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## Designing Research on Research Ethics

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### What is Research Ethics?

➤ Procedures for the planning, conduct, and reporting of research "that protects the interests of the public, the subjects of the research, and the researchers themselves" (Kalichman, 2009)

## Research Ethics Principles Belmont Principles

- ★ Beneficence and Non-maleficence—do good and do no harm
- Respect—protection of participant autonomy and privacy
- ★ Justice- fair distribution of research benefits and burdens

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### Clinical Research Ethics Criteria Emanuel, Wendler & Grady (2000)

- Value—enhancement of health or knowledge
- 2. Validity—methodological rigor
- 3. Fair selection—based on scientific objectives *not* convenience, vulnerability or privilege

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#### Clinical Research Ethics Criteria

Emanuel, Wendler & Grady (2000)

- 4. Favorable risk-benefit ratio—risks minimized, benefits maximized (clinical equipoise; standard of prevention, post-experimental care)
- 5. Independent Review—unaffiliated review (objective, evidence-based, informed)

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#### Clinical Research Ethics Criteria

Emanuel, Wendler & Grady (2000)

- 6. Informed consent—informed, rationale & voluntary (therapeutic misconception, cultural conceptions of autonomy)
- 7. Respect for enrolled participants—privacy protections, right to withdraw, monitoring their well-being

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### Regulations & Guidelines

**★** U.S. 45CFR46

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## What is Evidence-Based Research Ethics (EBRE)

★ Judicious use of empirical data to inform the design, evaluation, and implementation of Research Ethics

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## What is Empirical Research on Research Ethics [ERRE]?

★ Studies designed to provide the empirical foundation for Evidence-Based Research Ethics [EBRE]

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## Research Ethics Pyramid

Research Ethics

Evidence-Based Research

Empirical Research on Research Ethics

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## Categories of ERRE

Adapted from Koh (2009)

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## 1. Lay of the Land Description of Current Practices

- Physician ART prescribing behaviors involving drug using versus non-drug using populations (Hettema)
- ★ The extent to which opt-out measures are sufficiently understood by women going for pre-natal care in South India (Madhivanan)
- ★ IRB responses to participant complaints in HIV prevention studies (Underhill)

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# 1. Lay of the Land Description of Stakeholder Opinions/Beliefs

- ★ Participants' evaluation risks and benefits of a peer delivered drug use intervention study (Kostick)
- ★ FSW's post-experimental attitudes toward IPV research risks and benefits (Brown)
- ★ Familiarity of IRBs and investigators with confidentiality protections for HIV recruitment involving social media (Curtis)

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### 2. Ideal v. Reality

★ IRBs appropriately apply the minimal risk definition to adolescent sexual health survey research

[§ 46.102i: Definitions: Minimal Risk]

- ★ Offering free treatment does not compromise voluntary participation in HIV vaccine research in underserved communities [§ 46.111 Criteria for IRB approval of research]
- Parole boards do not take into account a prisoner's research participation in making parole decisions

[§ 46.305(6) Additional IRB duties where prisoners are involved]

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## 3. Improving Human Subjects Protections

- Enhancing informed consent for research on over-thecounter HIV tests in Appalachia (Basta)
- Improving knowledge of rights to sexual reproductive health services among adolescents in South Africa (Thokoane)
- ★ Developing a culturally appropriate research training CITI module for American Indian/Native Alaskan communities (Pearson)

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### 4. Changing Ethical Norms

| Principle                      | Norm   | Change   |
|--------------------------------|--|--|
| Beneficence/<br>Nonmaleficence | Special protections against research exploitation are necessary for prisoners defined as any individual involuntarily confined or detained in a penal institution. | The regulatory definition of prisoner must be broadened to reflect the fluid nature of detention and imprisonment so that prisoners participating in treatment studies are not cut-off from treatment immediately upon release from prison |
| Respect                        | Guardian permission is an essential protection for children involved in research   | Guardian permission is a barrier to essential research on LGBT sexual health;; an independent youth advocate is a reasonable alternative mechanism   |
| Justice                        | Vulnerable populations must be protected from burdens of research  | Vulnerable populations must be provided equal access to benefits of research   |

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## ERRE and the Fallacy of "Is to Ought"

#### **Empirical Facts**

- Describing what "is"
- Comparing what "is" (reality) to the "ideal" (ethical ideals)
- Interventions to match the real to the ideal
- Changing ethical norms

#### Interpretive Fallacies

- ★ Perceptions = reality
- Ideals are universally held by stakeholders
- The "is" should dictate the "ought"
- Regulations and guidelines have the specificity or breadth to

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### Designing ERRE Requires

- ★ Familiarity with relevant federal regulations, international guidelines, and organizational ethics codes
- ★ Familiarity with the Belmont principles and current moral arguments for their application to specific research practices
- Experience necessary to identify current challenges to the implementation of human subjects protections
- Respect for value of stakeholder perspectives
- Openness to new ways of addressing these challenges

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