01:26:48	00:02:08	00:21:14	02:16:39	140	20 Boulder, Co
Bruno Harris-Quanquin	00:22:19	00:02:56	01:22:43	00:02:09	00:27:02	02:17:09	142	21 Evergreen, Co
Michael Peters	00:23:54	00:02:08	01:29:01	00:01:06	00:24:39	02:20:48	160	22 Longmont, Co
Elliott Rothchild	00:22:48	00:03:34	01:29:48	00:02:22	00:22:53	02:21:25	166	23 Longmont, Co
Robert Hurlow	00:25:58	00:03:41	01:22:04	00:03:10	00:29:31	02:24:24	185	24 Boulder, Co
Mike Allee	00:25:56	00:02:28	01:34:55	00:03:49	00:28:01	02:35:09	214	25 Boulder, Co
Brad Osborn	00:28:20	00:03:34	01:38:13	00:01:57	00:30:20	02:42:24	235	26 Aspen, Co
Peter Barry	00:30:24	00:01:39	01:43:25	00:01:11	00:30:10	02:46:49	239	27 Boulder, Co
Charles Potter	00:24:28	00:01:50	01:49:45	00:00:48	00:28:03	02:46:54	240	28 Aurora, Co
David Clarkson	00:31:41	00:05:55	01:39:14	00:02:42	00:40:12	02:59:44	252	29 Austin, Tx
M45-49								
YRS								
Lubos Pochman	00:19:19	00:01:08	01:10:12	00:00:38	00:20:02	01:51:19	19	1 Breckenridge,Co
Michael Friess	00:19:56	00:01:02	01:15:17	00:00:26	00:20:21	01:57:02	47	2 Boulder, Co
Stuart Boyce	00:18:37	00:01:48	01:17:51	00:01:14	00:20:08	01:59:38	55	3 Boulder, Co
Ron Beetham	00:20:36	00:01:23	01:21:00	00:01:27	00:21:19	02:05:45	76	4 Boulder, Co
Joe Zamudio	00:21:46	00:02:18	01:18:15	00:01:26	00:23:47	02:07:32	90	5 Boulder, Co
Tyler Forman	00:27:34	00:06:37	01:38:05	00:03:39	00:32:16	02:48:11	243	6 Boulder, Co
Joe Nolan	00:28:34	00:03:26	01:47:25	00:04:11	00:27:05	02:50:41	246	7 Weatherford,Ok
M50-54								
YRS								
Dennis Kaiser	00:23:22	00:01:17	01:17:38	00:00:33	00:23:54	02:06:44	82	1 Dillon, Co
William Putnam	00:22:46	00:01:51	01:22:42	00:00:56	00:23:16	02:11:31	112	2 Littleton, Co
Tomas Duran	00:24:35	00:02:38	01:22:46	00:01:25	00:23:17	02:14:41	126	3 Pueblo, Co
Edward Hetkowski	00:26:20	00:01:36	01:27:25	00:00:39	00:23:52	02:19:52	154	4 Boulder, Co
Wayne Bruckner	00:23:46	00:02:05	01:32:20	00:01:01	00:24:49	02:24:01	182	5 Shawano, Wi
Philip Justus	00:26:08	00:02:27	01:28:22	00:01:46	00:26:33	02:25:16	187	6 Golden, Co
Russ Kelchner	00:24:47	00:01:52	01:40:19	00:01:33	00:22:53	02:31:24	209	7 Denver, Co
Robert McBride	00:24:52	00:03:26	01:34:04	00:02:03	00:27:21	02:31:46	210	8 Woodland Park,Co
M55-59								
YRS								
Martin O'Brien	00:24:29	00:02:16	01:21:36	00:01:27	00:24:37	02:14:25	124	1 Littleton, Co

Paul Fee	00:24:17	00:02:16	01:26:23	00:01:03	00:24:02	02:18:01	145	2	Snowmass Village, Co
Liam Ryan	00:20:17	00:01:11	01:36:45	00:00:30	00:21:13	02:19:56	155	3	Westminster, Co
M60-64 YRS									
Sid Vinall	00:27:03	00:02:46	01:44:03	00:01:02	00:28:58	02:43:52	236	1	Louisville, Co
M65-69 YRS									
Don Hayes	00:28:30	00:06:57	01:39:02	00:04:49	00:29:44	02:49:02	245	1	Boulder, Co
CLYDES									
Brad Thomas	00:20:23	00:01:13	01:12:51	00:00:54	00:22:11	01:57:32	49	1	Lafayette, Co
Dan Houck	00:21:54	00:01:58	01:24:45	00:01:15	00:23:04	02:12:56	114	2	Superior, Co
Tony Dellavecchia	00:20:57	00:02:07	01:27:18	00:02:30	00:22:17	02:15:09	127	3	Plantsville, Ct
Michael Couture	00:24:47	00:02:02	01:28:44	00:01:13	00:26:12	02:22:58	174	4	Denver, Co
Richard Krauze	00:25:23	00:01:16	01:38:47	00:01:17	00:28:45	02:35:28	215	5	Denver, Co
Chad Johnson	00:25:46	00:02:06	01:48:03	00:03:42	00:29:16	02:48:53	244	6	Golden, Co
Stanley John	00:34:59	00:02:01	02:09:06	00:01:41	00:41:54	03:29:41	260	7	Denver, Co
Edgar Perea	00:25:50	00:02:27	02:07:05	00:01:53	01:11:54	03:49:09	261	8	San Diego, Ca
Rick Dutton	00:26:58	00:02:08							Littleton, Co
MALE PRO									
Richard Graemiger	00:17:09	00:00:40	01:06:05	00:00:38	00:17:44	01:42:16	5	1	Switzerland
MALE RELAY									
Team Dos Esposos Locos	00:22:08	00:00:46	01:07:44	00:00:52	00:21:36	01:53:06	27	1	Boulder, Co
Team Merrill Lynch	00:20:13	00:01:58	01:12:40	00:01:37	00:30:26	02:06:54	84	2	Boulder, Co
MAST RELAY									
Team Old School	00:18:17	00:00:52	01:18:25	00:00:31	00:17:43	01:55:48	41	1	Boulder, Co
COED RELAY									
Team Immuno-Dos	00:20:10	00:01:12	01:26:35	00:00:26	00:19:38	02:08:01	95	1	Denver, Co
Team Bucknell Alums	00:22:48	00:00:41	01:23:30	00:01:07	00:22:00	02:10:06	107	2	Boulder, Co
Team Daily Duo	00:30:35	00:01:17	01:25:19	00:00:36	00:30:27	02:28:14	200	3	Boulder, Co
Team Vroom-Vroom	01:22:36	00:01:07	01:13:11	00:00:25	00:36:06	03:13:25	259	4	Boulder, Co
FEMLE RELAY									
Team Irish	00:19:12	00:01:12	01:17:25	00:00:29	00:18:45	01:57:03	48	1	Boulder, Co
Team Sassy Sisters	00:19:20	00:00:44	01:26:04	00:00:59	00:18:49	02:05:56	78	2	Boulder, Co
Team Mabel And Lillian	00:25:05	00:01:17	01:22:28	00:00:25	00:25:01	02:14:16	123	3	Tucson, Az
Team Bossy Brunettes	00:22:56	00:00:49	01:30:46	00:01:03	00:22:50	02:18:24	149	4	Boulder, Co
Team The Dynamic Duo	00:23:31	00:01:14	01:33:34	00:00:32	00:23:08	02:21:59	167	5	Fort Collins, Co
Team Kanga And Roo	00:30:42	00:01:19	01:44:07	00:00:37	00:31:22	02:48:07	242	6	Monument, Co

TRIATHLON

FEMLE PRO

	SWIM	TRNS 1	BIKE	TRNS 2	RUN	TOTAL	OA	DIVPL	HOMETOWN
Jackie Gallagher	00:20:29	00:00:36	01:07:44	00:00:53	00:35:34	02:05:16	21	1	Mermaid Bch, Australia
Joana Zeiger	00:20:38	00:00:35	01:11:14	00:01:05	00:38:05	02:11:37	53	2	Baltimore, Md
Kerstin Weule	00:22:02	00:00:45	01:10:35	00:00:51	00:39:38	02:13:51	69	3	Evergreen, Co
Haruna Hosoya	00:20:55	00:00:30	01:12:28	00:00:47	00:39:29	02:14:09	73	4	Boulder, Co
Sharon Bohlender	00:22:00	00:00:38	01:10:46	00:00:57	00:41:00	02:15:21	83	5	Albuquerque, Nm
Kristin Armstrong	00:21:59	00:00:41	01:12:28	00:00:48	00:43:39	02:19:35	130	6	Colorado Spring, Co
Sue Latshaw	00:22:18	00:00:39	01:14:54	00:01:00	00:42:00	02:20:51	146	7	Boulder, Co
Shanelle Barrett	00:22:06	00:00:38	01:16:37	00:00:47	00:41:56	02:22:04	164	8	Nederland, Co

MALE PRO

Kevin Carter	00:20:01	00:00:26	01:02:42	00:00:44	00:35:03	01:58:56	2	1	Colorado Springs, Co
Cameron Widoff	00:20:15	00:00:33	01:04:43	00:00:37	00:33:30	01:59:38	3	2	Boulder, Co
Ken Glah	00:21:04	00:00:36	01:03:41	00:00:56	00:34:44	02:01:01	4	3	West Chester, Pa
Erik Burgan	00:20:15	00:00:34	01:02:45	00:00:54	00:37:14	02:01:42	6	4	La Costa, Ca
Cristian Bustos	00:21:34	00:00:33	01:04:32	00:00:52	00:34:31	02:02:02	7	5	Boulder, Co
Ric Rosenkranz	00:22:16	00:00:43	01:04:12	00:00:58	00:34:33	02:02:42	9	6	Mahattan, Ks
Courtney Ogden	00:19:46	00:00:27	01:06:37	00:00:51	00:36:21	02:04:02	11	7	West Ausatralia
Jim Carothers	00:22:20	00:00:40	03:50:24	00:00:57	00:37:13	02:04:42	14	8	Boulder, Co
Josh Nottle	00:20:17	00:00:32	01:07:55	00:00:45	00:36:21	02:05:50	22	9	Ft Collins, Co
Peter Valentyk	00:20:13	00:00:39	01:06:03	00:00:46	00:38:23	02:06:04	23	10	Boulder, Co
Brian Bozarth	00:19:15	00:00:25	01:05:47	00:00:44	00:41:12	02:07:23	29	11	Boulder, Co
Steve Senier	00:22:33	00:00:42	01:06:24	00:01:17	00:38:08	02:09:04	35	12	Denver, Co
Fernando Reeve	00:23:08	00:00:50	01:08:49	00:00:51	00:39:01	02:12:39	59	13	Boulder, Co
Christian Hesch	00:23:10	00:00:33	01:08:51	00:00:46	00:39:59	02:13:19	65	14	Morro Bay, Ca
Scott Tinley	00:22:35	00:00:29	01:11:01	00:01:06	00:38:10	02:13:21	66	15	Delmar, Ca
Desmond Waters	00:20:40	00:00:37	01:11:25	00:00:56	00:40:55	02:14:33	78	16	Boulder, Co

Brian King	00:21:49 00:00:33 01:11:1000:00:47 00:52:54 02:27:13	238	17 Sydney, Nsw
Bryan Rhodes	00:19:33 00:00:26		Taupo, New Zealand

F14-19
YRS

Courtney Bennigson	00:22:22 00:00:44 01:14:1500:00:55 00:39:39 02:17:55	109	1 Boston, Ma
Suzt(Y Mcculloch	00:23:31 00:00:42 01:18:0600:01:11 00:41:36 02:25:06	200	2Ellicott City, Md
Molly Nickerson	00:26:40 00:02:06 01:18:2200:01:18 00:45:30 02:33:56	347	3 Boulder, Co
Ellen Hall	00:33:25 00:01:42 01:15:5000:01:24 00:47:41 02:40:02	449	4 Granger, In
Sarah Hamilton	00:30:32 00:02:21 01:21:5800:02:44 00:49:13 02:46:48	552	5 Elizabeth, Co
Brandy Wade	00:34:46 00:02:10 01:30:2600:01:12 00:49:49 02:58:23	744	6 Boulder, Co
Melissa Hinman	00:28:22 00:02:03 01:26:3300:02:16 00:59:58 02:59:12	756	7 Parker, Co
Shannon Edson	00:35:02 00:01:56 01:31:0100:02:03 00:49:39 02:59:41	771	8 Boise, Id
Lindsay Melton	00:44:24 00:02:04 01:27:3500:01:21 00:47:14 03:02:38	807	9 Boulder, Co
Evadne Eatman	00:27:51 00:01:45 01:36:5700:01:56 00:55:31 03:04:00	823	10 Las Cruces, Nm
Kate Nicholas	00:27:51 00:02:28 01:38:1500:01:13 00:55:11 03:04:58	830	11 Longmont, Co
Margaret Knap	00:45:04 00:03:11 01:44:5000:03:23 00:55:36 03:32:04	1026	12 Chicago, Il
Caroline Ledbetter	00:34:09 00:06:23 02:21:0500:06:14 01:31:33 04:39:24	1086	13 Denver, Co

F20-24
YRS

Rory Geitner	00:22:31 00:01:19 01:17:0100:01:27 00:43:29 02:25:47	213	1 Littleton, Co
Gretchen Keisling	00:22:38 00:00:56 01:18:2600:01:14 00:46:11 02:29:25	269	2 Boulder, Co
Cameron Elmendorf	00:25:24 00:01:22 01:17:1000:01:21 00:46:00 02:31:17	302	3 Boulder, Co
Monica Caplan	00:22:02 00:00:58 01:19:2800:01:30 00:49:53 02:33:51	346	4 Boulder, Co
Sonia Sullivan	00:23:49 00:01:30 01:21:0100:01:00 00:46:58 02:34:18	354	5 Calgary, Ab
Eileen Castillo	00:25:45 00:00:57 01:21:4400:01:31 00:45:06 02:35:03	361	6 San Ramon, Ca
Michele Thomas	00:31:29 00:02:05 01:15:5000:01:27 00:46:30 02:37:21	402	7 Boulder, Co
Ami Kuisle	00:30:13 00:01:03 01:20:2100:02:07 00:44:30 02:38:14	414	8 Boulder, Co
Kristen Miller	00:22:25 00:01:14 01:20:4900:01:23 00:52:47 02:38:38	420	9 Santa Fe, Nm
Lisa Been	00:29:26 00:01:28 01:20:1800:01:55 00:49:08 02:42:15	477	10 Boulder, Co
Abbie Kalembe	00:27:15 00:01:36 01:23:0800:01:39 00:49:01 02:42:39	486	11 Ft. Collins, Co
Julie Stettler	00:27:37 00:01:27 01:22:0900:01:27 00:51:05 02:43:45	502	12 Boulder, Co
Aimee Hoogheem	00:29:04 00:03:03 01:19:4000:02:36 00:49:38 02:44:01	508	13 Golden, Co
Lea Stenerson	00:25:43 00:02:30 01:29:2600:01:53 00:52:24 02:51:56	633	14 Broomfield, Co
Debra Whitney	00:22:28 00:03:20 01:37:2300:01:45 00:47:45 02:52:41	641	15 Boulder, Co
Victoria Bantz	00:29:54 00:02:36 01:27:5200:03:49 00:50:50 02:55:01	687	16 Boulder, Co
Jennifer Kepler	00:24:42 00:02:06 01:28:0900:01:49 00:58:34 02:55:20	690	17 Lawrence, Ks
Teresa Wilson	00:31:06 00:01:45 01:27:1900:01:50 00:54:20 02:56:20	709	18 Boulder, Co
Jamie Gilmore	00:33:15 00:02:18 01:28:3600:01:12 00:51:16 02:56:37	715	19 Denver, Co
Shanna Armstrong	00:28:03 00:01:37 01:29:5400:02:32 00:55:20 02:57:26	731	20 Lubbock, Tx
Jennifer Baker	00:31:06 00:02:22 01:28:0600:01:49 00:54:34 02:57:57	739	21 Boulder, Co
Aimee Hartley	00:30:32 00:01:44 01:30:1300:01:57 00:55:31 02:59:57	775	22 Boulder, Co
Heather Dawn Edwards	00:45:34 00:01:53 01:20:1600:02:02 00:50:39 03:00:24	783	23 Denver, Co
Elize Wilson	00:40:33 00:01:05 01:22:4100:01:59 00:55:57 03:02:15	801	24 Kailua Kona, Hi
Emily Plampin	00:26:03 00:01:41 01:37:4800:01:01 01:00:08 03:06:41	845	25 Boulder, Co
Katherine Fout	00:26:19 00:01:01 01:49:0900:02:38 00:47:35 03:06:42	847	26 Lyons, Co
Jeanine Lee	00:29:33 00:01:48 01:55:5300:01:36 00:53:03 03:21:53	969	27 Boulder, Co
Jessica Garcia	00:36:24 00:02:05 01:43:5300:02:24 00:58:24 03:23:10	977	28 Denver, Co
Molly Haismaier	00:30:15 00:02:05 01:38:5300:02:03 01:12:54 03:26:10	999	29 Missoula, Mt
Michele Welch	00:46:57 00:03:22 01:42:2600:02:50 00:52:56 03:28:31	1008	30 Boulder, Co
Kerri Bieber	00:34:49 00:03:17 01:47:5900:02:37 01:04:55 03:33:37	1030	31 Denver, Co
Rena Thompson	00:52:34 00:03:20 01:40:2500:04:05 00:57:12 03:37:36	1041	32 Broomfield, Co
September Adler	00:40:44 00:03:52 01:54:0200:20:00 01:27:02 04:25:40	1083	33 Greeley, Co
Kim Wierenga	00:34:23 02:16:11		Denver, Co
Erin Mcfadden	00:25:28 00:02:24 01:28:1000:02:07		Lakewood, Co

F25-29
YRS

Carolanne Turtle	00:20:53 00:01:05 01:12:2100:00:55 00:41:24 02:16:38	100	1 Littleton, Co
Erica Jones	00:22:39 00:01:03 01:11:3500:00:50 00:40:45 02:16:52	102	2 Phoenix, Az
Michelle Deasy	00:21:38 00:01:18 01:11:5800:00:57 00:42:09 02:18:00	111	3 San Francisco, Ca
Kirsten Anderson	00:21:47 00:01:05 01:13:0000:00:55 00:44:10 02:20:57	148	4 Boulder, Co
Stacy Leavitt	00:23:29 00:01:13 01:10:0900:00:53 00:45:54 02:21:38	156	5 Calgary, Ab
Heather Bretz	00:26:43 00:01:20 01:10:3600:01:04 00:42:18 02:22:01	162	6 Denver, Co
Susanne Achenhagen	00:24:29 00:01:23 01:15:0100:00:50 00:43:34 02:25:17	204	7 Boulder, Co
Charlotte Woodcock	00:25:23 00:01:00 01:15:4700:00:49 00:42:28 02:25:27	208	8 Boulder, Co
Kaj Gronholm	00:18:34 00:02:58 01:14:0400:02:03 00:47:52 02:25:31	210	9 Boulder, Co
Courtney Mather	00:24:04 00:01:26 01:12:2100:01:47 00:45:28 02:27:06	233	10 Edwards, Co
Kelly Rees	00:24:27 00:01:10 01:15:3800:00:41 00:45:16 02:27:12	237	11 Carlsbad, Ca
Jennifer Schoenberg	00:26:39 00:02:01 01:16:2100:01:29 00:42:20 02:28:50	260	12 Albuquerque, Nm
Kerry Barnholt	00:27:20 00:02:06 01:12:0800:01:15 00:46:47 02:29:36	271	13 Boulder, Co

