

# Dish

February 2019

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*Sweet*  
**Chocolate!**  
Look for sweet chocolate  
recipes in this issue  
of Dish!

1

Selected Varieties; 3.5 oz.

**Skinny Dipped Almonds**

**3.99**



Selected Varieties; 2 oz.

**Mavuno Harvest Organic Dried Fruit**

**2/\$6**



**ooh, something NEW!**

Product claims are the responsibility of the manufacturer. The information in this flyer is not intended to diagnose, treat, cure, or prevent any disease or condition, and is for entertainment purposes only.

Selected Varieties; 10 oz.

**Barney Butter Almond Butter**

**9.99**



Selected Varieties; 3.57 oz.

**OM Matrix Organic Mushroom Nutrition**

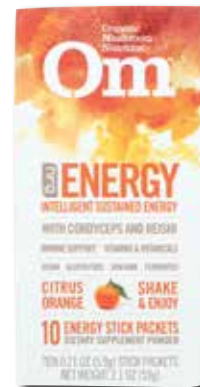
**19.99**



10 pk.

**OM Organic Mushroom Nutrition Energy Sticks**

**14.99**







All items priced with VIC Savings Card

Selected Varieties; 12 oz.  
Buzz & Bloom  
Spreadable Honey  
**4.99**



Selected Varieties; 7.05 oz.  
Roland  
Tartlettes  
**2.49**



*Sweets for your Sweetheart*



Selected Varieties; 3 oz.  
Bissinger's  
Chocolate Bars  
**4.99**



# Game Time!



Selected Varieties; .6 to 2.6 oz.

Morton & Bassett

Spices & Seasonings ..... **6.99**



All items priced with VIC Savings Card

12 fl. oz.  
Cardini's Original  
Caesar Dressing  
**2/\$5**



Selected Varieties; 8 oz.  
Frontera  
Skillet Sauce  
**2.29**



18 oz.  
Stubb's Original  
BBQ Sauce  
**3.79**



24 oz.  
Organicville  
Organic  
Ketchup  
**4.99**



12 fl. oz.  
Bragg  
Organic  
Tuscan Kale  
Vinaigrette  
& Marinade  
**5.99**



11 fl. oz.  
Stonewall Kitchen  
Olive Oil  
& Balsamic  
Dressing  
**6.29**



16 oz.  
Rufus Teague  
Gluten Free  
Maple Whiskey  
BBQ Sauce  
**5.29**



12 oz.  
Kewpie  
Mayonnaise  
**3.59**



13 oz.  
Kelapo  
Ghee  
Clarified  
Butter  
**9.99**





# Spicy Hot Chocolate

- 3 cups HT Milk
- 1/2 cup semisweet chocolate; finely grated
- 1 Tbsp. sugar
- 1/2 tsp. Morton & Bassett Ground Cinnamon
- 1/8 tsp. Morton & Bassett Cayenne Pepper
- 1 egg

Put milk into a microwave-safe bowl and cook on high for 2 minutes. Mix in chocolate, sugar, cinnamon and cayenne pepper. In a another bowl, whisk egg until smooth, then mix it into chocolate. Return to microwave and cook on high for 4 minutes or until foamy (do not let it boil.) Whisk until smooth and pour into mugs. Garnish with marshmallow if desired.



Selected Varieties;  
16 oz.

**Mrs. Renfro's  
Salsa**

**3.99**



3.2 oz.

**Sesmark Original  
Savory Rice Thins**

**2/\$6**



Selected Varieties; 2 oz.

**Rhythm Superfoods  
Organic Kale Chips**

**5.49**



Selected Varieties; 6 oz.

**Saffron Road  
Organic  
Crunchy  
Chickpeas**

**3.99**



5 oz.

**Superseedz  
Maple Sugar  
and Sea Salt  
Pumpkin Seeds**

**4.49**



4/9.3 fl. oz.

**Fentimans  
Tonic Water**

**6.99**



1.5 LTR.

**Eternal  
Artesian Water**

**1.79**



32 fl. oz.

**Cheribundi  
Cherry Juice**

**7.99**



16.9 fl. oz.