Monika Bunting	00:20:54	00:01:43	01:19:31	00:01:08	00:49:16	02:32:32	322	14 Boulder, Co
Wendy Mader	00:21:46	00:01:35	01:18:09	00:01:20	00:50:17	02:33:07	330	15 Ft. Collins, Co
Jennifer Lee	00:26:13	00:01:15	01:18:41	00:00:54	00:47:52	02:34:55	357	16 Boulder, Co
Jennifer Sullivan	00:22:43	00:01:23	01:21:08	00:01:07	00:49:39	02:36:00	376	17 Boulder, Co
Laurie Mizener-Edwards	00:26:49	00:02:27	01:24:32	00:01:20	00:41:00	02:36:08	380	18 Boulder, Co
Christine Calabrese	00:28:29	00:01:18	01:20:33	00:00:59	00:44:52	02:36:11	384	19 Chamblee, Ga
Colleen Cooke	00:29:36	00:01:35	01:20:54	00:00:56	00:45:45	02:38:46	424	20 Ft. Collins, Co
Shannon Mulder	00:24:39	00:02:28	01:15:35	00:01:56	00:54:11	02:38:49	426	21 Salt Lake City, Ut
Julia Schultz	00:23:20	00:02:13	01:22:49	00:01:51	00:48:43	02:38:56	430	22 Boulder, Co
Frances Johnson	00:29:07	00:02:16	01:22:29	00:01:27	00:44:09	02:39:28	437	23 Littleton, Co
Michelle Thayer	00:36:08	00:01:47	01:16:16	00:01:27	00:46:08	02:41:46	469	24 Littleton, Co
Rebecca Imgrund	00:27:26	00:01:39	01:25:02	00:01:27	00:46:25	02:41:59	472	25 Denver, Co
Rachel Van Pelt	00:28:14	00:01:33	01:21:31	00:03:09	00:48:15	02:42:42	488	26 St. Louis, Mo
Amy Tuttle	00:29:40	00:01:46	01:22:12	00:01:38	00:48:40	02:43:56	507	27 Steamboat Sprgs, Co
Angelina Salerno	00:34:38	00:01:45	01:22:50	00:01:31	00:43:35	02:44:19	516	28 Chicago, Il
Karen Thorpe	00:30:11	00:02:45	01:21:00	00:01:40	00:48:47	02:44:23	517	29 Santa Fe, Nm
Michele Jensen	00:28:05	00:01:41	01:22:25	00:01:49	00:46:48	02:44:48	522	30 Littleton, Co
Kim Dolloff	00:27:22	00:02:11	01:21:28	00:02:08	00:51:51	02:45:00	525	31 Arvada, Co
Rachel Mcelwain	00:29:42	00:00:54	01:24:06	00:02:01	00:48:52	02:45:35	532	32 Avon, Co
Cheyenne Mccann	00:29:34	00:01:58	01:27:42	00:01:06	00:46:04	02:46:24	545	33 Englewood, Co
Ann Root	00:29:29	00:02:02	01:25:40	00:01:36	00:48:42	02:47:29	563	34 Boulder, Co
Chally Wiener	00:31:45	00:03:25	01:22:36	00:01:40	00:48:45	02:48:11	572	35 Boulder, Co
Susanne Lauger	00:27:34	00:02:17	01:22:05	00:01:28	00:55:32	02:48:56	582	36 Englewood, Co
Sheena Logothetti	00:28:36	00:01:47	01:23:08	00:01:33	00:54:27	02:49:31	595	37 Boulder, Co
Adrienne Gret	00:31:29	00:02:21	01:21:56	00:01:17	00:52:35	02:49:38	596	38 Boulder, Co
Hope Walsweer	00:28:09	00:03:04	01:26:04	00:02:41	00:49:54	02:49:52	605	39 Boulder, Co
Lauren Railey	00:24:17	00:02:53	01:29:57	00:01:58	00:52:14	02:51:19	624	40 San Francisco, Ca
Ann Bentz	00:23:25	00:01:37	01:26:53	00:01:56	00:59:06	02:52:57	647	41 Broomfield, Co
Rita Smith	00:32:41	00:02:40	01:25:02	00:01:40	00:51:16	02:53:19	656	42 Longmont, Co
Andie Pape	00:29:46	00:03:42	01:25:28	00:03:12	00:51:29	02:53:37	660	43 Boulder, Co
Paige Coker	00:27:13	00:03:23	01:28:30	00:01:53	00:52:38	02:53:37	659	44 Boulder, Co
Elizabeth Gold	00:37:35	00:02:36	01:20:32	00:01:38	00:52:53	02:55:14	688	45 Boulder, Co
Delia Blagaila	00:34:34	00:01:53	01:24:45	00:01:28	00:52:42	02:55:22	691	46 Santa Barbara, Ca
Alexandra Theriault	00:36:30	00:01:42	01:29:03	00:01:17	00:47:20	02:55:52	696	47 Denver, Co
Patricia Murray	00:29:56	00:02:17	01:29:21	00:01:14	00:53:48	02:56:36	714	48 Denver, Co
Annmarie Bailey	00:31:08	00:03:52	01:26:58	00:02:28	00:53:36	02:58:02	740	49 Ft. Collins, Co
Cathy Holland	00:32:36	00:03:08	01:30:40	00:00:46	00:51:35	02:58:45	749	50 Denver, Co
Whitney Rapp	00:29:09	00:03:49	01:32:17	00:02:22	00:52:54	03:00:31	784	51 Boulder, Co
Allison Fries	00:30:27	00:01:48	01:28:57	00:01:44	00:58:16	03:01:12	789	52 Denver, Co
Carrie Morrill	00:31:29	00:02:01	01:34:34	00:00:50	00:52:29	03:01:23	791	53 Boulder, Co
Holly Terry	00:32:26	00:04:15	01:32:21	00:02:49	00:49:37	03:01:28	794	54 Boulder, Co
Andrea Dubay	00:33:30	00:02:14	01:26:43	00:01:42	00:57:23	03:01:32	795	55 Boulder, Co
Kristin Oliver	00:33:38	00:04:05	01:30:23	00:02:26	00:53:02	03:03:34	818	56 Boulder, Co
Carol Goble	00:36:57	00:02:47	01:30:48	00:01:50	00:52:47	03:05:09	833	57 Boulder, Co
Annefrans Van Vliet	00:36:37	00:02:51	01:31:43	00:01:55	00:52:23	03:05:29	837	58 Superior, Co
Stephanie Rehbein	00:41:53	00:02:13	01:33:38	00:01:51	00:47:27	03:07:02	851	59 Boulder, Co
Jean Jordan	00:34:18	00:01:32	01:31:29	00:01:47	01:02:08	03:11:14	888	60 Minneapolis, Mn
Misti Gossett	00:38:05	00:04:00	01:35:52	00:01:12	00:53:02	03:12:11	891	61 Louisville, Co
Pam Uihlein	00:40:57	00:03:00	01:30:25	00:03:23	00:55:52	03:13:37	899	62 Boulder, Co
Kristal Tucker	00:48:18	00:01:31	01:26:51	00:01:15	00:56:32	03:14:27	905	63 Lafayette, Co
Fuller Kelsey	00:38:55	00:03:48	01:35:30	00:04:43	00:51:43	03:14:39	907	64 Denver, Co
Kerry Bonge	00:29:15	00:03:43	01:32:53	00:03:02	01:06:30	03:15:23	913	65 Boulder, Co
Anna Lull	00:26:23	00:04:38	01:39:14	00:03:08	01:02:34	03:15:57	917	66 Boulder, Co
Heather Brummel	00:36:34	00:02:32	01:34:34	00:01:56	01:02:03	03:17:39	934	67 Boulder, Co
Liann Handel	00:33:18	00:04:27	01:38:15	00:02:53	00:59:11	03:18:04	940	68 Denver, Co
Michelle Wilson	00:33:26	00:03:52	01:41:16	00:02:23	00:57:08	03:18:05	941	69 Boulder, Co
Christine Todd	00:31:52	00:04:54	01:40:26	00:02:14	00:58:43	03:18:09	942	70 Boulder, Co
Pam Mulzer	00:35:50	00:04:04	01:38:33	00:03:06	00:56:40	03:18:13	943	71 Tucson, Az
Catherine Chatfield	00:37:40	00:03:51	01:35:22	00:02:50	00:58:55	03:18:38	945	72 Denver, Co
Jylene Macquarrie	00:36:36	00:05:00	01:31:42	00:02:51	01:05:32	03:21:41	966	73 Boulder, Co
Jessica Anderson	00:33:32	00:06:31	01:37:37	00:03:41	01:00:28	03:21:49	967	75 Boulder, Co
Gretchen Stollar	00:33:28	00:03:09	01:41:04	00:02:30	01:01:38	03:21:49	968	74 Boulder, Co
Beth Henrich	00:29:44	00:03:54	01:44:26	00:01:43	01:04:02	03:23:49	982	76 Niwot, Co
Sharon Mcelhone	00:39:13	00:04:50	01:38:57	00:03:35	00:58:17	03:24:52	988	77 Breckenridge, Co
Emily Smith	00:37:44	00:03:27	01:38:39	00:02:08	01:02:55	03:24:53	989	78 Golden, Co
Christina Brady	00:33:30	00:04:13	01:37:26	00:02:47	01:07:17	03:25:13	992	79 Louisville, Co
Heidi Knouse	00:35:40	00:03:03	01:53:16	00:03:41	00:51:32	03:27:12	1003	80 Denver, Co
Natasha Stuckey	00:41:40	00:03:03	01:40:05	00:01:44	01:00:53	03:27:25	1004	81 Boulder, Co
Julia Degroff	00:33:26	00:06:19	01:52:32	00:04:22	00:52:21	03:29:00	1010	82 Boulder, Co
Elaine Kaido	00:33:48	00:02:51	01:54:13	00:01:41	00:56:35	03:29:08	1011	83 Golden, Co
Heidi Bills	00:40:01	00:03:33	01:40:40	00:03:46	01:01:50	03:29:50	1014	84 Laramie, WY

Jennifer Enmon	00:35:49	00:03:10	01:39:08	00:02:21	01:09:52	03:30:20	1020	85 Boulder, Co
Teresa Westhoven	00:38:32	00:03:51	01:40:55	00:02:51	01:07:40	03:33:49	1031	86 Denver, Co
Carolyn Kraus	00:35:39	00:05:44	01:51:44	00:02:34	00:58:57	03:34:38	1034	87 Denver, Co
Stacie Root	00:44:05	00:07:51	01:38:05	00:04:32	01:00:45	03:35:18	1036	88 Denver, Co
Rebecca Ballard	00:36:35	00:03:34	01:47:00	00:02:59	01:08:26	03:38:34	1042	89 Boulder, Co
Amy Macdonald	00:46:38	00:03:36	01:50:08	00:04:11	00:58:53	03:43:26	1049	90 Northglenn, Co
April Busby	00:53:25	00:03:13	01:42:06	00:02:10	01:04:25	03:45:19	1054	91 Lafayette, Co
Sevrin Huff	00:39:35	00:04:58	01:48:30	00:02:44	01:11:26	03:47:13	1056	92 Denver, Co
Leslie Riley	00:44:06	00:03:27	01:54:33	00:02:51	01:04:12	03:49:09	1059	93 Denver, Co
Meg Lynch	00:43:12	00:05:48	01:48:54	00:01:57	01:10:31	03:50:22	1060	94 Boulder, Co
Laurie Renner	00:54:03	00:02:45	02:06:42	00:01:01	00:57:49	04:02:20	1071	95 Colorado Springs, Co
B Brooke Mann	00:36:49	00:08:14	02:05:21	00:02:41	01:12:56	04:06:01	1076	96 Boulder, Co
Mary Mccarty	00:18:34	00:01:29	01:21:49	00:01:02				Boulder, Co

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YRS

Stacie Brennise	00:23:08	00:01:56	01:10:40	00:00:59	00:41:07	02:17:50	107	1 Scottsdale, Az
Misty Allen	00:27:34	00:01:50	01:14:44	00:01:14	00:40:07	02:25:29	209	2 Boulder, Co
Shelly Horgensen-Howe	00:23:26	00:01:53	01:17:13	00:01:12	00:43:14	02:26:58	230	3 Salt Lake City, Ut
Kristine Leader	00:27:38	00:02:02	01:12:47	00:02:02	00:42:32	02:27:01	232	4 Longmont, Co
Serena Warner	00:26:10	00:01:14	01:14:12	00:00:56	00:44:49	02:27:21	244	5 Provo, Ut
Misaki Hosoya	00:24:24	00:01:41	01:19:23	00:01:10	00:45:22	02:32:00	314	6 Boulder, Co
Cathy Sheridan	00:21:49	00:01:43	01:20:46	00:01:25	00:46:40	02:32:23	319	7 Broomfield, Co
Cindi Lehman	00:26:00	00:01:37	01:15:01	00:01:36	00:48:18	02:32:32	321	8 Boulder, Co
Kim Thacker	00:30:09	00:02:47	01:14:19	00:01:23	00:44:03	02:32:41	325	9 Boulder, Co
Kathleen D'Angelo	00:24:32	00:01:20	01:15:55	00:01:12	00:50:40	02:33:39	339	10 Boulder, Co
Walters Terri	00:22:58	00:01:23	01:22:05	00:01:16	00:46:01	02:33:43	341	11 Colorado Springs, Co
Bettina Younge	00:31:10	00:01:09	01:15:00	00:01:20	00:45:21	02:34:00	350	12 Boulder, Co
Lianne Paster	00:24:13	00:02:12	01:17:55	00:01:46	00:48:11	02:34:17	353	13 Englewood, Co
Susan Schima	00:29:20	00:01:42	01:16:09	00:01:46	00:46:35	02:35:32	368	14 Boulder, Co
Christine Knight	00:31:31	00:01:40	01:18:09	00:01:46	00:43:19	02:36:25	386	15 Boise, Id
Tracy Heiman	00:25:52	00:01:54	01:19:34	00:01:08	00:48:41	02:37:09	398	16 Boulder, Co
Ingrid Millhauser	00:27:32	00:01:50	01:17:28	00:01:16	00:49:17	02:37:23	404	17 Colorado Springs, Co
Lesia Hlady	00:34:05	00:02:36	01:18:38	00:01:49	00:40:55	02:38:03	412	18 Boulder, Co
Steph Popelar	00:35:03	00:01:49	01:17:26	00:01:00	00:44:06	02:39:24	436	19 Lakewood, Co
Melissa Pena	00:27:44	00:01:35	01:21:27	00:01:06	00:47:43	02:39:35	439	20 Ft. collins, Co
Kristen Peterson	00:24:31	00:01:35	01:28:02	00:01:02	00:45:29	02:40:39	459	21 Boulder, Co
Kelley Holicky	00:25:37	00:01:38	01:16:39	00:01:30	00:55:53	02:41:17	463	22 Boulder, Co
Traci Case	00:27:20	00:01:49	01:23:08	00:01:17	00:49:15	02:42:49	489	23 Golden, Co
Pam Buderus	00:25:26	00:01:47	01:23:05	00:02:20	00:50:28	02:43:06	493	24 Louisville, Co
Robin Siebold	00:30:18	00:01:59	01:21:11	00:01:19	00:49:18	02:44:05	510	25 Denver, Co
Lorna Donnelly	00:29:57	00:01:49	01:26:09	00:01:36	00:44:48	02:44:19	515	26 Denver, Co
Kathryn Smith	00:29:44	00:02:11	01:23:22	00:01:42	00:47:39	02:44:38	520	27 Park City, Ut
Jeneale Hood	00:30:54	00:01:56	01:23:08	00:01:25	00:49:07	02:46:30	546	28 Shawnee Mission, Ks
Wendy Smith	00:32:54	00:01:57	01:23:07	00:01:32	00:47:46	02:47:16	561	29 Boulder, Co
Joanna Wolsfeld	00:31:30	00:01:55	01:24:35	00:01:07	00:48:23	02:47:30	564	30 Denver, Co
Peggy Kaufman	00:24:58	00:02:31	01:25:37	00:01:02	00:55:33	02:49:41	598	31 Boulder, Co
Beth Spiegel	00:27:17	00:01:45	01:23:54	00:02:50	00:54:02	02:49:48	602	32 Boulder, Co
Wendy Rein	00:34:22	00:03:50	01:20:52	00:01:35	00:51:28	02:52:07	636	33 Boulder, Co
Shelley Tilton	00:30:54	00:01:56	01:27:28	00:01:28	00:51:02	02:52:48	643	34 Boulder, Co
Carla Davis	00:31:07	00:01:53	01:27:11	00:01:12	00:51:35	02:52:58	648	35 Boulder, Co
Lorrie Murnock	00:31:16	00:02:08	01:23:17	00:02:28	00:53:50	02:52:59	651	36 Colorado Springs, Co
Glynn Ross	00:31:05	00:02:36	01:21:30	00:01:22	00:56:30	02:53:03	653	37 Englewood, Co
Nifer Weller	00:30:57	00:02:20	01:23:17	00:01:36	00:55:16	02:53:26	657	38 Lafayette, Co
Charlotte Olde	00:30:49	00:03:52	01:30:42	00:01:08	00:48:15	02:54:46	683	39 Denver, Co
Caroline Rivers	00:34:25	00:02:52	01:19:46	00:02:07	00:57:07	02:56:17	707	40 Denver, Co
Heather Miller	00:35:09	00:01:56	01:24:24	00:01:15	00:53:40	02:56:24	712	41 Greeley, Co
Liz Adams	00:27:54	00:02:31	01:30:23	00:02:21	00:53:49	02:56:58	718	42 Denver, Co
Lisa Floyd	00:32:27	00:02:12	01:32:29	00:01:09	00:49:04	02:57:21	728	43 Boulder, Co
Melissa Shanahan	00:32:42	00:03:20	01:24:42	00:01:43	00:56:03	02:58:30	746	44 Boulder, Co
Amie Guilford	00:32:39	00:04:00	01:27:49	00:02:24	00:51:54	02:58:46	751	45 Longmont, Co
Laura Sotelo	00:33:57	00:02:13	01:27:29	00:01:15	00:55:29	03:00:23	782	46 Lakewood, Co
Laura Sperry	00:35:04	00:02:32	01:30:47	00:03:01	00:51:52	03:03:16	813	47 Denver, Co
Nicole Backes	00:32:11	00:02:42	01:35:08	00:02:32	00:53:55	03:06:28	843	48 Aurora, Co
Claudia Lastella	00:36:16	00:03:48	01:27:13	00:02:22	01:00:37	03:10:16	881	49 Boulder, Co
Brandy Chaddick	00:33:54	00:02:00	01:30:50	00:01:36	01:06:07	03:14:27	904	50 Boulder, Co
Karen Murray	00:39:47	00:04:13	01:35:13	00:02:54	00:52:30	03:14:37	906	51 Boulder, Co
Brenda Burnell	00:36:26	00:02:13	01:31:05	00:01:56	01:03:17	03:14:57	908	52 Longmont, Co
Gayle Bereskin	00:39:00	00:03:41	01:37:21	00:01:38	00:53:20	03:15:00	909	53 Denver, Co
Patti Meeks	00:29:46	00:03:45	01:34:19	00:02:06	01:05:05	03:15:01	910	54 Lakewood, Co
Elayne Fletcher	00:39:01	00:04:03	01:33:32	00:02:02	00:57:44	03:16:22	919	55 Boulder, Co
Ann Togasaki	00:50:03	00:02:13	01:27:11	00:01:56	00:56:18	03:17:41	935	56 Boulder, Co

Sandy Johnson	00:40:43	00:03:20	01:38:32	00:03:07	00:55:03	03:20:45	958	57 Denver, Co
Pamela Keefe	00:48:00	00:03:30	01:36:18	00:02:15	00:51:33	03:21:36	965	58 Arvada, Co
Sharon Vinick	00:38:11	00:04:18	01:42:26	00:02:19	00:54:55	03:22:09	972	59 Lafayette, Co
Mary Darden	00:40:31	00:04:35	01:37:57	00:02:37	00:57:37	03:23:17	978	60 Lafayette, Co
Leigh Waller	00:28:55	00:04:08	01:44:27	00:02:06	01:04:16	03:23:52	983	61 Denver, Co
Raquel Hinman	00:33:33	00:06:53	01:39:55	00:04:08	01:00:50	03:25:19	993	62 Boulder, Co
Angela Chambliss	00:36:50	00:01:45	01:38:52	00:02:19	01:05:58	03:25:44	995	63 Lakewood, Co
Traci Baker	00:43:30	00:04:08	01:39:21	00:02:09	00:56:53	03:26:01	996	64 Denver, Co
Hazel Hoff	00:45:21	00:03:19	01:32:15	00:05:44	01:02:53	03:29:32	1013	65 Denver, Co
Deidre Sewell	00:28:26	00:03:04	01:37:58	00:04:03	01:16:30	03:30:01	1017	66 Ft. Collins, Co
Alison Huskie	00:41:15	00:04:23	01:53:28	00:02:42	00:57:32	03:39:20	1045	67 Golden, Co
Michelle Brokaw	00:44:14	00:05:28	01:46:35	00:02:39	01:12:49	03:51:45	1062	68 Lafayette, Co
Pamela Sharp	00:35:56	00:06:28	01:57:21	00:03:49	01:11:04	03:54:38	1063	69 Denver, Co
Nathalie Maillard	00:45:36	00:07:08	02:08:58	00:01:16	01:09:05	04:12:03	1078	70 Boulder, Co
Stacy Jolette	00:53:37	00:04:19	02:04:16	00:01:25	01:09:32	04:13:09	1079	71 Denver, Co

F35-39
YRS

Eileen Kirsch	00:23:14	00:02:24	01:15:10	00:00:59	00:42:53	02:24:40	193	1 La Crosse, Wi
Linda Nelson	00:23:32	00:01:08	01:13:41	00:01:02	00:46:49	02:26:12	217	2 Olympia, Wa
Misako Matsugi	00:25:23	00:01:20	01:14:25	00:00:53	00:45:14	02:27:15	239	3 Carlsbad, Ca
Debra Foss	00:29:19	00:01:10	01:12:08	00:01:46	00:42:56	02:27:19	242	4 Colorado Springs, Co
Karen Grabau	00:28:30	00:02:18	01:16:24	00:00:50	00:40:55	02:28:57	261	5 Littleton, Co
Cindy Gagnon	00:24:34	00:01:18	01:18:31	00:01:05	00:45:30	02:30:58	297	6 Longmont, Co
Robin Waterwoman	00:25:54	00:01:24	01:17:32	00:01:24	00:45:18	02:31:32	305	7 Denver, Co
Dana Berkbuegler	00:30:15	00:01:25	01:18:35	00:01:17	00:43:27	02:34:59	359	8 Fenton, Mo
Brigid Kranz	00:27:54	00:01:12	01:22:17	00:01:20	00:44:06	02:36:49	390	9 Houston, Tx
Susan Obieski	00:29:46	00:01:56	01:17:47	00:01:12	00:46:09	02:36:50	392	10 Boulder, Co
Kathy Tegmeyer	00:23:10	00:01:56	01:23:57	00:01:30	00:46:25	02:36:58	394	11 Boulder, Co
Kim Schwaab	00:27:57	00:01:41	01:17:18	00:01:25	00:48:49	02:37:10	399	12 Fenton, Mo
Annie Fox	00:25:17	00:01:40	01:19:36	00:01:44	00:49:16	02:37:33	407	13 Denver, Co
Pam Stevenson	00:30:18	00:02:03	01:18:27	00:00:59	00:51:24	02:43:11	495	14 Boulder, Co
Suzy Coykendall	00:24:50	00:02:12	01:24:31	00:01:21	00:50:30	02:43:24	497	15 Gunnison, Co
Margie Williams	00:34:22	00:02:00	01:19:59	00:01:28	00:48:23	02:46:12	543	16 Boulder, Co
Susan Gardiner	00:37:59	00:02:03	01:20:59	00:00:55	00:45:48	02:47:44	567	17 Denver, Co
Diane Hinzman	00:29:25	00:01:49	01:26:47	00:01:41	00:48:18	02:48:00	569	18 Boulder, Co
Maria Hopp	00:35:10	00:01:53	01:23:38	00:01:04	00:47:56	02:49:41	600	19 Littleton, Co
Vicki Hunter	00:34:20	00:02:21	01:26:28	00:01:13	00:48:20	02:52:42	642	20 Nederland, Co
Julie Ort	00:33:53	00:02:12	01:19:35	00:01:28	00:56:47	02:53:55	670	21 Boulder, Co
Scharmin Dorostkar	00:28:23	00:02:42	01:22:10	00:02:28	00:58:18	02:54:01	673	22 Boulder, Co
Helene Patton	00:32:32	00:02:57	01:25:37	00:01:58	00:53:02	02:56:06	704	23 Ft. Collins, Co
Joyce Wilson	00:28:22	00:02:45	01:29:50	00:01:24	00:54:49	02:57:10	724	24 Boulder, Co
Jen Hardy	00:25:58	00:03:06	01:26:19	00:03:08	01:00:35	02:59:06	754	25 Boulder, Co
Lesley Kinder	00:33:50	00:02:38	01:26:01	00:01:23	00:55:23	02:59:15	758	26 Boulder, Co
Gerry Stoneman	00:38:01	00:02:10	01:28:04	00:01:40	00:50:13	03:00:08	778	27 Boulder, Co
Kimberly Birdseye	00:31:12	00:02:54	01:32:44	00:01:34	00:54:56	03:03:20	814	28 Granby, Co
Patti Killian	00:34:13	00:04:00	01:29:46	00:01:55	00:53:38	03:03:32	817	29 Aurora, Co
Eileen Hargrave	00:28:03	00:02:51	01:33:33	00:02:02	00:58:57	03:05:26	836	30 Denver, Co
Jessica Xavier	00:37:29	00:02:49	01:30:56	00:01:41	00:57:00	03:09:55	876	31 Boulder, Co
Tmara Miller	00:30:24	00:03:04	01:37:18	00:01:46	00:58:08	03:10:40	884	32 Boulder, Co
Michele Van Pelt	00:46:01	00:03:18	01:31:03	00:01:50	00:50:51	03:13:03	895	33 Louisville, Co
Virginia Beckwith	00:35:18	00:03:27	01:35:26	00:02:37	01:00:01	03:16:49	925	34 Highlands Ranch, Co
Barrb Gold	00:40:03	00:05:28	01:33:49	00:02:32	00:57:32	03:19:24	951	35 Golden, Co
Jane Cordle	00:34:10	00:02:23	01:38:32	00:04:09	01:04:45	03:23:59	985	36 Boulder, Co
Daphne Salone	00:35:38	00:01:53	01:39:03	00:02:01	01:06:36	03:25:11	991	37 Aurora, Co
Lori Eitelbach	00:39:36	00:06:08	01:45:24	00:01:05	01:01:01	03:33:14	1029	38 Lafayette, Co
Martha Kirkman	00:34:28	00:03:25	01:49:10	00:05:31	01:02:05	03:34:39	1035	39 Littleton, Co
Mia Towbin	00:33:57	00:02:19	01:45:12	00:02:18	01:12:46	03:36:32	1037	40 Ft. Collins, Co
Peggy Dalious	00:50:12	00:04:12	01:41:35	00:02:48	00:58:41	03:37:28	1040	41 Denver, Co
Kristin Waters	00:37:22	00:03:23	01:49:43	00:01:25	01:13:16	03:45:09	1053	42 Arvada, Co
Patti Wilder	00:44:30	00:04:56	02:06:44	00:02:24	01:37:06	04:35:40	1085	43 Lafayette, Co
Reno Flynn	00:25:13	00:02:40	01:29:40					Boulder, Co

F40-44
YRS

Susan								
Griffin-Kaklikiaw	00:22:55	00:01:14	01:16:39	00:00:59	00:45:07	02:26:54	229	1 Castle Rock Co
Leaann Hermsen	00:26:30	00:01:46	01:14:56	00:01:35	00:45:17	02:30:04	282	2 Aurora, Co
Holly Martin	00:25:22	00:01:13	01:18:06	00:00:50	00:45:42	02:31:13	299	3 Flagstaff, Az
Terri Lang	00:30:16	00:01:46	01:17:38	00:01:07	00:45:17	02:36:04	378	4 Colorado Springs, Co
Jeni Winegarner	00:25:20	00:01:54	01:17:15	00:00:54	00:51:25	02:36:48	389	5 Anchorage, Ak
Sue Oshorn	00:23:21	00:01:44	01:20:49	00:02:29	00:51:10	02:39:33	438	6 Encinitas, Ca
Alice Childers	00:26:55	00:01:09	01:25:09	00:00:59	00:49:42	02:43:54	505	7 Peyton, Co

Carol Murphy	00:30:21	00:01:53	01:23:56	00:01:16	00:50:48	02:48:14	573	8 Louisville, Co
Debbie Kallase	00:33:05	00:01:49	01:24:30	00:01:27	00:49:40	02:50:31	614	9 Ft. Collins, Co
Dixie Patrick	00:33:09	00:02:58	01:28:30	00:01:00	00:52:02	02:57:39	735	10 Louisville, Co
Deb Lavender	00:32:52	00:03:21	01:28:17	00:02:10	00:58:58	03:05:38	838	11 Boulder, Co
Pamela Wallace	00:36:13	00:02:26	01:29:14	00:02:07	00:56:16	03:06:16	840	12 Cheyenne, Wy
Melanie Parker	00:33:55	00:02:14	01:33:17	00:01:29	00:56:11	03:07:06	853	13 Boulder, Co
Shari Edelfelt	00:44:02	00:06:24	01:28:39	00:02:10	00:55:37	03:16:52	926	14 Boulder, Co
Beth Hooper	00:41:39	00:04:17	01:30:29	00:02:26	01:00:26	03:19:17	948	15 Englewood, Co
Loraine Gruber	00:41:26	00:04:35	01:32:57	00:01:55	01:08:58	03:29:51	1015	16 Boulder, Co
Pat Crespi	00:43:20	00:03:05	01:47:31	00:01:49	01:08:01	03:43:46	1050	17 Littleton, Co
Molly Leamon	00:47:11	00:03:49	02:05:02	00:01:24	01:07:16	04:04:42	1072	18 Denver, Co
Marleen Puzak	00:28:45	00:01:30	01:19:21	00:01:13				Denver, Co
Cat Russell	00:36:32							Lyons, Co
F45-49								
YRS								
Jo Garuccio	00:25:43	00:01:33	01:13:01	00:01:18	00:47:28	02:29:03	263	1 Salt Lake City, Ut
Nancy Stevenson	00:29:27	00:02:10	01:18:22	00:01:52	00:44:43	02:36:34	388	2 Golden, Co
Meg Heerd	00:29:45	00:03:15	01:30:31	00:02:05	00:52:17	02:57:53	738	3 Boulder, Co
Jill Wayne	00:34:46	00:06:48	01:38:39	00:02:22	00:57:00	03:19:35	952	4 Denver, Co
Cherri Croghan	00:41:53	00:03:03	01:37:18	00:01:48	01:02:08	03:26:10	998	5 St. Loius Mo
Karen Saunders	00:33:51	00:03:56	01:37:51	00:02:07	01:11:39	03:29:24	1012	6 Boulder, Co
Becky Hearty	00:41:42	00:04:35	01:42:46	00:02:10	00:58:54	03:30:07	1019	7 Boulder, Co
Janet Nelson	00:46:42	00:06:08	01:39:48	00:06:47	01:07:48	03:47:13	1057	8 Grand Junction, Co
F50-54								
YRS								
Diane Ridgway	00:37:59	00:01:37	01:22:15	00:01:11	00:44:44	02:47:46	568	1 Arvada, Co
Jean Wood	00:26:43	00:02:32	01:29:15	00:01:24	00:48:45	02:48:39	576	2 Louisville, Co
Barbara Kostner	00:33:03	00:01:34	01:23:50	00:01:22	00:56:09	02:55:58	702	3 Lakewood, Co
Rita Sharp	00:33:58	00:02:13	01:22:42	00:01:20	00:57:19	02:57:32	733	4 Boulder, Co
Susan Pollock	00:37:51	00:02:43	01:27:31	00:01:29	00:52:23	03:01:57	799	5 Boulder, Co
Heidi Hoffmann	00:31:01	00:02:53	01:30:33	00:01:39	01:01:05	03:07:11	854	6 Aspen, Co
Linda Burris	00:37:49	00:04:39	01:32:42	00:02:21	01:06:01	03:23:32	980	7 Denver, Co
Nancy Mallon	00:42:43	00:03:52	01:44:33	00:02:14	01:03:14	03:36:36	1038	8 Denver, Co
Anne Oakley	00:33:48	00:02:31	02:12:08	00:02:15	01:06:17	03:56:59	1064	9 Boulder, Co
F55-59								
YRS								
Celeste Callahan	00:35:51	00:02:31	01:29:22	00:01:25	01:00:57	03:10:06	880	1 Denver, Co
F60-64								
YRS								
Judy Smythe	00:41:00	00:04:10	01:47:20	00:00:59	01:05:24	03:38:53	1044	1 Boulder, Co
Helen Geoffrion	00:40:18	00:03:41	02:06:58	00:01:54	01:15:23	04:08:14	1077	2 Santa Monica, Ca
F65-69								
YRS								
Ruth Hertzberg	00:46:21	00:03:33	02:27:26	00:03:29	01:25:24	04:46:13	1087	1 Copper Mtn, Co
F70 PLS								
YRS								
Marilyn Olen	01:00:13	00:07:51	02:08:33	00:01:43	01:30:35	04:48:55	1088	1 Castle Rock, Co
ATHENA								
Peggy Dursthoff	00:25:47	00:02:00	01:23:55	00:01:28	00:49:49	02:42:59	491	1 Littleton, Co
Sarah Walls	00:30:00	00:02:12	01:24:55	00:01:07	00:56:39	02:54:53	685	2 Boulder, Co
Susie Wasson	00:29:53	00:01:38	01:33:40	00:00:56	00:50:06	02:56:13	705	3 Arvada, Co
Julie Bozzo	00:27:05	00:02:59	01:24:17	00:01:38	01:01:02	02:57:01	721	4 Boulder, Co
Christy Shoemaker	00:28:28	00:04:24	01:29:37	00:01:41	00:54:26	02:58:36	748	5 Longmont, Co
Lynne Mcatee	00:21:53	00:03:32	01:31:56	00:02:37	01:02:51	03:02:49	810	6 Nederland, Co
Gina Hansen	00:31:54	00:02:29	01:48:43	00:02:05	01:13:33	03:38:44	1043	7 Littleton, Co
Barbara Anders	00:34:24	00:02:58	01:59:17	00:01:29	01:26:49	04:04:57	1073	8 Highlands Ranch, Co
Janet Sacks	00:52:13	00:07:24	02:15:21	00:03:30	01:39:22	04:57:50	1089	9 Englewood, Co
Danielle Muwanga	00:42:55	00:01:33						Denver, Co
M14-19								
YRS								
Cameron Dye	00:22:04	00:00:44	01:10:16	00:01:16	00:39:38	02:13:58	71	1 Boulder, Co
Benjamin Kneller	00:22:17	00:00:48	01:08:39	00:00:54	00:43:28	02:16:06	93	2 Durango, Co
Blake Ottersberg	00:21:28	00:00:53	01:12:38	00:01:04	00:41:40	02:17:43	106	3 Pueblo, Co
Ryan Dorsey-Spitz	00:23:18	00:00:46	01:14:39	00:00:58	00:39:08	02:18:49	119	4 Pueblo, Co
Daniel Derkacs	00:27:04	00:01:03	01:10:35	00:01:16	00:39:50	02:19:48	133	5 Los Alamos, Nm
Rob Lea	00:21:50	00:02:34	01:15:10	00:01:22	00:42:35	02:23:31	177	6 Park City, Ut
Glen Bjerke	00:23:27	00:01:12	01:16:08	00:01:34	00:44:47	02:27:08	235	7 Boulder, Co
Paul Mcneely	00:28:08	00:01:21	01:17:30	00:02:14	00:38:03	02:27:16	240	8 Loveland, Co
Jeff Cormack	00:31:38	00:01:16	01:11:45	00:01:20	00:44:55	02:30:54	295	9 Arvada, Co
Matthew Hinrichs	00:26:05	00:01:04	01:17:28	00:01:13	00:47:28	02:33:18	331	10 Greeley, Co
Bucky Schafer	00:27:51	00:01:55	01:21:24	00:01:51	00:42:49	02:35:50	375	11 Englewood, Co

Robert Besheinen	00:34:13	00:01:43	01:13:06	00:02:41	00:45:21	02:37:04	395	12 Loveland, Co
Adam Book	00:29:02	00:01:01	01:29:01	00:01:29	00:47:33	02:48:06	571	13 Loveland, Co
David Runkles	00:34:56	00:01:41	01:19:17	00:02:57	00:53:43	02:52:34	640	14 Longmont, Co
Ryan Coyer	00:23:41	00:03:03	01:25:56	00:02:41	01:01:40	02:57:01	719	15 Longmont, Co
Nick Bennett	00:31:08	00:01:40	01:25:56	00:02:09	01:01:38	03:02:31	805	16 Donnelly, Id
Adam Greenwell	00:31:00	00:02:05	01:37:06	00:02:52	01:06:16	03:19:19	949	17 Berthoud, Co
Chris Kuhar	00:39:35	00:03:46	01:43:18	00:07:40	00:51:14	03:25:33	994	18 Englewood, Co
Aaron Leddick	00:47:39	00:03:09	01:53:33	00:01:36	00:54:33	03:40:30	1047	19 Englewood, Co

M20-24
YRS

Nicholas Cady	00:21:16	00:00:32	01:05:41	00:00:59	00:35:48	02:04:16	12	1 Boulder, Co
Seth Wealing	00:22:39	00:00:51	01:07:24	00:00:57	00:35:27	02:07:18	28	2 Muncie, In
Jeremy Burt	00:25:32	00:00:55	01:08:29	00:01:08	00:33:49	02:09:53	44	3 Colorado Springs, Co
Greg Woods	00:21:24	00:00:42	01:07:13	00:01:15	00:41:38	02:12:12	56	4 Boulder, Co
David Hekacs	00:25:09	00:02:00	01:05:40	00:01:07	00:38:35	02:12:31	58	5 Los Alamos, Nm
Craig Howie	00:25:22	00:00:49	01:07:26	00:01:32	00:37:35	02:12:44	60	6 Casper, Wy
David Dornaus	00:20:11	00:00:57	01:09:24	00:01:59	00:41:51	02:14:22	77	7 Colorado Springs, Co
Andrew Feeney	00:21:24	00:00:56	01:08:10	00:01:18	00:43:41	02:15:29	84	8 Boulder, Co
Alex Boal	00:25:18	00:00:46	01:09:01	00:00:53	00:42:19	02:18:17	113	9 Boulder, Co
Keith Jackson	00:22:48	00:01:00	01:08:04	00:01:18	00:45:53	02:19:03	122	10 Boulder, Co
Bryan Kirk	00:21:11	00:00:51	01:15:52	00:01:04	00:40:29	02:19:27	127	11 Boulder, Co
Philip Corbett	00:24:32	00:00:49	01:11:43	00:00:55	00:41:49	02:19:48	132	12 Ft. Collins, Co
Chris Ackerman	00:22:27	00:00:59	01:12:43	00:01:41	00:42:46	02:20:36	142	13 Las Vegas, Nv
Nathan Kirkland	00:28:24	00:01:06	01:09:46	00:01:32	00:38:43	02:21:31	154	14 Boulder, Co
Carlos Perez	00:28:42	00:01:01	01:12:18	00:01:35	00:38:07	02:21:43	158	15 Boulder, Co
Michael Foster	00:23:25	00:01:02	01:12:58	00:01:36	00:43:03	02:22:04	163	16 Boulder, Co
Andrew Taft	00:28:05	00:01:33	01:09:29	00:01:39	00:42:03	02:22:49	170	17 Madison, Wi
Nicholas Long	00:22:39	00:00:50	01:16:09	00:01:15	00:42:35	02:23:28	176	18 Denver, Co
Jonathan Hoppin	00:24:59	00:01:21	01:11:43	00:01:26	00:44:09	02:23:38	179	19 Golden, Co
Breton Line	00:25:47	00:01:01	01:11:18	00:01:40	00:44:47	02:24:33	191	20 Castle Rock, Co
Jeremy Stepan	00:28:12	00:01:23	01:12:53	00:01:44	00:40:52	02:25:04	199	21 Lakewood, Co
Matthew Ward	00:26:49	00:01:32	01:11:52	00:01:14	00:45:42	02:27:09	236	22 Longmont, Co
Michael Kelly	00:28:27	00:01:01	01:11:31	00:01:41	00:44:38	02:27:18	241	23 Boulder, Co
Scott Bowen	00:29:28	00:01:56	01:13:40	00:01:47	00:41:10	02:28:01	249	24 Omaha, Ne
Kevin Hueth	00:31:45	00:02:10	01:11:46	00:01:55	00:41:01	02:28:37	256	25 Boulder, Co
Stephen Vierling	00:27:11	00:01:36	01:17:00	00:01:45	00:42:26	02:29:58	276	26 Boulder, Co
John Langston	00:28:29	00:02:06	01:12:49	00:01:20	00:46:29	02:31:13	300	27 Cheyenne, Wy
Jason Schmidt	00:26:23	00:00:54	01:18:21	00:01:14	00:44:53	02:31:45	309	28 Boulder, Co
Ausin Ramsland	00:36:32	00:02:29	01:13:16	00:01:59	00:38:18	02:32:34	323	29 Boulder, Co
Thierry Sourbier	00:32:20	00:01:22	01:14:35	00:01:03	00:44:10	02:33:30	335	30 Boulder, Co
Brion Tingler	00:28:51	00:00:55	01:19:29	00:01:04	00:44:08	02:34:27	355	31 Boca Raton, Fl
Tim Mineo	00:28:11	00:01:51	01:14:40	00:02:01	00:48:39	02:35:22	364	32 Boulder, Co
Tim Roy	00:28:05	00:01:26	01:19:19	00:01:38	00:44:56	02:35:24	365	33 Ft. Collins, Co
Ben Linstid	00:28:15	00:01:11	01:18:36	00:02:16	00:47:31	02:37:49	410	34 Ft. Collins, Co
Colin Merritt	00:28:40	00:01:43	01:13:21	00:02:04	00:52:23	02:38:11	413	35 Boulder, Co
Michael Kruk	00:32:56	00:02:36	01:12:13	00:02:19	00:48:16	02:38:20	417	36 Boulder, Co
Jason Mcdonald	00:37:35	00:01:20	01:13:23	00:04:01	00:42:29	02:38:48	425	37 Aurora, Co
Michael Durner	00:26:15	00:01:46	01:12:28	00:01:26	00:58:05	02:40:00	448	38 Estes Park, Co
Matthias Schmidt	00:35:16	00:02:17	01:15:37	00:01:49	00:45:17	02:40:16	454	39 Boulder, Co
Thomas Custer	00:25:30	00:02:37	01:21:07	00:01:25	00:49:44	02:40:23	457	40 Boulder, Co
Michael Defee	00:32:54	00:02:31	01:24:42	00:01:17	00:40:37	02:42:01	473	41 Magnolia, Ar
Maurits Thayer	00:29:34	00:02:11	01:25:38	00:00:54	00:46:15	02:44:32	519	42 La Barge, Wy
Gary Colliander	00:40:25	00:01:22	01:11:48	00:01:43	00:47:30	02:44:48	523	43 Minneapolis, Mn
Dan Johnson	00:35:16	00:02:37	01:19:12	00:01:42	00:46:54	02:45:41	534	44 Chicago, Il
Mcgregor Snow	00:26:30	00:02:24	01:25:23	00:01:27	00:50:57	02:46:41	549	45 Louisville, Co
Chris Kulik	00:31:20	00:03:40	01:21:46	00:02:14	00:47:57	02:46:57	557	46 Denver, Co
Allyn Uttecht	00:32:21	00:02:02	01:20:34	00:01:50	00:52:34	02:49:21	588	47 Longmont, Co
Gordon Lang	00:30:01	00:02:16	01:22:10	00:03:46	00:51:16	02:49:29	593	48 Boulder, Co
Nathan Daley	00:38:28	00:01:49	01:14:05	00:03:14	00:53:06	02:50:42	616	49 Norman, Ok
Aaron Behr	00:29:02	00:02:08	01:38:18	00:02:33	00:39:33	02:51:34	628	50 Boulder, Co
Peter Mohr	00:36:00	00:01:54	01:19:05	00:01:47	00:53:09	02:51:55	631	51 Boulder, Co
Gudrid Espenscheid	00:29:06	00:03:02	01:33:49	00:01:07	00:46:32	02:53:36	658	52 Big Piney, Wy
David Ediger	00:45:02	00:02:49	01:18:00	00:01:55	00:47:33	02:55:19	689	53 Manhattan, Ks
Joshua Metzl	00:33:22	00:03:38	01:32:27	00:05:34	00:41:20	02:56:21	710	54 Kansas City, Mo
Aaron Bevington	00:38:33	00:03:49	01:30:04	00:02:46	00:51:07	03:06:19	841	55 Aspen, Co
Kalin Dotkov	00:36:37	00:01:05	01:31:34	00:02:23	00:56:34	03:08:13	863	56 Denver, Co
Alejandro Flores	00:28:06	00:03:50	01:30:39	00:02:11	01:04:15	03:09:01	868	57 Golden, Co
Lars Peterson	00:40:41	00:02:20	01:31:48	00:01:26	00:56:55	03:13:10	896	58 Boulder, Co
Jay Miller	00:44:52	00:07:12	01:31:24	00:06:15	00:51:20	03:21:03	960	59 Louisville, Co
William Schultes	00:41:50	00:04:07	01:43:51	00:01:47	00:55:25	03:27:00	1002	60 Boulder, Co