**Volcano Burst  
Organic  
Lemon Juice**

**4.99**



**PERFECT FOR:**  
SNACKING  
GRATING  
RECIPES

## the Cheese plate



Aged Parmigiano Reggiano

**11.99/lb.**



OFFER GOOD WITH YOUR VIC CARD  
THRU FEBRUARY 28, 2019

*Authentic DOP Parmigiano Reggiano is a premium traditional Italian artisan cheese produced the same way today as it was eight centuries ago: from high quality raw milk with no additives and aged for a minimum of 18 months to reach an intense aroma. This product is GMO-free.*

Selected Varieties; 8 oz.

Better than Bouillon  
Organic Base

**5.99** 

Selected Varieties; 2.53 oz.

Bou Flavored  
Bouillon Cubes

**2.99**

Selected Varieties; 15 oz.

Bar Harbor  
Chowder

**BUY ONE GET ONE  
FREE**



**5**

All items priced with VIC Savings Card





Selected Varieties; 12 oz.

Amish Kitchen  
Noodles

**2.99**



Selected Varieties; 16 fl. oz.

Cucina Antica  
Pasta Sauce

**5.49**



Selected Varieties; 8.8 oz.

Tasty Bite  
Rice

**2/\$4**



Selected Varieties; 1 lb.

Delverde  
Pasta

**2.29**



14.2 oz.

KA•ME  
Stir-Fry  
Hokkien Noodles

**2.99**



Selected Varieties; 7.1 to 7.8 oz.

Daiya  
Cheese

**3.79**



16 oz.

Armbruster  
Extra Broad Noodles

**2.99**



32 fl. oz.

0  
Organic  
Apple Cider  
Vinegar

**6.99**



8.45 fl. oz.

Nonna Pia's  
Classic Balsamic Glaze

**7.49**



# Chocolate Brownies with Lotus Biscoff Balls

Ingredients for a rectangular pan (8 inch x 12 inch):

For the lotus balls:

- ½ cup Lotus Biscoff Cookie Butter
- ½ cup minus tablespoon of powdered sugar

For the brownies:

- 10 oz. chopped dark chocolate
- 7 oz. HT Butter
- 1 tsp. instant coffee powder
- ¾ cup HT Sugar
- 4 HT Eggs
- 1¼ cups HT Flour
- pinch of salt

Prepare the Biscoff balls: Sift powdered sugar into a bowl. Add Biscoff Cookie Butter and mix well using a tablespoon or a teaspoon until a convenient dough-like mixture is formed, soft and not sticky. Form little balls approximately 1 inch in diameter and place on a baking sheet-lined pan. Keep in the freezer while preparing the brownies. Preheat the oven to 340° and line a pan with baking sheet. Prepare the brownies: Melt chocolate, butter and instant coffee in a microwave and mix well. Add sugar and mix well. Allow to cool for approximately 10 minutes. Add eggs to the batter one at a time and beat well until they are absorbed. Sift flour above the mixture, add salt and mix well just until the flour is absorbed into the batter. Pour the brownie batter into a pan and smooth the surface with a spatula. Randomly distribute the lotus balls in the batter, so that their faces poke out from the batter. Bake about 30 minutes until a toothpick stuck at the center of the pan comes out with moist crumbs. Remove from the oven and allow it to cool completely. Move the pan to the refrigerator for two hours to make the cutting easier. Remove the margins with a long, jagged knife and cut the brownies into squares 1 to 1.5 inches in size. Store in a covered container at room temperature for up to 3 days or in a refrigerator for up to a week.

Courtesy of <http://www.biscoff.com>

13.4 oz.  
Lotus Biscoff  
Cookie Butter  
**4.29**



16 oz.  
Glean  
Beet Powder  
**14.99**



16 oz.  
Glean  
Sweet Potato Flour  
**10.99**



3 ct.  
Madecasse  
Vanilla Beans  
**22.99**



14.5 oz.  
Foodstirs  
Organic Chocolate  
Chippy Cookie Mix  
**4.99**



10 oz.  
Himalania  
Fine Pink Salt  
**8.99**



5.3 oz.  
Brown Cow  
Cream Top  
Vanilla Yogurt  
**89¢**



2.15 oz.  
Bob's Red Mill  
Gluten Free  
Brown Sugar  
and Maple Oatmeal  
**2.29**



All items priced with VIC Savings Card