James Stewart	00:48:59	00:04:32	01:29:09	00:04:14	01:03:01	03:29:55	1016	61 Littleton, Co
Christopher Kanyuck	00:47:18	00:02:57	02:01:13	00:02:40	00:49:52	03:44:00	1052	62 Ft. Collins, Co
M25-29								
YRS								
Andrew Robertson	00:19:15	00:00:41	01:04:24	00:00:56	00:36:13	02:01:29	5	1 Australia
Thomas Meiser	00:22:15	00:00:58	01:03:44	00:01:10	00:36:45	02:04:52	16	2 Salt Lake City, Ut
Jack Swift	00:24:24	00:01:03	01:04:35	00:00:58	00:33:56	02:04:56	17	3 Evergreen, Co
Eric Peterson	00:19:21	00:00:48	01:07:02	00:00:50	00:37:14	02:05:15	20	4 Colorado Springs, Co
Andy Johnson	00:21:28	00:00:39	01:06:37	00:01:00	00:37:05	02:06:49	26	5 Portland, Or
Jared Berg	00:21:51	00:00:41	01:05:44	00:01:06	00:38:03	02:07:25	30	6 Excelsior, Mn
Dave Manthorne	00:21:51	00:00:41	01:05:44	00:01:06	00:38:03	02:07:25	31	7 Boulder, Co
Neal Henderson	00:23:17	00:00:47	01:05:37	00:00:52	00:38:28	02:09:01	34	8 Boulder, Co
Dennis Meeker	00:22:43	00:00:57	01:06:19	00:01:13	00:38:01	02:09:13	37	9 Boulder, Co
Doug Agne	00:23:32	00:01:04	01:05:24	00:01:02	00:38:12	02:09:14	38	10 Denver, Co
Chris Richardson	00:23:25	00:00:45	01:06:41	00:00:46	00:39:02	02:10:39	47	11 Denver, Co
Jay Kahn	00:22:49	00:00:48	01:08:25	00:01:15	00:37:45	02:11:02	48	12 Cincinnati, Oh
Aaron Kohler	00:21:06	00:00:48	01:09:21	00:01:05	00:39:11	02:11:31	52	13 St. Louis, Mo
Kevin Dohert	00:20:32	00:00:39	01:08:46	00:01:09	00:40:46	02:11:52	54	14 Littleton, Co
Michael Lovato	00:21:46	00:00:54	01:04:27	00:01:15	00:44:01	02:12:23	57	15 Austin, Tx
Paul Heiman	00:23:42	00:01:25	01:07:19	00:01:06	00:39:13	02:12:45	61	16 Boulder, Co
Steve Frommer	00:22:57	00:01:20	01:09:22	00:01:30	00:38:08	02:13:17	64	17 Boulder, Co
Gregg Buehler	00:21:36	00:00:47	01:11:28	00:00:59	00:38:41	02:13:31	67	18 Shawnee Mission, Ks
Mark Miller	00:25:11	00:02:04	01:07:24	00:01:29	00:38:33	02:14:41	79	19 Franklin, Tn
Todd Kelly	00:25:17	00:00:58	01:09:26	00:01:11	00:39:11	02:16:03	92	20 Houston, Tx
Brad Hurlburt	00:25:08	00:01:17	01:11:05	00:01:08	00:37:41	02:16:19	96	21Plattsburgh Ny
Mike Roehrs	00:23:47	00:02:26	01:09:45	00:01:47	00:38:37	02:16:22	97	22 Denver, Co
Marc Holbert	00:26:55	00:01:23	01:06:03	00:01:37	00:40:37	02:16:35	99	23 Boulder, Co
Stephen Luckey	00:24:21	00:01:33	01:08:47	00:01:34	00:41:37	02:17:52	108	24 Boulder, Co
Brett Schweiker	00:24:23	00:01:21	01:09:45	00:01:23	00:41:27	02:18:19	115	25 Arvada, Co
Thomas Vonach	00:25:00	00:01:27	01:10:57	00:01:26	00:39:50	02:18:40	118	26 Schwarzach, As
Ivy Koger	00:24:29	00:00:50	01:08:52	00:01:17	00:43:22	02:18:50	120	27 Austin, Tx
Jimmy Defoe	00:28:25	00:01:40	01:07:58	00:01:40	00:39:39	02:19:22	124	28 Nederland, Co
Alex Gret	00:22:16	00:01:22	01:11:36	00:01:03	00:44:22	02:20:39	143	29 Zurich, Sw
Lance Shimomura	00:31:22	00:01:24	01:08:21	00:00:59	00:38:38	02:20:44	145	30 Boulder, Co
Teddy Holt	00:25:46	00:00:51	01:11:50	00:01:05	00:41:23	02:20:55	147	31 Colorado Springs, Co
Daniel Gabalski	00:24:50	00:00:41	01:13:10	00:00:59	00:41:21	02:21:01	150	32 Golden, Co
Darren Klish	00:26:54	00:00:54	01:11:53	00:01:17	00:40:54	02:21:52	159	33 New Haven, Ct
Andy Lull	00:27:50	00:02:18	01:08:35	00:01:31	00:41:40	02:21:54	161	34 Boulder, Co
Michael Curtin	00:26:03	00:01:09	01:13:38	00:01:24	00:40:03	02:22:17	166	35 Chanblee, Ga
William Fleck	00:27:52	00:01:44	01:11:38	00:01:41	00:39:46	02:22:41	169	36 Corvallis, Or
Eric Small	00:29:23	00:01:46	01:10:29	00:01:14	00:40:24	02:23:16	173	37 Socorro, Nm
Whit Faulconer	00:25:52	00:00:59	01:11:28	00:01:27	00:43:40	02:23:26	175	38 Boulder, Co
Eric Buxman	00:29:00	00:02:07	01:10:58	00:01:05	00:41:12	02:24:22	187	39 Ft. Collins, Co
Paul Armstrong	00:27:00	00:01:14	01:10:15	00:01:27	00:44:36	02:24:32	190	40 Ft. collins Co
Gregory Werner	00:29:12	00:01:56	01:09:02	00:01:36	00:43:01	02:24:47	194	41 Boulder, Co
Armando Galarraga	00:26:48	00:01:19	01:13:34	00:01:10	00:42:11	02:25:02	196	42 Boulder, Co
Phil Everitt	00:32:14	00:01:38	01:10:07	00:01:24	00:39:55	02:25:18	206	43 Arvada, Co
Chip Mcreynolds	00:27:04	00:01:59	01:14:13	00:01:15	00:41:53	02:26:24	219	44 Boulder, Co
Justin Girves	00:28:17	00:02:23	01:13:21	00:01:48	00:40:36	02:26:25	220	46 Boulder, Co
Bob Seebohar	00:29:27	00:01:19	01:12:53	00:01:36	00:41:10	02:26:25	221	45 Co
Ryan Bentley	00:28:48	00:01:06	01:08:17	00:01:19	00:47:18	02:26:48	228	47 Boulder, Co
Larry Herr	00:21:42	00:01:48	01:18:15	00:02:08	00:43:14	02:27:07	234	48 Colorado Springs, Co
Lance Schamberger	00:27:08	00:01:14	01:13:53	00:01:18	00:45:03	02:28:36	255	49 Kansas City, Mo
Henry Reed	00:29:23	00:01:33	01:11:21	00:01:41	00:45:05	02:29:03	262	50 Avon, Co
Brad Billingsley	00:27:26	00:01:10	01:14:14	00:01:25	00:44:53	02:29:08	264	51 Lafayette, Co
Steve Woo	00:32:27	00:01:17	01:09:13	00:01:23	00:45:18	02:29:38	273	53 Los Gatos, Ca
Todd Swarts	00:21:09	00:01:47	01:19:48	00:01:20	00:45:34	02:29:38	272	52 Wheat Ridge, Co
Josef Daube	00:26:52	00:01:51	01:15:22	00:01:21	00:44:33	02:29:59	277	54 Boulder, Co
R. C Jacobson	00:32:10	00:01:13	01:10:54	00:01:39	00:44:04	02:30:00	280	55 Broomfield, Co
Gregory Meymaris	00:22:55	00:02:11	01:18:21	00:01:31	00:45:15	02:30:13	285	56 Boulder, Co
Dave Grace	00:31:36	00:01:12	01:12:01	00:00:56	00:42:54	02:30:39	291	57 Madison, Wi
Bart Dean	00:25:13	00:02:50	01:13:45	00:02:05	00:47:31	02:31:24	304	58 Denver, Co
Lucas Young	00:27:13	00:01:27	01:16:44	00:01:40	00:44:31	02:31:35	306	59 Golden, Co
Beau Bierhaus	00:30:12	00:02:48	01:12:26	00:03:50	00:42:32	02:31:48	310	60 Boulder, Co
T.G. Taylor	00:34:44	00:01:19	01:11:58	00:01:25	00:42:35	02:32:01	315	61 Colorado Springs, Co
Chris Martin	00:25:34	00:01:48	01:13:19	00:01:20	00:50:52	02:32:53	326	62 Boulder, Co
David Ratchford	00:24:55	00:01:49	01:17:46	00:02:44	00:45:51	02:33:05	327	63 Denver, Co
Nathan Adams	00:28:08	00:02:58	01:17:47	00:02:17	00:41:55	02:33:05	328	64 Chicago, Il
Jamie Biggs	00:34:29	00:01:25	01:10:50	00:01:45	00:45:06	02:33:35	337	65 Colorado Springs, Co
Ed Rankin	00:24:40	00:01:41	01:16:29	00:01:34	00:49:23	02:33:47	344	66 Rockville, Md
David Plaut	00:34:02	00:01:42	01:13:10	00:01:23	00:43:42	02:33:59	349	67 Minneapolis, Mn

David Martinez	00:31:02	00:01:56	01:14:58	00:01:44	00:44:29	02:34:09	351	68 Las Cruces, Nm
Scott Kaese	00:27:59	00:01:49	01:17:09	00:01:25	00:46:25	02:34:47	356	69 Elmhurst, Il
Scott Hoftiezer	00:25:00	00:01:27	01:19:33	00:01:46	00:47:13	02:34:59	360	70 Denver, Co
Seth Gleiman	00:30:48	00:01:16	01:12:35	00:01:38	00:49:24	02:35:41	369	71 Golden, Co
Brandon Thalman	00:26:41	00:01:35	01:17:40	00:01:22	00:48:26	02:35:44	371	72 Falls church, Va
Shawn Kramer	00:29:34	00:01:01	01:18:05	00:01:10	00:45:56	02:35:46	372	73 Boulder, Co
Bernard Acevedd	00:34:15	00:02:46	01:16:33	00:01:50	00:41:54	02:37:18	401	74 Ft. Collins Co
Joseph Allen	00:32:04	00:01:35	01:14:02	00:01:42	00:48:00	02:37:23	403	75 Boulder, Co
Grant Kalbfleisch	00:26:00	00:01:37	01:17:33	00:01:35	00:50:46	02:37:31	405	76 Longmont, Co
Tag Rogers	00:27:45	00:02:14	01:16:42	00:01:50	00:49:06	02:37:37	408	77 Louisville, Co
Joshua Vistacion	00:29:27	00:02:29	01:18:18	00:02:00	00:46:24	02:38:38	421	78 Louisville, Co
Roger Bonham	00:32:57	00:01:51	01:17:12	00:01:12	00:45:31	02:38:43	423	79 Littleton, Co
Troy Herrera	00:36:29	00:03:05	01:12:18	00:01:49	00:45:13	02:38:54	429	80 Broomfield, Co
Timothy Obrien	00:35:31	00:01:56	01:13:17	00:01:45	00:47:10	02:39:39	444	81 Boulder, Co
Fraser Haislmaier	00:29:04	00:01:59	01:14:09	00:01:34	00:53:25	02:40:11	450	82 Boulder, Co
Nathan Haislmaier	00:24:46	00:03:08	01:17:35	00:04:01	00:50:44	02:40:14	453	83 San Diego, Ca
James Daus	00:30:35	00:02:34	01:16:16	00:02:08	00:49:03	02:40:36	458	84 Denver, Co
Bradly Baker	00:29:21	00:02:27	01:20:06	00:01:54	00:47:00	02:40:48	460	85 Boulder, Co
David Setzke	00:26:42	00:03:08	01:19:46	00:03:50	00:48:00	02:41:26	464	86 Boulder, Co
Jamie Miller	00:38:15	00:01:26	01:14:43	00:02:07	00:45:06	02:41:37	468	87 Gunnison, Co
Johannes Schmidt	00:34:13	00:03:04	01:14:35	00:01:40	00:48:33	02:42:05	474	88 Boulder, Co
Jon Mellberg	00:29:09	00:01:53	01:23:17	00:01:38	00:46:12	02:42:09	476	89 Denver, Co
Jason Flaherty	00:33:08	00:01:17	01:18:48	00:01:43	00:47:21	02:42:17	478	90 Denver, Co
Carl Hagen	00:37:42	00:02:27	01:14:53	00:01:37	00:45:48	02:42:27	480	91 Littleton, Co
Alec Rrohdes	00:33:21	00:02:35	01:16:53	00:02:36	00:47:03	02:42:28	482	92 Denver, Co
David Gair	00:30:31	00:02:19	01:16:45	00:03:05	00:50:00	02:42:40	487	93 Golden, Co
Jerry Volcek	00:30:27	00:01:54	01:18:08	00:02:58	00:49:47	02:43:14	496	94 Denver, Co
Michael Quaresimo	00:31:07	00:01:47	01:23:25	00:01:42	00:45:25	02:43:26	498	95 Denver, Co
Troy Lane	00:26:09	00:02:37	01:23:29	00:01:12	00:50:12	02:43:39	501	96 Boulder, Co
Chris Piper	00:30:06	00:02:07	01:20:37	00:02:36	00:48:44	02:44:10	513	97 Denver, Co
Jeff Cheley	00:35:17	00:02:02	01:18:47	00:01:18	00:47:47	02:45:11	527	98 Estes Park, Co
Dan Cooley	00:24:31	00:01:51	01:25:28	00:04:09	00:50:45	02:46:44	551	99 Carbondale, Co
Michael Mcgawn	00:35:27	00:03:03	01:10:00	00:01:36	00:50:48	02:46:54	555	100 Boulder, Co
John Conte	00:34:18	00:02:07	01:18:40	00:02:58	00:48:58	02:47:01	558	101 Ft. Collins, Co
Stephen Rogers	00:29:39	00:01:55	01:13:21	00:02:15	00:53:55	02:47:05	559	102 Longmont, Co
John Brandstatter	00:24:52	00:01:44	01:22:54	00:03:18	00:55:44	02:48:32	574	103 Ft. Collins, Co
Kevin Blackwell	00:30:43	00:02:41	01:18:01	00:02:30	00:54:46	02:48:41	578	104 Kansa City, Ks
Mark Zondlo	00:29:23	00:02:50	01:26:38	00:03:00	00:47:16	02:49:07	585	105 Boulder, Co
Kris Barber	00:38:07	00:01:42	01:17:30	00:01:21	00:50:44	02:49:24	590	106 Denver, Co
Kerry Shea	00:40:27	00:01:34	01:13:44	00:01:38	00:52:18	02:49:41	599	107 Boulder, Co
Sean David	00:28:27	00:01:42	01:23:26	00:02:26	00:53:42	02:49:43	601	108 Boulder, Co
Tom Fields	00:25:03	00:03:00	01:31:34	00:01:30	00:48:43	02:49:50	603	109 Denver, Co
John Kucewicz	00:29:49	00:02:43	01:23:19	00:02:06	00:51:56	02:49:53	606	110 Seattle, Wa
Vaughn Mcwilliams	00:26:37	00:02:09	01:24:47	00:02:46	00:53:36	02:49:55	607	111 Boulder, Co
Geoff Ochsner	00:31:20	00:02:59	01:20:18	00:02:44	00:52:42	02:50:03	610	112 Nederland, Co
Travis Kelley	00:38:38	00:02:41	01:18:14	00:02:21	00:48:56	02:50:50	620	113 Denver, Co
Mike Stone	00:33:41	00:02:30	01:23:34	00:04:23	00:46:51	02:50:59	621	114 Boulder, Co
Paul Peeder	00:35:53	00:02:18	01:21:30	00:01:25	00:50:02	02:51:08	622	115 Littleton, Co
Jeffrey Nissley	00:34:56	00:03:02	01:20:56	00:02:27	00:50:12	02:51:33	627	116 Louisville, Co
Ross Berger	00:34:47	00:03:07	01:22:21	00:01:34	00:50:04	02:51:53	630	117 Chicago, Il
John Horton	00:39:25	00:02:02	01:19:16	00:01:18	00:49:58	02:51:59	634	118 Boulder, Co
Anson Fatland	00:39:22	00:02:20	01:15:11	00:01:45	00:53:23	02:52:01	635	119 Boulder, Co
Scott Olmer	00:33:38	00:03:20	01:24:15	00:02:49	00:48:57	02:52:59	649	120 Denver, Co
Scott Anderson	00:37:03	00:02:13	01:24:39	00:02:05	00:47:08	02:53:08	654	121 Denver, Co
Jefferey Billingsley	00:39:42	00:02:43	01:19:12	00:01:53	00:50:19	02:53:49	667	122 Lafayette, Co
Brian Davis	00:36:57	00:02:46	01:24:40	00:02:23	00:47:10	02:53:56	671	123 Denver, Co
Randy Preble	00:36:33	00:02:24	01:26:23	00:01:56	00:46:57	02:54:13	675	124 Denver, Co
Paul Mason	00:37:17	00:01:52	01:23:47	00:01:18	00:50:26	02:54:40	682	125 Denver, Co
Michael Mcfall	00:41:25	00:03:36	01:18:20	00:02:26	00:50:05	02:55:52	695	127 Boulder, Co
Colin Eckhart	00:34:26	00:03:08	01:24:07	00:03:30	00:50:41	02:55:52	698	126 Cary, Nc
Kelly Taylor	00:34:37	00:02:36	01:24:42	00:03:11	00:51:17	02:56:23	711	128 Boulder, Co
Kevin Smith	00:33:41	00:02:14	01:26:23	00:03:19	00:50:48	02:56:25	713	129 Ft. Collins, Co
Fergus O'Brien	00:29:49	00:02:51	01:23:57	00:02:57	00:57:23	02:56:57	716	130 Boulder, Co
Jerry Kopack	00:44:07	00:02:30	01:17:27	00:02:40	00:50:38	02:57:22	729	131 Boulder, Co
John Schumacher	00:38:29	00:02:37	01:25:59	00:02:52	00:47:50	02:57:47	737	132 Denver, Co
Joshua Gang	00:35:31	00:03:39	01:22:47	00:02:31	00:54:54	02:59:22	763	133 Boulder, Co
Kelby Marks	00:44:15	00:02:16	01:22:52	00:01:52	00:48:09	02:59:24	764	134 Nederland, Co
Scott Burgoz	00:31:47	00:02:52	01:35:36	00:03:30	00:45:51	02:59:36	768	135 Littleton, Co
Toben Lafrancois	00:38:44	00:03:43	01:26:39	00:03:18	00:47:22	02:59:46	772	136 Ft. Collins, Co
Ryan Kohlheim	00:37:32	00:02:32	01:29:54	00:02:27	00:48:53	03:01:18	790	137 Longmont, Co
Kevin Vanliere	00:40:37	00:03:31	01:27:29	00:02:01	00:47:56	03:01:34	796	138 Boulder, Co

Samuel Turney	00:46:01	00:03:15	01:21:32	00:01:40	00:49:53	03:02:21	803	139	Boulder, Co
Chad Duthie	00:30:14	00:02:44	01:28:51	00:02:42	00:58:21	03:02:52	811	140	Colorado Springs, Co
Richard Huffman	00:35:33	00:01:59	01:26:29	00:01:41	00:58:15	03:03:57	822	141	Oklahoma City, Ok
Justin Adcock	00:40:25	00:02:07	01:24:04	00:01:49	00:58:40	03:07:05	852	142	Lafayette, Co
Sean Tapis	00:34:37	00:02:49	01:30:22	00:02:20	00:57:53	03:08:01	860	143	Denver, Co
Stephen Norton	00:40:33	00:03:56	01:23:18	00:02:26	00:57:56	03:08:09	861	144	Arvada, Co
Mike Powers	00:52:42	00:04:05	01:17:45	00:02:22	00:51:50	03:08:44	864	145	Boulder, Co
Andrew Slayton	00:35:45	00:01:31	01:42:15	00:01:43	00:47:41	03:08:55	865	147	Denver, Co
Teofilo Raad	00:43:52	00:02:58	01:26:52	00:03:09	00:52:04	03:08:55	866	146	Scottsdale, Az
Nick Martin	00:34:47	00:03:26	01:33:50	00:02:10	00:55:47	03:10:00	878	148	Aurora, Co
Doug Elenowitz	00:40:33	00:03:32	01:26:41	00:01:59	00:57:16	03:10:01	879	149	Denver, Co
Erik Nyce	00:37:40	00:05:04	01:34:02	00:02:18	00:51:54	03:10:58	886	150	Golden, Co
Chris Dinneen	00:41:05	00:03:38	01:24:54	00:02:34	01:00:18	03:12:29	892	151	Boulder, Co
Brent Drever	00:36:39	00:05:58	01:35:00	00:03:05	00:52:55	03:13:37	900	152	Denver, Co
Jordan Kahn	00:44:13	00:03:09	01:32:33	00:01:26	00:53:55	03:15:16	912	153	Dallas, Tx
Oliver Sanidas	00:34:10	00:04:51	01:37:38	00:02:47	00:57:04	03:16:30	922	154	Denver, Co
Bram Janaitis	00:41:31	00:05:28	01:34:05	00:04:42	00:50:50	03:16:36	923	155	Boulder, Co
Tom Alford	00:53:29	00:04:20	01:24:30	00:03:24	00:51:24	03:17:07	928	156	Broomfield, Co
Casey Cupp	00:48:25	00:02:23	01:29:43	00:01:24	00:55:43	03:17:38	933	157	Denver, Co
Bruse Orem	00:40:31	00:03:55	01:35:20	00:02:28	00:56:39	03:18:53	946	158	Denver, Co
Eugene Chu	00:51:26	00:07:38	01:22:40	00:05:21	00:52:54	03:19:59	954	159	Denver, Co
Peter Mcalenny	00:36:49	00:04:39	01:36:15	00:04:21	01:00:01	03:22:05	971	160	Lafayette, Co
Jolynn Loewerkamp	00:42:17	00:03:21	01:34:14	00:02:51	01:00:19	03:23:02	976	161	Ft. Collins, Co
Vince Bejarano	00:38:56	00:03:58	01:43:21	00:01:48	00:56:54	03:24:57	990	162	Commerce City, Co
Thomas Trimmer	00:44:21	00:02:49	01:42:28	00:02:34	00:57:50	03:30:02	1018	163	Denver, Co
Matthew Porta	00:44:28	00:02:33	01:40:45	00:02:52	01:01:12	03:31:50	1025	164	Denver, Co
Andrew Jatinen	00:36:45	00:05:12	01:40:38	00:05:06	01:06:48	03:34:29	1033	165	Denver, Co
Marcus Chen	00:44:23	00:02:32	01:37:37	00:02:32	01:09:34	03:36:38	1039	166	Denver, Co
Martin Goldstein	00:34:34	00:02:47	01:51:21	00:03:06	01:09:53	03:41:41	1048	167	Denver, Co
Denise Hamlett	00:49:25	00:02:37	01:48:34	00:03:08	01:00:07	03:43:51	1051	168	Peterson AFB, Co
Bruce Parsons	00:52:56	00:05:45	01:39:54	00:02:42	01:04:25	03:45:42	1055	169	Aurora, Co
Mark Latona	00:48:47	00:06:02	02:08:30	00:04:23	00:58:12	04:05:54	1075	170	Longmont, Co
John Pougnet	01:16:24	00:03:07	01:55:52	00:03:32	01:08:45	04:27:40	1084	171	Littleton, Co
Heath Rushing	00:29:21	00:01:32							Colorado Springs, Co
Michael Dedio	00:36:00	00:05:15							Denver, Co

M30-34
YRS

Pat Brug	00:21:01	00:00:56	01:04:57	00:01:09	00:36:38	02:04:41	13	1	Los Alamos, Nm
Chris Peeters	00:22:20	00:00:56	01:06:26	00:00:56	00:35:41	02:06:19	24	2	Thiensville, Wi
Tim Sandell	00:22:05	00:00:43	01:06:31	00:01:00	00:36:16	02:06:35	25	3	Colorado Springs, Co
Dirk Bouma	00:21:07	00:00:57	01:08:50	00:00:55	00:35:38	02:07:27	32	4	Denver, Co
Alea Williamson	00:22:29	00:01:11	01:06:29	00:01:05	00:37:53	02:09:07	36	5	Ft Worth, Tx
Cid Cardoso	00:22:31	00:00:54	01:06:38	00:01:04	00:38:15	02:09:22	39	6	Cary, Nc
Christian Krueger	00:21:31	00:00:53	01:08:09	00:01:00	00:37:54	02:09:27	41	7	Santa Fe, Nm
Timothy Bolen	00:23:48	00:01:42	01:05:51	00:01:12	00:37:12	02:09:45	42	8	Phoenix, Az
Jeffrey Jewell	00:22:14	00:01:18	01:08:07	00:01:02	00:37:04	02:09:45	43	9	Middletown, Oh
Paul Murphy	00:28:31	00:00:58	01:01:44	00:00:52	00:38:12	02:10:17	46	10	Ft. Collins, Co
Kevin Konczak	00:24:44	00:00:48	01:07:00	00:00:55	00:37:56	02:11:23	50	11	Boulder, Co
John Becker	00:24:19	00:01:05	01:07:40	00:01:05	00:37:44	02:11:53	55	12	Littleton, Co
Tim Streb	00:20:30	00:01:05	01:08:31	00:00:59	00:41:47	02:12:52	63	13	Fenton, Mo
Kevin Belden	00:25:33	00:01:52	01:07:41	00:01:09	00:37:32	02:13:47	68	14	Boulder, Co
Michael Ricci	00:24:31	00:01:11	01:09:32	00:00:47	00:38:50	02:14:51	80	15	Boulder, Co
Kenneth Ruterbories	00:23:03	00:01:27	01:10:03	00:01:27	00:39:21	02:15:21	82	16	Denver, Co
Brain Hunter	00:24:41	00:00:59	01:09:35	00:00:55	00:39:34	02:15:44	86	17	Nederland, Co
Timothy Heiman	00:22:15	00:01:09	01:12:12	00:01:35	00:38:37	02:15:48	87	18	Boulder, Co
Andrew Halperin	00:24:29	00:00:59	01:08:14	00:00:58	00:41:42	02:16:22	98	19	Niwot, Co
David Sarson	00:24:29	00:01:05	01:08:40	00:01:08	00:42:06	02:17:28	104	20	Boulder, Co
Michael Lappin	00:26:35	00:02:00	01:07:04	00:01:07	00:41:20	02:18:06	112	21	Boulder, Co
Dan Dolan	00:23:35	00:01:43	01:13:03	00:01:22	00:38:51	02:18:34	117	22	Boulder, Co
Steve Howe	00:28:45	00:01:53	01:09:04	00:01:15	00:38:52	02:19:49	135	23	Salt Lake City, Ut
Brian Johnson	00:25:35	00:01:13	01:10:53	00:01:18	00:41:08	02:20:07	136	24	Littleton, Co
Brian Cook	00:22:28	00:00:50	01:13:01	00:01:10	00:43:30	02:20:59	149	25	Santa Barbara, Ca
Robert Wood	00:25:31	00:01:06	01:11:26	00:01:09	00:41:55	02:21:07	151	26	Boulder, Co
Curt Chesney	00:27:10	00:02:04	01:05:25	00:01:28	00:45:15	02:21:22	152	27	Boulder, Co
Ron Guillot	00:27:12	00:01:26	01:10:26	00:00:51	00:41:31	02:21:26	153	28	Denver, Co
Warren Lemerich	00:24:58	00:01:33	01:12:20	00:01:09	00:41:36	02:21:36	155	29	Cheyenne, Wy
Scott Murphy	00:26:36	00:01:14	01:11:53	00:01:05	00:41:06	02:21:54	160	30	Lakewood, Co
James Gimurtu	00:24:16	00:01:20	01:10:55	00:01:16	00:44:48	02:22:35	168	31	Salt Lake City, Ut
Robert Landrum	00:28:12	00:02:07	01:11:57	00:01:47	00:40:09	02:24:12	183	32	Madison, Wi
Brad Hahn	00:25:30	00:01:34	01:11:42	00:01:46	00:43:56	02:24:28	188	33	Boulder, Co

Mark Zeller	00:22:58	00:01:28	01:18:4800:01:58	00:39:26	02:24:38	192	34 Faribault, Mn
Rick Zimmerman	00:26:04	00:02:25	01:10:3700:01:54	00:43:54	02:24:54	195	35 Gundale, Az
Timothy Ryan	00:29:00	00:01:40	01:12:1200:01:09	00:41:14	02:25:15	203	36 O Fallon, Il
Steve Becker	00:32:46	00:01:27	01:09:3400:01:20	00:40:11	02:25:18	207	37 Denver, Co
Michael Starck	00:24:56	00:02:11	01:12:3200:01:45	00:44:41	02:26:05	216	38 Longmont, Co
John Garrity	00:22:23	00:01:31	01:19:5400:01:10	00:42:01	02:26:59	231	39 Colorado Springs, Co
Jim Franklin	00:28:26	00:01:59	01:16:0200:01:26	00:39:26	02:27:19	243	40 Boulder, Co
Jim Holscher	00:30:34	00:01:48	01:08:3900:01:29	00:44:54	02:27:24	245	41 Scottsbluff,Ne
Michael Travers	00:25:02	00:03:15	01:13:4300:01:36	00:44:34	02:28:10	251	42 Denver, Co
Dave Sutton	00:29:15	00:01:17	01:13:0400:01:17	00:43:23	02:28:16	253	43 Louisville, Co
Dean Williamson	00:25:18	00:02:38	01:14:2400:02:31	00:43:58	02:28:49	259	44 Denver, Co
Rob Gilbert	00:34:48	00:01:57	01:15:3500:03:25	00:33:27	02:29:12	265	45 Denver, Co
Michael Carter	00:30:06	00:02:04	01:14:1000:01:12	00:41:45	02:29:17	266	46 Boulder, Co
Rob Kaplan	00:34:49	00:01:28	01:11:2900:01:04	00:41:16	02:30:06	283	47 Boulder, Co
Todd McBride	00:28:57	00:02:08	01:12:3000:01:04	00:45:32	02:30:11	284	48 Louisville, Co
Tim Giesan	00:30:10	00:01:24	01:14:4000:01:42	00:42:42	02:30:38	290	49 Denver, Co
Michael Schlacter	00:26:51	00:01:36	01:13:5700:01:33	00:47:01	02:30:58	296	50 Colorado Springs, Co
David Holland	00:24:58	00:03:05	01:14:5900:02:32	00:45:41	02:31:15	301	51 Boulder, Co
Mark Mcquillan	00:27:46	00:02:37	01:16:1000:02:01	00:43:06	02:31:40	307	52 Boulder, Co
Brian Thelen	00:32:44	00:04:27	01:12:1200:02:44	00:39:48	02:31:55	312	54 Boulder, Co
John Simmerman	00:32:05	00:02:49	01:14:1700:01:40	00:41:04	02:31:55	311	53 Boulder, Co
Dan Knauss	00:26:50	00:02:04	01:16:0400:01:51	00:45:32	02:32:21	318	55 Golden, Co
Roderick Wold	00:27:49	00:01:36	01:12:0500:01:16	00:42:20	02:33:06	329	56 Broomfield, Co
Thomas Plog	00:29:23	00:03:02	01:14:4100:02:27	00:43:46	02:33:19	332	57 Englewood, Co
Ben Kuster	00:28:29	00:03:17	01:16:5700:01:01	00:43:42	02:33:26	333	58 Longmont, Co
Robert Orman	00:34:42	00:01:56	01:10:3000:01:02	00:45:21	02:33:31	336	59 Denver, Co
Peter Mandell	00:25:29	00:02:48	01:20:5700:01:52	00:42:45	02:33:51	345	60 Boulder, Co
Paul Martin	00:29:24	00:01:45	01:08:1500:01:56	00:52:38	02:33:58	348	61 Boulder, Co
Larry McKeogh	00:27:25	00:01:46	01:13:5200:01:12	00:51:14	02:35:29	366	62 Boulder, Co
Brian Lindsley	00:24:09	00:03:31	01:22:5700:02:20	00:42:53	02:35:50	374	63 Boulder, Co
Ike Krasniewicz	00:32:30	00:03:04	01:15:2400:02:17	00:42:46	02:36:01	377	64 Boulder, Co
Mike Keffeler	00:34:39	00:03:51	01:12:5000:02:10	00:42:45	02:36:15	385	65 Longmont, Co
Stephen Cann	00:35:38	00:03:14	01:12:1500:01:27	00:44:33	02:37:07	397	66 Boulder, Co
Jeff Mitchem	00:28:38	00:02:35	01:12:2000:02:07	00:52:05	02:37:45	409	67 Broomfield, Co
Scott Caruso	00:33:19	00:02:28	01:15:3800:01:38	00:44:52	02:37:55	411	68 Denver, Co
Thomas Oneill	00:24:19	00:02:07	01:21:2300:02:24	00:48:38	02:38:51	427	69 Colorado Springs, Co
Bob Prieto	00:27:18	00:03:01	01:17:0500:01:38	00:47:51	02:38:53	428	70 Boulder, Co
Thomas Okeefe	00:25:10	00:02:29	01:20:3100:01:26	00:49:30	02:39:06	431	71 Parker, Co
Neil Krauss	00:25:26	00:02:35	01:24:0500:02:50	00:44:19	02:39:15	433	72 Broomfield, Co
Guillaume Fouque	00:30:36	00:02:17	01:19:0100:02:31	00:45:11	02:39:36	441	73 Denver, Co
Paul Grimm	00:34:59	00:02:00	01:19:0000:01:35	00:42:09	02:39:43	446	74 Littleton, Co
Andrew Vogt	00:31:49	00:02:28	01:17:0100:01:31	00:48:17	02:41:06	462	75 Denver, Co
Steve Hart	00:28:55	00:02:06	01:20:4400:03:38	00:46:11	02:41:34	466	76 Littleton, Co
Daniel Owens	00:33:40	00:02:56	01:19:4100:01:50	00:43:30	02:41:37	467	77 Pengilly, Mn
William Holland	00:25:11	00:04:06	01:22:2300:02:23	00:49:26	02:43:29	499	78 Denver, Co
Gregory Stauffer	00:38:03	00:01:51	01:17:2400:02:11	00:44:23	02:43:52	504	79 Ft. Collins, Co
John Woodhull	00:26:05	00:02:52	01:25:4700:02:21	00:46:58	02:44:03	509	80 Denver, Co
Magnus Ronn	00:34:14	00:02:34	01:15:3400:01:38	00:50:41	02:44:41	521	81 Boulder, Co
Brian Sells	00:30:55	00:01:51	01:19:0900:03:32	00:49:51	02:45:18	528	82 Castle Rock. Co
Greg Murnock	00:30:05	00:01:26	01:16:3900:01:14	00:56:02	02:45:26	529	83 Colorado Springs, Co
S Brooks Crosby	00:29:22	00:02:25	01:22:0900:01:24	00:50:08	02:45:28	530	84 Boulder, Co
Brooke Harrison	00:32:50	00:03:17	01:15:4100:01:49	00:52:15	02:45:52	537	85 Boulder, Co
Timothy Sells	00:31:12	00:02:22	01:14:2500:01:41	00:56:13	02:45:53	538	86 Lafayette, Co
Carl Boni	00:44:24	00:01:18	01:11:4200:01:34	00:47:20	02:46:18	544	87 Lafayette, Co
Rick Wiener	00:34:02	00:03:11	01:19:3400:01:24	00:48:38	02:46:49	553	88 Boulder, Co
Tom Fahres	00:36:23	00:01:46	01:18:4400:01:27	00:48:33	02:46:53	554	89 Lafayette, Co
Mike Towbin	00:27:40	00:02:14	01:19:4000:02:00	00:55:54	02:47:28	562	90 Ft. Collins, Co
Sean McLaughlin	00:31:55	00:03:07	01:22:3500:01:45	00:49:19	02:48:41	577	91 Avon, Co
George Learned	00:34:52	00:02:06	01:22:1800:02:35	00:46:57	02:48:48	580	92 Denver, Co
Ted Harris	00:35:21	00:02:41	01:20:5300:01:58	00:48:28	02:49:21	589	93 Boulder, Co
Eric Brown	00:31:09	00:04:31	01:19:3500:02:42	00:51:42	02:49:39	597	94 Denver, Co
Steven Schliem	00:35:02	00:01:52	01:22:2500:01:49	00:49:11	02:50:19	611	95 Frisco, Tx
Darrin Cole	00:28:10	00:03:07	01:22:0700:02:04	00:54:57	02:50:25	613	96 Boulder, Co
Michael Dry	00:31:43	00:02:26	01:22:5700:01:41	00:51:58	02:50:45	618	97 Littleton, Co
John Vandersea	00:32:28	00:01:43	01:20:4200:02:00	00:53:53	02:50:46	619	98 Westminster, Co
Peter Michel	00:35:06	00:01:34	01:23:1000:01:11	00:50:47	02:51:48	629	99 Boulder, Co
Scott Below	00:28:23	00:01:04	01:35:4300:01:49	00:46:00	02:52:59	650	100 Aurora, Co
Bill Richmond	00:36:21	00:02:11	01:18:3200:02:26	00:53:38	02:53:08	655	101 Highlands Ranch, Co
Joe Wilson	00:25:56	00:02:35	01:27:0200:01:04	00:57:12	02:53:49	666	102 Evergreen, Co
Scott Sorensen	00:33:51	00:01:55	01:20:4700:02:30	00:54:51	02:53:54	669	103 Salt Lake City, Ut
Don Backstrom	00:28:47	00:03:08	01:27:4800:02:34	00:51:42	02:53:59	672	104 Denver, Co

Eric Everson	00:45:14	00:03:09	01:17:46	00:02:16	00:45:59	02:54:24	681	105	Boulder, Co
Jim Bartuska	00:25:52	00:04:38	01:27:06	00:02:37	00:55:41	02:55:54	699	106	Westminster, Co
Matthew White	00:35:31	00:01:36	01:27:23	00:01:35	00:49:50	02:55:55	701	107	San Diego, Ca
Jeff Mckeenanhan	00:29:35	00:03:24	01:25:42	00:01:41	00:56:56	02:57:18	727	108	Boulder, Co
John Keller	00:34:25	00:01:50	01:22:28	00:02:03	00:56:41	02:57:27	732	109	Boulder, Co
Don Hudson	00:39:24	00:02:07	01:25:03	00:02:38	00:48:27	02:57:39	736	110	Denver, Co
Daniel Durden	00:35:05	00:02:43	01:23:51	00:05:43	00:50:46	02:58:08	742	111	Parker, Co
Michael Calabrese	00:30:49	00:01:58	01:28:27	00:01:19	00:56:13	02:58:46	750	112	Denver, Co
John Villapudua	00:39:28	00:04:46	01:25:13	00:02:03	00:47:38	02:59:08	755	113	Parker, Co
Dave Peterson	00:36:13	00:02:50	01:15:31	00:02:15	01:02:27	02:59:16	759	114	Scottsdale, Az
Jeffery Barrow	00:31:06	00:03:09	01:28:03	00:01:06	00:56:03	02:59:27	766	115	Phoenix, Az
Paul Obert	00:38:08	00:02:15	01:23:55	00:02:23	00:53:35	03:00:16	779	116	Denver, Co
Reynald Bodeux	00:42:41	00:02:19	01:21:04	00:08:26	00:45:51	03:00:21	781	117	Denver, Co
Richard Bachand	00:34:57	00:02:12	01:28:27	00:02:09	00:53:05	03:00:50	787	118	Loveland, Co
Jimmy Mindoro	00:34:50	00:02:25	01:24:26	00:02:18	00:57:09	03:01:08	788	119	Aurora, Co
William Watts	00:34:30	00:05:05	01:28:25	00:02:26	00:51:01	03:01:27	793	120	Louisville, Co
Vince Doerr	00:38:23	00:03:21	01:29:18	00:01:46	00:49:38	03:02:26	804	121	Boulder, Co
John Fosterr	00:31:38	00:02:56	01:27:17	00:02:11	00:59:29	03:03:31	816	122	Laramie, Wy
John Condojani	00:30:56	00:03:00	01:32:08	00:01:56	00:56:11	03:04:11	825	123	Glendale, Az
Kenny Johnson	00:32:30	00:02:57	01:26:31	00:01:43	01:01:36	03:05:17	834	124	Denver, Co
Scott Mcllelland	00:37:22	00:02:28	01:29:40	00:02:20	00:54:15	03:06:05	839	125	Davidson, Nc
Michael Rangel	00:39:38	00:02:53	01:24:10	00:03:21	00:56:33	03:06:35	844	126	Boulder, Co
Chris Boston	00:31:28	00:04:45	01:27:48	00:02:45	01:00:13	03:06:59	850	127	Broomfield, Co
Doug Hadden	00:39:31	00:01:58	01:32:50	00:02:12	00:53:18	03:09:49	875	128	Bridgeport, Ne
Derwin Allen	00:34:54	00:01:46	01:33:21	00:02:30	00:57:26	03:09:57	877	129	Denver, Co
Michael Keefe	00:37:33	00:02:32	01:33:20	00:01:27	01:00:24	03:15:16	911	130	Denver, Co
Joe Frisch	00:24:58	00:03:46	01:41:01	00:02:05	00:44:04	03:15:54	916	131	Steamboat Sprgs, Co
Richard Osman	00:38:38	00:03:42	01:31:09	00:07:43	00:54:52	03:16:04	918	132	Oakland, Ca
Michael Block	00:25:49	00:02:19	01:35:14	00:11:14	01:02:37	03:17:13	930	133	Boulder, Co
Stuart Erickson	00:44:32	00:03:47	01:26:34	00:03:14	00:59:39	03:17:46	936	134	Denver, Co
Brian Root	00:30:50	00:05:54	01:37:00	00:07:07	00:57:04	03:17:55	938	135	Denver, Co
David Hand	00:42:32	00:06:32	01:35:16	00:03:04	00:51:32	03:18:56	947	136	Denver, Co
Gary Bowhender	00:33:25	00:03:42	01:37:39	00:03:16	01:01:33	03:19:35	953	137	Ft. collins, Co
Dave Bond	00:47:34	00:03:33	01:32:30	00:01:37	00:57:27	03:22:41	974	138	Ottawa, Canada,
Richard Mayer	00:34:21	00:03:29	01:37:28	00:01:59	01:06:40	03:23:57	984	139	Denver, Co
Rich Ruhser	00:21:13	00:01:21	02:15:35	00:01:34	00:44:25	03:24:08	987	140	Denver, Co
Terry Ahn	00:41:40	00:04:49	01:33:01	00:03:34	01:03:07	03:26:11	1000	141	Denver, Co
Jeff Sherard	00:39:30	00:06:02	01:39:54	00:02:42	00:58:08	03:26:16	1001	142	Superior, Co
Michael Lazar	00:38:22	00:02:34	01:33:44	00:03:06	01:13:54	03:31:40	1022	143	Boulder, Co
Steve Kilberg	00:41:38	00:04:34	01:38:00	00:03:52	01:05:10	03:33:14	1028	144	Lafayette, Co
Andy Snow	00:48:26	00:05:17	01:31:29	00:03:20	01:11:58	03:40:30	1046	145	Denver, Co
Steve Ukena	00:46:42	00:03:25	01:33:57	00:02:31	01:31:02	03:57:37	1065	146	Boulder, Co
David Stenman	00:57:57	00:03:57	01:52:56	00:01:05	01:09:03	04:04:58	1074	147	Boulder, Co
Hector Macias	00:47:14	00:04:31	02:12:55	00:01:42	01:13:59	04:20:21	1082	148	Denver, Co

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YRS

Tony Richardson	00:19:37	00:01:12	01:05:57	00:01:12	00:36:54	02:04:52	15	1	Carlsbad, Ca
Daiv Harrison	00:21:55	00:01:25	01:03:39	00:00:47	00:37:18	02:05:04	19	2	Whitefish, Mt
Charles Hugo	00:21:35	00:01:20	01:06:43	00:00:54	00:38:51	02:09:23	40	3	Denver, Co
David Cihasky	00:26:13	00:01:23	01:06:33	00:00:55	00:36:15	02:11:19	49	4	Chippewa Falls, Wi
Scott Binder	00:23:38	00:01:21	01:07:03	00:01:07	00:39:42	02:12:51	62	5	Longmont, Co
Gary Kanner	00:25:52	00:01:37	01:05:55	00:01:02	00:39:30	02:13:56	70	6	Flagstaff, Az
Daniel Frauenheim	00:22:00	00:01:01	01:09:56	00:01:14	00:40:05	02:14:16	76	7	Chicago, Il
Brett Rose	00:20:18	00:01:05	01:10:47	00:01:19	00:41:42	02:15:11	81	8	Louisville, Co
Dean Frease	00:26:27	00:01:06	01:09:31	00:00:47	00:38:09	02:16:00	89	9	Evergreen, Co
Roger Knight	00:22:34	00:01:15	01:09:31	00:01:22	00:41:27	02:16:09	94	10	Boulder, Co
Gordon Settrirk	00:22:36	00:01:57	01:08:26	00:01:10	00:42:02	02:16:11	95	11	Boulder, Co
Luke Breedlove	00:25:19	00:01:03	01:09:01	00:00:55	00:40:29	02:16:47	101	12	Denver, Co
Edward Melanson	00:21:25	00:02:06	01:11:09	00:01:28	00:42:11	02:18:19	114	13	Denver, Co
Mark Gavach	00:24:27	00:01:52	01:09:41	00:00:52	00:42:25	02:19:17	123	14	Boulder, Co
Andy Rodriguez	00:25:50	00:02:02	01:08:49	00:00:59	00:41:43	02:19:23	125	15	Arvada, Co
Larry Seidman	00:24:31	00:01:54	01:12:49	00:01:04	00:39:31	02:19:49	134	16	Colorado Springs, Co
Brad Myers	00:25:36	00:01:45	01:09:10	00:01:30	00:42:07	02:20:08	137	17	Salem, In
Leroy Matticks	00:26:37	00:01:23	01:11:05	00:01:01	00:40:05	02:20:11	138	18	Aurora, Co
Ron Dart	00:27:12	00:01:25	01:08:27	00:00:51	00:42:19	02:20:14	139	19	Littleton, Co
Thomas Beal	00:23:44	00:01:23	01:14:26	00:01:04	00:39:54	02:20:31	140	20	Littleton, Co
Martin Fulk	00:32:27	00:01:22	01:07:00	00:01:17	00:38:26	02:20:32	141	21	Denver, Co
John Gedney	00:23:42	00:01:50	01:13:00	00:01:00	00:42:33	02:22:05	165	22	Louisville, Co
Dick Sumerfield	00:22:48	00:01:37	01:14:50	00:01:12	00:42:29	02:22:56	171	23	Boulder, Co
Luis Vargas	00:22:40	00:01:23	01:15:52	00:00:57	00:42:19	02:23:11	172	24	Boulder, Co
Neal McLaughlin	00:28:24	00:02:45	01:09:54	00:01:32	00:40:42	02:23:17	174	25	Sandy, Ut
Chip Morrison	00:26:18	00:02:44	01:14:46	00:01:41	00:38:32	02:24:01	180	26	Littleton, Co

James S Jr Hinman	00:26:15	00:03:42	01:08:47	00:02:19	00:43:06	02:24:09	181	27 Boulder, Co
Bob Hammond	00:25:00	00:01:50	01:14:07	00:01:30	00:41:46	02:24:13	184	28 Colorado Springs, Co
Brett Howard	00:31:57	00:02:49	01:06:10	00:01:59	00:42:42	02:25:37	211	29 Lakewood, Co
Jeffery Martin	00:26:19	00:01:31	01:13:40	00:01:06	00:43:50	02:26:26	223	30 Phoenix, Az
Steve Lethen	00:26:40	00:01:39	01:11:57	00:01:20	00:46:03	02:27:39	247	31 Cave Creek, Az
Toby Scott	00:26:16	00:02:48	01:16:54	00:02:44	00:39:14	02:27:56	248	32 Bend, Or
David Wason	00:27:53	00:01:30	01:14:22	00:01:00	00:43:25	02:28:10	250	33 Longmont, Co
Brendan Hemp	00:29:53	00:02:08	01:16:20	00:01:07	00:38:43	02:28:11	252	34 Louisville, Co
Joe Bakel	00:21:08	00:02:15	01:21:34	00:01:21	00:43:14	02:29:32	270	35 Ft. Collins, Co
Doug Wellner	00:26:27	00:01:58	01:14:33	00:00:50	00:46:11	02:29:59	278	36 Lafayette, Co
Paul Cristina	00:28:02	00:02:34	01:14:13	00:01:07	00:44:31	02:30:27	287	37 Boulder, Co
Mark Warner	00:27:00	00:02:32	01:13:23	00:01:40	00:46:05	02:30:40	292	38 Provo, Ut
Bart Conrad	00:31:20	00:01:48	01:14:26	00:00:57	00:42:16	02:30:47	293	39 Jackson, Wy
Jacobo Kameo	00:26:35	00:02:31	01:17:04	00:02:18	00:44:12	02:32:40	324	40 Boulder, Co
Jim Buderus	00:28:28	00:01:31	01:16:29	00:01:08	00:46:01	02:33:37	338	41 Louisville, Co
Oliver Bradford Iii	00:27:59	00:03:08	01:16:47	00:01:31	00:44:18	02:33:43	342	42 Denver, Co
Paul Stern	00:30:11	00:02:03	01:15:27	00:01:33	00:45:01	02:34:15	352	43 Boulder, Co
Steven Rutkowski	00:24:27	00:01:36	01:22:16	00:01:36	00:45:51	02:35:46	373	44 Aurora, Co
Troy Elliott	00:28:57	00:02:01	01:17:51	00:01:09	00:46:57	02:36:55	393	45 Wheat Ridge, Co
Dean Allison	00:30:29	00:04:11	01:12:56	00:05:02	00:45:58	02:38:36	419	46 Denver, Co
Mike Wasson	00:28:06	00:02:47	01:24:34	00:02:36	00:40:38	02:38:41	422	47 Arvada, Co
John Martin	00:30:09	00:03:07	01:21:34	00:01:41	00:42:36	02:39:07	432	48 Littleton, Co
Hans De Labije	00:29:15	00:03:08	01:19:59	00:01:10	00:45:50	02:39:22	434	49 Gouda, Netherlands,
Tj Hart	00:32:38	00:03:27	01:15:18	00:02:11	00:46:01	02:39:35	440	50 Boulder, Co
Robb Weins	00:29:05	00:02:16	01:19:30	00:01:45	00:47:02	02:39:38	442	51 Broomfield, Co
Greg Hughes	00:27:02	00:04:10	01:16:54	00:01:53	00:49:40	02:39:39	443	52 Fort Collins, Co
William Ernstrom	00:25:17	00:02:37	01:22:06	00:01:33	00:48:13	02:39:46	447	53 Golden, Co
Robert Pyle	00:27:28	00:02:09	01:21:23	00:02:16	00:46:58	02:40:14	452	54 Boulder, Co
David Witte	00:30:15	00:04:16	01:18:01	00:02:28	00:47:17	02:42:17	479	55 Loveland, Co
Matt Wholey	00:30:35	00:02:29	01:17:43	00:01:27	00:50:13	02:42:27	481	56 Pittsburgh, Pa
Gregg Mentzel	00:29:22	00:01:34	01:21:25	00:01:27	00:48:42	02:42:30	483	57 Gillette, Wy
Matthew Perini	00:26:03	00:02:05	01:22:09	00:01:46	00:50:47	02:42:50	490	58 Socorro, Nm
Jeff Randall	00:25:46	00:02:20	01:22:29	00:01:43	00:50:49	02:43:07	494	59 Lawrence, Ks
Craig Nagel	00:32:31	00:01:47	01:23:00	00:01:11	00:45:36	02:44:05	511	60 Ft. Collins, Co
Freddie Rodriguez	00:29:11	00:02:24	01:22:39	00:01:36	00:49:04	02:44:54	524	61 Colorado Springs, Co
Kevin Wahaus	00:33:38	00:01:41	01:19:02	00:01:08	00:50:19	02:45:48	536	62 Leavenworth, Ks
Scott Allan	00:31:06	00:03:44	01:22:17	00:01:46	00:47:02	02:45:55	539	63 Ft. Collins, Co
Russel Stark	00:30:47	00:02:34	01:22:23	00:02:19	00:47:55	02:45:58	540	64 Denver, Co
Eric Ort	00:36:03	00:02:33	01:17:17	00:01:14	00:49:28	02:46:35	547	65 Boulder, Co
Craig Davis	00:31:53	00:05:14	01:20:38	00:03:04	00:45:55	02:46:44	550	66 Denver, Co
Craig Wolverton	00:34:09	00:04:23	01:17:40	00:02:41	00:48:01	02:46:54	556	67 Littleton, Co
Clyde Langley	00:36:42	00:02:06	01:20:52	00:01:38	00:47:19	02:48:37	575	68 Denver, Co
Marty Shea	00:34:19	00:03:54	01:14:52	00:03:09	00:52:36	02:48:50	581	69 Golden, Co
Jay De La Barre	00:34:41	00:01:41	01:19:56	00:01:53	00:50:49	02:49:00	583	70 Denver, Co
Clyde Johnson	00:38:38	00:02:55	01:18:47	00:02:40	00:46:17	02:49:17	586	71 Avon, Co
Todd Morley	00:30:58				00:53:19	02:50:03	609	72 Woodland Park, Co
Rex Osborn	00:38:35	00:04:22	01:19:48	00:02:01	00:45:59	02:50:45	617	73 Sidney, Ne
Greg Southard	00:36:18	00:02:09	01:20:17	00:02:41	00:49:52	02:51:17	623	74 Santa Fe, Nm
Jay Smith	00:29:48	00:03:32	01:20:16	00:02:30	00:55:27	02:51:33	625	75 Westminster, Co
Rob Bloomquist	00:34:07	00:02:45	01:23:03	00:01:34	00:50:41	02:52:10	637	76 Boulder, Co
John Herczeg	00:34:53	00:03:11	01:31:26	00:01:03	00:43:13	02:53:46	663	77 Boulder, Co
Scott Bristol	00:34:48	00:03:25	01:26:44	00:02:17	00:47:03	02:54:17	677	78 Denver, Co
Scott Fushi	00:30:45	00:04:05	01:23:50	00:01:57	00:53:42	02:54:19	679	79 Boulder, Co
Paul Harris	00:28:28	00:02:18	01:20:06	00:02:05	01:01:26	02:54:23	680	80 Nederland, Co
Bill Stewart	00:30:53	00:03:55	01:26:50	00:03:10	00:50:01	02:54:49	684	81 Boulder, Co
Peter Morin	00:26:47	00:03:54	01:33:22	00:01:23	00:50:13	02:55:39	694	82 Golden, Co
Nick Mastronardi	00:40:20	00:03:35	01:19:48	00:02:19	00:49:50	02:55:52	697	83 Longmont, Co
Peter Ewers	00:35:34	00:02:48	01:28:57	00:00:59	00:47:36	02:55:54	700	84 Golden, Co
David Gale	00:35:43	00:02:38	01:23:10	00:01:44	00:53:43	02:56:58	717	85 Brighton, Co
Roberto Bianco	00:36:05	00:03:53	01:23:49	00:02:13	00:51:23	02:57:23	730	86 Louisville, Co
Brad Averill	00:38:53	00:02:50	01:24:57	00:01:35	00:49:23	02:57:38	734	87 Littleton, Co
Dennis Jr Flanigan	00:31:55	00:03:45	01:23:17	00:02:29	00:56:36	02:58:02	741	88 Longmont, Co
George Vlcek	00:30:36	00:04:06	01:29:55	00:02:26	00:52:43	02:59:46	773	89 Golden, Co
John Mair	00:31:30	00:04:12	01:31:24	00:01:41	00:51:16	03:00:03	777	90 Mammoth Lakes, Ca
Mark Saunders	00:37:09	00:03:24	01:22:50	00:02:25	00:55:38	03:01:26	792	91 Boulder, Co
Kent Montavon	00:34:27	00:03:02	01:16:39	00:02:08	01:05:34	03:01:50	797	92 Denver, Co
David-Ray Mendoza	00:39:25	00:03:04	01:29:10	00:02:10	00:48:30	03:02:19	802	93 Denver, Co
Danny Shearer	00:37:19	00:03:58	01:27:15	00:01:54	00:52:39	03:03:05	812	94 Boulder, Co
Roger Hennefeld	00:35:05	00:02:25	01:22:12	00:01:52	01:01:54	03:03:28	815	95 Basalt, Co
Andrew Graziano	00:36:38	00:04:01	01:27:52	00:04:46	00:53:24	03:06:41	846	96 Longmont, Co
Andy Mirkis	00:30:24	00:09:45	01:27:20	00:03:09	00:56:56	03:07:34	856	97 Boulder, Co

David Hollar	00:48:24	00:04:04	01:26:08	00:02:10	00:47:04	03:07:50	858	98 Denver, Co
Pete Atwater	00:37:37	00:03:33	01:37:06	00:01:46	00:48:08	03:08:10	862	99 Golden, Co
Jon Farinholt	00:29:36	00:02:59	01:26:08	00:02:16	01:08:16	03:09:15	869	100 Evergreen, Co
Michael Gardiner	00:41:08	00:04:06	01:25:00	00:03:56	00:55:15	03:09:25	871	101 Denver, Co
Steve Hagenbuckle	00:36:56	00:03:57	01:34:30	00:03:44	00:52:00	03:11:07	887	102 Boulder, Co
Kevin Linehan	00:38:46	00:04:51	01:31:15	00:02:11	00:55:42	03:12:45	893	103 Boulder, Co
Lee Byrd	00:43:03	00:05:47	01:29:49	00:03:44	00:51:44	03:14:07	902	104 Denver, Co
Lon Vincent	00:37:34	00:03:24	01:40:40	00:03:11	00:51:03	03:15:52	915	105 Sedalia, Co
Timothy Murphy	00:44:31	00:04:42	01:31:46	00:02:17	00:53:22	03:16:38	924	106 Boulder, Co
Monique Reece Myron	00:40:59	00:05:14	01:33:40	00:02:52	00:54:22	03:17:07	929	107 Denver, Co
Jeff Esses	00:32:26	00:04:08	01:39:58	00:03:00	00:58:30	03:18:02	939	108 Boulder, Co
Ron Lamberson	00:38:29	00:05:23	01:33:17	00:03:18	01:00:33	03:21:00	959	109 Lakewood, Co
Mike Boubin	00:35:53	00:05:31	01:37:20	00:03:20	01:01:58	03:24:02	986	110 Denver, Co
Steve Leddick	00:43:52	00:03:52	01:38:36	00:04:33	00:57:25	03:28:18	1007	111 Englewood, Co
Edward Gillcrist	00:44:09	00:06:48	01:57:28	00:03:35	01:06:47	03:58:47	1066	112 Rio Rancho, Nm
Ray Styles	00:47:39	00:11:00	01:56:22	00:07:29	00:57:01	03:59:31	1068	113 Boulder, Co
Bob Utberg	00:23:44	00:01:00	01:13:24	00:00:53				Englewood, Co

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YRS

Andy Fox	00:20:19	00:01:06	01:07:08	00:01:01	00:37:29	02:07:03	27	1 Denver, Co
John Delmez	00:23:53	00:01:02	01:05:44	00:00:56	00:38:19	02:09:54	45	2 Littleton, Co
Kevin Edwards	00:25:45	00:01:28	01:07:10	00:01:13	00:38:31	02:14:07	72	3 Boulder, Co
Matt Haugen	00:26:48	00:01:17	01:10:52	00:01:21	00:35:24	02:15:42	85	4 Colorado Springs, Co
Robert Brown	00:23:44	00:01:34	01:09:14	00:01:22	00:40:08	02:16:02	90	5 Boulder, Co
George Dallam	00:23:13	00:00:59	01:09:03	00:02:18	00:42:25	02:17:58	110	6 Colorado Springs, Co
Woody Noleen	00:24:05	00:01:10	01:12:10	00:01:12	00:40:47	02:19:24	126	7 Springs, Co
Timothy Crossen	00:26:03	00:01:16	01:08:10	00:01:20	00:44:49	02:21:38	157	8 Denver, Co
Jeff Layman	00:23:57	00:01:19	01:14:31	00:01:07	00:41:32	02:22:26	167	9 Avon, Co
Herb Thompson	00:28:51	00:00:48	01:11:24	00:00:56	00:41:36	02:23:35	178	10 Cottage Grove, Wi
Vince Walker	00:25:40	00:01:21	01:12:51	00:01:00	00:43:28	02:24:20	186	11 Boulder, Co
Ken Leader	00:22:36	00:01:41	01:14:38	00:01:52	00:44:19	02:25:06	201	12 Longmont, Co
Steve Lynn	00:26:51	00:01:54	01:12:59	00:01:27	00:42:50	02:26:01	215	13 Denver, Co
George Franklin	00:25:20	00:02:40	01:14:18	00:01:16	00:42:41	02:26:15	218	14 Aurora, Co
Jeff Lang	00:26:22	00:01:56	01:15:11	00:01:42	00:41:14	02:26:25	222	15 Colorado Springs, Co
Guy Sigley	00:27:39	00:01:14	01:10:19	00:01:27	00:45:52	02:26:31	224	16 Highlands Ranch, Co
P.J. Smith	00:26:34	00:01:32	01:15:11	00:02:04	00:41:19	02:26:40	226	17 Park City, Ut
Joseph Fretz	00:25:51	00:01:51	01:16:36	00:01:12	00:42:56	02:28:26	254	18 Aurora, Co
Mark Richards	00:27:54	00:02:17	01:13:59	00:01:40	00:42:50	02:28:40	258	20 Denver, Co
Thomas Prehn	00:27:27	00:03:33	01:08:59	00:02:08	00:46:33	02:28:40	257	19 Boulder, Co
Cisco Quintero	00:28:10	00:02:13	01:16:38	00:01:51	00:41:02	02:29:54	275	21 Erie, Co
Ric Streeter	00:28:36	00:01:35	01:15:06	00:01:32	00:43:38	02:30:27	286	22 Boulder, Co
Jim Barlow	00:28:35	00:01:46	01:16:05	00:02:06	00:41:58	02:30:30	288	23 Lakewood, Co
Mark Moeller	00:27:44	00:02:09	01:14:23	00:01:31	00:44:45	02:30:32	289	24 Boulder, Co
Jeff Ogren	00:29:28	00:02:26	01:17:10	00:02:19	00:39:31	02:30:54	294	25 Englewood, Co
Bill Frazier	00:27:07	00:02:50	01:14:32	00:01:55	00:44:35	02:30:59	298	26 Louisville, Co
Bruce Barrell	00:30:50	00:02:24	01:14:24	00:01:49	00:42:51	02:32:18	317	27 Colorado Springs, Co
Christopher Phelan	00:29:54	00:03:36	01:18:27	00:01:43	00:40:07	02:33:47	343	28 Dallas, Tx
Nick Patrick	00:34:12	00:01:06	01:15:28	00:01:12	00:43:17	02:35:15	363	29 United Kingdom
Seamus Mulloy	00:28:29	00:01:20	01:17:53	00:01:44	00:46:40	02:36:06	379	30 Phoenix, Az
Myron Zoglmann	00:26:03	00:02:37	01:19:21	00:01:44	00:47:05	02:36:50	391	31 Parker, Co
Douglas White	00:26:15	00:01:33	01:19:06	00:03:03	00:47:35	02:37:32	406	32 Glenrock, Wy
Peter Nestel	00:24:43	00:03:25	01:24:40	00:01:36	00:45:17	02:39:41	445	33 Boulder, Co
Lawrence Pfent Jr	00:24:01	00:03:08	01:24:22	00:02:43	00:47:37	02:41:51	470	34 Denver, Co
Bob Ladebush	00:28:57	00:02:47	01:21:02	00:01:51	00:47:57	02:42:34	484	35 Aurora, Co
Douglas Berling	00:35:45	00:02:50	01:15:54	00:02:09	00:46:59	02:43:37	500	36 Denver, Co
Mark Fischer	00:31:38	00:02:31	01:18:39	00:02:12	00:48:54	02:43:54	506	37 Carbondale, Co
Chris Walker	00:27:58	00:02:58	01:26:06	00:02:15	00:45:14	02:44:31	518	38 Boulder, Co
Craig Groseth	00:32:22	00:02:00	01:18:38	00:01:35	00:50:59	02:45:34	531	39 Littleton, Co
John Rolando	00:30:26	00:02:02	01:17:44	00:01:53	00:54:04	02:46:09	541	40 Longmont, Co
Bill Brackett	00:23:49	00:03:38	01:25:36	00:01:24	00:52:13	02:46:40	548	41 Littleton, Co
Eric Uhlberg	00:32:26	00:02:57	01:24:57	00:02:31	00:44:20	02:47:11	560	42 Denver, Co
John Valvano	00:27:48	00:02:56	01:29:35	00:02:12	00:45:29	02:48:00	570	43 Arvada, Co
Ary Rosen	00:32:34	00:03:47	01:24:07	00:03:39	00:44:59	02:49:06	584	44 Boulder, Co
Walter Peeples	00:32:18	00:02:40	01:22:41	00:00:34	00:51:12	02:49:25	591	45 Ft Collins, Co
Garland Campbell	00:34:44	00:03:23	01:20:57	00:02:09	00:48:17	02:49:30	594	46 Boulder, Co
Kirk Thoning	00:30:16	00:02:29	01:20:32	00:03:25	00:53:09	02:49:51	604	47 Boulder, Co
Gary Pawlas	00:32:09	00:02:15	01:25:29	00:01:40	00:50:00	02:51:33	626	48 Louisville, Co
Jeffrey Parker	00:34:50	00:02:53	01:22:56	00:01:46	00:50:30	02:52:55	644	49 Cedar Park, Tx
Dane Coyer	00:33:40	00:02:53	01:27:24	00:01:37	00:48:13	02:53:47	664	50 Longmont, Co
Michael Donahue	00:30:45	00:04:00	01:26:17	00:04:07	00:48:39	02:53:48	665	51 Boulder, Co
Jack Zuzack	00:36:04	00:03:38	01:25:28	00:01:32	00:47:09	02:53:51	668	52 Boulder, Co

Thomas Steinkraus	00:35:09 00:01:52 01:21:3600:02:21 00:53:59 02:54:57	686	53 German town, Wi
Daniel Cook	00:26:46 00:03:09 01:23:3300:02:54 00:59:00 02:55:22	692	54 Littleton, Co
Steve Dorner	00:32:30 00:02:11 01:25:2700:02:19 00:53:01 02:55:28	693	55 Breckenridge, Co
Ed Goodman	00:35:34 00:04:39 01:24:3100:02:02 00:49:13 02:55:59	703	56 Boulder, Co
Morris Bell	00:33:44 00:02:26 01:27:3300:01:41 00:51:37 02:57:01	720	57 Aurora, Co
Steve Norby	00:31:51 00:02:34 01:24:1900:02:13 00:57:50 02:58:47	752	58 Frisco, Co
William Malling	00:39:01 00:04:32 01:21:5400:03:57 00:49:49 02:59:13	757	59 Boulder, Co
Dana Roueche	00:46:14 00:02:56 01:21:2400:02:39 00:46:05 02:59:18	761	60 Longmont, Co
Michael Ellis	00:29:08 00:02:56 01:27:3300:01:35 00:58:47 02:59:59	776	61 Boulder, Co
Don Pettit	00:39:26 00:02:57 01:23:5300:01:38 00:54:47 03:02:41	808	62 Littleton, Co
Dan Mcdaniel	00:34:24 00:05:16 01:30:4900:02:55 00:50:51 03:04:15	826	63 Denver, Co
Rick Berry	00:41:17 00:02:30 01:29:0000:02:22 00:49:12 03:04:21	828	64 Ft. collins, Co
Noble Utley	00:35:05 00:03:46 01:28:3500:03:05 00:54:52 03:05:23	835	65 Vail, Co
Eric Zinn	00:32:16 00:06:48 01:34:2200:02:26 00:50:54 03:06:46	849	66 Denver, Co
Mike Moretti	00:34:01 00:02:34 01:30:2900:03:35 00:58:38 03:09:17	870	67 Kennesaw, Ga
Raymond Atkinson	00:33:11 00:04:37 01:29:3900:02:22 00:59:40 03:09:29	872	68 Boulder, Co
Don Jorgens	00:39:29 00:04:05 01:26:4800:02:23 00:58:10 03:10:55	885	69 Lakewood, Co
Chris Youll	00:39:32 00:02:38 01:23:4100:04:35 01:01:32 03:11:58	889	70 Lakewood, Co
Patrick Mcinerney	00:44:46 00:03:13 01:34:1800:05:05 00:49:57 03:17:19	932	71 Longmont, Co
Steven Hoffmann	00:29:34 00:05:35 01:45:5400:03:03 00:57:55 03:22:01	970	72 Broomfield, Co
John Parks	00:40:27 00:03:09 01:43:0800:02:02 00:57:21 03:26:07	997	73 Erie, Co
Brian Sanders	00:58:18 00:03:40 01:30:1600:03:36 00:52:27 03:28:17	1006	74 Louisville, Co
Ira Sacks	00:43:20 00:06:11 01:35:4600:05:40 01:00:46 03:31:43	1023	75 Englewood, Co
Nick Martin	00:22:28		Flagstaff, Az

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YRS

Michael Orendorff	00:24:51 00:01:23 01:07:5800:01:00 00:39:04 02:14:16	75	1 Pueblo, Co
Judd Johston	00:28:22 00:01:25 01:10:4100:01:39 00:42:23 02:24:30	189	2 Marquette, Mi
Ken Simboski	00:28:43 00:01:30 01:11:5000:01:09 00:42:05 02:25:17	205	3 Longmont, Co
Michael Seeley	00:28:34 00:02:15 01:11:3400:01:23 00:42:56 02:26:42	227	4 Denver, Co
Kurt Dallow	00:29:28 00:02:36 01:16:5100:01:15 00:39:13 02:29:23	267	5 Greeley, Co
Ken Lotze	00:28:14 00:02:13 01:14:3000:01:21 00:43:21 02:29:39	274	6 Lakewood, Co
John Pellouchoud	00:19:54 00:01:06 01:17:3500:01:28 00:49:56 02:29:59	279	7 Boulder, Co
Gary E Smith	00:27:21 00:02:10 01:14:4400:01:11 00:45:53 02:31:19	303	8 Englewood, Co
Jim Fuller	00:26:58 00:01:49 01:19:3000:01:26 00:42:14 02:31:57	313	9 Greeley, Co
John Turnbull	00:26:42 00:01:36 01:17:3000:01:02 00:49:18 02:36:08	381	10 Louisville, Co
Dennis Coombs	00:30:40 00:01:36 01:17:3300:01:54 00:45:34 02:37:17	400	11 Longmont, Co
Thomas Carroll	00:29:00 00:02:06 01:17:2600:01:32 00:50:14 02:40:18	455	12 Evergreen, Co
Brendan Mchugh	00:34:09 00:03:06 01:19:4500:01:37 00:42:54 02:41:31	465	13 Longmont, Co
Dean Myers	00:28:52 00:03:09 01:17:3700:01:54 00:51:04 02:42:36	485	14 Colorado Springs, Co
Jerrold Page	00:33:13 00:02:29 01:14:1200:02:12 00:52:06 02:44:12	514	15 Longmont, Co
Cory Coulsten	00:32:20 00:03:19 01:18:5000:02:00 00:51:01 02:47:30	565	16 Lakewood, Co
Geoff Morneay	00:27:16 00:03:03 01:28:0600:02:15 00:48:40 02:49:20	587	17 Denver, Co
Duncan Rinehart	00:32:03 00:03:27 01:23:1100:02:30 00:50:44 02:51:55	632	18 Boulder, Co
Stephen Katz	00:26:01 00:02:33 01:28:5200:02:20 00:52:32 02:52:18	638	19 New Orleans, La
William Swiggert	00:34:48 00:03:58 01:25:0800:01:38 00:48:11 02:53:43	661	20 Aurora, Co
Steven Keller	00:34:03 00:03:42 01:20:4900:02:14 00:53:25 02:54:13	676	21 Denver, Co
Larry Sather	00:38:18 00:03:27 01:22:0900:02:14 00:51:02 02:57:10	726	22 Westminster, Co
Mark Vande Riet	00:39:33 00:04:16 01:25:5700:02:04 00:47:08 02:58:58	753	23 Louisville, Co
Jack Delaney	00:35:45 00:02:07 01:30:2800:03:27 00:50:55 03:02:42	809	24 Alma, Co
Jay Paschall	00:34:27 00:03:12 01:24:1600:02:09 01:00:47 03:04:51	829	25 Boulder, Co
Steve Newman	00:40:05 00:03:54 01:28:4600:03:53 00:50:05 03:06:43	848	26 Denver, Co
Mark Kopatz	00:38:59 00:02:52 01:27:2800:01:52 00:56:18 03:07:29	855	27 Evergreen, Co
John Leamon	00:40:07 00:04:00 01:30:1200:02:06 00:53:20 03:09:45	874	28 Denver, Co
George Mccoy	00:41:55 00:04:22 01:37:4000:02:28 00:46:56 03:13:21	898	29 Boulder, Co
Doug Pacetti	00:29:26 00:01:48 01:33:3400:02:22 01:06:32 03:13:42	901	30 Denver, Co
Patrick Tomada	00:42:53 00:01:56 01:29:0100:02:01 00:59:49 03:15:40	914	31 Denver, Co
Dan Allan	00:50:12 00:03:41 01:28:2400:02:43 00:52:15 03:17:15	931	32 Boulder, Co
Bernard Lyles	00:33:31 00:03:15 01:47:1400:03:15 00:51:23 03:18:38	944	33 Chicago, Il
Richard L Suddath	00:29:00 00:04:26 01:35:1200:04:25 01:07:00 03:20:03	955	34 Boulder, Co
Rich Poley	00:43:11 00:03:59 01:35:0900:03:07 00:55:42 03:21:08	962	35 Boulder, Co
Kent Brown	00:38:07 00:05:55 01:41:4300:03:10 00:53:42 03:22:37	973	36 Louisville, Co
John Brick	00:42:02 00:05:35 01:40:3300:02:57 01:29:43 04:00:50	1069	37 Littleton, Co

M50-54
YRS

Frank Moore	00:24:53 00:01:09 01:09:4900:00:54 00:39:17 02:16:02	91	1 Colorado Springs, Co
Nino Michelin	00:29:11 00:01:44 01:08:3000:01:04 00:43:44 02:24:13	185	2 Austria, Eu
Charles Perez	00:29:17 00:02:27 01:14:0100:01:54 00:37:25 02:25:04	198	3 Englewood, Co
Allan Marvin	00:28:38 00:02:08 01:13:0100:01:33 00:44:04 02:29:24	268	4 Denver, Co
Bill Frye	00:28:52 00:01:40 01:17:2000:00:52 00:43:44 02:32:28	320	5 Aurora, Co
Bruce Wilson	00:27:22 00:02:22 01:18:1200:01:15 00:46:19 02:35:30	367	6 Boulder, Co

Robert Core	00:26:23	00:02:16	01:21:37	00:00:58	00:45:15	02:36:29	387	7 El Paso, Tx
Mark Reece	00:33:36	00:02:29	01:15:36	00:01:44	00:45:57	02:39:22	435	8 Grand Junction, Co
Barry Clark	00:31:09	00:01:43	01:18:11	00:01:06	00:49:57	02:42:06	475	9 La Crosse, Wi
Ken Barnaby	00:29:22	00:02:57	01:21:19	00:01:40	00:49:49	02:45:07	526	10 Parker, Co
Tim Wayne	00:33:34	00:02:45	01:22:10	00:01:04	00:49:12	02:48:45	579	11 Denver, Co
Richard Allen	00:26:21	00:02:12	01:25:51	00:01:22	00:54:15	02:50:01	608	12 Missoula, Mt
Mark Stecher	00:39:02	00:01:34	01:19:04	00:01:18	00:49:23	02:50:21	612	13 Boulder, Co
Michael Patton	00:31:49	00:02:39	01:23:58	00:03:45	00:52:08	02:54:19	678	14 Boulder, Co
Randy Pelton	00:31:45	00:02:48	01:21:39	00:04:36	00:55:27	02:56:15	706	15 Boulder, Co
Wolfgang Dworzak	00:33:47	00:03:37	01:21:57	00:01:58	00:54:58	02:56:17	708	16 Los Alamos, Nm
Craig Denning	00:30:15	00:05:21	01:23:21	00:02:54	00:55:16	02:57:07	723	17 Delmar, Ny
Steven Locke	00:37:55	00:02:13	01:29:53	00:01:26	00:47:50	02:59:17	760	18 Colorado Springs, Co
John C Murray	00:39:04	00:02:46	01:23:52	00:01:39	00:53:21	03:00:42	785	19 Boulder, Co
Hunter Smith	00:45:05	00:02:31	01:23:54	00:01:46	00:47:33	03:00:49	786	20 Boulder, Co
David Abbott	00:49:25	00:03:36	01:19:18	00:01:30	00:48:21	03:02:10	800	21 Boulder, Co
Chris Siegler	00:27:31	00:02:29	01:36:50	00:01:12	00:55:40	03:03:42	820	22 Huson, Mt
Steven Calhoun	00:46:33	00:02:45	01:23:48	00:02:03	00:50:10	03:05:02	831	23 Lakewood, Co
Daniel Pienta	00:33:30	00:04:04	01:33:44	00:02:47	00:54:50	03:08:55	867	24 Cleveland, Oh
John Land	00:43:09	00:04:35	01:23:51	00:03:07	00:55:51	03:10:33	883	25 Denver, Co
Dana Duthie	00:32:43	00:04:49	01:25:35	00:03:25	01:04:01	03:10:33	882	26 Colorado Springs, Co
Warren Johnson	00:37:12	00:04:03	01:36:34	00:01:51	00:59:41	03:19:21	950	27 Brighton, Co
M55-59								
YRS								
Michael Chessnoe	00:27:15	00:02:06	01:17:03	00:01:27	00:45:36	02:33:27	334	1 Denver, Co
Paul Reback	00:27:34	00:01:33	01:21:06	00:01:12	00:42:16	02:33:41	340	2 Palm Beach, Fl
Butch Diemer	00:28:21	00:03:05	01:23:06	00:01:39	00:46:53	02:43:04	492	3 Boulder, Co
Gene Peters	00:29:11	00:02:10	01:20:37	00:02:02	00:51:37	02:45:37	533	4 Park City, Ut
John Stokley	00:32:04	00:03:22	01:29:05	00:01:53	00:50:39	02:57:03	722	5 Longmont, Co
George Thornton	00:28:09	00:02:39	01:28:04	00:01:49	00:58:39	02:59:20	762	6 Ft. Collins, Co
Don Cox	00:36:16	00:04:00	01:27:11	00:02:22	00:54:12	03:04:01	824	7 Seattle, Wa
Alan Wiltgen	00:32:55	00:02:20	01:39:33	00:01:40	01:03:44	03:20:12	957	8 Sun Prairie, Wi
Ron Fell	00:35:53	00:07:48	01:40:15	00:04:59	00:59:51	03:28:46	1009	9 Boulder, Co
Joseph Ajello	00:54:38	00:05:58	01:34:44	00:03:06	00:53:50	03:32:16	1027	10 Arcadia, Ca
Laemming Wheeler	00:52:40	00:11:03	01:59:52	00:01:51	01:09:27	04:14:53	1081	11 Louisville, Co
M60-64								
YRS								
Armin Beyrich	00:32:57	00:02:35	01:17:08	00:02:22	00:46:53	02:41:55	471	1 Eresing, Germany
Boije Stroemberg	00:32:13	00:01:27	01:25:45	00:01:19	00:48:43	02:49:27	592	2 Aemotfors
Wayne Chesney	00:33:05	00:02:25	01:22:06	00:02:19	00:52:34	02:52:29	639	3 Boulder, Co
Ron Sandelius	00:32:18	00:02:58	01:26:51	00:02:01	00:48:52	02:53:00	652	4 Renton, Wa
Lance Lindy	00:29:02	00:02:03	01:27:38	00:04:21	00:56:35	02:59:39	770	5 Tucson, Az
Leonard Moore	00:33:15	00:02:13	01:25:49	00:01:33	00:57:02	02:59:52	774	6 Nathrop, Co
Don Whitford	00:36:20	00:03:02	01:29:52	00:01:13	00:53:20	03:03:47	821	7 Aurora, Co
Karl Mahle	00:30:46	00:01:48	01:32:28	00:00:44	01:00:39	03:06:25	842	8 Boulder, Co
M65-69								
YRS								
Ken Whitney	00:47:04	00:05:06	01:33:02	00:02:14	00:54:00	03:21:26	964	1 Greeley, Co
M70 PLS								
YRS								
Art Hinman	00:33:57	00:06:55	01:44:25	00:03:02	01:03:26	03:31:45	1024	1 Littleton, Co
Howard Garcia	00:54:32	00:06:12	01:46:42	00:01:17	01:02:23	03:51:06	1061	2 Boulder, Co
Irving Weiss	00:49:11	00:06:40	01:48:14	00:05:14	01:09:54	03:59:13	1067	3 Boulder, Co
CLYDES								
Ben-Jamin Widoff	00:24:28	00:01:38	01:11:34	00:00:48	00:39:02	02:17:30	105	1 Woodstock, Il
Kirk Walker	00:21:40	00:01:36	01:10:55	00:01:17	00:44:01	02:19:29	129	2 Boulder, Co
Matthew Kruckenberg			01:23:32	00:03:23	01:01:32	02:32:12	316	3 Salt Lake City, Ut
Jeff Guerra	00:29:36	00:02:27	01:14:34	00:01:15	00:50:24	02:38:16	415	4 Boulder, Co
Brian Kulik	00:31:28	00:03:11	01:19:30	00:01:08	00:48:29	02:43:46	503	5 Aurora, Co
David Selby	00:30:01	00:02:31	01:17:00	00:01:44	00:54:30	02:45:46	535	6 Boulder, Co
Gregory Sauter	00:33:01	00:02:54	01:18:35	00:01:59	00:49:40	02:46:09	542	7 Englewood, Co
Lane Hamilton	00:35:44	00:02:42	01:26:33	00:00:57	00:56:36	03:02:32	806	8 Evergreen, Co
Edi Fischer	00:37:37	00:03:32	01:28:37	00:02:01	00:55:51	03:07:38	857	9 Dornbirn, As
James Arens	00:43:09	00:04:43	01:28:21	00:01:00	00:55:49	03:13:02	894	10 Broomfield, Co
John Roberts	00:35:26	00:05:46	01:38:11	00:02:48	00:54:16	03:16:27	920	11 Farmington, Ut
Phil Zavala	00:39:41	00:05:40	01:31:48	00:05:04	00:54:17	03:16:30	921	12 Erie, Co
John Jorgens	00:45:46	00:02:00	01:31:15	00:02:17	00:56:35	03:17:53	937	13 Littleton, Co
John Healy	00:50:35	00:02:44	01:35:04	00:02:39	00:52:26	03:23:28	979	14 Denver, Co
Brian Voigt	00:37:14	00:03:57	01:40:11	00:03:10	01:06:02	03:30:34	1021	15 Littleton, Co
Michael Elliott	00:38:06	00:07:27	01:45:15	00:04:04	01:13:23	03:48:15	1058	16 Englewood, Co
Paul Nichols	00:40:41	00:06:11	01:52:53	00:02:27	01:18:43	04:00:55	1070	17 Littleton, Co
Kris Danielson	00:44:35	00:04:24	02:03:43	00:03:00	01:18:58	04:14:40	1080	18 Denver, Co

Edward Doherty	00:25:07 00:01:53				Aurora, Co
COED RELAY					
Team Reservoir Dogs	00:20:57 00:00:51 01:02:07	00:00:25 00:32:27 01:56:47	1	1	Boulder, Co
Team Ill Tempered Sea Bass	00:23:39 00:00:45 01:04:26	00:00:27 00:35:46 02:05:03	18	2	Winfield, Ks
Team Smurfs	00:21:09 00:01:01 01:10:34	00:00:24 00:38:21 02:11:29	51	3	Longmont, Co
Team Terminators	00:22:46 00:00:50 01:08:44	00:00:41 00:44:24 02:17:25	103	4	Humble, Tx
Team Scream	00:26:34 00:01:06 01:04:46	00:00:27 00:46:35 02:19:28	128	5	Boulder, Co
Team Intrepid Soles	00:18:46 00:00:46 01:27:19	00:00:47 00:36:33 02:24:11	182	6	Boulder, Co
Team Fish Gone Tri	00:22:55 00:01:04 01:16:14	00:00:42 00:44:54 02:25:49	214	7	Boulder, Co
Team Love 'N Mohon	00:26:23 00:01:19 01:23:42	00:00:30 00:34:38 02:26:32	225	8	Greenfield Center, Ny
Team Aloha Extreme	00:26:31 00:01:12 01:25:30	00:00:35 00:41:20 02:35:08	362	9	Boulder, Co
Team Bobcat Pride	00:30:04 00:00:47 01:16:10	00:00:31 00:48:10 02:35:42	370	10	Estes Park, Co
Team Taydus/Allen	00:32:49 00:01:12 01:15:41	00:00:57 00:45:32 02:36:11	383	11	Boulder, Co
Team Freeman/Rapatski	00:52:50 00:01:08 01:08:52	00:01:24 00:32:51 02:37:05	396	12	Boulder, Co
Team Coors Chuggers	00:35:49 00:01:09 01:13:06	00:00:34 00:47:47 02:38:25	418	13	Lakewood, Co
Team Darkhorse Team Osman/Davies/Woodward	00:33:00 00:01:03 01:22:49	00:00:42 00:55:22 02:52:56	646	14	Denver, Co
Team Foot & Ankle	00:36:18 00:01:27 01:34:09	00:00:31 00:45:51 02:58:16	743	15	Denver, Co
Team Shagadelic	00:38:42 00:02:32 01:16:44	00:00:55 01:00:31 02:59:24	765	16	Longmont, Co
Team Agate High On Tris	00:32:14 00:01:05 01:38:22	00:00:29 00:47:23 02:59:33	767	17	Denver, Co
Team Macmots	00:34:10 00:01:10 01:32:44	00:00:25 00:51:50 03:00:19	780	18	Boulder, Co
Team Little Rascals	00:37:51 00:01:01 01:33:29	00:00:28 00:51:27 03:04:16	827	19	Littleton, Co
Team Fenstermaker	00:36:40 00:01:29 01:38:41	00:00:33 01:03:45 03:21:08	961	20	Louisville, Co
CORP RELAY					
Team The Other White Meat	00:29:32 00:01:06 01:44:55	00:01:11 01:04:28 03:21:12	963	21	Littleton, Co
Team Cheeky Monkey	00:23:35 00:00:55 01:02:52	00:00:28 00:39:46 02:07:36	33	1	Boulder, Co
Team Maztor Hard Drivers	00:23:44 00:00:50 01:20:15	00:00:36 00:47:33 02:34:58	358	2	Englewood, Co
Team Janus Bond Daddys	00:36:28 00:00:59 01:14:45	00:00:52 00:47:10 02:40:14	451	3	Niwot, Co
Team Three Little Pigs	00:34:34 00:01:05 01:20:10	00:00:27 00:44:06 02:40:22	456	4	Denver, Co
Team Brown, Beradini & Dunning	00:41:12 00:00:37 01:36:55	00:00:24 00:40:30 02:59:38	769	5	Longmont, Co
Team Rhythms	00:42:29 00:00:58 01:42:39	00:00:28 00:47:34 03:14:08	903	6	Denver, Co
Team Gneiss Tri	00:31:33 00:00:46 01:59:35	00:01:16 00:49:33 03:22:43	975	7	Denver, Co
FEMLE RELAY					
Team Yellow Fins	00:32:51 00:00:58 01:53:14	00:00:37 01:00:07 03:27:47	1005	8	Louisville, Co
Team Chicas Locas	00:20:21 00:00:45 01:13:20	00:00:23 00:39:04 02:15:53	88	1	Boulder, Co
Team Real Blondes?	00:24:09 00:00:47 01:12:36	00:00:33 00:40:52 02:18:57	121	2	Boulder, Co
Team Girl	00:21:11 00:00:55 01:16:43	00:00:27 00:46:17 02:27:33	246	3	Denver, Co
Team Xilinx Spartan Women	00:25:59 00:01:14 01:20:12	00:00:28 00:43:49 02:31:42	308	4	Boulder, Co
Team Estrogen Rules	00:34:57 00:01:19 01:16:27	00:00:38 00:54:21 02:47:42	566	5	Boulder, Co
Team Heritage Hs Eagles	00:33:35 00:00:57 01:30:33	00:00:28 00:45:09 02:50:42	615	6	Boulder, Co
Team S.S Chorjel	00:25:57 00:01:04 01:31:59	00:00:27 00:53:29 02:52:56	645	7	Littleton, Co
Team Full Cpr	00:28:44 00:00:48 01:31:39	00:00:27 00:52:05 02:53:43	662	8	Thornton, Co
Team Just Coming Back After A	00:30:50 00:03:07 01:30:48	00:00:35 00:48:47 02:54:07	674	9	Ft Collins, Co
Team Xilinx Virtex Women	00:41:26 00:01:32 01:21:10	00:00:33 00:53:52 02:58:33	747	10	Boulder, Co
Team Heb12		01:31:23 00:00:37 00:59:47 03:01:55	798	11	Boulder, Co
Team Slow	00:36:43 00:01:19 01:34:23	00:00:25 00:50:45 03:03:35	819	12	Louisville, Co
Team Macipa	00:26:39 00:01:16 01:45:39	00:00:32 00:51:02 03:05:08	832	13	Longmont, Co
Team The Hen And The Chick	00:40:55 00:00:56 01:35:33	00:00:27 00:55:22 03:13:13	897	14	Arvada, Co
Team Znubz	00:32:04 00:04:14 01:37:38	00:00:33 01:02:33 03:17:02	927	15	Boulder, Co
MALE RELAY					
Team Bite Me/Hind Qr	00:37:50 00:01:04 01:49:36	00:00:35 01:05:05 03:34:10	1032	16	Denver, Co
Team Sharks	00:19:35 00:00:54 01:03:28	00:00:29 00:36:16 02:02:42	8	1	Carlsbad, Ca
Team Bss	00:26:09 00:01:07 01:09:56	00:00:19 00:34:42 02:14:13	74	2	Boulder, Co
Team Lost Prairie Dogs	00:24:50 00:00:59 01:13:53	00:00:32 00:38:08 02:18:22	116	3	Lakewood, Co
Team 2 Wops And A Mick	00:31:48 00:00:52 01:12:39	00:00:23 00:34:59 02:20:41	144	4	Greeley, Co
	00:31:56 00:00:55 01:12:35	00:00:24 00:39:13 02:25:03	197	5	Highland Village, Tx

Team Crack Bike	00:24:47	00:01:12	01:14:12	00:27	00:44:32	02:25:10	202	6	Jackson, Wy
Team Fat Bastards	00:24:41	00:00:55	01:10:44	00:38	00:48:48	02:25:46	212	7	Denver, Co
Team Moabworll	00:28:20	00:01:10	01:23:13	00:38	00:44:57	02:38:18	416	8	Arvada, Co
Team Pahl-Pahl=Pahl Architects Team	00:40:44	00:00:59	01:16:26	00:29	00:42:22	02:41:00	461	9	Denver, Co
Green\Green\Orbuch	00:37:08	00:01:11	01:16:06	00:38	00:49:06	02:44:09	512	10	Boulder, Co
Team Cielo	00:28:48	00:01:09	01:41:34	00:35	00:45:04	02:57:10	725	11	Lafayette, Co
Team Swimbikeruneat	00:30:33	00:00:47	01:37:37	00:27	00:47:06	02:58:30	745	12	Littleton, Co
Team Chico Trash	00:43:52	00:04:29	01:38:11	00:44	00:56:28	03:23:44	981	13	Boulder, Co
MASTERS RELAY									
Team Flipper, Flame And Flash	00:19:03	00:00:58	01:08:25	00:22	00:34:17	02:03:05	10	1	Lafayette, Co
Team Soccer Moms	00:29:18	00:00:52	01:11:29	00:23	00:37:39	02:19:41	131	2	Boulder, Co
Team Melange A Trois	00:29:26	00:00:56	01:13:54	00:26	00:45:18	02:30:00	281	3	Louisville, Co
Team Dated Derelicts	00:35:32	00:01:09	01:11:00	00:30	00:47:58	02:36:09	382	4	Longmont, Co
Team Hotty'S	00:29:42	00:01:21	01:30:19	00:28	01:06:05	03:07:55	859	5	Littleton, Co
Team Two Tortoises And No Hair	00:27:59	00:01:11	01:37:07	00:25	01:02:48	03:09:30	873	6	Gaithersburg, Md
Team Soixante	00:43:41	00:01:17	01:36:53	00:34	00:49:41	03:12:06	890	7	Boulder, Co
Team It'S Not Our Fault	00:57:35	00:01:18	01:24:05	00:39	00:56:30	03:20:07	956	8	Longmont, Co

Boulder Peak Sponsors:

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Boulder Peak Kids Triathlon Results , July 31, 1999

5 & Under

Female

Lillie Ogden	5	10	7:28
Ashton Davis	5	6	7:29
Shannon Burke	5	9	7:49
Nicole Hulet	5	7	8:02
Calli Moore	5	15	8:4
Kelly Dempsey	4	2	9:26
Caitlin Revitte	5	8	10:46
Katia Gillcrist	5	80	11:29
McCauley Forest	3	1	12:09
Francesca Cendali	3	12	13:52

Male

Tyler Taydus	5	4	6:00
Connar Manaker	5	50	6:01
River Harris	4	11	6:32
Zach Jardinico	4	13	7:50

6 & 7

Female

Signe Burke	7	60	12:24
Jessica Heerd	7	59	13:15
Ellie Moeller	6	56	13:21
Amanda Arias-Young	6	14	13:26
Katherine Davis	6	54	13:30
Kristen Revitte	7	69	13:32
Sally Summerfiel	7	62	13:33
Corey Johnson	6	58	14:03
Amber Beserra	6	57	14:07
Renee Marino	6	85	14:20
Emily Carlin	7	82	14:35
Molly Schladenha	6	75	15:54
Annie Finberg	7	77	16:28

Male

Luk Ogden	7	72	12:21
Yannick Lapierre	6	79	12:35
Keegan Harris	7	70	12:40

Scott Lazaroff	7	76	12:44	Jessica Weins	10	172	23:01
Michael Wason	7	64	13:05	Nicki Finberg	11	174	27:43
Robert Gordon	7	67	13:10	Collie Clemons	10	169	27:48
Logan Bonsignore	6	53	13:12	Talia Loewenstein	10	151	29:25
Kyle Sumerfield	7	68	13:24	Male			
Will Beihoffer	6	51	13:43	Mar Taydus	11	164	18:07
Colin Robbins	6	55	13:45	Michael Montoya	11	161	19:48
Bobby Cendali	7	78	14:00	Cameron Schladenhan	11	219	20:08
Jacob Wilson	7	71	14:32	Dylan Snider	11	165	20:16
Joey Binder	7	81	14:33	Mark Knutson	11	163	20:37
Evan Thonina	6	84	14:41	John Feeney	10	160	22:01
Forest Smith	7	66	17:14	Ross Cobb	10	153	22:44
8 & 9				Taylor Renne	11	162	22:56
Female				Michael Schladenha	12	220	24:13
Jasmine Cooper	9	117	13:01	Anthony Gonzales	10	154	24:56
Hannah Moeller	9	122	13:43	Glenn Ellison	10	152	25:28
Darian Davis	8	106	15:21	Justin Kunstman	10	155	27:30
Kaylee Carlson	8	110	15:40	Tyler Coffeey	10	173	27:41
Malia Guy	9	112	15:53	Ben Cooper	11	175	32:18
Caitlin Knutson	8	102	16:19	12 & 13			
Sarah Schladenha	9	170	16:47	Female			
Heather Beserra	8	109	17:02	Danielle Kehoe	12	221	21:16
Tori Vendegna	9	131	17:37	Clair Twark	13	208	21:48
Florence Clemons	8	127	18:57	Ashley Wilson	12	205	25:09
Annie Schladenha	9	171	20:22	Rachel Atrinson	12	203	26:44
Male				Heidi Gunther	13	217	29:33
Timmy Summerfiedl	9	118	11:54	Sarah Shaffer	13	209	33:20
Davis Frease	8	133	12:10	Male			
Matthew Moore	9	132	12:23	C J Pech	12	207	19:28
Nick Dotter	9	130	13:08	Karl Kumli	13	215	19:37
Caleb Josephs	8	83	13:13	Zach Guy	13	210	21:04
Spenser Hellwig	9	123	13:23	Mike Orr	13	214	21:08
Tyson Snider	9	119	13:25	Jonathan Wason	12	202	22:00
Peter Beinhoffer	9	113	14:12	David Shaffer	12	200	22:35
Jacob Barnaby	9	124	14:20	Derek Winton	13	213	24:13
James Wilson	9	115	14:34	Andrew Weins	13	222	24:54:
Jamie Guerrero	9	125	14:44	Joe Toomey	13	212	25:45
Dan Whisler	9	120	14:56	Scott Pelton	12	224	26:31
Riley Hoffman	9	121	15:08	Eli Josephs	13	211	29:35
Taylor Young	8	149	15:39	14 & 15			
Ben Kunstman	8	105	15:55	Female			
Todd Summerfile	8	100	16:54	Molly Cobb	15	252	23:59
Matthew Coloper	9	129	17:12	Caroline Colt	14	256	31:33
Matt Pech	9	128	17:53	Amy Carlson	14	250	31:38:
10 & 11				Katrina Mohr	14	255	31:39
Female				Male			
Cassie Vendegna	11	166	20:09	Brad Quiller	14	254	24:07
Sarah Fleming	10	157	22:06	JC Vendegna	14	257	29:08
Starle Yates	10	156	22:36				
Clarissa Dobes	11	167	22:51				
Lyndsey Winton	10	158	22:52				

Boulder Peak Sponsors Saucony and Inside Triathlon Host Informative Pre-race Banquet

It wasn't the usual carbo loading party at the Boulder Peak Triathlon Pre-race dinner this year. Several of

the nation's best triathletes, past and present, gathered for a question and answer panel discussion covering many aspects of the sport on a training level and a personal level. Dave Scott (pictured at right) moderated the discussion by forming a list of general questions that he would ask the athletes to speak on, and then allowing some more specific questions to come from the audience. The panel included Sue Latshaw, Ryan Bolton, Heather Fuhr, Mike Pigg, Joanna Zeiger, Barb Lindquist, and CU track captain Tim Reese. Questions ranged from the basic "how did you get started in the sport?" to detailed queries of dietary intake. The



*Top left: IT editor Tim Carlson
Above: Sue Latshaw and Joanna Zeiger
Below: Heather Fuhr and Ryan Bolton*

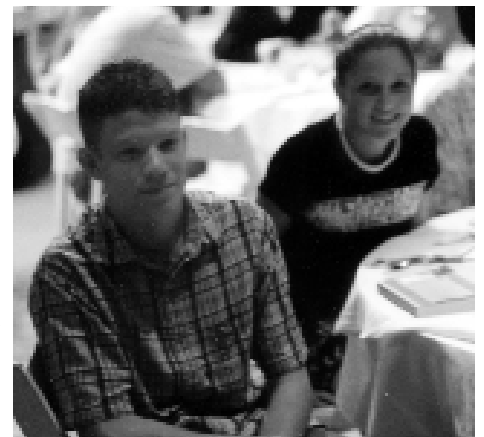


Above left to right: Tim Reese, Barb Lindquist, Sue Latshaw, and Mike Pigg



*Above: Dave Scott
Below: Jr. Nationals qualifiers Jenna Dorsey-Spitz (15) and Blake Ottersberg (17) from Pueblo*

most interesting responses came when the subject of off-season training was brought up. You could not have predicted the diversity of answers from a set of world-class athletes like those. Lindquist doesn't really take an off-season. Pigg doesn't hardly train at all in the winter. Latshaw gets into the cross training, winter sport thing. Bolton likes to just do his favorite sport, the running. More evidence that certain things work for some that couldn't possibly for others.



Boulder Peak Triathlon Breaks Records



Coming off of the misty Old Stage Road and Lee Hill segments and back out onto the flats (K. McFarland)

The morning was a very unusually dismal and grey one that greeted the 1600 athletes attending the 8th annual Boulder Peak Triathlon and Duathlon. It was the largest triathlon ever held in Colorado. Many of the record number of athletes were there to get a shot at the 20 Ironman World Championship qualifier slots, arguably more valuable to many triathletes than the prize purse drawing the pros. Several top pros, including Siri Lindley, Nicole DeBoom, Ryan Bolton, and Barb Lindquist joined the fun by getting together on relay teams. None of them racing “seriously” because of the timing of the event within the whole summer racing schedule, they never-the-less couldn’t pass up

participating in the state’s premier event on some level.

In the men’s race, defending champion Cameron Widoff of Boulder had to settle for a second place behind the up-and-coming Kevin Carter. Carter, whose first triathlon ever was Boulder Peak when he was a student at the University of Colorado, has spent quite a bit of time in the last three years training in Colorado Springs with the USAT National Collegiate Team. His strategy was to use his strong cycling abilities to gain more time on Widoff during the slightly longer (and tougher--with 1400’ elevation gain over the route) than standard bike course than Cam would be able to make up on the run.

1996 ITU World Champion Jackie Gallagher of Australia blew away the women’s field, coming

in ahead of second place finisher Joanna Zeiger by over 6 minutes. Gallagher had been training up in Fort Collins in preparation for this summer’s ITU Worlds in Montreal. Off-road triathlon superstar Kerstin Weule of Evergreen rounded out the top



Kevin Carter becomes the new champion with a 1:58:56.





Top left: Sue Latshaw grins for the camera at the pro women's swim start (J. Janover), and rounds the corner into the bike-run transition (K. McFarland); Above: Brian Lindley provides some comic relief (J. Janover)



Above: local hero Paul Martin is so good he beats most non-physically challenged age-groupers (2:33:58, 348 OA), Below: grey morning for the race on the rolling pastures of 63rd Street

(photos: above left and below K. McFarland, above right J. Janover, bottom right Larry Higgins)





For the Fun of It: world class pro Siri Lindley gets ready to race as a relay participant with a couple of friends and chats with another U.S. Team member, Laura Reback, a spectator that day.

Second place finisher Cameron Widoff heads into the transition.



*Photos this page:
1. Larry Higgins
2. Jamie Janover, all others K. McFarland*

An injured Wes Hobson wishes USAT president Steve Locke good luck before his wave starts.



Back cover collage: 1. Desmond Waters, 2. Contributing writer Melissa Emmer; 3. Andrew Halperin, 4. Cristian Bustos, 5. Rob O'Donnell, 6. Scott Tinley. (Photos 3,5, and unnumbered shots by Jamie Janover. Photos 1,2, and 4 by K. McFarland. Back cover collage composition by Frank Crawford.)

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